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The dentate nucleus in Friedreich's ataxia: the role of iron-responsive proteins

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Abstract Frataxin deficiency in Friedreich's ataxia (FRDA) causes cardiac, endocrine, and nervous system manifestations. Frataxin is a mitochondrial protein, and adequate amounts are essential for cellular iron homeostasis. The main histological lesion in the brain of FRDA patients is neuronal atrophy and a peculiar proliferation of synaptic terminals in the dentate nucleus termed grumose degeneration. This cerebellar nucleus may be especially susceptible to FRDA because it contains abundant iron. We examined total iron and selected iron-responsive proteins in the dentate nucleus of nine patients with FRDA and nine normal controls by biochemical and microscopic techniques. Total iron $(1.53 \pm 0.53 \, \mu \text{mol/g})$ wet weight) and ferritin $(206.9 \pm 46.6 \, \mu \text{g/g})$ wet weight) in FRDA did not significantly differ from normal controls

(iron: $1.78 \pm 0.88 \ \mu mol/g$; ferritin: $210.9 \pm 9.0 \ \mu g/g$) but Western blots exhibited a shift to light ferritin subunits. Immunocytochemistry of the dentate nucleus revealed loss of juxtaneuronal ferritin-containing oligodendroglia and prominent ferritin immunoreactivity in microglia and astrocytes. Mitochondrial ferritin was not detectable by immunocytochemistry. Stains for the divalent metal transporter 1 confirmed neuronal loss while endothelial cells reacting with antibodies to transferrin receptor 1 protein showed crowding of blood vessels due to collapse of the normal neuropil. Regions of grumose degeneration were strongly reactive for ferroportin. Purkinje cell bodies, their dendrites and axons, were also ferroportin-positive, and it is likely that grumose degeneration is the morphological manifestation of mitochondrial iron dysmetabolism in the terminals

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of corticonuclear fibers. Neuronal loss in the dentate nucleus is the likely result of trans-synaptic degeneration.

Keywords Friedreich's ataxia · Atrophy · Dentate nucleus · Ferritin · Ferroportin · Iron · Synapses

Introduction

The mutation in Friedreich's ataxia (FRDA) [3] causes defective transcription of the frataxin gene resulting in moderate to severe loss of frataxin protein. This mitochondrial protein is essential for cellular iron homeostasis though its detailed role in this process has not yet been conclusively established. Friedreich's ataxia is a complex disease, affecting the peripheral and central nervous systems, the heart, and the insulin-producing beta cells of the pancreas. In the brain, the dentate nuclei are almost invariably atrophic. This lesion in the cerebellum of patients with FRDA was at first not fully appreciated because of emphasis on spinal cord and dorsal root ganglia. Atrophy of the dentate nucleus is often severe, combining neuronal loss and a peculiar proliferation of synaptic terminals termed "grumose" degeneration [13-14]. It has become apparent that the severe ataxia of FRDA patients is not solely due to destruction of the ganglia of dorsal spinal roots, the dorsal nuclei of Clarke, and specific long fiber tracts of the spinal cord. Ataxia must also be attributed to dysfunction of the dentate nuclei [24, 25, 30]. Mitochondrial iron excess in FRDA is most apparent in the heart [19, 22], and reduced activity of iron-sulfur cluster-dependent complexes I-III of the electron transport chain, aconitase [26], and ferrochelatase [33] may reflect iron-catalyzed oxidative

injury to mitochondria. It is unknown whether the high iron concentration in the human dentate nucleus makes this structure especially vulnerable in FRDA. Several other iron-rich gray matter structures in the brain, such as globus pallidus, substantia nigra, red nucleus, and subthalamic nucleus escape damage in this disease. The study presented here revealed distinct changes in several iron-responsive proteins, that is, ferritin, divalent metal transporter 1 (DMT1), transferrin receptor 1 (TfR1), and ferroportin. Ferroportin [1, 4, 21] is critical in the export of iron from the cytoplasm of many cell types and may be involved in the modification of corticonuclear terminals in grumose degeneration of the dentate nucleus in FRDA.

Materials and methods

Tissue samples

Fixed and frozen autopsy tissues of nine patients with FRDA were obtained through tissue donations to the National Ataxia Foundation, Minneapolis, MN, USA, and the Friedreich's Ataxia Research Alliance, Alexandria, VA, USA (Table 1). Control samples came from the autopsy practice at the Veterans Affairs Medical Center in Albany, NY, USA. Numerous additional paraffin-embedded samples of cerebellar cortex and dentate nucleus were made available by the Canadian Association of Friedreich's Ataxia Tissue Bank, Department of Pathology, Centre Hospitalier Universitaire de Sherbrooke, Sherbrooke, QC, Canada, and collaborating neuropathologists in the United States, Canada, and Germany. The diagnosis of FRDA was

Table 1 Iron and ferritin concentrations in the dentate nucleus of Friedreich's ataxia

