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## The iron chelator, desferrioxamine, reduces inflammation and atherosclerotic lesion development in experimental mice

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### Abstract

**Objective**—Vascular inflammation and monocyte recruitment are initiating events in atherosclerosis that have been suggested to be caused, in part, by iron-mediated oxidative stress and shifts in the intracellular redox environment of vascular cells. Therefore, the objective of this study was to investigate whether the intracellular iron chelator, desferrioxamine (DFO), reduces inflammation and atherosclerosis in experimental mice.

**Methods and Results**—Treatment of C57BL/6J mice with DFO (daily i.p. injection of 100 mg/kg body weight for two weeks) strongly inhibited lipopolysaccharide-induced increases of soluble cellular adhesion molecules and monocyte chemoattractant protein-1 (MCP-1) in serum and activation of the redox-sensitive transcription factors, nuclear factor  $\kappa$ B and activator protein-1, in aorta. Furthermore, treatment of apolipoprotein E-deficient (apoE<sup>-/-</sup>) mice with DFO (100 mg/kg, i.p., daily for ten weeks) attenuated aortic atherosclerotic lesion development by 26% ( $P < 0.05$ ). DFO treatment of apoE<sup>-/-</sup> mice also lowered serum levels of MCP-1 and gene expression of pro-inflammatory and macrophage markers in aorta and heart, in parallel with increased protein expression of the transferrin receptor in the heart and liver. In contrast, DFO treatment had no effect on serum cholesterol and triglyceride levels.

**Conclusions**—These data show that DFO inhibits inflammation and atherosclerosis in experimental mice, providing the proof-of-concept for an important role of iron in atherogenesis. Whether eliminating excess iron is a useful adjunct for the prevention or treatment of atherosclerosis in humans remains to be seen.

### Keywords

atherosclerosis; inflammation; iron chelation; redox-active transition metals

### INTRODUCTION

Atherosclerosis is a chronic inflammatory disease initiated by the interaction of circulating monocytes with activated vascular endothelial cells that express adhesion molecules and other pro-inflammatory mediators, such as vascular cell adhesion molecule-1 (VCAM-1), intercellular adhesion molecule-1 (ICAM-1), and monocyte chemoattractant protein-1

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### DISCLOSURE/CONFLICT OF INTEREST

There is NO conflict of interest to disclose.

(MCP-1) (1). Once in the intimal subendothelial space, the monocytes differentiate into macrophages and—upon scavenger receptor-mediated uptake and phagocytosis of modified LDL—are transformed into lipid-laden foam cells, the hallmark of the early atherosclerotic fatty streak.

The potential contribution of infection to the induction and progression of atherosclerosis is being increasingly recognized (2). Animal studies have shown that lipopolysaccharide (LPS) plays a significant role in the development of atherosclerotic lesions in mice (3–6). Furthermore, increased expression of the toll-like receptor 4 has been detected in human atherosclerotic lesions (7,8). These data indicate that chronic infection and inflammation are key factors in the development of atherosclerosis.

Iron is the most abundant transition metal in mammalian cells and is essential for the physiological function of many proteins (9). However, excess or non-protein bound (labile) iron can be detrimental because it promotes the generation of free radicals and reactive oxygen species (ROS). Iron-mediated ROS production may cause oxidative damage to biological macromolecules and alter intracellular redox environment, thereby affecting redox-sensitive cell signaling pathways and transcription factors (10,11).

There is accumulating, albeit controversial, evidence that iron plays an important role in the pathogenesis of atherosclerosis. The association between body iron status and CVD risk was first postulated in the early 1980s (12) and is supported by numerous epidemiological studies (13,14). Catalytically-active iron has been detected in both early and advanced atherosclerotic lesions (15). However, a systematic review of 12 prospective cohort studies concluded that there are no strong associations between iron status and CVD risk (16). A recent randomized trial of mild iron reduction therapy found no significant cardiovascular benefit in elderly patients with established peripheral vascular disease; however, in the youngest quartile at entry there were highly significant reductions in all cause mortality and in combined death plus non-fatal myocardial infarction and stroke in association with iron reduction therapy (17). Some animal studies found that the severity of atherosclerosis is either enhanced by iron overload (18) or reduced by iron deficiency (19) or iron chelation (20). However, other studies have shown that iron overload decreases atherosclerosis in conjunction with a hypo- or hypercholesterolemic effect (21,22). We and others have shown that iron status affects vascular endothelial inflammation (23,24), and desferrioxamine (DFO), a ferric iron chelator, inhibits TNF $\alpha$ -induced expression of adhesion molecules in human aortic endothelial cells (23). We also reported that DFO inhibits LPS-induced superoxide production by NADPH oxidase *in vivo* (25). The main objective of this study was to investigate whether DFO treatment reduces inflammation and inhibits atherosclerotic lesion development in two murine models.

## MATERIALS AND METHODS

### Animals and experimental procedures

Female C57BL/6J mice, 10–12 weeks old and weighing 20–22 g, and female apolipoprotein E-deficient (apoE $^{-/-}$ ) mice on a C57BL/6J background, 4–5 weeks old and weighing 12–15 g, were purchased from Jackson Laboratory (Bar Harbor, ME). The investigation conformed to the *Guide for the Care and Use of Laboratory Animals* (NIH Publication No. 85–23, revised 1996) and was approved by Oregon State University's Institutional Animal Care and Use Committee.

