

Research Article

Sodium Selenite Regulates the Proliferation and Apoptosis of Gastric Cancer Cells by Suppressing the Expression of LncRNA HOXB-AS1

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Gastric carcinoma has a high incidence, accounting for approximately 6% of all cancers worldwide. The in vivo antitumor effect of sodium selenite on gastric carcinoma has been demonstrated. This study therefore aimed to further explore its targets in gastric cancer in vitro and elucidate its mechanism of action. The effects of inorganic sodium selenite (Na₂SeO₃) on apoptosis, proliferation, and invasion of gastric cancer cells were investigated, and the interaction between Na₂SeO₃ and expression of long noncoding RNA homeobox B cluster antisense RNA 1 (HOXB-AS1) was investigated to elucidate the specific mechanism of action of selenium on gastric cancer cell proliferation through regulation of HOXB-AS1. Na₂SeO₃ downregulated the expression of HOXB-AS1 in the human gastric cancer (HGC) cell lines, HGC-27, NCI-N87, and KATO III cells, while inhibiting their proliferation and invasion and inducing apoptosis. The upregulation of HOXB-AS1 produced the opposite results. Na₂SeO₃ was used to stimulate HGC-27 cells, which caused HOXB-AS1 overexpression. The cell counting kit-8 (CCK-8) assay revealed a decrease in cell proliferation, while western blotting, flow cytometry, and transwell migration assays showed the expression of apoptosis-related (Bad, Bcl-2, and cleaved-caspase-3) and invasion-related (MMP2, E-cadherin, and N-cadherin) proteins, indicating increased apoptosis and decreased invasion. We therefore conclude that Na₂SeO₃ inhibits the malignant progression of gastric cancer by downregulating the expression of HOXB-AS1 and thus could be used as a potential drug for its treatment.

1. Introduction

Gastric carcinoma ranks fifth and third in terms of the incidence and mortality rates of malignant tumors world-wide [1]. Although radical surgery is the preferred treatment modality for gastric cancer, standard treatment also involves perioperative chemotherapy [2, 3]. Most chemotherapeutic agents are toxic and exert adverse effects. In addition, 50% of patients with advanced gastric cancer show varying degrees of recurrence after receiving standard adjuvant therapy [4].

Selenium is an essential trace element that plays an important role in various physiological functions of the human body, including health maintenance and disease prevention [5]. Selenium occurs in organic (selenomethionine, selenocysteine, and γ -glutamyl-Se-methyl selenocysteine) and inorganic (sodium selenate and sodium selenite) forms [6, 7]. One study reported that people who consumed a selenium-rich diet had a lower risk of cancer [8]. Selenium can improve immunity and reduce DNA damage and oxidative stress [9]. The results of scientific research in the last

century have shown that sodium selenite, sodium selenate, selenomethionine, selenium methylselenocysteine, and methylselenic acid all exert obvious antitumor effects [10, 11].

Long noncoding RNAs (lncRNAs) are RNA molecules that are longer than 200 nucleotides but have no protein coding ability [12]. In recent years, substantial evidence has suggested that lncRNAs play an important role in cancer by participating in proliferation, migration, apoptosis, and other tumor cell activities [13, 14]. Yan et al. found that the overexpression of IncRNA-MUF could activate the Wnt/β-catenin signaling pathway and promote epithelial mesenchymal transition by forming a complex with membrane-binding protein A2, thus promoting the development of liver cancer [15]. lncRNA H19 promotes cell proliferation by competitively binding to miR-200a and derepressing β -catenin expression in colorectal cancer [16]. Selenium can further regulate the transcription of genes and affect lncRNA expression [17]. HOXB-AS1, a newly discovered lncRNA, and a similar encoded short peptide, HOXB-AS3, have been reported to inhibit the proliferation and metabolism of colon cancer cells [18, 19]. However, the mechanism underlying the interaction between selenium and HOXB-AS1 in gastric cancer remains unclear.

In this study, the effects of Na₂SeO₃ and HOXB-AS1 on apoptosis, proliferation, and invasion of gastric cancer cells as well as the interaction between selenium and HOXB-AS1 were investigated. Our results suggest that Na₂SeO₃ inhibits gastric cancer pathogenesis by downregulating HOXB-AS1 expression.

