Shape-morphing architected sheets with non-periodic cut patterns

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Abstract

Morphing flat sheets into non-planar shapes enables fast and scalable manufacturing of three-dimensional objects. Here, we investigate the out-of-plane shape morphing capabilities of single-material elastic sheets with architected cut patterns. The sheets are laser-cut into an array of tiles connected by flexible hinges, which enable large deformations with small applied forces. We demonstrate that a non-periodic cut pattern can make a sheet buckle into selectable three-dimensional shapes, such as domes or patterns of wrinkles, when pulled at specific boundary points. These global buckling modes are observed in experiments, predicted by numerical simulations, and rationalized by a kinematic analysis that highlights the role of the geometric frustration arising from non-periodicity. The study focuses initially on elastic sheets, and is later extended to sheets made of elastic-plastic materials, which can retain their shape upon load removal.

Imparting elastic sheets with a mesoscale architecture by folding [1, 2], perforating [3-5], or patterning them [6-8], enables the creation of materials with unusual characteristics, such as extreme extensibility [9], deployability [10, 11]and auxeticity [12]. These properties can be leveraged to design sheets that morph into complex three-dimensional objects. For example, origami sheets can be turned into nearly-arbitrary shapes [13, 14], but are typically challenging to fold [15] or actuate [16-18]. Patterned elastomeric sheets [6, 19], bilayers [20] and sheets with smart hinges [21-23]can morph into three-dimensional surfaces via non-mechanical stimuli, but their fabrication is complex. Ribbon- and membrane-like flat mesostructures, made of elastic or brittle materials, can buckle out of plane and produce threedimensional geometries when subject to mechanical actuation in compression [24, 25] or tension [26, 27]. However, compressive actuation requires pre-stretched substrates and non-trivial assembly processes, and the geometries obtained via tensile loads are limited to thin, arch-like features.

In contrast to shape-morphing origami or bilayer films, sheets with architected cut patterns can be easily fabricated via subtractive technologies. Their out-of-plane deformation can be triggered by manual forming [28, 29], via the actuation of smart hinges [30], or by applying compressive boundary loads [25, 31, 32]. Recently, it has been demonstrated that sheets with periodic perforations can also buckle locally in tension [27, 33–36], producing crease patterns that can be used for soft robotic locomotion [37] or as coatings for sunlight control [36]. However, since these buckling modes take place at the scale of the unit cells, the size of the transverse features they can produce cannot significantly exceed the typical length of the cuts. Non-periodic cut patterns have been seldom explored in this context: non-periodicity is known to lead to geometric frustration [38, 39], i.e., the desired deformation mode is impeded by the geometric incompatibility between neighboring cells. In the few cases where non-periodic cut patterns have been explored, frustration has been avoided [40–42]. In particular, the effect of geometric frustration on the out-of-plane deformations of thin architected sheets has been ignored so far.

In this work, we study the tensile response of elastic sheets featuring non-periodic cut patterns, and intentionally leverage geometric frustration to induce controllable, global shape changes via buckling. In most of our designs, we use point-like boundary loads that induce large deformations in selected sub-domains of the sheets. The inhomogeneous distribution of strains results into global buckling modes that make the sheets bend out of plane. A similar mechanism is at work in the morphogenesis of living systems, when epithelial sheets or leaves are shaped into complex three-dimensional surfaces due to inhomogeneous patterns of strains induced by differential growth [43, 44]. We use this principle to obtain both dome-like surfaces, and patterns of wrinkles confined to pre-determined regions of the sheets. We show that the buckling pattern can be changed by applying the load at different points. We also extend the method to initially cylindrical—rather than planar—sheets and to cut patterns arranged into non-rectangular grids, and we demonstrate the formation of persistent three-dimensional surfaces by using sheets made of elastic-plastic materials [35].

We start by analyzing a simple cut pattern featuring a large-amplitude, planar mode of deformation. A 108by-108 mm, 1.55 mm-thick natural rubber sheet is laser-cut [45] following a pattern of (i) diamond-shaped cut-outs and (ii) straight cut lines ending close to the diamonds' vertices. These two types of cuts are visible in black in the insets of Figure 1. The result is an array of 18×18 rhomboid tiles, visible in grey in the pictures, connected



Figure 1: Uniaxial tension test of a periodic sheet whose undeformed geometry is shown in (a). The plot in the background shows the loading curve when the applied tension is either along the horizontal direction (black lines) or along the vertical direction (grey lines), both from experiments (solid lines) and from finite element simulations (dashed lines). The vertical dash-dot line shows the maximum stretch predicted by the kinematic analysis, where a geometric-to-elastic transition takes place. Insets (a-d) show snapshots of a 4×4 -tile portion of the sheet at different levels of deformation (scale bar is 6 mm). The red and blue overlaid lines are obtained by joining the diagonals in a particular row and column of tiles, respectively, and are used to predict the maximum stretch by a kinematic analysis.

by thin hinges. The experimental traction curves (Figure 1) for unaxial tension reveal a strongly anisotropic and non-linear behavior (see Materials and Methods and SI Section S1 for details). When the tension is applied in the in-plane direction referred to as the x-direction (horizontal direction in the figure, black lines) the response is initially compliant up to a stretch value $\lambda \sim 1.3$, and then becomes much stiffer. When the tension is applied in the perpendicular y-direction (vertical direction in the figure, gray lines), the response is stiff and approximately linear for the range of stretch investigated; no initial compliant regime is observed. We simulated the mechanical response of the architected sheet numerically as well, by meshing a rectangular domain with periodic cut-outs, and by using a finite-element (FE) model for a neo-Hookean material in plane strain (the plane strain assumption is applicable as the in-plane width of the hinges is smaller than their out-of-plane thickness, see SI Section S2). The traction curves predicted by simulation are in good agreement with the experiments (Figure 1).