For experiments investigating acute inflammation, four groups of C57BL/6J mice, fed *ad libitum* with Purina 5001 chow diet (Harlan Teklad, Madison, WI), were used: control animals receiving daily i.p. injections of the vehicle, Hanks' balanced salt solution (HBSS),

Sigma-Aldrich, St. Louis, MO), for 14 days; DFO-treated animals receiving daily i.p. injections of 100 mg/kg body weight (b.w.) of DFO (Novartis Pharmaceuticals, East Hanover, NJ) in HBSS for 14 days; LPS-treated animals receiving daily HBSS injections for 14 days, followed by a single i.p. injection of 50 µg LPS (serotype 055:B5 from *Escherichia coli*, Sigma-Aldrich); and DFO and LPS-treated animals receiving daily i.p. injections of 100 mg/kg b.w. of DFO in HBSS for 14 days, followed by a single i.p. injection of 50 µg LPS. Three hours after LPS injection or the last HBSS injection (control and DFO-treated mice) the animals were sacrificed, and blood and tissues were collected.

For experiments investigating atherosclerosis, apoE<sup>-/-</sup> mice were divided into two groups (n=18/group): control animals receiving daily i.p. injections of HBSS for ten weeks; and DFO-treated animals receiving daily i.p. injections of 100 mg/kg b.w. DFO in HBSS for ten weeks. Mice were fed *ad libitum* with a Western-type chow diet (No. 311372, Dyets Inc., Bethlehem, PA) containing 15% hydrogenated coconut oil and 0.125% cholesterol. For comparison, a group of five C57BL/6J mice, fed *ad libitum* with Purina 5001 chow diet containing 4% hydrogenated coconut oil, was used. At the end of the treatment period, all animals were sacrificed and perfused with 10 ml HBSS through the left ventricle of the heart, and heart and aorta were collected and processed as described below. Blood was collected and serum stored at -80°C until analysis.

### Serum inflammatory mediators

Serum concentrations of sVCAM-1, MCP-1, and TNFα were measured by quantitative colorimetric sandwich ELISA (R&D Systems, Minneapolis, MN), and serum sICAM-1 using an ELISA kit from Endogen Inc. (Woburn, MA). The sensitivity of the assays is 30 pg/ml sVCAM-1, 5 ng/ml sICAM-1, 2 pg/ml MCP-1, and 5 pg/ml TNFα.

### Serum total iron, ferritin, and lipids

Serum total iron and unsaturated iron binding capacity (UIBC) were measured spectrophotometrically using Ferrozine (Diagnostic Chemicals Ltd., Oxford, CT). Serum ferritin was determined by quantitative colorimetric sandwich ELISA (Immunology Consultants Laboratory, Newberg, OR). Serum total cholesterol and triglycerides were determined with colorimetric kits (Pointe Scientific, Inc., Canton MI).

### Liver iron

Liver iron was measured using Inductively Coupled Plasma-Mass Spectrometry (ICP-MS). Liver samples were weighed and digested in 50% nitric acid at 70°C overnight. The digested samples were diluted 200-fold, and iron was measured in a PQ ExCell ICP-MS detector from Thermo Elemental (Waltham, MA). Indium was used as internal control. Iron standard was purchased from Ricca Chemical Company (Arlington, TX).

### Western blots

Liver samples were homogenized in 1 ml lysis buffer (Cell Signaling Technology, Beverly, MA) followed by centrifugation at 14,000 g and 4°C for 15 min. The supernatant containing solubilized proteins was recovered, frozen in aliquots, and stored at -80°C until analysis. Protein samples were separated by 10% SDS-PAGE and transferred to nitrocellulose membranes. The membranes were incubated overnight with mouse anti-transferrin receptor antibody (Invitrogen, Carlsbad, CA) or rabbit anti-α-tubulin antibody (Cell Signaling, Danvers, MA), after blocking with 0.1% Tween 20 in Tris-buffered saline containing 5% skim milk powder. The membranes were incubated with HRP-conjugated goat anti-mouse antibody (Santa Cruz Biotechnology, Santa Cruz, CA) or goat anti-rabbit antibody (Cell

Signaling) for 1 h at room temperature. The proteins were detected by enhanced chemiluminescence (ECL<sup>TM</sup>, GE Healthcare, Buckinghamshire, UK).

### Real-time PCR

Total RNA was isolated from aorta and heart using TRIzol Reagent (Invitrogen). cDNA synthesis was performed using the high capacity cDNA archive kit from Applied Biosystems (Foster City, CA). mRNA levels of VCAM-1, ICAM-1, MCP-1, TNF $\alpha$ , IL-6, CD68, and glyceraldehyde-3-phosphate dehydrogenase (GAPDH) were quantitated by real-time PCR. All primers and probes were purchased as kits (Assays on Demand, Applied Biosystems). The assays are supplied as a 20x mixture of PCR primers and TaqMan minor groove binder 6-FAM dye labeled probes with a non-fluorescent quencher at the 3' end. TaqMan quantitative PCR (40 cycles at 95°C for 15 sec and 60°C for 1 min) was performed using TaqMan Universal PCR Master Mix (Applied Biosystems) in 96-well plates with the ABI Prism 7500 Sequence Detection System (Applied Biosystems). To obtain relative quantitation, two standard curves were constructed in each plate with one target gene and an internal control gene (GAPDH). Standard curves were generated by plotting the threshold cycle number values against the log of the amount of input cDNA and used to quantitate the expression of the target genes and GAPDH in the same sample. After normalization to internal GAPDH in each sample, results were expressed as percentage of GAPDH.