2. Materials and Methods

2.1. Cell Culture. Human gastric cancer (HGC) cells (HGC-27, NCI-N87, and KATO III) and a human gastric epithelial cell line (GES-1) were obtained from the Shanghai Cell Bank of the Chinese Academy of Science and cultured at 37° C in 5% CO₂. The cells were passaged at a ratio of 1:2–4 after reaching a confluency of >90%. HGC cells were grown in the RPMI-1640 medium (Hyclone) supplemented with 10% fetal bovine serum (FBS). GES-1 cells were cultured in Dulbecco's modified Eagle's medium (DMEM) (Hyclone) supplemented with 10% FBS.

2.2. Cell Transfection. HGC-27 cells were transfected with si-HOXB-AS1/si-NC or ov-HOXB-AS1/ov-NC using Lipofectamine 2000 (Invitrogen). Three different si-HOXB-AS1 sequences were inserted into the plasmid vector: siRNA-1(5'-GTGGAAGAAACCGATAATT-3'),siRNA-2(5'-CTC CGTTTCTCCAGAAAAG-3'), and siRNA-3(5'-CCAGCG AAATTACAGGGAA-3'), all synthesized by Guangzhou Ruibo Biotechnology Co., Ltd. After 48 h of transfection, the cells were collected and used to analyze transfection efficiency by quantitative reverse transcription-polymerase chain reaction (RT-PCR).

2.3. Cell Treatment. HGC and GES-1 cells were treated with different concentrations of Na₂SeO₃ (0, 15, 30, and $60 \,\mu$ M) for 48 h. Cells were randomly divided into five groups:

control (no treatment, CON), Na₂SeO₃ (treated with 15 μ M Na₂SeO₃ for 48 h), ov-HOXB-AS1 (transfected with HOXB-AS1), ov-HOXB-AS1 + Na₂SeO₃ (transfected with HOX-B-AS1 and treated with 15 μ M Na₂SeO₃ for 48 h), and ov-NC + Na₂SeO₃ (transfected with ov-NC and treated with 15 μ M Na₂SeO₃ for 48 h).

2.4. CCK-8 Assay. The CCK-8 (Solarbio) assay was performed to evaluate cell viability. Cells were seeded in 96-well plates (3×10^3 cells/well) and cultured overnight at 37° C in 5% CO₂. After treatment, $10 \,\mu$ L of the CCK-8 solution was added to each well and incubated for 4 h. The absorbance of each well was measured at 450 nm with a microplate reader.

2.5. Flow Cytometry. Apoptosis was investigated using flow cytometry. A cell suspension containing 1×10^6 cells was washed and centrifuged with ice-coldphosphate-buffered saline at $800 \times \text{g}$ for 5 min. The cells were then stained with $10 \,\mu\text{L}$ annexin V-FITC and $10 \,\mu\text{L}$ propidium iodide for 20 min in the dark before being subjected to flow cytometry.

2.6. Western Blot. The total protein in the supernatant was quantified using a BCA protein concentration assay kit (Solarbio). Proteins $(20 \,\mu g/\text{lane})$ were separated using 10% sodium dodecyl sulfate-polyacrylamide gel electrophoresis and transferred onto polyvinylidene fluoride membranes. After blocking with 5% skimmed milk overnight at 4°C, the membranes were incubated with specific primary antibodies against Bad (Bioswamp, PAB32756, 1:1000), B-cell lymphoma (Bcl)-2 (Bioswamp, PAB33482, 1:1000), cleavedcaspase-3 (Abcam, ab2302, 1:1000), MMP2 (Bioswamp, PAB34434, 1:1000), E-cadherin (Bioswamp, PAB33542, 1: 1000), N-cadherin (Bioswamp, PAB30131, 1:1000), and GAPDH (Bioswamp, PAB36269, 1:1000) for 1 h at 25 ± 2°C. Next, the membranes were incubated with a goat anti-rabbit IgG secondary antibody (Bioswamp, SAB43714, 1:20000) at $25^{\circ}C \pm 2^{\circ}C$ for 1 h and visualized using an enhanced chemiluminescence system.

