

## ON REFINEMENTS OF HADAMARD'S INEQUALITIES

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**Abstract.** Some refinements of Hadamard's inequalities are established.

### 1. Introduction

The inequalities

$$f\left(\frac{a+b}{2}\right) \leq \frac{1}{b-a} \int_a^b f(x)dx \leq \frac{f(a)+f(b)}{2} \quad (1.1)$$

which holds for all convex functions  $f : [a, b] \rightarrow R$  are known in the literature as Hadamard's inequalities. In [2] and [3], S. S. Dragomir established some refinements of the first inequality of (1.1). In [4], G. S. Yang and M. C. Hong established a refinement of the second inequality of (1.1).

The main purpose of this note is to establish further generalization of the results in [2], [3] and [4].

As in [1] and [2], let  $E$  be a nonempty set and let  $L$  be a linear class of real-valued functions from  $E$  to  $R$  having the properties:

$$L_1 : f, g \in L \Rightarrow (af + bg) \in L \text{ for all } a, b \in R;$$

$$L_2 : 1 \in L, \text{ that is, if } f(t) = 1(t \in E), \text{ then } f \in L.$$

A linear functional  $A : L \rightarrow R$  is isotonic if

$$A_1 : A(af + bg) = aA(f) + bA(g) \text{ for } f, g \in L \text{ and } a, b \in R;$$

$$A_2 : f \in L, \quad f(t) \geq 0 \text{ on } E \Rightarrow A(f) \geq 0 \quad (A \text{ is isotonic}).$$

We need the following Jensen's inequality (see [1] or [2]).

**Jensen's inequality.** Let  $L$  satisfy the above properties on  $E$ , and suppose  $\Phi$  is a convex function on an interval  $I \subseteq R$ . If  $A$  is any isotonic linear functional with  $A(1) = 1$ , then, for all  $g \in L$  such that  $\Phi(g) \in I$ , we have  $A(g) \in I$  and  $\Phi(A(g)) \leq A(\Phi(g))$ .

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Received April 19, 1996.

1991 *Mathematics Subject Classification.* Primary 26D15.

*Key words and phrases.* Hadamard's inequality, Jensen's inequality, convex function, isotonic linear functional.

## 2. Preliminary Lemmas

In order to establish the main theorems, we start with the following lemmas.

**Lemma 1.** *Let  $C$  be a convex subset of a real linear space  $X$ , and  $f : C \rightarrow R$ , the real numbers, be a convex function. Let  $a_i > 0$  ( $i = 1, 2, \dots, n$ ) with  $\sum_{i=1}^n a_i = 1$  and  $a = \min_{1 \leq i \leq n} \{a_i\}$ . Given a sequence  $x = \{x_i, x_2, \dots, x_n\}$  in  $C$ , let  $\Phi_x : [0, na] \rightarrow R$  be defined by*

$$\Phi_x(t) = \sum_{i=1}^n a_i f\left(\left[1 - \frac{g(t)}{na_i}\right]x_i + \frac{g(t)}{na_i}x_{i+1}\right),$$

where  $g$  is a linear function on  $[0, na]$  such that  $0 \leq g(t) \leq na$  and  $x_{n+1} = x_1$ . Then

$$\begin{aligned} (1) & \Phi_x \text{ is convex on } [0, na], \\ (2) & f\left(\sum_{i=1}^n a_i x_i\right) \leq \Phi_x(t) \leq \sum_{i=1}^n a_i f(x_i) \text{ for all } t \in [0, na]. \end{aligned} \quad (2.1)$$

**Proof.** Let  $t_1, t_2 \in [0, na]$  and  $\alpha, \beta \geq 0$  with  $\alpha + \beta = 1$ . Since  $f$  is convex on  $C$  and  $g$  is linear in  $[0, na]$ , we have

$$\begin{aligned} \Phi_x(\alpha t_1 + \beta t_2) &= \sum_{i=1}^n a_i f\left(\left[1 - \frac{g(\alpha t_1 + \beta t_2)}{na_i}\right]x_i + \frac{g(\alpha t_1 + \beta t_2)}{na_i}x_{i+1}\right) \\ &= \sum_{i=1}^n a_i f\left(\alpha \left[\left(1 - \frac{g(t_1)}{na_i}\right)x_i + \frac{g(t_1)}{na_i}x_{i+1}\right] \right. \\ &\quad \left. + \beta \left[\left(1 - \frac{g(t_2)}{na_i}\right)x_i + \frac{g(t_2)}{na_i}x_{i+1}\right]\right) \\ &\leq \alpha \sum_{i=1}^n a_i f\left(\left[1 - \frac{g(t_1)}{na_i}\right]x_i + \frac{g(t_1)}{na_i}x_{i+1}\right) \\ &\quad + \beta \sum_{i=1}^n a_i f\left(\left[1 - \frac{g(t_2)}{na_i}\right]x_i + \frac{g(t_2)}{na_i}x_{i+1}\right) \\ &= \alpha \Phi_x(t_1) + \beta \Phi_x(t_2). \end{aligned}$$

This completes the proof of (1).

