

Spatial dynamics of an epidemic of severe acute respiratory syndrome in an urban area

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Objective To map risk of exposure to severe acute respiratory syndrome (SARS) in an urban area and assess the ability of traditional interventions to control dispersion of the disease.

Methods Data on the Beijing SARS epidemic were used to map spatial clusters of identified contacts and to estimate transmission of SARS using a model with a time-dependent transmission rate.

Results The estimated transmission rate decreased dramatically from 20 to 30 April 2003. The total number of cases in the epidemic in Beijing was estimated to be 2521. Hierarchical clustering revealed that risk-exposures were widespread, but clustered in a pattern that is distinctly related to the Beijing urban ring roads.

Conclusion Traditional control measures can be very effective at reducing transmission of SARS. Spatial patterns of risk-exposures can inform disease surveillance, prediction and control by identifying spatial target areas on which interventions should be focused.

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Voir page 968 le résumé en français. En la página 968 figura un resumen en español.

يمكن الاطلاع على الملخص بالعربية في صفحة 968.

Introduction

As with many outbreaks of infectious disease, an epidemic outbreak of severe acute respiratory syndrome (SARS) such as that in 2003 could recur. Other similar infectious diseases could emerge equally unexpectedly. Recognition of this possibility has stimulated many studies of SARS, to determine its transmission characteristics and to assess the effectiveness of control measures.¹⁻³ Few studies, however, have attempted to capture the spatial component in the epidemic data.^{4,5} This study has used geographical techniques to identify and map spatial patterns of risk-exposures, and mathematical modelling techniques to quantify the temporal spread of SARS in Beijing in the spring of 2003.

SARS was first seen in Guangdong, a southern province of China, at the end of 2002. On 1 March 2003, the first case of SARS was recorded in Beijing, the capital of China. Beijing is composed of 16 districts and two counties, with a population of 12.5 million distributed over 17 800 km², as shown in Fig. 1.

Methods

Data

Daily data on SARS cases in Beijing came from authorized daily reports, beginning on 20 April 2003 and continuing to the end of the epidemic in June 2003. Geographic Information System (GIS) data were obtained, giving the location of residences of all 11 108 close contacts of infected people, collected by exhaustive tracing of SARS cases both before and after 20 April. Other data relevant to the epidemic included population counts in 246 census units; information about the location of hospitals; and location of main traffic routes. The population density and the locations of the hospitals and traffic routes are indicated in Fig. 1.

Estimating parameters and temporal control of the epidemic

A model was developed to describe epidemic transmission, assuming that individuals were likely to move through the Susceptible → Exposed → Infectious → Recovered (SEIR) classes (Fig. 2).⁶⁻⁸

We fitted this model to the case incidence data over the period 19 April to 21 June 2003. The reduction in the number of susceptible individuals was ignored because the eventual number infected comprised a very small fraction of the total number of Beijing residents. We modelled the changes in control efforts by assuming that the transmission rate decreased over time. The fitted model provides estimates for the dates over which control measures improved, and the level of control achieved by the end of the epidemic. We estimated the total size of the epidemic using the area under the fitted curve of the number of infected individuals before 19 April and reported cases after that date.

Spatial distribution of identified contacts

The nearest neighbour hierarchical clustering⁹ technique was used to identify spatial patterns in the data, given the location of close contacts of identified cases. Points are circled as a spatial cluster if the distances between them were significantly smaller than the mean distance

