# 1 Similarity and diversity of genetic architecture for complex

# 2 traits between East Asian and European populations

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#### 29 Abstract

30 **Background:** Genome-wide association studies have detected a large number of 31 single-nucleotide polymorphisms (SNPs) associated with complex traits in diverse 32 ancestral groups. However, the trans-ethnic similarity and diversity of genetic 33 architecture is not well understood currently.

34 **Results:** By leveraging summary statistics of 37 traits from East Asian ( $N_{max}$ =254,373) 35 or European ( $N_{\text{max}}$ =693,529) populations, we first evaluated the trans-ethnic genetic 36 correlation ( $\rho_g$ ) and found substantial evidence of shared genetic overlap underlying these traits between the two populations, with  $\hat{\rho}_g$  ranging from 0.53 (se=0.11) for 37 adult-onset asthma to 0.98 (se=0.17) for hemoglobin A1c. However, 88.9% of the 38 39 genetic correlation estimates were significantly less than one, indicating potential 40 heterogeneity in genetic effect across populations. We next identified common 41 associated SNPs using the conjunction conditional false discovery rate method and 42 observed 21.7% of trait-associated SNPs can be identified simultaneously in both 43 populations. Among these shared associated SNPs, 20.8% showed heterogeneous 44 influence on traits between the two ancestral populations. Moreover, we demonstrated 45 that population-common associated SNPs often exhibited more consistent linkage 46 disequilibrium and allele frequency pattern across ancestral groups compared to population-specific or null ones. We also revealed population-specific associated 47 48 SNPs were much likely to undergo natural selection compared to population-common 49 associated SNPs.

50 **Conclusions:** Our study provides an in-depth understanding of similarity and 51 diversity regarding genetic architecture for complex traits across diverse populations, 52 and can assist in trans-ethnic association analysis, genetic risk prediction, and causal 53 variant fine mapping.

54 Keywords: Trans-ethnic analysis, genetic similarity and diversity, summary statistics,
55 genome-wide association study, conditional false discovery rate

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#### 56 Background

57 Over the past few years, large-scale genome-wide association studies (GWASs) have 58 convincingly detected a large number of genetic loci associated with a series of 59 complex traits by casting single-nucleotide polymorphisms (SNPs) across the entire 60 genome [1], generating novel biological knowledge and renovating diagnostic and 61 treatment tools for diseases [2, 3]. However, existing GWASs have been heavily 62 biased towards European (EUR) individuals, with 66.4% (=7,377/11,113, until 2023-63 4-25) of studies conducted in EUR but only a few in other populations [4]. As medical genomics studies have become increasingly large and diverse, acquiring insights into 64 65 similarity and diversity of trait-associated SNPs among distinct populations and consequently the transferability of disease genetic risk is imperative in clinical 66 67 translation [5].

68 It has been revealed that many trait-associated SNPs identified in GWASs of EUR 69 ancestry can be replicated in other ethnic groups [2, 6-10], in the sense that they show 70 significant association with consistent direction of genetic effects in non-EUR 71 individuals, indicating complex traits enjoy common genetic components across 72 diverse continental populations. For example, the trans-ethnic genetic correlation is 73 0.79 (se=0.04) for ulcerative colitis and 0.76 (se=0.04) for Crohn's disease [11], 0.46 74 (se=0.06) for rheumatoid arthritis (RA) [12], 0.33 (se=0.03) for major depressive 75 disorder [13], and 0.39 (se=0.15) for attention-deficit hyperactivity disorder between 76 the EUR and East Asian (EAS) populations. However, these estimated trans-ethnic 77 genetic correlation are in general significantly less than one in spite of being larger 78 than zero [12, 14], which meanwhile suggests ancestral diversity.

79 Indeed, ancestry-relevant heterogeneity regarding varying allele frequency and 80 linkage disequilibrium (LD) patterns is observed for some causal variants such that a 81 significant association detected in one population is not readily identified in others [5, 82 15, 16]. Notable examples include a nonsense variant in TBC1D4, which confers 83 muscle insulin resistance and increases risk for type 2 diabetes (T2D) and is common 84 in Greenland but rare or absent in other populations [17], several common EAS-85 specific coding variants that influence blood lipids by exerting a protective effect 86 against alcoholism [18, 19], and two loci associated with major depression that are

87 more common in the Chinese population than EUR (i.e., 45% vs. 2% for rs12415800, 88 and 28% vs. 6% for rs35936514) [20, 21]. As another example, multiple associated 89 loci located within PCSK9, APOA, APOC, and ABCA1 all play key roles in lipid 90 genetics in both the EUR and African (AFR) Americans, yet the precise alleles within 91 each locus differ substantially between the two populations, supporting the 92 perspective that lipid-associated SNPs are largely shared across ancestral groups, but 93 the allelic structure within a locus may be shaped by population history and thus 94 exhibits considerable heterogeneity [22, 23].

95 Prior work has investigated the replicability of GWAS discoveries for some particular 96 traits, displaying the similarity and diversity of associated SNPs across ancestral 97 groups [7, 12, 24, 25]. However, those studies primarily focused on limited traits or a 98 small set of significant loci [7, 24]; it is unknown whether their conclusions can be 99 generalized to other traits or to genome-wide SNPs given the polygenic nature of 100 many complex phenotypes. In addition, some of previous studies focused mainly on 101 the trans-ethnic genetic correlation [12, 25, 26], which however only quantifies an 102 overall genetic similarity across the whole genome and cannot characterize detailed 103 association pattern for individual SNPs. A comprehensive genome-wide assessment of 104 trans-ethnic similarity and diversity of genetic components for traits is challenging 105 because our knowledge of genetic architecture within each population is not fully 106 understood.

107 To fill in this critical knowledge gap mentioned above, here we obtained GWAS 108 summary statistics of 37 complex traits from the EAS and EUR populations to 109 perform a complete comparison of genetic similarity and diversity across the two 110 populations. We first evaluated the trans-ethnic genetic correlation to quantify the 111 extent of common genetic basis to which these traits shared [12]. Then, we identified 112 population-specific and population-common trait-associated SNPs [27, 28]. 113 Afterwards, we conducted the marginal genetic correlation analysis and heterogeneity 114 test for these associated SNPs [25]. Finally, we evaluated how the LD and minor allele frequency (MAF) patterns varied among various types of SNPs and studied 115 116 whether the genetic differentiation between ancestry groups can be explained via 117 natural selection [7, 24]. We also assessed the genetic influence of associated SNPs on 118 traits across populations by calculating a genetic risk score (GRS) [24, 29].

#### 119 **Results**

#### 120 **Overview of the used statistical methods**

We here give a brief overview of some important statistical methods employed in our analyses and showed more methodological descriptions in the Materials and Methods Section. Technical details of all used methods could be found in respective original papers. We here analyzed a total of 37 complex traits (10 binary and 27 continuous)

using summary statistics obtained from EAS-only or EUR-only GWASs (Table 1).

We first employed linkage disequilibrium score regression (LDSC) to estimate SNPbased heritability for every trait in each population [30]. Next, to evaluate genetic similarity and diversity of these traits across populations, we calculated the global trans-ethnic genetic correlation ( $\rho_g$ ) via popcorn [12]. We identified common traitassociated SNPs via the conditional false discovery rate (cFDR) and conjunction conditional false discovery rate (ccFDR) methods in the two populations [27, 28].

Relying on cFDR and ccFDR, for each trait we divided all analyzed SNPs into four incompatible groups. For every trait we estimated the marginal genetic correlation ( $r_m$ ) of SNP effect sizes in each of the four groups using MAGIC [25]. For common traitassociated SNPs, we examined the heterogeneity in genetic effect on the trait across EAS and EUR populations via Cochran's Q test.

Then, we obtained the two LD scores and MAF for every SNP in the four groups based on genotypes available from EAS or EUR individuals in the 1000 Genomes Project, and calculated their coefficient of variation of LD scores (LDCV) and coefficient of variation of MAF (MAFCV) across the populations to investigate whether there exist different patterns of LD and MAF for trait-associated SNPs compared to those null ones.

Finally, to further demonstrate the direction of genetic differentiation, for each trait we conducted a GRS analysis [29]. We also investigated whether the sample size difference could influence our findings with regards to genetic similarity and diversity of traits between the EAS and EUR populations.

