

Research Article

Silica Aerogel Improves the Biocompatibility in a Poly-*\varepsilon*-Caprolactone Composite Used as a Tissue Engineering Scaffold

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Poly- ε -caprolactone (PCL) is a biodegradable polyester that has received great attentions in clinical and biomedical applications as sutures, drug delivery tool, and implantable scaffold material. Silica aerogel is a material composed of SiO₂ that has excellent physical properties for use in drug release formulations and biomaterials for tissue engineering. The current study addresses a composite of silica aerogel with PCL as a potential bone scaffold material for bone tissue engineering. The biocompatibility evaluation of this composite indicates that the presence of silica aerogel effectively prevented any cytotoxic effects of the PCL membrane during extended tissue culture periods and improved the survival, attachment, and growth of 3T3 cells and primary mouse osteoblastic cells. The beneficial effect of silica aerogel may be due to neutralization of the acidic condition that develops during PCL degradation. Specifically, it appears that silica aerogel to PCL wt/wt ratio at 0.5:1 maintains a constant pH environment for up to 4 weeks and provides a better environment for cell growth.

1. Introduction

Poly- ε -caprolactone (PCL) is one of the polyester polymers that possess several advantages including benign biocompatibility, low cost, biodegradability, and easy fabrication. Previous studies have suggested that PCL was a good candidate biomaterial for cartilage tissue engineering in terms of cell attachment, proliferation, and matrix production [1–4]. Positive effects of PCL composites on osteoblasts when using as bone graft substitute have also been demonstrated [3, 5–7]. In addition, PCL has been investigated for reconstruction of many other tissues such as skin, nerve, and retina [8]. The major drawback to the use of PCL as tissue scaffold is the production of an acidic environment during the PCL degradation process, which may influence the local microenvironment and cell viability.

Aerogels are materials with extremely high porosity and a high surface area [9]. They are usually produced by supercritical extraction of a stable gel using sol-gel technology [10, 11]. Aerogels have useful properties such as high heat insulation [12, 13], low refractive index [14, 15], and dielectric constant close to gas properties [16, 17]. For the past decade, aerogels have gained increased attention in the biomedical field as a potential tool for targeted drug delivery systems [18-20]. Silica aerogel is a material composed of SiO₂ with physical properties that include (1) amorphous properties with extremely low bulk density $(0.003-0.35 \text{ g/cm}^3)$, (2) optical transparency that facilitates the identification of captured material(s) within the aerogel, (3) high thermal insulation, and (4) light weight. Silica aerogel exhibits a high surface area with a structure comprised of three-dimensional beaded connections of silica particles with several nanometers in diameter, forming

uniform pore sizes of tens of nanometers in diameter [21]. Silica-based bioglass has been successfully used for bonefilling material in orthopedic surgery and dental care [22– 24]. Hench et al. [25] first reported the development of 45S5 Bioglass in 1971, which contained the following compositions: 45 wt.% SiO₂, 24.5 wt.% Na₂O, 24.5 wt.% CaO, and 6 wt.% P₂O₅ (46.1 SiO₂, 24.4 Na₂O, 26.9 CaO, and 2.6 P₂O₅ mol%). Subsequently, various systems of silica bioglasses have been described for wide applications in regenerative medicine including bone graft substitutes [26–31]. Using a rat model, Sabri et al. tested the biocompatibility properties of a polyurea cross-linked silica aerogels implant as a potential biomaterial for biomedical applications [32].

Our long-term goal is to develop a biocompatible bone graft substitute with seeding cells. The current study will test our hypothesis that the addition of the basic silica aerogel in the composite scaffold can neutralize the acidic environment and promote cell survival and growth. Specifically, silica aerogel + PCL membranes were fabricated with various contents of silica aerogel, and *in vitro* tests were performed to evaluate their degradability, cell biocompatibility, and cytotoxicity.

