# The moderating effects of transformational leadership and self-worth in the idiosyncratic deals - employee reactions relationship: A study of Indian hospitality industry

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## Abstract

**Purpose** – This paper examines the relationship between timing of negotiations and idiosyncratic deals (i-deals) through the moderating effects of core self-evaluations (CSE), and between i-deals and employee reactions through the moderating effects of transformational leadership behaviour (TLB) in the Indian hospitality industry.

**Design/methodology/approach** – A total of 275 employees working in 39 companies responded to a self-administered questionnaire. To test the research hypotheses, the methodology of structural equation models was used.

**Findings** – The results show that the relationship between before hiring negotiations and ideals is stronger for those individuals who had low self-worth, due to countervailing forces created by their belief that they may not be eligible for i-deals. In contrast, the relationship between after hiring negotiations and i-deals is stronger for those who had high self-worth, due to their belief that they were entitled to i-deals. Additionally, the research highlights that the relationship between i-deals and employee reactions is stronger for those organisations, which are high on TLB.

**Research limitations/implications** – The data does not allow for investigating dynamic causal inferences, because they were collected using a questionnaire at a single point in time, and they were reported in retrospect, raising measurement concerns about recall bias.

**Practical implications** – From a managerial point of view, the findings of this study inform that in negotiating both employment conditions and work arrangements, organisations should try to achieve i-deals that are primarily flexibility focused, and that in increasing efficiency organisations should make the employees feel well supported in order to develop more confidence in deploying skills and abilities to address a more open view of their i-deals.

**Originality/value** – The study contributes to our understanding about the Indian hospitality industry by utilising the self-enhancement theory in examining whether individual differences moderate the relationship between the timing of negotiations and i-deals, and also by utilizing the social exchange theory to examine whether TLB moderates the relationship between i-deals and employee reactions.

**Keywords** - Idiosyncratic deals, Timing of negotiations, Employee reactions, Self-evaluation, Transformational leadership, India

Paper type - Research paper

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## Introduction

Idiosyncratic deals (i-deals) are a relatively new concept in organizational research (e.g., Liao *et al.*, 2016; Liu *et al.*, 2013; Rousseau *et al.*, 2009) and have started to attract academic attention as a strategy for improving employee reactions (Ng and Feldman, 2015). 'I-deals refer to voluntary, personalized agreements of a nonstandard nature negotiated between individual employees and their employers regarding terms that benefit each party' (Rousseau, 2005, p. 8). I-deals are typically created through negotiations between an employee and the organisation (Liao *et al.*, 2016). The timing of such negotiations can be during recruitment as well as after hiring, and their content relates to the opportunities provided to the recipient in the form of job content, careers development, work time flexibility, location flexibility and financial incentives (Hornung *et al.*, 2014).

Organisations offer i-deals hoping that employees will react positively (e.g., Rousseau, 2005), and that i-deals will bring positive and direct benefits to both the employees and the organizations (e.g., Rousseau *et al.*, 2006). However, few empirical studies have been conducted on i-deals (e.g., Hornung *et al.*, 2008; Ng and Feldman, 2010; Rosen *et al.*, 2011) investigating the response of employees when they are offered special employment arrangements (Ng and Feldman, 2015). Further, empirical investigation is needed to robustly address such linkages because i-deals are costly for organisations, and if they do not improve the employment relationship, then the rare and valuable resources offered to employees via these i-deals will not deliver the expected positive impact on all concerned parties, making the return on investment on i-deals pointless (Ng and Feldman, 2010; 2015).

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The present study focuses on the relationship between i-deals and employee reactions for several reasons. First, both timing of negotiations and i-deals are important for attracting and retaining talent. However, it is argued that there is a connection between the timing of negotiations and i-deals (Rousseau *et al.*, 2009) and the strength of this connection may vary substantially due to differences in the national context of labour markets where negotiations take place. This study seeks to test this relationship in an emerging market - India that belongs in the middle zone of negotiability, which refers 'to the conditions of employment available for negotiation by workers and their employer' (Rousseau, 2001, p. 264). In particular, we test our hypotheses in the rapidly expanding hospitality industry of India. This is because the decline in collective arrangements in many countries has been widely noted to be faster in the services sector such as the hospitality industry. Associated to the rising concern for flexibility in the Indian hospitality industry and deriving in part from the changing composition of the workforce, there has been a growth in individual deals (Blyton *et al.*, 2008). Thus, it is interesting to examine this relationship in the mentioned context, which in terms of idiosyncratic deals is still seriously under-researched.

Second, the relationship between timing of negotiations and i-deals may depend on the personal differences of individuals' aspects such as gender, age, education, personality, and self-worth. In this study we examine whether individual differences related to self-worth moderate the relationship between the timing of negotiations and i-deals. For example, employees who have feelings of high self-worth are likely to feel entitled to i-deals. Contrary to that, individuals with low self-worth may develop countervailing forces with respect to i-deals (Ng and Feldman, 2010). This could be critical for customising and crafting personalised solutions to meet individual needs and preferences depending on the negotiating abilities of individuals, which may be influenced by their self-knowledge (Gelfand and Brett, 2004). Hence, according to this view, self-worth is a variable relevant to personal and

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situational interests and it is a type of motivation that works to make people feel good about themselves and to maintain self-esteem.