Next, using the convexity of  $f$  and note that  $x_{n+1} = x_1$ , we have

$$\begin{aligned} \Phi_x(t) &\leq \sum_{i=1}^n a_i \left[ \left(1 - \frac{g(t)}{na_i}\right) f(x_i) + \frac{g(t)}{na_i} f(x_{i+1}) \right] \\ &= \sum_{i=1}^n a_i f(x_i) + \frac{g(t)}{n} \sum_{i=1}^n [f(x_{i+1}) - f(x_i)] = \sum_{i=1}^n a_i f(x_i) \end{aligned}$$

and

$$\begin{aligned} \Phi_x(t) &\geq f\left(\sum_{i=1}^n a_i \left[\left(1 - \frac{g(t)}{na_i}\right)x_i + \frac{g(t)}{na_i}x_{i+1}\right]\right) \\ &= f\left(\sum_{i=1}^n a_i x_i + \frac{g(t)}{n} \sum_{i=1}^n [x_{i+1} - x_i]\right) = f\left(\sum_{i=1}^n a_i x_i\right), \end{aligned}$$

for all  $t \in [0, na]$ . This proves (2).

**Remark 1.** Lemma 2.1 in [2] is the special case of our lemma 1 when  $n = 2$ ,  $g(t) = t$  and  $a_1 = a_2 = \frac{1}{2}$ .

In [4], G. S. Yang and M. C. Hong proved:

**Lemma 2.** If  $f : [a, b] \rightarrow R$  is a convex function and  $F : [0, 1] \rightarrow R$  is defined by

$$F(t) = \frac{1}{2(b-a)} \int_a^b \left\{ f\left(\left[\frac{1+t}{2}\right]a + \left[\frac{1-t}{2}\right]x\right) + f\left(\left[\frac{1+t}{2}\right]b + \left[\frac{1-t}{2}\right]x\right) \right\} dx,$$

then  $F$  is convex, increasing on  $[0, 1]$  and

$$\frac{1}{b-a} \int_a^b f(x)dx = F(0) \leq F(t) \leq F(1) = \frac{f(a) + f(b)}{2}.$$

They used the differentiability of  $f$  on  $(0, 1)$  to prove  $F$  is increasing on  $[0, 1]$ . Here, we give a proof without using the differentiability of  $f$  on  $(0, 1)$  as follows:

**Proof.** That  $F$  is convex on  $[0, 1]$  is easy to verify. Now, if  $0 \leq t < 1$ , then

$$\begin{aligned} F(t) &= \frac{1}{2(b-a)} \int_a^b \left\{ f\left(\frac{[1+t]a + [1-t]x}{2}\right) + f\left(\frac{[1+t]b + [1-t]x}{2}\right) \right\} dx \\ &= \frac{1}{(1-t)(b-a)} \left\{ \int_a^{\frac{a+b}{2} - t(\frac{b-a}{2})} f(x)dx + \int_{\frac{a+b}{2} + t(\frac{b-a}{2})}^b f(x)dx \right\}. \end{aligned}$$

Since  $f$  is convex, we have

$$\begin{aligned} F'(t) &= \frac{1}{(1-t)^2(b-a)} \left\{ \int_a^{\frac{a+b}{2} - t(\frac{b-a}{2})} f(x)dx + \int_{\frac{a+b}{2} + t(\frac{b-a}{2})}^b f(x)dx \right\} \\ &\quad + \frac{1}{(1-t)(b-a)} \left\{ f\left(\frac{a+b}{2} - t\left[\frac{b-a}{2}\right]\right) \left[-\frac{b-a}{2}\right] \right. \\ &\quad \left. - f\left(\frac{a+b}{2} + t\left[\frac{b-a}{2}\right]\right) \left[\frac{b-a}{2}\right] \right\} \\ &= \frac{1}{(1-t)^2(b-a)} \left\{ \int_a^{\frac{a+b}{2} - t(\frac{b-a}{2})} f(x)dx + \int_{\frac{a+b}{2} + t(\frac{b-a}{2})}^b f(x)dx \right\} \end{aligned}$$

