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The Drosophila Forkhead transcription factor FOXO mediates the reduction in cell number associated with reduced insulin signaling

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Abstract

Background: Forkhead transcription factors belonging to the FOXO subfamily are negatively regulated by protein kinase B (PKB) in response to signaling by insulin and insulinlike growth factor in *Caenorhabditis elegans* and mammals. In *Drosophila*, the insulin-signaling pathway regulates the size of cells, organs, and the entire body in response to nutrient availability, by controlling both cell size and cell number. In this study, we present a genetic characterization of *dFOXO*, the only *Drosophila FOXO* ortholog.

Results: Ectopic expression of *dFOXO* and human *FOXO3a* induced organ-size reduction and cell death in a manner dependent on phosphoinositide (PI) 3-kinase and nutrient levels. Surprisingly, flies homozygous for *dFOXO* null alleles are viable and of normal size. They are, however, more sensitive to oxidative stress. Furthermore, dFOXO function is required for growth inhibition associated with reduced insulin signaling. Loss of dFOXO suppresses the reduction in cell number but not the cell-size reduction elicited by mutations in the insulin-signaling pathway. By microarray analysis and subsequent genetic validation, we have identified *d4E-BP*, which encodes a translation inhibitor, as a relevant dFOXO target gene.

Conclusion: Our results show that dFOXO is a crucial mediator of insulin signaling in *Drosophila*, mediating the reduction in cell number in insulin-signaling mutants. We propose that in response to cellular stresses, such as nutrient deprivation or increased levels of reactive oxygen species, dFOXO is activated and inhibits growth through the action of target genes such as *d4E-BP*.

Background

Receptors for insulin and insulin-like growth factors (IGFs) are central regulators of energy metabolism and organismal growth in vertebrates and invertebrates. In mammals, the insulin receptor regulates glucose homeostasis and embryonic growth [1], whereas the insulin-like growth factor 1 receptor (IGF1-R) regulates embryonic and postembryonic growth [2] and longevity [3]. In Caenorhabditis elegans, DAF-2 - the homolog of the mammalian insulin/IGF receptor - controls organismal growth in response to poor nutrient conditions indirectly by controlling formation of the longlived, stress-resistant dauer stage during larval development, and lifespan in the adult [4]. In Drosophila, the insulin/IGF receptor homolog DInr controls organismal growth directly by regulating cell size and cell number [5]. Furthermore, reduced insulin signaling causes female sterility and independently increases lifespan [6,7]. The striking conservation of insulin receptor function is also reflected in the conservation of the intracellular signaling cascade. Binding of insulin-like peptides to their receptor tyrosine kinases leads to the activation of class I_A phosphatidylinositol (PI) 3-kinases and increased intracellular concentrations of the lipid second messenger phosphatidylinositol (3,4,5)-trisphosphate (PIP₃). This results in recruitment to the membrane, and activation, of the protein kinases phosphoinositide-dependent protein kinase 1 (PDK1) and protein kinase B (PKB/AKT), both of which contain pleckstrin homology (PH) domains and which in turn modulate the activity of downstream effector proteins [8]. The lipid phosphatase PTEN (phosphatase and tensin homolog on chromosome 10) catalyzes the 3-dephosphorylation of PIP₃, thereby acting as a negative regulator of insulin signaling [9]. The demonstration that the lethality associated with loss of dPTEN in Drosophila is rescued by a mutant form of dPKB with impaired affinity for PIP₃ indicates that PKB is a key effector of this pathway [10]. Genetic and biochemical studies have identified two critical targets of PKB, namely forkhead transcription factors of the FOXO subfamily and the Tuberous Sclerosis Complex 2 (TSC2) tumor suppressor protein.

In *C. elegans*, the only FOXO transcription factor is encoded by *daf-16*. Loss-of-function mutations in *daf-16* completely suppress the dauer-constitutive and longevity phenotypes associated with reduced function of insulin-signaling components. On the basis of knowledge about DAF signaling in *C. elegans*, forkhead transcription factors belonging to the FOXO subfamily have been identified as direct targets of insulin/IGF signaling in mammals [11-13]. The mammalian DAF-16 homologs comprise the proteins FOXO1 (FKHR), FOXO3a (FKHRL1) and FOXO4 (AFX). Their phosphorylation by the insulin-activated kinases PKB and serum- and glucocorticoidregulated protein kinase (SGK) creates binding sites for 14-3-3 proteins, and this leads to inactivation of FOXO proteins via cytoplasmic sequestration [12,14]. The result of this process is an insulin-induced transcriptional repression of FOXO target genes, which are involved in the response to DNA damage [15] and oxidative stress [16,17], apoptosis [12,18], cell-cycle control [19-21] and metabolism [22]. In addition to their transcriptional activation capabilities, FOXO proteins have recently been shown to induce cellcycle arrest by repressing transcription of genes encoding Dtype cyclins [23,24]. FOXO transcription factors mediate insulin resistance in diabetic mice [25], and have been proposed to be tumor suppressors, as several chromosomal translocations disrupting FOXO genes are found in cancers [26,27], and overexpressed FOXO proteins can inhibit tumor growth [23].

TSC2, the second target of PKB, forms a complex with TSC1 and acts as a negative regulator of growth in Drosophila, and as a tumor suppressor in mammals. Overexpressed activated PKB phosphorylates TSC2 and thereby disrupts the TSC1/2 complex in Drosophila and in mammalian cells [28,29]. In Drosophila, the TSC1/2 complex functions by negatively regulating two kinases, dTOR (homolog of the mammalian target of rapamycin) [30] and dS6K (homolog of the mammalian ribosomal protein S6 kinase) [31]. Recent genetic and biochemical evidence indicates that TSC1/2 regulates S6K activity by acting as a GTPase-activating protein (GAP) for the small GTPase Rheb [32-35]. Interestingly, flies lacking dS6K function are reduced in size because of a reduction in cell size but not in cell number [36]. The growth control pathways regulating cell size and cell number therefore bifurcate either at dPKB or between dPKB and dS6K.

In this study, we describe the identification of dFOXO, the single FOXO ortholog in *Drosophila*. Although dFOXO function is not essential for development and organismal growth control under normal culture conditions, it mediates the reduction in cell number associated with reduced insulin signaling. Our results show that dFOXO regulates expression of *d4E-BP*, which mediates part of the cell-number reduction in *dPKB* mutants. We propose that dFOXO upregulates *d4E-BP* transcription under conditions of low insulin signaling. Furthermore, our observations suggest that dFOXO is required for resistance against oxidative stress in adult flies.

