

## RESEARCH ARTICLE

# The role of coagulation and platelets in colon cancer-associated thrombosis

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**Mitrugno A, Tassi Yunga S, Sylman JL, Zilberman-Rudenko J, Shirai T, Hebert JF, Kayton R, Zhang Y, Nan X, Shatzel JJ, Esener S, Duvernay MT, Hamm HE, Gruber A, Williams CD, Takata Y, Armstrong R, Morgan TK, McCarty OJT.** The role of coagulation and platelets in colon cancer-associated thrombosis. *Am J Physiol Cell Physiol* 316: C264–C273, 2019. First published November 21, 2018; doi:10.1152/ajpcell.00367.2018.—Cancer-associated thrombosis is a common first presenting sign of malignancy and is currently the second leading cause of death in cancer patients after their malignancy. However, the molecular mechanisms underlying cancer-associated thrombosis remain undefined. In this study, we aimed to develop a better understanding of how cancer cells affect the coagulation cascade and platelet activation to induce a prothrombotic phenotype. Our results show that colon cancer cells trigger platelet activation in a manner dependent on cancer cell tissue factor (TF) expression, thrombin generation, activation of the protease-activated receptor 4 (PAR4) on platelets and consequent release of ADP and thromboxane A<sub>2</sub>. Platelet-colon cancer cell interactions potentiated the release of platelet-derived extracellular vesicles (EVs) rather than cancer cell-derived EVs. Our data show that single colon cancer cells were capable of recruiting and activating platelets and generating fibrin in plasma under shear flow. Finally, in a retrospective analysis of colon cancer patients, we found that the number of venous thromboembolism events was 4.5 times higher in colon cancer patients than in a control population. In conclusion, our data suggest that platelet-cancer cell interactions and perhaps platelet procoagulant EVs may contribute to the prothrombotic phenotype of colon cancer patients. Our work may provide rationale for targeting platelet-cancer cell interactions with PAR4 antagonists together with aspirin and/or ADP receptor antagonists as a potential intervention to limit cancer-associated thrombosis, balancing safety with efficacy.

aspirin; cancer; coagulation; platelets; PAR4; thrombosis

## INTRODUCTION

Cancer-associated thrombosis is often the first presenting sign of malignancy and is currently the second leading cause of death in patients with cancer after their malignancy (12, 22, 33). Irrespective of cancer type, measurable activation of platelets and coagulation correlates with the extent of tumor progression and negative clinical outcomes (33, 43). We demonstrated previously that the activation of platelets leads to colon cancer cell proliferation, and that this response may be reversed with aspirin (32, 34).

Increased platelet counts (thrombocytosis) are not uncommon in cancer patients at diagnosis. Thrombocytosis occurs more commonly in advanced malignancies and is a marker for increased risk of cancer-associated thrombosis (44). It is also well established that elevated levels of platelet- and/or tumor-derived extracellular vesicles (EVs) correlate with an increased risk of thrombotic events in patients with cancer (3, 15, 19). However, it is currently unclear whether the majority of procoagulant EVs originate from platelets, cancer cells, or both. In addition, it is unknown whether the release of these procoagulant EVs requires signaling between platelets and cancer cells, or if they are simply a consequence of platelet activation.

Previous *in vitro* and *ex vivo* studies have attempted to describe how cancer cells, platelets, and EVs are able to trigger activation of the coagulation cascade and promote thrombus formation (8, 24, 28, 29, 41, 42, 46, 47, 51). Among these studies, only a few have analyzed the simultaneous and potentially synergistic contributions of procoagulant cancer cells and platelets in thrombus formation under physiologically relevant fluid shear flow.

The procoagulant phenotype of cancer cells and EVs is primarily dependent on the expression of a functionally active tissue factor (TF) and exposure of phosphatidylserine (PS) on their outer membrane (10, 45). TF and PS expression allows for the formation of the extrinsic tenase and prothrombinase complexes, respectively, resulting in the generation of the serine protease thrombin. Thrombin plays a central role in cancer-associated thrombosis, either directly, by generating

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fibrin, or indirectly by eliciting a variety of platelet prothrombotic responses via cleavage of protease-activated receptors (PARs) (9, 50). Human platelets express PAR1 and PAR4, G protein-coupled receptors that are activated by thrombin following proteolytic cleavage of an NH<sub>2</sub>-terminal site to reveal a tethered ligand that binds the receptor itself and initiates intracellular G protein signaling, culminating in platelet activation, aggregation, and shedding of procoagulant EVs (13, 50). Interestingly, PAR4 has been proposed as the primary receptor mediating the shedding of platelet-derived procoagulant EVs in response to thrombin (13). Yet, despite PAR4 being recently proposed as potential target to prevent thrombotic events, it is unknown whether inhibition of PAR4 can interfere with prothrombotic mechanisms elicited by procoagulant cancer cells (53).

In the present study, we employed a human SW480 colon cancer cell line to investigate platelet-colon cancer cell interactions leading to procoagulant EV production. We determined the cell- and size-specific EV populations arising from colon cancer cell-platelet interactions. By using an *in vitro* flow assay, we show that SW480 colon cancer cells trigger thrombus formation in a thrombin-dependent manner and we present evidence that PAR4 may be a potential target to limit colon cancer-associated thrombosis. In line with this working hypothesis, we provide clinical evidence from a retrospective cross-sectional analysis that patients with colon cancer have an increased risk for thrombosis independent of covariates (e.g., race, age, sex).

## MATERIALS AND METHODS

**Reagents.** All the chemicals and reagents were purchased from Sigma-Aldrich (St. Louis, MO) or previously mentioned sources unless specified otherwise (32, 44). Prostacyclin I<sub>2</sub> (PGI<sub>2</sub>) was from Cayman Chemical (Ann Arbor, MI). DAPI solution (H3570) and Alexa Fluor 546-labeled fibrinogen were obtained from Thermo Fisher Scientific (Pittsburgh, PA). Anti-CD41-FITC was from Invitrogen (Carlsbad, CA), anti-CD41-BV421, Annexin V-FITC and Annexin V-binding buffer were from BioLegend (San Diego, CA), PAC-1-FITC, anti-EpCAM-APC, and anti-CD41a-PE-Cy7 were purchased from BD Biosciences (Franklin Lakes, NJ). EpCAM-APC-Cy7 was from Abcore (Ramona, CA). The anti-TF blocking antibody (clone D3H44) was from Genentech (South San Francisco, CA), the anti-TF-PE antibody was from BioLegend, while the anti-TF-FITC was purchased from LSBio (Seattle, WA). All of the anti-TF antibodies used in our study have been previously validated for each experimental application by our lab and others (4, 11, 39). The direct thrombin inhibitor, hirudin, was obtained from CIBA-Geigy Pharmaceuticals (Horsham, UK). Ticagrelor was purchased from Oxchem Corporation (Wood Dale, IL). The anti-factor XI antibody 1A6 and the PAR4 inhibitor VU0652925 were generated as previously described (14, 23).