$$\begin{aligned}
& -\frac{1}{2(1-t)} \left\{ f\left(\frac{a+b}{2} - t\left[\frac{b-a}{2}\right]\right) + f\left(\frac{a+b}{2} + t\left[\frac{b-a}{2}\right]\right) \right\} \\
\geq & \frac{1}{2(1-t)} \left\{ f\left(\left[\frac{3+t}{4}\right]a + \left[\frac{1-t}{4}\right]b\right) + f\left(\left[\frac{1-t}{4}\right]a + \left[\frac{3+t}{4}\right]b\right) \right\} \\
& -\frac{1}{2(1-t)} \left\{ f\left(\left[\frac{1+t}{2}\right]a + \left[\frac{1-t}{2}\right]b\right) + f\left(\left[\frac{1-t}{2}\right]a + \left[\frac{1+t}{2}\right]b\right) \right\} \\
= & \frac{1}{2(1-t)} \left\{ f\left(\left[\frac{1-t}{4}\right]a + \left[\frac{3+t}{4}\right]b\right) - f\left(\left[\frac{1-t}{2}\right]a + \left[\frac{1+t}{2}\right]b\right) \right\} \\
& -\frac{1}{2(1-t)} \left\{ f\left(\left[\frac{1+t}{2}\right]a + \left[\frac{1-t}{2}\right]b\right) - f\left(\left[\frac{3+t}{4}\right]a + \left[\frac{1-t}{4}\right]b\right) \right\} \\
\geq & 0.
\end{aligned}$$

This shows that  $F$  is increasing on  $[0, 1]$ . Hence

$$\frac{1}{b-a} \int_a^b f(x) dx = F(0) \leq F(t) \leq F(1) = \frac{f(a) + f(b)}{2}.$$

This completes the proof.

### 3. Main Results

Now, we give our main results as the following theorems.

**Theorem 1.** *Under the conditions of Lemma 1, let  $L$ ,  $A$  satisfy the conditions  $L_1$ ,  $L_2$ ,  $A_1$  and  $A_2$ , and let  $h : E \rightarrow [0, na]$  be a function such that  $h \in L$  and*

$$f\left(\left[1 - \frac{g(h)}{na_i}\right]x_i + \frac{g(h)}{na_i}x_{i+1}\right) \in L \quad \text{for } i = 1, 2, \dots, n.$$

If  $A(1) = 1$ , then

$$f\left(\sum_{i=1}^n a_i x_i\right) \leq \Phi_x(A(h)) \leq A(\Phi_x(h)) \leq \sum_{i=1}^n a_i f(x_i). \quad (3.1)$$

**Proof.** Using Jensen's inequality, we have

$$\Phi_x(A(h)) \leq A(\Phi_x(h)).$$

This is the second inequality in (3.1).

Since  $f$  is convex on  $C$  and  $A$  is an istonic linear functional on  $L$ , we have

$$\begin{aligned}
\Phi_x(A(h)) &= \sum_{i=1}^n a_i f\left(\left[1 - \frac{g(A(h))}{na_i}\right]x_i + \frac{g(A(h))}{na_i}x_{i+1}\right) \\
&\geq f\left(\sum_{i=1}^n a_i \left[\left(1 - \frac{g(A(h))}{na_i}\right)x_i + \frac{g(A(h))}{na_i}x_{i+1}\right]\right) = f\left(\sum_{i=1}^n a_i x_i\right).
\end{aligned}$$

This is the first inequality of (3.1).

Finally,

$$\begin{aligned} \Phi_x(h) &= \sum_{i=1}^n a_i f\left(\left[1 - \frac{g(h)}{na_i}\right]x_i + \frac{g(h)}{na_i}x_{i+1}\right) \\ &\leq \sum_{i=1}^n a_i \left[\left(1 - \frac{g(h)}{na_i}\right)f(x_i) + \frac{g(h)}{na_i}f(x_{i+1})\right] = \sum_{i=1}^n a_i f(x_i). \end{aligned}$$

Using  $A_1, A_2$  and  $A(1) = 1$ , we have  $A(\Phi_x(h)) \leq A(\sum_{i=1}^n a_i f(x_i)) = \sum_{i=1}^n a_i f(x_i)$ . This proves the last inequality of (3.1).

