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SIRT I signalling protects mouse oocytes against oxidative stress and is deregulated during aging

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STUDY QUESTION: Is SIRT1 involved in the oxidative stress (OS) response in mouse oocytes?

SUMMARY ANSWER: SIRT I plays a pivotal role in the adaptive response of mouse germinal vesicle (GV) oocytes to OS and promotes a signalling cascade leading to up-regulation of the MnSod gene.

WHAT IS KNOWN ALREADY: OS is known to continuously threaten acquisition and maintenance of oocyte developmental potential during *in vivo* processes and *in vitro* manipulations. Previous studies in somatic cells have provided strong evidence for the role of SIRTI as a sensor of the cell redox state and a protector against OS and aging.

STUDY DESIGN, SIZE, DURATION: GV oocytes obtained from young (4–8 weeks) and reproductively old (48–52 weeks) CD1 mice were blocked in the prophase stage by 0.5 μ M cilostamide. Groups of 30 oocytes were exposed to 25 μ M H $_2$ O $_2$ and processed following different times for the analysis of intracellular localization of SIRT1 and FOXO3A, and evaluation of Sirt1, miRNA-132, FoxO3a and MnSod gene expression. Another set of oocytes was cultured in the presence or absence of the SIRT1-specific inhibitor Ex527, and exposed to H $_2$ O $_2$ in order to assess the involvement of SIRT1 in the activation of a FoxO3a-MnSod axis and ROS detoxification. In the last part of this study, GV oocytes were maturated *in vitro* in the presence of different Ex527 concentrations (0, 2.5, 5, 10, 20 μ M) and assessed for maturation rates following 16 h. Effects of Ex527 on spindle morphology and ROS levels were also evaluated.

PARTICIPANTS/MATERIALS, SETTING, METHODS: SIRT1 and FOXO3A intracellular distribution in response to OS was investigated by immunocytochemistry. Real-time RT-PCR was employed to analyse Sirt1, miR-132, FoxO3a and MnSod gene expression. Reactive oxygen species (ROS) production was evaluated by *in vivo* measurement of carboxy-H₂DCF diacetate labelling. Spindle and chromosomal distribution in *in vitro* matured oocytes were analysed by immunocytochemistry and DNA fluorescent labelling, respectively.

MAIN RESULTS AND THE ROLE OF CHANCE: Specific changes in the intracellular localization of SIRT1 and up-regulation of Sirt1 gene were detected in mouse oocytes in response to OS. Moreover, increased intracellular ROS were observed when SIRT1 activity was inhibited by Ex527. In aged oocytes Sirt1 was expressed more than in young oocytes but SIRT1 protein was undetectable. Upon OS, significant changes in miR-132 micro-RNA, a validated Sirt1 modulator, were observed. A negative correlation between Sirt1 mRNA and miR-132 levels was observed when young oocytes exposed to OS were compared with young control oocytes, and when aged oocytes were compared with young control oocytes. FoxO3a and MnSod transcripts were increased upon OS with the same kinetics as Sirt1 transcripts, and up-regulation of MnSod gene was prevented by oocyte treatment with Ex527, indicating that SIRT1 acts upstream to the FoxO3a-MnSod axis. Finally, the results of the *in vitro* maturation assay suggested that SIRT1 might be involved in oocyte maturation by regulating the redox state and ensuring normal spindle assembly.

LIMITATIONS, REASONS FOR CAUTION: The main limitation of this study was the absence of direct quantification of SIRT1 enzymatic activity due to the lack of an appropriately sensitive method.

WIDER IMPLICATIONS OF THE FINDINGS: The present findings may provide a valuable background for studying the regulation of SIRTI during oogenesis and its relevance as a sensor of oocyte redox state and energy status. The antioxidant response orchestrated by SIRTI in oocytes

seems to decrease with aging. This suggests that SIRT I could be an excellent pharmacological target for improving oocyte quality and IVF outcome in aging or aging-like diseases.

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Key words: sirtuins / SIRTI / oxidative stress / oocyte aging / miRNA

Introduction

Human female reproductive function reaches a maximum efficiency in early 20s and then decreases in a manner that is universal through mammalian species (Wood, 1989). The gradual loss of fertility becomes more marked in the late 30s ending in menopause at a mean age of 50–5 I years (te Velde and Pearson, 2002). The main regulator of female reproductive function is the ovary. Its primary role is to provide a reserve of germ cells established prior to or shortly after birth, which gradually decreases in quality and quantity during the reproductive lifespan. At puberty the gonad is endowed with 300 000 primordial follicles containing oocytes that are blocked at prophase of the first meiotic division and can be recruited into the growing phase until menopause occurs. Most of them become atretic while just a few reach the large antral follicle stage and complete meiosis to the metaphase II stage (MII) during ovulation to become competent for fertilization (Hennet and Combelles, 2012; Sánchez and Smitz, 2012; Sobinoff et al., 2013).

A gradual accumulation of damage by free radicals and dicarbonyl reactive compounds along with a reduced detoxifying capacity has been considered the major mechanisms underlying ovarian aging (Li et al., 2012; Meldrum, 2013; Tatone and Amicarelli, 2013). The increase in aneuploidy represents the most evident effect of the unhealthy status of oocytes produced in advanced reproductive age (the so-called aged oocytes) as a result of prolonged exposure of follicles to factors which can irreversibly accumulate during the reproductive lifespan in the ovarian and follicle microenvironment (Tatone et al., 2008). Spindle aberrations, disturbances in chromosome congression, mitochondrial alterations and changes in gene and protein expression represent further characteristics of the aged oocyte (Eichenlaub-Ritter, 2012).