### Nuclear transcription factors

Nuclear extracts were prepared from aortas using nuclear extract kits (Active Motif, Carlsbad, CA). For analysis of nuclear transcription factor activation, ELISA-based assays (Active Motif) were used to determine the DNA binding activity of NF $\kappa$ B (p65) and AP-1 (c-fos). The specificity of binding was confirmed by competition with either wild-type or mutant oligonucleotides.

### Atherosclerotic lesions

For analysis of aortic atherosclerotic lesions, the aortic arch and thoracic aorta were carefully removed from the animal under a dissecting microscope. Adventitial tissue was removed and then the aorta was fixed overnight in 10% neutral-buffered formalin. Subsequently, the aorta was opened longitudinally *in situ* along the ventral midline and pinned out flat on a black wax surface with 0.2-mm diameter stainless steel pins (Fine Science Tools, Foster City, CA). The aortas were stained with Sudan IV to confirm the sudanophilic (fatty) lesions. The images of the aorta were captured with a Nikon digital camera (Coolpix 990) mounted on a Nikon stereo microscope. The total aortic surface and atherosclerotic lesion areas were analyzed *en face* by computerized quantitative morphometry (Image Pro Plus, Media Cybernetics, Bethesda, MD), and the aortic lesion area was expressed as percentage of the total aortic area.

### Statistical analysis

The data were calculated as means  $\pm$  SEM and analyzed by unpaired Student's *t* test or ANOVA with Fisher PLSD post-hoc test. Statistical significance was set at  $P < 0.05$ .

## RESULTS

### DFO inhibits LPS-induced increases in serum sVCAM-1, sICAM-1, and MCP-1 in C57BL/6J mice

In agreement with our previous findings (26), exposing C57BL/6J mice to 50  $\mu$ g LPS (i.p.) for 3 hours significantly increased serum levels of sVCAM-1, sICAM-1, MCP-1, and TNF $\alpha$  (Fig. 1). Prior treatment of the animals for 14 days with 100 mg/kg/day of DFO (i.p.)

significantly ( $P < 0.01$ ) inhibited these LPS-induced inflammatory responses (Fig. 1A–C): sVCAM-1 levels were  $741 \pm 50$  ng/ml in mice treated with DFO and LPS, compared to  $1125 \pm 34$  ng/ml in animals treated with LPS only; sICAM-1 levels were  $31.2 \pm 1.2$   $\mu$ g/ml and  $40.1 \pm 3.4$   $\mu$ g/ml, respectively; and MCP-1 levels,  $9.2 \pm 7.4$  ng/ml and  $41.0 \pm 9.2$  ng/ml, respectively ( $n=5$ /group). However, DFO did not inhibit the LPS-induced increase in serum TNF $\alpha$  (Fig. 1D).

#### **DFO inhibits LPS-induced NF $\kappa$ B and AP-1 activation in aorta of C57BL/6J mice**

The redox-sensitive transcription factors, NF $\kappa$ B and AP-1, play prominent roles in LPS-induced transcriptional regulation of most inflammatory mediators. As shown in Fig. 2, treating mice with LPS strongly increased the DNA-binding activity of NF $\kappa$ B (p65) and AP-1 (c-fos) in aorta. Prior treatment of the mice with DFO significantly suppressed the LPS-induced DNA binding activity of NF $\kappa$ B and AP-1 by 30% and 75%, respectively, compared to animals treated with LPS only ( $P < 0.05$ ,  $n=5$ /group) (Fig. 2).

#### **DFO does not affect body weight gain of apoE $^{-/-}$ mice**

To investigate the possible inhibitory effect of iron chelation by DFO on vascular inflammation and atherosclerotic lesion development, we used apoE $^{-/-}$  mice fed a high-fat/high-cholesterol diet. Body weights were checked biweekly during the ten-week treatment period. All animals continued to gain weight, and no statistically significant differences (by ANOVA) were observed between the control and DFO-treated animals ( $n=18$ /group): Body weights at baseline were  $14.1 \pm 0.4$  g for control mice and  $13.8 \pm 0.5$  g for DFO-treated mice, and  $22.3 \pm 0.3$  g and  $21.5 \pm 0.4$  g after ten weeks of treatment, respectively.

