

ARTICLE

Stickler syndrome caused by *COL2A1* mutations: genotype–phenotype correlation in a series of 100 patients

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Stickler syndrome is an autosomal dominant connective tissue disorder caused by mutations in different collagen genes. The aim of our study was to define more precisely the phenotype and genotype of Stickler syndrome type 1 by investigating a large series of patients with a heterozygous mutation in *COL2A1*. In 188 probands with the clinical diagnosis of Stickler syndrome, the *COL2A1* gene was analyzed by either a mutation scanning technique or bidirectional fluorescent DNA sequencing. The effect of splice site alterations was investigated by analyzing mRNA. Multiplex ligation-dependent amplification analysis was used for the detection of intragenic deletions. We identified 77 different *COL2A1* mutations in 100 affected individuals. Analysis of the splice site mutations showed unusual RNA isoforms, most of which contained a premature stop codon. Vitreous anomalies and retinal detachments were found more frequently in patients with a *COL2A1* mutation compared with the mutation-negative group ($P < 0.01$). Overall, 20 of 23 sporadic patients with a *COL2A1* mutation had either a cleft palate or retinal detachment with vitreous anomalies. The presence of vitreous anomalies, retinal tears or detachments, cleft palate and a positive family history were shown to be good indicators for a *COL2A1* defect. In conclusion, we confirm that Stickler syndrome type 1 is predominantly caused by loss-of-function mutations in the *COL2A1* gene as >90% of the mutations were predicted to result in nonsense-mediated decay. On the basis of binary regression analysis, we developed a scoring system that may be useful when evaluating patients with Stickler syndrome.

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INTRODUCTION

Stickler syndrome (MIM no. 108300) is a connective tissue disorder first described by Stickler *et al*^{1,2} in 1965. It is characterized by ocular, orofacial, auditory and skeletal manifestations with considerable intra- and inter-familial variability. The incidence is estimated to range between 1 in 7500 and 1 in 9000 newborns (<http://ghr.nlm.nih.gov/condition%3Dsticklersyndrome>; US Department of Health). The most characteristic ocular features include congenital myopia, vitreous alterations, cataract, glaucoma and a high risk of spontaneous retinal detachments. The orofacial changes include cleft palate, midfacial hypoplasia, low nasal bridge and micrognathia. Joint pain is common in childhood and osteoarthritis may be apparent from the third or fourth decade onward. Radiographs may show signs of a spondylo-epiphyseal dysplasia congenita (SEDC). Mild sensorineural hearing loss, mainly for the high tones, can be present in Stickler syndrome type 1 (*COL2A1* gene); more severe sensorineural hearing loss is usually found in other types of Stickler syndrome.^{3,4}

At present, at least three types of autosomal dominant Stickler syndrome have been discerned. A correlation between these different types and their accompanying vitreous anomalies has been suggested.⁵ 'Membranous' or type 1 vitreous has been associated with Stickler syndrome type 1 caused by heterozygous mutations in the *COL2A1* gene (MIM no. 108300).⁶ Type 2 or 'beaded' vitreous is mainly found in patients with Stickler syndrome type 2, which is due to a heterozygous mutation in the *COL11A1* gene (MIM no. 604841).^{3,7} Stickler syndrome type 3 or 'non-ocular Stickler syndrome' refers to the phenotype of patients with a mutation in the *COL11A2* gene that is not expressed in the eye (MIM no. 184840).⁸ In addition to the different types of autosomal dominant Stickler syndrome, recently a recessive form of Stickler syndrome, caused by a mutation in the *COL9A1* gene, has also been described (MIM no. 120210).⁹

Stickler syndrome type 1 is the most common form. The majority of *COL2A1* mutations identified in patients with Stickler syndrome type 1 are predicted to result in nonsense-mediated decay (NMD). On the other hand, missense mutations (usually glycine substitutions) in *COL2A1* usually result in short-stature disorders, such as achondrogenesis type II/hypochondrogenesis, SEDC, Kniest dysplasia, spondyloperipheral dysplasia and Torrance dysplasia (MIM nos 200610, 183900, 156550, 271700, 151210, respectively).^{5,10,11}

The aim of this study was to define more precisely the phenotype and genotype of Stickler syndrome type 1 by investigating a large series of Stickler syndrome patients with a heterozygous mutation in the *COL2A1* gene.

MATERIALS AND METHODS

Evaluation of phenotype

Over the past 10 years, blood or DNA samples obtained from 278 individuals were referred for mutation analysis of the *COL2A1* gene in order to confirm or exclude the clinical diagnosis of Stickler syndrome.

Information on clinical and radiographic features of each patient was requested by using a specific questionnaire (Supplementary Table 1). A total of 90 patients were excluded from the study because insufficient clinical data were available (in 11 of those patients, a *COL2A1* mutation was identified). Each patient in the group of 188 remaining subjects had 2 or more of the following features reminiscent of Stickler syndrome: myopia, spontaneous retinal detachment, cleft palate, sensorineural hearing loss and arthropathy. Informed consent was obtained from each enrolled patient.

Analysis of genomic DNA

Genomic DNA was extracted from blood samples using standard procedures, followed by touchdown PCR amplification of the *COL2A1* gene using forward

and reverse primers located in the flanking introns. The PCR products were analyzed by gel electrophoresis and visualized by ethidium bromide staining on 2% agarose gels.

