

# The Sheppard Oxygen Mask: Efficient oxygen enrichment in the PACU

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## Introduction

The Sheppard® Oxygen Mask (SOM) is based on the “T-bag”<sup>1</sup>, whereby a reservoir bag (375ml) is attached to a T-piece. One limb of the T forms the exhalation port (10mm); the other end (15mm) is attached to a face mask. Fresh oxygen enters via a 3mm port opposite the bag. Our purpose was to compare the performance of the Sheppard mask with that of a standard venturi mask.

## Methods

63 Patients were studied in the post-anaesthesia care unit (PACU) and divided into three groups. Group-V received-oxygen enriched air via standard venturi masks at 8L/min fresh gas flow (FGF); Groups S4 and S8 breathed via SOM's at FGF of 4 and 8L/min. Inspired (Fi) and expired (FE) gases, as well as blood gas tensions were measured.

## Results

The groups were demographically similar. The S4- and V-groups had similar FiO<sub>2</sub> (34.2±8.5 and 36.3±5.6 kPa respectively) and PaO<sub>2</sub> (20.1±6 and 19.8±5.8 respectively). The S8 group had sig-

nificantly greater FiO<sub>2</sub> (47.3±12 kPa) and PaO<sub>2</sub> (27.7±6.4 kPa). FiCO<sub>2</sub> was greatest in the S4-group (0.3 kPa, p=0.014). PaCO<sub>2</sub> was lowest in the V-group (p<0.001). Breathing was not more visible in any group because of poor mask fit.

## Discussion

Advantages of the SOM:

- Light, disposable, inexpensive
- Can be used with a facemask or endotracheal tube/laryngeal mask
- Movement of the reservoir bag enables PACU staff to detect breathing. (A better-fitting mask is now supplied).
- Manually-controlled ventilation is possible
- FiO<sub>2</sub> can be controlled by varying the FGF.

We surmise that an improved facemask will allow even greater control of FiO<sub>2</sub>.

## Reference:

1. *Martin J, Brimacombe JR. Oxygen enrichment during emergence with the laryngeal mask – the ‘T-Bag’ versus the T-piece. Anaesthesia 1997; 52:1195-1198.*