2.7. Transwell Migration Assay. HGC-27 cells were suspended in a serum-free medium with 1% FBS and seeded $(1 \times 10^5 \text{ cells/well})$ in the upper chamber of the transwell; 0.75 mL of the serum-free medium with 10% FBS was then added to the lower chamber. After 48 h of coincubation at 37°C, the HGC-27 cells on the bottom surface of the lower chamber were fixed with 4% formaldehyde for 20 min at room temperature and stained with 0.5% crystal violet for 30 min. Cells that did not migrate to the lower chamber were counted under an optical microscope (200× magnification).

2.8. *RT-PCR*. Total RNA was extracted from the collected cells using TRIzol reagent (Ambion) and reverse-transcribed into cDNA using the M-MuLV kit (TaKaRa, Dalian, China). cDNA was used as a template for qPCR amplification. The PCR conditions were as follows: predenaturation at 95°C for 3 min, denaturation at 95°C for 5 s, annealing at 56°C for 10 s,

and extension at 72°C for 25 s. A total of 40 cycles were performed, with glyceraldehyde 3-phosphate dehydrogenase (GAPDH) used as an internal reference for intersample calibration. The primer sequences were as follows: HOXB-AS1-F, 5'-CTACACCAGTGCCTCACA-3' HOXB-AS1-R, 5'-CTTCCACGAAACCTAAACGAPDH-F, 5'-GGGAAA CTGTGGCGTGAT-3'; GAPDH-R, and 5'-GAGTGGGTG TCGCTGTTGA-3'. The expression of HOXB-AS1 was calculated using the $2^{-\Delta\Delta Ct}$ method.

2.9. Statistical Analysis. Data are presented as the mean-± standard deviation. One-way ANOVA was used to compare the differences between the groups using SPSS 21.0. Statistical significance was set at $P \le 0.05$.

3. Results

3.1. Effect of Na₂SeO₃ on Apoptosis, Migration, and Proliferation of HGC-27 Cells. The viability (Figure 1(a)) and migration ability (Figures 1(d) and 1(e)) of HGC-27 cells were significantly decreased in groups treated with the three different doses of Na₂SeO₃ (15, 30, and $60 \,\mu\text{M}$) compared to the controls (P < 0.01). Apoptosis was significantly increased in HGC-27 cells treated with Na_2SeO_3 (P < 0.01, Figures 1(b) and 1(c)) compared to the controls. In addition, apoptosisrelated and migration-related protein expression (Figures 1(f) and 1(g)) was detected in HGC-27 cells with or without drug treatment. The protein expression of Bad, cleaved-caspase-3, and E-cadherin was significantly upregulated in groups treated with Na₂SeO₃ compared to that in the control group (P < 0.01). In contrast, the expression of Bcl-2, MMP2, and N-cadherin proteins was significantly downregulated compared to the control group (P < 0.01, Figures 1(d) and 1(e)). In all cases, the effects of Na₂SeO₃ were dose-dependent.

3.2. Effect of Na₂SeO₃ on HOXB-AS1 mRNA Expression in Human Gastric Cancer Cells (HGC-27, NCI-N87, and KATO III) and GES-1 Cells. We detected the expression of HOXB-AS1 mRNA in the HGC-27, NCI-N87, and KATO III cells, as well as in GES-1 cells, using qRT-PCR. The mRNA expression of HOXB-AS1 in HGC-27 cells was significantly higher than that in NCI-N87, Kato III, and GES-1 cells (P < 0.01; Figure 2(a)). Next, the four cell types were treated with different concentrations of Na₂SeO₃ (0, 15, 30, and 60 μ M) for 48 h. Compared to controls, the expression of HOXB-AS1 mRNA was significantly downregulated in all cells treated with Na₂SeO₃ (P < 0.01, Figure 2(b)). HGC-27 cells were selected as the cell model for subsequent experiments.

3.3. Effect of HOXB-AS1 on Apoptosis, Migration, and Proliferation of HGC-27 Cells. After transfection, the expression of HOXB-AS1 was measured using qRT-PCR. Cells transfected with ov-HOXB-AS1 showed significantly higher expression of HOXB-AS1 than the CON group and the corresponding negative control (ov-NC) group (P < 0.01,

