

# 1 Slow Slip Events: Earthquakes in Slow Motion

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12 **Faults can slip episodically during earthquakes, but also during transient aseismic slip**  
13 **events<sup>1-7</sup>, often called Slow Slip Events (SSEs). Previous studies based on observations**  
14 **compiled from various tectonic settings<sup>8-10</sup> have suggested that the moment of SSEs is**  
15 **proportional to their duration,  $T$ , instead of the  $M_0 \propto T^3$  scaling found for earthquakes<sup>11,12</sup>.**  
16 **This finding has spurred efforts to unravel the cause for this difference of scaling<sup>8,13-17</sup>.**  
17 **Thanks to a new catalog of SSEs on the Cascadia megathrust based on the inversion of**  
18 **surface deformation measurements between 2007 and 2017<sup>18</sup>, we find that a cubic**  
19 **moment-duration scaling law is more likely. Like regular earthquakes, SSEs also obey  $M_0 \propto$**   
20  **$A^{3/2}$ , where  $A$  is the rupture area, and the Gutenberg-Richter frequency-magnitude**  
21 **relationship. Finally, these SSE slip models show pulse-like ruptures similar to seismic**

22 **ruptures. The dynamic and scaling properties of SSEs are thus strikingly similar to those of**  
23 **regular earthquakes.**

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25 Geodetic monitoring of strain accumulation and release along various subduction zones has  
26 revealed episodic events of aseismic slip along different megathrusts<sup>1-5</sup>. These Slow Slip  
27 Events (SSEs) are typically accompanied by a burst of weak low-frequency seismic signals  
28 called tremors<sup>19,20</sup>. The characteristics of these slow earthquakes compiled from different  
29 subduction zones<sup>8</sup> suggest that their moment,  $M_0$  (defined as the integral of slip over the fault  
30 area multiplied by the shear modulus), is proportional to their duration,  $T$ . It has therefore  
31 been inferred that SSEs and earthquakes, which obey<sup>12</sup>  $M_0 \propto T^3$ , correspond to distinct modes  
32 of slip<sup>8</sup>. The cubic scaling is expected for circular ruptures with constant stress drop expanding  
33 at a constant rate<sup>12</sup>, a kinematic model close to the dynamic circular crack model<sup>21</sup> which fits  
34 most properties of earthquakes to first order. The Moment-duration scaling should however  
35 transition to  $M_0 \propto T$  for the larger 'bounded' ruptures that saturate the seismogenic zone<sup>13</sup>.  
36 This transition is hardly seen in seismicity catalogs as they are dominated by smaller,  
37 unbounded events<sup>13,22</sup>. By contrast, only the larger SSEs are generally detected with geodetic  
38 techniques and they generally show large aspect ratios suggesting bounded ruptures. This  
39 consideration lead to the suggestion<sup>13</sup> that the different scaling between regular earthquakes  
40 and SSEs arises because earthquakes catalogs are dominated by unbounded ruptures while  
41 SSEs mostly represent bounded ruptures. An alternative view is that the difference of scaling  
42 between earthquakes and SSEs reflects a fundamentally different dynamics<sup>8,17</sup>.

43 In this study we take advantage of a recent catalog of SSEs from Cascadia<sup>18</sup> which was  
44 obtained from the inversion of geodetic position time series recorded at 352 continuous GPS

45 stations between 2007.000 and 2017.632. After extracting a secular trend average through  
46 the SSEs from the time series, and deducing from it the pattern of locking along the plate  
47 interface (Fig. 1), the data were corrected for the effect of surface loads as well as of co- and  
48 post-seismic slip. These corrected time series were used to image spatio-temporal variations  
49 of slip along the megathrust (Fig. 1). The catalog of SSEs extracted from the slip model history  
50 on the whole megathrust contains 64 events which were found to coincide with the spatio-  
51 temporal distribution of tremors (Fig. 2), as was found in previous similar studies<sup>23,24</sup>.  
52 Individual events show unidirectional or bidirectional ruptures with a rupture front velocity  
53 between  $\sim 5.5$  km/day and  $\sim 11$  km/day<sup>18</sup>. The larger ones show pulse-like behavior very  
54 similar to large earthquake ruptures<sup>25</sup> but with a much lower propagation and slip rates.  
55 Figure 1 shows the cumulated distribution of slip resulting from all 64 SSEs. As shown by Gao  
56 and Wang<sup>26</sup>, the zone of episodic slow slip and tremors follows closely the intersection of the  
57 forearc Moho with the megathrust, and is separated from the shallower locked zone by a 40  
58 km wide band of steady creep (Fig. 1). The catalog contains SSEs with a relatively wide range  
59 of sizes spanning moment magnitudes between  $\sim M_w$  5.3 and  $M_w$  6.8 (Fig. 2), allowing for the  
60 investigation of the scaling properties of a population of SSEs which all happened in relatively  
61 narrow range of conditions.

62 The moment-duration data of this catalog falls in the slow-slip domain identified by Ide et al.<sup>8</sup>  
63 (red shading in Fig. 3 and S1). However they don't follow the linear scaling proposed in that  
64 study, and align better along the  $M_0 \propto T^3$  scaling of earthquakes. This dataset suffers  
65 however from a bias since a low-pass temporal filter with a cut-off period of  $\sim 30$  days was  
66 applied to the time series. To refine the analysis and alleviate the possibility of a bias  
67 introduced by the automatic picking of the onset and end of the SSEs, we carried out manual  
68 measurements using time series filtered with a shorter cut-off period of  $\sim 9$  days, (see

69 Supplements for details). For sanity we removed 17 events which we considered  
70 questionable, and combined 7 pairs of events, due to their closeness in time and space. The  
71 final revised catalog consists of 40 events. For each event we estimate minimum and  
72 maximum durations and find the same trend as the original catalog. We next use the revised  
73 dataset to search for the best fitting scaling law, taking into account duration and magnitude  
74 uncertainties and the effect of the filter (see Methods for details). For example we show in  
75 Figure 3a where filtered data should plot if  $M_0 \propto T$  (yellow dots) and  $M_0 \propto T^3$  (green dots) were  
76 the true relationships to generate the observations. The RMSE for  $c=3$  is about half the value  
77 obtained for  $c=1$  and varies little for  $c \geq 3$ . So we conclude that SSEs occurring under a narrow  
78 range of conditions (*e.g.*, temperature and pressure), as is the case in the deep SSEs from  
79 Cascadia analyzed here, follow a near cubic moment-duration scaling like regular  
80 earthquakes. This finding is all the more unexpected since most of the SSEs in our catalog  
81 ruptured the entire width of the zone of episodic slow slip and tremors defined from the  
82 cumulated slip (Figs. 1&S4) and have large aspect ratios (Fig. 4). They would therefore be  
83 expected to follow a linear scaling<sup>13</sup>. It is noteworthy that, while the cubic scaling of regular  
84 earthquake is generally justified based on the circular crack model<sup>27</sup>, the same scaling is  
85 observed in our dataset where most ruptures are very elongated with aspect ratios of 2 to 12  
86 (Fig 4b).

87 The original catalog as well as our manual measurement also define a tightly constrained  
88 moment-rupture area scaling following approximately the  $M_0 \propto A^{3/2}$  scaling of regular  
89 earthquakes (the best fitting scaling law exponent is actually 1.25, see Supplements for  
90 details) (Fig. 3f). The ratio  $M_0/A^{3/2}$  is however three orders of magnitude smaller, implying a  
91 stress drop of  $\sim 4.3 \pm 2.0$  kPa, based on the same circular crack model generally used to  
92 quantify seismic ruptures<sup>12</sup>, vs 1-10MPa for regular earthquakes. This means stress drop is

93 however questionable as the rupture areas are quite elongated (Fig. 4b). We therefore  
94 estimated the average stress drop for each of our SSE based on our slip model using the  
95 approach of Noda et al.<sup>28</sup> and using Meade's analytical solution<sup>29</sup> for triangular sub-faults. The  
96 values range between 0.9 and 18.0 kPa, with a mean of  $\sim 5.8$  kPa and a standard deviation of  
97 2.0 kPa. Our mean stress drop is about 10 times lower than the value proposed by Schmidt  
98 and Gao<sup>30</sup> based on the slip model of 16  $M_w$  6.2-6.7 events between 1998 and 2008. Given  
99 that the slip-distributions are similar (the three common events are compared in the  
100 Supplements), we suspect that this difference is due to the way rupture area were measured  
101 by Schmidt and Gao<sup>30</sup>, the fact that our slip models do not account for the slip that would be  
102 needed to balance interseismic loading during SSE, and the possibility that our slip models are  
103 smoother due to stronger regularization.