#### **Effect of DFO on iron status of mice**

Treatment of C57BL/6J mice with DFO for 14 days did not alter hemoglobin levels (control mice,  $15.1 \pm 0.2$  g/dl; DFO-treated mice,  $15.0 \pm 0.3$  g/dl) or hematocrit (control mice,  $48.1 \pm 0.8\%$ ; DFO-treated mice,  $46.8 \pm 0.8\%$ ,  $n=4-5$ /group). Treatment of apoE $^{-/-}$  mice with DFO also did not affect serum levels of total iron (control mice,  $116.7 \pm 14.9$   $\mu$ g/dl; DFO-treated mice,  $112.9 \pm 5.3$   $\mu$ g/dl;  $n=18$ /group) and UIBC (control mice,  $287 \pm 14.1$   $\mu$ g/dl; DFO-treated mice,  $254 \pm 11.3$   $\mu$ g/dl;  $n=18$ /group), but significantly ( $P < 0.05$ ) increased serum transferrin iron saturation (control mice,  $37.8 \pm 1.7\%$ ; DFO-treated mice,  $47.9 \pm 2.3\%$ ;  $n=18$ /group). Serum ferritin was unchanged (control mice,  $438 \pm 88.0$  ng/ml; DFO-treated mice,  $514 \pm 36.1$  ng/ml;  $n=18$ /group). In contrast, DFO significantly ( $P < 0.01$ ) reduced liver iron levels by 38% compared to non-DFO treated animals (control mice,  $93 \pm 2.3$   $\mu$ g/g tissue; DFO-treated mice,  $58 \pm 1.9$   $\mu$ g/g tissue;  $n=5$ /group). Interestingly, DFO treatment significantly ( $P < 0.01$ ) increased protein levels in the heart and liver of the transferrin receptor (TfR), a sensitive and reliable marker of intracellular iron status, by  $2.1 \pm 0.4$  and  $4.0 \pm 0.4$ -fold, respectively, compared to control mice ( $n=3-4$ /group) (Fig. 3).

#### **DFO does not change total cholesterol and triglycerides but lowers MCP-1 in serum of apoE $^{-/-}$ mice**

While serum levels of total cholesterol and triglycerides were much higher ( $P < 0.001$ ) in apoE $^{-/-}$  mice (fed 15% hydrogenated coconut oil and 0.125% cholesterol) than C57BL/6J wild-type mice (fed a normal chow diet), they were not affected by DFO treatment of apoE $^{-/-}$  mice. Serum total cholesterol was  $1031 \pm 55$  mg/dl in apoE $^{-/-}$  mice treated with DFO, compared to  $960 \pm 48$  mg/dl in control apoE $^{-/-}$  mice; serum triglycerides were  $105.8 \pm 4.3$  mg/dl and  $105.6 \pm 4.6$  mg/dl, respectively. Serum levels of MCP-1, sVCAM-1, sICAM-1, and TNF $\alpha$  also were significantly higher ( $P < 0.01$ ) in apoE $^{-/-}$  mice than wild-type mice (Fig. 4). While DFO-treated apoE $^{-/-}$  mice exhibited significantly lower ( $P < 0.01$ ) serum MCP-1 levels than control apoE $^{-/-}$  mice ( $40 \pm 3$  pg/ml and  $65 \pm 5$  pg/ml, respectively;

n=18/group) (Fig. 4C), serum levels of sVCAM-1, sICAM-1, and TNF $\alpha$  did not differ between the two groups (Fig. 4A, B and D).

### DFO inhibits aortic atherosclerotic lesion development in apoE $^{-/-}$ mice

By the end of the ten-week treatment period, apoE $^{-/-}$  mice had developed widespread atherosclerotic lesions in the aortic arch and thoracic aorta. The extent of atherosclerosis was quantified using *en face* analysis of the whole aorta. As shown in Fig. 5, DFO treatment significantly ( $P<0.05$ ) reduced atherosclerosis by 26% compared to non-DFO treated control animals. The lesion area in apoE $^{-/-}$  mice was  $7.10\pm 0.48\%$  of total aorta in the control group and  $5.27\pm 0.37\%$  in the DFO-treated group (n=8/group).

### DFO inhibits inflammatory and macrophage-specific gene expression in heart and aorta of apoE $^{-/-}$ mice

Gene expression of VCAM-1, ICAM-1, MCP-1, TNF $\alpha$ , and IL-6 was significantly higher ( $P<0.05$ ) in apoE $^{-/-}$  mice than wild-type mice (n=5/group). DFO treatment of apoE $^{-/-}$  mice significantly ( $P<0.05$ ) reduced mRNA levels in the heart by 20% (VCAM-1), 29% (ICAM-1), 64% (MCP-1), 62% (TNF $\alpha$ ), and 54% (IL-6) compared to non-DFO treated apoE $^{-/-}$  mice (n=5/group) (Fig. 6B). In aorta, expression of the same inflammatory genes also was lower in the DFO-treated vs. non- treated mice, but the differences did not quite reach statistical significance (Fig. 6A).

As macrophage accumulation in the arterial wall critically contributes to atherosclerotic lesion development, we investigated gene expression of the macrophage marker, CD68. Treatment of animals with DFO significantly ( $P<0.05$ ) lowered CD68 gene expression in both aorta (Fig. 6A) and heart (Fig. 6B) by 40% and 24%, respectively, compared to non-DFO treated apoE $^{-/-}$  mice (n=5/group).

## DISCUSSION

Vascular inflammation plays a central role in the complex chain of events leading to atherosclerotic lesion development (1,27). There is accumulating, although controversial, evidence that redox-active transition metal ions such as iron or copper are causative agents in the pathogenesis of atherosclerosis and its clinical sequelae (15,28). Thus, intracellular metal chelation may have anti-atherogenic effects and improve cardiovascular outcome (29,30). In this study, we found that the iron chelator, desferrioxamine, reduces inflammation in LPS-exposed C57BL mice and inhibits inflammation and atherosclerotic lesion development in the aorta of apoE $^{-/-}$  mice.

