

Research Article

Synthesis of Hollow Silica Nanospheres by Sacrificial Polystyrene Templates for Thermal Insulation Applications

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Monodisperse polystyrene (PS) spheres with controllable size have been synthesized by a straight forward and simple procedure. The as-synthesized PS spheres have a typical diameter ranging from ~180 nm to ~900 nm, where a reduced sphere size is obtained by increasing the polyvinylpyrrolidone (PVP)/styrene weight ratio. The PS spheres function as sacrificial templates for the fabrication of hollow silica nanospheres (HSNSs) for thermal insulation applications. By modifying the silica coating process, HSNSs with different surface roughness are obtained. All resulting HSNSs show typically a thermal conductivity of about 20 mW/(mK), indicating that the surface phonon scattering is probably not significant in these HSNS samples.

1. Introduction

A substantial amount of the total heat loss of residential buildings passes through the opaque building envelopes, as these components normally account for the largest contact area towards the outside environment. As the demand for energy efficiency in building codes becomes increasingly stringent, it is necessary to reduce the unwanted thermal loss of existing and future building envelopes. This can either be done by increasing the wall thickness when conventional thermal insulation materials such as mineral wool or expanded polystyrene (EPS) is used, or install state-of-theart superinsulating materials such as aerogel blankets/mats or vacuum insulation panels (VIPs). Increased wall thickness is unwanted as floor space is lost and/or modification of the adjoining building elements becomes necessary. Major downsides with state-of-the-art insulation materials of today are their high cost (VIP and aerogel), their fragility, risk of puncturing, no building site adaptation, and ageing issues (VIP).

An alternative to meet the demands of the future regarding thermal resistance of building envelopes is to develop a *new generation* of thermal insulation materials. One path which can be followed, is to create nano insulation materials (NIMs), which aim to utilize physical principles such as the Knudsen effect to reduce the thermal conductivity of the material to a minimum [1]. A NIM is a homogeneous, nanostructured material with closed or open nanosized pores where the gas molecules in the pores are more likely to collide with the pore walls rather than with each other, see Figure 1 [2]. The overall property of NIM can be controlled by tuning, for example, the pore sizes (i.e., D or L in Figure 1), the chemical composition of the matrix materials, and the packing manner/density. For example, Luo and Ye have reported recently a nanofoam consisting of polymer nanocapsules [3], of which the thermal conductivity is about 0.016-0.023 W/(mK), depending on the sizes of the nanocapsules. Similar results have also been reported for inorganic materials such as hollow silica nanospheres (HSNSs) [2, 4, 5].



FIGURE 1: Conceptual model of a hollow nanosphere NIM with a description of the pore size D and shell thickness L (a) and a representative TEM image of hollow silica nanospheres (b) [2].

The Knudsen equation relating the mean free path of the gas molecules and the average diameter of the pores may be written as

$$\lambda_{\rm gas} = \frac{\lambda_{\rm gas,0}}{1 + 2\beta {\rm Kn}},\tag{1}$$

where

$$Kn = \frac{\sigma_{mean}}{\delta} = \frac{k_B T}{\sqrt{2\pi d^2 p \delta}},$$
 (2)

where λ_{gas} is the thermal conductivity of the gas inside the nanosized pores, $\lambda_{gas,0}$ is the thermal conductivity of the gas at STP, β is the energy transfer efficiency of the molecule-wall collision (a unit-less number between 1.5 and 2.0), Kn is the Knudsen number, σ_{mean} is the mean free path of the gas molecules (m), δ is the characteristic pore size of the material (m), *d* is the collision diameter of the gas molecules (m), *p* is the gas pressure inside the pores (Pa), and *T* is the temperature (K). It is evident that for pores with diameters of a few nanometers, the Knudsen number becomes very large, resulting eventually in $\lambda_{gas} \rightarrow 0$. Taking HSNSs with pore sizes of about 100 nm in dimension as an example, a reduced gaseous thermal conductivity λ_{gas} of about 0.008 W/(mK) can be obtained, compared to the thermal conductivity value of 0.026 W/(mK) for air at STP.

