

Selective inhibition of soluble TNF using XPro1595 improves hippocampal pathology to promote improved neurological recovery following traumatic brain injury in mice

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1 **Title:** Selective inhibition of soluble TNF using XPro1595 improves hippocampal pathology to promote
2 improved neurological recovery following traumatic brain injury in mice

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9

10 **Running Title:** XPro1595 improves TBI outcomes

11

12 **ABSTRACT**

13 **BACKGROUND:** Symptoms associated with traumatic brain injury (TBI) can be debilitating, and
14 treatment without off-target side-effects remains a challenge. This study aimed to investigate the efficacy
15 of selectively inhibiting the soluble form of TNF (solTNF) using the biologic XPro1595 in a mouse model
16 of TBI. **METHODS:** Mild-to-moderate traumatic brain injury (CCI model) was induced in adult male
17 C57Bl/6J mice, with XPro1595 (10 mg/kg, S.C.) or vehicle being administered in a clinically relevant
18 window (60 minutes post-injury). The animals were assessed for differences in neurological function, and
19 hippocampal tissue was analyzed for inflammation and glial reactivity, as well as neuronal degeneration
20 and plasticity. **RESULTS:** We report that unilateral CCI over the right parietal cortex in mice promoted
21 deficits in learning and memory, depressive-like behavior and neuropathic pain. Using
22 immunohistochemical and Western blotting techniques, we observed the cortical injury promoted a set of
23 expected pathophysiology's within the hippocampus consistent with the observed neurological outcomes,
24 including glial reactivity, enhanced neuronal dendritic degeneration (dendritic beading), and reduced
25 synaptic plasticity (spine density and PSD-95 expression) within the DG and CA1 region of the
26 hippocampus. These effects were prevented in the mice treated with XPro1595. **CONCLUSION:** Overall,
27 we observed that selectively inhibiting solTNF using XPro1595 improved the pathophysiological and
28 neurological sequelae of brain-injured mice, which provides support of its use in patients with TBI.

29

30 **Keywords:** TNF, TNFR1, inflammation, glial reactivity, synaptic plasticity, learning and memory,
31 depression, neuropathic pain

32

33 **INTRODUCTION**

34 TBI affects 1.5M people annually in the United States, with approximately 80% being mild TBI, and
35 symptoms range from physical, cognitive, psychological and/or psychosocial impairments. TBI is also a
36 known risk factor for the later development of AD (1). The pathophysiological sequelae of TBI results
37 from an acute and chronic phase of injury characterized by cell death and degeneration and neural

38 connectome dysfunction/reorganization. In the acute phase, neuronal death is initiated by mechanical
39 forces, which alter cell membrane and vascular integrity, creating a microenvironment susceptible to
40 necrotic and apoptotic processes (2-5). The secondary injury phase occurs within minutes after the onset
41 of TBI whereby the release of pro-inflammatory cytokines mobilizes immune and glial cells to the site of
42 injury causing edema and inflammation (6-11). This phase is also associated with gliosis, demyelination,
43 continued apoptosis and neuronal degeneration/plasticity. Within the damaged brain, the inflammatory
44 response causes a sustained upregulation of cytokines, such as interleukin 1-beta (IL-1 β), IL-6 and TNF
45 (12-14), and excess solTNF within the hippocampus activates TNFR1 to promote reductions in dendritic
46 spine density, length, and protein expression (PSD-95, synapsin-1, GAP-43), modulating spine morphology
47 and thus surface expression and synaptic localization of AMPA receptors, which temporarily suppresses
48 LTP (15-23), all of which play a role in cognition, depression and neuropathic pain (18, 24-27).

49
50 Early clinical studies using TNF inhibitors (e.g. etanercept and infliximab) showed an inability to reduce
51 mortality in sepsis patients (28, 29), which dampened enthusiasm for their use. More than 2 decades on,
52 additional meta-analysis' of data in sepsis patients revealed an overall improvement in survival rates (30),
53 when studies are sufficiently powered, which prompted a re-examination of their use. Subsequent studies
54 modulating TNF activity under injury and ischemic conditions have shown some promising outcomes in
55 both rodents and humans (31-35). Unfortunately, the TNF inhibitors have also shown an abundance of
56 side-effects, warranting FDA blackbox warnings regarding possible immunological dysfunction and heart
57 failure (36-38), and therefore the use of traditional TNF inhibitors should be cautioned in patients. These
58 side-effects are likely due to the differences in TNF receptor subtype functions, that have complicated the
59 TNF field until recently. TNF is a unique cytokine in that it is first produced as a transmembrane protein
60 (tmTNF) that preferentially activates TNF receptor 2 (TNFR2: CD120b or p75/p80) (39), but once cleaved
61 from the cell membrane TNF exists in a soluble form (solTNF) and preferentially activates TNF receptor 1
62 (TNFR1: CD120a or p55/p60) (39). Although both TNFR1 and TNFR2 can trigger some common
63 signaling pathways (40), TNFR2 activation generally promotes beneficial outcomes such as cell survival,

64 induction of neurogenesis, and promotion of CNS autoimmunity (41-43), while TNFR1 activity generally
65 promotes detrimental outcomes such as cell death, aberrant neuronal plasticity, and exacerbation of the
66 existing inflammatory response (41, 44, 45). The fact that traditional TNF inhibitors (e.g. etanercept and
67 infliximab) are unable to distinguish between the different TNF ligand or receptor subtypes, and thus
68 inhibiting TNFR2 activity, is likely driving the development of unwanted side-effects.

69
70 For these reasons, a novel ‘second generation’ TNF inhibitor was developed that selectively impedes the
71 activity of solTNF (XPro1595). XPro1595 has been successfully used in numerous pre-clinical
72 inflammatory disease models (46-50), with no known side-effects. It can effectively cross the BBB (51),
73 has a half-life of 19.1 hours (47), and can even improve heart function in a rodent model of cardiac arrest
74 (52). In recent clinical trials, XPro1595 was shown to be safe and well tolerated in cancer patients (53),
75 and interim data released from INmuneBio Inc. from a small clinical trial in Alzheimer’s Disease patients
76 shows the biologic (used at 1.0 mg/kg S.C.) reverses brain white matter inflammation and CSF
77 inflammatory protein expression (54). Overlapping pathologies occur in brains following stroke, TBI and
78 those with Alzheimer’s Disease, therefore, we sought to investigate whether using XPro1595 to selectively
79 bind and neutralize solTNF in a clinically relevant window following TBI in mice can improve
80 pathophysiological and functional outcomes.

81

82 **METHODS**

83 Animals

84 Male C57Bl/6J mice aged 2 to 4 months were used for the current study. Animals were housed in a 12-
85 hour light/dark cycle with food and water ad libitum. Procedures related to animal use were approved by
86 the Virginia Commonwealth University Institutional Animal Care and Use Committee (in accordance with
87 NIH care and use of laboratory animals).

88

89 Study Design

90 The study groups included TBI-injured and sham-injured mice, treated with XPro1595 (XP) or vehicle (V),
91 that survived between 4 hours and 2 weeks. Animals surviving for 14 days underwent neurological testing,
92 prior to having their brain collected for analysis.

