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# The universality of $\ell_{1}$ as a dual space 

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#### Abstract

Let $X$ be a Banach space with a separable dual. We prove that $X$ embeds isomorphically into a $\mathcal{L}_{\infty}$ space $Z$ whose dual is isomorphic to $\ell_{1}$. If, moreover, $U$ is a space with separable dual, so that $U$ and $X$ are totally incomparable, then we construct such a $Z$, so that $Z$ and $U$ are totally incomparable. If $X$ is separable and reflexive, we show that $Z$ can be made to be somewhat reflexive.


Mathematics Subject Classification (2000) 46B20

## 1 Introduction

In 1980 Bourgain and Delbaen [7] showed the surprising diversity of $\mathcal{L}_{\infty}$ Banach spaces whose duals are isomorphic to $\ell_{1}$ by constructing such a space $Z$ not containing an isomorph of $c_{0}$. Moreover, $Z$ is somewhat reflexive, i.e., every infinite dimensional subspace of $Z$ contains an infinite dimensional reflexive subspace. In fact, R. Haydon [15] proved the reflexive subspaces could be chosen to be isomorphic to $\ell_{p}$ spaces.

[^0]The structure of Banach spaces $X$ whose dual is isometric to $\ell_{1}$ is more limited. Such a space $X$ must contain $c_{0}$ [29] and in fact be an isometric quotient of $C(\Delta)$ [18]. Finally it was shown in [11] that such spaces must be $c_{0}$ saturated. Nevertheless, such a space need not be an isometric quotient of some $C(\alpha)$, for $\alpha<\omega_{1}$ [1].

The construction developed by Bourgain and Delbaen is quite general and allows for additional modifications. Very recently Argyros and Haydon [4] were able to adapt this construction to solve the famous Scalar plus Compact Problem by building an infinite dimensional Banach space, with dual isomorphic to $\ell_{1}$, on which all operators are a compact perturbation of a multiple of the identity. In this paper we will prove three main theorems concerning isomorphic preduals of $\ell_{1}$.

Theorem A Let $X$ be a Banach space with separable dual. Then $X$ embeds into a $\mathcal{L}_{\infty}$ space $Y$ with $Y^{*}$ isomorphic to $\ell_{1}$.

Moreover, we have the following refinements of Theorem A.
Theorem B Let $X$ and $U$ be totally incomparable infinite dimensional Banach spaces with separable duals. Then $X$ embeds into a $\mathcal{L}_{\infty}$ space $Z$ whose dual is isomorphic to $\ell_{1}$, so that $Z$ and $U$ are totally incomparable.

Theorem C Let X be a separable reflexive Banach space. Then $X$ embeds into a somewhat reflexive $\mathcal{L}_{\infty}$ space $Z$, whose dual is isomorphic to $\ell_{1}$. Furthermore, if $U$ is a Banach space with separable dual such that $X$ and $U$ are totally incomparable, then $Z$ can be chosen to be totally incomparable with $U$.

We recall that $X$ and $U$ are called totally incomparable if no infinite dimensional Banach space embeds into both $X$ and $U$.

Since there are reflexive spaces of arbitrarily high countable Szlenk index [28] Theorem B (with $U=c_{0}$ ) as well as Theorem C solve a question of Alspach [2, Question 5.1] who asked whether or not there are $\mathcal{L}_{\infty}$ spaces with arbitrarily high Szlenk index not containing $c_{0}$. Moreover Alspach, in conference talks, asked whether Theorem A could be true. Furthermore, Theorem $B$ with $U=c_{0}$ solves the longstanding open problem of showing that if $X^{*}$ is separable and $X$ does not contain an isomorph of $c_{0}$, then $X$ embeds into a Banach space with a shrinking basis which does not contain an isomorph of $c_{0}$.