Reactive oxygen species have been implicated as key mediators of cell signaling pathways that activate redox-sensitive transcription factors, which in turn upregulate inflammatory gene expression (31). It has been shown that ROS production and LDL oxidation by cultured vascular cells are mediated by transition metal ions (32,33), and the oxidative capacity of these cells is greatly enhanced by micromolar concentrations of iron (24,34). In addition, LPS and iron may enhance cellular superoxide production by increasing NADPH oxidase activity (25). Catalytic or labile iron also has been shown to induce inflammatory responses in vascular endothelial cells, as manifested, *e.g.*, by increased expression of adhesion molecules and IL-6 and increased adherence of monocytes to these cells (24).

Therefore, removal of intracellular labile iron may decrease ROS production and oxidative stress, thereby diminishing cell and tissue injury and inflammatory responses. In agreement with this notion, the iron chelator, DFO, has been shown to effectively inhibit iron-mediated ROS production *in vitro* and *in vivo* (35–37) and protect cells from H<sub>2</sub>O<sub>2</sub>-induced DNA damage (38). Furthermore, DFO can protect against ROS-induced myocardial and coronary

endothelial ischemia-reperfusion injury (39,40) and improve endothelium-dependent vasodilation in CVD patients (41). Consistent with these observations, our data show that DFO inhibits LPS-induced acute inflammatory responses *in vivo*, as evidenced by reduced serum levels of adhesion molecules and MCP-1 and decreased aortic NF $\kappa$ B and AP-1 activation.

As explained, inflammation and oxidative stress in the arterial wall are prominent features of atherosclerosis. Ross (1) observed that feeding an atherogenic diet to experimental animals induced adhesion of monocytes and other inflammatory cells to the arterial wall in a matter of days. The antioxidant and anti-inflammatory effects of DFO most likely account for its observed anti-atherogenic effect in apoE $^{-/-}$  mice in the present study, which is in agreement with an earlier report that DFO decreases atherosclerotic lesion development in cholesterol-fed rabbits (20). In our study, DFO not only inhibited aortic atherosclerosis, but also significantly decreased macrophage accumulation, as assessed by CD68 expression. Aortic gene expression of MCP-1, a chemokine that plays a critical role in vascular monocyte recruitment and atherogenesis (1), was markedly—albeit non-significantly—reduced by DFO. In addition, DFO treatment significantly decreased gene expression of VCAM-1, ICAM-1, MCP-1, TNF $\alpha$ , and IL-6 in the heart, which is compatible with the notion of decreased inflammation and atherosclerotic lesion development in coronary arteries. We also found that DFO significantly increased tissue expression of TfR in heart and liver, a sensitive and reliable marker of intracellular labile iron status. While these data cannot establish cause-and-effect, they suggest that (intracellular) iron plays a critical role in inflammation and atherosclerosis, and that iron chelation by DFO inhibits atherosclerotic lesion development, in part, by suppressing vascular inflammation and monocyte-macrophage recruitment.

The finding that DFO exerted anti-inflammatory effects in apoE $^{-/-}$  mice is further buttressed by our observations that DFO suppressed LPS-induced acute inflammatory responses in C57BL mice and inhibited TNF $\alpha$ -induced expression of adhesion molecules and MCP-1 in human aortic endothelial cells (23). These studies also revealed a common underlying mechanism for the anti-inflammatory effect of DFO, *viz.*, inhibition of NF $\kappa$ B activation, a redox-sensitive transcription factor that regulates expression of many inflammatory genes (11). In most cell types, NF $\kappa$ B can be activated by a diverse range of stimuli, suggesting that several signaling pathways are involved. Lipid peroxidation has been reported to play a role in TNF $\alpha$ -induced NF $\kappa$ B activation (42). Redox-active transition metal ions play a key role in the initiation and propagation of lipid peroxidation, leading to the generation of peroxy and alkoxy radicals, as well as lipid hydroperoxides and numerous reactive breakdown products (33). DFO, which strongly inhibits iron-dependent lipid peroxidation, also strongly inhibited TNF $\alpha$ -induced NF $\kappa$ B activation in endothelial cells (42). Consistent with these data, in the present *in vivo* study we found that DFO treatment strongly inhibited LPS-induced NF $\kappa$ B activation in aorta.

The macrophage is a key cell type in the formation and fate of an atherosclerotic plaque. The accumulation of iron by plaque macrophages, mainly via erythrophagocytosis, promotes lipid uptake by stimulating expression of the macrophage scavenger receptor-1 (43). Oxidative reactions associated with the acquisition of iron and lipid may facilitate macrophage apoptosis, with the release of their cellular content into the atherosclerotic lesion. The release of iron and lipids contributes to the cellular mass of the lesion and causes further monocyte recruitment to the arterial wall, thereby amplifying the atherosclerotic process. Interruption of iron acquisition and storage in plaque macrophages by iron restriction or iron chelation inhibits lesion initiation and progression (19,20). In agreement with these observations, our results provide new evidence that DFO treatment inhibits macrophage accumulation in the arterial wall.

