

Telomere dysfunction induces metabolic and mitochondrial compromise

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Telomere dysfunction activates p53-mediated cellular growth arrest, senescence and apoptosis to drive progressive atrophy and functional decline in high-turnover tissues. The broader adverse impact of telomere dysfunction across many tissues including more quiescent systems prompted transcriptomic network analyses to identify common mechanisms operative in haematopoietic stem cells, heart and liver. These unbiased studies revealed profound repression of peroxisome proliferator-activated receptor gamma, coactivator 1 alpha and beta (*PGC-1α* and *PGC-1β*, also known as *Ppargc1a* and *Ppargc1b*, respectively) and the downstream network in mice null for either telomerase reverse transcriptase (*Tert*) or telomerase RNA component (*Terc*) genes. Consistent with PGCs as master regulators of mitochondrial physiology and metabolism, telomere dysfunction is associated with impaired mitochondrial biogenesis and function, decreased gluconeogenesis, cardiomyopathy, and increased reactive oxygen species. In the setting of telomere dysfunction, enforced *Tert* or *PGC-1α* expression or germline deletion of *p53* (also known as *Trp53*) substantially restores PGC network expression, mitochondrial respiration, cardiac function and gluconeogenesis. We demonstrate that telomere dysfunction activates p53 which in turn binds and represses *PGC-1α* and *PGC-1β* promoters, thereby forging a direct link between telomere and mitochondrial biology. We propose that this telomere–p53–PGC axis contributes to organ and metabolic failure and to diminishing organismal fitness in the setting of telomere dysfunction.

Multiple biological processes driven by diverse molecular factors conspire progressively to diminish organ function with advancing age. Molecular and cellular analyses of age-related conditions such as muscle atrophy, diabetes and cardiomyopathy implicate diminished mitochondrial function and telomere dysfunction in driving pathogenesis^{1–3}. Aged tissues show accumulation of mitochondrial DNA (mtDNA) mutations causing respiratory chain deficiency and increased reactive oxygen species (ROS)^{2,4}, which may underlie declining mitochondrial energy production and progressive loss of vigour in the aged⁵. The importance of mitochondrial integrity for healthy ageing is reinforced by premature ageing in mitochondrial polymerase (PolgA) mutant mice, which sustain increased mtDNA mutations⁶. Whereas the instigating processes driving age-associated mitochondrial decline are not known, in the context of this study, it is notable that the activity of the master mitochondrial regulators *PGC-1α* and *PGC-1β* decreases across ageing tissues^{7,8}. The relevance of PGCs to age-related pathologies may stem from their regulation of mitochondrial biogenesis and control of metabolic processes (gluconeogenesis, fatty acid metabolism and β-oxidation), processes that relate to increased insulin resistance and diabetes in the aged⁹.

Increasing evidence also implicated telomeres in the pathogenesis of age-related disorders¹⁰. Telomeres are nucleoprotein complexes at chromosome ends that function to preserve chromosomal integrity and quell p53-dependent DNA damage and DNA repair activity at these free ends¹¹. In the absence of telomerase, continued cell division results in

telomere shortening, loss of ‘capping’ function, and p53 activation^{12–15}. The prevailing view of how uncapped telomeres compromise organ function posits that p53 mediates cellular checkpoints of growth arrest, senescence and apoptosis in stem/progenitor cells^{10,16}. Correspondingly, p53 deficiency ameliorates these phenotypes, particularly in organs with high proliferative demands supported by resident stem cells¹⁵. The relevance of p53 in ageing is evidenced by stem cell depletion and premature ageing in mice engineered with hyper-active p53 alleles^{17,18}.

Whereas stem/progenitor cell failure due to p53-mediated cellular checkpoints may underlie compromise of highly proliferative organs, this mechanism seems inadequate to explain the profound physiological decline in more quiescent tissues, for example, heart (cardiomyopathy) and liver (reduced detoxification capacity, glucose intolerance). These pathologies indicate that telomere dysfunction elicits a degenerative state via additional mechanisms beyond the classical senescence and apoptosis checkpoints.

Telomere dysfunction represses PGC network and mitochondrial biogenesis

Tert^{−/−} mice were intercrossed to produce successive generations of telomerase deficient mice with decreasing telomere reserves. The *Tert*^{+/+} controls, first generation (G1) *Tert*^{−/−} (telomerase deficient with largely intact telomeres), and fourth generation (G4) *Tert*^{−/−} (telomerase deficient with severe telomere dysfunction) are designated hereafter as ‘WT’, ‘G1’ and ‘G4’ mice. In this model, progressive