The salient features of the loading curves can be explained by a kinematic analysis, in which the sheet is modeled as an array of rigid tiles connected by pin joints. Such networks can feature modes of deformation known as mechanisms [46], which are mapped to low-energy configurations of the elastic sheet involving bending and shear [5] at the joints only. A mechanism relies on the coordinated rotation of the tiles in response to applied tension (Figure 1, SI Section S3 and [47, 48]). In particular, the maximum stretch attainable via a mechanism can be derived by a geometric argument, considering the broken lines connecting the diagonals of the tiles in a given row or column, see red and blue lines overlaid in Figure 1(a). As the length of these lines is preserved by mechanisms, the maximum stretch in the x or y direction is attained when the corresponding line is fully stretched out. For the cut design used in Figure 1, this maximum stretch is calculated by a geometric argument as $\lambda_x = 1.33$ in the x-direction, as indicated by the dash-dotted line in the figure; this is indeed where the compliant-to-stiff transition is observed in the experimental and numerical traction curves. For this particular cut design, the line of diagonals in the y-direction is already straight in the initial configuration, see the blue line in Figure 1(a), meaning that no mechanism can be activated when the tension is applied in the y-direction; this is consistent with the absence of an initial compliant regime in the grey curves in Figure 1.

Next, we introduce a family of periodic cut patterns parameterized by design variables. Our generic pattern, sketched in Figure 2(a), is obtained by cutting out diamonds with alternating directions, centered at the nodes of

a grid of $N_x \times N_y$ rectangles, each with dimensions $l_x \times l_y$. The two families of diamonds are assigned different



Figure 2: (a) Sketch of a generic periodic architecture parameterized by design variables. (b-d) Digital images of details of three periodic undeformed specimens, corresponding to different values of (w_x, w_y) listed in Section S4 in the SI; scale bar is 6 mm. (e) Transverse stretch λ_y as a function of the axial stretch λ_x for simple traction along the x-direction, and for the same set of specimens: experiments (open symbols) versus preditions of the kinematic model (solid curves).

widths, w_x and w_y , so that the previous design comprising line-cuts can be recovered as the special case $w_y = 0$. The length of the diamonds is such that a gap (hinge) of width δ is present between adjacent diamonds. Three examples of periodic geometries cut out in natural rubber sheets are shown in Figure 2(b-d), for $N_x = N_y = 18$, $l_x = l_y = 6$ mm, and out-of-plane thickness t = 1.55 mm; note that the shape of the tiles, shown in light grey, can now vary from rhomboid to square. Experimental traction curves for three particular cutting patterns are plotted in the plane of stretches (λ_x, λ_y) in Figure 2(e), and compared with the predictions of the kinematic analysis (see SI Section S3 for a detailed derivation),

$$\lambda_y \left(\lambda_x \right) = \frac{d_v}{l_y} \sin \left[\gamma + \arccos \left(\frac{\lambda_x l_x}{d_h} \right) \right] \,, \tag{1}$$

where $d_h = \sqrt{l_x^2 + [l_y - 2w_y - \delta]^2}$ and $d_v = \sqrt{l_y^2 + [l_x - 2w_x - \delta]^2}$ are the lengths of the diagonals of a tile, and γ is the angle between these diagonals. The design variables have a strong influence on tension tests. The cut pattern in Figure 2(b) gives rise to an auxetic mechanism [12] having a negative Poisson's ratio $\nu = -1$; this is reflected by the positive slope of the black curve in Figure 2(d). By contrast, the mechanism associated with the cut pattern in Figure 1 and 2(c) has a positive Poisson's ratio. For both these cut patterns, the kinematic model in Equation (1) provides an accurate prediction of the transverse stretch $\lambda_y(\lambda_x)$ up to around $\lambda_x \sim 1.3$, where the joints start to stretch, see Figure 2(e). Finally, the cut pattern in Figure 2(d) is stiff when loaded in tension since the maximum stretch $\lambda_x = 1$ predicted by the kinematic analysis is attained in the undeformed configuration (the diagonals of adjacent tiles are aligned). The effect of the design parameters δ and t on the in-plane response is investigated in the SI, Section S5.

Having analyzed a family of *periodic* cut patterns parameterized by the design variables w_x and w_y , we now investigate *non-uniform* designs, obtained by specifying arbitrary values of w_x and w_y in every cell of a rectangular grid; the cell size $l_x \times l_y$ is uniform throughout the sheet. Upon deformation, we expect that every unit cell of these non-periodic sheets will try to follow the mechanism corresponding to the local values of w_x and w_y , as described by Equation (1). However, mechanisms corresponding to neighboring cells are not geometrically compatible in general (see SI Section S3). Thus, we investigate how this incompatibility is resolved at the global level by buckling. As a first example, we consider a cut geometry where w_x is constant while w_y varies sinusoidally in the y-direction, see Figure 3(a1), using a 1.55 mm-thick natural rubber sheet with $N_x = 36$, $N_y = 18$, $l_x = 6 \text{ mm}$, $l_y = 2 l_x$. This choice of maps for w_x and w_y ensures that the top and bottom parts of the sheet are virtually undeformable, see the inset in Fig. 3(a1), while the center is highly stretchable. When the sheet is stretched by point-like forces, as in Figure 3(a2), the strong geometric incompatibility between the center and the edges produces a global buckling mode spanning the central region. Note that this buckling instability takes place in tension, unlike in the classical



Figure 3: Out-of-plane morphing of sheets with non-periodic cut patterns. (a1) Cut pattern with gradient in the y direction. The inset to the right of the undeformed configuration highlights the tile diagonals (in red), that are inextensible by the local kinematic analysis, as well as a plot of the corresponding maximum stretch $\lambda_x^M(y)$: this shows that the sheet is highly stretchable in the center, but inextensible along its upper and lower edges. (a2) A dome shape obtained when the sheet is pulled from two boundary points. (b1) Undeformed configuration of a specimen featuring two soft and auxetic regions in its interior, which give rise to two localized bumps upon pulling at the four corners (b2). (c1-c3) Undeformed and deformed configurations of another specimen, highlighting the influence of the boundary loading on the pattern of wrinkles. The right-halves of (b2), (c2) and (c3) are the stress maps of $\sigma_{zz} = \nu(\sigma_{xx} + \sigma_{yy})$ (under the plane strain assumption); negative values of the average in-plane stress ($\sigma_{xx} + \sigma_{yy}$) are taken as an indicator for buckling. (d1-d2) Shaping wrinkles: a C-shaped soft and auxetic region is embedded in a sheet by a suitable choice of the maps of w_x and w_y in the reference configuration (d1). The wrinkles localize upon the application of boundary loads (d2). The orange arrows indicate the boundary loads. Scale bar: 12 mm.