Although the oocyte aging phenotype has been well characterized, the adaptive response machinery to oxidative stress (OS) has been so far poorly investigated. Recently, a growing body of evidence supports the hypothesis that the aging process is regulated by a continuous crosstalk between reactive oxygen species (ROS) and SIRTI, the most extensively studied sirtuin. Sirtuins (silent information regulator 2 (Sir2) proteins) belong to a well-conserved family of NAD⁺-dependent enzymes with deacetylase and/or mono-ADP-ribosyl transferase activity. The seven members of the mammalian sirtuin family have evolved to respond to a variety of stresses and are emerging as key anti-aging molecules and regulators in many diseases (Michan and Sinclair, 2007; Morris, 2013). SIRT1 has been shown to be the key molecule responsible for extending lifespan in response to caloric restriction (Cohen et al., 2004; Rogina and Helfand, 2004). Through deacetylation of stress responsive transcription factors, co-regulators and enzymes, SIRT1 is involved in metabolic control at cellular, tissue and whole-body levels (Schwer and Verdin, 2008). Since NAD⁺ is its unique co-substrate, SIRTI acts as a sensor of the intracellular energy status and as a redoxsensitive deacetylase as well (Tanner et al., 2000; Houtkooper et al.,

2010). Through deacetylation of the FOXO3A transcription factor, SIRT1 stimulates the expression of catalase and manganese superoxide dismutase (MnSOD) thereby promoting cell survival under oxidant conditions (Caito et al., 2010). Accordingly, overexpression of mouse SIRT1 has been reported to increase cell survival after exposure to hydrogen peroxide (Luo et al., 2001).

In addition to the availability of NAD⁺ and substrates, the activity of SIRTI can be fine-tuned by a variety of modulators including its own expression levels that are under the influence of several miRNAs known to suppress SirtI mRNA translation or reduce its stability (Yamakuchi, 2012; Chen et al., 2013; Revollo and Li, 2013).

Recently, a possible role of SIRT1 in the regulation of fertility has emerged. Reproductive defects in both sexes have been described in SIRT1-null animals that exhibit sterility or altered gametogenesis and offspring with reduced vitality (McBurney et al., 2003; Coussens et al., 2008). The expression of all sirtuins has been observed in mouse oocytes and embryos. Among them SIRT3 seems to be involved in protecting against stress conditions during in vitro fertilization and culture (Kawamura et al., 2010). A recent study, focused on prevention of aging by dietary antioxidant strategies, has provided indirect evidence for a crucial role of SIRT1 activity in the regulation of the ovarian aging process (Liu et al., 2012).

Based on the above observations, the aim of the present study was to investigate the involvement of SIRT1 signalling in protecting ovarian fullygrown oocytes against OS and to identify possible alterations linked to ovarian aging.

Materials and Methods

Oocyte collection

Oocytes were isolated from CD-1 mice (Charles River s.r.l. Calco, Italy) at the age of 4-8 weeks (young mice) and 48-52 weeks (reproductively old mice). All the experiments were carried out in accordance with the guidelines for the care and use of laboratory animals approved by the Animal Care Committee of the University of L'Aquila. Ovarian immature oocytes at the germinal vesicle stage (GV) were collected after vaginal smears analysis to identify females in diestrous of the spontaneous oestrous cycle as described previously (Vogt et al., 2009). A meiotic block at GV stage was achieved by addition of 0.5 μ M cilostamide (Sigma-Aldrich, St. Louis, MO, USA) (IC₅₀ in mouse oocytes, 0.1 μ M, Wiersma et al., 1998) in the culture media, M2 or M16 (Sigma-Aldrich), according to each procedure. In order to obtain mature oocytes, females were superovulated by intraperitoneal injection of 7.5 IU of PMSG (Folligon; Intervet-International, Boxmeer, Holland) and 7.5 IU of hCG (Profasi HP 2000; Serono, Roma, Italy) 48 h apart. After 15 h oviducts were removed and oocytes arrested at metaphase II stage (MII) were isolated after a brief exposure to 0.3 mg/ml hyaluronidase (Sigma-Aldrich). Degenerated or fragmented cells were discarded and healthy oocytes were pooled and randomized before distribution into the experimental groups. Each experiment was performed three times and at least 30 oocytes per group were employed in each replicate.

Oxidative stress treatments

To identify the proper stimulus to induce OS in GV oocytes, oocytes were exposed to different H_2O_2 treatments: $10~\text{mM}~H_2O_2$ for 2~min (Bogliolo et al., 2013), $100~\mu\text{M}~H_2O_2$ for 10~min (Takahashi et al., 2003) or $25~\mu\text{M}~H_2O_2$ for 30~min (Choi et al., 2007). GV oocytes were then extensively washed and incubated at 37°C and $5\%~\text{CO}_2$ in air for 24~h. Oocytes were checked at 16~h and 24~h for polar body emission and degeneration rate, respectively.

Oocyte treatments

To induce OS, GV-blocked oocytes were exposed to $25 \,\mu\text{M} \, H_2O_2$ for 30 min and then cultured for cell recovery for 30 min, 60 min, 90 min, 120 min or 180 min at 37°C, 5% CO₂ in air in M16 medium. In all of the experiments, control untreated GV oocytes were processed soon after retrieval. To obtain inhibition of SIRT1 activity in the study of ROS levels and MnSod gene expression, GV-arrested oocytes were placed in M16 medium in the presence of 20 μM Ex527 (Sigma-Aldrich) (Schuster et al., 2014), a SIRT1-specific inhibitor, for 1 h at 37°C, 5% CO₂ in air. Ex527-exposed oocytes were then stressed by 25 μM H_2O_2 for 30 min and cultured for 90 min at 37°C, 5% CO₂ in air in M16 medium containing 20 µM Ex527. Oocytes maintained in M16 medium for 1 h were exposed to H_2O_2 and then cultured for 90 min. A group of oocytes were exposed to Ex527 for 1 h prior to be processed for MnSod analysis. To study the effects of Ex527 on in vitro maturation (IVM), young GV oocytes were placed into M16 medium in the presence of Ex527 concentrations ranging from 2.5 to 20 μ M and then cultured for 16 h at 37°C and 5% CO₂ in air. Some of the oocytes were incubated with 500 μM N-acetyl-L-cysteine (NAC, Sigma-Aldrich) in the presence or absence of 20 μ M Ex527. Control oocytes were matured in the presence of 0.001% DMSO (Sigma-Aldrich) to evaluate a possible toxic effect of DMSO in which Ex527 was dissolved. Numbers of oocytes that emitted first polar body (MII), oocytes that had resumed meiosis (GVBD, germinal vesicle breakdown), immature oocytes and degenerated oocytes were recorded.

