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Size-controlled Synthesis of sub-10 nm Citrate-stabilized Gold Nanoparticles and Related Optical Properties.

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ABSTRACT

Highly-monodisperse biocompatible and functionalizable sub-10 nm citrate-stabilized gold nanoparticles (Au NPs) have been synthesized following a kinetically controlled seeded-growth strategy. The use of traces of tannic acid together with an excess of sodium citrate during nucleation is fundamental in the formation of a high number ($7 \cdot 10^{13}$ NP/mL) of small ~ 3.5 nm seeds with a very narrow distribution. A homogeneous nanometric growth of these seeds is then achieved by adjusting the reaction parameters: pH, temperature, sodium citrate concentration and gold precursor to seeds ratio. We use this method to produce Au NPs with a precise control over their sizes between 3.5 and 10 nm and a versatile surface chemistry allowing studying the size-dependent optical properties in this transition size regime lying between clusters and nanoparticles. Interestingly, an inflexion point is observed for NPs smaller than 8 nm in which the sensitivity of the Localized Surface Plasmon Resonance (LSPR) peak position as a function of NPs size and surface modifications dramatically increased. These studies are relevant in the design of the final selectivity, activity and compatibility of Au NPs, especially in those (bio)applications where size is a critical parameter (e.g. biodistribution, multiplex labeling and protein interaction).

INTRODUCTION

Gold nanoparticles (Au NPs) are still one of the most interesting nanomaterials due to their exceptional chemical stability, catalytic activity, processability and metallic nature, which provide them unique size-dependent optical and electronic properties. As a result, Au NPs are used in a wide variety of technologies including catalysis¹, nanoelectronics² and biomedicine³ (sensing, diagnosis, imaging and labeling). In order to develop nanomaterials to be suitable for the “bottom-up” design of their applicability, their synthesis must lead to monodispersed entities with structure-controlled features that exhibit reproducible properties.⁴ Among all sizes, highly monodisperse and functionalizable sub-10 nm Au NPs with tunable surfaces are appealing materials. In this regime, the percentage of surface atoms starts taking over bulk atoms, and their atomic coordination at the surface decreases, increasing their catalytic properties and resulting in large variations in the particles responses and reactivity (i.e. plasmon shifts, corrosion, dissolution, stability...).⁵⁻⁸ Besides, these Au NPs are especially attractive for biomedical applications and nanomedicine since many body barriers falls in the sub-10 nm regime therefore determining NP's biodistribution, accumulation in tissues, excretion and interaction with proteins.⁹⁻¹²

Most common strategies for the synthesis of sub-10 nm Au NPs are based on the use of strong reducing agents, i.e. sodium borohydride, in the presence of strong capping ligands that quench Au NP's growth, following either a two-phase liquid-liquid method (the so-called Brust method¹³) or single-phase approaches. This is the case of small hydrophobic gold clusters coated by phosphines (1.4-1.5 nm)^{14, 15}, amines (2.5-7 nm)¹⁶ and alkanethiols (1-6 nm).^{13, 17, 18} Similarly, the use of hydrophilic ligands such as poly(ethylene glycol) (PEG) (1.5-18 nm)¹⁹⁻²¹, polymeric stabilizers (1.5-4 nm)²², strong binding cationic surfactants (4-6 nm)^{23, 24} and other thiol-functionalized molecules (0.7-3.2 nm)^{25, 26} allow producing Au NPs in this small size regime.²⁷⁻²⁹ However, at the end of the synthesis, their surfaces are passivated by a strong binding surfactant layer. In the particular case of aqueous syntheses, it is especially interesting the well-established protocol producing Au NPs in the range 5-40 nm based on the use of cetyltrimethylammonium bromide (CTAB), initially reported by Murphy and co-workers^{30, 31}. Here, as in the case of the syntheses in organic solvents, and despite the

excellent size control provided by this method, the use of non-biocompatible reagents, which entail tedious "detoxification" steps, and/or the use of strong surfactants that blocks NP's surface limiting further functionalization, restricts their final use.³² In this context, the question is still how to produce Au NPs in the small regime, without restricting surface accessibility, while gaining reproducible control over particles' size distribution.

One of the most popular synthetic methods for the production of Au NPs is the aqueous reduction of tetrachloroauric acid (HAuCl₄) by sodium citrate, pioneered by Turkevich³³ and further refined by Frens.³⁴ The interest of this method relies on the resulting versatile citrate layer on the NP's surface which allows an easy (multi-)functionalization of the resultant particles with almost any type of molecules^{35, 36} (including peptides, proteins, and DNA). Many protocols have been developed for the preparation of citrate-stabilized Au NPs, leading to the production of fairly monodisperse quasi-spherical particles from about 10 to 300 nm in diameter by simply varying the reaction parameters (solution pH^{37, 38}, reducing agents³⁹⁻⁴⁴, solvent^{38, 45} and order of reagents addition^{46, 47}). Later, seeded-growth based methods resulted in improved size distributions, leading to highly monodisperse samples.^{30, 38, 48, 49} However, this strategy has not yet been adapted to produce Au NPs below 10 nm, therefore limiting the availability of high quality samples in this small size regime.

