

# Shortcuts to Adiabaticity in Driven Open Quantum Systems: Balanced Gain and Loss and Non-Markovian Evolution

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**A universal scheme is introduced to speed up the dynamics of a driven open quantum system along a prescribed trajectory of interest. This framework generalizes counterdiabatic driving to open quantum processes. Shortcuts to adiabaticity designed in this fashion can be implemented in two alternative physical scenarios: one characterized by the presence of balanced gain and loss, the other involves non-Markovian dynamics with time-dependent Lindblad operators. As an illustration, we engineer superadiabatic cooling, heating, and isothermal strokes for a two-level system, and provide a protocol for the fast thermalization of a quantum oscillator.**

Shortcuts to adiabaticity (STA) allow controlling the evolution of a quantum system without the requirement of slow driving [1–3]. The controlled speedup of quantum processes is broadly recognized as a necessity for the advance of quantum technologies, and STA have found a variety of applications, including phase-space preserving cooling [4], population transfer [5, 6], and friction suppression in finite-time thermodynamics [7–9], to name some relevant examples. To date, STA have been demonstrated in the laboratory using ultracold gases [10–16], nitrogen-vacancy centers [17, 18], trapped ions [19], superconducting qubits [20, 21], and other systems [1].

Despite this remarkable progress, the use of STA has been predominantly restricted to tailor the dynamics of isolated driven systems. However, any physical system is embedded in a surrounding environment with which it can interact and exchange en-

ergy, particles, etc. In such a setting, the dynamics of the system is no longer-described by a Hamiltonian and is associated with a master equation [22]. A notable exception concerns the dynamics of an isolated system conditional to a given subspace of interest. The dynamics can then be described in terms of a non-Hermitian Hamiltonian, that generates loss and gain when the system leaves the subspace of interest and returns to it, respectively [23]. Scenarios characterized by a balance of gain and loss arise naturally, e.g., in the presence of a non-Hermitian potential that breaks time-reversal symmetry but preserves parity-time-reversal symmetry, i.e., in  $\mathcal{PT}$ -symmetric quantum mechanics [24–29].

Recent efforts on developing STA in open quantum systems have predominantly focused on mitigating decoherence [1, 3]. Perturbative methods have been put forward to inhibit unwanted transitions in two- and three-level systems [30, 31], while the use of decoherence-free subspaces in open quantum systems allow one to mitigate decoherence [32–34],

However, the use of STA to speed up open quantum processes is expected to make possible a wide range of applications such as design of novel cooling techniques, information erasure [35], or the engineering of superadiabatic quantum machines [36]. In this context, the engineering of STA in systems described by non-Hermitian Hamiltonians has been advanced in Refs. [37–40] while the control by STA of arbitrary nonunitary dynamics requires further progress. A pioneering effort to this end introduced fast control protocols for Markovian processes [41]. This guarantees an independent evolution for the different Jordan blocks forming the Lindblad operator, thus fulfilling the notion of adiabaticity for open system introduced in Ref. [42]. More recently, the fast thermalization of a harmonic oscillator has been proposed via the reverse engineering of a non-adiabatic Markovian

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master equation [43] and engineered dephasing [44]. A related study has shown the possibility of speeding up the thermalization of a system oscillator locally coupled to a harmonic bath [45]. Engineering of the system-bath coupling has also been proposed to speed-up isothermal processes [46]. The fast driving between equilibrium and squeezed states has also been presented [47].

In this paper, we introduce a universal scheme to engineer STA in arbitrary open quantum systems. Our work provides a generalization of the counterdiabatic driving technique [5, 6, 48] to open quantum processes. To this end, we consider the evolution of a quantum system described by a mixed state along a prescribed trajectory of interest. We then find the equation of motion that generates the desired dynamics. The latter can be recast in terms of the nonlinear evolution of a system in the presence of balanced gain and loss. Alternatively, the dynamics can be associated with a non-Markovian master equation with time-dependent Lindblad operators whose explicit form is determined by the prescribed trajectory. We demonstrated this framework by discussing the controlled open quantum dynamics of a two-level system and a driven quantum oscillator.

## 1 STA by counterdiabatic driving

Consider a quantum evolution of interest described by the mixed state

$$\varrho(t) = \sum_{n=1}^r \lambda_n(t) |n_t\rangle\langle n_t|, \quad (1)$$

of finite rank  $r = \text{rank}(\varrho)$ . We pose the problem of enforcing the evolution of the system through this trajectory.

Under unitary dynamics, eigenvalues of the density matrix remain constant,  $\lambda_n(t) = \lambda_n(0)$ —denoted briefly as  $\lambda_n$ . The equation of motion for the density matrix in this case reads

$$\partial_t \varrho(t) = \sum_n \lambda_n (|\partial_t n_t\rangle\langle n_t| + |n_t\rangle\langle \partial_t n_t|), \quad (2)$$

and can be recast as a Liouville-von Neumann equation,  $\partial_t \varrho(t) = -i[H_1(t), \varrho(t)]$  (with  $\hbar = 1$ ), whenever the dynamics is generated by the Hamiltonian

$$H_1(t) = i \sum_n (|\partial_t n_t\rangle\langle n_t| - \langle n_t|\partial_t n_t\rangle |n_t\rangle\langle n_t|). \quad (3)$$

This Hamiltonian generates parallel transport along each of the eigenstates  $|n_t\rangle$  and is often used in proofs of the adiabatic theorem [49, 50].

In the context of control theory, the derivation of  $H_1(t)$  can be systematically achieved by the so-called counterdiabatic (CD) driving technique, also known as transitionless quantum driving [5, 6, 48]. Specifically, CD assumes that  $|n_t\rangle$  are the eigenstates of a reference system  $H_0(t)$  that can be controlled by the auxiliary field  $H_1(t)$  so that the full dynamics is actually generated by  $H_0(t) + H_1(t)$ . Yet, in the most general setting, the instantaneous eigenstates used in the specification of the trajectory (1) need not be the eigenstates of the physical Hamiltonian of the system. To identify a reference Hamiltonian in this case, we choose  $\varrho(t)$  to evolve as a thermal state,

$$\varrho(t) = e^{-\beta H_0(t)} / Z_0(t), \quad (4)$$

where  $Z_0(t) = \text{Tr}[e^{-\beta H_0(t)}]$  denotes the partition function, and  $\beta$  is the inverse temperature (assuming  $k_B = 1$ ). With this definition, the spectral decomposition of the reference Hamiltonian reads

$$H_0(t) = \sum_n E_n |n_t\rangle\langle n_t|, \quad (5)$$

where the eigenvalues  $E_n = -\beta^{-1} \log(Z_0 \lambda_n)$  are time-independent, and so is the partition function. By construction  $[H_0(t), \varrho(t)] = 0$ , and the state  $\varrho(t)$  is a solution of

$$\partial_t \varrho(t) = -i[H_{\text{CD}}(t), \varrho(t)], \quad (6)$$

where  $H_{\text{CD}}(t) = H_0(t) + H_1(t)$ .