**SW480 cell culture.** The human colon adenocarcinoma cell line, SW480, was purchased from American Type Culture Collection (Manassas, VA). SW480 colon cancer cells were grown as monolayers (37°C in 5% CO<sub>2</sub>) in DMEM (Invitrogen Life Technologies, Carlsbad, CA) supplemented with 10% FBS (GIBCO) and 1% penicillin-streptomycin. Cells were detached and prepared as previously described (32).

**Isolation of human washed platelets.** Platelets were isolated from human venous blood drawn from healthy volunteers by venipuncture into sodium citrate (1:9; vol/vol), in accordance with an Institutional Review Board-approved protocol at Oregon Health & Science University, as previously described and with written informed consent

from the volunteers (44). Briefly, anticoagulated blood was centrifuged (200 g, 20 min) to obtain platelet-rich plasma (PRP). PRP was centrifuged (1,000 g, 10 min) in the presence of PGI<sub>2</sub> (0.1 μg/ml) to obtain a platelet pellet. The platelet pellet was resuspended in modified HEPES-Tyrode buffer (129 mM NaCl, 0.34 mM Na<sub>2</sub>HPO<sub>4</sub>, 2.9 mM KCl, 12 mM NaHCO<sub>3</sub>, 20 mM HEPES, 5 mM glucose, 1 mM MgCl<sub>2</sub>; pH 7.3) and washed once via centrifugation at 1,000 g for 10 min in modified HEPES-Tyrode buffer in the presence of prostacyclin (0.1 μg/ml). Purified platelets were resuspended in modified HEPES-Tyrode buffer at the indicated concentrations.

**Measurement of SW480-TF activity with a fibrin formation assay.** Human platelet-poor plasma (PPP) was prepared as previously described (40). SW480 colon cancer cells (10<sup>5</sup> cells/well) were plated, grown for 24 h in 96-well plates, and incubated for 2 h in serum-free medium with 0.3% BSA. A set of control wells without cells was used as the blank. SW480 colon cancer cells were then washed with PBS and treated for 20 min with vehicle or anti-TF antibody (10 μg/ml), before a solution of PPP in the presence of vehicle or 1A6 (20 μg/ml) was added and fibrin formation initiated with 8.3 mM CaCl<sub>2</sub>. The assay was performed in duplicate in three independent experiments. Fibrin formation was measured as change in turbidity at 405 nm. The time interval required for the solution turbidity to reach the half-maximal value was defined as T<sub>Half Max</sub> as previously described (39).

**Flow cytometric analysis—platelets and colon cancer cell interaction.** Isolated washed platelets and SW480 colon cancer cells were prepared as described above and combined to yield a final concentration of 1 × 10<sup>6</sup> SW480 cells/ml and 2 × 10<sup>8</sup> platelets/ml in a total volume of 100 μl. For inhibitory studies, platelets were preincubated with inhibitors [VU652925 (10 μM), aspirin (20 μM), ticagrelor (200 nM)], or vehicle (0.1% DMSO) for 15 min at 37°C. The solution of SW480 cells and platelets was transferred into 5 ml falcon tubes and incubated, at room temperature, for 30 min in the presence of antibodies (anti-CD41-BV421, PAC-1 FITC, and EpCAM-APC) and thrombin (0.1 U/ml). Antibody dilutions were 1:100 for anti-CD41-BV421, 1:100 for PAC-1-FITC and 1:100 for EpCAM-APC. Hirudin (40 μg/ml) was added to stop thrombin activity. Samples were fixed in equal volume of 2% paraformaldehyde (PFA) for 10 min and further diluted to a total volume of 300 μl in PBS containing 0.5% fatty acid-free BSA. Samples were analyzed on the BD FACSymphony A5 Flow Cytometer. A total of 10,000 EpCAM-positive (EpCAM<sup>+</sup>) events were acquired for each sample. Compensation was performed using OneComp eBeads (Invitrogen).

**Nanoscale high-resolution flow cytometric analysis of procoagulant cancer and platelet-derived extracellular vesicles.** Isolated washed platelets and SW480 colon cancer cells were combined to yield a final concentration of 1 × 10<sup>6</sup> SW480 cells/ml and 2 × 10<sup>8</sup> platelets/ml and incubated in presence of antibodies (anti-CD41-BV421, anti-EpCAM-APC, anti-TF-PE, and Annexin V-FITC) and thrombin (0.1 U/ml) at room temperature for 30 min. Hirudin (40 μg/ml) was added to stop thrombin activity. Platelets, cancer cells and cell debris were removed by centrifugation for 15 min at 1,500 g. The supernatant was collected and diluted to a total volume of 500 μl in 0.1-filtered PBS before extracellular vesicle (EV) analysis by nanoscale high-resolution flow cytometry on a BD Symphony at low instrument pressure (BD Biosciences) as described by our group and others (7, 20, 35, 36, 48). We employed FITC-bright nanobeads (Invitrogen) and Megamix beads (Biocytex) to standardize side light scatter settings (SSC) between experiments and as relative size references as described (7). We defined EVs smaller than 200 nm as exosomes (EXOs) and EVs between 200 nm and 1 μm as microvesicles (MVs). Data were standardized to 1 min collections in triplicate, and the means are reported for each sample for statistical analysis.

**Whole mount immunofluorescence and electron microscopy studies.** SW480 colon cancer cells (1 × 10<sup>6</sup> cells/ml) were pretreated with anti-TF blocking antibody (10 μg/ml) or vehicle for 10 min before incubation with PRP in the presence of 8.3 mM CaCl<sub>2</sub> at room

temperature for 30 min. PRP and SW480 colon cancer cells in HEPES-Tyrode buffer were used as controls. Hirudin (40  $\mu\text{g/ml}$ ) was added to stop thrombin activity in select tubes. Following incubation, cells were pelleted by centrifugation for 15 min at 1,500 g, the supernatant was discarded, and the cell pellets were washed in PBS and fixed in 4% PFA for 10 min. Fixed pellets were then washed in PBS and incubated in blocking buffer [0.1% BSA and 1:100 dilution of Human FC Block (BD Biosciences) in PBS] for 20 min at room temperature. Blocking buffer was removed and pellets were stained with EpCAM-APC-Cy7 at 0.1 mg/ml, anti-TF-FITC antibody (1:100) and PE-Cy7-conjugated anti-CD41 at 0.2 mg/ml for 1 h. Pellets were then washed in PBS, DAPI stained to highlight nuclei, and mounted for imaging using a Spinning Disk Nikon/Yokogawa CSU-W1. Composite images were created using Fiji (ImageJ, National Institutes of Health, Bethesda, MD) software. Three independent experiments were performed. For electron microscopy experiments, samples prepared as above were fixed in 2.5% glutaraldehyde and sections were prepared and imaged using standard methods.