Figure 3(a)). In contrast, cells transfected with siRNA-3 showed significantly lower expression of HOXB-AS1 than the CON group (P < 0.01, Figure 3(b)). There were no differences in the expression of HOXB-AS1 between the siRNA-1, siRNA-2, si-NC, and CON groups. Compared to the CON group, the viability (Figure 3(c)) and migration ability (Figures 3(f) and 3(g)) of HGC-27 cells had significantly increased in the ov-HOXB-AS1 group (P < 0.01) but significantly decreased in the si-HOXB-AS1 group, transfected with siRNA-3 (P < 0.01). The apoptosis of HGC-27 cells was determined using flow cytometry (Figures 3(d) and 3(e)). Compared to the control group, apoptosis of HGC-27 cells was increased in the si-HOXB-AS1 group and significantly decreased in the ov-HOXB-AS1 group. There were no differences in viability, migration ability, and apoptosis among the siRNA-1, siRNA-2, si-NC, and CON groups.

3.4. Effect of Na₂SeO₃ on HOXB-AS1-Influenced HGC-27 Cells. CCK-8 (Figure 4(a)) and transwell migration (Figures 4(d) and 4(e)) assays revealed that the viability and migration of HGC-27 cells had significantly increased in the ov-HOXB-AS1 group and decreased in the Na₂SeO₃ (15 μ M) group compared to the CON group (P < 0.01). Compared with the ov-HOXB-AS1 + Na₂SeO₃ (15 μ M) group, viability and migration had significantly increased in the ov-HOX-B-AS1 group and decreased in the ov-NC+Na₂SeO₃ (15 μ M) groups (*P* < 0.01). The opposite trend was observed in the apoptotic ability of HGC-27 cells (Figures 4(b) and 4(c)). HGC-27 cell apoptosis was significantly decreased in the ov-HOXB-AS1 group and increased in the Na₂SeO₃ $(15 \,\mu\text{M})$ group compared with that in the CON group (P < 0.01). Compared to the ov-HOXB-AS1 + Na₂SeO₃ $(15 \,\mu\text{M})$ group, apoptotic ability was significantly decreased in the OV-HOXB-AS1 group and increased in the ov-NC + Na₂SeO₃ (15 μ M) group (P < 0.01). The protein expression levels of Bad, cleaved caspase-3, and E-cadherin were notably higher in the OV-HOXB-AS1 group and lower in the Na₂SeO₃ ($15 \mu M$) group than in the CON group (P < 0.01). Protein expression was upregulated in the ov-HOXB-AS1 + Na₂SeO₃ (15 μ M) and ov-NC + Na₂SeO₃ $(15 \,\mu\text{M})$ groups compared with that in the OV-HOXB-AS1 group (P < 0.01). In contrast, the protein expression levels of Bcl-2, MMP2, and N-cadherin were significantly downregulated in the ov-HOXB-AS1 group and upregulated in the Na₂SeO₃ (15 μ M) group (P < 0.01). Similarly, protein expression was downregulated in the ov-HOXB-AS1 + Na₂SeO₃ (15 μ M) and ov-NC + Na₂SeO₃ (15 μ M) groups compared with that in the ov-HOXB-AS1 group (P < 0.01, Figures 4(f) and 4(g)).

4. Discussion

The incidence of gastric cancer has been increasing in recent years, and mortality remains high due to recurrence and metastasis [20]. The incidence of gastric cancer is related to diet, sex, age, region, *Helicobacter pylori* infection status, genetic polymorphisms, and other causes [21]. The rate of early diagnosis is only 10%, meaning that most patients are



FIGURE 1: Effect of Na₂SeO₃ on proliferation, apoptosis and migration of HGC-27 cells. (a) The viability of HGC-27 cells was determined using a CCK-8 assay kit. (b, c) The level of apoptosis of HGC-27 cells was assessed using FCM. (d, e) Migration ability of HGC-27 cells was detected by a transwell assay. (f) Relative expression of apoptosis-related proteins was detected using western blotting. (g) Relative expression of migration-related proteins was detected by western blotting. The data are expressed as the mean \pm SD (n = 3). **represents P < 0.01. Data are expressed as the mean \pm standard deviation [SD] (n = 3), **represents P < 0.01 and *represents P < 0.01.



