

## **Systematic Review of Factors Influencing the Adoption of Information and Communication Technologies by Healthcare Professionals**

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## **Abstract**

This systematic review of mixed methods studies focuses on factors that can facilitate or limit the implementation of information and communication technologies (ICTs) in clinical settings. Systematic searches of relevant bibliographic databases identified studies about interventions promoting ICT adoption by healthcare professionals. Content analysis was performed by two reviewers using a specific grid. One hundred and one (101) studies were included in the review. Perception of the benefits of the innovation (system usefulness) was the most common facilitating factor, followed by ease of use. Issues regarding design, technical concerns, familiarity with ICT, and time were the most frequent limiting factors identified. Our results suggest strategies that could effectively promote the successful adoption of ICT in healthcare professional practices.

## Keywords

Systematic review; Adoption factors; Information and communication technologies (ICTs); ICT adoption by healthcare professionals

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## Introduction

Information and communication technologies (ICTs) encompass all digital technologies that facilitate the electronic capture, processing, storage, and exchange of information. ICTs have the potential to address many of the challenges that healthcare systems are currently confronting. ICT applications could improve information management, access to health services, quality and safety of care, continuity of services, and costs containment [1]. What is more, patients want clinicians to use ICTs [2]. With increasing computerisation in every sector of activity, ICTs are expected to become tools that are part of healthcare professional practice. Nevertheless, it appears that several ICT applications remain underused by healthcare professionals [3, 4]. Healthcare organisations, particularly physician practices, are often pointed out as noticeably lagging behind in the adoption of these technologies [5]. Human and organisational factors have frequently been identified as the main causes of ICT implementation failure [6–8].

Although barriers and facilitators to ICT adoption in healthcare settings are described to a certain extent in the literature, only a few studies have systematically reviewed factors influencing the adoption of different types of ICTs [5, 9–12]. Furthermore, there is no consensus on the categorisation of barriers and facilitators related to ICT adoption since most of these reviews have looked at those factors from a specific angle. In addition, they have rarely considered the external validity of factors that could affect healthcare professionals' ICT adoption.

The present study aimed at systematically reviewing factors that are positively or negatively associated with ICT adoption by healthcare professionals in clinical settings. This review complements a Cochrane systematic review on the effectiveness of interventions for promoting ICT adoption [13]. Furthermore, this review allowed us to highlight the differences and similarities of factors associated with adoption between ICT types.

## Methods

### Eligibility criteria

To account for the different types of studies on factors affecting ICT adoption by healthcare professionals, a mixed studies review was conducted. A mixed studies review is a literature review that concomitantly examines qualitative, quantitative, and mixed methods studies. A mixed studies review could be conceptualized as a mixed methods research study where data consist of the text of papers reporting primary qualitative and quantitative studies in addition to mixed methods studies [14].

A study was included if: (1) a qualitative, quantitative, or mixed method methodology used to collect original data was described; (2) the intervention for promoting the adoption or the use of a specific ICT in healthcare settings (i.e. a planned strategy that goes beyond the simple provision of or access to the ICT application) was described; (3) the outcomes measured included barriers and/or facilitators to the adoption of a specific ICT application by healthcare professionals, including professionals in training (residents, fellows, and other registered health professionals) in a clinical setting. Studies reported in French, English, or Spanish were included.

### Search strategy

The literature search performed for the Cochrane review on the effectiveness of interventions for promoting ICT adoption [13] was used for this review. The search strategy based on the Effective Practice and Organisation of Care Group (EPOC) search strategy and including selected ICT terms and free text terms relating to ICT is described elsewhere [13]. The following databases were searched for studies published between January 1st, 1990 and October 1st, 2007: MEDLINE, EMBASE, CINAHL, Cochrane Database of Systematic Reviews, Ovid, Database of Abstracts of Reviews of Effects (DARE), Biosis Previews, PsycINFO, Current Content, Health Services/Technology Assessment Text (HSTAT), Dissertation Abstracts, Educational Resources Information (ERIC), Proquest, ISI Web of Knowledge, Latin American and Caribbean Health Sciences (LILACS), and Ingenta. We also searched publications citing the retrieved articles through the ISI Science Citation Index. An update of the review was made on January 12th, 2010 in MEDLINE and EMBASE.

### Data selection

Two reviewers screened all titles and abstracts for potentially eligible studies. Full texts of all potentially eligible studies were assessed by the same two reviewers.

### Data abstraction and classification of barriers and facilitators

A data extraction form was developed applying a combination of deductive and inductive methods related to the classification of reported barriers and facilitators to ICT adoption in healthcare settings. Following established theoretical concepts [5, 9, 15–18] and previous work by Legaré et al. that developed a classification of barriers and facilitators to implementation of shared decision-making in healthcare settings [19–21] a data extraction form was created. This grid allowed the initial classification of the factors facilitating or

limiting ICT adoption. The grid was improved as other emergent categories were added during the review process.

Data regarding authors, year of publication, type of technology, participants and sample size, care setting, intervention, study design, data collection, and barriers and facilitators were abstracted.

### Quality assessment

A scoring system for appraising the quality of qualitative, quantitative and mixed methods studies developed by Pluye et al [14] was used in this review. This appraisal tool calculates the quality score of a study by dividing the number of positive responses (presence of criteria that was scored 1) by the number of “relevant criteria”  $\times 100$ . This assessment was performed by two independent reviewers and discrepancies were resolved by consensus. This appraisal tool could be used to exclude studies based on their poor methodological quality. However, given the exploratory purpose of our review, we chose not to exclude any studies on the basis of their methodological quality. The quality scores of the studies included are presented in Appendix 1.

### Synthesis

A narrative synthesis was performed to summarize the evidence. Narrative synthesis is the process of synthesising primary studies to explore heterogeneity descriptively rather than statistically [22]. This type of synthesis provides an overall picture of current knowledge that can inform policy and practice decisions in relation to a particular topic [23].

## Results

### Description of the studies

A total of 1,986 titles and/or abstracts from the Cochrane review database were assessed for eligibility; 244 articles were retained for detailed evaluation. Of these, 141 studies were excluded from the review because they did not meet inclusion criteria. One hundred and six (106) articles fulfilled the inclusion criteria of the review, with four studies reported in two (or three for one of them) distinct articles. The review therefore included 101 studies. [6, 24–123]. The study selection flow diagram is shown in Fig. 1.

The characteristics of included studies are summarised in Appendix 1. The types of ICT covered were: Electronic Medical or Health Records (EMR/EHR) or Clinical Patient Records (CPR) ( $n=23$ ); Clinical Information Retrieval Technology (CIRT) (online databases, digital libraries, online guidelines) and computers ( $n=21$ ); Personal Digital Assistants (PDAs or handheld devices) ( $n=13$ ); Hospital, clinical and nursing information systems (HIS, CIS, NIS) ( $n=10$ ); Computer-based Decision Support Systems (CDSS) ( $n=8$ ); Computerised Provider Order Entry systems (CPOE) ( $n=5$ ); Telemedicine and Telehealth ( $n=5$ ); e-learning ( $n=4$ ); Picture Archiving and Communication Systems (PACS) ( $n=2$ ); e-prescribing ( $n=2$ ); Point-of-care computing (POC) ( $n=2$ ); others (laboratory reporting system, clinical reminder system, email between provider and patient, Internet portal for patient education, Internet-based network services, smart phones) ( $n=6$ ).

In most cases, the setting of care was a hospital. Participants were physicians (including residents) in 38 studies (37%); nurses in 17 studies (17%); mixed clinical staff (physicians, nurses, and others such as pharmacists) in 25 studies (25%); and clinical but also clerical staff, managers or members of the implementation project in 21 studies (21%). More than half of the studies ( $n=53$ ; 52%) took place in North America, 40 in the United States (40%) and 13 in Canada (13%). A number of studies were from the UK ( $n=11$ ; 11%), 8 studies were from Australia, 4 from Sweden, 3 from Netherlands, and 3 from Denmark. 72 studies (71%) have been published since 2003, and 21 (21%) during the last two years.

Forty-nine studies (48%) had a qualitative research approach, using one or more of the following methods for data collection: interviews, focus groups, observation, and document analysis. Twenty-seven studies (27%) used a quantitative research approach, but only 4 of them were randomised clinical trials. Other quantitative studies were most frequently cross-sectional surveys. Twenty-five studies (25%) used a mix of qualitative and quantitative methods. Interviews, focus groups, and questionnaires with open and closed questions were the methods used for data collection in these studies.

Most studies were of good or moderate methodological quality (mean scores of 81% for qualitative studies, 77% for quantitative studies, and 67% for mixed methods studies). This score was calculated by dividing the number of positive responses by the number of “relevant criteria”  $\times 100$ . The number of criteria was 5 for qualitative studies, 3 for experimental or observational quantitative studies, and 12 for mixed studies [14] (see Appendix 2).

Most of the included studies described interventions in the context of an implementation or an attempt to introduce a specific ICT. Many different types of intervention were used. The most common was training, but this intervention varied from general instructions to intensive training sessions of different time lengths. Training could be one-to-one [28, 53, 84, 98, 105, 106, 123], tailored to users’ needs [49, 57, 72, 74, 82], or in group workshops [31, 41, 42, 52, 69, 81, 85, 104, 113]. In some studies, training was given to superusers who could then train others [63, 79, 93, 99, 116, 120]. The involvement of superusers was described in many studies. Many interventions focused on the participation of clinicians (or superusers) in the development of the ICT [32, 40, 43, 44, 91–93, 107, 112], and/or in the implementation plan [6, 37, 63, 69, 79, 92, 93, 107]. Recent studies particularly reported the development of an ICT on the basis of a user-centred design [36, 50, 55, 83, 90, 111]. Three studies included an economic intervention combined with other interventions [62, 66, 105]. Finally, many studies and particularly the more recent, described a multifaceted intervention where a mix of strategies such as training, support, and involvement of users was used to introduce the ICT. In the same way, some studies reported an implementation designed following an unsuccessful previous implementation process [33] or that attempts to address some of the barriers of the adoption or use of a ICT [56].

### Adoption factors

The final categorisation of adoption factors is presented in Table 1 (see the grid in Appendix 3). Globally, various types of factors (technological, human, and organisational) influenced the success or failure of ICT implementation. Factors facilitating ICT adoption tended to be

mostly related to the perception of the characteristics of the specific ICT application and to organisational aspects. Barriers were related to ICT characteristics too, but were also found at the individual, professional, and organisational levels. Some of the adoption factors identified were ‘multilevel’ since they could affect more than one level (e.g. *ease of use* can be seen as a characteristic of the ICT but is also related to *familiarity with ICT* at the individual level), and they were described as a facilitator by some and as a barrier by others.