Euler buckling. For a given cut pattern, the dependence of the buckled configuration on the sheet's thickness t is similar to what can be expected from the classical theory of plates without cut-outs, see Section S6 for details. As t increases, the onset of buckling occurs at larger critical stretches, consistent with the fact that the effective bending modulus is larger. An increased thickness also yields larger deflections and makes the buckling pattern spread further away from the the line of application of the force.

More complex buckling patterns can be obtained by letting both w_x and w_y vary along the sheet, either smoothly or abruptly. As an example, we study a sheet comprising two stretchable and auxetic islands surrounded by unstretchable and non-auxetic regions, see Figure 3(b1). This geometry induces strong geometric incompatibilities: when the sheet is stretched, the auxetic islands tend to swell in the transverse direction. This swelling is prevented by the surrounding stiff regions, and compressive in-plane stress appears, as confirmed by the FE simulations in Figure 3(b2). Ultimately, this leads to a buckling pattern made up of two domes localized on the auxetic islands, see Figure 3(b2). As another example, we study the response of a sheet with a more complex cut pattern obtained by varying both w_x and w_y sinusoidally along both the horizontal and vertical directions. The experimental results in (c2) and (c3), corresponding to actuation at the structures' corners or boundary mid-points, respectively, show markedly different wrinkle patterns, thereby highlighting the role of the applied force in selecting the pattern. Finally, in Figure 3(d1-d2), we show the response of a sheet featuring a C-shaped auxetic region separated from the rest of the sheet, which is unstretchable, by a sharp boundary. In this case, pulling the specimen as indicated by the orange arrows leads to wrinkles localized along the C-like domain. The wavelength of the wrinkles is comparable to the width of the C-shaped domain. These examples show that the buckling patterns can be tailored by engineering the sheet's local properties through the maps of w_x and w_y , and by choosing the points of application of the load.

Our approach can be extended to solids of revolution. For example, we pattern a sheet by varying w_x and w_y in vertical stripes, alternating regions of auxetic and not-auxetic behavior. We then roll the sheet, forming a tube, and pull on its ends. The applied tractions force the tube to expand at prescribed, auxetic sections and to contract at others [49], see Figure 4(a). Stretching the tube further produces a non-axisymmetric buckling bifurcation, with an



Figure 4: (a) An architected tube can expand or contract radially based on an initial stripe pattern. Beyond a critical tensile load, an azimuthal buckling pattern appears in the expanded regions. (b) Petal-shaped specimen generated from a non-rectangular grid. This sheet morphs into a pea pod-shaped object when pulled from its ends. (c-d) Sculpting axisymmetric shapes from a sheet made of an elastic-plastic material; the shapes are obtained by using graded cut patterns and by stretching out the sheets locally by hand. Scale bars: 12 mm.

azimuthal wavelength roughly comparable to the stripes' width. Cut patterns can also be attached to non-Cartesian grids, as illustrated in the example in Figure 4(b), where the petal-like sheet closes up into a pea pod shape when pulled at its ends.

The design strategy is not limited to elastic materials such as rubber. Permanent three-dimensional shapes can be obtained by using an elastic-plastic material [35]. This requires modifying the hinge design to avoid breakage: the new design, shown in the insets in Figure 4(c), was inspired by [50] and is discussed in SI Section S7. The deformation of two sheets featuring the same initial cut pattern, one made of natural rubber and one made of stiff PETG are compared in Figure S12. While they feature a similar buckling pattern, the second sheet deforms irreversibly, leaving a permanent pattern after load removal. We leverage the elastic-plastic behavior to sculpt axisymmetric shapes out of a planar PETG sheet, see Figure 4(c-d). As earlier with the tube, the cut patterns are graded along the axis, which allows us to select the radial expansion (hence the target radius) as a function of the axial coordinate. To obtain an even larger stretchability contrast, we use non-regular rectangular grids, i.e., we set $l_y(y)$ to take on larger values in the regions of large stretch. The irreversible deformations are obtained by stretching the sheet locally by hand, and a similar effect could be achieved using localized smart-material actuators or pressurized membranes. These structures are reminiscent of gridshells [51] and are easier to fabricate, especially at small scales.

In this work, we have demonstrated that geometric incompatibility can be leveraged to create three-dimensional objects from sheets with non-periodic cut-outs. By choosing the properties of the cuts locally, one can prescribe a map of maximum stretch, which is resolved when the sheet bends out of plane in response to boundary loads or local stretching. While the shapes we have obtained are relatively simple, these design principles could be extended to different families of mechanisms, and could be coupled to optimization and inverse-design strategies to obtain more complex shapes. Due to the flexibility of the fabrication process, which involves cutting mono-layer sheets, this approach could be used to produce three-dimensional structures at vastly different scales.

Materials and Methods

Specimen fabrication. A Universal ILS9 120W laser cutter is used to create perforations. We mainly use 1.55 mmthick natural rubber sheets (McMaster-Carr, item no. 8633K71), but some 3.1 mm- and 0.75 mm-thick ones were also used (Grainger, items no. 1XWE5 and 8611K18). For the 1.55 mm-thick specimens, the machine is set to cut at 35% power and 5% speed, with an air assist flow rate of 100% to avoid burning the specimens. For the 3.1 mm-thick specimens, 45% power and 2.3% speed are selected. For the 0.75 mm-thick specimens, 30% power and 5% speed are selected. Since the laser beam has a finite cutting diameter, the hinges are not characterized by sharp corners but are de-facto beams having a finite length. The tube specimens are closed using double-sided tape glued to some tiles. PETG sheets (0.5 mm-thick) were perforated with the same laser cutter, with 3.0% power and 2.2%speed, and were also closed into surfaces of revolution using double-sided tape.

Material testing. Uniaxial tensile tests are conducted using an Instron ElectroPuls (Model E3000) system equipped with a 250 N load cell at a constant deformation rate of 2 mm s^{-1} . The specimens are stretched by pulling on some of the hinges using a customized fixture which allows for lateral expansion or contraction of the sheets being pulled (see SI Section S1). The tensile forces and displacements are measured with 1 mN and 5 μ m accuracy, respectively, at an acquisition rate of 1 kHz. The force-displacement data obtained from the Instron WaveMatrix software is converted to stress-stretch data using the original sample dimensions. The data obtained is then subsampled to remove some of the noise (one every 10 measurements is kept). Finally, the stretch is adjusted to account for the self-weight elongation experienced by some specimens featuring a pronounced mechanism-like behavior along the direction parallel to the load.

