The contribution of cell-cell signaling and motility to bacterial biofilm formation

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Abstract

Many bacteria grow attached to a surface as biofilms. Several factors dictate biofilm formation, including responses by the colonizing bacteria to their environment. Here we review how bacteria use cell-cell signaling (also called quorum sensing) and motility during biofilm formation. Specifically, we describe quorum sensing and surface motility exhibited by the bacterium *Pseudomonas aeruginosa*, a ubiquitous environmental organism that acts as an opportunistic human pathogen in immunocompromised individuals. *P. aeruginosa* uses acyl-homoserine lactone signals during quorum sensing to synchronize gene expression important to the production of polysaccharides, rhamnolipid, and other virulence factors. Surface motility affects the assembly and architecture of biofilms, and some aspects of motility are also influenced by quorum sensing. While some genes and their function are specific to *P. aeruginosa*, many aspects of biofilm development can be used as a model system to understand how bacteria differentially colonize surfaces.

Keywords

biological; cluster assembly; biomedical

Biofilms are an attached growth state of bacteria

Relevance of biofilms

Biofilms are surface-associated communities of bacteria encased in an extracellular matrix. Biofilms are encountered in almost every imaginable environment. It has been estimated that many bacteria in the environment adopt the biofilm lifestyle (opposed to the free-swimming or planktonic life style). Geesey et al.[1] demonstrated that in the water column of streams in Montana, most bacteria were found associated with surfaces. In industry, biofilms cause many problems, including fouling of ship hulls, promoting corrosion in pipes, and contaminating food processing equipment. They can also be beneficial in industry. For example, they are a key feature of wastewater treatment plants. In the clinic, it has been estimated that biofilms cause up to 60% of all bacterial infections in developed countries.

There are several reasons why the biofilm lifestyle is advantageous. One of the primary reasons is that biofilms provide protection from a range of stressors, from antibiotics to host immune response and protozoan grazing. They can also facilitate acquisition of nutrients in cases where the surface is a nutrient source (e.g., a chicken in a poultry processing plant). Biofilms also promote genetic exchange, providing a high local cell density and a stable structured environment for genetic exchange events, such as conjugation and transformation.[2]

Because of their widespread importance, there has been an explosion of biofilm-related research in the past 10 years. Scientists and engineers have been probing the molecular mechanisms underpinning biofilm formation and antimicrobial tolerance, while engineers and material scientists have struggled to design surfaces that prevent microbial attachment.

This work has usually centered on a few key species for which we know the most about biofilm formation. Recent research has revealed that biofilm development can be at the confluence of many other types of social behavior for bacteria. One such bacterial species for which this is the case is the gram-negative bacterium, *Pseudomonas aeruginosa*.

Pseudomonas aeruginosa: A model organism for studying sociomicrobiology

P. aeruginosa is an environmentally ubiquitous bacterium that routinely grows attached to surfaces (e.g., water pipes, or soil and sand particles) as a biofilm.[3] It is also a metabolically versatile organism, able to use a variety of compounds as sole carbon and energy sources. Its genome is rather large (6.3million base pairs Mb),[4] probably attesting to its ability to thrive in a variety of environmental conditions. *P. aeruginosa* is also capable of engaging in a variety of social behaviors. Besides biofilm formation, it can chemically communicate within a group in a process called quorum sensing (please see the Renner and Weibel article in this issue), as well as participate in a type of social surface motility called swarming (please see the Wilking et al. article).

This bacterium is also an opportunistic human pathogen, causing both chronic and acute infections in susceptible individuals, including cystic fibrosis patients, burn victims, contact lens wearers, and the immunocompromised.[5] A *P. aeruginosa* infection typically stems from environmental sources as this ubiquitous organism transitions from environment to host and readily forms biofilms *in vivo* during chronic infections that show increased resistance to antibiotics and components of the immune system. Because of its importance in both environmental and clinical settings, it is a paradigm for studying social behaviors in bacteria in the emerging field of sociomicrobiology. Many other problematic biofilm bacteria are difficult to culture in the laboratory; research with P. aeruginosa is often useful to gain insight into parallel mechanisms used by these other bacteria.

