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1 **The causes of evolvability and their evolution**

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7

8 **Abstract** | Evolvability is the ability of a biological system to produce phenotypic variation that is both
9 heritable and adaptive. It has long been the subject of anecdotal observations and theoretical work. In recent
10 years, however, the molecular causes of evolvability have been an increasing focus of experimental work.
11 Here we review recent experimental progress in areas as different as the evolution of drug resistance in
12 cancer cells and the rewiring of transcriptional regulation circuits in vertebrates. This research reveals three
13 major themes: the importance of multiple, genetic and non-genetic mechanisms to generate phenotypic
14 diversity, of robustness in genetic systems, and of adaptive landscape topography. We also discuss the
15 mounting evidence that evolvability can evolve, and the question of whether it evolves adaptively.

16

17 **[H1] Introduction**

18 Evolvability research is now entering its fourth decade. Although the term was first used as early as 1932,
19 evolvability as a scientific subdiscipline of evolutionary biology is often associated with a 1989 article by
20 Richard Dawkins¹ describing what are now called digital organisms². Today, research on evolvability is
21 integral to multiple fields, including population genetics, quantitative genetics, molecular biology, and
22 developmental biology. Not surprisingly then, this diversity of research has led to various definitions of
23 evolvability³. We here focus on one of them, because we consider it the most fundamental: Evolvability is the
24 ability of a biological system to produce phenotypic variation that is both heritable and adaptive. The
25 definition is fundamental because, first, heritable phenotypic variation is the essential raw material of
26 evolution. Second, unless a biological system has the potential to produce variation that is adaptive

27 (beneficial) in some environments, adaptation by natural selection is impossible. Third, the definition is broad
28 enough to apply to fields as different as population genetics and molecular biology, which study evolvability
29 in different ways³.

30
31 Most early evolvability research was theoretical or guided by few experimental studies^{1,3-11}. This has changed.
32 Research on evolvability is becoming increasingly experimental and driven by advances in high-throughput
33 technologies (Box 1). The observations from such experiments are providing a mechanistic understanding of
34 how living systems generate heritable adaptive variation¹². We focus this Review on such experimental
35 studies, which come from a diversity of fields, ranging from developmental to cancer biology. Many make no
36 explicit mention of evolvability, yet they all shed light on the causes of evolvability, and some also on its
37 evolution. They are relevant for phenomena as different as the evolution of antibiotic resistance in bacteria,
38 and the evolutionary rescue of populations threatened by climate and other environmental change. Their
39 insights fall into three major categories, which provide a scaffold for this Review.

40
41 The first major category encompasses molecular mechanisms that create phenotypic heterogeneity, and do so
42 not just through DNA mutations, but even in the absence of such mutations. These mechanisms have become
43 central to evolvability research, because they allow **isogenic populations [G]** to create phenotypic variation,
44 some of which may facilitate survival in new or rapidly changing environments, and may thus provide time
45 for an advantageous phenotype to be reinforced or stabilized via DNA mutation, gene duplication,
46 recombination, or epigenetic modification. The second category of evidence revolves around robustness,
47 which is central to evolvability, because it allows an evolving population to explore new genotypes without
48 detrimentally affecting essential phenotypes. The resulting genotypic diversity may serve as a springboard for
49 subsequent mutations to generate novel phenotypes, or it may bring forth new phenotypic variation when the
50 environment changes. The third category of evidence regards the topographical features of an adaptive
51 landscape, such as its smoothness, and a population's location within such a landscape. These factors
52 determine the amount of adaptive phenotypic variation that mutation can bring forth. Adaptive landscapes

53 provide a useful geometric framework to encapsulate genotype-phenotype (or fitness) relationships that affect
54 evolvability.

55
56 Unfortunately, space constraints prevent us from reviewing other important aspects of evolvability research,
57 including the roles of **phenotypic plasticity [G]** , organismal development, **modularity [G]** , and **pleiotropy**
58 **[G]** , as well as theoretical advances. Additionally, we frame our Review primarily around mechanisms of
59 **pre-mutation evolvability [G]** and mechanisms that do not require genetic change, although we briefly
60 discuss some mechanisms of **post-mutation evolvability [G]** , where recombination plays an especially
61 important role¹³.

62

63 **[H1] Phenotypic heterogeneity**

64 Heritable phenotypic variation is the raw material of natural selection, and the best-known mechanisms to
65 create such variation are DNA mutation and recombination. However, because the role these mechanisms
66 play in generating phenotypic variation is well established and has been extensively reviewed^{13,14}, we here
67 focus on another class of mechanisms whose astonishing diversity is only beginning to come to light through
68 recent experimental work¹⁵. These mechanisms create phenotypic heterogeneity *without* creating genetic
69 variation.

70

71 Non-genetic mechanisms to create phenotypic heterogeneity can be found in many processes affecting the
72 expression of genetic information. We review four such mechanisms: stochastic gene expression, errors in
73 protein synthesis, epigenetic modifications, and protein promiscuity. Each mechanism can create phenotypic
74 variation in a population of genetically identical individuals¹⁶. Such variation can for example provide a
75 competitive advantage to subpopulations with adaptive phenotypes in fluctuating environments^{17,18}. These
76 phenotypes may themselves be heritable, eventually made permanent by mutation or epigenetic modification,
77 or they may simply ‘buy time’ for a population to adapt in other ways to an environmental challenge (Fig.
78 1a).

79

80 **[H2] Stochastic gene expression.** Stochastic gene expression, or **gene expression noise [G]** has multiple
81 causes, including the efficiency of transcription and translation^{19,20}, as well as the regulation of gene
82 expression by low-abundance molecules whose numbers fluctuate randomly in a cell²¹ (Fig. 1b). It can create
83 non-genetic, adaptive diversity in phenotypes as diverse as **viral latency [G]**, bacterial **competence [G]** and
84 antibiotic resistance, as well as drug resistance in cancer²²⁻²⁴.

85

86 One example where stochastic gene expression causes adaptive phenotypic variation is persistence, where
87 some cells in an isogenic population exhibit a physiologically dormant phenotype called a persister
88 phenotype²⁵. This phenotype is adaptive, because a dormant subpopulation has the potential to survive drugs
89 that require active growth for killing, affording the persistent subpopulation time to acquire resistance-
90 conferring DNA mutations. This was recently demonstrated in a laboratory evolution experiment of
91 *Escherichia coli* populations subjected to intermittent exposures of ampicillin²⁶, in which persistence served
92 as a stopgap until some individuals acquired resistance-causing mutations.

93

94 Persistence arises in only a small fraction of a population, so one might think that the resulting **population**
95 **bottleneck [G]** would hinder evolvability by reducing the supply of beneficial mutations. However, a recent
96 study of non-small-cell lung cancer indicates that this need not be the case²⁷. These cells stochastically
97 express a persistent phenotype, mediated by an altered chromatin state²⁸. A population derived from one of
98 these cells was exposed to the drug erlotinib, which resulted in the formation of multiple persistent
99 subpopulations. Seventeen of these subpopulations were later expanded in isolation from each other until
100 drug resistance emerged through DNA mutations. Genetic analysis of the resistant clones uncovered several
101 distinct resistance mechanisms, indicating that several evolutionary paths to resistance remained despite the
102 population bottleneck. In sum, persistence can facilitate evolvability, because it allows some individuals
103 (individual cells in this example) to survive long enough to experience adaptive genetic change.