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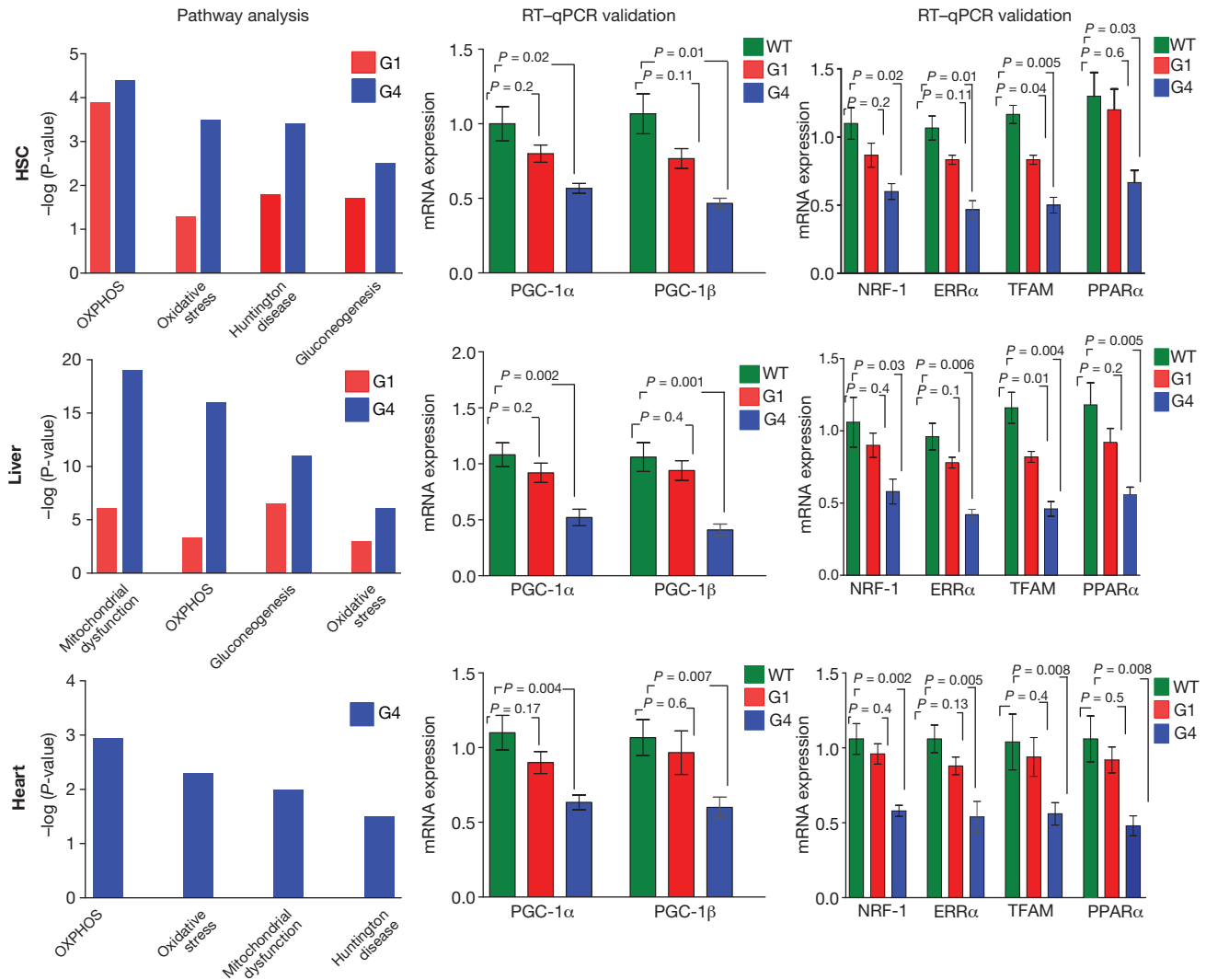
telomere shortening is associated with increasing atrophy and functional decline across proliferative organs (intestinal, haematopoietic) and equally profound impairment in relatively quiescent organs (liver and heart) that do not exhibit significant levels of apoptosis (Supplementary Fig. 1; not shown). Body composition analysis showed body weight reduction and striking decrease in fat mass with preserved lean mass, yet no differences in spontaneous activity or food intake were apparent, while running endurance capacity was significantly reduced in G4 mice (not shown). G4 mice also showed decreased blood triglyceride and cholesterol levels and increased free fatty acids (not shown). Thus, telomere dysfunction in the *Tert*^{-/-} model engenders a premature ageing condition with severe anatomic and functional compromise across diverse organ systems.

To illuminate mechanisms underlying the broad impact of telomeres, we profiled 'proliferative' (CD34low/- c-Kit+ Sca-1+ Lin-, hereafter haematopoietic stem cells, 'HSCs') and 'quiescent' (liver and heart) tissues from 12-16-week-old WT, G1 and G4 mice. Telomere dysfunction transcriptomes showed strong enrichment for networks regulated by PGC-1 α and PGC-1 β including oxidative phosphorylation (OXPHOS), mitochondrial function, oxidative stress and gluconeogenesis (Fig. 1; Supplementary Tables 1-3). G1 transcriptomes

showed modest downward trends consistent with less telomere dysfunction (Fig. 1). The most prominent network perturbations centred on repressed OXPHOS genes, among which are many PGC targets (Supplementary Fig. 2; Supplementary Tables 1-3), and on repression of key genes governing oxidative defence (*Sod1*, glutathione peroxidase), gluconeogenesis (*Pepck*, *Glc-6-P*), fatty acid and cholesterol synthesis (*Fasn*, *Dgat*, *Gpat*, *Hmgcs1*, *Hmgcr*) and β -oxidation (*Acadm*, *Acadl* and *Cpt1c*, respectively). Quantitative reverse transcriptase polymerase chain reaction analysis (RT-qPCR) and western blot analysis of G4 tissues confirmed decreased PGC-1 α and PGC-1 β expression (Fig. 1) and their critical targets such as NRF-1, ERR α (also known as ESRR α), PPAR α and TFAM (Fig. 1; Supplementary Fig. 3). G1 tissues showed marginal reductions in PGC-1 α , PGC-1 β and their target genes (Fig. 1). Thus, telomere dysfunction represses PGC-1 α/β and their downstream gene network, which controls many aspects of mitochondrial biology and cellular metabolism⁹.