Results

dFOXO is the only *Drosophila* homolog of FOXO and DAF-16

The Drosophila genome contains a single homolog of the DAF-16/FOXO family of transcription factors. This notion is

supported by the phylogenetic tree diagram calculated from the multiple sequence alignment (Figure 1a). The *dFOXO* gene is more closely related to the mammalian *FOXO* subfamily and *daf-16* than any other *Drosophila* forkhead gene. The amino-acid sequences of the predicted 613 amino-acid dFOXO protein and hFOXO3a are 27% identical over the full protein length, and 82% identical within the forkhead DNAbinding domain. Furthermore, *dFOXO* is the only *Drosophila* forkhead gene encoding a putative protein containing conserved PKB phosphorylation sites [37]. The orientation of the three PKB consensus sites relative to the forkhead domain (Figure 1b) is conserved among the mammalian FOXO

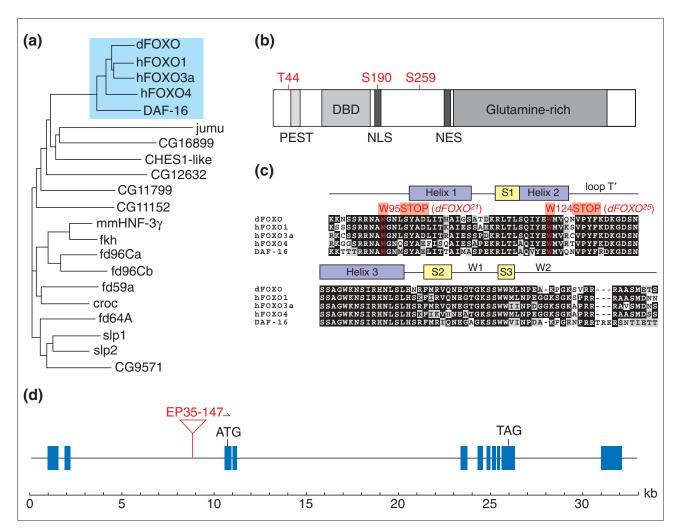


Figure I

dFOXO is the only *Drosophila* FOXO/DAF-16 homolog. A TBLASTN search of the *Drosophila* genome for known and predicted genes encoding forkhead transcription factors retrieved 16 genes. (a) A phylogenetic tree calculated from a multiple sequence alignment of the forkhead domains of these 16 proteins and of the human FOXO proteins FOXO1 (FKHR), FOXO3a (FKHRL1) and FOXO4 (AFX), the *C. elegans* DAF-16 and mouse Foxa3 (HNF-3γ; protein names on the figure are from GenBank). The similarity of dFOXO to FOXO proteins is highlighted in blue. (b) dFOXO has three PKB phosphorylation sites in the same orientation as those of mammalian FOXO proteins. The sites are indicated above the protein; PEST (destruction), nuclear localization (NLS), nuclear export (NES) and DNA-binding sequences are also shown. (c) A multiple amino-acid sequence alignment of the dFOXO, human FOXO and DAF-16 forkhead domains illustrates the high degree of sequence conservation especially within the DNA-binding domain. The secondary structure is indicated above the alignment. Similar and identical amino-acid residues are shaded in gray and black, respectively. The region encoding helix 3 of the forkhead domain, which is the DNA-recognition helix contacting the major groove of the DNA double helix, is identical in the five proteins. Given the high structural similarity between the DNA-binding domains of FOXO4 (AFX) and HNF-3γ [86], it is likely that FOXO proteins contact insulin response elements through helix 3. Two EMS-induced point mutations described in this study are shown in red. (d) The *dFOXO* gene spans a genomic region of 31 kilobases (kb) and contains 11 exons (blue bars). The *EP35-147* transposable element is inserted in the second intron upstream of the open reading frame, allowing GAL4-induced expression of endogenous *dFOXO*.

proteins, DAF-16 and dFOXO. Figure 1c shows the high degree of sequence conservation between dFOXO and FOXO/DAF-16 proteins within the DNA-binding domain.

Taken together, these observations strongly suggest that dFOXO is the only *Drosophila* homolog of the mammalian FOXO transcription factors and *C. elegans* DAF-16.

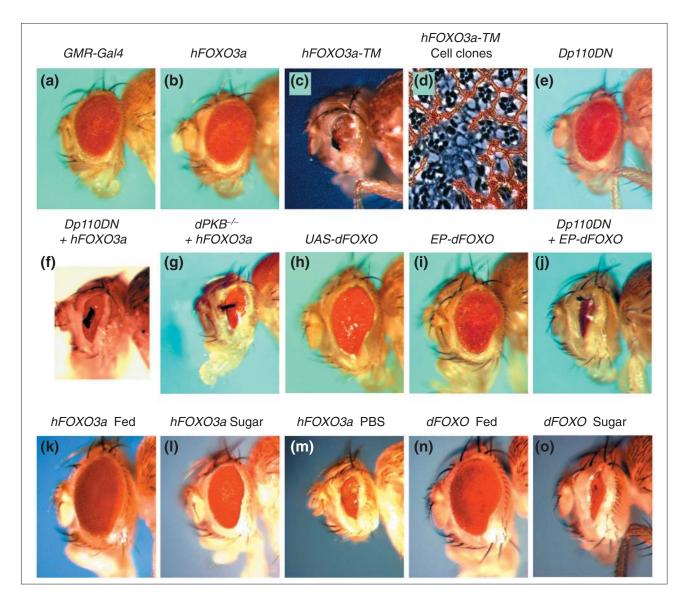


Figure 2

Targeted *hFOXO3a* and *dFOXO* expression in the developing *Drosophila* eye induces organ-size reduction and cell death, and the phenotypes are sensitive to insulin signaling and nutrient levels. (a) *GMR-Gal4*-expressing control fly. (b) No discernible phenotype results from *hFOXO3a* expression. (c) Expression of *hFOXO3a*-TM in the eye disc leads to pupal lethality; escapers at 18°C show a necrotic phenotype and severely disrupted cell specification. (d) Expression in *w*-marked clones of cells induces a similar phenotype at 25°C. (e) *Dp11DDN* expression slightly reduces eye size, and (f) co-expression of wild-type *hFOXO3a* partially mimicks the *hFOXO3a*-TM escaper phenotype. (g) The same enhancement of hFOXO3a activity was observed in a *dPKB^{+/-}* background. (h,i) Expression of transgenic or endogenous *dFOXO* results in a small-eye phenotype, which is also dramatically enhanced by (j) *Dp110DN*. (k-o) *hFOXO3a* and *dFOXO* phenotypes are progressively exacerbated by protein deprivation ('sugar') and complete starvation ('PBS'). Flies like the one shown in (m) die within one day, and complete starvation of *dFOXO*-expressing flies resulted in pupal lethality (not shown). Genotypes are: (a) *y w; GMR-Gal4/+;* (b) *y w; GMR-Gal4/+; UAS-hFOXO3a/+;* (c) *y w; GMR-Gal4/+; UAS-hFOXO3a/-TM/+;* (d) *y w hs-flp/w; GMR > FRT- w⁺ STOP - FRT > Gal-4/+; UAS-hFOXO3a-TM/+;* (e) *y w; GMR-Gal4/+; UAS-hFOXO3a/+;* (f) *y w; GMR-Gal4/+; EP-dFOXO/+;* (j) *y w; GMR-Gal4/+; EP-dFOXO/+;* (j) *y w; GMR-Gal4/+; UAS-hFOXO3a/+;* (n,o) *y w; GMR-Gal4/+; EP-dFOXO/+;* (j) *y w; GMR-Gal4/+; EP-dFOXO/+;* (k-m) *y w; GMR-Gal4/+; UAS-hFOXO3a/+;* (n,o) *y w; GMR-Gal4/+; EP-dFOXO/+.*

Overexpressed dFOXO is responsive to insulin signaling and nutrient levels, inducing organ-size reduction and cell death

To assess whether dFOXO has a key function in insulin signaling like that of DAF-16 in C. elegans, we tested whether overexpression of wild-type or mutant forms of hFOXO3a and dFOXO could antagonize insulin signaling. Elimination of the three PKB consensus phosphorylation sites in mammalian FOXO3a prevents its phosphorylation, subsequent binding to 14-3-3 proteins, and sequestration in the cytoplasm [12]. This leads to constitutive nuclear localization of the mutant FOXO3a and transcriptional activation of its target genes. Assuming that blocking the PKB signal would have the same activating effect on dFOXO, we overexpressed wild-type and triple PKB-phosphorylation-mutant variants of both dFOXO and human FOXO3a. Furthermore, we identified an EP transposable element insertion in the second dFOXO intron, which permits the GAL4-induced overexpression of endogenous dFOXO (Figure 1d). We used the GMR-Gal4 construct to drive UAS-dependent expression in postmitotic cells in the eye imaginal disc [38]. While expression of wild-type hF0X03a in the developing eye did not result in a visible phenotype (Figure 2b), hFOXO3a-TM expression caused pupal lethality. Few escaper flies eclosed and displayed a strong necrotic eye phenotype (Figure 2c). A block of cell differentiation and necrosis was also observed when hFOXO3a-TM was expressed in cell clones in the developing eye (Figure 2d).