It should be noted that large doses of DFO appear to be safe in experimental animals, *e.g.*, 540 mg/kg/d for 7 days in rats (44) and 170 mg/kg/d in mice (45). Our preliminary data also showed that DFO at a daily dose of 500 mg/kg for seven days exerted no toxic effects. In our study, treating apoE<sup>-/-</sup> mice for 10 weeks with 100 mg/kg/d DFO did not cause significant growth retardation or body weight loss. Consistent with previous reports (20,46), we found that DFO did not affect serum iron, ferritin, and hemoglobin levels, as well as hematocrit. Hence, mice treated with DFO likely had sufficient iron stores to maintain normal erythropoiesis. However, we did find that DFO significantly decreased liver iron levels and increased cardiac and hepatic TfR expression, indicating that DFO effectively depleted tissue iron stores.

In conclusion, our study indicates that the iron chelator, DFO, inhibits inflammation and atherosclerotic lesion development in experimental mice, and provides the proof-of-concept that iron plays an important role in the pathogenesis of atherosclerosis. The relationship between iron stores and CVD in humans and the potential benefits of chelation of excess iron or limiting iron intake as a complementary strategy to prevent or treat atherosclerosis in humans requires further investigation.

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WJZ and BF designed research; WJZ and HW conducted the experiments; WJZ and BF analyzed data and wrote the manuscript.

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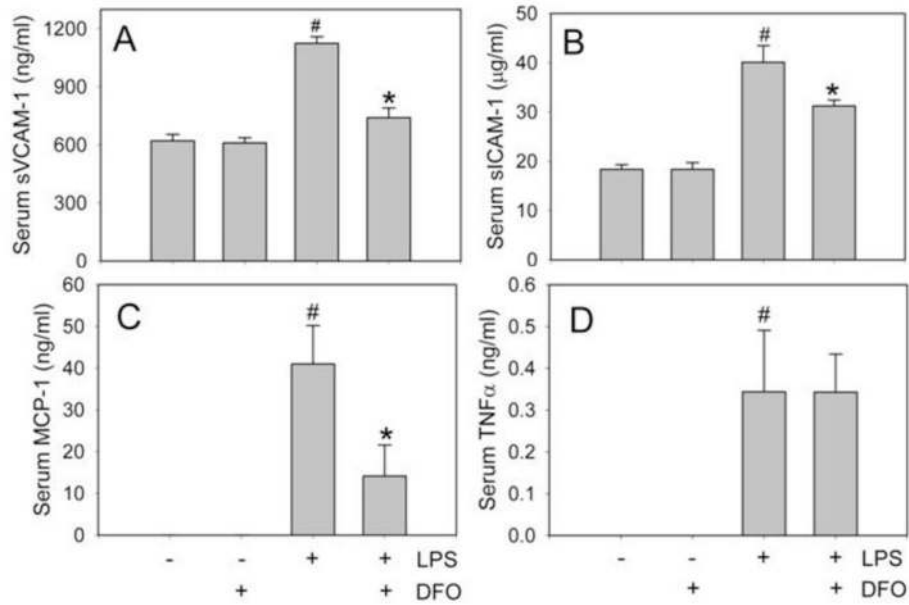
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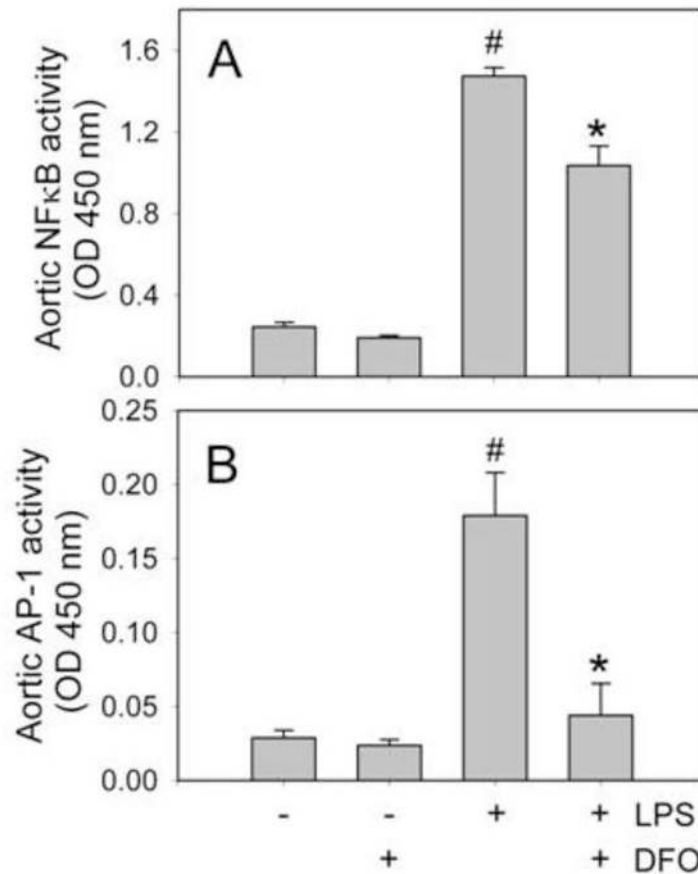
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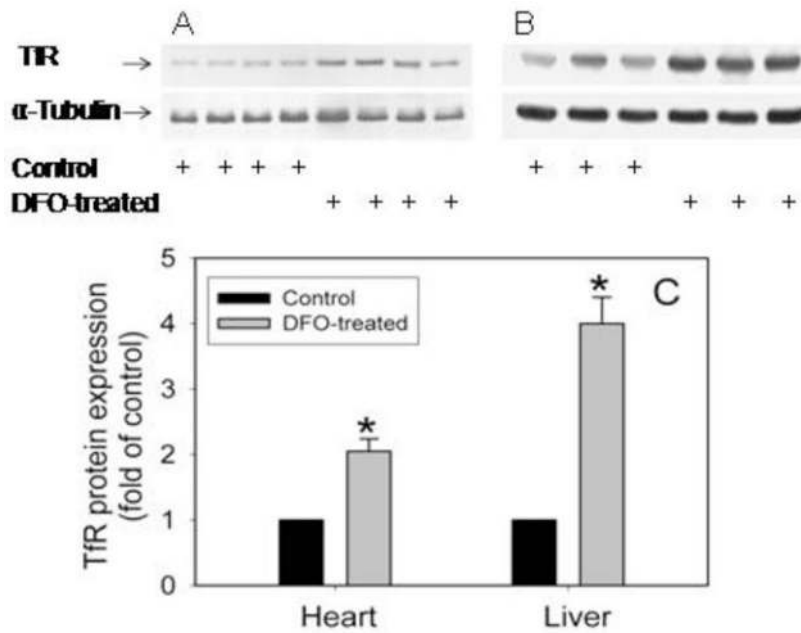