No.	Sex	Age of onset (year)	Age of death (years)	Allele 1 (GAA repeats)	Allele 2 (GAA repeats)	Iron (μmol/g wet weight)	Ferritin (µg/g wet weight)
FRDA 1	F	7	38	750	594	0.65	210.0
FRDA 2	F	15	33	604	455	1.90	201.1
FRDA 3	F	8	23	777	582	1.17	280.6
FRDA 4	M	16	39	491	370	2.40	225.8
FRDA 5	M	13	20	850	850	1.27	208.6
FRDA 6	F	19	79	549	356	1.28	208.8
FRDA 7	F	30	75	631	242	1.98	209.1
FRDA 8	F	8	28	709	559	1.38	100.0
FRDA 9	F	9	26	850	690	1.78	217.8
All FRDA	_	7–30	23-79	_	_	1.53 ± 0.53^{a}	206.9 ± 46.6^{a}
Normal ^b	M/F	_	52-80	_	_	1.78 ± 0.88^{a}	210.9 ± 9.0^{a}
Normal ^c	M/F	_	30-100	_	_	1.85 ± 0.87^a	_

FRDA Friedreich's ataxia, GAA, guanine-adenine-adenine trinucleotide repeats

^a Mean \pm SD, ^b nine normal controls, ^c 45 normal dentate nuclei from reference [8] after conversion from 10.35 mg iron/100 g to 1.85 μ mol/g wet weight



based on the classical neuropathological phenotype and confirmation of homozygous GAA expansion in deoxyribonucleic acid extracted from frozen tissue [5] (Table 1).

Biochemical methods

These techniques were described in detail in a prior publication on FRDA heart [22] and are summarized here as follows: for the assay of total iron, a portion of the dentate nucleus was dissected from sliced cerebellum, weighed, and lyophilized in Kjeldahl flasks. The tissue samples were fully oxidized by heating in 10 M sulfuric acid and hydrogen peroxide. Inorganic iron in the digest was assayed colorimetrically with ferrozine, and results were expressed as µmol iron/g wet weight. For the assay of holoferritin by "double-sandwich" enzyme-linked immunosorbent assay (ELISA), dissected samples of dentate nucleus were homogenized by ultrasonication in 0.05 M Tris buffer (pH 7.6) containing a protease-inhibitor "cocktail", heat-treated, and centrifuged to obtain a clear supernatant. Polystyrene ELISA plates were coated at pH 9.6 with monoclonal anti-human ferritin (Fitzgerald Industries International, Concord, MA, USA). The supplier of this antibody does not specify the antigenic determinant on the holoferritin molecule. It reacts vigorously with purified human ferritin on double immunodiffusion but not with separated heavy (H) or light (L) ferritin subunits on Western blots. Diluted aliquots of the ferritin-containing supernatants were applied to the pre-coated ELISA plates and allowed to react with the antibody. The next step was application of a rabbit polyclonal anti-ferritin, followed by horseradish peroxidase-conjugated anti-rabbit IgG. After color development with ortho-phenylenediamine and hydrogen peroxide, absorbances at 492 nm were compared to those of a commercial human heart ferritin standard (Lee Biosolutions, St Louis, MO, USA). Results were expressed as µg holoferritin/g wet weight.

For sodium dodecylsulfate-polyacrylamide gel electrophoresis (SDS-PAGE) and Western blotting, the heattreated supernatants were concentrated by centrifugation through ultrafiltration membranes with a molecular cut-off of 100 kDa as described before [22]. After dissociation in sample buffer, they were electrophoresed through gels containing 4 M urea. Proteins were electro-blotted onto polyvinyledene fluoride (PVDF) membranes, and H- and L-ferritin subunits were detected immunochemically with a mixture of rabbit anti-human liver ferritin (Immunology Consultant Labs, Newberg, OR, USA) and anti-human H-ferritin subunit (Santa Cruz Biotechnology, Santa Cruz, CA, USA). The relative contributions of H- and L-ferritin subunits to holoferritin in FRDA and normal dentate gray matter were estimated by densitometry and expressed as an H/L ratio for each specimen.

