

## Original Article

# Schisandrol B protects against acetaminophen-induced acute hepatotoxicity in mice via activation of the NRF2/ARE signaling pathway

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**Aim:** The nuclear factor erythroid 2-related factor 2 (NRF2) acts through the antioxidant response element (ARE) to regulate the expression of many detoxifying and antioxidant genes responsible for cytoprotective processes. We previously reported that schisandrol B (SolB) isolated from *Schisandra sphenanthera* produced a protective effect against acetaminophen (APAP)-induced liver injury. In this study we investigated whether the NRF2/ARE signaling pathway was involved in this hepato-protective effect.

**Methods:** Male C57BL/6 mice were treated with SolB (200 mg·kg<sup>-1</sup>·d<sup>-1</sup>, ig) for 3 d before injection of APAP (400 mg/kg, ip). Serum and liver tissue samples were collected 6 h later. The mRNA and protein expression were measured using qRT-PCR and Western blot assay, respectively. The activation of NRF2 was examined in HepG2 cells using luciferase reporter gene assay.

**Results:** SolB pretreatment significantly alleviated the hepatic injury (large patchy necrosis and hyperemia of the hepatic sinus), the increase of serum AST, ALT levels and hepatic MDA contents, and the decrease of liver and mitochondrial glutathione levels in APAP-treated mice. Furthermore, SolB pretreatment significantly increased nuclear accumulation of NRF2 and increased hepatic expression of NRF2 downstream proteins, including GCLC, GSR, NQO1, GSTs, MRP2, MRP3 and MRP4 in APAP-treated mice. Moreover, treatment with SolB (2.5–20 μmol/L) dose-dependently increased the activity of NRF2 reporter gene in HepG2 cells.

**Conclusion:** SolB exhibits a remarkable protective effect against APAP-induced hepatotoxicity, partially via activation of the NRF2/ARE pathway and regulation of NRF2 target genes, which induce detoxification and increase antioxidant capacity.

**Keywords:** acetaminophen; hepatotoxicity; schisandrol B; *Schisandra sphenanthera*; liver injury; glutathione; NRF2; antioxidant response element

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## Introduction

Acetaminophen (APAP) is the most commonly used analgesic and antipyretic drug in the world. Although it is safe at therapeutic doses, APAP overdoses frequently cause severe hepatotoxicity, which is an important public health concern worldwide<sup>[1]</sup>. APAP-induced acute liver injury is due to the formation of *N*-acetyl-*p*-benzoquinone imine (NAPQI), a highly electrophilic metabolite. Subsequently, NAPQI binds to cellular proteins and causes glutathione (GSH) depletion and oxidative stress, which may trigger signaling pathways that cause mitochondrial toxicity and ultimately result in lethal cell injury<sup>[2, 3]</sup>.

Nuclear factor erythroid 2-related factor 2 (NRF2) acts through the antioxidant response element (ARE) to regulate the expression of many intracellular detoxifying and antioxidant genes that are responsible for cytoprotective processes, including GSH synthesis; antioxidative stress system activation; and conjugation, transport and excretion of toxic metabolites<sup>[4]</sup>. The NRF2/ARE pathway has been identified as a protective response that is resistant to liver injury and plays an important role in alleviating toxicant-induced hepatotoxicity. Activation of the NRF2/ARE signaling pathway has been reported to protect animals against liver injuries caused by APAP and other hepatotoxicants<sup>[5]</sup>.

Schisandrol B (SolB) is one of the most important active components isolated from *Schisandra sphenanthera*, which is a well-known herb that is widely used in China, Japan and Korea for its protective effects on liver, kidney, and heart<sup>[6]</sup>, especially for its effect against virus- and chemical-induced hepatitis<sup>[7, 8]</sup>. Recently, we found that Wuzhi tablets (a preparation of an

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ethanolic extract of *Schisandra sphenanthera*) exert significant hepatic protection against APAP-induced liver damage. This effect was mediated by the inhibition of APAP bioactivation; activation of the NRF2/ARE pathway, which induces detoxification and antioxidation; and facilitation of liver regeneration following APAP-induced liver injury<sup>[9,10]</sup>. Most recently, we found that SolB is significantly hepato-protective against APAP-induced liver injury via inhibition of APAP bioactivation and regulation of liver regeneration<sup>[11]</sup>. Interestingly, we observed not only that co-treatment with SolB prevented APAP-induced decreases in GSH level, but also that administration of SolB alone increased GSH synthesis. These results indicate that SolB may exert an antioxidant effect via relevant signaling pathways, such as the NRF2/ARE pathway. Because SolB is one of the major active components in Wuzhi tablets, we assume that the NRF2/ARE signaling pathway may also play a role in SolB-mediated hepato-protection against APAP-induced toxicity. Therefore, this study aimed to investigate whether and how the NRF2/ARE signaling pathway contributes to the protective effect of SolB on APAP-induced toxicity.

## Materials and methods

### Chemicals and reagents

Schisandrol B (98% pure) was purchased from Shanghai Winherb Medical Science and Technology Development Co, Ltd (Shanghai, China). APAP and other chemicals, unless otherwise indicated, were obtained from Sigma-Aldrich Chemical Co (St Louis, MO, USA).