Third, previous research suggests a positive relationship between i-deals and employee reactions (Hornung et al., 2008; Ng and Feldman, 2010). It is usually argued that employees will systematically react positively when they are offered i-deals that meet their expectations (Ng and Feldman, 2010; Rousseau, 2005). However, relatively little is known about why employees improve their reactions in response to receiving i-deals (Ng and Feldman, 2015). The strength of these reactions may vary substantially due to differences in the quality of workplace relationships with their leaders, in particular, transformational leadership (TL), that is known to be linked to desired employee reactions (Braun et al., 2013; Bottomley et al., 2016). TL refers to the behaviour where the leaders motivate their employees to perform beyond expectations. According to the social exchange theory, which propagates a process of negotiated exchanges between parties, this leadership behaviour creates a positive work climate making the recipients of i-deals to reciprocate more favourably in terms of their attitudes and behaviour. Considering that little research has investigated the influence of climate factors in the relationship between i-deals and employee reactions (Bal et al., 2012), in this study we also examine whether TL differences moderate the relationship between i-deals content and employee reactions. This is based on the premise that transformational leadership behaviour (TLB) enhances the quality of relationships between employers and employees, which are necessary for improving the employment outputs (Carter et al., 2013).

Considering that data on i-deals are largely anecdotal for emerging economies, the present study seeks to investigate the employment relationship concerning i-deals, which is largely untested (e.g., Rousseau *et al.*, 2006; Rousseau *et al.*, 2009) with robust measures. Accordingly, the aims of this research are two-fold. First, to examine whether the relationship

between the timing of negotiations and the development of i-deals is moderated by the core self-evaluations (CSE) of individuals. Second, to examine whether the relationship between ideals and employee reactions is moderated by TLB. We utilise the theories of selfenhancement and social exchange to examine these two aims respectively. In doing so, this will be the first study to examine the impact of the timing of negotiations on i-deals, moderated by employees' assessments of their self-worth, and consequently the impact of ideals on employee reactions, moderated by the quality of workplace relationships with their leaders. In other words, this research integrates in the same context the role of personality in the workplace expressed by self-worth and the role of climate in the workplace expressed by TLB to investigate the relationship between i-deals and employee reactions (Johns, 2006).

### **Research framework and hypotheses**

The operational framework utilised for this research is presented in figure 1. There are two distinguishing features of this framework. The first refers to the relationship between the timing of negotiations and the development of i-deals. Based on the self-enhancement theory, it is assumed that this relationship is moderated by the CSE of individuals. This is because one's self-knowledge influences their interactions with others such as its negotiating behaviour (Gelfand and Brett, 2004). The second feature refers to the relationship between i-deals and employee reactions. Based on the tenets of the social exchange theory it is assumed that this relationship is moderated by the TLB. This is based on the premise that TLB enhances the quality of employer-employee relationships, which are necessary for the accomplishment of organisational goals (Carter *et al.*, 2013). The logic for the choice of the key research constructs adopted for this study and their linkages is presented below.

Insert Figure 1 about here

# Moderating effect of core self-evaluations

I-deals can be negotiated either prior to employment - known as *ex-ante* i-deals, or after hire - known as *ex-post* i-deals (Rousseau *et al.*, 2006). The timing of i-deals negotiation is associated with the bargaining power of the two parties - employer and employee. This is because the employers usually grant i-deals to employees not only after they have proved to be trustworthy and valuable, but also to recruits considering their qualities in highly competitive labour markets (Rousseau, 2005).

Both the ex-ante or ex-post negotiations and i-deals content are known to be interdependent (Rousseau, 2001). The content of i-deals is the resources it involves. For example, during ex-ante negotiations employers are likely to concentrate on i-deals with respect to tangible resources such as payment and working hours. In contrast, during ex-post negotiations employers usually concentrate on i-deals with respect to intangible resources such as mentoring and career paths (Rousseau *et al.*, 2009). It is further supported that the extent of ex-post negotiation is greater than the extent of the ex-ante negotiation and that expost negotiations are related more to i-deals than ex-ante negotiations (Rousseau *et al.*, 2009).

I-deals can take countless forms, differentiated according to the timing of their formation and their specific content (Rousseau *et al.*, 2009). The content of i-deals is usually distinguished into three dimensions – task, career and flexibility. *Task* i-deals are personalised arrangements where individual employees negotiate to make their job content more motivating and enjoyable. *Career* i-deals are customised arrangements in which individual employees negotiate for advancing their professional careers (also see Baruch and Vardi, 2016). *Flexibility* i-deals are personalised arrangements where individual employees negotiate where individual employees negotiate to their working hours and work scheduling to better fit their needs and preferences (Hornung *et al.*, 2014). While these three types of i-deals have mainly been

examined separately as per their contents, we argue that i-deals can comprise a single theoretical concept with several distinct but related dimensions (see Liao *et al.*, 2016). According to the general multi-dimensional construct, the additive approach is not considered in order to avoid the treatment of equal influence on the dependent variables under investigation, and consequently the differential effects of the different components of these measures are explored (Jiang *et al.*, 2012).

There are many worker specific factors contributing to i-deals, such as their skills, competencies and capabilities (Rousseau, 2001). However, less is known about the moderating effect of CSE in the employment relationship concerning i-deals (Ng and Feldman, 2010). CSE include the fundamental qualities people hold about themselves (Judge *et al.*, 1998). There are usually four dimensions of CSE: self-efficacy, self-esteem, emotional stability and locus of control. *Self-efficacy* is the extent to which individuals believe in their ability to perform tasks and reach goals. *Self-esteem* is the extent to which individuals feel mentally healthy. *Locus of control* is the extent to which individuals believe that they can control events that affect them (for details see Judge *et al.*, 1998).

