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# The coupled atmosphere-ocean response to Antarctic sea-ice loss

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## 14 ABSTRACT

15 Antarctic sea ice is projected to decrease in response to increasing greenhouse gas  
16 concentrations. Limited studies so far have examined the coupled atmosphere-ocean response  
17 to Antarctic sea-ice loss. Here, we isolate the response to Antarctic sea-ice loss in the  
18 atmosphere and ocean using bespoke sea-ice albedo perturbation experiments with HadGEM3-  
19 GC31-LL, provide the first detailed examination of the global ocean response, and quantify the  
20 importance of atmosphere-ocean coupling, through comparison to uncoupled experiments with  
21 prescribed Antarctic sea-ice loss. Lower tropospheric warming and moistening over regions of  
22 sea-ice loss and the nearby Southern Ocean are simulated in both coupled and uncoupled  
23 configurations but are of greater magnitude in the coupled model. A weakening and  
24 equatorward shift of the tropospheric westerly jet are simulated in both configurations, but are  
25 also larger in the coupled model. Ocean coupling allows the warming response to spread  
26 northward, and by poleward atmospheric energy transport, back to the Antarctic interior.  
27 Warmer tropical sea surface temperatures enhance atmospheric convection, driving upper-  
28 tropospheric warming and triggering atmospheric teleconnections to the extratropics, including  
29 a weakened Aleutian Low. A 20% reduction in Antarctic Circumpolar Current transport and a  
30 weakening of the shallow tropical convergence cell are simulated. Surface waters warm and  
31 freshen globally, becoming more stratified and stable in the Southern Ocean, with similar  
32 changes, but of lesser magnitude, in the Arctic Ocean, where sea ice declines. Our results  
33 suggest that the climate effects of Antarctic sea-ice loss stretch from pole-to-pole and from the  
34 heights of the tropical troposphere to the depths of the Southern Ocean.

35

## 36 **1. Introduction**

37 Over the modern satellite era, from 1979 to 2018, annual-mean Antarctic sea ice extent  
38 (SIE) increased, on average, by 11 thousand square kilometres per year (Parkinson, 2019). This  
39 counterintuitive increase, in a warming world, contrasts with the large decline in the Arctic,  
40 and the decline simulated for the Antarctic in models over the historical period (e.g., Meredith  
41 et al., 2019). Many possible explanations for observed increase of Antarctic sea ice cover, and  
42 the failure of models to reproduce it, have been suggested, including, but not limited to, internal  
43 climate variability (Singh et al., 2019), stratospheric ozone depletion (Turner et al., 2009;

44 Polvani et al., 2011), and surface freshening due to enhanced precipitation (Liu and Curry  
45 2010) or glacial meltwater (Bintanja et al., 2013; Mackie et al., 2020).

46 The observed trend of increasing sea ice has become weaker in recent years, and is no  
47 longer statistically significant (Parkinson, 2019), after the previous record low SIE in austral  
48 winter 2016 (Turner et al., 2017), in addition to a new record low in austral winter 2022  
49 (Raphael & Handcock, 2022). Possible explanations for the sudden 2016 decline include  
50 influences from ENSO and an enhanced zonal wavenumber-3 pattern of the westerly jet  
51 (Schlosser et al., 2017; Stuecker et al., 2017), a rare stratospheric warming event that  
52 subsequently influenced the westerly jet and enhanced ice melt (Meehl et al., 2019; Wang et  
53 al., 2019), and the unprecedented opening of a polynya near the Maude Rise (Turner et al.,  
54 2020). It is unclear if this substantial reduction is temporary or if the Antarctic sea ice is  
55 entering a new era of decline (Ludescher et al., 2018; Eayrs et al., 2021). Regardless, models  
56 project Antarctic sea-ice loss over this century in response to increasing greenhouse gas  
57 concentrations (Collins et al., 2013; Roach et al., 2020).

58 The climate response to Arctic sea-ice loss has been well studied (e.g., Blackport &  
59 Kushner, 2016; Blackport & Screen, 2020; Cohen et al., 2014; Deser et al., 2015; Kim et al.,  
60 2014; Peings & Magnusdottir, 2014; Screen et al., 2018; Screen & Simmonds, 2013; Screen et  
61 al., 2013; Vavrus, 2018; Zappa et al., 2018). By comparison however, only a handful of  
62 modelling studies have been conducted on the impacts of Antarctic sea-ice loss. Model studies  
63 forced by observed sea ice trends suggest that the growth in Antarctic sea ice results in a slight  
64 poleward shift of the tropospheric eddy-driven jet and a positive Southern Annular Mode  
65 (SAM) anomaly in winter months (Raphael et al., 2011; Smith et al., 2017). Modelling studies,  
66 using atmosphere-only model configurations prescribed with projected Antarctic sea-ice loss,  
67 have found contrasting results on the impact on the location of the mid-latitude tropospheric  
68 eddy-driven jet, but generally agree that there is a reduction in its strength (Bader et al., 2013;  
69 England et al., 2018; Kidston et al., 2011; Menéndez et al., 1999). In addition to the impacts  
70 on the jet, England et al. (2018) found that the responses to Antarctic sea-ice loss were more  
71 vertically confined, of smaller amplitude, and less seasonally variable than the well-studied  
72 response to Arctic sea-ice loss.

73 Ayres and Screen (2019) provided the first multi-model analysis of the atmospheric  
74 response to projected Antarctic sea-ice loss, indirectly inferred from the Coupled Model  
75 Intercomparison Project phase 5 (CMIP5) ensemble (Taylor et al., 2012). Antarctic sea-ice loss

76 caused a robust weakening of the tropospheric westerly jet and favoured the negative phase of  
77 the SAM, of greatest magnitude and robustness in spring and summer. In these regards, the  
78 response to sea-ice loss acts to weakly damp the strengthening westerly jet and positive SAM  
79 responses to increased CO<sub>2</sub>. The SAM response to sea-ice loss primarily reflected a reduction  
80 in jet strength and to a lesser extent, an equatorward shift in the jet. In spring, this study found  
81 multi-model evidence for a weakening polar stratospheric vortex and coupling between the  
82 stratospheric and tropospheric zonal wind responses. Sea-ice loss induced warming in the  
83 lowermost atmosphere over the high-latitude Southern Ocean, but this warming did not  
84 penetrate over the Antarctic continent, consistent with England et al. (2018).

85 The majority of the above-mentioned studies used atmosphere-only models, as opposed to  
86 fully coupled atmosphere-ocean models, which may lead to muted responses, or in the case of  
87 Ayres and Screen (2019), used an indirect method that may miss aspects of the remote  
88 response. An important role of ocean coupling in the atmospheric response to Arctic sea-ice  
89 loss has been established (Deser et al., 2016; Smith et al., 2017; Tomas et al., 2016).  
90 Atmosphere-only models depict locally confined changes in response to Arctic sea-ice loss, as  
91 far south as the mid-latitudes, whereas coupled models suggest more widespread effects,  
92 reaching the tropics and even into the Southern Hemisphere (e.g., Blackport and Kushner 2016;  
93 Deser et al., 2016, 2015; Oudar et al., 2017).

94 Much less is known about the importance of ocean-atmosphere coupling for the response  
95 to Antarctic sea-ice loss. England et al., (2020a) was the first study to use a coupled climate  
96 model to assess the impact of Antarctic sea-ice loss and showed that ocean dynamics are  
97 important in capturing the global response to Antarctic sea-ice loss, just as is the case for the  
98 response to Arctic sea-ice loss. These authors found that the tropical response to Antarctic sea-  
99 ice loss is like that to Arctic sea-ice loss, particularly in the eastern equatorial Pacific. Antarctic  
100 sea-ice loss induced a ‘mini global warming’ signal, having a spatial pattern like that seen in  
101 response to increased greenhouse gas concentrations, but with smaller magnitude (this ‘mini  
102 global warming’ pattern has also been found in coupled models forced by projected Arctic sea-  
103 ice loss). Arctic warming in response to Antarctic sea-ice loss, was induced through changes  
104 in tropical Pacific Ocean and associated atmospheric teleconnections to the Aleutian Low  
105 (England et al., 2020b). The above two studies suggest that the ocean may play an important  
106 role in the climate response to Antarctic sea-ice loss. Yet, the impact of Antarctic sea-ice loss  
107 on the ocean has not been assessed in any detail.

108 Here, we advance the science on the climate response to Antarctic sea-ice loss in three main  
109 ways. First, we use a novel coupled modelling framework to isolate the atmospheric response  
110 to Antarctic sea-ice loss in the coupled climate system, building on the work of England et al.  
111 (2020a; 2020b), and assess the local and global effects. Second, we provide the first detailed  
112 examination of the oceanic response to Antarctic sea-ice loss (Section 3f - h). Third, by  
113 contrasting analogous coupled and uncoupled experiments, we provide the clearest yet  
114 determination of the role of the ocean and atmosphere-ocean coupling in the climate response  
115 to Antarctic sea-ice loss.

116

## 117 **2. Methods**

### 118 *a. Model configurations*

119 The bespoke sea ice perturbation experiments use the HadGEM3-GC3.1-LL low resolution  
120 (N96-ORCA1) global coupled model configuration, which participated in phase 6 of the CMIP  
121 (Williams et al., 2017). The model uses the MetUM GA7.1 global atmosphere and JULES  
122 GL7.0 land surface configurations (Walters et al. 2017), coupled to the NEMO GO6.0 ocean  
123 (Storkey et al., 2018), and CICE GSI8.1 sea ice (Ridley et al., 2018) model configurations.  
124 This version has an atmosphere with 85 vertical levels and horizontal resolution of ~135 km at  
125 mid-latitudes (N96). The ocean model used has 75 vertical levels with a 1° horizontal resolution  
126 on a tripolar grid. An advantage of using the N96-ORCA1 model over the N216-ORCA025  
127 model, is that it requires an order of magnitude less computing power per model year, yet  
128 maintains almost the same quality in representation of the global climate (Kuhlbrodt et al.,  
129 2018), and, for this study in particular, performs better for Antarctic sea ice (Andrews et al.,  
130 2020). The 1° ocean resolution requires a parameterization for eddy-induced transports  
131 (Kuhlbrodt et al., 2018; Storkey et al., 2018), which here is a globally uniform coefficient. For  
132 the atmosphere-only experiments, the same atmosphere and land component models are used,  
133 but are not coupled to either an ocean or sea ice component model, as discussed in section 3c.

### 134 *b. Coupled experiments*

135 The control experiment was the CMIP6 ‘Preindustrial Control’ simulation (Eyring et al.  
136 2016) of HadGEM3-GC3.1-LL, which was spun-up using CMIP6 Preindustrial forcing  
137 (Menary et al., 2018). The version of HadGEM3 used here includes the impact of melt ponds;

138 ponds are evolved within the sea ice component but only used within the albedo scheme. In the  
 139 sea ice perturbation experiment, sea-ice loss was induced in the Southern Hemisphere alone,  
 140 via an albedo perturbation method. More specifically, all sea ice in the Southern Hemisphere  
 141 was set to have the albedo of a melt pond with 30 cm depth. This perturbation caused an abrupt  
 142 reduction in sea ice albedo, leading to the increased absorption of shortwave radiation and thus,  
 143 abrupt Antarctic sea-ice loss. All other forcings were kept constant at preindustrial levels.  
 144 Although melt ponds are naturally rare in the Antarctic due to thick snow cover (Scott and  
 145 Feltham 2010), modifying the melt pond scheme was an effective way to control the sea ice in  
 146 one hemisphere and not the other. All the parameters used within the albedo scheme, i.e., melt-  
 147 ponds, bare sea ice, and snow, remain globally consistent and unchanged from the control  
 148 experiment. We use the fact that the albedo of melt-ponds is lower than ice and snow to reduce  
 149 the total albedo of the sea ice.