104

105 Rare-cell-variability is similar to persistence, in that a subpopulation of cells stochastically expresses a
106 phenotype that facilitates the evasion of drug treatment^{28,29}. It is different from persistence, in that the
107 subpopulation is not dormant, but rather exhibits a transient transcriptional state that may include the
108 expression of resistance-conferring genes. For example, in a study of resistance evolution to the drug
109 vemurafenib in human melanoma, rare cells transiently expressed one or several such genes prior to drug
110 exposure, making them ‘pre-resistant’.²⁴ After four weeks of drug exposure, stably resistant colonies emerged
111 that expressed these genes at uniformly high levels, and in a semi-coordinated fashion. For instance, of 1,456
112 genes known to contribute to resistance, pre-resistant cells expressed 72. After four weeks of drug exposure,
113 this number rose to 966. These changes were not caused by DNA mutations. Rather, drug exposure initiated
114 epigenetic cellular changes that stabilized the transiently resistant state. The transient expression of
115 resistance-conferring genes in rare cells is not limited to melanoma, but is also found in unrelated cancer cell
116 types, suggesting that the epigenetic conversion of a rare, transient transcriptional state to a stably resistant
117 state may be a common mechanism of evolvability in cancer³⁰. Such stabilization of a new phenotype, even if
118 temporary, may facilitate more permanent stabilization through genetic mutations. Examples like these are
119 closely related to the phenomenon of **genetic assimilation [G]**, which has been studied since the 1950s^{31,32}.

120

121 Stochastic gene expression may also facilitate evolvability by changing how strongly mutations affect fitness,
122 and in particular by enhancing the positive effects of beneficial mutations³³. This was recently demonstrated
123 using synthetic gene circuits in *Saccharomyces cerevisiae*³⁴, which were engineered to exhibit varying
124 degrees of expression heterogeneity in an antifungal resistance gene. Populations harbouring a version of a
125 circuit with high expression heterogeneity were compared to those harbouring a circuit with low expression
126 heterogeneity. During an evolution experiment where populations were exposed to increasing concentrations
127 of the antifungal drug fluconazole, high-heterogeneity populations went extinct less often and evolved higher
128 fluconazole resistance than low-heterogeneity populations. At least partly responsible were the increased
129 beneficial effects of fluconazole resistance mutations in high-heterogeneity populations, because the same

130 resistance mutations conferred greater resistance when expressed with high expression heterogeneity than
131 with low heterogeneity. Altering the phenotypic effects of mutations is therefore another route by which
132 stochastic gene expression can facilitate evolvability³³.

133
134 **[H2] Errors in protein synthesis.** In addition to stochastic gene expression, protein synthesis errors can also
135 create non-genetic phenotypic heterogeneity. Such errors come in many forms and occur at multiple stages of
136 protein synthesis, including nucleotide misincorporation during transcription, tRNA misacylation during
137 translation, and **kinetic trapping [G]** during protein folding³⁵. Translation is particularly error-prone, with
138 rates of mistranslation exceeding those of DNA point mutations by several orders of magnitude. Such errors
139 are also called phenotypic mutations³⁶, and they include missense, read-through, and frameshift mutations.
140 Phenotypic mutations can facilitate evolvability, because they create variation in a protein pool expressed
141 from the same gene, and some of this variation may be adaptive (Fig. 1c). For example, elevated
142 mistranslation rates in *Mycobacterium tuberculosis* generate variation in the beta subunit of RNA
143 polymerase, which increases resistance to the antibiotic rifampicin³⁷. Similarly, mistranslation of CUG
144 codons in the fungal pathogen *Candida albicans* generates variation in cell surface proteins that facilitate
145 evasion of the host's immune system³⁸.

146
147 A special kind of mistranslation error is **stop-codon readthrough [G]**, which is a common mechanism for
148 generating protein variation in species as different as yeast, fly and human^{39,40}. In fungi, for example, it can
149 lead to the expression of cryptic peroxisomal signalling motifs that create variation in the cellular localization
150 of proteins⁴⁰. In crustacea and hexapods, DNA sequences downstream of an affected stop codon are often
151 evolutionarily conserved, suggesting that stop-codon readthrough occurs frequently enough to affect the
152 evolution of cryptic sequences^{41,42}.

153

154 Protein synthesis errors not only enhance evolvability by increasing protein diversity, they can also help pave
155 the way for subsequent adaptive genetic change^{43,44}. An example comes from the *S. cerevisiae* protein *IDP3*,
156 an NADP-dependent isocitrate dehydrogenase that localizes to the peroxisome⁴⁵. The protein originated in an
157 ancient yeast whole-genome duplication, and diverged from its cytosolic ancestor *IDP2* by acquiring a C-
158 terminal peroxisomal targeting signal, while *IDP2* remained cytosolic. Yeast species that diverged before the
159 whole-genome duplication possess only a cytosolic *IDP2* gene, but in four of these species the gene contains
160 a cryptic peroxisomal targeting signal in the 3' untranslated region. This signal can be revealed via a +1
161 translational frameshift that bypasses the stop codon, which exposes the mistranslated protein to selection for
162 peroxisomal targeting and function, and can, for example, lead to an increase in the strength of the
163 peroxisomal signalling motif⁴⁵. The frameshift is induced by a sequence context that is prone to ribosomal
164 slippage, and that is also prone to single nucleotide deletions that mimic the effect of the frameshift on
165 protein sequence. This correlation between phenotypic and genotypic mutations thus facilitated the evolution
166 *IDP3*: Before the whole-genome duplication, *IDP2* could already be expressed in two locations: in the
167 cytosol through faithful translation, and in the peroxisome through mistranslation. After the whole-genome
168 duplication, the peroxisomal localization and function was made permanent via a single base deletion in one
169 of the gene copies.

170

171 **[H2] Epigenetic modifications.** Phenotypic heterogeneity can also be caused by epigenetic changes, such as
172 methylation of DNA and histones, alteration of chromatin structure, and the changes in protein conformation
173 known as **prions [G]**. For example, the prion [*PSI*⁺] in *S. cerevisiae* is an aggregated conformation of the
174 translational suppressor protein Sup35, which can be inherited by forming inactive complexes that convert
175 other Sup35 proteins to the same inactive state¹⁸. Such aggregation reduces translational fidelity, which
176 causes translational errors that include stop-codon readthrough events and frameshifts in other proteins⁴⁶ (Fig.
177 1d). Some of these errors reveal **cryptic genetic variation [G]**, producing phenotypes that are heritable and
178 that can be adaptive^{18,47}. For example, [*PSI*⁺] can improve growth on a variety of carbon and nitrogen sources,
179 and in various temperatures and stress conditions^{18,48}. The phenotypes induced by [*PSI*⁺] and other prions can

180 persist for generations, which provides opportunity for the phenotypes to be reinforced by mutation or
181 recombination, or to interact with existing genetic variation or new mutations to form novel, potentially
182 adaptive phenotypes^{47,49}. Recent research in this area has greatly expanded the repertoire of known prions⁴⁹⁻⁵¹,
183 elucidated the mechanisms by which they confer a selective advantage⁵²⁻⁵⁴, and uncovered alternative forms
184 of protein-based inheritance⁵⁵⁻⁵⁷. For instance, the first bacterial prion has recently been identified⁵⁰. It is the
185 transcription terminator Rho of *Clostridium botulinum*, which can take on one of two conformations, a
186 soluble form that does not impact transcription, and an aggregate prion form that can self-propagate and that
187 alters transcription, causing genome-wide transcriptomic changes. Its discovery raises the exciting possibility
188 that this cause of evolvability is ancient and predates the origin of eukaryotes.

189
190 The methylation of DNA and histones are heritable epigenetic modifications, which create phenotypic
191 variation that can be adaptive^{58,59}. A recent example comes from the study of intra-tumour heterogeneity in
192 cancer⁶⁰. Proliferative potential varies among cancer cells within the same tumour, and those cells that
193 preserve proliferative potential can drive long-term tumour growth. Some of this variation is caused by an
194 epigenetic modification to an **enhancer [G]** that modulates the expression of the linker histone H1.0, which
195 is involved in the compaction of chromatin. Specifically, DNA methylation of the enhancer represses the
196 expression of the linker histone. This destabilizes nucleosome–DNA interactions, which de-represses the
197 expression of oncogenes that support proliferative potential. Thus, variation in the epigenetic modification of
198 a regulatory element creates variation in chromatin structure, some of which facilitates cancer cell self-
199 renewal. This epigenetic cause of intra-tumour heterogeneity is found in dozens of cancers⁶⁰, and it is just one
200 of several epigenetic causes of phenotypic heterogeneity in this disease⁵⁹.