**Factors related to ICT**—Perception of the benefits of the innovation (or *system usefulness*) was the most frequent adoption factor encountered in the studies. Successful cases of ICT adoption were usually characterised by a clear understanding of the benefits of the innovation by its users. *Ease of use* was the second most cited facilitator in this category. *Design and technical concerns* was one of the most cited barriers among all categories of factors. *Compatibility (or lack of)* with work process, tasks or practice was also an important adoption factor, more often a barrier than a facilitator. A frequent reason for unsuccessful implementation reported in included studies was that the information system was not a very good fit with work practices or daily clinical work. Among other factors in this category, *interoperability*, concerns about *validity of the resources (scientific quality of the information resources, content availability or relevance)*, and *cost and legal issues* were also cited several times, mostly as barriers.

**Individual and professional factors**—*Lack of familiarity with ICT* and *time consuming or increased workload* associated with ICT use were frequently reported as limiting ICT adoption at the individual level. In a context where health professionals’ *time constraints or heavy workload* was a key potential barrier to the introduction of an innovation, *time efficiency* was often viewed as an important aspect to be considered in relation with ICT adoption. *Familiarity with ICT* was a factor that affected time efficiency and that was also related to training issues (organisational factor). Successful ICT implementation generally included adequate *user training and support*. Among individual factors, *socio-demographic characteristics* (age, gender, experience, etc.) were seldom considered as ICT adoption factors.

**Human environment**—Factors associated with patients and peers could be facilitators or barriers. Twenty-nine (29) studies identified factors in this category, and all but two [55, 70] had used a qualitative or a mixed methods approach. Factors reported here were mostly barriers; they concerned *patient/health professional interaction, applicability to patients’ characteristics* and *attitude of colleagues towards ICT*. *Patients’ attitudes regarding ICT* were also cited in a small number of studies, as positive or as negative factors.

**Organisational environment: Internal environment**—In this category, the main factors that acted as barriers to ICT adoption were *time constraints* and *workload*. It is therefore not surprising that in a context where clinicians have very limited time to learn to use a new ICT, good strategies for *training* and *IT support* are needed and are important factors of implementation success. *Training* was the most cited factor in this category: it was reported a little more often as contributing positively to the success of an implementation. When it was a negative factor, training could be non-existent, but also inadequate. Another

frequent barrier to ICT adoption was linked to relationships between different professional groups: this concerned *role boundaries* and *changes in tasks*. Problems related to *material resources (access to ICT)* were also often reported as barriers in the included studies.

In a number of studies, the *presence and use of champions (or superusers)* and the *participation of end-users in the design of the ICT or to the implementation strategy* were factors that contributed to successful ICT implementation. *Organisational support and management* were also identified as factors to consider in the success of ICT implementation.

### Main adoption factors according to ICT type

There were some differences and similarities between adoption factors associated with each type of ICT. Table 2 presents those differences and similarities by emphasizing on the main facilitators and barriers according to different types of ICTs. *Perceived usefulness* was a consistent factor across all types of ICTs, but its importance varied according to the technology. In the case of Internet and computers, *perceived usefulness* was the principal adoption factor whereas *lack of familiarity with ICT* and *time constraints* were the key barriers. Except for *training*, organisational factors did not play an important role in the success or failure of the adoption of information retrieval technologies. For CPOE and PDA, organisational factors were, with *perceived usefulness*, the main factors related to successful adoption or implementation. *Design and technical concerns* was the main category of barriers to PDA adoption. In the case of EMR (or EHR) adoption, *perceived usefulness*, *ease of use* and *training* were the main factors contributing to successful implementation while *design and technical concerns*, *lack of compatibility* (with work process, values, etc), *time consuming*, *role boundaries*, and *lack of perceived usefulness* were identified as barriers to adoption. *Training* and *participation of end-users in the implementation strategy* were the main factors related to successful adoption in the case of CIS/HIS while *lack of familiarity* and *inadequate or lack of training* were among the main barriers, together with time issues (*time consuming and time constraints*).

### Discussion

This systematic mixed studies review presents an integrative and comprehensive structure of factors associated with ICT adoption, along with their relative importance for all ICTs and for specific types of ICTs used in healthcare. This review highlights many findings from previous work. For instance, the factors proposed by Davis [16] as the direct determinants of ICT adoption in his Technology Acceptance Model, *system usefulness* and *ease of use*, were the most common ICT adoption facilitators found in this review. Positive cases of ICT adoption were usually characterised by the clear perception of the benefits of the innovation (*system usefulness*) shared by its end-users. Before implementation, clinicians need to be aware of the capabilities of the system and training program must focus on influencing the attitudes of participants toward the tool [33]. *Ease of use* is a necessary basis for ICT adoption by healthcare professionals, as reported in a recent systematic review by Yusof [12]. The findings of this review are also consistent with existing literature on adoption factors in contexts other than ICT. For example, *time constraints*, which was one of the main

ICT adoption barriers cited, was also the main barrier cited to the implementation of shared decision-making in clinical practice [19].

Another reason that has often been advanced for unsuccessful implementation was the lack of fit between the ICT application and work practices [124, 125]. This lack of compatibility could be due to diverse reasons. For instance, the complexity and multidimensionality of healthcare makes that several dimensions could not be properly taken into account in the design and development of ICTs. Transferring an ICT application from a setting to another without adaptation to the context and to the different working practices and culture could also represent a serious threat to adoption.

This systematic review shows that interventions to foster implementation of ICTs in clinical practice will need to address a broad range of factors. This is congruent with other authors, such as Yarbrough and Smith [5], who concluded that time/practice-related issues, organisational issues, personal issues, and system-specific characteristics all influence physicians' acceptance of a new technology. Our grid of adoption factors is similar to the model proposed by Callen et al. [126], the Contextual Implementation Model, that includes multiple dimensions at three contextual levels: the organisational context, the clinical unit context and the individual context.

May et al [127] also developed a theoretical model of the implementation of complex intervention in healthcare. This model includes four factors that have demonstrated to promote or inhibit the implementation of complex interventions: interactional workability (e.g. "how does a complex intervention affect interactions between people and practices"), relational integration ("how does a complex intervention relate to existing knowledge and relationships"), skill-set workability ("how is the current division of labour affected by a complex intervention"), and contextual integration ("how does a complex intervention relate to the organisation in which it is set"). This model would be particularly interesting to study factors affecting the implementation of healthcare ICTs over time, as they move through different integration phases.

The grid proposed in this paper can guide decision-makers through their implementation of ICT applications, providing them with issues to consider for ensuring the success of the implementation. Three main strategies can be defined based on the factors that this review has highlighted. First, favouring the active involvement of users during all implementation phases can help them develop feelings of ownership toward the clinical system [92]. This psychological ownership is positively associated with the perception of the system's usefulness and user-friendliness.

The second strategy is to identify and support project champions or other key staff to lead the project and promote the use of a new ICT [85]. These champions or leaders could be involved in testing the system, taking on the role of experts and superusers when the system is introduced. Third and last, adequate training, for example involving end-users through onsite training by colleagues or individual follow-up [120], reinforces the perception of future benefits and allows for lesser degrees of resistance. Another factor that is important to consider in training healthcare professionals is subsequent interdisciplinary cooperation



[79], which fosters successful adoption [30]. Engagement in the evaluation process is also important, particularly during prototype trials [91]. These implementation strategies, which will improve usability and usefulness [69], should also be adapted to the specific technology and context in which the implementation takes place [69, 91, 95, 107]. Furthermore, the fact that ICT adoption is complex, multi-dimensional, and influenced by a variety of factors at individual and organisational levels [11] underscores the importance of developing interventions aimed at different levels simultaneously.

### Unanswered questions and future research

Based on a systematic review of all types of research studies, we have proposed a comprehensive classification of factors related to ICT adoption in healthcare professional practice. A comprehensive search strategy based on a Cochrane systematic review of interventions to promote ICT adoption in healthcare professionals [13], the inclusion of all types of ICTs, all healthcare providers and all study designs, as well as the development of a comprehensive analytical framework are among the strengths of this review. A limit of this review is that only studies reporting interventions to promote adoption or use of ICTs were included since our goal was to complement a Cochrane systematic review on interventions promoting ICT adoption in healthcare [13]. This criterion could have led to the exclusion of some valuable studies that examined reasons for system adoption (or non adoption) without linking them to a specific implementation. However, given the high number of studies included, we believe that this review provides an overview of the key factors involved in the change process of implementing ICTs in healthcare settings. Furthermore, including studies that describe the implementation process allows linking the observed adoption factors with specific contexts, thus providing a contextualised knowledge synthesis that is more likely to support decision-making [128].

Another limit of this study is that we did not assess the extent to which interventions addressed the barriers identified or the extent to which they built on the facilitators identified. This would constitute an interesting avenue for further research in the field of ICT implementation. Other unanswered questions are related to the impact of interventions taking the barriers and the facilitators identified into account. The relative importance of each factor in specific ICT implementation contexts remains to be explored by studies using prospective designs. It is also important to consider how these factors change over time with the use of a specific technology and with overall computer literacy.

In this review, we focused on ICT adoption by healthcare professionals, but we have to acknowledge that ICT adoption in healthcare organisations is a multifaceted process since various stakeholders are involved [129]. As noted by Menachemi et al. [130], it is important to consider the viewpoints of all key adopter groups, because resistance in any of these groups could slow the overall adoption rate. For instance, patients' perceptions regarding barriers and facilitators to healthcare ICTs have received little attention until now [131, 132] and would provide essential information for decision-makers.

## Conclusion

ICT adoption is complex, multi-dimensional, and influenced by a variety of factors at individual and organisational levels. Based on the adoption factors identified in this review, the main ingredients for a successful ICT implementation strategy for healthcare settings should include: involving users at different development and implementation phases, using project champions or other key staff, providing adequate training and support, and monitoring system use in the early stages of implementation.