Herein, we take advantage of the recent improvements on the kinetic control of seeded-growth synthesis of citrate-stabilized metal NPs^{49, 50} to produce Au NPs with controlled morphology and nanometric size resolution between 3.5 and 10 nm. Controlled nucleation of 3.5 nm Au NPs is achieved by the combined use of two competing reducing agents: tannic acid and sodium citrate. The use of these two reducing agents for the synthesis of Au NPs was initially introduced in the seminal work of Mühpfordt in 1982 and further refined by Slot and Geuze in 1985 as an effective mean to produce NPs smaller than those obtained in the standard Turkevich method.⁵¹⁻⁵³ In this work, we develop a seeded-growth method that allows producing highly monodisperse 3.5 nm Au NP's seeds that can be grown, with nanometric resolution, up to the desired size, and accessible surfaces. While the synthesis of the seed particles involves the combined use of both reducers, the growth process is controlled exclusively by the use of sodium citrate and the fine adjustment of synthetic parameters

(temperature, pH, seeds concentrations and SC to gold precursor ratio). Thus, the initial nucleation promoted by one of the reducers determines the final number of NPs, while the growth of those initial seeds mediated by the other reducer determines their final size. As a result, stable quasi-spherical and functionalizable highly monodisperse smaller than 10 nm Au NPs have been produced.

Furthermore, due to their narrow size distributions and versatile surface chemistry, as-synthesized Au NPs can be used as a model material to study the unique size-dependent optical properties in this small size regime. This regime, lying in the frontier between clusters and large NPs, is especially interesting as size and surface chemistry effects become increasingly important.

RESULTS AND DISCUSSION

Synthesis of 3.5 nm seeds Au NPs

The addition of traces of tannic acid (TA) to the Inverse Turkevich method⁴⁹ substantially modifies the kinetics of Au NP's formation, leading to the fast and systematic production of narrowly dispersed 3.5 nm Au NPs (**Figure 1**). Briefly, the Au NPs were obtained by injecting 1 mL of tetrachloroauric acid (HAuCl₄, 25 mM) into a mixed solution containing 150 mL of sodium citrate (SC, 2.2 mM) and 0.1 mL of tannic acid (TA, 2.5 mM) at 70°C. Thus, the solution turned from transparent to dark grey instantaneously after gold precursor injection, and then to brownish-orange within a few minutes, indicative of the formation of very small Au NPs. The use of traces of TA, with stronger reducing power than SC, appeared to be crucial for the formation of these small particles. However, both reducing agents were needed, otherwise the resultant particles presented large and rather polydisperse sizes (**Figure 1A**). The absorption profile obtained when both reducers were combined (**Figure 1B**) reveals a damped Localized Surface Plasmon Resonance (LSPR) band peaking around 504-505 nm, which is in accordance of very small Au NPs.⁵⁴ Similarly, absorption profiles centred at 518 nm and 527 nm obtained when using only SC or TA, respectively, correlate well with the larger sizes seen by TEM. These results further indicate the synergic effect resulting from the combination of the two

reducers. HR-TEM morphological characterization shows the faceted (twinned) nature of the synthesized particles along with its high monodispersity (**Figure 1C and 1D**).

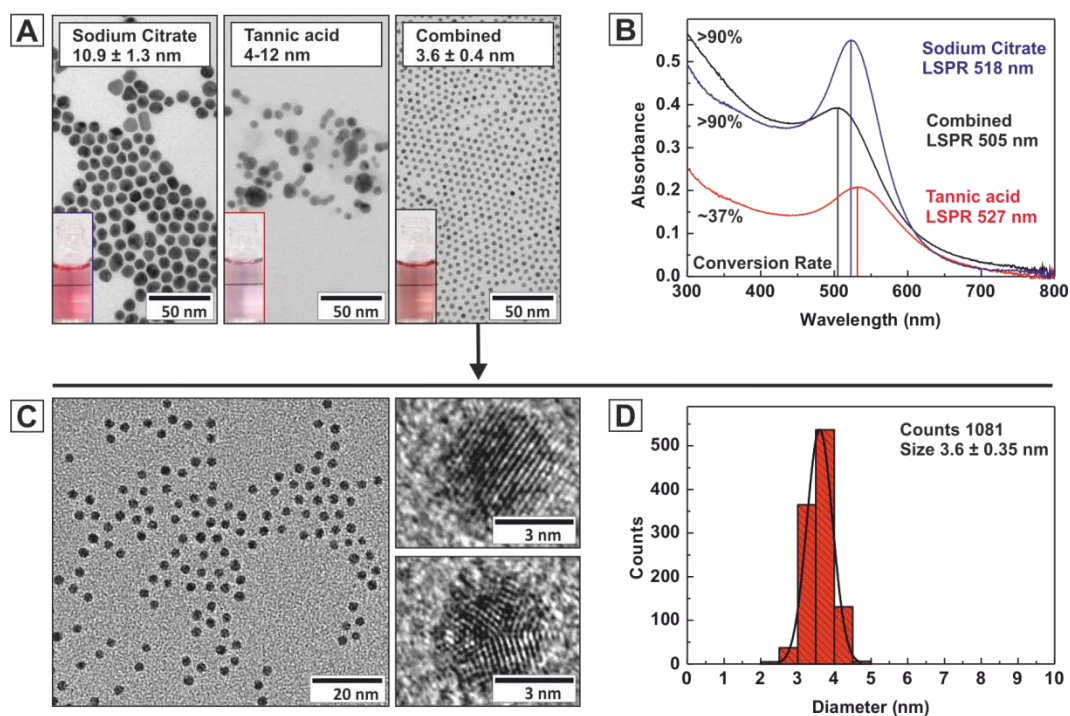


Figure 1. (A) Representative TEM images of Au NPs synthesized by injecting 1 mL of HAuCl_4 (25 mM) to a 150 mL solution of: SC, TA or the combination of both SC and TA. Refer to Supporting Information *Section 2.1* for experimental details. (B) Corresponding UV-Vis spectra and estimated precursor conversion rate, by measuring the absorbance at 400 nm^{55} of the Au colloidal solutions obtained in A. (C) High resolution TEM images of $\sim 3.5\text{ nm}$ Au NPs with individual particle image indicating multiple-twin boundaries. (D) Size distribution profile showing the highly monodispersity of the sample.