**Fig. 1. DFO inhibits LPS-induced increases in serum sVCAM-1, sICAM-1, and MCP-1 in C57BL/6J mice**

Mice were injected i.p. with vehicle HBSS (daily x 14 days), DFO (100 mg/kg b.w. daily x 14 days), 50  $\mu$ g LPS, or LPS+DFO as described in Methods. Three hours after HBSS or LPS injection, the animals were sacrificed and blood was collected. Serum sVCAM-1 (A), sICAM-1 (B), MCP-1 (C), and TNF $\alpha$  (D) were measured by ELISA. Data shown are mean values  $\pm$  SEM of five animals per group. <sup>#</sup> $P$ <0.01 compared to control HBSS-treated animals and <sup>\*</sup> $P$ <0.01 compared to LPS-treated animals.

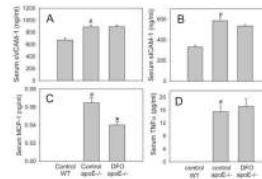


**Fig. 2. DFO inhibits LPS-induced NFκB and AP-1 activation in aorta of C57BL/6J mice**  
Mice were injected i.p. with vehicle HBSS (daily x 14 days), DFO (100 mg/kg b.w. daily x 14 days), 50 μg LPS, or LPS+DFO as described in Methods. Three hours after HBSS or LPS injection, the animals were sacrificed and nuclear extracts were isolated from aorta. NFκB (p65)/DNA (A) and AP-1 (c-fos)/DNA (B) binding activities were quantified by ELISA. Data shown are mean values ± SEM of five animals per group. <sup>#</sup>*P*<0.01 compared to control HBSS-treated animals and <sup>\*</sup>*P*<0.05 compared to LPS-treated animals.

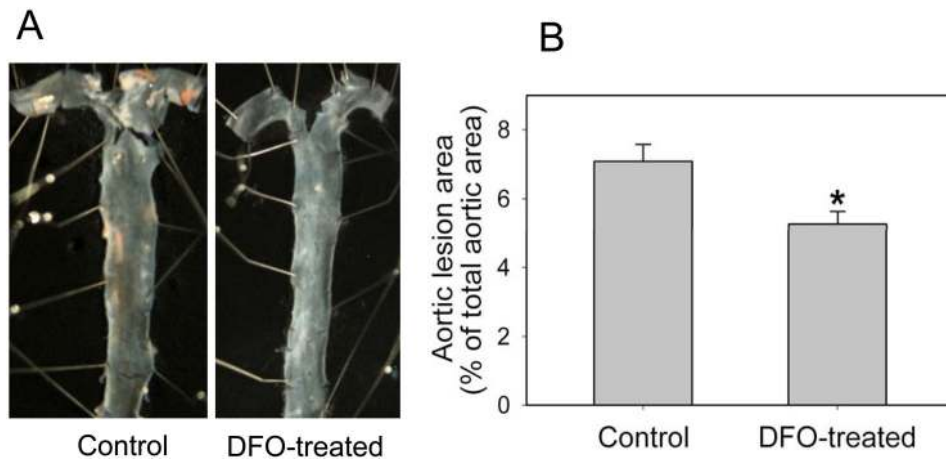


**Fig. 3. DFO increases Tfr expression in heart and liver of apoE<sup>-/-</sup> mice**

ApoE<sup>-/-</sup> mice were daily injected i.p. with vehicle HBSS or DFO (100 mg/kg b.w.) for ten weeks as described in Methods. Heart (A) and liver (B) Tfr protein was analyzed by Western blot as described in Methods. The intensity of the Tfr bands was quantitated by densitometry and, after normalization to the  $\alpha$ -tubulin protein, expressed as fold of control animals (C). Data shown are mean values  $\pm$  SEM of 3–4 animals per group. \* $P$ <0.01 compared to control animals.