104 We also examined the SSEs frequency-magnitude scaling (Fig. 4a). We show the distributions  
105 obtained from both the original catalog and the revised catalog. The data selection in the  
106 revised catalog results in a roll-over at lower magnitudes, but in any case we find that the  
107 SSEs approximately obey the Gutenberg-Richter relationship with a b-value of the order of  
108  $\sim 0.8$ . The abrupt drop in the frequency of events larger than  $M_w$  6.4 suggests a truncation  
109 effect. The truncation cannot be explained by the transition from unbounded ruptures to  
110 bounded ruptures in width (this transition would occur at a much lower magnitude  $\sim M_w$  5.7  
111 given the aspect ratio of the ruptures), but it could alternatively be due to the along-strike  
112 segmentation discussed below. With only 11 events with  $M_w > 6.4$ , this observation should  
113 however be considered with caution. A previous study had also argued for SSEs obeying the  
114 Gutenberg-Richter law<sup>31</sup> but used moment inferred from duration assuming linear  
115 proportionality. It seems that the conclusion holds in spite of this probably incorrect scaling  
116 assumption.

117 Finally, we note that the zone of SSEs can be divided into a discrete number of segments that  
118 slip systematically as a whole, either independently or jointly (Fig. 2). From the rupture  
119 patterns, cumulative slip distribution, and number of time a sub-fault has slipped (Fig. S4), we  
120 defined 13 segments (Fig. 2). Segments 1 and 2 are extremely coupled. They mostly rupture  
121 together expect for a rupture in July 2014 (2014.612) which was restricted to segment 2.  
122 Segment 7 ruptured in combination with segments 6 and 8 in 2014, but never by itself. The  
123 segmentation of the Cascadia SSE zone had already been noticed<sup>9</sup>, and a similar segmentation  
124 is observed in Japan<sup>32</sup>. This segmentation is qualitatively similar to the segmentation defined  
125 by regular megathrust earthquakes<sup>33,34</sup>.

126 In conclusion, the  $M_0 \propto T$  scaling proposed in the seminal study of Ide et al.<sup>8</sup>, probably arises  
127 from the assembling of slow slip events occurring under different conditions. We suspect that,  
128 as described here for the particular case of the SSEs in Cascadia, any subset of SSEs under  
129 similar conditions would yield a cubic scaling law as we found here. The along-strike  
130 segmentation, frequency-magnitude distribution, and scaling properties of SSEs on the  
131 Cascadia subduction zone are thus found to be remarkably similar to those of regular  
132 earthquakes. The pulse-like propagation of individual events also looks very similar to the  
133 seismic ruptures as inferred for large SSEs in the context of the Mexican subduction<sup>35</sup>. We  
134 infer that the dynamics governing aseismic SSEs is not that different from the dynamics  
135 governing seismic ruptures, a surprising result given that seismic ruptures are commonly  
136 thought to be governed by inertial effects which should not play any role in the case for SSEs.  
137 Unexpectedly, our results also call for reexamination of the cause of the  $M_0 \propto A^{3/2}$  scaling as  
138 it seems that, at least in the case of SSEs, the explanation based on the circular crack model  
139 would not hold. It also calls for a reexamination of the effect of geometric bounding on scaling  
140 properties of regular earthquakes as well as SSEs. The similar scaling properties of SSEs and

141 regular earthquakes suggest that SSEs might help develop and test dynamic models of  
142 earthquake sequences which are difficult to constrain from observations due in particular to  
143 the long return period of large earthquakes.