Effect of Reaction Parameters on the Synthesis of seeds Au NPs

In order to obtain the smallest Au NPs with the narrowest size distributions, three different synthetic parameters play a critical role: pH, TA concentration and temperature. It is well established that reaction pH defines the reactivity of the gold precursor and the protonation state of the citrate ions, finally determining the reaction mechanism, and therefore the final Au NP morphology.³⁸ On the other hand, the kinetics of reduction reaction is mainly controlled by the concentration of TA and the temperature, which governs the degree of monomer supersaturation, ultimately regulating the number and size of nuclei.

The effect of these parameters, that is the pH, concentration of TA and temperature, was studied and are summarized in **Figure 2**. *Effect of the pH*. As seen in **Figure 2A**, the final morphology of the Au NPs is strongly determined by the pH of the reaction mixture. The optimal size control was achieved at slightly basic pH (pH ~8), by correcting the reaction mixture with K_2CO_3 , leading to the production of quasi-spherical Au NPs with small sizes and narrower distributions. On the contrary, the formation of anisotropic shapes and/or larger particles was observed at rather acidic or alkaline conditions, respectively. These results can be explained in terms of both the protonation of citrate ions and the strong pH-dependent reduction potential of Au(III) complexes. Thus, at acidic values the protonation of citrate (pK_1 3.1, pK_2 4.6 and pK_3 6.4) results in the poor stability of the particles while at alkaline values Au ions become less reactive due to the formation of stable hydroxide complexes.³⁸ As a result, the optimal pH value is found to be that which balances both the reactivity of the gold precursor to promote a fast nucleation while ensuring a good electrostatic stabilization of the particles. *Effect of the TA*. Beyond the optimization of the pH, the kinetics of the reaction was highly dependent on the TA concentration (**Figure 2B**). As a general trend, an initial increase of the concentration of TA increased the reaction kinetics, which was translated into smaller sizes, down to 3.5 nm. However, a further excess of TA (see Supporting information *Section 1* for stoichiometry) resulted in polydisperse samples. The reason is still not fully understood but the presence of very small clusters (sub 3 nm) together with a high number of larger particles in these samples indicate some lack of stability of the resultant NPs, presumably due to the saturation of the nucleation process and the consequent rapid nucleation and aggregative growth, together with coalescence, of these small nuclei. Thus, the limiting factor for achieving the smallest Au NP's size is not determined by the reducing power of the TA but by the ability to stabilize the NPs. *Effect of the temperature*. Similarly, formation kinetics of the Au NPs was also dependent on the reaction temperature (**Figure 2C**). At low temperatures (below 70 °C) the growth process is favoured, which was translated into larger Au NPs but preserving highly monodisperse sizes. Oppositely, the sample started to become smaller and more polydisperse when the temperature was increased (above 70 °C) and the size decreased below 3.5 nm, in a similar trend to that observed in the case of the TA concentration. Unfortunately, any attempt to decrease the size

of the Au NPs below 3.5 nm by further modifying these synthetic parameters resulted in polydisperse samples. Although some hypothesis has been introduced here, this is a subject of ongoing research.

From these results it can be concluded that the optimal conditions for the production of high quality colloidal solutions of quasi-spherical Au NPs with the smallest possible size involves: (i) the adjustment of the reaction pH at slightly basic values (pH ~8) (ii) the use of sub-stoichiometric concentration of TA instead of an excess of that one and (iii) moderately high temperatures (~70°C). Working at these conditions long-term stable Au colloids of ~3.5 nm and standard deviation less than 10% were routinely produced. Interestingly, under these conditions the synthetic method was easily scaled up to 1 L (**Figure S1**).

Generally, the observed trend fits well with a mechanism of NP's formation divided in two steps: a nucleation promoted by a strong reducer, TA, and particle growth promoted by a weak reducer, SC. When TA is used under sub-stoichiometric conditions, the rate of nucleation and the final size of NPs are determined by the conversion rates of both processes. Thus, TA leads to the production of initial nuclei that are subsequently grown by the further reduction of the remaining gold precursor by the SC present in the medium. This strategy of competing reducers has been previously exploited in the control of Au NP size⁵³ and the morphology of Pt NPs in organic solvents.^{56, 57} When increasing the TA concentration, more gold is reduced during the nucleation and less by SC in the post-nucleation process, which leads to a decrease in the Au NP's size while preserving a narrow distribution. Considering that the Au conversion from precursor to NP yield is the same in all cases since an excess of SC is always used (about >90%), the number and size of NPs is then coupled (from many small NPs to fewer larger ones). Interestingly, a similar behaviour is observed when modifying the temperature of the reaction.