93

94 Traumatic Brain Injury Model

95 Mice were anaesthetized with ketamine (75 mg/kg body weight) and xylazine (14 mg/kg body weight) by
96 intraperitoneal injection and positioned in a stereotaxic frame. A 5-mm craniotomy was made using a
97 portable drill over the right parietotemporal cortex (-2.5 mm caudal and 2.0 mm lateral from bregma). A
98 drop of sterile saline was placed over the meninges to prevent it from drying out and tearing at the point of
99 impact. A mild-to-moderate injury was generated (to avoid substantial structural damage to the underlying
100 hippocampus) using a 3-mm beveled stainless-steel tip attached to an Impact One CCI device (Leica) at a
101 velocity of 3.0 m/sec, depth of 0.5 mm, and 150 msec impact duration. Sham mice received anesthetic and
102 skin incision only (since craniotomies themselves promote an inflammatory response). After CCI injury,
103 the skin was sutured using 5-0 silk sutures. Starting 60 minutes post-injury, mice received twice weekly
104 subcutaneous injections of XPro1595 (10 mg/kg in PBS, INmuneBio) or vehicle (0.1M PBS).

105

106 Histological Preparation, Staining and Immunohistochemistry

107 Mice were re-anaesthetized with ketamine (75 mg/kg) and xylazine (14 mg/kg) by intraperitoneal injection
108 prior to transcardial perfusion or fresh brain dissection.

109

110 For qPCR analysis, fresh hippocampal tissue was dissected 6 hours post-injury (5 hours post-treatment),
111 snap frozen in liquid nitrogen, and stored at -80oC. The frozen tissue was homogenized in RTL buffer
112 (Qiagen) using lysing matrix D beads (MP Biomedicals). Total mRNA was extracted using RNeasy
113 extraction kit (Qiagen) and converted to cDNA using reverse transcription kit (Applied Biosystems),
114 followed by mRNA expression being processed using SYBRgreen real-time PCR (Applied Biosystems).
115 Inflammatory cytokine expression for TNF, TNFR1, TNFR2, IL-6, and IL-1 β was evaluated using Bio-

116 Rad mouse primers. Values were normalized to GAPDH expression, and expressed as a fold change within
117 the ipsilateral tissue, as compared to the contralateral tissue.

118

119 For immunohistochemistry, transcardial perfusion was performed on WT and Thy1-YFP mice, using
120 approximately 15 ml of PBS, followed by approximately 25 ml of 4 % paraformaldehyde (Sigma). The
121 brain was dissected, stored in 4 % paraformaldehyde for 2 hours, cryoprotected in 20 % sucrose in PBS for
122 48 hours, and then quickly frozen in OCT over isopentane on dry ice, and stored at -80 °C. Serial frozen
123 coronal sections were cut 40 µm thick through the brain. Slides with sections from Thy1-YFP mice
124 containing hippocampus were washed in PBS to remove the OCT, and coverslipped in Prolong Gold
125 Antifade mounting medium containing DAPI (Thermo Fisher). Slides with sections from WT mice
126 containing hippocampus were permeabilized with 0.2 % triton X-100 (Sigma) in 2 % fish gel in PBS
127 solution and immunohistochemically labelled with the primary antibody (1:2000 rabbit anti-GFAP, Dako;
128 1:2000 rabbit anti-IBA-1, Wako) overnight at 4 °C. Sections were washed 3 times in PBS, incubated in
129 fluorescent secondary antibodies (1:500, Molecular Probes) for 30 min at room temperature, washed an
130 additional 3 times in PBS, and coverslipped in the same mounting medium containing DAPI
131 (ThermoFisher). Sections from WT and Thy1-YFP mice were photographed at 60x oil with equal exposure
132 on a Zeiss AxioImager Z2 microscope, connected to a Zeiss Monochrome digital camera (AxioCam MRm)
133 with Zeiss Zen Software (Blue Edition version 1.1.2.0).

134

135 For Western blotting, fresh frozen hippocampal tissue will be homogenized according to Dixon laboratory
136 protocols in RIPA lysis buffer, reduced and denatured using Invitrogen SDS loading buffer, and run on
137 Invitrogen pre-cast bis-tris gradient gels, prior to being transferred to nitrocellulose membranes. Proteins
138 of interest will be detected using antibodies to TNF, TNFR1, TNFR2, IL-6, IL-1beta, and IL-10, prior to
139 incubation with secondary antibody, and then chemiluminescence visualized using the Bio-Rad ChemiDoc
140 machine, and quantitating band measurement using Bio-Rad One optical density calculation.

141

142 For Golgi labelling, transcardial perfusion was performed using approximately 15 ml of PBS, followed by
143 approximately 25 ml of 4% paraformaldehyde. The brain was dissected and prepared according to FD
144 Neurotechnology “Rapid Golgi stain” manufacturer’s instructions. 100 µm thick sagittal cryostat sections
145 were cut according to the manufacturer’s instructions, and coverslipped in Permount mounting medium.
146 Golgi-stained sections containing hippocampus were scanned for dendrites at least 200 µm in length in the
147 CA1 region. These dendrites were photographed at 100x oil on a Zeiss AxioImager Z2 microscope using
148 Köhler illumination, connected to a Q Imaging color digital camera (Model 2000R-F-CLR-12, 12-bit) with
149 Neurolucida software (version 2020.2.4).

150

151 Histological Analysis

152 Glial reactivity within the ipsilateral and contralateral cortex and hippocampus was determined by
153 quantitating GFAP and IBA-1 immunohistochemistry density, whereby images were converted to gray
154 scale and thresholded in NIH ImageJ software (version 1.52a) to identify the area fraction of pixels positive
155 for GFAP or IBA-1-immunoreactivity. Values for each photograph were averaged per section, per animal,
156 and then per group. To assess dendritic degeneration, photographs of DCX-positive dendrites from
157 immature neurons in the inner molecular layer of the dentate gyrus were quantitated for the presence (1) or
158 absence (0) of dendritic beadings/swellings. Values for each photograph were averaged per section, per
159 animal, and then per group. Subsequently, photographs of CA1 neurons from Thy1-YFP-H mice were
160 inspected for the presence of dendritic beadings. To assess dendritic spine density, photographs of CA1
161 hippocampus containing Golgi-stained dendrites were quantitated to determine dendritic spine density. The
162 number of dendritic spines along a dendritic segment 200 µm in length were counted, and expressed as the
163 number of spines per 200 µm.

164

165 Neurological Testing

166 Morris Water Maze: Cognition (spatial learning and memory) was assessed on post-injury days 7 to 11. A
167 blue plastic circular pool 5-foot wide and 11-inches deep was placed in the center of the room with large

168 (3-foot wide) visual cues placed on 3 of the 4 surrounding walls. The pool was divided into 4 quadrants,
169 arbitrarily nominated North, South, East, and West, and a glass beaker 5-inches wide was covered in cotton
170 gauze fabric and weighted upside down in the East quadrant of the pool. The mice were held by their tail
171 and placed into the pool facing the pool edge, and were given 4 trials per day, starting from each of the 4
172 quadrants for 5 consecutive days. Quadrant order on each consecutive day was as follows: NWES, WNSE,
173 EWSN, SEWN, NESW. The mice were allowed a maximum of 2 minutes to find the hidden platform, and
174 if unsuccessful were gently lifted onto the platform and allowed to remain there for 20 seconds before being
175 removed to their home cage. The number of quadrants the mice entered before reaching the platform, as
176 well as time taken to reach the platform were measured. On post-injury day 14 (72 hours after the last trial)
177 the mice underwent a probe trial, in which the platform from the East quadrant was removed from the pool,
178 the mice placed in the opposite quadrant (West quadrant), and allowed a maximum of 30 seconds to 'find'
179 the platform. Time spent in the East quadrant, and number of times entering the East quadrant were
180 measured.