FIGURE 2: Effect of Na₂SeO₃ on HOXB-AS1 mRNA expression in human gastric cancer cells (HGC-27, NCI-N87 and KATO III) and GES-1 cells. (a) Relative HOXB-AS1 expression in human gastric cancer cells (HGC-27, NCI-N87 and KATO III) and GES-1 cells, as determined by qRT-PCR. (b) Relative HOXB-AS1 expression in human gastric cancer cells (HGC-27, NCI-N87 and KATO III) and GES-1 cells after treatment with different concentrations of Na₂SeO₃ (0, 15, 30 and 60 μ M) for 48 h, as determined by RT-PCR. Data are expressed as the mean ± standard deviation [SD] (*n* = 3), **represents *P* < 0.01 and *represents *P* < 0.01.

diagnosed at an advanced stage [22]. Although surgical and perioperative techniques are continuously developing and the safety of gastric cancer resection has greatly improved, various postsurgical complications that seriously affect a patient's quality of life remain issues [23]. At present, most anticancer treatments are nonspecific, killing both tumor and normal cells. Therefore, it is of great clinical significance to explore the pathogenesis of gastric cancer and to develop targeted treatments for its prevention and treatment.

Recent studies have shown that noncoding RNAs (ncRNAs), including ribosomal RNA, transfer RNA, microRNAs, and lncRNAs, are involved in many biological and pathological processes [24, 25]. Cancer is an inherited disease that involves multiple changes in the genome, and differential expression of lncRNAs has been closely related to the occurrence and development of tumors [20]. Seventyfive percent of the human genome is transcribed into RNA, but only a small portion of these transcripts encode proteins. The number of lncRNA genes is very large, and their potential mechanisms of action in cancer largely remain to be explored [26]. For example, increased expression of lncRNA plasmacytoma-variant translocation 1 (PVT1) is associated with an advanced stage and a poor prognosis in patients with ovarian cancer. PVT1 inhibits the expression of miR-214 in ovarian cancer cells by regulating the epithelialmesenchymal transition process and its interaction with EZH2, which promotes the progression of ovarian cancer [27]. In addition, lncRNAs have been found to play important roles in the development and progression of various cancers [28]. The expression of lncRNA-141 is decreased in gastric cancer cells, and it plays a tumor suppressor role by targeting signal transduction and transcriptional activator 4 [29]; LncRNA-141 is strongly expressed in nonsmall cell

lung cancer (NSCLC) cells, where it promotes the proliferation, differentiation, and migration of NSCLC cells by inhibiting the expression of PHLPP1 and PHLPP2 and modulating the PI3K/Akt signaling pathway [30]. HOX-BAS1 is located on chromosome 17: 48,543,551-48,551,250. Studies have shown that inhibition of miR-885-3p expression can antagonize HOXB-AS1 knockdown and further affect the expression of HOXB2 in human glioblastoma tissues and cells. The proliferation, migration, and invasion of glioblastoma cells are regulated by HOXB-AS1, which modulates the miR-885-3p/HOXB2 axis [31]. Chen et al. previously showed that the inhibition of HOXB-AS1 expression in multiple myeloma (MM) cells blocks the binding between ELAVL1 and FUT4, thereby regulating the FUT4mediated Wnt/ β -catenin pathway and resulting in decreased proliferation and increased apoptosis of MM cells [32]. Furthermore, HOXB-AS1 plays a key role in several cancers, including glioma and colon cancer, and is presumed to play an oncogenic role in gastric cancer. Moreover, lncRNA HOXB11-AS is overexpressed in gastric cancer and associated with a poor prognosis [33]. Currently, there are no studies on HOXB-AS1 and gastric cancer. Therefore, we hypothesized that HOXB-AS1 is a target for the treatment of gastric cancer. We found that HOXB-AS1 is highly expressed in HGC-27 cells. After HOXB-AS1 silencing, cell proliferation and migration abilities were reduced and the degree of apoptosis increased.

Since the discovery of an inverse relationship between the selenium content of local crops in the United States and the occurrence of cancer in 1969, the anticancer potential of selenium has gradually been discovered [34]. El Bayoumy et al. previously reported several potential actions of selenium in cancer prevention and treatment, including



FIGURE 3: Effect of HOXB-AS1 on proliferation, apoptosis and migration of HGC-27 cells. (a) Relative expression of HOXB-AS1 in Huh-7 cells after transfection with ov-HOXB-AS1 or the corresponding negative control (ov-NC), as determined by RT-PCR. (b) Relative expression of HOXB-AS1 in Huh-7 cells after transfection with siRNA-1, siRNA-2, siRNA-3, or the corresponding negative control (si-NC), as determined by RT-PCR. (c) The viability of HGC-27 cells was determined using a CCK-8 kit. (d, e) The level of apoptosis of HGC-27 cells was assessed using FAM. (f, g) The migration ability of HGC-27 cells was detected by a transwell assay. Data are expressed as the mean \pm standard deviation [SD] (n = 3), **represents P < 0.01 and *represents P < 0.01.