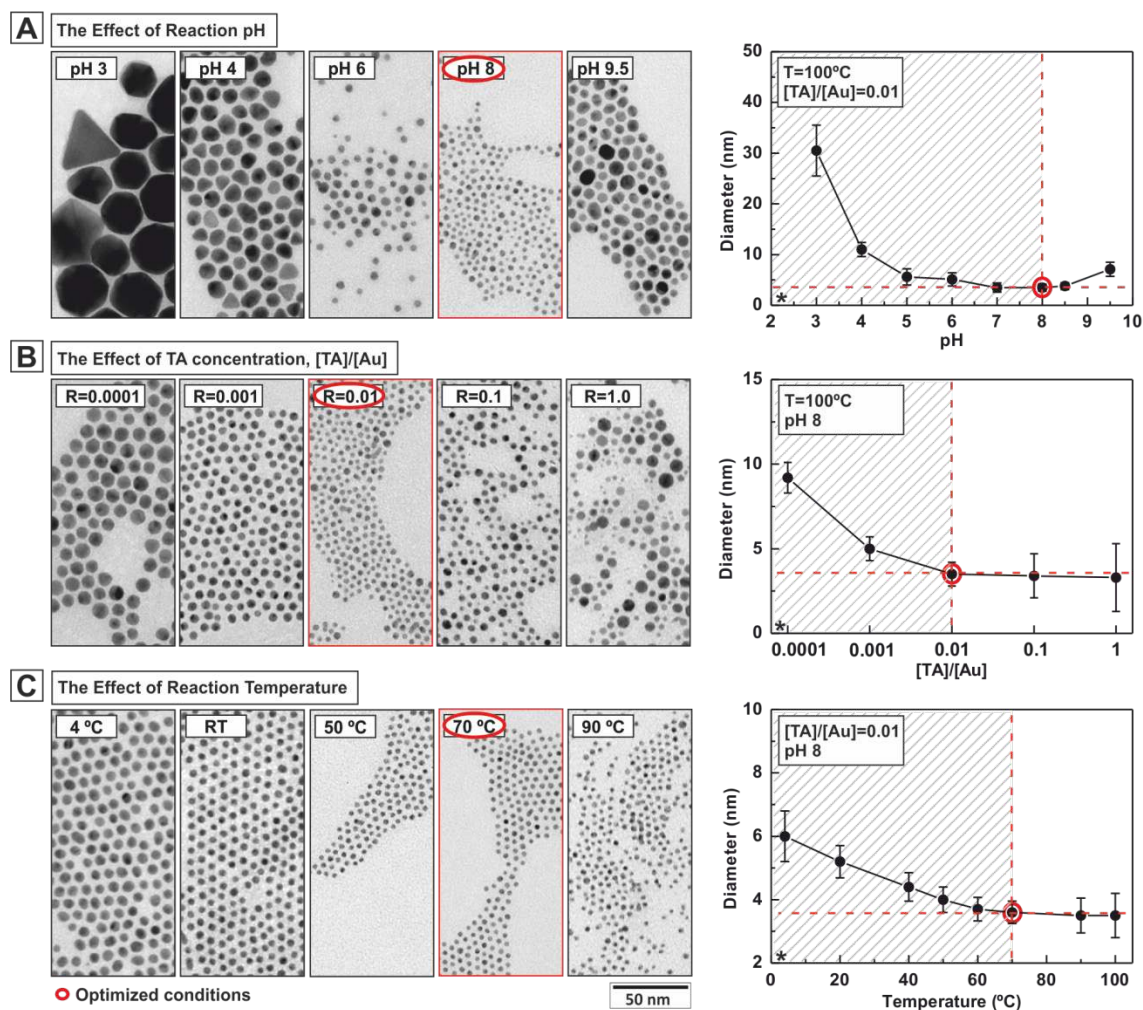


Figure 2. Different tested conditions for the nucleation of Au NPs. In all cases 1 mL of HAuCl_4 (25 mM) was injected to a 150 mL solution of SC (2.2 mM) and TA. Citric acid and K_2CO_3 was used to adjust the pH. Refer to *Section 2.2* of the Supporting Information for detailed conditions. **(A)** Evaluation of the effect of reaction pH. Reaction pH was systematically varied while all other synthetic parameters were kept constant. **(B)** Evaluation of the effect of TA. The amount of TA was varied while all other synthetic parameters were kept constant. **(C)** Evaluation of the effect of reaction temperature. The temperature of the reaction was modified while all other synthetic parameters were kept constant. ***Error bars are indicative of the size standard distribution.**

Seeded-growth Synthesis of Au NPs from 3.5 nm to 10 nm

Given the limitations in controlling Au NP's size by modifying the concentration of TA, temperature or pH we studied the possibility of growing successive generations of spherical Au NPs using the smallest ~ 3.5 nm above synthesized Au NPs as seeds. Taking advantage of the recent improvements on controlled growth of Au^{49} and Ag^{50} NPs from 10 nm up to 200 nm, we set the conditions by which

the kinetic control of the seeded-growth synthesis is achieved, that is, (i) slowing down the reactivity of gold precursor to avoid new nucleation while (ii) maintaining its concentration high enough to achieve an homogeneous growth (size focusing). These conditions include the control of the reaction temperature, pH and precursor to seed particles ratio.

Thus, in order to obtain successive generations of highly monodisperse Au NPs up to 10 nm, Au seeds ($3.5, 7 \cdot 10^{13}$ NPs/mL) were first prepared as previously described. When the reaction was finished the solution was diluted by extracting a sample volume and replacing it with the same volume of 2.2 mM of SC solution (see **Scheme S2**) in order to reduce the number of growing seeds while ensure enough SC for subsequent gold reduction and pH buffering. During the growth process, the temperature was set at 70 °C and no TA was added. At this temperature growth is promoted over nucleation by the weak reducing power of SC. Finally, subsequent aliquots of gold precursor were injected. By repeating this process (dilution plus gold precursor injection) the size of the particles was precisely controlled with an increase of approximately 0.5-1 nm after each injection.

