

## LETTERS

### Symptom of cultural narcissism

Thank you for this reminder<sup>1</sup> that health is so much more than health care, and is inevitably bound up in relationships. Perhaps the current unmet needs among Canada's Indigenous people are a symptom of a particular kind of cultural narcissism, one that deems the well-being of certain kinds of people to be more important than that of others — based on cultural identity. I hope we can build bridges, both interpersonal and structural, that will embody mutual respect and innovative approaches, between colonial and Indigenous societies.

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#### **Reference**

1. McKennitt DW. Inequity a root cause of poor health among Indigenous peoples [letter]. *CMAJ* 2018; 190:E807.

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