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1 The reversion variant (p.Arg90Leu) at the evolutionarily adaptive p.Arg90 site in CELA3B predisposes 2 to chronic pancreatitis

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23 ABSTRACT

24 A gain-of-function missense variant in the *CELA3B* gene, p.Arg90Cys (c.268C>T), has recently been
25 reported to cause pancreatitis in an extended pedigree. Herein, we sequenced the *CELA3B* gene in 644
26 genetically unexplained French chronic pancreatitis (CP) patients (all unrelated) and 566 controls. No
27 predicted loss-of-function variants were identified. None of the six low frequency or common missense
28 variants detected showed significant association with CP. Nor did the aggregate rare/very rare
29 missense variants (n=14) show any significant association with CP. However, p.Arg90Leu (c.269G>T),
30 which was found in 4 patients but no controls and affects the same amino acid as p.Arg90Cys, serves
31 to revert p.Arg90 to the human elastase ancestral allele. Since p.Arg90Leu has previously been shown
32 to exert a similar functional effect to p.Arg90Cys, our findings not only confirm the involvement of
33 *CELA3B* in the etiology of CP but also pinpoint a new evolutionarily adaptive site in the human genome.

34

35 KEYWORDS

36 *CELA3B*, chronic pancreatitis, gain-of-function mutation, gene conversion, elastases, paralogues

37

38 MAIN TEXT

39 Chronic pancreatitis (CP) is a complex disease that can be caused by genetic and/or environmental
40 factors ¹⁻³. Since the mapping and cloning of the first gene found to underlie hereditary pancreatitis
41 (i.e., *PRSS1*; MIM# 276000) more than 20 years ago ⁴⁻⁷, multiple additional genes/loci associated with
42 CP have been identified, either by means of candidate gene approaches ⁸⁻¹⁷ or hypothesis-free
43 ('agnostic') approaches ¹⁸⁻²².

44 *CELA3B*, encoding chymotrypsin-like elastase 3B (MIM# 618694), is one of the most recently
45 identified CP-associated genes ²⁰. Specifically, the whole-exome sequencing of a patient with CP, her
46 affected daughter, unaffected brother and son, led to the identification of a missense variant in the
47 *CELA3B* gene, p.Arg90Cys (c.268C>T), as the cause of the disease ²⁰ in a large kindred which had
48 originally been reported over 50 years ago ²³. Multiple lines of evidence, including experiments on
49 CRISPR-Cas9-engineered mice, demonstrated that p.Arg90Cys gives rise to the translational
50 upregulation of the mutant protein, which then leads to uncontrolled proteolysis and recurrent
51 pancreatitis upon secretion and activation by trypsin ²⁰.

NOTE: This preprint reports new research that has not been certified by peer review and should not be used to guide clinical practice.

52 Herein we report findings from the analysis of the *CELA3B* gene in 644 unrelated French CP patients
53 and 566 controls. The patients comprised 73 cases with hereditary CP (HCP), 189 cases with familial CP
54 (FCP) and 382 young cases (defined as either age of disease onset ≤ 20 years or diagnosis made at age
55 ≤ 20 years, as previously described¹⁴) with idiopathic CP (ICP). The classification of patients as HCP, FCP
56 and ICP is in accordance with our previous publications^{14,24}. All participating patients had remained
57 genetically unexplained after sequence analysis of the coding regions and flanking splice junctions of
58 the *PRSS1*, *SPINK1*, *CTRC*, *CFTR*²⁵, *CPA1*¹⁵, *CEL-HYB1*¹⁶ and *TRPV6*²¹ genes. The entire coding and
59 proximal intronic regions of the *CELA3B* gene were amplified using three primer pairs (see
60 [Supplementary Table S1](#) for primer sequences). PCR was performed in a 10 μ L mixture with the
61 Expand™ Long Template PCR System (Sigma-Aldrich, Saint-Quentin Fallavier, France) according to the
62 manufacturer's protocol with 50 ng genomic DNA. The PCR program comprised an initial denaturation
63 at 94°C for 2 min, followed by 35 cycles of denaturation at 94°C for 15 s, annealing at 59°C for 30 s and
64 extension at 68°C for 6 min, and a final extension at 68°C for 10 min. PCR products were purified by
65 Illustra™ ExoProStar™ (Dominique Dutscher, Brumath, France) and then sequenced using the BigDye™
66 Terminator v1.1 Cycle Sequencing Kit (ThermoFisher Scientific, Waltham, MA). Sequencing primers are
67 provided in [Supplementary Table S2](#). We focused our analysis on (i) deletions or insertions that
68 affected canonical GT-AG splice sites and/or coding sequence and (ii) single nucleotide substitutions
69 that altered either canonical GT-AG splice sites or resulted in missense or nonsense variants. Variant
70 nomenclature followed HGVS recommendations²⁶. NM_007352.4 was used as the reference mRNA
71 sequence. The Brest University's ethical review committee approved this study. All patients gave
72 informed consent for genetic analysis.

