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Sodium trimetaphosphate and hexametaphosphate impregnated with silver nanoparticles: characteristics and antimicrobial efficacy

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ABSTRACT

This study aimed to synthesize and characterize materials containing silver nanoparticles (AgNP) with polyphosphates (sodium trimetaphosphate (TMP) or sodium hexametaphosphate (HMP)), and evaluate their effect against *Candida albicans* and *Streptococcus mutans*. The minimum inhibitory concentration (MIC) was determined, which was followed by the quantification of the biofilm by counting colony-forming units (CFUs), the amount of metabolic activity, and the total biomass. The MICs revealed greater effectiveness of composites containing 10% Ag (TMP + Ag10% (T10) and HMP + Ag10% (H10)) against both microorganisms. It was observed that T10 and H10 reduced the formation of biofilms by 56–76% for *C. albicans* and by 52–94% for *S. mutans* for total biomass and metabolic activity. These composites promoted significant log reductions in the number of CFUs, between 0.45–1.43 log₁₀ for *C. albicans* and 2.88–3.71 log₁₀ for *S. mutans* ($p < .001$). These composites demonstrated significant antimicrobial activity, especially against *S. mutans*, and may be considered a potential alternative for new dental materials.

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Polyphosphates; silver nanoparticles; biofilm; *Candida albicans*; *Streptococcus mutans*


Introduction

Streptococcus mutans is the main cariogenic microorganism, and its capacity to produce acid and survive at low pH, as well as its ability to synthesize extracellular polysaccharides, are important virulence factors which contribute to the colonization of the tooth surface, development of pathogenic biofilms, and enamel demineralization (Leone et al. 2008, Li and Chang 2008; Delbem et al. 2014). Although the development of dental caries is related to the formation of biofilm, the progression of established lesions may include species of *Candida*, particularly *Candida albicans* (Shibata and Morioka 1982; Monteiro et al. 2015).

Composites containing calcium and phosphate have shown promising anticariostatic effects (do Amaral et al. 2013; Takeshita et al. 2015; da Camara et al. 2016). Among the phosphate salts, sodium trimetaphosphate (TMP) and sodium hexametaphosphate (HMP) have been effective in reducing enamel demineralization and improving remineralization. They are inorganic cyclophosphates with the capacity to adsorb hydroxyapatite and protein through

hydroxyl (Souza et al. 2013; Delbem et al. 2014) and amino (Leone et al. 2008; Li and Chang 2008) attachment sites. Added to low concentrations of fluoride in an appropriate proportion in oral health products, they provide a greater protective effect than conventional fluoride products (da Camara et al. 2014; Manarelli et al. 2015; Takeshita et al. 2015; Conceicao et al. 2015; da Camara et al. 2016).

The development of multifunctional biomaterials to be used in the health field is the focus of increasing attention. Added to that, the exponential growth of nanotechnology, and the use of silver nanoparticles (AgNP) as an antimicrobial agent allowing for increased surface-to-volume ratios and specific interactions with species of bacteria and fungi (Baker et al. 2005, Morones et al. 2005; Lok et al. 2006), new approaches could be useful to prevent and control dental caries. A material containing AgNP as an antimicrobial agent, and sources of fluoride and phosphate to prevent the demineralization of dental enamel, could achieve promising results. Thus, this study aimed to synthesize composites containing AgNP, F, and TMP or HMP, and to characterize and evaluate their effect against *Streptococcus mutans* and *Candida albicans*.

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Materials and methods

Synthesis and characterization of the nanocomposites

Nanocomposites were synthesized based on the protocol proposed by Miranda et al. (2010), with some modifications. The synthesis was carried out in an alcoholic medium (isopropanol) using sodium borohydride (NaBH_4 , Sigma-Aldrich, St Louis, MO, USA) as a reducing agent. Suspensions containing sodium trimetaphosphate (TMP, Sigma-Aldrich, CAS 7785-84-4) or sodium hexametaphosphate (HMP, Sigma-Aldrich, CAS 68915-31-1), fluoride (NaF , Merck, Darmstadt, Germany), and silver nitrate (AgNO_3 , Merck) were prepared in the presence of a surfactant (ammonium salt of polymethacrylic acid (NH-PM), Polysciences, Inc., Warrington, PA, USA). AgNO_3 was employed at 1% or 10% of the phosphate weight. The molar proportions between phosphates and fluoride was 1.2:1 TMP/ NaF or 0.62:1 HMP/ NaF , and between silver ions (Ag^+) and NaBH_4 it was 1:1.26. Samples were dried overnight at 70°C. AgNP with no polyphosphates was also synthesized.

The morphology of the nanocomposites was characterized by scanning electron microscopy (SEM) on a Zeiss Supra 35VP microscope (S-360 microscope, Leo, MA, USA) with field emission gun electron effect (FEG-SEM, 10 kV). A drop of each sample was placed on a silicon substratum and dried at 40°C for 12 h. Two-dimensional images were constructed by analyzing the P K α , Ag L α 1, and O K α energy emissions using energy dispersive X-ray detector (EDX) analysis with mapping. Samples were also characterized by X-ray diffraction (XRD) (Rigaku diffractometer [Rigaku Corporation, Tokyo, Japan], DMax 2500PC) with CuK radiation ($\lambda = 1.5406 \text{ \AA}$) generated at a voltage of 40 kV and a current of 40 mA. The scanning range (2θ) was from 20° to 110° with a step size of 0.2°, a 1.0 mm divergent slit, 0.2 mm collection slot, and accumulation for reading every 0.02 s.