Rabbit polyclonal anti-glutamate-cysteine ligase catalytic subunit (GCLC) and monoclonal anti-glutamate-cysteine ligase modifier subunit (GCLM) antibodies were obtained from Abcam (Abcam, Cambridge, UK). Rabbit monoclonal anti-multidrug resistance-associated protein 4 (MRP4), anti-histone H3 and anti-glyceraldehyde-3-phosphate dehydrogenase (GAPDH) antibodies were all purchased from Cell Signaling Technology (Danvers, MA, USA). Rabbit polyclonal anti-NAD(P)H quinone oxidoreductase 1 (NQO1) and anti-NRF2 antibodies and goat polyclonal anti-MRP2 and anti-MRP3 antibodies were acquired from Santa Cruz Biotechnology (Santa Cruz, CA, USA). Rabbit polyclonal anti-glutathione synthetase (GSS), anti-glutathione reductase (GSR), anti-glutathione S-transferase  $\alpha$  (GST- $\alpha$ ), anti-GST- $\pi$ , anti-GST- $\mu$ , and anti-kelch-like ECH-associated protein 1 (KEAP1) antibodies were purchased from Sangon Biotechnology (Sangon Tech, Shanghai, China). Peroxidase-conjugated anti-rabbit and anti-mouse immunoglobulin G (IgG) were purchased from Cell Signaling Technology (Danvers, MA, USA). Anti-goat IgG was purchased from Santa Cruz Biotechnology (Santa Cruz, CA, USA).

The plasmid pGL3-ARE-Luc was an appreciated gift from Dr Athanassios FRAGOULIS (University Hospital Aachen, RWTH Aachen University, Germany)<sup>[12]</sup>. ARE refers to the ARE consensus sequence of the NQO1 promoter region. A dominant positive NRF2 expression vector (pEF-NRF2) was an appreciated gift from Dr Shinya ITO (The Hospital for Sick Children, Toronto, Canada)<sup>[13]</sup>.

### Experimental animals and treatment

Male C57BL/6 mice weighing 20–22 g were provided by the Laboratory Animal Service Center of Sun Yat-sen University, Guangzhou, China. The animal room was maintained at 23±1 °C with a 12-h light-dark cycle and 55%±5% humidity. The mice were supplied with standard rodent chow and water *ad libitum*. The animal experiments described in this study were carried out in accordance with the Regulations of Experimental Animal Administration issued by the Ministry of Science and Technology of China (<http://www.most.gov.cn>). The protocol was approved by the Animal Ethics and Welfare Committee of Sun Yat-sen University.

The animal experimental design, treatment, and doses of APAP and SolB were similar to those described in our published report<sup>[11]</sup>. Briefly, 24 mice were randomly assigned to the following four groups: (1) Vehicle, (2) SolB (200 mg·kg<sup>-1</sup>·d<sup>-1</sup>), (3) APAP (400 mg/kg)+Vehicle, and (4) APAP (400 mg/kg)+SolB (200 mg·kg<sup>-1</sup>·d<sup>-1</sup>). APAP was dissolved in a saline solution, and SolB was suspended in a 0.5% (*w/v*) sodium carboxymethyl cellulose (CMC-Na) solution. All mice in groups 2 and 4 were gavaged with SolB solution seven times at intervals of 12 h. The APAP treatment was administered to the mice as a single intraperitoneal injection at a dose of 400 mg/kg, and the untreated vehicle group and SolB-only group were intraperitoneally injected with saline solution. For the APAP group and SolB/APAP group, the APAP was administered 15 min after the last gavage treatment. The mice in the vehicle control group received an ip injection of saline and were gavaged with 0.5% CMC-Na. Blood and livers were harvested 6 h after the APAP treatment. The blood was collected after removal of an eyeball. Serum samples were isolated from the blood by centrifugation at 3000×g for 10 min. A portion of each liver was immediately fixed in 10% buffered formalin for histological sectioning, and the remaining tissues were flash frozen in liquid nitrogen and stored at -80 °C for further use.

### Histological and biochemical assessment

Histological and biochemical assessments were performed according to standard protocols as described in our previously published reports<sup>[10,14]</sup>. The liver tissues fixed in neutral buffered formalin were embedded in paraffin, cut into 3- $\mu$ m-thick sections, and stained with hematoxylin and eosin (H&E). The H&E-stained liver sections were evaluated using a LEICA DM5000B Microscope (Leica, Heidelberg, Germany). Serum levels of alanine transaminase (ALT) and aspartate transaminase (AST) were determined to evaluate liver injury using a Beckman Synchron CX5 Clinical System and a commercial reagent kit (Kefang Biotech, Guangzhou, China). Reduced glutathione (GSH) levels in the liver and liver mitochondrial extracts were measured using a commercially available assay kit (Nanjing Jiancheng Bioengineering Institute, Nanjing, China). Hepatocyte mitochondria were isolated by differential centrifugation following the manufacturer's instructions (Sangon Tech, Shanghai, China). Malondialdehyde (MDA) levels in the liver were assessed using a commercially available assay kit (Nanjing Jiancheng Bioengineering Institute, Nanjing, China).