Immunofluorescence and confocal analysis

Immunofluorescence experiments were performed according to Tatone et al. (2011). After removal of zona pellucida by Tyrode's acid solution (Sigma-Aldrich), oocytes were fixed for immunofluorescence and labelled by first antibody [rabbit anti-SIRT1 (Abcam, Cambridge, UK), rabbit anti-FOXO3A (Abcam) or mouse anti- α -tubulin (Sigma-Aldrich)] and second antibody [anti-rabbit-Alexa 488 (Life Technologies, Carlsbad, CA, USA) or anti mouse-FITC (Sigma-Aldrich)]. Chromatin staining was performed by propidium iodide (Sigma-Aldrich). In negative control oocytes, the primary antibody was omitted. Oocytes were mounted on slides and analysed under confocal microscope (TCS SP5 II, Leica Microsystems, Germany).

In vivo detection of intracellular ROS levels

ROS levels in oocytes were assessed according to Takahashi et al. (2009). This method is based on the use of a fluorescent dye, the 5-(and

6)-carboxy-2′7′-dichlorodihydrofluorescein diacetate (carboxy- H_2DCF diacetate), which is a carboxylated analogue of H_2DCF diacetate. This compound is characterized by negative charges, which allow H_2DCF diacetate to pass through the plasmatic membrane and remain in the intracellular space for long periods. In the cell, H_2DCF diacetate can be oxidized with production of carboxydichlorofluorescein (carboxy-DCF), which is a fluorescent molecule and an indicator of ROS.

Oocytes from different conditions were processed at the same time. Oocytes were incubated for 30 min at 37°C in M2 supplemented with 10 μM carboxy-H2DCF diacetate (Life Technologies). After washing, oocytes were mounted onto slide and observed under a fluorescence microscope (excitation at 480 nm, emission at 520 nm) with identical PMT settings. Images were analysed by ImageJ 1.44p software.

Real time RT-PCR analysis

All reagents used for Real-time RT–PCR were obtained from Life Technologies. Pools of 30 oocytes were washed in RNase free water, then transferred in 10 μL of RNase free water and sunk in liquid nitrogen. Samples were stored at $-80\,^{\circ}\text{C}$ until use. RNA extraction was performed by Picopure kit. Genomic DNA was degraded by DNA free kit (Applied Biosystem, Foster City, CA, USA).

To assess Sirt I, FoxO3a, MnSod and β -actin gene expression, reverse transcription of RNA was carried out by SuperScript VILO cDNA Synth Kit. Polymerase chain reaction (PCR) analyses were carried out in triplicate by Power SYBR Green PCR Master Mix kit (Applied Biosystem), according to manufacturer's instructions. Each reaction was performed in 25 μ L containing the cDNA equivalent of 1.5 oocytes and β -actin was used as internal standard. Primer sequences are shown in Table I. For each reaction, 40 cycles of amplification with the following profile were performed: 95°C for 10 min for the first cycle; 95°C for 15 sec and 60°C for I min for 40 cycles; then 95°C for 15 s and 60°C for 15 s. Relative intensity of PCR-specific amplicons was calculated by $\Delta\Delta$ Ct, obtained by normalization of the level of each transcript to that of β -actin and to the normalized level of transcript of the control group (Livak and Schmittgen, 2001).

For detection of miR-132, reverse transcription of RNA was carried out by TaqMan MicroRNA Reverse Transcription Kit. PCR analyses were carried out in triplicate by TaqMan MicroRNA Assay and TaqMan Gene Expression Master Mix (Applied Biosystem). For each reaction, 40 cycles of amplification with the following profile were performed: 95°C for 10 min for the first cycle; 95°C for 15 s and 60°C for 1 min for 40 cycles; then 95°C for 15 s and 60°C for 15 s.

To assess Sirt I and Hprt I genes, RNA was reverse transcribed by Super-Script VILO cDNA Synth Kit cDNA. Hprt I was used as internal standard for both miR-I32 and Sirt I (Barbagallo et al., 2013). The mean fold change is shown as natural logarithm of RQ values and the error is estimated by evaluating the $2^{-\Delta\Delta Ct}$ equation using $\Delta\Delta Ct$ plus standard deviation and $\Delta\Delta Ct$ minus the standard deviation. The correlation between miR-I32 and Sirt I was performed by Pearson correlation test.

Table	Primer sequences.	

	Forward	Reverse
Sirt1	5'-GCAACAGCATCTTGCCTGAT-3'	5'-GTGCTACTGGTCTCACTT-3'
FoxO3a	5'-CGGCTCACTTTGTCCCAGAT-3'	5'-GCCGGATGGAGTTCTTCCA-3'
MnSod	5'-ATTAACGCGCAGATCATGCA-3'	5'-TGTCCCCCACCATTGAACTT-3'
β-Actin	5'-GAGACCTTCAACACCCCAGC-3'	5'-ATGTCACGCACGATTTCCC-3'
Hprtl	5'-TCAGTCAACGGGGGACATAAA-3'	5'-GGGGCTGTACTGCTTAACCAG-3'

Western blotting analysis

One hundred GV oocytes from young or reproductively aged mice were pooled in Laemli buffer (Sigma-Aldrich) and stored at $-80^{\circ}C$. After thawing, samples were denatured at $95^{\circ}C$ for 5 min and loaded on a 10% SDS–PAGE and blotted on polyvinyl fluoride (PVDF) membranes (Sigma-Aldrich). Non-specific binding sites were blocked overnight with 5% not fat dry milk (Bio-Rad Laboratories, Italy) in Tris-buffered saline containing 0.05% Tween 20 (TBS-T). Membranes were incubated with polyclonal rabbit anti-SIRT1 (Abcam) and rabbit anti- β -actin antibody (Abcam) for 1 h at room temperature, followed by incubation with horseradish peroxidase (HRP) conjugated anti-rabbit secondary antibody (Abcam) for 1 h at room temperature. After washing, specific immunoreactive complexes were detected by ECL kit (Thermo Scientific, Waltham, MA, USA) and Uvitec Cambridge system (Alliance series, Cambridge, UK). SIRT1 bands were normalized for β -actin using ImageJ 1.44p software and values were given as relative units (RU). The experiment was performed in triplicate.

Statistical analysis

For each experimental series, values are reported as mean \pm SEM. Statistical analysis was assessed by One Way ANOVA followed by Student Keuls Multiple Comparison. Analyses were performed using the SigmaStat software

(Jandel Scientific Corporation, San Rafael, CA, USA). A $\it P$ -value of <0.05 was considered statistically significant.