The theory of CSE has provided a useful framework for describing the effect of selfworth on work attitudes and behaviours. According to this theoretical framework, previous research using CSE as an independent variable in the employment relationship (Judge *et al.*, 1997) has supported the relation of CSE with various outcome variables including job satisfaction, work performance, and job characteristics (Chang *et al.*, 2012). The vast majority of these studies have treated CSE as an exogenous variable without examining its mediating mechanisms (Chang *et al.*, 2012). Additionally, and consistent with Judge *et al.*'s (1998) view that CSE biases how employees appraise the employment relationship, researchers have proposed that outcomes in the employment relationship are contingent upon CSE, such that positive aspects of work are thought to be more salient to high CSE employees (Judge *et al.*, 1998). However, few studies provided evidence that CSE interacts with other variables to predict outcomes, and the findings of these studies were inconsistent (Chang *et al.*, 2012). In this study we treat CSE as a general multi-dimensional construct, following the same reasoning as presented above with respect to the i-deals construct, in order to consider the differential effects of the different components of CSE.

Also, less is known about the moderating effect of CSE in the employment relationship concerning i-deals (Ng and Feldman, 2010). Taking into consideration that reactions to events are influenced by how worthy one views oneself (Chang et al., 2012), it is proposed in this study that CSE moderates the relationship between the timing of negotiations and i-deals. In particular, considering that the timing of i-deals negotiation is associated with the bargaining power of employees and the employees, it can be categorised into two types. First, ex-post negotiation is a dynamic on-going employment relationship between an employer and employees. Employees who negotiate ex-post i-deals tend to believe that the employer recognises their qualities. Individuals, who have high positive assessment about their own worth, reflected in their high CSE, negotiate persistently and achieve i-deals, believing that the employer acknowledges their worth. Second, ex-ante negotiation is a static phenomenon, where employees who negotiate such i-deals tend to believe that the employer may want to fill some organisational needs. However, the strength of this positive relationship may inversely depend on the CSE of the individual under the explanation that CSE may create countervailing forces on employees' behaviour (see Judge et al., 1998; Ng and Feldman, 2010). An individual who has low CSE tends to pursue the negotiations more in achieving i-deals, believing that by negotiating harder will give the impression to the employer that he/she is a competitive individual who is important for the organisation. This may be true especially during tough times. Therefore, bearing in mind that individual

differences related to self worth moderate the relationship between the timing of negotiations and i-deals, we hypothesise that:

*Hypothesis 1:* Core self-evaluations moderate the positive relationship between ex-post negotiations and idiosyncratic deals, such that the relationship is stronger for individuals who are high on core self-evaluations.

*Hypothesis 2:* Core self-evaluations moderate the positive relationship between ex-ante negotiations and idiosyncratic deals, such that the relationship is stronger for individuals who are low on core self-evaluations.

### Moderating effect of transformational leadership behaviour

Employees obtaining i-deals may feel obligated to the organisation and thus, they are likely to reciprocate by positively reacting toward their organisation (Anand *et al.*, 2010; Ng and Feldman, 2012). Research on i-deals documented that following a successful negotiation the specific employee demonstrates positive attitudes (e.g., Hornung *et al.*, 2010) and behaviours (e.g., Liu *et al.*, 2013), which concern both the self and the employer (Rofcanin *et al.*, 2014). It is argued that i-deals are related to greater employee motivation (Hornung *et al.*, 2008), higher employee commitment (Ng and Feldman, 2010), higher work engagement (Lai *et al.*, 2009) and higher levels of organisational citizenship behaviour - OCB (Anand *et al.*, 2010). *Employee motivation* is defined as "a set of energetic forces that originates both within as well as beyond an individual's being, to initiate work-related behaviour, and to determine its form, direction, intensity, and duration" (Pinder, 1998, p. 11). *Employee commitment* describes the extent of an employee's identification with and attachment to an organization (Meyer and Allen, 1991). *Employee work engagement* is often defined as "a positive, fulfilling, work-related state of mind that is characterized by vigour, dedication, and absorption" (Schaufeli *et al.*, 2002, p. 74). *OCB* refers to work related behaviour that goes above and beyond that is

dictated by organizational policy and one's job description (Organ, 1988). These four dimensions of employee reactions have received a lot of scholarly attention when related to successful negotiation of i-deals (Liu *et al.*, 2013). However, most studies have typically conceptualized most constructs as being uni-dimensional measures and neglected the fact that they may consist of more than one dimension (Zhu *et al.*, 2013). In contrast, following the same approach as we did with i-deals, we treat the contents of different employee reactions as a single general multi-dimensional construct (Katou *et al.*, 2014; Liao *et al.*, 2016).

Over the last thirty years or so, a great deal of research has examined the direct effects of leadership on work outcomes such as employee motivation, commitment, work engagement and OCB (Zhu *et al.*, 2013; Bottomley et al., 2016). During this period the focus of research has shifted from transactional to transformational models of leadership (Judge and Piccolo, 2004). Although academic research on the topic of leadership has witnessed an impressive increase, resulting in the development of diverse leadership theories, it is only in recent years that research has started investigating the mechanisms of the role of TL in the employment relationship (Zhu *et al.*, 2013).