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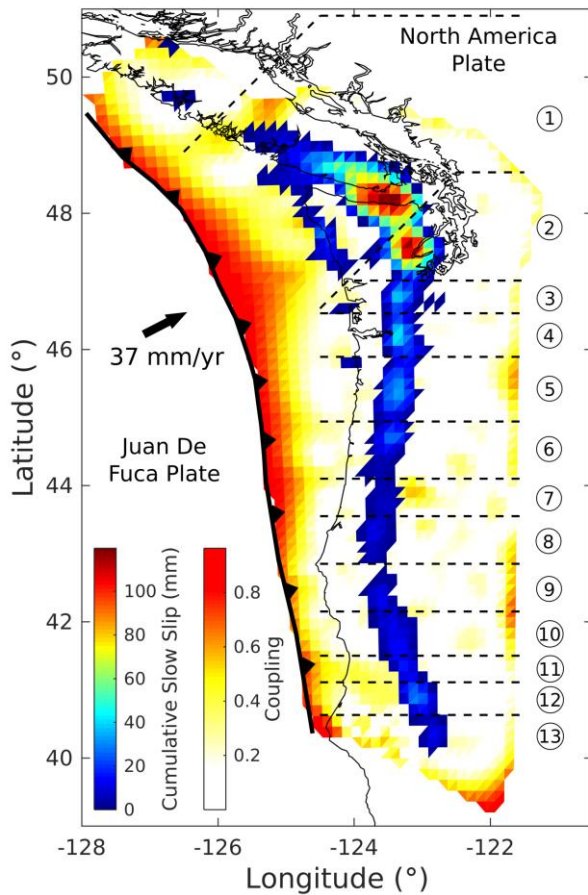
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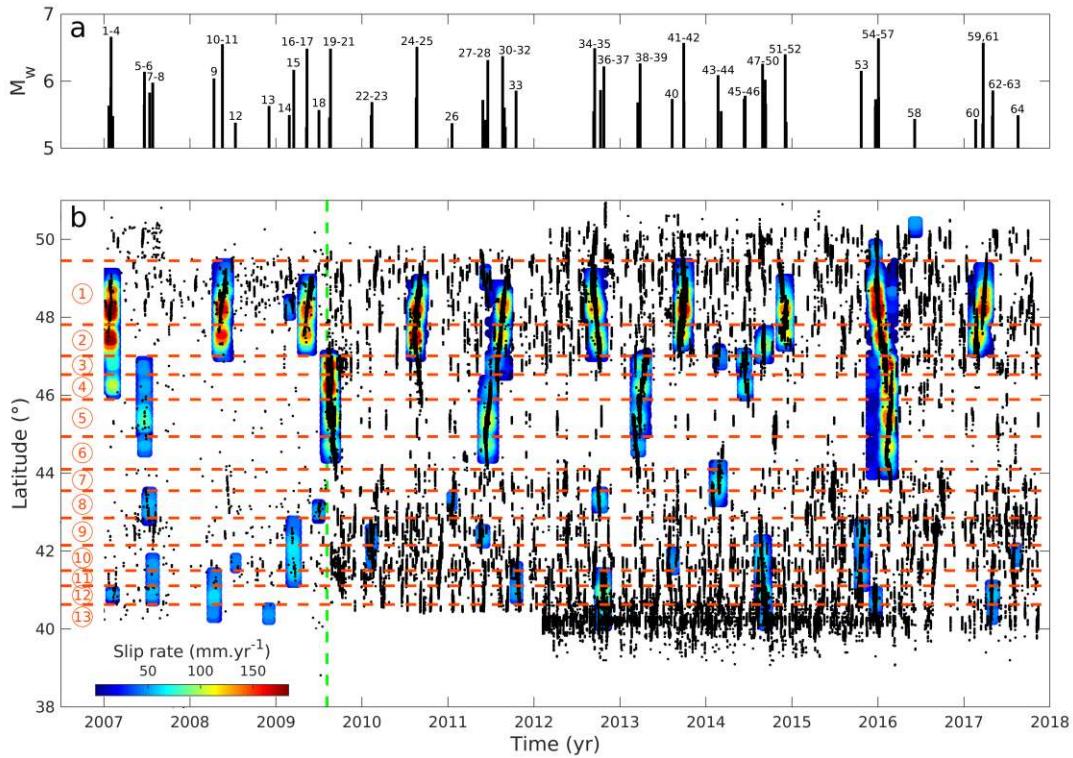
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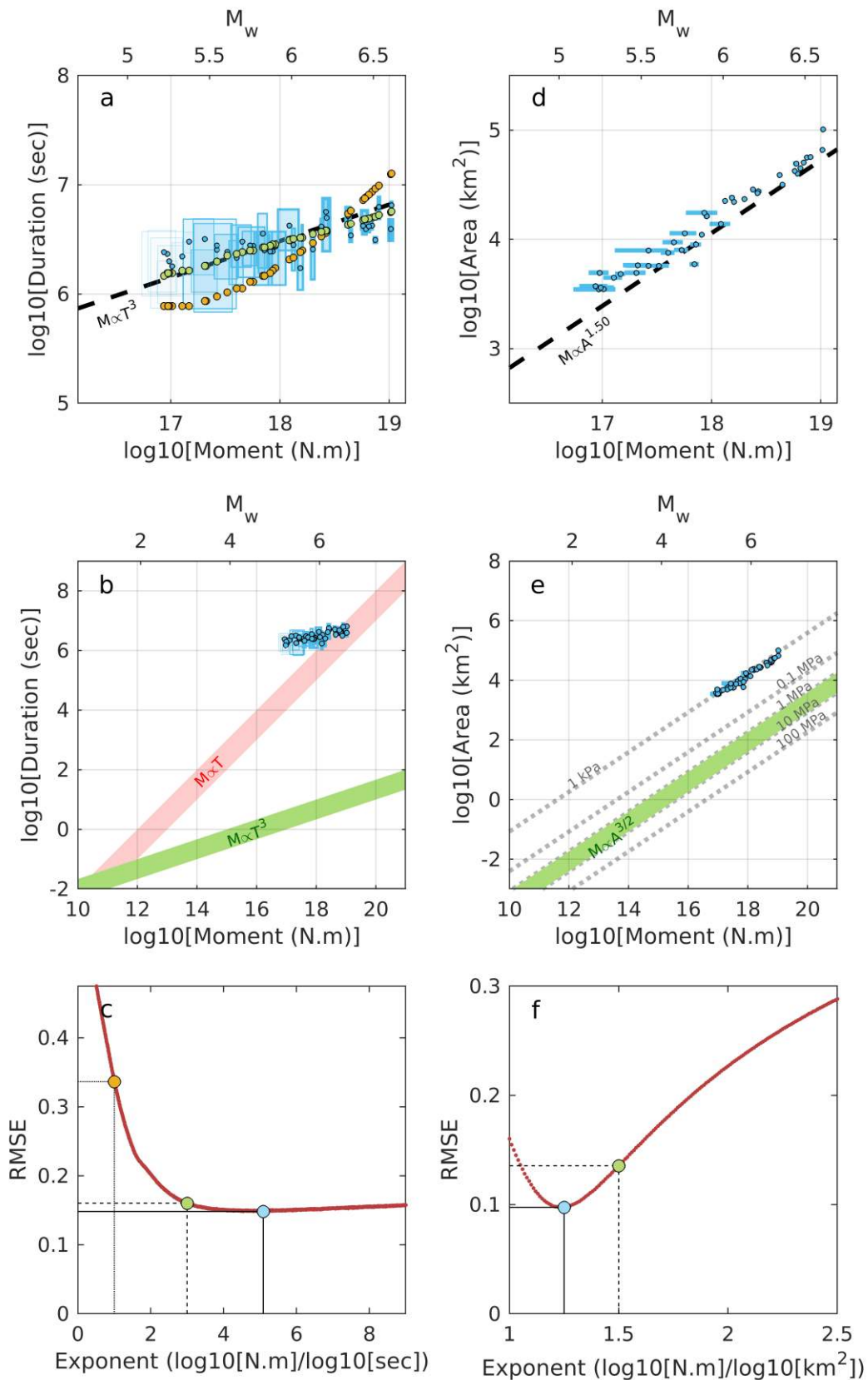
234 **Figure 1 | Comparison of interseismic coupling with cumulated slip due to episodic slow slip**  
 235 **between 2007 and 2017<sup>18</sup>.** The analysis is based on GPS time series between 2007.000 and  
 236 2017.632 from 352 cGPS stations from the Pacific Geodetic Array (PANGA) and the Plate  
 237 Boundary Observatory (PBO). SSEs were determined from the temporal variations of geodetic  
 238 displacement, corrected for hydrological effects and other tectonic sources (co- and post-  
 239 seismic deformations). The cumulated slip due to all the 64 SSEs in our catalog forms a band  
 240 that follows the intersection of the forearc Moho with the megathrust and is disconnected  
 241 from the shallower locked portion of the megathrust. Interseismic coupling is defined as the  
 242 rate of slip deficit due to locking of the Megathrust in the interseismic period divided by the  
 243 long term slip rate. Interseismic coupling and the long term forearc motion was determined  
 244 from the secular GPS velocities (best fitting linear trend to the GPS time series). The model  
 245 shown here assumes locking at the trench. Alternative models assuming no locking at the  
 246 trench can fit the data equally well but, in any case, the locked zone is clearly disconnected  
 247 from the zones of episodic slow slip and tremors<sup>26</sup>.



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249 **Figure 2 | Spatio-temporal distribution of slip and SSEs segmentation.** a) Time line with  
 250 magnitudes, labeled by event number, of all 64 SSEs of our original catalog<sup>18</sup>. b) Timing and  
 251 rupture extent of the SSEs. The black dots indicate tremors. The catalogue from Ide<sup>36</sup> is used  
 252 until 2009.595, the catalogue from PNSN (<https://pnsn.org/tremor>) is used thereafter. The  
 253 vertical green line marks the separation between the two catalogs. The dashed pink lines  
 254 indicate the segment boundaries defined as the rupture ends (see also Supplementary Fig.  
 255 S3).

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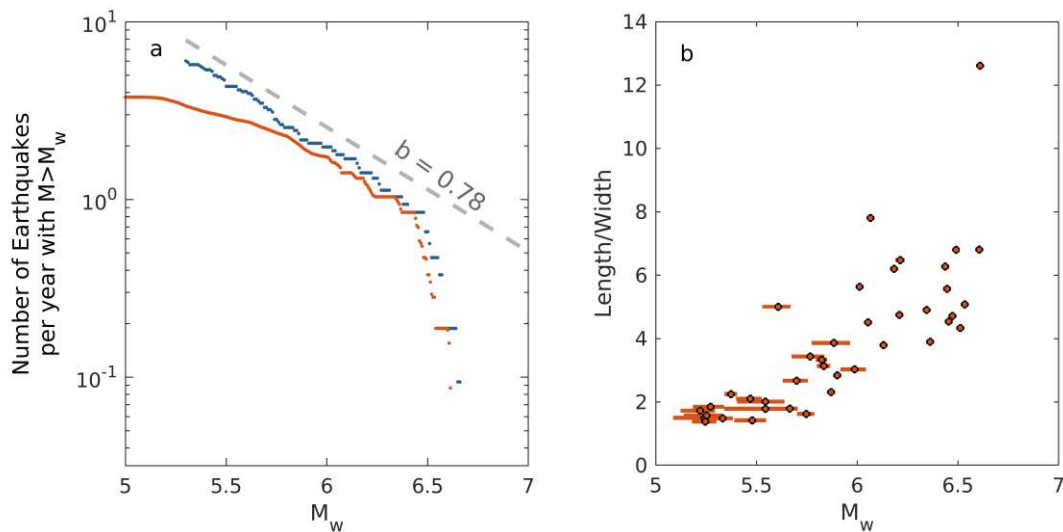
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258 **Figure 3 | Moment-Duration and Moment-Area scaling laws.** (a) Relationship between the  
 259 moment,  $M_0$ , released by SSEs and their duration,  $T$ . The black dashed line indicates the slope  
 260 of the scaling law for regular earthquakes. The green and yellow dots (as in Fig. 3c) show the  
 261 expected moment-duration distribution for catalogs following  $M_0 \propto T^3$  and  $M_0 \propto T$ ,