Factors influencing *P. aeruginosa* biofilm formation

Several genetic and environmental determinants have been shown to influence biofilm development in *P. aeruginosa*. The nutritional environment is a key factor impacting biofilm structure. *P. aeruginosa* is capable of forming undifferentiated "flat" biofilms as well as highly structured biofilms containing void spaces and large cell aggregates (Figure 1). The carbon source upon which *P. aeruginosa* is grown dictates the architecture of the biofilm it forms. Other key nutrients such as iron have been shown to influence biofilm formation. Under conditions of iron starvation, biofilm formation is inhibited.[6] Several gene encoded functions contribute to biofilm development, including surface structures such as *pili* and *flagella*, as well as secreted polysaccharides. This review will focus on two important social behaviors and their contribution to biofilm formation: quorum sensing and surface motility.

Quorum sensing

P. aeruginosa can engage in intercellular cell-cell signaling, called quorum sensing, to coordinate gene expression. All living organisms express genes to enable specific functions; most genes are not expressed constantly. Rather, genes are expressed conditionally in response to some specific cue or environmental signal. *P. aeruginosa* regulates expression of a subset of its genes in response to a critical concentration of self-produced extracellular communication molecules. This phenomenon is called quorum sensing because induction or repression of quorum sensing-controlled gene expression has been shown to require a critical local cell density or "quorum" of bacteria. In liquid batch culture (e.g. the well-mixed, small-volume conditions in test tubes), this is dependent upon the bacterial cell density. In a growing culture, the bacteria reach a critical cell density at which the concentration of extracellular signal initiates a quorum sensing response from the

bacteria.[7–10] *P. aeruginosa* and several other bacterial species are capable of monitoring their own population density and use this form of communication to coordinate expression of particular genes.

Quorum sensing in *P. aeruginosa*—There are several different types of quorum sensing signaling mechanisms that use a range of different signal types and detection mechanisms.[7] One of the most common for the Proteobacteria (of which *P. aeruginosa* is a member) involves acyl-homoserine lactone (AHL) signal molecules. The AHL structure consists of a fatty acid chain with an amide bond linkage to a lactonized homoserine.[7,8,11,12] AHL-based quorum sensing appears to be highly conserved among the Proteobacteria— greater than 50 species have been identified to produce AHLs. AHL molecules are described as amphipathic because they contain both polar and non-polar regions, since the homoserine lactone ring is hydrophilic and the fatty acid side chain is hydrophobic. This amphipathicity appears to facilitate free diffusion of AHLs within the aqueous environment inside and outside the cell, as well as across the phospholipid bilayer of cell membranes.

These AHLs are produced by proteins called acyl-homoserine lactone synthases. Originally described for the regulation of luciferase enzyme to generate bioluminescence in the marine bacterium *Vibrio fischeri*, the genes and proteins important for luciferase production all bear the designation *"lux"*. The LuxI protein, named "I" for inducer, is the AHL synthase for *V. fischeri*. Subsequently, proteins homologous to LuxI have been identified in many other bacteria are responsible for production of AHL signal molecules, including *P. aeruginosa*. [7–9]

The second key component to AHL-mediated quorum sensing is the sensing of AHL signal and initiating a coordinated response by individual bacteria when a threshold AHL concentration is reached. This sensing occurs through proteins in the LuxR family. Again, "*lux*" refers to production of luciferase by *V. fischeri* and "R" stands for regulator. These regulatory proteins initiate transcription of select genes when cued by a threshold concentration of AHL signal (Figure 2).

There are two AHL signaling systems in *P. aeruginosa*. The LasI/LasR (named originally for control of elastase proteins, known virulence proteins that damage lung cells) and RhlI/RhlR (named for control of rhamnolipid production, another known virulence factor that is discussed further below) systems are reasonably well characterized and are known to have interdependence. For instance, transcription of *rhlI* and *rhlR* are induced by the *las* system.[13] A third LuxR homolog, QscR (named for quorum-sensing-control repressor), has been identified in *P. aeruginosa*; however, its function is poorly understood at present. No "QscI" has been identified, nor is such a LuxI homolog predicted based upon an analysis of the sequenced *P. aeruginosa* genome. It has been estimated that as many as 4–6% of the roughly 6000 *P. aeruginosa* genes are controlled by AHL quorum sensing.[14–17] Expression of genes (called transcription) when an RNA polymerase begins synthesis of a specific region of DNA. There are multiple variables that control such expression for different genes in different organisms, but in general gene expression requires RNA polymerase (and an accessory component called a "sigma factor") to recognize DNA just before the actual gene —this upstream DNA is called the "promoter". Variations in DNA binding target sequences may function to modulate RhlR/LasR/QscR binding to promoter regions, requiring different amounts of signal to affect expression of a particular gene or series of genes (called an operon). Additionally, non-AHL signaling has also been described for *P. aeruginosa*. The Pseudomonas quinolone signal (PQS), 2-heptyl-3-hydroxy-4-quilinone, plays a significant role in controlling expression of some virulence genes in *P. aeruginosa* and is integrated into the AHL quorum sensing regulatory circuit.[18]