Assuming that the lack of a phenotype observed upon UAShFOXO3a expression is due to hFOXO3a inactivation by endogenous DInr signaling in the eye disc, we performed the same experiment in a background of reduced insulin signaling. Indeed, in the presence of a dominant-negative (DN) form of Dp110 (encoding the PI 3-kinase catalytic subunit) [39], hFOXO3a expression induced a necrotic phenotype similar to the one observed with the hyperactive phosphorylation mutant (Figure 2f). To confirm that hFOXO3a is responsive to Drosophila insulin signaling and rule out artificial coexpression effects, we expressed hFOXO3a in flies mutant for either dPKB (Figure 2g) or Dp110 (not shown), and observed similar phenotypes to those seen upon coexpression of Dp110DN. Drosophila FOXO has qualitatively similar, but stronger effects. Expressing the wild-type form of dFOXO causes a weak eye-size reduction and disruption of the ommatidial pattern even in a wild-type background (Figure 2h,i), and the phenotype is strongly affected by Dp110DN as well (Figure 2j). The UAS-dFOXO-TM transgene appears to cause lethality even in the absence of a Gal4 driver, as we did not obtain viable transgenic lines with this construct. Furthermore, we examined the effects of nutrient deprivation on FOXO-expressing tissues. If nutrient availability is limited, FOXO should be more active in response to

lowered insulin signaling. Indeed, we observed that the overexpression phenotypes of both hFOXO3a and dFOXO are enhanced under conditions of starvation. Drosophila larvae that are starved until 70 h after egg laying (AEL) die within a few days. But if the onset of nutrient deprivation occurs after they have surpassed the metabolic '70 h change' [40,41], they survive and develop into small adult flies. We therefore subjected larvae expressing hFOXO3a or dFOXO (under GMR control) to either protein starvation (sugar as the only energy source) or complete starvation, starting 80-90 h AEL, and analyzed the effect on the adult's eyes. Both phenotypes (Figure 2k,n) were progressively exacerbated by protein starvation (Figure 2l, o) and complete starvation (Figure 2m), the latter condition being accompanied by early adult or larval lethality, in the case of hFOXO3a or dFOXO, respectively. The resulting phenotypes are due to the FOXO transgenes, as wild-type control flies that have been starved during development display only a body-size reduction while maintaining normal proportions and normal eye structure.

The dFOXO overexpression phenotype (Figure 2i,j) does not appear to be caused by the activation of any of the known cell-death pathways. Expression of the caspase inhibitors *p35* or *DIAP1*, or of *p21*, an inhibitor of p53-induced apoptosis [42], and loss of eiger, which encodes the Drosophila homolog of tumor necrosis factor (TNF) [43], did not suppress the eye phenotype (data not shown). In agreement with our results, it was observed in a parallel study that the GMR-dFOXO overexpression phenotype is insensitive to caspase inhibitors, and is not accompanied by increased acridine-orange-detectable apoptosis in the imaginal disc [44]. It therefore remains unclear whether high levels of nuclear dFOXO induce a specific caspase-independent celldeath program or whether nuclear accumulation of overexpressed dFOXO leads to secondary necrosis in a rather nonspecific fashion. Furthermore, the necrotic eye phenotype does not reflect the phenotype observed following a complete block in insulin signaling. Loss-of-function mutations in insulin-signaling components reduce cell size and cell number but do not increase cell death in larval tissues [45,46]. In summary, our overexpression experiments are consistent with a model in which, under normal conditions, excess FOXO transcription factor is phosphorylated by dPKB and kept inactive in the cytoplasm. Under conditions of reduced insulin-signaling activity or nutrient deprivation, dFOXO or hFOXO3a protein translocates to the nucleus and induces growth arrest and necrosis.

dFOXO loss-of-function mutants are viable, have no overgrowth phenotype and are hypersensitive to oxidative stress

Although the overexpression experiments described above did not reveal the physiological function of dFOXO, they

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provided the entry point for isolation of loss-of-function mutations. We made use of the EP35-147 element, which permits the generation of the necrotic eye phenotype (Figure 2j) by driving expression of endogenous dFOXO in the presence of Dp110DN. We mutagenized homozygous EP males, mated them to homozygous GMR-Gal4 UAS-Dp110DN females and then screened the F₁ generation for reversion of the strong gain-of-function phenotype and its associated semilethality. Several loss-of-function alleles of dFOXO were isolated and molecularly characterized. Two such revertants are shown in Figure 3c (dFOXO²¹) and Figure 3d (*dFOXO*²⁵). In *dFOXO*²¹ and *dFOXO*²⁵, the codons for W95 and W124 within the forkhead domain are mutated to stop codons, respectively (Figure 1c), so they are assumed to be null alleles of dFOXO. We performed the subsequent phenotypic and epistasis analyses with these two lines.

Because FOXO transcription factors have been proposed to be the primary effectors of insulin signaling, on the basis of epistasis of daf-16 over daf-2 in C. elegans, it seemed reasonable to expect an overgrowth phenotype in dFOXO^{-/-} flies as is observed in *dPTEN* loss-of-function mutants. To our surprise, dFOXO loss-of-function mutants are homozygousviable and display no obvious phenotype under normal culturing conditions (Figure 3h). Thus, dFOXO is not essential for development. Only close inspection of the dFOXO mutants revealed that their wing size is significantly reduced (Figure 4i). But cellular and organismal growth are unaffected by dFOXO mutations. To assess whether dFOXO-mutant tissue grows to a different size than wild-type tissue, we recombined the dFOXO²¹ and dFOXO²⁵ alleles onto the FRT82 chromosome and induced genetic mosaic flies with the ey-Flp/FRT system [47]. When the eye and head capsule were composed almost exclusively of dFOXO-/- tissue (w-marked in Figure 3e,f, on the right), no head-size difference was observed compared to the control fly with a head homozygous for the FRT82 chromosome without the dFOXO mutation (Figure 3e, f, left). This is consistent with experience from extensive genetic screens for recessive growth mutations

carried out in our lab. An *ey-Flp*-screen on the right arm of chromosome 3 did not reveal any mutations in *dFOXO* based on an altered head-size phenotype (H.S. and E.H., unpublished observations).

We next asked whether cell size, like organ size, was not affected by the loss of dFOXO. For this purpose, we used a heat shock-inducible Flp construct to generate clones of homozygous dFOXO^{-/-} photoreceptor cells and wild-type cells within one adult eye (Figure 3g). The cells lacking dFOXO are marked by the absence of pigment granules. Consistent with the absence of a 'bighead' phenotype, dFOXO^{-/-} cells and wild-type cells have the same size. Similarly, no significant difference in the body weight of mutant and control flies was observed (Figure 3h). In contrast, flies with a viable heteroallelic combination of dPTEN loss-offunction alleles are significantly bigger than wild-type flies [48]. Taken together, these results argue that with the exception of the slight wing-size reduction, dFOXO is not required to control cellular, tissue, or organismal growth in a wild-type background.