### Quantitative real-time PCR analysis of *NRF2*

Total RNA was isolated from the mouse liver samples using TRIzol reagent according to the manufacturer's instruction (Invitrogen, Grand Island, NY, USA) and quantified using a NanoDrop spectrophotometer (Thermo Scientific, Rockford, IL, USA) as described in a previous report<sup>[15]</sup>. cDNA synthesis was performed with 1 µg of total RNA using a PrimeScript RT reagent kit with gDNA eraser (TaKaRa Biotech, Kyoto, Japan). Quantitative real-time PCR (qRT-PCR) analysis was performed using a SYBR Premix Ex Taq II kit (TaKaRa Biotech, Kyoto, Japan) in an ABI 7500 Sequence Detection System (Applied Biosystems, Foster City, CA, USA). GAPDH was analyzed in each sample to normalize expression. Gene-specific primers were obtained from a primer bank, and the primer sequences used in this study were as follows: *NRF2* forward primer (5'-CGAGATATACGCAGGAGAGGTAAGA-3') and reverse primer (5'-GCTCGACAATGTTCTCCAGCTT-3'). *GAPDH* forward primer (5'-AGGTCCGGTGTGAACGGATTTG-3') and reverse primer (5'-GGGGTCTGTGATGGCAACA-3').

### Western blot analysis

Western blot analyses were performed as described in our previous reports<sup>[11, 15]</sup>. Briefly, protein extracts were prepared from the liver tissue using RIPA lysis buffer (Biocolors, Shanghai, China) or a Nuclear Extract kit (Active Motif, Carlsbad, CA, USA) according to the manufacturer's instructions. Protein concentrations were determined using a Bicinchoninic Acid protein assay (Thermo Scientific, Rockford, IL, USA). A 40-µg sample of each of the protein extracts was separated on an 8%–15% SDS gel via SDS-PAGE and transferred to a polyvinylidene fluoride membrane (Millipore, Bedford, USA). Next, the membranes were blocked in Tris-buffered saline containing 5% BSA or 5% nonfat dry milk for 1 h at room temperature and then incubated with primary antibody overnight at 4 °C. The proteins were visualized using an electrochemiluminescence (ECL) detection kit (Engreen Biosystem, China). Protein band intensities were analyzed using Quantity One software (Bio-Rad Laboratories, Hercules, USA).

### Cell culture and cell viability assay

HepG2 cells (ATCC, Manassas, VA, USA) were cultured in DMEM containing 10% FBS and 100 U/mL penicillin/streptomycin at 37 °C in 5% CO<sub>2</sub>. The effect of SolB on cell viability was measured using an MTT assay. Briefly, HepG2 cells at 1×10<sup>5</sup> cell/mL were seeded in 96-well plates, 100 µL of SolB at various concentrations (2.5, 5, 10, 20, 40, 80, or 160 µmol/L) was added, and the cells were incubated for 24 h. After this incubation, cell viability was assessed by adding 10 µL/well of MTT (5 mg/mL) and incubating for 4 h. Then, the supernatants of the cultures were removed and replaced with 100 µL DMSO. The cell viability rate (%) was calculated as the absorbance of the SolB-treated cells divided by the absorbance of the untreated control cells.

### Transient transfection assays

HepG2 cells were plated at a density of 1.5×10<sup>4</sup> cells/well in

96-well plates 24 h before transfection. The cells were cotransfected with 50 ng pEF-NRF2, 100 ng pGL3-ARE-Luc and 5 ng of the *Renilla* luciferase reporter plasmid pRL-TK using Lipofectamine 2000 reagent (Invitrogen, Grand Island, NY, USA) according to the manufacturer's instructions. Six hours after transfection, the cells were treated for 24 h with SolB (2.5, 5, 10, and 20 µmol/L) or the agonist sulforaphane (SFN) (10 µmol/L) as a positive control. Cell lysates were then prepared, and luciferase activity was measured in a luminometer using the Dual Reporter Assay System (Promega, Madison, WI, USA) according to the manufacturer's protocol. Firefly luciferase activity was normalized to *Renilla* luciferase activity for each well.

### Statistical analysis

The data are expressed as the mean±standard error of the mean (SEM). Significant differences were analyzed using One-way ANOVA followed by an unpaired Student's *t*-test or Dunnett's multiple comparison *post hoc* test using GraphPad Prism 5 (GraphPad Software Inc, San Diego, CA, USA). Differences were considered significant at *P* values less than 0.05.