Supporting Information

Supporting Information is available in tail of this manuscript.

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Supporting Information for "Shape-morphing architected sheets with non-periodic cut patterns"

S1 Additional information on the tensile tests

A detail of our tensile experimental setup is shown in Figure S1. The insets represent a few stages of the deformation of the specimen studied in Figure 1. To accomodate lateral expansions and/or contractions of the specimens



Figure S1: Response of a 18×18 tile, anisotropic sheet with $\delta/l_x = 1/8$ and $t/l_x \sim 0.26$. The insets depict the experimental setup and the response at three stretch values. (Scale bar, 12 mm)

undergoing tensile loads, we employ a fixture where specimens are hung in a curtain-like fashion. We use 3Dprinted parts (Formlabs Form 2, clear resin) to connect horizontal steel rods to the Instron's clamps; we then use paper clips as "hooks" to hang the specimens (at 5 locations on each side). Upon pulling, the paper clips can slide on the steel rod; the friction between these components will inevitably affect the response. Note that, due to the very small forces involved in our experiments, we claim that the elasticity of paper clips and steel rods only minimally affects the response. From Figure S1, we see that the response is recorded only for values of stretches larger than ~ 1.08 . This is due to the fact that, when attached to our fixtures, some of the sheets we consider tend to deform due to their self weight. This self-stretching happens only when specimens feature mechanism-like deformation in the pulling direction. For example, in Figure 1, the curve corresponding to horizontal stretching starts at 1.08, while the one for vertical stretching starts at 0.

From Figure 1, we can see that the slopes of the elasticity-dominated portions of the experimental curves corresponding to horizontal and vertical stretching are not identical. This is caused by the fact that the size of the vertical and horizontal hinges in our anisotropic specimens are not identical. This is clearly visible from Figure S2. In particular, the laser cutting process causes vertical hinges to be thicker than the horizontal ones. This explains why in Figure 1 the continuous light gray curve is steeper than the elasticity-dominated portion of the continuous black curve.

In Figure S8 we report the tensile response of the isotropic auxetic architecture displayed in Figure 2(b) and Figure S5(a). The two continuous lines, dark and light, represent the experimental curves obtained by pulling the specimen along the horizontal and vertical directions, respectively. The two almost overlap, as expected, due to the isotropic nature of the specimen's response. The dashed line is obtained from FE simulations. The superimposed dash-dot curve represents the mechanism-to-elasticity transition.



Figure S2: (a) Detail of one of the anisotropic architectures analyzed in this work (Scale bar, 6 mm). (b) and (c) Microscope images $(2.5 \times \text{ zoom})$ representing the details of vertical and horizontal hinges, respectively.



Figure S3: Tensile response of a periodic sheet featuring the undeformed architecture in (a). Black lines represent the sheet's response to horizontal stretching and light gray lines to vertical stretching. Solid lines are experimental curves. The dashed line represent the numerical response to both horizontal and vertical loading. The vertical dash-dot line shows the theoretically-predicted value for the transition from a mechanism-dominated deformation to an elastic deformation. Insets (a-c) show different stages of the sheet's deformation (Scale bar, 6 mm); the red and blue lines highlight the diagonals of each tile in a given row and column, respectively.

S2 Details on the finite element model

In this work, finite element simulations are carried out using Abaqus/Standard. The investigated sheets present different lengthscales: the hinge in-plane width and length ($\sim 1 \text{ mm}$), the length of a tile ($\sim 10 \text{ mm}$), and the total size of the sheet ($\sim 100 \text{ mm}$). Since the mechanical behavior of the sheets is, to a large extent, governed by the design of the hinges, a sufficiently fine mesh is required to accurately capture the correct response. Another challenge stems from the large nonlinearities involved and from the large distortions happening at large stretches. In order to efficiently identify regions that are prone to out-of-plane bending, we conduct two-dimensional finite element simulations. In all simulations, we resort to a plane strain assumption, accounting for the fact that the response is primarily determined by the hinge dimensions, and the hinges' in-plane width ($\sim 0.5 \text{ mm}$) is smaller than their out-of-plane thickness ($\sim 1.55 \text{ mm}$). Throughout this work, we consider geometric nonlinearities and model the nonlinear material behavior of natural rubber gum with a Neo-Hookean material model. This model is fit to the experimental response of a natural rubber dogbone specimen to tensile loading. Figure S4(a) shows a detail of the mesh at one of the hinges. We check mesh convergence for one of the simulations used to obtain the



Figure S4: Details of the FE model. (a) Detail of the mesh used for one of the hinges in the simulation of the anisotropic specimen tensile test. (b) Detail of the stress map for the simulation in Fig. 3(b2).

numerical curves in Figure 1. We change the element size and monitor the stress values recorded for a given stretch along a given direction. The errors we obtain for doubling the average element size are below 0.73%.

The results reported in Figure 1 and Figure S3 show that the numerics capture the features observed experimentally, even though some discrepancies between experiments and numerics arise at large stretches. These discrepancies can be attributed to several factors: 1) the inability of the Neo-Hookean model to capture the correct mechanical behavior at large stretches; 2) the fact that the CAD models used for our numerical simulations do not account for the exact hinge dimension that results from the laser cutting process; 3) the simulated loads might not be exactly identical to the experimental ones.

The stress maps in Figure 3 represent the out-of-plane stress $\sigma_z = \nu(\sigma_x + \sigma_y)$. The colormap is designed to give relevance only to compressive stresses—those that are responsible for the onset of buckling. The stresses are not averaged over subdomains. Thus, the red areas in Figure S4(b) correspond to the compressive stress of the hinges. We also observe that the compressive stresses partially percolate into the tiles. This is likely responsible for out-of-plane buckling. From Figure 3(c2-c3), we can see that the stress maps for the two loading configurations are almost identical. For this reason, the stress maps do not contain enough information to determine the exact shape of the resulting buckling patterns in complex scenarios, but give a useful guideline on where buckling is likely to occur in simple cases like that depicted in Figure 3(b1-b2).