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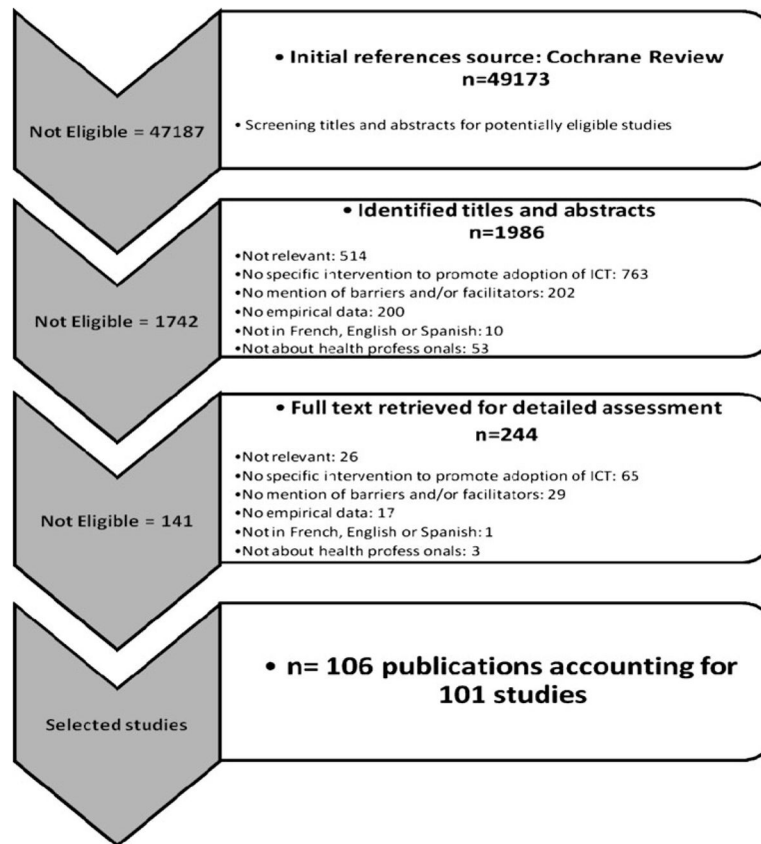
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**Fig. 1.**  
Study selection flow diagram

Table 1

## Factors related to the success or failure of ICT adoption\*

Factors	Facilitators (F): (N of Studies)	Barriers (B): (N of Studies)	F and B: (N of Studies)
Factors related to ICT			
➤ Design and technical concerns	4** [34, 54, 90, 111]	31 [6, 26, 29, 30, 32, 35, 39, 40, 52, 56, 59, 61, 62, 65, 75, 78-80, 86, 95, 98-101, 106, 113, 118, 119, 121-123]	7 [50, 81, 83, 91, 94, 102, 110]
➤ Characteristics of the innovation			
• Perceived usefulness (or relative advantage)	43 [26, 30, 32, 34, 38, 44, 46, 49, 53-55, 57, 58, 62, 63, 65, 67, 69, 71, 73, 77, 81, 83-85, 87, 89-94, 102, 104, 105, 109, 110, 113, 115, 116, 118, 121, 123]	17 [6, 28, 29, 31, 37, 39, 61, 66, 70, 72, 96, 97, 99-101, 106, 117]	5 [45, 82, 86, 98, 111]
• Compatibility (with work process...)	11 [32, 44, 50, 53, 55, 58, 81, 90, 91, 102, 114]	20 [6, 24, 33, 35, 39, 40, 51, 56, 72, 77, 86, 95, 97, 99, 100, 106, 108, 111, 117, 120]	1 [89]
• Ease of use/complexity	23 [26, 32, 34, 44, 50, 53, 55, 58, 60, 73, 81, 82, 90-92, 94, 96, 102, 110, 111, 113, 118, 123]	9 [24, 29, 39, 48, 97, 99, 104, 109, 120]	1 [116]
• Triability	2 [47, 90]	1 [40]	-
• Observability	3 [50, 55, 90]	-	1 [110]
➤ System reliability	5 [34, 44, 55, 65, 73]	5 [50, 66, 75, 97, 121]	-
➤ Interoperability	3 [46, 90, 103]	9 [29, 40, 52, 59, 91, 96, 101, 108, 123]	-
➤ Legal issues			
• Confidentiality – privacy concerns	4 [73, 80, 82, 110]	5 [26, 30, 59, 62, 87]	-
• Other legal issues – security related concerns	2 [30, 110]	3 [74, 87, 113]	-
➤ Validity of the resources	2 [58, 84]	6 [39, 51, 74, 91, 106, 111]	-
• Scientific quality of the information resources	4 [26, 43, 58, 96]	6 [43, 48, 74, 79, 97, 98]	-
• Content available (completeness)	-	4 [28, 94, 96, 98]	1 [43]
• Appropriate for users (relevance)	4 [28, 58, 84, 94]	8 [40, 51, 72, 96, 98-100, 123]	-
➤ Cost issues	1 [105]	10 [6, 36, 59, 66, 81, 87, 90, 96, 113, 114]	-
Individual factors or healthcare professional characteristics			
➤ Knowledge			
• Awareness of the existence and/or objectives of the ICT	2 [31, 64]	7 [29, 33, 73, 74, 85, 112, 115]	2 [45, 113]
• Familiarity with ICT	10 [31, 33, 64, 65, 80, 89, 91, 104, 111, 119]	31 [24, 27, 29, 34, 38, 39, 41, 42, 48, 52, 54, 57, 59, 62, 67, 72-75, 78, 81, 87, 93, 95, 99, 103, 106, 108, 109, 116, 122]	6 [45, 58, 112, 113, 115, 118]

Factors	Facilitators (F): (N of Studies)	Barriers (B): (N of Studies)	F and B: (N of Studies)
➤ Attitude			
• Agreement with the particular ICT (general attitude)	12 [53, 54, 60, 62, 68, 78, 81, 89, 104, 115, 119, 121]	2 [6, 85]	1 [114]
• Agreement with ICTs in general (welcoming/resistant)	1 [45]	1 [72]	2 [111, 133]
• Applicability to the clinical situation (including practical)	3 [53, 77, 89]	7 [34, 88, 96, 97, 99, 100, 106]	-
• Confidence in the ICT developer	-	3 [51, 52, 74]	-
• Challenge to autonomy	-	3 [51, 100, 108]	1 [58]
• Impact on clinical uncertainty	2 [53, 58]	1 [37]	-
• Time saving/time consuming or increased workload	11 [28, 34, 36, 44, 46, 58, 60, 65, 81, 111, 121]	30 [24, 27, 29, 30, 37, 39, 40, 48, 49, 56, 59, 61, 62, 71, 73, 78, 80, 88, 96, 97, 99, 100, 104, 106, 109, 111, 112, 114, 117, 123]	2 [57, 82]
• Motivation to use the ICT (readiness)/resistance to change	3 [55, 111, 121]	15 [30, 33, 38, 51, 59, 66, 72, 73, 91, 94, 101, 106, 112, 115, 119]	2 [57, 113]
• Self-efficacy (believes in one's competence to use the ICT)	-	4 [42, 54, 116, 122]	-
• Impact on professional security	-	5 [53, 54, 61, 80, 93]	-
➤ Socio-demographic characteristics (age, gender, experience, other)	2 [84, 115]	2 [73, 98]	3 [25, 58, 133]
Human environment			
➤ Factors associated with patients			
• Patients' attitudes and preferences regarding ICT	3 [32, 108, 119]	4 [54, 70, 72, 73]	-
• Patient/health professional interaction	1 [72]	11 [27, 37, 45, 55, 77, 78, 86, 88, 93, 106, 123]	-
• Applicability to patients' characteristics	1 [119]	6 [32, 61, 70, 72, 85, 86]	1 [36]
➤ Factors associated with peers			
• Attitude of colleagues towards ICT	-	4 [6, 73, 74, 79]	1 [57]
• Support and/or promotion of ICT by colleagues	2 [43, 105]	4 [6, 57, 85, 118]	-
• Relations between colleagues	2 [111, 118]		
Organisational environment			
➤ Factors associated with work			
• Work structure (setting of care, salary status)	-	4 [32, 72, 108, 117]	-
• Time constraints and workload	-	28 [24, 27-29, 31, 34, 36, 41, 42, 52, 58, 59, 63, 68, 72, 77, 83, 91, 94, 103, 106, 111, 112, 114-117, 120]	-
• Work flexibility	1 [80]	3 [28, 52, 77]	-
• Relationship between professional groups (role boundaries, changes in tasks)	1 [44]	13 [31, 35, 40, 54, 73, 76, 78, 79, 93, 100, 106, 111, 117]	1 [110]

Factors	Facilitators (F): (N of Studies)	Barriers (B): (N of Studies)	F and B: (N of Studies)
• Professional culture	1 [58]	1 [90]	
➤ Skills and staff			
• Leadership	7 [27, 43, 47, 63, 90, 93, 114]	2 [33, 119]	-
• Staff issues (stability, shortage)		1 [36]	
➤ Resource availability			
• Resources available (additional)	7 [30, 60, 65, 67, 96, 102, 105]	2 [90, 114]	1 [47]
• Material resources (access to ICT)		19 [32, 38, 40, 42, 48, 52, 58, 62, 69, 72, 78, 80, 87, 94, 111, 112, 115, 117, 122]	
• Human resources (IT support)	11 [47, 55, 65, 73, 87, 91, 93, 102, 104, 105, 121]	9 [40, 45, 52, 78, 85, 108, 112, 113, 119]	-
➤ Organisational factors			
• Training/lack of or inadequate training	19 [26, 31, 37, 42, 59, 60, 65, 71, 74, 83, 87, 93, 95, 104, 107, 111, 114, 120, 122]	15 [6, 27, 29, 33, 48, 54, 56, 72, 73, 77, 80, 99, 103, 113, 116]	7 [47, 58, 91, 102, 110, 112, 118]
• Presence and use of champions/absence of champions	18 [32, 43, 58, 59, 63, 79, 80, 87, 90, 92, 93, 103, 105, 107, 111, 114, 118, 120]	2 [6, 51]	-
• Management (strategic plan)	13 [37, 58, 59, 69, 87, 90, 92, 102, 105, 107, 112, 114, 120]	8 [27, 56, 85, 94, 100, 110, 116, 119]	2 [45, 73]
• Participation of end-users in the design/Lack of participation	14 [44, 55, 69, 73, 80, 83, 90-93, 95, 102, 107, 111]	7 [27, 29, 35, 38, 78, 79, 100]	-
• Participation of end-users in the implementation strategy	11 [43, 47, 63, 69, 71, 87, 90, 92, 93, 104, 107]	-	-
• Communication (included promotional activities)	6 [59, 87, 91, 104, 107, 114]	3 [33, 69, 85]	-
• Relationship between administration and health professionals	1 [90]	4 [33, 51, 79, 96]	1 [76]
• Ongoing administrative or organisational support	10 [58, 63, 71, 73, 76, 79, 80, 89, 92, 107]	6 [38, 69, 73, 85, 108, 119]	-
• Incentive structures	1 [57]	1 [94]	
• Readiness	1 [80]	1 [27]	
• Other organisational or cultural aspects		1 [112]	
External environment			
• Financing of ICT/financial support		1 [72]	
• Interorganisational relations	3 [36, 112, 114]		-

\* A few factors found in one study only have not been cited here.

\*\* The number of studies that reported the factor acting as facilitator or barrier (or both) is in bold; and the specific studies are identified by their reference number (in brackets).