262 respectively, affected by the temporal filter in the case of the best-fitting value of the  
 263 intercept. (b) Comparison with the scaling laws for slow (red shading) and regular  
 264 earthquakes (green shading) proposed by Ide et al.<sup>8</sup>. (c) Data fit assuming  $M_0 \propto T^c$ , taking into  
 265 account the magnitude and duration uncertainties and the effect of the temporal filter (see  
 266 Methods). The RMSE for  $c=3$  (green dot) is half that for  $c=1$  (yellow dot), and only 10% larger  
 267 than the best fitting value which is obtained for  $c=5.09$  (blue dot). (d) Relationship between  
 268 the moment released by SSEs and their rupture area,  $A$ . The black dashed line indicates the  
 269 scaling law for regular earthquakes. (e) Comparison with the scaling law of regular  
 270 earthquakes (green shading). Stress drop iso-lines are estimated based on the circular crack  
 271 model<sup>12</sup>:  $M_0 = C^{-1} \Delta\tau A^{3/2}$ ,  $\Delta\tau$  the stress drop,  $A$  the rupture area and  $C=2.44$ . See  
 272 supplement for details about the measurements. (f) Data fit assuming  $M_0 \propto A^d$ , taking into  
 273 account the uncertainty on moment (see Methods). The best fitting value is  $d=1.25$ .

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277 **Figure 4 | Frequency-Magnitude distribution and aspect ratio of SSEs in Cascadia.** (a)  
 278 Logarithm of the number of SSEs with moment magnitude larger than the value in abscissa  
 279 using the original catalog<sup>18</sup> (blue dots) and the revised catalog (red dots). Like regular  
 280 earthquakes, SSEs are observed to follow approximately a linear trend, i.e. the Gutenberg-  
 281 Richter relationship (see Methods for the  $b$ -value estimate). The apparent larger  $b$ -value at  
 282  $M_w > 6.4$  is defined by only 11 events and could suggest that the distribution is truncated  
 283 possibly as result of the along-strike segmentation. (b) Aspect ratio of rupture areas. See  
 284 supplements for details about area and aspect ratio measurements.

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## 287 METHODS

### 288 *Moment-duration scaling*

289 We determine the best fitting moment-duration scaling law,  $\text{Log}10(T) = \left(\frac{1}{c}\right)\text{Log}10(M_0) +$   
290  $b$ , taking into account the uncertainties on SSEs duration and moment (see supplement) and  
291 the effect of the temporal filter. We grid search for the best exponent,  $c$ , and intercept,  $b$ , of  
292 the scaling law. For each pair of exponent and intercept values, 1500 random catalogs of 40  
293 SSEs are created assuming a uniform probability between the minimum and maximum  
294 moment and duration values. We then compare these catalogs with the moment-duration of  
295 synthetic catalogues. The events in the synthetic catalogs have the same magnitudes as in the  
296 random catalog, thus the same final moment released,  $M_S$ , but a duration,  $D_S$ , prescribed by  
297 the tested scaling law. To account for the filter we generate synthetic time series assuming  
298 boxcar moment rate function with a moment rate equal to  $M_S/D_S$  during the event (and 0  
299 N.m/day otherwise). We apply the same filter as to the real data, (a zero-phase digital filtering  
300 using a 5-day window), and estimate durations from the filtered moment rate functions (we  
301 take a moment rate threshold of  $\dot{M}_0_{thresh} = 6.63$  N.m/day equivalent to the case of the fault  
302 smallest patch slipping at 40 mm/yr with a shear modulus  $\mu = 30\text{GPa}$ ). Finally, for the tested  
303 exponent and intercept, the RMSE is calculated between the durations of the 40 x 1500  
304 produced events and their associated smoothed synthetics. The range of values explored for  
305 the intercept and exponent spans from -35 to 7  $\log_{10}[\text{sec}]$  and 0.5 to 9  $\log_{10}[\text{N.m}]/\log_{10}[\text{sec}]$ ,  
306 respectively, using a step of 0.01 for both. The minimum RMSE for each tested exponent is  
307 shown in Fig. 3c and the best fitting corresponds to  $c= 5.09$  but is only  $\sim 8\%$  smaller than the  
308 RMSE obtained for  $c=3$ .

### 309 *Moment-area scaling*

310 We use a similar procedure to search for the best fitting moment-area scaling law,  
311  $\text{Log}_{10}(A) = \left(\frac{1}{d}\right) \text{Log}_{10}(M_0) + r$ , taking into account SSE's moment uncertainties. We grid  
312 search for the best exponent,  $d$ , and intercept,  $r$ . For each pair of tested exponent and  
313 intercept, 1500 random catalogs of 40 SSEs are created, assuming a uniform probability  
314 distribution between the estimated minimum and maximum moments and areas. For each of  
315 these catalogs, an associated synthetic catalogue was created with areas prescribed to follow  
316 the tested scaling law. For each tested exponent and intercept, a RMSE is then calculated  
317 between the areas of the 40 x 1500 produced events and their associated synthetics. The  
318 tested values of the intercept and exponent range from -15 to -1.5  $\text{log}_{10}[\text{km}^2]$  and from 1 to  
319 2.5  $\text{log}_{10}[\text{N.m}/\text{km}^2]$ , respectively, using a step equal to 0.01 for both. The minimum RMSE for  
320 each exponent tested is shown in Fig. 3f and the best fit corresponds to an exponent equal to  
321 1.25.

### 322 *Measurement of SSE rupture area and aspect ratio.*

323 The SSEs rupture areas are defined as the sum of the sub-faults areas which  
324 experienced  $\dot{\delta}_{deficit} < V_{thresh}^{18}$ , extended to their neighboring sub-faults, based on the  $\sim 30$   
325 days filtered  $\dot{\delta}_{deficit}$ . We thus estimate the SSEs length and width relative to a mean strike  
326 line that follows approximately the curved geometry of the Megathrust and runs through the  
327 middle of cumulated slip distribution of SSEs (Fig. S4). For each SSE, the rupture length is  
328 defined as the distance between the northern and southern intersections between the  
329 rupture's outline and the mean strike line. The width is defined as twice the mean distance  
330 between the rupture's outline and the mean strike line. Because some SSE ruptures are not  
331 centred over it or might not even cut it, we shift the mean strike line along dip for each SSE,  
332 forcing it to pass through its slipping area where the measured length is maximum.

333 Note that the SSEs spatio-temporal extension is sensitive to the inversion regularisation, the  
334 temporal filter applied to  $\delta_{deficit}$ , and the chosen value for  $V_{thresh}$ .

### 335 *Determination of Magnitude-Frequency distribution*

336 The magnitude frequency distribution for the revised catalog in Figure 4a is calculated taking  
337 into account the SSEs magnitude uncertainties calculated in the supplementary section  
338 ‘*Measurements of SSE duration and moment release*’. We assume that each event has a  
339 uniform distribution within its moment uncertainty and sum all of those distributions. The  
340 resulting Probability Density Function (PDF),  $P_{events}$ , gives the number of events per  
341 magnitude. We then calculate for each magnitude tested,  $M_{test}$ , the number of events over  
342  $M_{test}$  per year:

343 
$$N = \int_{M_{test}}^{\infty} P_{events}(M_w) dM_w$$
. The b-value of the Gutenberg-Richter distribution that best fits  
344 the original catalog (64 events) is estimated to 0.78 using the maximum likelihood method<sup>37</sup>.  
345 We do not estimate the b-value for the revised catalog due to the rollover at lower  
346 magnitudes due to the data selection.