Determination of Ag^+ concentration

The concentration of Ag^+ in the composites was determined by a 9616 BNWP (Thermo Scientific, Beverly, MA, USA) ion-specific electrode coupled to an ion analyzer (Orion 720 A⁺, Thermo Scientific). One thousand $\mu\text{g Ag ml}^{-1}$ were prepared (1.57 g of dried AgNO_3 for 1 l of deionized water) as a standard, and diluted in deionized water to achieve equivalent silver concentrations in the composites. Thus, the combined electrode was calibrated with solutions containing 6.25 to 100 $\mu\text{g Ag ml}^{-1}$. A silver ionic strength adjuster solution (ISA, Cat. No. 940011), which provides a constant background ionic strength was used (1 ml of each sample/standard: 0.02 ml of ISA).

Minimum inhibitory concentration (MIC)

The microdilution method was performed following the Clinical Laboratory Standards Institute guidelines (CLSI: M27-A2 and M07-A9). The nanocomposites were diluted in deionized water in geometric progression, from 2 to 1,024 times. Afterwards, each nanocomposite concentration obtained previously was diluted (1:5) in RPMI 1640 medium (Sigma-Aldrich) for *Candida albicans* (ATCC 10231), and in brain heart infusion (BHI, Difco, Le Pont de Claix, France) for *Streptococcus mutans* (ATCC 25175). Inocula from 24-h cultures were adjusted to the 0.5 McFarland standard turbidity equivalent in saline solution (0.85% NaCl). Suspensions of each strain were diluted (1:5) in saline and subsequently diluted (1:20) in RPMI 1640 for *C. albicans* or BHI broth for *S. mutans*. Each microorganism suspension (100 μl) was added in the wells of microtiter plates containing 100 μl of each nanocomposite concentration. Polyphosphate/fluoride, AgNP, and chlorhexidine gluconate (CHG) (Periogard-Colgate, New York, NY, USA) were tested as controls. The microtiter plates were incubated at 37°C, and the MICs were determined visually as the lowest concentration of nanocomposites with no microorganism growth after 48 h.

Biofilm formation and treatment

Single species biofilms were grown in 96-well microtiter plates (Costar®, Corning Incorporated, Tewksbury, MA, USA) containing 0.2 ml of *C. albicans* cell suspension (1×10^7 cells ml^{-1} in artificial saliva) (Silva et al. 2010) or 0.2 ml of *S. mutans* (1×10^8 cells ml^{-1} in artificial saliva) (Arias et al. 2016). The plates were incubated at 37°C for 24 h. After this period, the biofilm-containing wells were washed with 0.2 ml of phosphate buffered saline (PBS; pH 7, 0.1 M) to remove the non-adherent cells. Next, the nanocomposites were added to the biofilms at concentrations based on the MIC values obtained previously. For this, 0.2 ml of the T10 and H10 nanocomposites at MIC and $10 \times \text{MIC}$ were diluted in artificial saliva, which was added to the biofilm-containing wells. AgNP with no phosphates and CHG at 0.018% (positive control) were also tested against the biofilms, and artificial saliva with no nanocomposites was used as negative control. The biofilms were then re-incubated at 37°C for 24 h.

Biofilm quantification

The quantification of *C. albicans* and *S. mutans* cultivable cells from biofilms treated with T10 and H10 was carried out by counting colony-forming units (CFUs). For this, the biofilm-containing wells were scraped with a tip, using 0.2 ml of PBS each time five times, totaling 1 ml of

suspension, and the cell suspensions were then placed in Falcon tubes. The suspensions were vortexed and serially diluted in PBS and plated on SDA (*C. albicans*) or BHI (*S. mutans*). After incubation at 37°C for 24 h for *C. albicans* and 48 h for *S. mutans*, the total number of CFUs was counted and the log CFU per unit area (\log_{10} CFU cm^{-2}) was determined.

After the biofilms were treated, the total biomass was analyzed by the crystal violet (CV) method (Monteiro et al. 2015). The biofilms were washed with 0.2 ml of PBS and fixed by adding 0.2 ml of 99% methanol (Sigma-Aldrich) for 15 min. The methanol was then removed and the wells were allowed to dry at room temperature. Then, 0.2 ml of CV (1%, $v v^{-1}$, Merck) were added into each well, and after 5 min, the excess was withdrawn by washing each well-plate with deionized water. CV bound to the biofilms was eluted using 0.2 ml of acetic acid (33%, $v v^{-1}$, Sigma-Aldrich), and the absorbance was measured in a microtiter-plate reader (Eon Microplate Spectrophotometer; Bio Tek, Winooski, VT, USA) at 570 nm, and standardized in relation to the area of the well-plate ($\text{Abs } 570 \text{ nm } \text{cm}^{-2}$).

Metabolic activity was assessed by the XTT reduction assay (2,3-bis (2-methoxy-4-nitro-5-sulfophenyl)-5-[(phenylamino) carbonyl]-2H-tetrazolium hydroxide (Sigma-Aldrich). Biofilm-containing wells were washed once with 0.2 ml of PBS and 0.2 ml of the solution containing 150 mg XTT l^{-1} and 10 mg of phenazine methosulfate l^{-1} in each well. The plates were then incubated at 37°C, under agitation at 120 rpm, in the dark. After 3 h, the absorbance was read at 490 nm cm^{-2} . All assays were performed, independently and in triplicate, on three different occasions.