181

182 Sucrose Preference Test: Depressive-like behavior was assessed prior to injury, and on post-injury days 3,
183 7 and 14. Mice were housed individually for the duration of the test, and given free access to 2 water bottles
184 filled with either regular water or 2% sucrose diluted in water (Acros Organics Sucrose) overnight (5pm to
185 9am). The amount of regular water versus sucrose water that each mouse drank was measured.
186 Immediately after the test all mice were placed back into their group housing. Baseline testing was
187 performed on 3 separate evenings, and any mouse that did not have a pre-injury preference for the sucrose
188 solution was excluded from the analysis. The sucrose preference was calculated as the amount of sucrose
189 drunk as a percentage of total liquid drunk.

190

191 Mechanical von Frey Test: Pre-clinical rodent models of TBI display periorbital and hindpaw neuropathic
192 pain (55, 56). To assess the role of s*o*lTNF in the induction of injury-induced neuropathic pain, we
193 measured the level of mechanical hypersensitivity underneath the animals ipsilateral hindpaw 3-, 7- and

194 14-days post-injury. In a dimly lit room, a 10" x 19" extension window screen (Thermwell) was fully
195 extended and placed atop 2 polystyrene boxes, with a desk lamp placed behind and just under the height of
196 the screen, angled towards the investigator. Four mice at a time were placed on top of the screen, with a
197 600 ml glass beaker (Pyrex) placed over the top of each mouse to prevent escape. A disposable underpad
198 was draped over the beakers to minimize any light and/or movement stimulation. After 15 minutes
199 acclimatization under the beaker, hindpaw hypersensitivity was assessed by holding the von Frey filament
200 (Bioseb) handle under the screen, and slowly raising the end of the filament up through the screen to press
201 against the under-side of the mouse's hindpaw walking pad until a slight bend was observed in the fiber.
202 Continued advancement/bending of the filament does not necessarily produce more force of application.
203 The investigator tested the lightest filament first, and sequentially tested up through the filament sizes until
204 a positive result was established. A positive result was the mouse noticing 3 out of 5 consecutive tests for
205 each filament, defined as the mouse withdrawing its foot, licking or shaking its foot, or rapidly moving its
206 body away from the stimulus. Once a positive result was established for each mouse, the testing was
207 concluded for that mouse for that day. The testing occurred as rapidly as possible to reduce restraint
208 distress, although it was noticed that mice would often fall asleep during testing, which required gentle
209 tapping from underneath the screen to wake up the animal.

210

211 Statistical Analysis

212 All data were assessed for homogeneity of variance, after which statistical analysis was performed.
213 Histological differences were assessed using the Student's t-test, and behavioural differences (intra- and
214 inter-group analysis) were assessed using two-way repeated measures analysis of variance with Student-
215 Newman-Keuls method post hoc in SigmaPlot 13.0 where significance was <0.05. Data in figures are
216 expressed as mean \pm standard error of the mean.

217

218 **RESULTS**

219 Soluble TNF inhibition does not regulate IL-6 and IL-1 β expression following TBI

220 We sought to determine whether selective inhibition of solTNF following TBI regulates mRNA expression
221 of key inflammatory cytokines in select brain regions. We observed that neutralizing solTNF using
222 XPro1595 did not change the expression of the key pro-inflammatory cytokines IL-6 and IL-1 β in the peri-
223 lesional cortex or ipsilateral hippocampus 6 hours following injury, compared to vehicle-treated injured
224 mice (Figure 1A&B). Intriguingly, selective inhibition of solTNF significantly increased TNF expression
225 in the hippocampus following TBI (Figure 1C), with a tendency for increased production in the peri-lesional
226 region. We also examined TNFR1 expression, and observed a significant increase within the hippocampus
227 (Figure 1D). No significant differences were observed in TNFR2 expression, although trends suggest slight
228 increases in both hippocampus and peri-lesional region following injury (Figure 1E).

229

230 Soluble TNF inhibition reduces glial reactivity following TBI

231 To determine whether inhibiting solTNF attenuates injury-induced inflammation, mice were administered
232 XPro1595 (10 mg/kg S.C.) or vehicle, starting 60 minutes following the TBI. After a 2-week survival
233 period, we assessed glial reactivity by immunohistochemically labelling cortical and hippocampal tissue
234 with antibodies against GFAP (astrocytes) and IBA-1 (microglial/macrophage). Only minimal GFAP and
235 IBA-1 reactivity was detected in the uninjured hemisphere, independent of treatment (Figure 2A, B, G &
236 H: contralateral hippocampus not shown). In comparison, GFAP is significantly upregulated in the cortical
237 peri-lesional region hippocampal CA1 region, which is significantly attenuated by treatment with XPro1595
238 (Figure 2A-F, M&N). Injury also promoted an increase in IBA-1 expression in the cortical peri-lesional
239 and hippocampal CA1 regions (Figure 2G-L, O&P), with XPro1595 treatment rescuing these effects back
240 to baseline levels.

241

242 Soluble TNF inhibition prevents hippocampal dendritic degeneration following TBI

243 Thy-1 YFPH mice display endogenous fluorescent labelling of hippocampal neurons (Figure 3A), which
244 in the CA1 regions of naïve mice exhibit long and wavy dendrites with an extensive number of post-synaptic
245 spines (Figure 3A&B' and 3B' inset). Three days following TBI the dendrites appear disjointed, with

246 extensive dendritic swellings (beading), and an absence of spines (Figure 3B'' and 3B'' inset). Using
247 immunohistochemistry to support the transgenic observations, we labeled hippocampal dendrites with
248 doublecortin (immature dendrites), and also observed extensive dendritic swellings in the mouse
249 hippocampal DG 14 days following TBI (Figure 3C); an affect that was significantly reduced in mice treated
250 with XPro1595 (Figure 3C&D).

251

252 Soluble TNF inhibition prevents hippocampal dendritic plasticity following TBI

253 TBI was induced in mice and the expression of post-synaptic scaffolding protein PSD-95 was quantitated.
254 We observed that PSD-95 expression was reduced 3 days following injury (Figure 4A), but which was
255 prevented in injured mice treated with XPro1595. We next sought to determine whether our model of TBI
256 reduced the density of hippocampal CA1 dendritic spines, and whether soluble TNF inhibition can rescue
257 this effect. Mice were subjected to TBI and sacrificed 3 days later: a timepoint known to be consistent
258 with reduced hippocampal dendritic spine density. The spine density of CA1 hippocampal neurons
259 impregnated with Golgi stain was quantitated (Figure 5A). We observed that TBI reduced the density of
260 dendritic spines in the CA1 hippocampal region (Figure 5B), but was unaffected in the injured mice treated
261 with XPro1595 (Figure 5C).