Why is QS an important consideration for the biofilm mode of growth?—
Although most of what we know about the molecular mechanisms underpinning quorum
sensing is derived from the study of shaken liquid cultures, it is fairly obvious that dense,
suspended growth in liquid is probably a rare occurrence for *P. aeruginosa* outside the
laboratory. Thus the question is where in the environment might you encounter a "quorum"
of *P. aeruginosa*? The probable answer is in situations where the environment is conducive
to a somewhat robust period of growth that produces a high local cell density. A biofilm
aggregate of *P. aeruginosa* cells (as observed in the lungs of cystic fibrosis patients[19] and
chronic wounds;[20] see Figure 3) would be one such environment. The extracellular matrix
enforces a high local cell density that would promote signaling, even under situations where
the biofilm is cohabited by other species.

Unfortunately, studying signaling in a structured system such as a biofilm is difficult. What
constitutes a quorum when you have a growing cell aggregate subject to the mass transfer
effects of fluid flow? Quorum sensing certainly provides the organism with the opportunity
to coordinate gene expression events that could coordinate the building a biofilm by its
members. Most of the work done to date has focused on *P. aeruginosa*, and the results have
been as interesting and complicated as one might imagine.

What role does QS plays in *P. aeruginosa* biofilms?—Several researchers have
investigated the role of quorum sensing in biofilm formation. In 1998, Davies et al. reported
that a mutation in the *lasI* gene, rendering the bacteria unable to make the signal 3-
oxododecanoyl-AHL, had a tremendous impact on biofilm structure.[21] Normal "wild-type"
(i.e., all genes present) biofilms consisted of large cell aggregates separated by large
channels and void spaces empty of cells. The mutant biofilms (missing the *lasI* gene) were
flat and homogenous and were easily washed away by the detergent sodium dodecyl sulfate
(SDS), while the wild-type biofilm was resistant to SDS treatment. This finding generated a
huge degree of interest; if signaling controls biofilms, then disrupting signaling could be the
silver bullet for eradicating biofilms. However, subsequent work showed that the
relationship between quorum sensing and biofilm formation was more complicated than first
thought. Some researchers reported that quorum sensing did not influence biofilm formation
at all,[22] while others reported a significant effect.[21,23] The literature at the time created
confusion in the community, with researchers at a loss as to why some labs saw an effect,
while others using the same strains did not. In retrospect, it's not a surprise. Biofilm
culturing conditions have a profound effect on when quorum sensing is important. [24–26]
Additionally, several different quorum sensing-regulated factors can influence biofilm
structure in different ways. [23, 27, 28] Finally, the quorum sensing mechanism is subject to
regulation by environmental conditions, which can modulate the expression of different key
quorum sensing regulators.[29, 30]

Rhamnolipids are surfactants whose production is quorum sensing-controlled. The *rhlAB*
operon encodes two genes required for rhamnolipid synthesis, and expression of this operon
requires the *rhl* quorum sensing system. *P. aeruginosa* defective for rhamnolipid production
forms flat, homogenous biofilms. Davey et al. showed that rhamnolipids are important for
maintaining the spaces between cell aggregates relatively free of cells.[31] This may provide
several important functions that includes providing better access to nutrients to cells deep
within these channels. Pamp and Tolker-Nielsen provided evidence that rhamnolipids are
important for facilitating bacterial migration in the later stages of biofilm formation where
mature microcolonies are formed.[32] Furthermore, Jensen et al. and Alhede et al. showed that
rhamnolipids form a protective shield against attaching phagocytic cells from the innate
immune system.[33,34] The galactophilic lectin, LecA, is another important quorum sensing-
regulated factor that can impact biofilm structure.[35] Lectins are small secreted proteins that

bind to carbohydrates. Mutations in the *lecA* gene reduced biofilm formation on steel coupons.