**Table 2**

Main adoption factors according to ICT type (factors more frequently retrieved)

Type of technology	N of Studies	Main facilitators	Main barriers
Electronic medical/health/patient record (EMR, EHR or EPR) (4 or more)	23	<ul style="list-style-type: none"> <li>Perceived usefulness (12)</li> <li>Compatibility (4)</li> <li>Ease of use (6)</li> <li>Participation of end-users in the design (4)</li> <li>Presence of champions (5)</li> <li>Training (8)</li> <li>Management of implementation(5)</li> </ul>	<ul style="list-style-type: none"> <li>Design and technical concerns (12)</li> <li>Perceived usefulness (4)</li> <li>Lack of compatibility (9)</li> <li>Lack of familiarity with ICT (5)</li> <li>Time consuming or increased workload (10)</li> <li>Time constraints and workload (6)</li> <li>Role boundaries (4)</li> <li>Material resources (4)</li> <li>Training (5)</li> <li>Management (4)</li> </ul>
Information retrieval system (online databases, electronic guidelines) and computers (4 or more)	21	<ul style="list-style-type: none"> <li>Perceived usefulness (13)</li> <li>Ease of use (5)</li> <li>Design and technical aspects (4)</li> <li>Familiarity with ICT (4)</li> <li>Agreement with the particular ICT (general attitude) (4)</li> <li>Training (6)</li> <li>Material resources (access to ICT) (4)</li> </ul>	<ul style="list-style-type: none"> <li>Lack of familiarity with ICT (10)</li> <li>Time constraints and workload (10)</li> <li>Time consuming or increased workload (5)</li> <li>Material resources (access to ICT) (6)</li> <li>Training (4)</li> </ul>
Personal digital assistant (PDA) (2 or more)	13	<ul style="list-style-type: none"> <li>Perceived usefulness (5)</li> <li>Ease of use (3)</li> <li>Familiarity with ICT (3)</li> <li>Presence and use of champions (4)</li> <li>Other: training (2), management (2), IT support (2), incentive structures (2)</li> </ul>	<ul style="list-style-type: none"> <li>Design and technical concerns (9)</li> <li>Perceived usefulness (3)</li> <li>System reliability (3)</li> <li>Confidentiality (3) and security related concerns (2)</li> <li>Cost issues (3)</li> <li>Lack of familiarity with ICT (3)</li> <li>Lack of motivation to use ICT (4),</li> <li>Other: Scientific quality of the information resources (2); age (2) material resources (2) and lack of training</li> </ul>
Clinical information systems (CIS), Hospital information systems (HIS), Nursing information system, (NIS), Electronic nursing record (ENR) (2 or more)	10	<ul style="list-style-type: none"> <li>Participation of end-users in the design (2)</li> <li>Training (4)</li> <li>Management (3); organisational support (2)</li> <li>Participation of end-users in the implementation strategy (4)</li> </ul>	<ul style="list-style-type: none"> <li>Design and technical concerns (3) and non participation of end-users in the design (2)</li> <li>Compatibility (2)</li> <li>Lack of familiarity with ICT (4)</li> <li>Time consuming (5) and time constraints (3)</li> <li>Lack of motivation to use the ICT (2)</li> </ul>

Type of technology	N of Studies	Main facilitators	Main barriers
			<ul style="list-style-type: none"> <li>• Patient/health professional interaction (3)</li> <li>• Interprofessional relationship (role boundaries) (3)</li> <li>• Lack of or inadequate training (4)</li> <li>• Access to material resources (4)</li> <li>• Relationship between administrators and healthcare professionals (2)</li> </ul>
Computerised decision support system (CDSS) (2 or more)	8	<ul style="list-style-type: none"> <li>• Perceived usefulness (3)</li> <li>• Training (3)</li> <li>• Compatibility (2)</li> <li>• Ease of use (2)</li> <li>• Impact on clinical uncertainty (2)</li> </ul>	<ul style="list-style-type: none"> <li>• Design and technical concerns (4)</li> <li>• Perceived usefulness (3)</li> <li>• Compatibility (3)</li> <li>• Doubt about validity of the resources (scientific quality or relevance) (3)</li> <li>• Lack of familiarity with ICT (6)</li> <li>• Time consuming (3) and time constraints (4)</li> <li>• Training (lack of or inadequate) (3)</li> <li>• Other: Complexity (2), interoperability (2), lack of awareness (2) and lack of agreement with the ICT applicability at the clinical situation (2), challenge to autonomy (2)</li> </ul>
Computerized Physician Order Entry (CPOE) (2 and more)	5	<ul style="list-style-type: none"> <li>• Perceived usefulness (2)</li> <li>• Participation of end-users in the design (2)</li> <li>• Leadership (2)</li> <li>• Presences and utilisation of champions (3)</li> <li>• Participation of end-user in the implementation strategy (3)</li> </ul>	<ul style="list-style-type: none"> <li>• Perceived usefulness (2)</li> <li>• Compatibility (2)</li> <li>• Validity of the information resources (2)</li> </ul>
Telemedicine	5	<ul style="list-style-type: none"> <li>• Perceived usefulness (2)</li> <li>• Patients' attitudes and preferences (2)</li> <li>• Applicability to the characteristics of patients (2)</li> </ul>	<ul style="list-style-type: none"> <li>• Design and technical concerns (3)</li> <li>• Perceived usefulness (2)</li> <li>• Applicability to the characteristics of patients (4)</li> </ul>
E-learning (2 and more)	4	<ul style="list-style-type: none"> <li>• Perceived usefulness (2)</li> </ul>	<ul style="list-style-type: none"> <li>• Lack of familiarity with ICT (3)</li> <li>• Motivation/inertia (2)</li> <li>• Time constraints and workload (3)</li> <li>• Work flexibility (2)</li> <li>• Material resources (2)</li> </ul>

## Appendix 1

## Characteristics of included studies

Study	Country	Technology	Participants/ sample size (RR if appropriate)	Setting of care	Intervention	Methodology/ design	Data collection	Main findings	Quality score
Aarts 2004	Netherlands	CPOE	Project leaders, members of the pilot project/10	Teaching hospital	Implementation with a project team (key individuals representing the medical departments and the hospital board).	Qualitative/ longitudinal	Interviews, observation, document analysis	The full implementation of CPOE was halted. The information system did not fit well with work practices.	83 %
Abate 1992	USA	CIRT (online databases)	Physicians/30, nurses/23, pharmacists/12	Various (community + academic)	Access to ICT with training sessions, and instructional handouts	Quantitative/ cross sectional	Attitude survey	Lack of time was a major factor which limited use of the services. Users felt that the services did not fit in well with their daily work routine.	67%
Abdolrasulnia 2004	USA	CIRT (Internet- based guidelines	Physicians/ 210 (47.2%)	Community- based primary care	E-mail contacts announcing and reminding of an online guideline	Quantitative	Questionnaire	E-mail course reminders may enhance recruitment of physicians to interventions designed to reinforce guideline adoption.	100%
Abubakar 2005	England	PDA	Public health consultants/NS	On call service for health protection	Development and pilot of an on-call pack with presentation at training meeting for improvement	Mixed	Questionnaire	The system provided a fast, reliable and easily maintained source of information for the public health on-call team.	33%
Adaskin 1994	Canada	HIS	Nurses/20	Teaching hospital	An 11-month implementation period including planning, communication and training process (one 8-hour day)	Qualitative/ case study	Interviews	Recommendations: shorter training; slower pace of implementation; best planning (become familiar with the system before implementation, visible ongoing administrative support, promotion, etc.)	85%
Adler 2003	USA	Computer aided instruction software	Residents/47	Paediatric emergency department	Demonstration of the program to each resident	Mixed/ descriptive study	Questionnaire, focus group	Generally positive ratings to learning-based CAI program. Time of use and level of training may be important factors in CAI use.	75%
Af Klercker 1998	Sweden	CDSS	Nurses/4 Physician/1	Primary care health center	User manual placed by all computers	Qualitative/ action research	Focus groups	The acceptance of a new product relies upon the human rather than on the electronic communication	83%

Study	Country	Technology	Participants/ sample size (RR if appropriate)	Setting of care	Intervention	Methodology/ design	Data collection	Main findings	Quality score
Al-Farsi 2006	Oman	EMR	Physicians/ 66 (94%)	Secondary hospital	1-week training program	Quantitative/ survey	Questionnaire	kind. Success will depend on the introductory efforts put into the project. Physicians are generally satisfied with the EMR, received adequate training, and believe the system can improve quality care for patients.	100%
Allen 2000	Canada	Computer and Internet	Physicians/ 30 (46%)	Not specified	Computer workshops (4 or 5 day-long): lecture and discussion + demonstration + practice	Quantitative/ survey	Questionnaire	The number of physicians buying and using computers has increased.	67%
Al-Qirim 2003	Australia	Telemedicine	Physicians/NS	Rural hospital	Trial and assessment with inclusion of clinicians during the assessment phase	Qualitative/ case study	Interviews	Importance of the product champion for a successful adoption and diffusion of teledermatology.	83 %
André 2008	Norway	Handheld computer (PDA)	Nurses/13, physicians/2, physiotherapists/2	Hospital and outpatient clinic	Implementation prepared from a study of unsuccessful previous implementation process 3 years earlier	Qualitative	Interviews	Healthcare personnel lacked a sense of ownership for the tool, which resulted in unsuccessful implementation. Need for skilled and motivated key personnel in the unit. Training program must focus on influencing participants' attitudes of toward this kind of tool.	100%
Angier 1990	USA	CIRT (online databases)	Fellows, residents, pharmacists and nurses/29	Teaching hospital (oncology unit)	Accessibility of computers + short training (30-minute session) + manual with a user aid sheet	Mixed	Interviews	Most users perceived the system to be useful and considered immediate, direct access to it as convenient and time-saving.	67%
Bailey 2000	USA	EMR	Nurses, physicians, managers, and system staff/NS	Teaching hospital	Implementation of a clinical information system (on a 2-year period) with system training	Qualitative/ ethnography	Participant observation, interviews	Primacy of considering the complex interactions among users, information systems and organisations to assure that systems perform as tool to support information work.	100%
Barrett 2009	Australia	Telehealth program	NS	12 healthcare sites (mainly rural)	IT and clinical support available + managerial and organisational support + 1-hour small group training	Qualitative	Interviews	Of the 12 participating sites, 4 did not enrol any patients, and only 2 successfully incorporated	50%



Study	Country	Technology	Participants/ sample size (RR if appropriate)	Setting of care	Intervention	Methodology/ design	Data collection	Main findings	Quality score
Barsukiewicz 1998	USA	EMR	Physicians/13	Primary care sites (3)	at each site. All individual attended a minimum of 2 training sessions. Basic and more intensive (16 h) training + a team responsible for managing the implementation	Qualitative/ ethnography	Participant observation, interviews	the system into regular practice. Disease burden of the patient group, funding models and workforce shortages frustrated the successful adoption. Substantial change in work habits, increased demands on physician time, and perceived changes in the patient-physician relation.	100%
Bartlett 2003	USA	e-Learning	Resident physicians/26 (88%)	Teaching hospital	Distribution of a CD-ROM designed to provide ready access to the department's curricula, study materials, and Internet resources	Quantitative/ survey	Questionnaire	The CD-ROM has not been fully integrated into the residency program. The greatest obstacle to its use is the lack of computer resources in the department.	67%
Bossen 2007a	Denmark	EMR (problem oriented medical record)	Nurses, physicians and others/13 (interviews)	Hospital department	Trial test of a Computerized problem-oriented medical record + Training (2 periods: about 12 h)	Qualitative/ ethnographic case study	Interviews, participant observation, focus group	Use of the CPOMR does not adequately support complex clinical work.	83%
Bossen 2007b	Denmark	Electronic medication plan	Physicians and nurses/9	Hospitals (3)	Cooperation of clinicians in the development through a series of workshops + test of the EMP in daily clinical work (8 weeks) + training of experts and super users	Qualitative/ ethnographic case study	Participant observation, interviews	The test implementation did not become part of daily clinical work. But it brought forward a number of issues that were important for the further development of the EMP.	83%
Cabell 2001	USA	CIRT (online databases)	Residents/48 (98%)	Teaching hospital	On-hour didactic session in small group (use of well-built clinical question cards and practical sessions)	Quantitative/ RCT	Questionnaire	A single educational intervention increased resident searching activity.	67%
Cheng 2003	China	CIRT (online databases)	Physicians, nurses and allied health prof./800 (71.5%)	Public hospital	3-hour training workshop (with supervised hands-on practice)	Quantitative/ RCT	Questionnaire	The intervention increased the proportion of clinicians able to provide adequate clinical question.	67%
Chisolm 2006	USA	CPOE	Physicians/17	Teaching hospital	Participation of clinicians in the development + training (2 h hands-on training session)	Mixed	Focus groups	Relatively high use rate. Importance of administrative and clinical leaders in implementing and promoting the use of	100%