**SW480 cancer cell-induced thrombus formation under dynamic flow conditions.** SW480 colon cancer cells ( $10^5$  cells/well) were plated and grown to confluence for 24 h in ibiTreat  $\mu$ -Slide VI 0.1 tissue culture-treated sterile channel slides (Ibidi USA, Fitchburg, WI). After two washes in PBS, SW480 colon cancer cells were incubated for 2 h in serum-free medium with 0.3% BSA and DAPI solution (1:250 dilution). SW480 colon cancer cells were pretreated with anti-TF blocking antibody (10  $\mu\text{g/ml}$ ) or vehicle for 10 min before perfusion with PRP stained with anti-CD41a-FITC (1:100 dilution), containing AF546-fibrinogen (40  $\mu\text{g/ml}$ ) and recalcified with  $\text{CaCl}_2$  (10 mM). In selected experiments, PRP was pretreated with hirudin (40  $\mu\text{g/ml}$ ) or VU652925 (10  $\mu\text{M}$ ) for 10 min before recalcification and perfusion. Perfusion was carried out at a shear rate of 2.5  $\text{dyn/cm}^2$  and monitored for 10 min. SW480 cell-induced platelet aggregation and fibrin formation were visualized using a Zeiss  $\times 40/0.75$  NE EC Plan-Neofluar lens on a Zeiss AxioCam MRm camera and Slidebook software (version 5.0; Intelligent Imaging Innovations). Quantitation of fluorescent images were processed by ImageJ. The multicolor images were first split into red, green, and blue channels and fluorescent signal in each channel were selected by intensity thresholding. Properties of selected regions including area and mean intensity were measured and were used to calculate the integrated intensity.

**Retrospective cross-sectional clinicopathologic study of thrombosis occurrence in patients with colon cancer.** We performed a retrospective analysis of the Veteran Affairs' electronic health record in the Corporate Data Warehouse and Cancer Registry. The Stanford University Institutional Review Board deemed the project to be exempt from human subject review. Cancer-associated thrombosis was defined as the occurrence of a pulmonary embolism or venous thromboembolism. ICD-9-CM codes were used to identify these diagnoses (pulmonary embolism included 415.1, 634.6, 635.6, 636.6, 637.6, 638.6, 673.2 and the codes used for deep vein thrombosis were 451.1, 451.2, 451.8, 451.9, 453.2, 453.8, 453.9, 671.3, 671.4, 671.9). Incidence rates (cases per 1,000 person-years) were determined for colon cancer patients and non-cancer patients from January 1, 2000 to January 1, 2010. End points were defined as the first occurrence of thrombosis, death, or loss to follow-up. Age-adjusted relative rates were calculated using a U.S. 2000 Standard Population distribution and 95% confidence intervals were calculated using the normal approximation to the binomial distribution.

**Data analysis.** For experimental *in vitro* studies, data are expressed as means  $\pm$  SE. Statistical significance of differences between means was determined by Student's *t*-test, unless otherwise specified.  $P < 0.05$  was considered statistically significant.

## RESULTS

**SW480 colon cancer cells induce fibrin formation and platelet adhesion in a TF-dependent manner.** Tissue factor expressed on the surface of cancer cells is considered the principal trigger of coagulation in patients with cancer. Our first experiments were designed to test the ability of SW480 colon cancer cells to generate thrombin and thus induce fibrin formation in a TF-dependent manner. Fibrin formation was observed in plasma after  $\sim 200$  s (Fig. 1, A and B). To inhibit TF activation, SW480 colon cancer cells were pretreated with blocking anti-TF mAb antibody, whereas 1A6 was used to block the activity of the intrinsic pathway of coagulation in plasma. The presence of blocking anti-TF mAb delayed fibrin formation beyond 600 s. The addition of 1A6 had no effect on the ability of SW480 colon cancer cells to trigger fibrin formation. These results suggest that the ability of SW480 colon cancer cells to generate thrombin is TF-dependent and independent of the intrinsic pathway *in vitro*.

We next explored whether procoagulant cancer cells were able to support binding and induce aggregation of human platelets. To this end, SW480 ( $10^6$  cells/ml) colon cancer cells were incubated with PRP in the presence of TF-blocking antibody or vehicle, and platelet adhesion to SW480 cancer cells and aggregation was assessed via fluorescent and electron microscopy. For each treatment, 100 platelets and 100 SW480 colon cancer cells were examined. Staining of the cell membrane with EpCAM (purple) and of the nuclei with DAPI (blue) were used to identify SW480 colon cancer cells (Fig. 1C, panel A). As shown in Fig. 1C (panel B), SW480 colon cancer cells showed high TF surface expression (green). Interestingly, platelets (red) adhered predominantly in the regions of high TF expression on SW480 cancer cells, as demonstrated by colocalization (yellow; Fig. 1C, panel C). Moreover, the direct binding of platelets to SW480 colon cancer cells was also confirmed by electron microscopy (Fig. 1C, panels D, E). Importantly, the presence of the TF-blocking antibody, completely prevented the physical interaction of platelets with SW480 (Fig. 1C, panel F).