Mutation screening was performed by SSCP and CSGE (period 1997–2002) or by DHPLC analysis (period 2003–2006) using the WAVE DNA fragment analysis system (Transgenomic, Crewe, UK).^{12–14} All fragments showing an aberrant pattern were directly sequenced on the ABI PRISM 3730 automated sequencer (Applied Biosystems, Foster City, CA, USA) using the BigDye terminator cycle sequencing chemistry. From 2007 onward, direct sequencing of all 54 exons was performed. These obtained sequences were compared with the wild-type sequence as submitted to GenBank accession number NM_001844. The nucleotides were numbered starting from the first base of the start codon (ATG) of the cDNA reference sequence. Amino-acid residues were numbered from the first methionine (start codon for translation) of the procollagen $\alpha 1(\text{II})$ -chain (GenBank accession number L10347).

RNA studies

In patients with a splice site mutation, an EBV cell line or skin biopsy was requested for analysis of mRNA splicing. To stabilize mutant *COL2A1* mRNA, cycloheximide (Sigma, St Louis, MO, USA; <http://www.sigmaaldrich.com>) was added to the cultures, followed by mRNA isolation and cDNA preparation. Nested PCR was used to obtain sufficient PCR fragments for direct sequencing.

MLPA analysis

Multiplex ligation-dependent amplification (MLPA) was set up, following the directions provided by the manufacturer (MRC Holland, Amsterdam, The Netherlands) (<http://www.MPLA.com>).¹⁵ The probe set for *COL2A1* (SALSA MLPA kit P214) covering exons 1, 4, 6, 8, 10, 16, 17, 19, 20, 24, 27, 29, 31, 35, 39, 43, 46, 49, 51 and 54 was used.

Binary logistic regression analysis/statistics

The formula for the proposed scoring system was developed using binary (mutation positive or not) logistic regression analysis.^{16–18} The parameters tested in the model comprised vitreous abnormalities, retinal abnormalities, flat face, micrognathia, retinal tear and/or detachment, cataract, low nasal bridge, cleft palate, positive family history, myopia, conductive hearing loss, premature arthropathy, hypermobility, epiphyseal dysplasia on X-rays and sensorineural hearing loss. The weight (score) for each characteristic in the scoring system was proportional to its regression coefficient in the model. To simplify the scoring system, the scores were rounded to positive integers and the scores of the characteristics with lowest significant regression coefficients were conventionally given a score value of one, and the intercept of the linear predictor was neglected. Otherwise, no recalibration, shrinkage factor or model revision or extension seemed to be required to study the whole study population. Calibration of the scoring system was further evaluated with the Hosmer–Lemeshow test. The clinical applicability of the obtained score was evaluated for several thresholds using conventional receiver-operating characteristics (such as positive and negative predictive value, sensitivity and specificity). All statistical analyses were performed using SPSS 15.0 for Windows (SPSS Inc., Chicago, IL, USA).

RESULTS

In 100 of 188 individuals referred with a potential diagnosis of Stickler syndrome, a heterozygous *COL2A1* mutation was identified. This panel of 77 different mutations included 1 deletion of the entire gene,¹⁹ 13 nonsense mutations, 21 deletions, 1 insertion, 9 duplications, 2 combinations of an insertion and a deletion, 22 splice site alterations, 1 synonymous mutation, 2 missense mutations resulting in an arginine-to-cysteine substitution²⁰ and 5 missense mutations substituting a glycine residue in the triple helical domain of the protein. The mutations were distributed over the entire gene and no hot spot regions were apparent (Table 1). Thirteen mutations were observed in > 1 proband: c.625C>T, p.Arg209X and c.1833+1G>A, p.GlyfsX619 were found in 4 patients each; c.3106C>T, p.Arg1036X occurred five times (Table 1).

Table 1 Summary of 77 different *COL2A1* mutations identified in a series of 100 affected individuals

