

# The Effect of Physiological Modulators on Resting-state fMRI Functional Connectivity.

by

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## Abstract

In this thesis, we focus on the following physiological modulators of the blood oxygenation level dependent (BOLD) signal — cerebral blood flow (CBF), venous-blood oxygenation, and cerebrovascular reactivity (CVR). We use simulations and experiments to examine the relationship between the physiological parameters with rs-fMRI functional connectivity measurements in three resting-state networks: default-mode network (DMN), sensori-motor network (SMN), and the visual network (VN). By using the general linear model, we demonstrate that physiological modulators significant impact functional connectivity measurements in these regions, both within subjects and between subjects. Moreover, we found that the physiological effects vary depending upon brain region and individual. The results confirm that it is important to account for the effect of physiological noise when examining resting-state fMRI functional connectivity, in the study of healthy brain function, but more importantly, in states of altered brain function.

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## Contributions of Author

I am the first author of the manuscript on which chapters 2 is based. All work was carried out under the supervision of Dr. J. Jean Chen. My contributions are listed below.

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## List of abbreviations and symbols

ASL	Arterial spin labeling
$B_0 / B_1$	Static / Excitation magnetic field
BOLD	Blood oxygen level-dependent
CBF	Cerebral blood flow
CBV	Cerebral blood volume
$CMRO_2$	Cerebral metabolic rate of oxygen
$CO_2$	Carbon dioxide
CSF	Cerebrospinal fluid
CVR	Cerebrovascular reactivity
dHb	Deoxyhemoglobin
oHb	Oxyhemoglobin
DMN	Default-mode network
EPI	Echo planar imaging
FC	Functional connectivity
fMRI	Functional magnetic resonance imaging
FOV	Field of view
FWHM	Full width at half maximum
HRF	Hemodynamic response function
MNI152	Montreal Neurological Institute standard brain atlas
NVC	Neurovascular coupling
$O_2$	Oxygen
OEF	Oxygen extraction fraction
pCASL	Pseudo-continuous arterial spin labeling
PET	Positron emission tomography
$PETCO_2$	Pressure of end-tidal carbon dioxide
REB	Research ethics board
ROI	Region of interest
rCBF	Regional cerebral blood flow
$r_n$	Correlation of noise components
$r_s$	Correlation of true signals
rs-fMRI	Resting-state functional magnetic resonance imaging
SMN	Sensori-motor network
SNR	Signal-to-noise ratio
T1	Longitudinal relaxation time
T2	Transverse relaxation time
TE / TR	Echo / Repetition time
TI	Inversion time
VN	Visual network
$Y_a / Y_v$	Arterial-/venous-blood oxygenation

# Chapter 1

## Background and motivation

### 1.1 Functional connectivity

Functional connectivity has been defined as the *temporal correlation between spatially remote neurophysiological events* (Friston, Frith et al. 1993). In recent neuroscience research, functional connectivity has been computed as the statistical association among brain signals from different brain regions. When different regions of the brain have high correlation according to their time-series data, they are said to be functionally connected. Conversely, when regions' temporal responses have low correlation value, they are said to be *not* functionally connected. Note that when two regions are functionally connected, they do not necessary have to be physically connected to each other.

Understanding functional connectivity allows us to know more about associations between different brain regions and this informs on the human brain function. Previously, using task-based functional magnetic resonance imaging (fMRI) we have been able to attribute specific functions to specific regions of the brain in a noninvasive manner. For instance, we understand that the motor cortex is responsible for the motor movement and occipital lobe is responsible for

visual processing (Purves, Augustine et al. 2001). In addition, through the concept of functional connectivity, we are now able to better understand more higher-order processing of the brain, such as the relationship between cognition and motor control (Hoffstaedter, Grefkes et al. 2014).

Functional connectivity was first examined through the relationship between electrophysiological measurements of different brain regions in response to electrical stimuli in *in vivo* animal studies (Finnerty and Jefferys 1993). In humans, early functional connectivity studies used electroencephalography (EEG) in task-based experiments (Koles and Flor-Henry 1987) by examining the differences in evoked potential during neuronal activation. Functional connectivity was also exemplified by subtraction techniques on images acquired from Positron Emission Tomography (PET) (Strother, Kanno et al. 1995, Becker, Mintun et al. 1996). Subsequently, the functional magnetic resonance imaging (fMRI) technique was used to examine functional connectivity based on the oxygenation level in different regions of the brain using blood oxygenation level dependent (BOLD) measurements (Biswal, Yetkin et al. 1995). By comparing the synchronicity of BOLD signals from different regions, functional connectivity maps were then formed to reveal functional networks. There have been studies that defined brain networks as either extrinsic or intrinsic, depicting the task-evoked and task-free networks, respectively (Mennes, Kelly et al. 2013). In particular, it was discovered that there are spontaneous fluctuations in the brain even during rest. Thus, scientists began to examine these brain responses, specifically functional connectivity in resting state.

### 1.1.1 Resting-state functional connectivity

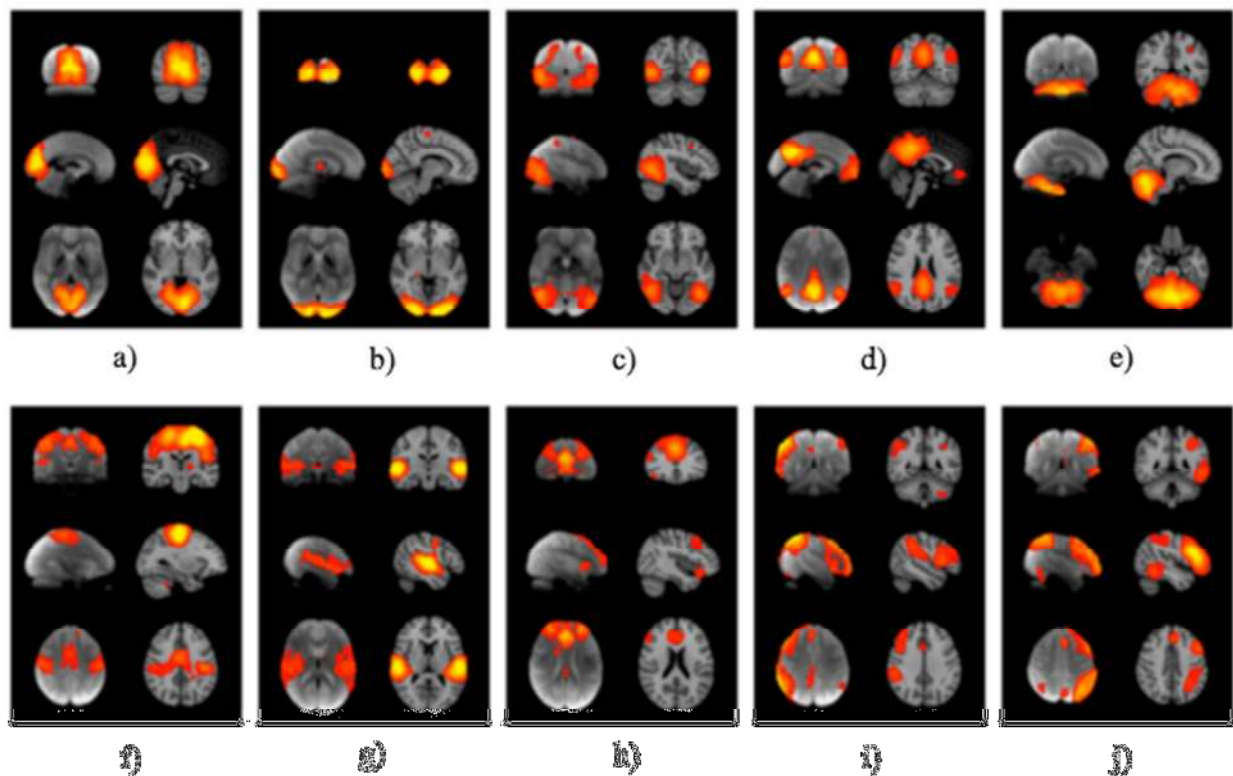
The resting human brain accounts for only about 2% of the total body mass, but it consumes nearly 20% of the body's energy for neuronal response. The amount of energy that is consumed

during tasks relative to this basal metabolism is remarkably small (Raichle and Mintun 2006). Thus, it is important to look into the brain at rest in order to better understand its mechanism. In the resting state, studies have found that there exists low frequency fluctuations ( $<0.1$  Hz) in the BOLD fMRI response, which is a widely used measurement that is used to evaluate the resting-state functional connectivity (Biswal, Hudetz et al. 1997, Yang, Long et al. 2007, Zang, He et al. 2007). Since cardiac and respiratory BOLD responses fluctuate at 0.8—1.2 Hz and 0.3 Hz respectively, the low frequency fluctuation is presumed to reflect neuronal activity (Raichle and Mintun 2006). Also, it has been shown that certain regions of the brain are more functionally connected than the others even in resting state (Smith, Fox et al. 2009), drawing attention to the study of how these fluctuations relate to each other (Fox, Snyder et al. 2005, Nasrallah, Yeow et al. 2015).

By examining functional connectivity of healthy individuals at rest, a number of resting-state networks have been identified, as illustrated in Figure 1.1 (Smith, Fox et al. 2009). Past literature has placed emphasis onto three widely studied networks, and they are the visual, default-mode, and sensorimotor networks. The first three networks in Figure 1.1 (Figure 1.1a—c) correspond to the medial, occipital pole, and the lateral visual areas. Together they formed the visual network, which is involved in visual processing. The default-mode network is depicted in Figure 1.1d, which consists of the precuneus, posterior cingulate cortex, inferior-lateral parietal and ventromedial frontal cortex. This network is interesting in that it is deactivated during tasks, and some studies have suggested its association with autobiographical memory, self, and theory of mind (Raichle, MacLeod et al. 2001, Greicius, Krasnow et al. 2003). The sensorimotor network is shown in Figure 1.1f, consisting of the supplementary motor area, sensorimotor cortex and

secondary somatosensory cortex, and it corresponds to planning and execution of voluntary movements and the sensory system.

For the purposes of this thesis, we will focus on three networks that have most robustly been observed, namely the visual, default-mode, and sensorimotor networks.



**Figure 1.1: Resting-state functional networks, specifically the a) medial, b) occipital, and c) lateral visual areas, d) default-mode, e) cerebellar, f) sensorimotor, g) auditory, h) executive control, i) right frontoparietal, and j) left frontoparietal networks. Figure taken from (Smith, Fox et al. 2009).**

One major advantage of resting-state fMRI over task-based fMRI is the absence of the need to perform any tasks. This means individuals from any background (age, ethnicity) and in any condition (conscious or unconscious, healthy or otherwise) can participate in the experiment.



This creates opportunities to examine functional connectivity of individuals in a clinical setting in hopes to understand more about the brain behavior in individuals with neurological diseases (Fox and Greicius 2010).

## 1.2 Magnetic resonance imaging (MRI)

The vast majority of resting-state functional connectivity studies have been performed using magnetic resonance imaging (MRI). MRI is a non-invasive imaging modality that is able to provide three-dimensional images within a human body. It is accomplished by examining the behavior of hydrogen protons in the presence of magnetic fields. Different tissue types have different magnetic spin properties, and this can be utilized to provide tissue-specific contrast with the help of magnetic fields, as described below.

In the absence of a strong static magnetic field, the hydrogen protons are oriented randomly. However, in the presence of a net magnetic field ( $B_0$ ), the spins of the protons become polarized and are aligned either parallel or anti-parallel to the main axis of  $B_0$ , creating a net magnetization ( $M_0$ ) in the longitudinal ( $B_0$ ) direction. To obtain an MR signal, a radio-frequency (RF) excitation pulse ( $B_1$ ) is applied at an angle from  $B_0$ , tipping away from the *longitudinal* magnetization ( $M_z$ ) and creating a *transverse* magnetization component ( $M_{xy}$ ) orthogonal to  $B_0$ . The spins of the protons are excited out of equilibrium.

When the RF transmitter is turned off, the transverse component of the magnetization decays while the longitudinal component recovers back to the net magnetization. This means that in this relaxation phase,  $M_{xy}$  decays to zero, while  $M_z$  approaches to  $M_0$ . T1 is defined as the spin-lattice relaxation time, namely the time constant at which 63% of the equilibrium longitudinal

magnetization is recovered, and T2 is defined as the spin-spin relaxation time, namely the time constant when 63% of the transverse magnetization is decayed. The above effects are summarized by the Bloch equation (Equation (1)), which expresses spin magnetization as a function of time with relaxation time constants T1 and T2:

$$\frac{d\mathbf{M}(t)}{dt} = \gamma(\mathbf{M}(t) \times \mathbf{B}(t)) - \frac{M_{xy}(t)}{T_2} - \frac{M_z(t) - M_0}{T_1} \quad (1)$$

where  $\gamma$  is the gyromagnetic ratio.

As the spins begin to dephase, transverse magnetization ( $M_{xy}$ ) decreases. The spins can be rephased by applying a 180° RF pulse using the so-called spin-echo (SE) technique. On the other hand, in gradient-echo (GRE) technique, the spin environment is additionally altered by gradient magnetic fields. First, a dephasing gradient lobe is applied right after the excitation pulse, causing rapid decay of the transverse magnetization. Then, by reversing the dephasing gradient, spins that were previously dephased begin to rephase. The time for out-of-phase spins to be back into phase (creating an echo) is called the echo time (TE), and the time between two excitation pulses is defined as the repetition time (TR).

Echo planar imaging (EPI) is an imaging method that performs readout of  $M_{xy}$  by forming a train of echoes. This is accomplished by performing fast switching on the frequency- and phase-encoding gradients over the selected slice. EPI is the most common image-readout methods being used in fMRI.