**Role of PAR4 in SW480 colon cancer cell-platelet interactions.** Previous studies have shown that platelets interact with a number of procoagulant cancer cell lines. We aimed to study the role of thrombin in mediating platelet-cancer cell interactions. Thrombin activates platelets via PAR-signaling. While the role of PAR1 in platelet-cancer interactions has been described (6, 38, 49), it is unknown whether PAR4 is involved in platelet-tumor cell cross talk. We investigated whether thrombin promotes platelet-SW480 colon cancer cell interactions and if so, whether PAR4 was required for the cell adhesion and platelet activation. To this end, washed platelets were combined with SW480 colon cancer cells and stimulated with vehicle or thrombin. Platelet adhesion to cancer cells was assessed via flow cytometry as detection of fluorescent platelets ( $\text{CD41a}^+$ ) on the surface of SW480 colon cancer cells ( $\text{EpCAM}^+$ ) postincubation as shown in Fig. 2A. The state of activation of platelets bound to SW480 was also assessed by quantifying the degree of integrin  $\alpha\text{IIb}\beta 3$  activation (PAC-1 binding; Fig. 2A). As shown in Fig. 2, B and C, the interaction of activated platelets with SW480 colon cancer cells was significantly increased in the presence of thrombin as compared with the baseline level. Importantly, the ability of throm-



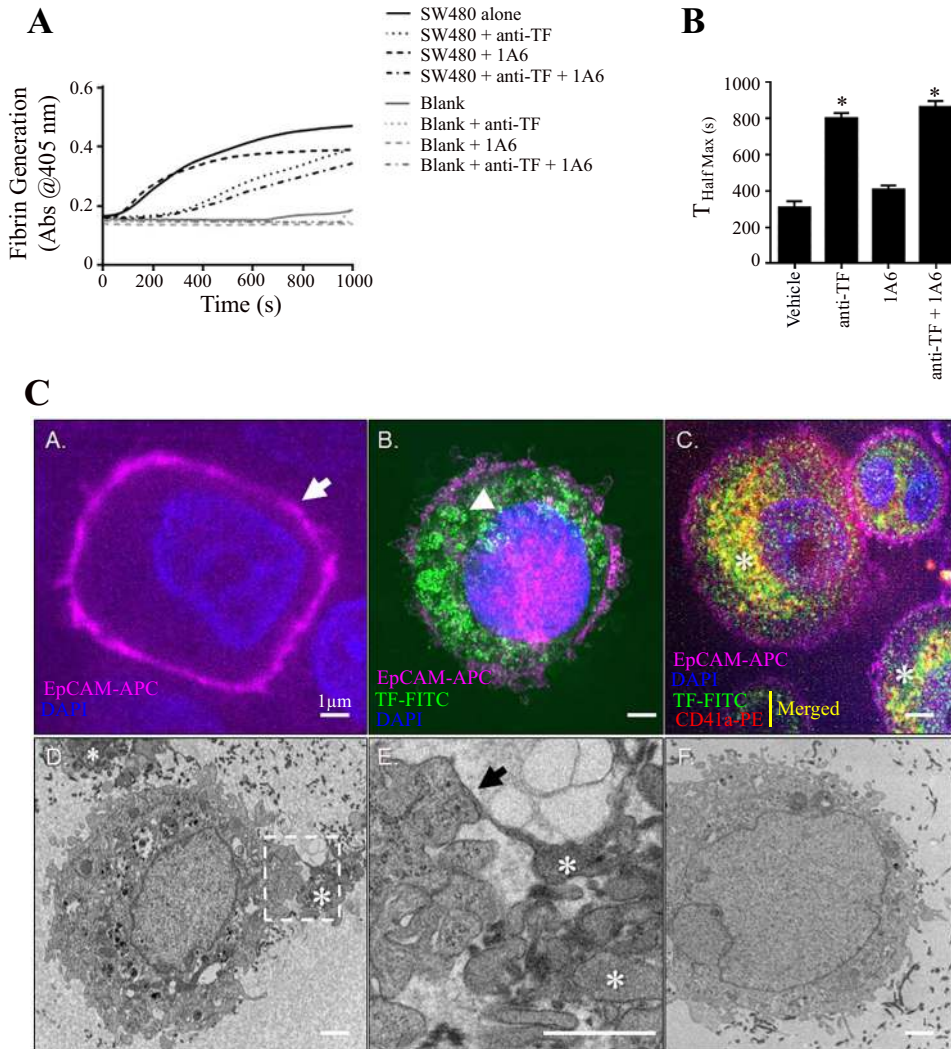


Fig. 1. Adhesion and aggregation of human platelets to procoagulant SW480 human colon cancer cells. *A* and *B*: SW480 colon cancer cells were grown to confluence in 96-well plates and pretreated with vehicle or a blocking anti-TF antibody (10 μg/ml) for 20 min. Subsequently, PPP pretreated with 20 μg/ml of anti-FXI antibody 1A6 or vehicle was added to SW480 cancer cells and fibrin generation was initiated with the addition of 8.3 mM CaCl<sub>2</sub>. In *A*, fibrin formation was measured as change in turbidity at 405 nm. In *B*, time interval required for the solution turbidity to reach the half-maximal value was defined as T<sub>HalfMax</sub>. For comparing treatments to vehicle, Student's *t*-test was used. \**P* < 0.05, statistically significant. *C*: immunofluorescent colocalization and ultrastructural verification of platelet adherence to cancer cells. Representative images of three independent experiments revealed cancer cells stained for epithelial cell adhesion molecule (EpCAM-APC-cy7; *C,A*), highlighting the plasma membrane (arrow) by confocal microscopy. *C,B*: tissue factor highlighted by FITC-conjugated antibody (arrowhead) showed diffuse staining of cancer cells. *CC*: composite of cancer cells stained for EpCAM, tissue factor, and platelets stained for CD41a-PE-cy7 (red) showed composite pattern (asterisk). *C,D* and *C,E*: electron microscopy revealed clusters of platelets (asterisk) adherent to cancer cells (arrow). *C,F*: in contrast, no adherent platelet aggregates were observed when tissue factor is inhibited. Scale bar, 1 μm. PPP, platelet-poor plasma; TF, tissue factor.

bin to potentiate binding and activation of platelets to SW480 cells was significantly reduced by the PAR4 antagonist. We next investigated whether platelet-SW480 interactions triggered by thrombin could also be inhibited with antiplatelet agents aspirin and ticagrelor, which inhibit the actions of thromboxane A<sub>2</sub> (TXA<sub>2</sub>) and ADP, respectively. As shown in Fig. 2, *B* and *C*, thrombin-induced platelet-SW480 cancer cell interactions and activation were impaired by either aspirin or ticagrelor.