Immunocytochemistry, lectin affinity cytochemistry, and immunofluorescence

Sections were prepared from paraffin-embedded or sucroseinfiltrated tissue blocks to achieve immunocytochemical detection of ferritin; mitochondrial ferritin; ferroportin; two isoforms of DMT1 [6]; TfR1 (CD71); synaptosome-associated protein 25 (SNAP-25); CD45; glial fibrillary acidic protein (GFAP); mitochondrial complex V (F_1F_0 - β); and class III β-tubulin. Table 2 lists antisera and antibodies, their sources, and embedding, sectioning, and antigen retrieval techniques. Results obtained with anti-CD45 (for microglia) were augmented by lectin affinity cytochemistry with biotinylated *Ricinus communis* agglutinin 1 (RCA-1) (Table 2). To confirm the specificity of ferroportin immunoreactivity in sections from human brain, two different antibodies raised against mouse ferroportin-specific peptides were available [1, 11]. Also, diluted anti-ferroportin solutions were preincubated for 4 h at 4°C in a 20-fold excess (by peptide weight/vol) of a ferroportin-specific peptide [11] or a lysate of human embryonic kidney (HEK) cells transfected to overexpress ferroportin [11]. Lysates of HEK293T cells transfected with empty vector only were used as controls. 2-Mercaptoethanol and SDS in the cell lysates were removed by centrifugation through membranes with a molecular-weight cut-off of 10,000 (Ultrafree-0.5, Millipore, Billerica, MA, USA), followed by washing of the retained proteins with phosphate-buffered saline (PBS). Protein concentrations of diluted antibodies and RCA-1 were optimized empirically to 0.1-10 µg/ml. Dewaxing of 6 µm-thick paraffin sections, oxidation by 3% hydrogen peroxide in methanol, rehydration, background suppression with 10% normal horse serum and 4% bovine serum albumin (BSA), dehydration after completion of immunocytochemical steps, and mounting in xylene-soluble medium followed standard protocols. Positive-contrast immunocytochemistry consisted of the sequential incubation in primary antibody in PBS containing 1% normal horse serum (by vol) and 4% BSA (weight/vol), a biotinylated secondary antibody in PBS, and diluted horseradish peroxidase (HRP)-labeled streptavidin in PBS (2 µg/ml; Sigma, St Louis, MO, USA). For lectin affinity cytochemistry, slides were incubated in biotinylated RCA-1 (0.05 M Tris buffer containing 1 mM CaCl₂), followed by HRP-streptavidin. The final step for immunocytochemistry and lectin affinity cytochemistry was immersion in a solution of diaminobenzidine (0.05%) and hydrogen peroxide (0.015%) in 0.05 M Tris buffer (pH 7.6). Light reaction product was enhanced by a 5 s-exposure of the sections to 1% osmium tetroxide in PBS (pH 7.4).

Double-label immunofluorescence on vibratome sections has been described in detail elsewhere [17]. Briefly, the 40 µm-thick floating sections were oxidized with sodium metaperiodate, reduced by sodium borohydride, and



Table 2 Immunocytochemistry, immunofi	tuorescence, and fectin affinity cy	(able 2 Immunocytochemistry, immunofluorescence, and lectin affinity cytochemistry: Antisera, antibodies, lectin, embedding methods, section thickness, and antigen retrieval	ection thickness, and antigen retrieval
Antibody or antiserum; lectin	Embedding method (section thickness)	Antigen retrieval	Source of antisera and antibodies
Ferritin (rabbit polyclonal)	Paraffin (6 μm) Sucrose; vibratome (40 μm)	Chelation ^a and trypsin digestion [15] ^b Chelation ^a	Boehringer-Mannheim, (Indianapolis, IN, USA); DAKO(Carpinteria, CA)
Mitochondrial ferritin (mouse polyclonal)		Chelation ^a and trypsin digestion ^b	Levi et al. [20]
Ferroportin (rabbit polyclonal anti-ferroportin-specific peptides)	Paraffin (6 µm)	Chelation ^a and trypsin digestion ^b	Knutson et al. [11]; Abboud and Haile [1]
DMT1 (+IRE; -IRE) (rabbit polyclonal anti-DMT1-specific peptides) ^c	Sucrose; vibratome (40 µm) None	None	Roth et al. [28]
TfR1 (CD71) (mouse monoclonal)	Vibratome (40 µm)	None	BioGenex (San Ramón, CA, USA)
SNAP-25 (mouse monoclonal)	Paraffin (6 µm)	Microwave irradiation in 0.1 M citrate buffer (pH 6) for 3 min	Sternberger Monoclonals (Lutherville, MD, USA)
CD45 (mouse monoclonal)	Paraffin (6 µm)	Microwave irradiation in 0.1 M citrate buffer (pH 6) for 3 min	Chemicon (Temecula, CA, USA)
GFAP (rabbit polyclonal)	Paraffin (6 µm)	Microwave irradiation in 0.1 M citrate buffer (pH 6) for 3 min	DAKO (Carpinteria, CA, USA)
	Sucrose; vibratome (40 µm)	None	
$\label{eq:micondrial} \begin{tabular}{ll} \b$	Paraffin (6 µm)	Chelation ^a and heating at 95° C for 20 min in 0.1 M Tris buffer (pH 9.5), containing 5% urea	Mitoscience (Eugene, OR, USA)
Class III-β-tubulin (TUJ-1) (mouse monoclonal)	Sucrose; vibratome (40 μm)	None	R&D Systems (Minneapolis, MN, USA)
Biotinylated RCA-1	Paraffin (6 µm)	Incubation in 0.05 M Tris buffer (pH 7.6) containing 1 mM CaCl.	Vector Laboratories (Burlingame, CA, USA)