150 Within HadGEM3 the total albedo of the sea ice is calculated, separately for both visible  
 151 (< 700 nm) and near-infrared (> 700 nm) wavelengths, as a combination of the albedos of bare  
 152 ice, snow and melt pond using the CCSM3 scheme (Ridley et al., 2018). The evolution of melt  
 153 pond area fraction,  $f_p(n)$ , and depth,  $h_p(n)$ , for ice in thickness category  $n$ , are calculated in  
 154 CICE using the topographic melt pond formulation (Flocco et al., 2010; Hunke et al., 2015).  
 155 This melt pond scheme includes the evolution of refrozen lids (Flocco et al., 2010), the impact  
 156 of which are included by using the ‘effective pond fraction’ within the albedo calculations.  
 157 When pond depth is less than 4mm, the melt pond has no impact on the albedo for that ice  
 158 thickness category  $n$ , such that the ponded ice albedo is equal to that of bare ice,  $\alpha_i$ . Conversely,  
 159 where melt pond depth is greater than 20 cm, the bare ice albedo has no impact, and the ponded  
 160 ice albedo is equal to that of a melt pond,  $\alpha_p$ . For melt pond depths between these two values,  
 161 the ponded ice albedo is a function of the underlying bare ice albedo and the pond albedo  
 162 (Ridley et al., 2018; Briegleb & Light, 2007):

$$163 \quad \alpha_{pi}(n) = \frac{h_p(n)}{0.2} \alpha_p + \left(1 - \frac{h_p(n)}{0.2}\right) \alpha_i \quad (1)$$

164 The total grid-box albedo,  $\alpha(n)$ , of each sea ice thickness category  $n$ , is calculated as the  
 165 combined ponded ice albedo,  $\alpha_{pi}(n)$ , bare ice albedo  $\alpha_i(n)$ , and snow albedo,  $\alpha_s(n)$ , weighted  
 166 by the melt pond fraction  $f_p(n)$  and snow fraction  $f_s(n)$ :

$$167 \quad \alpha(n) = f_p(n) \alpha_{pi}(n) + \left(1 - f_p(n)\right) \times \left(f_s(n) \alpha_s(n) + \left(1 - f_s(n)\right) \alpha_i\right) \quad (2)$$



168 Equation (2) dictates that when the melt pond fraction is one, the total albedo is solely  
169 dependent on the ponded ice albedo, whereas when melt pond fraction is zero, the total albedo  
170 is solely dependent on the snow albedo and bare ice albedo. For the purposes of this work, the  
171 melt pond fraction and depth used within the albedo scheme were set to constant values  $F_p$  and  
172  $H_p$ , imposed as additional model parameters, to control the albedo of the sea ice.

173 Various combinations of  $F_p$  and  $H_p$  were tested in short sensitivity experiments, which  
174 yielded varying magnitudes of sea-ice loss. Here, we present results using  $F_p = 1$  and  $H_p = 30$   
175 cm. This parameter set resulted in the largest sea ice loss and was chosen to maximise the  
176 signal-to-noise ratio and because it gave magnitudes of winter sea-ice loss to be closer to that  
177 projected at the end of the twenty-first century (Roach et al., 2020). This forcing was applied  
178 continually in a 300-year perturbation simulation, sufficiently long to allow the ocean  
179 circulation to reach a new quasi-equilibrium state (Deser et al., 2016).

### 180 *c. Atmosphere-only experiments*

181 In the uncoupled control simulation, both the prescribed sea ice concentrations and sea  
182 surface temperatures were taken from the coupled control simulation, averaged over years 50-  
183 300. In the uncoupled sea ice perturbation experiment, sea ice concentrations in the Southern  
184 Hemisphere were taken from the coupled albedo perturbation experiment, averaged over years  
185 50-300, whilst those in the Northern Hemisphere were taken from the coupled control  
186 simulation. Sea surface temperatures were set to the values from coupled albedo perturbation  
187 experiment over regions of Antarctic sea-ice loss, but to the values from the coupled control  
188 simulations elsewhere. All external forcings were kept constant at preindustrial levels.

189 The atmosphere-only simulation were run following the Polar Amplification Model  
190 Intercomparison Project protocol (Smith et al., 2018). More specifically, the model was run for  
191 14 months, starting 1<sup>st</sup> April, with a total of 200 members, whereby the initial conditions are  
192 the same, but differ in the initial seed for the stochastic physics scheme. The first 2 months of  
193 each run were discarded, and the remaining 200 years averaged to minimise the impact of  
194 internal variability.

### 195 *d. Diagnostics and statistics*

196 Quasi-equilibrated responses were estimated by subtracting the time-mean in the control  
197 simulation from that in the perturbation simulation, each comprising 250 years in the coupled

198 experiments and 200-year ensemble mean in the atmosphere-only experiments. Transient  
199 responses in the coupled experiment were estimated by subtracting the control from the  
200 perturbation at each time step. The statistical significance of the response (i.e., the difference  
201 in means between the control and perturbation experiments) was calculated with the Student's  
202 t-test and is reported at the 95% confidence level. All figures display only significant results.

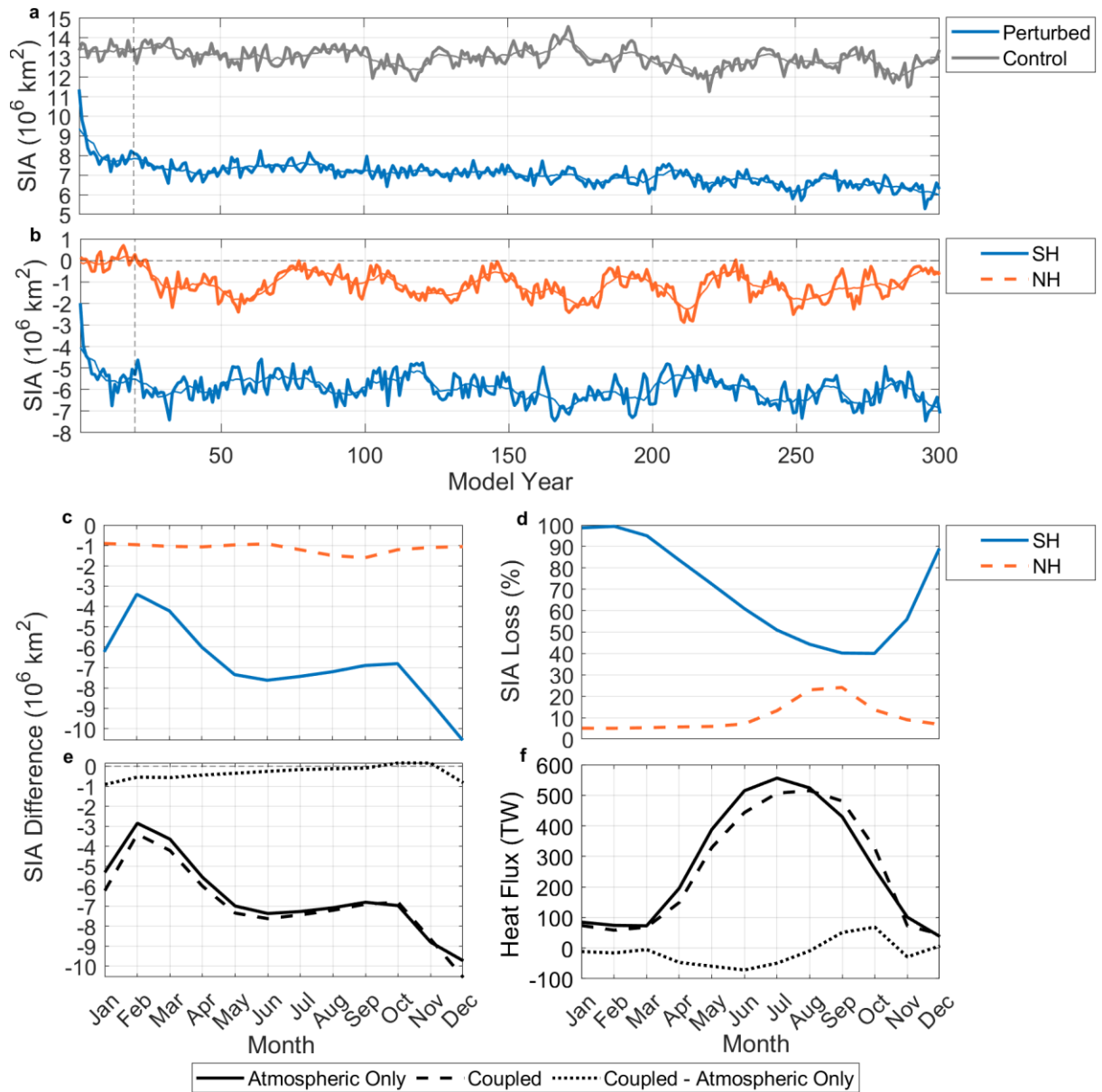
203 The mid-latitude tropospheric eddy-driven jet was characterised in terms of its strength (the  
204 maximum velocity) and latitude, following the methodology used by Ceppi et al. (2018), Zappa  
205 et al. (2018) and Ayres and Screen (2019). The Antarctic Circumpolar Current (ACC) volume  
206 transport was calculated as the vertically integrated volume transport across Drake Passage  
207 (54.5– 61 °S, 61 °W). Sea ice area was calculated by multiplying the sea ice fraction of each  
208 grid cell by the true area of each grid cell, and summing over the hemisphere of interest, and  
209 has units of (million) square kilometres.

210

### 211 **3. Results**

#### 212 *a. Sea ice and surface fluxes*

213 Annual-mean Antarctic sea ice area (SIA) is around 13 million km<sup>2</sup> in the coupled control  
214 simulation, with a small downward drift over time (Figure 1a). Following the albedo  
215 perturbation, SIA decreases to around 8 million km<sup>2</sup> in year 5, and then to around 7 million  
216 km<sup>2</sup> by year 20. After this, SIA continues to decrease slowly to 6 million km<sup>2</sup> in year 300. After  
217 approximately year 20, the control and perturbed simulation show similar slow rates of decline,  
218 such that the anomaly (perturbation minus control) remains fairly level at -6 million km<sup>2</sup> from  
219 year 20 to 300, but with interannual and (multi-)decadal variability (Figure 1b). The coupled  
220 perturbed simulation exhibits a complete loss of sea ice in summer and a 40% loss in SIA in  
221 winter, relative to the preindustrial control state (Figure 1c). The seasonal cycle of SIA loss in  
222 real terms (i.e., in square kilometres) is largest in early summer, when the effect of the albedo  
223 change is largest, owing to maximum incoming solar radiation, and smallest in late summer,  
224 when there is little sea ice in the control run anyway (Figure 1d). The annual-mean sea-ice loss  
225 is broadly comparable to that projected in the high emission scenarios by the end of the 21<sup>st</sup>  
226 century, albeit with greater ice loss in the summer and lesser ice loss in winter (not shown).



227

228 **Figure 1.** Time-series of Antarctic sea ice area in the coupled control and albedo  
 229 perturbation experiments (grey and blue, respectively). The thin curves show 10-year running  
 230 means. The dashed vertical line shows the end of the spin-up period. (b) Time series of sea ice  
 231 area loss (perturbed minus control) in the Southern and Northern Hemispheres (blue and  
 232 orange, respectively). (c) Mean annual cycle over the period of 300 years of monthly-mean sea  
 233 ice area loss (perturbed minus control) in the Southern and Northern Hemispheres (blue and  
 234 orange, respectively). (d) Annual cycle of monthly-mean percentage sea ice area loss in the  
 235 Southern and Northern Hemispheres (blue and orange, respectively). (e) Annual cycle of  
 236 monthly-mean sea ice area change (perturbation minus control) in the coupled and atmosphere-  
 237 only experiments, and their difference (dashed, solid and dotted lines, respectively). (f) Annual  
 238 cycle of monthly-mean turbulent heat flux change (perturbation minus control) in the coupled  
 239 and atmosphere-only experiments, and their difference (dashed, solid and dotted lines,  
 240 respectively). The heat flux is multiplied by the true area of each grid-box and summed over  
 241 the grid-boxes where Antarctic sea ice cover is reduced.

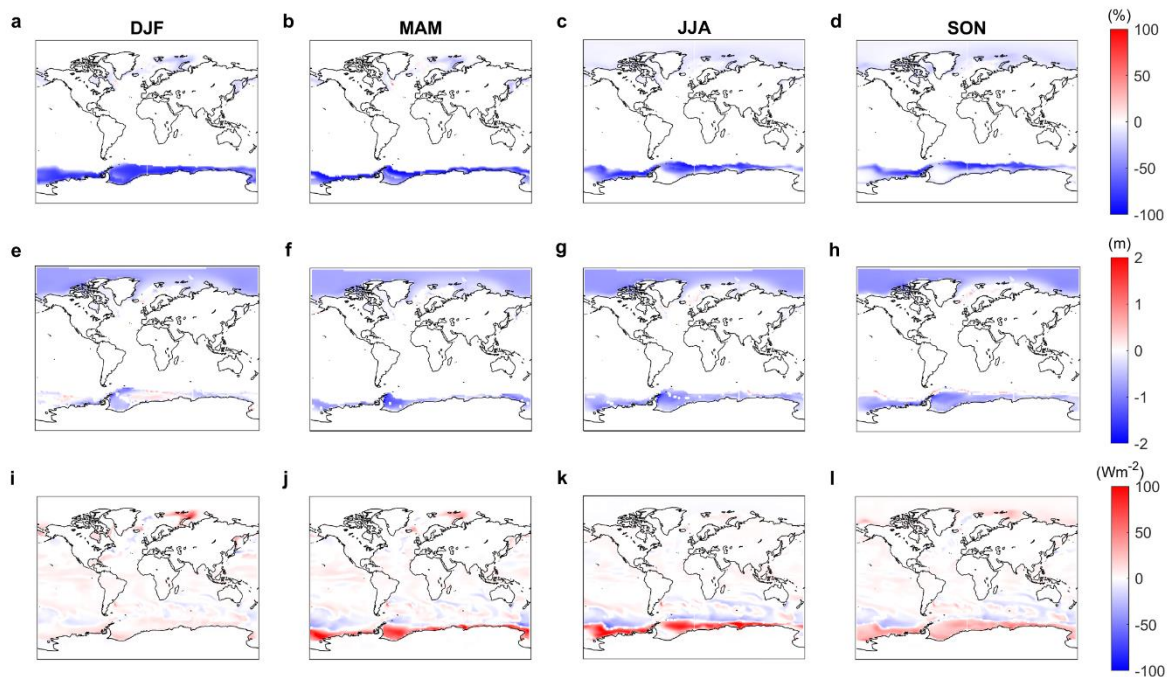
242 This seasonal cycle of ice loss, skewed towards summer, is a characteristic of albedo  
243 reduction experiments, which disproportionally reduce sea ice in summer when incoming solar  
244 radiation is at its maximum (Sun et al. 2020). One advantage of this approach is that energy,  
245 freshwater and salt are conserved, unlike with nudging methods (Screen et al. 2018; Sun et al.  
246 2019).