In fMRI experiments, it is common to acquire T1-weighted images for anatomical reference. T1-weighted images are taken with short TR and short TE to minimize the effect of T2. In this case,

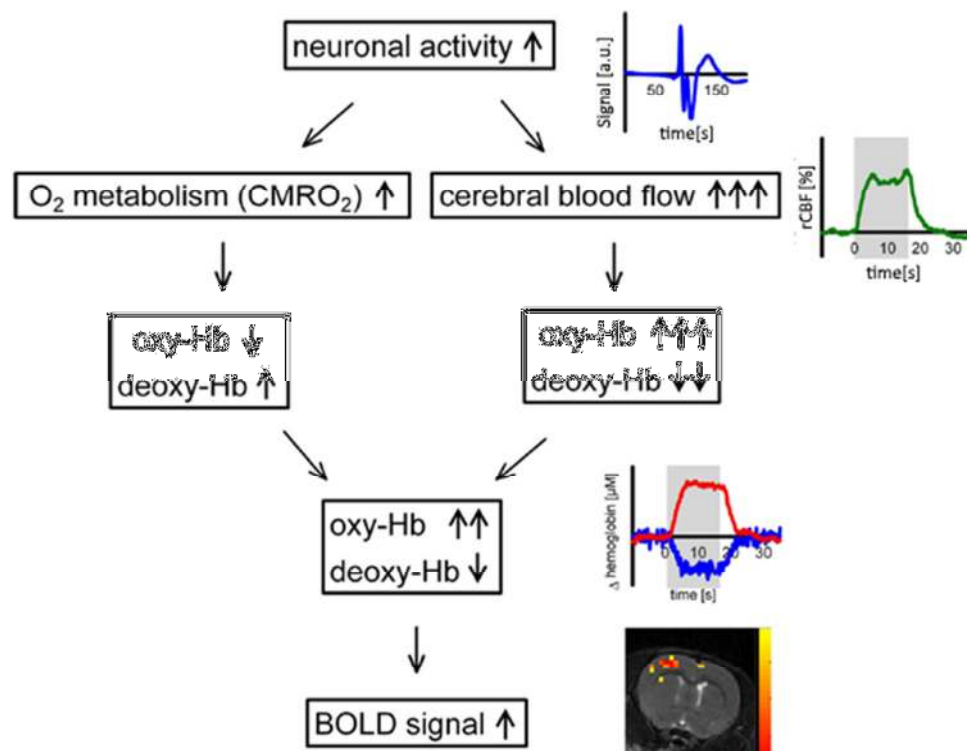
tissue with lower T1 value has greater signal intensity, since the longitudinal magnetization recovers faster after excitation. As an example, tissues with high fat content (white matter) have highest signal intensity, while tissues with high water content (CSF) appear dark. Conversely, T2-weighted images are taken with long TR and long TE to minimize the effect of T1. Tissue with smaller T2 value has lower signal intensity due to the faster decay in transverse magnetization.

In the presence of  $B_0$  inhomogeneities, the transverse magnetization decays much faster than the decay given by T2. This effect is eliminated in a SE acquisition by the  $180^\circ$  pulse, but not in a GRE sequence. This rapid fast decay is defined as T2\* decay, which occurs more quickly than T2 decay. This T2\* effect is the basis of most BOLD fMRI studies, in which  $B_0$  inhomogeneities can reflect deoxyhemoglobin content. By utilizing the paramagnetic property of deoxyhemoglobin, we can examine the behavior in each region of the brain through changes in the concentration of oxyhemoglobin and deoxyhemoglobin over time.

### 1.3 The BOLD signal

The BOLD fMRI technique has been the dominant MRI technique to evaluate brain activity. As mentioned earlier, the BOLD signal is influenced by the blood oxygenation status. Specifically, deoxyhemoglobin (dHb) are paramagnetic. The unpaired electron(s) create an electron magnetic dipole moment that causes field inhomogeneity, and thus reduces the signal intensity measured during the BOLD acquisition. On the other hand, oxyhemoglobin (oHb) are diamagnetic. Without unpaired electrons, they do not induce field inhomogeneities. Thus, the BOLD signal contrast comes from the MRI signal attenuation caused by deoxyhemoglobin, and that allows us to examine brain activity through blood-oxygenation levels.

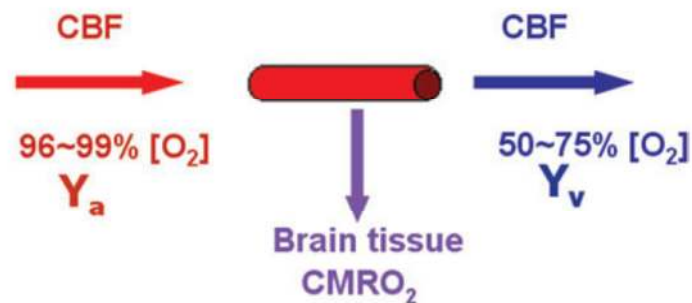
When there is an increase in neural activity, more oxygen would be used, creating a more concentrated deoxyhemoglobin in capillaries and in veins. However, this triggers an increase in blood flow due to the neurovascular response, and that increases oxygenated blood being delivered to the brain and results in a reduction of concentration of deoxyhemoglobin. This in turn causes  $T2^*$  to increase, and that increases the MR signal. This phenomenon is illustrated in Figure 1.2.



**Figure 1.2: The neurovascular coupling effect. For instance, during increased neuronal activity.  $CMRO_2$  increases, and thus dHb in vessels increase. However, due to neurovascular coupling, CBF increases more than  $CMRO_2$ , and thus oHb in vessels increase more than the increase in dHb. Thus, BOLD signal over all increases. The same applies to positive neuronal fluctuation in resting state. Figure taken from (Lindauer, Dirnagl et al. 2010).**

## 1.4 Physiology

The brain requires a steady supply of glucose and oxygen to maintain metabolism. In the context of fMRI, the energy homeostasis of the brain can be characterized by 3 physiologic parameters: venous oxygenation level ( $Y_v$ ), cerebral blood flow (CBF), and cerebral metabolic rate of oxygen ( $CMRO_2$ ), as illustrated in Figure 1.3 (Lu, Xu et al. 2011). The flow rate of blood in the vasculature is denoted by CBF. Arterial vessels have an oxygenation level close to unity. When blood arrives at capillary beds, oxygen from a portion of oxyhemoglobin is extracted by brain tissue to support metabolism, expressed by  $CMRO_2$ , which directly reflects the neuronal firing rate (Maandag, Coman et al. 2007). The portion that remains in the blood will determine the venous oxygenation,  $Y_v$ , and is drained through veins. The venous blood eventually travels to the sinuses, particularly to the superior sagittal sinus and the inferior sagittal sinus. The superior and inferior sagittal sinuses are responsible to drain venous blood that comes from the cortical and subcortical regions of the brain, respectively. The venous blood then enters the internal jugular veins before returning to the heart.



**Figure 1.3: Energy homeostasis inside a capillary.  $Y_a$  denotes arterial oxygenation, and  $Y_v$  denotes venous oxygenation. Figure taken from (Lu, Xu et al. 2011).**

An increase in neural response increases oxygen consumption, i.e.  $CMRO_2$  (Hoge, Atkinson et al. 1999). As mentioned previously, the onset of an increase in neural response is followed by an often-disproportionate escalation in CBF. Since blood in arteries feeds highly oxygenated blood into capillaries, as CBF increases, oxygenation in capillaries increases as well. By the same token, rising CBF also increases the amount of blood travelling into the veins, and thus venous-blood oxygenation ( $Y_v$ ) would also be affected. However,  $Y_v$  also varies with how much oxygen is being extracted in the capillaries, and thus it can vary even when CBF is constant. In addition, the CBF response depends on the extent of arterial and capillary elasticity, which is directly influenced by cerebrovascular reactivity (CVR), and it is to be discussed in a later section.

Thus, CBF and  $Y_v$  are linked to  $CMRO_2$  due to the coupling effect between neural activity and the vascular response, as mentioned in (Lindauer, Dirnagl et al. 2010, Liu 2013). This relationship between neural fluctuations and vascular responses is defined as neurovascular coupling, and this phenomenon is also observed in (Kannurpatti, Motes et al. 2011), where the non-neural baseline physiological effects such as resting CBF ( $CBF_0$ ), cerebral blood volume (CBV), CVR, and hematocrit levels also contribute to BOLD signal variability.

Neurovascular coupling effect was first observed in positron emission tomography (PET) studies. By using oxygen-15-labeled gases, it was discovered that a decrease in CBV and an increase in CBF/CBV ratio was associated with increased  $CMRO_2$  (Leblanc, Tyler et al. 1987). In an fMRI study, Ogawa et al. first illustrated that BOLD-signal amplitude increased in a visual stimulation (Ogawa, Tank et al. 1992), suggesting that increases in CBF induced increases in the BOLD-signal amplitude during neuronal activity, and thus demonstrated the neurovascular coupling effect. In addition, dynamic metabolic changes were observed in resting state, and the

fluctuations in BOLD signal and CBF were synchronized with  $CMRO_2$  fluctuations (Wu, Gu et al. 2009), suggesting neurovascular coupling effect remains imperative in resting state.

Even though the vascular response is affected by changes in neuronal response due to neurovascular coupling, the converse is not necessary true. This is further discussed later in this section.

## 1.5 BOLD-signal model

Past studies have tried to represent the BOLD signal with mathematical models to get a better understanding of the relationship between the vascular and neural responses. Instead of looking at BOLD signal intensity, which is arbitrary, the attention has been on modeling the *percent change* in BOLD signal (Liau and Liu 2009, Lu, Yezhuvath et al. 2010). The most well established BOLD-signal model is shown in Equation (2) (Davis, Kwong et al. 1998, Hoge, Atkinson et al. 1999, Liu, Hebrank et al. 2013):

$$\% \Delta BOLD = \frac{\Delta S}{S} = M \left[ 1 - \left( 1 + \frac{\Delta CMRO_2}{CMRO_{2,0}} \right)^\beta \left( 1 + \frac{\Delta CBF}{CBF_0} \right)^{\alpha-\beta} \right] \quad (2)$$

where

$$M = A * CBV_0 * TE * dHb_{conc} \quad (3)$$

$$CBV_0 = CBF_0^\alpha \quad (4)$$

In Equations (2)—(4),  $CMRO_{2,0}$  is the baseline cerebral metabolic rate of oxygen [mol/100g/min],  $CBF_0$  is the baseline (or resting) cerebral blood flow [ml/100g/min],  $CBV_0$  is the

baseline blood volume [ml/100g],  $M$  is defined as the maximum possible BOLD signal change for a brain region,  $A$  is a multiplicative factor that depends on the magnetic strength,  $TE$  is the echo time [sec], and  $dHb_{conc}$  is the baseline concentration of deoxyhemoglobin (Hoge, Atkinson et al. 1999).  $dHb_{conc}$  can be further defined as

$$dHb_{conc} = K * Hct^\beta * (1 - Y_v)^\beta \quad (5)$$

where  $K$  is a scalar,  $Hct$  is the percentage of red blood cells per volume of blood [%], and  $Y_v$  is the baseline venous-blood oxygenation [%]. The exponential constant  $\alpha$  represents the relationship between CBV and CBF (Grubb, Raichle et al. 1974), while  $\beta$  is dependent on field strength and MRI sequence parameters.

Equation (2) illustrates that the  $\% \Delta BOLD$  signal can be modeled as the interplay between neural (metabolic) and vascular responses, specifically the relationship between  $CMRO_2$  and CBF, and this is referred to as neurovascular coupling. Some parameters of the model are relatively consistent across subjects, and their normal range of values is discussed in a later section. On the other hand, there are vascular parameters in the equation that vary both within-subject (different regions of the brain) and between subjects. These include  $CBV_0$ ,  $CBF_0$ , and cerebrovascular reactivity, which can lead to subject-wise differences in BOLD amplitude variability (Kannurpatti, Motes et al. 2011).

### 1.5.1 Resting cerebral blood flow ( $CBF_0$ )

$CBF_0$  is the steady-state resting blood flow. This value can vary from region to region, depending on resting-state metabolic demands and blood-pressure autoregulation. That is, a given region can have higher blood flow if the size of the vessel is larger or if that region has



higher metabolic demands. Thus,  $CBF_0$  can be affected by either neuronal activity or pure vascular response.

According to the BOLD-signal model in Equation (2), as  $CBF_0$  increases, the  $\% \Delta BOLD$  signal decreases, assuming  $\Delta CBF$  is positive. Thus, the  $\% \Delta BOLD$  signal also varies spatially within each subject due to variations in  $CBF_0$ , which has been suggested to be caused by the spatial differences in baseline  $CMRO_2$  and neurovascular coupling. Thus, we can see that  $CBF_0$  plays an important role in BOLD signal variability across subjects, and it is interesting to see the effect of this variability has on fMRI-based functional connectivity values.

It is important to distinguish  $CBF_0$  from changes in CBF ( $\Delta CBF$ ). The percent change in regional CBF (rCBF) showed a negative correlation with baseline rCBF during a visual stimulation, but the absolute increase in rCBF was not correlated with baseline rCBF (Kastrup, Li et al. 1999). This suggests that it is necessary to pay close attention to the value of  $CBF_0$  when comparing  $\% \Delta CBF$  values. Different individuals with different  $CBF_0$  have been associated with significantly different amplitudes and shapes in their BOLD responses (Cohen, Ugurbil et al. 2002). Elevated  $CBF_0$  has been shown to cause strong attenuation in BOLD response (Stefanovic, Warnking et al. 2006), and inter-subject differences in BOLD activation amplitude are correlated with resting CBF (Liau and Liu 2009). This suggests that steady-state vascular differences of  $CBF_0$  are responsible for BOLD signal variation.

### 1.5.2 Global venous-blood oxygenation ( $Y_v$ )

As mentioned earlier, venous blood contains deoxyhemoglobin (dHb), which is paramagnetic and causes MRI field inhomogeneities, and that reduces the BOLD fMRI signal intensity. When

there is an increase in blood flow, the concentration of dHb is reduced, leading to less attenuation in the BOLD signal (Hoge, Atkinson et al. 1999).

Recall from the previous section,  $CBF_0$  can significantly affect BOLD-signal amplitude. Since  $CBF_0$  also affects  $Y_v$ , it would be interesting to see the underlying effect of  $Y_v$  on the BOLD response and on functional connectivity. Also, from Equation (2), we can see a direct relationship between the  $\% \Delta BOLD$  with  $Y_v$ . If we assume that  $Y_v$  and  $CBF_0$  are decoupled, then as global  $Y_v$  increases, the  $\% \Delta BOLD$  signal decreases, assuming a positive  $\Delta CBF$ . This means the deoxyhemoglobin content in veins is reduced, causing less BOLD signal attenuation, and thus the  $\% \Delta BOLD$  signal decreases.

$CBF_0$  can be affected by neuronal activity or vascular response. Since  $Y_v$  is directly influenced by  $CBF_0$ ,  $Y_v$  is also affected depending if it is neuronal or vascular responses (Lu, Zhao et al. 2008). With an increase in metabolic activity,  $Y_v$  decreases.  $\% \Delta CBF$  also increases due to neurovascular coupling, and hence  $\% \Delta BOLD$  increases. On the other hand, for pure vascular changes, with an increase in  $CBF_0$ ,  $Y_v$  increases, and the increase in both  $CBF_0$  and  $Y_v$  causes  $\% \Delta BOLD$  to decrease. Thus, it is important to understand the cause of  $Y_v$  variability in order to interpret  $\% \Delta BOLD$  signal thoroughly.

While  $Y_v$  cannot be mapped on a voxel-wise basis using MRI,  $Y_v$  is intrinsically linked to oxygen extraction fraction (OEF), which is defined as the fraction of oxygen that is extracted from the blood vessels by the tissue (Liu, Hebrank et al. 2013).

$$OEF = \frac{(Y_a - Y_v)}{Y_a} [\%] \quad (6)$$

where  $Y_a$  represents the percentage of arterial-blood oxygenation. Since arterial blood often contains abundant supply of oxyhemoglobin,  $Y_a$  is usually assumed to be 100%. Thus, OEF is directly related to  $Y_v$  as:

$$OEF = 1 - Y_v [\%] \quad (7)$$

Past literature has examined OEF using positron emission tomography (PET), and it has shown that its value is very similar across different regions of the brain (Hyder, Herman et al. 2016). This illustrates that whole brain OEF, or equivalently  $Y_v$ , can potentially be represented by a global-averaged value.

