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Review

# The PPAR regulatory system in cardiac physiology and disease

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#### Abstract

Myocardial energy metabolism is an important determinant of cardiac structure and function. Modulating metabolism is therefore an attractive therapeutic avenue for the treatment of cardiac disease. The peroxisome proliferator-activated receptor family (PPAR $\alpha$ ,  $\beta/\delta$ ,  $\gamma$ ) of nuclear receptor transcription factors is an important regulator of cardiac metabolism and has been targeted for pharmacologic therapies designed to modulate metabolism. The PPARs control myocardial metabolism by transcriptionally regulating genes encoding enzymes involved in fatty acid and glucose utilization. The expression and activity of the PPARs and their coactivator protein PGC-1 $\alpha$  is dynamically regulated in several cardiomyopathic and metabolic diseases. This review will summarize these findings and other recent studies regarding the effects of experimental PPAR activation and deactivation and its potential impact on cardiomyopathic remodeling. © 2006 European Society of Cardiology. Published by Elsevier B.V. All rights reserved.

Keywords: Lipid metabolism; Energy metabolism; Transgenic animal models; Mitochondria; Diabetes

#### 1. Introduction

The myocardium requires an enormous and steady supply of ATP. This need is met by high-level mitochondrial catabolism of carbohydrates and fatty acids. Glucose, lactate, and fatty acids are oxidized in the mitochondrion and generate a common end product, acetyl-CoA, which enters the tricarboxylic acid (TCA) cycle (Fig. 1). NADH and FADH<sub>2</sub>, the reducing equivalents that transfer electrons to the electron transport chain, are produced by the TCA cycle and during fatty acid and glucose oxidation. The electron transport chain receives electrons from reducing equivalents and ultimately converts them to ATP. Finally, ATP is transported from the mitochondrial matrix to the cytoplasm through the adenine nucleotide transporter (ANT), making energy available for cellular work.

The mammalian heart demonstrates tremendous substrate selection plasticity depending upon the developmental stage, nutritional status or dietary composition, and cardiac performance demands. Due to limited oxygen and fatty acid availability, the fetal heart relies primarily on anaerobic glucose utilization pathways. However, the reliance on mitochondrial fatty acid oxidation (FAO) markedly increases in the immediate post-natal period [1,2] concomitant with the sudden increase in cardiac work and the abundance of fatty acids in the maternal milk supply. In addition, whereas the myocardium utilizes primarily fatty acids in the fasted state, cardiac glucose utilization significantly contributes to ATP synthesis post-prandially [3]. This flexibility allows the myocardium to maintain steady ATP production.

## 2. Perturbations in myocardial energy metabolism play a role in the development of cardiomyopathy

Several acquired forms of cardiomyopathy are associated with a decline in overall mitochondrial oxidative catabolism while reliance on anaerobic glycolytic pathways is increased [1,2,4-7]. Whereas altered metabolism was originally considered to be a byproduct of these pathologic states, evidence is emerging that metabolic abnormalities contribute to the pathogenesis of cardiac disease. This idea is supported by

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Fig. 1. Cellular energy metabolism pathways. The diagram depicts the major routes for ATP production from catabolism of fatty acids and glucose in the cardiac myocyte. Proteins and enzymes known to be regulated by PPAR $\alpha$  are indicated by a star. Abbreviations: FATP, fatty acid binding protein; FAT/CD36, fatty acid translocase; FABP, fatty acid binding protein; ACS, acyl-CoA synthetase; GLUTs, glucose transporters; CPT, carnitine palmitoyltransferase; TCA, tricarboxylic acid; ANT, adenine nucleotide translocator; (1) four chain length-specific acyl-CoA dehydrogenases; (2) enoyl-CoA hydratase; (3) 3-hydroxyacyl-CoA dehydrogenase; (4) 3-ketoacyl-CoA thiolase.

several genetic studies demonstrating that mitochondrial DNA disorders resulting in a global impairment of mitochondrial respiratory function are associated with cardiac defects, including dilated cardiomyopathy, hypertrophic cardiomyopathy, and conduction defects [8–10]. Mutations in nuclear genes encoding FAO enzymes also often manifest as cardiomyopathy [11–14]. Cardiomyopathy in subjects with defects in mitochondrial metabolism usually appears during childhood and often presents as sudden onset heart failure, pulmonary edema, and ventricular arrhythmia, brought on by metabolic stress such as periods of fasting due to infectious illness. A chronic cardiomyopathic phenotype may also develop [12,14].