247 Although the albedo was only changed in the Southern Hemisphere, Arctic SIA shows 24%  
248 loss in boreal summer and 5% loss in boreal winter (Figure 1d), which, although considerably  
249 lesser in magnitude than in the Southern Hemisphere, demonstrates a marked reduction of  
250 Arctic sea ice in response to Antarctic sea-ice loss. The Arctic sea ice response is delayed by  
251 approximately twenty years compared to the imposed sea ice reduction in the Antarctic (Figure  
252 1b), which suggests that the pole-to-pole response may be governed by slow oceanic processes,  
253 a concept returned to later.

254 Recall, sea ice fields from the coupled model were prescribed in the atmosphere only  
255 experiments. Figure 1g shows a small discrepancy between the Antarctic SIA loss in the  
256 coupled and uncoupled cases, which arises because the atmospheric model (when run in  
257 uncoupled mode) replaces sea ice concentrations below 30% with zeros. Further, we note  
258 differences in sea ice thickness between the coupled and uncoupled cases (not shown), as in  
259 the latter, sea ice thickness is derived empirically from the sea ice concentration and not  
260 explicitly simulated. Despite these differences in sea ice states, the heat flux responses are very  
261 similar in the coupled and uncoupled cases (Figure 1h), meaning it is appropriate to interpret  
262 differences in the atmospheric response between coupled and uncoupled cases as arising due  
263 to the coupling and not because of differences in forcing. In both coupled and uncoupled cases,  
264 the total turbulent heat flux to the atmosphere peaks in winter at a little over 500 TW and is  
265 smallest in summer at less than 100 TW. This seasonal cycle reflects both the magnitude of  
266 sea-ice loss in each month and the air-sea temperature difference.

267 Sea ice concentrations are reduced all year round in the Southern Hemisphere (Figure 2a-  
268 d), being of greatest magnitude near the ice edge, which migrates with the seasons. Antarctic  
269 sea ice thickness is reduced everywhere within the ice pack in all seasons, except for patches  
270 of thickening in summer (Figure 2e-h). In the Arctic, there are modest reductions in sea ice  
271 concentration, mostly in the Barents-Kara Sea in boreal winter and spring but extending across  
272 the Arctic Ocean in boreal summer and autumn (Figure 2a-d). Sea ice thickness is reduced in  
273 all seasons across the Arctic and by similar magnitudes to in the Antarctic (Figure 2e-h). The

274 spatial patterns of the turbulent (sensible plus latent) heat flux responses largely mimics those  
 275 of sea ice concentration, with largest increases in the ocean-to-atmosphere heat exchange in  
 276 regions of ice loss, and seasonally greatest in autumn and winter (Figure 2i-l). Reductions in  
 277 the turbulent heat flux are seen northward of the sea ice edge in the Southern Ocean, reflecting  
 278 anomalous heat input. In the Arctic, increased heat fluxes are simulated in the colder boreal  
 279 season and in regions of reduced sea ice cover, mainly the Barents-Kara Sea.

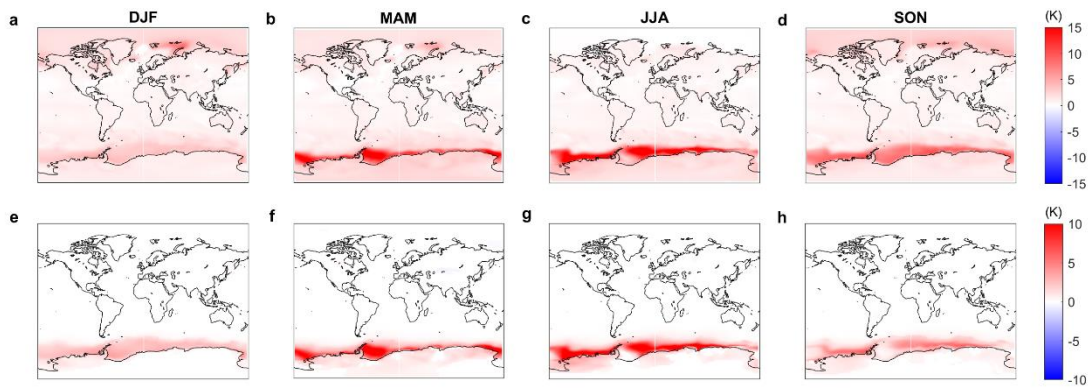


280  
 281 **Figure 2.** (a-d) Sea ice concentration response, i.e., perturbed minus control, in summer,  
 282 autumn, winter and spring, respectively. (e-h) As a-d but for sea ice thickness. (i-l) As a-d but  
 283 for surface turbulent heat flux. The heat flux is defined positive in the upward direction, so red  
 284 (blue) denotes areas where the heat flux into the ocean is higher (lower) in the perturbed  
 285 experiments.

286 *b. Spatial pattern of the atmospheric response*

287 The near-surface air temperature response is global in reach in the coupled model, reaching  
 288 as high as 15 K over regions of Antarctic sea-ice loss in autumn and winter (Figure 3a-d). In  
 289 polar regions, there is a clear seasonal cycle, with the largest warming in autumn and winter,  
 290 in each hemisphere, as expected from the heat flux response (Figure 1). An increase in  
 291 temperature over the Antarctic continent is present in all seasons (Figure 3a-d), with coastal  
 292 regions warming the most, by up to 5 K in winter and spring, but significant warming extending  
 293 to the high-altitude plateau in all seasons. There is substantial warming of up to 4 K in the  
 294 northern regions of the Southern Ocean. Over the tropics, surface warming is similar in each

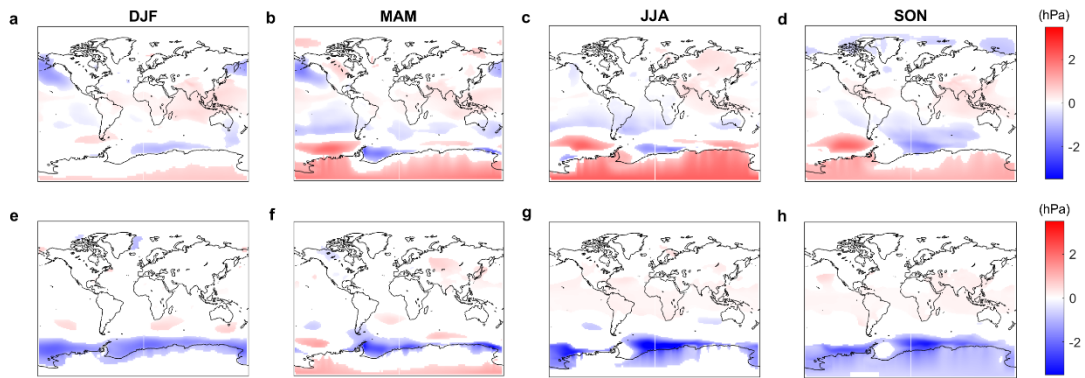
295 season, albeit of smaller magnitude than at the poles. In the high latitudes of the Northern  
 296 Hemisphere, north of 50° N, there is an increase in near-surface air temperature of between 3  
 297 K and 8 K, in all seasons apart from boreal summer. The largest increases in near-surface air  
 298 temperature are in the Barents-Kara Sea in boreal winter, again consistent with the spatial and  
 299 seasonal pattern of the heat flux response. In the atmosphere-only experiments, the warming is  
 300 restricted to the regions of sea-ice loss, and the nearby Southern Ocean and coastal regions of  
 301 the Antarctic continent (Figure 3e-h). Unlike in the coupled experiment, warming does not  
 302 extend to the high-altitude plateau in any season or north of 50° S. A highly similar seasonal  
 303 cycle is seen in the uncoupled and coupled cases, with the largest local warming in autumn and  
 304 winter, but the maximum warming is ~2 K greater in the coupled compared to uncoupled  
 305 experiments.



306 **Figure 3.** (a-d) Near-surface air temperature response, i.e., perturbed minus control, in austral  
 307 summer, autumn, winter, and spring, respectively, in the coupled model. (e-h) As a-d but for  
 308 uncoupled experiments.  
 309

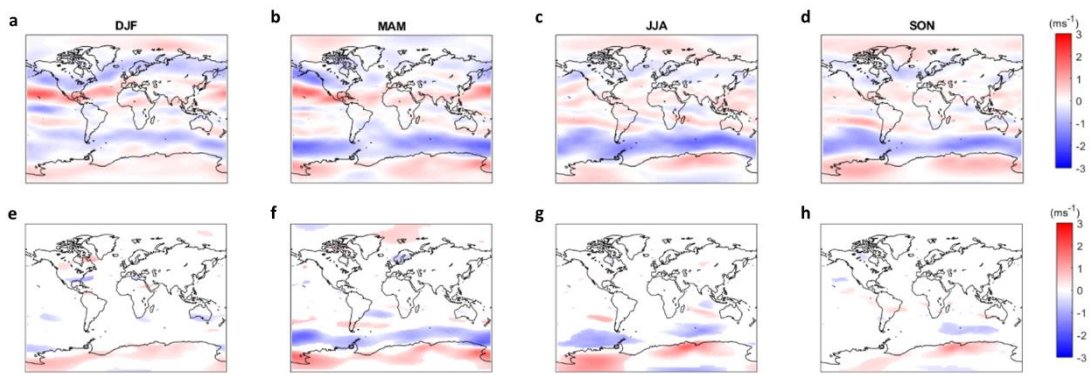
310 In the coupled experiment, the mean sea level pressure (MSLP) response (Figure 4a-d) to  
 311 Antarctic sea-ice loss shows an increase over Antarctica, up to 2.2 Pa, with the largest and most  
 312 significant increase in winter. This high-latitude MSLP increase maps onto the negative phase  
 313 of the SAM. However, the MSLP response over the Southern Ocean is not zonally symmetric.  
 314 There is a clear weakening of the Amundsen Sea Low from autumn to spring (i.e., increased  
 315 MSLP), and decreased MSLP in the Weddell Sea in all seasons. North of 50° S, one notable  
 316 feature is the MSLP decrease over the North Pacific, reflecting a strengthened Aleutian Low  
 317 in boreal winter and spring. In the uncoupled experiments, there is a decrease in pressure of  
 318 up to 3 Pa over the Southern Ocean and Antarctic continent in all seasons apart from autumn,  
 319 when there is a slight increase at the highest latitudes and in the Amundsen Sea Low region  
 320 (Figure 4e-h). Few regions beyond the Southern Ocean show a significant MSLP response in  
 321 the uncoupled experiments, with perhaps the exception of winter, when there are patchy MSLP

322 increases over mid-latitudes. The MSLP responses in the coupled and atmosphere-only models  
 323 are of opposite sign in many regions, including over Antarctica and in the Amundsen Sea Low  
 324 region. Broadly speaking, the MSLP response in the uncoupled model is characterised by  
 325 reduced MSLP in regions of sea-ice loss, a direct “heat low” type response, whereas the  
 326 coupled model response bears closer resemblance to the negative SAM phase.