A critical role has been reported for mammalian and C. elegans FOXO proteins in resistance against various cellular stresses, in particular oxidative stress [16,17,49], DNA damage [15] and cytokine withdrawal [50]. We tested the stress resistance of adult dFOXO mutant flies by measuring survival time following different challenges. Among starvation on water, oxidative-stress challenge, bacterial infection, heat shock, and heavy-metal stress, the only condition for which hypersensitivity was observed is oxidative stress. When placed on hydrogen-peroxide-containing food, dFOXO mutant flies display a significantly reduced survival time compared to control flies (Figure 3i). A very similar effect is elicited by paraquat feeding. These observations are consistent with the paraguat hypersensitivity of daf-16 mutants in C. elegans [51], suggesting that a role for FOXO proteins in protecting against oxidative stress is conserved across species.

Figure 3 (see figure on the next page)

Null *dFOXO* mutants are viable, have no overgrowth phenotype and are hypersensitive to oxidative stress. (a) *Dp110DN* expressing control fly. (b) *EP*-driven coexpression of *dFOXO* elicits a necrotic eye phenotype. (c,d) EMS-induced mutations in *dFOXO* lead to a reversion of the overexpression phenotype. (e,f) Selective removal of dFOXO from the head (right) does not lead to an organ-size alteration compared to a control fly (left). (g) *w*⁻-marked dFOXO-deficient photoreceptor cells are the same size as wild-type cells. (h) In contrast to *dPTEN*, *dFOXO* null mutants have no organismal growth phenotype. For each genotype, the left bar indicates the body weight of females and the right bar the weight of males. Values are shown \pm standard deviation (SD). (i) *dFOXO* mutants are hypersensitive to oxidative stress. The graph shows a survival curve of male adult flies on PBS/sucrose gel containing 5% hydrogen peroxide. The observed hypersensitivity is more pronounced in males, but is also observed in females (not shown). The increased resistance of homozygous *EP-dFOXO* flies might be caused by low basal *dFOXO* overexpression from the *EP* element, which occurs due to leakiness of UAS enhancers in the absence of Gal4. Control flies placed on PBS/sucrose without oxidant survived during the time window shown. Genotypes are: (a) *y w*; *GMR-Gal4* UAS-Dp110DN/+; *EP-dFOXO*²¹/+; (c) *y w*; *GMR-Gal4* UAS-Dp110DN/+; *EP-dFOXO*²¹/+; (c) *y w*; *eq.flp/y w*; *FRT82 EP-dFOXO*²¹/FRT82 *cl3R3 w*⁺ (left); *y w ey-flp/y w*; *FRT82 EP-dFOXO*²¹/FRT82 *cl3R3 w*⁺ (left); (g) *y w bs-flp/y w*; *FRT82 EP-dFOXO*²¹/FRT82 *w*⁺.

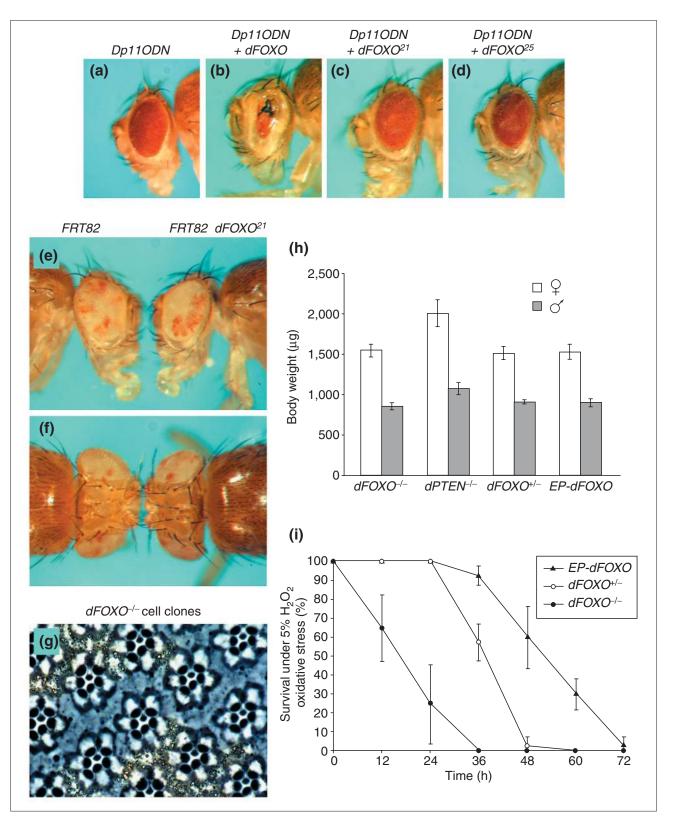


Figure 3 (see legend on the previous page)

The growth-deficient phenotypes of Dlnr, chico, Dp110 and dPKB mutants are significantly suppressed by loss of dFOXO

We performed genetic epistasis experiments to examine whether the growth phenotypes of DInr-signaling mutants are dependent on dFOXO function. For this purpose, we either generated double-mutant flies or investigated the double-mutant effect only in the head using the ey-Flp/FRT system. In contrast to the absence of a growth phenotype in single dFOXO mutant flies, lack of dFOXO significantly suppresses the growth-deficient phenotype observed in flies mutant for the insulin receptor substrate (IRS) homolog chico (Figure 4). Flies mutant for chico are smaller because they have fewer and smaller cells [45]. Loss of one dFOXO copy dominantly suppresses the cell-number reduction in chico mutant flies without affecting cell size. The suppression is more pronounced when both copies of dFOXO are removed in a *chico* mutant background. In this situation, the chico small body-size phenotype is partially suppressed. Homozygous chico-dFOXO double-mutant flies have more, and even slightly smaller, cells than homozygous chico single mutants. It seems that removal of dFOXO accelerates the cell cycle at the expense of cell size in a *chico* background.

We next asked whether dFOXO interacts with other components of the Drosophila insulin-signaling pathway. The ey-Flp/FRT system was used to generate heterozygous insulin-signaling mutant flies with heads homozygous for each mutation. Removal of DInr, Dp110 or dPKB leads to a characteristic 'pinhead' phenotype, which is substantially suppressed by the presence of a dFOXO loss-of-function allele on the same FRT chromosome as the insulin-signaling mutation. In all three cases, we observed a partial rather than a complete rescue of the tissue growth repression, consistent with the finding that dFOXO mutations affect only the cell-number aspect of the *chico* phenotype. Surprisingly, loss of dFOXO dramatically delays lethality in dPKB mutants. Complete loss of dPKB leads to larval lethality in the early third instar, but homozygous dPKB-dFOXO double mutants are able to develop into pharate adults of reduced size, most of which fail to eclose (Figure 51). The lethality associated with the complete loss of dPKB is therefore largely due to hyperactivation of dFOXO.