347

## 348 **SUPPLEMENTS**

### 349 *Measurements of SSE duration and moment release*

350 In our original study<sup>18</sup>, we applied an equiripple low-pass filter to the slip deficit,  $\delta_{deficit}$ , with  
351 passband frequency of  $1/21 \text{ days}^{-1}$ , stopband of  $1/35 \text{ days}^{-1}$ , passband ripple of 1dB with 60dB  
352 of stopband attenuation. Calling  $\dot{\delta}_{deficit}$  the slip rate deficit on the megathrust with respect  
353 to the long-term creep, SSEs are detected when  $\dot{\delta}_{deficit}(p, t) < V_{thresh}$ , where  $V_{thresh}$   
354 corresponds to a slip deficit rate threshold set to -40 mm/yr. The applied filter removes any



355 SSE with a duration under 3 weeks and bias the estimation of the start and end of moderate  
356 SSEs, thus their duration.

357 To attenuate the duration estimation bias of the SSEs detected by the method described  
358 above, we proceed as follows. For each SSE, we focus only in the area as defined by the  
359 previous filter. Starting from the first automatic detection  $[t'_{\text{start}}, t'_{\text{end}}]$ , we consider an  
360 enlarged time span  $[t_{\text{start}}, t_{\text{end}}] = [t'_{\text{start}} - 35 \text{ days}, t'_{\text{end}} + 35 \text{ days}]$ . Instead of applying a low-  
361 pass filter, which truncates all events with frequency higher than the specified passband  
362 frequency, we perform a zero-phase digital filtering on the rough  $\delta_{\text{deficit}}$  using a 5-day  
363 window. The filter is an averaging sliding window which passes through the data in the  
364 forward and reverse direction. As a result, the time shift is zero and periods shorter than 9  
365 days are filtered out. We then convert  $\delta_{\text{deficit}}$  into moment deficit,  $M_{\text{deficit}}$ , taking a shear  
366 modulus  $\mu = 30 \text{ GPa}$  and calculate the moment deficit rate,  $\dot{M}_{\text{deficit}}$ , by taking the derivative  
367 in time. The derivative is taken using 1 day time steps. Note that, even by focusing directly on  
368 a specified SSE area, it is not possible to detect the onset and end of a SSE by looking at its  
369 global moment rate function obtained as the integral of the moment rate over all the selected  
370 sub-faults. Indeed, the onset of a SSE can be masked by neighbouring sub-faults with positive  
371  $\dot{M}_{\text{deficit}}$  (associated with loading). It is thus important to look at sub-faults individually to  
372 detect the onset and end of a SSE.

373 The complex  $\dot{M}_{\text{deficit}}$  signal of each sub-fault makes it very difficult to establish an automated  
374 detection of the SSEs' time-boundaries, and we thus base ourselves on two manual methods  
375 to estimate the onset and end of SSEs, the two methods providing a minimum and maximum  
376 duration estimation. 1) The first method, which provides the minimum duration estimation,  
377 consists in a) taking a slip deficit rate threshold,  $V_{\text{thresh}}$ , set to -40 mm/yr, b) calculating for

378 each sub-fault its equivalent moment rate,  $\dot{M}_0^{thresh}$ , since the sub-faults have different areas,  
 379 and c) determining the timing of the first and last sub-fault with  $\dot{M}_0 < \dot{M}_0^{thresh}$ . This method  
 380 is generally straight forward but provides a SSE duration underestimation since the event  
 381 could well be continuing but with moment rates under  $\dot{M}_0^{thresh}$ . In several cases the sub-faults  
 382 moment rates present several peaks oscillating around  $\dot{M}_0^{thresh}$  (e.g., SSEs #33,  
 383 supplementary document). In such cases we generally pick the duration on the most plausible  
 384 peak related to the SSE (even if the other peaks might be part of the SSE) aiming in doing so  
 385 to provide an absolute lower limit of the duration. 2) The second method, which provides the  
 386 maximum duration estimation, is an estimation of the timing of the first and last subfault  
 387 when  $\dot{M}_0 < 0$ . However, due to the noise in the slip time series, there is no simple way to  
 388 determine this timing. We choose to consistently take the onsets and end of SSEs that  
 389 determine their maximum duration possible regarding the data available, at the risk  
 390 sometimes to add noise within the time-boundaries. The two described methods serve as  
 391 guidelines and provide a bracket on SSEs' duration. An example of duration estimation is  
 392 shown in Fig. S3 for SSE 34. The SSEs estimated onset and end times are provided in Table S1  
 393 and shown in the supplementary document, which contains also the explanation of each  
 394 events picking.

395 The bracket on SSEs' duration also provides a bracket on their moment release. The total  
 396 moment release,  $M_0^{Total}$ , of a SSE is defined as:

$$397 \quad M_0^{Total} = \sum_{p=1}^Q M_0^p(T_{end}) - \sum_{p=1}^Q M_0^p(T_{start}),$$

398 where  $Q$  is the total number of sub-faults involved in the SSE,  $M_0^p(t)$  is the cumulative  
 399 moment released by patch  $p$  at time  $t$ , and  $T_{start}$  and  $T_{end}$  are the SSE onset and end times

400 as determined by the 2 methods mentioned above. An example of the procedure is shown  
401 for SSE 34 in Fig. S3b.

402

403 *Moment, duration and area biases, and comparison with SSEs from the literature.*

404 Various sources of bias were affecting our initial catalog<sup>18</sup>. Biases in the duration estimation  
405 due to automatic picking of the onset and end of each SSE and to the temporal filtering were  
406 alleviated with the manual picking method described above and by accounting for the filtering  
407 effect in the determination of the best fitting scaling law (Methods). The duration estimations  
408 depend also on the initial slip rate detection threshold of SSEs<sup>18</sup> which determines the SSEs  
409 areas.

410 Biases on SSEs areas might originate from both the slip inversion regularization<sup>18</sup> and the SSEs  
411 slip rate detection threshold,  $V_{thresh}$  (see supplement *Measurements of SSE duration and*  
412 *moment release* and *Measurements of SSE rupture area and aspect ratio*). The detection  
413 threshold method tends to underestimate areas since sub-faults could well be part of a SSE  
414 but have slip rates under  $V_{thresh}$ . Lowering  $V_{thresh}$  would enlarge the rupture areas and  
415 increase the noise level. Note that the detection threshold bias is also dependent on the  
416 temporal filter applied on the initial slip deficit for the SSEs detection<sup>18</sup> (filter with a passband  
417 frequency of  $1/21 \text{ days}^{-1}$ , stopband of  $1/35 \text{ days}^{-1}$ , passband ripple of 1dB with 60dB of  
418 stopband attenuation).

419 Moment estimation biases are also linked to the biases mentioned above since they are  
420 estimated based on the SSEs onset and end time (see supplement *Measurements of SSE*  
421 *duration and moment release*), and depend on the SSEs area estimation too.

422 There are three common events in the SSE catalogs of Michel et al.<sup>18</sup> and Schmidt and Gao<sup>30</sup>.  
423 These three events have similar magnitudes and similar distributions (Fig. S5). The peak slip  
424 estimated by Michel et al.<sup>18</sup> are half those of Schmidt and Gao<sup>30</sup> though. This is probably  
425 because the solutions of Michel et al.<sup>18</sup> are more strongly regularized (resulting in smoother  
426 slip distributions) and do not include inter-SSE-loading. The slip potencies (the integral of slip  
427 over rupture area) agree within 30% between the two studies. Note also that Michel et al.<sup>18</sup>  
428 uses an elastic modulus of 30GPa instead of 50GPa in Schmidt and Gao<sup>30</sup>, and that the SSE  
429 areas are determined differently in the two studies.

430 *Comparison of tremors durations<sup>13</sup> and SSE durations from geodesy (this study).*

431 We compared the SSEs duration that we measured based on the GNSS times series with the  
432 duration derived from the tremors<sup>13</sup>. We used revised time picks of the onset and end of the  
433 tremors provided by Gomberg (personal communication). For these common events the  
434 durations derived from the tremors and from geodesy are consistent given the effect of the  
435 filtering (Fig. S6).