Microscopy

The structural analysis of single biofilms of *C. albicans* and *S. mutans* exposed to the nanocomposites was verified by SEM. Briefly, the biofilms were formed in 24-well plates as described before. Then, the T10 and H10 nanocomposites were added to the wells at the concentration of 10/100 $\mu\text{g Ag ml}^{-1}$ for *C. albicans* and 40/400 $\mu\text{g Ag ml}^{-1}$ for *S. mutans* biofilms. After treatment for 24 h, the wells were washed with PBS and the biofilms were dehydrated using an ethanol concentration series (70% for 10 min, 95% for 10 min, and 100% for 20 min), followed by air drying for 20 min (Silva et al. 2013). The bottom of the wells were cut with a scalpel blade (number 11, Solidor, Lamedid Commercial and Services Ltda, Barueri, Brazil) heated in flame, and the biofilms were coated with gold for scanning with the electron microscope (S-360 microscope, Leo, Cambridge, MA, USA) (Fernandes et al. 2016).

Statistical analysis

SigmaPlot 12.0 software (Systat Software Inc., San Jose, CA, USA) was used for statistical analysis; the significance level was set at 5%. CFUs, CV (for both microorganisms tested), and XTT (*C. albicans*) data exhibited a normal and homogeneous distribution (Shapiro–Wilks test) and were submitted to one-way analysis of variance, followed by the Fisher test. XTT data from *S. mutans* were submitted to logarithmic transformation and one-way analysis of variance followed by the Fisher test.

Results

Synthesis, characterization, and Ag⁺ determination in the nanocomposites

XRD and SEM demonstrated the association of silver nanoparticles in both polyphosphates (sodium trimetaphosphate (TMP) and sodium hexametaphosphate (HMP)). The typical XRD pattern of the prepared T1 (TMP+Ag1%) and T10 (TMP+Ag10%) powder showed diffraction peaks at $2\theta = 14.4^\circ, 17.3^\circ, 23.4^\circ, 26.1^\circ,$ and 29.2° , and the corresponding crystallographic form (PDF № 72–1628) of the TMP salt (Figure 1a). Figure 1a shows diffraction peaks at $2\theta = 38.2^\circ, 44.4^\circ,$ and 64.6° , which can be indexed to (200), (111), and (220) planes of pure silver with the face-centered cubic system (PDF № 04–0783). Figure 1b shows the X-ray diffraction patterns of HMP that present a wide halo between 15° and 35° , characteristic of amorphous materials. The X-ray diffraction patterns of H1 (HMP+Ag1%) and H10 (HMP+Ag10%) indicate sodium hexametaphosphate salt – $(\text{NaPO}_3)_6$ (PDF № 3643), and suggest the presence of other polyphosphate salts, such as $(\text{NaH}_2\text{PO}_4 \cdot \text{H}_2\text{O}), \text{NaH}_2\text{PO}_4, \text{Na}_5\text{P}_3\text{O}_{10}, \text{NaPO}_3,$ and $\text{Na}_2\text{H}_2\text{P}_2\text{O}_7$, by comparing the experimentally obtained XRD patterns with standard patterns (PDF № 11–651, 11–659, 11–652, 76–788, and 11–657). SEM images of T10 and H10 (Figure 2) show silver nanoparticles (white shades) dispersed and decorating the surface of the phosphates at micrometric size (gray shades). AgNP anchored on the surface of HMP or TMP were more evident in samples containing Ag at 10% than at 1% of Ag. The 2-D images were constructed by analyzing the energy released from the O K α , P K α (constituents of the TMP and HMP material) and Ag K α emissions, indicating the uniform distribution of these elements in the demarcated area in the micrograph.

The total amount of Ag⁺ (from the AgNO₃ source) added to the reaction to obtain AgNP with no TMP or HMP was 20,000 $\mu\text{g Ag ml}^{-1}$, and the ionic concentration was determined by electrode method at 576.19 $\mu\text{g Ag ml}^{-1}$, thus a reduction of 97.12% of ionic silver was

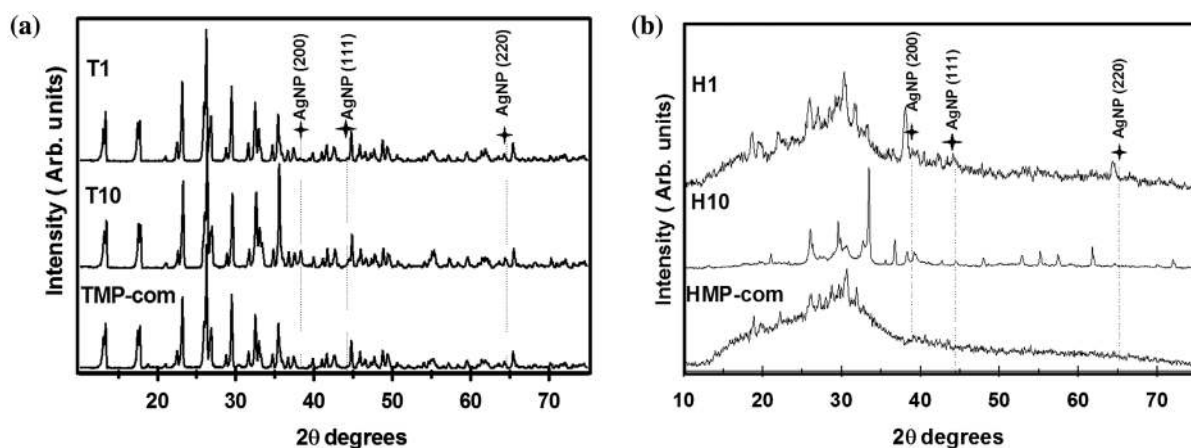


Figure 1. XRD patterns of commercial TMP (a) and HMP powder (b) and the synthesized nanocomposites, respectively.