We also observed that *dFOXO* interacts with the tumor suppressors *dTSC1* and *dPTEN*. Tissue-specific removal of either gene from the head leads to a bighead phenotype (Figure 5h,j). The *dTSC1*-/- bighead phenotype is enhanced by loss of dFOXO (Figure 5i). This observation is consistent with the recently reported negative feedback loop between dS6K and dPKB. Mutant *dTSC1* larvae have elevated levels of dS6K activity, which in turn downregulates dPKB activity [31]. This reduction in dPKB activity probably leads to

enhanced activation of dFOXO, which in turn partially mitigates the overgrowth phenotype by slowing down proliferation. The *dTSC1* phenotype can therefore be enhanced by loss of the inhibitory function of dFOXO. Unexpectedly, the dPTEN-/- bighead phenotype was slightly suppressed by dFOXO mutations (Figure 5k). From the current model, it would be expected that in a *dPTEN* mutant dPKB activity is high and dFOXO is to a large extent inactive in the cytoplasm. Thus, removal of dFOXO function should have no effect on the dPTEN phenotype. At present, we can only speculate about possible explanations for this observation. In a parallel study, it has been shown that dFOXO can induce transcription of DInr [52]. It may be that in a dPTEN-mutant background dFOXO activates DInr expression in a negativefeedback loop. In this model, concomitant loss of dFOXO would alleviate the *dPTEN* overgrowth phenotype by lowering DInr levels. Another possible explanation is that dFOXO has additional functions when localized to the cytoplasm or during its nuclear export, such as interacting with other proteins. Loss of dFOXO might affect the function of interaction partners that have a role in dPTEN signaling.

In summary, our epistasis analysis provides strong genetic evidence that dFOXO is required to mediate the organismal growth arrest that is elicited in insulin-signaling mutants.

dFOXO upregulates transcription of the d4E-BP gene

We have shown previously that Drosophila embryonic Kc167 cells respond to insulin stimulation with upregulated activities of dPKB and dS6K [53,54]. We performed mRNA profiling experiments using the Affymetrix GeneChip system to measure on a genome-wide scale the transcriptional changes induced by insulin in these cells. On the basis of the currently held model that FOXO transcription factors are transcriptional activators that are negatively regulated by insulin, we expected potential dFOXO target genes to be repressed in Kc167 cells upon insulin stimulation. Figure 6a shows a selection of dFOXO target gene candidates that are transcriptionally downregulated by a factor of two or more upon insulin stimulation and whose promoter regions contain one or more conserved forkhead-response elements (FHREs) with the consensus sequence (G/A)TAAACAA [55]. Three of these candidate gene products are each involved in one of two biological processes known to be negatively regulated by insulin, namely gluconeogenesis (PEPCK) and lipid catabolism (CPTI and long-chain-fatty-acid-CoAligase). The remaining candidates are involved in stress responses (cytochrome P450 enzymes), DNA repair (DNA polymerase iota), transcription and translation control (d4E-BP and CDK8), and cell-cycle control (centaurin gamma and CG3799). Several of the insulin-repressed genes have been reported to be transcriptionally induced in

Drosophila larvae under conditions of complete starvation (d4E-BP and PEPCK) or sugar-only diet (CPTI and long-chain-fatty-acid-CoA-ligase) [41,56].

We chose d4E-BP for further investigation, because it has previously been reported to be insulin-regulated at the level of protein phosphorylation, but not at the level of gene expression

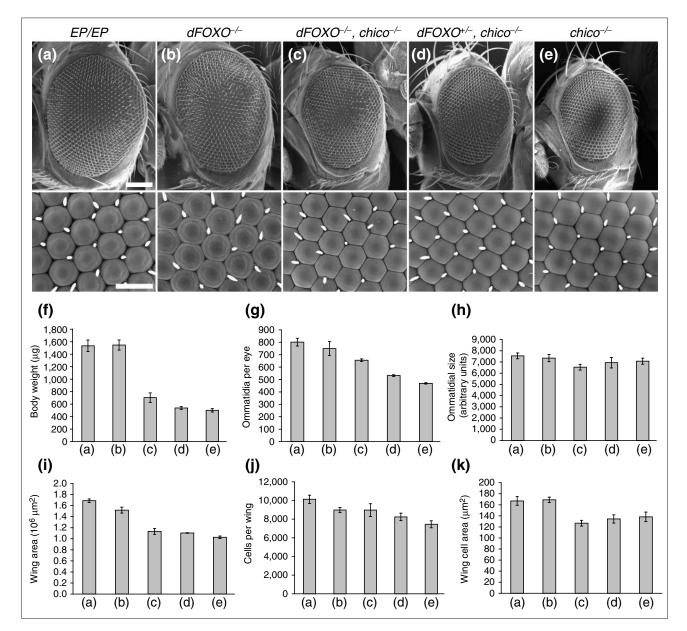


Figure 4

Loss of dFOXO suppresses the cell-number reduction in *chico* mutants. (**a-e**) Partial rescue of the *chico* phenotype by mutations in *dFOXO*. Bar sizes are 100 μ m (low magnification) and 20 μ m (high magnification). Each graph displays the variation of a single parameter between the five genotypes shown in (a–e): (**f**) body weight, (**g**) cell number in the eye, (**h**) cell size in the eye, (**i**) wing area, (**j**) cell number in the wing, and (**k**) cell size in the wing. (f) *dFOXO^{-/-}* partially suppresses the low-body-weight phenotype of *chico^{-/-}*. The suppression is less pronounced in the wing (**i**), because *dFOXO*-null mutants have significantly smaller wings than control flies, although their body weight is the same. In a *chico^{-/-}* background, loss of dFOXO leads to increased cell numbers in the eye (**g**) and in the wing (**j**) compared to the *chico* single mutant. Although organ and tissue size is increased, cell size significantly decreases in the *chico-dFOXO* double mutant both in the eye (**h**) and in the wing (**k**). It seems that loss of dFOXO in a *chico^{-/-}* background leads to increased proliferation rates. All values are shown ± SD. Genotypes are: (**a**) y w;; EP-dFOXO/EP-dFOXO; (**b**) y w;; EP-dFOXO²¹/EP-dFOXO²⁵; (**c**) y w; *chico¹/chico²*; EP-dFOXO²¹/+; (**d**) y w; *chico¹/chico²*; EP-dFOXO²¹/EP-dFOXO²⁵; (**e**) y w; *chico¹/chico²*.

[57]. The *d4E-BP* gene encodes a translational repressor and was initially identified as the immune-compromised *Thor* mutant in a genetic screen for genes involved in the innate

immune response to bacterial infection [58,59]. Figure 6b shows the presence of several FHREs in the genomic region around the *d4E-BP* locus. The d4E-BP protein is negatively