*SW480 colon cancer cells incite the release of platelet EVs.* We next aimed to define the composition of EVs and identify whether platelets or SW480 cancer cells were the primary experimental source of EVs. EVs were characterized as described in MATERIALS AND METHODS and as shown in Fig. 3. According to the bead tracking analysis, EVs had a mean particle size above 200 nm and were classified as microvesicles (MVs) (Fig. 3A). Staining with Annexin V was used to identify EVs exposing phosphatidylserine. As shown in Fig. 3B, neither SW480 colon cancer cells nor platelets released procoagulant EVs when unstimulated (vehicle). Incubation of platelets with SW480 colon cancer cells led to an increase in procoagulant EVs; importantly the majority of procoagulant EVs were MVs that were shed from platelets (CD41a+/Annexin V/TF posi-

tive), while relatively few were released from SW480 colon cancer cells (EpCAM+/Annexin V/TF positive). To assess the ability of thrombin to potentiate release of platelet-derived procoagulant EVs, we incubated the mixture of SW480 colon cancer cells and platelets with 0.1 U/ml of thrombin and stopped the reaction after 30 min with hirudin. As shown in Fig. 3, addition of thrombin to the cellular suspension of platelets and SW480 cancer cells induced a significant increase in platelet-derived procoagulant MVs (CD41a+/Annexin V/TF positive).

*SW480 colon cancer cells induce thrombus formation under flow.* We next aimed to study platelet-colon cancer cell interactions under physiologically relevant levels of fluid shear flow. To this end, recalcified PRP was perfused over immobilized SW480 colon cancer cells. In all experiments, PRP was pretreated with 1A6 to block the activation of the intrinsic pathway of coagulation in plasma. As shown in Fig. 4 and Supplemental Video S1 (Supplemental Material for this article is available online at the Journal website), platelets (green) readily adhered to SW480 colon cancer cells (blue) and were able to form large and stable aggregates and incite fibrin formation (red). To confirm the role of TF and thrombin in the procoagulant activity induced by SW480 colon cancer cells,

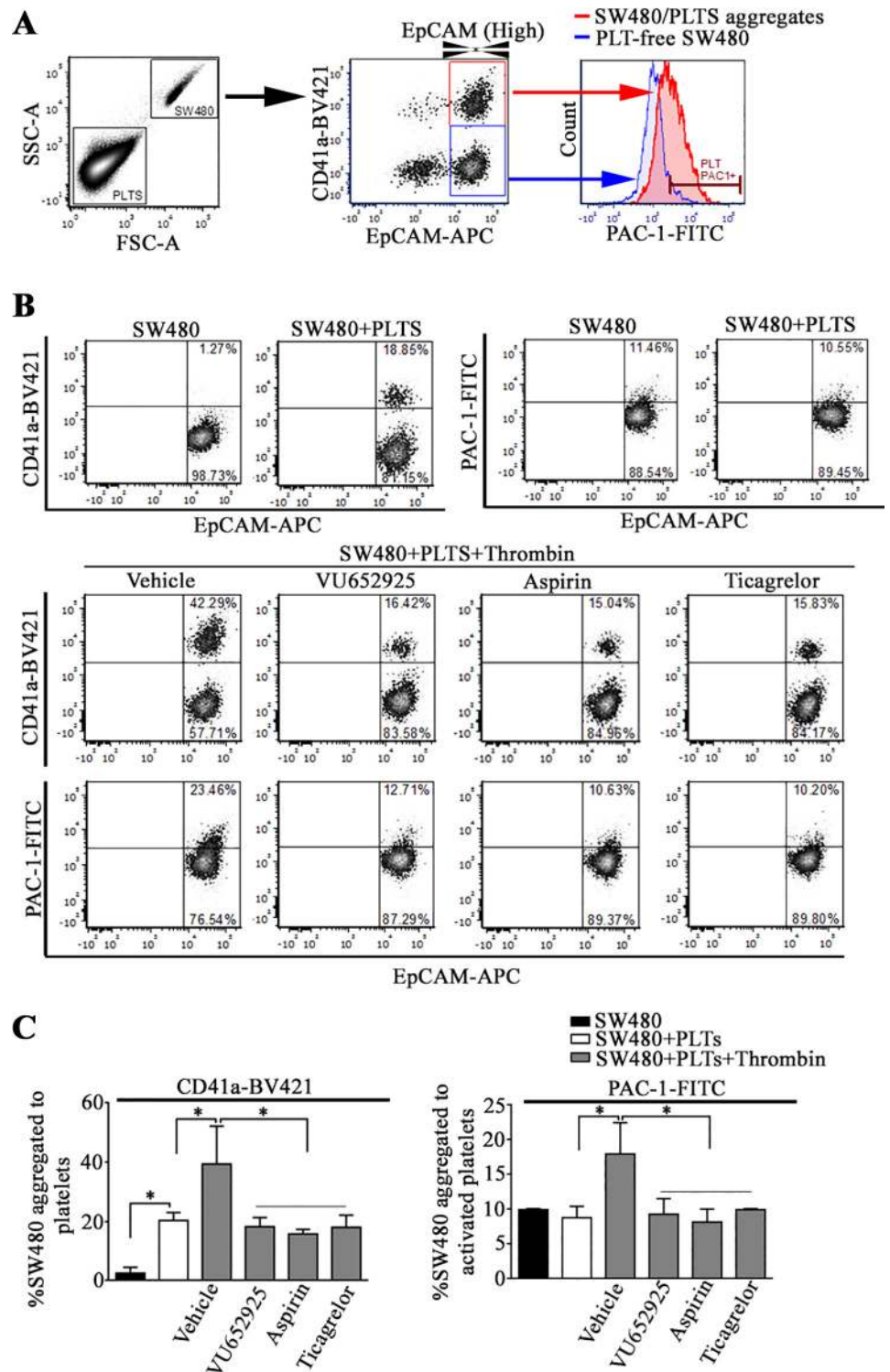


Fig. 2. Flow cytometric analysis of platelet interaction with and activation by SW480 colon cancer cells. Isolated platelets and SW480 colon cancer cells were combined in equal volume to a final concentration of  $1 \times 10^6$ /ml SW480 cancer cells and  $2 \times 10^8$ /ml platelets (A–C). For pharmacological studies, platelets were incubated with inhibitors (aspirin, 20  $\mu$ M; COX-1 inhibitor; ticagrelor, 200 nM; P2Y<sub>12</sub> inhibitor; VU652925, 10  $\mu$ M; PAR4 inhibitor) or vehicle (0.1% DMSO) for 15 min at room temperature (RT) before incubation with cancer cells. Cell mixture (60  $\mu$ l) was added to tubes containing 20  $\mu$ l of antibody and agonist mixtures (thrombin, 0.1 U/ml) and incubated at RT for 30 min. *A* and *B*: gating strategy (*A*) and representative flow cytometric plots (*B*) of platelet-SW480 cancer cell interactions are shown. Platelets were labeled with BV421-conjugated CD41 antibody (1:100 dilution), and activated platelets were identified by positivity for PAC-1 binding (PAC-1-FITC, 1:100 dilution). Cancer cells were stained with APC-conjugated EpCAM (1:100 dilution). Samples were analyzed on the BD FACSsymphony A5 Flow Cytometer. Gates were set to only include SW480 colon cancer cells positive for EpCAM expression. *C*: bar graphs showing the % of SW480 colon cancer cells bound to total (*left*) and activated platelets (*right*). Data are means  $\pm$  SE ( $n = 3$ ). For comparing treatments to vehicle, one-way ANOVA-multiple comparison test was used. \* $P < 0.05$ , statistically significant. COX-1, cyclooxygenase-1; PAR4, protease-activated receptor 4.