In Sect. 2 we review the skeletal aspects of the Bourgain-Delbaen construction of $\mathcal{L}_{\infty}$ spaces, following more or less, [4]. Theorem A will be proved in Sect. 4, while the proofs of Theorems B and C are presented in Sect. 5. The construction used to prove Theorem A will also be useful in the case where $X^{*}$ is not separable. The construction proving Theorems B and C will be an augmentation of that used to prove Theorem A.

Section 3 contains background material necessary for our proof. We review some embedding theorems from [12,26] that play a role in the subsequent constructions. Terminology and definitions are given along with some propositions that facilitate their use. In particular, we define the notion of a $c$-decomposition and relate it to an FDD being shrinking (Proposition 3.11). This will be used to show that our $\mathcal{L}_{\infty}$ constructs have dual isomorphic to $\ell_{1}$. We also show how Theorem 3.11 leads to an alternate and self contained proof of a less precise version of embedding Theorems 3.8 and 3.9 , which is sufficient for their use in this paper.

We use standard Banach space terminology as may be found in [16] or [23]. We recall that $X$ is $\mathcal{L}_{\infty}$ if there exist $\lambda<\infty$ and finite dimensional subspaces $E_{1} \subseteq E_{2} \subseteq$ $\cdots$ of $X$ so that $X=\overline{\bigcup_{n=1}^{\infty}} E_{n}$ and the Banach-Mazur distance satisfies

$$
d\left(E_{n}, \ell_{\infty}^{\operatorname{dim}\left(E_{n}\right)}\right) \leq \lambda, \quad \text { for all } n \in \mathbb{N}
$$

In this case we say $X$ is $\mathcal{L}_{\infty, \lambda} . S_{X}$ and $B_{X}$ denote the unit sphere and unit ball of $X$, respectively. A sequence of finite dimensional subspaces of $X,\left(E_{i}\right)_{i=1}^{\infty}$ is an FDD (finite dimensional decomposition) if every $x \in X$ can be uniquely expressed as $x=\sum_{i=1}^{\infty} x_{i}$ where $x_{i} \in F_{i}$ for all $i \in \mathbb{N}$. It is usually required that $E_{i} \neq\{0\}$ for all $i \in \mathbb{N}$ for $\left(E_{i}\right)_{i=1}^{\infty}$ to be a finite dimensional decomposition, but it will be convenient for us to allow $E_{i}=\{0\}$ for some $i$ 's in Sect. 5.

We note that there are deep constructions of $\mathcal{L}_{\infty}$ spaces other then the ones in [7]. For example Bourgain and Pisier [8] prove that every separable Banach space $X$ embeds into a $\mathcal{L}_{\infty}$ space $Y$ so that $Y / X$ is a Schur space with the Radon Nikodym Property. Dodos [10] used the Bourgain-Pisier construction to prove that for every $\lambda>1$ there exists a class $\left(Y_{\lambda}^{\xi}\right)_{\xi<\omega_{1}}$ of separable $\mathcal{L}_{\infty, \lambda}$ spaces with the following properties. Each $Y_{\lambda}^{\xi}$ is non-universal (i.e. $C[0,1]$ does not embed into $Y_{\lambda}^{\xi}$ ) and if $X$ is separable with $\phi_{N U}(X) \leq \xi$, then $X$ embeds into $Y_{\xi}^{\lambda}$. Here $\phi_{N U}$ is Bourgain's ordinal index based on the Schauder basis for $C[0,1]$. Now $C[0,1]$ is a $\mathcal{L}_{\infty}$-space and is universal for the class of separable Banach spaces. Theorem A yields that the class of $\mathcal{L}_{\infty}$-spaces with separable dual is universal for the class of all Banach spaces with separable dual. We thank the second referee for promptly reviewing our paper.

## 2 Framework of the Bourgain-Delbaen construction

As promised, this section contains the general framework of the construction of Bourgain-Delbaen spaces. This framework is general enough to include the original space of Bourgain and Delbaen [7], the spaces constructed in [4], as well as the spaces constructed in this paper. We follow, with slight changes and some notational differences, the presentation in [4] and start by introducing Bourgain-Delbaen sets.