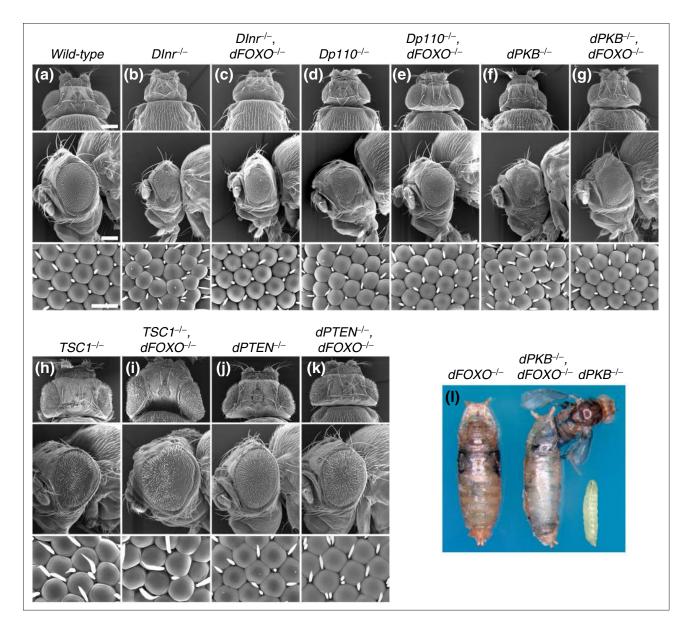


Figure 5

Growth-deficient phenotypes of *Dlnr*, *Dp110* and *dPKB* mutants are suppressed by loss of dFOXO. (a) Control fly. (b) Selective removal of Dlnr from the head leads to a pinhead phenotype, which is partially suppressed by the loss of dFOXO (c). The same suppression is observed in *Dp110*-, and *dPKB*-pinheads (d-g). The *TSC1^{-/-}* bighead phenotype (h) is enhanced by mutations in *dFOXO* (i), but the *dPTEN^{-/-}* bighead (j) is slightly suppressed (k). (l) Living without PKB. In contrast to the larval lethality of *dPKB* null mutants, *dPKB-dFOXO* double mutants develop into small pharate adults, most of which fail to eclose. Bar sizes are 200 µm (low magnification) and 20 µm (high magnification). Genotypes are: (a) y w ey-flp/y w; *FRT82/JFRT82 cl3R3* w⁺; (b) y w ey-flp/y w; *FRT82 Dlnr³⁰⁴/FRT82 cl3R3* w⁺; (c) y w ey-flp/y w; *FRT82 Dlnr³⁰⁴/FRT82 cl3R3* w⁺; (d) y w ey-flp/y w; *FRT82 Dl10^{5W3}/FRT82 cl3R3* w⁺; (e) y w ey-flp/y w; *FRT82 Dl10^{5W3}/FRT82 cl3R3* w⁺; (i) y w ey-flp/y w; *FRT82 cl3R3* w⁺; (i) y w ey-

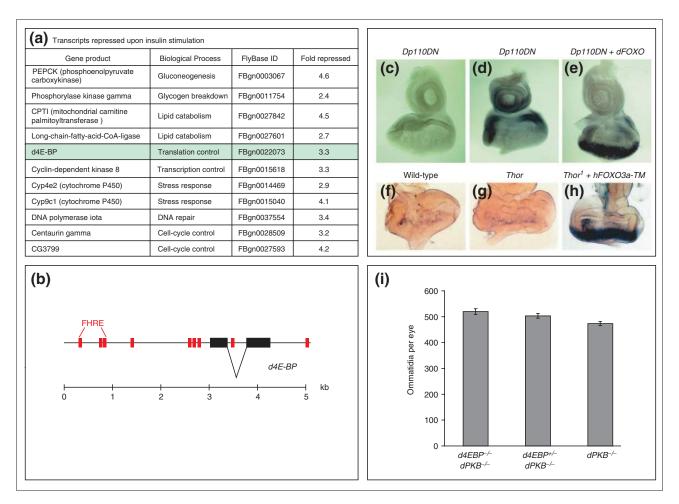


Figure 6

dFOXO regulates transcription of the *d4E-BP* gene. (a) A selection of microarray-identified genes that are transcriptionally downregulated after 2 h of insulin stimulation in Kc167 cells and contain forkhead response elements (FHREs) in their genomic upstream or intronic sequences. (b) FHREs (red) at the *d4E-BP* locus; black boxes are exons. (c,d) Overexpression of *Dp110DN* alone does not induce transcription of *d4E-BP* in imaginal discs, but (e) coexpression of *dFOXO* strongly upregulates the gene. (f-h) Expression of human *FOXO3a-TM* induces expression of the *d4E-BP* enhancer trap line *Thor¹*. (i) *d4E-BP* and *dPKB* interact genetically. The *Thor¹* mutation increases the ommatidial number in *dPKB*-mutants by 9% without affecting cell size. Values are shown ± SD. Genotypes are: (c) *y* w; *GMR-Gal4* UAS-Dp110DN/+; (d) *y* w; *GMR-Gal4* UAS-Dp110DN/+; (e) *y* w; *GMR-Gal4* UAS-Dp110DN/+; (e) *y* w; *GMR-Gal4* UAS-Dp110DN/+; (i) from right to left: *y* w;; *dPKB3/dPKB¹*, *y* w; *Thor¹*/+; *dPKB³/dPKB¹*.

regulated by insulin through LY294002- and rapamycin-sensitive phosphorylation [57], suggesting involvement of the Dp110 and dTOR signaling pathways. Phosphorylation of d4E-BP leads to the dissociation of d4E-BP from its binding partner, the translation initiation factor deIF4E, which then participates in the formation of a functional initiation complex. Positive transcriptional regulation of d4E-BP by dFOXO, which corresponds to negative transcriptional regulation by insulin, would be a complementary mechanism of regulation.

We then investigated whether overexpression of endogenous *dFOXO* could induce transcriptional upregulation of the

d4E-BP gene. On the basis of our overexpression results, we chose the *Dp110DN-dFOXO* coexpression to efficiently activate dFOXO. Eye imaginal discs from *Dp110DN*-expressing third instar larvae display a low level of basal *d4E-BP* transcription throughout the disc, which is not induced by the driver construct alone (Figure 6d). Coexpression of *dFOXO* elicited a dramatic upregulation of *d4E-BP* transcription posterior to the morphogenetic furrow (Figure 6e). Consistent with this observation, we were able to induce expression of the *d4E-BP* enhancer trap line *Thor*¹ with human *FOXO3a-TM* (Figure 6f-h). It remained unclear, however, whether regulation of *d4E-BP* enpression by dFOXO is of physiological relevance.

It has been previously reported that overexpression of d4E-*BP* partially suppresses the *dPKB* overexpression phenotype [57], but as ectopic expression experiments have to be interpreted with some caution, we assessed whether loss of d4E-BP function suppresses the cell-number reduction in insulin-signaling mutants as does loss of dFOXO function. We generated double-mutant flies for dPKB and d4E-BP and observed that the *Thor*¹ mutation slightly but significantly suppressed the reduced cell-number phenotype in a dosedependent manner. The Thor1 mutation itself had no effect on ommatidial number compared to wild-type flies (data not shown), so we can rule out additive effects of d4E-BP and *dPKB*. These observations strongly argue that under conditions of reduced insulin-signaling activity the dFOXOdependent reduction in cell number is in part mediated by the transcriptional upregulation of its target d4E-BP. Microarray studies in both mammalian [23] and Drosophila [52] cells imply that FOXO transcription factors exert their physiological functions by modulating expression of large sets of target genes.