To model these mitochondrial defects, several geneticallyengineered mouse models have been developed. Targeted deletion of ANT1, which transports mitochondrially-derived ATP to the cytosol, leads to mitochondrial dysfunction and cardiomyopathy [15]. In addition, mice with cardiac-specific deletion of mitochondrial transcription factor A (mtTFA or Tfam), which controls expression of the mitochondrial genome, also exhibit marked impairments in mitochondrial metabolism, ROS accumulation, severe cardiomyopathy, and premature mortality [16]. Cardiomyopathy and/or conduction defects are also observed in mouse models with targeted deletion of the fatty acid oxidation enzymes [17–19]. The mechanisms by which impaired mitochondrial metabolism lead to pathologic remodeling are still unclear. However, lipotoxicity, ROS overproduction, and ATP deficiency have been proposed to play a role. These examples of inherited metabolic cardiomyopathic disorders highlight the sensitivity of the heart to defects in mitochondrial metabolism.

# 3. The PPAR family transcriptionally regulates myocardial energy metabolism

Acute changes in flux through metabolic pathways are mediated by changes in substrate concentrations and allosteric modification of enzymes catalyzing these reactions. However, chronic changes in mitochondrial oxidative capacity and substrate selection are also mediated at the gene transcriptional level [20]. Cardiac metabolism is transcriptionally regulated by the PPAR family (PPAR $\alpha$ ,  $\beta/\delta$ , and  $\gamma$ ) of ligand-activated transcription factors. PPARa was initially identified for its role in mediating the hepatic peroxisome proliferative response to non-genotoxic rodent hepatocarcinogens [21], which are potent synthetic ligands for PPAR $\alpha$ . The expression of PPAR $\alpha$  is high in tissues with an elevated capacity for fatty acid oxidation (FAO), like liver, heart, brown fat, and kidneys [22]. PPAR $\alpha$  regulates fatty acid homeostasis via transcriptional activation of genes encoding key enzymes in fatty acid metabolism. PPAR $\beta/\delta$  is almost ubiquitously expressed and transcriptionally regulates FAO

[23]. PPAR $\gamma$  is adipose tissue-enriched and thought to play a vital role in regulating fat storage. Synthetic ligands for PPAR $\gamma$ , the thiazolidinediones, are insulin-sensitizing drugs for insulin resistance and type 2 diabetes, ostensibly because they sequester fatty acid in adipose depots where it can be appropriately stored and by modulating the secretion of adipose-derived adipokines.

PPAR family members regulate the expression of target genes via binding to direct repeat response elements in the promoter region of target genes with their obligate heterodimeric partner, the retinoid X receptor (RXR) (Fig. 2). The activity of the PPAR/RXR complex is modulated by the availability of ligands for PPAR and RXR. Potentially the most relevant endogenous ligands for the PPARs are longchain fatty acids and their metabolites. However, the specific species of fatty acid metabolite that serve as endogenous ligands for the PPARs have yet to be fully established.

When engaged by ligand, PPARs recruit transcriptional coactivators that are necessary to initiate target gene transcription [24]. These coactivators usually possess histone acetylase (HAT) activity or recruit other coactivators that have HAT activity. Acetylation of histones allows RNA polymerase to access target DNA and initiate transcription (Fig. 2). Several coactivators interact with PPAR $\alpha$  including steroid receptor coactivators (SRC; [25]), PPAR-interacting protein (PRIP; [26]), p300 [27], and PPAR-binding protein (PBP; [28]). However, the best-characterized coactivator of PPAR $\alpha$  in the heart is the cardiac-enriched PPAR $\gamma$ coactivator-1 $\alpha$  (PGC-1 $\alpha$ ) (Fig. 2). PGC-1 $\alpha$  is a coactivator without HAT activity that interacts with several members of the nuclear receptor superfamily [29–31]. PGC-1 $\alpha$  acts through PPAR $\alpha$  and other transcription factors in the heart to couple metabolic needs to the expression of genes involved in the control of energy metabolism. Given the strong influence of PGC-1a in regulating PPAR activity, its effects on cardiac metabolism and physiology are also described below.