In the above-mentioned research, several studies have examined the effects of TL at an individual level (e.g., Braun *et al.*, 2013). Transformational leaders are known to motivate employees to achieve high levels of performance by transforming employees' attitudes, beliefs and values as opposed to merely gaining obedience (Bass, 1985). Core dimensions of TL include the responsive, supportive, and developmental leadership. *Responsive leadership* refers to behaviour such as being an active listener, responding to suggestions, and treating people fairly (Purcell and Hutchinson, 2007). *Supportive leadership* refers to behaviour that provides emotional, informational, instrumental, and appraisal to followers (House, 1981). *Developmental leadership* refers to specific behaviour that includes career counselling, careful observation of staff, recording followers' progress and encouraging followers to attend courses (Bass, 1985).

We go beyond earlier research to suggest that TLB moderates the relationship between i-deals and employee reactions. This is based on the premise that when managers place strong emphasis on TL, a positive climate arises within the organisation that makes the recipients of i-deals to reciprocate more strongly to the organisation, which is translated into improved employee attitudes and behaviour (Hofmann et al., 2003). For example, a responsive leader by being an active listener and responding to suggestions may influence more strongly the relationship between flexibility related i-deals and OCB. Similarly, supportive leadership, by influencing employees emotionally may have a stronger impact on the relationship between task related i-deals (i.e., making the job content more motivating and enjoyable) and employee motivation and organisational commitment. Likewise, developmental leadership by focusing on career counselling may have a stronger impact on the relationship between career related i-deals and work engagement. Additionally, following the same approach as we did with i-deals and employee reactions, we treat the contents of TL as a single general multidimensional construct. Accordingly, taking into account that TLB moderates the relationship between i-deals and employee reactions by developing quality relationships between managers and employees, which are reflected into positive organisational climate (Carter et al., 2013), we hypothesise that:

*Hypothesis 3:* Transformational leadership behaviour moderates the positive relationship between i-deals and employee reactions, such that the relationship is stronger for organisations high on transformational leadership.

#### Method

Context

As mentioned-above, this study seeks to test the relationship between i-deals and employee reactions in the Indian hospitality industry. This is based on the premise that the extent to which employment terms and conditions can be negotiated prior to employment or after hire may depend on fundamental labour differences that exist among countries (e.g., Pacheco et al., 2016). Countries with a high degree of negotiability in employment, such as the US, the UK and New Zealand, having few labour statutes specifying terms and conditions of employment leave a wide space up to individual employees and employers to determine i-deals. In contrast, countries with a low degree of negotiability in employment, such as France and Belgium, having many labour statutes specifying terms and conditions of employment, leave a narrow space up to individual employees and employers to determine i-deals. Countries with a middle degree of negotiability in employment, such as India, Israel, Mexico and Singapore, having relatively some labour statutes specifying terms and conditions of employment, leave some space up to individual employees and employers to determine i-deals. (Rousseau, 2001). Thus, the zone of negotiability (i.e., wide, middle, narrow) influences the extent of i-deals.

The zone of negotiability is shaped by a number of economic and societal factors. For example, an organisation operating in the hospitality industry might be more inclined to be flexible for setting its zone of negotiability than an organisation operating in a heavy manufacturing industry. Particularly, the fast growing sectors in emerging economies have given rise to a strong demand for highly marketable individuals making i-deals more commonplace. Considering that the hospitality industry is the largest service industry in India with a contribution of 6.6 per cent to the national GDP and 8.8 per cent to the total employment in India (Harini and Indira, 2014), it is important to test our i-deals hypotheses in this rapidly expanding industry, which has emerged to be one of the key industries driving growth of the service sector in the country.

### Sample

A questionnaire survey in the Indian hotel industry was carried out between December 2013 and March 2014. Combining a convenience based along with a snowball sampling technique (Kulkarni *et al.*, 2015), 100 hotel organisations and travel intermediaries with more than 50 employees were approached by 20 individuals (samplers) pursuing management degrees at an Indian Business School. To increase the reliability of measures the samplers were asked to concentrate on six respondents from each organisation - one at senior management level, two at middle management level and three at other (lower) employees' level, i.e., 600 questionnaires altogether. Of these, 275 usable questionnaires were returned from the employees in 39 organisations, a response rate of 39 percent at the organisation level, and 45.8 percent at the employee level, which is considered as good (Mellahi and Harris, 2016).

Of the sample of 39 organisations, 42.9 percent had 75 to 250 employees, 26.7 percent had 251 to 500 employees, and 30.5 percent had more than 500 employees; 45.5 percent were from the hotel industry and 54.5 percent were from the travel intermediaries industry; 15.3 percent were from the public sector and 84.7 percent were from the private sector. Of the sample of 275 respondents, 81.1 percent were male and 18.9 percent were female. The average age of respondents was 29.19 ( $\pm$  4.77) years old, and the average seniority was 5.43 ( $\pm$  3.85) years. Finally, 18.9 percent of the respondents were senior managers, 36.7 percent were middle managers, and 44.4 percent belonged to the other category of employees.

# Measures

Unless indicated, all research constructs are measured using a five-point rating scale ranging from 1 = not al all to 5 = to a very grate extent, from 1 = totally disagree to 5 = totally agree, or from 1 = very little to 5 = very much.