201
202 **[H2] Protein promiscuity.** A fourth cause of evolvability-enhancing phenotypic heterogeneity is protein
203 promiscuity^{61,62}. Promiscuous proteins have one primary adaptive function and other secondary latent
204 functions. Prominent examples include enzymes with ‘moonlighting’ catalytic activities^{63,64}, such as bacterial

205 carbonic anhydrase II, which mainly catalyzes the reversible hydration of carbon dioxide, but also exhibits
206 promiscuous activity toward esters⁶¹. Promiscuity can facilitate evolvability, because it provides a reservoir
207 of potentially adaptive protein activities that can be enhanced by gene duplication, when such duplications
208 are followed by mutations that refine different activities in different duplicates. For example, in *S. cerevisiae*,
209 two transcription factors that are products of a past gene duplication regulate the genes involved in maltose
210 metabolism and the genes involved in palatinose metabolism⁶⁵. These duplicates arose from a single
211 promiscuous transcription factor that regulated the expression of both the maltose- and palatinose-specific
212 genes. After gene duplication, two single-nucleotide mutations in the DNA binding domain of one of the
213 duplicates altered its binding specificity, such that it could no longer bind the promoters of the maltose-
214 specific genes. Mutations in the coding region of the other duplicate weakened its activity toward maltose,
215 such that it could only activate the maltose-specific genes, because their promoters contained multiple
216 binding sites for the protein, which compensated for its reduced activity. Gene duplication thus facilitated the
217 partitioning of the promiscuous activity of a single transcription factor among its duplicates.

218
219 Sometimes duplication may not even be needed to reinforce a promiscuous function^{66,67}. This is especially
220 true for regulatory elements. For example, the *Drosophila santomea* gene *Neprilysin-1* evolved a novel
221 expression pattern in the fly's optic lobe via a small number of mutations to an existing enhancer⁶⁸.
222 Reconstruction of the enhancer's ancestral state revealed its promiscuous activity in the optic lobe, indicating
223 that these mutations did not generate new enhancer activity *de novo*, but rather refined one of the enhancer's
224 existing, latent activities.

225
226 In sum, these examples show how various forms of phenotypic heterogeneity — caused by stochastic gene
227 expression, errors in protein synthesis, epigenetic modifications, and protein promiscuity — facilitate the
228 exploration of novel phenotypes. Some of these phenotypes may be adaptive, and may be made permanent by
229 selection for genetic or epigenetic changes that reinforce the phenotype. We emphasize that many other

230 mechanisms to regulate molecular processes exist, and given the adaptive benefits of phenotypic
231 heterogeneity, it is likely that they will also be implicated in producing such heterogeneity.

232

233 **[H1] Robustness**

234 Robustness to DNA mutations can be viewed as a dual, converse, or opposite property to non-genetic
235 phenotypic heterogeneity. Whereas non-genetic phenotypic heterogeneity implies that phenotypic variation
236 exists in the absence of genetic variation, robustness implies that phenotypic variation does *not* exist in the
237 *presence* of genetic variation, because a phenotype is robust to genetic change.

238

239 Many phenotypes are to some extent robust to mutations^{69,70}. Examples include the structure and biological
240 activity of macromolecules⁷¹, the gene expression patterns of regulatory networks⁷², and the ability of a
241 metabolism to synthesize biomass⁷³. Such robustness can also be enhanced in various ways. For example,
242 DNA mutations that enhance protein stability can also enhance robustness, because enhanced protein stability
243 increases the range of mutations a protein can experience while still folding into its native structure⁷¹. Gene
244 duplication can also enhance robustness, because it causes gene functions to become redundant, and can thus
245 increase the incidence of mutations that can be tolerated by either duplicate⁷⁴ (but see refs ^{75,76}). **Chaperones**
246 **[G]** such as the eukaryotic protein Hsp90 enhance robustness in organisms as diverse as fruit flies, cave fish,
247 plants and bacteria⁷⁷⁻⁸², although such buffering may not occur in all organisms and may not affect all genetic
248 variation^{78,83}.

249

250 In each of these cases, DNA mutations can cause genetic diversity without changing a phenotype. Such
251 cryptic genetic variation can facilitate evolvability in at least three ways. First, cryptic genetic variation may
252 be revealed as phenotypic variation, for example via the partial loss of function of a chaperone or via the
253 appearance of a prion, or when the environment changes^{18,42,47,78,81,84,85}. Because these phenotypes are
254 occasionally exposed to selection, cryptic genetic variation may be enriched for adaptations⁴². Second, cryptic

255 genetic variation provides many distinct genetic backgrounds in which the effects of new mutations can
256 manifest themselves^{86,87}. This can be advantageous because the same mutation can have different phenotypic
257 effects — neutral, beneficial, or detrimental — in different genetic backgrounds, a phenomenon caused by
258 frequent **epistatic interactions [G]** (non-additive interactions) among mutations. Finally, cryptic genetic
259 variation may give rise to new phenotypic variation via recombination.

260

261 The study of robustness has a long history in evolvability research^{69,88}, but recent experimental work has
262 greatly expanded our mechanistic understanding of how robustness facilitates the generation of adaptive
263 phenotypic variation. These advances largely result from technological progress in areas such as deep
264 mutational scanning and ancestral protein reconstruction (Box 1). We highlight recent examples from
265 individual macromolecules, from interactions between macromolecules and their ligands, and from entire
266 gene regulatory networks.

267

268 The C2H2 zinc finger is the most prominent **protein domain [G]** in many metazoans, but not in other
269 eukaryotes. It occurs in C2H2 zinc finger transcription factors, where multiple copies of this domain are
270 typically arranged in tandem, such that each domain contacts three or more DNA bases, the identity of which
271 is determined by four base-contacting amino acids in the domain's alpha helix. The diversity of DNA
272 sequences recognized by metazoan C2H2 zinc fingers far exceeds that of other eukaryotic C2H2 zinc fingers,
273 and recent research implicates robustness in their expansion and diversification⁸⁹. Specifically, in metazoans,
274 non-base-contacting amino acids of the C2H2 zinc finger domain form hydrogen bonds with the DNA
275 phosphate backbone to enhance binding energy. By contrast, the binding energy of other eukaryotic C2H2
276 zinc fingers depends primarily on base-contacting amino acids. This suggests that the non-base-contacting
277 amino acids of metazoan C2H2 zinc fingers confer robustness of DNA binding to mutations in base-
278 contacting amino acids, which facilitates the diversification of DNA binding preferences.

279

280 The evolution of steroid receptor binding preferences provides another example of how robustness facilitates
281 evolvability. Steroid receptors are transcription factors that can be classified according to their binding
282 preference for oestrogen response elements or steroid response elements. These two response elements are
283 6nt-long DNA sequences that differ by just two nucleotides. The ancestral steroid receptor from which all
284 steroid receptors descended more than 450 million years ago binds oestrogen response elements⁹⁰. After this
285 protein duplicated, one daughter protein retained specificity to oestrogen elements, whereas the other evolved
286 a preference for steroid response elements. This shift in specificity required eleven substitutions outside of
287 the DNA binding domain and three substitutions within it. The eleven mutations outside of the DNA binding
288 domain did not affect DNA binding specificity — specificity was robust to genetic changes — but they had
289 another important consequence: they dramatically altered the number of mutational variants capable of
290 binding steroid response elements. Specifically, out of 160,000 possible mutational variants of the ancestral
291 protein *without* the 11 mutations, only 41 specifically bound steroid response elements. By contrast, of the
292 same 160,000 mutational variants of the ancestral protein *with* the 11 mutations, 829 specifically bound
293 steroid response elements, and these variants were accessible via fewer mutations⁹¹. The mutational
294 neighbourhoods of the two proteins were therefore dramatically different, and it was the robustness to
295 mutation that facilitated access to the mutational neighbourhood that conferred higher evolvability (Fig. 2).