DMTI divalent metal transporter 1; IRE iron-responsive element, GFAP glial fibrillary acidic protein, RCA-1 Ricinus communis agglutinin 1, SNAP-25 synaptosome-associated protein 25, TfRI transferrin receptor 1



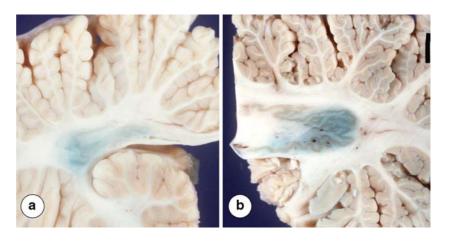
^a Chelation: Re-hydrated paraffin and vibratome sections were incubated for 15 min in a solution of 2,2'-dipyridyl and sodium hydrosulfite (2 mM each) to remove iron and improve access of antibodies to ferritin, ferroportin, and mitochondrial complex V $(F_1F_0-\beta)$ [15]

^b Trypsin digestion: Antigen retrieval by partial trypsin digestion consisted of a 20 min-long incubation of the re-hydrated paraffin sections at 37°C in a solution of 0.1% trypsin (Difco 1:250, BD Diagnostic Systems, Sparks, MD) and 7 mM CaCl₂, adjusted to pH 7.8 by the addition of dilute NaOH

c DMT1+ and DMT1 – are protein isoforms that are translated from DMT1 messenger ribonucleic acids with (DMT1 +) and without (DMT1-) an iron-responsive element in their 3'-untranslated region [6]

Fig. 1 Macroscopic iron staining of the dentate nucleus.

a FRDA, b Normal. Fixed slices of cerebellum were immersed in Perls's solution of 1% potassium ferrocyanide in 1% hydrochloric acid. The dentate nucleus in FRDA (a) is much smaller than that in the normal specimen (b). It lacks the distinct gray matter ribbon of the normal nucleus, and the intensity of the iron staining is lower than normal



permeabilized with dimethylsulfoxide. Subsequent steps included incubation in "suppressor serum" [10% normal horse serum (by vol) containing 4% BSA (weight/vol) and 0.1% octyl phenol ethoxylate (Triton X-100/ by vol)], immersion in primary antiserum (antibodies), and application of biotinylated secondary antibodies (to mouse or rabbit IgG, depending on the species of origin of the primary antibody). The sections were then incubated with DyeMerlabeled streptavidin (Molecular Probes, Eugene, OR, USA). DyeMer, the fluorophore of the conjugate, absorbs incident blue laser light maximally at 488 nm and fluoresces at a peak emission of 605 nm. After washing, the sections were again immersed in suppressor serum and exposed to the second antiserum or antibody, followed by fluorescein isothiocyanate (FITC)-labeled anti-IgG of the species producing the primary antibody. The sections were mounted on glass slides in an aqueous medium (Permafluor; Immunon, Pittsburgh, PA, USA) and viewed in a confocal microscope (Meridian Insight, Okemos, MI, USA). Simultaneous emissions were recorded at filter settings of $530 \pm 30 \text{ nm}$ for FITC and 605 nm (long pass) for DyeMer.

Results

Macroscopic iron stains

Figure 1 shows a comparison of the dentate nuclei in FRDA (Fig. 1a) and in a normal person (Fig. 1b) after macroscopic staining for iron with Perls's reagents (an aqueous solution of 1% hydrochloric acid and 1% potassium ferrocyanide). In FRDA, the normal meandering gray matter ribbon of the nucleus is indistinct, and the stain suggests loss of iron.

Biochemical assays

Quantitative assay of total iron shows no difference between nine FRDA patients and nine normal controls (Table 1). The iron content in control specimens is identical to the levels reported by Hallgren and Sourander [8]. Table 1 also shows the holoferritin levels in the dentate nucleus in FRDA and normal persons. They are not significantly different but electrophoretic separation of heavy (H) and light (L) ferritin subunits by SDS-PAGE in 4 M urea, and Western blotting, suggest a shift to a higher contribution of L-subunits to holoferritin in FRDA when compared with the normal extract (N in Fig. 2). Greater density of the L-subunit reaction product is distinctly visible in lanes 3, 4, 7, and 8. Lanes 1-8 correspond to FRDA cases 1-8 in Table 1 but band densities cannot be directly compared with the amounts of holoferritin due to somewhat variable recovery after membrane ultrafiltration (see Materials and methods). In case FRDA 9, insufficient wet tissue was available for SDS-PAGE. Densitometry reveals H/L ratios in normal dentate nucleus that range from 1.29 to 19.7 $[10.5 \pm 6.5 \text{ (mean} \pm \text{ standard deviation)}]$. The comparable H/L ratio for FRDA is 2.9 ± 0.9 (range 0.58–4.8). The difference is significant by analysis of variance ($\alpha = 0.05$).