### 1.5.3 Cerebrovascular reactivity (CVR)

CVR is a metric that evaluates the capacity for vasodilation and vasoconstriction of blood vessels. Blood vessels with high CVR have the ability to vary blood flow *relative to its baseline value*. Thus, CVR is defined as the  $\% \Delta CBF$ . From the BOLD-signal model in Equation (2), as CVR increases, the  $\% \Delta CBF$  increases, and thus the  $\% \Delta BOLD$  signal increases, and their relationship is linear and becomes non-linear above a certain value of  $\% \Delta CBF$  (Hoge, Atkinson et al. 1999). Thus, for most common applications, CVR can be approximated through the BOLD response associated with the CBF response.

Past studies have used either breath-hold task or  $CO_2$  inhalation (hypercapnia) to examine CVR (Tancredi and Hoge 2013). In a visual stimulation experiment, it has been discovered that the

BOLD response increased linearly with the pressure in end-tidal CO<sub>2</sub> level (PETCO<sub>2</sub>) (Cohen, Ugurbil et al. 2002), and the slope of it has later been termed as CVR. Thus,

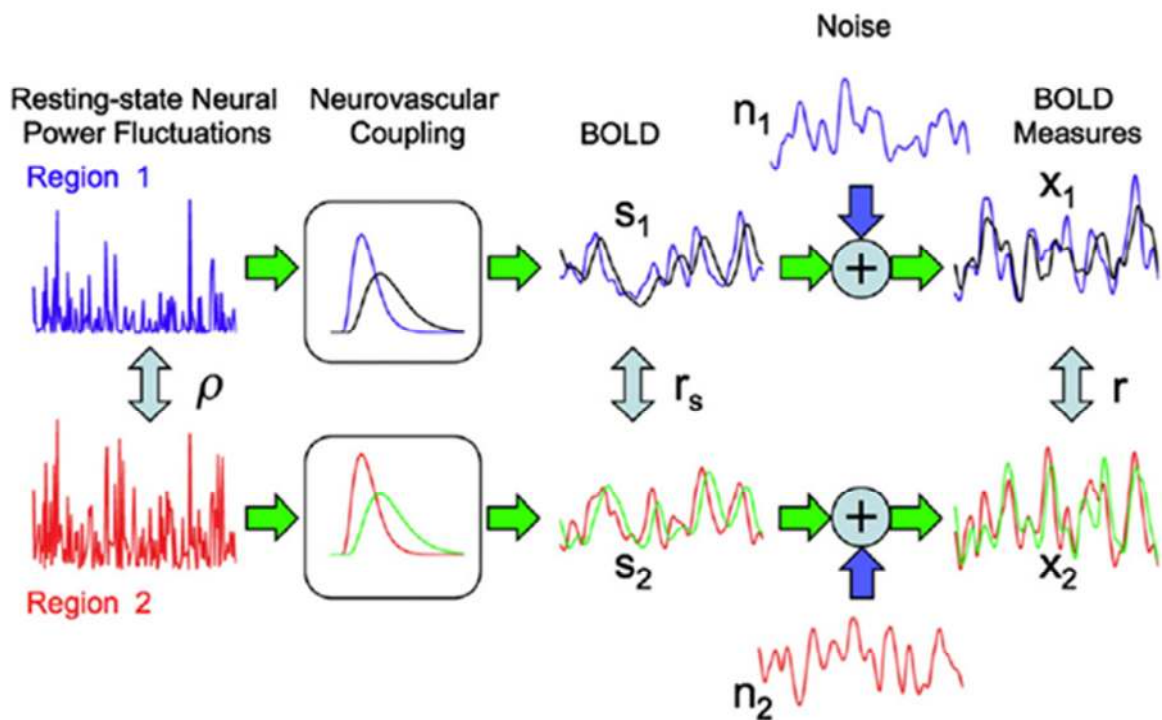
$$CVR = \frac{\% \Delta BOLD}{\Delta PETCO_2} \quad (8)$$

CO<sub>2</sub> challenges have been widely used in the literature to examine CVR (Kety and Schmidt 1948), based on the premise that mild and transient changes in intravascular CO<sub>2</sub> level do not affect cerebral metabolic activity. This assumption has been verified in the literature (Chen and Pike 2010, Jain, Langham et al. 2011). Thus, CO<sub>2</sub> inhalation can be used to induce pure vascular changes (Nasrallah, Yeow et al. 2015). With CO<sub>2</sub> inhalation, arterial pressure of CO<sub>2</sub> rises, which induces an increase in the size of the blood vessels in the brain. This increase in %ΔCBF allows CVR to be measured.

There is a direct relationship between CVR and neurovascular coupling. As CVR decreases, the contribution of CBF due to motor stimulation becomes less (Salinet, Robinson et al. 2015). This means that the effect neural activity on CBF decreases, affecting the neurovascular coupling ratio. Such a scenario can be observed in aging, whereby a decrease in CVR was found with advancing age, along with decreasing CBF<sub>0</sub> and increased CMRO<sub>2</sub> (Lu, Xu et al. 2011). This illustrates that CVR modulates neurovascular coupling effect along with aging (D'esposito, Zarahn et al. 1999).

According to the BOLD-signal model, %ΔCBF directly influences the value of the %ΔBOLD signal. This hemodynamic response increases the oxygen transportation to the site of neuronal activation (Khalili-Mahani, van Osch et al. 2012). During neural fluctuations, CBF fluctuates

more than  $CMRO_2$ , and that leads to changes in OEF and the deoxyhemoglobin concentration, causing a fluctuation in BOLD signal intensity (Buxton, Uludag et al. 2004). In the context of CVR, as CVR decreases,  $\% \Delta CBF$  decreases (Lu, Xu et al. 2011), and vice versa. This variation in hemodynamic response is not necessarily dependent on metabolic activity, and may lead to variations in the neurovascular coupling effect and hence in the BOLD signal (in both amplitude and frequency). This phenomenon can be observed in Figure 1.4. The effects of delay, temporal broadening, and attenuation of hemodynamic response cause attenuations of the BOLD response (Liu 2013). Such changes can significantly alter the correlation (and by extension, functional connectivity) between two BOLD responses.



**Figure 1.4: Illustration in the meaning of measured BOLD signal. The convolution of neuronal activity with the hemodynamic response function yields the BOLD signal. The measured BOLD signal consists of the true BOLD signal and its noise component. With a temporal boardening and attenuation in hemodynamic response function, the BOLD signal becomes attenuated (black and green). Figure taken from (Liu 2013).**

A recent study has shown resting-state functional connectivity to be significantly correlated with CVR in the motor and executive control network (Golestani, Kwinta et al. 2016), and it will be interesting to look at the relative impact of CVR to functional connectivity in the presence of other physiological variations (i.e.  $CBF_0$ ,  $Y_v$ ).

## 1.6 Global physiological effects

In the previous section, we have illustrated that according to the BOLD-signal model, the  $\% \Delta BOLD$  signal depends on three physiological parameters: resting cerebral blood flow ( $CBF_0$ ), global venous-blood oxygenation ( $Y_v$ ), and cerebrovascular reactivity (CVR). The main reason we have focused on these parameters is because of their effect on the resting-state BOLD signal irrespective to local neural activity. For instance, resting-state functional connectivity has also been shown to be reduced in the default-mode network in normal aging (Damoiseaux, Beckmann et al. 2008), but the origins of this reduction may not be purely neuronal.

$Y_v$  typically ranges between 50 and 75 % in healthy adults (Nagdyman, Fleck et al. 2005, Lu, Zhao et al. 2008), meaning deoxyhemoglobin content varies between 25 and 50%. This variability creates a large BOLD-signal variability across subjects. In addition, different individuals also have different vasodilatory capabilities and resting-state blood pressure, and thus leading to differences in CVR. CVR can also be diminished in individuals with vascular risk (Reinhard, Schwarzer et al. 2014) and aging (Lu, Xu et al. 2011). Moreover,  $CBF_0$  has been reported to decrease in normal aging (Chen, Rosas et al. 2011). Moreover, age-associated increase in  $CMRO_2$  has also been reported (Xu, Rowley et al. 2010, Lu, Xu et al. 2011, Peng, Dumas et al. 2014). OEF has also been found to be increased significantly with age (Peng, Dumas et al. 2014). This means that higher demand in oxygen is met by extracting more oxygen,

rather than an increase in CBF. The combination of higher demand and lower supply results in a reduction of  $Y_v$  with age. This illustrates that there is a change in neurovascular coupling with age, which can be translated into BOLD-signal variations that are not directly related to  $CMRO_2$  variations.

Physiological parameters are also affected by physical condition and pharmacological manipulations. Substances such as alcohol and morphine change the relationship of BOLD fluctuations with  $CMRO_2$ , specifically the neurovascular coupling effect (Khalili-Mahani, van Osch et al. 2012). Caffeine also alters neurovascular coupling, but it does not alter CVR during hypercapnia (Chen and Parrish 2009). Different levels of  $CO_2$  and  $O_2$  in arterial blood also changes the BOLD signal activation amplitude (Nasrallah, Yeow et al. 2015). Specifically, increase in either  $CO_2$  or  $O_2$  causes an increase in venous-blood oxygenation, and thereby decreases the BOLD-signal amplitude.

In summary, there is a large variability in the physiological parameters, either across subjects or in different conditions. This variability affects the  $\% \Delta BOLD$  signal. However, this variability may be independent from neurometabolic activity. As shown in the past literature, changes to the vasculature induced by  $CO_2$  inhalation do not vary the metabolic activity (Nasrallah, Yeow et al. 2015). Moreover, the sparse literature on physiological modulations of fMRI has focused on task-based experiment (Liu, Hebrank et al. 2013), while similar studies on resting-state functional connectivity measurements have not been conducted. This knowledge motivates the research to examine the effect of these physiological modulators and to account for these effects when examining neuronal fluctuations using resting-state fMRI.

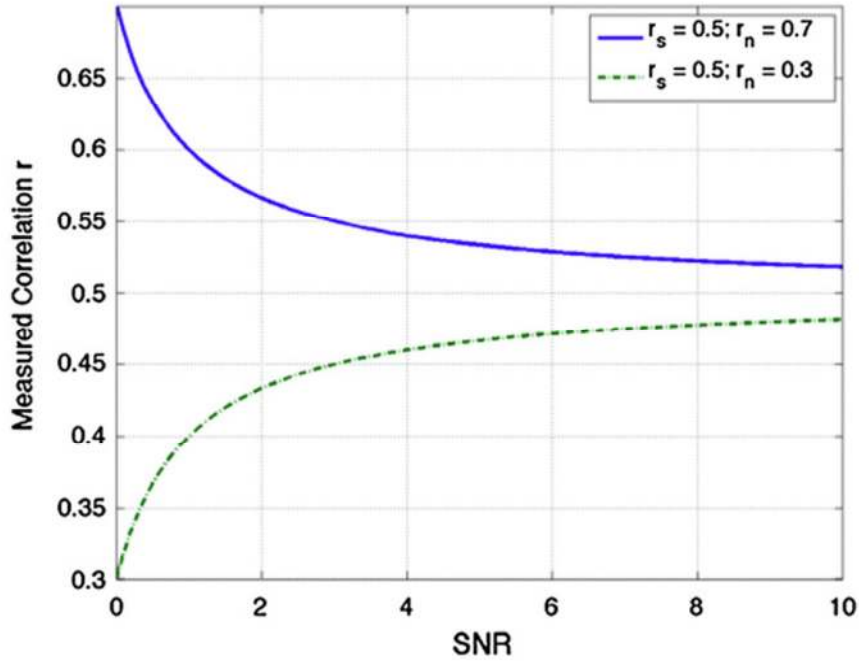
## 1.7 Signal-to-noise ratio (SNR) with functional connectivity

As shown in Figure 1.4, the measured BOLD signal reflects a combination of true BOLD signal and noise contributions. When we are looking at the correlation (or connectivity) between two measured BOLD signals, we are really looking at the combination of correlations between the signal components  $s_1$  and  $s_2$ , *and* correlations between the noise components  $n_1$  and  $n_2$ . This is summarized by the following equation (Liu 2013),

$$r = r_s \left( \frac{SNR + (r_n/r_s)}{SNR + 1} \right) \quad (9)$$

where  $r_s$  is the correlation between the true signals,  $r_n$  is the correlation between the noise components, SNR is the signal-to-noise ratio, assuming the SNR for one source is the same as the SNR for the other. We can find the graphical representation of the Equation (9) in Figure 1.5. When the correlation of the signal components is greater than the noise components, the correlation between the measured BOLD signals increases and saturates as SNR increases, and vice versa when the correlation of the noise components is greater than the signal components. The temporal SNR (tSNR) in resting state has been discovered to be around 2 to 4 for 32-Ch coil (Triantafyllou, Polimeni et al. 2011). With such a low SNR value, the effects of  $r_n$  and  $r_s$  become significant. Recall that  $CBF_0$ ,  $Y_v$ , and CVR can vary substantially in both within and across subjects, resulting in variability in the BOLD signal. The combination of both the physiological modulators and the noise components play an important role in determining the functional connectivity between two *measured*  $\% \Delta$ BOLD signals.





**Figure 1.5: Graphic representation of Equation (9). Figure taken from (Liu 2013).**

In BOLD fMRI, the noise component can be represented by the following equation:

$$\sigma_t = \sqrt{\sigma_0^2 + \sigma_p^2} \quad (10)$$

where  $\sigma_t, \sigma_0, \sigma_p$  is the standard deviation of total noise, thermal noise, and physiological noise respectively (Triantafyllou, Polimeni et al. 2011). Physiological noise can be represented by the respiratory and cardiac fluctuations, and their frequencies are 0.1 to 0.5 Hz and 0.6 to 1.2 Hz respectively. There also exists low-frequency fluctuations from the cardiac and respiratory fluctuations, and their frequencies are around 0.01 Hz and 0.03 Hz respectively (Shmueli, van Gelderen et al. 2007, Birn, Smith et al. 2008). The effect of thermal noise should be the same to any regions of the brain, but the physiological noise varies within and across subjects. It has been shown that low frequency fluctuations dominate the effect of respiratory and cardiac fluctuations

in a task-based experiment (Cordes, Haughton et al. 2001). However, due to the lack of a stimulus, we are only observing the neurovascular fluctuations in resting state. Thus, the effects of respiratory and cardiac fluctuations in resting-state analysis are likely to be greater than those in task-based experiment, and that motivates our focus in examining the physiological noise components.