296

297 Not only are regulatory proteins robust to mutation, so too are the regulatory elements they target^{87,92}. For
298 example, eukaryotic transcription factors typically bind dozens to hundreds of distinct nucleic acid
299 sequences⁹³, which tend to be mutationally interconnected, such that a mutation to a sequence that binds a
300 transcription factor will often generate another sequence that also binds the transcription factor⁸⁷. This
301 robustness facilitates the accumulation of genetic diversity in binding sites⁹⁴, which provides distinct genetic
302 backgrounds in which to test new mutations. Some of these mutations generate binding sites for other
303 transcription factors⁸⁷, which may lead to adaptive gene expression changes.

304

305 Gene expression patterns themselves are highly robust, not only to mutations in binding sites, but also to
306 wholesale changes in the number, identity, and orientation of binding sites within regulatory regions⁹⁵, and
307 thus to changes in the structure of gene regulatory networks⁹⁶. Modelling work has long anticipated that such
308 robustness can facilitate evolvability^{97,98}, but empirical support for this possibility was only recently
309 provided⁹⁹. Specifically, the highly conserved fungal transcription factor *Ndt80* underwent a pronounced
310 switch in function from an ancestral role regulating meiosis and sporulation to a derived role regulating
311 biofilm formation. Experiments with six different extant yeast species suggest that this shift was not caused
312 by a change in the binding specificity of *Ndt80*, but rather by gains and losses of binding sites for *Ndt80*.
313 These changes preserved the ancestral role of *Ndt80* but allowed the regulatory network controlling meiosis
314 and sporulation to sample many architectural configurations. This sampling facilitated the discovery of a
315 network configuration that supported the derived role of biofilm production in *Candida albicans*.

316
317 In sum, these examples illustrate that robustness creates opportunities for the exploration of novel genotypes,
318 some of which constitute or lead to new adaptations. Other pertinent examples include recent studies of
319 robustness in viral proteins^{100,101}, bacterial enzymes¹⁰², tumour suppressor genes¹⁰³, protein–protein
320 interactions^{104,105} and gene regulatory networks¹⁰⁶.

321
322 **[H1] Adaptive landscape topography**

323 An adaptive landscape is an analogy to a physical landscape, in which each location or coordinate in a
324 physical space corresponds to a genotype in an abstract **genotype space [G]**¹⁰⁷, and where the elevation at
325 this location corresponds to the fitness of this genotype¹⁰⁸. One can view adaptive evolution as a process
326 where populations of ever-changing genotypes explore such a landscape through random DNA mutations and
327 recombination, and where natural selection helps such populations discover peaks or plateaus of high fitness.
328 Adaptive landscapes are central to evolvability research, because the topography of an adaptive landscape,
329 and a population's location within a landscape, determine the amount of beneficial phenotypic variation that

330 mutations can create. A smooth, single-peaked landscape facilitates evolvability, because mutation can bring
331 forth beneficial phenotypic variation from anywhere in the landscape, except atop a global peak (Fig. 3a). In
332 contrast, a rugged landscape can hinder evolvability, because the local peaks it contains may attract an
333 evolving population and preclude the generation of further beneficial phenotypic variation (Fig. 3b).
334 Moreover, the shape of an adaptive peak — **concave [G]** versus **convex [G]** — affects the amount of
335 beneficial phenotypic variation that mutation can bring forth as an evolving population ascends the peak.
336 Until recently, most work on adaptive landscapes was theoretical, but experiments are now being increasingly
337 used to characterize the topography of adaptive landscapes¹⁰⁹. Some of these studies use organismal fitness to
338 define the surface of a landscape^{110,111}, whereas others use molecular phenotypes, such as the enzymatic
339 activity^{112,113} or binding affinity^{114,115} of a protein, and are therefore also referred to as genotype–phenotype
340 landscapes¹¹⁶. The pace of this work is still accelerating, and we focus on the most recent such work.

341

342 Perhaps the most important factor affecting landscape ruggedness and the shape of adaptive peaks is epistasis
343 — non-additive interactions among two or more mutations^{117,118}. Epistasis can take different forms (Fig.
344 3c,d), and can occur with mutations that are individually deleterious or beneficial. For example, negative
345 epistasis amongst beneficial mutations occurs when the combined effect of the mutations is smaller than the
346 sum of the individual mutational effects^{119,120} (Fig. 3c). It is also referred to as antagonistic or diminishing
347 returns epistasis. Positive epistasis amongst beneficial mutations occurs when the combined effect of the
348 mutations is larger than the sum of the individual mutational effects (Fig. 3c). It is also referred to as
349 synergistic epistasis. The terminology used to describe epistasis can be confusing (e.g., synergistic epistasis is
350 also used to describe negative epistasis amongst deleterious mutations¹²¹), but mathematically the definition
351 of positive and negative epistasis is straightforward. Epistasis amongst two mutations A and B can be
352 quantified as $\varepsilon = f_{ab} + f_{AB} - f_{Ab} - f_{aB}$, where f is the phenotype or fitness of the ‘wild type’, double mutant, and
353 single mutant genotypes, respectively. Negative epistasis occurs when $\varepsilon < 0$, whereas positive epistasis occurs
354 when $\varepsilon > 0$.

355

356 Another important form of epistasis is sign epistasis¹²². It occurs when the sign — beneficial (+) or
357 detrimental (–) — of a double mutation differs from that of one or both of the constituent single mutations.
358 For example, whereas both single mutations may be individually detrimental, they may be jointly beneficial.
359 Sign epistasis creates local valleys or peaks and thus ruggedness in an adaptive landscape (Fig. 3d)¹¹⁸. In
360 doing so, it can affect the amount of adaptive variation accessible to a population, a population's evolutionary
361 trajectory, and its ability to reach a global peak. For example, global peaks may be inaccessible if all
362 evolutionary trajectories to them require traversing one or more adaptive valleys, which is disfavoured by
363 natural selection and possible only under restricted conditions^{123,124}. With some exceptions¹²⁵⁻¹²⁷, sign
364 epistasis thus reduces evolvability.

365
366 A fundamental challenge in mapping an adaptive landscape is that the number of genotypes in a typical
367 genotype space is so vast that their phenotype or fitness cannot usually be exhaustively measured. One
368 approach to overcome this challenge uses experimental evolution of whole organisms¹²⁸, where the change in
369 a population's mean fitness and genotypic composition is monitored while the population evolves for
370 hundreds or thousands of generations in the laboratory. Such experiments show that even though specific
371 genetic changes that cause fitness increases are usually not predictable, the evolutionary trajectory of mean
372 fitness increases can be highly predictable¹²⁹⁻¹³², suggesting that suitable statistical methods may be able to
373 infer general statistical properties of adaptive landscape topography^{133,134}. Additionally, experimental
374 evolution demonstrates that a population's mean fitness increase — a proxy for evolvability — depends
375 primarily upon the fitness of the starting genotype, and also upon the starting genotype itself (i.e., from which
376 location a population begins to explore an adaptive landscape)^{129,135}.

377
378 An important limitation of this method is that it does not allow the detailed mapping of adaptive landscape
379 topography, because evolving populations typically harbour a large number of mutations whose contributions
380 to fitness are not easily disentangled^{136,137}. Such a mapping requires more targeted approaches. One such

381 approach is to engineer all possible genotypes in a small region of a landscape, for example by using all
382 combinations of the presence or absence of mutations that occurred along an adaptive evolutionary pathway,
383 or more comprehensively by using all possible combinations of mutations at a fixed number of nucleotide or
384 amino acid sites¹⁰⁹ (Fig. 3e). One pertinent recent study constructed an adaptive landscape from all possible
385 combinations of 13 amino-acid-changing mutations at six amino acids in the heat-shock protein Hsp90 of *S.*
386 *cerevisiae* in a high-salt environment¹³⁸. The resulting landscape provides several fundamental insights into
387 the evolvability of Hsp90 in this challenging environment. First, the landscape is dominated by epistasis: not
388 a single pairwise interaction between mutations is additive. These epistatic interactions include both positive
389 and negative epistasis, as well as sign epistasis. Second, the sign epistatic interactions produce landscape
390 ruggedness, with five local peaks and a single global peak that conveys a 10% increase in yeast growth rate
391 on high salt, relative to the wild-type genotype. Third, although the landscape is moderately rugged, it is still
392 highly navigable, as shown by simulated **adaptive walks** [G]. These walks reveal that the global peak can be
393 reached from nearly any starting point in the landscape. One important exception is the wild-type genotype,
394 because adaptive walks starting from this genotype tend to converge to a local peak but not to the global
395 peak. Taken together, these observations show how epistasis can generate landscape ruggedness, and that a
396 population's location within such a rugged landscape affects the ability of mutation to bring forth heritable,
397 adaptive phenotypic variation.