Telomere dysfunction decreases mitochondrial mass and energy production

The above profiles prompted assessment of whether telomere dysfunction has an impact on mitochondrial biology. We documented reduced



including oxidative phosphorylation (OXPHOS), mitochondrial dysfunction, gluconeogenesis, oxidative stress and Huntington Disease (HD). IPA results are expressed as $-\log(p\text{-value})$. $\Delta\Delta Ct$ method was used to analyse RT-qPCR data ($n = 5-8$ per group), t -test was used to calculate the statistical significance and error bars indicate s.e.m.

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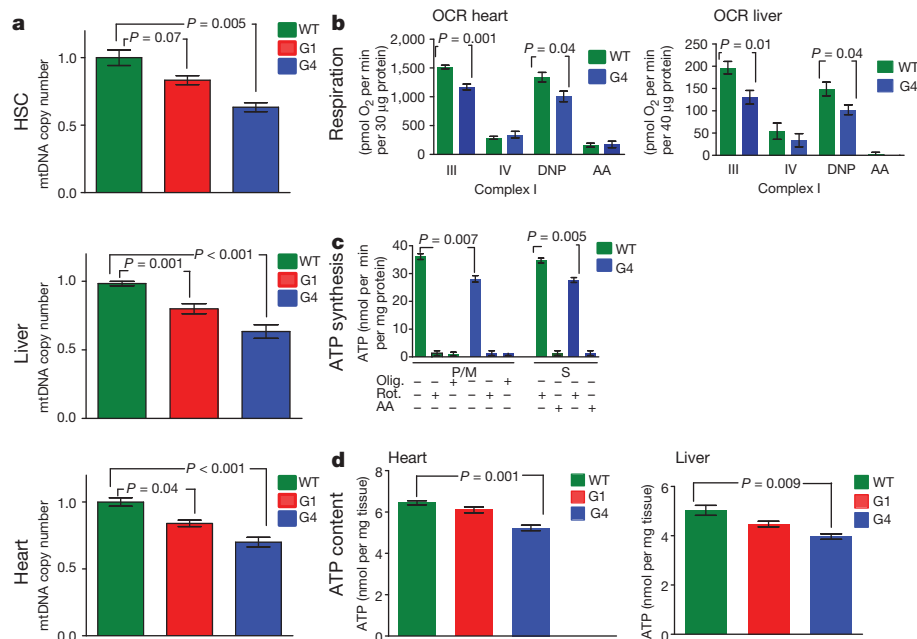


Figure 2 | Telomere dysfunction is associated with reduced mitochondrial DNA content in HSC, liver and heart and impaired mitochondrial function

a, Mitochondrial DNA copy number in HSC, liver and heart ($n = 5-8$). **b**, Oxygen consumption rates (OCR) in heart and liver mitochondria in the presence of glutamate/malate (liver, $n = 3-5$) or pyruvate/malate (heart, $n = 3-5$). State III was induced by injection of ADP. State IV was induced by inhibition of the ATP synthase with oligomycin and uncoupled respiration rates were determined by injection of 2,4-dinitrophenol (DNP). Antimycin A (AA) was used to determine background, non-mitochondrial OXPHOS, OCR.

mitochondrial DNA content (Fig. 2a) and reduced mitochondrial density in G1 and G4 heart and liver (Supplementary Fig. 4a and b). Functionally, telomere dysfunction correlated with a marked decline in complex I and IV activity when assayed with either whole tissue lysates or isolated mitochondria from G1 and G4 heart and liver tissues (Supplementary Fig. 4c). The functional compromise of mitochondria was further substantiated by respiration studies of isolated liver and heart mitochondria from WT and G4 mice using the Seahorse XF24 (see Supplementary data online). State III (ADP-stimulated) respiration assay revealed a significant reduction in O₂ consumption in G4 heart and liver mitochondria (Fig. 2b; Supplementary Fig. 5a). Furthermore, respiration uncoupled from ATP synthesis (induced by 2,4-dinitrophenol, DNP) was also reduced in G4 liver and heart mitochondria (31% and 25%, respectively) (Fig. 2b). Additionally, complex II- and complex IV-dependent respiration was also decreased in G4 mitochondria (Supplementary Fig. 5a). Clark electrode-based studies in isolated liver mitochondria showed similar compromise in respiration (Supplementary Fig. 5b). Together, these results demonstrate defective electron transport chain activity in both G4 liver and heart mitochondria. In this regard, G4 heart mitochondria displayed significantly decreased ATP synthesis rates (Fig. 2c). This impaired mitochondrial ATP synthesis is associated with decreased total ATP content in G4 hearts and livers (Fig. 2d).

In addition, decreased expression of ROS detoxifying enzymes including known PGC-1 α targets was observed in G4 HSCs, liver and heart, which aligned with increased ROS levels by FACS in HSCs and increased carbonylated proteins in liver homogenates (Supplementary Fig. 6a-c). Further, complex I and complex II dependent H₂O₂ production rates were significantly increased in G4 mitochondria (Supplementary Fig. 6d). However, G1 or G4 mice treated from birth with *N*-acetylcysteine, a ROS scavenger, did not rescue defective HSC repopulation in competitive transplantations (Supplementary Fig. 6e), indicating that increased ROS is not mechanistically central to HSC failure.

c, ATP synthesis rates in isolated heart mitochondria driven by complex I (pyruvate /malate (P/M)) and complex II (succinate, S) respiration. The specificity of the measurements is verified by the effect of inhibitors (oligomycin (Olig.), rotenone (Rot.) and antimycin A (AA) ($n = 3$ per group, duplicate measurements per sample). Succinate-dependent ATP synthesis was determined in the presence of the complex I inhibitor rotenone. **d**, ATP content in liver and heart tissues was determined by HPLC ($n = 5$). *t*-test was used to calculate the statistical significance and error bars indicate s.e.m.