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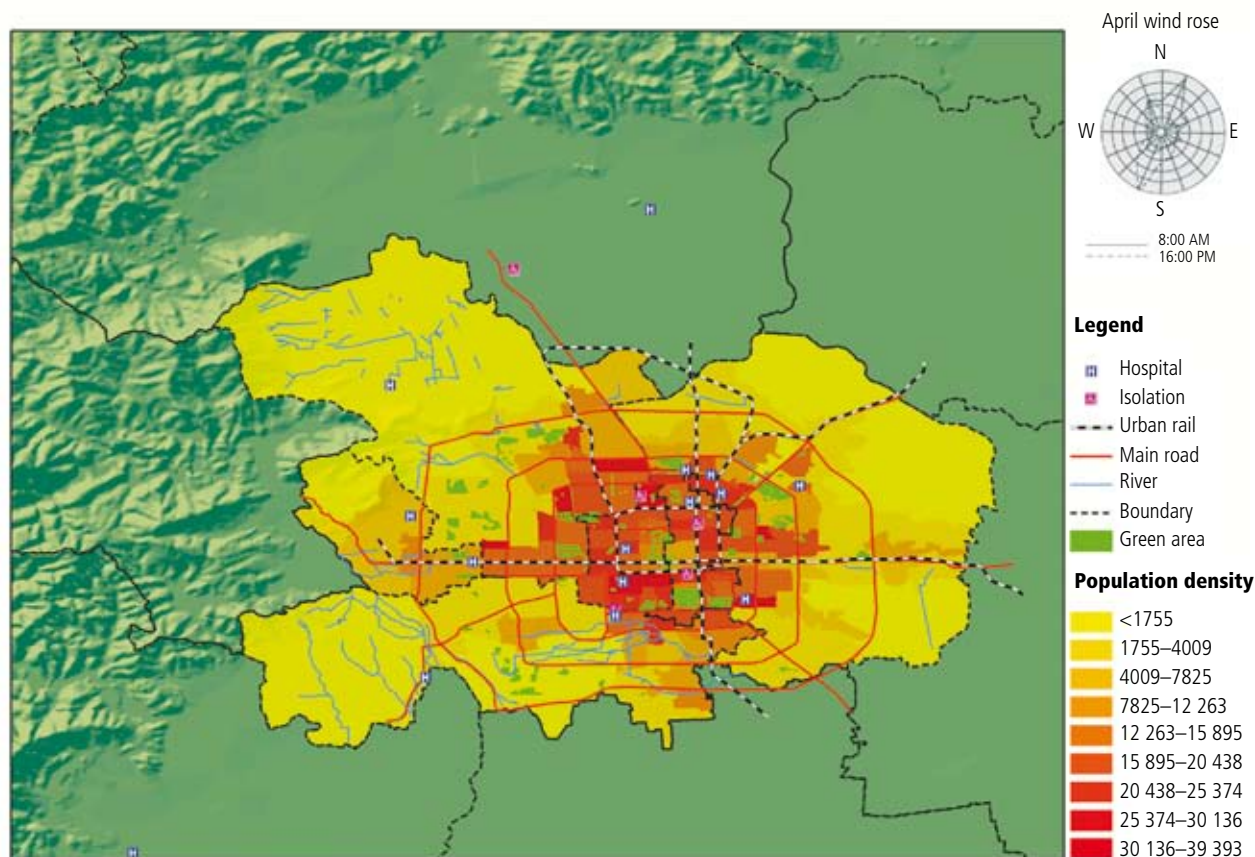
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Fig. 1. Map of Beijing's 16 districts, showing features relevant to the spread of SARS^a



^a Population density is indicated by colour, while ring roads, light railways, hospitals and isolation locations are marked as in the legend.

computed under the assumption that the points were distributed randomly over the space. First-order clusters indicate spatial clustering of high-risk susceptibles, and second-order clusters indicate regions with a high concentration of first-order clusters.

Results

Epidemiological parameters are essential characteristics of an epidemic, around which intervention strategies are based. Fig. 3 shows the fitted model of the epidemic for the number of infected individuals and the estimated transmission rate over the period 3 March–20 June 2003. The transmission rate shows a very rapid decline over the period 20–30 April. The average incubation period was found to be about 5 days, and the average effective infectious period about 4 days. Our estimate of the basic reproduction number (i.e. the average number of persons infected by a person carrying the infection) is 2.37, which is in agreement with estimates obtained in other locations.^{1–3} The eventual reproduction number, achieved by about

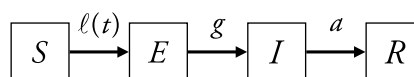
11 June, is estimated to have been 0.1, indicating that a dramatic reduction had been achieved. In particular, it is noteworthy that the transmission rate reached one-sixth of its initial value in the 10 days following 20 April. The estimated total size of the epidemic (i.e. number of cases of SARS in Beijing) obtained using the model was 2522,

which is in close agreement with the figure of 2521 reported by the Beijing Government and WHO.¹⁰

The spatial distribution of risk of exposure to infection is clearly revealed by mapping data on the residences of 11 108 identified contacts of the people who were infected with SARS in Beijing. Nearest-neighbour hierarchical

Fig. 2. SEIR (susceptible-exposed-infectious-recovered) model

We fitted the model



Where:

g = the rate at which exposed (latent) individuals become infectious;
 a = the rate at which infectious individuals are removed (recover or are isolated); and
 $l(t)$ = the average number of contacts per infectious person per day (which depends on time because the efforts at control change).

The estimates of parameters were:

$g = 0.200$, which corresponds to a mean latent period of $1/g = 5$ days;
 $a = 0.252$, which corresponds to a mean effective infectious period of $1/a = 4$ days;
 and
 $l(t) = 0.008 + 0.588/[1 + \exp\{0.368(t - 54)\}]$, where day 1 is 3 March.
 The basic reproduction number for this model is estimated by $l(0)/a \approx 2.37$.