2. Materials and Methods

2.1. Silica Aerogel/PCL Membranes Preparation. Silica aerogel was prepared as described previously [11]. In brief, 1 mL of silica sols (pH = 10, Shanghai Hengxin Chemical Reagent Co., China) was mixed with 2 mL of ethanol. The mixture was stirred and heated at 50°C for 5 hours followed by addition of another 2 mL of ethanol to the mixture. The mixture was then heated at 60°C for 24 h. After adding 0.4 mL of tetraethyl orthosilicate (TEOS) and 2 mL of ethanol, the mixture was further heated at 70°C for 48 hours. The pulverized silica aerogel was obtained at the end of the heating process.

The silica aerogel/PCL composite membranes were fabricated at silica aerogel to PCL (Mn 80000, Sigma-Aldrich Chemicals, St. Louis, MO) wt/wt ratios of 0:1 (sample A), 0.125:1 (sample B), 0.25:1 (sample C), or 0.5:1 (sample D). Briefly, 1g of PCL was dissolved in 10 mL of tetrahydrofuran (Sigma-Aldrich) followed by mixing silica aerogel powders. The mixture was then cast into petri dishes at room temperature. After evaporation of the solvent overnight at room temperature, the silica aerogel/PCL membranes were placed under vacuum for 5 h at room temperature to remove tetrahydrofuran residue.

2.2. Determination of pH Changes in Solutions Soaking Silica Aerogel/PCL Membranes. The composite membrane pieces ($10 \text{ mm} \times 5 \text{ mm} \times 0.04 \text{ mm}$) with various silica aerogel, PCL, ratios were immersed, respectively, in 5 mL of distilled water for up to 4 weeks. pH values of the immersion water from different samples were tested every 7 days using a pH meter (model AB15, Fisher Scientific).

2.3. Cell Cultures. The 3T3 cells (ATCC, Manassas, VA) were cultured in Dulbecco's modified eagle's medium (DMEM) supplemented with 5% fetal bovine serum (FBS) (Invitrogen, Grand Island, NY), 2 mM glutamine (Invitrogen), 100 U/mL

penicillin (Invitrogen), and 100 μ g/mL streptomycin (Invitrogen) at 37°C with 5% CO₂ atmosphere.

Primary osteogenic cells were induced from mouse bone marrow mononuclear cells isolated by density centrifugation over Histopaque-1083 (Sigma-Aldrich, USA), as detailed previously [33, 34]. The cells were cultured in complete media consisting of DMEM supplemented with 10% FBS, 10 mM β glycerol phosphate (Sigma-Aldrich), 10⁻⁴ M L-ascorbic acid (Sigma-Aldrich), 10 nM dexamethasone (Sigma-Aldrich), 2 mM glutamine, 100 U/mL penicillin (Invitrogen), and 100 µg/mL streptomycin. Cells were subcultured when confluence and the 3rd passages of the cells were used for the biocompatibility studies. Over 90% of the induced osteoblastic cells were able to express alkaline phosphatase (ALP) and osteocalcin (established techniques in the lab, data not shown) [34, 35].

2.4. Biocompatibility Evaluations on Cells with the Silica Aerogel/PCL Membranes. At 90% confluence, 3T3 cells or the primary osteoblastic cells were subcultured in each well of a 24-well plate at 10⁴ cells/well with the testing materials (in 16 mm diameter disc) for up to 7 days. Cells cultured without testing composite material were kept as nontreated controls. At day 4 or day 7, a cell proliferation assay (MTT assay) was performed as described previously [36]. Briefly, $100 \,\mu L$ MTT (3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide, Aldrich-Sigma) at 5 mg/mL in PBS was added into each well for 6 hour incubation, followed by 10% sodium dodecyl sulfate (SDS) treatment at 37° C overnight. 200 μ L of supernatant from each well was transferred to a 96-well plate the next day to read at 590 nm wavelength on a SpectraMax Plus 384 microplate spectrophotometer (Molecular Devices, Sunnyvale, CA). For cell viability estimation, the lactate dehydrogenase (LDH) assay was performed, using a CytoTox 96 Non-Radioactive Cytotoxicity Assay kit (Cat no. G1780, Promega, Madison, WI). LDH activity in the culture media and the lysed cells was, respectively, assayed by colorimetric reaction with the substrate provided in the kit. The optical density (OD) values were recorded spectrophotometrically at 490 nm; the cell viability and cytotoxicity were calculated by relative medium LDH level over the cell lysis LDH as stated in the vendor's protocol.