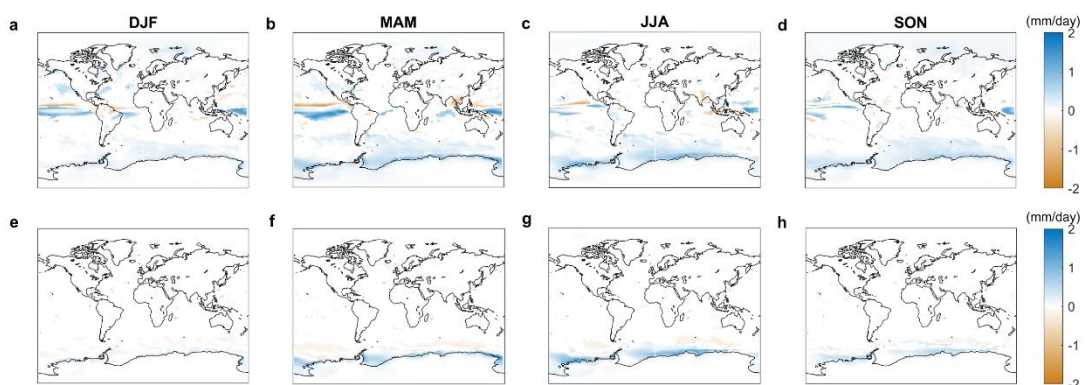
327 **Figure 4.** (a-d) Mean sea level pressure response, i.e., perturbed minus control, in austral  
 328 summer, autumn, winter, and spring, respectively, in the coupled model. (e-h) As a-d but for  
 329 uncoupled experiments.  
 330

331 The zonal wind response at 500 hPa (U500) (Figure 5a-d) displays a decrease over the  
 332 latitudes of the westerly jet in all seasons in the coupled model, suggesting a weakening of the  
 333 jet, which is largest in autumn and winter. The maximum decrease, in winter, amounts to a ~10  
 334 % reduction in the mean westerlies. The increase of the equatorward flank of the westerly is  
 335 less significant. A similar decrease of the zonal wind in the latitudes of the westerly eddy-  
 336 driven jet is seen in the uncoupled simulation, but of weaker (less than 50% of the magnitude  
 337 in the coupled mode) magnitude, especially in the warmer seasons, and significant in only  
 338 autumn and winter (Figure 5e-h). Thus, the weakened westerly response is seen year-round in  
 339 the coupled model, but only during the colder seasons in the atmosphere-only model. The  
 340 weakening is also more latitudinally confined in the atmosphere-only model response. In the  
 341 Northern Hemisphere midlatitudes there is a dipole in the coupled model, suggesting an  
 342 equatorward shift of the eddy-driven jet, particularly in the Pacific sector in boreal winter and  
 343 spring. This feature is absent in the uncoupled experiments, which show only small, patchy  
 344 regions of significant change in the Northern Hemisphere.



345 **Figure 5.** (a-d) 500 hPa zonal wind response, i.e., perturbed minus control, in austral summer,  
 346 autumn, winter, and spring, respectively, in the coupled model. (e-h) As a-d but for uncoupled  
 347 experiments.  
 348

349 Precipitation (Figure 6a-d) significantly increases over areas of Antarctic sea-ice loss and  
 350 the surrounding Southern Ocean, most strongly in autumn and winter, in both coupled and  
 351 uncoupled experiments. However, the wetting signal is seen over larger swathes of the  
 352 Southern Ocean in the coupled model, whereas it is locally confined to the higher latitudes in  
 353 the atmosphere-only model. This greater spatial extent of the wetting signal in the coupled  
 354 model, compared to that in the atmosphere-only model, is likely due to the more widespread  
 355 warming (Figure 6e-h) in the coupled model, which is expected to increase moisture  
 356 availability. Over the Antarctic continent in the coupled model, there is an increase of up to 0.5  
 357 mm/day in the coastal regions, with higher latitudes and altitudes seeing a smaller but still  
 358 significant increase in all seasons. However, there is no significant response over the continent  
 359 in the uncoupled experiments. A small increase in Arctic precipitation is simulated in boreal  
 360 autumn and winter, only in the coupled experiments where Arctic sea-ice is reduced.



361 **Figure 6.** (a-d) Precipitation response, i.e., perturbed minus control, in austral summer,  
 362 autumn, winter, and spring, respectively, in the coupled model. (e-h) As a-d but for uncoupled  
 363 experiments.  
 364



365

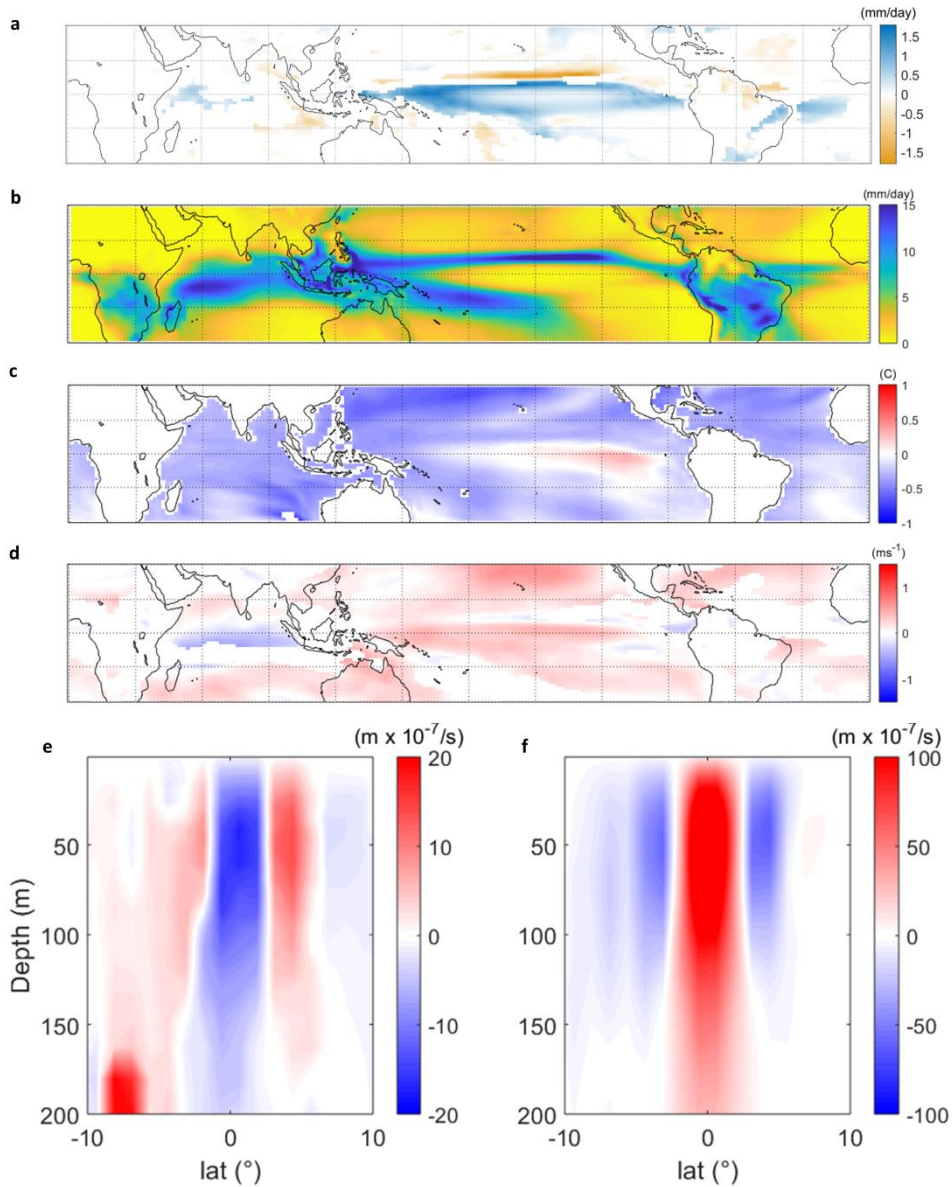
366       Precipitation changes in the tropics are also only found in the coupled model and are worthy  
367 of closer examination. The annual-mean precipitation response over the tropical Pacific shows  
368 a decrease in a band north of the equator, which is climatologically wetter, and an increase  
369 along the equator, which is climatologically drier (Figure 7a,b). This suggests a shift of the  
370 Intertropical Convergence Zone (ITCZ), analogous but of smaller magnitude to that simulated  
371 in response to increased greenhouse gas concentrations (Collins et al. 2013). The spatial pattern  
372 of the tropical precipitation response resembles that of SST, with increased precipitation in  
373 regions of greater ocean surface warming, relative to the global mean, and reduced precipitation  
374 in regions of lesser ocean surface warming, again relative to the global mean (Figure 7c; the  
375 “warmer gets wetter” paradigm). Locally enhanced surface warming along the equator in the  
376 Pacific Ocean is likely related to reduced upwelling of colder water from depth. Figure 7d show  
377 the tropical upper ocean convergence cell in the control run. Upwelling along the equator is  
378 balanced by off-equatorial downwelling. In response to Antarctic sea-ice loss, the tropical  
379 convergence cell is weakened (Figure 7e), related to the weakened easterly trade winds (Figure  
380 7d)

### 381 *c. Vertical structure of the atmospheric response*

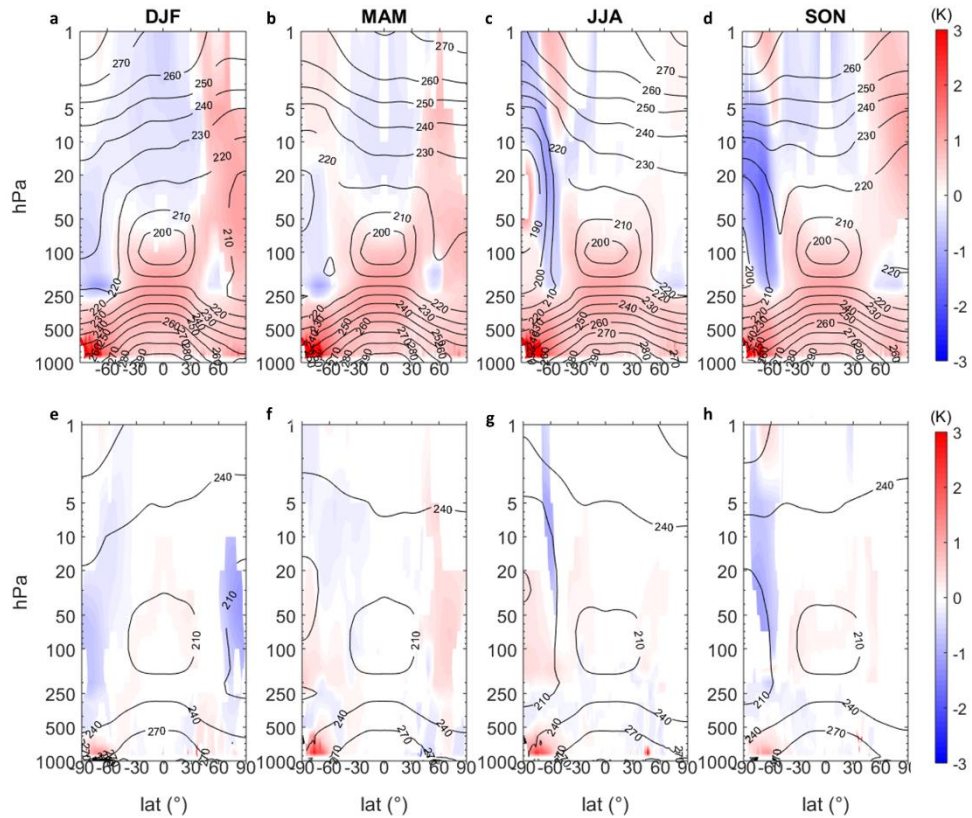
382       In the coupled model, the zonal-mean temperature response to Antarctic sea-ice loss  
383 displays warming throughout the troposphere, with the biggest increase over the high southern  
384 latitudes in the lower troposphere (Figure 8a-d). In the upper troposphere, there is a warming  
385 at lower latitudes, akin to a classical global warming temperature signature. The stratosphere  
386 cools in the Southern Hemisphere, in all seasons apart from winter. In contrast, the Northern  
387 Hemisphere stratosphere warms in all seasons apart from boreal autumn. In the absence of  
388 ocean coupling, the zonal-mean temperature response displays lower tropospheric warming  
389 (up to 500 hPa) over Antarctica and the Southern Ocean, of greatest magnitude in autumn and  
390 winter (Figure 8e-h). Although both model versions depict tropospheric warming over the  
391 Antarctic and Southern Ocean, this warming is of greater magnitude and extends to higher  
392 altitudes in the coupled model. Warming reaches the tropopause over the Antarctic (250 hPa)  
393 in the coupled model, whereas it is confined to below 500 hPa in the atmosphere-only model.  
394 The Southern Hemisphere polar stratospheric cooling is also of greater magnitude in the  
395 coupled model; in fact, this region warms in autumn and winter in the uncoupled case. There  
396 is a clear global tropospheric warming signature in the coupled model, which is not present in

15

397 the atmospheric-only model. The tropical upper tropospheric warming and Arctic lower  
 398 tropospheric warming seen in the coupled model response are absent from the atmosphere-only  
 399 model response.