## 1.8 Existing literature on resting-state functional connectivity

The effect of CBF on  $\% \Delta \text{BOLD}$  and functional connectivity in resting state has previously been examined in the literature. Liang et al. have discovered that regional  $\text{CBF}_0$  is significantly correlated with functional connectivity strength in the default-mode network and the executive control network in resting state (Liang, Zou et al. 2013). In another study, Li et al. have shown that functional connectivity and CBF are highly correlated in some regions of the default-mode network (Li, Zhu et al. 2012). While this is similar to the focus of this research, the authors did not address the effect of other physiological modulators, specifically  $Y_v$  and CVR, nor did they examine specifically into the functional connectivity of other resting-state networks. Moreover, they did not address which of the three parameters holds larger influence over rs-fcMRI measures, especially given the strong interplay between functional connectivity and SNR.

## 1.9 Thesis Objectives

The sensitivity of resting-state fMRI functional connectivity (rs-fcMRI) is hampered by physiological effects that introduce additional variability. This variability may contribute critical limitations that impede the clinical translation of resting state fcMRI.

Thus far, there has been no study that examines the associations of the multiple physiological modulators in resting-state BOLD functional connectivity measurements, and that is the primary goal of this research, with a focus on resting-state functional connectivity in the default-mode network (DMN), sensorimotor network (MN), and the visual network (VN). **We hypothesize that (1)  $CBF_0$ , CVR and  $Y_v$  influence resting-state fcMRI measurements in significant but distinct manners; (2) the influences of these variables also depend on the temporal SNR of the fMRI data.**

The findings of this project will help us better understand neurovascular interactions in BOLD signal fluctuations and the difference between the signal variation in normal population and those with disease (Fox and Greicius 2010).

## Chapter 2

# The effect of physiological modulators on resting-state fMRI functional connectivity

*Note: This chapter has been submitted as a manuscript for publication in NeuroImage.*

### 2.1 Introduction

The BOLD fMRI signal can be modeled as the interplay between neural (metabolic) and vascular responses, specifically the interrelationship of the cerebral metabolic rate of oxygen ( $CMRO_2$ ) and cerebral blood flow (CBF). Moreover, there are vascular parameters in the well-known BOLD-signal model (Hoge, Atkinson et al. 1999, Wu, Gu et al. 2009) that vary both within subject (across different regions of the brain) and between subjects. These include resting cerebral blood flow/volume ( $CBF_0/CBV_0$ ), venous-blood oxygenation ( $Y_v$ ) and cerebrovascular reactivity (CVR), which can lead to subject-wise differences in resting-state BOLD amplitude variability (Kannurpatti, Motes et al. 2011). These parameters have previously been shown to relate to biases in task-related BOLD response amplitudes (Liu, Hebrank et al. 2013). However, their impact on resting-state fMRI (rs-fMRI) and related functional connectivity (rs-fcMRI) measurements has not been studied. Such physiological influences could contribute to additional

inter-subject variability in rs-fcMRI metrics, potentially undermining the sensitivity of such measures to quantify true inter-subject differences in brain function. In this work, we will focus on the same physiological modulators previously examined by Liu *et al.* in a task-based paradigm, i.e.  $CBF_0$ ,  $Y_v$  and CVR.

$CBF_0$  can vary from region to region, depending on resting-state metabolic demands and blood-pressure autoregulation. That is, a given region can have higher blood flow if the size of the vessel is larger or if that region has higher metabolic demands. Thus,  $CBF_0$  can be affected by either neuronal activity or pure vascular response.  $CBF_0$  was previously found to negatively correlate with task-related BOLD response amplitude at a sub-significant level (Liu, Hebrank et al. 2013).

$Y_v$  is also affected depending if it is neuronal or vascular responses (Lu, Zhao et al. 2008). With an increase in metabolic activity,  $Y_v$  decreases. On the other hand, the CBF response presumably follows the neural activity patterns due to neurovascular coupling, and with an increase in  $CBF_0$ ,  $Y_v$  increases, and the increase in both  $CBF_0$  and  $Y_v$  causes the BOLD signal to decrease. Thus, it is important to understand the cause of  $Y_v$  variability in order to interpret the BOLD signal thoroughly. Once again, Liu *et al.* found  $Y_v$  to be negatively associated with task-related BOLD amplitude (Liu, Hebrank et al. 2013).

CVR is a metric that evaluates the capacity for vasodilation and vasoconstriction of blood vessels. Blood vessels with higher CVR have the ability to vary their blood flow to a greater extent *relative to its baseline value*. Thus, the influence of CVR on the BOLD signal can be defined through the ratio of changes in CBF and in  $CMRO_2$ . For most common applications, CVR can be approximated through the BOLD response associated with the CBF response. As

expected, CVR was found to be positively associated with task-related BOLD-response amplitude (Liu, Hebrank et al. 2013).

If we assume that the resting-state BOLD signal, to some degree, follows the steady-state BOLD-signal model, then we can expect that the rs-fMRI signal amplitude to be modulated by the same physiological modulators. Moreover, an additional complication regarding functional connectivity is that the dependence of rs-fcMRI measurements on temporal signal-to-noise ratio (SNR) has been shown to be nonlinear (Liu 2013). In this work, we address these issues theoretically and empirically. We adopt a simulation-driven approach, in which we predict the effect of each physiological variable on rs-fcMRI measurements. The simulation results are then used to inform our experimental results. Our results indicate that physiological modulation of rs-fcMRI measurements varies across brain regions and depends on the predicted temporal SNR of the rs-fMRI signal.

## 2.2 Materials and methods

### 2.2.1 Simulations

We model the BOLD signal according to the BOLD biophysical model (Davis, Kwong et al. 1998, Hoge, Atkinson et al. 1999). A similar approach was previously taken by Wu *et al.* (Wu, Gu et al. 2009).

$$\frac{\Delta BOLD(t)}{BOLD_0} = M \left[ 1 - \left( 1 + \frac{\Delta CMRO_2(t)}{CMRO_{2,0}} \right)^\beta \left( 1 + \frac{\Delta CBF(t)}{CBF_0} \right)^{\alpha-\beta} \right] \quad (11)$$

where  $CMRO_2$  is cerebral metabolic rate of oxygen,  $CBF$  is cerebral blood flow,  $\alpha$ ,  $\beta$  and  $M$  are constants which depend on physiological and acquisition parameters, and the subscript ‘0’

denotes baseline. Specifically,  $M$  is defined as the maximum possible BOLD signal change for a brain region. Furthermore,

$$M = A * CBF_0^\alpha * TE * dHb_{conc} \quad (12)$$

where  $A$  is a multiplicative factor that depends on the magnetic strength,  $TE$  is the echo time, and  $dHb_{conc}$  is the baseline concentration of deoxyhemoglobin (Hoge, Atkinson et al. 1999).  $dHb_{conc}$  can be further defined as

$$dHb_{conc} = K * Hct^\beta * (1 - Y_v)^\beta \quad (13)$$

where  $K$  is a scalar,  $Hct$  is the percentage of red blood cells per volume of blood, and  $Y_v$  is the percentage of baseline venous-blood oxygenation.

While we recognize that this model is an oversimplification and is intended for steady-state BOLD signal, and that it has not been explicitly validated for resting-state BOLD signal, this approach nonetheless offers an accessible biophysical framework to guide our understanding of the physiological nature of the resting BOLD signal. Within this framework, our simulation was implemented through the following steps.

1. We simulated resting-state  $CMRO_2$  time courses being representative of neuronal activity fluctuations. The time courses assumed a noise-free sinusoidal pattern, with a frequency of 50 Hz. This simplistic representation is based on the previously demonstrated associations between the BOLD signal and gamma oscillations (Balduzzi, Riedner et al. 2008). Note that this assumption does not affect conclusions drawn from the simulation.
2. Functional connectivity between two neural sources ( $r_s$ ) is modulated by shifting their

- respective signals with respect to each other; in this case, we are simulating an  $r_s$  of approximately 0.5 as the true functional connectivity. Note that this value is meant to allow sufficient range to simulate varying relationships between signal- and noise-induced correlations, and the choice of this value does not alter the simulation outcomes.
3. The amplitude of the neuronal fluctuations ( $\Delta\text{CMRO}_2$ ) is set to 5 % above and below the mean resting  $\text{CMRO}_2$ ; this is intended to be much lower than values typically observed during tasks (between 15% and 30%) (Tagliazucchi, von Wegner et al. 2012).
  4. Resting-state CBF ( $\text{CBF}_0$ ) is assumed to be 52.8 ml/100 g/min in human grey matter based on Ito *et al.* (Ito, Kanno et al. 2003). The resting-state CBF fluctuations are assumed to be coupled to those of  $\text{CMRO}_2$ , but scaled by a factor that corresponds to the neurovascular-coupling ratio. The typical range of this ratio during tasks is between 2 and 4 (Chiarelli, Bulte et al. 2007), whereas in resting state, this range may be extended. Our choice of  $\text{CBF}_0$  and the neurovascular-coupling ratio ( $\text{CBF}:\text{CMRO}_2$  ratio) depended on the variable of interest, and is detailed later in this section.
  5. The value of  $M$  depends on  $Y_v$ , as shown in Equation (13).
  6. The product of all terms of the right side of Equation (11) is then convolved with the canonical hemodynamic response function (HRF) derived based on functional activation (Glover 1999). This was taken to be the resting-state BOLD signal.
  7. The assumed values of other variables are listed in Table 2.1Table 2.1: Simulation parameters..



**Table 2.1: Simulation parameters.**

Parameter	Simulated Value	Source
K	1	Arbitrary value for constant
A	1	Arbitrary value for constant
$\alpha$	0.2	(Chen and Pike 2009, Chen and Pike 2010)
$\beta$	1.3	(Uludağ, Müller-Bierl et al. 2009)
Hct	0.4	Men: 40 to 54%; Women: 36 to 48%, (Billett 1990)
TE	0.030 s	According to our rs-fMRI acquisition protocol
CMRO <sub>2,0</sub>	164.1 $\mu\text{mol}/100\text{g}/\text{min}$	(Lu, Xu et al. 2011)
CBF <sub>0</sub>	52.8 $\text{ml}/100\text{g}/\text{min}$	(Ito, Kanno et al. 2003)
CVR factor ( $\Delta\text{CBF}:\Delta\text{CMRO}_2$ )	3	Midrange of values in (Chiarelli, Bulte et al. 2007)
Y <sub>v</sub>	0.6	(Liu, Huang et al. 2014)

CBF<sub>0</sub> and Y<sub>v</sub> are potentially linked through the Kety and Schmidt equation (Kety and Schmidt 1948). That is

$$CMRO_2 = CBF \times (1 - Y_v) \quad (14)$$

However, in the interest of isolating the influence of each physiological variable on rs-fcMRI measurements, we assumed for simulation purposes that CBF<sub>0</sub>, Y<sub>v</sub> and CVR are independent of one another.

### 2.2.1.1 Resting Cerebral Blood Flow (CBF<sub>0</sub>)

When assessing the effect of CBF<sub>0</sub> (through the value of  $M$ , as indicated in Equation (12)), we fixated the  $\% \Delta\text{CBF}:\% \Delta\text{CMRO}_2$  ratio to 3, based on the average of past-reported values, and varied CBF<sub>0</sub> between 10 and 100  $\text{ml}/100 \text{ g}/\text{min}$ . Thus, Equations (11) and (12) reduce to

$$\frac{\Delta BOLD(i, t)}{BOLD_0} = M(i) \left[ 1 - \left( 1 + \frac{\Delta CMRO_2(t)}{164.1 [\mu\text{mol}/100\text{g}/\text{min}]} \right)^{1.3} \left( 1 + \frac{\Delta CBF(t)}{CBF_0(i)} \right)^{-1.1} \right] \quad (15)$$

And

$$M(i) = CBF_0(i)^{0.2} * 0.03[s] * 0.4^{1.3} * (1 - 0.6)^{1.3} \quad (16)$$

where the index  $i$  moves through all simulated  $CBF_0$  values.

### 2.2.1.2 Venous Oxygenation ( $Y_v$ )

Venous oxygenation can vary based on resting levels of oxidative metabolism. Given that the flow-metabolism coupling (neurovascular-coupling ratio) varies across individuals, we can assume the rate of oxidative metabolism varies across individuals irrespective of their  $CBF_0$  values. In this case,  $\Delta CBF:\Delta CMRO_2$  ratio is again assumed to be 3, and  $CBF_0$  is taken as 52.8 ml/100g/min. Equations (11) and (12) reduce to

$$\frac{\Delta BOLD(i, t)}{BOLD_0} = M(i) \left[ 1 - \left( 1 + \frac{\Delta CMRO_2(t)}{164.1[umol/100g/min]} \right)^{1.3} \left( 1 + \frac{\Delta CBF(t)}{52.8[ml/100g/min]} \right)^{-1.1} \right] \quad (17)$$

And

$$M(x) = (52.8[ml/100g/min])^{0.2} * 0.03[s] * 0.4^{1.3} * (1 - Y_v(i))^{1.3} \quad (18)$$

where the index  $i$  moves through all simulated  $Y_v$  values.

### 2.2.1.3 Cerebrovascular Reactivity (CVR)

In terms of Equation (11), CVR is an important factor in determining the extent of CBF response to  $CMRO_2$  changes (Maggio, Salinet et al. 2014). One can also appreciate that CVR, which does

not have direct neuronal effects, can substantially modulate the BOLD signal and thus introduce ambiguity into the measurement interpretations, particularly in the presence of vascular pathology. This effect has in fact been demonstrated in healthy adults (Golestani, Kwinta et al. 2016). To simulate the effect of CVR, we modulated the value of the CBF:CMRO<sub>2</sub> coupling ratio between 1.5 and 5, in keeping with past findings (Hoge 2012); we assumed that  $Y_v = 0.6$  and  $CBF_0 = 52.8$  ml/100g/min. In this case, Equations (11) and (12) reduce to

$$\frac{\Delta BOLD(i, t)}{BOLD_0} = M(i) \left[ 1 - \left( 1 + \frac{\Delta CMRO_2(t)}{164.1[umol/100g/min]} \right)^{1.3} \left( 1 + \frac{\Delta CBF(t)}{52.8[ml/100g/min]} \right)^{-1.1} \right] \quad (19)$$

And

$$M(i) = (52.8[ml/100g/min])^{0.2} * 0.03[s] * 0.4^{1.3} * (1 - Y_v(i))^{1.3} \quad (20)$$

where the index  $i$  moves through all simulated  $Y_v$  values.