262

263 Soluble TNF inhibition prevents TBI-induced functional deficits

264 Spatial Learning and Memory (Morris Water Maze): One of the most well-characterized neurological
265 symptoms associated with hippocampal injury is cognitive impairment, specifically learning and memory
266 (57). Therefore, we assessed the ability of mice to learn the MWM task for 5 consecutive days, on post-
267 injury days 7 to 11. On the first day of testing the vehicle-treated injured mice were significantly less able
268 to find the platform than sham-injured mice, although XPro1595-treated injured mice able to find the
269 platform in the same amount of time as the sham-injured mice (Figure 5A). Notably, the vehicle-treated
270 injured mice were also significantly less able to find the MWM platform than XPro1595-treated mice. In
271 accordance with taking extra time to find the MWM platform, the vehicle-treated injured mice also

272 entered significantly more MWM quadrants to find the platform compare to XPro1595-treated injured
273 mice (Figure 5B). Three days after the last MWM training day, the mice were tested in the MWM probe
274 test (removal of platform). The vehicle-treated injured mice spent significantly less time in the platform
275 quadrant compared to sham-injured mice (Figure 5C), and showed a strong tendency to spend less time in
276 the platform quadrant compared to XPro1595-treated injured mice. Similarly, the XPro1595-treated
277 injured mice also entered the platform quadrant more times than the vehicle-treated injured mice (Figure
278 5D).

279

280 Depressive-like Behavior (Sucrose Preference Test): In addition to cognitive impairment, depression is
281 frequently associated with aberrant hippocampal pathology following TBI. Therefore, we assessed the
282 development of depressive-like symptoms in brain-injured mice, using the sucrose preference test prior to
283 injury and on post-injury days 3, 7 and 14. Prior to injury the naïve uninjured untreated mice showed
284 approximately 90% preference for the sucrose solution (Figure 5E), but this was significantly reduced in
285 vehicle-treated mice acutely following injury, suggesting the CCI brain injury model promotes
286 depressive-like symptoms. Conversely, treating injured mice systemically with XPro1595 prevented a
287 reduction in their preference for the 2% sucrose solution, suggesting that XPro1595 affects the onset of
288 depressive-like symptoms and may be a useful clinical tool.

289

290 Hindpaw Neuropathic Pain (Mechanical von Frey Assay): Since depression and pain are frequently
291 comorbid following TBI, individuals with injury-induced chronic pain are at risk of developing dermal
292 mechanical and thermal hypersensitivity (58), we used the mechanical von Frey assay to assess hindpaw
293 hypersensitivity. Mice underwent testing prior to injury and on post-injury days 3, 7 and 14. We
294 observed that all sham injured animals, independent of treatment, experienced a small increase in
295 hypersensitivity 3 days following injury (indicated by reduced mechanical threshold: Figure 5F), but this
296 was transient and quickly returned to baseline levels. In comparison, vehicle-treated injured mice were
297 significantly more hypersensitive on day 3 (almost a 3-fold increase compared to vehicle-treated sham

298 mice), and this remained until the end of testing on day 14, suggesting these mice were in more pain,
299 which lasted longer than sham-operated mice. Conversely, XPro1595-treated injured mice experienced
300 less hypersensitivity than vehicle-treated injured mice (1.6-fold increase compared to XPro1595-treated
301 sham mice), and this quickly improved so that mice were no longer experiencing significantly greater
302 hypersensitivity at the end of testing. This suggests that XPro1595 therapy can reduce levels of pain
303 associated with brain injury.

304

305 **DISCUSSION**

306 Mild TBI is often associated with cognitive impairment, with many individuals experiencing significant
307 improvement over the first few months following an injury, although a non-trivial number may develop
308 persistent impairments. Importantly, cognitive impairment is strongly associated with the development of
309 depression, along with chronic pain, anxiety, and stress (18, 59-63). In individuals experiencing chronic
310 pain, symptoms often manifests as musculoskeletal pain (neck, shoulders, and back) and/or post-traumatic
311 headaches (64), many of whom also experience comorbid neuropathic pain (termed ‘central pain’) (58, 65).

312

313 The hippocampus plays an important role in regulating learning and memory, and structurally is composed
314 of a tri-synaptic neural circuit (66-68). This tri-synaptic circuit is composed of the performant pathway
315 projecting from the entorhinal cortex to the hippocampal DG, after which mossy fibers project from the DG
316 to synapse on pyramidal cells within the CA3 region, and then Schaffer collaterals project from the CA3
317 region to the CA1. Within this circuit, axon terminals synapse onto dendritic spines, releasing glutamate
318 from pre-synaptic terminals to activate AMPA receptors located within spines on the post-synaptic dendrite
319 to generate a miniature excitatory postsynaptic current (mEPSCs) that modulates efferent connectivity (i.e.
320 long-term potentiation, LTP) (15, 69). An individual’s loss of memory is commonly known to be due to
321 damage anywhere along the hippocampal tri-synaptic neuronal circuit (70-72), but the hippocampus also
322 plays a role in the formation and retrieval of negative emotional memory, that is associated with pain and
323 depression (18, 20, 27, 73). Importantly, all of these symptoms share overlapping neuronal plasticity

324 pathology, including reduced pre-synaptic puncta density, synaptic protein expression (PSD-95, synapsin-
325 1, GAP-43), and post-synaptic dendritic spine density (particularly mushroom spines), that collectively
326 inhibit LTP (excitatory synaptic connectivity) (17, 18, 60, 72, 74-79), but which also includes dendritic
327 degeneration in the form of dendritic “beads” or “swellings” (72, 76), likely due to blockade of protein and
328 mitochondrial trafficking. While TBI causes a sustained upregulation of cytokines, such as interleukin 1-
329 beta (IL-1 β), IL-6 and TNF (12-14), TNF is unique in that its function is dependent upon activation of
330 receptor subtype (TNFR1 and TNFR2), and a strong connection exists between TNF/TNFR1-mediated
331 hippocampal plasticity, and impaired neurological outcomes (18, 25, 27). Under physiologic conditions,
332 TNF regulates AMPA receptor surface expression (homeostatic synaptic plasticity), which subsequently
333 regulates mEPSC currents and eventually LTP (80, 81), although excess production of solTNF under
334 pathological conditions activates TNFR1 to promote reductions in dendritic spine density, length, and
335 protein expression (PSD-95, synapsin-1, GAP-43), modulating spine morphology and surface expression
336 and synaptic localization of AMPA receptors, which temporarily suppresses LTP to modulate cortical
337 connectivity (15-23). Additionally, the induction of beading and degeneration causing impaired protein
338 and mitochondrial transport along dendrites (72, 76, 82, 83), is also known to be induced by TNF (82).
339 Therefore, selectively inhibiting solTNF/TNFR1 activity is critically important following TBI.

340

341 Following injury, TNF and TNFR1 expression increases, peaking between 4 and 24 hours post-injury (13,
342 45) (dependent on the animal model used (84)). Therefore, acute administration of XPro1595 (1 hour post-
343 injury) in the current studies is not only clinically relevant, but is preventing activation of TNFR1 prior to
344 the injury-induced peak of TNF/TNFR1 expression. Our observation that XPro1595 treatment does not
345 change the expression pattern of the other key inflammatory cytokines within the hippocampus or peri-
346 lesional region is important given that both IL-1 β and IL-6 are both pro- and anti-inflammatory following
347 trauma (14, 85). Reducing their expression may prevent their contribution to brain repair mechanisms,
348 while increasing their expression may exacerbate the extent of the injury. Interestingly, increases in TNF
349 and TNFR1 expression were observed in the XPro1595-treated injured mice, similar to antagonist induced

350 receptor upregulation (86, 87), although this is functionally inconsequential given that the biologic
351 neutralizes any available solTNF present. Indeed, the increased TNF expression observed is likely
352 beneficial allowing for increased tmTNF/TNFR2 activity within the injury milieu. Importantly however,
353 XPro1595 treatment significantly reduced astrogliosis in all areas measured, as well as significantly
354 reducing cortical microglial reactivity (with a trend to reduce hippocampal microglial reactivity), when
355 measured two weeks post- injury. Therefore, it is plausible to suggest that despite TNF and TNFR1
356 upregulation, XPro1595 treatment reduced TNFR1 activity levels, although future studies investigating
357 TNFR1 downstream activities are needed to confirm this.