Fig. 2. The PPAR $\alpha$  transcriptional regulatory complex controls the expression of fatty acid utilization genes. The schematic depicts key components of the PPAR $\alpha$  transcriptional regulatory complex. PPAR $\alpha$  binds to specific promoter DNA response elements (PPRE) with its heterodimeric partner, the retinoid X receptor (RXR). The cardiac-enriched coactivator, PGC-1, interacts with PPAR $\alpha$  and recruits other cofactors with histone acetylase activity necessary to initiate gene transcription. Formation of the PPAR $\alpha$ /RXR dimer, DNA binding, and recruitment of coactivator is influenced by the presence of ligands for PPAR $\alpha$  (fatty acid metabolites).

## 4. PPARα

In the past few years, the role that the PPAR $\alpha$  isoform plays in controlling cardiac energy metabolism and function has been evaluated using both gain-of-function and loss-offunction approaches. Treatment of cultured cardiac myocytes with PPARa agonists or adenoviral-mediated PPARa overexpression induces expression of many genes involved in fatty acid catabolic pathways [32-34], including fatty acid transport, esterification, binding, and  $\beta$ -oxidation. PPAR $\alpha$ agonists also exhibit anti-inflammatory effects [35]. Interestingly, most studies have shown little effect of PPARa agonists on myocardial PPAR target genes when administered in vivo [36], suggesting that, at least in rodents, the peripheral (likely hepatic) actions of PPAR $\alpha$  ligands explain many of the cardiac effects of the drugs. These compounds elicit strong effects on hepatic fatty acid metabolism including the inhibition of hepatic lipoprotein secretion to lower circulating lipid levels [37,38]. PPARa ligands administered in vivo actually decrease rates of cardiac FAO in diabetic mice [39,40] suggesting that these agonists influence cardiac metabolism indirectly by altering circulating endogenous substrate concentrations.

To distinguish the cardiac-specific effects of PPAR $\alpha$  from the systemic effects of ligand administration, transgenic mice with cardiac-specific overexpression of PPAR $\alpha$  driven by the myosin heavy chain (MHC) promoter (MHC-PPARa mice) were generated [41–45]. Heart-specific overexpression of PPAR $\alpha$  induced several target genes involved in fatty acid utilization and increased cardiac fatty acid uptake and oxidation [41]. The expression of multiple genes involved in glucose metabolism was markedly diminished in hearts of MHC-PPARα mice leading to impaired glucose uptake and utilization [41,44]. These metabolic changes were also accompanied by ventricular hypertrophy and moderate systolic dysfunction. Interestingly, the functional abnormalities of MHC-PPARa mice were greatly exacerbated when MHC-PPAR $\alpha$  mice were rendered insulin-deficient or placed on a high fat diet [42] — two stimuli that increase the supply of circulating lipids. The cardiomyopathic remodeling that occurred in diabetic or high-fat-fed MHC-PPARa mice was accompanied by striking steatosis and reactive oxygen species accumulation in the myocardium, suggesting a lipotoxic component to the cardiomyopathic changes. These findings indicate that PPAR $\alpha$ -driven reliance on fatty acid utilization and coordinate inhibition of glucose metabolism can lead to pathologic remodeling and severe cardiomyopathy. The pathologic mechanisms whereby these metabolic abnormalities are still incompletely understood. However, metabolic inflexibility (uncontrolled FAO), toxic lipid intermediate accumulation, and reactive oxygen species accumulation have been observed in these hearts and are known to be linked to cardiomyopathic remodeling.