## Results

### SolB protects against APAP-induced hepatotoxicity in mice

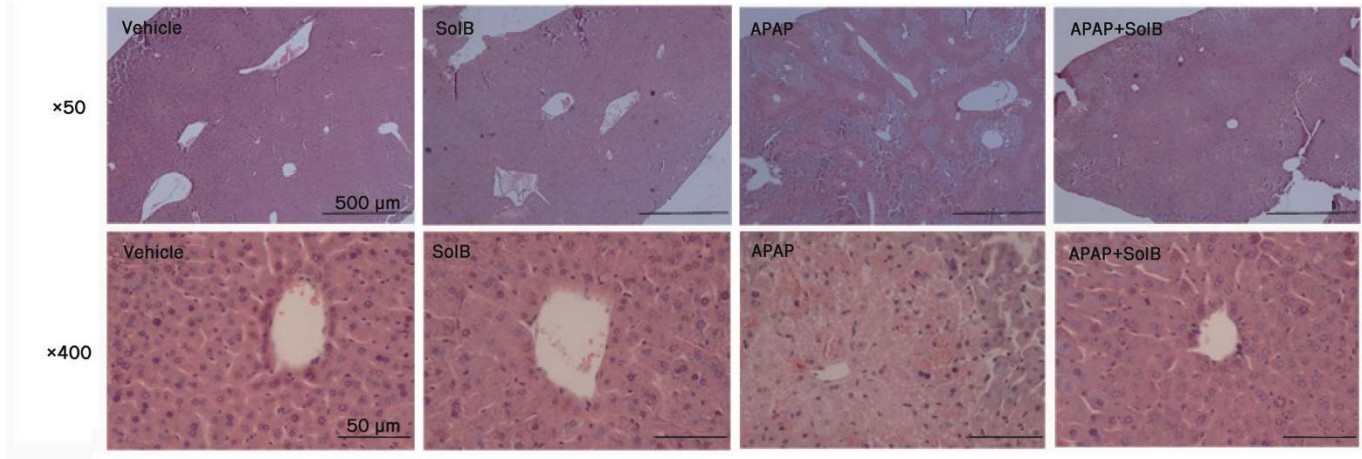
As expected, the mice given intraperitoneal doses of APAP (400 mg/kg) exhibited typical histopathological signs of APAP-induced hepatotoxicity, including large patchy necrosis and hyperemia of the hepatic sinus. This pattern was significantly attenuated by pretreatment with SolB (Figure 1A). At a magnification of 400×, the APAP-treated mice displayed obvious centrilobular hepatic necrosis and focal intrahepatic hemorrhage around the central venous lesions, whereas the mice co-treated with SolB and APAP showed normal liver histology (Figure 1B). In addition, their serum biochemical parameters were consistent with the liver morphological and histopathological results. ALT and AST activities markedly increased after APAP treatment (13 084±1212 U/L and 15 236±1880 U/L, respectively). In contrast, pretreatment with SolB reduced the APAP-induced increase of ALT to 11% and of AST to 16% (Figure 2A and 2B). Furthermore, APAP (400 mg/kg) resulted in a decrease in the total liver and mitochondrial GSH levels, while SolB pretreatment increased total hepatic GSH to 2.1-fold and increased mitochondrial GSH levels to 1.9-fold (Figure 2C and 2D). The hepatic MDA contents reflected an increase in oxidative stress. The MDA level was increased to 1.7-fold in the APAP-treated mice compared to the vehicle-treated mice. Hepatic MDA was significantly suppressed by pretreatment with SolB (Figure 2E). Taken together, these data clearly illustrate that SolB can protect against APAP-induced liver damage, possibly by decreasing GSH depletion and oxidative stress.

### Effect of SolB on *NRF2* mRNA level and nuclear translocation

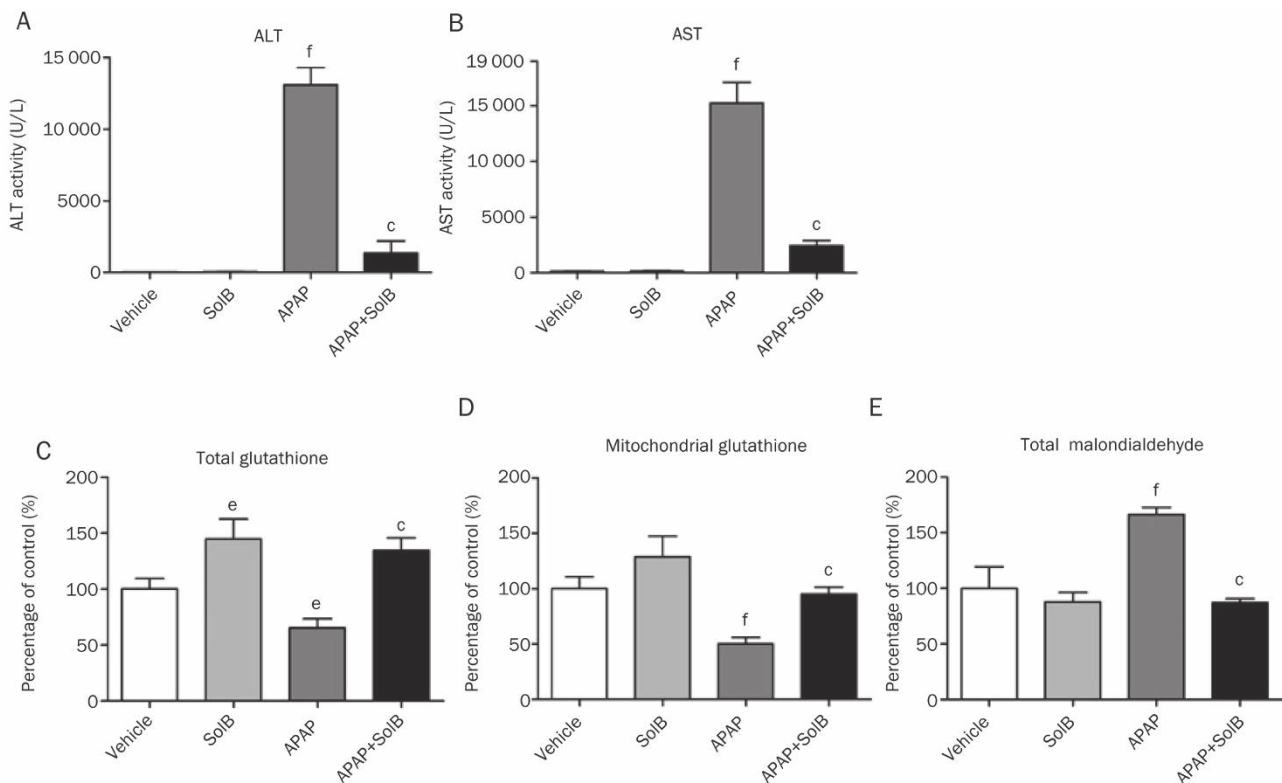
To examine whether SolB affects *NRF2* signaling, mRNA expression and nuclear translocation of *NRF2* were measured in mice. Figure 3A shows that the expression level of *NRF2*