#### 147 Heritability and trans-ethnic genetic correlation

#### 148 Estimated heritability

We first present the estimated SNP-based heritability  $(\hat{h}^2)$  of these traits. It was shown 149 150 some traits (e.g., height and schizophrenia [SCZ]) were more heritable, with a large 151 heritability estimate; but other (e.g., ischemic stroke [IS] and atopic dermatitis [AD]) 152 exhibited low heritability (**Table 1**). Although the estimates of heritability were highly 153 correlated between the EAS and EUR populations (Pearson's correlation=0.738,  $P=1.83\times10^{-7}$ ), there still existed an obvious trans-ethnic distinction in heritability. For 154 155 example, platelet count (PLT) showed the maximal difference in estimated heritability, 156 with  $\hat{h}^2 = 1.1\%$  (se=1.4%) in EAS but 20.1% (se=1.8%) in the EUR population; in contrast, the heritability of atrial fibrillation (AF) was much larger in the EAS 157 158 population compared to that in the EUR population (9.5% (se=2.7%) vs. 2.0%159 (se=0.3%)). By carrying out an approximate normal test, we observed that 70.3% (=26/37) of heritability estimates were significantly different across the two 160 161 populations (FDR<0.05) (Table 1), largely reflecting diversity in polygenic genetic 162 architecture across traits and ancestral groups.

163 We did not find a substantial correlation between sample size and heritability in both 164 populations (Pearson's correlation=0.112 with P=0.508 in the EAS population, and Pearson's correlation=-0.025 with P=0.884 in the EUR population). However, as 165 expected, we indeed discovered suggestive evidence that larger sample size can lead 166 to more accurate estimate of heritability, with Pearson's correlation=-0.266 in the 167 168 EAS population and -0.102 in the EUR population between sample size and standard error of heritability. We further used the coefficient of variation of sample sizes (NCV) 169 170 to measure the difference of sample sizes, but did not observe a significant correlation between NCV and the coefficient of variation of heritability (Pearson's 171 172 correlation=0.029, *P*=0.867).

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| 173 <b>Table 1</b> | . Summary | <sup>v</sup> information | of complex | traits analy | zed in the | present study |
|--------------------|-----------|--------------------------|------------|--------------|------------|---------------|
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| trait  | $\widehat{h}_1^2$ (se <sub>1</sub> ) | $\widehat{h}_2^2$ (se <sub>2</sub> ) | $P_{\Delta h^2}$       | $\hat{\rho}_g$ (se, $P_{ ho}$ )     | trait | $\widehat{h}_1^2~(se_1)$ | $\widehat{h}_2^2$ (se <sub>2</sub> ) | $P_{\Delta h^2}$              | $\hat{\rho}_g$ (se, $P_{ ho}$ )      |
|--------|--------------------------------------|--------------------------------------|------------------------|-------------------------------------|-------|--------------------------|--------------------------------------|-------------------------------|--------------------------------------|
| SCZ    | 0.360 (0.020)                        | 0.364 (0.015)                        | 8.73×10 <sup>-1</sup>  | 0.74 (0.10, 1.33×10 <sup>-2</sup> ) | TG    | 0.117 (0.037)            | 0.209 (0.045)                        | $1.14 \times 10^{-1}$         | -                                    |
| RA     | 0.143 (0.034)                        | 0.115 (0.016)                        | 4.56×10 <sup>-1</sup>  | 0.70 (0.14, 2.65×10 <sup>-2</sup> ) | HbA1c | 0.073 (0.014)            | 0.039 (0.006)                        | 2.56×10 <sup>-2</sup>         | 0.98 (0.17, 9.25×10 <sup>-1</sup> )  |
| AF     | 0.095 (0.027)                        | 0.020 (0.003)                        | 5.77×10 <sup>-3</sup>  | -                                   | eGFR  | 0.071 (0.007)            | 0.058 (0.004)                        | $1.07 \times 10^{-1}$         | 0.83 (0.05, 4.42×10 <sup>-4</sup> )  |
| T2D    | 0.066 (0.004)                        | 0.041 (0.002)                        | 2.27×10 <sup>-8</sup>  | 0.93 (0.04, 5.89×10 <sup>-2</sup> ) | AAM   | 0.081 (0.008)            | 0.125 (0.006)                        | 1.08×10 <sup>-5</sup>         | -                                    |
| COA    | 0.015 (0.003)                        | 0.043 (0.006)                        | 3.00×10 <sup>-5</sup>  | 0.57 (0.09, 1.66×10 <sup>-6</sup> ) | ANM   | 0.082 (0.013)            | 0.132 (0.013)                        | 6.54×10 <sup>-3</sup>         | 0.66 (0.09, 2.34×10 <sup>-4</sup> )  |
| AOA    | 0.015 (0.003)                        | 0.030 (0.003)                        | 4.07×10 <sup>-4</sup>  | 0.53 (0.11, 1.21×10 <sup>-5</sup> ) | PLT   | 0.011 (0.014)            | 0.201 (0.018)                        | 7.95×10 <sup>-17</sup>        | 0.84 (0.07, 2.51×10 <sup>-2</sup> )  |
| AD     | 0.008 (0.002)                        | 0.040 (0.015)                        | 3.45×10 <sup>-2</sup>  | -                                   | RBC   | 0.085 (0.010)            | 0.151 (0.017)                        | 8.19×10 <sup>-4</sup>         | 0.92 (0.06, 1.39×10 <sup>-1</sup> )  |
| BRC    | 0.053 (0.030)                        | 0.106 (0.010)                        | 9.38×10 <sup>-2</sup>  | -                                   | MCV   | 0.132 (0.018)            | 0.227 (0.032)                        | 9.67×10 <sup>-3</sup>         | 0.87 (0.07, 7.48×10 <sup>-2</sup> )  |
| IS     | 0.010 (0.002)                        | 0.008 (0.001)                        | 3.71×10 <sup>-1</sup>  | 0.89 (0.20, 5.69×10 <sup>-1</sup> ) | HCT   | 0.052 (0.006)            | 0.104 (0.010)                        | 8.24×10 <sup>-6</sup>         | $0.88 (0.08, 1.38 \times 10^{-1})$   |
| PCA    | 0.038 (0.007)                        | 0.055 (0.007)                        | 8.59×10 <sup>-2</sup>  | 0.83 (0.14, 2.13×10 <sup>-1</sup> ) | MCH   | 0.114 (0.017)            | 0.224 (0.036)                        | 5.73×10 <sup>-3</sup>         | 0.87 (0.12, 2.52×10 <sup>-1</sup> )  |
| TL     | 0.075 (0.023)                        | 0.062 (0.014)                        | 6.29×10 <sup>-1</sup>  | 0.61 (0.20, 4.63×10 <sup>-2</sup> ) | MCHC  | 0.040 (0.007)            | 0.083 (0.014)                        | 6.01×10 <sup>-3</sup>         | $0.84 \ (0.15, 2.75 \times 10^{-1})$ |
| BMI    | 0.141 (0.008)                        | 0.181 (0.007)                        | 1.68×10 <sup>-4</sup>  | 0.84 (0.04, 1.53×10 <sup>-5</sup> ) | HGB   | 0.050 (0.006)            | 0.111 (0.013)                        | 2.04×10 <sup>-5</sup>         | 0.79 (0.10, 3.70×10 <sup>-2</sup> )  |
| height | 0.327 (0.018)                        | 0.286 (0.015)                        | 8.01×10 <sup>-2</sup>  | 0.86 (0.04, 2.57×10 <sup>-4</sup> ) | MONO  | 0.059 (0.010)            | 0.163 (0.019)                        | 1.27×10 <sup>-6</sup>         | 0.80 (0.09, 2.99×10 <sup>-2</sup> )  |
| DBP    | 0.046 (0.005)                        | 0.106 (0.005)                        | 2.16×10 <sup>-17</sup> | 0.73 (0.06, 6.70×10 <sup>-6</sup> ) | NEUT  | 0.087 (0.011)            | 0.026 (0.005)                        | <b>4.46</b> ×10 <sup>-7</sup> | 0.77 (0.06, 2.42×10 <sup>-4</sup> )  |
| SBP    | 0.056 (0.006)                        | 0.109 (0.004)                        | 1.99×10 <sup>-13</sup> | 0.71 (0.05, 5.62×10 <sup>-9</sup> ) | EO    | 0.055 (0.011)            | 0.130 (0.013)                        | 1.06×10 <sup>-5</sup>         | 0.76 (0.09, 5.98×10 <sup>-3</sup> )  |
| PP     | 0.037 (0.004)                        | 0.094 (0.004)                        | 7.07×10 <sup>-24</sup> | 0.73 (0.07, 8.80×10 <sup>-5</sup> ) | BASO  | 0.039 (0.014)            | 0.058 (0.007)                        | 2.25×10 <sup>-1</sup>         | 0.63 (0.12, 2.07×10 <sup>-3</sup> )  |
| HDL    | 0.154 (0.033)                        | 0.241 (0.061)                        | 2.10×10 <sup>-1</sup>  | -                                   | LYMPH | 0.057 (0.010)            | 0.144 (0.011)                        | 4.85×10 <sup>-9</sup>         | $0.84 (0.10, 8.26 \times 10^{-2})$   |
| LDL    | 0.058 (0.012)                        | 0.171 (0.029)                        | 3.18×10 <sup>-4</sup>  | 0.77 (0.18, 1.97×10 <sup>-1</sup> ) | WBC   | 0.070 (0.008)            | 0.139 (0.013)                        | 6.17×10 <sup>-6</sup>         | 0.75 (0.06, 3.85×10 <sup>-5</sup> )  |
| TC     | 0.054 (0.009)                        | 0.183 (0.026)                        | 2.75×10 <sup>-6</sup>  | 0.92 (0.11, 4.79×10 <sup>-1</sup> ) |       |                          |                                      |                               |                                      |