Other quorum sensing-regulated functions include the operon encoding the extracellular polysaccharide Psl. Psl is a primary scaffolding EPS that aids in the attachment of the bacterium to a surface and forms a robust extracellular matrix holding biofilm cells together. The secreted iron siderophore, pyoverdine, is also controlled by quorum sensing, and Banin et al. demonstrated that mutant strains unable to produce it formed flat biofilms with reduced biomass.[36] These siderophores are proteins that have high affinity for iron and act to sequester iron for the bacterium even when dissolved concentrations are very low.

The final quorum sensing-regulated function to be discussed is a type of surface motility called swarming. Swarming motility's dependence on quorum sensing is nutritionally conditional and will be discussed in more detail later in this review.

With so many different biofilm-relevant functions regulated by quorum sensing, perhaps the biggest surprise is that there are any biofilm culturing conditions for which a wild-type strain and a quorum sensing mutant form identical biofilms. [22, 23, 29] This point also highlights the importance of environmental conditions. As one might expect, *P. aeruginosa* can fine tune its quorum sensing response in accordance with the environment. Under certain environmental conditions, a quorum sensing response might induce only a subset of potential quorum sensing-regulated genes. Thus, growth conditions can modulate quorum sensing and its subsequent effects on biofilm formation.

Environmental parameters known to influence quorum sensing in *P. aeruginosa* biofilms—Different labs have demonstrated that the nutritional, chemical, and physical environments can all have a significant effect on quorum sensing. The hydrodynamic environment is one such factor. Aquatic biofilms subjected to different flow regimes will have mass transfer effects on signal accumulation. Kirisits et al. demonstrated that the flow rate can impact the onset of quorum sensing in a developing biofilm.[24] Using fluorescent quorum sensing reporters, they found that at higher flow rates, a larger amount of biofilm biomass was needed to initiate quorum sensing. Perhaps the most surprising result was that at very high flow rates, the biofilm community never fully induced quorum sensing, even after several days of incubation. The chemical environment can also affect quorum sensing. Obviously anything in the biofilm environment that might impede the diffusion of the acyl-HSL signal may dampen the onset of quorum sensing. Biomolecules in the extracellular matrix, such as EPS, could serve as a sink for signals. Additionally, high pH environments can chemically cleave the AHL ring into multiple parts, destroying the signal. The half-life of signals in such an environment would be on the order of minutes.

Shrout et al. also showed that the nutritional environment influences the importance quorum sensing has for biofilm formation.[29] Depending upon the carbon source used for growth, quorum sensing was seen to either have no effect or a major influence on biofilm development. When grown on glucose or the amino acid glutamate, wild-type and quorum sensing mutant strains formed biofilms with identical structures. The glucose-grown biofilms were characterized by the presence of large aggregates, while glutamate-grown biofilms were flat and homogenous. However, on succinate, the wild-type strain formed flat, homogenous biofilms, while the quorum sensing mutant produced biofilms with large aggregates. The explanation for these different phenotypes was linked to swarming motility. A quorum sensing mutant was defective for swarming motility when grown on succinate. Thus, unable to move on the surface, *P. aeruginosa* grew as clonal aggregates. The wild-type strain, able to move, spread evenly on the surface and multiplied, producing a flat, homogenous biofilm. When grown on glucose, neither strain was unable to move on a

surface, and both produced biofilms characterized by cell aggregates. Correspondingly, when grown on glutamate, both strains were observed to move freely on the surface, producing flat, homogenous biofilms.

The points listed should be a warning to interested researchers. Experimental design can have a huge effect on the nature of quorum sensing and its role in biofilm development. Assumptions and transposition of quorum sensing and biofilm behavior should applied sparingly when examining a new experimental system. Conducting the appropriate background experiments is the only way to be certain how these social behaviors affect the biology in previously untested systems.

Surface motility

Three surface motility modes have been observed for *P. aeruginosa*: swarming, twitching, and sliding.[37,38]

Swarming motility is observed as groups of cells spread over surfaces. In the laboratory, swarming is routinely studied by discerning motility on hydrated semisolid surfaces (e.g., agar). *P. aeruginosa* swarms as groups of cells use their polar *flagella* to propel through a thin liquid film that forms on semisolid surfaces. The earliest reports suggested that *P. aeruginosa* swarmed when the bacterium produces a surfactant called rhamnolipid.[39–41] Rhamnolipid production is linked with quorum sensing because rhamnolipid production gene expression is under quorum sensing control. The quorum sensing regulator RhlR activates expression of the *rhlA* and *rhlB* genes only when sufficient RhlI-produced signal (butyryl homoserine lactone) is present.[42] These genes *rhlA* and *rhlB* encode enzymes required to produce halo-alkanoic acid and mono-rhamnolipid precursor molecules needed for rhamnolipid production. *P. aeruginosa* swarming is influenced via the production of rhamnolipid because rhamnolipid lowers the local surface tension within the thin liquid layer, which eases cell motility.