Definition 2.1 (Bourgain-Delbaen-sets) A sequence of finite sets $\left(\Delta_{n}: n \in \mathbb{N}\right)$ is called a Sequence of Bourgain-Delbaen Sets if it satisfies the following recursive conditions:
$\Delta_{1}$ is any finite set, and assuming that for some $n \in \mathbb{N}$ the sets $\Delta_{1}, \Delta_{2}, \ldots, \Delta_{n}$ have been chosen, we let $\Gamma_{n}=\bigcup_{j=1}^{n} \Delta_{j}$. We denote the unit vector basis of $\ell_{1}\left(\Gamma_{n}\right)$ by $\left(e_{\gamma}^{*}: \gamma \in \Gamma_{n}\right)$, and consider the spaces $\ell_{1}\left(\Gamma_{j}\right)$ and $\ell_{1}\left(\Gamma_{n} \backslash \Gamma_{j}\right), j<n$, to be, in the natural way, embedded into $\ell_{1}\left(\Gamma_{n}\right)$.

For $n \geq 1, \Delta_{n+1}$ will be the union of two sets $\Delta_{n+1}^{(0)}$ and $\Delta_{n+1}^{(1)}$, where $\Delta_{n+1}^{(0)}$ and $\Delta_{n+1}^{(1)}$ satisfy the following conditions.

The set $\Delta_{n+1}^{(0)}$ is finite and

$$
\begin{gather*}
\Delta_{n+1}^{(0)} \subset\left\{\left(n+1, \beta, b^{*}, f\right): \beta \in[0,1], b^{*} \in B_{\ell_{1}\left(\Gamma_{n}\right)}\right. \\
\text { and } \left.\quad f \in V_{\left(n+1, \beta, b^{*}\right)}\right\} \tag{2.1}
\end{gather*}
$$

where $V_{\left(n+1, \beta, b^{*}\right)}$ is a finite set for $\beta \in[0,1]$ and $b^{*} \in B_{\ell_{1}\left(\Gamma_{n}\right)}$.
$\Delta_{n+1}^{(1)}$ is finite and

$$
\Delta_{n+1}^{(1)} \subset\left\{\left(n+1, \alpha, k, \xi, \beta, b^{*}, f\right): \begin{array}{l} 
 \tag{2.2}\\
\\
\\
k \in\{\in[0,1], \\
\xi \in \Delta_{k}, b^{*} \in B_{\ell_{1}\left(\Gamma_{n} \backslash \Gamma_{k}\right)} \\
\\
\text { and } f \in V_{\left(n+1, \alpha, k, \xi, \beta, b^{*}\right)}
\end{array}\right\},
$$

where $V_{\left(n+1, \alpha, k, \xi, \beta, b^{*}\right)}$ is a finite set for $\alpha \in[0,1], k \in\{1,2, \ldots, n-1\}, \xi \in \Delta_{k}$, $\beta \in[0,1]$, and $b^{*} \in B_{\ell_{1}\left(\Gamma_{n} \backslash \Gamma_{k}\right)}$.

Moreover, we assume that $\Delta_{n+1}^{(0)}$ and $\Delta_{n+1}^{(1)}$ cannot both be empty.
If $\left(\Delta_{n}\right)$ is a sequence of Bourgain-Delbaen sets we put $\Gamma=\bigcup_{j=1}^{\infty} \Gamma_{n}$. For $n \in \mathbb{N}$, and $\gamma \in \Delta_{n}$ we call $n$ the rank of $\gamma$ and denote it by $\operatorname{rk}(\gamma)$. If $n \geq 2$ and $\gamma=$ $\left(n, \beta, b^{*}, f\right) \in \Delta_{n}^{(0)}$, we say that $\gamma$ is of type 0 , and if $\gamma=\left(n, \alpha, k, \xi, \beta, b^{*}, f\right) \in \Delta_{n}^{(1)}$, we say that $\gamma$ is of type 1 . In both cases we call $\beta$ the weight of $\gamma$ and denote it by $\mathrm{w}(\gamma)$ and call $f$ the free variable and denote it by $\mathrm{f}(\gamma)$.