*I-deals timing:* The timing of i-deals was measured with two-items each for ex-ante and expost negotiation developed by Rousseau *et al.* (2009).

*I-deals:* The construct of i-deals comprised of 9-items developed by Hornung *et al.* (2014) and forms of three subscales - work tasks, career support, and flexibility schedules. Respondents were asked to rate the extent to which they had asked for and successfully negotiated personalised conditions in their current job.

*Employee reactions:* The construct of employee reactions comprised of four dimensions of motivation, organisational commitment, work engagement, and OCB. The *motivation* scale comprised of 11-items developed by Lockwood (2010), comprising of three sub-scales - recognition, incentives, and relations. The *commitment* scale comprised of 15-items developed by Allen and Meyer (1990), which is divided into three sub-scales of affective commitment, continuance commitment, and normative commitment. The *work engagement* scale comprised of 17-items developed by Allen and Meyer (1990), which is divided into three sub-scales of three sub-scales of three sub-scales of three sub-scales of vigour, dedication, and absorption. The *OCB* scale comprised of 20-items developed by Niehoff and Moorman (1993) and contains five sub-scales of altruism, courtesy, sportsmanship, conscientiousness, and civic virtue.

*Core self-evaluations:* The scale of CSE comprised of 12-items developed by Judge *et al.* (2003), which contains four subscales of self-efficacy, self-esteem, emotional stability, and locus of control.

*Transformational leadership behaviour:* The scale for TL comprised of 11-items and is divided into three subscales of responsive leadership (see Purcell and Hutchinson, 2007), supportive and developmental leadership (see Rafferty and Griffin, 2006).

*Controls:* We included sector, ownership and size as *organizational control* variables and gender, age, seniority and position as *individual control variables*. These demographic variables are known to have relationship between i-deals and employee reactions (e.g. Ng and Feldman, 2010). Each of the controls was treated in estimation as a single latent variable.

Consistency and validity

Construct internal consistency was investigated by evaluating the computed Cronbach alpha scores. The figures in table 1 indicate that the survey instrument is reliable for testing the model presented in figure 1, as all Cronbach alphas are higher than 0.70. Construct validity was examined by evaluating the percentage of the total variance explained for each dimension, obtained by applying confirmatory factor analysis (CFA) with varimax rotation and the selection criterion that the eigenvalue should be greater than one. The percentage of total variance explained values reported in table 1 are higher than 50.0 percent indicating acceptable survey instrument construct validity. In addition, construct validity was further examined by evaluating the average variance extracted (AVE) for each dimension, obtained by applying CFA. The AVE values reported in table 1 are higher than 0.50 indicating acceptable survey instrument construct validity. Examining the calculated composite reliability scores assessed construct composite reliability. The figures in table 1 indicate that the degree of construct composite reliability is acceptable, as most reliability scores either exceed or are very close to 0.90. Examining whether the square root of each factor's AVE is larger than its correlations with other factors assessed construct discriminant validity. The correlation coefficients reported in table 1 are smaller than the square root of each factor's AVE, thus providing evidence for separate constructs (Hair *et al.*, 2008).

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Insert Table 1 about here

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## Common method bias

To reduce the common method bias threat in the survey design, we asked multiple respondents from each organisation to answer the questions of the questionnaire. However, taking into consideration that some correlation coefficients were rather high, Harman's single factor test was also used to examine the likelihood of common method bias threat. According to this test the simultaneous loading of all items in a factor analysis revealed seven factors, and not just one, with the first factor covering only 29.08 percent of total variance explained, thus indicating that the common method bias in the data is not a concern.

## Data aggregation properties

Considering that the dataset refers to perceptions of employees at three different levels in the organisational hierarchy (i.e. senior managers, middle managers, and other employees), before any estimation, the aggregation properties of the survey data on perceptions of employees into meaningful constructs were assessed. To examine the aggregation properties of the variables, the indices of intra-class correlation coefficients - ICC(1) and ICC(2), and inter-ratter agreement measure - RWG(J) were computed. In particular, from the figures presented in table 1 it is seen that the values of RWG(J) are greater than 0.70, justifying strong aggregation, and the values of ICC(2) are above 0.70 in most cases and the values of ICC(1) are all significant, justifying analysis of large statistical power. Accordingly, the values of the three indices justified the use of constructs to model ratter effects.

## Statistical analysis

To test the hypotheses, structural equation modelling (SEM) was used via LISREL (Jöreskog and Sörbom, 2004). We assessed the overall model fit following Bollen's (1989) recommendation to examine multiple indices, since it is possible for a model to be adequate on one fit index but inadequate on many others. We used the chi-square test and normed-chi-square ratio, goodness of fit index - GFI, normed fit index - NFI, comparative fit index - CFI, and the root mean squared error of approximation - RMSEA (for details see Hair *et al.*, 2008).

## Results

Model estimation

Before testing the hypotheses, a series of CFAs were performed to ensure construct validity. First, a hypothesised structure was tested, referring to six distinctive constructs. Analyses showed an acceptable fit for this structure (Chi-Square = 1136.03, df = 168, p = 0.061, Normed-Chi-Square = 6.762, RMSEA = 0.145, NFI = 0.93, CFI = 0.94, GFI = 0.72). However, taking into consideration that correlations between some factors were high, another CFA was performed referring to one construct representing the whole structure. This structure was found to fit much worse than the hypothesized structure (Chi-Square = 3774.85, df = 189, p = 0.000, Normed-Chi-Square = 19.973, RMSEA = 0.263, NFI = 0.83, CFI = 0.84, GFI = 0.43). Then, alternative structures with combinations of fewer constructs (between one and six) were tested (Anand *et al.*, 2010) suggesting that the proposed hypothesized structure fit the data better.