we used a function-blocking antibody against TF antibody or hirudin, a direct inhibitor of thrombin activity. Both the anti-TF antibody and hirudin fully inhibited SW480-induced thrombus formation (Supplemental Videos S2 and S3), suggesting that SW480 colon cancer cells elicit platelet aggregation and fibrin formation through thrombin generation via selective activation of the extrinsic coagulation cascade. In contrast, pharmacological inhibition of platelet PAR4 did not seem to have an effect

on the degree of fibrin formation as measured by fibrinogen binding over time (Supplemental Video S4). Further studies are required to elucidate potential roles for PAR1, PAR4, and receptors including GPIb, P-selectin or CD44 in mediating platelet-tumor cell interactions leading to thrombus formation under flow.

*Thrombosis is associated with colon cancer in patients.* We identified 39,862 colon cancer patients and 10,321,311 control



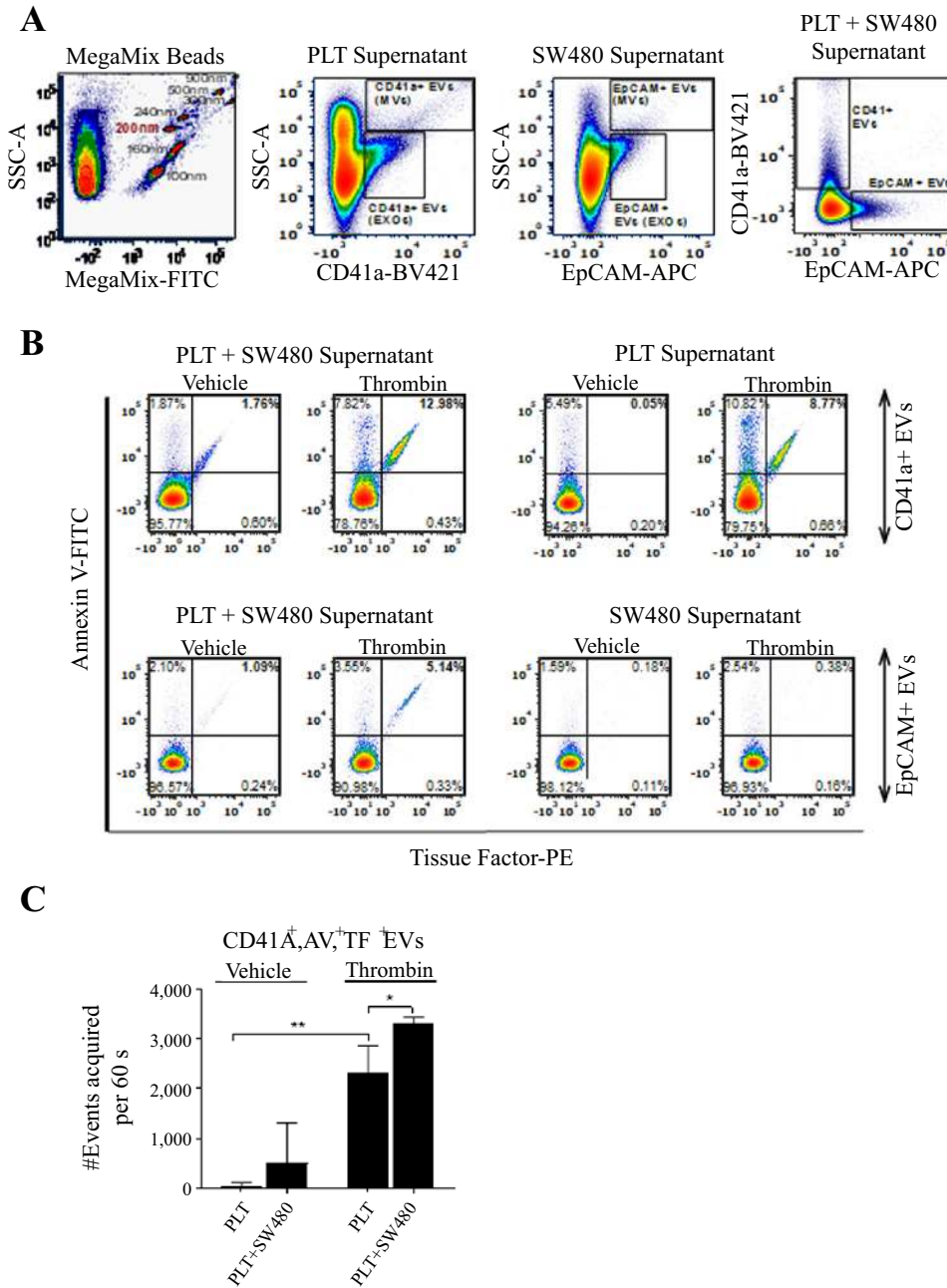


Fig. 3. Nanoscale high-resolution flow cytometry of platelet and colon cancer SW480 cell line extracellular vesicles. *A*: experiments were standardized using uniform instrument settings based on commercially available fluorescently labeled polystyrene beads (MegaMix). At the nanoscale on a BD Symphony machine, side light scatter provides relative size estimates (100 nm-900 nm beads). The beads are fluorescently labeled, which is the advantage of nanoscale flow cytometry because targeted signals emerge from the unlabeled nanoscale “noise”. Platelet or SW480 media stained for CD41 or EpCAM, respectively, revealed both larger microvesicles and smaller exosome populations. *B* and *C*: addition of thrombin and cancer cells to platelets led to an increase in tissue factor-positive (TF<sup>+</sup>), Annexin V-positive (AV<sup>+</sup>), CD41-positive (CD41a<sup>+</sup>) platelet EVs (*B*), which was reproducible in repeated experiments performed in triplicate (*C*). Data are means ± SE (*n* = 3). For comparing treatments to each other, Student’s *t*-test was used. \**P* < 0.05. EVs, extracellular vesicles; PLT, platelets.

patients (Table 1). The control and colon cancer cohorts varied in age; ~18% of the patients with colon cancer were younger than 50 compared with 48% of the control patients. The colon cancer cohort had slightly more women compared with the control cohort (15% vs. 7%). The distribution of race within the two populations was also similar, and patients were predominantly Caucasian (73%–76%). Overall, the number of venous thromboembolisms (VTEs)/1,000 person-years was found to be higher in colon cancer patients than the control population [10 vs. 2.2, age-adjusted rate ratio: 3.5, 95% confidence interval (CI) 3.4–3.6, *P* < 0.001]. The median time to first VTE was similar in both populations. Notably, the majority (~68%) of the VTEs in the colon cancer patients occurred following the diagnosis of cancer.