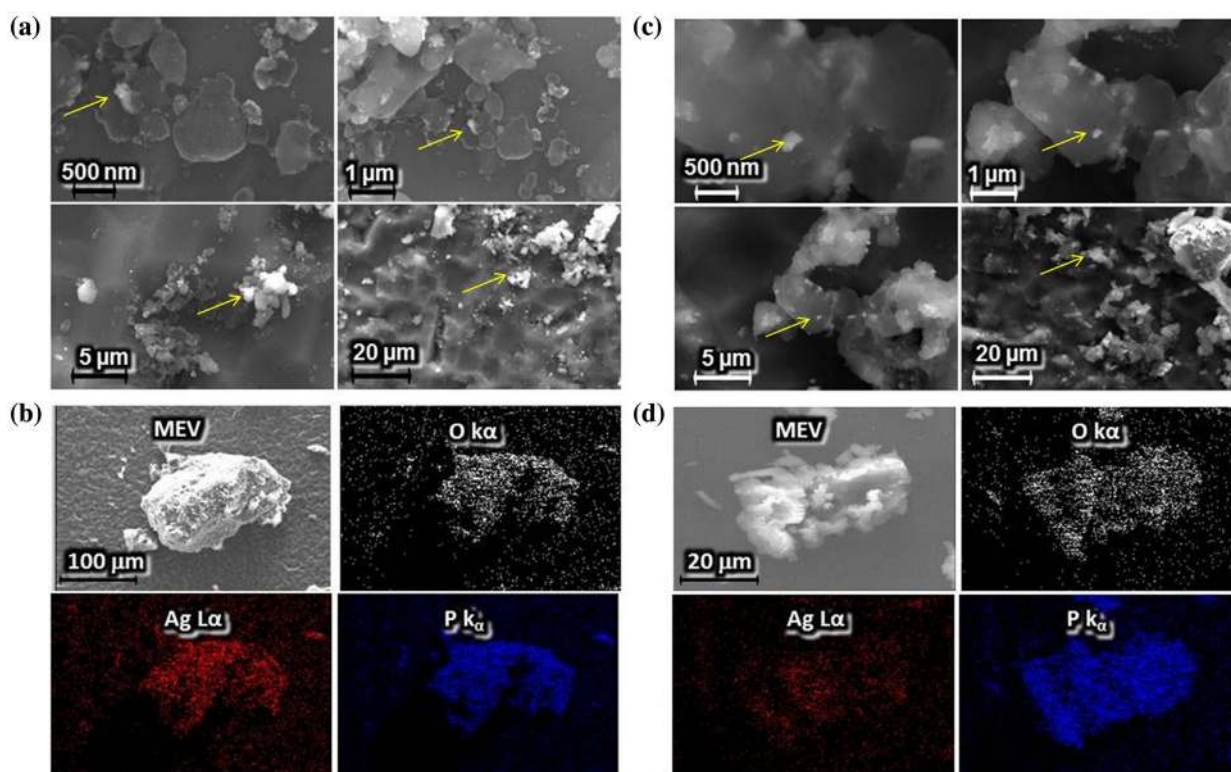


Figure 2. SEM images and EDX mapping in 2-D at different magnifications of T10 (a and b) and H10 (c and d). Arrows indicate AgNP dispersed on TMP and HMP surfaces. Red dots show silver distribution on phosphates.

observed. All samples containing Ag at 1% (H1 and T1) or 10% (H10 and T10) presented Ag^+ % reduction between 98.04 and 99.85%. For H1 and T1 samples, the Ag concentrations were determined as 1.43 and 8.13 $\mu\text{g Ag}^+ \text{ml}^{-1}$, and the total amount of Ag used in the reaction was 1,000 $\mu\text{g Ag ml}^{-1}$. For H10 and T10 samples, the Ag concentrations were 129.8 and 195.4 $\mu\text{g Ag}^+ \text{ml}^{-1}$, and the total amount of Ag used in the reaction was 10,000 $\mu\text{g Ag ml}^{-1}$.

Antimicrobial effect

The nanocomposites were effective against both strains tested in planktonic form (Table 1). Composites containing Ag at 10% (T10 and H10) were more effective against *C. albicans* (10 $\mu\text{g Ag V}$) than against *S. mutans* (40 $\mu\text{g Ag V}$), while at 1% Ag only H1 presented an effect against the microorganisms (80 $\mu\text{g Ag V}$). For the group of AgNP without TMP or HMP synthesized in the same conditions,

Table 1. MIC values of each composite and the controls tested against the two microorganisms.

Composites and controls	MIC ($\mu\text{g Ag ml}^{-1}$)	
	<i>Streptococcus mutans</i>	<i>Candida albicans</i>
T1	–	–
T10	40	10
H1	80	80
H10	40	10
AgNP	125	62.5
CHG	0.93	3.75
F	125	–
TMP	–	–
HMP	6.25	12.5
AgNO ₃	12.5	3.15

the MIC values were $62.5 \mu\text{g Ag ml}^{-1}$ for *C. albicans* and $125 \mu\text{g Ag ml}^{-1}$ for *S. mutans*. At lower Ag concentration (1%), only H1 presented an antimicrobial effect.