Patient ID	Age (years)	Score	Exon/ intron	cDNA	Protein	Mutation type	Mutation effect
1	46	15		del COL2A1	del COL2A1	Large deletion	Deletion[19]
2	54	13	02	c.211_233dup	p.Glu79ThrfsX2	Duplication	Frameshift
3	58	17	02	c.264_276del	p.Cys89SerfsX24	Deletion	Frameshift
4	4	6	IVS 04	c.342+1G>A	p.Asp114_Ile115insIleSerAlaAsn TyrSerHisProValLeuGlnLeuLeuX14	RNA processing	Insertion with premature stop codon
5	42	17	IVS 06	c.430-1G>C	p.Gly144ValfsX54; p.Gln125_Gly126 insArgGluGlyGluAsnLeuPheLeuArgPro PheLeuAlaAlaGlnValThrAspLeuX20; p.Lys143_Asn178delExon7 ^a	RNA processing	Frameshift; insertion with premature stop codon; exon deletion
6	6	6	07	c.492delT	p.Gly165ValfsX34	Deletion	Frameshift
7	3	6	09	c.625C>T	p.Arg209X	Nonsense	Premature stop codon
8	6	11	09	c.625C>T	p.Arg209X	Nonsense	Premature stop codon
9	19	13	09	c.625C>T	p.Arg209X	Nonsense	Premature stop codon
10	12	14	09	c.625C>T	p.Arg209X	Nonsense	Premature stop codon
11	22	15	09	c.647G>A	p.Gly216Asp	Missense	Glycine substitution
12	8	8	IVS 09	c.654+1G>A	ND	RNA processing	ND
13	34	10	10	c.655G>C	p.Gly219Arg	Missense	Glycine substitution
14	27	14	10	c.665G>T	p.Gly222Val	Missense	Glycine substitution
15	24	11	11	c.744delT	p.Gly249GluX59	Deletion	Frameshift
16	45	18	12	c.793delG	p.Glu265fsX43	Deletion	Frameshift
17	37	14	IVS 13	c.870+5 G> A	ND	RNA processing	ND
18	30	9	IVS 14	c.925-1G>A	p.Lys308_Gly309insGluPheAla GlyGlyGlnGluTrpGlyProArgHisX13	RNA processing	Insertion with premature stop codon
19	67	12	17	c.1030C>T	p.Arg344X	Nonsense	Premature stop codon
20	9	9	17	c.1030C>T	p.Arg344X	Nonsense	Premature stop codon
21	62	21	IVS 18	c.1123-1G>A	p.Gly375ValfsX253	RNA processing	Frameshift
22	6	7	19	c.1172delC	p.Pro391LeufsX238	Deletion	Frameshift
23	11	11	IVS 19	c.1221+1G>A	ND	RNA processing	ND
24	43	12	21	c.1311_1313delinsCA	p.Gly438ThrfsX191	Deletion/insertion	Frameshift
25	33	12	23	c.1428_1429insTGCC	p.Gly477TrpfsX12	Insertion	Frameshift
26	13	8	23	c.1475G>A	p.Gly492Asp	Missense	Glycine substitution
27	40	13	25	c.1597C>T	p.Arg533X	Nonsense	Premature stop codon
28	10	10	25	c.1597C>T	p.Arg533X	Nonsense	Premature stop codon
29	12	15	IVS 25	c.1680+2delGTinsAA	ND	RNA processing	ND
30	24	10	26	c.1693C>T	p.Arg565Cys	Missense	Arginine-to-cysteine substitution[20]
31	20	8	26	c.1693C>T	p.Arg565Cys	Missense	Arginine-to-cysteine substitution[20]
32	9	7	26	c.1693C>T	p.Arg565Cys	Missense	Arginine-to-cysteine substitution[20]
33	11	19	27	c.1777C>T	p.Gln593X	Nonsense	Premature stop codon
34	14	14	27	c.1828delG	p.Ala610ProfsX19	Deletion	Frameshift
35	11	10	IVS 27	c.1833+1G>A	ND	RNA processing	ND
36	36	12	IVS 27	c.1833+1G>A	p.Gly609GlyfsX1	RNA processing	Frameshift
37	40	14	IVS 27	c.1833+1G>A	ND	RNA processing	ND
38	17	17	IVS 27	c.1833+1 G> A	p.Gly609GlyfsX1	RNA processing	Frameshift
39	14	10	IVS 28	c.1888-2A>G	p.Gly630MetfsX53	RNA processing	Frameshift
40	13	6	29	c.1931delC	p.Pro644LeufsX144	Deletion	Frameshift
41	40	19	30	c.1957C>T	p.Arg653X	Nonsense	Premature stop codon
42	41	12	30	c.1957C>T	p.Arg653X	Nonsense	Premature stop codon
43	4	6	IVS 32	c.2094+1G>A	ND	RNA processing	ND
44	35	9	IVS 32	c.2095-1G>A	ND	RNA processing	ND
45	40	8	33	c.2101C>T	p.Arg701X	Nonsense	Premature stop codon
46	31	10	33	c.2101C>T	p.Arg701X	Nonsense	Premature stop codon
47	8	11	IVS 33	c.2193+2T>C	ND	RNA processing	ND
48	43	14	34	c.2257_2264del GGCGAGAG	p.Glu754SerfsX13	Deletion	Frameshift

Table 1 (Continued)