Results

Intracellular localization of SIRT I in response to oxidative stress

In the absence of a quantitative assay of redox potential in follicular fluid or previous studies reporting OS challenge in GV oocytes, we initially tested OS treatments in MII oocytes (Takahashi et al., 2003; Choi et al., 2007; Bogliolo et al., 2013). Based on IVM results, we selected 25 μM H_2O_2 for 30 min as the proper dose and time of exposure to be employed in our study. In contrast to the other treatments, this time and dose slightly affected the IVM rate but did not compromise cell viability (Supplementary data, Table SI).

In the first set of experiments, we investigated the involvement of SIRT1 in GV oocyte response to OS by evaluating changes of intracellular localization. With this aim, oocytes were exposed to 25 μ M H₂O₂ for 30 min and processed for immunocytochemistry immediately or after a 30 min recovery in M16 medium. As shown in Fig. 1a-a", control

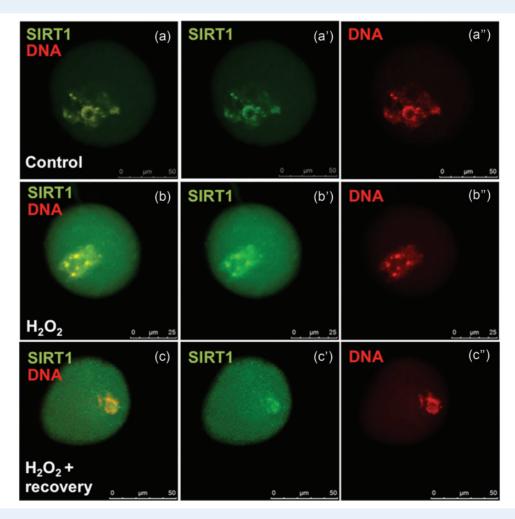


Figure I Changes of intracellular localization of SIRT I after oxidative stress. Micrographs of representative Sirt I localization in control untreated germinal vesicle (GV) oocytes ($\mathbf{a}-\mathbf{a}$ "), in oocytes exposed to H_2O_2 for 30 min during GV-stage arrest by cilostamide ($\mathbf{b}-\mathbf{b}$ ") and oocytes exposed H_2O_2 for 30 min and cultured to recover for 30 min ($\mathbf{c}-\mathbf{c}$ "). These staining patterns were presented in >80% of oocytes analysed in each group.

Table II Effects of a specific SIRTI inhibitor on reactive oxygen species (ROS) levels in GV oocytes	Table II Effect	ts of a specific SIRT I inhibitor of	on reactive oxygen specie	es (ROS) levels in GV oocytes‡.
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	No reco	very	90 min a	after stress
	n	Mean pixel intensity (\pm SEM)	n	Mean pixel intensity (\pm SEM)
Control oocytes	91	20 186 (± 10 426)*. ^a	89	23 136 (<u>+</u> 15 284)* ^{,a}
25 μM H ₂ O ₂	96	33 656 (± 15 355)*,b	91	22 947 (± 13 734)*, ^a
$20 \mu M Ex527 + 25 \mu M H_2O_2$	93	32 086 (\pm 21 993)*. ^b	92	37 022 (± 20 455)*,b

 $^{^{\}ddagger}$ Analysis of ROS production in oocytes exposed to H_2O_2 for 30 min, cultured in presence or absence of SIRTI-specific inhibitor, Ex 527, soon after oxidative stress or after 90 min of recovery. Significant differences among the groups by one-way ANOVA: $^*P < 0.001$; multiple pairwise comparison by Student Newman Keuls test: $^{a, b}P < 0.05$.

oocytes exhibited a prevalent nuclear localization where SIRT1 fluorescence appeared overlapping with stained DNA. Immediately after H_2O_2 exposure (Fig. 1b-b''), intense cytoplasmic staining of SIRT1 was observed in the presence of increased fluorescence in the nucleus. In oocytes analysed following 30 min (Fig. 1c-c'') exposure, an intense fluorescence was maintained but the merged signals revealed a reduced overlap between SIRT1 and DNA labelling.

Ability of SIRT I to regulate ROS levels during oxidative stress

To establish whether SIRTI plays an active role in protection against OS, young GV oocytes were exposed to 20 μM Ex527, a SIRTI-specific inhibitor, for I h prior to H_2O_2 exposure. ROS levels were analysed immediately (time 0) or 90 min after stress as described in the Materials and Methods. As expected (Table II), oocytes analysed immediately after H_2O_2 exposure showed increased ROS labelling when compared with control untreated oocytes. Then ROS levels decreased to values similar to that observed in control oocytes at 90 min after the stress. When oocytes were exposed to 20 μM Ex527, the ROS labelling observed at time 0 was not significantly different from the H_2O_2 group. However at 90 min after the stress, ROS levels were significantly higher than those monitored in the absence of the inhibitor.

Modulation of Sirt I expression during oxidative stress response and aging

Changes in the expression of the Sirt I gene in response to oxidative stress

In order to investigate whether Sirt I is up-regulated upon OS, we monitored mRNA levels in GV oocytes stressed with $\rm H_2O_2$ and processed for real-time PCR after 60, 90, 120 or 180 min. The results revealed that OS induced a significant increase in Sirt I mRNA levels detectable at any time analysed (Fig. 2) with a peak recorded after 90 min when a 7-fold increase in Sirt I levels was observed.

Changes in the expression of Sirt I during aging

We also monitored Sirt I expression in mouse oocytes from reproductively old mice. Results from real-time RT-PCR revealed higher levels of Sirt I mRNA in aged oocytes. Nevertheless, at 90 min after OS, Sirt I mRNA expression was maintained at the same level as in aged untreated oocytes (Fig. 3A). Furthermore, when expression at the protein level was analysed, SIRT I appeared undetectable in the aged oocytes (Fig. 3B).

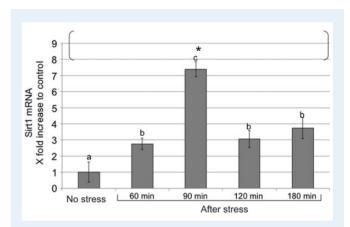


Figure 2 Changes in gene expression of Sirt1 in oocytes stressed by H_2O_2 . Analysis of Sirt1 expression in oocytes stressed by H_2O_2 and recovered for 60, 90, 120 or 180 min. Values are means \pm SEM of three determinations. The fold change of each gene is shown as $2^{-\Delta\Delta Ct}$. Statistical comparisons were performed by one-way ANOVA and Student Newman Keuls Multiple Comparison, *:P < 0.001, one-way ANOVA; a, b, c: P < 0.05, Student Newman Keuls test.