In this study, biofilm cells of *C. albicans* were resistant to all concentrations tested of AgNP without phosphates (Figure 3). However, after adding the polyphosphates to the AgNP, there were significant reductions of $1.43 \log_{10}$

in the *C. albicans* biofilm treated with T10, and $1.17 \log_{10}$ treated with H10 ($100 \mu\text{g Ag ml}^{-1}$) (Figure 3a), when compared to the negative control group ($p = 0.004$ and $p = 0.014$). Surprisingly, *S. mutans* biofilm cells were more susceptible to T10 and H10 than the *C. albicans* biofilm cells, and they were similar to the CHG positive control (PC) (Figure 3a). Notably, there was a reduction of $4.2 \log_{10}$ in the *S. mutans* biofilm at the lowest concentration ($40 \mu\text{g Ag ml}^{-1}$) of T10.

The total biomass quantification and metabolic activity in the *C. albicans* and *S. mutans* biofilms are shown in Figure 3b and c. Significant reductions ($\sim 75\%$) in the total biomass of both microorganisms were observed in the lowest concentrations of T10 ($10 \mu\text{g Ag ml}^{-1}$) and H10 ($40 \mu\text{g Ag ml}^{-1}$), being similar to CHG (PC) (Figure 3b). Notably, the metabolic activity (Figure 3c) of *C. albicans* biofilm was reduced (93.4–94.4%) at both 10 and $100 \mu\text{g Ag ml}^{-1}$ of T10 and at $100 \mu\text{g Ag ml}^{-1}$ of H10 (92.0%). T10 and H10 nanocomposites reduced the metabolic activity of *S. mutans* biofilms by $\sim 90\%$, at all concentrations tested.

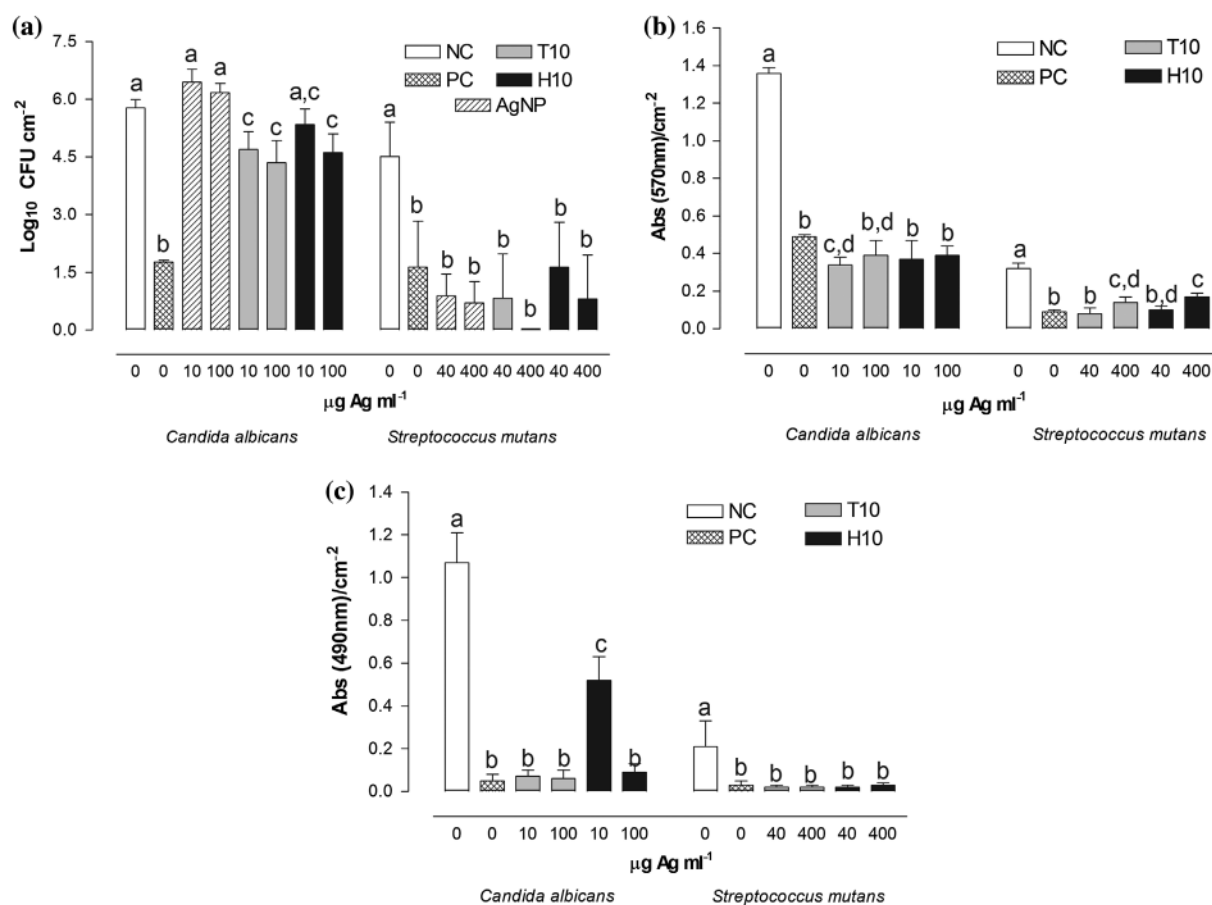


Figure 3. (a) Logarithm (mean \pm dp) of colony forming units normalized by adhesion area ($\log_{10} \text{CFU cm}^{-2}$); (b) absorbance values per cm^2 obtained through crystal violet assay; (c) absorbance values per cm^2 obtained through XTT assay for *C. albicans* and *S. mutans* biofilms after treatment for 24 h. Bars indicate SD of the mean. Different lowercase letters represent statistical difference between groups and concentrations tested (Fisher, $p < 0.001$). NC=negative control; PC=positive control (CHG); T10=TMP-AgNP10%; H10=HMP-AgNP10%.