73 We identified a total of 20 variants, which were classified into (i) low frequency or common ($n = 6$;
74 [Table 1](#)) and (ii) rare or very rare ($n = 14$; [Table 2](#)) in accordance with their allele frequencies in the 566
75 controls. The classification of variants as very rare (allele frequency of < 0.001), rare (allele frequency
76 from 0.001 to < 0.005), low frequency (from 0.005 to 0.05) and common (allele frequency of > 0.05)
77 followed Manolio and colleagues²⁷.

78 All 20 variants were predicted to result in either single or multiple missense variants. In other
79 words, no predicted loss-of-function (pLoF) variants such as nonsense, canonical splice-site or
80 frameshifting variants (in accordance with the gnomAD definition of pLoF variants²⁸) were found in
81 any patient. This is consistent with two observations. First, the previously reported CP-causing
82 p.Arg90Cys is a gain-of-function variant by virtue of its upregulatory effect on translation²⁰. Second,
83 the pLI score for *CELA3B* in gnomAD (<http://gnomad.broadinstitute.org/>; as of 13 November 2020) is
84 0, suggesting that the gene is completely tolerant of heterozygous loss-of-function variants. In this
85 regard, it is pertinent to mention that a *CELA3B* intronic variant, c.643-7G>T (rs61777963), manifests
86 an association with alcoholic CP with a small protective effect (allele frequency: 13.8% in patients vs.
87 21.3% in controls; OR = 0.59, 95% CI 0.39 to 0.89; $P = 0.01$)²⁹. However, as acknowledged by the original
88 authors, the number ($n = 120$) of alcoholic CP patients analyzed was small, and no association was
89 found in a small cohort ($n = 105$) of non-alcoholic CP (allele frequency: 18.6% in patients vs. 21.3% in
90 controls; OR = 0.84, 95% CI 0.56 to 1.26; $P = 0.4$)²⁹. We extracted corresponding data from our patients
91 and controls, showing no significant association (allele frequency: 17.2% (222/1288) vs. 17.1%
92 (194/1132); OR = 1.01, 95% CI 0.81 to 1.24; $P = 1.0$). Therefore, the aforementioned protective
93 association is most likely spurious.

94 Three variants, namely the common c.[71G>A;73C>T;91A>C], rare c.[529G>C;536T>G] and very
95 rare c.736_742delACCCGCAinsTTCATCT, involved ≥ 2 closely spaced single nucleotide substitutions.
96 The ≥ 2 single nucleotide substitutions in each case were confirmed to be in *cis* by a newly developed
97 next-generation sequencing method (detailed method will be published elsewhere), with the original
98 sequencing data being deposited in the NCBI Sequence Read Archive (SRA) database
99 (<https://www.ncbi.nlm.nih.gov/sra>) under accession numbers SAMN16675587, SAMN16675586 and
100 SAMN1667558. c.736_742delACCCGCAinsTTCATCT has previously been shown to be a gene
101 conversion event²⁹. c.[71G>A;73C>T;91A>C] and c.[529G>C;536T>G] probably also arose via gene

102 **Table 1.** Low frequency and common *CELA3B* variants in French CP patients and controls

Location	Variant		HCP	FCP	ICP	All CP	Control	OR (95% CI); <i>P</i> value ^b	rs number
	Nucleotide change	Amino acid change	+/n	+/n	+ ^a /n	+ ^a /n	+/n		
Exon 2	c.[71G>A;73C>T;91A>C] ^c	p.[Arg24His;Pro25Ser;Asn31His]	4/73	1/189	3/382	8/644	8/566	0.88 (0.33–2.35); 0.79	rs141038744; rs769262423; rs138865928 ^d
Exon 4	c.235T>C ^e	p.Trp79Arg	1/73	11/189	12/382	24/644	12/566	1.79 (0.89–3.61); 0.10	rs7528405
Exon 5	c.415G>A	p.Val139Ile	0/73	2/189	2/382	4/644	7/566	0.50 (0.15–1.71); 0.26	rs141568613
Exon 6	c.625A>G	p.Ile209Val	6/73	10/189	18(1)/382	34(1)/644	26/566	1.19(0.71–2.01); 0.50	rs114365157
Exon 6	c.629G>A	p.Arg210His	4/73	6/189	20/382	30/644	21/566	1.27 (0.72–2.24); 0.41	rs112944567
Exon 7	c.722C>G	p.Ala241Gly	3/73	5/189	15/382	23/644	21/566	0.96 (0.53–1.76); 0.89	rs114895362