**Remark 2.** We note that Theorem 2.3 in [2] is the special case of Theorem 1 as  $n = 2, a_1 = a_2 = \frac{1}{2}, g(t) = t$  and  $h(t) = t$ .

**Theorem 2.** Under the conditions of Lemma 1, if  $x = \{x_1, x_2, \dots, x_n\}$  is a sequence in  $C$  such that  $x_i \neq x_{i+1}, i = 1, 2, \dots, n$ , and  $x_{n+1} = x_1$ , then

$$\begin{aligned} f\left(\sum_{i=1}^n a_i x_i\right) &\leq \sum_{i=1}^n a_i f\left(\left[1 - \frac{a}{2a_i}\right]x_i + \frac{a}{2a_i}x_{i+1}\right) \\ &\leq \sum_{i=1}^n \frac{a_i^2}{a(x_{i+1} - x_i)} \int_{x_i}^{x_i + \frac{a}{a_i}(x_{i+1} - x_i)} f(t) dt \\ &\leq \sum_{i=1}^n a_i f(x_i). \end{aligned} \tag{3.2}$$

**Proof.** Let  $A = \frac{1}{na} \int_0^{na} t dt, E = [0, na], g(t) = t$  and  $h(t) = t$ . Then

$$\begin{aligned} A(\Phi_x(h)) &= \frac{1}{na} \int_0^{na} \sum_{i=1}^n a_i f\left(\left[1 - \frac{t}{na_i}\right]x_i + \frac{t}{na_i}x_{i+1}\right) dt \\ &= \sum_{i=1}^n \frac{a_i^2}{a(x_{i+1} - x_i)} \int_{x_i}^{x_i + \frac{a}{a_i}(x_{i+1} - x_i)} f(t) dt, \end{aligned}$$

and

$$\begin{aligned} \Phi_x(A(h)) &= \sum_{i=1}^n a_i f\left(\left[1 - \frac{\frac{1}{na} \int_0^{na} t dt}{na_i}\right]x_i + \frac{\frac{1}{na} \int_0^{na} t dt}{na_i}x_{i+1}\right) \\ &= \sum_{i=1}^n a_i f\left(\left[1 - \frac{a}{2a_i}\right]x_i + \frac{a}{2a_i}x_{i+1}\right). \end{aligned}$$

Using (3.1), we obtain

$$f\left(\sum_{i=1}^n a_i x_i\right) \leq \sum_{i=1}^n a_i f\left(\left[1 - \frac{a}{2a_i}\right]x_i + \frac{a}{2a_i}x_{i+1}\right)$$

$$\begin{aligned} &\leq \sum_{i=1}^n \frac{a_i^2}{a(x_{i+1} - x_i)} \int_{x_i}^{x_i + \frac{a}{a_i}(x_{i+1} - x_i)} f(t) dt \\ &\leq \sum_{i=1}^n a_i f(x_i). \end{aligned}$$

**Remark 3.** We note that the Hadamard’s inequalities (1.1) is the special case of Theorem 2 when  $n = 2$ ,  $x_1 = a$ ,  $x_2 = b$ , and  $a_1 = a_2 = \frac{1}{2}$ .

**Theorem 3.** Under the conditions of Theorem 2, let  $H : [0, 1] \rightarrow R$  be a function defined by

$$H(t) = \sum_{i=1}^n \frac{a_i^2}{a(x_{i+1} - x_i)} \int_{x_i}^{x_i + \frac{a}{a_i}(x_{i+1} - x_i)} f\left(tx + (1 - t) \sum_{j=1}^n a_j x_j\right) dx.$$

Then (1)  $H$  is convex on  $[0, 1]$ ,

$$\begin{aligned} (2) \quad f\left(\sum_{i=1}^n a_i x_i\right) &= H(0) = \min_{t \in [0,1]} H(t) \leq H(t) \\ &\leq \max_{t \in [0,1]} H(t) = H(1) = \sum_{i=1}^n \frac{a_i^2}{a(x_{i+1} - x_i)} \int_{x_i}^{x_i + \frac{a}{a_i}(x_{i+1} - x_i)} f(x) dx \\ &\leq \sum_{i=1}^n a_i f(x_i), \end{aligned} \tag{3.3}$$

for all  $t \in [0, 1]$ ,

(3)  $H$  is increasing on  $[0, 1]$ .