Taken together, these collective data establish that telomere-dysfunction-induced repression of the PGC network is associated with mitochondrial dysfunction as evidenced by compromised OXPHOS and respiration, decreased ATP generation capacity, and increased oxidative stress. Importantly, given evidence of non-telomere-related functions of Tert^{19,20}, we also demonstrated that, with onset of telomere dysfunction, Tert^{-/-} mice (normal Tert expression) experience degenerative phenotypes indistinguishable of those in the Tert^{-/-} model^{21,22}. Specifically, G2 Tert^{-/-} liver and hearts (exhibiting comparable telomere dysfunction as G4 Tert^{-/-} mice) exhibited the same canonical pathway alterations (Supplementary Fig. 7a; Supplementary Tables 4 and 5) as well as reductions in PGC and targets, mitochondrial DNA content, complex I and IV activity, and ATP levels (Supplementary Fig. 7b-e). The indistinguishable mitochondrial and energy profiles of Tert and Tert models indicate that telomere dysfunction *per se* is the principal factor driving these phenotypes.

Telomere dysfunction induces pathophysiology classical for impaired PGC function

Although these findings link dysfunctional telomeres to diminished PGC co-activator expression, we sought additional physiological evidence of such correlations *in vivo*. Previous work has established that repression of either or both co-activators (PGC-1 α or PGC-1 β) decreases mitochondrial biogenesis and function, elicits cardiomyopathy and impairs *de novo* glucose production²³⁻²⁵. G4 Tert^{-/-} mice exhibited these classical signs of impaired PGC function, including an age-progressive dilated cardiomyopathy with left ventricular wall thinning, increased left ventricular diameter, and reduced fractional shortening by 15 months of age (Fig. 3a), as reported previously in Tert^{-/-} mice²⁶. G4 mice also exhibited an inability to maintain plasma glucose levels under fasting conditions, experiencing a marked 30% drop at 12 h of fasting, yet maintained normal plasma glucose levels under fed conditions (Fig. 3b). This defect in gluconeogenesis

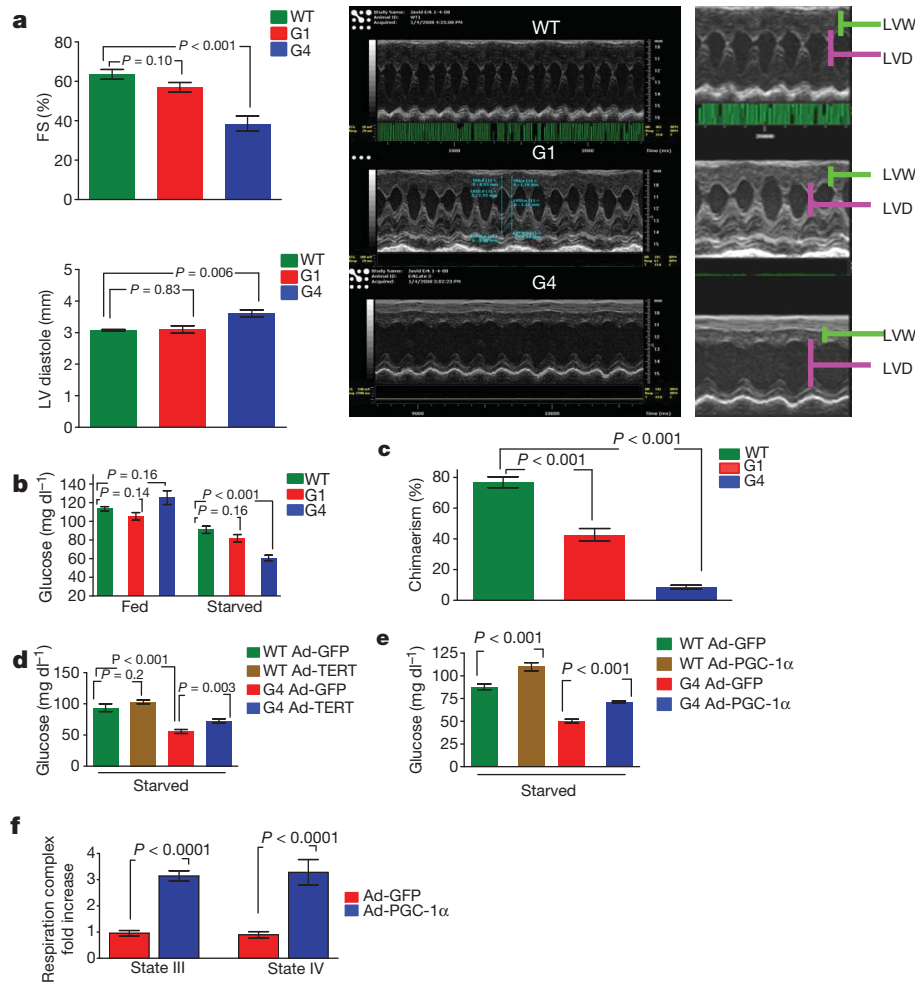


Figure 3 | Telomere dysfunction induces cardiomyopathy, defective gluconeogenesis and reduced HSC reconstitution capacity. Telomerase and PGC-1 α overexpression improves gluconeogenesis and mitochondrial respiration in G4 mice. **a**, Decreased fractional shortening (FS%) in 15-month-old G4 mice and signs of end-stage cardiomyopathy (left ventricular diameter (LVD) increase and thinning of left ventricular wall (LVW), $n = 5-8$ per genotype). **b**, Glucose levels in mice under fed and starved conditions ($n = 10$ per genotype). **c**, Long-term repopulation capacity in competitive transplants

was also evident in cultured hepatocytes from G4 mice (not shown), indicating a cell intrinsic defect. Finally, prompted by studies linking impaired mitochondrial function to defective HSC maintenance²⁷⁻²⁹, we showed that either enriched HSC or whole bone marrow derived from G4 mice show decreased capacity to reconstitute lethally irradiated recipients in competitive transplant experiments (Fig. 3c, not shown).