103 ^aNumber of homozygotes is indicated in parentheses wherever applicable.104 ^bCalculation was based on allele frequency in patients vs. that in controls.105 ^cA gene conversion event that can be alternatively termed c.71_91conNM_005747.5:c.71_91; deposited in the NCBI Sequence Read Archive database under
106 the accession number SAMN16675587.107 ^dThe three component variants of c.[71G>A;73C>T;91A>C] have previously been registered as independent single nucleotide substitutions.108 ^eIn hg19, the reference sequence at this position is the minor C allele.109 Abbreviations: CI, confidence interval; CP, chronic pancreatitis; HCP, hereditary chronic pancreatitis; FCP, familial chronic pancreatitis; ICP, idiopathic chronic
110 pancreatitis. OR, odds ratio.

111

112 **Table 2.** Rare/very rare *CELA3B* variants in French CP patients and controls

Location	Variant		HCP	FCP	ICP	All CP	Control	rs number
	Nucleotide change	Amino acid change	+/n	+/n	+ ^a /n	+ ^a /n	+/n	
Exon 3	c.145G>A	p.Glu49Lys	1/73	0/189	0/382	1/644	0/566	rs1298245114
Exon 4	c.269G>T	p.Arg90Leu	0/73	2/189	2/382	4/644	0/566	rs149443835
Exon 4	c.323T>A	p.Phe108Tyr	0/73	0/189	1/382	1/644	0/566	Pending (newly described in this study)
Exon 5	c.391C>T	p.Arg131Cys	1/73	1 ^b /189	1/382	3/644	2/566	rs149805485
Exon 5	c.401A>T	p.Gln134Leu	0/73	0/189	4/382	4/644	1/566	rs4272592
Exon 5	c.460G>A	p.Glu154Lys	0/73	1/189	0/382	1/644	1/566	rs112909663
Exon 5	c.488G>A	p.Gly163Asp	0/73	0/189	0/382	0/644	1/566	rs1158940493
Exon 5	c.491G>A	p.Arg164His	0/73	0/189	0/382	0/644	1/566	rs562385324
Exon 6	c.[529G>C;536T>G] ^c	p.[Glu177Gln;Leu179Arg]	0/73	0/189	0/382	0/644	2/566	rs139222231; rs148974518 ^d
Exon 6	c.627C>G	p.Ile209Met	0/73	0/189	0/382	0/644	1/566	rs77941170
Exon 7	c.682G>A	p.Gly228Ser	1/73	0/189	0/382	1/644	0/566	rs141916705
Exon 7	c.736_742delACCCGC AinsTTCATCT ^e	p.Thr246_Arg248delinsPhelleTrp	0/73	1 ^b /189	1/382	2/644	0/566	Previously described in Párnicky et al. (2016) ²⁹
Exon 7	c.764G>C	p.Arg255Pro	0/73	0/189	0/382	0/644	2/566	rs140718049
Exon 8	c.799A>G	p.Ile267Val	1/73	2/189	3(1)/382	6(1)/644	5/566	rs770756956

113 ^aNumber of homozygotes is indicated in parentheses wherever applicable.114 ^bA same patient carried c.391C>T and c.736_742delACCCGC AinsTTCATCT. Whether the two variants are in *cis* or in *trans* was not determined.115 ^cA gene conversion event that can be alternatively termed c.529_536conNM_005747.5:c.529_536; deposited in the NCBI Sequence Read Archive database
116 under the accession number SAMN16675586.117 ^dThe two component variants of c.[529G>C;536T>G] have previously been registered as independent single nucleotide substitutions.118 ^eA gene conversion event that can be alternatively termed c.736_742conNM_005747.5:c.736_742; deposited in the NCBI Sequence Read Archive database
119 under the accession number SAMN1667558.

120 Abbreviations: CP, chronic pancreatitis; HCP, hereditary chronic pancreatitis; FCP, familial chronic pancreatitis; ICP, idiopathic chronic pancreatitis.