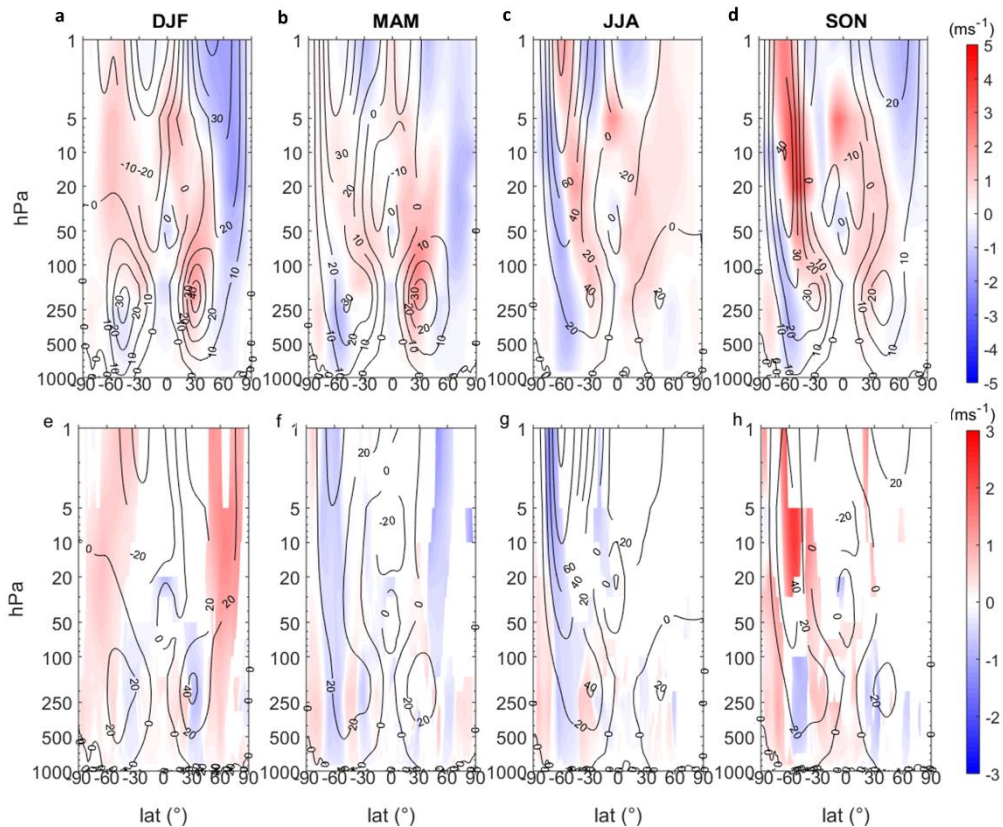


400  
 401 **Figure 7.** (a) Annual-mean tropical precipitation response, i.e., perturbed minus control, in the  
 402 coupled model. (b) Annual-mean tropical precipitation in the coupled control simulation. (c)  
 403 As a but for sea surface temperature. Here, local changes are plotted relative to the global mean  
 404 response. (d) As a but for zonal wind. (e) Zonal-mean tropical Pacific vertical ocean velocity  
 405 in the top 200m in the coupled control run. (f) Zonal-mean tropical Pacific vertical ocean  
 406 velocity response.



407  
 408 **Figure 8.** (a-d) Zonal-mean air temperature response, i.e., perturbed minus control, in austral summer, autumn, winter, and spring, respectively, in the coupled model. (e-h) As a-d but for  
 409  
 410 uncoupled experiments.

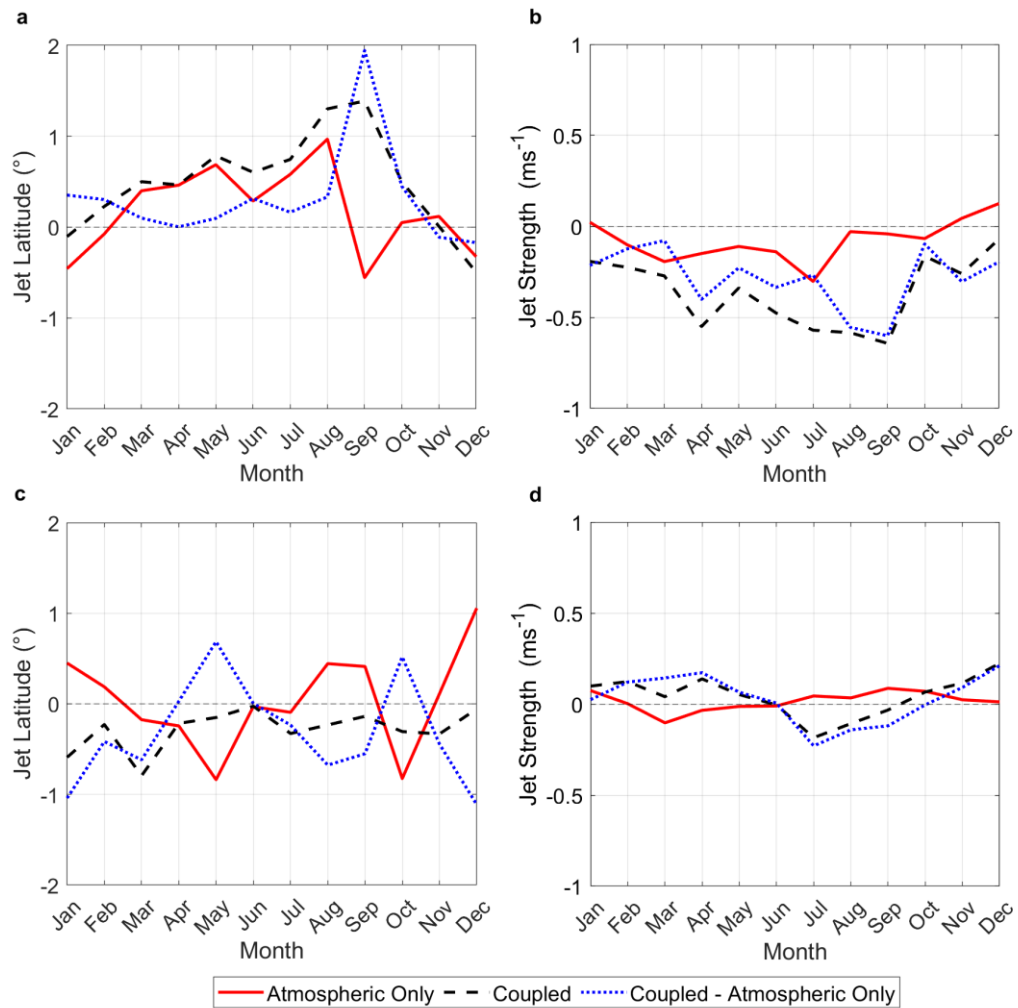
411 Turning now to the zonal-mean zonal wind response (Figure 9), the velocities decrease in  
 412 the core and on the poleward flank of the Southern Hemisphere westerly jet, suggesting a  
 413 weakening and slight equatorward shift of the jet. This change is seen in all seasons in both the  
 414 coupled and uncoupled experiments, but is of greater magnitude in the coupled model,  
 415 especially in the colder seasons. The main differences between the zonal-mean zonal wind  
 416 responses in the coupled and uncoupled models are in the vicinity of the subtropical jets. In the  
 417 coupled model, the westerly winds increase in the tropical upper troposphere, in both  
 418 hemispheres, related to the upper tropospheric tropical warming. These features are absent in  
 419 the atmosphere-only configuration. Also, in the coupled model only, velocities decrease on the  
 420 poleward flank of the northern tropospheric eddy-driven jet in boreal winter and spring,  
 421 suggesting an equatorward shift.



422  
 423 **Figure 9.** (a-d) Zonal-mean zonal wind response, i.e., perturbed minus control, in austral  
 424 summer, autumn, winter, and spring, respectively, in the coupled model. (e-h) As a-d but for  
 425 uncoupled experiments.

426 *d. Responses of the jet streams*

427 The Southern Hemisphere mid-latitude eddy-driven jet shifts equatorward in most months  
 428 in the coupled model, with a maximum shift of  $1.39^\circ$  of latitude in September (Figure 10). A  
 429 similar jet shift is seen in the uncoupled models during the months March to August, with a  
 430 maximum of  $0.95^\circ$  in August. The jet weakens throughout the entire year in the coupled model,  
 431 with maximum weakening of  $0.64 \text{ ms}^{-1}$  in September, and in most months in the atmosphere-  
 432 only model, with a maximum weakening in September of  $0.3 \text{ ms}^{-1}$ . The months of maximum  
 433 jet weakening broadly correspond to the months with the largest equatorward shifts. Although  
 434 a robust feature across the two model versions, the jet weakening is of notably greater  
 435 magnitude in the coupled model than the atmosphere-only model. Ocean coupling appears to  
 436 be more important for the jet strength response than the jet latitude response to Antarctic sea-  
 437 ice loss.

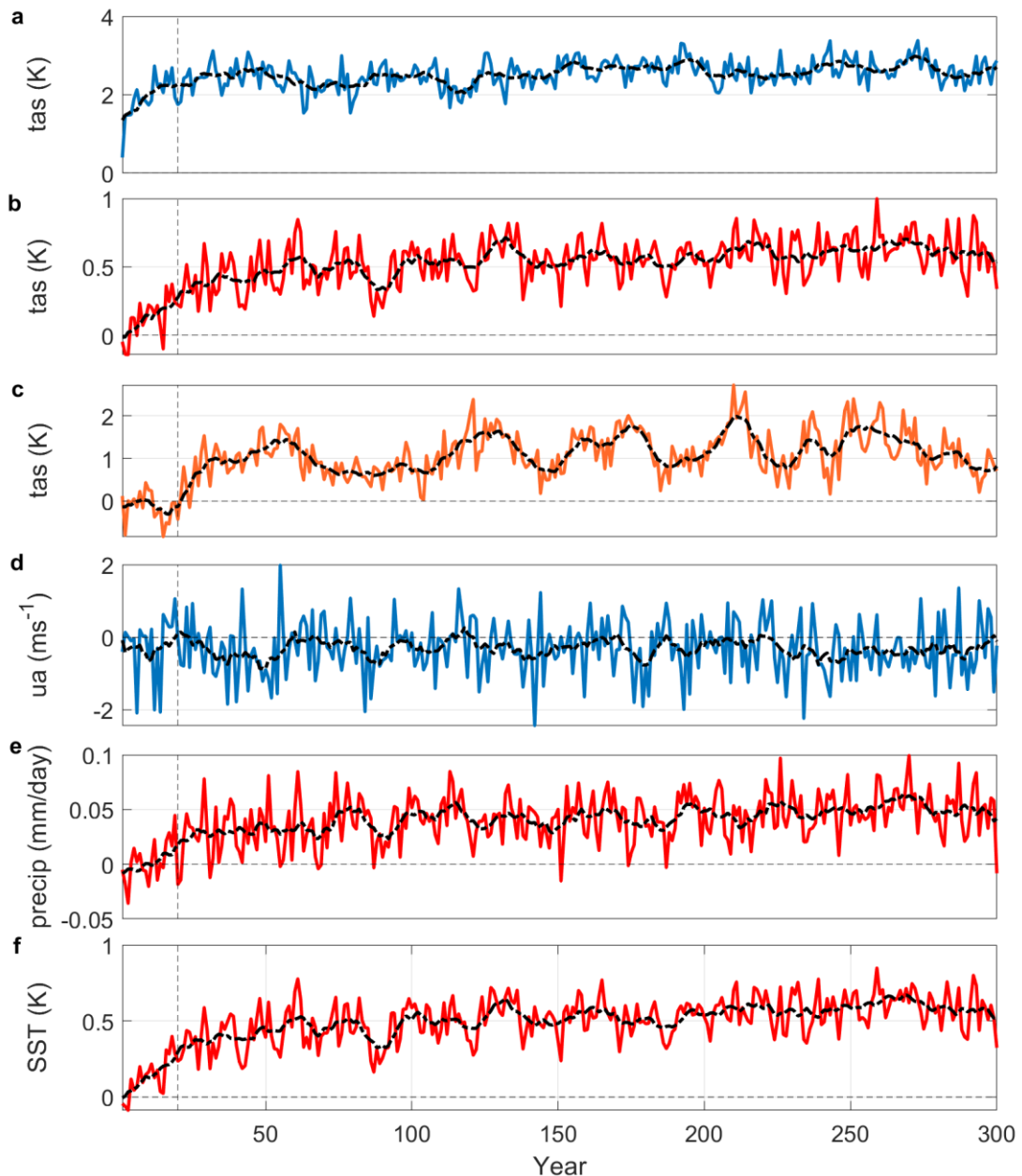


438  
 439 **Figure 10.** (a) Annual cycle of the monthly-mean response of the Southern Hemisphere eddy-  
 440 driven jet latitude, in the coupled and uncoupled models and their difference (black, red and  
 441 blue, respectively). (b) As a but for jet strength. (c-d) As a-b but for the Northern Hemisphere  
 442 eddy-driven jet.

443 In the Northern Hemisphere, the eddy-driven jet moves equatorward in all months in the  
 444 coupled model, with a maximum of 0.79° in March. The jet strength increases in the boreal  
 445 winter, spring, and autumn, by a maximum of 0.22 ms<sup>-1</sup> in December, but decreases in boreal  
 446 summer, with a maximum of 0.18 ms<sup>-1</sup> in August. Thus, the eddy-driven jets are shifted  
 447 equatorward in both hemispheres, but the jet weakening is more apparent in the Southern than  
 448 Northern Hemisphere.