S3 Kinematic analysis

The sheets discussed in this work are designed to display mechanisms of inextensional deformation, i.e., low energy modes of compliant mechanism-like deformation. In this Section, we consider the pin-jointed truss analogs of some of our sheets, and resort to the matrix analysis detailed by Pellegrino & Calladine [46] and Hutchinson & Fleck [47] to determine what these mechanisms are. This analysis consists of the following steps. First, we calculate the equilibrium matrix **A**, that relates bar tensions **t** and joint forces **f** according to $\mathbf{A} \cdot \mathbf{t} = \mathbf{f}$, and the kinematic matrix **B**, relating joint displacements **d** and bar elongations **e** according to $\mathbf{B} \cdot \mathbf{d} = \mathbf{e}$. Note that equilibrium imposes that $\mathbf{B} = \mathbf{A}^{\mathrm{T}}$. Then, we apply boundary conditions to suppress rigid body motions; in this case, we block the *x* and *y* displacements of node (1,1), the node at the bottom left of the specimen, and the *y* displacement of node (2,1). Finally, we compute the null space of **B**. If the system is properly constrained, each vector belonging to this null space represents a mode of inextensional deformation. The results of this analysis for two cut patterns are shown in Figure S5. First, we consider the periodic architecture in Figure S5(a-b), known for its auxeticity [12]. The



Figure S5: Kinematic analysis of periodic perforated sheets featuring tiles connected by thin hinges. (a) Isotropic sheet and (b) detail. (c) Mechanism of inextensional deformation for the truss analog of (a), obtained by computing the null space of the kinematic matrix. (d) Detail of one of the tiles of (a), indicating all the quantities necessary for the kinematic analysis. (e-h) Same as (a-d), but for the architecture in (e). (Scale bar, 6 mm)

matrix analysis of the pin-jointed truss analog to this system predicts only one mechanism, shown in Figure S5(c), and characterized by the tile rotations highlighted by the black arrows. Note that this geometry features no states of self-stress. Thus, even though the analysis assumes small deformations, the same mechanism should extend to large stretch regimes [47]. The periodic sheet in Figure S5(e) (same as the one shown in Figure 1) features a very similar mechanism of inextensional deformation, characterized by the same relative rotations of the tiles, but with an equivalent positive Poisson's ratio. The tensile tests in Figure 1 and Figure 2 demonstrate that the rubber sheets, despite presenting non-idealities such as finite-sized hinges, deform according to the corresponding mechanisms up to certain stretch values.

Knowing how these periodic sheets deform in plane, we resort to a kinematic model in order to quantify their mechanism-like deformation. The unit cells for these periodic architectures consist of four adjacent tiles. It is sufficient to consider a single tile to determine the whole system's response. In Figure S5(d,h) we show a single

tile from the sheets in Figure S5(a,e), such that $(i+j)/2 \in \mathbb{Z}$, and we indicate all the useful geometric parameters. Here, (i, j) indicates a generic tile, with $i = 1, ..., N_x + 1$, $j = 1, ..., N_y + 1$ and N_x , N_y being the number of tiles along the horizontal and vertical directions. Note that, if we consider a tile such that $(i+j)/2 \notin \mathbb{Z}$, the following formulae will only slightly vary. For the remainder of this section, we assume that we are dealing with periodic architectures; this implies that $w_y(i,j) = w_y(i+1,j+1) = w_y$, and $w_x(i+1,j) = w_x(i,j+1) = w_x$. The red and blue lines indicate the diagonals of each tile. Their lengths are

$$d_h = \sqrt{l_x^2 + [l_y - 2w_y - \delta]^2}$$
 and $d_v = \sqrt{l_y^2 + [l_x - 2w_x - \delta]^2}$. (S2)

Ideally, tiles can rotate until the diagonal lines corresponding to the selected stretch direction are straightened. With this in mind, we can determine the maximum horizontal and vertical stretches for any periodic architecture designed following our paradigm, as

$$\Lambda_x^M = \frac{d_h}{l_x} \quad \text{and} \quad \lambda_y^M = \frac{d_v}{l_y} \,. \tag{S3}$$

We can also use kinematics to derive formulae for the tangential stretches as functions of λ_x^M or λ_y^M . First, we determine the angle α between d_h and the x-axis in the undeformed configuration, and β between d_v and the y-axis, as

$$\alpha = \arctan\left(\frac{l_y - 2w_y - \delta}{l_x}\right) \quad \text{and} \quad \beta = \arctan\left(\frac{2w_x + \delta - l_x}{l_y}\right) \,. \tag{S4}$$

Note that we define α to be positive counterclockwise and β to be positive clockwise. We also define $\gamma = \pi/2 - \alpha - \beta$ as the angle between d_h and d_v . During mechanism-like deformation, γ remains fixed since we assume the tiles are rotating rigidly. On the other hand, the inclinations of d_h and d_v with respect to x and y change during the deformation process. To determine the intermediate stages of the sheet's deformation, we define α^* and β^* as angles varying from 0 to α and 0 to β , respectively. Consider now the case of stretching along x. We can write

$$\lambda_x(\alpha^*) = \frac{d_h \cos \alpha^*}{l_x} \quad \text{and} \quad \lambda_y(\alpha^*) = \frac{d_v \sin(\gamma + \alpha^*)}{l_y} \,. \tag{S5}$$

From the first of the two equations, we obtain $\alpha^*(\lambda_x)$ as

$$\alpha^*(\lambda_x) = \arccos\left(\frac{\lambda_x l_x}{d_h}\right) \,. \tag{S6}$$

Substitution leads to the following formula for $\lambda_u(\lambda_x)$:

$$\lambda_y(\lambda_x) = \frac{d_v}{l_y} \sin\left[\gamma + \arccos\left(\frac{\lambda_x l_x}{d_h}\right)\right].$$
(S7)

This formula is used to determine the analytical curves in Figure 2(e), representing the evolution of the tangential stretch as a function of the applied one. Note that a similar formula can be obtained for $\lambda_x(\lambda_y)$.