2.5. Cytotoxicity Potential of the Eluted Solutions from the Silica Aerogel/PCL Membranes. Testing membranes (10 mm \times 10 mm) were immersed in 333 μ L culture medium in a sterile test tube at 37°C. The culture medium was collected 24 hours later (as day 1 release medium), and the same amount (333 μ L) of fresh medium was added to the tube. The same procedure was repeated everyday to obtain day 2 to day 8 release media.

3T3 cells were seeded in a 96-well plate at $10^4/100 \,\mu\text{L}$ medium/well for 24 h in an incubator (37°C, 5% CO₂ in air) before introduction of the membrane release media (100 μ L/well). Fresh culture medium without release medium was used as a control. Cells were then incubated at 37°C, 5% CO₂ for 72 h, followed by adding 20 μ L MTT (5 mg/mL) in each well. The MTT was replaced after 6 h incubation by 200 μ L of 10% SDS, and the cells were incubated overnight

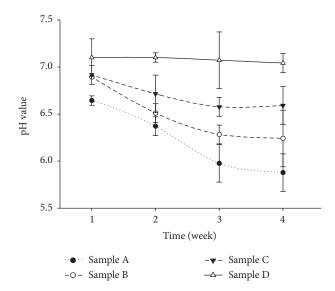


FIGURE 1: The pH values of the distilled water over the time (in weeks) with sample A (silica aerogel to PCL wt/wt ratio 0:1), sample B (silica aerogel to PCL 0.125:1), sample C (silica aerogel to PCL 0.25:1), and sample D (silica aerogel to PCL 0.5:1). *P < 0.05.

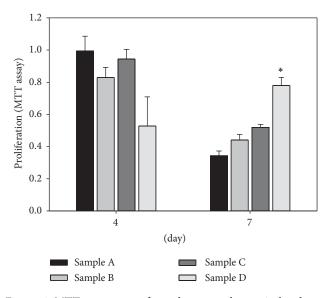


FIGURE 2: MTT assay was performed to assess the survival and proliferation of 3T3 cells when exposed to the testing materials (samples A–D). Significantly cell growth was observed in sample D (silica aerogel to PCL wt/wt ratio 0.5:1) at day 7 in comparison with other groups (*P < 0.05).

at 37° C, 5% CO₂. The next day, these 96-well plates were read at a 590 nm wavelength on a microplate photospectrometer (Molecular Devices). The OD values were recorded for cytotoxicity index determination. Cytotoxicity index of the samples was calculated by normalizing the MTT assay values with the proliferation data of the nontreated cells:

Cytotoxicity Index

$$= 100 - \left(\frac{\text{sample's OD value}}{\text{mean OD value of controls}} \times 100\right),$$
⁽¹⁾

while the cytotoxicity index would be 0 if the sample OD value/controls mean OD value was larger than 0.7, suggesting no cytotoxic influence.

2.6. Scanning Electron Microscope (SEM) Assessment. Primary osteoblastic cells at 10^5 /mL were cultured on the testing materials in a 24-well plate at 37° C, 5% CO₂ for 4 days. The samples were then fixed in 1.5% glutaraldehyde (Fisher Scientific, USA) and 2% osmium tetroxide (Sigma-Aldrich, USA), followed by dehydration in series of ethanol. The samples were left air dry for 4 hours under a laminar flow hood before sputter coating with gold and observed using a S-2400 Hitachi scanning electron microscope at 15 kV.