#### 2.2.1.4 Noise Model

The SNR characteristics of rs-fMRI acquisition has previously been investigated in (Triantafyllou, Polimeni et al. 2011). In this paper, temporal SNR (tSNR) is related to image SNR ( $SNR_0$ ) through the following system of equations.

$$tSNR^2(1 + \lambda^2 SNR_0^2) = SNR_0 \quad (21)$$

$$\frac{\sigma_p}{\sigma_0} = \sqrt{\left(\frac{SNR_0}{tSNR}\right)^2 - 1} \quad (22)$$

where  $\sigma_p$  is the standard deviation of the physiological noise and  $\sigma_0$  is the standard deviation of thermal noise. As we used 32-channel acquisition with a voxel size of 4 mm x 4 mm x 3 mm (close to our own acquisition choice),  $\frac{\sigma_p}{\sigma_0} = 3.93$ . Also,  $\lambda_{32ch} = 0.0081$ . Based on these values,  $SNR_0$  was estimated to be approximately 16.2, and tSNR was approximately 4. Thus, we are simulating a range of tSNRs between 2 and 6, to accommodate less-than-ideal acquisition conditions. The simulated signal-noise combination is then computed based on this range of tSNR values,

$$\sigma_s = \frac{\|s\|_2}{\sqrt{L_s}} \quad (23)$$

$$SNR = \frac{\sigma_s}{\sigma_n} \quad (24)$$

where  $\|s\|_2$  is the Euclidean norm of signal and  $L_s$  is the length of the signal. The magnitude of the noise, characterized by  $\sigma_n$ , is computed as the Euclidean of thermal noise ( $\sigma_0$ ) and physiological noise ( $\sigma_p$ ).

$$\sigma_n = \sqrt{\sigma_0^2 + \sigma_p^2} \quad (25)$$

Thermal noise is uniformly distributed across all sampled frequencies, whereas physiological noise is the sum of the following simulated sinusoidal waveforms:

- Time-locked respiratory noise at 0.3 Hz;
- Time-locked cardiac at noise 1.0 Hz;
- Low frequency cardiac and respiratory variability, at 0.01 Hz and 0.03 Hz, respectively (Shmueli, van Gelderen et al. 2007, Birn, Smith et al. 2008).

As it is difficult to ascertain the weighting of these different noise types, for simulation purposes, when considering the additive effect of different noise sources, we assumed identical weighting

for all noise sources. However, unlike thermal noise, physiological noise may be spatially coherent in certain regions, mimicking true functional connectivity patterns. Thus, we simulated three sets of noise scenarios:

- Thermal noise only: assuming physiological noise to be negligible, more likely when  $\text{SNR}_0$  is low;
- Functional connectivity estimates dominated by true signal: this is a scenario discussed in (Liu 2013), in which the correlation between the physiological noise components ( $r_n$ ) of the two neural sources, is set to be approximately 0.21, well below the true-signal driven correlation of  $r_s = 0.54$ .

Functional connectivity estimates dominated by physiological noise: this is contrary to the above scenario, in that the measured correlation coefficient is in fact dominated by correlation between noise components; that is,  $r_n = 0.91$  while  $r_s$  remains at 0.54.

### 2.2.2 MRI Acquisition

We performed MRI experiments on 15 healthy participants, (6 men, 9 women), aged from 18 to 43 years (mean = 25.7 years, SD = 6.6). Participants were recruited through the Baycrest Participants Database, consisting of individuals from the Baycrest and local communities. The study was approved by the research ethics board (REB) of Baycrest, and the experiments were performed with the understanding and written consent of each participant, according to REB guidelines.

Images were acquired using a Siemens TIM Trio 3 T System (Siemens, Erlangen, Germany). The scans employed 32-channel phased- array head coil reception and body-coil transmission. A 3D T<sub>1</sub>-weighted anatomical scan was acquired using MPRAGE, with resolution  $1 \times 1 \times 1$  mm,

repetition time (TR) = 2400 ms, inversion time (TI) = 1000 ms, echo time (TE) = 2.43 ms, flip angle =  $8^\circ$ , field of view =  $256 \times 256$  mm (sagittal), matrix size =  $256 \times 256$ , 192 slices (ascending order), bandwidth = 180 Hz/pixel, and GRAPPA acceleration factor = 2.

For functional connectivity measurements, resting-state BOLD scans were acquired using slice-accelerated scanning for more accurate noise removal, using the simultaneous multi-slice GE-EPI BOLD technique (Setsompop, Gagoski et al. 2012): TR/TE = 380/30 ms, flip angle =  $40^\circ$ , 15 slices of 6.25 mm thickness,  $64 \times 64$  matrix,  $3.44 \times 3.44 \times 6.25$  mm voxels, axial oblique orientation, a multi-band factor of 3 with an in-plane phase shift factor of 2.

For assessing  $CBF_0$  and BOLD-based CVR, we acquired resting-state CBF and BOLD data simultaneously using a dual-echo pCASL sequence (Dai et al., 2008). Detailed scanning protocols are as follows: TR = 3500 ms,  $TE_{CBF}/TE_{BOLD}$  = 10/25 ms, field of view =  $220 \times 220$  mm, matrix size =  $64 \times 64$ , 20 slices (ascending interleaved order), voxel size =  $3.44 \times 3.44 \times 6.0$  mm<sup>3</sup>, the number of time frames = 100, bandwidth = 2520 Hz/pixel, and GRAPPA acceleration factor = 2. The labeling duration was 1500 ms, and the post-labeling delay was 1000 ms with a mean  $G_z$  of 1 mT/m was selected to achieve transit time insensitivity.

During the CVR scans, PETCO<sub>2</sub> was sinusoidally modulated (Blockley, Driver et al. 2011) during the dual-echo pCASL scans with a period of 120 s; 3 periods of sinusoidal PETCO<sub>2</sub> variations were induced with a baseline-to-peak amplitude of  $\pm 4$  mmHg, following a 1-minute baseline. This sinusoidal manipulation was applied at the 3 vascular-tension levels described earlier.

Venous blood  $T_2$  was obtained in vivo for each subject in the superior sagittal sinus using a magnetization-prepared segmented EPI sequence (Stefanovic and Pike 2004, Chen and Pike 2009), which was previously used successfully to determine mean  $Y_v$  in the internal jugular veins (Chen and Pike 2010). We used a Carr-Purcell-Meiboom-Gill (CPMG) refocusing interval of 6 ms.

## 2.2.3 Data Analysis

### 2.2.3.1 Preprocessing

Functional images, including the tag and control images in the pCASL data, and  $T_1$ -weighted anatomical images were separately preprocessed using SPM8 (Wellcome Trust Centre for Neuroimaging, London, UK, (Friston, Holmes et al. 1995)) and FSL (FMRIB Centre, Oxford). The first four time frames were discarded to ensure a steady-state MR signal. Preprocessing for functional images included retrospective head motion correction, slice-timing correction using sinc interpolation, spatial transformation into a Montreal Neurological Institute (MNI152) space, and spatial smoothing with a 6-mm full-width at half-maximum (FWHM) Gaussian kernel.

### 2.2.3.2 Functional connectivity

We band-pass filtered the rs-fMRI data to the 0.008 – 0.09 Hz range. Note that due to our high sampling rate ( $TR = 0.38$  s), we were able to directly filter out the fundamental cardiac and respiratory frequencies. We recognize that higher-order harmonics may remain, albeit their amplitudes should be much lower than that of the fundamental frequency peak.

Anatomical images were co-registered with their corresponding realigned functional data and segmented into gray and white matter tissue probability maps using unified segmentation

(Ashburner and Friston 2005). Exploiting this anatomical information, we assume that the physiological noise contribution arising from low-frequency cardiac pulsation and respiration is globally distributed, and that the white matter and cerebrospinal fluid (CSF) could serve as noise regions-of-interest (ROI). The first 6 principal components derived from the signal in the noise ROIs were then removed by projection onto the orthogonal complement of the range space of the noise regressors. In addition, we regressed out frame-by-frame head motion (3 displacement and 3 rotational parameters as well as their first-order temporal derivatives).

As mentioned earlier, we focused on the motor, visual and default-mode networks. For each resting-state network, we carried out seed-based approach to obtain the connectivity maps (Yeo, Krienen et al. 2011, Whitfield-Gabrieli and Nieto-Castanon 2012, Tak, Polimeni et al. 2015). The diameter of each seed is 8 mm, and their coordinates are listed in Table 2.2. Each seed is used to bring out each functional connectivity map, and the maps are averaged to compute the final map for each resting-state network.

**Table 2.2: Seed-coordinates for each resting-state network in MNI space.**

<b>Network</b>	<b>Seed Region</b>	<b>Abbreviation</b>	<b>X</b>	<b>Y</b>	<b>Z</b>
Default-mode	Posterior cingulate cortex	PCC	-6	-52	40
	Medial prefrontal cortex	MPFC	-1	49	-5
	Lateral parietal cortex (left)	LLP	-46	-70	36
	Lateral parietal cortex (right)	RLP	46	-70	36
Sensorimotor	Primary motor cortex (left)	MNL	-42	-26	62
	Primary motor cortex (right)	MNR	42	-26	62
Visual	Primary visual cortex (left)	V1L	-12	-100	-8
	Primary visual cortex (right)	V1R	14	-100	-8



### 2.2.3.3 Basal cerebral blood flow

To assess the contribution of baseline CBF to the resting-state BOLD–CBF relationship, CBF maps were generated from the pCASL data using the ASL Data Processing Toolbox (ASLtbx) (Wang, Aguirre et al. 2008).

### 2.2.3.4 Venous oxygenation

From these  $T_2$  measurements, venous oxygenation ( $Y_v$ ) was estimated using the calibration relationship ( $T_2$  dependence on blood oxygenation and CPMG refocusing interval obtained by Chen and Pike (2009) based on in vitro whole human blood relaxometry (Chen and Pike 2009) and the weak field-inhomogeneity diffusion model (Jensen and Chandra 2000).

### 2.2.3.5 Cerebrovascular reactivity

For the CVR calculation, the BOLD signal was calculated by averaging consecutive tag and control images from the second echo of the pCASL data. First, the  $\text{CO}_2$ -response delay in BOLD time course was accounted for at each voxel. This delay was estimated from the phase difference between the BOLD or CBF time courses and that of  $\text{PETCO}_2$ , enabling the alignment of the fMRI and  $\text{PETCO}_2$  time series for maximal correlation. For this alignment, both  $\text{PETCO}_2$  and fMRI data were upsampled to a common higher frequency, such that delays that are shorter than TR could be measured. Following the alignment, the  $\text{PETCO}_2$  was interpolated to the pCASL TR and detrended at half the total duration of the respiratory paradigm. Outlier removal was performed based on Cook's distance from the initial linear model fit and the points with the Cook's distance greater than  $4/N$  is discarded, where N is the number of time points (Bollen and Jackman 1990). Subsequently, a linear model is fitted to the BOLD (dependent variable) and

PETCO<sub>2</sub> (independent variable) values and CVR is defined as the slope of the linear model. The spatially specific CVR was thresholded at 0 to minimize biases introduced by noise, as we do not expect negative CVR values in the grey matter of healthy young adults. Additionally, we excluded data associated with spiking in PETCO<sub>2</sub> time course. We computed the regional mean and standard deviation of the CVR estimates across each resting-state network.

### 2.2.3.6 Statistical analyses

#### 2.2.3.6.1 Group voxel-wise analysis

To facilitate group-analysis, the anatomical-registered CBF<sub>0</sub>, CVR and functional-connectivity maps were sampled into MNI152 space using FMRIB Software Library (FSL) (Analysis Group, FMRIB, Oxford, UK) (Smith et al., 2004). These sets of maps were then concatenated, and voxel-wise general-linear model (GLM) analysis was then performed using FreeSurfer (<http://surfer.nmr.mgh.harvard.edu>). We assessed the effect of each physiological modulators (CBF<sub>0</sub>, Y<sub>v</sub> and CVR) on functional connectivity maps in each of the three networks (default-mode, sensorimotor, and visual networks), and the GLM analysis was carried out on each physiological modulator independently from the effects of the other modulators. The results were sampled onto the FreeSurfer spherical surface for visualization, at a depth of 50% into the cortical ribbon. This approach was designed to minimize the inclusion of voxels contaminated with white matter or CSF.

#### 2.2.3.6.2 Region-of-interest (ROI) analysis

In order to assess the degree of Y<sub>v</sub> modulation that is due to CBF<sub>0</sub>, as suggested by Equation (14), within each network region, we computed the mean CBF<sub>0</sub> and regressed it out of the global Y<sub>v</sub> measurement to obtain the residual Y<sub>v</sub>. In each ROI, we further modeled the effect of CBF<sub>0</sub>

on fcMRI measures, and regressed that out of the  $Y_v$  measurements, resulting in residual fcMRI values. A ROI-based method was chosen as we only have a single  $Y_v$  measurement per subject. We subsequently assessed the linear relationship between residual  $Y_v$  and fcMRI measurements.

### 2.2.3.6.3 Within-subject voxel-wise analysis

To provide insight on the group results, we also performed within-subject voxel-wise general-linear model analyses. That is, in each subject's native space, we extracted voxel-wise functional connectivity values from each network of each subject, and regressed these against the voxel-wise  $CBF_0$  or CVR values from the same voxels. Within each ROI, we ensured that there were no skews in the distributions of the functional connectivity,  $CBF_0$  and CVR values. Moreover, prior to the GLM, we performed two additional steps to maximize the accuracy of our statistics: (1) To alleviate the degree of large-sample biases in the p-values (Lin, Lucas Jr. et al. 2012), we stratified each the voxel-wise data vectors into 50 bins of equal sample size, since the larger the number of samples, the higher the possibility of Type 1 errors, and the higher the chance of incorrectly rejecting the null hypothesis (Salkind 2010). (2) As functional connectivity values are likely to exhibit spatial autocorrelation within each set of voxels, we first performed the Durbin-Watson test on the data to be fitted, to establish the degree of spatial autocorrelation, then used the Cochrane-Orcutt method to correct the autocorrelation, and finally repeating the Durbin-Watson test to ensure that the autocorrelation has sufficiently been removed.

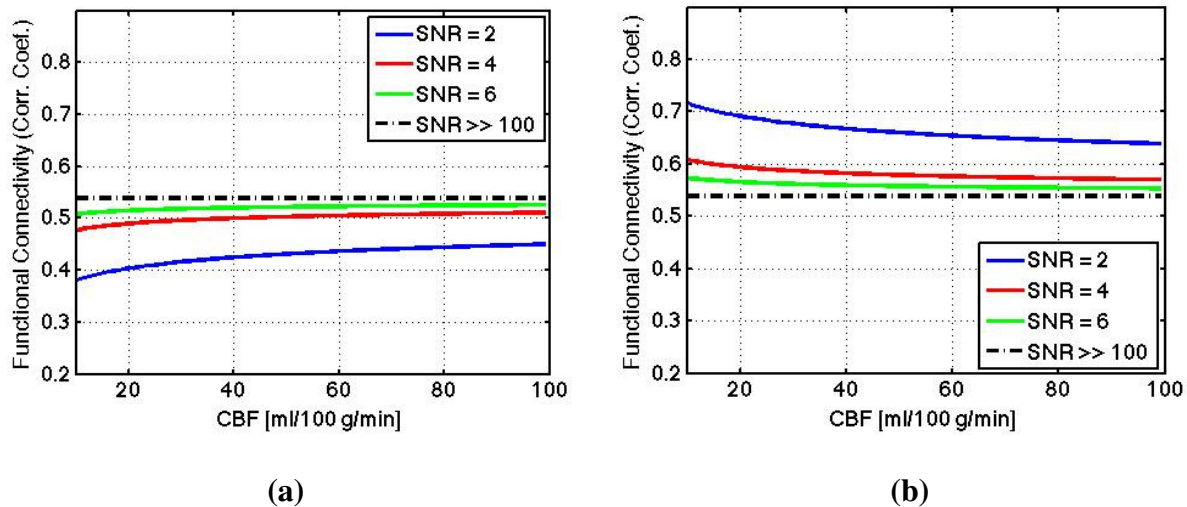
## 2.3 Results

### 2.3.1 Simulations

The simulations indicate the CVR and  $Y_v$  have the strongest impact on fcMRI outcome, followed by  $CBF_0$ . The specific findings are discussed below.