was slightly changed by APAP treatment. Treatment with SolB alone increased *NRF2* mRNA expression, and SolB/APAP co-treatment further enhanced this SolB-mediated increase. Furthermore, SolB markedly increased the nuclear translocation of NRF2 (SolB alone caused a 0.4-fold increase, and SolB/

APAP co-treatment caused a 0.8-fold increase in nuclear NRF2 compared to the APAP group) (Figure 3B and 3C). However, the expression level of cytoplasmic KEAP1 was significantly decreased by the SolB treatment compared to the APAP group (Figure 3D and 3E), also indicating that SolB enhanced the



**Figure 1.** Histopathological analysis of representative H&E-stained mouse liver samples. From the left: Vehicle; SolB (200 mg/kg); APAP (400 mg/kg)+Vehicle; APAP (400 mg/kg)+SolB (200 mg/kg).



**Figure 2.** Biochemical assessment of AST, ALT, total GSH, mitochondrial GSH and total MDA 6 h after APAP treatment. Control and SolB pre-treated mice were treated with a hepatotoxic dose of APAP or left untreated, and blood or liver samples were analyzed after 6 h for AST, ALT, total GSH, mitochondrial GSH and total MDA. (A–B) Serum ALT and AST activities. (C–D) Total and mitochondrial GSH levels. (E) Total MDA levels. The data are expressed as the mean±SEM ( $n=6$ ).  $^{\circ}P<0.01$  compared to the APAP group;  $^{\circ}P<0.05$ ,  $^fP<0.01$  compared to the vehicle group.

nuclear translocation of NRF2.

#### Effect of SolB on the expression of NRF2 target proteins in the liver

In this study, the target proteins of NRF2 that are essential for glutathione synthesis, including GSR, GSS, GCLC and GCLM, were examined by Western blotting. As shown in Figure 4A–4E, treatment with SolB alone significantly increased the protein expression of GSR and GCLC, and SolB/APAP co-treatment showed a similar effect on these proteins (1.2- and 0.8-fold higher than that of the APAP group, respectively). No significant changes in GSS and GCLM protein levels were observed after APAP or SolB treatment. Furthermore, GST- $\alpha$ , GST- $\mu$ , GST- $\pi$  and NQO1, which serve to detoxify reactive intermediates, were examined. The SolB treatment resulted in 3.1-, 2.5-, and 2.6-fold elevations in GST- $\alpha$ , GST- $\mu$  and NQO1, and the SolB/APAP co-treatment caused 1.8-, 2.0-, and 2.2-fold increases, but no changes in the level of GST- $\pi$  were observed (Figure 4A, 4F–4I). The MRP2, MRP3 and MRP4 are also regulated by NRF2 and are important in mediating the detoxification of APAP in the liver<sup>[16, 17]</sup>. SolB markedly increased the expression of MRP2, MRP3 and MRP4 (1.4-, 1.2- and 1.1-fold higher than that of the vehicle) (Figure 4A, 4K–4M). APAP alone also markedly increased these MRPs to 2.6-, 2.0- and 2.5-fold, which was likely a compensatory reaction due to liver injury. Co-treatment with APAP and SolB induced dramatic increases in MRP2, MRP3 and MRP4 levels, enhancing them to 2.7-, 2.7- and 4.4-fold, respectively. Taken together, these data indicated that the hepatoprotective effect of SolB against