## 2 CD driving of open quantum systems

In what follows we shall focus on the case where the eigenvalues of the density matrix are time-dependent. The von Neumann entropy of the state is then a function of time, and the dynamics is generally open and nonunitary. Indeed, for an arbitrary change of the eigenvalues  $\{\lambda_n\}$  the dynamics is generally non-trace-preserving.

For a given time-dependence of  $\lambda_n(t)$ , the equation of motion for the trajectory  $\varrho(t)$  can be analogously derived as

$$\partial_t \varrho(t) = -i[H_{\text{CD}}(t), \varrho(t)] + \sum_n \partial_t \lambda_n(t) |n_t\rangle\langle n_t|. \quad (7)$$

The dynamics is trace-preserving whenever  $\sum_n \lambda_n(t) = 1$ , i.e.,  $\sum_n \partial_t \lambda_n(t) = 0$ . The equation of motion (7) admits several physical interpretations that we discuss below.

## 2.1 Mixed evolution under balanced gain and loss

The additional term in Eq. (7) can be associated with the anti-Hermitian operator

$$-i\Gamma(t) = \frac{i}{2} \sum_n \frac{\partial_t \lambda_n(t)}{\lambda_n(t)} |n_t\rangle \langle n_t|. \quad (8)$$

The equation of motion for  $\varrho(t)$  is then generated by the full non-Hermitian Hamiltonian  $H(t) = H_{\text{CD}}(t) - i\Gamma(t)$ , i.e.,

$$\begin{aligned} \partial_t \varrho(t) &= -i(H(t)\varrho(t) - \varrho(t)H^\dagger(t)) \\ &= -i[H_{\text{CD}}(t), \varrho(t)] - \{\Gamma(t), \varrho(t)\}. \end{aligned} \quad (9)$$

For arbitrary  $\{\lambda_n\}$ , this evolution is not necessarily norm-preserving and the norm varies at a rate

$$\partial_t \text{Tr}[\varrho(t)] = -2\text{Tr}[\Gamma(t)\varrho(t)] = \sum_n \partial_t \lambda_n(t). \quad (10)$$

A norm-preserving evolution through the trajectory  $\varrho(t)$  is governed by the modified equation of motion

$$\begin{aligned} \partial_t \varrho &= -i(H\varrho - \varrho H^\dagger) - \partial_t \text{Tr}[\varrho] \varrho \\ &= -i[H_{\text{CD}}, \varrho] + (2\langle \Gamma \rangle \varrho - \{\Gamma, \varrho\}), \end{aligned} \quad (11)$$

where  $\langle \Gamma \rangle = \text{Tr}[\Gamma\varrho]$  and the time-dependence of all terms has been dropped for brevity. Note that the resulting equation is nonlinear in the quantum state  $\varrho$ . This dynamics thus takes the form of a mixed-state evolution in the presence of balanced gain and loss [51] with a time-dependent generator [52]. Balanced gain and loss arises naturally in the study of  $\mathcal{PT}$ -symmetric quantum systems [24], that can be used to describe a variety of experiments [25–29].

## 2.2 Lindblad-like form

Considering the prescribed trajectory (1) and its derivative (7), one can recast the incoherent part

$$\mathcal{D}_{\text{CD}}(\varrho) = \sum_n \partial_t \lambda_n(t) |n_t\rangle \langle n_t| \quad (12)$$

as an auxiliary CD dissipator in a Lindblad-like form for a trace-preserving trajectory. Assuming a trace-preserving evolution,  $\sum_n \partial_t \lambda_n(t) = 0$ , we find the time-dependent Lindblad operators and rates as (see the appendixes)

$$L_{mn}(t) = |m_t\rangle \langle n_t|, \quad (13a)$$

$$\gamma_{mn}(t) = \frac{\partial_t \lambda_m(t)}{r \lambda_n(t)}, \quad (13b)$$

that are determined by (the spectral resolution of)  $\varrho(t)$ —and thus state-dependent. The resulting master equation

$$\begin{aligned} \partial_t \varrho &= -i[H_{\text{CD}}, \varrho] \\ &\quad + \sum_{mn} \gamma_{mn} (L_{mn} \varrho L_{mn}^\dagger - \frac{1}{2} \{L_{mn}^\dagger L_{mn}, \varrho\}) \end{aligned} \quad (14)$$

is generally non-Markovian, because of possibly negative rates. We remark that the existence of a Lindblad-like master equation for an arbitrary dynamics has recently been proven in Ref. [53]. However, in the representation (7) like a Lindblad-like master equation, the anticommutator term in Eq. (14) identically vanishes and the dissipator reduces exclusively to jumps in the instantaneous eigenbasis.

The equivalence of Eqs. (11) and (14) shows that the nonlinear evolution of a mixed state under balanced gain and loss can be represented by a nonlinear and generally non-Markovian master equation with time-dependent Lindblad operators, determined by choice of the trajectory (1).

We note that the time-evolution operator generated by the CD Hamiltonian takes the form [48]

$$U_{\text{CD}}(t, 0) = \sum_n e^{i\phi_n(t)} |n_t\rangle \langle n_0|, \quad (15)$$

where the time-dependent phase  $\phi_n(t)$  is the sum of the dynamical and geometric contributions. In the co-moving frame associated to  $U_{\text{CD}}(t, 0)$ , the master equation for  $\tilde{\varrho}(t) = U_{\text{CD}}^\dagger(t, 0)\varrho(t)U_{\text{CD}}(t, 0)$  takes the simple form

$$\partial_t \tilde{\varrho} = \sum_{mn} \gamma_{mn} (\tilde{L}_{mn} \tilde{\varrho} \tilde{L}_{mn}^\dagger - \frac{1}{2} \{\tilde{L}_{mn}^\dagger \tilde{L}_{mn}, \tilde{\varrho}\}), \quad (16)$$

with  $\tilde{L}_{mn} = |m_0\rangle \langle n_0|$ . As a result, the time-dependent Lindblad operators  $\{L_{mn}\}$  map to the time-independent ones  $\{\tilde{L}_{mn}\}$ , while keeping the same rates  $\gamma_{mn}(t)$ . This feature is specific to the superadiabatic driving of open quantum systems and differs from the general case that leads to more complex time-dependent Lindblad operators [22].