Microscopy

Figure 4 shows hyphal cell density similar to the negative control in all *C. albicans* biofilms exposed to nanocomposites T10 and H10, while a reduction in cellular biomass was observed in biofilm treated with chlorhexidine gluconate. On the other hand, the quantity of cells in the *S. mutans* biofilms treated with T10 and H10 was as suppressed as in the biofilm subjected to chlorhexidine gluconate treatment (Figure 5).

Discussion

This study evaluated the antimicrobial action of nanocomposites against strains of *C. albicans* and *S. mutans* in both the planktonic form and in biofilms grown for 24 h. Analyses included the quantification of viable cells, total biomass, and metabolic activity.

Currently, there are several studies in the literature that show the mechanism of action of silver nanoparticles. As has already been demonstrated, silver nanoparticles

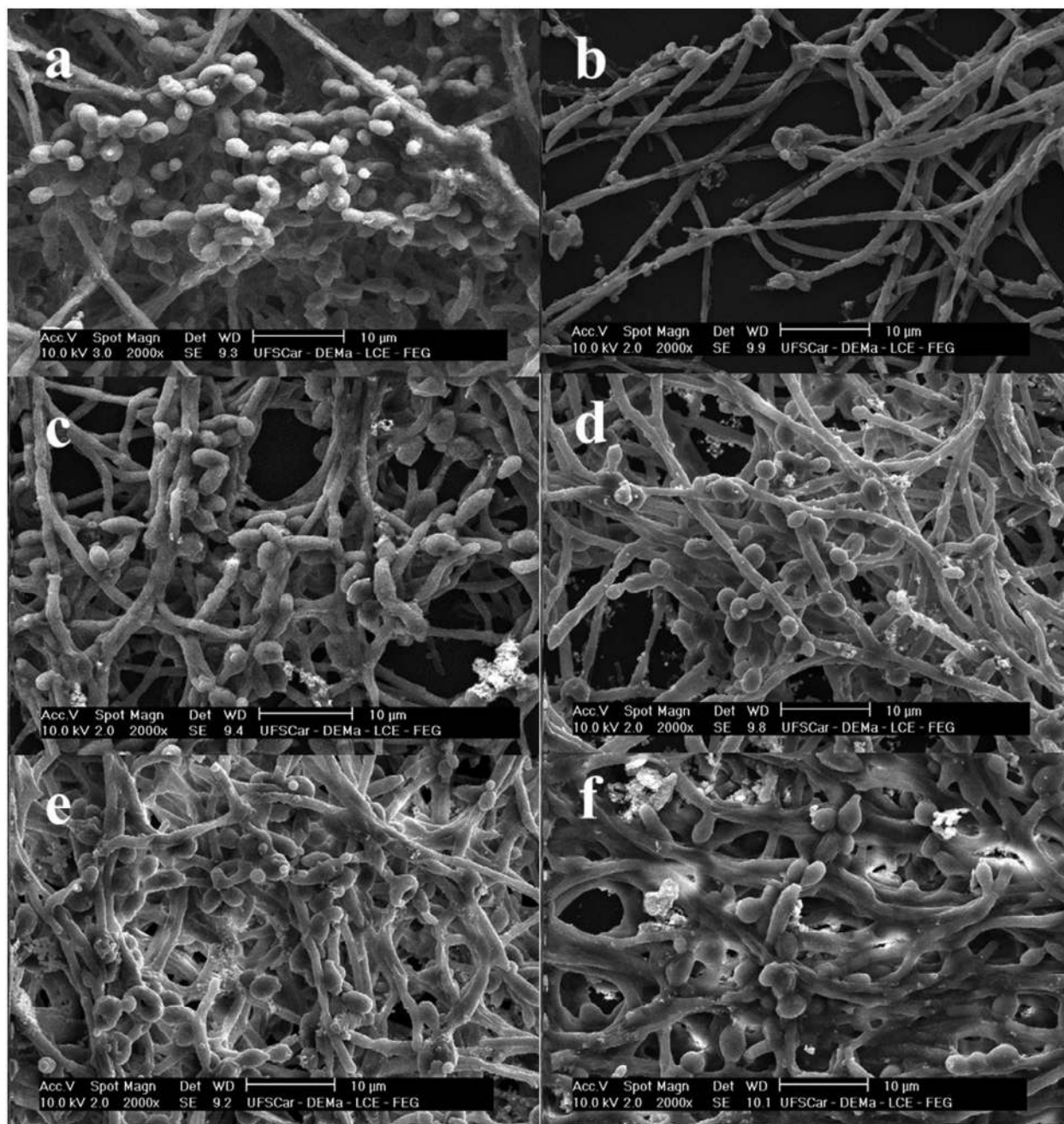


Figure 4. SEM images of *C. albicans* biofilms: (a) negative control; (b) positive control; (c) T10 (10 µgAg ml⁻¹); (d) T10 (100 µgAg ml⁻¹); (e) H10 (10 µgAg ml⁻¹); (f) H10 (100 µgAg ml⁻¹).