Note: the first ten traits are binary, and the remaining 27 traits are continuous;  $\hat{h}_1^2$  and  $\hat{h}_2^2$  are the estimated heritability of the trait in EAS and EUR GWASS 174 175 using LDSC; se<sub>1</sub> and se<sub>2</sub> are the standard error of the trait in EAS and EUR GWASs.  $P_{\Lambda h^2}$  denotes the P values available from an approximate normal test for examining the difference between  $\hat{h}_1^2$  and  $\hat{h}_2^2$ , with the significant difference after multiple-comparison correction showing in bold (FDR<0.05). The 176 significant trans-ethnic genetic correlations (i.e.,  $\hat{\rho}_a$ ) compared with one are also displayed in bold. SCZ: schizophrenia; AF: atrial fibrillation; T2D: type 2 177 178 diabetes; COA: childhood-onset asthma; AOA: adult-onset asthma; AD: atopic dermatitis; BRC: breast cancer; IS: ischemic stroke; PCA: prostate cancer; RA: 179 rheumatoid arthritis; BMI: body mass index; DBP: diastolic blood pressure; SBP: systolic blood pressure; PP: pulse pressure; HDL: high-density lipoprotein 180 cholesterol; LDL: low-density lipoprotein cholesterol; TC: total cholesterol; TG: triglyceride; HbA1c: hemoglobin A1c; eGFR: estimated glomerular filtration 181 rate; AAM: age at menarche, ANM: age at natural (non-surgical) menopause; PLT: platelet count; RBC: red blood cell count; MVC: mean corpuscular 182 volume; HCT: hematocrit; MCH: mean corpuscular hemoglobin; MCHC: mean corpuscular hemoglobin concentration; HGB: hemoglobin concentration; 183 MONO: monocyte count; NEUT: neutrophil count; EO: eosinophil count; BASO: basophil count; LYMPH: lymphocyte count; WBC: white blood cell count; 184 TL: telomere length.

#### 185 Estimated trans-ethnic genetic correlation

The trans-ethnic genetic correlation estimates of six traits (i.e., AF, AD, breast cancer [BRC], high-density lipoprotein cholesterol [HDL], age at menarche [AAM], and triglyceride [TG]) were larger than one and thus not included in the following descriptions. All the traits exhibited positive trans-ethnic genetic correlation between the EAS and EUR populations (**Table 1**), with  $\hat{\rho}_g$  ranging from 0.53 (se=0.11) for adult-onset asthma (AOA) to 0.98 (se=0.17) for hemoglobin A1c (HbA1c).

All the trans-ethnic genetic correlation estimates were significantly larger than zero ( $H_0: \rho_g=0$ ), but 61.3% (=19/31) were less than one ( $H_0: \rho_g=1$ ) (FDR<0.05), indicating potential heterogeneity in genetic effects across populations. The average of  $\hat{\rho}_g$  across traits was 0.79, and the average of  $\hat{\rho}_g$  for binary phenotypes was 0.74 (se=0.15), which was slightly (although not significantly, P=0.217, possibly due to limited number of binary phenotypes under analysis) smaller than that for continuous ones (the average of  $\hat{\rho}_g=0.81$  (se=0.09)).

# Comparison for trans-ethnic genetic correlation, cross-trait trans-ethnic genetic correlation, and cross-trait genetic correlation

Furthermore, as an empirical comparison, we calculated cross-trait trans-ethnic 201 202 genetic correlation and anticipated that the cross-trait correlation should be on average 203 much smaller than that for the same traits in the two populations because of greatly 204 distinct genetic foundations. As expected, it was found the same traits generally 205 showed much greater genetic similarity compared to distinct traits although some of 206 them, such as three lipids including low-density lipoprotein cholesterol [LDL], total 207 cholesterol [TC], and TG, as well as three blood pressures including diastolic blood 208 pressure [DBP], systolic blood pressure [SBP], and pulse pressure [PP], also exhibited 209 relatively high cross-trait trans-ethnic genetic correlation (Figure 1A and Table S1). 210 For instance, the cross-trait trans-ethnic genetic correlation ranged from -0.62 to 0.79, 211 approximately 47.0% were negative, with an average of only 0.02 (Figure 1B).

We also included the cross-trait genetic correlation in the same population as a reference. Totally, it was seen that the cross-trait genetic correlations in the same

- 214 population were comparable to the cross-trait trans-ethnic genetic correlations across
- 215 different populations but were much lower than the trans-ethnic genetic correlation of
- the same trait in diverse populations (Figure 1B and Table S2).



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Figure 1. (A) Estimated trans-ethnic genetic correlation of 37 traits between the EAS and EUR populations. Elements in the diagonal represent the trans-ethnic genetic correlation for the same traits in the two populations, while elements in the off-diagonal represent the trans-ethnic genetic correlation for two different traits in the two populations. (B) Comparison of the estimated genetic correlation for the trait in the same population, two different traits in the same population, and two different traits in the EAS and EUR populations.

We did not discover a substantial connection between NCV and  $\hat{\rho}_g$  (Pearson's 222 223 correlation=-0.148, P=0.426), implying that the imbalanced sample sizes would not 224 significantly affect the estimate of trans-ethnic genetic correlation. However, we observed that the difference of sample sizes in a pair of traits could affect the 225 significance of  $\hat{\rho}_{g}$ . More specifically,  $\hat{\rho}_{g}$  trended to be statistically different from one 226 if larger imbalance of sample sizes was present (NCV=0.43 (se=0.25) for the 17 non-227 228 significant traits vs. 0.69 (se=0.27) for the 14 significant ones, P=0.010 in terms of the 229 approximate normal test).



Figure 2. (A) Relationship between  $n_1$  and  $f_{11}+f_{10}$ ; (B) Relationship between  $n_2$  and  $f_{11}+f_{01}$ . Here,  $f_{10}$  and  $f_{01}$  are the number of identified associated SNPs for the trait in the EAS or EUR population, respectively, and  $f_{11}$  is the number of shared traitassociated SNPs;  $n_1$  and  $n_2$  stand for the effective sample size for traits in the EAS or EUR population; r stands for the Pearson's correlation, with P the corresponding Pvalue; k on the x-axis means 1,000 for identified trait-associated SNPs and 10k on the y-axis means 10,000 for sample size of traits.