Some additional details of *P. aeruginosa* swarming control are now known. Several regulatory genes have been identified that show specificity to swarming (e.g., *pvdQ* [43, 44] and *metR* [45]).

Swarming is also influenced by local concentrations of bis(3'–5')-cyclic-diguanidine-monophosphate (c-di-GMP). This molecule, c-di-GMP, acts as a secondary messenger to relay and amplify information about specific environmental conditions within the cell, allowing the cell to regulate itself accordingly. When c-di-GMP levels are low, this promotes surface swarming; conversely, as c-di-GMP levels rise, this cues production of *P. aeruginosa* matrix polysaccharides and the initiation of a sessile biofilm.

Twitching is a surface motility that requires type IV *pili* motion. The action of the many Type IV *pili* present on the cell works by extension and retraction of the *pili* to pull the cell forward. It is not currently clear if the population directly affects twitching motility. However, population effects upon twitching are observed when rhamnolipid is present, which requires a sufficient quorum population for production. Work by Pamp and Tolker-Nielsen and Glick et al. showed that Type IV *pili* motility is facilitated by rhamnolipid.[32,46]

Both *flagella* and Type IV *pili* motility are important to biofilm development. These appendages serve to assist in attachment of cells to surfaces and in additional stages of biofilm development. For example, many *P. aeruginosa* biofilms show the development of "mushroom caps" (e.g., Figure 4b). These caps form under certain environmental conditions (namely sufficient iron and certain carbon sources) and require both *flagella* and Type IV

pili. Interestingly, the Type IV *pili* appear capable of sensing extracellular DNA present from the initiating biofilm cells.[47,48]

Sliding is the least understood of these surface motilities. *P. aeruginosa* has been shown to be surface motile even for a flagellum Type IV *pili* double-mutant (that is missing the genes necessary to synthesize both a flagellum and type IV pili). The requirement for the global regulatory gene, *retS*,[38] for sliding motility may suggest a specific link to sensing of metabolic cues and biofilm formation, as *retS* has also been linked to such activity.

Why would bacteria want to move in structured communities, and what are the signals/cues they are responding to?

Work done in the last decade has transformed our view of biofilms as being communities of static cells, spatially constrained on the surface. We found that biofilm communities can consist of actively motile and immobile subpopulations. Klausen et al. demonstrated that growth on defined medium in glucose gave rise to an interesting phenomenon mentioned previously, where an immobile aggregate of cells could serve as a "stalk," which is subsequently colonized by a motile population that crawls up the stalk, forming a "cap" (see Figure 4).[48] Additionally, motility has been shown to be a feature of the microbiology of other spatially structured systems. One example is the photosynthetic mats observed in regions of geothermal activity, such as those seen in Yellowstone National Park. In these photosynthetic mats (which exhibit many properties of biofilms), phototrophic bacteria move up and down vertically within the mat in response to changing light gradients during the day.

Of course, one of the primary benefits to being motile is the ability to move toward and away from favorable/unfavorable compounds, a process called "chemotaxis." Thus, it makes sense that being able to move within a biofilm community, which is subject to numerous chemical gradients, would be a tremendous advantage. One particular scenario where motility may be important relates to the acquisition of nutrients. Nutrients can quickly become limiting within the interiors of the dense, large, cell aggregates present in biofilms. Bacteria might favorably reposition themselves in the biofilm community in response to changing nutritional gradients.[49] The movement of phototrophs (organisms that use light for energy) within photosynthetic mats may be an example of this, with the phototrophs repositioning themselves to optimally utilize their energy source, light. Therefore, from this standpoint, motile species might possess a distinct advantage over non-motile species in a mixed species biofilm community.

Another potential compound that could influence motility is intercellular signaling compounds, such as acyl-HSLs. Although signal taxis has not been shown to occur in *P. aeruginosa*, the quorum sensing control of motility has been shown to occur in a variety of bacterial species. As signal concentrations build in a biofilm community, one response to high cell densities may be the induction of surface motility. This might serve to regulate local population densities in a biofilm. To regulate local population densities, quorum sensing might allow biofilm bacteria to leave the local environment when population densities are high and, presumably, ambient nutrient conditions are not favorable for continuous growth.