Morphological characterization by TEM of the resultant generations of Au NPs obtained after different growth steps are summarized in **Table 1** and shown in **Figure 3**. Au NPs, progressively larger in size, exhibit high uniformity and very low size dispersity. Size distribution studies performed by the systematical analysis of at least 500 particles for each sample further corroborate the results (**Figure S2**). Similar size distribution profiles were measured by dynamic light scattering (DLS), obtaining monomodal curves with increasing mean particles diameter (**Figure 4A**). Besides, particle's size can be also estimated considering the diameter of the seeds, its number in solution (concentration) and the amount of gold precursor added (refer to Supporting Information *Section 3.2*). Experimental results (TEM, DLS) fits well with those theoretically calculated (**Figure 4B**), obtaining a perfect correlation and further confirming both the high reaction yield and the absence of new nucleation.⁴⁹ Finally, an extension of the growth process up to 20 nm is shown in *Section 3.4* of the Supporting Information.

Table 1. Summary of Au NP's size and concentration obtained after different growth steps.

Precursor Injections	TEM Diameter (nm)	SD (%)	DLS Diameter (nm) ^a	Concentration (NPs/mL) ^b	Expected Diameter (nm) ^b
Seeds	3.6 ± 0.4	11.1	4.4 ± 0.3	7.0 · 10 ¹³	
1	4.5 ± 0.4	8.9	4.8 ± 0.3	4.4 · 10 ¹³	4.4
2	5.1 ± 0.5	9.8	5.7 ± 0.2	4.4 · 10 ¹³	4.9
3	6.1 ± 0.6	9.8	6.5 ± 0.2	2.8 · 10 ¹³	5.6
4	6.6 ± 0.6	9.1	6.7 ± 0.2	2.8 · 10 ¹³	6.2
5	7.4 ± 0.7	9.5	7.7 ± 0.4	1.8 · 10 ¹³	6.9
6	7.9 ± 0.7	8.9	8.2 ± 0.2	1.8 · 10 ¹³	7.9
7	8.7 ± 0.8	9.2	9.1 ± 0.1	1.2 · 10 ¹³	8.3
8	9.5 ± 0.8	8.4	9.6 ± 0.1	1.2 · 10 ¹³	8.9
9	10.5 ± 0.9	8.6	10.1 ± 0.4	7.1 · 10 ¹²	9.8
10	11.3 ± 1.0	8.8	10.5 ± 0.2	7.1 · 10 ¹²	10.5
12	13.1 ± 1.1	8.4	11.8 ± 0.3	4.5 · 10 ¹²	12.6

^a Number mean and SD from three independent runs. ^b see Supporting Information *Section 3.2* for theoretical calculations.

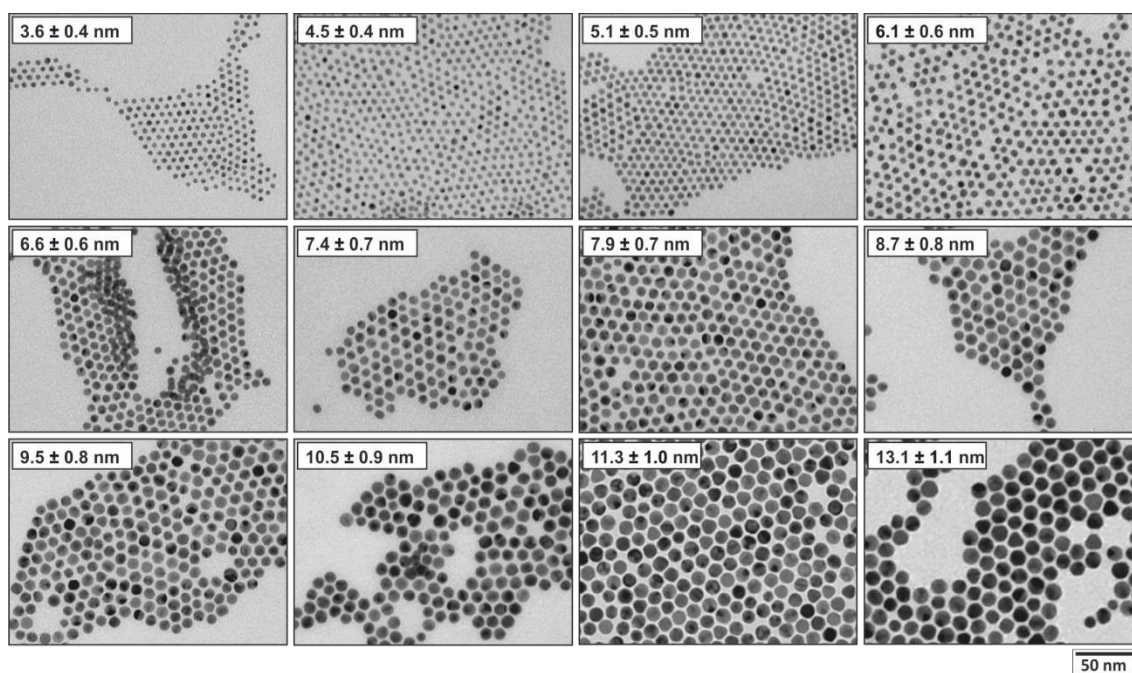


Figure 3. Transmission electron microscopy images of seed particles (3.6 nm) and those obtained after different growth steps. The particle size increases from 3.6 ± 0.4 nm seeds to 13.1 ± 1.1 nm while its concentration decrease from $\sim 7.0 \times 10^{13}$ to $\sim 4.5 \times 10^{12}$ NPs/mL.