In case that $V_{\left(n+1, \beta, b^{*}\right)}$ or $V_{\left(n+1, \alpha, k, \xi, \beta, b^{*}\right)}$ is a singleton (which will be often he case) we sometimes suppress the dependency in the free variable and write ( $n+1$, $\left.\beta, b^{*}\right)$ instead of $\left(n+1, \beta, b^{*}, f\right)$ and $\left(n+1, \alpha, k, \xi, \beta, b^{*}\right)$ instead of $(n+1, \alpha, k, \xi$, $\left.\beta, b^{*}, f\right)$.

Referring to a sequence of sets ( $\Delta_{n}: n \in \mathbb{N}$ ) as Bourgain-Delbaen sets we will always mean that the sets $\Delta_{n}^{(0)}, \Delta_{n}^{(1)}, \Gamma_{n}$ and $\Gamma$ have been defined satisfying the conditions above. We consider the spaces $\ell_{\infty}\left(\bigcup_{j \in A} \Delta_{j}\right)$ and $\ell_{1}\left(\bigcup_{j \in A} \Delta_{j}\right)$, for $A \subset \mathbb{N}$, to be naturally embedded into $\ell_{\infty}(\Gamma)$ and $\ell_{1}(\Gamma)$, respectively.

We denote by $c_{00}(\Gamma)$ the real vector space of families $x=(x(\gamma): \gamma \in \Gamma) \subset \mathbb{R}$ for which the support, $\operatorname{supp}(x)=\{\gamma \in \Gamma: x(\gamma) \neq 0\}$, is finite. The unit vector basis of $c_{00}(\Gamma)$ is denoted by $\left(e_{\gamma}: \gamma \in \Gamma\right)$, or, if we regard $c_{00}(\Gamma)$ to be a subspace of a dual space, such as $\ell_{1}(\Gamma)$, by $\left(e_{\gamma}^{*}: \gamma \in \Gamma\right)$. If $\Gamma=\mathbb{N}$ we write $c_{00}$ instead of $c_{00}(\mathbb{N})$.

Definition 2.2 (Bourgain-Delbaen families of functionals) Assume that ( $\Delta_{n}: n \in \mathbb{N}$ ) is a sequence of Bourgain-Delbaen sets. By induction on $n$ we will define for all $\gamma \in \Delta_{n}$, elements $c_{\gamma}^{*} \in \ell_{1}\left(\Gamma_{n-1}\right)$ and $d_{\gamma}^{*} \in \ell_{1}\left(\Gamma_{n}\right)$, with $d_{\gamma}^{*}=e_{\gamma}^{*}-c_{\gamma}^{*}$.

For $\gamma \in \Delta_{1}$ we define $c_{\gamma}^{*}=0$, and thus $d_{\gamma}^{*}=e_{\gamma}^{*}$.
Assume that for some $n \in \mathbb{N}$ we have defined $\left(c_{\gamma}^{*}: \gamma \in \Gamma_{n}\right)$, with $c_{\gamma}^{*} \in \ell_{1}\left(\Gamma_{j-1}\right)$, if $j \leq n$ and $\operatorname{rk}(\gamma)=j$. It follows therefore that $\left(d_{\gamma}^{*}: \gamma \in \Gamma_{n}\right)=\left(e_{\gamma}^{*}-c_{\gamma}^{*}: \gamma \in \Gamma_{n}\right)$ is a basis for $\ell_{1}\left(\Gamma_{n}\right)$ and thus for $k \leq n$ we have projections:

$$
\begin{equation*}
P_{(k, n]}^{*}: \ell_{1}\left(\Gamma_{n}\right) \rightarrow \ell_{1}\left(\Gamma_{n}\right), \quad \sum_{\gamma \in \Gamma_{n}} a_{\gamma} d_{\gamma}^{*} \rightarrow \sum_{\gamma \in \Gamma_{n} \backslash \Gamma_{k}} a_{\gamma} d_{\gamma}^{*} . \tag{2.3}
\end{equation*}
$$