#### 2.3.1.1 Resting cerebral blood flow ( $CBF_0$ )

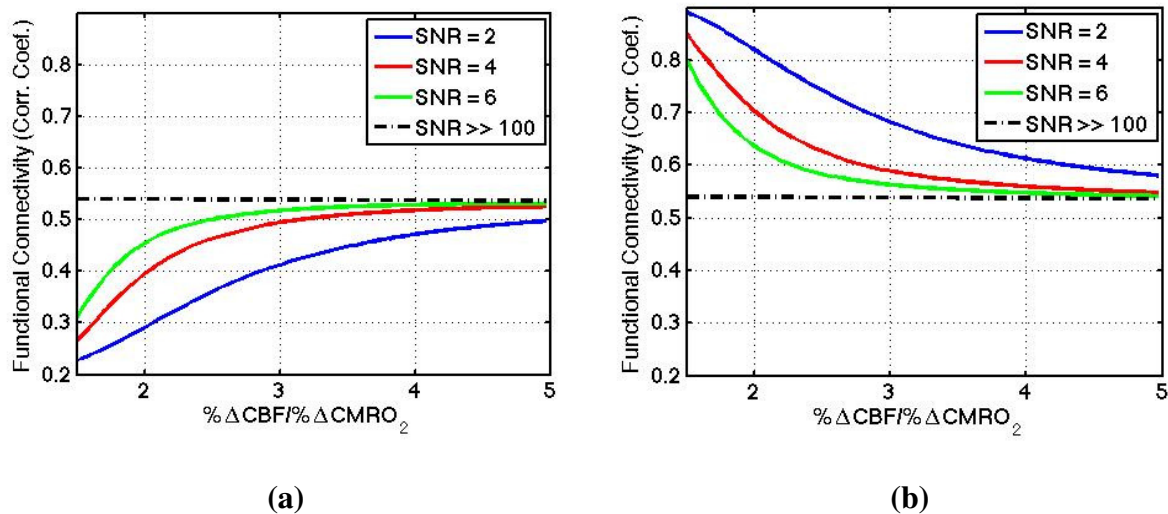
There is a positive linear relationship between functional connectivity and  $CBF_0$  when  $r_s$  is greater than  $r_n$  (Figure 2.1a), and a negative linear relationship when  $r_s$  is less than  $r_n$  (Figure 2.1b). In both cases, the relationship tends to disappear as SNR increases. Without the effect of the physiological noise (i.e. when only thermal noise is present), there is effectively no correlation between  $CBF_0$  and functional connectivity.



**Figure 2.1: Simulation of functional connectivity vs. resting CBF, when the correlation between two neural sources ( $r_s$ ) is (a) greater and (b) less than the functional connectivity between their respective noise components ( $r_n$ ).**

### 2.3.1.2 Cerebrovascular reactivity

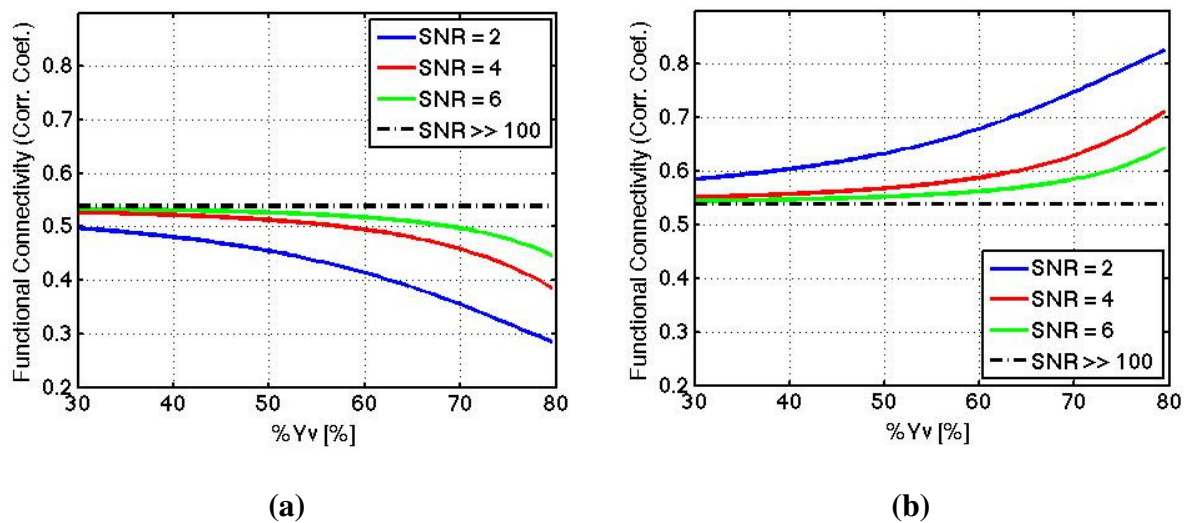
A positive relationship can be seen between functional connectivity and CVR when  $r_s$  is greater than  $r_n$  (Figure 2.2a) and negatively when  $r_s$  is less than  $r_n$  (Figure 2.2b), and the relationship saturates at higher CVR. The saturation starts at lower CVR when SNR increases. Similar to the case of  $CBF_0$ , there is no correlation between CVR and functional connectivity when we disregard the effect of the physiological noise.



**Figure 2.2: Simulation of functional connectivity vs. CVR, which is denoted by the percent change in CBF over the percent change in  $CMRO_2$ , when  $r_s$  is (a) greater and (b) less than  $r_n$ .**

### 2.3.1.3 Venous-blood oxygenation

In contrast to  $CBF_0$  and CVR, the relationship between functional connectivity and  $Y_v$  decreases when  $r_s$  is greater than  $r_n$  (Figure 2.3a), and increases when  $r_s$  is less than  $r_n$  (Figure 2.3b). In both cases, the relationship tends to disappear as SNR increases. Similar to the cases of  $CBF_0$  and CVR, no correlation between  $Y_v$  and functional connectivity is seen when we disregard the effect of the physiological noise.



**Figure 2.3: Simulation of functional connectivity vs. venous-blood oxygenation, when  $r_s$  is (a) greater and (b) less than  $r_n$ .**

## 2.3.2 Experimental data

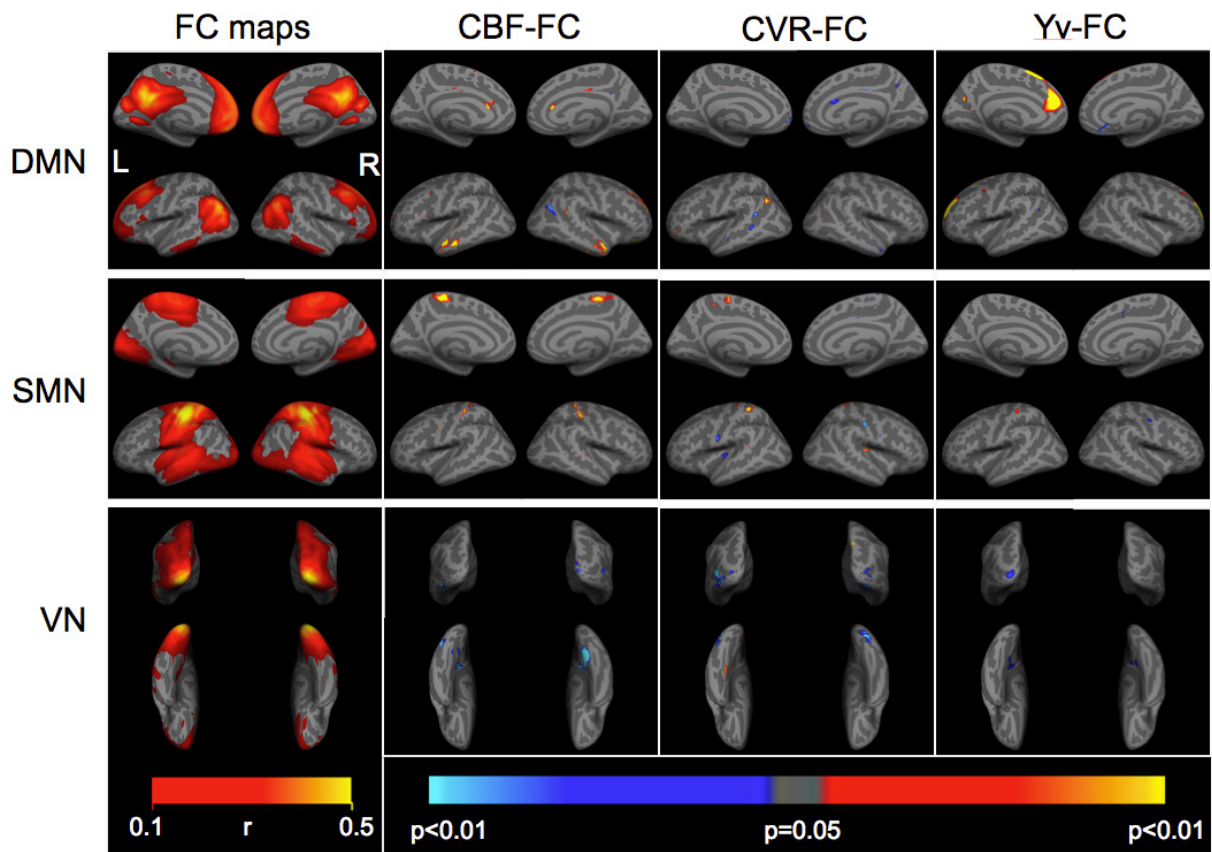
### 2.3.2.1 Inter-subject analysis

In Figure 2.4 (1<sup>st</sup> column), we illustrate rs-fMRI functional connectivity maps averaged across 15 subjects in each resting-state network. Regions with the strongest functional connectivity are shown in yellow in each case.

To demonstrate the inter-subject effect of  $CBF_0$  on fcMRI measurements, the voxels demonstrating significant correlations with functional connectivity are shown in Figure 2.4 (2<sup>nd</sup> column) for each resting-state network. In the case of the DMN, voxels in the cingulate cortex, middle and inferior temporal gyrus, and the frontal region of the brain are associated positive correlations with  $CBF_0$ , while regions in the right lateral-parietal region indicate negative correlations. In the SMN, we also found positive fcMR- $CBF_0$  correlations. Lastly, for visual-network connectivity (VN), we found negative fcMRI- $CBF_0$  correlations.

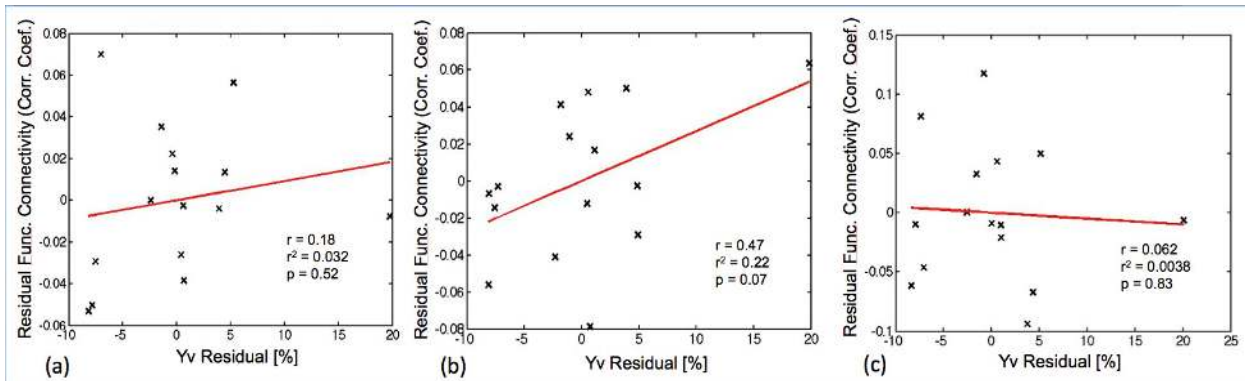
In regards to the effect of CVR (Figure 2.4, 3<sup>rd</sup> column), in the DMN, positive correlations are found with fcMRI measurements in the angular gyrus, while negative correlations are found in the superior temporal gyrus and anterior cingulate cortex. Similar CVR effects are found in the SMN, where positive CVR-fcMRI correlations are found in the primary motor cortex. Again, in the VN, some regions in the visual cortex illustrated negative correlation between CVR and fcMRI measurements.

In regards to the effect of  $Y_v$ , again, the correlations with fcMRI measurements are predominantly positive, as shown in Figure 2.4 (4<sup>th</sup> column). In the DMN, such positive effects are mainly seen in the frontal nodes, whereas in the SMN, only a small region of the motor cortex exhibited positive correlations with  $Y_v$ . As before, mainly negative correlations are observed in the VN. As for the residual  $Y_v$  when regressing out the effect of  $CBF_0$ , as shown in Figure 2.5, no significant ROI-based relationship between residual  $Y_v$  and residual fcMRI values were observed, although the relationship is very strong in the SMN (Figure 2.5b).



**Figure 2.4: Between-subject general linear model (GLM) analysis: functional connectivity vs.  $CBF_0$ , CVR and  $Y_v$ .** Column 1: group-average functional connectivity (FC) maps corresponding to the default-mode network (DMN), sensorimotor network (SMN) and the visual network (VN). Columns 2-4: statistical results association fcMRI values (correlations coefficients) with each of the three physiological variables. For the DMN and SMN, the lateral and medial cortical surfaces are shown (L: left, R: right), whereas for the VN, the caudal and ventral cortical surfaces are shown. The red-yellow regions illustrate significant positive associations, whereas blue regions represent negative associations respectively.