Discussion

Forkhead transcription factors of the FOXO subfamily mediate insulin-regulated gene expression in *C. elegans* and mammals. In this study, we provide genetic evidence that the *Drosophila* FOXO/DAF-16 homolog dFOXO is an important downstream effector of *Drosophila* insulin signaling and a regulator of stress resistance.

dFOXO is a critical target of dPKB but mediates only part of its function

Genetic studies in C. elegans and Drosophila have led to two models regarding the output of the insulin pathway. First, the complete epistasis of daf-16 over the insulin pathway mutants daf-2, age-1, akt-1 and akt-2 suggests that the primary function of PKB is to inactivate FOXO transcription factors [60]. Second, it has been proposed that the TSC tumor suppressor complex is the major target of PKB [61,62] in the regulation of cell growth in *Drosophila*. Our analysis of Drosophila FOXO indicates that it is indeed a critical PKB target, but that it mediates only one aspect of PKB function. Several lines of evidence support this model. Firstly, the effects of ectopic overexpression of dFOXO and hFOXO3a in the developing Drosophila eye are altered by Dp110 and dPKB signaling as well as by nutrient levels. Under conditions of lowered insulin signaling, the phenotypes resulting from expression of dFOXO and hFOXO3a were dramatically enhanced. This situation was mimicked by expressing a dPKB-insensitive phosphorylation mutant, suggesting that endogenous dPKB signaling is required to mitigate the effects of ectopically expressed dFOXO and hFOXO3a. Secondly, the physiological relevance of dFOXO

in dPKB signaling is most vividly demonstrated by our observation that the larval lethality associated with the complete loss of dPKB is rescued by *dFOXO* mutations to the extent that some flies develop to pharate adults. The lethality associated with loss of dPKB function is therefore to a large extent due to the hyperactivation of dFOXO. Thirdly, loss of dFOXO function suppresses the effects of insulinsignaling mutations only partially; dFOXO mediated a reduction in cell number but not in cell size in response to reduced insulin signaling.

dFOXO controls the reduction in cell number in body-size mutants

Genetic analysis of the control of body size in Drosophila has revealed two classes of mutations. Flies carrying mutations in chico or viable allelic combinations of DInr, Dp110, and dPKB are reduced in body size by up to 50% owing to a reduction in both cell size and cell number. Conversely, flies mutant for dS6K exhibit a more moderate reduction in body size, caused almost exclusively by a reduction in cell size [36]. This suggests that the pathways controlling cell number and cell size bifurcate at or below dPKB. Although dFOXO single mutants have no obvious size phenotype, loss of dFOXO substantially suppresses the cell-number reduction observed in insulin-signaling mutants. It appears that dFOXO mediates the repression of proliferation in flies mutant for DInr, chico, Dp110, and dPKB without being required for the reduction in cell size. Chico-dFOXO double mutant flies even have slightly smaller cells than chico mutants, suggesting that removal of dFOXO permits cellcycle acceleration under conditions of impaired insulin signaling. The pathway controlling body size in response to insulin therefore bifurcates at the level of dPKB: dPKB controls cell number by inhibiting dFOXO function and dPKB controls cell size, at least under some conditions, by regulating S6K activity by phosphorylation of dTSC2 [29].

The signaling systems controlling cell size and cell number are tightly interconnected. Genetic and biochemical analyses have revealed five different links between the dTSCdTOR-dS6K pathway and the DInr-dPKB-dFOXO pathway. First, under conditions of unnaturally high insulin-signaling activity (that is, following the oncogenic activation of dPKB) dPKB phosphorylates and inactivates dTSC2, resulting in increased activation of dS6K [29]. Under normal culture conditions this regulation does not seem critical, however, loss of dPKB function does not lower dS6K activity in larval extracts [54]. Second, under physiological conditions, dPDK1 regulates dPKB as well as dS6K [63]. Third, dS6K itself downregulates dPKB activity in a negative feedback loop [31]. Fourth, under severe starvation conditions, nuclear dFOXO presumably activates target genes that reduce cell proliferation. One of these target genes is

d4E-BP, which encodes an inhibitor of translation initiation. When conditions improve, the insulin and TOR signaling pathways can stimulate translation by disrupting the 4E-BP/eIF4E complex via phosphorylation of 4E-BP, and in parallel by repressing FOXO-dependent 4E-BP expression. Fifth, under even more severe starvation or stress conditions, full activation of dFOXO upregulates expression of the insulin receptor itself, thus rendering the cell hypersensitive to low insulin levels (see [52]). These multiple positive and negative interactions ensure a continuous fine adjustment of the growth rate to changing environmental conditions.

Evolutionary conservation of insulin signaling and FOXO function

Genetic dissection of signaling by insulin and its target DAF-16 has been pioneered in C. elegans and has helped to unravel the role of this pathway in dauer formation and longevity. Our analysis shows that the same pathway with the homologous nuclear targets operates in flies in the control of cell growth and proliferation, processes that do not involve insulin signaling in worms. Dauer formation and possibly longevity affect the entire organism and do not depend on cell-autonomous functions of the insulin signaling pathway [64]. The cell-growth phenotype in Drosophila, however, depends on the cell-autonomous functioning of the insulin-signaling cascade [45]. Insects enter diapause in response to diverse environmental cues (nutrients, day length or temperature) and arrest development or the aging process in a manner similar to dauer formation in worms [65]. Ageing, and possibly diapause, is also under the control of the insulin pathway in Drosophila [65,66]. It has recently been shown that heterozygous IGF-1R mutant mice also exhibit a prolonged lifespan [3]. It therefore appears that the function of the insulin pathway, its components, and possibly at least some of its targets, have been conserved throughout evolution.

dFOXO may integrate different forms of cellular stress

The longevity phenotype of IGF-1R-deficient mice is associated with enhanced resistance to oxidative stress [3]. It is likely that this phenomenon is due to hyperactivation of FOXO proteins, as several studies have shown that FOXO transcription factors play a role in the oxidative-stress response in mammalian cells [16,17] as well as in *C. elegans* [49]. Our observation that *dFOXO* mutant flies are hypersensitive to oxidative stress confirms that, in addition to their role in insulin signaling, the role of FOXO proteins in protecting against cellular stress is highly conserved. The mechanism by which dFOXO confers oxidative-stress resistance is not yet known. In our microarray experiment, we identified several genes encoding cytochrome P450 enzymes as dFOXO target gene candidates (Figure 6a). As it has been shown that cytochrome P450 enzymes reduce the toxic effects of paraquat in mice [67], they might partially mediate the protective effect of dFOXO. Furthermore, it remains to be established whether the regulation of dFOXO by insulin is required for dFOXO's protective properties. It is tempting to speculate that distinct stress-induced signaling pathways activate dFOXO under conditions of cellular stress, in addition to the negative input from the insulin cascade, as several stress-induced phosphorylation sites are conserved between hFOXO3a and dFOXO (A Brunet and ME Greenberg, personal communication). This view is supported by our observation that overexpression of a FOXO variant that cannot be inactivated by PKB elicits cell death, a phenotype not observed in larval tissues lacking insulinsignaling components [45]. This result argues that dFOXO induces cellular responses that are independent of insulin.

The emerging model postulates that positive and negative inputs converge on FOXO proteins in response to different environmental conditions, making them central and important integrators controlling cellular (cell-cycle progression) and organismal adaptations (dauer formation, diapause and longevity; see Figure 7). Elucidating the positive inputs that converge on FOXO, by mutating conserved phosphorylation sites in the single *Drosophila* homolog of this class, should help us to better understand dFOXO's integrator function.

Materials and methods Identification of dFOXO

We searched the *Drosophila* genome [68] using a TBLASTN algorithm for sequences with homology to the DNAbinding domain of human FOXO3a (amino acids 157-251). The resultant matches were further assessed for the presence of consensus PKB phosphorylation sites R-X-R-X-X-S/T [37].

We used a genomic DNA stretch flanking the only identified region fulfilling these criteria to search a collection of *Drosophila* expressed sequence tags [69], which eventually identified two clones (LD05569 and LD18492) containing identical full-length cDNA sequences of 3.7 kb length. The *dFOXO* gene is annotated in FlyBase [70] (FBgn0038197) under the name *foxo*.