Patient ID	Age (years)	Score	Exon/ intron	cDNA	Protein	Mutation type	Mutation effect
49	5	5	34	c.2263_2264delAG	p.Arg755GlyfsX14	Deletion	Frameshift
50	9	11	35	c.2353C>T	p.Arg785X	Nonsense	Premature stop codon
51	14	10	35	c.2353C>T	p.Arg785X	Nonsense	Premature stop codon
52	37	7	35	c.2353C>T	p.Arg785X	Nonsense	Premature stop codon
53	33	8	IVS 35	c.2355+5G>A	ND	RNA processing	ND
54	38	13	IVS 35	c.2355+5G>A	p.Arg785_Gly786insValAsn GluCysGlyLeuLeuAspCysTrp AlaPheGlySerX15	RNA processing	Insertion with premature stop codon
55	11	11	36	c.2381dupC	p.Gly795TrpfsX6	Duplication	Frameshift
56	5	10	36	c.2382delT	p.Gly795Alafs86	Deletion	Frameshift
57	41	12	36	c.2382delT	p.Gly795Alafs86	Deletion	Frameshift
58	14	9	38	c.2467G>T	p.Glu823X	Nonsense	Premature stop codon
59	44	9	38	c.2493dupA	p.Pro832ThrfsX11	Duplication	Frameshift
60	66	13	IVS 38	c.2517+2T>G	ND	RNA processing	ND
61	24	15	IVS 38	c.2518-1 G>A	p.Gly840ValfsX41	RNA processing	Frameshift
62	41	17	39	c.2588-2604delCTGG TCCTCAGGGCCCC	p.Pro863LeufsX16	Deletion	Frameshift
63	39	17	40	c.2659C>T	p.Arg887X	Nonsense	Premature stop codon
64	12	12	40	c.2673dupC	p.Ala895SerfsX49	Duplication	Frameshift
65	33	9	40	c.2673delC	p.Pro893ArgfsX135	Deletion	Frameshift
66	9	14	41	c.2710C>T	p.Arg904Cys	Missense	Arginine-to-cysteine substitution[20]
67	18 (8 at examination)	0	41	c.2710C>T	p.Arg904Cys	Missense	Arginine-to-cysteine substitution[20]
68	70	9	41	c.2715dupT	p.Gly906TrpfsX38	Duplication	Frameshift
69	40	17	41	c.2719dupC	p.Gly909ArgfsX35	Duplication	Frameshift
70	44	9	42	c.2813delC	p.Pro938LeufsX90	Deletion	Frameshift
71	58	9	42	c.2839C>T	p.Gln947X	Nonsense	Premature stop codon
72	12	10	42	c.2862C>T	p.Gly954Gly ^b	Synonymous	Frameshift
73	11	8	IVS 43	c.3003+1G>A	ND	RNA processing	ND
74	20	13	IVS 43	c.3003+5G>A	p.Gly966_Ser1001del; p.Gly990GlyfsX1 ^a	RNA processing	Deletion; frameshift
75	32	16	44	c.3081_3087delGACGGT insCCTGG	p.Thr1028LeufsX100	Deletion/insertion	frameshift
76	18	17	44	c.3106C>T	p.Arg1036X	Nonsense	Premature stop codon
77	39	14	44	c.3106C>T	p.Arg1036X	Nonsense	Premature stop codon
78	10	11	44	c.3106C>T	p.Arg1036X	Nonsense	Premature stop codon
79	47	13	44	c.3106C>T	p.Arg1036X	Nonsense	Premature stop codon
80	45	10	44	c.3106C>T	p.Arg1036X	Nonsense	Premature stop codon
81	49	13	IVS 44	c.3111+1G>T	p.Glu1033LysfsX4	RNA processing	Frameshift
82	8	11	IVS 44	c.3112-1G>A	p.Gly1038GlufsX92	RNA processing	Frameshift
83	29	12	45	c.3137delC	p.Pro1046LeufsX84	Deletion	Frameshift
84	8	12	45	c.3137dupC	p.Gly1047TrpfsX11	Duplication	Frameshift
85	17	13	45	c.3138delT	p.Gly1047AlafsX83	Deletion	Frameshift
86	20	12	46	c.3228delT	p.Gly1077AlafsX53	Deletion	Frameshift
87	35	18	46	c.3258_3261delAGAC	p.Asp1087GlufsX42	Deletion	Frameshift
88	42	9	47	c.3325delC	p.Gln1109ArgfsX21	Deletion	Frameshift
89	18	11	48	c.3392G>C	p.Gly1131Ala	Missense	Glycine substitution
90	8	11	50	c.3574C>T	p.Arg1192X	Nonsense	Premature stop codon
91	47	16	50	c.3574C>T	p.Arg1192X	Nonsense	Premature stop codon
92	40	18	50	c.3574C>T	p.Arg1192X	Nonsense	Premature stop codon
93	42	11	51	c.3623delC	p.Pro1208LeufsX19	Deletion	Frameshift
94	33	12	51	c.3641dupC	p.Gly1215TrpfsX38	Duplication	Frameshift
95	41	10	51	c.3864-3865delCT	p.Cys1289ProfsX3	Deletion	Frameshift
96	11	10	51	c.3878G>A	p.Trp1293X	Nonsense	Premature stop codon
97	55	12	52	c.3891_3898dupCTAC TGGA	p.Ile1300ThrfsX15	Duplication	Frameshift
98	53	12	52	c.3903delC	p.Asn1303ThrfsX9	Deletion	Frameshift

Table 1 (Continued)

Patient ID	Age (years)	Score	Exon/ intron	cDNA	Protein	Mutation type	Mutation effect
99	52	17	IVS 52	c.4074+1 G>T	p.Gln1238_Leu1411del; p.Trp1348CysfsX17 ^a	RNA processing	Deletion; frameshift
100	8	10	IVS 53	c.4317+2T>C	ND	RNA processing	ND

Indication N-propeptide (p.26–181) – triple helical domain (p.201–1214) – C-propeptide (p.1242–1487)

IVS, intervening sequence; ND, not determined.

Items in italics represent recurrent mutations.

Exons are numbered 1–54.

cDNA mutations are numbered starting from the first base of the start codon (ATG) of the cDNA reference sequence (GenBank accession number NM_001844).

Amino-acid mutations were numbered from the first Methionine of the $\alpha 1$ (II) collagen chain (GenBank L10347).

Score as calculated by the proposed scoring system in Table 2.

^aSplice site mutations with multiple isoforms: see **Supplementary Figure 1**.

^bSynonymous mutation: see **Supplementary Figure 2**.

Two mutations were located in the alternatively spliced exon 2. The first mutation, a duplication of 23 nucleotides (c.211_233dup; p.Glu79ThrfsX2) causes a frameshift that leads to a premature stop codon within the exon itself. The patient with this mutation only had ocular features (retinal detachment) of Stickler syndrome as expected, as exon 2 is retained in the eye but spliced out in the cartilage.^{21–23} The second patient had the deletion c.264_276del; p.Cys89SerfsX24 that causes a frameshift with a premature stop codon in exon 3. However, this patient had both ocular and extraocular manifestations of Stickler syndrome, including vitreal abnormalities, a retinal detachment, flat face, sensorineural hearing loss, arthropathy and epiphyseal changes on radiographs.