Study	Country	Technology	Participants/ sample size (RR if appropriate)	Setting of care	Intervention	Methodology/ design	Data collection	Main findings	Quality score
Connelly 1992	USA	Laboratory Reporting System	Physicians (interns, residents, others)/ 70 (80%)	Neonatal intensive care unit	Design committee: 5 to 8 individuals representing most of the major stakeholders in the system. No need for formal training program	Mixed	Questionnaire, observation and interviews	new clinical IT. The system seems to be remarkably well accepted and regarded even after nearly 6 years of use.	58%
Crosson 2007	USA	Electronic prescribing	Physicians/16, and staff members/31	12 ambulatory medical practices	Implementation covered the costs of hardware, software, installation, training and ongoing support. Observational studies of practices before implementation exploring prescription workflow and expectations relating to implementation with physicians, office managers and staff members involved.	Qualitative/ case study	Interviews and observation	Before implementation, physicians and ambulatory practice leaders need to be aware of the capabilities and limitations of this technology. Practices should have timely access to IT and support for managing the organizational and workflow changes that HIT implementation demands.	83%
Crowe 2004	Australia	Radiological information system/PACS	Senior clinicians/NS	Teaching hospital	Implementation of the ICT with training of clinicians	Qualitative	Interviews	The introduction of the RIS/PACS has been well received by clinicians and is considered to have been helpful in clinical decision making and patient management.	50%
Cumbers 1998	UK	CIRT (online databases)	Clinicians from 14 clinical firms/NS	Various (hospital and community)	Feasibility study; training sessions	Mixed	Questionnaire and interviews	7/14 firms developed effective ways of using the databases in their practice; 7 were dissatisfied with their training; computer facilities or lacked time.	25%
D'Alessandro 1998	USA	CIRT (online databases)	Physicians/ 93 (77%)	Hospitals serving rural populations	Access to computers with training sessions (an initial and follow-up on-site) + a technical support person + brief instructions affixed	Quantitative	Survey using a modified critical incident technique	One year after deployment of the network: 33% had used the DHSLS.	100%
D'Alessandro 2004	USA	CIRT (online databases)	Physicians (residents and faculty)/ 52 (89.6%)	Children's hospital (academic center)	10-minutes personalized training session + 1 page handout summarized the session + an online tour + free access to MD consults	Quantitative/ Before and after not controlled	Survey using a modified critical incident technique	After the intervention, pediatricians were slightly less likely to pursue answers (95% to 89%); as successful (96% vs 93%); but took less	100%

Study	Country	Technology	Participants/ sample size (RR if appropriate)	Setting of care	Intervention	Methodology/ design	Data collection	Main findings	Quality score
DiPietro 2008	Canada	PDA	Nurses/16	Acute care and home care	16 nurses tested the decision support system and attended a 2-hour workshop.	Qualitative/ cross sectional design	Interviews	time (8.3 minutes vs 19.6 min) in finding answers  Ensuring thorough training and continued clinical support so that nurses are well prepared to use the PDA and outcomes assessment tool will ease the progression of use in everyday practice.	67%
Doolin 2004	New Zealand	HIS (medical management information system)	Various (clinical directors, managers, medical consultants and nurses)/ 43	Regional hospital	Series of demonstrations to doctors + organizational restructuring headed by a senior doctor acting as a clinician manager	Qualitative/ longitudinal case study	Interviews	Resistance of doctors in front of the control strategy adopted by the hospital. Reinterpretation of the role of the information system, and with the continued resistance by doctors, relegation to a less significant role.	83%
Doman 2002	UK	e-Learning (electronic learning portfolio)	Physicians/ 89 (94%)	Various (continuing professional development)	1 year free use of the PC + invitation to a training workshop + mail updates and tips on diary use + on-line support	Mixed/ longitudinal intervention study	Questionnaire (qualitative and quantitative components)	Poor use of PC Diary: PC Diary was used by 34% of enrolled physicians, but only 10% used it regularly.	75%
Eley 2005	Australia	CDSS (for triage)	Nurses/15	Emergency department (2 hospitals)	Training (self-directed training package) + test (use of the ICT to rate simulated scenarios)	Qualitative	Semi- structured interviews	The tool was acceptable to users and was viewed as a viable alternative to current triage practice.	100%
Firby 1991	UK	Computer	Nurses/14	Regional renal unit	Training sessions with practical sessions + written instructions at the computer station	Qualitative	Semi- structured interview	Despite initial reservations, staff was generally positive about the medium.	67%
Galligioni 2008	Italy	Electronic oncological patient record (EPR)	Physicians and nurses/ NS	Hospital	User-centred design of the EPR + user education and training (2 educational sessions and training on practical stimulation) + continuous assistance (on-site during the initial 2 weeks and permanent remote assistance after)	Quantitative	Questionnaire (after 2 weeks, 6 months and 6 years)	The implementation was overall successful. User involvement in the system design, flexible web technology, education, training and continuous assistance have greatly facilitated user acceptance.	33%
Granlien 2008	Denmark	EMR	Physicians/94, nurses/129, others/9; 232/54%	Hospitals in one of Denmark's five regions	Attempts to address barriers toward use since the EMR deployment 3 years before: regional organisation and	Mixed	Survey with open question	After 3 years of use, the adoption of the EMR by clinicians and its integration into work	75%

Study	Country	Technology	Participants/ sample size (RR if appropriate)	Setting of care	Intervention	Methodology/ design	Data collection	Main findings	Quality score
Guan 2008	Canada	Online continuing medical education (CME)	Physicians/158 and 10 facilitators	Various (continuing medical education program)	vendor have tried to improve the network, the computers and the design of the EMR + standard training program for new staff + extra information and training provided continuously	Mixed/ exploratory study	Survey with open-ended questions	practices are far from the level necessary to attain the goals that motivated its acquisition. Considerable uncertainty exists about what the concrete barriers actually are.	75%
Haims 2009	Australia	CDSS	Physicians/16; Nurses/30; Pharmacists/4	oncology outpatient department (6 public hospitals)	Content developed on the basis of the educational needs identified in a pre-program survey + evaluations of each module and feedback influencing the addition of later content + ongoing technical and learning support available to participants throughout the course	Qualitative	Interviews + observation	Participation rate of physicians and facilitators in online social activities was very low. Lack of time and lack of peer response were perceived as main reasons for low participation.	100%
Halamka 2006	USA	e-Prescribing	Various (clinicians and office staff)/NS	Various	Implementation of regional pilots (demonstration of the software, offer a reduced rate, etc.)	Qualitative/ case studies	Focus groups	At 3 years post launch, clinicians' attitudes were generally positive, which translated into relatively high levels of CDSS use. Understanding end-users and their environment, is essential to ensure long- term sustainability and use of the system to its full potential. Continuing education and endorsement are also important.	33%
Haynes 1990	Canada	CIRT (online databases)	Physicians, housestaff and clinical clerks/158 (84%)	University medical center	Participants were offered a 2- hour introduction to online searching + 2 h of free search time	Quantitative/ longitudinal descriptive study	Questionnaire	Importance of a well- resourced rollout that takes into account the barriers and lessons learned in early deployment.  Most clinicians (81%) used MEDLINE after a brief introduction and they indicated that they would continue to do online searching, even if they had to pay.	100%

Study	Country	Technology	Participants/ sample size (RR if appropriate)	Setting of care	Intervention	Methodology/ design	Data collection	Main findings	Quality score
Hibbert 2004	UK	Home telehealth	Nurses/12	Home nursing service	Implementation of a home telehealth nursing service with weekly project meetings + nurse training sessions	Qualitative/ ethnographic study within a RCT	Participant observation	The specialist nurses did not share the generally positive view of telehealth. The new technology was a dynamic entity that changed through exposure to clinical practice and professional values.	100%
Hier 2005	USA	EHR	Physicians/ 330 (36.3%)	Faculty and housestaff	Mandatory use of the EHR. Dictation of notes is available but incurs additional costs	Quantitative	Questionnaire	Both housestaff and faculty acceptance of an EHR was high. Central to acceptance is conservation of physician time.	100%
Hou 2006	Taiwan	Computer	Nurses (nurses and supervisors)/ 3 pairs	1 hospital and 2 medical centers	End user computing (EUC) strategy: 8-day training for clinical nurses who developed projects and promoted the informatics in their hospitals	Qualitative	Interviews	According to this study, end user computing strategy was successful so far.	100%
Jaques 2002	USA	CIS (point-of -care systems)	Nurses/43 in 3 surveys. Pre- implementation survey 122; Post: 89; and 12 months after: 100	Acute-care pediatric hospital	Implementation of bedside computer systems with training (lectures and hands- on training) in one four-hour session (experimental group)	Quantitative/ a quasi- experimental design	Surveys: pre- implementation, post and 12 months after	Nurses in the experimental group (who used beside computers) had more positive attitude than the control group.	100%
Joos 2006	USA	EMR	Physicians/ 46 (66%)	Ambulatory primary care and urgent care clinic in an academic hospital	Installation of workstations (voluntarily usage) + training in scheduled classes + availability of IT support	Mixed	Semi- structured interviews to identify themes + survey	This implementation was associated with perceived improvements in speed and communication efficiency and information synthesis capabilities.	92%
Jotkowitz 2006	USA	PDA	Residents/ 90 = 65 (80%) unsubsidized group; 25 (86%) subsidized group	2 teaching hospitals	Subsidized fully residents', purchase of PDAs at one of the hospitals + introduction to basic PDA functioning	Quantitative	Questionnaire	Subsidized group of residents perceived PDA to be less useful and more fragile than residents who purchase a PDA themselves. Merely providing the PDA does not necessarily ensure its adoption. Intensive training and	67%