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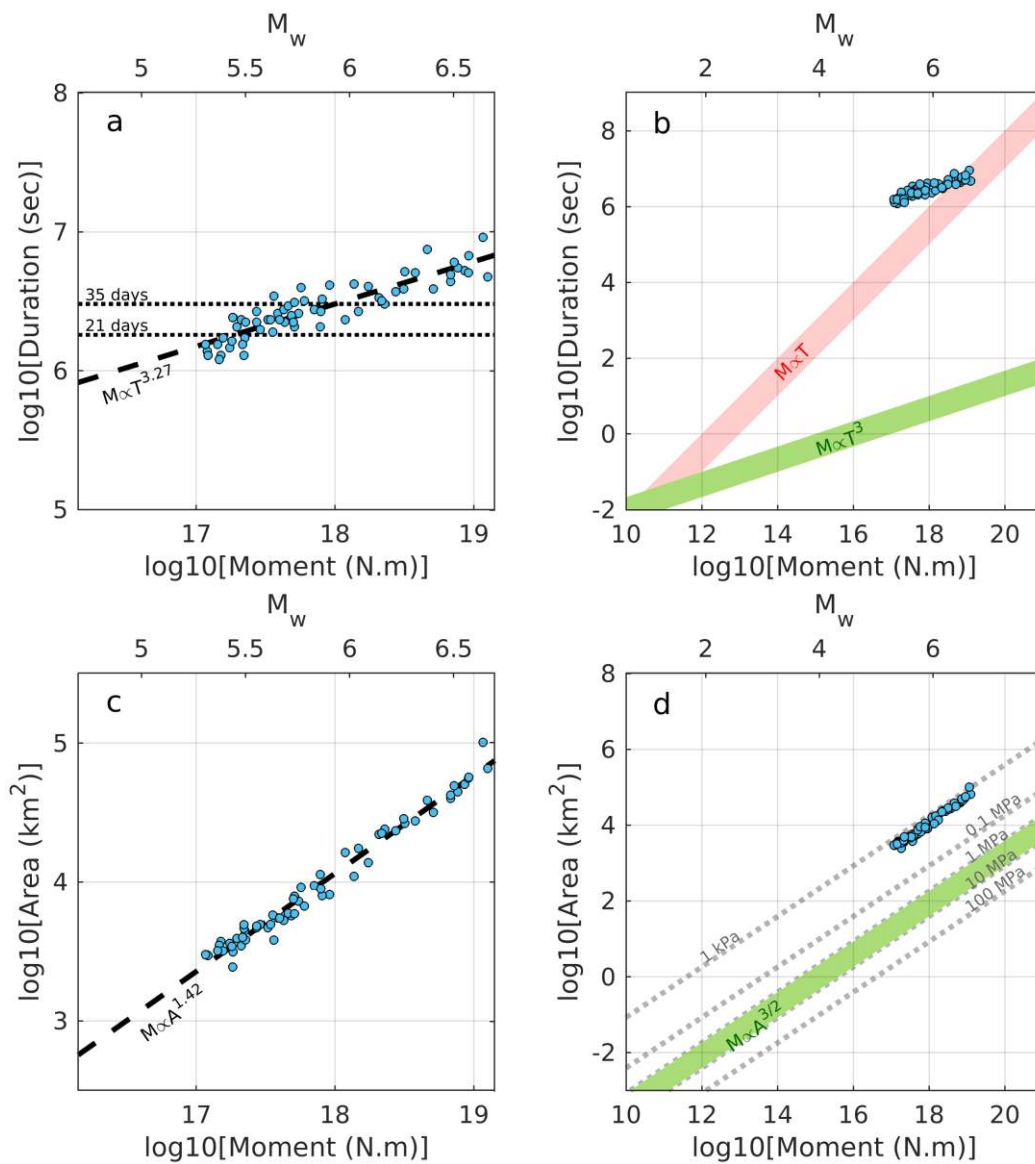
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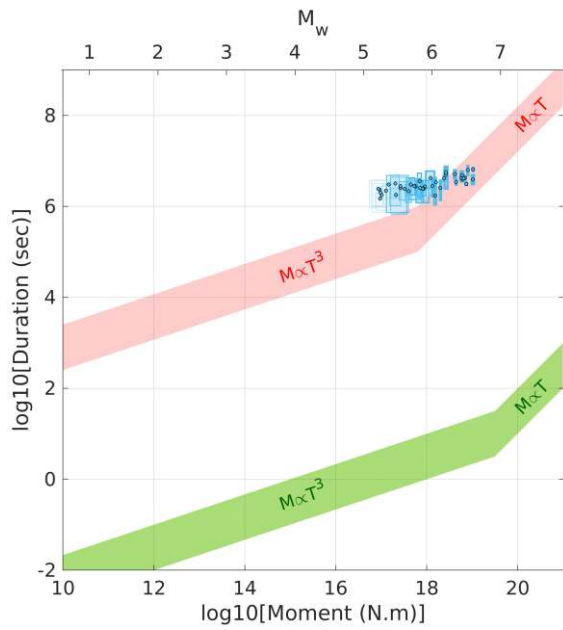
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445

446 **Figure S1 | Moment-Duration and Moment-Area scaling laws for automatic measurements.**

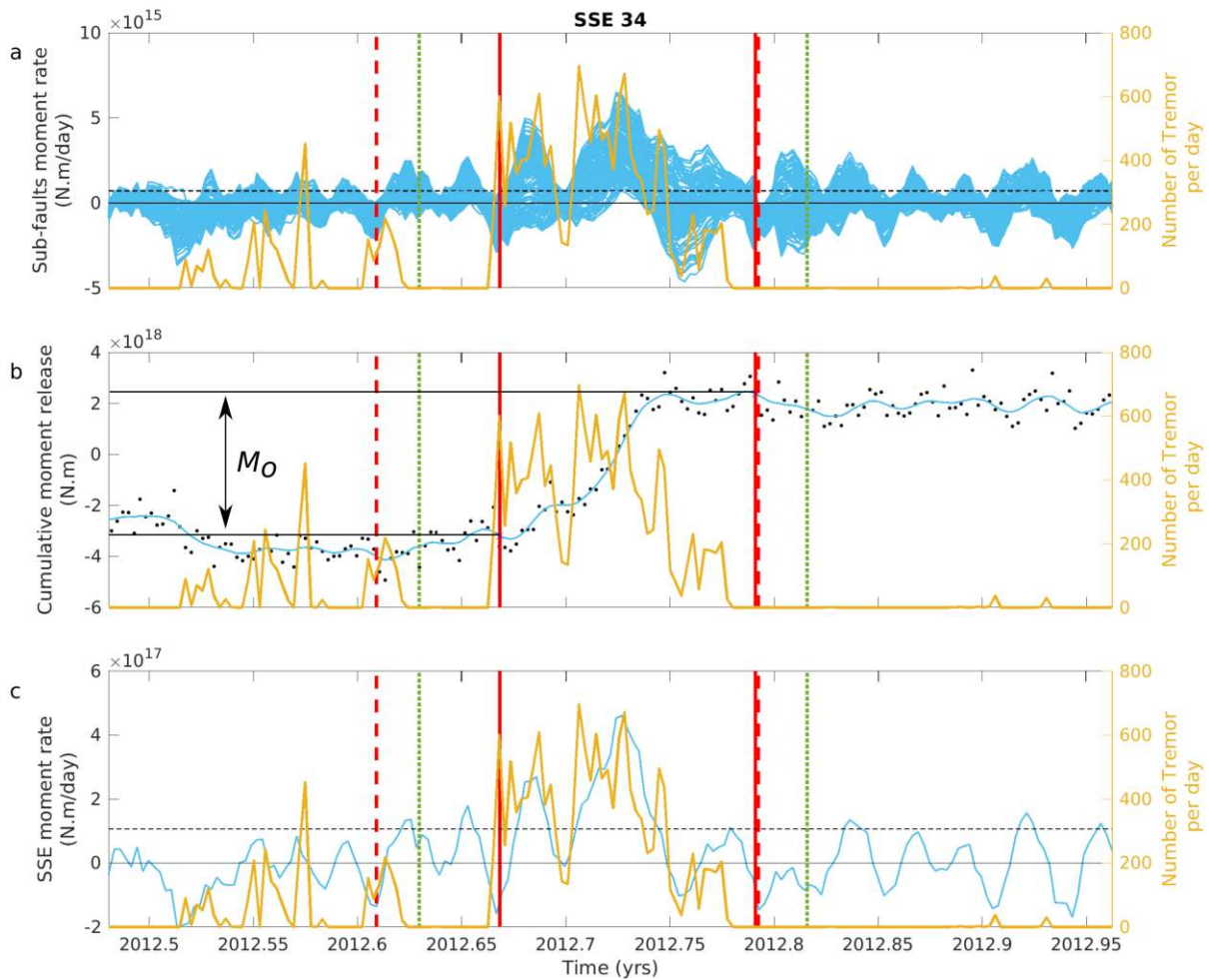
447 (a) Relationship between the moment released by SSEs and their duration. The black dashed  
 448 line shows the best linear fit. The two horizontal dotted lines indicate the filter passband and  
 449 stopband values, 21 and 35 days respectively, used on the  $\delta_{deficit}$  in Michel et al.<sup>18</sup> (b)  
 450 Comparison with the scaling laws for slow (red shading) and regular earthquakes (green  
 451 shading) proposed by Ide et al.<sup>6</sup>. (c) Relationship between the moment released by SSEs and  
 452 their rupture area. The black dashed line shows the best linear fit. (d) Comparison with the  
 453 scaling laws regular earthquakes (green shading). Stress drop iso-lines estimated based on  
 454 the circular crack model.