#### 238 Associated SNPs for each trait in the EAS or EUR population

239 To discover trait-associated SNPs shared across the EAS and EUR populations, we 240 carried out the cFDR analysis using a set of distinct SNPs [27, 28], with the number 241 of significant associations displayed in Table 2. In general, more associated SNPs 242 (cFDR<0.05) were discovered for most of the analyzed traits (94.6%=35/37, except 243 for telomere length [TL] and HbA1c) in the EUR population (denoted by  $f_{01}+f_{11}$  in **Table 2**) compared to the EAS population (denoted by  $f_{10}+f_{11}$  in **Table 2**). This is a 244 direct consequence of higher power due to larger sample sizes of EUR traits (Figure 245 2A-B) and implies that additional trait-associated loci would be detected if increasing 246 samples especially in the EAS population. Only a few of SNPs were detected for 247

- some traits such as AD and IS, but much more associated SNPs were identified for
- 249 others (e.g., BMI and height), partly indicating the polygenic nature of these traits [3,

250 31].

| trait  | k       | $f_{10}$ | $f_{01}$ | $f_{11}$ | $\hat{\pi}_{11}(\%)$ | $P_{\rm LRT}$          | trait | k       | $f_{10}$ | $f_{01}$ | $f_{11}$ | $\hat{\pi}_{11}(\%)$ | $P_{\rm LRT}$          |
|--------|---------|----------|----------|----------|----------------------|------------------------|-------|---------|----------|----------|----------|----------------------|------------------------|
| SCZ    | 458,236 | 154      | 4,295    | 605      | 12.0                 | $1.8 \times 10^{-266}$ | TG    | 121,414 | 162      | 259      | 181      | 30.1                 | 7.3×10 <sup>-86</sup>  |
| RA     | 203,961 | 450      | 781      | 881      | 41.7                 | $1.8 \times 10^{-266}$ | HbA1c | 124,962 | 88       | 50       | 106      | 43.4                 | 3.3×10 <sup>-58</sup>  |
| AF     | 236,293 | 166      | 1,262    | 242      | 14.5                 | $1.2 \times 10^{-51}$  | eGFR  | 236,693 | 805      | 3,413    | 933      | 18.1                 | $1.8 \times 10^{-266}$ |
| T2D    | 475,656 | 2,897    | 4,331    | 1,904    | 20.8                 | $1.8 \times 10^{-266}$ | AAM   | 319,439 | 35       | 6,271    | 340      | 5.1                  | 7.6×10 <sup>-174</sup> |
| COA    | 250,069 | 259      | 1,877    | 421      | 16.5                 | $6.2 \times 10^{-259}$ | ANM   | 137,069 | 31       | 296      | 85       | 20.6                 | 2.3×10 <sup>-48</sup>  |
| AOA    | 249,871 | 239      | 970      | 432      | 26.3                 | $1.1 \times 10^{-217}$ | PLT   | 222,492 | 793      | 2,929    | 1,205    | 24.5                 | $1.8 \times 10^{-266}$ |
| AD     | 274,668 | 81       | 84       | 80       | 32.7                 | $1.2 \times 10^{-51}$  | RBC   | 222,589 | 413      | 2,258    | 890      | 25.0                 | $1.8 \times 10^{-266}$ |
| BRC    | 337,234 | 3        | 2,274    | 71       | 3.0                  | 2.8×10 <sup>-24</sup>  | MCV   | 222,587 | 790      | 2,597    | 1,273    | 27.3                 | $1.8 \times 10^{-266}$ |
| IS     | 246,666 | 10       | 30       | 39       | 49.4                 | 1.6×10 <sup>-25</sup>  | HCT   | 222,528 | 141      | 1,691    | 457      | 20.0                 | $1.3 \times 10^{-256}$ |
| PCA    | 247,201 | 134      | 641      | 293      | 27.4                 | $2.4 \times 10^{-171}$ | MCH   | 222,441 | 661      | 2,308    | 1,184    | 28.5                 | $1.8 \times 10^{-266}$ |
| TL     | 125,043 | 23       | 17       | 43       | 51.8                 | 9.1×10 <sup>-48</sup>  | MCHC  | 222,580 | 233      | 817      | 338      | 24.4                 | $2.4 \times 10^{-213}$ |
| BMI    | 118,899 | 438      | 11,818   | 768      | 5.9                  | $1.8 \times 10^{-134}$ | HGB   | 222,563 | 132      | 1,725    | 339      | 15.4                 | $1.9 \times 10^{-226}$ |
| height | 139,126 | 3,528    | 5,292    | 2,616    | 22.9                 | $1.8 \times 10^{-266}$ | MONO  | 222,622 | 147      | 2,524    | 440      | 14.1                 | $3.8 \times 10^{-160}$ |
| DBP    | 214,705 | 84       | 13,624   | 468      | 3.3                  | $2.1 \times 10^{-128}$ | NEUT  | 222,435 | 170      | 2,020    | 309      | 12.4                 | 4.3×10 <sup>-201</sup> |
| SBP    | 213,840 | 165      | 13,874   | 642      | 4.4                  | 6.1×10 <sup>-150</sup> | EO    | 222,395 | 114      | 2,190    | 334      | 12.7                 | 6.9×10 <sup>-184</sup> |
| PP     | 213,862 | 46       | 11,069   | 409      | 3.5                  | $2.7 \times 10^{-125}$ | BASO  | 222,525 | 143      | 598      | 200      | 21.3                 | 2.7×10 <sup>-90</sup>  |
| HDL    | 122,159 | 218      | 305      | 227      | 30.3                 | $1.2 \times 10^{-104}$ | LYMPH | 222,490 | 32       | 2,307    | 263      | 10.1                 | $1.3 \times 10^{-160}$ |
| LDL    | 121,447 | 94       | 287      | 178      | 31.8                 | $1.0 \times 10^{-112}$ | WBC   | 222,550 | 343      | 2,451    | 555      | 16.6                 | 6.7×10 <sup>-272</sup> |
| TC     | 122,106 | 151      | 367      | 275      | 34.7                 | 3.9×10 <sup>-170</sup> |       |         |          |          |          |                      |                        |

251 **Table 2.** Number of associated SNPs (cFDR/ccFDR<0.05) for traits in the EAS and EUR populations

Note: *k* is the total number of SNPs analyzed by cFDR;  $f_{10}$  and  $f_{01}$  are the number of identified SNPs that are only associated with the trait in the

EAS or EUR population, respectively, and  $f_{11}$  is the number of shared associated SNPs;  $\hat{\pi}_{11}$  is the proportion of trait-associated SNPs that are

shared by both populations estimated in terms of the four-group model;  $P_{LRT}$  is the adjusted P value of genetic overlap obtained by the LRT

255 method in the four-group model.

#### 256 Shared associated SNPs of traits between the EAS and EUR populations

257 Furthermore, we identified many significant SNPs shared across the EAS and EUR 258 populations (ccFDR<0.05, denoted by  $f_{11}$  in **Table 2**). On average, 21.7% of 259 associated SNPs were discovered simultaneously for the same traits in both 260 populations. The LRT implemented under the four-group model framework also 261 offered considerably strong evidence supporting common genetic foundation 262 underlying each trait between the two population. The proportion of shared associated 263 SNPs varied substantially across these traits, ranging from only 3.0% for BRC and 3.3% 264 for DBP to 49.4% for IS and 51.8% for TL (Table 2).

265 On average, approximately 67.1% of trait-associated SNPs in the EUR population 266 were also detected to be significant in the EAS population, but only 26.8% of trait-267 associated SNPs in the EAS population were replicated to be significant in the EUR 268 population. Among these shared significant SNPs, 44.1% and 77.0% showed genomewide significance  $(P < 5 \times 10^{-8})$  in the EAS or EUR population (**Table S3**). We observed 269 270 that the number of population-common associated loci (i.e.,  $f_{11}$ ) was negatively correlated with NCV (Pearson's correlation=-0.095, with a marginally significant P 271 272 value of 0.057), indicating that smaller difference of sample sizes in a pair of traits 273 (e.g., increasing the sample size of traits in the EAS population) might lead to more 274 discoveries of shared SNPs.