Additionally, to genetically strengthen the telomere–PGC–mitochondrial link *in vivo*, we reintroduced *Tert* in G4 livers via adenoviral delivery and monitored gene expression and gluconeogenic output under fasting conditions. Five days following Ad-Tert injection, partial rescue of PGC-1 α/β , Glc-6-P and *Pepck* expression (Supplementary Fig. 8a) was evident, accompanied by a 30% increase in glucose levels relative to Ad-GFP controls; Ad-Tert had no effect on gluconeogenesis in WT mice (Fig. 3d). We excluded multi-system causes affecting glucose control by documenting similar Ad-Tert responses in cultured G4 hepatocytes which show an 80% increase in glucose output relative to Ad-GFP controls (Supplementary Fig. 8b). Furthermore, this PGC-mitochondrial link is supported by Ad-PGC-1 α -induced rescue of gluconeogenesis *in vivo* and *in vitro* in G4 hepatocytes (Fig. 3e; Supplementary Fig. 8c). This Ad-PGC-1 α impact was markedly more pronounced in G4 mice than in WT mice or hepatocytes. Finally, to test whether PGC overexpression can also

reverse the mitochondrial respiration defect in telomere dysfunctional mice, we measured respiration in isolated liver mitochondria after adenoviral PGC delivery *in vivo*. One week after transduction, isolated liver mitochondria transduced with PGC-1 α showed an increase in state III (3.1-fold) and state IV (3.2-fold) respiration compared to GFP-transduced controls (Fig. 3f). WT mitochondria transduced with Ad-PGC showed increased respiration, albeit at lower levels (state III 1.8-fold; state IV 2.1-fold increase; not shown).

was determined using CD45.1- and CD45.2-specific antibodies. Shown is the percentage contribution of donors after 4 months. ($n = 8$ donors per group, three recipients per donor). **d**, Overexpression of *Tert* by adenovirus attenuates gluconeogenesis defect in G4 mice ($n = 8$ per group). **e**, Overexpression of PGC-1 α attenuates gluconeogenesis defect in G4 mice. ($n = 8-10$ per group). **f**, PGC-1 α overexpression rescues respiration defect (complex I) in G4 liver mitochondria ($n = 5$ per group). Student *t*-test was used to calculate the statistical differences in all assays described and error bars represent s.e.m.

p53 directly represses PGC-1 α and PGC-1 β

p53 deficiency markedly attenuates the degenerative phenotypes associated with telomere dysfunction, whereas constitutively activated p53 accelerates ageing phenotypes¹⁵⁻¹⁸. This role in ageing and p53's activation in telomere dysfunctional tissues of *Terc*^{-/-} mice and *Tert*^{-/-} mice (Supplementary Fig. 9a–d) prompted assessment of direct links between p53 activation and PGC-1 α/β regulation on multiple levels. First, relative to G2 *Terc*^{-/-} *p53*^{+/+} littermate controls, G2 *Terc*^{-/-} *p53*^{-/-} liver and hearts showed substantial or complete restoration of PGC-1 α and PGC-1 β expression (Fig. 4a) and downstream targets *ERR α* , *PPAR γ* and *TFAM* (not shown). Second, mitochondrial DNA copy number is significantly restored in G2 *Terc*^{-/-} *p53*^{-/-} livers and hearts relative to age- and gender-matched G2 *Terc*^{-/-} *p53*^{+/+} controls (Fig. 4b). Third, G2 *Terc*^{-/-} *p53*^{-/-} MEFs harbouring