398
399 Another approach to constructing adaptive landscapes is based on deep mutational scanning¹³⁹, in which
400 phenotypes are assayed for a large number of mutational variants of a single, typically wild-type genotype
401 (Fig. 3f). This approach thus characterizes the immediate neighbourhood of an adaptive peak. It has been
402 used extensively in recent years, for phenotypes as different as the 'splicing-in' of an exon¹¹⁶, the binding
403 affinity^{114,115} and enzymatic activity^{112,113} of a protein, as well as the fitness of an entire organism^{84,110,111}. For
404 example, a recent study employed a deep mutational scan of the wild-type sequence of the green fluorescent
405 protein from the jellyfish *Aequorea victoria*, using fluorescence level to define the landscape's surface¹⁴⁰.
406 This analysis revealed a single, narrow peak centred on the wild-type sequence, with three quarters of the

407 single-mutant sequences displaying reduced fluorescence, and half of the sequences with four mutations
408 showing no fluorescence at all. The analysis also revealed abundant negative epistasis, and very little positive
409 epistasis. Negative epistasis produces concave peaks¹⁴¹ (Fig. 3c), which reduces evolvability when a
410 population approaches an adaptive peak, because the amount of adaptive phenotypic variation accessible via
411 mutation decreases. Conversely, positive epistasis helps create convex peaks and facilitates evolvability.
412 These modes of epistasis also have implications for mutational robustness^{141,142}. The concave peaks formed
413 by negative epistasis confer robustness, because individual mutations to genotypes on such peaks have small
414 fitness effects. By contrast, the convex peaks formed by positive epistasis confer sensitivity to mutation,
415 because individual mutations to genotypes on such peaks have large fitness effects. With few
416 exceptions^{143,144}, a bias towards negative epistasis is among the most commonly reported features of
417 experimentally characterized adaptive landscapes^{110,111,114,115,138,140,141}, in agreement with the diminishing
418 returns epistasis regularly observed in laboratory evolution experiments^{119,120,130-132}.

419
420 Even though deep-mutational scanning and related techniques are powerful, they still render a typical
421 genotype space sparsely sampled, and extrapolating insights from the resulting incomplete landscapes to
422 complete landscapes is challenging^{138,145,146}. Not affected by this limitation are small genotype spaces, where
423 it is possible to assay the phenotypes of all possible genotypes^{147,148} (Fig. 3g). One such genotype space is that
424 of short transcription factor binding sites, where one can measure how strongly a transcription factor binds to
425 thousands of different DNA sequences⁹³. Such information is not just available for one, but for thousands of
426 transcription factors from multiple species¹⁴⁹. Binding strength is an important molecular phenotype, because
427 it is a proxy for a factor's ability to activate or repress a target gene, and the gene expression patterns that
428 emerge from such binding events embody fundamental biological processes, including those in development,
429 physiology, and behaviour. Importantly, the location and timing of these gene expression patterns can be
430 fine-tuned, or altogether transformed, by mutations that affect the strength of transcription factor–DNA
431 interactions^{150,151}. The mapping of DNA sequence to binding strength can therefore be thought of as an

432 adaptive landscape, in which mutation and natural selection optimize the capacity of a DNA sequence to bind
433 a transcription factor.

434

435 A recent study analyzed the topographies of more than 1000 such landscapes⁹⁴. They contained little sign
436 epistasis, and therefore typically comprised only a single peak. Similar to the landscape of yeast Hsp90 in
437 high salinity¹³⁸, these landscapes were highly navigable. Their global peaks tended to be accessible from
438 throughout the landscape via a series of ‘uphill’ mutational steps. Indeed, even at the furthest mutational
439 distance from a global peak, more than 20% of all possible mutational paths were accessible. Such smooth
440 landscapes facilitate evolvability, because mutation can readily bring forth beneficial phenotypic variation,
441 regardless of a population’s location on the landscape.

442

443 A limitation to these approaches, as compared to experimental evolution, is that an adaptive landscape for a
444 single binding site or an individual gene has many fewer dimensions than an adaptive landscape for an entire
445 genome. This is important, because the valleys that separate adaptive peaks in low-dimensional landscapes
446 may not do so in high-dimensional landscapes. The reason is that increased dimensionality may create
447 mutational paths that bridge adaptive valleys, or that transform local adaptive peaks into **saddle points [G]**.
448 Such **extra-dimensional bypasses [G]** increase the accessibility of adaptive peaks, and thus increase
449 evolvability⁵. Long the subject of theoretical research^{5,152}, extra-dimensional bypasses have recently been
450 uncovered in an adaptive landscape of binding affinity for the protein GB1 of Streptococcal bacteria¹⁵³. The
451 authors analyzed all 20⁴ protein variants of 4 amino acid sites, and sampled ~20,000 pairs of mutations that
452 exhibited reciprocal sign epistasis (Fig. 3d). Of these pairs, ~15% exhibited an extra-dimensional bypass
453 when one of the other two amino acid sites was considered. Such an increase in the mutational accessibility
454 of adaptive peaks suggests that increasing the dimensionality of adaptive landscapes from that of individual
455 binding sites or genes to that of entire genomes reduces landscape ruggedness and thus enhances evolvability.

456

457 The examples highlighted here are only a small sample of recent experimental studies of adaptive landscapes,
458 with other pertinent examples in systems as different as drug delivery vehicles¹⁵⁴ and cancer¹⁵⁵. We anticipate
459 that the resolution and scale of such landscapes will continue to increase as high-throughput genotyping and
460 phenotyping technologies advance (Box 1).

461

462 **[H1] Evolvability evolving**

463 Any cause or mechanism of evolvability could in principle itself be subject to evolutionary change. Three
464 questions about such change are germane. First, can the mechanism evolve in principle, i.e., is there genetic
465 variation in it? Second, does it evolve, either in nature or in the laboratory? Third, is a change in evolvability
466 itself adaptive? Or is it instead a by-product of other adaptations or of non-adaptive processes, such as
467 developmental constraints, mutation bias, or genetic drift? We discuss existing evidence pertaining to these
468 questions for each of our three major causes of evolvability.

469

470 **[H2] Evolution of phenotypic heterogeneity.** Genetic mechanisms that create phenotypic heterogeneity can
471 evolve. For example, the rate of DNA mutation is itself subject to evolutionary change^{156,157}, because the
472 DNA repair enzymes that keep DNA mutations in check can themselves undergo mutations that lead to
473 elevated mutation rates. Such evolution can be adaptive in novel environments^{156,158}, for example during
474 *E.coli*'s colonization of the mouse gut¹⁵⁹. Similarly, increases in recombination rate can accelerate a
475 population's rate of adaptation — a proxy for evolvability — either by creating more beneficial allele
476 combinations or by helping to eliminate deleterious mutations¹⁶⁰.

477

478 Non-genetic mechanisms of phenotypic heterogeneity can also evolve¹⁶¹. For example, gene expression noise
479 levels vary genetically with promoter strength and with the strength of transcription factor binding sites¹⁶²;
480 stop-codon readthrough rates vary with stop-codon identity (UAG, UAA or UGA), the surrounding sequence
481 context, and the structure of mRNA¹⁶³; the formation and activity of prions varies according to the presence
482 of aggregation-prone amino acid sequences in prion-forming protein domains, such as glutamine/asparagine-

483 rich sequences¹⁶⁴; and protein promiscuity varies with a protein's coding sequence^{61,67,105}. Thus, in each case,
484 the factors that can affect phenotypic heterogeneity are genetically encoded, and can therefore evolve.