Summary

Some key questions remain unanswered for the contribution of cell-cell signaling and motility to biofilm development: *What cues attachment of cells to surfaces? When do motile*

communities transition to sessile biofilm cells? Which community signals regulate these processes?

In addition to improving upon the more "classical" microbiology and molecular techniques used to study bacteria, answering the many remaining questions of biofilm development will likely require an interdisciplinary approach that draws upon methods from several scientific disciplines.

Our understanding of biofilm development has already been advanced using mathematical *in silico* experiments. Predictive mathematical simulations can be utilized to assess the actions of single cells within groups. The impact of these mathematical experiments to discern biological events continues to be realized with better representation of molecular and microscale variables in descriptive equations and improvements in computational speed to simulate greater complexity.

There is a need to improve our understanding of the chemistry between the organic and inorganic constituents of attachment surfaces, with biochemical constituents presented by biofilm bacteria. Research in surface chemistry and biochemistry will continue to be useful to study cell attachment to surfaces and other cells.

Biofilms represent an intersection of biology with physical and chemical processes. Biophysics research will continue to be important for understanding the mechanics of cell movement and the coordination among these bacterial communities. Such analysis will also be useful to understand the many molecular events transpiring during biofilm development, including quorum sensing signal diffusion, matrix assembly of polysaccharides, interaction of cell surface molecules with surfaces, and extraction of nutrients by cells from surfaces in a dynamic environment.