358

359 Intriguingly, we did not observe a significant upregulation of hippocampal microglial activation in this
360 mild-to-moderate TBI model. Previous studies using the same injury model, but with a larger injury
361 severity (5m/s velocity) show robust microglial reactivity (88), suggesting that this milder injury (3m/s
362 velocity) may not cause the same extent of hippocampal inflammation, since microglia are thought to be
363 the main de novo producers of TNF (despite astrocytes and neurons also expressing TNF post-injury).
364 None-the-less, injury-induced alterations in hippocampal pathology were observed, suggesting that even
365 small levels of glial reactivity can promote detrimental changes to neuronal plasticity, including pathology
366 known to regulate cognitive impairment, depression and pain.

367

368 Although hippocampal synaptic plasticity (spine density) is known to occur in a bi-phasic manner with the
369 greatest spine loss occurring within 2-3 days post-injury (72, 76) (our own data supports this notion), the
370 time-course of dendritic degeneration is less well characterized. Our data adds to the literature that initial
371 dendritic degeneration occurs within 3 days post-injury, and persists through to 14 days post-injury, even
372 being observed in newly developing immature dendrites (DCX-positive), thus the effects of even a mild-
373 to-moderate injury are long-lasting. Although some dendritic degeneration was observed in injured mice
374 treated with XPro1595, the amount of degeneration was significantly less, lending support for the beneficial
375 effects of XPro1595 administered acutely following TBI.

376

377 Our study also assessed functional outcomes known to be associated with the hippocampus. The data shows
378 that injury-induced impairments in spatial learning (cognitive testing), as well as sucrose preference
379 (depressive-like behavior) and dermal hypersensitivity (neuropathic pain), the latter being clinically
380 relevant to the large number of individuals experiencing post-traumatic headaches. Since XPro1595 was
381 administered in a clinically relevant manner (subcutaneously), the ability of altered pathology in other brain
382 structures that may be contributing to the observed functional improvements following treatment cannot be
383 ruled out. None-the-less, the improvements in TBI pathology and associated functional outcomes,
384 combined with a lack of known side-effects in both animal models and patients, supports the use of
385 XPro1595 clinically in patients with TBI.

386

387 **CONCLUSION**

388 Excess levels of the inflammatory cytokine TNF play a prominent role in many inflammatory disease
389 pathologies, including the induction of aberrant pathology following a traumatic brain injury. Attempts to
390 use TNF receptor fusion proteins or monoclonal antibodies to regulate this cytokines function have shown
391 some successes clinically, but has been fraught with complications due to their numerous adverse side-
392 effects. Our data provide support for the clinical use of a novel “second generation” TNF inhibitor
393 XPro1595 that selectively inhibits only the detrimental soluble form of TNF to prevent the disease sequelae,
394 while sparing the beneficial transmembrane form of TNF to allow reparative cellular mechanisms to remain.

395

396 **ABBREVIATIONS**

397	LTP	long term potentiation
398	solTNF	soluble form of tumor necrosis factor
399	tmTNF	transmembrane form of tumor necrosis factor
400	TNFR1	tumor necrosis factor receptor 1
401	TNFR2	tumor necrosis factor receptor 2

402

403 **DECLARATIONS**

404 **Ethics Approval and Consent to Participate**

405 All experiments were performed under approval of the VCU Institutional Animal Care and Use
406 Committee.

407 **Consent for Publication**

408 Not applicable.

409 **Availability of Data and Materials**

410 The authors are always willing to collaborate and datasets generated and/or analyzed during the current
411 study are available from the corresponding author on reasonable request.

412 **Competing Interests**

413 The authors declare that they have no competing interests.

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420 **Author's Contributions**

421 KL, MD, RR and NNL performed the experiments and tabulated the data. KJD designed, planned,
422 funded, analyzed and interpreted the data. All authors read and approved the final manuscript.

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426

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654

655 **FIGURE LEGENDS**

656 **Figure 1: Pro-inflammatory cytokine expression 6 hours following TBI.** Graphs show the fold change
657 of expression within the ipsilateral tissue, as compared to the contralateral tissue of IL-6 (A), IL-1 β (B),
658 TNF (C), TNFR1 (D), and TNFR2 (E), with either vehicle or XPro1595 treatment. qPCR analysis reveals
659 selective inhibition of soluble TNF does not alter IL-6 or IL-1 β expression. In contract, XPro1595

660 significantly increased TNF and TNFR1 expression within the hippocampus, with a tendency for increased
661 expression of TNFR2. Hipp=Hippocampal; V=Vehicle; XP=XPro1595; TBI+Veh = white bars; TBI+XP
662 = grey bars; n=4 per group; * p<0.05.

663

664 **Figure 2: Glial reactivity in the peri-lesional cortex and hippocampus two weeks following TBI.**

665 Negligible GFAP (astrocytes) and IBA-1 (microglia/macrophages) protein is expressed in the uninjured
666 cortex (**A,B,G&H**), and hippocampus (images not shown), independent of treatment. TBI promotes gliosis
667 in both the peri-lesional region and hippocampus (**C,E,I&K**), although this is prevented by using XPro1595
668 to neutralize soluble TNF (**D, F, J & L**). Graphs show semi-quantitation of glial reactivity in the ipsilateral
669 and contralateral hemisphere following TBI (**M-P**). C-V = contralateral hemisphere+vehicle; C-XP =
670 contralateral hemisphere+XPro1595; I-V = ipsilateral hemisphere+vehicle; I-XP = ipsilateral hemisphere+
671 XPro1595; TBI+V n=9, TBI+XP n=9; ** = p<0.01, *** = p<0.001. Scalebar in L = 50 μ m.

672

673 **Figure 3: Hippocampal dendritic degeneration following CCI injury.** Thy1-YFP-labelled mouse

674 hippocampus showing dentate gyrus (DG), CA1, CA2 and CA3 regions (**A**). Neuronal dendrites from CA1
675 region in naive mice show normal morphology (**B'**), while 3 days post-injury CA1 dendrites develop
676 abnormalities (**B''**). CCI-injury appears to reduce spine density, and promotes swellings (beading) along
677 the length of the dendrite (**B**). In naïve uninjured animals, dendrites from immature neurons within the
678 hippocampal DG that are immunoreactive for doublecortin, show an absence of dendritic swellings (**C'**).
679 However, extensive swellings are observed on immature dendrites of the DG 14 days following the injury
680 (**C''**) that can be significantly reduced when XPro1595 is administered starting 60 minutes post-injury
681 (**C'''&D**). V=Vehicle; XP=XPro1595; TBI+V n=4, TBI+XP n=4; * = p<0.05; Scalebar in B = 20 μ m, B
682 inset = 5 μ m, and C = 2 μ m.