485
486 What is more, mechanisms that create phenotypic heterogeneity do evolve, both in laboratory experiments
487 and in nature. For example, the evolution of increased gene expression noise in *S. cerevisiae* has been
488 reported for antifungal resistance genes in the lab³⁴ and for plasma-membrane transporters in the wild¹⁶⁵.
489 Experimental evolution of synthetic *E. coli* promoters to specific mean expression levels results in promoters
490 with low expression noise, suggesting that the noisy expression of many natural *E. coli* promoters is an
491 evolved property¹⁶⁶. Other forms of phenotypic heterogeneity have also been successfully evolved in the lab,
492 including protein promiscuity in bacteriophage λ (ref⁶⁷) and the stochastic switching of colony morphology
493 in *Pseudomonas fluorescens*¹⁷.

494
495 At least in some instances, the evolvability conferred by phenotypic heterogeneity may have evolved because
496 it was adaptive. For example, in the experimental evolution of populations of *S. cerevisiae* exposed to
497 antifungal stress, increased expression noise evolved in the synthetic regulatory circuits controlling an
498 antifungal resistance gene, because it enhanced the adaptive value of beneficial mutations³⁴. Similarly, in the
499 experimental evolution of populations of *P. fluorescens* exposed to environmental fluctuations, the stochastic
500 switching of colony morphology evolved as an adaptive bet-hedging strategy¹⁷. Such a strategy was also
501 observed in the experimental evolution of *E. coli* under antibiotic stress, where the stochastic expression of
502 persister cells evolved to facilitate survival in high concentration of antibiotic²⁶. In other instances,
503 evolvability is a by-product of other adaptations. For example, promiscuity in the host-recognition protein of
504 bacteriophage λ evolved as a by-product of selection for increased absorption to the virus' native cell surface
505 receptor⁶⁷. Specifically, the same mutations that increased absorption also destabilized the protein, producing
506 λ particles that were proficient at targeting different receptors.

507

508 **[H2] Evolution of robustness.** Variation in mutational robustness is found at all scales of biological
509 organization, including the structures of macromolecules^{71,147}, interactions between macromolecules and their
510 ligands^{87,92}, as well as the gene expression patterns of regulatory circuits¹⁶⁷. Mutational robustness can
511 therefore evolve. Moreover, it can evolve by various means; for example, via increased protein stability⁷¹ or
512 via gene duplication⁷⁴.

513
514 Mutational robustness also has evolved, both in nature and in the laboratory. For example, the structures of
515 eukaryotic microRNA precursor stem-loops are more robust to mutation than random RNA sequences with
516 similar stem-loop structures¹⁶⁸, and the mutational robustness of a protein's tertiary structure tends to increase
517 with the protein's age¹⁶⁹. Directed protein evolution has demonstrated that mutational robustness of
518 cytochrome P450 proteins can increase in sufficiently large populations¹⁷⁰, and experimental evolution of *S.*
519 *cerevisiae* has demonstrated that gene duplications can confer mutational robustness⁷⁴.

520
521 We are not aware of experimental evidence that mutational robustness has evolved because it causes
522 evolvability. By contrast, there is evidence that mutational robustness has evolved because it is itself
523 adaptive¹⁷¹, for example in viral populations exposed to chemical mutagens, because robustness provides a
524 competitive advantage when the mutation rate is elevated¹⁷². In addition, mutational robustness may often
525 evolve as a by-product of other adaptations. For example, chaperones help maintain proteome integrity
526 during environmental stress, and may buffer mutations only as a side effect. Similarly, the mutational
527 robustness of eukaryotic microRNA precursor stem-loops is likely to be a by-product of selection for
528 robustness of these RNA structures to temperature fluctuations¹⁷³.

529
530 **[H2] Evolution of adaptive landscape topography.** This cause of evolvability can also evolve: the location of
531 an individual or a population on an adaptive landscape can change through DNA mutations or recombination,
532 and because local landscape topography may differ in different locations, so may evolvability^{91,135,138,141,147,174-}
533 ¹⁷⁶. A comparison of the fitness effects of mutations to three orthologous TIM barrel proteins provides an

534 illustrative example¹⁷⁵. These proteins are distantly related, retaining only ~30–40% sequence identity, but
535 they have the same fold and function. They therefore occupy different locations on the same adaptive
536 landscape. These locations differ in their evolvability, because the same mutations have different, albeit
537 correlated fitness effects in the three sequence backgrounds (locations). Another example is provided by the
538 experimental evolution of two divergent yeast strains in the same laboratory conditions¹²⁹. These strains,
539 which differ at roughly 50,000 single nucleotide sites and therefore occupy different locations on their
540 adaptive landscape, also differ in the rate at which they adapt evolutionarily — a proxy for evolvability^{129,177}.
541 Analysis of **quantitative trait loci [G]** partly attributes this difference in evolvability to a small subset of
542 mutations, such as those involved in the ribosome biogenesis pathway.

543
544 The evolvability conferred by a landscape's local topography has also evolved. As shown in Fig. 2, for
545 example, eleven substitutions occurred during the evolution of an ancient steroid hormone receptor, and this
546 change in adaptive landscape location dramatically altered the spectrum of DNA-binding phenotypes
547 accessible via mutation⁹¹. An additional example comes from Lenski's long-term (>60,000 generations)
548 evolution experiment with *E. coli* populations¹⁷⁸. Here, one out of twelve populations evolved the ability to
549 utilize citrate, and did so after 31,500 generations. The mutation needed to evolve citrate utilization conferred
550 a fitness benefit even in the original ancestor of the experiment, but other mutations that occurred during the
551 initial stages of the experiment conferred larger fitness benefits, and created a genetic background in which
552 the initial citrate utilization-mutation no longer conferred a fitness benefit. Thus, evolution drove the
553 population to a location on the adaptive landscape that precluded the evolution of citrate utilization. Only
554 later did subsequent mutations bring the population back to a location where this mutation was adaptive.

555
556 The same experiment also provides further evidence for evolving evolvability¹⁷⁷. Within the first 500
557 generations of this experiment, multiple genetically distinct subpopulations had evolved within a single
558 population, meaning that the population had diversified from the location of the ancestral genotype to
559 multiple new locations on the adaptive landscape. One of these subpopulations would eventually outcompete

560 the others, but it was not the subpopulation with the highest fitness. Rather, it was a subpopulation located in
561 a region of the adaptive landscape that had higher evolvability. This was shown by ‘replay experiments’, in
562 which 10 replicate populations were evolved from distinct founding subpopulations — that is, from distinct
563 locations on the adaptive landscape. The subpopulation that would eventually outcompete the others
564 generated more beneficial phenotypic variation than the other subpopulations — it had higher evolvability.
565 After ~900 generations of evolution from these distinct landscape locations, the subpopulations evolved from
566 the high-evolvability location tended to outcompete those evolved from other locations.

567
568 We are not aware of experimental evidence that a population’s location on an adaptive landscape has evolved
569 because it conferred evolvability. For instance, in the preceding example, evolvability evolved as a by-
570 product of the fixation of neutral or beneficial mutations that just happened to drive one of the subpopulations
571 toward a high-evolvability region of the landscape¹⁷⁷. Non-adaptive forces may also explain the evolution of
572 a population’s location on an adaptive landscape. For example, the eleven substitutions that occurred during
573 the evolution of an ancient steroid hormone receptor did not alter the protein’s binding specificity, which
574 suggests that genetic drift caused this change in landscape location and the corresponding dramatic shift in
575 evolvability⁹⁰. An alternative possibility is that this change in landscape location was due to selection for
576 protein function unrelated to binding specificity.

577
578 Taken together, these examples show that the three causes of evolvability highlighted here — phenotypic
579 heterogeneity, robustness, and adaptive landscapes — are themselves subject to evolutionary change.
580 Whether they often evolve because they confer evolvability remains a particularly challenging open question.