Changes in miRNA-132 levels in young and aged oocytes in relation to oxidative stress and Sirt I expression

In order to identify a possible post-transcriptional modulation of Sirt1, we monitored the levels of miR-132 levels, a validated Sirt1 modulator (Strum et al., 2009), in young and aged oocytes in response to stress. As shown in Fig. 4A, miR-132 levels in young oocytes decreased significantly with OS, reaching levels similar to those observed in untreated aged oocytes. Moreover, in contrast to young oocytes, no change in miR-132 levels was detected with OS in aged oocytes. When changes in both Sirt1 and miR-132 were analysed in the same sample, we observed a negative correlation between Sirt1 mRNA and miR-132 that was statistically significant when young oocytes exposed to OS were compared with young control oocytes, or when aged oocytes were compared with young control oocytes (Fig. 4B).

Sirt I-related pathway in response to oxidative stress

Given the central role of FOXO3A in the activation of adaptive response to OS, we monitored changes of intracellular localization of this transcription factor. As shown in Fig. 5, control oocytes exhibited a homogenous fluorescence that in most oocytes was associated with the

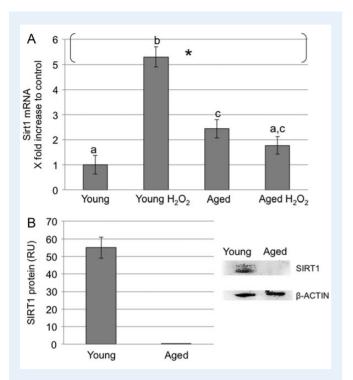


Figure 3 Effects of aging on Sirt1 expression. (**A**) Histogram showing Sirt1 mRNA levels in young and aged oocytes. Oocytes exposed to OS were analysed 90 min after H_2O_2 exposure. Values are means \pm SEM of three determinations. The fold change of each gene is shown as $2^{-\Delta\Delta Ct}$. Statistical comparisons were performed by one-way ANOVA and Student Newman Keuls Multiple Comparison, *:P < 0.001, one-way ANOVA; a, b, c: P < 0.05, Student Newman Keuls test. (**B**) Histogram of densitometric analysis of SIRT1 protein in young and aged oocytes. As shown, in young oocytes the SIRT1 immunoreactive band is evident; in aged oocytes it is undetectable. β-actin is used here as the internal standard.

presence of fluorescent spots in the nuclear region. Immediately after H_2O_2 exposure, intense nuclear staining was observed with a reduction of fluorescence in the cytoplasm. In oocytes analysed after 30 min recovery, an increase in total fluorescence was detected.

In subsequent experiments changes in the expression of FoxO3a and MnSod genes were analysed in order to identify the role of the OS in the induction of their transcription. To this end, we monitored mRNA levels of these transcripts in GV oocytes at different times after stress. The results revealed that OS induced a significant increase in both FoxO3a and MnSod mRNA levels at 90 min followed by a decline at 120 min (Fig. 6).

To establish the role of SIRT1 in the activation of the response to OS, we investigated the effects of Ex527 on the expression of MnSod gene. Real-time RT-PCR analysis revealed that the increase in MnSod mRNA levels upon stress was prevented by oocyte exposure to Ex 527 (Fig. 7).

In order to identify modulation of MnSod expression with aging, we monitored the levels of MnSod transcripts in aged oocytes in response to stressing conditions. Results from real-time RT–PCR revealed higher levels of MnSod mRNA in untreated aged oocytes when compared with young oocytes. Nevertheless, upon OS, MnSod mRNAs decreased to a level similar to that in young untreated oocytes (Fig. 8).

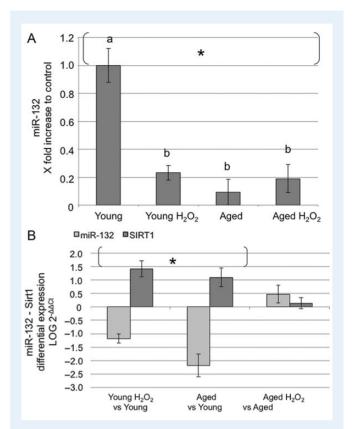


Figure 4 Effects of oxidative stress on miR-132 levels in young and aged oocytes. (**A**) Histogram showing miR-132 levels in young and aged oocytes in response to OS, analysed 90 min after H_2O_2 treatment. Values are means \pm SEM of three determinations. The fold change of each gene is shown as $2^{-\Delta\Delta Ct}$. Statistical comparisons were performed by one-way ANOVA and Student Newman Keuls Multiple Comparison, *:P < 0.001, one-way ANOVA; a, b: P < 0.05, Student Newman Keuls test. (**B**) Sirt1 and miR-132 differential expression in young and aged oocytes in response to OS. Values are means \pm SEM of three determinations. The fold change of each gene is shown as $\ln 2^{-\Delta\Delta Ct}$. Statistical comparisons by Pearson correlation reveals an anticorrelation between the two products in stressed and aged oocytes when compared with young controls. *:P = 0.98, Pearson correlation.

Effect of SIRT I inhibition on in vitro maturation

In order to investigate whether SIRT1 may play a role in meiosis progression, GV oocytes were exposed to different Ex527 concentrations in M16 medium and monitored for meiotic resumption after 16 h. As shown in Table III, meiotic progression was inhibited in a dose-dependent manner. A significant reduction in progression to MII stage was observed at 5 μ M (control versus 5 μ M Ex527, P=0.004), although the greatest inhibition was observed at higher doses (control versus 10 μ M Ex527, P<0.001; 5 μ M Ex527 versus 20 μ M Ex527, P=0.012). Most of the Ex527 oocytes that did not reach the MII stage were blocked at GVBD. As shown in Table III, GVBD oocytes increased from 24.7% at 10 μ M to 37.7% at 20 μ M Ex527 (10 μ M Ex527 versus 20 μ M Ex527, P=0.024). The proportions of oocytes that were degenerated or arrested at GV stage were not different among the groups. Ex527