Study	Country	Technology	Participants/ sample size (RR if appropriate)	Setting of care	Intervention	Methodology/ design	Data collection	Main findings	Quality score
Jousimaa 1998	Finland	CIRT (computerized guidelines)	Physician/46	General practice	Distribution of electronic guidelines (diskettes or CD- Rom) + local training sessions organised in several centers.	Quantitative/ descriptive follow up study	Interview using semi- structured questionnaires (3 times)	reinforcement are needed to increase the perceptions of positive benefit.  After 1 year of use, opinions had become slightly more positive about guidelines. Usage frequency was associated with having the computer in the office. Technical support was also important.	33%
Joy 2002	USA	PDA	Residents/24	Gynaecology residency program	PDA provided to residents + general instructions given on its use	Mixed/ survey	Survey with quantitative and qualitative components (3 times)	Decreased perceived value of the PDA at follow-up intervals. Responders felt that the PDA should be available at residency programs. But the integration of the PDA did not meet the anticipated expectations of overwhelming use by residents.	33%
Kamadjeu 2005	Cameroon	EHR	Physicians and nurses/ 14	Urban primary care	Comprehensive implementation strategy: numerous meetings involving users and different stakeholders + training (3- day session) + new data flow added	Qualitative	Interviews and direct observation	Users generally showed good acceptance of the system. Monitoring the use of the system at the early stages of implementation was important to ensure immediate response to users' comment and requests.	67%
Katz 2003	USA	Email (triage)	Physicians and residents/ 89 (90.8%)	2 university- affiliated primary care centers	Access to a triage-based email system (with a nurse navigator) promoted to the patients of physicians in the intervention group	Quantitative/ RCT	A self- administered survey	Intervention appeared to improve physicians' perceptions of the role of e-mail in clinical communication.	66%
Keshavjee 2001	Canada	EMR	Physicians/ 32	Community- based physicians' offices (18 sites)	Implementation of EHR in exchange of a monthly fee + extensive training + onsite technical and support + interactive session prior the implementation to discuss	Mixed	Questionnaires and observation	The success of implementation varied from site to site. Despite extensive training, professional practice management consultation and project case management, several physicians subsequently	50%

Study	Country	Technology	Participants/ sample size (RR if appropriate)	Setting of care	Intervention	Methodology/ design	Data collection	Main findings	Quality score
Koivunen 2008	Finland	Internet-portal application for patient education	Nurses/56 (63%)	2 psychiatric hospitals	Before implementation: evaluation of nurses' IT skills and attitudes toward computers to tailor IT portal presented to administrative personnel + manual compiled for users + information sessions + practical and technical support	Qualitative	Questionnaire with 2 open-ended questions	The specific challenges are to ensure adequate technological resources and that the staff is motivated to use computers. Adequate individual time for the patient together with the nurse is a prerequisite for the successful implementation of the patient education portal.	100%
Kouri 2005	Finland	Internet-based network services	Midwives/5, public health nurses/2, physicians/3	Antenatal wards (1 university, 1 hospital, 2 clinics)	Net Clinic's introduction with managerial support and training. Different types of training linked to three groups based on their experiences (doubters, accepters and future confident)	Qualitative	Semi-structured interviews	Successful implementation of a comprehensive CPR that required substantial training and effort on the part of clinicians. Managerial support, such as allocation of time and equipment was extremely important during the introductory phase.	100%
Lai 2006	USA	CDSS	Physicians/5 (preliminary), residents/16 (main study)	Internal medicine	Development of a tutorial designed to address barriers to use	Mixed/RCT and qualitative	Interviews	Clinicians using the tutorial reported greater understanding of how to use the instrument appropriately. Many of the identified barriers to acceptance and use involved factors that could be addressed through training.	83%
Lapinsky 2004	Canada	PDA	Physicians/17 (13 for focus group)	4 community hospital intensive care units	Distribution of handheld devices + 1-hour training session + access to support by phone and email	Mixed/prospective interventional study	Focus group (for barriers and facilitators)	Acceptance was variable (just over half of the participants using their handheld devices to access information on a regular basis). It may be improved by enhanced training and newer technological innovation.	75%

Study	Country	Technology	Participants/ sample size (RR if appropriate)	Setting of care	Intervention	Methodology/ design	Data collection	Main findings	Quality score
Lapointe 2006	Canada	CIS	Physicians/15, nurses/14, system implementers/14	1 community and 2 university hospitals	Support to physician and redesign of IS by implementers	Qualitative/ cross-case study	Interviews, observation, document analysis	Level of resistance varied during implementation, and in 2 instances had led to major disruptions and system withdrawals. Antagonistic responses from implementers to users' resistances behaviours have reinforced these behaviours.	83%
Larcher 2003	Italy	1) Telemedicine 2) CPR	Physicians and nurses/ 57 (post) (70%)	5 general hospitals	Training before the validation phase of the teleconsultation + EPR development in strong collaboration with the users	Mixed/ surveys	Questionnaires before and after validation phase	Positive attitude regarding the future use of the system in clinical field. Major difficulties encountered were in the introduction of the system into the daily routine.	67%
Lee 2009, Lee 2008a, Lee 2008b	Taiwan	Nursing information system (NIS)	Nurses/623; 71% (survey), 24 (interviews)	Medical center with 4 hospitals in different areas	Pilot test of the NIS during the design phase. Early stage of implementation: nurses were required to chart nursing documentation of at least one patient on their shift both on the computer and on paper.	Mixed/ multimethod evaluation	Questionnaire, focus group, interviews and work sampling observation	After 2 years of NIS use, the nurses generally had a positive view of its value. Concerns remain about hardware devices, response time, content design, user support, workflow change and personal interaction with physicians and patients. When using the NIS in daily practice, nurses spent more time on documentation than on direct care, indirect care, and unit-related care.	83%
Lee 2006a	Taiwan	PDA	Nurse managers/16	Inpatients units in a medical center	Involved superusers in training + encouraging hands-on practice in addition to classroom teaching.	Qualitative/ descriptive, exploratory	In-depth interviews	In addition to training strategies, improving PDA features, involving end users in the content design phase, and ensuring interdisciplinary cooperation are vital elements for a successful adoption.	83%
Lee 2006b	Taiwan	PDA	Nurses/15	Hospital	Nurses were required to use the PDA systems	Qualitative/ descriptive, exploratory	In-depth interviews	Nurses went through different change stages; initially resisted using the PDA, but finally adopted it in their daily practice.	83%



Study	Country	Technology	Participants/ sample size (RR if appropriate)	Setting of care	Intervention	Methodology/ design	Data collection	Main findings	Quality score
Leon 2007	USA	Smart phones and CIRT (online database)	Residents/31	Community teaching hospital	Special lectures, training sessions and group workshops on the use of the smart phones and Medline + one to one training provided by resident in charge of the project	Quantitative/initial survey and prospective interventional cohort study	Questionnaire	The adoption process could be shortened by an anticipatory stage to refine the PDA system for use. Physicians found these devices easy to use and the information retrieved useful. Proper training, technical support, familiarity with the technology, and presence of team leaders enhance the adoption of the tool.	67%
Likourezos 2004	USA	EMR	Physicians and nurses/44 (38%)	Large urban teaching hospital	Training tailored on the functionality of users + regular sessions + adaptation of some workflow processes in response to staff or managerial concerns	Quantitative/cross sectional survey	Questionnaire	Participants favour the use of an EMR despite current concerns about its effect and impact. Nurses reported greater satisfaction in assistance with their tasks, whereas physicians reported minimal change.	100%
Magrabi 2007	Australia	CIRT (online databases)	Physicians/227	General practice	Use of an online evidence system in practice + online tutorial (for all) + RTC; advanced online training (for intervention group)	Quantitative/experimental and observational components	Pre and post-trial surveys	GPs use of online evidence was directly related to their reported experiences of improvements in patient care. Post-trial clinicians positively changed their views about having time to search for information and pursued more questions during clinic hours.	67%
Marcy 2008	USA	CDSS	Physicians/NS	Primary care ambulatory clinics	Based on prior survey of physicians and clinic managers: development of a prototype CDSS + validation with an expert panel + usability testing physicians + iterative design changes based on their feedback + field tests	Qualitative/iterative ethnographic process	Interviews and observations	During field tests, physicians incorporated the CDSS prototype into their workflow. Successful integration of ICT into clinical practice requires collaborative development of these systems with physicians, patients and support staff.	83%
Martinez 2007	USA	Computer and Internet	Physicians, managers, nurses/9	Community health centers	A program provided computers for staff and patients (each center) +	Qualitative/post test study design	Interviews	Participants recommended improving the program by:	100%

Study	Country	Technology	Participants/ sample size (RR if appropriate)	Setting of care	Intervention	Methodology/ design	Data collection	Main findings	Quality score
May 2001	UK	Telemedicine	Clinicians, technician experts, managers/15	General practice and community mental health team	access to MD Consult database and a Web program + many workshops and classes + biweekly visits to support training	Qualitative/ ethnographic	Interviews and observation	increasing sensitivity to cultural issues; identifying and supporting a champion at each center to lead the project; allocating additional resources.  Participants were initially enthusiastic about the potential of the technology; after 6 months of access, they found it problematic and ultimately, they rejected it. The main barrier was system's incompatibility with the set of practices involved in consultations.	83%
McAlearmy 2005	USA	PDA	Physicians and organisational informants/161	7 sites (not defined)	Active support for broad- based use (investments in material infrastructure, training, etc.) + active support for niche use (pursue of targeted application projects) + basic support for individual physician users	Qualitative/ organisational case studies	Interviews and focus groups	Individualised attention to existing physician users, improving usability and usefulness, promoting ICT and device use, and providing training and support would facilitate physician PDA adoption.	67%
Newton 1995	UK	CIS (computerised care planning system)	Nurses/139	Hospital	3 phases implementation: initially managed by external consultants and vendors; then by a care planning task group; gradually relegated to the hospital which became responsible for providing technical support services	Mixed/ survey and case study	Questionnaires, interviews, observations: 3 months and 1 year after implementation	A majority of nurses were ambivalent before the implementation; 3 months after, they held negative attitudes; 1 year after, attitudes showed a significant shift towards positive. The quality of care planning also improved significantly on the wards for which comparisons were possible.	58%
O'Connell 2004	USA	EHR	Residents/ 95 (99%)	Hospital (internal medicine and paediatrics)	Prior the EHR system deployment, 2 groups of residents met the team of IT implementers to design templates for a variety of visit types	Quantitative/ cross- sectional survey	Questionnaire- based survey (elaborated from structured interviews)	Differences in satisfaction between the 2 groups. Previous experience may have influenced the results (experience with a different EHR, with structured data entry prior the	100%