## 275 Characteristics of shared associated SNPs

## 276 Similarity and heterogeneity of associated SNPs across populations

277 It needs to highlight that we can divide all analyzed SNPs into four groups based on 278 the associations identified above: (i) null SNPs; (ii) EAS-specific associated SNPs; (iii) 279 EUR-specific associated SNPs; (iv) population-common associated SNPs. For these 280 SNPs, it is shown that population-common associated SNPs often exhibited a 281 maximal positive correlation in effect sizes compared to population-specific 282 associated SNPs and null ones (Figure 3A and Table S4). For example, the marginal 283 genetic correlation of effect sizes for shared trait-associated SNPs was 0.92 (se=0.04) 284 for TL, followed by 0.81 (se=0.02) for white blood cell count (WBC) and 0.80 285 (se=0.03) for NEUT, with an average estimate of 0.61 (se=0.04) across these traits,

286 which was much higher than that for EAS-specific ( $\hat{r}_m = 0.29$  (se=0.05)) or EUR-





Figure 3. (A) Estimated marginal genetic correlation of effect sizes for SNPs in the
 four incompatible groups; (B) Relationship between proportions of genetic effect
 heterogeneity of shared associated SNPs and the cross-population marginal genetic
 correlations of SNP effect sizes; × means the median.

288

293 We found that the effect size slopes of population-common associated SNPs of eight 294 traits (i.e., AF, AD, BRC, TL, SBP, PP, age at natural non-surgical menopause [ANM], 295 and basophil count [BASO]) were not significantly different from one (FDR>0.05) 296 (Supplement File and Figure S1), suggesting that effect sizes of shared associated 297 SNPs are considerably consistent in magnitude for these traits; whereas great 298 deviations of the estimated slopes from one were observed for the remaining 29 traits 299 (FDR<0.05) (e.g., HbA1c, T2D, estimated glomerular filtration rate (eGFR), SCZ and 300 AAM), indicating substantial trans-ethnic diversity of SNP effect sizes for these traits. 301 In addition, we did not detect substantial evidence supporting the influence of 302 imbalanced sample sizes (i.e., NCV) on the estimated slope (P=0.053).

303 We next performed a heterogeneity test using Cochran's Q test and again focused only 304 on population-common associated SNPs because the population-specific associated 305 SNPs can be naturally considered to be heterogeneous (i.e., theoretically, their SNP 306 effect sizes were non-zero in one population but zero in another population). On 307 average, approximately 20.8% of the common trait-associated SNPs, ranging from 7.1% 308 for TL to 52.9% for AAM, showed heterogeneous genetic effect on traits between the 309 two ancestral populations after Bonferroni's correction for multiple comparisons 310 (Table S5). We here used Bonferroni's method to take the LD among local SNPs into

311 account as it was much more stringent compared to FDR. The high heterogeneity in 312 SNP effect sizes for AAM was in agreement with a prior finding that AAM-associated 313 SNPs often exhibited distinct effect sizes across populations [32]. It can be expected 314 that greater proportion of shared trait-associated SNPs having heterogeneous effects 315 would lead to weaker trans-ethic marginal genetic correlation (Pearson's correlation=-316 0.48,  $P=2.98\times10^{-3}$ ) (Figure 3B). However, we found little evidence supporting the influence of the sample size difference in a pair of traits (i.e., NCV) on the proportion 317 318 of population-common SNPs with heterogeneous effects (P=0.771).

# 319 Difference in LD, MAF, and F<sub>st</sub> for trait-associated SNPs across populations

320 First, we observed that, except for three lipid traits (i.e., TL, HDL, and LDL), all the 321 remaining traits showed substantial different variations in LD for SNPs in various 322 groups between the EAS and EUR populations (FDR<0.05) (Figure 4A and Figure 323 S2). The average coefficient of variation of LD scores (LDCV) for population-324 common SNPs was smaller compared to that for null SNPs (0.22 (se=0.02) vs. 0.30 325 (se=0.02),  $P=1.04\times10^{-17}$ ), for these population-specific loci in EAS (0.22 (se=0.02) vs. 0.28 (se=0.04),  $P=1.82\times10^{-9}$ ) or EUR (0.22 (se=0.02) vs. 0.28 (se=0.03),  $P=1.52\times10^{-10}$ 326 <sup>12</sup>). 327



328 329 Figure 4. (A) Distribution for the average LDCV across all analyzed traits in the four groups of SNPs; (B) Distribution for the average MAFCV 330 across all analyzed traits in the four groups of SNPs; (C) Distribution for the average  $F_{st}$  across all analyzed traits in the four groups of SNPs;  $\times$ 

On the other hand, we observed that, except for three traits (i.e., HDL, TG, and ANM), all the remaining traits showed substantially different MAFCV for SNPs in distinct groups between the EAS and EUR populations (FDR<0.05) (**Figure 4B** and **Figure S3**). On average, the MAFCV for population-common loci were much smaller compared to that for null SNPs (0.33 (se=0.07 vs. 0.46 (se=0.10),  $P=1.54\times10^{-12}$ ), for these population-specific loci in EAS (0.33 (se=0.07) vs. 0.43 (se=0.11),  $P=7.30\times10^{-8}$ ) or EUR (0.33 (se=0.07) vs. 0.40 (se=0.07),  $P=2.22\times10^{-8}$ ).

339 We found that SNPs suffered from natural selection for more than half of traits 340 (62.2% = 23/37) (FDR<0.05) (Figure S4). For all analyzed traits, we observed that 341 population-common loci tended to have a smaller mean  $F_{st}$  compared with population-342 specific associated SNPs in EAS (0.056 (se=0.01) vs. 0.062 (se=0.02), P=0.032) or 343 EUR (0.056 (se=0.01) vs. 0.063 (se=0.006),  $P=6.77\times10^{-4}$ ), and they also showed a 344 lower mean  $F_{st}$  relative to null ones (0.056 (se=0.01) vs. 0.060 (se=0.001), with a 345 marginally significant P=0.086) (Figure 4C). Furthermore, we did not observe significant correlation between  $F_{st}$  and LDCV (P=0.781) as well as between  $F_{st}$  and 346 347 MAFCV (P=0.602) (Figure S5), indicating the between-population diversity of LD 348 and MAF patterns is not possibly confounded by the differentiation in  $F_{st}$ .

#### 349 Overall and partial GRS of trait-associated SNPs

First, we considered the GRS calculated from all associated SNPs (i.e.,  $f_{10}+f_{11}$  for EAS or  $f_{01}+f_{11}$  for EUR) as an overall measurement of genetic effect on a given trait in each population. Among these, most of the traits had a substantially different GRS between the two populations (**Figure S6**). For example, six traits (i.e., RA, T2D, childhood-onset asthma [COA], AOA, BRC and prostate cancer [PCA]) showed a higher overall genetic effect on EAS, while some (i.e., SCZ, AF, AD and IS) displayed a larger overall genetic effect on EUR.

We further generated the GRS computed with only population-common associated SNPs (i.e.,  $f_{11}$ ) or only population-specific associated SNPs (i.e.,  $f_{10}$  for EAS or  $f_{01}$  for EUR), respectively. We viewed these new GRSs to quantify a measurement of partial genetic effect because only part of associated SNPs is employed. Interestingly, 16 traits (i.e., RA, T2D, AD, PCA, DBP, SBP, LDL, TC, TG, eGFR, ANM, mean corpuscular hemoglobin [MCV], hematocrit [HCT], monocyte count [MONO],

363 eosinophil count [EO] and WBC) had consistent partial genetic effect compared to the 364 overall one. Specifically, 15 traits (e.g., AF, COA, AOA, BRC, BMI, height, PP, 365 HDL, HbA1c, RBC, mean corpuscular hemoglobin [MCH], mean corpuscular 366 hemoglobin concentration [MCHC], hemoglobin concentration [HGB], NEUT, and 367 BASO) showed consistent partial genetic effect in terms of GRS calculated with EASor EUR-specific associated SNPs, whereas only 4 traits (i.e., SCZ, AAM, PLT, and 368 369 lymphocyte count [LYMPH]) exhibited consistent partial genetic effect in terms of 370 GRS calculated with shared associated SNPs. Particularly, IS and TL exhibited a 371 completely opposite partial genetic effect in terms of the EAS/EUR-specific 372 associated SNPs or population-common associated SNPs compared with the overall 373 genetic impact measured with all trait-associated SNPs.