455

456 **Figure S2 | Moment-Duration scaling law comparison with Gomberg et al.<sup>12</sup> theory.**  
 457 Comparison of the moment-duration scaling of SSEs in Cascadia with the trends proposed for  
 458 unbounded  $M_0 \propto T^3$  and bounded  $M_0 \propto T$  ruptures by Gomberg et al.<sup>12</sup> for seismic slip (green  
 459 shading) and slow slip (red shading). Here we are plotting only our manual measurements  
 460 (blue dots and boxes).

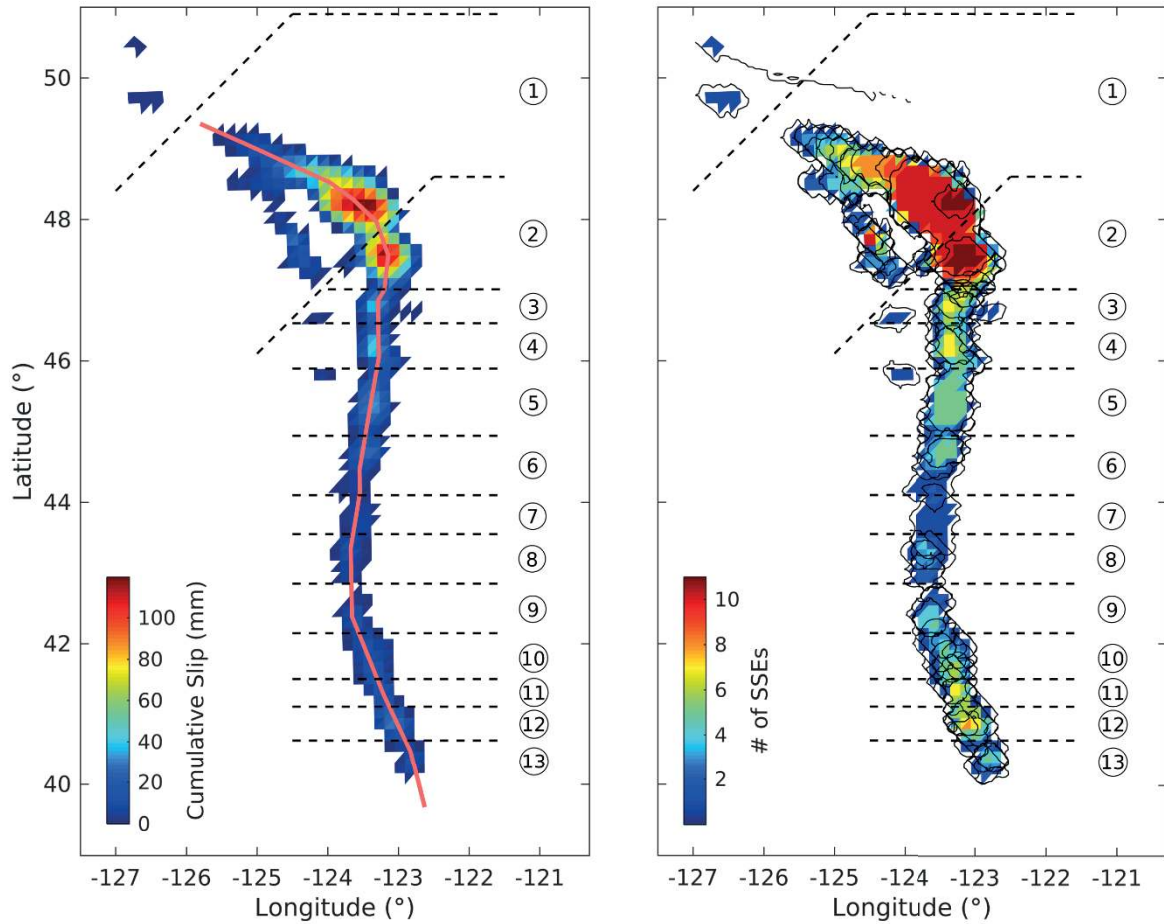
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463 **Figure S3 | SSEs duration estimations – SSE 34 example.** (a) The blue lines show the SSEs sub-  
 464 faults moment rate curves after a zero-phase digital filtering on the rough  $\delta_{deficit}$  using a 5-  
 465 day window (effectively 9 days). The dotted yellow line shows the number of tremors per day  
 466 within the SSE rupture area. The solid red lines indicate the start and end times picked  
 467 manually to estimate the minimum duration. They are determined by the timing of the first  
 468 and last sub-fault with  $\dot{M}_{0\ deficit} < \dot{M}_{0\ thresh}$ , (the threshold rate is represented by the  
 469 horizontal black dashed line). The dashed red lines indicate similarly the SSEs start and end  
 470 times picked to estimate the maximum duration. They are determined by the times of the  
 471 first and last sub-fault when  $\dot{M}_{0\ deficit} < 0$ . The dotted green lines indicate the SSEs start and  
 472 end automatic time picks<sup>18</sup>. (b) The black dots show the cumulative moment release in excess  
 473 of the moment release that would have accumulated at the interseismic rate (since the SSE  
 474 are extracted from the time series corrected for long term interseismic strain). The blue line  
 475 is its smoothed version using the same filter as indicated in (a). The red, yellow, and green  
 476 lines are the same as in (a). To illustrate the methodology used to calculate the SSE moment  
 477 release,  $M_0$ , we indicate the values taken for the calculation based on the minimum duration  
 478 by two horizontal solid black lines. (c) The blue line indicates the SSE moment rate (sum of  
 479 the SSE sub-faults moment rate). The horizontal dashed black line represents the  $\dot{M}_{0\ thresh}$   
 480 sum of all the sub-faults. The red, yellow, and green lines are the same as in (a).

481



482

483 **Figure S4 | Segments delimitation.** (a) SSES cumulative slip. The pink line indicates a  
 484 representative line of the average along-strike location of SSES given by Michel et al. <sup>18</sup> (b)  
 485 Map indicating the number of times a sub-fault has experienced a SSE. The black contours  
 486 delimit the extent of each SSE. The dashed black lines in (a) and (b) correspond to the selection  
 487 of asperities.