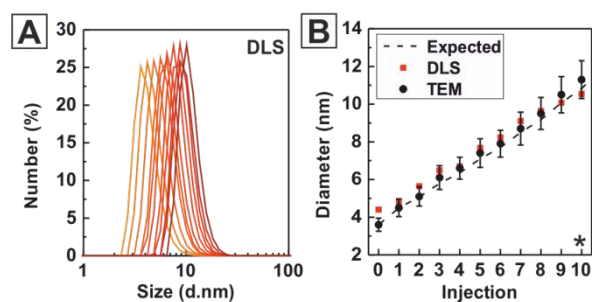


Figure 4. (A) Size distribution profiles measured by dynamic light scattering of Au NPs obtained after different growth steps. Size distribution by Number fits well with the size measured by TEM and shows monomodal curves with increasing mean particle diameters as the number of growth steps increase. Size distribution by Intensity and Volume are shown in **Figure S3**. (B) Experimental average diameter of Au NPs (TEM and DLS) obtained after several growth steps and comparison with the theoretical calculated values. Obtained results fit with those calculated, which indicates that no nucleation occurred and the Au atoms deposited onto the surfaces of the preformed particles. ***Errors bar indicates the size standard distribution.**

Optical properties of Au NPs

The unique optical properties of Au NPs are well known and enabling for many applications. Unfortunately, it is not always easy to produce Au NPs in a wide size range using the same procedure, in particular for the small ones. Taking advantage of the size resolution herein achieved, we measured the absorbance spectra of the different particles by UV-Vis spectroscopy (**Figure 5**), where it can be clearly seen how the Localized Surface Plasmon Resonance (LSPR) band narrows and the peak position red-shifts from 505 nm to 517 nm as increasing particle size from 3.6 to 11.3 nm. Neither broadening of the band nor the appearance of new peaks at longer wavelengths was observed, indicating the absence of any aggregation. Two regions with different behavior are identified. Beyond the damping of the absorption band, for very small Au NPs (< 8 nm), slight variations in the size (from 3.6 nm to 8 nm) are translated into larger shifts in the LSPR peak position (from 505 nm to 515 nm, respectively). For larger sizes (> 8 nm), this size-dependence is smoother, leading to the smaller standard red-shifts observed in Au NPs (from 515 nm to 517 nm) for similar size variations (from 8 nm to 13 nm). Oppositely to that recently observed for sub-10 nm Ag NPs,⁵⁸ we did not detect a reverse tendency in the size-dependence of the LSPR, that is, for Au NPs, the peak gradually red-shifts as the mean particle size increases.

The higher susceptibility (measured in terms of LSPR shift) observed in this small size regime can be attributed to surface phenomena, that become pronounced in very small particles with a high percentage of surface atoms, and that ultimately account for intrinsic size effect corrections in the standard Mie theory.^{7, 59} In particular, size-dependent modifications of the dielectric constant with respect to the bulk values due to surface damping.⁶⁰ Thus, while red-shifts in large Au NPs are explained in terms of retardations effects (as well as to increasing contributions from multipolar terms), for smaller Au NPs these extrinsic size-effects become negligible and intrinsic size effects prevails, resulting in a the damping of the LSPR band with decreasing sizes and into additional shifts of the plasmon peak as herein observed. Obtained results are complementary to those experimentally suggested,^{21, 54, 59} but the improved resolution herein accomplished leads to the identification of non-negligible alterations in the LSPR, clarifying the size dependent LSPR peak position for small Au NPs. Although the optical modeling of these systems is out of the scope of this paper, these results could be useful as a reference tool for testing theoretical models in the small size regime, basically based on quantum mechanics calculations, and traditionally difficult to model for being in the limit of Mie theory approximations.

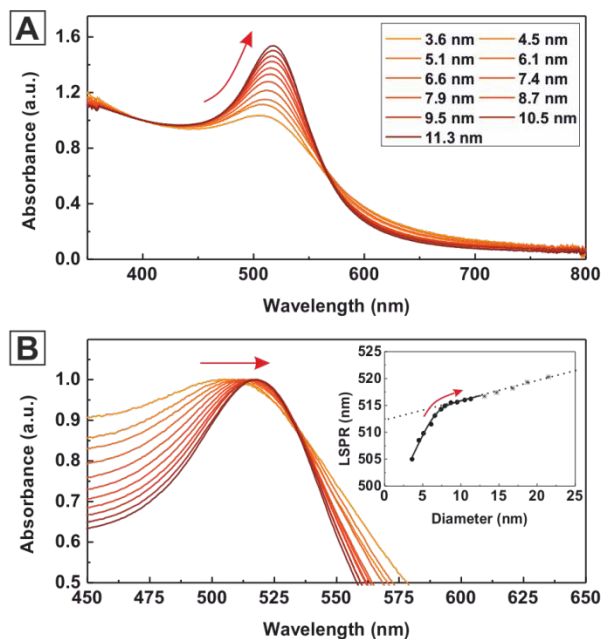


Figure 5. Optical properties of selected Au colloids obtained after different growth steps **(A)** normalized at 400 nm and **(B)** normalized at the LSPR peak maximum. Arrows indicate evolution of the LSPR peak as increasing the size of the Au NPs. In the inset graph, the position of the LSPR peak as a function of particle size is plotted, and extended up to particles of 20 nm for better understanding the tendency, where it can be distinguish: (i) the position of the peak always red shift as increasing the size of the particles and (ii) two size-regimes intersecting at 8 nm having different behavior.