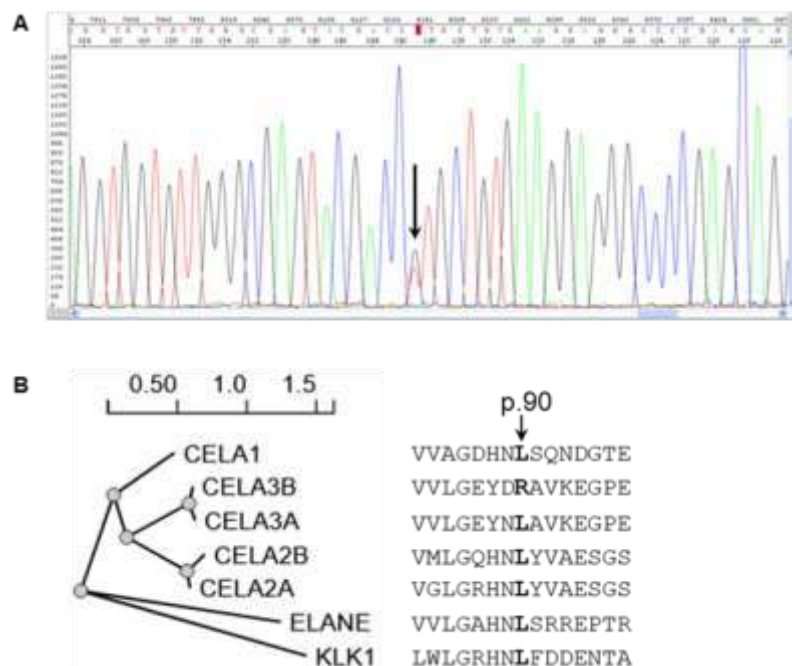
121

122 conversion³⁰ as, in each case, a putative donor sequence is present at the aligned positions of the
123 highly homologous and tandemly linked *CELA3A* gene on human chromosome 1p36.12. It should be
124 noted that gene conversion events involving ≥ 2 nucleotide substitutions are a subtype of
125 simultaneously generated multiple nucleotide variants^{31,32}.

126 The carrier frequencies of each of the six low frequency or common missense variants are broadly
127 similar between the HCP, FCP and ICP patients (Table 1). We therefore combined the three clinical
128 datasets for the purposes of analysis at the individual variant level. None of the variants were found
129 to be associated with CP in terms of a significantly different allele frequency between patients and
130 controls. As for the rare or very rare variants (Table 2), we combined the three clinical datasets in order
131 to perform an aggregate association analysis. 22 (3.4%) of the 644 patients and 16 (2.8%) of the 566
132 controls harbored rare/very rare variants, a difference which was not significant (OR = 1.22, 95% CI
133 0.63 to 2.34; $P = 0.56$).

134 The above notwithstanding, p.Arg90Leu (c.269G>T; Figure 1A), which affected the same amino acid
135 as the CP-causing p.Arg90Cys, was found in 4 patients (two FCP and two ICP) but in none of the controls
136 (Table 2). p.Arg90Leu is also absent from the 574 French subjects in the public dataset of the French
137 Exome (FrEx) project³³ and is extremely rare in gnomAD (allele frequency 0.0008097 in all
138 populations). Most importantly, this variant has been previously subjected to functional
139 characterization together with the disease-causing *CELA3B* p.Arg90Cys variant; these variants were
140 remarkably similar in terms of all their measured biochemical and functional parameters as well as
141 mouse phenotypes²⁰. It should be noted that the p.Arg90Leu variant had not been found in any patient
142 in the original Moore study; it was functionally analyzed because, of the six human elastases, only
143 *CELA3B* has an arginine at position 90 whereas all the others have a leucine²⁰. In this regard, we
144 constructed the phylogenetic tree of the human elastase paralogues by means of NGPhylogeny.fr³⁴,
145 thereby formally confirming that p.Leu90 represents the ancestral allele whereas p.Arg90 is the
146 derived allele (Figure 1B). Interestingly, replacement of p.Leu90 of the human wild-type *CELA3A* by
147 arginine was found to reduce protein expression²⁰. The constellation of these genetic, functional and
148 evolutionary data therefore argues that p.Arg90 in *CELA3B* was an evolutionarily adaptive change and
149 that reversion to the ancestral allele predisposes to CP.

150



151

152 **Figure 1.** (A) Sanger sequencing electropherogram showing the *CELA3B* c.269G>T (p.Arg90Leu)

153 variant (indicated by arrow) in a patient. (B) Phylogenetic tree of the human elastases. KLK1

154 (kallikrein 1) was used as an outgroup. Aligned amino acid sequences spanning p.90 are also shown.

155 In summary, on the basis of sequencing a large French cohort of CP patients and controls, we
156 provide new evidence to support the involvement of the *CELA3B* gene in the etiology of CP. Moreover,
157 our identification of the p.Arg90Leu in multiple CP patients has revealed a new instance in which
158 genetic studies have helped to pinpoint evolutionarily adaptive sites^{35,36}. Larger genetic and functional
159 studies are however required to determine whether other variants of *CELA3B* that occurred beyond
160 the p.Arg90 site might also confer a risk for CP.

161
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164 analysis, and interpretation of the data and in the writing of the report.

165
166 **Potential competing interests:** None.

167
168 **Data availability**
169 All data relevant to the study are included in the article or uploaded as supplementary information.

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