Acknowledgments

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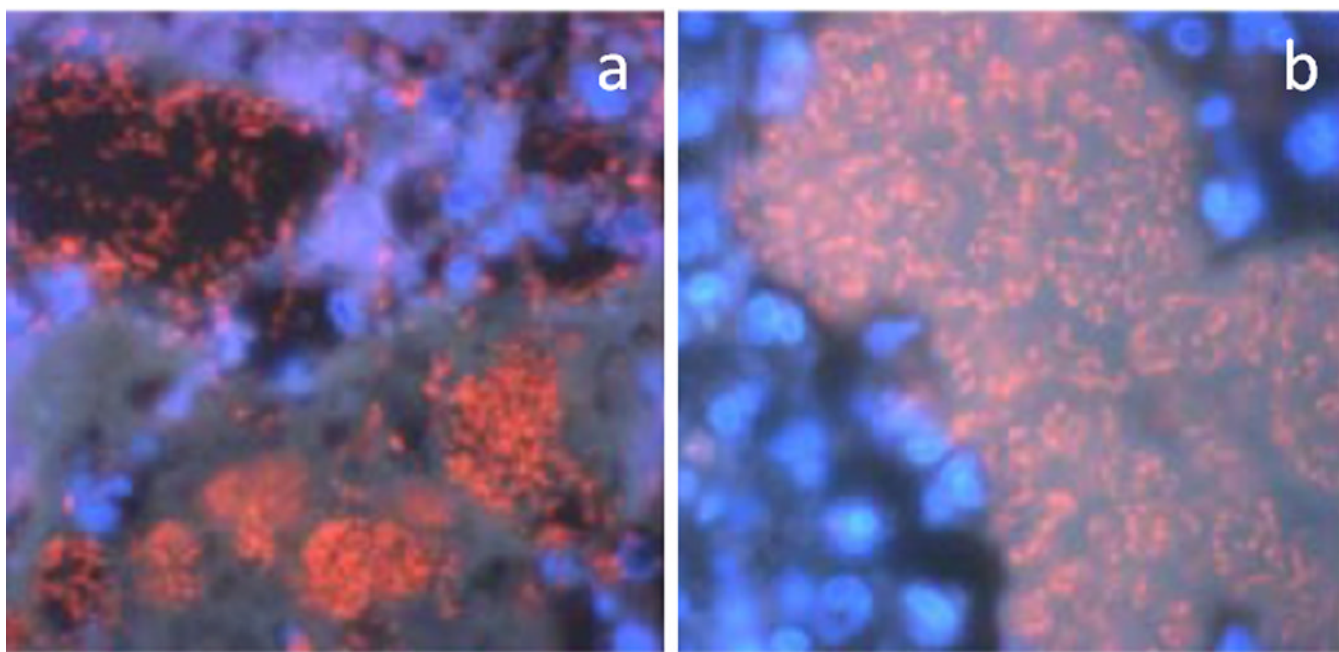49. Nielsen AT, Tolker-Nielsen T, Barken KB, Molin S. Environ. Microbiol. 2000; 2:1.
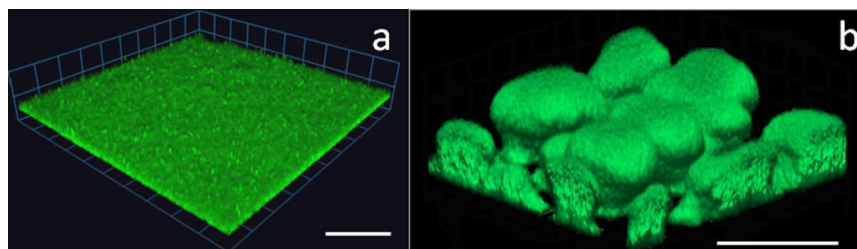
Figure 1.
P. aeruginosa flow-cell biofilms grown under differing media conditions: (a) defined phosphate buffer medium with succinate and (b) 1% tryptic soy broth (TSB). Scale bars ~50 µm (Images courtesy of Joshua Shrout and Dao Nguyen.)
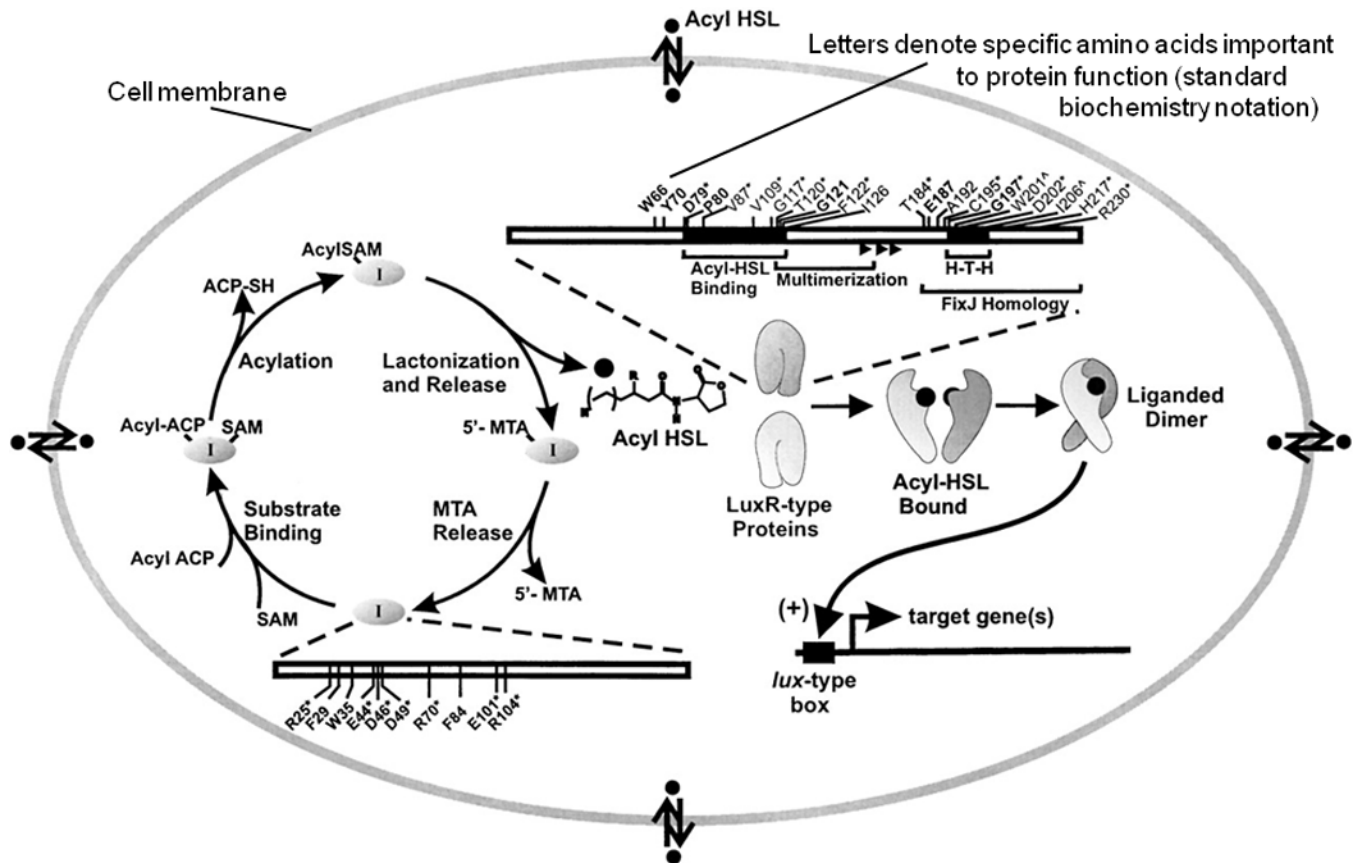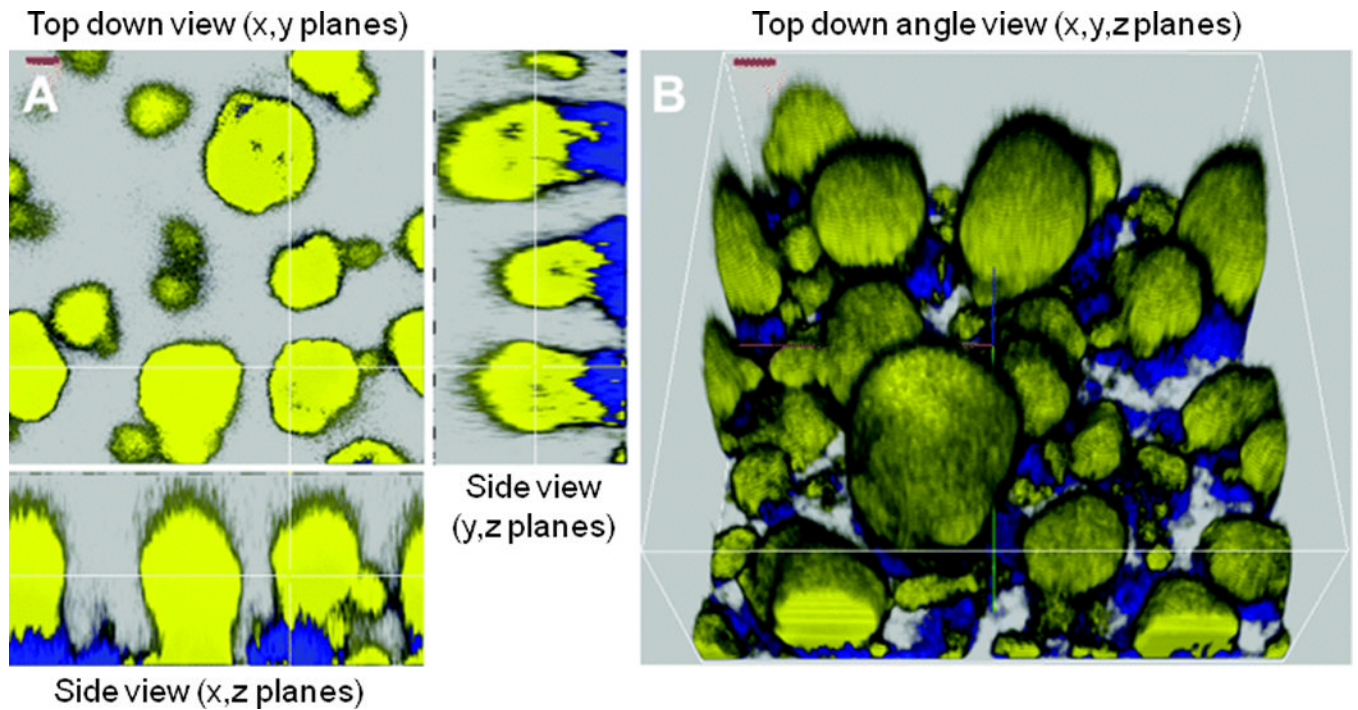
Figure 2.
Quorum sensing in gram-negative bacteria.; [7]

Figure 3.
Intraluminal *P. aeruginosa* biofilms surrounded by PMNs visualized by (a) PNA FISH and (b) DAPI.[19] Individual *P. aeruginosa* cells appear as red rods (and are approximately 2 µm in length).

Figure 4.
Mushroom-shaped multicellular biofilm structures with yellow caps and cyan or yellow stalks. Confocal laser scanning microscope images were acquired in a four-day-old biofilm that was initiated with a 1:1 mixture of yellow fluorescent *P. aeruginosa* PA01 wild type and cyan fluorescent *P. aeruginosa pilA* derivative and grown on glucose minimal medium. Red scale bars, 20 µm.[48]