In our work, we fix the design parameters l_x , l_y and δ most of the time, and vary w_x and w_y . Different combinations of w_x and w_y allow to span a wide design space in terms of achievable deformations. To get a better idea of the available design space, in Figure S6, we report plots for the maximum stretch λ_x^M , and the related tangential stretch $\lambda_y(\lambda_x^M)$, as a function of w_x and w_y . Note that the values in the colormaps are specific for $l_x = l_y = 6 \text{ mm}$ and $\delta = l_x/8$. We can see that choosing w_x and w_y allows to obtain a wide range of responses to stretching. Some significant examples (A, B, C and D) are extracted from the design space. A, corresponding to $w_x = w_y = 0$, is characterized by $\lambda_x^M = \lambda_y(\lambda_x^M) = 1.33$; B, corresponding to $w_x = (l_x - \delta)/2$ and $w_y = 0$, is characterized by $\lambda_x^M = 1.33$ and $\lambda_y(\lambda_x^M) = 0.75$; C, corresponding to $w_x = (l_x - \delta)/2$ and $w_y = (l_y - \delta)/2$, is kinematically undeformable albeit featuring bulky tiles connected by thin hinges; D, corresponding to $w_x = l_x - \delta$ and $w_y = 0$, does not behave like a mechanism since the rigid tiles assumption does not hold for these specific parameters. From these examples, it is clear that not all the configurations available in the design space allow to obtain the in-plane mechanism-like deformation behavior we are interested in. Therefore, particular care is needed when choosing the design parameters; in light of this, in this work, we limit ourselves to the ranges $0 \le w_x \le (l_x - \delta)/2$ and $0 \le w_y \le (l_y - \delta)/2$.

An example of non-periodic sheet is shown in Figure S7(a). Non-periodicity leads to frustration and to the disappearance of mechanisms of inextensional deformation. This is confirmed by the matrix analysis of the pinjointed truss analog of the architecture in Figure S7(a), that has no mechanisms. In these non-periodic cases, we



Figure S6: Design space in terms of maximum stretches, λ_x^M and $\lambda_y(\lambda_x^M)$, as a function of w_x and w_y , with $l_x = l_y = 6 \text{ mm}$ and $\delta = l_x/8$ fixed. Insets A-D represent specific examples extracted from the space.



Figure S7: Kinematic analysis of non-periodic perforated sheets featuring tiles connected by thin hinges. (a) Example of non-periodic sheet. (b) Detail of the sheet in (a). (c) The null space of the kinematic matrix of the pin-jointed truss analog to (a) contains no mechanism. (d) Detail of one of the tiles of the sheet in (a), with all the quantities necessary for the kinematic analysis. (e-h) Same as (a-d), but for the architecture in (e). (Scale bar, 6 mm)

can still use kinematics to infer something about the local deformation of the sheet, even though it cannot be used to quantify global deformations as it did in periodic scenarios. For this reason, in the main article, we sometime consider the maximum stretches that a tile belonging to a non-periodic sheet can undergo. We interpret these stretches as measures of a local ability to deform. The local ability to behave like a mechanism is what makes these systems buckle out of plane. For a generic tile in a non-periodic scenario, whose bottom-left gridpoint (i, j) is such that $(i + j)/2 \in \mathbb{Z}$, the maximum stretches are calculated as in Eq. S3, with d_h and d_v computed as

$$d_h = \sqrt{l_x^2 + [l_y - w_y(i,j) - w_y(i+1,j+1) - \delta]^2} \quad \text{and} \quad d_v = \sqrt{l_y^2 + [l_x - w_x(i,j+1) - w_x(i+1,j) - \delta]^2} .$$
(S8)

S4 Cut pattern generation

Our cut patterns are generated and kinematically analyzed using custom MATLAB scripts. The first step of the design process is to generate a grid of points. The grid can be non-Cartesian, as long as it can be mapped to a rectangular one. At each grid point (i, j) with $i = 1, ..., N_x + 1$ and $j = 1, ..., N_y + 1$ with N_x and N_y being the number of tiles along the horizontal and vertical directions, we cut a diamond-shaped hole. For each diamond, we define either its horizontal or vertical half-diagonal, i.e. w_x or w_y . If $(i + j)/2 \in \mathbb{Z}$ we define the diamond's y-oriented half-diagonal $w_y(i, j)$. Its x-dimension will be determined by the neighboring diamonds $l_x - \delta - w_x(i - 1, j)$ to the left and $l_x - \delta - w_x(i + 1, j)$ to the right of the grid point. Otherwise, if $(i + j)/2 \notin \mathbb{Z}$, we define $w_x(i, j)$ while the diamond's y-dimension follows from the neighboring diamonds. This design paradigm guarantees geometric continuity and that no perforations overlap, even in non-periodic architectures where we let w_x and w_y vary (smoothly or not) from diamond to diamond. In the case of architectures designed to allow for plastic deformations, instead of defining a diamond, we define an octahedron at each gridpoint.

The w_x , w_y functions corresponding to all cut patterns shown throughout this manuscript are listed in the following.

• "Anisotropic" sheet.

Appearing in Figure 1, Figure 2(c), Figure S5(e), Figure S4(a), Figure S6B, Figure S1, Figure S2, Figure S8. Loading: Uniform horizontal or uniform vertical.

Material: Natural rubber gum of various thicknesses (1.55, 3.1 mm).

Parameters: $N_x = N_y = 18$, $l_x = l_y = 6 \text{ mm}$, $\delta = l_x/8$.

Hole size distribution (with $i = 1, ..., N_x + 1, j = 1, ..., N_y + 1$):

$$w_x(i,j) = (l_x - \delta)/2$$
, $w_y(i,j) = 0$.

• "Isotropic" sheet.

Appearing in Figure 2(b), Figure S5(a), Figure S6A, Figure S3. Loading: Uniform horizontal or uniform vertical. Material: Natural rubber gum, 1.55 mm thick. Parameters: $N_x = N_y = 18$, $l_x = l_y = 6$ mm, $\delta = l_x/8$. Hole size distribution (with $i = 1, ..., N_x + 1$, $j = 1, ..., N_y + 1$):

$$w_x(i,j) = 0$$
, $w_y(i,j) = 0$.

• "Unstretchable" sheet. Appearing in Figure 2(d), Figure S6C. Loading: Uniform horizontal or uniform vertical. Material: Natural rubber gum, 1.55 mm thick. Parameters: $N_x = N_y = 18$, $l_x = l_y = 6$ mm, $\delta = l_x/8$. Hole size distribution (with $i = 1, ..., N_x + 1$, $j = 1, ..., N_y + 1$):

$$w_x(i,j) = (l_x - \delta)/2$$
, $w_y(i,j) = (l_y - \delta)/2$.