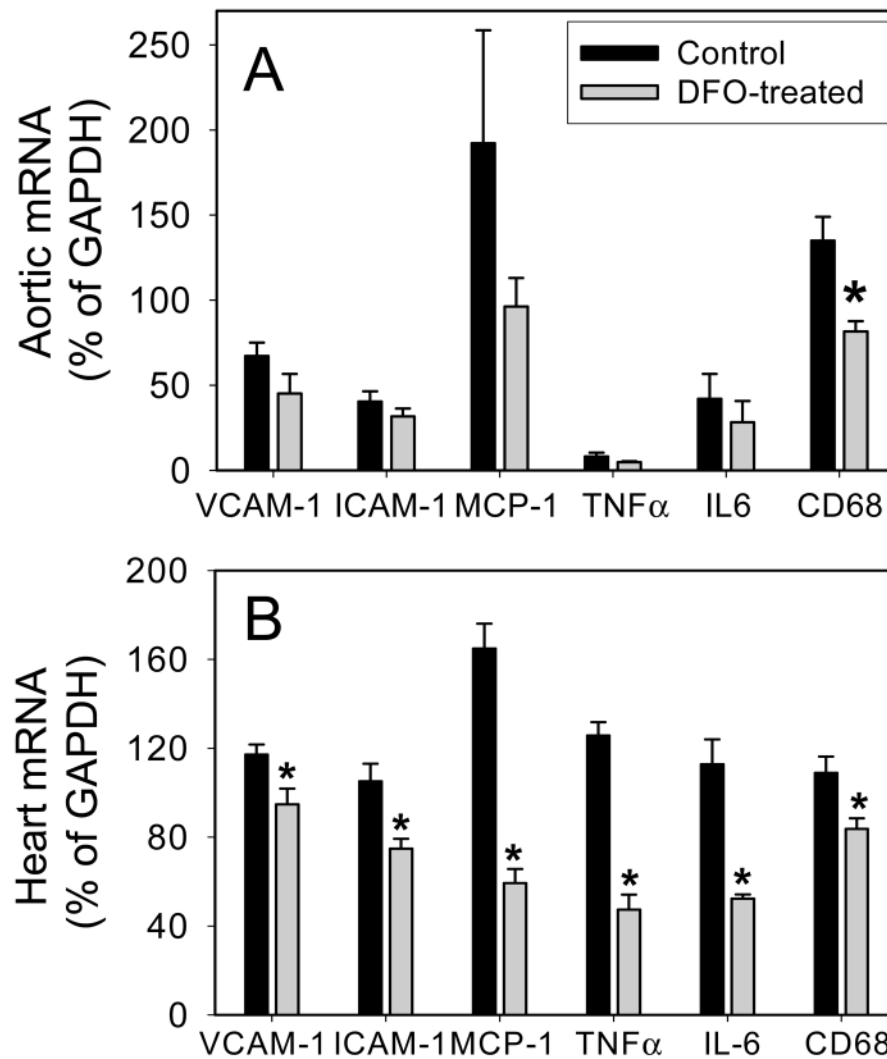


**Fig. 4. DFO lowers serum MCP-1, but not sVCAM-1, sICAM-1 and TNF $\alpha$ , in apoE<sup>-/-</sup> mice**  
 ApoE<sup>-/-</sup> mice were daily injected i.p. with vehicle HBSS or DFO (100 mg/kg b.w.) for ten weeks as described in Methods. Wild-type (WT) C57BL/6J mice were fed a normal chow diet. Serum levels of sVCAM-1 (A), sICAM-1(B), MCP-1 (C) and TNF $\alpha$  (D) were measured as described in Methods. Data shown are mean values  $\pm$  SEM of 5 WT and 18 apoE<sup>-/-</sup> mice in each group. <sup>#</sup> $P < 0.01$  compared to control WT animals and <sup>\*</sup> $P < 0.01$  compared to control apoE<sup>-/-</sup> animals.



**Fig. 5. DFO inhibits aortic atherosclerotic lesion development in apoE<sup>-/-</sup> mice**

ApoE<sup>-/-</sup> mice were daily injected i.p. with vehicle HBSS or DFO (100 mg/kg b.w.) for ten weeks as described in Methods. (A) Pinned-out aortas from one representative animal of each group showing surface lesions (red areas). (B) Aortic surface lesion areas in control and DFO-treated mice were measured as described in Methods. Data shown are mean values  $\pm$  SEM of 8 apoE<sup>-/-</sup> mice in each group. \* $P < 0.05$  compared to control animals.



**Fig. 6. DFO inhibits inflammatory and macrophage-specific gene expression in heart and aorta of apoE<sup>-/-</sup> mice**

ApoE<sup>-/-</sup> mice were daily injected i.p. with vehicle HBSS (black bars) or DFO (100 mg/kg b.w.) (grey bars) for ten weeks as described in Methods. Total RNA was isolated from aorta (A) and heart (B), and VCAM-1, ICAM-1, MCP-1, TNF $\alpha$ , IL-6, CD68, and GAPDH mRNA levels were quantified using real-time quantitative PCR. After normalization to the internal control gene, GAPDH, the results for each target gene were calculated as percentage of GAPDH. Data shown are mean values  $\pm$  SEM of five apoE<sup>-/-</sup> mice in each group. \* $P$ <0.05 compared to control animals.