Table 1 displays the means, standard deviations, consistency indices, aggregation indices and correlation coefficients of the constructs used in the study. We observe strong, positive and significant correlations between all structural constructs, supporting the hypotheses of the study. However, results based on correlations, although interesting, may be misleading due to the interactions between several variables. Therefore, in order to isolate the possible links between the variables involved in the operational model presented in figure 1, the estimated path diagram for this proposed framework is presented in figure 2. The numbers that are assigned to each arrow show the estimated standardized coefficients. The goodness-of-fit indexes confirmed the validity of the operational model (Chi-Square = 743.49, df = 294, p = 0.000, Normed-Chi-Square = 2.529, RMSEA = 0.075, NFI = 0.91, CFI = 0.93, GFI = 0.84). Finally, we must note that although we tried all possibilities connecting controls with all the other constructs, the only significant results obtained are those reported in figure 2.

Insert Figure 2 about here

# Testing the hypotheses

Considering the data in table 1 and the estimated coefficients of the model, and applying the ModGrapth software (see Jose, 2008), figure 3 presents the graphical plot of the moderation effects of ex-post negotiations and CSEs on i-deals. Figure 4 presents the graphical plot of the moderation effects of ex-ante negotiations and CSEs on i-deals. Figure 5 presents the graphical plot of the moderation effects of i-deals and TLB on employee reactions. Two parameters are important in reading the lines (i.e., relationships) presented in figures 3, 4 and 5, the relative position of the line (i.e., shift of the relationship) and the relative slope of the line (i.e., strength of the relationship).

Insert Figures 3, 4 and 5 about here

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With respect to the relationships in figure 3, we see that the slopes of the three lines are positive and significant, indicating that there is a positive relationship between ex-post negotiations and i-deals. This result supports the findings of Rousseau *et al.* (2009). By contrasting the relative position of the three lines it is seen that the higher the self-evaluation is, the higher is the up-wards shift of the relationship. By comparing the slopes of the three lines, it is seen that the steepest slope (the strongest positive association) occurs for employees who score high on CSEs. Although, the differences of the slopes of the three lines are small, considering that the differences of the positions of these lines are large, the results mean that CSE moderate the positive relationship between ex-post negotiations and i-deals, such that the relationship is stronger for individuals high on CSEs, thus supporting hypothesis

1.

With respect to the relationships in figure 4, we see that the slopes of the three lines are positive and significant, indicating that there is a positive relationship between ex-ante negotiations and i-deals. This result also supports the findings of Rousseau *et al.* (2009). However, by contrasting the relative position of the three lines it is seen that the higher the self-evaluation, the further down-wards is the shift of the relationship. Moreover, by comparing the slopes of the three lines, by means of the usual t-test, it is seen that the steepest slope occurs for employees who report low on CSEs. Accordingly, considering that the positions of the three lines are significantly different, and the slopes of these lines are also significantly different, these results mean that CSE moderate the positive relationship between ex-ante negotiations and i-deals, such that the relationship is stronger for individuals low on CSEs, thus supporting hypothesis 2.

Considering further that the slopes of the relationships in figure 3 are much higher than the slopes of the relationships in figure 4, we conclude that the relationship between expost negotiations and i-deals is much stronger compared to the relationship with respect to exante negotiations. This result further supports the findings of Rousseau *et al.* (2009). However, taking into account the levels of the standardised coefficients reported in figure 2, we observe the following: (1) the balance of negotiations among work arrangements (standardised coefficient = 0.67) and employment conditions (0.70) is the same for both exante and ex-post negotiations, as it is seen by the equal standardised coefficients between exante and ex-post negotiations; (2) the influence of ex-ante and ex-post negotiations moderated by CSEs shape i-deals that put more emphasis on flexible schedules (0.60) than on work tasks (0.57) or career support (0.54); (3) for advancing i-deals negotiations individuals are based more on their emotional stability (0.64) and locus of control (0.60) CSE than on self-esteem (0.44) or self-efficacy (0.42); and (4) both ex-ante and ex-post i-deals negotiations are

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pursued more by individuals working in hotels than at travel intermediaries, given the negative standardised coefficients of the sector control (hotels, intermediaries).

Considering the relationships in figure 5, we see that the slopes of the three lines are positive and significant, indicating that there is a positive relationship between i-deals and employee reactions. By contrasting the relative position of the three lines it is seen that the higher the perceived TLB, the higher is the up-wards shift of the relationship. By comparing the slopes of the three lines it is seen that the steepest slope occurs for organisations high on TL. Although the differences of the slopes of the three lines are small, considering that the differences of the positions of these lines are large, the results mean that TLB moderates the positive relationship between i-deals and employee reactions, such that the relationship is stronger for organisations high on TL, thus supporting hypothesis 3. This result partly supports the findings of Anand et al. (2010), supporting that leader-member exchange moderates the relationship between i-deals and OCB. Taking further into consideration the levels of the standardised coefficients in figure 2 we observe the following: (1) developmental (0.67) has the highest contribution in TL compared to supportive (0.65) or responsive (0.64); (2) employee work engagement (0.63) has the highest contribution in employee reactions compared to employee commitment (0.62), employee motivation (0.58) or OCB (0.45); (3) these results are more influenced by larger than by smaller organisations, as it is indicated by the positive standardised coefficient of the size control; and (4) integrating these results we may say that i-deals, and especially the flexibility schedules dimension has the highest impact on the work engagement and commitment of employees, being enhanced more by the developmental and supportive TL dimensions.