• "Graded" or "Dome" sheet.

Appearing in Figure 3(a1-a2), Figure S9, Figure S10, Figure S12(a). Loading: Horizontal point loads at $y = y^M/2$ along the left and right boundaries. Material: Natural rubber gum of various thicknesses (1.55, 3.1 and 0.75 mm). Parameters: $N_x = 36$, $N_y = 18$, $l_x = 6$ mm, $l_y = 2l_x$, $\delta = l_x/8$. Hole size distribution (with $i = 1, ..., N_x + 1$, $j = 1, ..., N_y + 1$):

$$w_x(i,j) = \frac{(l_x - \delta)}{2} , \quad w_y(i,j) = \frac{l_y - \delta}{2} \left| \cos \frac{j\pi}{N_y + 2} \right|$$

• "Two bumps" sheet.

Appearing in Figure 3(b1-b2) and Figure S4(b). Loading: Point loads at the four corners, directed along $\pm 5^{\circ}$ with respect to the horizontal. Material: Natural rubber gum, 1.55 mm thick. Parameters: $N_x = 37$, $N_y = 18$, $l_x = l_y = 6$ mm, $\delta = l_x/8$. Hole size distribution (with $i = 1, ..., N_x + 1$, $j = 1, ..., N_y + 1$):

$$w_x(i,j) = \begin{cases} \frac{l_x - \delta}{2} \left| \cos \frac{i\pi}{(N_x + 1)/2} \right| & \text{if } i < (N_x + 1)/2 + 1\\ \\ \frac{l_x - \delta}{2} \left| \cos \frac{(i - (N_x + 1)/2)\pi}{(N_x + 1)/2} \right| & \text{if } i \ge (N_x + 1)/2 + 1 \end{cases}, \quad w_y(i,j) = \frac{l_y - \delta}{2} \left| \cos \frac{j\pi}{N_y + 2} \right| \end{cases}$$

• "Flower" sheet.

Appearing in Figure 3(c1-c3).

Loading: Point loads at the four corners (directed at $\pm 45^{\circ}$ with respect to the horizontal), or point loads at the centerpoints of the four edges (and perpendicular to those edges).

Material: Natural rubber gum, 1.55 mm thick.

Parameters: $N_x = 37$, $N_y = 37$, $l_x = l_y = 6$ mm, $\delta = l_x/8$. Hole size distribution (with $i = 1, ..., N_x + 1$, $j = 1, ..., N_y + 1$):

$$w_x(i,j) = \frac{l_x - \delta}{2} \left| \cos \frac{2i\pi}{N_x + 1} \right| \left| \cos \frac{2j\pi}{N_y + 1} \right| , \quad w_y(i,j) = \frac{l_y - \delta}{2} \left| \cos \frac{2i\pi}{N_x + 1} \right| \left| \cos \frac{2j\pi}{N_y + 1} \right| .$$

• "C pattern" sheet.

Appearing in Figure 3(d1-d2).

Loading: Point loads at few points along each boundary. All loads are perpendicular to the boundaries. Material: Natural rubber gum, 1.55 mm thick.

Parameters: $N_x = 30$, $N_y = 30$, $l_x = l_y = 6 \text{ mm}$, $\delta = l_x/8$.

Hole size distribution: We did not use analytical functions of i and j to create this pattern. The w_x , w_y couples we use are $w_x = (l_x - \delta)/2$ and $w_y = (l_y - \delta)/2$ outside the C, and $w_x = 0$, $w_y 0$ inside the C.

• "Bulging tube".

Appearing in Figure 4(a).

Loading: Axial loads applied at the ends of the tube through 3D printed rings.

Material: Natural rubber gum, 1.55 mm thick.

Parameters: $N_x = 18$, $N_y = 40$, $l_x = l_y = 6$ mm, $\delta = l_x/8$. Hole size distribution (with $i = 1, ..., N_x + 1$, $j = 1, ..., N_y + 1$):

$$w_x(i,j) = 0 , \quad w_y(i,j) = \begin{cases} (l_y - \delta)/2 & \text{if } j \le 6 \mid (j \ge 15 \& j \le 20) \mid (j \ge 26 \& j \le 31) \mid j \ge 35 \\ 0 & \text{if } (j \ge 7 \& j \le 14) \mid (j \ge 21 \& j \le 26) \mid (j \ge 32 \& j \le 34) \end{cases}$$

• "Petal" sheet.

Appearing in Figure 4(b).

Loading: Axial loads applied at the petal's extremities.

Material: Natural rubber gum, 1.55 mm thick.

Parameters: We used $w_x = (l_x - \delta)/2$ and $w_y = (l_y - \delta)/2$ along the petal's boundaries and in those regions that we want to remain stiff; we used $w_x = 0$, $w_y = 0$ elsewhere.

• "Plastic chalice".

Appearing in Figure 4(d).

Loading: Manual forming.

Material: 0.5 mm-thick PETG sheet.

Parameters: $N_x = 36$, $N_y = 18$, $l_x = 6$ mm, l_y varies linearly from 6 mm at the bottom of the specimen to 18 mm at the top, $\delta = l_x/10$, $h = l_x/8$.

Hole size distribution (with $i = 1, ..., N_x + 1, j = 1, ..., N_y + 1$):

$$w_x(i,j) = \frac{(l_x - \delta)}{2}$$
, $w_y(i,j) = \frac{l_y - \delta}{2} - \frac{l_y - \delta}{2} \left| \cos \frac{j\pi}{N_y + 2} \right|$

• "Plastic vase".

Appearing in Figure 4(c).

Loading: Manual forming.

Material: 0.5 mm-thick PETG sheet.

Parameters: $N_x = 36$, $N_y = 18$, $l_x = 6$ mm, l_y varies linearly from 6 mm at the bottom of the specimen to 18 mm at the top, $\delta = l_x/10$, $h = l_x/8$.

Hole size distribution (with $i = 1, ..., N_x + 1, j = 1, ..., N_y + 1$):

$$w_x(i,j) = \frac{(l_x - \delta)}{2}$$
, $w_y(i,j) = \frac{l_y - \delta}{2} - \frac{l_y - \delta}{2} \left| \cos \frac{j\pi}{2N_y + 4} \right|$.

• "No mechanism" sheet.