#### 374 Discussion

## 375 Summary of results in the present study

376 The present study has analyzed a total of 37 complex traits and sought to compare 377 shared and distinct genetic components underlying them between the EAS and EUR 378 populations. We discovered there existed pervasive consistence in heritability and 379 trans-ethnic genetic correlation for these traits. Additionally, it needs to highlight that 380 the trans-ethnic genetic correlation of continuous traits was on average higher 381 compared to those binary traits, which may be due to the loss of information when 382 converting some continuous phenotypes into binary ones (e.g., using HbA1c to define 383 T2D) or in part reflects the discrepancy of classification and diagnosis of diseases in 384 distinct populations.

Using cFDR [27, 28] we detected a great number of population-common association signals as well as many population-specific associated SNPs. A further exploration demonstrated these shared trait-associated SNPs generally showed the maximal positive correlation in effect sizes compared to population-specific trait-associated SNPs and null ones [7, 25]. Interestingly, we observed that even the shared association signals also exhibited a considerable degree of heterogeneity in genetic influence on traits across the EAS and EUR populations.

Furthermore, we revealed that population-specific associated SNPs were often more possible to suffer from natural selection compared with population-common associations, whereas population-common associated SNPs often displayed more consistent patterns in LD and MAF across continental populations.

396 Especially, the GRS analysis showed that population-common and population-specific 397 associated SNPs have potentially different genetic influence on phenotypic variation 398 and that the genetic differentiation from associated SNPs may at least partly explain 399 the observed phenotypic variation across diverse ancestral groups. For example, the 400 average GRS of SCZ in the EUR population was on average higher than that in the 401 EAS population, partly contributing to the observation that SCZ was more prevalent 402 in individuals of EUR ancestry than those of EAS ancestry [33]. The mean GRS of 403 T2D was higher in the EAS population than that in the EUR population, supported by 404 the observed incidence difference between the populations [34, 35]. It was reported

405 that the absolute risk of T2D tended to be higher among Asians compared with 406 Caucasians for any given level of body mass index [BMI] and waist-hip ratio [34]. As 407 another example, for PCA higher mean GRS was observed in EAS compared to EUR, 408 in line with a previous study which indicated that more than half of SNPs showed 409 larger effect sizes in EAS than EUR [36].

410 However, we also observed patterns that seemed to be opposite against prior findings. 411 For example, it was shown the mean GRS of AD in EUR was higher than that in EAS, 412 in contrast to previous observation that Asians and Pacific Islanders were seven-fold 413 more likely than whites to be diagnosed with AD because stronger Th17/Th22 414 polarization and mutations in immune-related genes such as *DEFB1* [37-39]. These 415 inconsistent results can be expected because of the complicated nature of these traits, 416 and can be explained by gene-gene/gene-environment interaction, ethnic difference 417 and genetic factors that are largely underappreciated in our current study.

## 418 **Comparison our discoveries to prior studies**

Like the findings obtained from prior studies that however often focused only on a single trait [11, 40, 41], our work, which considered much more traits and diseases, further confirmed extensive genetic overlap and identified a large number of common associated genetic loci across different populations. From a biological perspective, there is no doubt about the widespread existence of population-shared risk variants because the risk variants targeted by GWASs are often common genetic loci that are believed to be of ancient origin and largely shared among different populations.

426 As revealed in our study, while some of associated SNPs vary substantially across 427 populations, common associated SNPs in the EAS and EUR populations nevertheless 428 often show much more similar effect sizes and effect directions; therefore, at least part 429 of trait-associated SNP mapping results discovered in one population can be 430 transferred to the other populations [42]. It needs to highlight that we may 431 underestimate the degree of genetic sharing between various ancestry groups because 432 the much smaller number of individuals in the EAS GWASs reduces power to detect 433 homogeneity of effect compared to the EUR GWASs. These findings are largely 434 consistent with some recent discoveries that most common causal SNPs were shared 435 across the EAS and EUR populations, high-posterior SNPs identified by fine-mapping

436 often showed highly correlated effects, and population-specific genetic regions likely437 harbored common trait-associated SNPs which however failed to be detected in the

438 other GWASs due to differences in LD, MAF, and/or sample size [43].

439 On the other hand, despite highly shared genetic architecture, we indeed found evidence of heterogeneity at trait-associated variants, which meanwhile challenges in 440 441 assessing the transferability of risk variants across different ethnic populations based 442 on associations discovered in EUR GWASs [44, 45]. For example, although the trans-443 ethnic marginal genetic correlation for population-common associated SNPs of 444 HbA1c between EAS and EUR was as high as 0.63, heterogeneity was detected at 445 37.7% shared associated loci. This diversity may point to the difference in clinical 446 definitions and phenotype measurements [46]; and it can be in part explained by 447 interaction between gene-gene and gene-environment [47].

448 The genetic difference may also underlie the well-known trans-ethnic dissimilarities 449 in prevalence or characteristics of the traits [48-52]. In our analysis, these population-450 specific association signals largely indicate the significant trans-ethnic difference, 451 which exist in distinct LD and allele frequency [7, 53-55]. In addition, many studies 452 have revealed that, unlike in most European ancestry populations, the population 453 genetic history of non-European ancestry groups has undergone selective pressure due 454 to the effects of malaria and other infectious diseases on erythrocytes [40, 56]. 455 Another possible factor for the genetic inconsistency of complex traits between 456 ancestry groups may be due to sample size difference and thus different statistical 457 power between EAS and EUR studies.

# 458 Important scientific implications of our findings

Our findings regarding the degree of common or diverse genetic components of the traits across ancestral groups have important implication in practice. For example, theoretically, genetic correlation offers the maximal boundary of trans-ethnic genetic prediction power [5, 12]; however, both overall trans-ethnic correlation and marginal trans-ethnic correlation imply low accuracy when implementing genetic prediction in one population of interest on the basis of associated loci discovered in other populations [25], indicating the need to carry out GWASs with more ancestral groups.

466 In addition, it is helpful for aggregating multiple study cohorts across ethnicities to

467 conduct trans-ethnic GWAS analysis [57-60], developing trans-ethnic genetic risk
468 prediction [25, 61], and fine-mapping causal genetic variants in minority populations
469 [62, 63]. It also holds the key to benefit more ethnic groups from current medical
470 genomics researches [64-66]. All of these offer promising avenues in post-GWAS era

471 by integrating trans-ethnic information.

# 472 **Potential limitations**

473 The present study is not without limitation. First, as mentioned before, the studies in 474 EAS are in generally underpowered due to much smaller sample size compared to that 475 in EUR and hence our results may be affected by power issues. The small sample size 476 may also lead to unstable effect estimation for these SNPs. Moreover, as shown before, 477 we cannot completely rule out the possibility that the imbalanced sample sizes can 478 also partly interpret the observed trans-ethnic genetic difference in traits. For example, 479 we found that sample size was significantly positively correlated with the number of 480 trait-associated loci in both populations, and that the estimated trans-ethnic genetic 481 correlation would become less significantly different from one when the difference of 482 sample sizes in a pair of traits reduced. Thus, the external validation of our results 483 with larger sample size especially for EAS GWASs is warranted.

484 Second, besides the difference in sample sizes, other discrepancies in study designs 485 such as phenotypic definition, statistical methods, and covariate adjustment can be 486 also contributable to the observed trans-ethnic genetic similarity and diversity. 487 Examining and quantifying the relative contributions are imperative for understanding 488 genetic heterogeneity across populations. However, compared to the difference in 489 sample sizes which are already reported in summary statistics, the design 490 discrepancies in GWAS are difficult to handle with only summary statistics. It needs 491 large-scale individual-level data of phenotypes and genotypes, and is thus challenged 492 by privacy concerns when sharing data [67].

Third, individuals of EAS and EUR ancestries are to a great extent genetically similar, whereas more major genetic differences are expected to be found between AFR and non-AFR populations [68]. Therefore, it is not clear whether our findings can be generalized to comparison in other populations such as EUR and AFR. Unfortunately, the number of GWASs performed in individuals of AFR descent is still too limited to

498 enable comparative studies.

Fourth, our analysis only considered common SNPs (MAF>0.01) and ignored rare variants, which usually have a recent origin compared with common ones from ancient origin. Theoretically, rare risk variants might be more likely to be populationspecific and could possibly carry a greater risk effect, which probably leads us to underestimate the genetic heterogeneity across populations.