## 3 Quantum speed limit for STA in open quantum processes

Time-energy uncertainty relations identify characteristic time scales in a physical process. Speed limits sharpen this identification by providing a minimum time for a physical processes to occur in terms of the generator of the evolution. We next show how speed limits relate the operation time of a protocol to

the amplitude of the required unitary and nonunitary CD terms. The geometric formulation of the quantum speed limit [54] states that

$$\tau \geq D(\varrho(0), \varrho(\tau)) / \langle \sqrt{g_{tt}} \rangle, \quad (17)$$

where  $g_{tt}$  is the metric for a given distance  $D$ , and the time average  $\langle \sqrt{g_{tt}} \rangle_\tau = (1/\tau) \int_0^\tau dt \sqrt{g_{tt}}$  upper bounds the speed of evolution.

The quantum Fisher information  $\mathcal{F}$  is the metric (with a 1/4 prefactor) associated with the Bures distance between quantum states

$$D_B(\varrho_1, \varrho_2) = [2(1 - F(\varrho_1, \varrho_2))]^{1/2}, \quad (18)$$

that is defined in terms of the fidelity  $F(\varrho_1, \varrho_2) = \text{Tr} \sqrt{\sqrt{\varrho_1} \varrho_2 \sqrt{\varrho_1}}$  between  $\varrho_1$  and  $\varrho_2$  [55]. The speed limit (17) implies that the driving time of the process is constrained by the ratio of the distance between quantum states  $D(\varrho(0), \varrho(\tau))$  and the velocity at which is traversed  $\langle \sqrt{g_{tt}} \rangle$ .

From Eq. (9), we can identify  $-2iH$  as a non-Hermitian symmetric logarithmic derivative, satisfying  $2\partial_t \varrho = \mathbb{L} \varrho + \varrho \mathbb{L}^\dagger$  [56], based on which an upper bound on the quantum Fisher information is obtained as  $\mathcal{F} = \text{Tr}[\varrho \mathbb{L}^2] \leq 4 \text{Tr}[H \varrho H^\dagger]$ . As a result, the quantum speed limit reads

$$\tau \geq \frac{D_B(\varrho(0), \varrho(\tau))}{4 \langle \text{Tr}[(H_{\text{CD}} - i\Gamma)\varrho(t)(H_{\text{CD}} + i\Gamma^\dagger)]^{1/2} \rangle_\tau}. \quad (19)$$

The minimum time to implement a STA driving the system from  $\varrho(0)$  to  $\varrho(\tau)$  is thus not only governed by the Hermitian system Hamiltonian  $H_{\text{CD}}$ , but as well by the term  $\Gamma$  governing gain and loss.

Alternatively, using the trace distance rather than the Bures distance, the relevant metric is  $g_{tt} = \|\partial_t \varrho\|_1^2 \equiv (\text{Tr}[\sqrt{(\partial_t \varrho)^2}])^2$ . Using Eqs. (9) and (14) for  $\partial_t \varrho$  and the triangle inequality, one obtains  $\|\partial_t \varrho\| \leq \|[H_{\text{CD}}, \varrho]\| + \|\{\Gamma, \varrho\}\|$  for the gain-loss equation and  $\|\partial_t \varrho\| \leq \|[H_{\text{CD}}, \varrho]\| + \|\mathcal{D}_{\text{CD}}\|$  for the Lindblad-like equation. In all of these bounds, both the CD Hamiltonian and dissipator set the speed of evolution.

## 4 Examples

### 4.1 Strokes for a two-level system

Consider a two-level system described by a time-dependent Hamiltonian

$$H_0(t) = \frac{1}{2}(\Delta(t)\sigma_z + \Omega(t)\sigma_x), \quad (20)$$

where  $\sigma_z$  and  $\sigma_x$  are the Pauli matrices. The instantaneous eigenstates read  $E_\pm(t) = \pm \sqrt{\Omega^2(t) + \Delta^2(t)}/2 = \pm |\Omega(t)|/(2 \sin \theta(t))$ , where  $\theta(t) = \arctan(\Omega(t)/\Delta(t))$  and the corresponding eigenstates are

$$\begin{aligned} |+_t\rangle &= \cos(\theta(t)/2)|0\rangle + \sin(\theta(t)/2)|1\rangle, \\ |-_t\rangle &= \sin(\theta(t)/2)|0\rangle - \cos(\theta(t)/2)|1\rangle, \end{aligned} \quad (21)$$

with  $\sigma_z|0\rangle = |0\rangle$  and  $\sigma_z|1\rangle = -|1\rangle$ . We consider the system to be described by the time-dependent mixed state  $\varrho(t) = \sum_{\alpha=\pm} \lambda_\alpha(t)|\alpha_t\rangle\langle\alpha_t|$ . Thus, the target trajectory  $\varrho$  is already diagonal in the eigenbasis of the uncontrolled system Hamiltonian  $H_0(t)$ . The auxiliary control term required to guide the dynamics is known to be of the form [5, 6, 48]

$$H_1 = \frac{1}{2} \frac{\partial_t \Delta \Omega - \partial_t \Omega \Delta}{\Omega^2 + \Delta^2} \sigma_y, \quad (22)$$

so that the full dynamics is generated by  $H_{\text{CD}} = H_0 + H_1$ . The dynamics is open when the eigenvalues  $\lambda_\pm$  are time-dependent.

The first approach we have introduced relies on the presence of gain and loss, for which the dynamics is generally no longer trace-preserving, i.e.,  $\lambda_- + \lambda_+$  is time-dependent and different from unity. Such evolution is generated by the non-Hermitian Hamiltonian  $H = H_{\text{CD}} - i\Gamma$ , where

$$\Gamma = \frac{\partial_t \lambda_+}{2} \left( \frac{1}{\lambda_-} |-_t\rangle\langle -_t| - \frac{1}{\lambda_+} |+_t\rangle\langle +_t| \right). \quad (23)$$

Under balanced gain and loss, the trace-preserving property is restored by the nonlinear equation (11) with this choice of  $\Gamma$ .