In the skin fibroblasts or the EBV cell line available from 13 patients with 12 different splice site alterations, cDNA analysis showed that each splice site alteration resulted in a premature stop codon (data not shown). For the three splice site mutations, multiple isoforms of mRNA were detected. In each case, at least one isoform harbored a premature stop codon (Supplementary Figure 1: isoforms A3, B2 and C2). In the additional isoforms A1, B1 and C1, only skipping of the adjacent exon was observed. In the C1 isoform, skipping of all three consecutive exons (51–53) had occurred. These exons constitute the carboxypropeptide of the procollagen $\alpha 1$ (II)-chain, which is necessary for chain association and initiation of the triple helix formation.²⁴ Consequently, the resulting truncated protein will most likely be lost and not incorporated into the collagen trimer. In the isoform A2, exon 7 was deleted but intron 5 retained, the latter containing an in-frame stop codon. Both patients harboring the c.430-1G>C and c.4074+1G>T splice site mutation suffered from myopia, vitreoretinal abnormalities and spontaneous retinal detachments. They also showed a flat face. The individual with the c.3003+5G>A splice site mutation was born with a Pierre Robin anomaly and had myopia, a retinal detachment and cataract. He also suffered from conductive hearing loss. His affected father had a history of spontaneous bilateral retinal detachments in childhood.

One patient was heterozygous for a synonymous mutation (c.2862C>T; p.Gly954Gly) in exon 42. As this mutation was cosegregating with Stickler syndrome in the affected family, the pathogenic effect was further explored at the mRNA level. cDNA analysis showed that this mutation generated a cryptic splice site 35 nucleotides upstream of the normal donor splice site in intron 42, resulting in a frameshift with a premature stop codon (Supplementary Figure 2).

The nonsense (p.Trp1293X) and frameshift mutations (p.Cys1289ProfsX3, p.Ile1300ThrfsX15, p.Asx1303ThrfsX9) residing in the carboxypropeptide were predicted to result in NMD as they

occur before the last 50 nucleotides of the last exon–exon junction (Table 1).²⁵ In the patient with the splice site alteration in intron 53 (c.4317+2T>C), the splice site prediction program (http://www.fruitfly.org/seq_tools/splice.html) computed an insertion of a part of the intron 53 containing an in-frame stop codon.

As only 100 mutations were identified in a series of 188 patients, we decided to expand the molecular analysis with MLPA to explore the possibility of missed intragenic deletions. For this analysis, we selected 20 patients in whom we strongly suspected the diagnosis of Stickler syndrome because of the presence of severe myopia, retinal detachment and/or cleft palate. However, no additional mutations were identified in these affected individuals.

In the next step, we evaluated the clinical and radiographic features in our series of 188 patients and looked for differences between the mutation-positive ($n=100$) and mutation-negative ($n=88$) groups. The results are summarized in Figure 1. A positive family history, orofacial anomalies (cleft palate, low nasal bridge, flat face, micrognathia) and vitreoretinal changes were more frequently (P -value ≤ 0.05) present in the mutation-positive group. On the other hand, sensorineural hearing loss was observed more frequently in the mutation-negative group ($P < 0.005$). Overall, 20 of 23 of the sporadic patients with a *COL2A1* mutation had either a cleft palate or retinal detachment(s) with vitreous anomalies and myopia.

To determine the discriminating power of these features, we conducted a binary logistic regression analysis. The following characteristics were most distinguishing between both groups: (1) vitreous abnormalities, (2) retinal abnormalities, (3) history of retinal tear and/or detachment, (4) low nasal bridge, (5) cleft palate, (6) micrognathia and (7) positive family history (Figure 2). On the basis of the regression coefficient of each distinguishing characteristic, a specific scoring system was proposed. The highest score (score 5) was attributed to retinal abnormalities and positive family history, a score of 4 was assigned to the cleft palate and vitreous abnormalities, a retinal tear and/or detachment represented a score of 3, whereas low nasal bridge and micrognathia received the lowest score (score 1) (Table 2). When applying this scoring system to each patient, we observed a higher median score for patients with a *COL2A1* mutation compared with those without a mutation (11.5 *versus* 6). The calculated score ranged from 0 to 21 with a theoretical maximum of 23. The distribution of the score for mutation-positive and mutation-negative cases is shown in Figure 3. Overall, 75% of the patients with a *COL2A1* mutation had a total score ≥ 9 (Figure 4). The presence of vitreoretinal anomalies and a retinal detachment yields a total score of 12, illustrating the importance of a thorough ophthalmological evaluation in patients with Stickler syndrome.