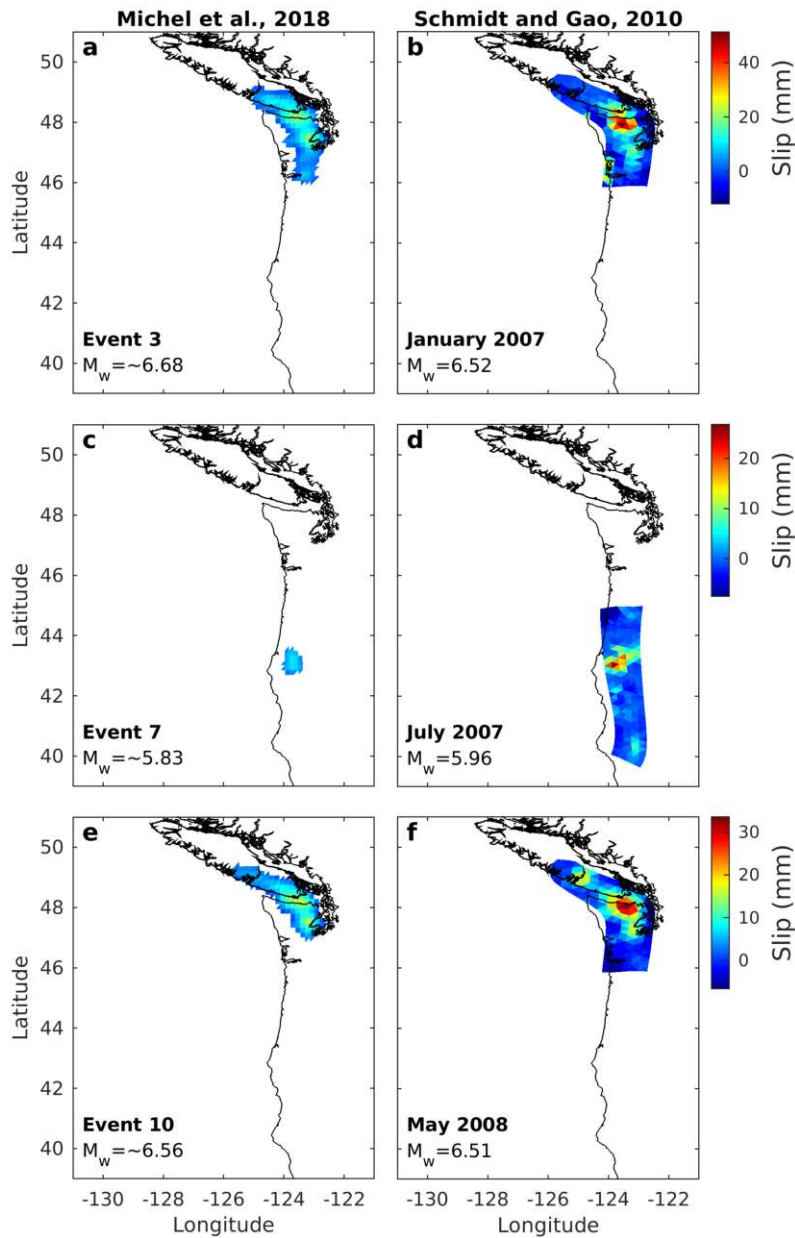
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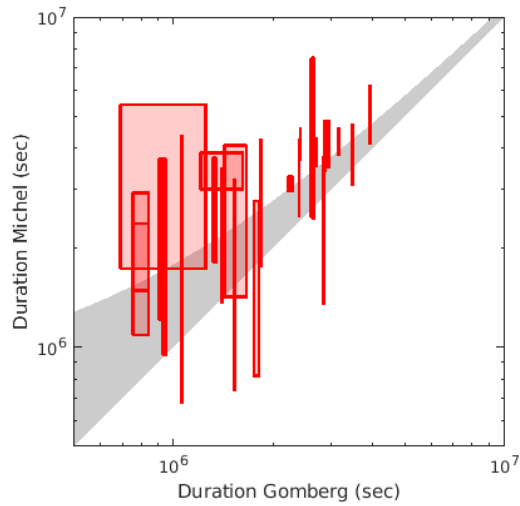
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**Figure S5 | Comparison with slip models of Schmidt and Gao<sup>30</sup>.** (a), (c) and (e) are the cumulative slip models for SSEs #3, 7 and 10 of Michel et al.<sup>18</sup>. (b), (d) and (f) are the cumulative slip models of the same SSEs estimated by Schmidt and Gao<sup>30</sup>. The magnitudes indicated in all panels are calculated taking a shear modulus  $\mu = 30$  GPa.



498

499 **Figure S6 | Comparison for tremors durations<sup>13</sup> and SSE durations derived from geodesy.**

500 The comparison is done for 24 common events. The uncertainties for the duration on the y-

501 axis are given by our minimum/maximum duration estimations. The uncertainties on the x-

502 axis are given by the minimum/maximum durations using entire/abbreviated tremor cluster

503 catalogs (see Gomberg et al.<sup>13</sup>). The lower boundary of the grey shaded area corresponds to

504 a perfect fit. The upper boundary takes into account the ~9 days period cut-off of the filter.

505

506

507 **Table S1 | SSEs duration manual estimation.** The start and end time pick for the minimum  
508 duration estimation are determined by the timing of the first and last sub-fault with  $\dot{\delta}_{deficit} <$   
509  $V_{thresh}$ . The start and end time pick for the maximum duration estimation are determined by  
510 the timing of the first and last sub-fault when  $\dot{\delta}_{deficit} < 0$ . The SSEs durations reported here  
511 are affected by the ~9 days filter bias (see supplement *Measurements of SSE duration and*  
512 *moment release*).

SSE #	Start (Max Duration)	Start (Min Duration)	End (Min Duration)	End (Max Duration)
3	2007.0267	2007.0294	2007.128	2007.1773
4	2007.0294	2007.0733	2007.1034	2007.1472
5 & 6	2007.422	2007.4264	2007.5058	2007.5579
7	2007.4576	2007.4839	2007.5397	2007.5934
8	2007.491	2007.5318	2007.5852	2007.6099
9	2008.2286	2008.2642	2008.3025	2008.3464
10	2008.316	2008.3265	2008.4477	2008.4627
12	2008.4969	2008.5298	2008.5626	2008.6174
13	2008.8939	2008.924	2008.9569	2008.9745
14	2009.1266	2009.166	2009.213	2009.2197
15	2009.1759	2009.179	2009.2135	2009.251
16	2009.3183	2009.3238	2009.436	2009.4552
18	2009.429	2009.485	2009.5325	2009.5839
19	2009.5579	2009.587	2009.6989	2009.7125
22 & 23	2010.067	2010.0921	2010.1355	2010.178
24	2010.5859	2010.5887	2010.7064	2010.7324
26	2010.9993	2011.0431	2011.069	2011.087
27	2011.347	2011.372	2011.3936	2011.4867
28	2011.3689	2011.425	2011.5031	2011.6071
29	2011.3717	2011.4275	2011.451	2011.4747
30	2011.5305	2011.555	2011.6865	2011.7276
33	2011.7345	2011.796	2011.841	2011.864
34	2012.609	2012.6684	2012.791	2012.7926
36	2012.7242	2012.7269	2012.7844	2012.843
37	2012.7445	2012.7998	2012.8429	2012.8638
38 & 39	2013.1403	2013.1814	2013.305	2013.3758
40	2013.5401	2013.562	2013.5852	2013.6934
41	2013.6769	2013.682	2013.776	2013.781
43	2014.0274	2014.1314	2014.2108	2014.216
44	2014.119	2014.1218	2014.1971	2014.2357
45 & 46	2014.333	2014.438	2014.4928	2014.5051
47 & 50	2014.5914	2014.6051	2014.7135	2014.746
48	2014.6215	2014.6516	2014.69	2014.7392
51	2014.857	2014.8597	2014.955	2014.9802
53	2015.7276	2015.7851	2015.8371	2015.8535
54 & 55	2015.9521	2015.974	2016.168	2016.1711
56	2015.9202	2015.9603	2015.999	2016.0178
59	2017.039	2017.1239	2017.279	2017.2827
62 & 63	2017.2981	2017.2991	2017.3484	2017.4086

64	2017.5428	2017.5715	2017.603	2017.606
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