The objective of this work is to attempt to make a NIM from HSNSs. There are several parameters which may be important to determine the overall properties of HSNS NIMs, for example, the dimensions of the pore and the thickness of the silica shell. Moreover, the surface roughness of the HSNSs is likely to have an effect on the thermal conductivity of the final product. For example, research on thermoelectric materials has shown that the thermal conductivity of materials is reduced with an increased amount of phonon scattering within the material [6, 7]. It is therefore reasonable to assume that a shell built up from many small silica nanoparticles has a higher degree of phonon scattering, and thus a lower thermal conductivity, compared to a shell consisting of larger silica nanoparticles.

2. Experimental

2.1. Materials. Reagent grade styrene (St), polyvinylpyrrolidone (PVP, molecular weight \approx 40 000), potassium persulfate (KPS), tetraethyl orthosilicate (TEOS), ammonium hydroxide solution (NH₄OH, 28–30 wt%), absolute ethanol (EtOH, >99.8%), and 96% ethanol were received from Sigma-Aldrich and used without further purification. Distilled water was used throughout the synthesis.

2.2. Preparation of PVP-Stabilized Polystyrene Templates with Varying Size. 10 g of styrene and a given amount of PVP were added to 90 g of distilled water in a 250 mL Erlenmeyer flask. The mixture was magnetically stirred at 300 rpm for 15 min. Thereafter, a diluted KPS aqueous solution (0.10 g KPS in 10 g water) was added to the styrene/H₂O mixture before the flask was immersed in an oil bath. The temperature of the oil bath was gradually increased to 70°C. The solution was left at this temperature for ~24 hours, after which it was cooled down to room temperature.

2.3. Coating the Polystyrene Templates with Silica. 190 g of EtOH (100% and/or 96%) and 12 g of polystyrene templates in suspension (created with a PVP/styrene weight ratio of 0.10, see also Table 1) were magnetically stirred for 15 min before 3 mL of NH₄OH was added. 20 mL of TEOS solution (10 mL of TEOS in 10 mL of 96% EtOH) was used for each coating procedure. By varying the TEOS concentration during the reaction, four different samples were obtained for comparison as follows:

Sample A: TEOS solution added into a 100% EtOH/PS solution;

Sample B: TEOS solution added into a 96% EtOH/PS solution;





FIGURE 2: SEM images of polystyrene templates created with a PVP/styrene-ratio of 0.005 (a) and 0.0075 (b), 15 k magnification.

Sample C: TEOS solution added (5 times, 4 mL each time) into a 96% EtOH/PS solution;

Sample D: TEOS solution added (100 times, 0.2 mL each time) into a 96% EtOH/PS solution.

Here, the concentration of TEOS in Sample A was high in the beginning; for Sample D, the concentration of TEOS was lower initially.

The silica-coated PS templates were extracted by centrifugation at 8000 rpm for 10 min. The samples were left to airdry overnight before the polystyrene cores were removed by annealing at 500°C for 5 hours in air.

2.4. Characterization. The size and morphology of the assynthesized materials were characterized with a Hitachi S-5500 scanning electron microscope (SEM), which was also equipped with a transmission mode. A small sample of the solution containing the particles was dripped onto a TEM grid and dried naturally in air. The particles were studied with secondary electrons and an acceleration voltage of 10 kV and a current of $7 \,\mu$ A was set as a standard, whereas 30 kV was used in bright field transmission mode.

The thermal conductivity of the resulting materials was measured on a Hot Disk TPS 2500S Thermal Constants Analyser. As the amount of sample material was scarce, a small sensor with a diameter of 3.189 mm was utilized.

PVP/styrene-ratio	Average diameter (nm)*
0.0050	900 ± 30
0.0075	475 ± 4
0.010	355 ± 6
0.050	281 ± 1
0.10	228 ± 1
0.15	178 ± 1

* The uncertainties are given as two times the standard deviation of the mean, that is, with a confidence interval of 95.45%.



FIGURE 3: Average diameter of the polystyrene templates as a function of PVP/styrene-ratio.

3. Results and Discussion

There are several techniques which may be employed to create monodisperse PS spheres, one of which is emulsifierfree emulsion polymerization [8]. Several reports have been published where, for example, the initiator and stabilizer type and concentration, and the styrene concentration and the reaction temperature, have been varied [9–11]. These parameters have an effect on both the size and the monodispersity of the resulting PS spheres.