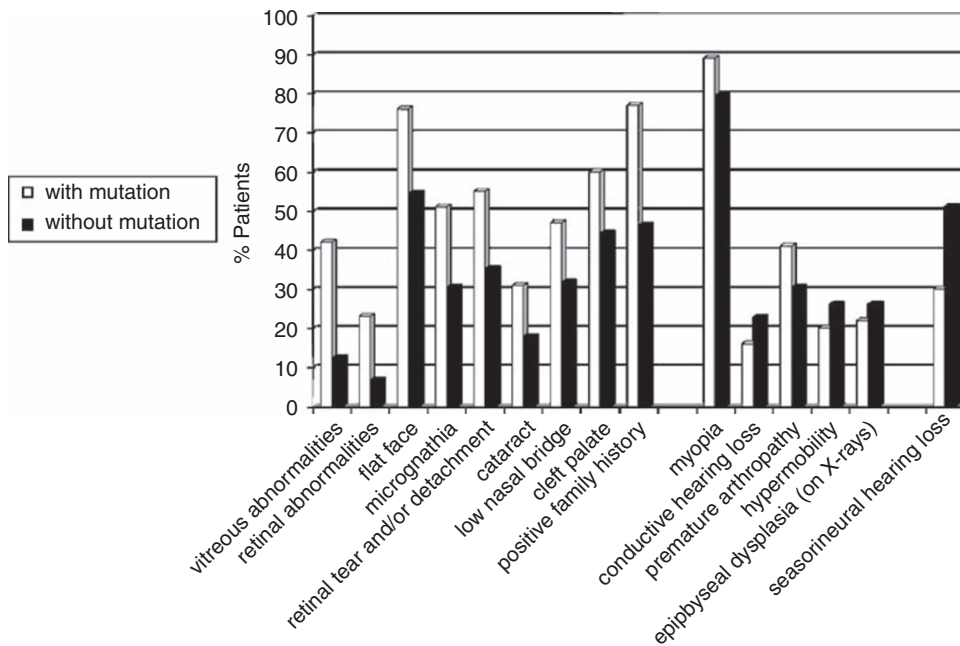


Figure 1 Frequency of clinical and radiographic characteristics in patients with a *COL2A1* mutation (white bars) and patients without a *COL2A1* mutation (black bars). From left to right: the first nine characteristics have a P -value ≤ 0.05 , the next five characteristics are not statistically significant and the remaining characteristic (sensorineural hearing loss) shows reverse significance with P -value < 0.005 .

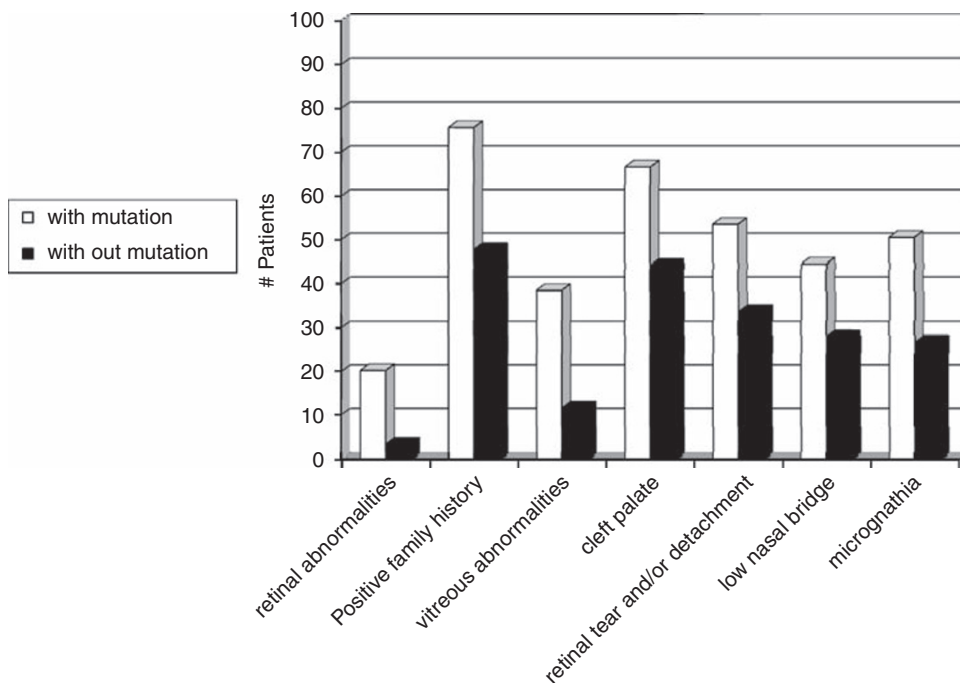


Figure 2 Frequency of the seven most distinguishing characteristics in both mutation-negative and mutation-positive groups.

DISCUSSION

In the past decade, we have identified a large series of *COL2A1* mutations in a group of patients referred with the diagnosis of Stickler syndrome. The availability of these data prompted us to retrospectively analyze both genotype and phenotype of these patients. In this study, we aimed to define more precisely the phenotype of Stickler