Alternatively, STA in an open two-level system can be associated with a Lindblad-like master equation with the Lindblad operators

$$L_{+-}(t) = |+_t\rangle\langle -_t|, \quad L_{-+}(t) = L_{+-}^\dagger(t). \quad (24)$$

The rates are given by  $\gamma_{+-}(t) = \frac{\partial_t \lambda_+}{2\lambda_-}$  and  $\gamma_{-+}(t) = \frac{\partial_t \lambda_-}{2\lambda_+}$ .

Assume that the system is initially prepared in a thermal state at inverse temperature  $\beta(0)$ ,  $\varrho(0) = \sum_{\alpha=\pm} \lambda_\alpha(0)|\alpha_0\rangle\langle\alpha_0|$ , where  $\lambda_\alpha = e^{-\beta(0)E_\alpha(0)}/Z(0)$  with  $Z(0) = e^{-\beta(0)E_-(0)} + e^{-\beta(0)E_+(0)}$ . We focus on description of thermodynamic protocols for which the target trajectory  $\varrho(t)$  is an instantaneous thermal state with inverse temperature  $\beta(t)$ , i.e.,

$$\varrho(t) = \sum_{\alpha=\pm} \frac{e^{\alpha \frac{\beta(t)}{2} \sqrt{\Omega^2(t) + \Delta^2(t)}}}{2 \cosh[\frac{\beta(t)}{2} \sqrt{\Omega^2(t) + \Delta^2(t)}]} |\alpha_t\rangle\langle\alpha_t|. \quad (25)$$

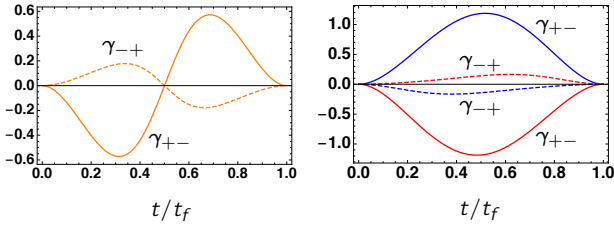


Figure 1: Left: Time-dependence of the rates in an isothermal process at inverse temperature  $\beta = 1$ , keeping  $\Omega$  constant with initial  $\Delta(0) = 1$  and final  $\Delta(t_f) = -1$ . Right: Time-dependence of the rates for the superadiabatic cooling (blue) and heating (red) of a two-level system. Taking  $\Delta = \Omega$  as the unit of frequency, the process corresponds to cooling a thermal state from  $\beta(0) = 1$  to  $\beta(t_f) = 2$  and heating a thermal state from  $\beta(0) = 2$  to  $\beta(t_f) = 1$ .

One can engineer different processes of interest which are of this type. For example, in a superadiabatic isothermal stroke, the state is always in a thermal form at a given reference inverse temperature  $\beta(t) = \beta(0)$ , regardless of the rate at which  $H_0(t)$  is driven. Nonadiabatic excitations are cancelled by the auxiliary term  $H_1$  in Eq. (22), while the thermal form of  $\lambda_{\pm}(t)$  is guaranteed by the Lindblad operators and rates. For arbitrary  $\Delta(t)$  and  $\Omega(t)$ , they read

$$L_{+-} = |+\rangle\langle-|, \quad L_{-+} = |- \rangle\langle+|, \quad (26)$$

$$\gamma_{\alpha\alpha'} = \frac{\alpha\beta\Delta\partial_t\Delta + \Omega\partial_t\Omega}{2\sqrt{\Delta^2 + \Omega^2}} (e^{\alpha'\beta\sqrt{\Delta^2 + \Omega^2}} + 1)^{-1},$$

where  $\alpha, \alpha' \in \{\pm\}$  and  $\alpha \neq \alpha'$ .

A typical modulation in time is shown in Fig. 1 for a two-level system to evolve along STA for an isothermal stroke induced by driving of  $\Delta(t)$  while keeping  $\Omega$  constant. Specifically,  $\Delta(t)$  is chosen as a fifth-order polynomial in time interpolating between the initial and final values. The rates have opposite signs, vanish identically at the avoided crossing, and flip signs during the subsequent evolution.

It is possible to look as well for cooling and heating protocols characterized by a time-dependent inverse temperature  $\beta(t)$  keeping  $H_0$  constant, as required, e.g., in a quantum Otto cycle. In such a case,  $H_1$  vanishes, and the cooling and heating strokes are implemented by time-independent Lindblad operators with time-dependent rates,

$$\gamma_{\alpha\alpha'}(t) = \frac{\alpha\partial_t\beta(t)}{2} \frac{\sqrt{\Delta^2 + \Omega^2}}{e^{-\alpha'\sqrt{\Delta^2 + \Omega^2}\beta(t)} + 1}, \quad (27)$$

where  $\alpha, \alpha' \in \{\pm\}$  and  $\alpha \neq \alpha'$ . The time-dependence of the rates is explicitly illustrated for both cooling and heating processes in Fig. 1, for

constant values of  $\Delta$  and  $\Omega$ , and  $\beta(t)$  interpolating between  $\beta(0)$  and  $\beta(t_f)$  again as a fifth-order polynomial. The non-Markovian character of the evolution is manifest given the time-dependence of the Lindblad operators and the opposite sign of the corresponding rates.

Beyond these two prominent examples, more general strokes can be considered. The required Lindblad operators in the most general setting are provided in the appendixes. We also note that in all cases the corresponding operator  $\Gamma$  associated with gain and loss can be conveniently expressed in terms of the rates as

$$\Gamma(t) = \gamma_{-+}(t)|+_t\rangle\langle+_t| - \gamma_{+-}(t)|-_t\rangle\langle-_t|. \quad (28)$$

In the following, we consider another example in which the real physical dynamics of the system keeps its state always in the Gibbsian form with a time-dependent temperature.