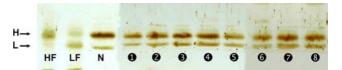


Fig. 2 Western blot of *L*- and H-ferritin subunits. Ferritin subunits in the extracts of the dentate nucleus of eight FRDA cases were separated by SDS-PAGE in the presence of 4 M urea, electroblotted onto PVDF membranes, and visualized by immunochemical reactions. All sample lanes (*N*, *1*–8) were loaded with extract of the same amount of wet tissue (2.5 mg). The location of the subunits on the blots was identified by comparison with heart ferritin (*HF*, H-ferritin rich) and liver ferritin (*LF*, *L*-ferritin rich). *Lane N* shows the relative density of the H- and *L*-units in an extract of a normal dentate nucleus. *Lanes 1*–8 correspond to cases 1–8 in Table 1. The relative density of *L*-subunits is visibly increased in *lanes 3*, *4*, *7*, and *8* of the FRDA cases when compared to the normal state (*N*). Densitometry shows a significant decline of the H/*L* ratios in the eight cases of FRDA when compared to nine normal controls



Immunocytochemistry, immunofluorescence, and lectin affinity cytochemistry

Figure 3a–f illustrates the changes in the cellular localization of ferritin in the dentate nucleus of FRDA patients. The normal dentate nucleus displays cells with intense cytoplasmic ferritin reaction product in juxtaneuronal cells that may be interpreted as oligodendroglia (Fig. 3b). They are non-reactive with anti-CD45 or RCA-1. The dentate nucleus in

FRDA (Fig. 3a) shows severe neuronal loss, and ferritin-reactive cells have the morphology, immuno-phenotype (CD45) (Fig. 3a, lower inset), and lectin affinity of microglia (RCA-1) (Fig. 3a, upper inset). Some of the CD45-reactive cells are hypertrophic (Fig. 3a, lower inset). Double-label immunofluorescence in Fig. 3d, f shows the close proximity of ferritin-reactive oligodendroglia (arrows in Fig. 3d, f) to normal neuronal cell bodies. In FRDA (Fig. 3c), the TUJ-1 antibody confirms the total loss of class III-β-tubulin in the

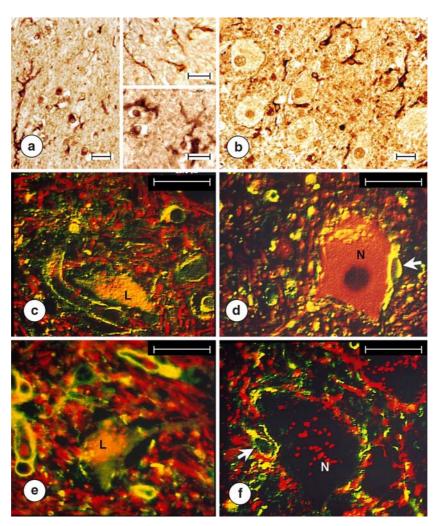


Fig. 3 Immunocytochemistry, lectin affinity cytochemistry, and immunofluorescence of the dentate nucleus in FRDA and normal controls. *Left panel* ($\bf a, c, e$), FRDA; *right panel* ($\bf b, d, f$), normal. Immunocytochemistry and lectin affinity cytochemistry: Ferritin-reactive cells have the morphology of microglia ($\bf a$). The *upper inset* in $\bf a$ displays lectin (RCA-1) affinity in microglia; the *lower inset* in $\bf a$ shows microglial hypertrophy in two cells that are immunoreactive with anti-CD45. Ferritin immunoreactivity in the normal dentate nucleus occurs mostly in juxtaneuronal oligodendroglia ($\bf b$). These cells are RCA-1 and CD45 negative (not illustrated). Double-label confocal immunofluorescence for class III β-tubulin and ferritin: Antibody TUJ-1 to class III β-tubulin shows a normal neuron (N) in an intense *red color* and ferritin as *green* or *yellow* reaction product. The *arrow* points to a juxtaneuronal ferritin-reactive oligodendroglial cell ($\bf d$). In FRDA,

only lipofuscin ("L" in $\bf c$) remains as an indicator of a nerve cell. This neuron is negative with TUJ-1 and lacks juxtaneuronal ferritin-positive oligodendroglia. Ferritin reaction product outlines vessel walls in ($\bf c$). The normal neuropil of the dentate nucleus displays not ferritin reaction product in vessel walls ($\bf d$). Double-label immunofluorescence of GFAP and ferritin: In $\bf e$, an atrophic nerve cell with abundant lipofuscin (L) is surrounded by numerous GFAP-positive astrocytic processes (red), and vessel walls display the $orange\ color$ of superimposed GFAP (red) and ferritin (green). In the normal state ($\bf f$), fewer astrocytic processes are present (red). They show no ferritin immunoreactivity. Ferritin is confined to a cell (arrow) and delicate processes in close proximity to an intact neuron (N). L lipofuscin; N neuron; $\bf a$, $\bf b$, paraffin sections; $\bf c$ - $\bf f$ vibratome sections. Magnification markers: $\bf a$ and insets, 20 μ m; $\bf b$ 20 μ m; $\bf c$ - $\bf f$ 25 μ m