2.7. Statistical Analysis. The results were expressed as arithmetic mean and standard deviation of six separate samples for each test and control group, with total of three independent experiments. Statistical analysis between groups was performed by single factor analysis of variance (ANOVA) test, with the LSD formula for *post hoc* multiple comparisons (SPSS v16, Chicago, IL). A *P* value of less than 0.05 was considered as significant difference.

3. Results

3.1. pH Changes following Silica Aerogel/PCL Membranes Immersion in Distilled Water. Figure 1 summarizes the pH changes during the immersion test over a period of 4 weeks. The results clearly showed that an increase in the silica aerogel ratio in the composite correlated with the elevation of pH. While the pH values of the distilled water immersed with samples A, B, and C progressively declined over the extended time period, the SiO₂-PCL composite at 0.5:1 ratio (sample D) sustained in the water for up to 4 weeks without significant pH changes, and the data were statistically significant at 2, 3, and 4 weeks when compared to samples A and B (P < 0.05).

3.2. Biocompatibility of Silica Aerogel/PCL Membranes. The MTT assay indicated a level of cell growth inhibition during the early days of culture with the high silica aerogel composite (sample D), in comparison with other testing materials (Figure 2). However, it appeared that increasing the SiO₂ ratios (samples B–D) positively correlated with the cell survival at the 7-day cultures (P < 0.05, Figure 2). LDH assay on the primary osteoblastic cell cultures clearly showed improved cell survival when exposed to the membranes with higher silica aerogel ratios (P < 0.05, Figure 3). The SEM observations correlated with the results of the proliferation and cell survival assays in that significantly more primary osteoblastic cells were attached on the surface of sample D compared to those on samples A and B after 4-day culture (P < 0.05, Figure 4).

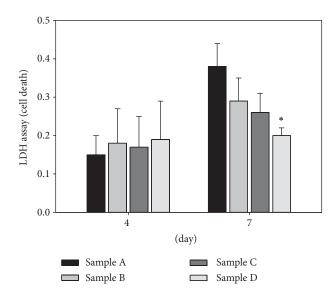


FIGURE 3: LDH assay was performed to evaluate the viability of the primary osteoblastic cells when exposed to the testing materials (samples A–D). While the cell death rate was low on all the groups at early days, elevated cell death was observed on samples A to C after 7-day culture except in the sample D group (*P < 0.05).

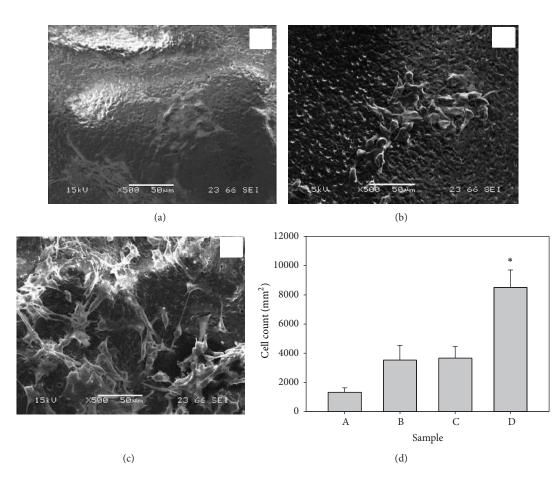


FIGURE 4: Representative SEM images of the primary osteoblastic cells cultured on the testing materials for 4 days: panel (a): sample A, panel (b): sample C, and panel (c): sample D. Panel (d) summarizes the cell numbers per mm² membrane on each group, using a computerized image analysis system (*P < 0.05).