## 4.2 STA for equilibration of a thermalizing atom

Consider a two-level atom in a thermal bosonic bath at inverse temperature  $\beta_B(0)$ . The dynamics of the atom under some conditions can be described by [57–59]

$$\partial_t \varrho_S = -i[H_S, \varrho_S] \quad (29)$$

$$+ \sum_{j,k|(j \neq k)} \gamma_{jk} (L_{jk} \varrho_S L_{jk}^\dagger - \frac{1}{2} \{L_{jk}^\dagger L_{jk}, \varrho_S\}),$$

where  $j, k \in \{0, 1\}$ , and

$$H_S = \frac{\omega_0}{2} \sigma_z, \quad L_{10} = |1\rangle\langle 0| = \sigma_-, \quad L_{01} = |0\rangle\langle 1| = \sigma_+, \quad (30)$$

$$\gamma_{10} = \gamma(\bar{n}(\omega_0, \beta_B(0)) + 1), \quad \gamma_{01} = \gamma\bar{n}.$$

Here,  $\bar{n}(\omega_0, \beta_B(0)) = (e^{\beta_B \omega_0} - 1)^{-1}$  is the mean boson number in a mode with frequency  $\omega_0$ , and  $\gamma$  is a time-independent constant indicating the strength of the coupling between the atom and the thermal bath.

If the atom is initially in a thermal state  $\varrho_S(0) = e^{-\beta_S(0)H_S}/Z_S(0)$ , its instantaneous state is obtained by solving the above master equation, which gives a Gibbsian thermal state  $\varrho_S(t) = e^{-\beta_S(t)H_S}/Z_S(t)$ , with

$$\beta_S(t) = \frac{-1}{\omega_0} \log \frac{1 - e^{-\tilde{\gamma}t} \tanh \Theta_S + (e^{-\tilde{\gamma}t} - 1) \tanh \Theta_B}{1 + e^{-\tilde{\gamma}t} \tanh \Theta_S - (e^{-\tilde{\gamma}t} - 1) \tanh \Theta_B}. \quad (31)$$

Here  $\Theta_k = \omega_0 \beta_k(0)/2$  ( $k \in \{S, B\}$ ),  $\tilde{\gamma} = \gamma \coth \Theta_B$ , and  $Z_S(t) = \text{Tr}[e^{-\beta_S(t)H_S}]$ .

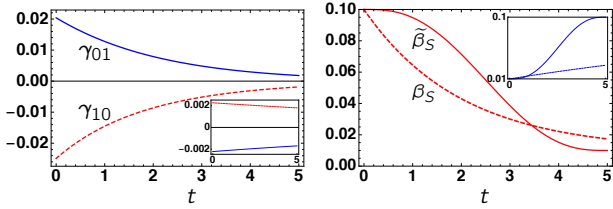


Figure 2: Left: Time dependence of the rates  $\gamma_{10}$  (red, dashed) and  $\gamma_{01}$  (blue, solid) in Eq. (14) for a thermalizing atom in the case of heating, when  $\beta_S = 0.1$ ,  $\beta_B = 0.01$ ,  $\omega_0 = 2$ , and  $\gamma = 0.005$ . The inset corresponds to the cooling case, with  $\beta_S \leftrightarrow \beta_B$ . With these parameters, the rates for the Lindblad master equation of the subsystem in Eqs. (29) and (30) become constant;  $\gamma_{01} = 4.95$  and  $\gamma_{10} = 5.05$ . Right: Inverse temperature of the system for the Lindblad master equation (dashed) and for the STA (solid). The dependence in time is shown for the case of heating (see inset for the cooling case) with the same set of parameters as in the left panel.

Equation (14) suggests another dynamical equation realizing the same trajectory  $\varrho_S(t)$ . Since  $H_0 = H_S$  is time-independent,  $H_1$  will be zero as well. The Lindblad operators are given in terms of the eigenstates of  $H_S$  as  $L_{mn} = |m\rangle\langle n|$  where  $m, n \in \{0, 1\}$ , and the rates are obtained from Eq. (13b) by considering that  $\lambda_0 = e^{-\beta_S(t)\omega_0/2}/Z_S(t)$  and  $\lambda_1 = e^{\beta_S(t)\omega_0/2}/Z_S(t)$  can also be identified simply as  $\varrho_{00}$  and  $\varrho_{11}$ , respectively (see the appendixes). While the Lindblad operators here are equal to those in Eq. (29), the rates in the Markovian master equation (29) are positive constants. By contrast, the rates in Eq. (14) are time-dependent and negative for some time intervals, as illustrated in Fig. 2. Nonetheless, in both cases equilibration with the bath at temperature  $\beta_B$  takes infinite time.

A STA in finite time  $t_f$  can be associated with a trajectory  $\tilde{\varrho}_S(t) = e^{-\tilde{\beta}_S(t)H_S}/Z_S(t)$  and a modified inverse temperature  $\tilde{\beta}_S(t)$  satisfying  $\tilde{\beta}_S(t_f) = \beta_B$ . Using Eq. (14), the Lindblad operators remain unchanged, as in Eq. (30), whereas the rates are obtained from Eq. (13b) as  $\gamma_{01} = -(\omega_0/4) \partial_t \tilde{\beta}_S(t) e^{-\tilde{\beta}_S(t)\omega_0}$  and  $\gamma_{10} = (\omega_0/4) \partial_t \tilde{\beta}_S(t) e^{\tilde{\beta}_S(t)\omega_0}$ . In Fig. 2, the right panel shows the temperature for a typical function as  $\tilde{\beta}_S(t)$  such that at  $t_f = 5$  the system state thermalizes, i.e.,  $\tilde{\varrho}_S(t_f) = e^{-\beta_B H_S}/\text{Tr}[e^{-\beta_B H_S}]$ .

### 4.3 Fast thermalization of a quantum oscillator

We next consider the fast thermalization of a quantum oscillator using the general scheme presented in

Sec. 2. This illustrates an application of the proposed scheme for an infinite rank density matrix, that can be implemented with current technology. Alternative approaches for the fast thermalization of an oscillator have been recently presented in Ref. [43, 44].