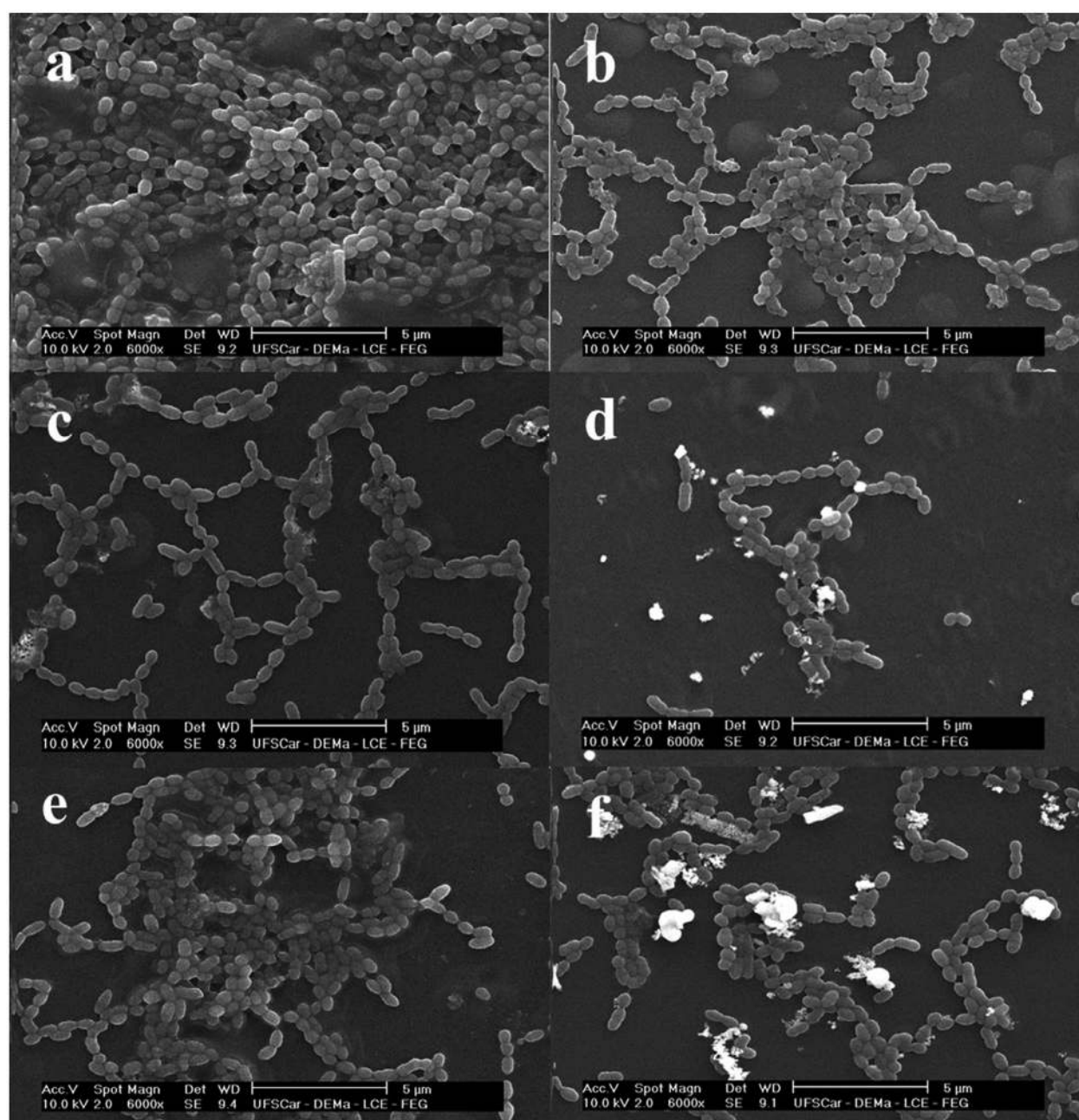


Figure 5. SEM images of *S. mutans* biofilms: (a) negative control; (b) positive control; (c) T10 ($40 \mu\text{gAg ml}^{-1}$); (d) T10 ($400 \mu\text{gAg ml}^{-1}$); (e) H10 ($40 \mu\text{gAg ml}^{-1}$); (f) H10 ($400 \mu\text{gAg ml}^{-1}$).

promote direct damage to the cellular membrane by adhering to it (Li et al. 2008) or by dissolving it through the release of silver ions (Kon and Rai 2013). Then, once inside the cell of the microorganism, silver nanoparticles can lead to DNA damage (Li et al. 2008), mainly *via* production of ROS (Marambio-Jones and Hoek 2010; Duran et al. 2016), and can also affect the electrochemical proton gradient through the respiratory process, which could discontinue the ATP synthesis, leading to the death of the microorganism cell (Reidy et al. 2013).

The combination of silver nanoparticles with other compounds may improve their antimicrobial activity (Pal et al. 2007; Monteiro et al. 2013). The results of the present study demonstrated that the association of AgNP with TMP or HMP did not hinder the antimicrobial silver effect, but the association of Ag and polyphosphates resulted in similar MICs at a lower Ag concentration (Table 1). The crystallographic surface structures of AgNP are an important physico-chemical property which is related to their antibacterial activity (Pal et al. 2007), and could be