**Proof.** Let  $t_1, t_2 \in [0, 1]$  and  $\alpha, \beta \geq 0$  with  $\alpha + \beta = 1$ . Since  $f$  is convex on  $C$ , we have

$$\begin{aligned} &H(\alpha t_1 + \beta t_2) \\ &= \sum_{i=1}^n \frac{a_i^2}{a(x_{i+1} - x_i)} \int_{x_i}^{x_i + \frac{a}{a_i}(x_{i+1} - x_i)} f\left((\alpha t_1 + \beta t_2)x + (1 - \alpha t_1 - \beta t_2) \sum_{j=1}^n a_j x_j\right) dx \\ &= \sum_{i=1}^n \frac{a_i^2}{a(x_{i+1} - x_i)} \\ &\quad \times \int_{x_i}^{x_i + \frac{a}{a_i}(x_{i+1} - x_i)} f\left(\alpha \left[t_1 x + (1 - t_1) \sum_{j=1}^n a_j x_j\right] + \beta \left[t_2 x + (1 - t_2) \sum_{j=1}^n a_j x_j\right]\right) dx \\ &\leq \alpha \sum_{i=1}^n \frac{a_i^2}{a(x_{i+1} - x_i)} \int_{x_i}^{x_i + \frac{a}{a_i}(x_{i+1} - x_i)} f\left(t_1 x + (1 - t_1) \sum_{j=1}^n a_j x_j\right) dx \end{aligned}$$

$$\begin{aligned}
 & +\beta \sum_{i=1}^n \frac{a_i^2}{a(x_{i+1} - x_i)} \int_{x_i}^{x_i + \frac{a}{a_i}(x_{i+1} - x_i)} f\left(t_2x + (1 - t_2) \sum_{j=1}^n a_jx_j\right) dx \\
 & = \alpha H(t_1) + \beta H(t_2).
 \end{aligned}$$

This completes the proof of (1).

Now, observe that  $H(0) = f\left(\sum_{i=1}^n a_i x_i\right)$  and  $H(1) = \sum_{i=1}^n \frac{a_i^2}{a(x_{i+1} - x_i)} \int_{x_i}^{x_i + \frac{a}{a_i}(x_{i+1} - x_i)} f(x) dx$ . Using the convexity of  $f$  and the inequality (3.2), we have

$$\begin{aligned}
 H(t) & = \sum_{i=1}^n \frac{a_i^2}{a(x_{i+1} - x_i)} \int_{x_i}^{x_i + \frac{a}{a_i}(x_{i+1} - x_i)} f\left(tx + (1 - t) \sum_{j=1}^n a_jx_j\right) dx \\
 & \leq t \sum_{i=1}^n \frac{a_i^2}{a(x_{i+1} - x_i)} \int_{x_i}^{x_i + \frac{a}{a_i}(x_{i+1} - x_i)} f(x) dx \\
 & \quad + (1 - t) \sum_{i=1}^n \frac{a_i^2}{a(x_{i+1} - x_i)} \int_{x_i}^{x_i + \frac{a}{a_i}(x_{i+1} - x_i)} f\left(\sum_{j=1}^n a_jx_j\right) dx \\
 & = t \sum_{i=1}^n \frac{a_i^2}{a(x_{i+1} - x_i)} \int_{x_i}^{x_i + \frac{a}{a_i}(x_{i+1} - x_i)} f(x) dx + (1 - t) f\left(\sum_{j=1}^n a_jx_j\right) \\
 & \leq \sum_{i=1}^n \frac{a_i^2}{a(x_{i+1} - x_i)} \int_{x_i}^{x_i + \frac{a}{a_i}(x_{i+1} - x_i)} f(x) dx \leq \sum_{i=1}^n a_i f(x_i),
 \end{aligned}$$

for all  $t \in [0, 1]$ .

On the other hand, let  $y_i = tx_i + (1 - t) \sum_{j=1}^n a_jx_j$ ,  $1 \leq i \leq n$ , and  $y_{n+1} = y_1$ , then

$$\begin{aligned}
 H(t) & = \sum_{i=1}^n \frac{a_i^2}{a(y_{i+1} - y_i)} \int_{y_i}^{y_i + \frac{a}{a_i}(y_{i+1} - y_i)} f(y) dy \\
 & \geq f\left(\sum_{j=1}^n a_jy_j\right) = f\left(\sum_{i=1}^n a_ix_i\right),
 \end{aligned}$$

for all  $t \in [0, 1]$ .