Consider the time-dependent Hamiltonian  $H_0 = \frac{\hat{p}^2}{2m} + \frac{1}{2}m\omega_t^2\hat{x}^2$  with instantaneous thermal state  $\varrho(t) = e^{-\beta_t H_0}/\text{Tr}[e^{-\beta_t H_0}]$ . In the basis of the instantaneous Fock states  $|n_t\rangle$ , the thermal state is diagonal,  $\varrho(t) = \sum_n \lambda_n(t)|n_t\rangle\langle n_t|$ , with probabilities  $\lambda_n(t) = u_t^n(1-u_t)^{1-n}$  that are generally time-dependent due to the modulation of the frequency and temperature, where  $u_t = e^{-\beta_t \hbar \omega_t}$ . The thermal state evolves according to Eq. (7), where the commutator  $[H_0, \varrho(t)] = 0$  and the counterdiabatic Hamiltonian term  $H_1$  is given by [60–62]

$$H_1 = -\frac{\dot{\omega}_t}{4\omega_t} \{\hat{x}, \hat{p}\}. \quad (32)$$

This term can in principle be engineered in a trapped ion as suggested in Ref. [9]. We show below a scheme for implementing in the laboratory the unitarily equivalent trajectory  $\tilde{\varrho}(t) = U_x \varrho(t) U_x^\dagger$ , where

$$U_x = e^{i\frac{m}{2\hbar}\alpha_t \hat{x}^2}, \quad (33)$$

and  $\alpha_t$  is a frequency to be determined. Such trajectory maps an initial thermal state into a final thermal state of different temperature provided  $\alpha_t$  vanishes at the beginning and end of the protocol. Direct computation of its time derivative gives  $\partial_t \tilde{\varrho} = \frac{i}{\hbar} \left[ \frac{m}{2} \dot{\alpha}_t \hat{x}^2, \tilde{\varrho} \right] + U_x (\partial_t \varrho) U_x^\dagger$ , which admits a form similar to Eq. (7), i.e.,

$$\partial_t \tilde{\varrho} = -\frac{i}{\hbar} [\tilde{H}_{\text{CD}}, \tilde{\varrho}] + \tilde{\mathcal{D}}_{\text{CD}}(\tilde{\varrho}), \quad (34)$$

where the counterdiabatic Hamiltonian in the rotating frame reads

$$\tilde{H}_{\text{CD}} = i\hbar \dot{U}_x U_x^\dagger + U_x (H_0 + H_1) U_x^\dagger, \quad (35)$$

and the dissipator is given by

$$\tilde{\mathcal{D}}_{\text{CD}}(\tilde{\varrho}) = \sum_n \dot{\lambda}_n(t) U_x |n_t\rangle\langle n_t| U_x^\dagger. \quad (36)$$

By explicit computation, the counterdiabatic Hamiltonian Eq. (35) can be recast as

$$\tilde{H}_{\text{CD}} = \frac{\hat{p}^2}{2m} + \frac{1}{2}m\tilde{\omega}_t^2\hat{x}^2 - \left( \frac{\alpha_t}{2} + \frac{\dot{\omega}_t}{4\omega_t} \right) \{\hat{x}, \hat{p}\}, \quad (37)$$

with time-dependent frequency

$$\tilde{\omega}_t^2 = \omega_t^2 + \alpha_t^2 + \alpha_t \frac{\dot{\omega}_t}{\omega_t} - \dot{\alpha}_t. \quad (38)$$

It proves convenient to define  $\alpha_t = \Omega_t - \dot{\omega}_t/(2\omega_t)$ , so that

$$\tilde{H}_{\text{CD}} = \frac{\hat{p}^2}{2m} + \frac{1}{2}m\tilde{\omega}_t^2\hat{x}^2 - \frac{\Omega_t}{2}\{\hat{x}, \hat{p}\}. \quad (39)$$

As shown in App. C, by further choosing

$$\Omega_t = -\frac{1}{2}\frac{\dot{\omega}_t}{\omega_t} + \frac{\dot{u}_t}{1-u_t^2}, \quad (40)$$

the dissipator in the rotating frame equals

$$\begin{aligned} \tilde{\mathcal{D}}_{\text{CD}}(\tilde{\varrho}) = & \frac{1}{i\hbar} \left[ \frac{\Omega_t}{2} \{\hat{x}, \hat{p}\} - m\alpha_t\Omega_t\hat{x}^2, \tilde{\varrho} \right] \\ & - \gamma_t[\hat{x}, [\hat{x}, \tilde{\varrho}]], \end{aligned} \quad (41)$$

with a time-dependent dephasing strength

$$\gamma_t = \frac{m\omega_t}{\hbar} \frac{\dot{u}_t}{(1-u_t^2)^2}. \quad (42)$$

Combining the explicit forms of  $\tilde{H}_{\text{CD}}$  and  $\tilde{\mathcal{D}}_{\text{CD}}(\tilde{\varrho})$  in Eq. (34) results in the master equation of a time-dependent quantum oscillator subject to dephasing in the coordinate representation, i.e.,

$$\partial_t\tilde{\varrho} = \frac{1}{i\hbar} \left[ \frac{\hat{p}^2}{2m} + \frac{1}{2}m\tilde{\omega}_{\text{CD}}^2\hat{x}^2, \tilde{\varrho} \right] - \gamma_t[\hat{x}, [\hat{x}, \tilde{\varrho}]]. \quad (43)$$

where

$$\begin{aligned} \tilde{\omega}_{\text{CD}}^2 = & \omega_t^2 - \alpha_t^2 - \dot{\alpha}_t \\ = & \left[ \omega_t^2 - \frac{3}{4} \left( \frac{\dot{\omega}_t}{\omega_t} \right)^2 + \frac{\ddot{\omega}_t}{2\omega_t} \right] - \Omega_t^2 - \dot{\Omega}_t + \Omega_t \frac{\dot{\omega}_t}{\omega_t}, \end{aligned} \quad (44)$$

and  $\gamma_t$  is given by Eq. (42) and  $\Omega_t$  by Eq. (40). The case of unitary dynamics in which the eigenvalues  $\{\lambda_n\}$  are constant corresponds to  $\Omega_t = 0$ , i.e.,  $\alpha_t = -\dot{\omega}_t/(2\omega_t)$ . The first term in square brackets on the right-hand side (RHS) of Eq. (44) is indeed that used for the (local) counterdiabatic driving of a driven oscillator in the absence of coupling to a bath [9, 62, 63]. The dynamics described by Eq. (43) generalizes the case of unitary evolution to account for the controlled driving of an open quantum oscillator (i.e., when the eigenvalues  $\{\lambda_n\}$  of the density matrix are time-dependent) from an initial thermal state to a final thermal state in arbitrary time. The implementation of a STA by counterdiabatic driving for the fast thermalization of a quantum oscillator is achieved by a simultaneous modulation of the driving frequency and the dephasing strength. The dynamics associated with Eq. (43) can be readily implemented in the laboratory. It requires the control of the

trap frequency and dephasing strength. The latter can be engineered for  $\gamma_t > 0$  using noise as a resource via stochastic parametric driving, or through continuous quantum measurements, as recently proposed in Ref. [44]. While the counterdiabatic driving protocol derived here requires similar experimental resources to the ones for STA based on reverse-engineering of the dynamics [44], the time modulations of the driving frequency and the dephasing strength need not be equal, and generally differ, between the two protocols. In addition, their experimental implementation is at reach with current technology in trapped ions [9, 64] and ultracold gases [10].