For $\gamma \in \Delta_{n+1}$ we define

$$
c_{\gamma}^{*}= \begin{cases}\beta b^{*} & \text { if } \gamma=\left(n+1, \beta, b^{*}, f\right) \in \Delta_{n+1}^{(0)}  \tag{2.4}\\ \alpha e_{\xi}^{*}+\beta P_{(k, n]}^{*}\left(b^{*}\right) & \text { if } \gamma=\left(n+1, \alpha, k, \xi, \beta, b^{*}, f\right) \in \Delta_{n+1}^{(1)}\end{cases}
$$

We call ( $c_{\gamma}^{*}: \gamma \in \Gamma$ ), the Bourgain-Delbaen family of functionals associated to ( $\Delta_{n}: n \in \mathbb{N}$ ). We will, in this case, consider the projections $P_{(k, n]}^{*}$ to be defined on all of $c_{00}(\Gamma)$, which is possible since $\left(d_{\gamma}^{*}: \gamma \in \Gamma\right)$ forms a vector basis of $c_{00}(\Gamma)$ and, (as we will observe later) under further assumptions, a Schauder basis of $\ell_{1}(\Gamma)$.
Remark 2.3 The reason for using $*$ in the notation for $P_{(k, m]}^{*}$ is that later we will show (with additional assumptions) that the $P_{(k, m]}^{*}$ 's are the adjoints of coordinate projections $P_{(k, m]}$ on a space $Y$ with an FDD $\mathbf{F}=\left(F_{j}\right)$ onto $\oplus_{j \in(k, m]} F_{j}$.

Of course we could, in the definition of $\Delta_{n+1}^{(0)}$ and $\Delta_{n+1}^{(1)}$, assume $\beta=1$, rescale $b^{*}$ accordingly, possibly increasing the number of free variables, then simply define $c_{\gamma}^{*}=b^{*}$, if $\gamma$ is of type 0 , or $c_{\gamma}^{*}=\alpha e_{\xi}^{*}+P_{(k, n]}^{*}\left(b^{*}\right)$, if $\gamma$ is of type 1 . Nevertheless, it will prove later more convenient to have this redundant representation which will allow us to change the weights of the elements of $\Gamma$ and rescale the $b^{*}$ 's, without changing the $c_{\gamma}^{*}$ 's. Moreover, it will be useful for recognizing that our framework is a generalization of the constructions in $[4,7]$.

The next observation is a slight generalization of a result in [4], the main idea tracing back to [7].

Proposition 2.4 Let $\left(\Delta_{n}: n \in \mathbb{N}\right)$ be a sequence of Bourgain-Delbaen sets and let $\left(c_{\gamma}^{*}: \gamma \in \Gamma\right)$ be the corresponding family of associated functionals. Let $\left(P_{(k, m]}^{*}: k<\right.$ $m)$ and $\left(d_{\gamma}^{*}: \gamma \in \Gamma\right)$ be defined as in Definition 2.2. Thus

$$
P_{(k, n]}^{*}: c_{00}(\Gamma) \rightarrow c_{00}(\Gamma), \quad \sum_{\gamma \in \Gamma} a_{\gamma} d_{\gamma}^{*} \rightarrow \sum_{\gamma \in \Gamma_{n} \backslash \Gamma_{k}} a_{\gamma} d_{\gamma}^{*}
$$