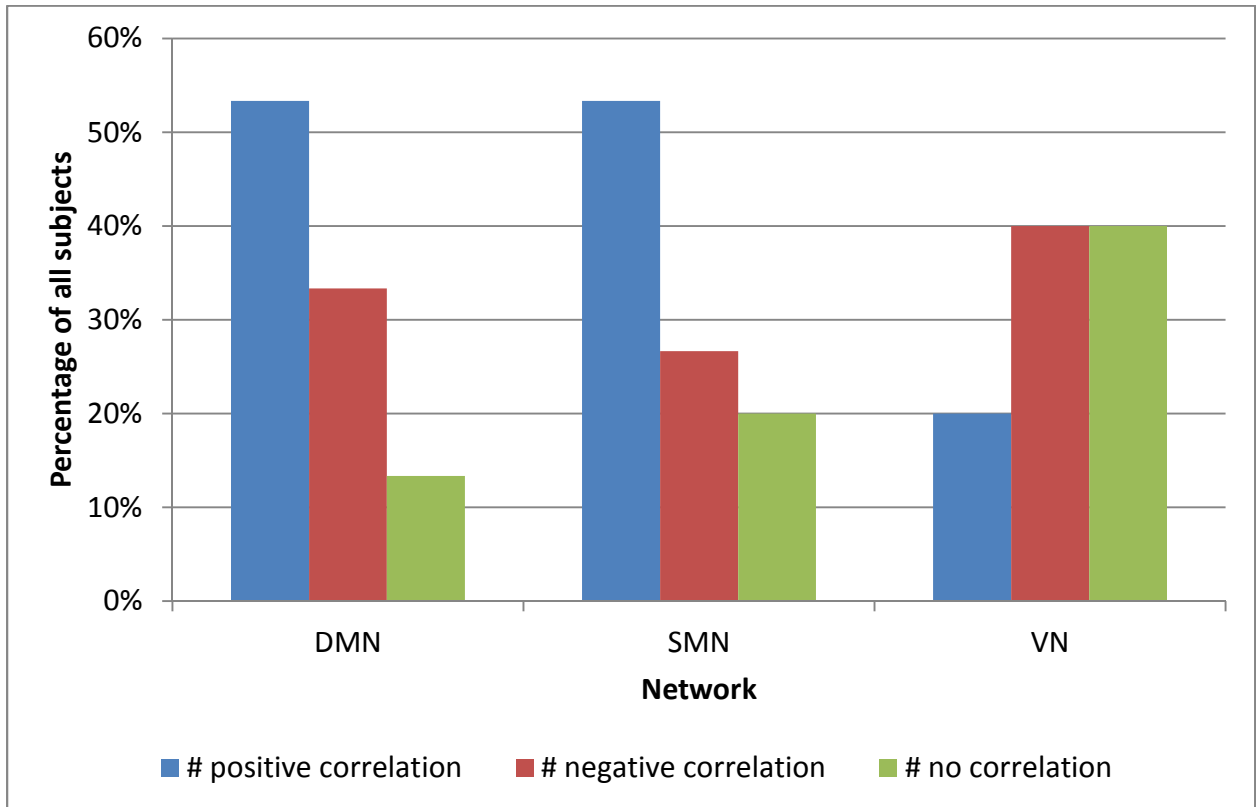




**Figure 2.5: The inter-subject association between  $Y_v$  and fcMRI measurements after controlling the effect of  $CBF_0$ . After regressing the effect of  $CBF_0$  from  $Y_v$ , we did not see any significant changes in any of the resting-state networks.**

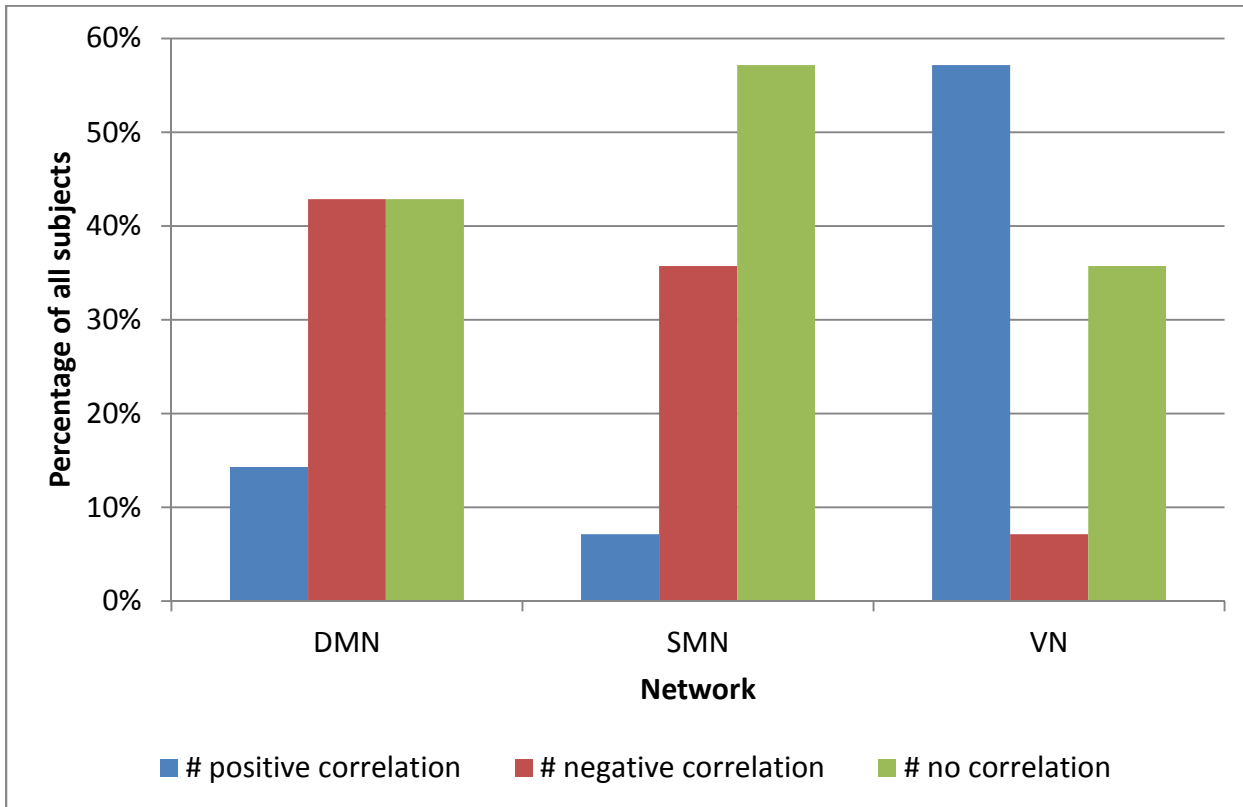
### 2.3.2.2 Within-subject analysis

In regards to the effect of  $CBF_0$  on functional connectivity, the majority of subjects exhibit significant positive correlation in the default-mode network (DMN) and the sensorimotor network (SMN). However, in the visual network (VN), the majority of subjects are associated with significant negative correlations between  $CBF_0$  and connectivity (Figure 2.6).



**Figure 2.6: Within-subject voxel-wise analysis: correlations of functional connectivity vs.  $CBF_0$  in the default-mode network (DMN), sensorimotor network (SMN), and the visual network (VN). These results are based on significant correlations alone.**

In terms of CVR, unlike for  $CBF_0$ , the majority of subjects display either negative or no correlation between CVR and fMRI measurements in the DMN and SMN. However, in the VN, the primary association between CVR and fMRI is positive (Figure 2.7).



**Figure 2.7: Within-subject voxel-wise analysis: correlations of functional connectivity vs. CVR in the default-mode network (DMN), sensorimotor network (SMN), and the visual network (VN).**

## 2.4 Discussion

Resting-state fMRI functional connectivity (fcMRI) measurements are often found to be highly variable across subjects, and even across scans of the same subject. Previous work (Liu, Hebrank et al. 2013) demonstrated that task-related fMRI responses are significantly associated with physiological modulators such as resting cerebral blood flow ( $CBF_0$ ), cerebrovascular reactivity (CVR) and venous-blood oxygenation ( $Y_v$ ). This motivated our study of similar physiological modulators in fcMRI. In this study, we demonstrate that these same modulators indeed have a

significant impact on resting-state fcMRI measurements. Importantly, we used a simulation-guided empirical approach to probe and understand the biophysical underpinnings of this impact.

#### 2.4.1 Resting cerebral blood flow ( $CBF_0$ )

As shown in our simulations, when physiological-noise induced correlations ( $r_n$ ) do not dominate, fcMRI measurements are positively correlated with  $CBF_0$ . For the most part, this was the case in the experimental results. When examining across subjects, fcMRI measurements are positively correlated in the precentral gyrus, cingulate cortex and frontal cortex (lateral and medial), and negatively correlated with  $CBF_0$  only in small parts of the lateral parietal lobe. This predominantly positive effect of  $CBF_0$  is carried over into the within-subject results, in which the majority of subjects exhibit positive voxel-wise correlation between  $CBF_0$  and fcMRI measurements. While this positive trend is in agreement with previous studies (Liang, Zou et al. 2013), and has been suggested to indicate that regions exhibiting higher connectivity are also those associated with higher resting metabolism, hence higher  $CBF_0$  (Liang, Zou et al. 2013). However, the inter-subject variability in this effect is also informative.

As our simulations showed, the relationship between  $CBF_0$  and functional connectivity heavily depends on the relationship between the value of  $r_s$  and  $r_n$ . Specifically, based on our assumptions,  $CBF_0$  and fcMRI measurements would be negative correlated when physiological-noise related correlations dominate over “neuronally driven” correlations. Given the highly structured nature of physiological noise effects (Chang and Glover 2009a, Chang and Glover 2009b, Golestani, Chang et al. 2015), it is conceivable that different regions are associated with different levels of physiological-noise contribution to the rs-fMRI signal. Moreover, it is well established that these noise effects are highly variable across subjects (Chang and Glover 2009a,

Golestani, Chang et al. 2015), potentially due to differences in vascular physiology (Lu, Zhao et al. 2008) and positioning inside the scanner (Khatamian and Chen 2013). Thus, the physiological modulation of fcMRI measurements should ideally be corrected in a subject- and regionally specific manner. Moreover, the visual network differs in behaviour from the DMN and SMN, in both between- and within-subject analysis. We note that the visual network is associated with particularly high vascular density (Cavaglia, Dombrowski et al. 2001) hence perfusion, which may have contributed to its singular behaviour. In fact, as seen in the simulations (Figure 2.1), this may lead to a scenario in which physiological-noise driven correlations dominate, as illustrated in Figure 2.1b.

#### 2.4.2 Cerebrovascular reactivity

In the group-wise results, the correlation between fcMRI and CVR measurements is mainly positive in the most strongly correlated regions of the DMN and SMN. This is consistent with our previous group-wise findings in resting-state fMRI (Golestani, Kwinta et al. 2016), as well as with findings based on task-based fMRI, in that the task response was positively correlated with CVR (Liu, Hebrank et al. 2013). However, negative fcMRI-CVR correlations were observed in the VN, as well as sporadically in the DMN and SMN, highlighting regional variability in this relationship. Furthermore, in the within-subject results, the majority of subjects demonstrated negative or lack of voxel-wise CVR-fcMRI correlations in the DMN and SMN. We note that while the group-wise results reflect only the voxels exhibiting the most consistent CVR effect across subjects, the within-subject results need not follow the same trend. In fact, as mentioned earlier, physiology and physiological-noise effects differ across subjects and brain regions. Moreover, the detectability of CVR modulation of fcMRI values depends on the variability in

CVR as well as in fcMRI measurements themselves. CVR variability within each ROI depends on the network being examined, and likely to differ between subjects. These various modulators are likely all to contribute to the large inter-subject variability in the individual voxel-wise results. Lastly, as shown in our simulations (Figure 2.2), higher CVR is associated with reduced CVR-sensitivity in fcMRI measurements, either positive or negative. This is particularly true in the visual cortex, and may underline the inconsistency in fcMRI-CVR associations between the VN and the remaining networks.

### 2.4.3 Venous-blood oxygenation

Given the previously described link between  $Y_v$  and  $CBF_0$ , we expected that a portion of the fcMRI- $Y_v$  relationship would be influenced by  $CBF_0$ . Indeed, in the group analysis, fcMRI and  $Y_v$  are positive correlated, particularly in the DMN. However, the effect of  $Y_v$  from a single blood vessel (the sagittal sinus) appears more extensive than those of  $CBF_0$ . This may be due in part to differences in measurement variability of  $Y_v$  and of  $CBF_0$ , but also reflect that  $Y_v$  may not be fully accounted for by  $CBF_0$ . Indeed, even after regressing the effects of  $CBF_0$  from  $Y_v$ , we still observed a near-significant effect of residual  $Y_v$  on the residual fcMRI values. We trust that with a large sample and potentially more localized  $Y_v$  measurements, we should be able to demonstrate a significant relationship between  $Y_v$  and fcMRI that is independent of  $CBF_0$ .

## 2.5 Recommendations

This study demonstrates through theoretical and empirical evidence that systemic physiological differences significantly contribute to variations in rs-fcMRI measurements. While these contributions are subject- and regionally specific, it is important to note that these are not neuronal-specific physiological modulators, and thus their modulation of fcMRI measurements

represents confounds that are likely to reduce the power of group analysis in the rs-fMRI context.

It is important to note that the impact of these modulators differs across individuals and across brain regions, and that appropriate correction would require additional scans within the same session as the fcMRI scan. However, if scan time is a concern, the simulations indicate that, within the natural range of variation for each of the physiological modulators in this work, CVR and  $Y_v$  have the strongest impact on fcMRI measurements, consistent with the experimental results, suggesting that it is more important to correct these than for  $CBF_0$ .

The simulation results indicate that physiological noise effects play an important role in altering the effects of the physiological modulators on functional connectivity measurements. In fact, the physiological modulations associated with  $r_n > r_s$  have the opposite effect from those seen when  $r_n < r_s$ , and this greatly increases the variability of physiological effects. Although not examined in this work, alternative ways to reduce physiological noise include independent component analysis (ICA), which can segregate each subject's rs-fMRI time-series data into a linear mixture of independent non-Gaussian components (Beckmann and Smith 2004). Here, noise reduction is model independent, and by assuming that the physiological noise components are independent from the functionally relevant data, one can potentially further reduce the contribution of noise effects. Recently proposed methods include ICA-AROMA and FSL-FIX, which aim to capture noise components based on automatically classifying signal components as noise and non-noise based on a set of a priori features (Griffanti, Salimi-Khorshidi et al. 2014, Pruim, Mennes et al. 2015).

## 2.6 Potential Caveats

We assumed that the BOLD-signal model that was derived from steady-state BOLD also applies to resting-state BOLD. We are aware that this may be an oversimplification, and that this model has not been explicitly validated for resting-state BOLD. Nonetheless, this model was previously used in other rs-fMRI studies (Fukunaga, Horovitz et al. 2008, Wu, Gu et al. 2009) to provide a basic biophysical framework to guide our understanding of the physiological nature of the resting-state BOLD signal. In our future work, we hope to refine and experimentally demonstrate the accuracy of this model for rs-fMRI.

Moreover, as indicated earlier, we were unable to obtain spatially resolved measurements of  $Y_v$ , as our method limited us to singularly large veins. This was the case in earlier studies of a similar nature (Lu, Xu et al. 2011, Liu, Hebrank et al. 2013). Nonetheless, we also note that oxygen-extraction fraction, which is complimentary to  $Y_v$ , is much more uniform across the brain than CVR and  $CBF_0$  (Hyder, Herman et al. 2016). Thus, we do not expect large differences between global and regional  $Y_v$ .