To illustrate a specific protocol we consider a reference trajectory  $\varrho(t)$  describing the evolution from an initial thermal state of frequency  $\omega_0$  at inverse temperature  $\beta_0$  to a final thermal state with frequency  $\omega(t_f) = \omega_f$  and inverse temperature  $\beta(t_f) = \beta_f$ . For instance,  $\varrho(t)$  can be specified by choosing the interpolating ansatz

$$\omega_t = \omega_0 + (\omega_f - \omega_0)[10s^3 - 15s^4 + 6s^5], \quad (45)$$

$$\beta_t = \beta_0 + (\beta_f - \beta_0)[10s^3 - 15s^4 + 6s^5], \quad (46)$$

with  $s = t/t_f$ , where  $t_f$  is the duration of the process. The polynomial functions are monotonic as a function of time. The required experimental controls to implement the unitarily equivalent trajectory  $\tilde{\varrho}(t)$  are  $\tilde{\omega}_{\text{CD}}$  in Eq. (44) and  $\gamma_t$  in Eq. (42) with  $u_t = e^{-\beta_t\hbar\omega_t}$ , shown in Fig. 3. Specifically, a heating stroke involving a trap compression shows that the required counterdiabatic modulation of the trapping frequency exhibits a nonmonotonic behavior involving of sequence of tight compressions and decompressions, overshooting the reference modulation. Along the process, the dephasing strength takes predominantly positive values, thus suppressing coherences in the position eigenbasis. counterdiabatic cooling strokes are more challenging to implement than counterdiabatic heating strokes. First, the dephasing strength takes negative values throughout the cooling stroke, enhancing coherences in the position representation. Second, the square frequency of the trap exhibits as well a nonmonotonic behavior characterized, acquiring transient negative values associated with a purely imaginary frequency, e.g., the inversion of the trap into an anti-trap. Such inversions are also common to counterdiabatic driving for unitary processes whenever the duration of the process is comparable to  $\omega_0^{-1}$  [4]. While the inversion of the trap is not free from technical difficulties, its realization has been facilitated by the development of the painting potential

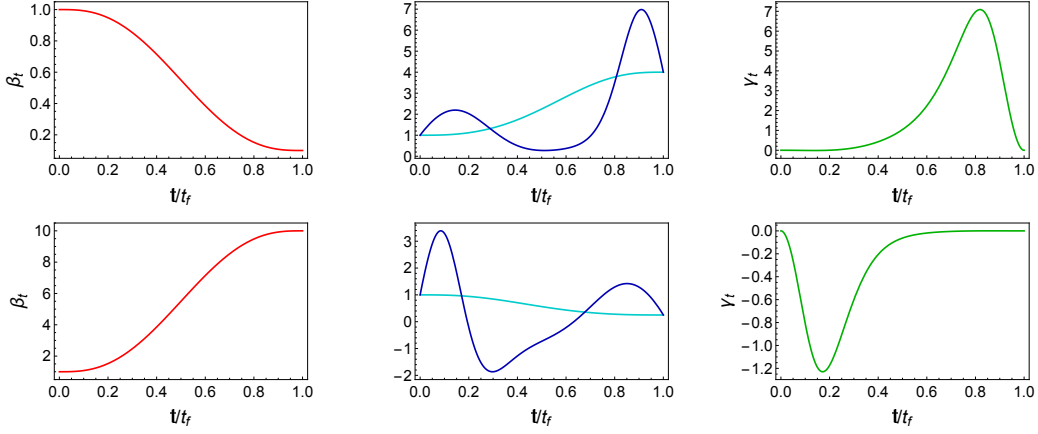


Figure 3: Counterdiabatic driving of an open driven quantum oscillator. Heating stroke (top): Left: Modulation of the inverse-temperature with  $\beta_f = \beta_0/10$ . Center: Monotonic reference modulation of the trapping square frequency  $\omega_t^2/\omega_0^2$  compared with the nonmonotonic counterdiabatic modulation  $\tilde{\omega}_{\text{CD}}^2/\omega_0^2$ , with  $\omega_f = 2\omega_0$ . Right: Time-dependent dephasing strength in units of  $m\omega_0/\hbar$ . The bottom row shows the engineering of a cooling stroke with  $\omega_f = \omega_0/2$  and  $\beta_f = 10\beta_0$ . Negative values of  $\tilde{\omega}_{\text{CD}}^2/\omega_0^2$  are associated with trap inversion.

technique and the use of digital micromirror devices [65] as suggested in Ref. [66].

## 5 Summary and conclusions

We have introduced a universal scheme to design shortcuts to adiabaticity in open quantum systems, interacting with an environment. This scheme provides the generalization of counterdiabatic driving [5, 6], also known as transitionless quantum driving [48], to open quantum systems. It is based on first prescribing a target trajectory for the evolution of the system, and then determining the required auxiliary Hamiltonian terms and dissipators that generate it.

The resulting dynamics admits different physical realizations. It can be associated with a driven system in the presence of balanced gain and loss, a scenario that occurs naturally, e.g., in  $\mathcal{PT}$ -symmetric quantum mechanics. Alternatively, it can be implemented via a non-Markovian evolution in which the equation governing the dynamics takes a generalized Lindblad-like form. The latter is readily accessible in a variety of platforms—including trapped ions, Rydberg atoms, and superconducting qubits, among other examples—by using, e.g., digital quantum simulation techniques [67–71]. Our formalism thus enables to engineer superadiabatic open processes to speed up, i.e., heating, cooling, and isothermal strokes.

We have applied this framework to the engineering of strokes in an open two-level system. In addition, we have provided an experimentally-friendly protocol for the controlled thermalization of a

driven quantum oscillator, that can be implemented with current technology in trapped ions and ultracold gases. The framework introduced here should find broad applications in quantum thermodynamics, and more generally, in quantum technologies requiring the fast control of an open system embedded in an environment.