504 Fifth, to our knowledge, this is the first time that the cFDR method has been 505 employed in detecting trans-ethnic genetic overlap for a large range of complex traits. 506 However, it implements association mapping at a fixed FDR level rather than the 507 standard error measure such as family-wise error rate (FWER) or type I error rate 508 which is more widely-used in a typical GWAS. FDR is more liberal compared to 509 FWER; thus, we can discover a much larger number of trait-associated SNPs. 510 Although the cFDR method has been well-established under the context of pleiotropy-511 informed association mapping in ancestry-matched populations [27, 28] and also 512 demonstrated to be well-calibrated in our study (Figures S7-S8), its ability of 513 controlling FWER is less understood. Consequently, we just considered cFDR as a 514 powerful tool for discovering evidence of trans-ethnic genetic overlap in our 515 application, and by no means attempted to replace the standard GWAS analysis 516 strategy with cFDR nor the cFDR level (e.g., 0.05 used here) with the genome-wide significance level (e.g.,  $5 \times 10^{-8}$ ). 517

## 518 Conclusions

519 Our work provides an in-depth understanding of similarity and diversity regarding 520 genetic architecture for complex traits across diverse populations, and can assist in 521 trans-ethnic association analysis, genetic risk prediction, and causal variant fine 522 mapping.

#### 523 Materials and Methods

#### 524 Summary statistics of 37 complex traits

We obtained summary statistics (e.g., marginal effect size and standard error) of 37 complex traits (10 binary and 27 continuous) analyzed on EAS-only or EUR-only individuals (**Table 1** and **Tables S6-S7**). These traits included lipids (e.g., TG), blood cell phenotypes (e.g., neutrophil [NEUT] and MONO), diseases (e.g., BRC, T2D, and prostate cancer [PCA]), and anthropometric phenotypes (e.g., BMI and height).

530 For each analyzed trait, we carried out stringent quality control in both populations by 531 following previous work [12, 30, 69]: (i) filtered out SNPs without rs label; (ii) 532 deleted non-biallelic SNPs and those with strand-ambiguous alleles; (iii) removed 533 SNPs whose alleles did not match with those in the 1000 Genomes Project; (iv) 534 excluded duplicated SNPs; (v) filtered out palindromic SNPs containing the same 535 bases; (vi) kept only common SNPs (MAF>0.01 in each population) which were also 536 included within the 1000 Genomes Project and shared between the EAS and EUR 537 GWASs.

Here, MAF was calculated with genotypes of EAS (N=504) or EUR (N=503) individuals in the 1000 Genomes Project if missing in the original summary statistics data; the threshold value of 0.01 for MAF was selected as it was widely used in summary statistics-based studies [12, 30, 69]. We further aligned the effect allele of all remaining SNPs for each trait between the two populations.

# 543 Estimation of heritability and cross-trait genetic correlation in the same 544 population

545 We first employed LDSC to estimate SNP-based heritability for each trait separately in the two populations [30]. The LDSC software (version v1.0.1) was downloaded 546 547 from https://github.com/bulik/ldsc and the analysis was conducted with default 548 parameter settings. The LD score was calculated with genotypes of SNPs (MAF>0.01 549 and the P value of Hardy Weinberg equilibrium test> $1.0 \times 10^{-5}$ ) with a 10Mb window 550 on EAS or EUR individuals in the 1000 Genomes Project. Then, the LD score of SNP 551 was regressed on the square of Z-statistic of the analyzed trait, with the regression 552 slope offering an unbiased estimate for heritability. Besides quality control procedures

described above, we here further removed SNPs located within the major histocompatibility complex region (chr6: 28.5~33.5Mb) because of its complicated structure which was often difficult to estimate accurately from an external reference panel [30, 70]. Relying only on summary statistics and LD scores, LDSC can be also applied to calculate the cross-trait genetic correlation in the same population [69].

#### 558 Estimation of trans-ethnic genetic correlation across populations

559 To evaluate genetic similarity and diversity for these traits across populations, we 560 calculate the global trans-ethnic genetic correlation ( $\rho_g$ ) via popcorn [12]. 561 Conceptually,  $\rho_g$  is defined as the correlation between SNP effect sizes of the trait in 562 various ancestral groups to measure the extent to which the same SNP exhibits the 563 same or similar impact on phenotypic variation [12, 25, 26]. Methodologically, 564 popcorn was proposed from the Bayesian perspective by assuming effect sizes of 565 SNPs following an infinitesimal model [71], and can be considered as a natural trans-566 ethnic extension of LDSC. The trans-ethnic LD score of each SNP was downloaded 567 from https://github.com/brielin/popcorn, which was calculated with genotypes of EAS 568 or EUR individuals in the 1000 Genomes Project between the focal SNP and all the 569 flanking ones within a 10Mb window. To obtain an unbiased estimate of trans-ethnic 570 genetic correlation, we implement an unbounded estimation algorithm in popcorn, 571 which likely leads to an estimate less than -1 or greater than 1.

# 572 Identification of associated SNPs and shared genetic overlap across populations

## 573 Conditional false discovery rate and conjunction conditional false discovery rate

574 From a statistical perspective, we observe that the identification of trans-ethnic 575 genetic overlap can be handled by applying the similar principle of detecting 576 pleiotropic associations for genetically correlated traits in a single ancestral group. 577 Over the past few years many methods have been developed for detecting pleiotropy 578 [72-74]. Among those, cFDR is a novel pleiotropy-informed method to discover 579 genetic overlap and can be viewed a novel extension of the classical FDR for a single 580 trait in one population to the same trait in trans-ethnic cases [27, 28]. By integrating 581 association results from multiple traits, this method could offer important sights into 582 trans-ethnic genetic overlap and increased power to identify less significant

#### 583 association signals.

584 In our application context, the null hypothesis of FDR is no association between a 585 SNP and the trait of focus in one population. Based on this definition and the principle 586 of FDR, cFDR is logically defined as the posterior probability that a random SNP is 587 null for the trait in one population given that the observed *P* values for the trait in both 588 populations are less than a predetermined threshold. Formally, with two sets of Pvalues as input, cFDR is calculated as  $cFDR_{1|2}=Prob(H_0^{(1)}|P_1 < p_1, P_2 < p_2)$ , where  $p_1$ 589 and  $p_2$  are the observed P values of a particular SNP for the trait in the two 590 populations, respectively; and  $H_0^{(1)}$  denotes the null hypothesis indicating there does 591 592 not exist an association between the SNP and the trait in the first population. cFDR is 593 efficiently estimated with an empirical Bayesian manner that was proposed for 594 computing the local FDR [75].

595 As the principal and conditional positions for the trait in cFDR described above are 596 exchangeable between the populations,  $cFDR_{2|1}$  is defined in a similar way. Therefore, 597 ccFDR for identifying shared SNPs is simply expressed as ccFDR<sub>1|2</sub>=max(cFDR<sub>1|2</sub>, cFDR<sub>21</sub>), which is defined as the probability that a particular SNP has a false positive 598 association with the trait in the two populations given the observed P values. Finally, 599 600 SNPs with ccFDR less than a given significance threshold can be prioritized to be 601 population-common SNPs. Although the traditional meta-analysis is also often 602 applied in trans-ethic association studies [76-81]; however, the association discovered 603 by meta-analysis cannot certainly suggest trans-ethic genetic overlap because such 604 association might be only present in one special population.

605 Because cFDR and ccFDR are constructed for relatively independent SNPs, to generate uncorrelated SNPs, following prior work [82] we applied the LD pruning 606 (the width of SNP window=50 and  $r^2$ =0.1) in PLINK with genotypes of EAS or EUR 607 608 individuals separately in the 1000 Genomes Project as the reference panel for LD 609 calculation, and then combined the two sets of SNPs available from both populations 610 (Table S6). In addition, based on findings observed in other studies [73, 74], 611 genetic/phenotypic correlation between traits can result in inflated test statistics. Therefore, to minimize false discovery in our cFDR analysis, we further generated 612 613 uncorrelated Z-statistics for every trait across populations by multiplying them by the

614 inverse of a correlation matrix, which can be easily calculated in terms of the two 615 statistics of null SNPs (e.g., SNPs with  $P>10^{-4}$ ) [72, 83]. This decorrelation strategy 616 maximizes the transformed test statistics and the original ones [84]; therefore, it has 617 the minimal influence on association identification. These uncorrelated *Z*-statistics 618 were ultimately transformed into two-sided *P* values for the cFDR analysis based on 619 normal approximation.