Functionalization of Au NPs

Beyond the possibility to precisely control the size of Au NPs in the sub-10 nm regime, another advantage of this synthetic strategy is that it produces Au NPs with readily accessible and reactive surfaces. The weak interaction between Au surface and the carboxylic terminated groups of the citrate allows easy post-synthetic treatments, and the further functionalization of these Au NPs with a wide variety of (bio)molecules of interest. In order to proof this point we carried out conjugation experiments with 11-mercaptopundecanoic acid (MUA), a model thiol-terminated molecule widely used to build self-assembled monolayers (SAMs) onto Au NPs. Conjugation was performed by adding excess of MUA molecules to Au NPs solutions under vigorous stirring. Molecule adsorption is a spontaneous process because the thiol groups form much stronger bonds with Au surfaces than the carboxylic groups in the original citrate molecules do.⁶¹ Characterization of the Au NPs before and after MUA addition shows that neither aggregation nor observable structural or morphological change

took place, confirming that the observed shift in the LSPR peak position is due to modifications on Au NP's surface chemistry. This shift could not be observed if the surface of the particles would be passivated by a strongly binding surfactant. Similarly to that previously observed,^{54,62} the presence of traces of TA used during the seed nucleation seems not to have a noticeable hindrance on surface accessibility.

Absorption spectra of the Au NPs before and after the conjugation process are summarized in **Table 2** and shown in **Figure 6** (extended up to 20 nm, see Supporting Information *Section 4.1*) where it can be clearly seen how the corresponding LSPR peak position shifts to the red. Interestingly, the extent of the red-shift depends on Au NP size, being larger for smaller Au NPs (**Figure 6 A-C**). These results coincide with that observed recently for Ag NPs⁵⁸ of similar small sizes and arise from the higher fraction of surface atoms in smaller NPs which it is translated into the fact that similar chemically induced reduction of conduction band electrons (thiols confine more conduction band electrons than native carboxylic acids) produces a sharper effect. Therefore, in addition to the surface to volume ratio effect we clearly see, as in the previous section, higher susceptibility for the smaller particles.

The synthetic strategy herein presented allows to extend the previously citrate-mediated seeded-growth method for the production of Au NPs in the range of 10-200 nm⁴⁹ towards smaller 3.5-10 nm sizes, covering the whole nanometric range. As a result we can observe, for the first time, how the susceptibility of the LSPR towards surface modifications (via ligand exchange processes) decreases as the size of the NP increases reaching a minimum around 50 nm before rising again as the NPs become larger, suggesting that around 50 nm, surface and bulk plasmonic effects intersects (**Figure 7**).

Table 2. Summary of the LSPR peak position of Au NPs before and after conjugation with 11-mercaptopundecanoic acid (MUA).

Size (TEM)	SPR (nm)	SPR after functionalization (nm)*	λ_{SPR}
3.6 ± 0.4	505.5	517.4	11.9
4.5 ± 0.4	508.0	518.5	10.5
5.1 ± 0.5	509.8	519.1	9.3
6.1 ± 0.6	511.8	520.5	8.7
6.6 ± 0.6	513.1	521.1	8.0
7.4 ± 0.7	514.5	522.0	7.5
7.9 ± 0.7	515.3	522.0	6.7
8.7 ± 0.8	516.3	522.8	6.5
9.5 ± 0.8	516.6	522.6	6.0
10.5 ± 0.9	517.2	523.0	5.8
11.3 ± 1.0	517.5	522.7	5.2
13.1 ± 1.1	518.0	522.9	4.9

*Au NPs were conjugated with 11-mercaptopundecanoic acid (MUA).

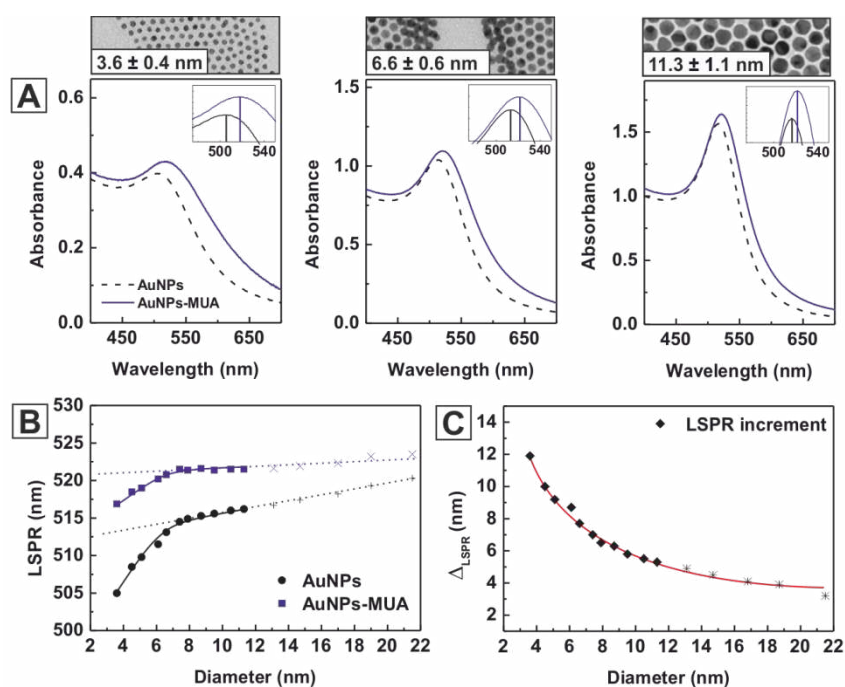


Figure 6. Conjugation of as-synthesized Au NPs with 11-mercaptopundecanoic acid (MUA). The size has been extended up to 20 nm for better understanding the tendency. (A) UV-vis spectra for different particle size: 3.6 ± 0.4 nm, 6.6 ± 0.58 nm, and 11.3 ± 1.0 nm, recorded before (black dotted line) and after (red line) the addition of MUA. Lines indicate the position of the LSPR peak. (B) Size-dependence evolution of the LSPR peak position as a function of Au NP size before and after conjugation and (C) Δ_{LSPR} shift.