The cardiac phenotype of mice with targeted deletion of the PPAR $\alpha$  gene has also been evaluated. PPAR $\alpha$  null mice are viable and appear outwardly normal, but exhibit mild

aging-associated cardiac fibrosis [46]. The expression of several PPARa target genes and rates of FAO are diminished in hearts of PPAR $\alpha$  null mice at baseline [46–48] and fail to be induced in response to fasting or diabetes [47]. PPAR $\alpha$ null mice also exhibit increased glucose transporter (GLUT4) expression, glucose uptake, and reliance on glucose for cardiac ATP production [49,50]. The age-associated fibrosis notwithstanding, cardiac function is relatively normal in young PPAR $\alpha$  null mice. However, the response to several physiologic stressors is perturbed in mice lacking PPAR $\alpha$ . For example, isolated hearts from PPARa null mice are unable to compensate when challenged with an increased workload [49,51]. Although a definitive mechanism for these cardiac defects is lacking, it is likely that the inability to boost rates of FAO in response to increased work load leads to energy deprivation. In support of this, transgenic overexpression of the GLUT1 glucose transporter, which further enhanced glucose utilization in these mice, rescued the functional defect in response to increased workload [51]. In sum, PPARa overexpressing and null mouse models exhibit reciprocal metabolic phenotypes and demonstrate the important roles that PPARa plays in controlling cardiac energy substrate selection.

# 5. PPAR $\beta/\delta$

Until recently, the PPAR $\beta/\delta$  (referred to as PPAR $\beta$  from here on) isoform was little-studied. PPARB is expressed fairly ubiquitously throughout the body and at relatively high levels in cardiac myocytes [32]. PPARB ligand administration or adenoviral overexpression in cultured cardiac myocytes activates many PPAR target genes involved in FAO [32,52]. Also, the PPAR $\beta/\delta$  isoform has been shown to protect cardiac myocytes from oxidative stress-induced apoptosis by activating expression of catalase, which scavenges hydrogen peroxide [53]. Two strains of whole-animal constitutive PPARB knockout mice have been developed [54,55], but the cardiac physiology and metabolic phenotype of these PPARB null mice has not yet been reported. Recently, however, mice with conditional cardiac-specific deletion of PPARB were generated and shown to exhibit severe impairments in myocardial FAO gene expression, diminished rates of FAO, increased cardiac lipid accumulation, and lipotoxicity [56]. Severe cardiomyopathy and congestive heart failure developed leading to premature death. Given that the cardiac PPAR $\alpha$  system is intact in these mice, these findings suggest that PPAR $\alpha$  is not sufficient to compensate for cardiac-specific PPARB deficiency and indicate that PPAR<sub>β</sub> is a critical regulatory factor controlling myocardial energy metabolism.

## 6. PPARγ

PPAR $\gamma$  which is adipose-enriched, controls the expression of genes involved in fatty acid storage and adipogenesis. The exact mechanism by which PPAR $\gamma$  regulates myocardial metabolism is unclear. Whereas several manuscripts demonstrate significant expression of PPAR $\gamma$  in cardiac myocytes, other studies fail to detect this isoform in the myocardium [32,57–59]. This disparity could be explained by species-tospecies variability, differing reagents used for detection, or contamination of myocardial samples with pericardial white adipose tissue, which is enriched in PPARy. Agonists for PPARy fail to increase FAO gene expression in cultured cardiac myocytes [32] and in vivo administration actually leads to diminished expression of known PPAR target genes in the myocardium [60]. Given that the main site of PPAR $\gamma$ agonist action in vivo seems to be white adipose tissue, the basis for this observation may be rooted in a systemic effect of PPAR $\gamma$  ligands, as was proposed above for PPAR $\alpha$ . PPAR $\gamma$ agonists also possess potent anti-inflammatory effects [61,62]. In contrast to the lack of effect on metabolic gene expression, other studies suggest that PPAR $\gamma$  agonists retain their anti-inflammatory properties in cardiac myocytes in vitro [62,63].