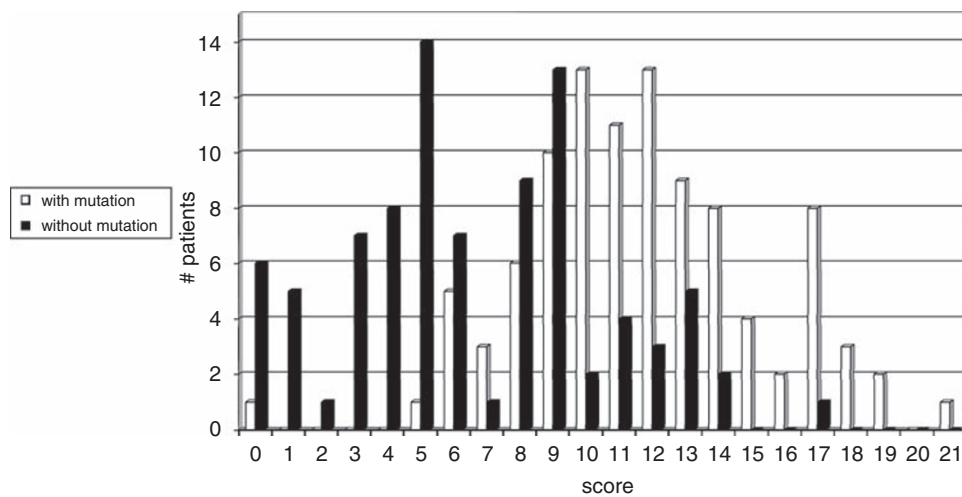
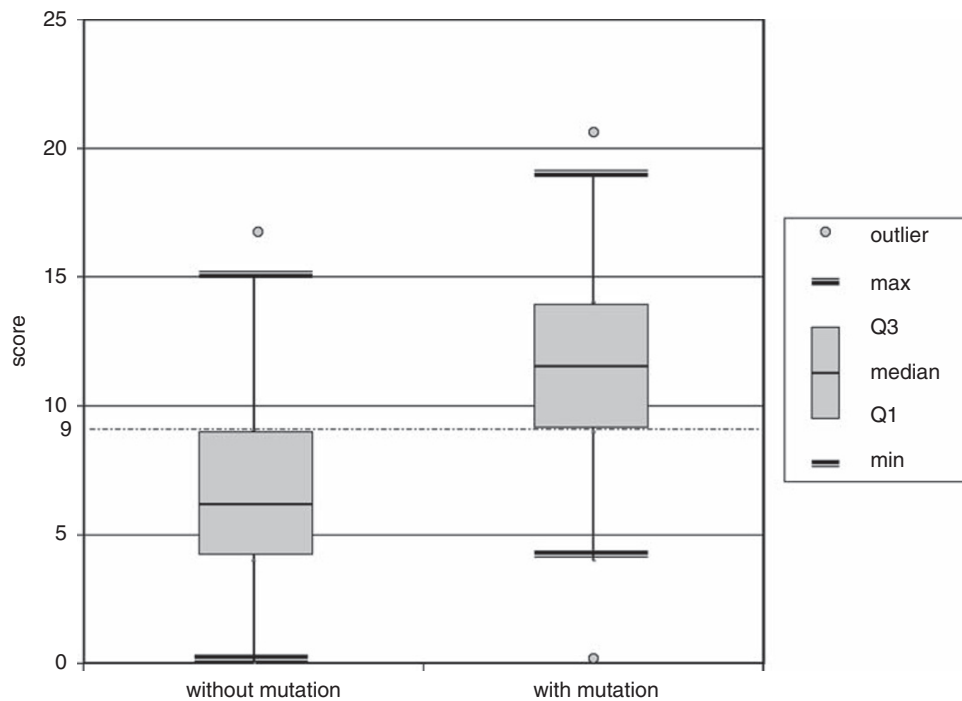
syndrome type 1 and were interested in identifying discriminating features between patients with and without a *COL2A1* mutation. In addition, we wanted to investigate in what respect Stickler syndrome type 1 mutations were different from other *COL2A1* mutations causing the type II collagenopathies with short stature. More precisely, we wanted to learn whether all Stickler syndrome mutations were

Table 2 Proposed scoring system

Characteristics	Score
Retinal abnormalities	5
Positive family history	5
Vitreous abnormalities	4
Cleft palate	4
Retinal tear and/or detachment	3
Low nasal bridge	1
Micrognathia	1
Total score	23

predicted to exert a loss-of-function effect on the procollagen $\alpha 1(\text{II})$ -chain.

Sufficient clinical and radiographic data were available on 188 probands, and in 100 of these individuals, a heterozygous *COL2A1* mutation was identified. The 77 different mutations were distributed over the entire gene, and no regions of mutation clustering were found. In all, 13 mutations were observed in more than 1 proband, with 10 involving a CpG dinucleotide. One patient was heterozygous for a deletion of the entire gene and details have been published earlier.¹⁹ The 34 smaller and intragenic deletions, insertions, duplications and insertion–deletions were all out of frame and therefore predicted to result in NMD. A similar effect was shown for the

**Figure 3** Overlap in total score between mutation-positive and mutation-negative groups of patients.**Figure 4** Box plot presentation of the total scores in both patient groups with Q1 representing the first quartile or 25th centile and Q3 representing the third quartile or 75th centile. Max indicates the maximum score, and min the minimum score, that is not an outlier or that is within 1.5 times the interquartile range (Q1–Q3). Overall, 75% of the patients with a *COL2A1* mutation had a total score ≥ 9 .

synonymous mutation (p.Gly954Gly), which created a cryptic splice site (Supplementary Figure 2). This mutation is the second example of an apparently silent *COL2A1* mutation that alters RNA splicing, illustrating the importance of studying the effect of so-called synonymous mutations at the mRNA level.²⁶ Analysis of cDNA also allowed us to study the effect of 12 different splice site alterations. In addition, it provided us with more insights into the complexity of mRNA splicing of the *COL2A1* gene. Each splice site mutation was shown to create at least one isoform with a frameshift and premature stop codon as a consequence (Supplementary Figure 1). In addition, some unexpected splice site outcomes were observed with skipping of one or more consecutive exons and even retention of introns more remote from the mutation. As shown before for collagen types I and V, introns are not consecutively removed in a 5'-3' direction which may explain some unusual RNA isoforms observed in our patients.^{27,28}