cytoplasm of one nerve cell that is still recognizable by its lipofuscin (*L* in Fig. 3c). Axons remain highly immunoreactive with TUJ-1 (Fig. 3c). Ferritin reaction product also outlines vessel walls (Fig. 3c), which is not the case in the normal dentate nucleus (Fig. 3d). Figure 3e, f combines images of ferritin (FITC, green) and GFAP (DyeMer, red). The image in Fig. 3e confirms gliosis of the dentate nucleus in FRDA and co-localization of GFAP and ferritin (yellow merged image) in close apposition to vessel walls. In the normal dentate nucleus, GFAP reaction product is less prominent (Fig. 3f), and co-localization with ferritin around blood vessels is absent. The dentate nucleus in FRDA or the normal state yielded no reaction product with polyclonal anti-mitochondrial ferritin [20].

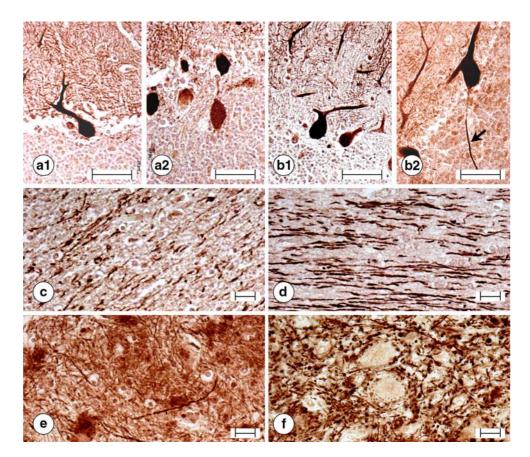
Figure 4 shows ferroportin immunoreactivity in the cerebellar cortex (Fig. 4a1, a2, b1, b2), the white matter of the folia (Fig. 4c, d), and the dentate nucleus (Fig. 4e, f). Preincubation of the antiserum with a ferroportin-specific peptide [11] or lysates of HEK239T cells over-expressing ferroportin [11] eliminated the reaction. Lysates of HEK239T cells transfected with empty vector had no effect on the final reaction product. In promptly fixed tissue, antiferroportin visualizes Purkinje cell perikarya and dendrites, including spiny branchlets. There are no obvious differences in the dendrites of Purkinje cells in FRDA (Fig. 4a1) when compared to the normal dentate nucleus (Fig. 4b1). In

FRDA, the granular layer shows occasional axonal expansions (Fig. 4a2). Purkinje cell axons display dense reaction product (Fig. 4b2). The white matter of the cerebellar folia in FRDA and the normal state contain abundant ferroportin-reactive axons (Fig. 4c, d). The most dramatic abnormality in FRDA is grumose degeneration of the dentate nucleus (Fig. 4e). Neurons are indistinct, and ferroportin reaction product occurs in axons and irregular clusters (Fig. 4e). In contrast, the normal dentate nucleus shows ferroportin reaction product in delicate synaptic terminals abutting neurons (Fig. 4f). Figure 5a-f provides additional immunocytochemical stains of grumose degeneration. The clusters are reactive with anti-SNAP-25 (Fig. 5c) and antimitochondrial complex V $(F_0F_1-\beta)$ (Fig. 5e). All stains show the disorganization of synaptic terminals undergoing grumose degeneration in FRDA. Though ferroportin and SNAP-25 immunoreactivity in grumose degeneration is high, Fig. 5a, c also suggests an overall depletion of these proteins in the neuropil between the patches of dense reaction product.

Grumose degeneration does not always affect the entire dentate nucleus. It is most abundant when at least some neuronal cell bodies persist (arrow in Fig 5a), and may be absent in cases with total neuronal loss.

Antisera to DMT1+ and DMT1- confirmed neuronal loss in the dentate nucleus in FRDA patients (not illustrated).