449 *e. Time evolution of the atmospheric response*

450 Surface warming over the Southern Hemisphere extratropics occurs rapidly following the  
 451 abrupt loss of sea ice, reaching 2 K within 5 years and levelling out around 2.5 K after about  
 452 30 years, with small fluctuations due to multi-decadal variability (Figure 11a). In the tropics



453  
 454 **Figure 11.** (a) Time series of the annual-mean near-surface air temperature response, i.e.,  
 455 perturbed minus control, averaged over Southern Hemisphere extratropics (70-40 °S). The  
 456 black line denotes a 10-year running mean, the grey dashed lines denote the 20-year spin-up.  
 457 (b) As a but averaged over the tropics (30 °N-30 °S). (c) As a but averaged over Northern  
 458 Hemisphere extratropics (70-40 °N). (d) As a but for 500 hPa zonal wind averaged over the  
 459 latitude of the westerly jet (65-35 °S). (e) As a, but for precipitation averaged over the tropics  
 460 (30 N-30 °S). (f) (As a, but for sea surface temperature averaged over the tropics (30 °N-30  
 461 °S).

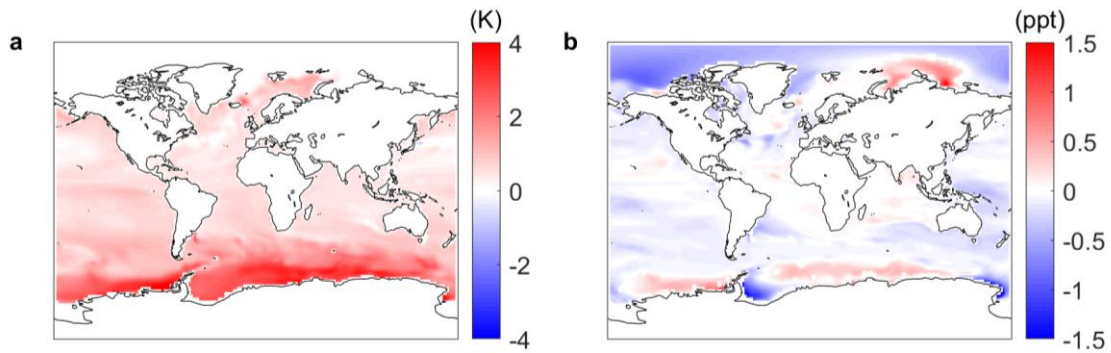
462 there is a gradual warming over the first 60 years before quasi-equilibrium is reached (Figure  
 463 11b). In the Northern Hemisphere extratropics, there is little warming in the first 20 years  
 464 (Figure 11c). This delay suggests a role for oceanic processes, which evolve more slowly than  
 465 atmospheric processes. Recall, a similar lag was seen in the Arctic sea ice response (Figure

466 1b). Warming becomes apparent thereafter, reaching equilibrium after around 60 years (Figure  
467 11c). The Southern Hemisphere tropospheric eddy-driven jet (Figure 11d) exhibits a decrease  
468 in the zonal velocity from the beginning of the simulation, consistent with a fast jet weakening  
469 response. There is some indication that the jet response lessens after the first seventy years,  
470 which might reflect the impact of tropical warming re-establishing a stronger pole-to-equator  
471 near-surface temperature difference, but not recovering back to its original state. However,  
472 there is substantial internal variability which prevent firm conclusions regarding the transient  
473 response. The tropical precipitation and SST responses (Figure 11e,f) follow the same  
474 trajectory as tropical surface air temperature (Figure 11b), with a gradual increase over the first  
475 60 years before levelling out. Thus, the tropical air temperature, SST and precipitation  
476 responses appear to be governed by similar ‘slow’ processes, involving the ocean.

#### 477 *f. Surface ocean response*

478 An increase in SST is observed globally in ice-free waters (Figure 12a). In the coastal  
479 regions of the Southern Ocean, annual-mean SSTs increase by as much as 4 K, with significant  
480 warming extending to the northern regions of the Southern Ocean, up to 40° S. In the tropics  
481 and mid-latitudes of both hemispheres, SST increases by approximately 1 K in all ocean basins,  
482 with a slightly greater increase in the tropical Pacific than the tropical Atlantic. In the Northern  
483 Hemisphere, north of 50° N, there is an increase in SSTs of up to 2 K in the North Atlantic  
484 region and Barents-Kara Sea.

485 A decrease in sea surface salinity in the Arctic Ocean is simulated, with the largest decrease  
486 of 1.5 in the Beaufort Sea (Figure 12b). This salinity decrease is an expected result from Arctic  
487 sea-ice loss (increased freshwater input and/or reduced brine rejection from ice formation), in  
488 addition to the increased precipitation (Figure 6). Surface salinity is increased over the Kara  
489 and Laptev Seas in the Arctic, and over the Amundsen and Weddell Seas in the Antarctic.  
490 These increases in salinity may relate to changes in advection and mixing, increased  
491 evaporation from larger SSTs, in addition to the seasonal melt season. Due to the ice-albedo  
492 feedback, sea ice loss is heavily biased towards the summer months, which can lead to more  
493 rapid ice formation in autumn and winter, leading to increased brine rejection. Otherwise,  
494 decreased sea ice can lead to decreased salinity and brine rejection. The Antarctic is dominated  
495 by seasonal ice cover, so the former effect dominates. Regionally, areas of greater seasonal  
496 sea ice in the Antarctic show an increase in salinity, whereas regions with more multiyear ice,  
497 such as the Weddell Sea, show decreased salinity.



498  
 499 **Figure 12:** (a) Annual-mean sea surface temperature response, i.e., perturbed minus control.  
 500 (b) Annual-mean sea surface salinity response.

501 *g. Subsurface ocean response*

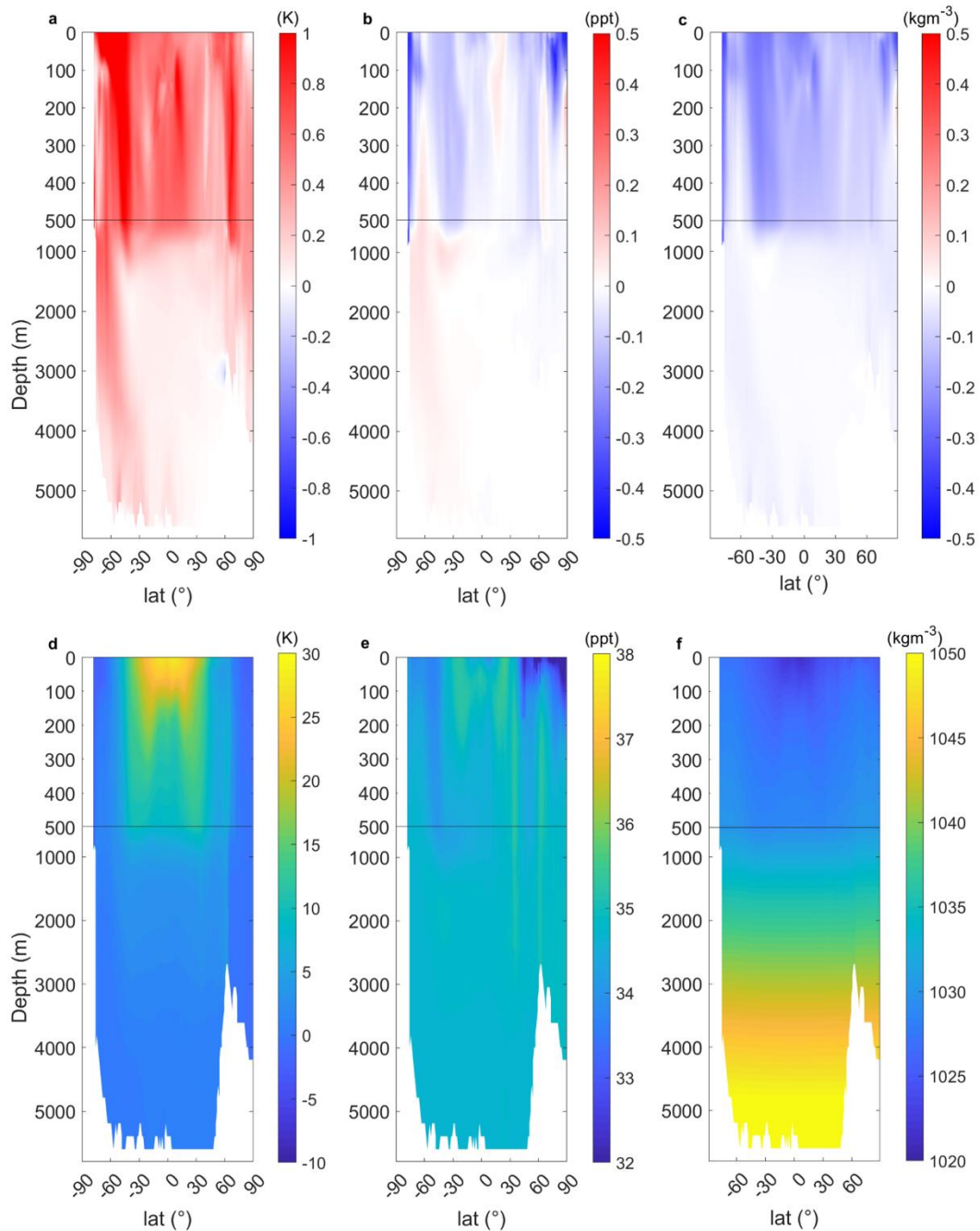
502 The zonal-mean temperature response as a function of depth shows warming at all latitudes  
 503 and depths, suggesting warming of all global water masses (Figure 13a). The overall warming  
 504 pattern is comparable to that seen in the RCP4.5 scenario (Collins et al., 2013), suggesting that  
 505 sea-ice loss induces a ‘mini global warming’ signature in the ocean, analogous to that in the  
 506 atmosphere. Water in the top 1000 m shows the largest increases, with the greatest warming  
 507 south of 30° S in all basins, followed by north of 60° N, and then hotspots around the equator.  
 508 Warming is not limited to the mixed layer, highlighting the role of ocean circulation and mixing  
 509 in the global response to Antarctic sea-ice loss. In the Southern Ocean, there is marked warming  
 510 at depth. Antarctic Bottom Water (AABW) is a crucial water mass for the Meridional  
 511 Overturning Circulation and its temperature increases by up to 1 K (and becomes less dense),  
 512 potentially reducing downwelling in the region.

513 Salinity decreases by  $\sim 0.9$  in surface and intermediate waters at most latitudes and  
 514 increases by  $\sim 0.2$  in the deep-water masses of the Southern Ocean (Figure 13b). Salinity can  
 515 be controlled by a variety of factors. The simulated increase in precipitation (Figure 6) acts to  
 516 reduce salinity at the surface, and ice melt and reduced ice growth (brine rejection) also  
 517 contribute to freshening. Salinity increases at depth are more likely due to changes in advection  
 518 by both the meridional and vertical transports.

519 A combination of the freshening and warming leads to a reduction in density in surface waters  
 520 globally, and in deep waters generated near the Antarctic coast (Figure 13c). The increase in  
 521 the temperature of AABW is partially counteracted by the increase in salinity, but not enough  
 522 to offset it, so its density is still reduced. Surface waters show a maximum decrease in density



523 of  $\sim 0.5 \text{ kgm}^{-3}$ , with AABW and North Atlantic Deep Water (NADW) decreasing by  $\sim 0.2$   
 524  $\text{kgm}^{-3}$ . Having less dense water at the surface may reduce upwelling, acting as a stable lid in  
 525 polar regions.



526 **Figure 13.** (a) Zonal- and annual-mean potential seawater temperature response, i.e., perturbed  
 527 minus control. Note that a discontinuous depth axis has been used to highlight the features in  
 528 the top 500m. (b) As a but for salinity. (c) As a but for density. (d) Zonal- and annual-mean  
 529 temperature in the coupled control experiment. (e) As d but for salinity. (f) As d but for density.

531

532 Vertical temperature-salinity (T-S) profiles are presented in Figure 14 to assess changes to  
533 the water column and in characteristic water masses. T-S profiles show how the density of the  
534 water changes as a function of potential temperature and salinity. Where density increases with  
535 depth, the water column is considered stable, which restricts vertical mixing. Conversely,  
536 decreasing density with depth implies an unstable water column, conducive to vertical mixing.  
537 Key water masses can be recognized on a T-S diagram by their specific tracer properties.  
538 Typically, the bend point identifies the core of the water mass and the lines between the bend  
539 points represent mixing between adjacent water masses. Due to the non-linear relationship  
540 between temperature and density, temperature change is the dominant driver of density change  
541 in warmer waters (visually, this appears in the T-S plot as more tilted isopycnals), whereas  
542 salinity change is the dominant driver of density change in colder waters (seen as more  
543 vertically aligned isopycnals).