683

684 **Figure 4: TBI regulates hippocampal dendritic plasticity via soluble TNF activity.** The ipsilateral

685 hippocampus was semi-quantitated for PSD-95 expression; a prominent post-synaptic scaffolding protein,

686 3 days post-CCI injury. Western blot analysis reveals injury reduced hippocampal PSD-95 expression (A),
687 which was prevented in mice treated with XPro1595 one-hour post-injury. (B) Morphology of Golgi-
688 stained hippocampal slices from sham- and CCI-injured mice, treated with either XPro1595 or Vehicle
689 show changes in spine density. Golgi-stained dendrites were quantitated for spine density (number of
690 spines on a dendrite 200 μm in length), revealing that injury reduces dendritic spine density (C), which is
691 prevented in the XPro1595-treated injured mice. Veh=Vehicle, XP=XPro1595; (A) n=3 per group, (C)
692 Sham+Veh n=7, Sham+XP n=5, TBI+Veh n=10, TBI+XP n=10; ** = p<0.01. Scalebar in B = 2 μm .

693

694 **Figure 5: TBI-induced solTNF promotes hippocampal-associated functional impairments.** Sham- or
695 CCI-injured mice, treated with vehicle or XPro1595 (starting 60 minutes post-injury) were assessed on
696 spatial learning and memory in the Morris Water Maze (MWM) for 5 consecutive days (post-injury days
697 7-11). (A&B) The vehicle-treated injured mice took significantly longer on day 1 to learn to find the
698 platform, by entering significantly more quadrants. Conversely, XPro1595-treated injured mice were able
699 to find the platform in the same amount of time, entering the same number of quadrants, compared to sham-
700 injured mice (independent of treatment). (C&D) Three days after the last training session (14 days post-
701 injury) the mice were assessed on remembering the location of the platform (probe test: platform removed).
702 Mice with TBI spent less time in the platform quadrant than sham-injured mice, and a tendency to enter the
703 platform quadrant less than sham-injured mice. XPro1595-treated injured mice spent an equal amount of
704 time in the platform quadrant compared to sham-injured mice, and an equal amount of entries into the
705 platform quadrant. (E) Mice were assessed using the sucrose preference test prior to injury (baseline), and
706 on post-injury days 3, 7 and 14. Prior to injury the mice preferred to drink the 2% sucrose water
707 approximately 90% of the time. Comparatively, vehicle-treated injured mice displayed a temporary
708 reduction in their preference for the sucrose water, which was not observed in the XPro1595-treated injured
709 mice. (F) Mice were assessed on their level of hindpaw mechanical hypersensitivity prior to injury
710 (baseline), and on post-injury days 3, 7 and 14. The sham-injured mice displayed a significant increase in
711 hypersensitivity (reduced threshold) 3 days post-injury, that returns to baseline after the first week.

712 Conversely, the vehicle-treated injured mice display increased hypersensitivity that persists until the end of
713 testing at post-injury day 14. While the XPro1595-treated injured mice display significantly more
714 hypersensitivity 3 days post-injury, this effect is only temporary, similar to the sham-injured mice. Veh =
715 vehicle; XP = XPro1595; (A-D) Sham+Veh n=13, Sham+XP n=12, TBI+Veh n=15, TBI+XP n=14; (E)
716 TBI+Veh n=4, TBI+XP n=5; (F) Sham+Veh n=10, Sham+XP n=11, TBI+Veh n=5, TBI+XP n=4; * =
717 $p < 0.05$, ** = $p < 0.01$, *** = $P < 0.001$.

Figures

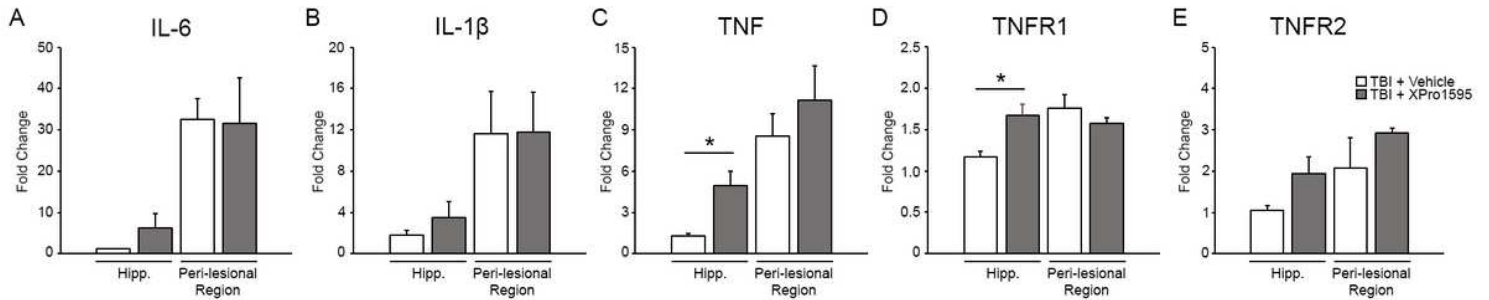


Figure 1

Pro-inflammatory cytokine expression 6 hours following TBI. Graphs show the fold change of expression within the ipsilateral tissue, as compared to the contralateral tissue of IL-6 (A), IL-1 β (B), TNF (C), TNFR1 (D), and TNFR2 (E), with either vehicle or XPro1595 treatment. qPCR analysis reveals selective inhibition of soluble TNF does not alter IL-6 or IL-1 β expression. In contrast, XPro1595 significantly increased TNF and TNFR1 expression within the hippocampus, with a tendency for increased expression of TNFR2. Hipp=Hippocampal; V=Vehicle; XP=XPro1595; TBI+Veh = white bars; TBI+XP 661 = grey bars; n=4 per group; * p<0.05.