620 Our simulation studies already demonstrated that the cFDR method could maintain 621 well-calibrated control of FDR at the given level and behaved better when identifying 622 population-common trait-associated SNPs compared to the naïve minimum *P*-value 623 method (**Supplement notes** and **Figures S7-S8**).

#### 624 Various types of SNPs and four-group model

Relying on cFDR and ccFDR, for each trait we could divide all the analyzed SNPs into four incompatible groups: (i) not associated with the trait in neither population (i.e., null SNPs); (ii) only associated with the trait in the EAS population but not in the EUR population (i.e., EAS-specific associated SNPs); (iii) only associated with the trait in the EUR population but not in the EAS population (i.e., EUR-specific associated SNPs); (iv) associated with the trait in both the two populations (i.e., population-common associated SNPs).

632 To measure the degree of genetic components shared by the same trait across the populations, we further applied the four-group model [85] which examined SNPs in 633 634 the four groups mentioned above. This model aims to estimate the proportions of SNPs in each group, and employs the LRT method to assess the statistical significance 635 636 for overall trans-ethnic genetic overlap. Statistically, the four-group model assumes 637 that *P* values of null SNPs (not associated with the trait in neither populations) follow 638 the uniform distribution and P values of non-null SNPs (associated with the trait at 639 least in one population) follow the Beta distribution.

#### 640 Genetic correlation and heterogeneity of SNPs between the two populations

#### 641 Marginal genetic correlation across populations

For every trait we calculated the marginal genetic correlation ( $r_m$ ) of SNP effect sizes in each of the four groups using a recently proposed method called MAGIC [25]. Compared to the traditional Pearson's correlation, which often underestimates the marginal genetic correlation thus leads to the so-called correlation attenuation because of failing to take the estimation error of effect sizes into account [25, 86], MAGIC has the advantage of generating unbiased correlation estimation by accounting for the uncertainty under the framework of measurement error model [87].

#### 649 Linear regression for SNP effect sizes

We also carried out a simple linear model without the intercept term for only population-common associated SNPs of each trait by regressing effect sizes of SNPs in one population on those in another population. The slope of the linear regression model provides an indicator for the relative magnitude of effect sizes for shared traitassociated SNPs between the two populations. For common associated SNPs, we examined the heterogeneity in genetic effect of SNPs on the trait across EAS and EUR populations via Cochran's Q test in the R metafor package.

#### 657 Characteristics of associated SNPs between EAS and EUR populations

#### 658 Patterns for LD, MAF, and Wright's fixation index

659 After detecting common associations, we wondered whether there exist different patterns of LD and MAF for trait-associated SNPs compared to those null ones. To 660 661 this aim, we first obtained the two LD scores for every SNP in the four groups based 662 on genotypes available from EAS or EUR individuals in the 1000 Genomes Project, 663 and then calculated their LDCV across the populations. Here, coefficient of variation, 664 rather than variance, was utilized because SNPs with higher LD scores tended to have 665 greater variation between populations [7, 24]. In a similar way, we calculated MAFCV for each SNP between the two populations to evaluate how MAF varies 666 667 between populations.

668 We further evaluated whether an identified trait-associated SNP had been under

669 natural selection. If this was the case, then a substantial between-population 670 differentiation would be observed in the allele frequency [24, 88]. To this aim, we 671 applied the Wright's fixation index ( $F_{st}$ ) to evaluate such an allele frequency diversity 672 across populations under natural selection [24, 88, 89], and calculated  $F_{st}$  of each SNP 673 in the four groups for every trait with genotypes available from EAS and EUR 674 individuals in the 1000 Genomes Project using PLINK.

To examine LDCV, MAFCV, and  $F_{st}$  in the four groups, we carried out the Kruskal test for each trait, with the resulting *P* values being FDR corrected to account for multiple testing using the Benjamini-Hochberg procedure. We also performed a paired test to compare the average of LDCV, MAFCV, and  $F_{st}$  across the traits while simply ignoring the uncertainty of the estimated average in each group.

# 680 Partial and overall genetic risk score analysis

To further demonstrate the direction of genetic differentiation, for each trait we 681 conducted a GRS analysis [29]. The calculated GRS in part measures the stratification 682 683 of the whole population based on estimates of individual's genetic susceptibility. In our analysis the GRS of a given individual was simply computed as GRS= $\sum_{i}^{J} G_{i} \hat{\beta}_{i} / J$ , 684 685 where J was the number of SNPs used and G represented the genotype (coded as 0, 1, 1, 1) 686 or 2) available from the EAS or EUR individuals in the 1000 Genomes Project. For binary phenotypes,  $\hat{\beta}$  was the original marginal SNP effect size; whereas, for the 687 compatibility across populations, for continuous phenotypes we re-scaled  $\hat{\beta}$  based on 688 Z-statistic [90]; that is,  $\hat{\beta}_{new} = Z/\sqrt{2 \times MAF \times (1 - MAF) \times sample size + Z^2}$ . 689

For each pair of traits under analysis, three types of GRS were generated using three distinct sets of SNPs (**Table 2**), including population-specific loci ( $J=f_{10}$  or  $f_{01}$ ), population-common loci ( $J=f_{11}$ ) and population-associated loci ( $J=f_{10}+f_{11}$  or  $f_{01}+f_{11}$ ). For the convenience of description, we referred to the first two GRSs as partial GRS, while the third one as overall GRS.

## 695 **Exploring the influence of sample size difference**

We finally attempted to investigate whether the sample size difference could influenceour findings with regards to genetic similarity and diversity of traits between the EAS

and EUR populations. First, after obtaining the heritability estimate and its standard error for a given trait in the two populations (denoted by  $\hat{h}_1^2$  and  $\hat{h}_2^2$ ,,  $se_1$  and  $se_2$ , respectively), we studied the influence of sample sizes of traits on the estimated heritability and its standard error.

Second, to assess the impact of sample size on the trans-ethnic diversity of estimated heritability, we employed NCV to measure the difference of sample sizes, and examined its relation with the coefficient of variation of heritability, the estimated slope of effect sizes for population-common SNPs and the proportion of populationcommon SNPs with heterogeneous effects.

Third, we implemented an approximation normal test to examine the significance of the difference in the estimated heritability between the two populations by calculating  $u=(\hat{h}_1^2 - \hat{h}_2^2)/(se_1^2 + se_2^2)^{-1/2}$ . We obtained the *P* value of *u* using the standard normal distribution as the null distribution, with the issue of multiple testing corrected via by the Benjamini-Hochberg method. By doing this, we explicitly took the difference of sample sizes in traits into account by modeling its standard error when comparing heritability.

## 714 **Declarations**

#### 715 Ethics approval and consent to participate

- All methods were carried out in accordance with relevant guidelines and regulations
- 717 (declaration of Helsinki).

#### 718 **Consent for publication**

719 Not applicable.

## 720 Availability of data and materials

- All data generated or analyzed during this study are included in this published article
- and its supplementary information file.

# 723 Competing interests

- The authors declare that the research was conducted in the absence of any commercial
- 725 or financial relationships that could be construed as a potential conflict of interest.

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# 743 Authors' contributions

- 744 PZ conceived the idea for the study. PZ and JZ obtained and cleared the datasets; TW,
- 745 PZ, JQ, SZ and JZ performed the data analyses. TW, PZ, JQ, SZ, and JZ interpreted
- the results of the data analyses. TW, PZ and JZ wrote the manuscript with the help
- 747 from other authors.

# 748 Abbreviations

- 749 SNP: single-nucleotide polymorphism
- 750 GWAS: genome-wide association study
- 751 EUR: European
- 752 EAS: East Asian
- 753 LD: linkage disequilibrium
- 754 cFDR: conditional false discovery rate
- 755 ccFDR: conjunction conditional false discovery rate
- 756 MAF: minor allele frequency
- 757 GRS: genetic risk score
- 758 LDSC: linkage disequilibrium score regression
- 759 LDCV: coefficient of variation of LD scores
- 760 MAFCV: coefficient of variation of MAF
- 761  $F_{st}$ : Wright's fixation index

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