#### Discussion

This research examined whether the relationship between the timing of negotiations and ideals is moderated by the CSE of individuals, and whether the relationship between i-deals and employee reactions is moderated by TLB. Our results provide support for all the hypotheses of the study. Particularly, CSE moderates the positive relationship between the timing of negotiations and i-deals, and TLB moderates the positive relationship between ideals and employee reactions. Consequently, our findings are largely in accordance with ideals theory regarding the employment relationship (Ng and Feldman, 2010; Rousseau et al., 2006; Rousseau et al., 2009). However, although the majority of studies on i-deals are based on social exchange theory, this study suggests that self-enhancement theory, in addition to social exchange is useful to explain the effects of i-deals (Liu et al., 2013). In particular, the study proposes that, before hiring, individuals with low CSE will react more strongly to achieve ex-ante i-deals than individuals with high CSE. In contrast, after hiring individuals with high CSE will react more strongly to get ex-post i-deals than individuals with low CSE. This is because in the first case individuals feel that they may not be eligible to i-deals and thus they pursue harder for obtaining them, whilst in the second case individuals feel entitled to i-deals and thus they demand them. Therefore, considering that not much is known about the moderating effect of CSE (Ng and Feldman, 2010), this study treats CSE not just as another exogenous variable that predicts work outcomes (Judge et al., 1998), but it explains how CSE influence the development of i-deals according to the time being negotiated. Thus, considering that research has found limited support for relationships between the timing of negotiations and i-deals, moderated by CSEs (Ng and Feldman, 2010; Rousseau et al., 2009), this study contributes above and beyond prior research by theorising and empirically supporting that the strength of the relationship between ex-post negotiations and i-deals is much stronger than the strength of the relationship between ex-ante negotiations and i-deals.

Additionally, based on the social exchange theory, it is usually assumed that recipients of i-deals may feel obligated to the organisation and thus are likely to reciprocate by positively reacting toward their organisation (Anand et al., 2010). However, good relationships between managers and employees may enhance this positive relationship by building a positive climate in the workplace (Carter et al., 2013). Taking into consideration that little research has investigated how climate factors affect the relationship between i-deals and employee reactions (Bal et al., 2012) this study suggests that TLB may be used as a moderating factor in this relationship. Accordingly, the study proposes that employees react more positively to i-deals in organisations, which are high on TLB compared to organisations that are low on TLB. Thus, considering that research has hypothesised, but rather failed to find conclusive support for relationships between i-deals and employee reactions, moderated by organisational climate (Anand et al., 2010; Hornung et al., 2008), this study contributes above and beyond prior research by theorising and empirically supporting that idiosyncratic deals are a win-win case for both employees, as i-deals enable them to make arrangements to better suit their needs and preferences, and employers, by benefitting their organizations through improved employee motivation, commitment, engagement, and OCB.

### Implications for research

A major characteristic of this study is that most constructs were multi-dimensional. This was useful considering that under this design we did not follow the additive approach, in order to avoid the treatment of equal influence on the dependent variables under investigation, and thus, explore the differential effects of the different components of these measures (Jiang *et al.*, 2012). However, future research should consider a multi-path design where instead of treating constructs multi-dimensionally, each dimension should be treated as a separate construct. Therefore, consistent with theory (Rousseau *et al.*, 2006), the three types of i-deals

used (i.e., task, career, and flexibility) should be differentially related to the four employee outcomes (i.e., motivation, commitment, work engagement, and OCB) (Hornung *et al.*, 2008).

The present study focused on how individual's self-worth influences the strength of the relationship between the timing of negotiations and i-deals. However, other individual differences may play a role as well (Ng and Feldman, 2010). Therefore, a multi-level approach that explicitly states the context in which i-deals are negotiated is necessary for investigating the likelihood of i-deals being successful or not (Rousseau, 2005). This multi-level approach has been rarely investigated (Lai *et al.*, 2009). Under this approach future research should consider, besides the TLB, if other types of climate are also important in determining the effectiveness of i-deals (Bal *et al.*, 2012).

Idiosyncratic deals should not be treated as being monolithic (Hornung *et al.*, 2008). This is because they can take various forms depending on different contextual factors. In this study the relationship between ideals and employee reactions has been studied in the context of the Indian hospitality industry that belongs in the middle zone of negotiability. However, it is clear that more theory building is needed with regard to the conditions of employment available for i-deals negotiation.

## Implications for practice

Some key managerial issues appear in this study. The first issue, referring to the direct and moderating effects of self-evaluation on the timing of negotiations and i-deals relationship, suggests the following: (a) managers may offer employees i-deals in order to make their work engagement more productive, their jobs more motivated, and themselves more committed to the organisation; (b) considering that programmes promoting flexibility benefit people and firms, flexible i-deals may actually strengthen the employment relationship of employees who successfully negotiate such i-deals. In this regard, managers during negotiations should try to

achieve i-deals that are primarily flexibility focused; and (c) managers should try to understand the extent of the emotional stability of their employees in order to provide flexibility and task i-deals that eventually will strengthen the employment relationship.