The influence of the myocardial PPAR $\gamma$  system on cardiac structure and function has recently been tested using a loss-of-function approach. Unfortunately, constitutive, whole-body disruption of PPAR $\gamma$  results in embryonic lethality due to placental and cardiac defects [64], preventing the evaluation of the cardiac phenotype of these mice. However, cardiac-specific PPAR $\gamma$  (csPPAR $\gamma$ ) null mice have recently been generated [65]. These studies revealed that csPPAR $\gamma$  deficiency caused modest ventricular hypertrophy, but did not impair systolic function [65]. Further work will be required to evaluate the effects of PPAR $\gamma$  deficiency on cardiac metabolism. Given the increased usage of PPAR $\gamma$  agonists as insulin-sensitizing drugs, this is an area of active investigation.

# 7. PGC-1α

The transcriptional coactivator of the PPARs, PGC-1 $\alpha$  has recently emerged as a key player in the control of myocardial metabolism. In cardiac myocytes, activation of PGC-1 $\alpha$  drives a strong induction of PPAR $\alpha$  target genes encoding FAO enzymes [66]. PGC-1 $\alpha$  also coactivates other transcription factors, including estrogen-related receptors (ERR $\alpha$  and  $\gamma$ ) and the nuclear respiratory factor 1 (NRF-1), to stimulate mitochondrial biogenesis and enhance expression of components of the electron transport chain [66–68]. These findings suggest that PGC-1 $\alpha$  acts to augment the capacity for ATP production in a "global" manner by inducing expression of enzymes involved in multiple components of these catabolic pathways.

Several interesting mouse models that explore the function of PGC-1 $\alpha$  in cardiac myocytes have also been developed. The first model constitutively overexpressed PGC-1 $\alpha$ under control of the myosin heavy chain (MHC) promoter. This approach resulted in profound mitochondrial proliferation, cardiomyopathy, and premature death due to heart failure [66]. The severity and rapid onset of cardiomyopathy

prevented a full investigation of the cardiac metabolic phenotype of these mice. To better assess this issue, a tetracycline-inducible transgenic system was employed to drive inducible cardiac-specific overexpression of PGC-1a [69]. This model revealed developmental stage-specific responses to acute PGC-1 $\alpha$  overexpression. When PGC-1 $\alpha$ was overexpressed in the neonatal stage, dramatic proliferation of mitochondria was observed without overt effects on cardiac function. In other studies, overexpression of PGC-1 $\alpha$ after mice had reached adulthood revealed only modest mitochondrial proliferation. However, mitochondrial ultrastructural abnormalities and severe cardiac dysfunction was observed with PGC-1 $\alpha$  overexpression in the adult. Further metabolic characterization of these mice is expected to unveil the mechanisms linking mitochondrial (dys)function to cardiomyopathic remodeling.

Two independently-derived PGC-1a-deficient mouse lines have been developed and characterized [70-72]. Studies characterizing both strains of PGC-1a-deficient mice demonstrate perturbations in mitochondrial OXPHOS pathway function and depressed expression of genes encoding enzymes involved in these pathways. Interestingly, the severity of the cardiac phenotype varies greatly between the two lines of null mice. One strain of PGC-1α null mice exhibit moderate age-related cardiac dysfunction and activation of several gene expression signatures of cardiomyopathic remodeling [72]. In contrast, the phenotype of the second PGC-1 $\alpha$  null mouse line appears to be less severe [71]. In both models, the most obvious signs of cardiac dysfunction were unveiled under stress of dobutamine or following an exhaustive bout of treadmill exercise [71,72]. To summarize, these recent studies indicate that PGC-1 a plays a critical role in controlling cardiac energy metabolism and suggest that perturbations in the PGC-1a system could predispose to cardiomyopathic remodeling.