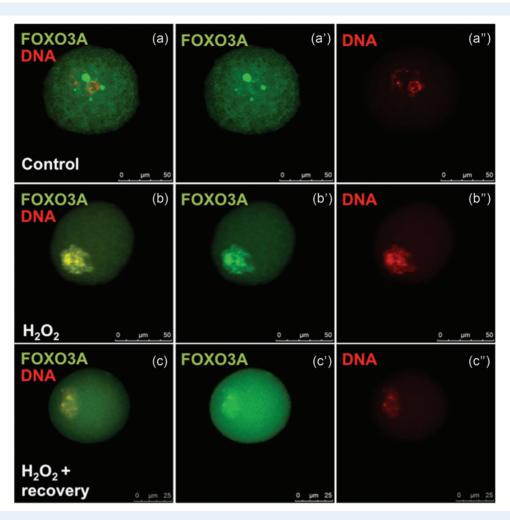


Figure 5 Changes of intracellular localization of FOXO3A after oxidative stress. Micrographs of representative FOXO3A localization in control untreated GV oocytes ($\mathbf{a}-\mathbf{a}$ "), in oocytes exposed to H_2O_2 for 30 min during GV-stage arrest by cilostamide ($\mathbf{b}-\mathbf{b}$ ") and oocytes exposed H_2O_2 for 30 min and cultured to recover for 30 min ($\mathbf{c}-\mathbf{c}$ "). These staining patterns were presented in >80% of oocytes analysed in each group.

concentrations higher than 20 $\,\mu\text{M}$ were not tested to avoid toxic effects of DMSO in which Ex527 was dissolved.

Since normal metaphase configuration is crucial to oocyte developmental competence, we analysed the effect of SIRTI inhibition on spindle and chromosome organization in *in vitro* matured oocytes. The MII plate was classified as 'normal' when microtubules formed two opposite poles in association with a normal chromosomal distribution or 'aberrant' if microtubule structures displayed reduced dimensions of the spindle or lost normal poles or if disorganized microtubule patterns were observed in association with scattered, decondensed or disorganized chromosomes (Liu and Keefe, 2002). According to this classification, our data showed that the presence of Ex527 during *in vitro* maturation was associated with an increase to almost 25% of oocytes having aberrant MII plates (Supplementary data, Fig. S1).

Since in vitro maturation has been associated with an increase in ROS (Combelles et al., 2009), we investigated the role of SIRTI on the maintenance of the redox state during IVM culture. The analysis was performed only in oocytes that reached the stage of MII. As shown in Table IV, oocytes matured in the presence of 500 μM NAC, a

concentration previously used in Kawamura *et al.* (2010), exhibited reduced levels of ROS when compared with control oocytes. By contrast, in cells matured in the presence of the SIRTI inhibitor, an increase of ROS production was observed. This effect was not observed when medium containing Ex527 was supplemented with NAC (Table IV).

Discussion

Oxidative stress is known to continuously threaten the acquisition and maintenance of oocyte developmental potential during *in vivo* processes and *in vitro* manipulations (Agarwal et al., 2008; Combelles et al., 2009; Tatone et al., 2010). Previous studies in somatic cells have provided strong evidence for the role of SIRT1 as a sensor of cell redox state and a protector against OS and aging (Hori et al., 2013; Hwang et al., 2013; Salminen et al., 2013). Data obtained in the present investigation demonstrate that SIRT1 plays a pivotal role in the adaptive response of mouse GV oocytes to OS and strongly suggest that SIRT1 signalling acts in the front line defence against ROS through the FoxO3a-MnSod axis.

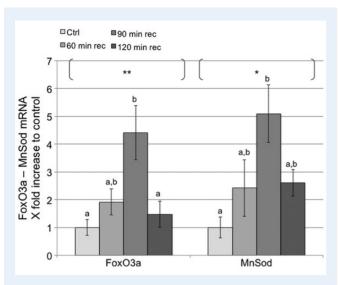


Figure 6 Changes in gene expression of Sirt1-related pathway in oocytes stressed by H_2O_2 . Analysis of FoxO3a and MnSod, expression in oocytes exposed to H_2O_2 and cultured to recover for 60, 90 or 120 min. Values are means \pm SEM of three determinations. The fold change of each gene is shown as $2^{-\Delta\Delta Ct}$. Statistical comparisons were performed by one-way ANOVA and Student Newman Keuls Multiple Comparison, *:P < 0.05, **:P < 0.01, one-way ANOVA; a, b: P < 0.05, Student Newman Keuls test.

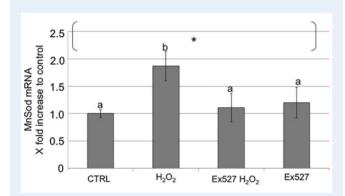


Figure 7 Effect of SIRT1 inhibition on MnSod expression. Ex527-treated oocytes were exposed to $\rm H_2O_2$ and processed for real-time RT–PCR after 90 min in Ex527 supplemented medium (Ex527-H₂O₂). A group of oocytes were maintained in M16 for 1 h before exposure to H₂O₂ and processed for real-time RT–PCR after 90 min in plain medium (H₂O₂). Another group of oocytes were processed for real-time RT–PCR after 1 h in Ex527 supplemented medium (Ex527). Control oocytes were processed soon after retrieval (CTRL). Values are means \pm SEM of three determinations. The fold change of each gene is shown as $2^{-\Delta\Delta Ct}$. Statistical comparisons were performed by one-way ANOVA and Student Newman Keuls Multiple Comparison, *:P<0.01, one-way ANOVA; a, b: P<0.05, Student Newman Keuls test.

Consistent with previous observations by Manosalva and Gonzáles (2010), in our study SIRT1 exhibited a prevalent nuclear localization in mouse GV oocytes. Additionally, we have shown that OS caused

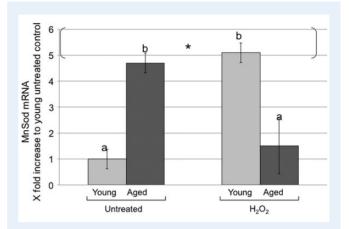


Figure 8 Changes in the expression of MnSod during aging. Analysis of MnSod expression in young and aged oocytes exposed to H_2O_2 for 30 min and then processed after 90 min. Values are means \pm SEM of three determinations. The fold change of each gene is shown as $2^{-\Delta\Delta Ct}$. Statistical comparisons were performed by one-way ANOVA and Student Newman Keuls Multiple Comparison, *:P < 0.01, one-way ANOVA; a, b: P < 0.05, Student Newman Keuls test.