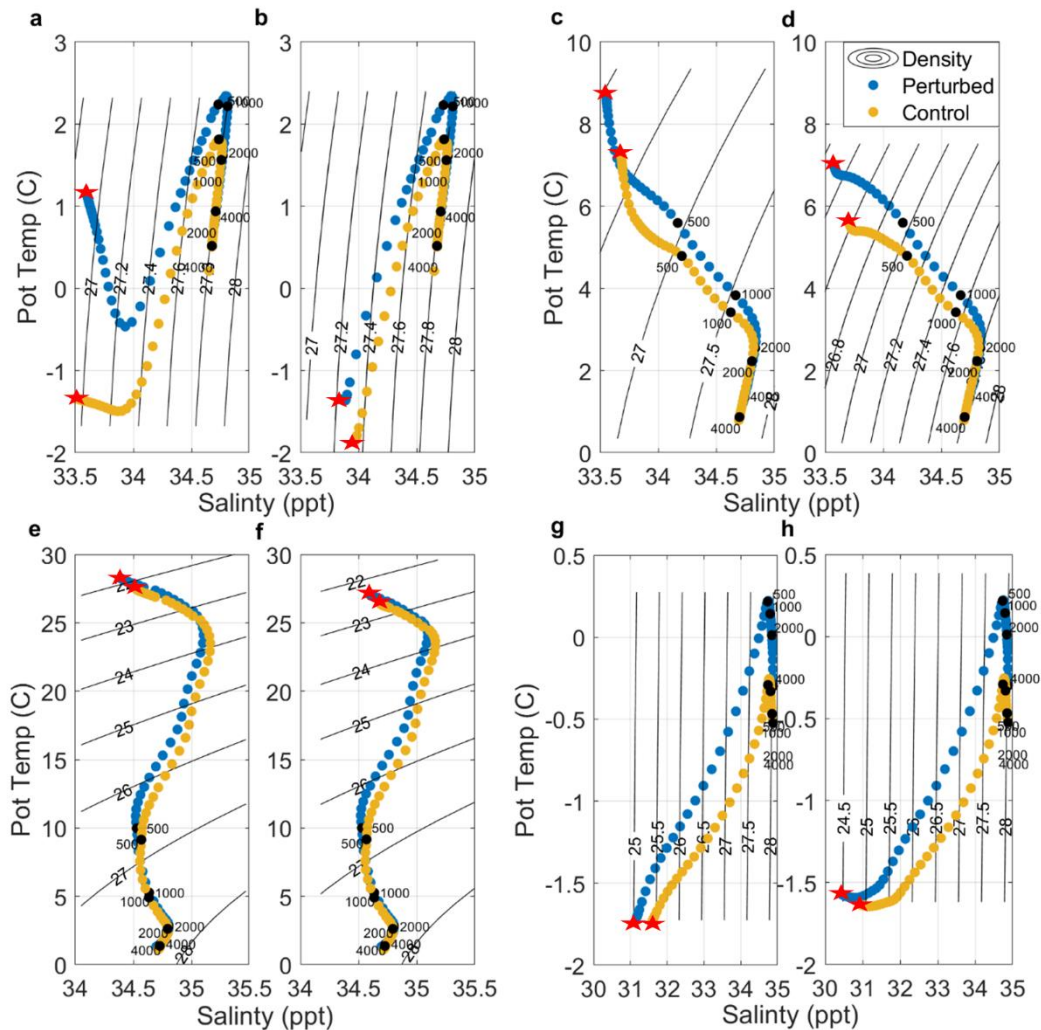
544 In the Southern Ocean at 70 °S, colder surface waters overlie warmer waters at depth. In  
545 the warm season, surface waters above the seasonal thermocline are warmed and freshened by  
546 sea-ice loss, leading to a weakened density gradient in the upper layers and thus, a reduced  
547 mixed layer depth (Figure 14a). Below the seasonal thermocline in warm season, and  
548 throughout the water column in the cold season, water masses remain approximately the same  
549 density, despite warming (i.e., the profiles are shifted along isopycnals in Figure 14a,b). Recall  
550 that at this latitude, density is controlled by salinity more than temperature (i.e., the isopycnals  
551 are nearly vertical).

552 In the Southern Ocean at 50 °S, the entire water column warms in response to sea-ice loss,  
553 year-round, with the biggest increase of 1.5 K at the surface, above the seasonal thermocline  
554 (Figure 14c,d). Salinity is reduced in the surface and intermediate waters, again in all seasons.  
555 Sea-ice loss results in less dense surface waters in all seasons (warmer and fresher; recall that  
556 at this latitude, temperature change dominates over salinity change in the density response),  
557 meaning a more stable water column and increased stratification in the upper ocean. Although  
558 a year-round increase in both temperature and salinity is found in the Deep Waters and AABW,  
559 the density of these waters remains largely the same, and hence the structure of the water  
560 column at these depths is unchanged. Therefore, at 50 ° S the greatest changes to density occur  
561 toward the top of the water column.

562 In the tropics, the water column is warmer than at high southern latitudes and thus, changes  
563 in temperature are more important than changes in salinity for determining the density response

564 (note the near-horizontal isopycnals in Figure 14e, f). At the equator, there are smaller  
565 differences in salinity or temperature in response to sea-ice loss than in the Southern Ocean.  
566 The maximum response in the water column is at the surface, where there is warming of ~1 K  
567 and a slight freshening of 0.1. At depth, there is a small decrease in salinity and warming of  
568 intermediate waters, but minimal change in Deep Waters. Overall, the profiles show a slight  
569 decrease in density in response to sea-ice loss from intermediate levels to the surface.

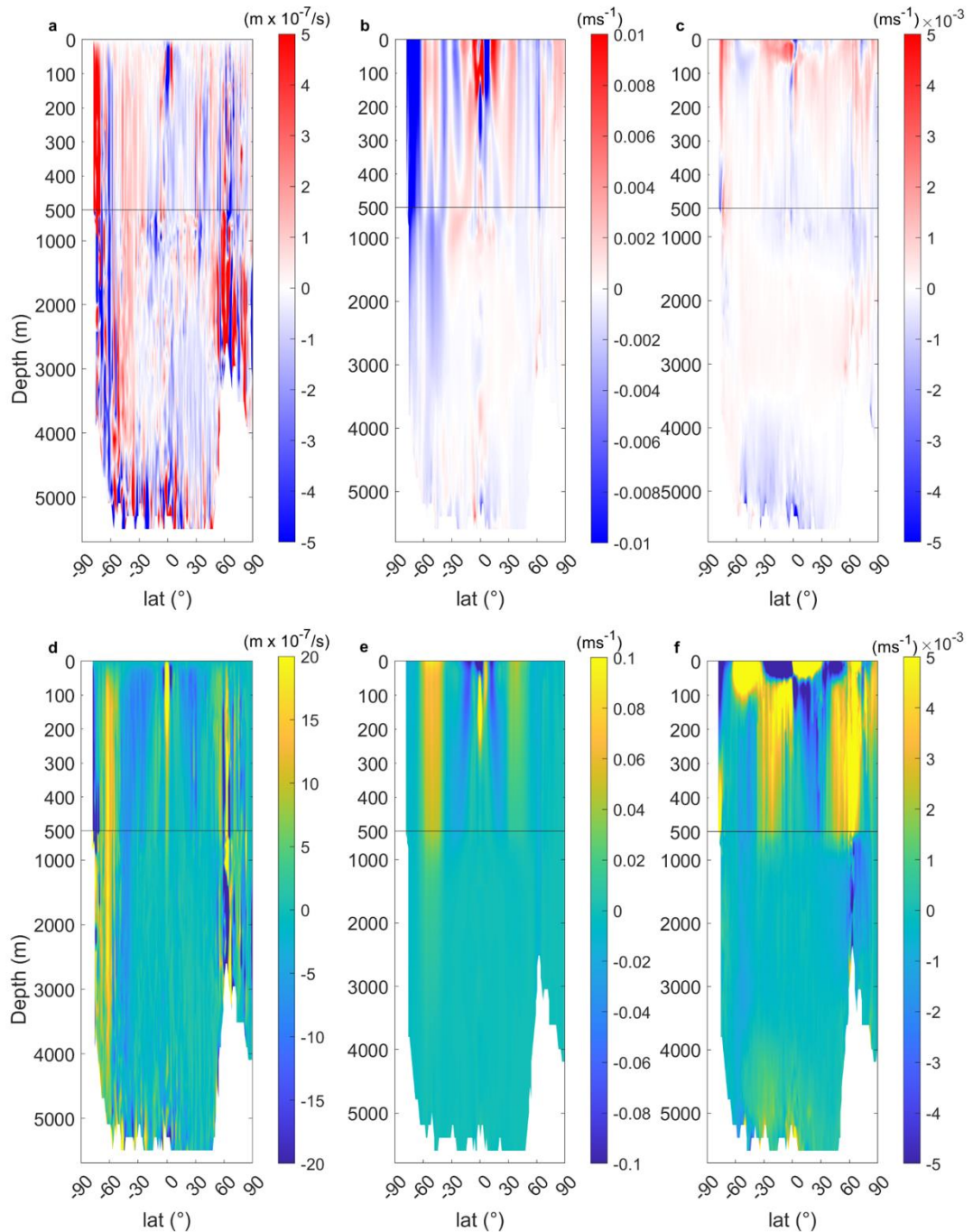
570 In the Arctic Ocean at 85 °N, surface and intermediate waters warm by 0.5 K (Figure  
571 14g,h). At greater depth, the response is dominated by changes in salinity (i.e., the curves are  
572 shifted horizontally), specifically freshening, likely in response to induced Arctic sea-ice loss.  
573 In the Arctic Ocean, density changes are very strongly determined by salinity changes (i.e.,  
574 near vertical isopycnals) and hence, salinity determines stratification. The vertical density  
575 structure of the water column is largely unchanged, but density is reduced at in the upper 500m,  
576 which increases the stability of the water column and reduces vertical mixing.



577  
 578 **Figure 14.** (a) Zonal-mean temperature-salinity profiles at 70 °S for the warm season. Orange  
 579 dots show the control experiment and blue dots the perturbed experiment. Depth and water  
 580 density increase from left to right across the figure, red stars denote top of water column. Black  
 581 curves denote isopycnals, i.e., lines of constant density and the black dots denote depth. (b) As  
 582 a but for the cold season. (c, d) As a, b but at 50 °S. (e, f) As a, b but at the equator. (g, h) As  
 583 a, b but at 85 °N.

584 *h. Ocean circulation changes*

585 The zonal-mean zonal velocity in the Southern Ocean is dominated by the Antarctic  
 586 Circumpolar Current (ACC) and the Antarctic coastal current (Figure 15b), both driven by the  
 587 wind. In the latitudes of the ACC (~ 40-60 °S), zonal velocity in the upper ocean increases on  
 588 the southern flank and decreases on the northern flank. With depth, a more consistent decrease  
 589 in zonal velocity is seen within the ACC. In the tropics, there is a reduction in the equatorial  
 590 currents.



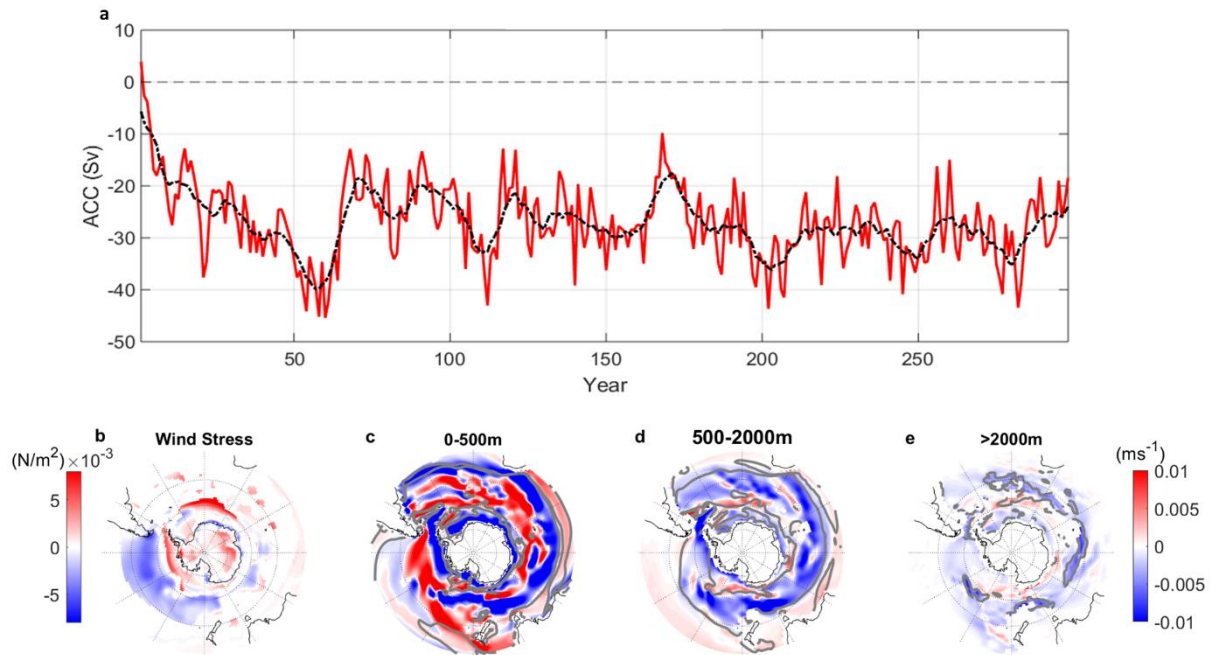
591 **Figure 15.** (a) Zonal- and annual-mean vertical velocity response, i.e., perturbed minus control.  
 592 Note that a discontinuous depth axis has been used to highlight the features in the top 500m.  
 593 (b) As a but for zonal velocity response. (c) As a but for meridional velocity response. (d)  
 594 Zonal- and annual-mean vertical velocity in the coupled control experiment. (e) As d but for  
 595 zonal velocity. (f) As d but for meridional velocity.