Study	Country	Technology	Participants/ sample size (RR if appropriate)	Setting of care	Intervention	Methodology/ design	Data collection	Main findings	Quality score
Ovretveit 2007	Sweden	EMR	Senior clinicians, managers, project team members, doctors et nurses/30	Large teaching hospital	Consultation before implementation: consensus about need for the system and which one was best + prioritisation and diving by management team + competent IT project leader and team + tested, user- friendly and intuitive system needing little training	Qualitative/ prospective and concurrent study	Interviews during implementation and 3 months after	Organisational support did not appear to play an important role in differentiating satisfaction.  Implementation successful, on time and within budget. Importance of organisational, leadership and cultural factors, as well as a user-friendly EMR, which assists clinical work, is easily modified and which saves time and increases productivity.	83%
Pagliari 2003	UK	Internet (Web-based resource)	GP, nurses, administrators; questionnaires/ 26 (65%); interviews/9	Local health care cooperative comprising 5 GP surgeries	User involvement in the early stage of development (testing process) of the web-based resources	Mixed	Questionnaire, interviews, observation and electronic feedback	Evaluation informed important and unforeseen improvements to the prototype and helped refine the implementation plan. Engagement in the process of evaluation has led to high levels of stakeholder ownership and widespread implementation.	75%
Paré 2006	Canada	CPOE	Physicians/ 91 (72.5%)	13 medical clinics network + hospital + private laboratory firm	Introduction to the COPE system: use was not mandatory + in each site, a project champion to test the system and to play role of experts in the configuration of the system and of super users when system introduced	Quantitative	A mail survey	Psychological ownership is positively associated with physicians' perceptions of system utility and system user friendliness. Through their active involvement, physicians feel they have greater influence on the development process, and develop feelings of ownership toward the clinical system.	100%
Popemack 2006	USA	CPOE	Nurses/ 81 (33%)	Academic, tertiary care trauma center	Involvement of nurses from the beginning of the system selection until implementation of the CIS + training + utilisation of superusers in training	Mixed	Survey (with open questions)	Successful inpatient implementation of the fully integrated system.	75%

Study	Country	Technology	Participants/ sample size (RR if appropriate)	Setting of care	Intervention	Methodology/ design	Data collection	Main findings	Quality score
Pourasghar 2008	Iran	EMR	Physicians/10, Nurses/10	University hospital	The software was developed and tailored for the hospital. All staffs were trained to use the EMR system. Data were entered at different levels and by different persons	Qualitative	Semi- structured interviews	The quality of documentation was improved in areas where nurses were involved, but parts which needed physicians' involvement were worse. Different factors involved: low physician acceptance of the EMR, lack of supervision and continuous training, high workloads, shortage of hardware, and software characteristics.	67%
Puffer 2007	USA	EMR	Physicians/101	Academic with medical and surgical specialties	Redesign of the system by participation of users: involvement of a team including physician and administrative leadership in a study that was undertaken to enhance the system	Qualitative/ ethnographic research	Direct observation, feedback, focus group	The study demonstrated a commitment to improving physicians' efficiency when using the EMR. Managing physicians' expectations for resolution of issues identified was an important success factor.	100%
Pugh 1994	Canada	CIRT (computerized databases)	Physicians/13	Emergency of university hospital (2 sites)	Initial training of up to 2 h.	Quantitative	Questionnaire (10 months after)	Database searching was found easy-to learn. Positive notes included ease-of-use, accuracy of data, and accessibility of system and value of output. Negative notes: lack of integration with other systems, lack of system completeness, and a high subscription cost.	67%
Rahimi 2009	Sweden	CPOE	Nurses/ 134 (67%), Physicians/ 176 (24%)	Primary health care centers and hospitals	Pilot project and gradual implementation by regional districts: introduction was mandatory, exceptions made for some clinics	Quantitative	Online questionnaire	More nurses than physicians stated that the CPOE worked well in their clinical setting. More physicians than nurses found the system not adapted to their specific professional practice.	67%
Ranson 2007	USA	PDA	Physicians/10	Primary care and specialised clinics	PDA given without charge + individualised training in the use of the programs and the PDAs (ranged	Qualitative/ case study	Questionnaire + interviews and observation	Use of the PDA was associated with the value of information in clinical	100%

Study	Country	Technology	Participants/ sample size (RR if appropriate)	Setting of care	Intervention	Methodology/ design	Data collection	Main findings	Quality score
Rousseau 2003	England	CDSS	Physicians/8, nurses/3, practice managers/2	5 general practices	Introduction of guidelines into general practice clinical computer systems; one day training workshop for 2 members from each practice. from 1.5 to 4 h)	Qualitative/ longitudinal study	Interviews and feedbacks	decisions of the individual user. Clinicians did not adopt the CDSS; they found it difficult to use and did not perceive it to bring benefits for practice. Key issues: relevance and accuracy of messages, flexibility to respond to other factors influencing decision making in primary care.	100 %
Sicotte 1998	Canada	CPR	Physicians/21 and project teams/10	4 hospitals	Implementation of a large CPR in medical work with a project team involving mainly nurses	Qualitative	Interviews, focus group, observations, document analysis	Physicians had a great reluctance to using the system: lack of synchronization between the care and information processes. Several dimensions were not properly taken into account when designing and developing the CPR.	83%
Smordal 2003	Norway	PDA	Medical students/NS	Different practical settings	Mix of activities. A team of medical students work as IT- support (or supervisors).	Qualitative	Interviews, participant observation	The medical students did not use the PDA for information gathering. PDAs should be regarded as potential gateways.	67 %
Soar 1993	Australia	HIS	Physician/ NS (36%)	A 700-bed teaching hospital	Doctors are encouraged to directly use HIS by many means: strong executive support, training, firm policies that other staff would not use systems on behalf of them, on-line bulletin.	Mixed	Survey and structured interviews	First successful implementation of direct doctor use of HIS in an Australian hospital (system in use for 3 years).	50%
Terry 2009	Canada	EMR	Physicians/13, other health professionals/ 11, administrative staff/6)	6 family practice sites	Installation of equipment and training of the participants.	Qualitative	Semi- structured interviews	Importance of being aware of factors that influence implementation and adoption: computer literacy, dedicated time for EMR implementation and adoption, training activities, supporting problem-solvers in the practice.	100%

Study	Country	Technology	Participants/ sample size (RR if appropriate)	Setting of care	Intervention	Methodology/ design	Data collection	Main findings	Quality score
Thoman 2001	USA	CIS (point-of-care technology)	Pilot group of nurses/6	Home care	A full 12-week training curriculum (including 9 days classroom time and 3 weeks of supervised field experiences).	Qualitative	Focus group	4 rules for the training: continually involve end- users with a "users group", expect a learning curve for everyone, allow for varying degrees of resistance, and reinforce future benefits during the transition.	67%
Topps 2003	Canada	PDA	Physicians/ 24 (92%) quest; 16 (62%) focus groups	Department of family medicine	Introduction of the PDA individually in a short personal session with one expert user + technical support + shared-cost purchasing (30% paid by participant).	Mixed	Structured questionnaire and focus group	With the right support structures faculty adopt PDAs in clinical and teaching settings. The faculty support group and the cost-sharing arrangement leading to ownership have contributed to adoption.	75%
Toth-Pal 2008	Sweden	CDSS	Physicians/5	A primary health center	Introductory demonstration of the CDSS (1.5 h) + access to the program + individual training session (CDSS applied to the medical records of own physicians' patients) + encouragement to use the program in the every day clinical work.	Qualitative	Interviews (after the training and follow-up) + observation	Implementation of the CDSS is not successful: its actual usage remained very limited. Different profiles associated with the degree of acceptance of the CDSS. Important contributing factors: GP's individual computer skills and attitudes towards the computer's functions in disease management and in decision-making.	100%
Travers 1997	USA	HIS (emergency department clinical system)	Various (nurses, physicians, clerical staff)/NS	Hospital emergency department	Development of a HIS with end-user inputs + project team included members of staff at every level of development and implementation + comprehensive training plan and change strategies + regular communication	Quantitative	Questionnaire	The project team succeeded in designing a system to meet the clinical users' needs. Key to success: the integral involvement of ED staff in the development of the system, commitment of the necessary resources, and top-level administrative support.	33%
Trivedi 2009	USA	CDSS	Physicians/13, advanced nurse practitioners /2	Public mental health clinics (5 sites)	Field testing of feasibility of implementation of CDSS in 5 sites: training of physicians about the guideline and the use of CDSS (4 h) + written instruction manual + IT support on site initially and	Qualitative	Informal feedback	Issues regarding computer literacy and hardware/software requirements were identified as initial barriers. Concerns about negative impact on	50%

Study	Country	Technology	Participants/ sample size (RR if appropriate)	Setting of care	Intervention	Methodology/ design	Data collection	Main findings	Quality score
Tuominen 1996	USA	Internet	Physicians/18	13 family practice clinics	later by phone + training sessions for directors and managers to suggest solutions to potential workflow transition issues + feedback from clinicians	Quantitative	Questionnaire	workflow and potential need for duplication during the transition from paper to electronic systems. Importance of taking account organizational factors when planning implementation of a CDSS.	33%
Vanmeerbeek 2004	Belgium	EMR	Various (doctors, nurses and others)/57 for nominal group	Eight primary care medical houses	A 2 h workplace meeting to assess indicators of current use of EMR and to define the content of an action program for removing resistances with users' participation	Mixed	Quantitative measures of use and nominal group	The use of EMR remained slight. Practitioners are willing to computerize if: they get immediate advantages, the tool is easy to use, not time- consuming, it respects the specificity of work and organization (interdisciplinary and self-managed teams), there is external support (training, supervision)	75%
Verhoeven 2009	Netherlands and Germany	CIRT (online guidelines)	Nursing assistants, nurses, physicians, and medical microbiologists/20	Hospitals/ 2 Dutch and 2 German	User-centered design process including physicians, nurses and nursing assistants to gather their opinion toward the website and to generate a sense of involvement	Qualitative	Interviews with open ended questions	Involvement of potential adopters in the development and implementation process is very important. The website's credibility is an important additional requirement. Training and feedback appear to reinforce initiation and maintenance of technology adoption.	83%
Verwey 2008	Netherlands	Electronic nursing record	Nurses/6, manager/1, members of the project group/2	Large regional hospital	Training of key users + ENR council responsible (with the project group) for the management, maintenance and updating of the system + training for all nurses	Qualitative	Participatory observation, document analyses, interviews.	Involvement of the nursing staff in the whole process promoted acceptance of the system. However, the ENR did not produce the benefits	83%