Fig. 4 Ferroportin immunocytochemistry in cerebellar cortex and dentate nucleus. Left panel (a1, a2, c, e), FRDA; right panel (b1, b2, d, f), normal. Ferroportin reaction product is present in Purkinje cell perikarya and dendrites, including spiny branchlets in FRDA (a1) and normal cerebellar cortex (b1). a2 shows a ferroportin-positive axonal torpedo in the granular layer in FRDA. b2 The arrow indicates a ferroportin-reactive axon that arises from a Purkinje cell. Many white matter axons are ferroportin reactive (c FRDA, d normal). In the dentate nucleus of FRDA, multiple clusters of grumose degeneration display ferroportin reaction product (e). Neurons are absent. In the normal state (**f**), neurons are surrounded by delicate ferroportin-reactive terminals supporting their origin from Purkinje cells. Paraffin sections; magnification markers: (a1-b2) 50 μm; (c-f) 20 µm





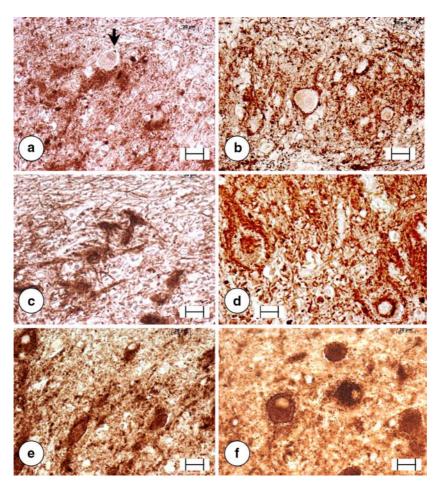


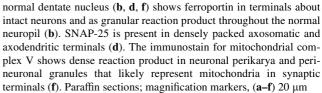
Fig. 5 Immunostaining of grumose degeneration in FRDA. *Left panel* (**a**, **c**, **e**), FRDA; *right panel* (**b**, **d**, **f**), normal. **a**, **b** ferroportin; **c**, **d** SNAP-25; **e**, **f** mitochondrial complex V (F_0F_1 - β). All stains show severe disorganization of the dentate nucleus in FRDA (**a**, **c**, **e**) when compared to the normal state (**b**, **d**, **f**). Multiple clusters of grumose degeneration in **a** are ferroportin-reactive, and the largest cluster lies adjacent to a recognizable neuron (*arrow*). The clusters are also strongly reactive for SNAP-25 (**c**) and mitochondrial complex V (**e**). The

Immunoreactivity of TfR1 showed crowding of blood vessels in the atrophic nucleus that was attributed to shrinkage of the neuropil (not illustrated).

Discussion

Iron and ferritin in the dentate nucleus of patients with FRDA

The dentate nucleus belongs to the iron-rich structures of the brain [29] but sections of tissues obtained at autopsy and stained by Perls's method do not provide adequate cellular localization of soluble non-heme iron. The reason is delayed fixation and release of iron from the main iron-carrying protein, ferritin, during the interval between death and immersion in formalin. In animal tissues fixed by transcardiac



perfusion with aldehydes, iron and ferritin show a similar cellular distribution. Ferritin is a large and relatively stable protein that resists autolytic destruction, and processing into paraffin sections does not destroy its antigenic determinants. In the normal human dentate nucleus, ferritin is concentrated in juxtaneuronal cells (Fig. 3b, d) that lack affinity for RCA-1 and anti-CD45, excluding their derivation from microglia. They have the appearance of satellite oligodendroglia and disappear when neurons become atrophic in FRDA (Fig. 3c, e). The loss of these cells coincides with the shift of ferritin immunoreactivity to microglia (Fig. 3a) and astrocytic foot plates (Fig. 3c, e). Oligodendroglia in the adjacent white matter are also intensely ferritin-positive but this immunoreactivity does not change as FRDA progresses.

The results of total iron and holoferritin assays do not provide insight into the potential role of iron in the pathogenesis



of the FRDA-related lesion in the dentate nucleus. The shift to *L*-ferritin subunits is non-specific, and the observations only confirm what is known about general iron-handling in mammalian tissues. Macro-staining for iron suggests a net loss of the metal (Fig. 1a) but quantitative assays do not confirm reduced levels. Obviously, the dentate nucleus affected by FRDA retains total iron though it relocates it to ferritin in microglia and astrocytes.

Immunocytochemical detection of ferritin has been used for the identification of microglia in various human brain disorders [10, 15] but is probably less useful for "resting" microglia. The number of microglia in sections of the normal human dentate nucleus is variable [16] but greater abundance (Fig. 3a, upper inset) and hypertrophy (Fig. 3a, lower inset) are probably associated with rapidly progressive FRDA. The declining H/L ferritin subunit ratios in the dentate nucleus in FRDA are the likely result of H-ferritin subunit loss in oligodendroglia and increased L-ferritin subunit biosynthesis in microglia. A similar shift to L-subunits occurs in heart holoferritin of patients with FRDA [22].