597 Changes in the zonal-mean meridional velocity are small in comparison to the zonal  
 598 velocity response (Figure 15d). Within the ACC, there is a decrease in northward velocity. At  
 599 depth (~4000-5000m), the mean northward velocity of Antarctic Bottom Water (AABW) is  
 600 decreased at latitudes 30 °N – 60 °S. The surface water of the tropics shows a reduced

601 southward velocity in the Southern Hemisphere (northward response in region of mean  
602 southward flow, c.f. Figure 15b,d), and reduced northward velocity in the Northern Hemisphere  
603 (southward response in region of mean northward flow, c.f. Figure 15c,f), related to the reduced  
604 equatorial upwelling and weakened overturning of the tropical convergence cell (Figure 7). At  
605 2000-4000m depth, the mean southward transport of NADW is slightly reduced in latitudes  
606 40-80 °N (Figure 15 f).

607 The zonal-mean vertical velocity provides insight into changes in mixing resulting from  
608 density and wind driven processes. Throughout the Southern Ocean, downwelling of bottom  
609 waters at the very high latitudes off the coastal shelf is reduced (i.e., there is generally an  
610 upward velocity response in regions of climatological downwelling, c.f. Figure 15a,d). Also,  
611 upwelling of deep waters in latitudes 60-70 °S is reduced (i.e., generally a downward velocity  
612 response in regions of climatological upwelling). At lower latitudes of the Southern Ocean,  
613 climatological downwelling is reduced by sea-ice loss. Equatorial upwelling of cold water in  
614 the tropics is also weakened, as discussed earlier.

615 A marked decrease in the ACC volume transport of 25-40 Sv is simulated (Figure 16a), but  
616 with little seasonal variation (not shown). This is a reduction of 18% compared to the mean  
617 ACC transport in the control run (~ 150 Sv). Annual-mean ACC volume transport declines  
618 steadily from the beginning of the simulation for about seventy years, and thereafter, fluctuates  
619 around a lower mean (~27 Sv), not recovering back to its original state. The decreased ACC  
620 transport appears to partially be in response to the weakened overlying zonal wind stress  
621 (Figure 16b). Annual-mean zonal wind stress is broadly reduced along the path of the ACC,  
622 especially over the Pacific and Indian sectors. Whilst the depth integrated ACC transport  
623 through Drake Passage decreases, there is both spatial and vertical variability in the zonal  
624 velocity response to sea-ice loss. In the top 500 m, there are filaments of increased and  
625 decreased zonal flow within the latitudes of the ACC (Figure 16c). At 500-2000 m depth, a  
626 clearer pattern of decreased zonal velocity emerges over the latitudes of the ACC (Figure 16d).  
627 A greater depth, below 2000 m, the zonal velocity is broadly decreased, but with lesser  
628 magnitude than at intermediate depths (Figure 16e). However, the mean ACC transport at depth  
629 is also weaker (Figure 15b).



630  
 631 **Figure 16.** (a) Time-series of annual-mean ACC transport response, i.e., perturbed minus  
 632 control. The black curve denotes a 10-year running mean. (b) Annual-mean wind stress  
 633 response. (c) Annual-mean zonal velocity response averaged over the top 500 m. (d) As c but  
 634 averaged between 500-2000m. (e) As c but averaged below 2000m.

635

#### 636 4. Discussion

637 The results presented suggest an important role for ocean coupling, both in amplifying local  
 638 changes and in generating far-field responses. The local warming and wetting responses were  
 639 approximately twice as large in the coupled model as the uncoupled model. This is comparable  
 640 to Deser et al. (2016), which reported that ocean coupling amplified the warming response to  
 641 Arctic sea-ice loss by approximately 50%. Warming in the coupled model reached the  
 642 Antarctic continental interior, but did not in the atmosphere-only model, consistent with  
 643 England et al. (2018; 2020a; 2020b) that used different climate models and sea ice loss  
 644 methods. This may be for similar reasons to those proposed in the Arctic (e.g., Blackport &  
 645 Kushner, 2017), whereby the coupling allows for the surrounding oceans to warm and then  
 646 warm anomalies are transported along isentropic surfaces (Laliberté and Kushner 2013) from  
 647 the mid-latitude ocean surface to the high-latitude mid-troposphere. In addition to the ‘fast’  
 648 and largely local responses, the coupled model experiments revealed additional ‘slow’ and  
 649 global responses. The coupled model displays a clear “mini-global warming” signature, with  
 650 warming maxima in the high-latitude lower troposphere and tropical upper-troposphere. The

651 tropical warming, thought to be primarily driven through warmer tropical SSTs and enhanced  
652 convection through a weakening of the easterly trade winds, is absent in the atmosphere-only  
653 model, strongly suggesting that ocean coupling is vital in communicating Antarctic changes to  
654 the rest of the globe. This result is also consistent with England et al. (2020a; 2020b), and  
655 echoes the response to Arctic sea-ice loss (e.g Blackport & Kushner, 2016; Deser et al., 2016;  
656 Deser et al., 2015; Oudar et al., 2017), which has also been shown to be locally confined in  
657 atmospheric-only models but global in reach in coupled models. Globally, the patterns of ocean  
658 warming and salinity change with latitude and depth were alike that in response to increased  
659 CO<sub>2</sub> (e.g., Collins et al., 2013), but lesser in magnitude. Thus, it is also appropriate to think of  
660 the oceanic response to Antarctic sea-ice loss as a ‘mini global warming’ response, as well as  
661 the atmospheric response.

662 Another distinct aspect of the response to Antarctic sea-ice loss, seen in coupled but not in  
663 uncoupled experiments, is warming in the Arctic and associated Arctic sea-ice loss, similar to  
664 that reported in England et al. (2020b). It is hypothesised that the mechanism for this pole-to-  
665 pole connection involves the ocean, as there is an approximate 20-year lag between the initial  
666 Antarctic sea-ice loss and the resulting Arctic sea ice response. One possible mechanism is  
667 tropical to northern extratropical teleconnections triggered by changes in tropical precipitation  
668 (i.e., convection). Antarctic sea-ice loss causes a deepening of the Aleutian Low, observed in  
669 the surface pressure response, which may be triggered by a Rossby wave train from the tropical  
670 Pacific (e.g. England et al., 2020b; McCrystall et al., 2020; Yuan et al., 2018). Seasonally, the  
671 deepening of the Aleutian Low is greatest in boreal winter, when tropical to extratropical  
672 teleconnections are known to be most active. The seasonality of this response is also in  
673 agreement with England et al. (2020b). Similarly, at high southern latitudes the more  
674 pronounced weakening of the Amundsen Sea Low in austral winter (and transitional seasons)  
675 is consistent with a Rossby wave train response to the tropical Pacific (Turner, 2004).

676 A significant shift equatorward of the mid-latitude tropospheric eddy-driven jet, leading to  
677 a more negative SAM index and most prominent in austral autumn and winter, was simulated  
678 in both the coupled and atmospheric-only experiments. Jet strength was weakened during most  
679 of the year, but with lesser magnitude in the atmosphere-only model compared to the coupled  
680 model. Jet strength is highly dependent on the meridional temperature gradient (and  
681 baroclinity), which is decreased more in the coupled model than in the atmosphere-only model.  
682 By contrast, the jet shift seems less dependent on the magnitude of high latitude warming. Jet



683 shifts may be more dependent on the initial position of the jet (Bracegirdle et al. 2018; Simpson  
684 et al. 2021). Although the jet response is qualitatively similar to that seen in past studies using  
685 atmosphere-only models (Bader et al., 2013; England et al., 2018; Kidston et al., 2011;  
686 Menéndez et al., 1999; Raphael et al., 2011; Smith et al., 2017), the lack of ocean coupling in  
687 prior studies means it may have been underestimated. The jet response to Antarctic sea-ice loss  
688 acts to slightly offset the strengthening and poleward shift of the jet in response to increased  
689 CO<sub>2</sub> (e.g., Barnes and Polvani 2013), analogous to the “tug-of-war” on the Northern  
690 Hemisphere jet between Arctic sea-ice loss and increased CO<sub>2</sub> (e.g., Deser et al., 2016).

691 Oceanic responses to Antarctic sea-ice loss included changes to density, temperature,  
692 stratification, and mixing, in the Southern Ocean; a reduction in the ACC transport at mid-  
693 depths; a weakening of the tropical shallow convergence cell; and freshening of the Arctic  
694 Ocean due to Arctic sea-ice loss. The zonally averaged temperature response with depth is  
695 similar to that of the atmosphere, and is comparable to a ‘mini global warming’ response  
696 (Collins et al., 2013). ACC transport was reduced by ~20% in the perturbed simulation in  
697 comparison to the control, consistent with reduced surface wind stress due to a weakening of  
698 the tropospheric eddy-driven jet. The reverse - a small increase in ACC transport in response  
699 to increased sea ice and a strengthened westerly jet - was found by Downes et al. (2011).  
700 However, the effect of changes in westerly jet strength on the ACC is still a matter of some  
701 debate (e.g., Böning et al., 2008; Farneti & Delworth, 2010; Farneti et al., 2010; Hallberg and  
702 Gnanadesikan, 2006). Shi et al. (2021) found an increase in ACC transport in response to  
703 Southern Ocean warming, noting that the wind stress had a secondary role to temperature. That  
704 our simulations show a reduction in ACC transport despite Southern Ocean warming, further  
705 points to a key role for reduced wind stress and/or increased salinity at the shelf. A possible  
706 limitation of the low resolution HadGEM3-GC3.1-LL model is that it parametrizes the effects  
707 of mesoscale eddies. It is plausible that a different ACC response to sea-ice loss would have  
708 been obtained if the model resolved eddies (e.g., Munday et al., 2013), albeit the response is  
709 broadly consistent (but opposite in sign) to Downes et al. (2010), that used an eddy-permitting  
710 model.

711

## 712 **5. Summary and Conclusions**

713 The climate impacts of Antarctic sea-ice loss have not been researched to the same extent  
714 as the impacts of Arctic sea-ice loss. This study was one of the first to assess the coupled  
715 climate response to Antarctic sea-ice loss, which can be summarised as follows. Abrupt  
716 Antarctic sea-ice loss immediately caused an enhanced heat flux from ocean to atmosphere,  
717 triggering localised tropospheric warming and wetting. Strong warming and freshening of  
718 surface waters in the Southern Ocean led to a more stratified and stable water column. The  
719 equator-to-pole temperature gradient was reduced, and thus, the tropospheric eddy-driven jet  
720 was weakened, projecting onto the negative SAM phase. Weakened surface wind stress  
721 contributed to a 20% reduction in the ACC transport, and reduced the northward Ekman  
722 transport of cold water, further warming the upper Southern Ocean. Warmed Southern Ocean  
723 SSTs allowed the atmosphere warming to spread from the Southern midlatitudes to the  
724 Antarctic plateau by advection; supported by the absence of such continental warming in  
725 uncoupled experiments. Over several decades, ocean surface warming reached the tropics.  
726 Here, reduced easterly equatorial winds led to a weakened upper ocean tropical convergence  
727 cell, and reduced upwelling of cold water, further enhancing the surface warming. Warmer  
728 tropical SSTs may have enhanced convection and drove upper tropospheric warming,  
729 triggering anomalous teleconnections into the extratropics, for example, strengthening the  
730 Aleutian Low. Further supporting a key role for ocean coupling, analogous uncoupled  
731 experiments yielded an atmospheric response much more locally confined compared to that in  
732 the coupled model. Twenty to fifty years later in the coupled runs, after the abrupt loss of  
733 Antarctic sea-ice, warming reached the Arctic, triggering Northern Hemisphere sea-ice loss  
734 and thereby, near-surface warming and freshening of the Arctic Ocean. Both the atmospheric  
735 and oceanic responses are much like those projected for scenarios of increased greenhouse  
736 gases, but with lesser magnitude.

737

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748 *Data Availability Statement.*

749 The numerical model simulations upon which this study arises based are too large to  
750 archive in full. Requests for selected output should be sent to the corresponding author. The  
751 coupled control simulation can be found via the Earth Earth System Grid Federation and Centre  
752 for Environmental Data Analysis submitted as part of the Climate Model Intercomparison  
753 Project Phase 6.

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