SIRTI rearrangements inside the cell leading to the appearance of intense cytoplasmic staining along with increased fluorescence in the nucleus. Although the intracellular localization of this enzyme depends on the cell type, nucleocytoplasmic shuttling is considered relevant to its activity (Tanno et al., 2007; Yang et al., 2007; Tong et al., 2013). Thus, our observation of OS effects on SIRTI localization points to SIRT I involvement in the OS response and suggests that both nuclear and cytoplasmic targets may participate in SIRT1 signalling (Aquilano et al., 2013). In addition to changes in intracellular localization of SIRT I, we observed some effects of OS on GV chromatin configuration. In the control untreated young oocytes, the percentages of showing NSN (not surrounded nucleolus) and SN (surrounded nucleolus) chromatin were in accordance with the literature (De La Fuente, 2006; Manosalva and Gonzáles, 2010), whereas in the OS group these values decreased and most of oocytes showed the nonNSN and nonSN (nNSN-nSN) chromatin configuration firstly reported by Manosalva and Gonzáles (2010) as a peculiar pattern of GV oocytes from old mice (Supplementary data, Table SII). This observation along with the finding that percentage of nNSN-nSN oocytes in the OS group is higher than in the aged group would support the hypothesis that OS may have a relevant role in the chromatin changes leading to the nNSN-nSN configuration. In addition we can speculate that these modifications may reflect changes in transcriptional activity triggered by OS and related to chromatin regulating factors, including SIRT I.

A body of evidence was found in the present research to support the pivotal role of SIRT1 as a protector from OS in mouse oocytes. Notably, the Sirt1 gene is up-regulated during the OS response reaching peak transcript levels at 90 min post OS treatment followed by a return to basal levels at 180 min. This kinetics is supposed to ensure optimal levels of SIRT1 activity during the adaptive response to OS and homeostasis maintenance. Consistent with this is the observation that this finely tuned mechanism is disrupted in the aged oocyte where lower levels of SIRT1 protein and a lower ability to regulate the Sirt1 gene were detected. As a matter of fact, in contrast to young oocytes, aged

Table III Degeneration, GV-stage meiotic arrest or progression to GVBD or MII stage for oocytes cultured for 16 h in the presence of increasing concentrations of Ex527 ranging from 2.5 to 20 μ M.

	Dege	neration	Meiot	cic arrest	Meiot	ic resumption	
	n	Degeneration (mean % ± SEM)	n	GV (mean % ± SEM)	n	GVBD (mean % ± SEM)	MII (mean % ± SEM)
Control	124	4 (2.7% ± 3.1)	120	6 (4.4% ± 3.7)	114	9 (6.2% ± 6.8)*,a,§	105 (86.7% ± 12.0)*,a,§
2.5 μM Ex527	73	5 (6.7% ± 11.5)	68	$4 (5.2\% \pm 4.9)$	64	$8 (10.4\% \pm 9.8)^{*,a}$	56 (77.8% \pm 6.0)*,a
5 μM Ex527	66	8 (12.1% ± 6.6)	58	$6 (8.9\% \pm 3.8)$	52	13 (19.5% ± 4.0)*,ab	39 (59.6% ± 8.3)*,b
10 μM Ex527	72	12 (16.9% ± 11.2)	60	6 (8.0% ± 10.6)	54	18 (24.7% ± 6.9)*,b	36 (50.3% ± 7.8)*,b,c
20 μM Ex527	155	15 (9.2% ± 9.0)	140	25 (16.1% ± 4.5)	115	58 (37.7% ± 4.4)*,c,§	57 (37.0% \pm 6.3)*,c,§

Values are mean percentages \pm SEM of at least three independent experiments. Statistical differences among the groups by one-way ANOVA: *P < 0.001; multiple pairwise comparison by Student Newman Keuls test: $^{a, b, c}P$ < 0.005, $^{§}P$ < 0.001.

Table IV Effect of Sirt I inhibition on in vitro maturation.

	n	ROS level [‡] (<u>+</u> SEM)
Control oocytes	58	38 778 (± 11 522)*,a,§
20 μM Ex527	61	48 008 (± 11 775)*,b
$20~\mu$ M Ex $527+500~\mu$ M NAC	64	37 434 (<u>+</u> 9434)* ^{,a}
500 μM NAC	51	32 555 (± 11 133)*,a,§

 ‡ Mean pixel intensity of H_2DCF fluorescence in MII oocytes obtained after in vitro maturation in the presence of 20 μ M Ex527, 20 μ M Ex527 + 500 μ M NAC, 500 μ M NAC or in plain medium (control). Values are means \pm SEM of three independent experiments. Statistical differences among the groups by one-way ANOVA: *P < 0.001; multiple pairwise comparison by Student Newman Keuls test: $^{a,\,b}P < 0.001,\,^{\$}P < 0.05.$

oocytes exhibited increased levels of Sirt I mRNAs that could reflect the physiological condition of OS related to aging, as it occurs in in young oocytes exposed to OS. There are a lot of data in the literature pointing to a relevant role of OS in spindle aberrations and susceptibility to meiotic errors, which represent the hallmarks of the reduced competence of aged oocytes (Eichenlaub-Ritter, 2012). Many lines of evidence support this view. First of all, a strong relationship between ROS/ advanced glycation end-products (AGEs) in the environment during oocyte growth and maturation and impaired perifollicular or stromal vascularization is known to play a relevant role in the OS status of aged oocytes (Yeh et al., 2008; Tatone et al., 2014). Secondly mouse and human aged oocytes showed altered expression of genes involved in mitochondrial function, oxidative stress, energy pathways, transcription control and stress responses (Hamatani et al., 2004; Steuerwald et al., 2007). On this basis, altered Sirt1 levels and aberrant SIRT1 signalling during the stress response are in line with the current information about genetic and environmental factors underlying oocyte aging.

Based on the above observations, it is not surprising that aged oocytes have a decreased ability to react to $\rm H_2O_2$ exposure by up-regulating the Sirt I gene. Nevertheless based on our results, we cannot rule out that aged oocytes would respond to OS more slowly than young oocytes and eventually present late up-regulation of Sirt I gene.

The age-related disruption of the normal antioxidant response was confirmed by our observation that, in spite of high levels of Sirt1

mRNA, the SIRT1 protein was undetectable in aged oocytes. A shorter half-life of the SIRT1 protein or altered translation mechanisms with aging may account for this condition (Jung et al., 2009).