In conclusion, the high incidence of thrombotic events in cancer patients has prompted many efforts to elucidate the etiology of cancer-associated thrombosis. The relative contribution of cancer cells, coagulation, or platelets to thrombus formation remains in dispute, however. In this *in vitro* study, we show that thrombin enhanced the binding of platelets to procoagulant SW480 colon cancer cells and we demonstrate that the enhanced platelet adhesion is dependent on PAR4 activation. In addition, we show that the mechanism of enhanced adhesion of platelets to cancer cells also required secondary soluble mediators of platelet activation, TXA<sub>2</sub> and ADP, since this interaction could also be inhibited by aspirin and ticagrelor. By using an *in vitro* flow assay we show that immobilized SW480 colon cancer cells trigger thrombus for-

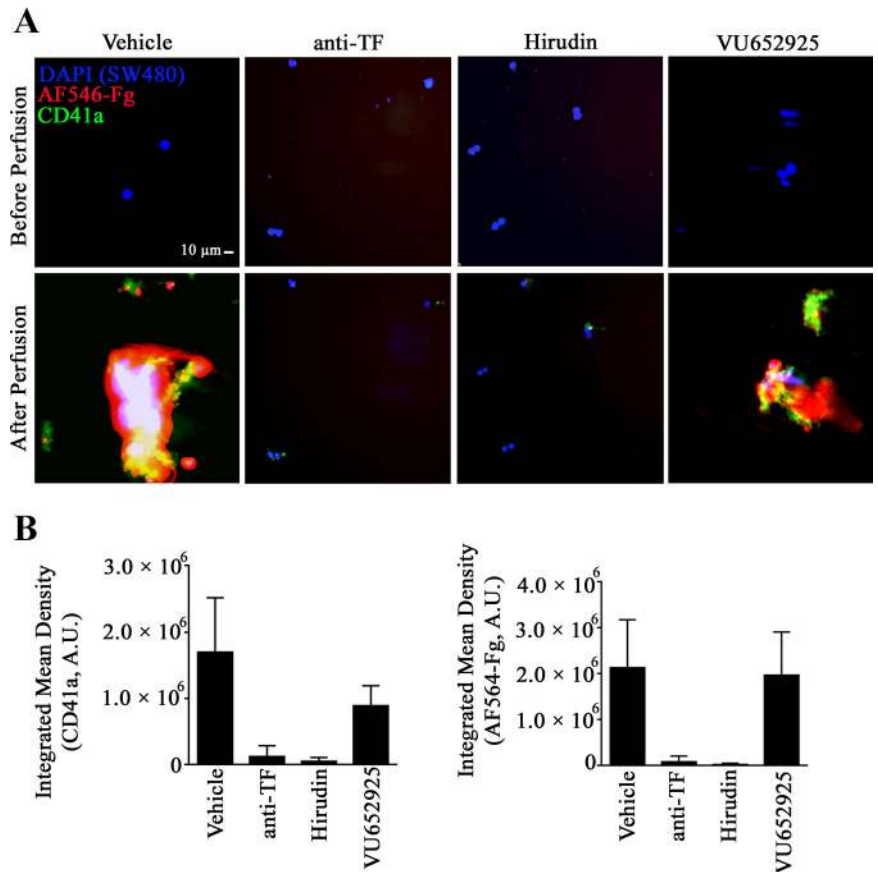


Fig. 4. Visualization of SW480 colon cancer cells induced platelet aggregation and fibrin formation under flow. SW480 colon cancer cells were grown in Ibidi channel slides and incubated with a blocking anti-tissue factor (TF) antibody (10 μg/ml) or with vehicle for 20 min. Subsequently, recalcified (25 mM CaCl<sub>2</sub>) platelet-rich plasma (PRP) pretreated with either 40 μg/ml of the thrombin inhibitor hirudin, 10 μM of the PAR4 inhibitor VU652925, or with vehicle and containing 40 μg/ml AF-546 fibrinogen was perfused at 2.5 dyn/cm<sup>2</sup> shear stress over SW480 cancer cells for a total time of 10 min. A: representative fluorescent images at ×20 are shown. Platelets were stained with an anti-CD41 antibody (green), fibrin is in red, and cancer cells were stained with the nuclear marker DAPI (blue). Scale bar, 10 μm. B: bar graphs showing data from three fields of view of two experiments (n = 2). AU, arbitrary units. Data are means ± SE.

mation in a TF- and thrombin-dependent manner and we suggest PAR4 as a potential target to prevent experimental colon cancer cell-associated thrombus formation in vitro. We demonstrate that platelets are the primary experimental source of procoagulant EVs, mainly MVs (defined as larger than 200

nm). We support our in vitro observations with a large retrospective observational study, confirming that patients with colon cancer have an increased risk of developing thrombotic events as compared with patients without known malignancy.

Table 1. Thrombosis occurrence in patients with colon cancer

Characteristic	Colon Cancer Patients	Control Patients
Total, no. (%)	39,862 (100%)	10,321,311 (100%)
Sex		
Male, no. (%)	38,760 (85%)	9,592,001 (93%)
Female, no. (%)	5,845 (15%)	716,979 (6.9%)
Age		
<25, no. (%)	121 (0.3%)	1,571,211 (15%)
26–50, no. (%)	7,081 (18%)	3,384,087 (33%)
51–75, no. (%)	27,928 (70%)	4,690,275 (45%)
76–100, no. (%)	4,731 (12%)	675,499 (6.5%)
>100, no. (%)	1 (0.003%)	424 (0.004%)
Follow-up time		
Person-years	354,603	99,782,242
VTE events		
Total	3,550	216,391
After diagnosis, no. (%)	2,404 (68%)	Not applicable
Time to first VTE		
Median (IQR)	6 (4)	6 (4)
VTE rate (/1,000 person years), 95th CI	10.0 (9.7–10.3)	2.2 (2.16–2.18)
Relative rate (age adjusted), 95th CI	3.5 (3.4–3.6)	Reference

CI, confidence interval; VTE, venous thromboembolism.