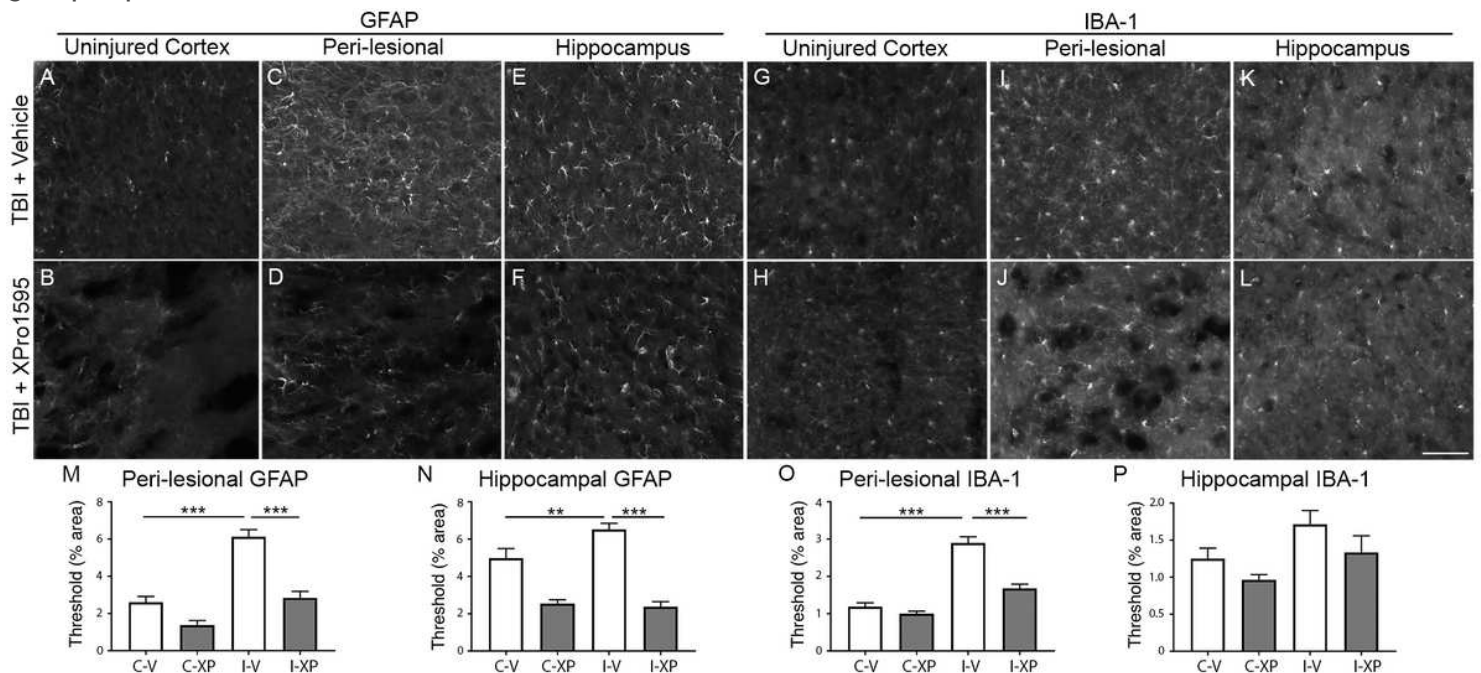


Figure 2

Glial reactivity in the peri-lesional cortex and hippocampus two weeks following TBI. Negligible GFAP (astrocytes) and IBA-1 (microglia/macrophages) protein is expressed in the uninjured cortex (A,B,G&H), and hippocampus (images not shown), independent of treatment. TBI promotes gliosis in both the peri-lesional region and hippocampus (C,E,I&K), although this is prevented by using XPro1595 to neutralize soluble TNF (D, F, J & L). Graphs show semi-quantitation of glial reactivity in the ipsilateral and

contralateral hemisphere following TBI (M-P). C-V = contralateral hemisphere+vehicle; C-XP = contralateral hemisphere+XPro1595; I-V = ipsilateral hemisphere+vehicle; I-XP = ipsilateral hemisphere+XPro1595; TBI+V n=9, TBI+XP n=9; ** = $p < 0.01$, *** = $p < 0.001$. Scalebar in L = 50 μm .

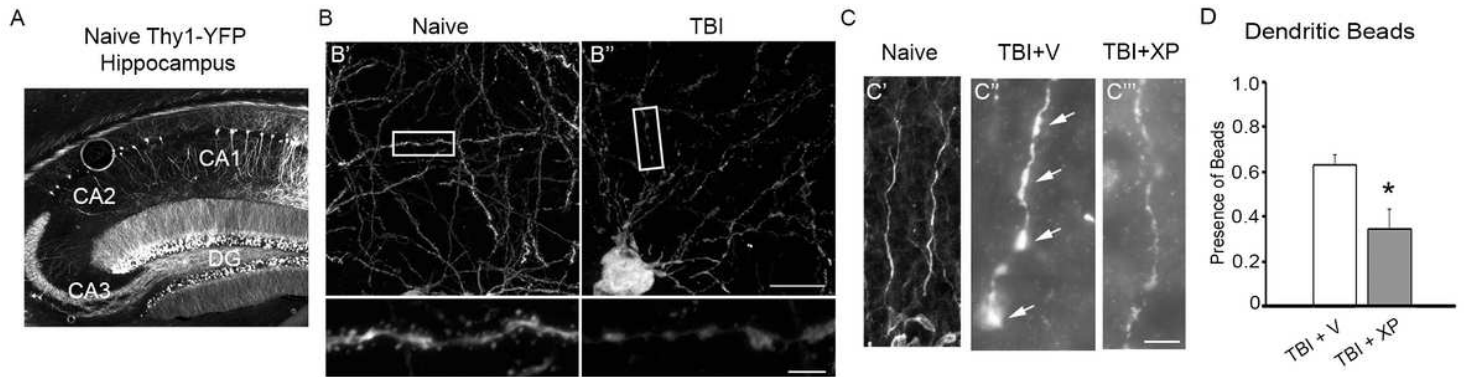


Figure 3

Hippocampal dendritic degeneration following CCI injury. Thy1-YFP-labelled mouse hippocampus showing dentate gyrus (DG), CA1, CA2 and CA3 regions (A). Neuronal dendrites from CA1 region in naive mice show normal morphology (B'), while 3 days post-injury CA1 dendrites develop abnormalities (B''). CCI-injury appears to reduce spine density, and promotes swellings (beading) along the length of the dendrite (B). In naïve uninjured animals, dendrites from immature neurons within the hippocampal DG that are immunoreactive for doublecortin, show an absence of dendritic swellings (C'). However, extensive swellings are observed on immature dendrites of the DG 14 days following the injury (C'') that can be significantly reduced when XPro1595 is administered starting 60 minutes post-injury (C'''&D). V=Vehicle; XP=XPro1595; TBI+V n=4, TBI+XP n=4; * = $p < 0.05$; Scalebar in B = 20 μm , B inset = 5 μm , and C = 2 μm .