3.3. Cytotoxicity Effects of the Elution Products from the Silica Aerogel/PCL Membranes. MMT-based cytotoxicity assays were performed to assess the influence of the release media from the composite materials on the viability and growth of 3T3 cells. While there were no cytotoxic effects of the testing materials at the first 4 days elution, media from samples A, B, and C started to inhibit the cell growth after the 5-day immersion (Figure 5). However, the media from sample D (high SiO₂ to PCL ratio membrane) immersion remained nontoxic for at least 8 days (P < 0.05, Figure 5).

4. Discussion

When developing a biomaterial scaffold for tissue engineering, it is desirable that the local microenvironment be maintained at pH 7.2–7.4. Since the acidic degradation product of PCL restrains the growth of cells or tissues, we hypothesize that addition of silica aerogel to PCL to form a PCL-silica aerogel composite material may neutralize the acidic condition that results from degradation of PCL and thus optimize the tissue repair microenvironment to allow cell growth and tissue regeneration. The data in this experiment is consistent with our hypothesis, showing that an increase in the ratio of SiO₂ resulted in an elevation and stabilization of the environmental pH, particularly for a silica aerogel to PCL wt/wt ratio of 0.5:1.

In vitro assays were performed in this study to evaluate the biocompatibility of the silica aerogel-PCL membranes. NIH3T3 cells are standard fibroblastic cells which represent the most common cells in various connective tissues and have been broadly used for in vitro determination of general biocompatibility of potential biomaterials, including in bone scaffold research [31, 37]. Primary osteoblastic cells were also used as a targeted cell type for bone graft substitutes. It is noteworthy that the presence of silica aerogel decreased the proliferation of the cells on the membranes during the early culture period, but the division rate of cells on the membranes recovered quickly and improved with the increase of silica aerogel amounts in the composite membranes. PCL, as one of the most popular synthetic polymers in tissue engineering and regenerative medicine, appears to be biocompatible yet not very intrinsic osteoinductive by itself [34, 38, 39]. In the current study, significant cell cytotoxicity was found in cultures on PCL alone and the lower ratios of SiO₂ composite starting around day 5, suggesting that a suboptimal environment such as lower pH for cell survival was developed at this stage. However, cell viability and proliferation on the sample with a high ratio of SiO₂ were maintained without overt cytotoxicity. It is apparent that the acidic degradation products of PCL were responsible for the inhibition of the cell growth, since the cell viability of PCL alone was approximately half of the values compared to the nonmaterial controls (Figure 2). The presence of silica aerogel neutralized the acidic condition and maintained the appropriate growth of cells. SEM revealed a significantly larger number of cells growing on the surface of sample D (Figure 4(c)). Cell quantification indicated that the cell attachment correlated with the increase of SiO₂ ratios in the composite membranes.

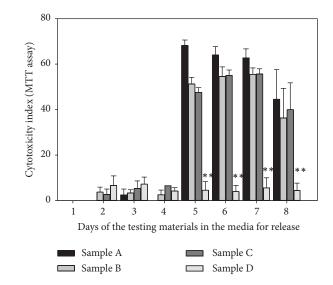


FIGURE 5: Cytotoxicity index was calculated based on MTT assay values to assess the cytotoxic influence of the release product from the testing materials (see Section 2 for calculation formula). Delayed cytotoxic effects were obvious on the texting samples except sample D (**P < 0.01).

5. Conclusions

The data suggest that the presence of silica aerogel in the silica aeregel/PCL composite may inhibit the cell growth to a minor extent during the initial culture period, but neutralization of the acidic condition at the extended culture period is beneficial in maintaining and stimulating the ultimate cell survival and growth. The study provides intriguing information of the silica aerogel/PCL composite, and further investigation is underway to characterize its properties in animal models for bone and cartilage tissue repair/engineering, as well as the cellular and molecular mechanisms that may be involved in the regulation of the cell survival and proliferation under the presence of the biomaterial components.

Conflict of Interests

None of the authors has conflict of interests to disclose on this work. Dr. Paul H. Wooley is a consultant to the legal representatives of DePuy, Inc., who received no financial benefit for this service.

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