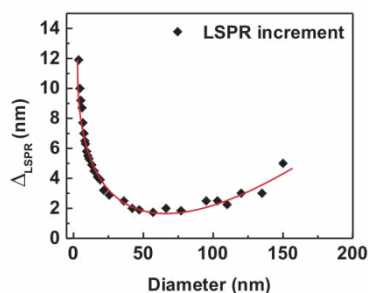


Figure 7. Δ_{LSPR} shift of different Au NPs after conjugation with MUA. The whole size range from 3.5 nm to 200 nm is covered. Au NPs were synthesized combining the citrate-mediated seeded-growth protocol presented here for the small sizes and the previously published protocol for larger NPs.⁴⁹

CONCLUSIONS

In the present work, we have shown the possibility to synthesize citrate stabilized Au NPs from 3.5 to 10 nm by a step by step seeded-growth synthetic protocol based on the reduction of a hydrogen tetrachloroaurate with sodium citrate. The use of traces of tannic acid at the first step, nucleation, allows the formation of ~ 3.5 nm Au seeds with narrow size distributions which can be then grown with nanometric resolution. As-synthesized Au NPs possess high uniformity in size, circularity and readily accessible surface. Of special interest are the optical properties since theoretical predictions usually fail for Au NPs smaller than 20 nm (limit of Mie theory). In this case, additionally to the Localized Surface Plasmon Resonance (LSPR) damping, we observed a size dependence on the LSPR peak position in the range between 3.5 to 10 nm but interestingly more pronounced when the particles were smaller than 8 nm. Moreover, conjugation experiments with 11-mercaptoundecanoic acid, a model thiol-terminated molecule widely used for Au NP self-assembled monolayer functionalization, further showed that these small particles are also more sensitive to surface modifications.

SUPPORTING INFORMATION

Details of experimental protocols and conditions studied together with extended Au NPs characterization are available free of charge.

The authors declare no competing financial interest.

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MATERIALS and METHODS

Materials. Tetrachloroauric (III) acid ($\geq 99\%$ trace metal basis), trisodium citrate dihydrate ($\geq 99\%$), citric acid monohydrate ($\geq 99\%$), potassium carbonate ($\geq 99\%$) and tannic acid (MW 1701, ACS reagent) were purchased from Sigma-Aldrich. 11-Mercaptoundecanoic acid (95%) was from Aldrich. Ultrapure water (18.2 M Ω) was used for all procedures.

Synthesis of 3.5 nm seeds Au NPs. A 150 mL of freshly prepared reducing solution of sodium citrate (SC, 2.2 mM) containing 0.1 mL of tannic acid (TA, 2.5 mM) and 1 mL of potassium carbonate (K₂CO₃, 150 mM) was heated with a heating mantle in a 250 mL three-necked round-bottom flask under vigorous stirring. When the temperature reached 70 °C, 1 mL of tetrachloroauric acid (HAuCl₃, 25 mM) was injected. The color of the solution changed rapidly to black-grey (less than 10 s) and then to orange-red in the following 1-2 minutes. The solution was kept at 70 °C for 5 minutes more to ensure complete reaction of the gold precursor. The resultant particles (~ 3.5 nm, $7 \cdot 10^{13}$ NPs/mL) were narrowly dispersed, negatively charged and stable for weeks. The addition of 1 mM of K₂CO₃ in the reducing solution resulted in a pH ~ 10 which decreased in the reaction mixture to pH ~ 8 because of the addition of HAuCl₄. This slightly basic value seems to have an advantageous effect resulting in narrower size distributions of the Au NPs. Other tested conditions from the modification of one of the reaction conditions are described in the supporting information.

Seeded-Growth of Au NPs. Au NPs used as seeds ($7 \cdot 10^{13}$ NPs/mL) were synthesized following above described protocol. Immediately after the synthesis and in the reaction same vessel, the sample was diluted by extracting 55 mL and adding 55 mL of SC (2.2 mM). When the temperature reached again 70 °C, two injections of 0.5 mL of HAuCl₄ (25 mM) on a time interval of 10 minutes were done. This growing step comprising sample dilution plus 2 injections of HAuCl₄ was repeated until the particles reached the desired size (see **Scheme S2**).

Conjugation with 11-mercaptoundecanoic acid (MUA). To 1 mL of as synthesized Au NPs, excess of a basic solution of MUA (0.1 mL, 1 mM) was added and stirred gently overnight. Unbounded ligand was removed by further purification of the Au NPs using a regenerated cellulose centrifugal filter (MWCO 10000, Amicon) for particles smaller than 8 nm or by centrifugation (15 000 g, 15 min.) for particles bigger than 8 nm.

Characterization: *Transmission Electron Microscopy (TEM).* Au NPs previously conjugated with MUA were visualized using TEM (Jeol 1010) and HRTEM (Tecnai F20 S/TEM). 10 μ L of the solutions were drop-casted onto a carbon-coated grid and left to dry for at least 24h. Average size and size distribution of the samples were measured using ImageJ software by counting at least 500 particles. Conjugation/passivation of the Au NP surface with MUA previous to preparation of the grid was a prerequisite to get good TEM images, otherwise close particles had the tendency to coalesce

once deposited onto the film and under the beam irradiation. *UV-vis spectroscopy.* UV-Visible spectra were acquired with a Shimadzu UV-2100 using 1.5 mL plastic cuvettes in the range from 300 nm to 800 nm. *Dynamic Light Scattering.* Malvern ZetaSizer Nano ZS (Malvern instruments, UK) operating at a light source wavelength of 532 nm and fixed scattering angle of 173° was used to measure Au NPs hydrodynamic size. Measurements were conducted in 1 cm path cell and 25 °C and the samples were previously filtered with 0.2 μm regenerated cellulose filter.

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