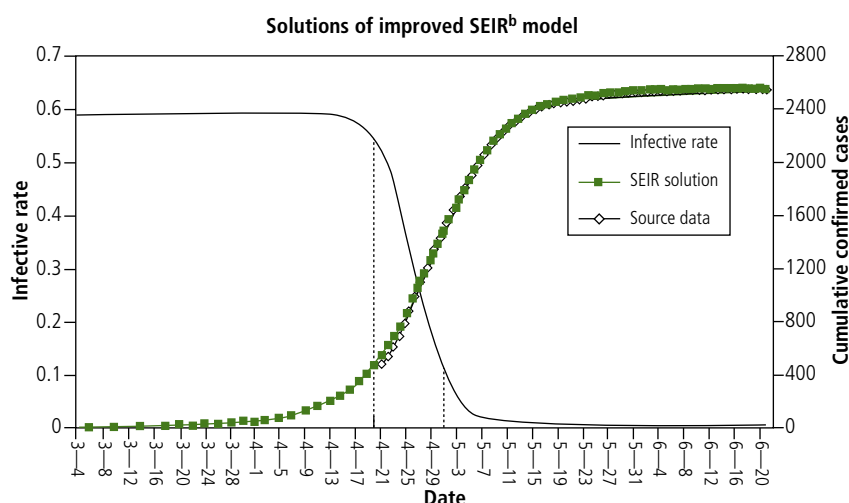
clustering⁹ was used to identify spatial structure in these data. Fig. 4 shows the first-order (micro-scale) clusters of high-risk susceptibles in red and the second-order (large-scale) clusters in blue against the background layers of population density by census unit and main traffic routes. Most of the first-order clusters are scattered within the third ring road, while the second-order clusters show an obvious looping pattern, and extend to the west and north-west. The model identified both first- and second-order clustering in the Tongzhou district at the easternmost section of the city, which saw two outbreaks of 17 and 9 cases of SARS in the later stages (7 May and 10 May respectively) of the epidemic.

Discussion

Our analysis of the temporal spread of SARS indicates that control measures led to a very rapid decline in the transmission rate after 20 April 2003. This is consistent with the fact that the threat from SARS was acknowledged in early April and from 20 April authorities substantially increased various approaches to control the outbreak.¹¹ This suggests that the methods used to limit exposure to infectious agents were extremely effective for dealing with an infection with the epidemiological characteristics of SARS.

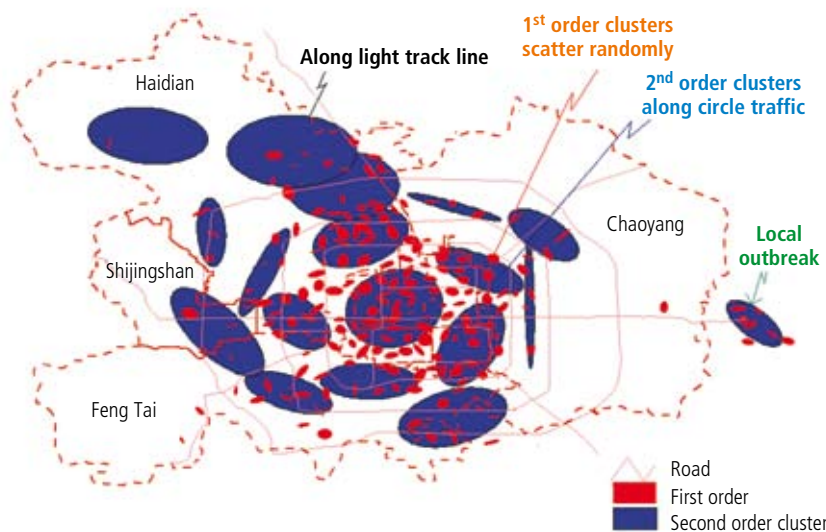
The strong visual association between the direction of the larger clusters and the ring roads and the light railway strongly suggest that focusing interventions along Beijing traffic routes is likely to be an effective strategy for the control of SARS or of diseases with similar epidemiological characteristics. Some possible interventions include: the closure of major traffic routes in the epidemic peak period; enhanced screening of populations along these transmission routes; sterilization of objects and facilities prone to harbouring the pathogen along commuter routes and distribution of information and guidance to potential travellers using the ring roads. ■

Fig. 3. The Beijing epidemic and its control over time^a



^a The solid curve shows the cumulative cases over time, with source data indicated by diamonds (right-hand vertical axis). The green curve shows the transmission rate over this period (left-hand vertical axis), with vertical lines indicating the sharp decline in transmission noted between 20 April and 1 May 2003.
^b SEIR = Susceptible * Exposed * Infectious * Recovered.