# 8. The PPAR/PGC-1 $\alpha$ system is deactivated in acquired cardiomyopathy and is a target for therapeutic intervention

Abnormalities in myocardial energy metabolism occur in several acquired forms of hypertrophy, ischemic heart disease, and in the failing heart. Specifically, overall mitochondrial oxidative catabolism decreases while reliance on anaerobic glycolytic pathways is increased [1,2,4–7,73]. These metabolic changes are mediated, at least in part, via decreased expression of genes encoding enzymes involved in mitochondrial FAO and OXPHOS pathways secondary to deactivation of the PPAR/PGC-1 $\alpha$  axis [1,33,74–77]. The expression and/or DNA binding activity of the PPARα-RXR complex is markedly diminished by hypoxia [34,78], ischemic heart disease [79-81], and pressure overload-induced cardiac hypertrophy [33,82]. Similarly, PGC-1a expression is diminished in mouse models of experimentally-induced cardiomyopathy [74,83]. Deactivation of PPAR $\alpha$  in human heart failure patients has also been observed [2,84], suggesting that this finding in rodent models translates to humans. It is likely that deactivation of the PPAR/PGC-1 $\alpha$  complex in the failing heart plays a major role in the coincident metabolic remodeling.

Although much regarding the mechanisms whereby the PPAR/PGC-1 axis is deactivated in the failing heart remains to be discovered, several signaling pathways have been implicated. The activity of PPAR $\alpha$  and PGC-1 $\alpha$  is known to be increased by acute activation of the calcineurin [85] or p38 mitogen-activated protein kinase (MAPK) [86,87] pathways. PGC-1 $\alpha$  is also under the control of the calcium/ calmodulin-dependent protein kinase [85]. However, less is known regarding the pathways that deactivate PPAR $\alpha$  and PGC-1. The extracellular signal-regulated kinase MAPK has been shown to directly phosphorylate PPAR $\alpha$ , leading to diminished transcriptional activity [33]. In addition, chronic activation of cyclin-dependent kinase 9, a nuclear-localized kinase that is activated in cardiac hypertrophy, leads to diminished PGC-1 $\alpha$  expression and activity [83]. Given the potential importance of metabolic remodeling in the progression of heart failure, the search for additional pathways that control PPAR/PGC-1 activity is ongoing.

The consequence of PPAR/PGC-1α complex deactivation in the hypertrophied and ischemic heart as an adaptive versus maladaptive response is also unclear. Increased myocardial reliance on anaerobic glycolytic pathways for the production of ATP is likely an adaptive response to reduce oxygen consumption. In support of this, partial inhibitors of mitochondrial FAO show promise as therapeutic treatment for cardiac disease [88–90]. Moreover, treatment with a PPAR $\alpha$ agonist following pressure overload [82] or ischemic insult [79] to reactivate oxidative metabolism leads to contractile dysfunction. Conversely, there is also evidence that deactivation of mitochondrial metabolism can be maladaptive. Glycolysis yields far less ATP per mole substrate compared to FAO, possibly creating a relative energy-deficient state. Indeed, depletion of high energy phosphate intermediates, a key energy stockpile, has been detected in heart failure [91]. Alternatively or in addition, impairments in FAO are linked to lipid accumulation in the cardiac myocyte, which can have toxic effects ("lipotoxicity") [92-94]. PGC-1a overexpression [83] and PPAR agonists [58,59,95] prevent cardiac hypertrophy or improve contractility in cultured cardiac myocytes. Thus, the end effects of PPAR/PGC-1 $\alpha$  activity on pathologic remodeling are less than clear.