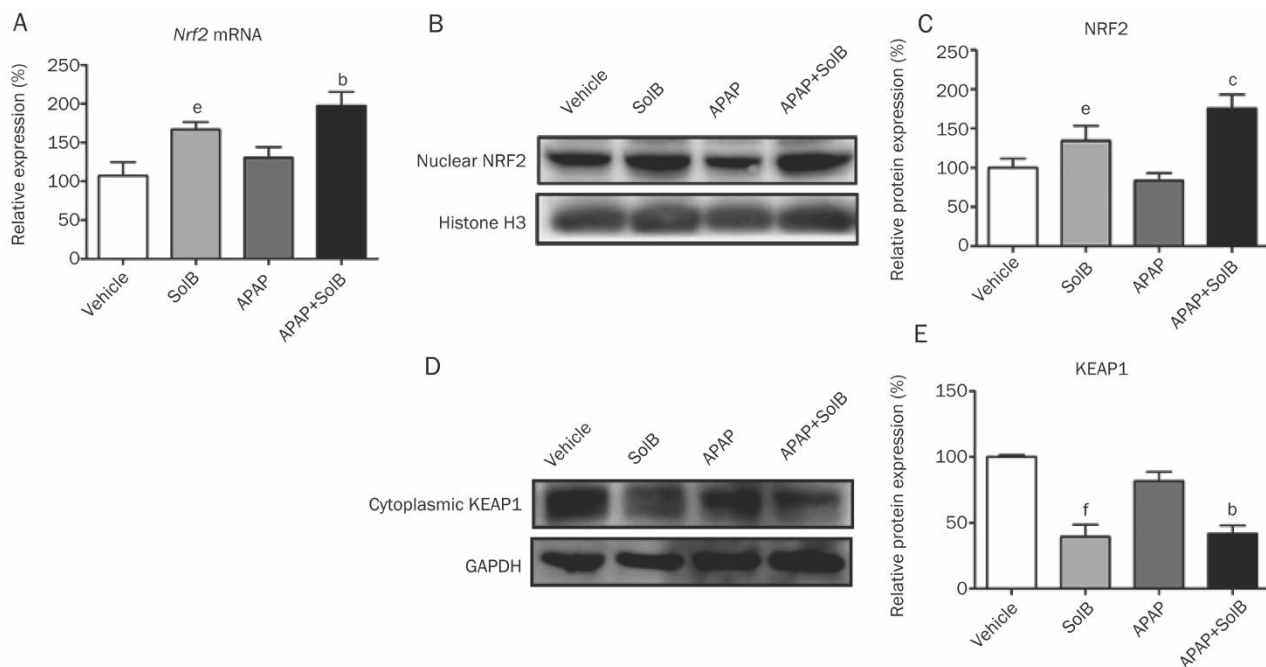
APAP-induced liver toxicity may partially be the result of SolB-induced activation of the NRF2 signaling pathway, which resulted in enhanced detoxification and antioxidant capacities.

#### Effect of SolB on NRF2 activation in HepG2 cells

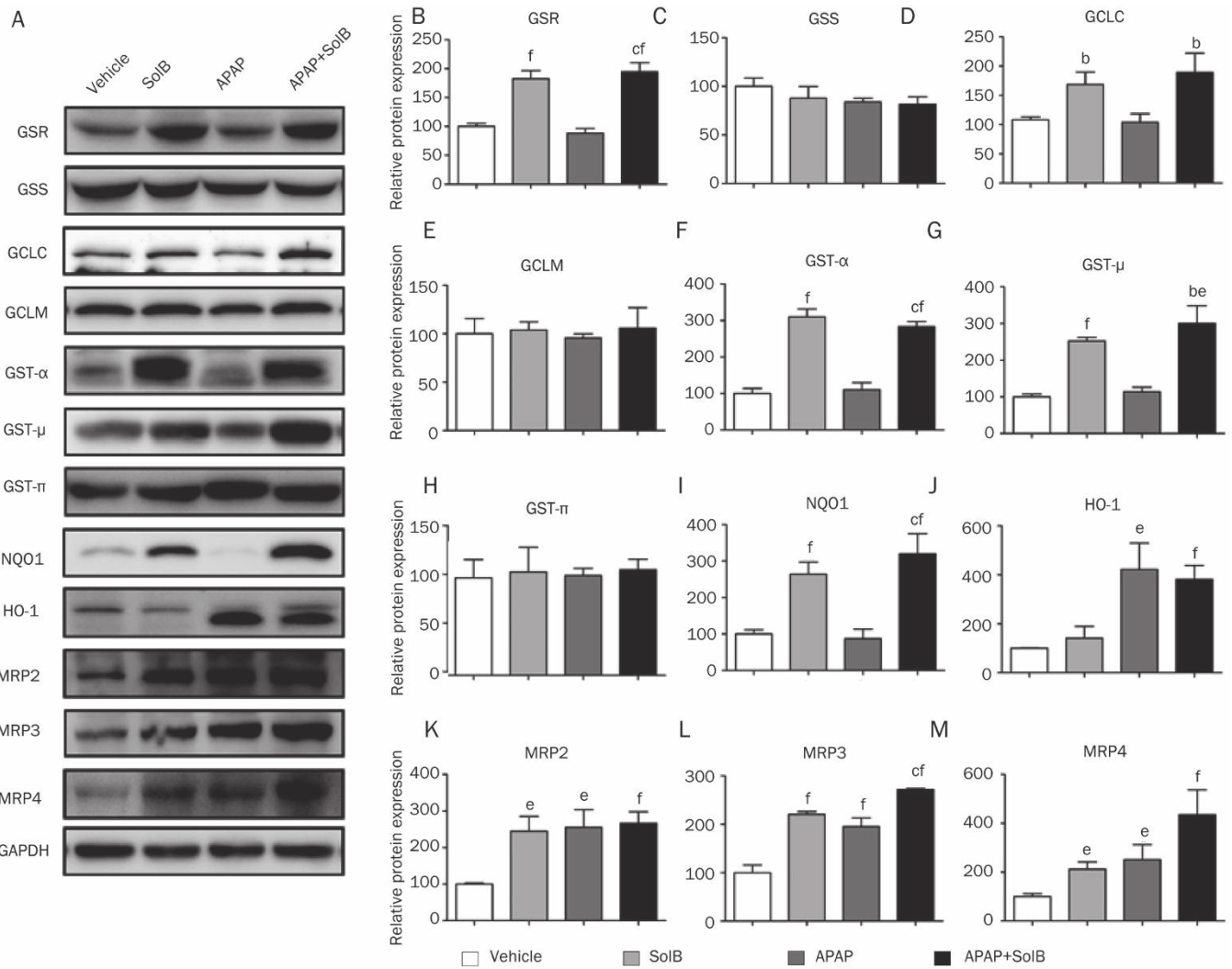
The effect of SolB on HepG2 cell viability was evaluated using an MTT assay. It was found that SolB was not toxic to HepG2 cells, even at concentrations up to 160  $\mu\text{mol/L}$ . The effect of SolB on NRF2 activation was further examined using luciferase reporter assays in HepG2 cells transiently transfected with reporter plasmids. Sulforaphane (SFN), a typical NRF2 activator, increased the luciferase activity of the NRF2 reporter gene to 2.8-fold compared to the vehicle-treated cells, whereas SolB dose-dependently increased the luciferase activity of the NRF2 reporter gene to 1.2-, 1.5-, 2.5- and 2.6-fold at 2.5, 5, 10 and 20  $\mu\text{mol/L}$ , respectively (Figure 5). These data suggest that SolB is a NRF2 activator and contributes to the regulation of NRF2 target proteins that improve detoxification and antioxidant capacities and thus provides hepatoprotection against APAP-induced toxicity.