For $n \in \mathbb{N}$, let $F_{n}^{*}=\operatorname{span}\left(d_{\gamma}^{*}: \gamma \in \Delta_{n}\right)$ and for $\theta \in[0,1 / 2)$ let $C_{1}(\theta)=C_{1}=0$ and if $n \geq 2$,

$$
\begin{aligned}
& C_{n}(\theta)=\sup \left\{\beta\left\|P_{(k, m]}^{*}\left(b^{*}\right)\right\|: \gamma=\left(\tilde{n}, \alpha, k, \xi, \beta, b^{*}, f\right) \in \Delta_{\tilde{n}}^{(1)},\right. \\
&k<m<\tilde{n} \leq n, \beta>\theta\},
\end{aligned}
$$

with $\sup (\emptyset)=0$, and

$$
\begin{aligned}
C_{n}=C_{n}(0)=\sup \left\{\beta\left\|P_{(k, m]}^{*}\left(b^{*}\right)\right\|: \gamma=\left(\tilde{n}, \alpha, k, \xi, \beta, b^{*}, f\right) \in \Delta_{\tilde{n}}^{(1)},\right. \\
k<m<\tilde{n} \leq n\} .
\end{aligned}
$$

Then

$$
\begin{equation*}
\oplus_{j=1}^{n} F_{j}^{*}=\operatorname{span}\left(e_{\gamma}^{*}: \gamma \in \Gamma_{n}\right)=\ell_{1}\left(\Gamma_{n}\right) \tag{2.5}
\end{equation*}
$$

and if $C=\sup _{n} C_{n}<\infty$, then $\mathbf{F}^{*}=\left(F_{n}^{*}\right)$ is an $F D D$ for $\ell_{1}(\Gamma)$ whose decomposition constant $M$ is not larger than $1+C$. Moreover, for $n \in \mathbb{N}$ and $\theta<1 / 2$,

$$
\begin{equation*}
C_{n} \leq \max \left(2 \theta /(1-2 \theta), C_{n}(\theta)\right) \tag{2.6}
\end{equation*}
$$

Proof As already noted, since $d_{\gamma}^{*}=e_{\gamma}^{*}-c_{\gamma}^{*}$, and $c_{\gamma}^{*} \in \ell_{1}\left(\Gamma_{n-1}\right)$, for $n \in \mathbb{N}$ and $\gamma \in \Delta_{n}$, (2.5) holds. By induction on $n \in \mathbb{N}$ we will show that for all $0 \leq m<n$, $\left\|P_{[1, m]}^{*} \mid \ell_{1}\left(\Gamma_{n}\right)\right\| \leq 1+C_{n}$, and that (2.6) holds, whenever $\theta<1 / 2$. For $n=1$, and thus $m=0$ and $C_{1}=0$, the claim follows trivially $\left(\left\|P_{\emptyset}^{*}\right\| \equiv 0\right)$. Assume the claim is true for some $n \in \mathbb{N}$. Using the induction hypothesis and the fact that every element of $B_{\ell_{1}\left(\Gamma_{n+1}\right)}$ is a convex combination of $\left\{ \pm e_{\gamma}^{*}: \gamma \in \Gamma_{n+1}\right\}$ and $C_{n}(\theta) \leq C_{n+1}(\theta)$, it is enough to show that for all $\gamma \in \Delta_{n+1}$ and all $m \leq n$

$$
\begin{align*}
& \left\|P_{[1, m]}^{*}\left(e_{\gamma}^{*}\right)\right\| \leq 1+C_{n+1} \quad \text { and }  \tag{2.7}\\
& \left\|\beta P_{(k, m]}^{*}\left(b^{*}\right)\right\| \leq \frac{2 \theta}{1-2 \theta} \vee C_{n}(\theta), \quad \text { if } \beta \leq \theta<1 / 2 \text { and }  \tag{2.8}\\
& \gamma=\left(n+1, \alpha, k, \xi, \beta, b^{*}, f\right) \in \Delta_{n+1}^{(1)} .
\end{align*}
$$

According to (2.4) we can write

$$
e_{\gamma}^{*}=d_{\gamma}^{*}+c_{\gamma}^{*}=d_{\gamma}^{*}+\alpha e_{\xi}^{*}+\beta P_{(k, n]}^{*}\left(b^{*}\right),
$$

with $\alpha, \beta \in[0,1], 0 \leq k<n, \xi \in \Delta_{k}$ (put $k=0$ and $\alpha=0$ if $\gamma$ is of type 0 ), and $b^{*} \in B_{\ell_{1}\left(\Gamma_{n} \backslash \Gamma_{k}\right)}$.