Appearing in Figure S7(a). Loading: None. Material: Natural rubber gum, 1.55 mm thick. Parameters: $N_x = 18$, $N_y = 18$, $l_x = l_y = 6$ mm, $\delta = l_x/8$. Hole size distribution (with $i = 1, ..., N_x + 1$, $j = 1, ..., N_y + 1$):

$$w_x(i,j) = \frac{l_x - \delta}{2} \left| \cos \frac{i\pi}{N_x + 2} \right| , \quad w_y(i,j) = \frac{l_y - \delta}{2} \left| \cos \frac{j\pi}{N_y + 2} \right| .$$

- "Plastic dome".
 - Appearing in Figure S12(b).

Loading: Horizontal point loads at $y = y^M/2$ along the left and right boundaries. Material: 0.5 mm-thick PETG sheet.

Parameters: $N_x = 36$, $N_y = 18$, $l_x = 6$ mm, $l_y = 2l_x$, $\delta = l_x/10$, $h = l_x/8$. Hole size distribution (with $i = 1, ..., N_x + 1$, $j = 1, ..., N_y + 1$):

$$w_x(i,j) = \frac{(l_x - \delta)}{2}$$
, $w_y(i,j) = \frac{l_y - \delta}{2} \left| \cos \frac{j\pi}{N_y + 2} \right|$

S5 Influence of the design parameters on the in-plane deformation of periodic specimens

To analyze the influence of the design parameters on the in-plane response of perforated sheets, we consider the cut pattern discussed in Figure 1 as reference case. The results of this analysis are reported in Figure S8. In



Figure S8: (a) Dependence of the mechanism-like response on the in-plane hinge width, δ . We keep $t/l_x \sim 0.26$ constant, and we vary δ/l_x . The dashed vertical lines represent the mechanism-to-elasticity transitions for all δ/l_x cases. (b) Dependence of the mechanism-like response on the sheet's thickness, t, with $\delta/l_x = 1/8$ constant.

Figure S8(a), we show the dependence of the horizontal stretch response on the in-plane width of the hinges δ , for a constant out-of-plane thickness of the sheet $t/l_x \sim 0.26$ (corresponding to t = 1.55 mm). If δ is increased, the sheet tends to lose its mechanism-like behavior. This is evident from the fact that the red and yellow continuous curves do not display a clear mechanism-to-elasticity transition. On the other hand, this transition is more pronounced for small δ . Note that the dash-dot lines represent the mechanism-to-elasticity transitions for each δ value. They are different from each other since the lengths of the tile diagonals d_h and d_v differ when we change δ .

In Figure S8(b), we superimpose the responses of two specimens featuring the same architecture with $\delta/l_x = 1/8$, and different sheet thicknesses, t. We observe that the two responses overlap in the mechanism region, and in part of the elasticity-dominated regime. The curves deviate for stretches larger than 1.35.

S6 Influence of the design parameters on the out-of-plane deformation of non-periodic sheets

Figure S9 and Figure S10 provide information on the influence of δ and t on the doming of an elastic sheet. Figure S9 is discussed in detail in the main manuscript. Note that these shapes have been obtained by 1) pulling the specimen by hand up to a desired stretch value, 2) nailing it to a wooden board, 3) pinching the center of the specimen to trigger out-of-plane buckling. This guarantees that all the images in Figure S9 and Figure S10 are obtained with consistent loading conditions. It also ensures that, if two stable solutions exist for a certain stretch value, we jump on the one that corresponds to out-of-plane deformation. For these reasons, the critical buckling stretches observed in experiments made with tensile test apparati are bound to differ from the results shown here.



Figure S9: Out-of-plane deformation of three graded sheets with different thicknesses, for different stretches. Rows of images correspond to specific stretch values. Columns correspond to different thicknesses of the sheets. In each image, h indicates the height of the highest point of the 3D shape with respect to its undeformed position. (Scale bar, 12 mm)

In addition to the comments in the main text, we here discuss the influence of δ/t . When t is decreased below the in-plane hinge width δ , the out-of-plane (rather than the in-plane) bending of the hinges becomes favorable: this translates into the formation of localized crease patterns [35, 37]. In our case, this behavior introduces local undulations superimposed to the global three-dimensional profile and concentrated near the loading sites. This is shown in Figure S10(c).



Figure S10: Out-of-plane deformation of three graded sheets with different thicknesses, for the same stretch value. (a) Corresponds to $t/l_x \sim 0.13$, (b) to $t/l_x \sim 0.26$ and (c) to $t/l_x \sim 0.53$. The left images represent lateral views of the buckled shapes. The details highlight the local deformations of hinges and tiles near the load application points. (Scale bar, 12 mm)

S7 Alternative design for stiff materials and plastic deformations

In order to fabricate sheets out of stiff materials, and to have our sheets retain their 3D shape upon load removal, we slightly modify our cut pattern design. To achieve shape retention, we leverage plastic deformations that occur at the hinges when elastic-plastic materials are used. If the same hinge geometry used for soft materials were used for stiff ones, both periodic and non-periodic specimens would shatter at the hinges when pulled open. This is why we modify our hinge design. To do so, we follow the guidelines offered by Shang, Pasini et al. [50]. This entails defining octahedra-shaped cuts instead of diamond-shaped ones at each grid point. This new design strategy is illustrated in Figure S11(b). It represents the compliant mechanism version of the architecture in Figure S11(a). As



Figure S11: An alternative design startegy for stiff materials. (a) Detail of an architecture obtained with our initial design strategy. (b) Compliant beam version of the same architecture, where we have introduced the additional parameter h, representing the in-plane hinge length.

a result, the hinges produced with the new design strategy have a finite length h. Note that the overall response of this alternate geometry is similar to the original one. The requirement is for the hinge length h to be much smaller than the distances between gridpoints, l_x and l_y .

In Figure S12, we compare the response of the natural rubber sheet also shown in Figure 3(a1), to the response of a sheet made of PETG, featuring a similar cut pattern albeit modified by selecting $\delta = l_x/10$ and introducing $h = l_x/8$. Upon load removal, the PETG sheet partially retains its deformed, three-dimensional shape, while the rubber one does not.



Figure S12: (a) Three stages of the deformation of the natural rubber specimen studied in Figure 3(a). (b) Deformation of a similar sheet, made of PETG and featuring the design variation shown in Figure S11(b). (Scale bar, 12 mm)