changed when associated with those polyphosphates. The composites were more effective against planktonic cells of *C. albicans* ($10 \mu\text{g Ag ml}^{-1}$) than *S. mutans* ($40 \mu\text{g Ag ml}^{-1}$) when the Ag concentration was 10% (T10 and H10), while at 1%, just H1 showed an antimicrobial effect ($80 \mu\text{g Ag ml}^{-1}$). HMP has the ability to increase outer membrane cell permeability (Shibata and Morioka 1982; Vaara and Jaakkola 1989), and it might facilitate Ag entrance into the microorganism cells. Indeed, the polyphosphate property of adsorption on protein by hydroxyl and amino sites (Leone et al. 2008; Li and Chang 2008) may increase Ag availability and improve the antimicrobial effect of those composites. This was observed especially for T10 (TMP+Ag10%) and H10, (HMP+Ag10%) which have a higher Ag concentration impregnated on the phosphates. H1 (HMP+Ag1%) alone was shown to be effective against both planktonic strains. These results demonstrate that not only was the amount of Ag relevant for the antimicrobial effectiveness of the composites, but its association with the phosphates had a significant role in the increase in the antimicrobial potential of the TMP/HMP-AgNP nanocomposites. This has also been demonstrated by Humphreys et al. (2011) and the synergism between polyphosphates and silver might increase the permeability of the outer membrane of bacteria associated to sequestration of divalent cations by polyphosphate (Maier et al. 1999; Akhtar et al. 2008; Obritsch et al. 2008), enabling silver to pass through the membrane and then causing damage to the cell, such as loss of DNA replication and protein inactivation (Feng et al. 2000).

The greater susceptibility of planktonic cells of *C. albicans* in comparison to *S. mutans* planktonic cells can be primarily explained by the structural differences in their cell membranes (Malanovic and Lohner 2016). Membranes of bacteria are negatively charged due to anionic phospholipids, while the charge in fungal membranes is neutral, constituted by zwitterionic phospholipids and ergosterol. The work of Abbaszadegan et al. (2015) states that the antimicrobial action of the nanoparticle shell depends on the charge of the external surface of the particles as influenced by the stabilizers and capping agents used in the synthesis; thus, the AgNP fabricated in the present study can be considered negatively charged. According to Mandal et al. (2016), the mechanism of AgNP action depends on the outer charge of the bacterial membranes, and this may explain the decreased susceptibility of *S. mutans*. Furthermore, the physical and chemical properties of the AgNP related to the release of Ag^+ ions are noteworthy. It seemed that AgNP were more clearly adhered to the surface of TMP than the surface of HPM (Figure 2a and c). This could facilitate the release of Ag^+ ions, and hence, its highest concentration in the composites containing TMP, regardless of the amount of

AgNO_3 (1 or 10%) used in the synthesis reaction. On the other hand, it did not increase the antimicrobial effectiveness of the T10, suggesting antimicrobial activity is not just related to the amount of Ag^+ ions released from that composite.

However, many antimicrobial agents that show effectiveness against planktonic cells could be ineffective against the same microorganism grown in a biofilm (Jefferson 2004; Kim et al. 2008). Biofilms of *Candida* species, for example, can exhibit up to 65 times more tolerance to killing by metals than corresponding planktonic cultures (Harrison et al. 2007). Although biofilms of *C. albicans* showed tolerance against pure AgNP (Figure 3a), the addition of the polyphosphates resulted in inhibition of the growth of fungal biofilms. The same occurred against biofilm cells of *S. mutans*. Nevertheless, the microscopy images (Figures 4 and 5) show that growth of *C. albicans* biofilm cells was similar to the negative control, while the reduction in biofilm cells of *S. mutans* was consistent with chlorhexidine gluconate, as shown through CFU analysis. The explanation would also be related to the mechanism of action of polyphosphates on planktonic cells (Maier et al. 1999; Akhtar et al. 2008; Obritsch et al. 2008), and also for a probable buffer effect promoted by the phosphates in the *S. mutans* biofilm environment. To this end, as *S. mutans* is an acidogenic and aciduric bacterial strain, TMP and HMP may have hampered the decrease in pH, and hence, the proliferation of the cells in the biofilm.

The total biomass and metabolic activity of fungal and bacterial biofilms are shown in Figure 3b and c. Overall, the methods used to quantify microbial biofilms were performed as complementary analysis. As shown in the results, the lowest concentrations of T10 ($10 \mu\text{g Ag ml}^{-1}$) and H10 ($40 \mu\text{g Ag ml}^{-1}$) were able to reduce the total biomass in a manner similar to the positive control (CHG). Figure 3c shows the reduction in biofilm activity of *C. albicans* of between 92 and 94.4%, with the exception of the concentration of $10 \mu\text{g Ag ml}^{-1}$ H10. All concentrations of both T10 and H10 reduced the biofilm biomass of *S. mutans* by $\sim 90\%$. Nevertheless, it is noteworthy that *S. mutans* may not have properly absorbed and/or metabolized the salt of XTT (Kuhn et al. 2003; Gobor et al. 2011), and hence, interfered with the spectrophotometer reading since there was also low metabolic activity in the negative control group (NC).

Finally, looking at the antimicrobial effect of the polyphosphates TMP or HMP-AgNP in comparison with AgNP alone, the findings of the present study demonstrate that both TMP and HMP with a very low NaF concentration substantially improved the effectiveness of AgNP against both the planktonic and sessile forms of the microorganism. This suggests that AgNP associated with TMP or HMP polyphosphates and fluoride may be effective

antimicrobial biomaterials for promising applications to control caries disease. Future studies should investigate the remineralization potential of these composites as well as their toxicity to make their incorporation in dental materials feasible. Studies considering different approaches to investigate the mechanisms of action of these nanocomposites would also be opportune.

Conclusion

In this study, nanocomposites formed by AgNP associated with TMP or HMP polyphosphates and very low concentrations of fluoride were synthesized. The antimicrobial and anti-biofilm effectiveness of these nanocomposites were observed against *S. mutans* and *C. albicans*, both relevant dental caries pathogens. Furthermore, the results suggest that TMP and HMP improved the antimicrobial potential of AgNP, enabling the use of smaller amounts of AgNP to produce more biocompatible nanomaterials, which would be effective at reducing caries -inducing pathogens and increasing the dental remineralization process.

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