Thus

$$
P_{[1, m]}^{*}\left(e_{\gamma}^{*}\right)=\alpha P_{[1, m]}^{*}\left(e_{\xi}^{*}\right)+\beta P_{(\min (m, k), m]}^{*}\left(b^{*}\right)
$$

Now, if $k \geq m$, then $P_{[1, m]}^{*}\left(e_{\gamma}^{*}\right)=\alpha P_{[1, m]}^{*}\left(e_{\xi}^{*}\right)$ and thus our claim (2.7) follows from the induction hypothesis:

$$
\left\|\alpha P_{[1, m]}^{*}\left(e_{\xi}^{*}\right)\right\| \leq 1+C_{k} \leq 1+C_{n+1} .
$$

If $k<m$ it follows, again using the induction hypothesis in the type 0 case, that

$$
\left\|P_{[1, m]}^{*}\left(e_{\gamma}^{*}\right)\right\| \leq \alpha\left\|e_{\xi}^{*}\right\|+\beta\left\|P_{(k, m]}^{*}\left(b^{*}\right)\right\| \leq 1+C_{n+1}, \text { which yields (2.7) }
$$

In order to show (2.8), let $\gamma=\left(n+1, \alpha, k, \xi, \beta, b^{*}, f\right) \in \Delta_{n+1}^{(1)}$, with $\beta \leq \theta<1 / 2$. We deduce from the induction hypothesis that

$$
\begin{aligned}
& \left\|\beta P_{(k, m]}^{*}\left(b^{*}\right)\right\| \\
& \quad \leq \beta\left(\left\|P_{[1, m]}^{*}\left|\ell_{1}\left(\Gamma_{n}\right)\|+\| P_{[1, k]}^{*}\right| \ell_{1}\left(\Gamma_{n}\right)\right\|\right) \\
& \quad \leq 2 \theta\left(C_{n}+1\right)
\end{aligned}
$$

$$
\begin{aligned}
& \leq \begin{cases}\left.2 \theta\left(C_{n}(\theta)+1\right)\right) \leq 2 \theta C_{n}(\theta)+C_{n}(\theta)(1-2 \theta)=C_{n}(\theta) & \text { if } C_{n}(\theta)>\frac{2 \theta}{1-2 \theta} \\
2 \theta\left(\frac{2 \theta}{1-2 \theta}+1\right)=\frac{2 \theta}{1-2 \theta} & \text { otherwise },\end{cases} \\
& \leq \max \left(\frac{2 \theta}{1-2 \theta}, C_{n}(\theta)\right)
\end{aligned}
$$

This finishes the induction step, and hence the proof.
Remark 2.5 Let $\Gamma$ be linearly ordered as $\left(\gamma_{j}: j \in \mathbb{N}\right)$ in such a way that $\operatorname{rk}\left(\gamma_{i}\right) \leq$ $\operatorname{rk}\left(\gamma_{j}\right)$, if $i \leq j$. Then the same arguments show that, under the assumption $C<\infty$ stated in Proposition 2.4, $\left(d_{\gamma_{j}}^{*}\right)$ is actually a Schauder basis of $\ell_{1}$ [4]. But, for our purpose, the FDD is the more useful coordinate system.