This completes the proof of (2).

Finally, let  $0 < t < u \leq 1$ . Since  $H$  is convex on  $[0, 1]$  and  $H(t) \geq H(0)$ , we have

$$\frac{H(u) - H(t)}{u - t} \geq \frac{H(t) - H(0)}{t} \geq 0,$$

that is  $H(t) \leq H(u)$ .

This completes the proof of (3).

**Remark 4.** We note that Theorem 1 in [3] is the special case of Theorem 3 when  $n = 2$ ,  $a_1 = a_2 = \frac{1}{2}$ .

**Theorem 4.** Under the conditions of Theorem 2, let  $K : [0, 1] \rightarrow R$  be a function defined by

$$K(t) = \sum_{i=1}^n \frac{a_i^2}{2a(x_{i+1} - x_i)} \int_{x_i}^{x_i + \frac{a}{a_i}(x_{i+1} - x_i)} \left\{ f\left(\left[\frac{1-t}{2}\right]x + \left[\frac{1+t}{2}\right]x_i\right) + f\left(\left[\frac{1-t}{2}\right]x + \left[\frac{1+t}{2}\right]\left[x_i + \frac{a}{a_i}(x_{i+1} - x_i)\right]\right) \right\} dx$$

Then  $K$  is convex, increasing on  $[0, 1]$  and

$$\sum_{i=1}^n \frac{a_i^2}{a(x_{i+1} - x_i)} \int_{x_i}^{x_i + \frac{a}{a_i}(x_{i+1} - x_i)} f(x) dx = K(0) \leq K(t) \leq K(1) \leq \sum_{i=1}^n a_i f(x_i)$$

for all  $t \in [0, 1]$ .

**Proof.** Using Lemma 2, it is easy to see that  $K$  is convex and increasing on  $[0, 1]$ . Now,

$$\begin{aligned} K(0) &= \sum_{i=1}^n \frac{a_i^2}{a(x_{i+1} - x_i)} \int_{x_i}^{x_i + \frac{a}{a_i}(x_{i+1} - x_i)} f(x) dx \\ K(1) &= \sum_{i=1}^n \frac{a_i^2}{a(x_{i+1} - x_i)} \int_{x_i}^{x_i + \frac{a}{a_i}(x_{i+1} - x_i)} \frac{1}{2} \left[ f(x_i) + f\left(x_i + \frac{a}{a_i}(x_{i+1} - x_i)\right) \right] dx \\ &= \sum_{i=1}^n \frac{a_i \left[ f(x_i) + f\left(x_i + \frac{a}{a_i}(x_{i+1} - x_i)\right) \right]}{2} \\ &= \frac{1}{2} \sum_{i=1}^n a_i f(x_i) + \frac{1}{2} \sum_{i=1}^n a_i f\left(x_i + \frac{a}{a_i}(x_{i+1} - x_i)\right) \\ &\leq \sum_{i=1}^n a_i f(x_i). \end{aligned}$$

This completes the proof.

**Remark 5.** Let  $a_i = \frac{1}{n} (i = 1, 2, \dots, n)$  and  $x_{n+1} = x_1 < x_2 < \dots < x_n$ . Then, from Theorem 3 and Theorem 4, we have

$$H(t) = \sum_{i=1}^n \frac{1}{n(x_{i+1} - x_i)} \int_{x_i}^{x_{i+1}} f\left(tx + \frac{1-t}{n} \sum_{j=1}^n x_j\right) dx,$$

and



$$K(t) = \sum_{i=1}^n \frac{1}{2n(x_{i+1} - x_i)} \int_{x_i}^{x_{i+1}} \left\{ f\left(\left[\frac{1-t}{2}\right]x + \left[\frac{1+t}{2}\right]x_i\right) + f\left(\left[\frac{1-t}{2}\right]x + \left[\frac{1+t}{2}\right]x_{i+1}\right) \right\} dx$$

such that  $H$  and  $K$  are convex increasing on  $[0, 1]$  and

$$\begin{aligned} f\left(\frac{1}{n} \sum_{i=1}^n x_i\right) &= H(0) \leq H(t) \\ &\leq H(1) = \sum_{i=1}^n \frac{1}{n(x_{i+1} - x_i)} \int_{x_i}^{x_{i+1}} f(x) dx = K(0) \\ &\leq K(t) \leq K(1) = \frac{1}{n} \sum_{i=1}^n f(x_i). \end{aligned}$$

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