FIGURE 4: Na₂SeO₃ reverses the effect of HOXB-AS1 on proliferation, apoptosis and migration of HGC-27 cells. (a) The viability of HGC-27 cells was determined using a CCK-8 kit. (b, c) The apoptotic ability of HGC-27 cells was assessed using FCM. (d, e) The migration ability of HGC-27 cells was detected by a transwell assay. (f) Relative expression of apoptosis-related proteins detected using western blotting. (g) Relative expression of migration-related proteins, as detected by western blotting. Data are expressed as the mean \pm SD (n = 3). Data are expressed as the mean \pm standard deviation [SD] (n = 3), **represents P < 0.01 and *represents P < 0.01.

delaying the oxidative damage of DNA, lipids, and proteins; inhibiting the growth of tumor cells; changing the synthesis of DNA, RNA, and proteins; regulating the cell cycle; inducing apoptosis; regulating the expression of p53, COX-2, modified transcription factor-activating protein P, and nuclear factor B [35, 36].

Na₂SeO₃ can induce apoptosis in tumor cells undergoing oxidative stress [37], and Gazi et al. found that Na₂SeO₃ can inhibit the activation of androgen receptors mediated by interleukin-6 and inhibit the progression of prostate cancer by upregulating the expression of c-Jun [38]. Na₂SeO₃ was found to exert antitumor effects by inhibiting tumor angiogenesis in a transplanted canine breast tumor cell model in mice [39]. Na₂SeO₃ regulates the IDO1/kynurenine, TLR4, NF- κ B, and Bcl2/Bax pathways and attenuates acetic acid-induced colitis in rats [40]. Liu et al. further verified that Na₂SeO₃ can increase ROS levels and inhibit the NF-*k*B signaling pathway, effectively inhibiting the growth, metastasis, and inducing apoptosis of renal cell carcinoma both in vitro and in vivo [41]. This strongly supports the in vivo antitumor effect of Na₂SeO₃ and indicates that Na₂SeO₃ is a promising therapeutic drug. Although it is often used as an anticancer agent for cancer treatment, the exact mechanism underlying the role of Na₂SeO₃ in the development of a therapeutic response remains unclear [42, 43]. In this study, we found that different concentrations of Na₂SeO₃ promoted apoptosis in HGC-27 cells and inhibited cell proliferation in a dose-dependent manner. Na₂SeO₃ plays an important role in cancer treatment through its important metabolite selenocysteine, a low-molecular-weightseleniumcontaining amino acid located at the active site of selenocysteine proteins and encoded by the UGA stop codon [44]. It has also been reported that Na₂SeO₃ can regulate apoptosis and oxidative damage by reducing the generation of free radicals and inhibiting lipid peroxidation [45, 46]. Currently, there are few reports on the role of lncRNAs in

the anticancer potential of Na_2SeO_3 . We found that Na_2SeO_3 inhibited the expression of HOXB-AS1 in gastric cancer cells and regulated the expression of related proteins to inhibit cell proliferation and migration and promote apoptosis after the overexpression of HOXB-AS1 in HGC-27 cells.

In summary, we found that HOXB-AS1 is upregulated in HGC-27, NCI-N87, Kato III, and GES-1 cells. Mechanistic analysis showed that Na_2SeO_3 inhibited the proliferation and invasion of gastric cancer cells and enhanced cell apoptosis by downregulating HOXB-AS1 expression. Therefore, the findings of this study highlight the potential therapeutic role of Na_2SeO_3 in gastric cancer and suggest that HOXB-AS1 may be a potential therapeutic target. Further in-depth studies are required to confirm these results.

Data Availability

All data used to support the findings of this study have been included in this article.

Conflicts of Interest

The authors declare that they have no conflicts of interest.

Authors' Contributions

Hongsheng Jiang and Lingbo Hu are the co-authors of this paper.

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