Ferroportin in the dentate nucleus

In extracerebral tissues, ferroportin is now recognized as a key protein in the export of iron from duodenal epithelial cells, hepatocytes, and macrophages. It cannot be assumed that this iron-carrying protein serves a similar function in Purkinje cells and their processes (Fig. 4). Grumose degeneration of the dentate nucleus also occurs in two other common diseases of the CNS that are very different from FRDA, namely, spinocerebellar ataxia type 3 (SCA-3)/ Machado-Joseph disease (MJD) and progressive supranuclear palsy (PSP) [9, 13-14]. We examined ferroportin immunoreactivity of grumose degeneration in three cases of SCA-3/MJD and four cases of PSP. As expected, Purkinje cells, corticonuclear fibers, terminals, and regions of grumose degeneration were ferroportin-reactive but grumose degeneration in these diseases lacked the elaborate ferroportin-reactive clusters of FRDA (Figs. 4e, 5a). Wu et al. [32] localized ferroportin to synaptic vesicles by immuno-electron microscopy, and their work is of immediate interest to the pathogenesis of grumose degeneration. The authors suggested that the presence of an IRE in the 5'-UTR of ferroportin mRNA makes synapses vulnerable to iron toxicity. Neurons [2] and certain cells of the retina [7] may utilize iron-responsive ferroportin translation as a mechanism to eliminate iron toxicity. Synaptic terminals contain abundant mitochondria, and the strong immunoreactivity of ferroportin in grumose degeneration of FRDA may be an indicator of mitochondrial iron dysmetabolism as reported for FRDA heart [22].

We propose that local iron excess in or near mitochondria increases ferroportin biosynthesis by a translational

mechanism involving iron-regulatory proteins and an IRE in the 5'-UTR of the cognate mRNA. Under this assumption, ferroportin is a putative marker for frataxin deficiency in synaptic terminals of corticonuclear cerebellar fibers. Ferroportin is probably not relevant to the pathogenesis of grumose degeneration in SCA-3/MJD and PSP.

Why do other iron-rich nuclei in the CNS not undergo changes in FRDA? Sections of globus pallidus, substantia nigra, red nucleus, and subthalamic nucleus show no ferroportin reaction product in perikarya or axons. Finely granular reaction product occurs in the neuropil and may be located in synaptic terminals, resembling the positive staining of corticonuclear terminals in the normal dentate nucleus. It is possible that the greater concentration of ferroportin in Purkinje cell-derived terminals makes them more susceptible to iron dysmetabolism than synapses in other CNS locations. The lack of reaction product in the perikarya of neurons other than Purkinje cells in the human CNS is at variance with observations in optimally fixed rat brain [23]. This discrepancy awaits clarification.

Trans-synaptic neuronal atrophy of the dentate nucleus

Over 60% of all corticonuclear cerebellar fibers derive from Purkinje cells, and atrophy of the dentate nucleus in FRDA and other conditions displaying grumose degeneration may be due to trans-synaptic atrophy. Though these clusters represent a peculiar and abnormal abundance of terminals, the overall density of synapses in the dentate nucleus of patients with FRDA and SCA-3/MJD is lower than normal [18]. Primary Purkinje cell depletion in familial cortical cerebellar atrophy readily explains synaptic loss in the dentate nucleus. In contrast, loss of synaptic terminals in FRDA and SCA-3/MJD cannot be attributed to primary Purkinje cell atrophy because the cerebellar cortex in these ataxias is often entirely normal. Preservation of the inferior olivary nuclei in FRDA and SCA-3/MJD confirms that climbing fibers have normal targets, namely proximal Purkinje cell dendrites. Why do Purkinje cells remain intact while their terminals in the dentate nucleus degenerate? It is known that axonal destruction does not necessarily cause retrograde atrophy of Purkinje cells. These neurons have much greater inherent resistance to axonal interruption than other nerve cells whose efferent fibers begin and end within the CNS [27]. The morphological preservation of Purkinje cells in FRDA does not imply functional integrity, and the deafferentation of the dentate nucleus points to a primary problem in Purkinje cells. In some cases of FRDA, these nerve cells of the cerebellar cortex are abnormal, perhaps as a small signal that a limited retrograde response to axonal interruption does occur [12]. A logical extension of this work is the search for ferritin aggregates at the ultrastructural level in the mitochondria of Purkinje cells and their



axons, and in regions of grumose degeneration. Bismuth subnitrate enhancement of ferritin showed mitochondrial inclusions with high electron density in cardiac mitochondria of patients with FRDA [22], and this technique may be equally suitable for brain tissue.

Iron as an in-vivo biomarker of FRDA

The normal total iron levels in the dentate nucleus in FRDA reported here must be reconciled with magnetic resonance measurements during life [31]. Waldvogel et al. [31] reported that this neuro-imaging technique suggests a quantitative iron increase in the dentate nucleus of patients with FRDA. Magnetic resonance imaging (MRI) may be misleading because signal depression due to the paramagnetic effect of iron may also detect shifts of the metal into a different state, such as ferritin and hemosiderin, and into more compact tissue in the course of atrophy (Fig. 1a). The same amount of iron in a much thinner dentate nucleus will cause a higher local concentration of the metal and presumably a greater signal depression on T2-weighted images. Nevertheless, MRI may become a useful monitor for individual FRDA patients who receive experimental therapy.

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