The second issue, referring to the direct and moderating effects of organisational climate expressed by the TLB on the i-deals and employee reactions relationship suggests the following: (a) managers should realise the positive role of organisational climate for improving the effectiveness of i-deals in making employees more engaged, motivated and committed; (b) managers should follow developmental behaviour, especially when given career counselling advice which is known to be associated with higher organisational commitment; and (c) managers should send messages of supportive behaviour since it is an important antecedent of organisational commitment.

Although in contemporary India many employers are often reluctant to invest into training and development of their staff because they fear that trained workers may quit and take a job with another employer (Budhwar and Varma, 2011), still this employment relationship is based on the intentions of both employees and employers. Employees believe that they can control events in a negotiation that affects them, and employers provide any emotional, instrumental, and developmental support to their employees for strengthening the employment relationship. Therefore, it is suggested that organisations consider the positive role of climate for improving the effectiveness of i-deals by making employees more engaged, motivated and committed. This can be achieved through TL that might shape the quality of relationships between managers and employees so that employees feel well supported and develop more confidence in deploying skills and abilities to address a more open view of their idiosyncratic deals (Carter *et al.*, 2013).

However, the i-deals processes must be closely monitored for their costs and benefits. Although it is believed that the strengthening of this relationship will contribute to organisational performance, but one can't be sure about the costs of keeping this relationship alive over time. For example, while it is simple to estimate the direct costs for training and development, and for career development, it is rather difficult to estimate the indirect costs occurred from the disappointment of the employees who did not achieve personal deals. Although, employees who achieve personal deals may increase their performance, other employees may be frustrated, less engaged and motivated, and therefore less productive (Ng and Feldman, 2009). Therefore, differentiation among employees may be a double-edged sword as the losses among employees feeling set back in i-deals may temper, neutralise or even outweigh the benefits among those feeling advantaged (Putnam *et al.*, 2014).

### Limitations

This study has three main limitations that can be addressed in future empirical research. First, the data were collected using a questionnaire at a single point in time. As a result, the study does not allow for appropriately investigating dynamic causal inferences. Nevertheless, in the absence of reliable empirical evidence, this study helped to test and reveal significant linkages between core constructs in the relationship between i-deals and employee reactions. Second, both ex-ante and ex-post negotiations were reported in retrospect, raising measurement concerns about recall bias. Finally, although to extend findings of research on i-deals and exchange relationships beyond the Western context to countries such as India, it may be considered to be strength of this study (Anand *et al.*, 2010). However, our findings may not be generalizable across borders.

## Conclusion

The study supports the view that i-deals generally have a positive effect on employee reactions, which can be enhanced by good quality relationships, and developed through TLB. These i-deals develop before and after hiring negotiations between organisations and

individuals depending on individuals' assessments of their self-worth. However, although it is supported that sustained competitive advantages may be achieved by the organization's responding to the changing needs of its personnel by engaging in on-going i-deals, organisations should carefully consider the costs and benefits of i-deals for attracting or retaining employees. This is because a successful employment relationship depends on the extent to which both employers and employees feel they are making a worthwhile return on their investment (Boxall, 2013). Finally, although the data used refer to the Indian hospitality industry, the model connecting i-deals with employee reactions worked rather well, indicating that idiosyncratic deals are not limited to workers in countries with a high degree of negotiability in employment.

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Figure 1. Operational Model of the I-Deals - Employee Reactions Relationship



Figure 2. Estimation Results of the I-Deals - Employee Reactions Relationship



Figure 3. Graphical plot of the moderation effects of ex-post negotiations and core selfevaluations on i-deals



Figure 4. Graphical plot of the moderation effects of ex-ante negotiations and core self-

# evaluations on i-deals



Figure 5. Graphical plot of the moderation effects of i-deals and TLB on employee reactions

	Means		Consisten		Aggregation indices				Correlation Coefficients					
Constructs	(Standard deviations)	Cronbach Alpha	Percent of variance explained	Average variance extracted	Construct reliability	ICC(1)	ICC(2)	RWG(J)	Ex-Ante Negotiations	Ex-Post Negotiations	I-Deals	Employee Reactions	Self- Evaluation	Transformational Leadership
Ex-Ante Negotiations	4.754 (0.691)	0.907	91.836	0.947	0.957	0.079	0.743	0.865	1					
Ex-Post Negotiations	4.804 (0.581)	0.881	89.573	0.955	0.944	0.118	0.796	0.908	0.771**	1				
I-Deals	4.841 (0.376)	0.826	78.954	0.874	0.918	0.113	0.677	0.975	0.758**	0.746**	1			
Employee Reactions	4.849 (0.257)	0.897	77.697	0.768	0.933	0.152	0.813	0.992	0.642**	0.641**	0.708**	1		
Self-Evaluation	4.713 (0.366)	0.757	58.509	0.622	0.848	0.141	0.872	0.982	0.340**	0.315**	0.413**	0.468**	1	
Transformational Leadership	4.868 (0.333)	0.843	76.242	0.869	0.906	0.081	0.805	0.981	0.695**	0.747**	0.698**	0.683**	0.368**	1

**Table 1.** Means, standard deviations, consistency indices, aggregation indices and correlation coefficients of the constructs used in the study

\*\* p < 0.03