Fig. 4. Spatial clustering of the 11 108 identified contacts of Beijing SARS cases^a



^a Red ovals indicate clustering of these contacts, while blue ovals show clustering patterns of the red ovals. Red lines indicate main roads and light railway lines.

Acknowledgements

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Competing interests: none declared.

Résumé

Dynamique spatiale d'une épidémie de syndrome respiratoire aigu sévère (SRAS) dans une zone urbaine

Objectif Cartographier le risque d'exposition au syndrome respiratoire aigu sévère (SRAS) dans une zone urbaine et évaluer la capacité des interventions de type classique à endiguer la propagation de la maladie.

Méthodes Les données de l'épidémie de SRAS de Beijing ont servi à cartographier les grappes spatiales de contacts identifiés et à évaluer la transmission du SRAS au moyen d'un modèle utilisant un taux de transmission dépendant du temps.

Résultats Le taux de transmission estimé a diminué très fortement entre le 20 et le 30 avril 2003. Le nombre total de cas dus à l'épidémie de Beijing a été évalué à 2521. Le regroupement

hiérarchique en grappes de grappes a fait apparaître une zone d'exposition au risque très étendue. Néanmoins, les cas se regroupaient selon un schéma clairement lié aux voies de ceinture urbaine de Beijing.

Conclusion Les mesures de lutte classiques peuvent réduire de manière très efficace la transmission du SRAS. Les schémas spatiaux d'exposition au risque peuvent fournir des informations utiles à la surveillance, à la prévision et à l'endiguement de la maladie en identifiant les zones spatiales cibles sur lesquelles les interventions devront se concentrer.

Resumen

Dinámica geográfica de una epidemia de síndrome respiratorio agudo severo en una zona urbana

Objetivo Cartografiar el riesgo de exposición al síndrome respiratorio agudo severo (SRAS) en una zona urbana y evaluar la eficacia de las intervenciones tradicionales para controlar la dispersión de la enfermedad.

Métodos Se emplearon los datos sobre la epidemia de SRAS sufrida por Beijing para cartografiar los conglomerados geográficos de los contactos identificados y estimar la transmisión del SRAS mediante un modelo basado en una tasa de transmisión dependiente del tiempo.

Resultados La tasa de transmisión estimada disminuye drásticamente entre el 20 de abril y el 30 abril de 2003. El número

total de casos provocados por la epidemia en Beijing se estimó en 2521. Los conglomerados jerárquicos revelaron que la exposición al riesgo era generalizada, pero se observaba una distribución de los casos claramente relacionada con las carreteras de circunvalación urbana de Beijing.

Conclusión Las medidas de control tradicionales pueden ser un arma muy eficaz contra la transmisión del SRAS, y las actividades de vigilancia, predicción y control de la enfermedad se pueden beneficiar de los modelos geográficos de riesgo-exposición, gracias a la identificación de las zonas en que deberían centrarse las intervenciones.

ملخص

الديناميكيات الفراغية لوباء السارس في منطقة حضرية

2521. وأظهرت المجموعات التراتبية أن التعرض والخطر واسع الانتشار، إلا أن تجمعهما في نموذج كان يتعلق وبوضوح بالطرق الدائرية في المناطق الحضرية في بكين.

الاستنتاج: إن الإجراءات التقليدية للمكافحة يمكن أن تكون بالغة الفعالية في إنقاص سارية السارس، ويمكن للنماذج الفراغية للتعرض والخطر أن تقدم المعلومات حول ترصد الأمراض، والتنبؤ بحدوثها ومكافحتها، وذلك بكشفها للمناطق الفراغية المستهدفة والتي ينبغي أن تركز عليها التدخلات.

الهدف: ترسيم خطر التعرض لمتلازمة الالتهاب التنفسي الحاد الوخيم (السارس) في منطقة حضرية وتقييم القدرة على القيام بالتدخلات التقليدية لمكافحة انتشار المرض.

الطريقة: استُخدمت معطيات وباء السارس المستمدة من بكين للترسيم الفراغي لمجموعات المخالطين المكتشفين، ولتقدير مدى سارية السارس بالاستعانة بأحد النماذج وبمعدلات السارية المعتمدة على الزمن.

النتائج: لقد نقص معدل السارية بشكل كبير خلال الفترة من 20 إلى 30 نيسان/إبريل 2003. وبلغ العدد الإجمالي المقدر للحالات في الوباء في بكين

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