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## A Lindblad-like master equation

In this section, we verify that the dissipator

$$\mathcal{D}(\varrho) = \sum_{mn} \gamma_{mn} (L_{mn} \varrho L_{mn}^\dagger - \frac{1}{2} \{L_{mn}^\dagger L_{mn}, \varrho\}), \quad (47)$$

with the choice of the time-dependent Lindblad operators and rates given in the main text, satisfies the identity

$$\mathcal{D}(\varrho) = \sum_m \partial_t \lambda_m(t) |m_t\rangle \langle m_t|. \quad (48)$$

Employing the explicit form of  $L_{mn}$  in Eq. (47) one finds

$$\mathcal{D}(\varrho) = \sum_{mn} \frac{\partial_t \lambda_m(t)}{r} (|m_t\rangle \langle m_t| - |n_t\rangle \langle n_t|). \quad (49)$$



Noting that  $\sum_{n=1}^r 1 = r = \text{rank}(\varrho)$  and  $\sum_{m=1}^r \partial_t \lambda_m(t) = \partial_t \text{Tr}[\varrho]$ , it follows that

$$\mathcal{D}(\varrho) = \sum_m \partial_t \lambda_m(t) |m_t\rangle \langle m_t| - (1/r) \partial_t \text{Tr}[\varrho] \sum_n |n_t\rangle \langle n_t|. \quad (50)$$

As the second term on the RHS vanishes identically for a norm-preserving evolution, this completes the proof of Eq. (48).

## B Lindblad operators for arbitrary strokes in two-level systems

Consider the trajectory described by the instantaneous thermal state of a two-level system

$$\varrho(t) = \sum_{\alpha=\pm} \frac{e^{\alpha \frac{\beta}{2} \sqrt{\Omega^2 + \Delta^2}}}{2 \cosh[\frac{\beta}{2} \sqrt{\Omega^2 + \Delta^2}]} |\alpha_t\rangle \langle \alpha_t|, \quad (51)$$

where  $\beta$ ,  $\Delta$ , and  $\Omega$  are time-dependent. The Lindblad operators are  $L_{+-} = |+\rangle \langle -|$  and  $L_{-+} = |- \rangle \langle +|$ , as in Eq. (25) in the main text, with rates

$$\gamma_{+-}(t) = \frac{\Delta^2 \partial_t \beta + \Omega (\Omega \partial_t \beta + \beta \partial_t \Omega) + \beta \Delta \partial_t \Delta}{2\sqrt{\Delta^2 + \Omega^2} (e^{-\beta \sqrt{\Delta^2 + \Omega^2}} + 1)},$$

$$\gamma_{-+}(t) = -\frac{\Delta^2 \partial_t \beta + \Omega (\Omega \partial_t \beta + \beta \partial_t \Omega) + \beta \Delta \partial_t \Delta}{2\sqrt{\Delta^2 + \Omega^2} (e^{\beta \sqrt{\Delta^2 + \Omega^2}} + 1)}.$$

## C Thermalization of a quantum oscillator

We provide details to establish the equivalence of the different master equations for the fast thermalization of a quantum oscillator. To do this, we use the coordinate representation. The thermal state of a harmonic oscillator is known to be described by a Gaussian density matrix,

$$\varrho(x, x', t) = \langle x | \varrho(t) | x' \rangle = N_t e^{-A_t(x^2 + x'^2) - 2C_t x x'}, \quad (52)$$

with normalization constant  $N_t = \sqrt{2(A_t + C_t)}/\pi$ . The real parameters  $A_t = k_t^2(1 + u_t^2)/(2(1 - u_t^2))$  and  $C_t = -k_t^2 u_t/(1 - u_t^2)$  follow from the inverse length  $k_t = \sqrt{m\omega_t/\hbar}$  and the normalization factor  $N_t = k_t \sqrt{(1 - u_t)/(\pi(1 + u_t))}$ . This gives the coordinate representation of the dissipator (34) as

$$\langle x | \tilde{\mathcal{D}}_{\text{CD}}(\tilde{\varrho}) | x' \rangle = \frac{\partial \varrho(x, x', t)}{\partial t} e^{i \frac{m\alpha_t}{2\hbar}(x^2 - x'^2)}$$

$$= \left( \frac{\dot{N}_t}{N_t} - \dot{A}_t(x^2 + x'^2) - 2\dot{C}_t x x' \right) \tilde{\varrho}(x, x', t). \quad (53)$$

Given the explicit form of  $N_t$ , choosing  $\Omega_t = -\frac{\dot{N}_t}{N_t}$ , as in Eq. (40), leads to  $\dot{A}_t + 2\Omega_t A_t = -\dot{C}_t - 2\Omega_t C_t \equiv \gamma_t$ . The latter corresponds to a dephasing strength, and allows recasting the dissipator as

$$\langle x | \tilde{\mathcal{D}}_{\text{CD}}(\tilde{\varrho}) | x' \rangle = \left[ \Omega_t (2A(x^2 + x'^2) + 4C x x' - 1) - \gamma_t (x - x')^2 \right] \tilde{\varrho}(x, x', t). \quad (54)$$

We wish to rewrite this last expression in operator form. To that end we note that  $[H_0, \varrho(t)] = 0$  and thus  $[UH_0U^\dagger, \tilde{\varrho}(t)] = 0$ , whence it follows that

$$[\{\hat{x}, \hat{p}\}, \tilde{\varrho}] = \frac{2}{\alpha} \left[ \frac{\hat{p}^2}{2m} + \frac{1}{2} m(\omega_t^2 + \alpha_t^2) \hat{x}^2, \tilde{\varrho} \right]. \quad (55)$$

Explicit computation using the coordinate representation of the trajectory,  $\tilde{\varrho}(x, x', t) = \varrho(x, x', t) e^{i \frac{m\alpha_t}{2\hbar}(x^2 - x'^2)}$ , yields

$$\langle x | [\{\hat{x}, \hat{p}\}, \tilde{\varrho}(t)] | x' \rangle = 2m\alpha_t(x^2 - x'^2) \tilde{\varrho}(x, x', t) + 2i\hbar(2A(x^2 + x'^2) + 4C x x' - 1) \tilde{\varrho}(x, x', t). \quad (56)$$

As a result, the dissipator admits the operator form of the dissipator given in the main text, Eq. (41).

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