Generation of plasmids and transgenic flies

The cDNA clone LD05569 contains the full-length *dFOXO* cDNA within the pBS-SK(+/-) vector (Stratagene [71]). To generate a triple PKB phosphorylation mutant of dFOXO, we used PCR-based site-directed mutagenesis (QuickChange, Stratagene) to introduce the three point mutations T44A, S190A and S259A. Primer sequences are available upon

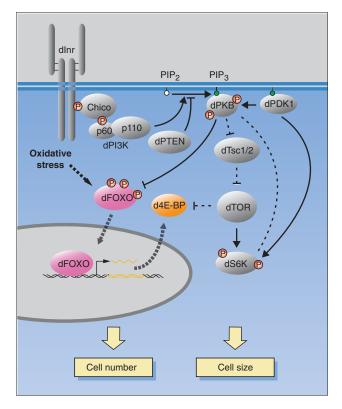


Figure 7

dFOXO may be an integrator of cellular stress. We propose a model in which dFOXO senses different forms of cellular stress (that is, nutrient deprivation or reactive oxygen species) and induces cellular responses, such as proliferation arrest, in part by repressing translation via upregulation of *d4E-BP*. The various signaling proteins shown in the figure are discussed in the text.

request. The mutated sequence was confirmed by doublestranded DNA sequencing. To generate UAS constructs, the cDNA inserts from both wild-type dFOXO and triple-mutant dFOXO were subcloned from pBS-SK(+/-) into the pUAST transformation vector [72] as EcoRI-Asp718 fragments. The corresponding UAS constructs containing the cDNA encoding wild-type and triple-mutant hFOXO3a [12] were generated by subcloning the inserts from *pECE-HA-hFOXO3a* and pECE-HA-hFOXO3a-TM (generous gifts of Anne Brunet) into pUAST as BglII-XbaI fragments. Fragments were excised from the pECE clones via complete digestion with XbaI followed by partial BgIII digestion. All sequences were confirmed by double-stranded DNA sequencing. The four resultant UAS constructs are referred to as UAS-dFOXO, UAS-dFOXO-TM, UAS-hFOXO3a and UAS-hFOXO3a-TM. To generate transgenic Drosophila lines, P-element-mediated germline transformation was carried out as described previously [73]. Several independent transformant lines were recovered for each construct with the exception of *UAS-dFOXO-TM*, for which we did not obtain a viable transformant line.

EMS reversion mutagenesis

To generate dFOXO loss-of-function mutants, homozygous y w;; EP35-147 males were mutagenized with 27 mM ethyl methanesulfonate (EMS) according to standard procedures [74]. Mutagenized males were mated to homozygous y w; GMR-Gal4 UAS-Dp110DN virgins. Roughly 60,000 F1 progeny were screened for suppression of semilethality and the eye phenotype shown in Figure 3b. F₁ revertants were retested for transmission of the reversion to F₂ and positive candidate lines were then balanced over TM3 Sb Ser. To characterize the mutations, the dFOXO open reading frame from each individual mutagenized chromosome was amplified by RT-PCR and sequenced. The cDNA derived from the unmutagenized EP35-147 chromosome was used as a reference sample to identify mutations. Promising mutations were verified by double peak analysis of PCR fragments amplified from genomic DNA using the Sequencher program (Gene Codes Corporation [75]).

Drosophila strains

The *EP-35-147* line was kindly provided by Konrad Basler, the *GMR-Gal4* driver was a gift from M. Freeman. The *GMR-Gal4*, *UAS-Dp110DN* line was obtained from Sally Leevers, the *eiger* mutants from Masayuki Miura, and the *Thor*¹ line from Paul Lasko.

Phenotype analyses

All phenotypes were analyzed in females raised at $25 \,^{\circ}$ C unless indicated otherwise. Body weight, cell size and cell number were determined as described previously [5]. The body weight experiment was performed in duplicate, and male and female flies were measured separately (n = 12 for each gender and genotype; the highest and lowest values were excluded from the analysis). Flies were reared under identical, non-crowding conditions and were of identical age (2 d) at the time of the experiment. The sizes of ommatidia and rhabdomeres were quantified with the program NIH Image 1.61. [76].

Clonal analysis

To induce loss-of-function clones, we used the *Flp/FRT* and *ey-Flp* systems to generate mosaic flies by mitotic recombination [47,77]. Overexpression clones were generated as described [63].

In situ hybridizations

In situ hybridizations to eye imaginal discs was performed as described [78,79]. The *d4E-BP* cDNA was PCR-amplified with *Pfu* polymerase from Promega [80] from total doublestranded cDNA derived from adult y w flies and cloned into the pCAP^S vector (PCR blunt-end cloning kit from Roche [81]). Insert orientation was determined by sequencing. Vector-specific PCR primers flanking the multiple cloning site (MCS) and containing either T7 or SP6 RNA polymerase promoters were used to synthesize doublestranded DNA templates for the labeling *in vitro* transcription reaction. The sense probe was transcribed with T7 and the antisense probe with SP6 RNA polymerase.

Cell culture

Drosophila embryonic Kc167 cells were maintained as described elsewhere [53]. Briefly, cells were grown at 25°C in Schneider's *Drosophila* medium (Gibco/Invitrogen [82]) supplemented with 10% heat-inactivated fetal calf serum, FCS. Cells were split and diluted to a density of 1x10⁶ per ml twice a week. For the microarray experiment, cells were grown into the stationary phase for 7 d and then stimulated with 100 nM bovine insulin for 2 h.

Microarray experiment

The microarray experiment was performed at the Functional Genomics Center Zürich (FGCZ) using the Affymetrix GeneChipTM system [83]. Total RNA was extracted from untreated control cells and insulin-treated cells 2 h after stimulation using the RNeasy Mini kit (Qiagen [84]) according to the manufacturer's instructions. From each cell population, three independent samples were taken, processed in parallel and hybridized to three separate microarrays. Synthesis of cDNA and labeled cRNA, array hybridization and scanning were performed according to the standard Affymetrix protocols. The .chp files for the individual scanned microarrays were imported into the Affymetrix Data Mining ToolTM software for data analysis.

Stress treatments

Stress-resistance experiments were performed with 3-dayold adult flies, and males and females were assayed separately. For bacterial infection experiments, adult flies were pricked with a thin needle which had been dipped in a concentrated bacterial culture [85]. Bacterial strains tested were the Gram-negative Erwinia carotovora carotovora and the Gram-positive Micrococcus luteus. Heat shock was performed by continuous exposure to 37°C. Resistance to heavy metals during development was assayed by rearing flies on food containing either 2.5 mM copper, 6 mM zinc or 200 µM cadmium. For the starvation test, flies were transferred from normal food to empty vials closed with a wet foam stopper. For oxidative-stress challenge, flies were starved in empty vials for 6 h and then transferred to vials containing a gel of phosphate-buffered saline (PBS), 10% sucrose, 0.8% lowmelt agarose and the respective oxidative agent (either 5% H_2O_2 or 20 mM paraguat). The oxidant was added to the solution after cooling to 40°C. A control population of flies

was placed in vials containing the PBS-sucrose gel without oxidant. Dead flies were counted every 12 h (n = 80 for each gender and genotype). The hydrogen peroxide and paraquat experiments were each done in triplicate. Larval starvation was performed by rearing larvae on normal fly food until 80 h after egg deposition, then floating them in 30% glycerol, washing with water and transfering batches of 30-40 larvae to vials containing a gel of either PBS, 20% sucrose and 0.8% agarose (sugar condition) or PBS-agarose only (complete starvation).

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