In 1865, Armand Trousseau suggested that thrombotic events were a presenting feature of occult cancer (12, 47a). This finding marked the beginning of a series of studies designed to investigate the molecular mechanisms underlying cancer-associated thrombosis. Subsequent studies have demonstrated that cancer cell-associated TF may be a key player in initiating or promoting thrombin generation leading to fibrin formation, platelet activation, and adhesion to cancer cells, and that this mechanism may even play a role in cancer-associated thrombosis (1, 25, 33). In agreement with this concept, we found a significant reduction in fibrin formation when SW480 colon cancer cells were pretreated with a TF-blocking antibody (Fig. 1A). The observation that cancer cells establish juxtacrine interactions with platelets has already been established by our group and others; however, the majority of these observations were performed in absence of coagulation (2, 26, 27, 31, 34). Herein, we show by immunofluorescent analysis of SW480 colon cancer cell-platelet rich plasma suspensions that a high proportion of the platelets are bound to cancer cell membranes rich in TF; in vitro binding of platelets to cancer cells and cancer-induced thrombus formation under flow were disrupted by targeting TF activity with a specific blocking antibody (Figs. 1B and 4).

Many studies have proposed antiplatelet agents as prophylaxis against cancer-associated thrombosis (30, 32). In this

study we demonstrate that aspirin, a cyclooxygenase-1 inhibitor, and ticagrelor, a selective P2Y<sub>12</sub> inhibitor, both potent antiplatelet agents, were able to significantly reduce platelet adhesion to and activation by SW480 colon cancer cells in the presence of thrombin *in vitro*. This result suggests that the cross talk between platelets and cancer cells might be dependent on secondary messengers including TXA<sub>2</sub> and ADP. Importantly, while the etiology of this response has yet to be fully determined, our data support the notion that release of TXA<sub>2</sub> and ADP caused by thrombin is triggered by activation of PAR signaling. In good agreement with this, pretreatment of platelets with the PAR4 inhibitor seemed to reduce platelet adhesion to SW480 colon cancer cells under flow (Fig. 4). Moreover, we provide evidence that platelet treatment with a PAR4 antagonist prevents thrombin-induced platelet activation and binding to SW480 colon cancer cells (Fig. 2). The potential clinical implication is that antiplatelet agents, such as PAR4 inhibitors, may be effective in preventing thrombotic events in patients with cancer. This would be of crucial importance given the higher risk of VTE in patients with colon cancer observed in our retrospective observational study. Inhibition of PAR4 could dampen the initiation and amplification of platelet activation by procoagulant cancer cells or possibly, inhibit the direct procoagulant effect of platelets or the release of procoagulant EVs by platelets. Moreover, PAR4 has been proposed as the primary PAR family member mediating the shedding of platelet-derived procoagulant EVs (13). Yet, given the genetic and phenotypic differences among cancer cells, inhibition of PAR4 could yield differential responses when different lines of cancer cells are used *in vitro* or when proposed for use as a therapeutic in select cancers in patients. Future work is warranted to expand this study to a larger number of cancer cell types characterized by diverse genotypic and phenotypic properties.

Activated platelets are known to provide a catalytic surface for the activation of blood coagulation; they enhance the activation of clotting by exposing anionic phospholipids, in particular PS, on their membrane or on EVs shed from their membrane (8). Moreover, there is convincing evidence that circulating EVs likely play a role in coagulation and cancer-associated thrombosis (10, 18, 19). However, the cell source of procoagulant EVs remained undefined. Our *in vitro* data would suggest that the source is most likely platelets. We show an important enrichment of platelet-derived PS and TF exposing EVs, identified as CD41<sup>+</sup>/Annexin V<sup>+</sup> or CD41<sup>+</sup>/Annexin V<sup>+</sup>/TF<sup>+</sup> events (Fig. 3). In addition, in accordance with other studies, we found that platelet-derived procoagulant EVs were primarily MVs as compared with EXO-sized vesicles (21). The presence of TF on the membrane of platelet EVs may be necessary to cause localized activate of coagulation factors to recruit more platelets and amplify thrombin generation. However, it remains to be studied whether TF expressed on platelet EVs is endogenous to platelets or is trafficking from SW480 colon cancer cell membranes. The transfer might occur via fusion of cancer cell membranes rich in TF with the platelet membrane. Additional studies will be required to establish whether the expression of TF on platelet EVs contributes to SW480-induced thrombus formation.

Despite decades of important research and clinical studies, there is still an unmet need to develop safer and more effective therapies and prophylactic interventions for cancer-associated

thrombosis. Thrombosis in cancer is a dynamic and complex process that may have multiple heterogeneous causes depending on the individual and cancer type. A better understanding of platelet-cancer cell interactions and platelet release of procoagulant EVs may provide rationale for the development of antiplatelet and anticoagulant therapies to prevent cancer-associated thrombosis. Targeting platelet-cancer cell interactions with the use of PAR4 antagonists may be a promising approach for preventing or limiting the risk of VTE in patients with cancer, balancing safety with efficacy. In accordance with this, preclinical and clinical studies have provided evidence that anti-PAR4 therapeutics may be useful in limiting thrombus formation without affecting hemostasis (16, 17, 37, 52).

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#### DISCLAIMERS

The views expressed in this article are those of the authors and do not necessarily reflect the position or policy of the Department of Veterans Affairs or the US Government.

#### DISCLOSURES

Oregon Health & Science University and A. Gruber have a significant financial interest in Aronora, Inc., a company that may have a commercial interest in the results of this research. This potential conflict of interest has been reviewed and managed by the Oregon Health & Science University Conflict of Interest in Research Committee. None of the other authors have any conflicts of interest, financial or otherwise, to disclose.

#### AUTHOR CONTRIBUTIONS

A.M. conceived and designed research; A.M., S.T.T., J.L.S., J.Z.-R., T.S., J.F.H., R.K., R.A., and T.K.M. performed experiments; A.M., S.T.T., Y.Z., X.N., and T.K.M. analyzed data; A.M. interpreted results of experiments; A.M., S.T.T., J.L.S., and T.K.M. prepared figures; A.M. drafted manuscript; A.M., S.T.T., J.J.S., Y.T., T.K.M., and O.J.T.M. edited and revised manuscript; A.M., S.T.T., J.L.S., T.S., J.F.H., R.K., Y.Z., X.N., J.J.S., S.E., M.T.D., H.E.H., A.G., C.D.W., Y.T., T.K.M., and O.J.T.M. approved final version of manuscript.

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