#### Discussion

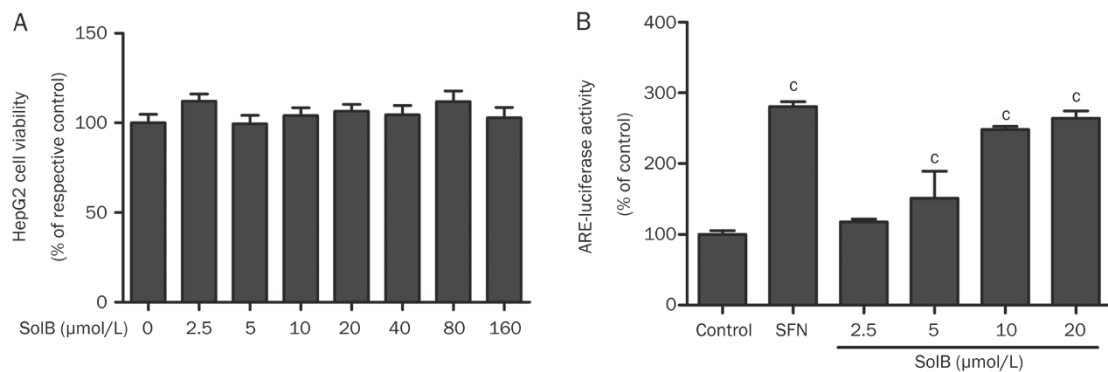
APAP has become the most common cause of drug-induced liver injury, which is an important public health concern worldwide. Currently, *N*-acetylcysteine (NAC) is the primary antidote for APAP-induced hepatotoxicity in clinical practice, but its efficacy is limited to the early stages of APAP toxicity<sup>[18]</sup>. Previously, we found that SolB significantly protects against



**Figure 3.** The effects of SolB on activation and expression of NRF2 *in vivo*. (A) qRT-PCR analysis was performed to measure the gene expression of Nrf2, and the data are expressed as the mean $\pm$ SEM ( $n=6$ ). (B–C) Western blotting was used to measure nuclear NRF2 protein expression. Specific band intensities were quantified and normalized to histone H3 and expressed as the mean $\pm$ SEM ( $n=3$ ). (D–E) Western blotting was used to measure cytoplasmic KEAP1 protein expression. Specific band intensities were quantified and normalized to GAPDH and expressed as the mean $\pm$ SEM ( $n=3$ ). <sup>b</sup> $P<0.05$ , <sup>c</sup> $P<0.01$  compared to the APAP group; <sup>e</sup> $P<0.05$ , <sup>f</sup> $P<0.01$  compared to the vehicle group.



**Figure 4.** Role of NRF2 signaling and its downstream proteins in SolB-mediated protection against APAP-induced liver toxicity. (A) Western blotting was used to measure the protein expression of GSR, GSS, GCLC, GCLM, GST- $\alpha$ , GST- $\mu$ , GST- $\pi$ , NQO1, HO-1, MRP2, MRP3 and MRP4. (B–M) Specific band intensities were quantified and normalized to GAPDH. The data are expressed as the mean  $\pm$  SEM ( $n=3$ ). <sup>b</sup> $P<0.05$ , <sup>c</sup> $P<0.01$  compared to the APAP group; <sup>e</sup> $P<0.05$ , <sup>f</sup> $P<0.01$  compared to the vehicle group.



**Figure 5.** Effects of SolB on cell viability and NRF2 activation. (A) An MTT assay was used to measure HepG2 cell viability after treatment with SolB at 2.5 to 160  $\mu$ mol/L. (B) A luciferase reporter assay was used to measure the effect of SolB on NRF2 activation. The HepG2 cells were transiently transfected with plasmids as described in the Materials and methods section, and 6 h later the cells were treated with various concentrations of SolB (2.5–20  $\mu$ mol/L) or the positive agonist SFN (10  $\mu$ mol/L) for 24 h. The data are expressed as the mean  $\pm$  SEM ( $n=5$ ). <sup>c</sup> $P<0.01$  compared to the control.