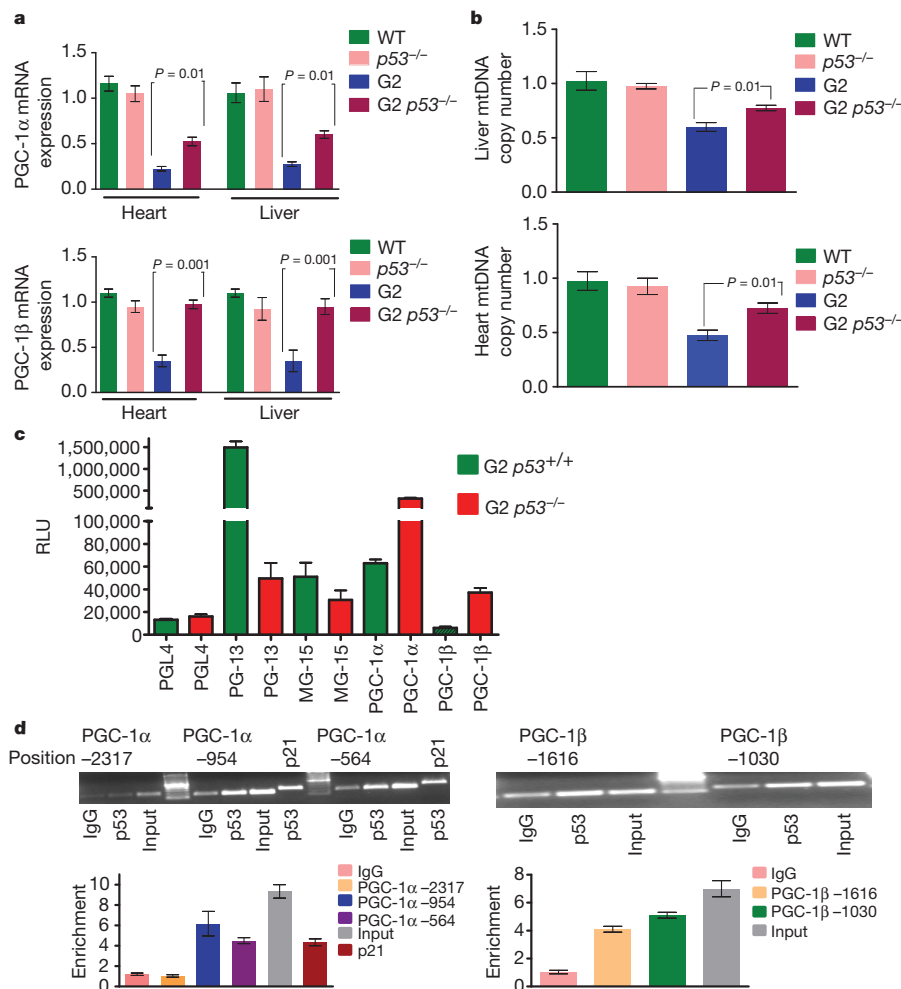


Figure 4 | p53 deficiency partially rescues the transcriptional regulation of PGC-1 α/β and mitochondrial DNA copy number. **a**, PGC-1 α and PGC-1 β expression in liver and heart ($n = 4$). **b**, mtDNA quantification in liver and heart ($n = 4$). **c**, p53 represses PGC-1 α and PGC-1 β promoter reporters. G2 *Terc* *p53*^{+/+} and G2 *Terc* *p53*^{-/-} MEFs were transfected with empty reporter pGL4 or PGL4 containing various reporter fragments (-2.8 and -2.6 kb fragment of mouse PGC-1 α and PGC-1 β). Controls included the PG13-luc plasmid (containing 13 copies of a synthetic p53 DNA binding site) and MG15-luc (containing 15 copies of a mutated p53 DNA binding site). Shown is the average luciferase value (relative light units, RLU) of three different experiments. **d**, Chromatin immunoprecipitation (ChIP) showing p53 binding on the promoters of PGC-1 α and PGC-1 β at indicated sites and at p21 site (positive control). Graphs below show quantitative results in the proximal promoter regions by qPCR (three independent experiments). $\Delta\Delta Ct$ method was used to analyse RT-qPCR data and *t*-test was used to calculate the statistical significance, error bars represent s.e.m.

a 4-hydroxytamoxifen (OHT)-induced p53-oestrogen receptor fusion construct (p53-ER) demonstrated potent OHT-dependent repression of PGC-1 α , PGC-1 β and downstream targets within 4 h of OHT treatment (Supplementary Fig. 10a; data not shown). Fourth, after 48 h of OHT treatment, G2 *Terc*^{-/-} *p53*^{-/-} p53-ER MEFs showed a 10–15% decrease in mitochondrial mass compared with no significant change in the OHT-treated G2 *Terc*^{-/-} *p53*^{-/-} controls (Supplementary Fig. 10b). Fifth, *in silico* promoter analysis (p53MH program) identified potential p53 binding elements in PGC-1 α and PGC-1 β promoters. These promoter regions were cloned into the PGL4 reporter and transfected into G2 *Terc*^{-/-} *p53*^{+/+} MEFs which showed fivefold repression of PGC-1 α -PGL4 and PGC-1 β -PGL4 reporter activity relative to G2 *Terc*^{-/-} *p53*^{-/-} MEFs (Fig. 4c). Positive (p21 responsive reporter, PG-13) and negative (empty vector PGL4; mutated p21 reporter 'MG') control reporters showed the expected reporter activity (Fig. 4c). Repressed reporter activity was also observed following transfection of a pCDNA-p53 expression vector into G2 *Terc*^{-/-} *p53*^{-/-} MEFs harbouring PGL4-PGC-1 α and PGL4-PGC-1 β reporters (not shown). Finally, anti-p53 chromatin-immunoprecipitation assays in G2 *Terc*^{-/-} *p53*^{+/+}, but not G2 *Terc*^{-/-} *p53*^{-/-}, MEFs demonstrated physical binding between p53 and (1) PGC-1 α fragments containing p53 binding elements at -564 and -954, but not -2317, and (2) PGC1 β fragments containing p53 binding elements at -1616 and -1030 (Fig. 4d).

To test whether the herein and elsewhere documented³⁰ negative impact of p53 on mitochondrial function is context-specific, we over-expressed p53 at similar levels in *p53*^{-/-} and G2 *p53*^{-/-} MEFs by adenoviral delivery (Supplementary Fig. 11a). Increasing dosage of p53 in either *p53*^{-/-} or G2 *p53*^{-/-} MEFs showed repressed PGC-1 α and PGC-1 β levels and increasing occupancy of p53 binding

elements in PGC-1 α and PGC-1 β promoters (Supplementary Fig. 11b, c). Furthermore, WT MEF or heart tissues of mice treated with the DNA damage agent doxorubicin showed increased p53 levels after 24 h and coincident binding of p53 to PGC-1 α promoter and repression of PGC-1 α levels as documented before³¹ (not shown). This repression was significantly rescued by p53 deficiency in MEFs and in hearts treated with doxorubicin (not shown). Thus, increasing p53 levels can lead to PGC repression in these genetic contexts.