In this work, the effect of each physiological modulator on functional connectivity is relatively weak, potentially due to the fact that all subjects are young adults. If we were to conduct a research on a larger population with a larger age range, we are likely to see a larger variability in  $CBF_0$ ,  $Y_v$ , and CVR, and this would lead to more apparent effects on functional connectivity.

Another potential limitation is the uneven ratio in sex and age of the subjects participated in this research. Out of 15 subjects, 9 subjects (60 %) are female, and there are 12 subjects in the age group of 18-27, while 2 subjects in the 30s and 1 subject in the 40s age group. A more evenly



distributed subject population in both sex and age may yield more consistent results on the effects of physiological modulators on functional connectivity.

Lastly, we have not experimentally verified the outcomes of our simulations. To do so, one option is to modulate the effect of each physiological modulator in each subject through established maneuvers. This will be pursued in our future research.

## 2.7 Conclusion

In this study, we have illustrated that the physiological effects, namely the resting CBF ( $CBF_0$ ), venous-blood oxygenation ( $Y_v$ ), and the cerebral-vascular reactivity (CVR), have a significant impact on resting-state fMRI-based functional connectivity measurements in multiple resting-state networks. However, the effects are regionally specific. In addition, different individuals exhibited different physiological effects. Minimizing these physiological effects would allow us to examine functional connectivity of the true signals between brain regions, and that enables researchers to understand more about functional connectivity.

## Chapter 3

### Future Directions

In the previous chapter, through simulations and experiments, it was shown that the physiological parameters have significant effects on resting-state functional connectivity. When examining across subjects, there were regions that exhibited significant positive correlations between rs-fMRI functional connectivity measurements and the physiological parameters, namely the resting cerebral blood flow ( $CBF_0$ ), venous-blood oxygenation ( $Y_v$ ), and cerebrovascular reactivity (CVR). In addition, as shown in simulation, each physiological parameter is associated with a different relationship with functional connectivity, largely depending on the relationship between the correlation of true signals ( $r_s$ ) and the correlation of physiological noise components ( $r_n$ ) among the brain regions. The experimental results have illustrated that different brain regions can exhibit different levels of physiological noise, and that the effects vary across subjects as well. Thus, to understand fully on the effect of the physiological parameters, we need to better understand the physiological noise component across the brain.

### 3.1 Origins of variability in physiological modulation of rs-fcMRI measurements

One of the key findings of this work is that the dependence of rs-fcMRI measurements depends on the relative strengths of neuronal- and physiological noise-driven correlations (i.e.  $r_s$  and  $r_n$ ). Previous studies have documented that two main physiological noise factors contribute to the rs-fMRI signal variability, respiratory and cardiac responses (Birn, Diamond et al. 2006, Shmueli, van Gelderen et al. 2007, de Munck, Gonçalves et al. 2008, Golestani, Chang et al. 2015). Golestani *et al.* (Golestani, Chang et al. 2015) have illustrated that the effect of variability in respiration on rs-fMRI signal is more prominent in the occipital and frontal cortical areas, while cardiac effects are more apparent in the white matter and borders with cerebrospinal fluid. This suggests that different regions experience different effects from these physiological factors. Thus, the correlation induced by physiological noise, primarily respiratory and cardiac noise, varies from region to region, and that may underlie the spatial variability found in this work in terms of the effects of physiological modulators, namely  $CBF_0$ ,  $Y_v$ , and CVR. To test this theory, we can regress out the effect of the physiological effects of cardiac and respiratory responses from rs-fMRI signal and then re-examine the relationships of the  $CBF_0$ ,  $Y_v$ , and CVR with functional connectivity.

The effect of respiratory and cardiac responses on rs-fMRI not only varies from region to region, but they also vary across subjects. Specifically, we found that different subjects can exhibit opposite effects of physiological modulators. As pointed out in (Peng, Niazy et al. 2013, Golestani, Chang et al. 2015), the level of arousal and vigilance can significantly influence the physiological factors. Thus, this creates a rs-fMRI variability of between 5% to over 24%, depending on the subject (Golestani, Chang et al. 2015).

Another contribution to regional variability in physiological effects may be the differences in vascular densities across the brain region. Different subjects have different vascular density as well, contributing to inter-subject rs-fMRI variability. Brain regions with more dense vasculature tend to have higher blood flow and reactivity. The occipital lobe and the precuneus region not only have the most dense vasculature (Cavaglia, Dombrowski et al. 2001), but they also have high resting oxidative metabolism (Buckner, Snyder et al. 2005) and high baseline blood flow (Chen, Rosas et al. 2011). On the other hand, according to the simulation results in the previous chapter, the impact of physiological modulators on resting-state functional connectivity diminishes as the values of the modulators increase. For instance, the relationship between functional connectivity (correlation coefficient) approaches an asymptotic value when  $CBF_0$  is very high. This means that regions with higher vascular density would have less correlation. Thus, in future work, instead of examining functional connectivity in each resting-state network, we can examine the brain by separating regions based on their vascular densities to see whether subject with higher vascular density in a particular region has less correlation between functional connectivity and the physiological parameters.

## 3.2 Larger sample size

Results obtained in this experiment were based on 15 healthy subjects, which is a limitation in this thesis. However, studies with larger sample sizes produced similar result (Li, Zhu et al. 2012, Liang, Zou et al. 2013).

## 3.3 Other resting-state networks

In this study we examined the relationship between physiological parameters and resting-state functional connectivity and deduced that there are differences across various resting-state

networks, in particular the results within the visual network in comparison to the sensorimotor and motor networks. Thus, we should also examine other resting-state networks, such as the executive control, limbic, and fronto-parietal networks, to see the similarities and differences of the effects of physiological parameters across resting-state networks. In addition, as mentioned previously, voxel-to-voxel connectivity that is independent from resting-state networks can be performed to examine the effect of the physiological parameters across all brain regions, similar to the study carried out by (Liang, Zou et al. 2013).

### 3.4 Validation of the results

Furthermore, in this experiment, the analysis was carried out in MNI space coordinate to match with the space of resting-state functional connectivity maps. While this is desirable to inspect visually different parametric maps across all subjects, two-step transformation was performed on the CBF and CVR maps. More approximations were carried out in multiple transformations, and that may compromise the measured signals. Thus, we should verify the results obtained in this experiment by performing only one-step transformation. This can be done by performing transformations on CBF, CVR, and resting-state functional connectivity maps into the high-resolution anatomical space. In this way only one-step transformation is carried out across all data, and that minimizes the error incurred from transformations.

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## Appendix

### A Supplementary data

**Table A.1: Within-subject voxel-wise analysis: functional connectivity vs.  $CBF_0$  in the default-mode network (DMN). DWtest score value  $> 2$  indicates no autocorrelation bias between voxels within each subject. Out of 15 subjects, 8 subjects illustrate positive correlation, 5 subjects illustrate negative correlation, and 2 subjects illustrate no correlation ( $p \geq 0.05$ ).**

<b>Subject</b>	<b>DWtest</b>	<b>r</b>	<b>R<sup>2</sup></b>	<b>p</b>
<b>1</b>	2.69	-0.52	0.27	1.11E-04
<b>2</b>	2.13	0.40	0.16	4.44E-03
<b>3</b>	2.11	0.33	0.11	1.96E-02
<b>4</b>	2.39	0.59	0.35	6.83E-06
<b>5</b>	1.98	0.74	0.55	8.95E-10
<b>6</b>	1.79	0.75	0.56	4.87E-10
<b>7</b>	2.52	0.56	0.31	3.02E-05
<b>8</b>	2.30	-0.65	0.42	4.04E-07
<b>9</b>	2.03	0.63	0.39	1.45E-06
<b>10</b>	1.77	-0.46	0.21	1.03E-03
<b>11</b>	2.00	-0.31	0.10	2.92E-02
<b>12</b>	2.93	-0.51	0.26	1.75E-04
<b>13</b>	2.09	-0.28	0.08	5.29E-02
<b>14</b>	2.03	-0.15	0.02	3.00E-01
<b>15</b>	2.15	0.52	0.27	1.47E-04

**Table A.2: Within-subject voxel-wise analysis: functional connectivity vs.  $CBF_0$  in the sensori-motor network (SMN). DWtest score value  $> 2$  indicates no autocorrelation bias between voxels within each subject. Out of 15 subjects, 8 subjects illustrate positive correlation, 4 subjects illustrate negative correlation, and 3 subjects illustrate no correlation ( $p \geq 0.05$ ).**

<b>Subject</b>	<b>DWtest</b>	<b>r</b>	<b><math>R^2</math></b>	<b>p</b>
<b>1</b>	2.67	-0.47	0.22	7.40E-04
<b>2</b>	2.12	-0.49	0.24	4.25E-04
<b>3</b>	2.08	-0.18	0.03	2.19E-01
<b>4</b>	2.14	0.82	0.68	8.14E-13
<b>5</b>	2.41	0.49	0.24	3.46E-04
<b>6</b>	2.24	0.46	0.21	8.97E-04
<b>7</b>	2.27	0.56	0.31	3.05E-05
<b>8</b>	2.53	-0.52	0.28	1.09E-04
<b>9</b>	2.11	0.26	0.07	7.10E-02
<b>10</b>	1.82	0.49	0.24	4.83E-04
<b>11</b>	2.07	0.64	0.41	7.15E-07
<b>12</b>	2.00	-0.48	0.23	5.82E-04
<b>13</b>	2.01	0.87	0.76	1.58E-15
<b>14</b>	1.99	0.09	0.01	5.58E-01
<b>15</b>	2.17	0.70	0.49	2.14E-08

**Table A.3: Within-subject voxel-wise analysis: functional connectivity vs.  $CBF_0$  in the visual network (VN). DWtest score value  $> 2$  indicates no autocorrelation bias between voxels within each subject. Out of 15 subjects, 3 subjects illustrate positive correlation, 6 subjects illustrate negative correlation, and 6 subjects illustrate no correlation ( $p \geq 0.05$ ).**

<b>Subject</b>	<b>DWtest</b>	<b>r</b>	<b>R<sup>2</sup></b>	<b>p</b>
<b>1</b>	2.05	0.01	0.00	9.29E-01
<b>2</b>	2.30	-0.67	0.45	1.10E-07
<b>3</b>	1.91	0.08	0.01	5.76E-01
<b>4</b>	2.09	-0.11	0.01	4.35E-01
<b>5</b>	2.02	0.46	0.21	1.07E-03
<b>6</b>	2.16	-0.34	0.12	1.59E-02
<b>7</b>	2.35	-0.36	0.13	1.21E-02
<b>8</b>	2.86	0.41	0.17	3.33E-03
<b>9</b>	2.07	0.08	0.01	5.99E-01
<b>10</b>	2.57	-0.29	0.08	4.39E-02
<b>11</b>	2.36	-0.81	0.66	1.95E-12
<b>12</b>	2.07	0.30	0.09	3.50E-02
<b>13</b>	2.06	-0.07	0.00	6.30E-01
<b>14</b>	2.12	-0.21	0.04	1.52E-01
<b>15</b>	2.31	-0.39	0.16	5.11E-03

**Table A.4: Within-subject voxel-wise analysis: functional connectivity vs. CVR in the default-mode network (DMN). DWtest score value  $> 2$  indicates no autocorrelation bias between voxels within each subject. Out of 14 subjects, 2 subjects illustrate positive correlation, 6 subjects illustrate negative correlation, and 6 subjects illustrate no correlation ( $p \geq 0.05$ ).**

Subject	DWtest	r	R <sup>2</sup>	p
1	2.07	-0.67	0.45	1.11E-07
2	2.56	-0.10	0.01	4.90E-01
3	2.24	0.45	0.20	1.22E-03
4	2.32	-0.09	0.01	5.17E-01
5	2.30	-0.32	0.10	2.75E-02
6	2.59	0.26	0.07	7.33E-02
7	2.48	-0.32	0.10	2.64E-02
8	2.01	0.32	0.10	3.46E-02
9	2.56	-0.05	0.00	7.13E-01
10	2.68	-0.32	0.10	2.35E-02
11	2.76	-0.52	0.27	1.37E-04
12	2.25	-0.05	0.00	7.14E-01
13	2.11	-0.18	0.03	2.29E-01
14	2.05	-0.42	0.18	2.97E-03



**Table A.5: Within-subject voxel-wise analysis: functional connectivity vs. CVR in the sensori-motor network (SMN). DWtest score value  $> 2$  indicates no autocorrelation bias between voxels within each subject. Out of 14 subjects, 1 subject illustrates positive correlation, 5 subjects illustrate negative correlation, and 8 subjects illustrate no correlation ( $p \geq 0.05$ ).**

<b>Subject</b>	<b>DWtest</b>	<b>r</b>	<b>R<sup>2</sup></b>	<b>p</b>
<b>1</b>	2.51	-0.25	0.06	8.79E-02
<b>2</b>	2.01	-0.40	0.16	5.38E-03
<b>3</b>	2.03	-0.13	0.02	3.75E-01
<b>4</b>	2.08	0.40	0.16	5.28E-03
<b>5</b>	2.04	-0.78	0.61	1.66E-10
<b>6</b>	2.24	-0.03	0.00	8.29E-01
<b>7</b>	1.91	-0.33	0.11	2.28E-02
<b>8</b>	1.97	-0.16	0.03	2.93E-01
<b>9</b>	2.19	-0.17	0.03	2.38E-01
<b>10</b>	2.19	-0.58	0.34	1.17E-05
<b>11</b>	2.33	-0.20	0.04	1.74E-01
<b>12</b>	1.99	-0.20	0.04	1.79E-01
<b>13</b>	1.97	0.25	0.06	8.77E-02
<b>14</b>	2.50	-0.31	0.09	3.18E-02

**Table A.6: Within-subject voxel-wise analysis: functional connectivity vs. CVR in the visual network (VN). DWtest score value  $> 2$  indicates no autocorrelation bias between voxels within each subject. Out of 14 subjects, 8 subjects illustrate positive correlation, 1 subject illustrates negative correlation, and 5 subjects illustrate no correlation ( $p \geq 0.05$ ).**

<b>Subject</b>	<b>DWtest</b>	<b>r</b>	<b>R<sup>2</sup></b>	<b>p</b>
<b>1</b>	2.46	0.10	0.01	5.07E-01
<b>2</b>	2.55	0.90	0.80	2.67E-18
<b>3</b>	2.79	0.52	0.27	1.38E-04
<b>4</b>	2.19	0.88	0.78	5.28E-17
<b>5</b>	2.47	0.69	0.48	4.01E-08
<b>6</b>	2.52	0.95	0.89	1.54E-24
<b>7</b>	2.07	0.59	0.35	8.87E-06
<b>8</b>	2.01	0.98	0.96	1.37E-34
<b>9</b>	2.65	0.20	0.04	1.64E-01
<b>10</b>	2.60	0.04	0.00	7.92E-01
<b>11</b>	1.95	0.94	0.88	2.30E-21
<b>12</b>	2.16	-0.02	0.00	8.94E-01
<b>13</b>	2.21	0.14	0.02	3.49E-01
<b>14</b>	2.06	-0.52	0.27	1.15E-04