In recent literature, advanced genomic analysis has revealed an enormous list of functional non-coding RNAs, which are biologically relevant in gene regulation, both at transcriptional and post-transcriptional levels. Among non-coding RNAs, microRNAs (miRNAs) are known to be involved in the regulation of hundreds of target genes, and changes in the expression of even a single miRNA can impact the outcome of multiple cellular activities. Many papers have described the regulatory role of several miRNAs in SIRTI post-transcriptional regulation (Yamakuchi, 2012), as well as in OS response (Chen et al., 2013), miRNAs are expressed in mouse oocytes and embryos and their deregulation negatively affects regulatory pathways involved in follicle growth and oocyte maturation (Hossain et al., 2012; Assou et al., 2013). In this context, our study represents the first evidence for OS responsive miRNAs in germ cells. We have shown that in the mouse oocyte, either OS or aging induces a decrease in miR-132 expression in concordance with an increase in Sirt1 mRNA. The indirect correlation between the expression levels of these genes along with the observation that Sirt I is a validated target of miR-132 strongly support the hypothesis that decreased levels of miR-132 contribute to the increase in Sirt1 mRNA during the oocyte OS adaptive response. Nevertheless, the observation that in aged oocytes exposed to OS, Sirt1 and miR-132 levels remained unchanged revealed that this mechanism is severely compromised with aging. Taken together, all these data suggest that the aged oocyte being unable to face stressing insults may abandon detoxification and, perhaps, initiate new signalling pathways, such as the apoptotic one.

According to the literature, one of the mechanisms through which SIRT1 promotes cell survival under OS is by deacetylation of FOXO3A, a transcription factor that activates the expression of MnSod (Caito et al., 2010). Analysis of changes in the intracellular distribution of FOXO3A in mouse oocytes in the current study provided strong evidence for FOXO3A nucleocytoplasmic shuttling upon H_2O_2 exposure. This revealed initial massive recruitment of this protein in the nucleus followed by a return to homogeneous nucleocytoplasmic distribution. Moreover, in accordance with a role of FOXO3A in the antioxidant response, FoxO3a and MnSod mRNAs increased with the same kinetics as Sirt1 transcripts, suggesting a functional relationship among these genes. Importantly, the finding that the increase in MnSod

mRNA was prevented by SIRT1 inhibition by Ex527 strongly suggests that the FoxO3A-MnSod axis acts downstream to SIRT1 activity. Although enzymatic activity was not assessed in our system, this conclusion is supported by data reporting that Ex527 is a specific inhibitor of the SIRT1 catalytic domain, at least two orders of magnitude more potent than other molecules, i.e. sirtinol (Solomon *et al.*, 2006). In addition Ex527 inhibits SIRT1 activity in somatic cells in a dose-dependent manner, and, in contrast to other inhibitors, at the concentrations we used in this study it does not induce cytotoxicity and does not affect enzymatic activity of other sirtuins (Peck *et al.*, 2010).

The key role of MnSod gene was further confirmed by the finding that disrupted SIRT I signalling in aged oocytes is associated with altered regulation of MnSod mRNA levels. These transcripts, whose levels were more abundant in aged than in young oocytes, dramatically decreased upon OS so confirming the failed adaptive response in aged cells.

Focusing on the effects of SIRT1 inhibition on in vitro maturation, we report here that Ex527 negatively affected meiotic progression. In our system, addition of NAC contributes to reduce ROS generated during IVM. The finding that this effect is compromised when SIRTI is inhibited indicates that SIRT1 exerts a key role against variations of redox states during IVM. Indeed it is well known that fine modulation of the redox state during IVM is crucial to nuclear maturation and normal metaphase configuration (Combelles et al., 2009). In particular, pro-oxidant conditions are known to induce spindle aberrations and increase the percentage of oocytes with chromosome scattering and clumping on the MII plate (Tarín et al., 1996). On the other hand, studies on numerous animal models have shown that proper antioxidant supplementation can improve in vitro nuclear maturation and oocyte competence (Choi et al., 2013; Jo et al., 2014; Mukherjee et al., 2014; Wang et al., 2014). Accordingly, here we demonstrated that inhibition of SIRTI activity caused a significant increase in anomalies of spindle and chromosomal organization in in vitro matured oocytes. Overall, our results indicate that SIRTI activity protects the oocytes during meiotic progression by supporting antioxidant defences, so preventing damage from unscavanged free radicals.

It can be hypothesized that SIRTI is the sirtuin mainly involved during oogenesis based on the observation that it is expressed at low levels in oocytes that have reached the MII stage, in contrast to SIRT3 whose role in fertilization and early embryo development has recently been demonstrated (Kawamura *et al.*, 2010). Indeed we observed that the levels of Sirt1 transcripts in GV oocytes are higher when compared with MII oocytes (Supplementary data, Fig. S2).

In summary, we demonstrated that SIRT1 is involved in the adaptive response to OS in the mouse oocyte. This pathway relies on the activities of FoxO3a, MnSod and miR-132 and is deregulated with aging. Although hydrogen peroxide is the pro-oxidant stimulus most commonly used in SIRT1 studies, we cannot rule out that H_2O_2 treatments or stressors different from those used in the present study may differently modulate SIRT1 signalling (Kwon and Ott, 2008).

A limitation of our study is that we investigated stress-related intracellular pathways in denuded oocytes so excluding the possible influence of cumulus cells and other follicular compartments. In this regard, the present results should be interpreted with caution and rather considered a background for further investigation on oocyte SIRT I signalling.

Overall from our study, it emerges that SIRTI exerts a protective role during *in vitro* meiosis resumption and completion and highlights the need for studying the impact of SIRTI activators in human IVM. Moreover, our

findings provide the rationale for SIRTI as a key and specific therapeutic target and confirm previous hypothesis by Liu et al. (2012) suggesting that SIRTI pharmacological activation may be a strategy to ameliorate/preserve oocyte competence in oxidative stress-mediated ovarian dysfunctions including aging.

Supplementary data

Supplementary data are available at http://humrep.oxfordjournals.org/.

Authors' roles

C.T., A.M.D. and F.A. took part in the study design, supervision and coordination of the study and drafting of the manuscript. G.D., S.F. and M.Vi. took part in the study execution, data collection and discussions. C.D. and M.Ve. took part in the study design, supervision, data analysis of miR-132 regulation, and drafting of the manuscript.

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Conflict of interest

None declared.

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