The functional relevance of p53-mediated repression of PGC-1 α/β was examined by assessment of the impact of p53 status on liver and cardiac function. In liver, we observed higher gluconeogenic capacity upon fasting in G4 *p53*^{-/-} mice (Fig. 5a, top) and isolated hepatocytes relative to that of G4 *p53*^{+/+} controls (Fig. 5a). In heart, a protocol of low-dose doxorubicin-induced cardiomyopathy showed 30% improvement of fractional shortening in G4 *p53*^{-/-} mice relative to that of G4 *p53*^{+/+} controls (Fig. 5b). In mice with intact telomeres, p53 status had minimal impact on liver gluconeogenesis or cardiac function. In summary, combined biochemical, genetic and physiological results indicate that (1) activated p53 directly represses PGC-1 α and PGC-1 β , (2) p53 deficiency alleviates transcriptional repression and associated decline in mitochondrial DNA content in tissues and cells with telomere dysfunction, and (3) p53 deficiency partially rescues telomere dysfunction-induced heart and liver pathophysiology which have been classically associated with PGC deficiencies and mitochondrial dysfunction.

Discussion

Telomere dysfunction has been linked to many aspects of the ageing process. Genetic model systems have established the essentiality of preserved telomere function in the regenerative maintenance of highly

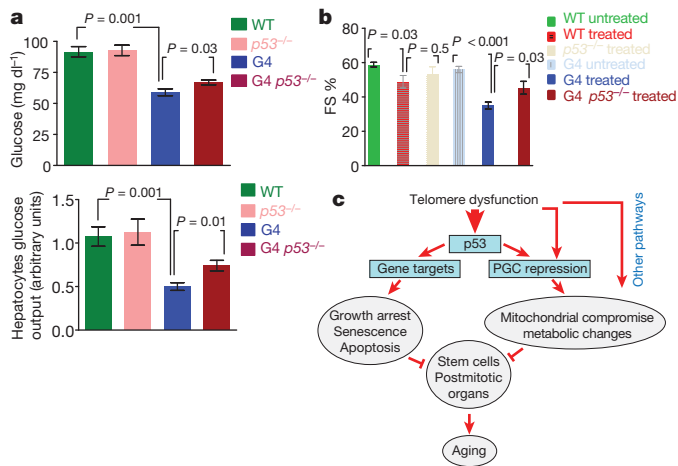


Figure 5 | p53 deficiency rescues gluconeogenesis and doxorubicin-induced cardiomyopathy. **a**, Glucose levels in mice (top) and in medium of hepatocytes (bottom, $n = 5-8$). **b**, Doxorubicin-induced cardiomyopathy (decreased fractional shortening, FS) in G4 mice can be partially rescued by p53 deficiency ($n = 3-5$, t -test, error bars represent s.e.m.). **c**, Proposed model: telomere-dysfunction-induced p53 represses PGCs and induces metabolic and mitochondrial compromise. Other pathways engaged by telomere dysfunction are also involved in mediating PGC repression and mitochondrial dysfunction. Together with classical cellular outcomes of p53 activation (senescence, apoptosis and growth arrest), metabolic and mitochondrial compromise might contribute to functional organ decline in the aged.

proliferative organs as well as in the preservation of physiological functions of more quiescent organs such as heart, brain and liver. Although classical p53-directed checkpoints of proliferative arrest and apoptosis have provided a strong basis for atrophy and functional impairment of high turnover tissues, the mechanistic basis for comparably severe compromise of less proliferative tissues has been an enigma. Here, combined transcriptomic, molecular, genetic and functional analyses on cellular and organismal levels established a direct molecular link between telomere dysfunction and repression of PGC-dependent processes of mitochondrial biogenesis/function, gluconeogenesis and oxidative defence. This combined repression of PGC-1 α and PGC-1 β and associated decline in mitochondrial biogenesis and function as well as metabolic changes aligns well with the phenotypes elicited by combined PGC-1 α and PGC-1 β knockdown *in vitro* or knockout *in vivo*^{25,32}. We propose that telomere dysfunction-induced repression of the PGC network and consequent mitochondriopathy and metabolic changes, along with telomere-induced apoptotic and proliferative checkpoints, contributes to functional multi-system decline in the setting of telomere dysfunction.