In addition to the above-mentioned hypomorphic mutations, seven different missense mutations were also identified in this series of patients. Five mutations (p.Gly216Asp, p.Gly219Arg, p.Gly222Val, p.Gly492Asp and p.Gly1131Ala) were predicted to result in a glycine substitution. Glycine substitutions in the triple helical domain usually have a dramatic effect by hampering proper triple helix formation of the collagen trimer. They usually result in a type II collagen disorder with either lethal outcome (achondrogenesis type 2/hypochondrogenesis) or severe short stature (SEDC, Kniest dysplasia). After review of the literature and our own data, it was observed that glycine substitutions causing these short-stature phenotypes never seem to occur amino-terminal to the glycine residue at position 303.²⁹ Glycine substitutions upstream of this residue seem to exert a less deleterious effect on collagen trimer formation and function which may explain Stickler syndrome phenotype in our patients with the p.Gly216Asp, p.Gly219Arg or p.Gly222Val substitution. For the more carboxyterminally located missense mutations, there is a less clear correlation between the location of the glycine substitution and the phenotypic outcome. The nature of the substituting amino acid may also have a role as is exemplified by the p.Gly492Val mutation that causes SEDC³⁰ and the Gly492Asp mutation that results in Stickler syndrome (our series).

Not only missense mutations substituting a glycine residue were identified but also two different missense mutations changing an arginine for a cysteine residue (Arg565Cys and Arg904Cys) were found in a group of five patients. These substitutions involve an arginine residue in the X position of the Gly-X-Y triplet.^{20,31} As we reported earlier, substituting an arginine in the X position seems to cause Stickler syndrome, whereas substituting an arginine in the Y position rather causes a type II collagenopathy without ocular involvement.²⁰ Cysteine residues are normally not present in the triple helical domain of the procollagen $\alpha 1(\text{II})$ -chain.²⁴ The insertion of such a residue may generate aberrant disulfide bonds between mutant procollagen chains and as such may hamper proper chain alignment and trimer formation. Under these circumstances, the mutation may exert a loss-of-function effect on the protein.

The second major goal of this study was to delineate the phenotype of Stickler syndrome type 1 and to try and identify distinguishing characteristics between patients with and without a *COL2A1* mutation. In the group of 100 patients with a mutation, 89% had myopia and 55% suffered from at least one episode of spontaneous retinal detachment. Vitreous abnormalities were identified in 42% of the affected individuals, but it proved difficult for most referring ophthalmologists to classify these anomalies into either a type 1 or type 2 vitreous anomaly. Overall, 60% of the mutation-positive patients presented with a cleft palate at birth. Binary logistic regression analysis

showed that the ocular and orofacial features were the most distinguishing clinical characteristics between both groups. An affected first-degree relative, the presence of vitreoretinal anomalies and cleft palate were good indicators for Stickler syndrome type 1. Their presence in a patient with Stickler syndrome increases the likelihood of finding a *COL2A1* mutation on molecular analysis. On the other hand, severe sensorineural hearing loss was more frequently observed in the mutation-negative group (Figure 1). The latter confirms the findings of previous studies indicating that hearing loss is more prevalent and pronounced in type 2 Stickler syndrome.³ Some features (such as myopia) were not included in the scoring system because they were frequently reported in both groups and thus only had a weak discriminating power. Interestingly, there was no statistical difference in the occurrence of early-onset osteoarthritis and spondyloepiphyseal anomalies between the group with and without a *COL2A1* mutation. When applying the proposed score system, a higher total score was found in the group of patients with a *COL2A1* mutation (Figures 3 and 4), which is in contrast to previous studies in which no differences were observed.³² Nevertheless, a considerable overlap between both groups was present. This overlap is most likely due to an age-of-onset effect in the mutation-positive group and genetic heterogeneity in the mutation-negative group. In the latter group, individuals with a *COL11A1* mutation may be present (especially those with severe hearing loss), as well as patients with an undetected *COL2A1* mutation (false-negative patients). Indeed, samples referred at the beginning of the study were analyzed with less sensitive mutation screening techniques, such as SSCP and CSGE. In addition, deletions involving one particular amplicon will be missed by sequencing analysis. However, MLPA analysis in a selected group of patients failed to unravel new mutations. In addition, regions outside the coding sequences such as the promoter were not analyzed in this study. Lower scores in the mutation-positive group may be attributed to the young age of the affected individuals not yet showing all features (such as retinal detachments) of Stickler syndrome type 1. Of the 16 cases with a score of ≤ 8 , 14 were < 14 years of age (Table 1).

In conclusion, this study conducted in a large series of patients, confirms that Stickler syndrome type 1 is predominantly caused by loss-of-function mutations in the *COL2A1* gene. Only 10% of the gene alterations were missense mutations residing in the triple helical domain, some of which may still exert a hypomorphic effect (such as the arginine-to-cysteine substitutions). Vitreoretinal abnormalities including the occurrence of a retinal tear or detachment were statistically more frequent in Stickler syndrome patients with a *COL2A1* mutation compared with those without a mutation. Together with cleft palate and a positive family history, these characteristics were shown to be good indicators for a type II collagen defect (in contrast to severe sensorineural hearing loss). Finally, binary regression analysis allowed us to develop a scoring system that highlighted the importance of a thorough vitreoretinal assessment when evaluating individuals suspected with Stickler syndrome type 1.

CONFLICT OF INTEREST

The authors declare no conflict of interest.

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