The PVP/styrene-ratio had a prominent effect on both the resulting average size and the degree of monodispersity of the PS spheres [9, 11]. In this work, it is found that the effect of varying the PVP/styrene-ratio was largest when the ratio was small; that is, the largest change in PS particle size was observed at PVP/styrene-ratio close to zero. Here, a 50% increase in the amount of stabilizer (from 0.05 g PVP to 0.075 g) leads to a halving of the resulting particle size (from ~900 to 475 nm, see Figure 2), while a 50% increase from, for example, 1 g to 1.5 g decreased the average particle size by only ~20%. The results of controlling the size of the polystyrene templates by varying the PVP/styrene weight ratio are presented in Table 1.

Hence, the relationship between PVP/styrene-ratio and the average PS particle size is not linear in nature, as can be depicted from Figure 3.

Interestingly, silica nanoparticles do not stick to polystyrene templates made with a PVP/styrene-ratio of 0.0075, but



FIGURE 4: SEM images of (a) for Sample A, (b) for Sample B, (c) for Sample C, and (d) for Sample D. The PS template is within the spheres.

they do attach when the ratio is increased to 0.05. It indicates the role of surface absorbed PVP molecules on attracting primary silica particles from the solution. When the coverage of PVP is not sufficient, that is, at low PVP/styrene-ratio, their buffering effect is not strong enough to mask the negative charge of the PS particles, which is due to the presence of sulfate groups [11]. Hence, the negatively charged silica particles are repelled from the template and do not cover the polystyrene particles. In this regard, polystyrene templates with a positively charged surface seem interesting. Ongoing research is carried out by mixing styrene with various comonomers to create *positively* charged PS templates.

Experiments were also carried out to investigate if the surface roughness of the silica coating could be controlled, and if varying the surface roughness would affect the resulting bulk thermal conductivity of the final products. The amount of water in the synthesis did have a small effect on the size of the silica nanoparticles coating the polystyrene templates, and hence, the surface roughness of the hollow silica spheres. This may be explained by how presence of water is vital for hydrolysis of TEOS to take place. If less water is present, the hydrolysis reaction runs slower and smaller silica particles stick to the PS template before they are allowed to grow any larger. It was also assumed that the concentration of TEOS had a certain effect, but this showed to be of less importance. The appearance of the silica-coated polystyrene templates did not differ to a great extent, which is demonstrated in Figure 4. In general, the surface roughness of Sample B, C, and D is quite similar, whereas the silica nanoparticles constituting

TABLE 2: Average thermal conductivity of the four samples created by various coating procedures.

Sample name	Average thermal conductivity (mW/(mK))*
А	21 ± 3
В	21 ± 1
С	23 ± 2
D	20 ± 2

* The uncertainties are given as two times the standard deviation of the mean, that is, with a confidence interval of 95.45%.

the shell of the hollow silica sphere in Sample A are slightly smaller as the amount of water present has been restricted.

The SEM photos in Figure 5 verify that none of the four samples collapsed during the heat treatment when burning off the PS polymer core at 500°C.

It should be noted that a large variation of thermal conductivity values is obtained both within one set of testing procedure and between different testing procedures. Hence, the results of various combinations of heating power and measurement time with the Hot Disk apparatus were analyzed and an average of the most trustworthy conductivity values was calculated. What could be considered as a trustworthy conductivity was one that met all the requirements set by the Hot Disk instrument manufacturer. The average thermal conductivities of the four samples with corresponding uncertainties are shown in Table 2, depicting similar thermal



FIGURE 5: SEM images of (a) for Sample A, (b) for Sample B, (c) for Sample C, and (d) for Sample D after removal of PS templates.

conductivity values for all four samples within an uncertainty of two times the standard deviation of the mean, that is, with a confidence interval of 95.45%.

4. Conclusions

The size of the polystyrene (PS) templates could easily be controlled by adjusting the PVP/styrene weight ratio. As the polystyrene spheres and the silica nanoparticles both are negatively charged, there is a minimum amount of stabilizer (PVP) which is necessary for the silica nanoparticles to stick to the PS template. The minimum ratio lies between 0.0075 and 0.05, as PS templates created by a PVP/styrene-ratio of 0.0075 do not attract silica nanoparticles and those created by a ratio of 0.05 do. It is likely that the surface roughness of the hollow silica spheres can be controlled by varying the amount of water in the synthesis solution and should hence be subject to further studies.

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