Despite this uncertainty, agonists for the PPARs have been targeted to improve the response to ischemic insult. While some studies fail to show an effect of PPAR agonism [57,96,97], many others demonstrate that ligands to PPAR $\alpha$  or PPAR $\gamma$  improve the response to ischemic insult and may reduce infarct size in various experimental models [98–103]. The mechanisms involved are unclear, but may involve antiinflammatory effects or increased myocardial glucose utilization [98,99,101,104,105]. Indeed, enhanced glucose oxidation during ischemia–reperfusion, especially in insulin resistant or diabetic heart, has been linked to improved recovery [50]. Interestingly, the recent Fenofibrate Intervention and Event Lowering in Diabetes (FIELD) clinical trial, a randomized, controlled study, failed to detect a significant benefit of daily PPAR $\alpha$  ligand treatment on the incidence of ischemic heart disease, though there was a trend towards reduced risk of cardiovascular events [106]. In contrast, other smaller pre-clinical trials have demonstrated beneficial effects of fibrates on cardiovascular health, especially in the context of diabetes or insulin resistance [107,108]. The recent PROactive clinical study, a prospective randomized trial in patients diagnosed with pre-existing cardiovascular disease, also showed positive effects of pioglitazone, an insulinsensitizing PPAR $\gamma$  agonist, on mortality and cardiovascular events [109].

The effects of PPAR $\alpha$  on the response to ischemia– reperfusion have also been tested in genetically altered mice. PPAR $\alpha$  null mice, which have diminished capacity for FAO and increased glucose use, exhibit resistance to ischemia– reperfusion injury [45,50]. In contrast, MHC-PPAR $\alpha$  mice display an exacerbated response to ischemia–reperfusion [45]. It is postulated that the metabolic profile induced by PPAR $\alpha$  deficiency or overexpression explains these findings. The PPAR $\alpha$  null mouse heart prefers to utilize glucose, which may be protective during ischemia–reperfusion. In contrast, the MHC-PPAR $\alpha$  heart cannot utilize glucose. However, further work is required to delineate the mechanisms involved and to determine whether PPAR agonists elicit protective effects during ischemia–reperfusion.

#### 9. PPAR activity is altered in the diabetic heart

Cardiomyopathy is extremely prevalent in persons with diabetes mellitus even after corrections for risk factors (hypertension, hyperlipidemia, etc.) that abound in diabetic patients [110]. Idiopathic cardiac disease occurring in diabetic subjects is often referred to as "diabetic cardiomyopathy", a term coined by Rubler et al. over 30 years ago [111]. However, the etiology of this condition is very poorly understood. Many have proposed that abnormalities in myocardial energy metabolism play a causative role in the development of diabetic cardiomyopathy. Whereas the healthy myocardium displays tremendous metabolic flexibility [3], due to the importance of insulin in the control of cardiac metabolism, FAO is the primary source of ATP production in insulin-resistant and diabetic heart [112–115]. Uncontrolled, high-level FAO and impaired glucose utilization may have detrimental effects on cardiac structure and function by a variety of mechanisms including glucotoxicity, lipotoxicity, reactive oxygen species accumulation, or higher oxygen consumption costs.

There is emerging evidence that the PPAR $\alpha$ /PGC-1 $\alpha$  complex is activated in the diabetic heart. The myocardial expression of several PPAR $\alpha$  target genes involved in fatty acid utilization was induced by both insulin-deficient and obese type 2 diabetic mice [41,42,116]. When PPAR $\alpha$  null mice were rendered insulin-deficient, the induction of PPAR

target genes was markedly blunted [42]. The activation of PPAR $\alpha$  by diabetes is consistent with increased availability of fatty acids, which serve as endogenous ligands for PPAR $\alpha$ . However, it should be noted that other studies have shown that PPAR target gene expression is diminished in the diabetic heart [117,118]. These disparities could be due to the differences in the underlying causes of diabetes in the various models used. In addition, the duration of diabetic disease has also been shown to influence the expression of PPAR $\alpha$  [116,117], suggesting a time-course effect.

#### 10. Summary

The studies described herein describe the link between myocardial energy metabolism and cardiac structure and function. The deactivation of myocardial oxidative metabolism in acquired cardiomyopathies is not only a secondary effect, but may also play a significant role in the pathogenesis of cardiomyopathic remodeling. There is therefore rationale for metabolic therapy to remedy cardiac hypertrophy and dysfunction in cardiac disease. The importance of the PPARs and PGC-1 $\alpha$  in the control of cardiac energy metabolism makes these regulatory pathways attractive targets for metabolic therapy. However, much needs to be learned concerning the intricacies of modulating their activity for optimal therapeutic benefit.

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