581
582 **[H1] Outlook**
583 Driven by technological advances, research into all three causes of evolvability is progressing in leaps and
584 bounds. We anticipate that this progress is going to continue unabated. For example, the currently well-
585 studied mechanisms to create non-genetic phenotypic heterogeneity that we discuss may well be only a small

586 subset of all pertinent mechanisms. Future work may reveal others to be important as well, such as RNA
587 editing¹⁷⁹ and protein allostery¹⁸⁰. In addition, we know little about how conflicts of selection may influence
588 the evolution of such mechanisms, especially in organisms that are not clonally related (Box 2). As for
589 robustness, we understand its causes well for some systems like proteins or duplicate genes, but much less
590 well for systems of greater complexity, such as gene regulatory circuits and metabolism. The evolutionary
591 consequences of robustness become amply clear from detailed reconstructions of the evolution of molecules
592 such as steroid hormone receptors⁹¹, but to date few such reconstructions are available. In the context of
593 adaptive landscapes, we are only beginning to understand how landscape topography depends on higher-
594 order epistasis^{181,182}. Moreover, although we know that the environment *can* affect adaptive landscape
595 topography, we know little about *how* it does^{86,183}. We are also only beginning to understand how our
596 knowledge of landscape topography may facilitate the prediction of evolutionary trajectories^{109,184}, or the
597 deliberate redirection of evolving populations of pathogens toward low-evolvability regions of a landscape¹⁸⁵.

598

599 The three major causes of evolvability interact, but we do not fully understand how or to what effect. For
600 example, phenotypic heterogeneity can smoothen an adaptive landscape, if a genotype's overall fitness is
601 equal to the average fitness of each of the phenotypes it brings forth³³. Similarly, a DNA mutation that
602 renders a protein's phenotype robust to further mutations can be viewed as displacing the genotype to a
603 smooth region of an adaptive landscape, where further mutations have smaller phenotypic effects. However,
604 the degree of such 'smoothing' has not been explicitly characterized for any experimentally studied
605 landscape. When an organism generates non-genetic adaptive variation in phenotypes, it creates two or more
606 phenotypes from the same genotype, but any one adaptive phenotype can be stabilized by DNA mutations
607 only if the starting genotype resides in a region of an adaptive landscape where some of its mutants provide
608 such stabilization. We do not know the extent to which non-genetic mechanisms that create phenotypic
609 variation and increase evolvability ensure that the variation they cause can be genetically stabilized. Finally,
610 because a phenotype's robustness to genetic and non-genetic change are often correlated⁶⁹, genotypes that are
611 especially robust to DNA mutations may also bring forth less phenotypic heterogeneity by non-genetic

612 means. If so, trade-offs between robustness and non-genetic mechanisms to create phenotypic heterogeneity
613 may exist, and these trade-offs are well-worth exploring.

614

615 A final frontier regards the evolution of the various evolvability mechanisms themselves. As we have shown,
616 there is ample evidence that all three mechanisms can and do change in biological evolution. However, we
617 have less information about whether their existence reflects an adaptive value of evolvability. Does increased
618 mutational robustness at least sometimes come about because it enhances evolvability? Has the ruggedness of
619 some adaptive landscapes decreased in the course of evolution, and if so, is it because reduced ruggedness
620 increases evolvability? Questions like these are fascinating and profound, because an affirmative answer
621 means that life itself can help create the conditions that ensure its advancement.

622

623 Box 1 | **Methodological advances**

624 Our ability to study the molecular causes of evolvability has been greatly improved by recent methodological
625 advances. For example, our growing understanding of phenotypic heterogeneity is driven by microfluidic
626 devices and time-lapse microscopy, which provide information about the compositions, morphologies and
627 growth rates of single cells in dynamic environments¹⁸⁶. Complementary information is provided by methods
628 such as fluorescence in situ hybridization and single-cell RNA-seq, which describe the location and
629 abundance of mRNA transcripts, respectively^{187,188}. Combined with whole-genome sequencing, such methods
630 have detailed the molecular causes of phenotypic heterogeneity, such as how stochastic gene expression
631 drives persistence in bacteria²⁶ and rare-cell variability in cancer²⁴. Non-single-cell methodologies have also
632 furthered our understanding of phenotypic heterogeneity. For example, ribosome footprint profiling, which
633 characterizes the distribution of ribosomes on mRNA transcripts¹⁸⁹, has detailed the prevalence of stop-codon
634 readthrough in yeast, fly, and human³⁹.

635

636 Several methodological advances have improved our understanding of mutational robustness and of adaptive
637 landscapes. For example, approaches that characterize a small region of an adaptive landscape typically rely

638 on deep mutational scanning¹³⁹, a method that combines systematic mutagenesis with high-throughput
639 phenotypic assays. These assays include fluorescence-activated cell sorting, which can be used to measure
640 protein functions such as fluorescence or ligand binding, as well as EMPIRIC¹⁹⁰, which can measure the
641 fitness of many cells in parallel. To capture the effects of mutations in their native genomic context, genome-
642 editing tools such as CRISPR–Cas9 can be used to introduce mutations to specific chromosomal loci¹⁰³.
643 Approaches that exhaustively characterize an entire (small) genotype space have profited from chip-based
644 technologies that simultaneously assay the phenotypes of all possible genotypes⁹³, as well as from high-
645 throughput *in vitro* selection methodologies that systematically enrich an initially random library of
646 sequences for those sequences that perform a particular function, such as binding a ligand¹⁴⁷.
647 To understand how these causes of evolvability have changed over long evolutionary timescales, they are
648 often combined with maximum likelihood methods to statistically infer and experimentally reconstruct the
649 genotypes and phenotypes of ancient macromolecules¹⁹¹.

650

651 Box 2 | **Conflicts between different levels of selection**

652 Biological systems are hierarchically organized, with macromolecules embedded in cells, cells in whole
653 organisms, and organisms in populations. A genetic change that is beneficial on one level of this hierarchy
654 may be detrimental on another. For example, because most random DNA mutations have detrimental effects
655 on individuals or their offspring¹⁹², DNA mutations that increase the DNA mutation rate itself will also be
656 detrimental for most individuals. By contrast, they may be advantageous for a population as a whole,
657 especially in a stressful environment, where a few beneficial mutant individuals may ensure survival^{158,193} or
658 accelerate adaptation¹⁵⁶. Such conflicts are also relevant for the evolvability mechanisms we discuss, such as
659 those that generate non-genetic heterogeneity, because in most environments such heterogeneity will not
660 benefit all individuals^{15,22,25}. Various approaches help predict how evolution can resolve such conflicts¹⁹⁴⁻¹⁹⁸.
661 Among them are multi-level selection theory¹⁹⁷ and kin selection theory¹⁹⁶. The latter shows that higher,
662 population-level adaptations can evolve and persist whenever populations consist of genetically highly
663 related individuals, because in this case, the genetic ‘interests’ of individuals are aligned with those of the

664 population. It is relevant here that many known cases of adaptive non-genetic heterogeneity are found in
665 clonal populations of genetically identical individuals¹⁵, where an individual's interests are served as long as
666 some of its clone-mates survive. Although theoretical work shows that evolvability mediated by prions such
667 as [PSI⁺] may persist in non-clonal populations of the yeast *Saccharomyces cerevisiae*^{85,199}, extending such
668 insights to other mechanisms of phenotypic heterogeneity, particularly non-heritable mechanisms, and to a
669 broader range of organisms remains an important task for future work.

670

671 With respect to robustness, the dual property to phenotypic heterogeneity, we note that it is often
672 advantageous to an individual, for example when a mutation creates a thermodynamically more stable protein
673 that is less prone to misfolding or inactivation¹⁷⁰. Wherever this is the case, the individual-level advantage
674 and the population-level advantage of evolvability are aligned. This makes robustness a cause of evolvability
675 whose evolutionary origin need not involve conflict, and is thus especially easy to explain. At the same time,
676 this absence of conflict also means that it is more difficult to disentangle whether the robustness of any one
677 trait originated in an individual-level advantage, such as the robustness that chaperones provide to
678 proteomes²⁰⁰, or in a 'second-order' advantage of evolvability, which chaperones also provide⁸².