APAP-induced liver injury potentially via the inhibition of APAP bioactivation and regulation of liver regeneration<sup>[11, 19]</sup>. However, whether and how the NRF2/ARE signaling pathway contributes to the protective effect of SolB against APAP-induced hepatotoxicity remained unknown. The present data clearly demonstrated that SolB is hepatoprotective against APAP-induced liver injury as indicated by morphological and histological assessment, as well as by biochemical parameters, including AST, ALT, GSH and MDA levels. Furthermore, the current study clearly demonstrates that SolB is a NRF2 activator and that this activation plays an important role in SolB-mediated hepatoprotection against APAP-induced liver toxicity. Thus, these data clearly illustrate the contribution of the NRF2/ARE pathway to the hepato-protective effect of SolB against APAP-induced toxicity.

The importance of the NRF2 pathway in the regulation of GSH synthesis and cellular detoxification has been previously highlighted<sup>[20-22]</sup>. SolB can significantly attenuate APAP-induced hepatotoxicity and prevent changes in MDA and GSH levels. Furthermore, SolB enhanced nuclear NRF2 translocation and elevated the luciferase activity of an NRF2 reporter gene, which suggests that SolB exerts a beneficial effect by enhancing NRF2-regulated antioxidant and detoxification systems, thus offering protection against APAP-induced hepatotoxicity.

Currently, increasing attention has been paid to potential drugs that may act as therapeutic agents against APAP-induced hepatotoxicity by restoring or maintaining hepatic GSH content<sup>[23]</sup>. A genome-wide association study demonstrated that the GSH pathway is partially associated with variations in NAPQI toxicity<sup>[24]</sup>. A possible explanation for the prevention of NAPQI-induced GSH depletion is the facilitation of GSH biosynthesis. As mentioned previously, the NRF2-targeted GCLC and GSR genes are rate-limiting enzymes in GSH synthesis. The observed induction of these two proteins by SolB was accompanied by an increase in GSH levels, which may explain how SolB/APAP co-treatment was able to increase GSH levels and how SolB alone resulted in an abundance of GSH. These observations provide evidence that upregulation of GCLC and GSR by SolB through the NRF2/ARE pathway resulted in an increase in GSH synthesis.

Furthermore, SolB significantly induced antioxidant defense and conjugation proteins, including NQO1, GST- $\alpha$  and GST- $\mu$ . GSTs catalyze the conjugation of GSH with a series of electrophiles, including NAPQI<sup>[4]</sup>. The metabolites produced by glutathionylation are more hydrophilic, typically less reactive and readily excreted<sup>[25]</sup>. Moreover, recent studies have indicated that NQO1 possesses the capacity to enzymatically reduce NAPQI, which ameliorates APAP-induced toxicity<sup>[26]</sup>. Therefore, the induction of GSTs and NQO1 by SolB also contributes to the protection provided by SolB against APAP-induced hepatotoxicity.

In addition to enhancing hepatic detoxification and GSH levels, NRF2 stimulates the expression of MRP transporters, which transport and excrete metabolites from the liver. MRP2 transports xenobiotics and their glucuronate- or sulfate-

conjugated metabolites into the bile or urine, whereas MRPs in the basolateral membrane transport these metabolites into the bloodstream for renal excretion<sup>[17, 27]</sup>. In this study, SolB and APAP treatment were demonstrated to orchestrate adaptive responses by increasing MRP2, MRP3, and MRP4, and expression of these MRPs was further increased by SolB/APAP co-treatment. The induction of MRP2, MRP3, and MRP4 may contribute to the hepatoprotection provided by SolB consisting of enhancing the excretion of reactive or conjugated metabolites.

In summary, this study clearly demonstrated that SolB can protect against APAP-induced liver injury, and its hepatoprotective effect is partially due to activation of the NRF2-ARE signaling pathway, which regulates GSH synthesis, conjugation and excretion, enhancing antioxidant and detoxification capacity.

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### Author contribution

Min HUANG, Hui-chang BI and Yi-ming JIANG participated in experimental design; Yi-ming JIANG, Ying WANG and Hua-sen TAN performed the experiments; Ying WANG and Xiao-mei FAN contributed new reagents and analytic tools; Yi-ming JIANG, Pan CHEN and Hang ZENG performed data analysis; and Yi-ming JIANG, Hui-chang BI and Tao YU contributed to the writing or revision of the manuscript.

### Abbreviations

APAP, acetaminophen; SolB, schisandrol B; NAPQI, *N*-acetyl-*p*-benzoquinone imine; ALT, alanine aminotransferase; AST, aspartate aminotransferase; GSH, glutathione; NRF2, nuclear factor erythroid 2-related factor 2; ARE, antioxidant response element; SFN, Sulforaphane; NQO1, NAD(P)H quinone oxidoreductase 1; GCLC, glutamate-cysteine ligase catalytic subunit; GCLM, glutamate-cysteine ligase modifier subunit; MRP, multidrug resistance-associated protein; GAPDH, glyceraldehyde-3-phosphate dehydrogenase; GSS, glutathione synthetase; GSR, glutathione reductase; KEAP1, kelch-like ECH-associated protein 1; GST, glutathione *S*-transferase; SFN, sulforaphane.

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