Given the diverse roles of PGC in multiple biological processes, the relative contribution of each of the dysregulated PGC arms to functional decline in the setting of telomere dysfunction may differ in various tissue types. For example, the PGC-directed mitochondrial dysfunction might be particularly critical in heart, whereas changes in metabolic gene expression may predominate in liver. Of potential clinical interest is the link of PGC to insulin resistance and diabetes in ageing, both of which are correlated with short telomeres^{33,34}. These mitochondrial and metabolic aspects of telomere-driven pathophysiology are not mutually exclusive with the well documented 'DNA damage' checkpoints associated with telomere dysfunction. These DNA damage checkpoints manifest primarily as cellular senescence and/or apoptosis which contribute to depletion and compromise of tissue stem cell reserves, particularly in highly proliferative organs such as intestine, skin and blood^{13,35,36}. Although the relative contributions of these checkpoints versus metabolic/mitochondrial dysfunction in a given degenerative phenotype will require further study, the latter mechanism may explain the profound physiological

impairment observed in the more static, post-mitotic tissues such as heart (cardiomyopathy) and liver (impaired gluconeogenesis), leading to feeble energy stress responses and overall frailty due to a fundamental inability to produce adequate cellular ATP. As with other mitochondriopathies, this mitochondrial defect in the setting of telomere dysfunction becomes increasingly apparent under conditions of physiological stress or advanced age². Whereas the instigator of decline in advanced age is not known, our findings raise the possibility that the well-known phenomenon of accelerating physiological decline in the aged could stem from a primary decline in PGC/mitochondrial function which in turn would lead to increased ROS, resulting from the diminished OXPHOS/complex activity and decreased expression of PGC-regulated oxidative defence genes. These increased ROS levels would set in motion a detrimental cycle of genotoxic damage with rapid erosion and damage of G-rich telomeres, sustained p53 activation, further repression of PGC, progressive mitochondrial decline, and so on^{37,38}. Under such circumstances, pharmacological correction of increased ROS would not be expected to substantially correct the primary mitochondrial defect and associated degenerative phenotypes, although such interventions may slow the rate of decline. Finally, beyond ROS accumulation, yeast genetic studies have shown that mitochondrial dysfunction results in a decline in iron-sulphur cluster biogenesis³⁹ which can cause nuclear genomic instability and thus would be expected to drive further decline in mitochondrial function via genotoxic activation of p53 and associated repression of PGC. It is also worth noting that p53-mediated repression of PGC is highly context dependent—shown here to occur in the setting of telomere dysfunction with increased p53 levels and activity—and that p53 can exert varied effects on mitochondrial biogenesis and function in other tissue and physiological settings depending on levels and kinetics of p53 activation, among other factors^{30,40}.

Mitochondria use oxidative phosphorylation to convert dietary intake into ATP, and in the process, generate ROS which can damage mitochondrial DNA, impair respiratory chain function, and cause nuclear DNA damage and cellular checkpoint activation. Given the central importance of mitochondria, one might anticipate that any genetic manipulation resulting in significantly decreased mitochondrial biogenesis/activity could accelerate the ageing process and cause age-related disorders such as diabetes, heart disease and neurological decline. From this perspective, it is worth noting that there are many molecules with important roles in organismal ageing or age-related disorders which interact directly with components of the telomere-mitochondrial axis. In particular, the increased lifespan associated with caloric restriction in model organisms is accompanied by increased mitochondrial density and respiration. Caloric restriction is associated with increased SIRT1 activity, which stabilizes PGC-1 α in turn increasing mitochondrial biogenesis and function⁴¹. Moreover, the beneficial impact of SIRT1 may also stem from its deacetylation and inactivation of p53, which may attenuate checkpoint responses and de-repress PGC-1 α expression; conversely, SIRT1 knockout mice show widespread p53 activation and shortened life expectancy^{42,43}.

In summary, multiple levels of evidence establish telomere dysfunction-induced p53 represses PGC-1 α and PGC-1 β , thereby linking telomeres to mitochondrial biology, oxidative defence, and metabolism. As illustrated in Fig. 5c, this telomere-p53-PGC pathway expands our understanding of how telomere dysfunction may compromise organ function and contribute to age-related disorders.

METHODS SUMMARY

Terc^{-/-} and *Tert*^{-/-}, *p53*^{-/-} mice have been described previously^{15,44}. Microarray analysis of HSCs, heart and liver tissues from WT, G1 and G4 *Tert*^{-/-} and G2 *Terc*^{-/-} mice was performed using either SAM (liver and heart) or fold change differences (HSCs) followed by Ingenuity pathway analysis (IPA). Quantitative RT-qPCR was analysed by $\Delta\Delta C_t$ method. qPCR-based mitochondrial quantification was performed with two different primer sets for genomic and mitochondrial loci. Shock-frozen heart and liver tissues were used for ATP determination by HPLC. Mitochondrial oxygen consumption studies were

performed in isolated heart and liver mitochondria using a XF24 extracellular flux analyser with substrates feeding electrons into complexes I, II and IV. Murine transthoracic echocardiography was conducted using a high-resolution micro ultrasound system as described previously⁴⁵. Competitive transplant experiments were performed following standard protocols. Fasting glucose concentrations were determined after 12–16 h of fasting. For *in vivo* Ad-Tert/PGC-1 α transduction studies, mice were transduced with 10⁹ virus particles per mouse and peripheral glucose levels determined 5–6 days post infection. Gluconeogenesis in isolated hepatocytes was determined following established protocols and glucose concentration is reported after protein standardization²⁴. For p53–ER activation studies in MEFs, control or experimental cells were either treated with ethanol vehicle or 4-OHT and mitochondrial mass was determined by MitoGreen and by qPCR. For promoter analysis, sequences of 2.8 kb (PGC-1 α) and 2.6 kb (PGC-1 β), upstream of the start sites, were amplified by PCR from genomic mouse heart DNA and cloned into a luciferase reporter vector. Upstream lengths were chosen based on potential p53 binding sites as identified by TRANSFAC. For chromatin immunoprecipitation, we followed the EZ-Chip protocol (Promega) using p53 specific antibody and control IgG. Doxorubicin was administered at 7.5 mg per kg body weight into 8-week-old mice and echocardiography was performed 7 days later. For full details, see Supplementary Methods.

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