679

680 **Figure legends**

681 **Figure 1 | Phenotypic heterogeneity is a cause of evolvability. a** | Phenotypic heterogeneity can generate
682 a small subpopulation of cells that exhibits a new phenotype, such as a persister phenotype (red cells in
683 environment 1). Such a phenotype can be adaptive, because it allows a subpopulation to survive an
684 environmental challenge, such as antibiotic exposure (environment 2). Mutation (red cross) may stabilize the
685 phenotype, or it may generate a different phenotype that is adaptive in the new environment, such as a
686 mutation that confers resistance to an already tolerant bacterial cell. There are many sources of phenotypic
687 heterogeneity: **b** | Stochastic gene expression causes mRNA transcript levels to vary among cells. **c** | Errors
688 in protein synthesis, such as mistranslation, cause variation in the amino acid sequences of proteins that are

689 translated from the same mRNA transcript. **d** | Epigenetic modifications, such as the yeast prion [*PSI+*],
690 cause variation in protein sequences, in this example via stop-codon readthrough.

691

692 **Figure 2 | Robustness causes evolvability by providing access to a diversity of mutational**

693 **neighbourhoods. a,b** | The mutational neighbourhoods of the ancestral steroid receptor (AncSR1 in ref⁹¹;
694 part **a**) and the derived steroid receptor after 11 amino acid changes (AncSR1+11p in ref⁹¹; part **b**). Each
695 vertex (circle) corresponds to a sequence of amino acids at four sites in each protein's recognition helix: the
696 three that historically changed binding specificity, plus an adjacent site. Of all 160,000 possible such
697 sequences in each background, only functional sequences are shown — i.e., sequences that bind the oestrogen
698 (pink) or the steroid (blue) response elements, or that promiscuously bind both (yellow). Edges connect
699 sequences that differ in a single amino acid. The number of functional sequences differs dramatically
700 between the two backgrounds: 129 in the ancestral background, as compared to 1,351 in the derived
701 background. **c,d** | Moreover, the lengths of the shortest paths from a sequence that binds the oestrogen
702 response element to a sequence that binds the steroid response element is much longer in the ancestral
703 background (part **c**) than in the derived background (part **d**). The * symbol indicates starting points from
704 which there is no path to a sequence that binds the steroid response element. Data from ref⁹¹. **[Copy Ed: no**
705 **credit line is needed for actual figure adaptation. Although the data are derived from Ref91, the figures**
706 **themselves are not from there (or even from the supp info of the original article). It's also Nature**
707 **anyway, so no formal copyright clearance would be needed anyway.]**

708

709 **Figure 3 | Adaptive landscape topography influences evolvability. a** | A smooth, single-peaked
710 landscape facilitates evolvability, because mutations can create adaptive phenotypic variation from anywhere
711 in the landscape, except atop the global peak. For example, the white and black circles denote two distinct
712 mutational paths that start from different points in the landscape, but that both converge on the global peak
713 via a series of 'uphill' mutational steps. **b** | By contrast, a multi-peaked, or rugged landscape hinders
714 evolvability, because an evolving population may become trapped on local, suboptimal peaks. For example,

715 whereas the mutational path indicated by the white circles leads to the global peak, the mutational path
716 indicated by the black circles does not. **c** | The shape of an adaptive peak is a consequence of magnitude
717 epistasis. Specifically, positive epistasis generates peaks that are convex, whereas negative epistasis generates
718 peaks that are concave. As a population climbs an adaptive peak, evolvability tends to increase if the peak is
719 convex, whereas it tends to decrease if the peak is concave. **d** | Landscape ruggedness is a consequence of
720 sign epistasis, which creates adaptive valleys that may be difficult for an evolving population to cross. Grey
721 circles correspond to those in part **b**. **e-g** | The same landscape as in part **a**, but shown as two-dimensional
722 contour plots. Open circles indicate genotypes and edges connect genotypes that differ by a single mutation.
723 The same landscape can be studied by: systematically engineering genotypes that contain all possible
724 combinations of a small number of mutations (part **e**); deep mutational scanning of a single wild-type
725 genotype, including all single-mutants, many double-mutants, and some triple-mutants (part **f**); or in the case
726 of small landscapes, via the exhaustive enumeration of all possible genotypes (part **g**).

727

728 **Glossary**

729 Isogenic populations

730 Populations of individuals with the same genotype.

731

732 Phenotypic plasticity

733 The ability of one genotype to produce more than one phenotype in response to different environmental stimuli.

734

735 Modularity

736 The extent to which a system can be partitioned into distinct components.

737

738 Pleiotropy

739 When one gene or one mutation affects multiple phenotypes.

740

741 Pre-mutation evolvability

742 Evolvability driven by new mutations.
743
744 Post-mutation evolvability
745 Evolvability driven by existing genetic variation within a population, for example via recombination acting on that
746 variation.
747
748 Gene expression noise
749 Variability among isogenic cells in transcript or protein abundance.
750
751 Viral latency
752 The ability of a virus to remain dormant in a host cell.
753
754 Competence
755 The ability of a cell to take up DNA from the environment.
756
757 Tolerance
758 The ability of bacteria to survive in the presence of antibiotics without developing resistance.
759
760 Population bottleneck
761 A temporary, drastic reduction in population size.
762
763 Genetic assimilation
764 A process by which a new phenotype that results from an environmental perturbation becomes genetically encoded.
765
766 Kinetic trapping
767 Occurs when a protein does not reach its minimum free-energy structure, but rather becomes trapped in a non-
768 equilibrium structure.
769
770 Stop-codon readthrough

771 When translation does not terminate at a stop codon, but rather continues to extend an amino acid chain.
772
773 Prions
774 Proteins that propagate by inducing properly folded proteins to convert into a misfolded form, often resulting in
775 aggregation.
776
777 Cryptic genetic variation
778 Genetic variation that normally causes little to no phenotypic variation, but that has the potential to cause phenotypic
779 variation in new environments or new genetic backgrounds.
780
781 Enhancer
782 A short DNA sequence that is bound by regulatory proteins to activate the transcription of a gene, which may be located
783 many thousands of base pairs away.
784
785 Chaperones
786 Proteins that assist other proteins in folding, or refold misfolded proteins.
787
788 Epistatic interactions
789 Non-additive interactions between alleles in their contribution to a phenotype or fitness.
790
791 Protein domain
792 A distinct functional and often autonomously folding unit of a protein.
793
794 Genotype space
795 The space of all possible genotypes. For a nucleic acid sequence of length L , this space comprises 4^L genotypes.
796
797 Concave
798 A real-valued function on an interval of real numbers is concave if any line connecting two points on the graph of the
799 function lies on or below the graph.

800
801 Convex
802 A real-valued function on an interval of real numbers is convex if any line connecting two points on the graph of the
803 function lies above or on the graph.

804
805 Adaptive walks
806 A series of mutations that never decrease fitness.

807
808 Saddle points
809 Points on a landscape that have zero slope in at least two orthogonal directions, yet are not local peaks.

810
811 Extra-dimensional bypasses
812 Accessible mutational paths to an adaptive peak that are facilitated by increasing the dimensionality of an adaptive
813 landscape.

814
815 Quantitative trait loci
816 Loci that explain part of the genetic basis of variation in a phenotype.

817
818 **Key points**

- 819 • Evolvability is the ability of a biological system to produce phenotypic variation that is both heritable
820 and adaptive.
- 821 • Recent technological advances are transforming evolvability research from a field dominated by
822 theory to one illuminated by experiment.
- 823 • We highlight three causes of evolvability that have been the focus of recent experimental research.
824 They are phenotypic heterogeneity, robustness, and adaptive landscape topography.
- 825 • We discuss the mounting evidence that these causes of evolvability can evolve, and also the question
826 of whether they can evolve adaptively.

827

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841

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Competing interests

The authors declare no competing interests.

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In this article, Payne and Wagner discuss how recent experimental studies are complementing theoretical work to enhance our understanding of the evolvability of diverse biological systems. They highlight phenotypic heterogeneity, robustness and adaptive landscape topography as causes of evolvability, and they additionally discuss evidence for whether evolvability itself can evolve.