Study	Country	Technology	Participants/ sample size (RR if appropriate)	Setting of care	Intervention	Methodology/ design	Data collection	Main findings	Quality score
Vishwanath 2009a Vishwanath 2009b	USA	PDA	Clinicians/ 244 in pre-survey, 80 in post-survey, 59 completed both	Academic tertiary care children hospital	(4 meetings of 2.5 h) + extra staffing scheduled  2 phases of implementation: 1) pre-participation surveys + small-group training sessions + orientation, 2) distribution of PDA and participation in a series of patient safety initiatives	Quantitative	Web-based survey (pre and post- intervention, 12–14 months apart.	expected. Lack of time gains proved to be a major barrier to the acceptance of the system.  Early adopting physicians are younger and junior in experience and status, and are more likely to be aware of and own news technologies than later adopting physicians. The top barrier to PDA adoption among early adopters is cost, while for later adopters it is training.	67%
Walji 2009	USA	EPR	Implementation team/4, faculty, residents and staff/pre: 78 (11%) and post: 138 (20%)	University Health Science Center	Extensive planning phase including in-depth discussions among faculty and staff, market research and visits to other schools + EPR installation with additional IT employee + workflow defined + pilot testing + stakeholders and users engaged throughout the project's life cycle	Mixed	Interviews, document analyses, 2 surveys (before and after)	Users had mixed feelings about the EPR in terms of efficiency and time required compared with paper charts. Many users felt that the EPR improved legibility and access to a patient chart. However, only 29% though the EPR improved productivity.	67%
Walter 2000	Australia	Computer	Various/ 309 (80%) survey; 212 (77%) follow up	Various (urban mental health system)	Introduction of computers and implementation of computer training (through in-service programmes)	Quantitative/ observational	Questionnaire (before and 6 months after introduction)	Most respondents, especially those with computer experience or who had worked in mental health for less than 5 years, viewed computers favourably.	100%
Watkins 1999	UK	PACS	Key users from clinical and radiological staff/34	Hospital	2 trainers undertook a formal training program targeting all staff + 1/3 of each department became core trainers, and an "in-house" trainer provided training on a more flexible basis	Qualitative	Semi- structured interviews	Overall, users appeared to be satisfied with PACS. All staff said that they preferred PACS to the previous, conventional radiology service.	83%
West 2004	Scotland	CIS	Physicians, nurses and administrative staff/33	Remote rural primary health care	The project provided: data operator, inputs data to the computer system recorded on a paper, access to ongoing training, technical help line, and quality assurance processes	Qualitative	Interviews	Remote rural primary care presents a number of organisational features that require understanding for the implementation of initiatives developed in an urban working	83%



Study	Country	Technology	Participants/ sample size (RR if appropriate)	Setting of care	Intervention	Methodology/ design	Data collection	Main findings	Quality score
Whittaker 2009	USA	EHR	Nurses/11	Rural hospital	Training classes: 1-day (8 h) introduction and training + an additional 4-hour refresher class (after a 6-month delay)	Qualitative	Interviews	environment: primary care teams tend to be smaller, characterised by flexibility, experience less support from other services and provide care in a wider range of situations and settings. Personal, computer- related and contextual characteristics facilitated and acted as barriers to the acceptance and use of a computerised EHR system.	100%
Whitten 2004, Whitten 2000	USA	Telemedicine	Clinical providers, technical and support staff, administrators/ 25 (focus groups) + 36 (interviews)	A clinic, a crisis centre, a youth detention centre and patients homes	Telepsychiatry project in 4 phases: formalised training programs for each phase + project handbooks and supplementary materials provided	Qualitative (for providers)	Interviews and 4 focus groups	Telemedicine usage varied across the 4 project phases. Variation could be explained by: provider roles, organisational strategic goals and resources, inherent organisational culture, leadership and managerial factors.	67%
Wibe 2006	Norway	EHR	Head nurses and key persons/22	University hospital	Step-wise implementation strategy: introduction to computers and to EPR to all staff, training of 2-3 key persons in each unit	Quantitative	Questionnaire	On-site training by colleagues, using computers on the ward, and documenting admitted patients who received care and treatment were identified as the most important success factors in the implementation process.	33%
Wilson 1998	USA	Computer (wireless, pen-based computing)	Nurses/16	Home health nursing	Nurses used the computer for patient admissions process during a 10 week period + 3 ½ day training sessions	Qualitative	Focus groups (before and after 10 weeks)	Nurses agreed that they had been well prepared for computers. They did not want to return to paper.	83%
Yeh 2009	Taiwan (China)	Nursing Process Support System (NPSSC)	Nurses/27	5 nursing homes	Task force (consisted of nurses, physicians, computer programmers, administrators) formed to develop the NPSSC + workplace training for nurses (3 h/week for 6 weeks) + one-on-one	Mixed/quasi- experimental design and observation	Questionnaire and observation	NPSSC significantly improved nursing documentation and participants reported an increased satisfaction with nursing documentation.	50%

Study	Country	Technology	Participants/ sample size (RR if appropriate)	Setting of care	Intervention	Methodology/ design	Data collection	Main findings	Quality score
Zheng 2005	USA	Clinical reminder system	Residents/41	Ambulatory primary care clinic in urban teaching hospital	Individual training provided to all users of the clinical reminder system. Use of the system was recommended but not mandatory	Mixed/ longitudinal and qualitative study	Structured interviews, surveys, on-site observation, and textual notes	A large proportion of users demonstrated a consistently low or decreasing level of usage over time. The lessons learned and experiences gained have helped system designers to re- engineer the reminder system.	83%

hands-on consultation  
on how to use the  
Internet to  
navigate the NPSSC

- CDSS Computer-based Decision Support System
- CIRT Clinical Information Retrieval Technology
- CIS Clinical Information System
- CPOE Computerized Physician Order Entry
- CPR Computer-based Patient Record
- EHR Electronic Health Record
- EMR Electronic Medical Records
- HIS Hospital Information System
- PACS Picture archiving and communication system
- PDA Personal Digital Assistant
- RR response rate

## Appendix 2

A scoring system for mixed methods research and mixed studies reviews (Pluye et al 2009)

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***Qualitative studies and qualitative components of mixed methods studies:***

(1) Qualitative objective or question	_____
(2) Appropriate qualitative approach or design or method	_____
(3) Description of the context	_____
(4) Description of participants and justification of sampling	_____
(5) Description of qualitative data collection and analysis	_____
(6) Discussion of researchers' reflexivity	_____

***Quantitative experimental studies, and quantitative experimental components of mixed methods studies:***

(1) Appropriate sequence generation and/or randomization	_____
(2) Allocation concealment and/or blinding	_____
(3) Complete outcome data and/or low withdrawal/drop-out	_____

***Quantitative observational studies, and quantitative observational components of mixed methods studies:***

(1) Appropriate sampling and sample	_____
(2) Justification of measurements (validity and standards)	_____
(3) Control of confounding variables	_____

***Overall mixed methods approach of selected mixed methods studies:***

(1) Justification of the mixed methods design	_____
(2) Combination of qualitative and quantitative data collection-analysis techniques or procedures	_____
(3) Integration of qualitative and quantitative data or results	_____

**Total score in percent** \_\_\_\_\_

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The presence/absence of criteria (yes/no) may be scored 1 and 0, respectively. Then, a 'quality score' can be calculated as a percentage: [(number of 'yes' responses divided by the number of 'appropriate criteria') × 100]. For example, studies with good qualitative and quantitative observational components plus good overall mixed methods approach may be scored 100%: [(6 + 3 + 3)/12] × 100 (Pluye 2009)

### Appendix 3

#### List of factors related to the success or failure of ICT adoption

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##### 1. Factors related to ICT

- 1.1 Design and technical concerns
- 1.2 Characteristics of the innovation
  - 1.2.1 Relative advantage (usefulness)
  - 1.2.2 Compatibility (with work process, values)
  - 1.2.3 Ease of use/complexity
  - 1.2.4 Triability
  - 1.2.5 Observability
- 1.3 System reliability
- 1.4 Interoperability
- 1.5 Legal issues
  - 1.5.1 Confidentiality - privacy concerns
  - 1.5.2 Other legal issues (including security)
- 1.6 Evidence regarding benefits of IT
- 1.7 Validity of the resources
  - 1.7.1 Scientific quality of the information resources
  - 1.7.2 Content available (completeness)
  - 1.7.3 Appropriate for the users (relevance)
- 1.8 Cost issues
- 1.9 Environmental issues

##### 2. Individual factors or healthcare professional characteristics (knowledge and attitude)

- 2.1 Knowledge
  - 2.1.1 Awareness of the existence and/or objectives of the ICT
  - 2.1.2 Familiarity with ICT
  - 2.1.3 Familiarity with technologies in general
- 2.2 Attitude
  - 2.2.1 Agreement with the particular ICT
    - 2.2.1.1 Applicability to the clinical situation
    - 2.2.1.2 Confidence in ICT developer
    - 2.2.1.3 Challenge to autonomy
    - 2.2.1.4 Impact on clinical uncertainty
    - 2.2.1.5 Time consuming/time saving
    - 2.2.1.6 Outcome expectancy (use of the ICT leads to desired outcome)
    - 2.2.1.7 Motivation to use the ICT (readiness)/resistance to use the ICT
    - 2.2.1.8 Self-efficacy (believes in one's competence to use the ICT)
    - 2.2.1.9 Impact on professional security
  - 2.2.2 Agreement with ICTs in general (welcoming/resistant)
- 2.3 Socio-demographical characteristics
  - 2.3.1 Age
  - 2.3.2 Gender

- 2.3.3 Experience
- 2.3.4 Ethnicity
- 2.3.5 Other

### 3. Human environment

- 3.1 Factors associated with patients
  - 3.1.1 Patients' attitudes and preferences regarding ICT
  - 3.1.2 Patient/health professional interaction
  - 3.1.3 Applicability to patients' characteristics
  - 3.1.4 Other factors associated with patients
- 3.2 Factors associated with peers
  - 3.2.1 Attitude of colleagues about ICT
  - 3.2.2 Support and promotion of ICT by colleagues
  - 3.2.3 Others factors associated with peers (relations between colleagues)

### 4. Organisational environment

- 4.1 Internal environment
  - 4.1.1 Characteristics of the structure of work
    - 4.1.1.1 Setting of care (hospital, outpatient, primary care)
    - 4.1.1.2 Practice size
    - 4.1.1.3 Status (university/other, private/public)
    - 4.1.1.4 Physician salary status and reimbursement
  - 4.1.2 Work (nature of work)
    - 4.1.2.1 Time constraints and workload
    - 4.1.2.2 Work flexibility
    - 4.1.2.3 Relation between different health professionals (including role boundaries, change in tasks)
    - 4.1.2.4 Professional culture
  - 4.1.3 Skill -Staff
    - 4.1.3.1 Leadership
    - 4.1.3.2 Staff issues (stability, shortage)
  - 4.1.4 Resources availability
    - 4.1.4.1 Resources available (additional)
    - 4.1.4.2 Material resources (access to ICT)
    - 4.1.4.3 Human resources (IT support, other)
  - 4.1.5 Organisational factors
    - 4.1.5.1 Training/lack of or inadequate training
    - 4.1.5.2 Management (strategic plan to implementing applications)
    - 4.1.5.3 Presence and use of "champions"
      - Participation of end-users in the design
    - 4.1.5.4 Participation of end-users in the implementation strategy
    - 4.1.5.5 Communication (includes promotional activities)
    - 4.1.5.6 Relation management/health professionals
    - 4.1.5.7 Ongoing administrative/organisational support
    - 4.1.5.8 Incentive structures
    - 4.1.5.9 Readiness

- 4.1.5.10 Other organisational or cultural aspects
  - 4.2 External environment
    - 4.2.1 Financing of ICT/financial support
    - 4.2.2 Interorganisational relations
    - 4.2.3 Health care policies
-