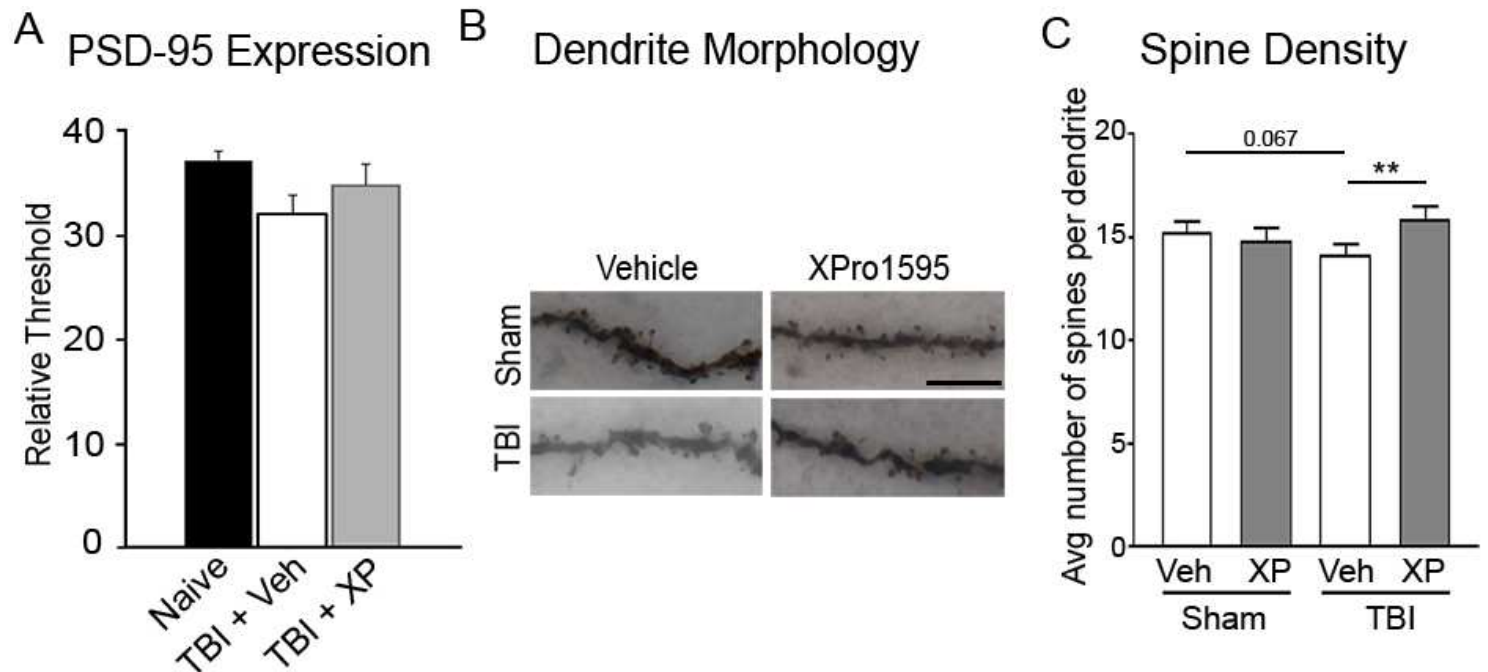


Figure 4

TBI regulates hippocampal dendritic plasticity via soluble TNF activity. The ipsilateral hippocampus was semi-quantitated for PSD-95 expression; a prominent post-synaptic scaffolding protein, 3 days post-CCI injury. Western blot analysis reveals injury reduced hippocampal PSD-95 expression (A), which was prevented in mice treated with XPro1595 one-hour post-injury. (B) Morphology of Golgi-stained hippocampal slices from sham- and CCI-injured mice, treated with either XPro1595 or Vehicle show changes in spine density. Golgi-stained dendrites were quantitated for spine density (number of spines on a dendrite 200 μm in length), revealing that injury reduces dendritic spine density (C), which is prevented in the XPro1595-treated injured mice. Veh=Vehicle, XP=XPro1595; (A) n=3 per group, (C) Sham+Veh n=7, Sham+XP n=5, TBI+Veh n=10, TBI+XP n=10; ** = $p < 0.01$. Scalebar in B = 2 μm .

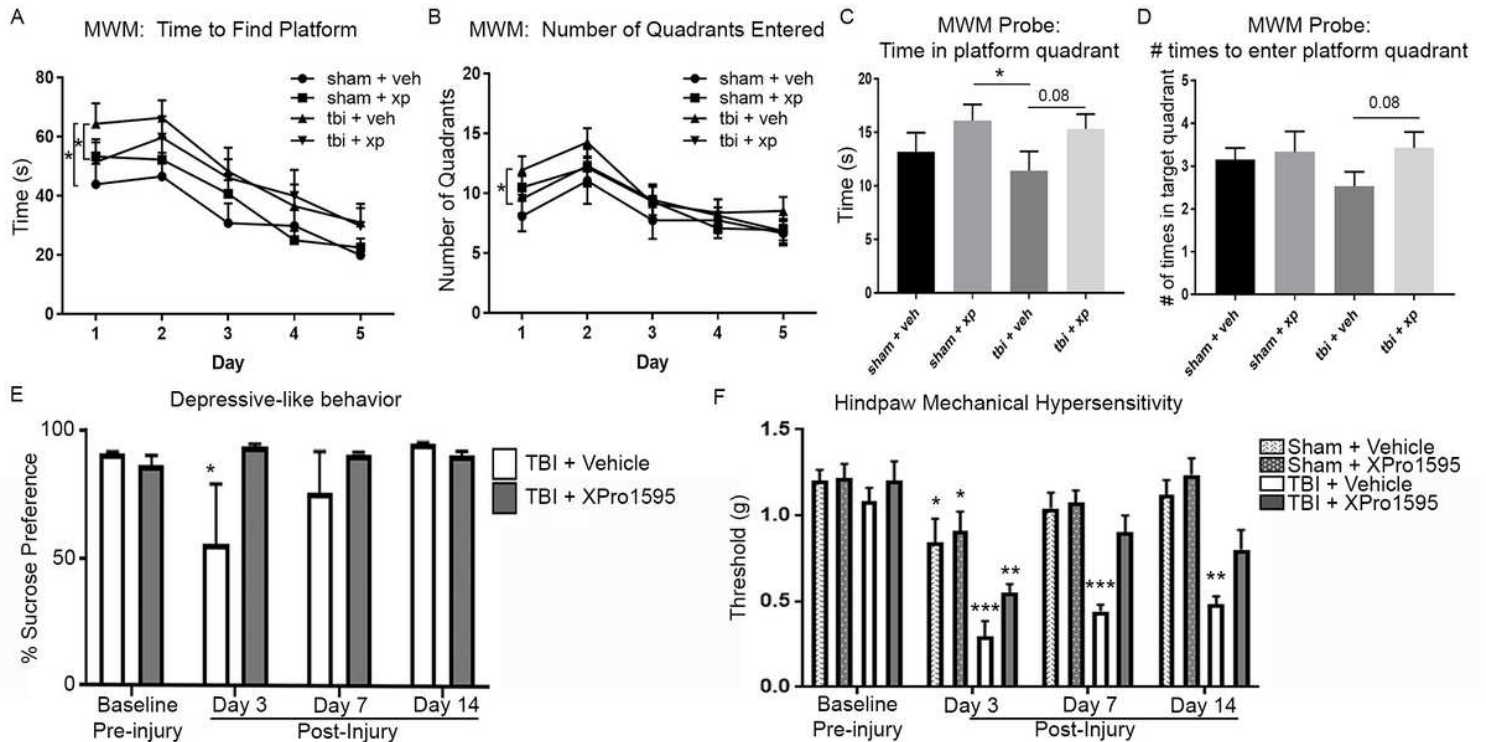


Figure 5

TBI-induced soluble TNF promotes hippocampal-associated functional impairments. Sham- or CCI-injured mice, treated with vehicle or XPro1595 (starting 60 minutes post-injury) were assessed on spatial learning and memory in the Morris Water Maze (MWM) for 5 consecutive days (post-injury days 7-11). (A&B) The vehicle-treated injured mice took significantly longer on day 1 to learn to find the platform, by entering significantly more quadrants. Conversely, XPro1595-treated injured mice were able to find the platform in the same amount of time, entering the same number of quadrants, compared to sham-injured mice (independent of treatment). (C&D) Three days after the last training session (14 days post-injury) the mice were assessed on remembering the location of the platform (probe test: platform removed). Mice with TBI spent less time in the platform quadrant than sham-injured mice, and a tendency to enter the platform quadrant less than sham-injured mice. XPro1595-treated injured mice spent an equal amount of time in the platform quadrant compared to sham-injured mice, and an equal amount of entries into the platform quadrant. (E) Mice were assessed using the sucrose preference test prior to injury (baseline),

and on post-injury days 3, 7 and 14. Prior to injury the mice preferred to drink the 2% sucrose water approximately 90% of the time. Comparatively, vehicle-treated injured mice displayed a temporary reduction in their preference for the sucrose water, which was not observed in the XPro1595-treated injured mice. (F) Mice were assessed on their level of hindpaw mechanical hypersensitivity prior to injury (baseline), and on post-injury days 3, 7 and 14. The sham-injured mice displayed a significant increase in hypersensitivity (reduced threshold) 3 days post-injury, that returns to baseline after the first week. Conversely, the vehicle-treated injured mice display increased hypersensitivity that persists until the end of testing at post-injury day 14. While the XPro1595-treated injured mice display significantly more hypersensitivity 3 days post-injury, this effect is only temporary, similar to the sham-injured mice. Veh = vehicle; XP = XPro1595; (A-D) Sham+Veh n=13, Sham+XP n=12, TBI+Veh n=15, TBI+XP n=14; (E) TBI+Veh n=4, TBI+XP n=5; (F) Sham+Veh n=10, Sham+XP n=11, TBI+Veh n=5, TBI+XP n=4; * = 716 p<0.05, ** = p<0.01, *** = P<0.001.