The spaces constructed in [4] satisfy the condition that for some $\theta<1 / 2$ we have $\beta \leq \theta$, for all $\gamma=\left(n, \alpha, k, a^{*}, \beta, b^{*}, f\right) \in \Gamma$ of type 1 . Thus in that case $C_{n}(\theta)=0$, $n \in \mathbb{N}$, and the conclusion of Proposition 2.4 is true for $C \leq 2 \theta /(1-2 \theta)$ and, thus $M \leq 1 /(1-2 \theta)$.

The Bourgain-Delbaen sets we will consider in later sections will satisfy the following condition for some $0<\theta<1 / 2$ :

For each $n \in \mathbb{N}$ and $\gamma=\left(n, \alpha, k, \xi, \beta, b^{*}, f\right) \in \Delta_{n}^{(1)}$,
either $\beta \leq \theta$, or $b^{*}=e_{\eta}^{*}$ for some $\eta \in \Delta_{m}, k<m<n$, such that $c_{\eta}^{*}=0$.
Note that in the second case it follows that $e_{\eta}^{*}=d_{\eta}^{*}$ and so $P_{(k, m]}^{*}\left(e_{\eta}^{*}\right)=e_{\eta}^{*}$. Thus, $\beta\left\|P_{(k, m]}^{*}\left(b^{*}\right)\right\|=\beta\left\|e_{\eta}^{*}\right\| \leq 1$, and thus, we deduce that the assumptions of Proposition 2.4 are satisfied, namely that $\mathbf{F}^{*}$ is an FDD of $\ell_{1}$ whose decomposition constant $M$ is not larger than $\max (1 /(1-2 \theta), 2)$.

Assume we are given a sequence of Bourgain-Delbaen sets ( $\Delta_{n}: n \in \mathbb{N}$ ), which satisfy the assumptions of Proposition 2.4 with $C<\infty$ and let $M$ be the decomposition constant of the FDD $\left(F_{n}^{*}\right)$ in $\ell_{1}(\Gamma)$. We now define the Bourgain-Delbaen space associated to $\left(\Delta_{n}: n \in \mathbb{N}\right)$. For a finite or cofinite set $A \subset \mathbb{N}$, we let $P_{A}^{*}$ be the projection of $\ell_{1}(\Gamma)$ onto the subspace $\oplus_{j \in A} F_{j}^{*}$ given by

$$
P_{A}^{*}: \ell_{1}(\Gamma) \rightarrow \ell_{1}(\Gamma), \quad \sum_{\gamma \in \Gamma} a_{\gamma} d_{\gamma}^{*} \mapsto \sum_{\gamma \in A} a_{\gamma} d_{\gamma}^{*}
$$

If $A=\{m\}$, for some $m \in \mathbb{N}$, we write $P_{m}^{*}$ instead of $P_{\{m\}}^{*}$. For $m \in \mathbb{N}$, we denote by $R_{m}$ the restriction operator from $\ell_{1}(\Gamma)$ onto $\ell_{1}\left(\Gamma_{m}\right)$ (in terms of the basis $\left(e_{\gamma}^{*}\right)$ ) as well the usual restriction operator from $\ell_{\infty}(\Gamma)$ onto $\ell_{\infty}\left(\Gamma_{m}\right)$. Since $R_{m} \circ P_{[1, m]}^{*}$ is a projection from $\ell_{1}(\Gamma)$ onto $\ell_{1}\left(\Gamma_{m}\right)$, for $m \in \mathbb{N}$, it follows that the map

$$
J_{m}: \ell_{\infty}\left(\Gamma_{m}\right) \rightarrow \ell_{\infty}(\Gamma), \quad x \mapsto P_{[1, m]}^{* *} \circ R_{m}^{*}(x),
$$

is an isomorphic embedding ( $P_{[1, m]}^{* *}$ is the adjoint of $P_{[1, m]}^{*}$ and, thus, defined on $\ell_{\infty}(\Gamma)$ ). Since $R_{m}^{*}$ is the natural embedding of $\ell_{\infty}\left(\Gamma_{m}\right)$ into $\ell_{\infty}(\Gamma)$ it follows, for all $m \in \mathbb{N}$, that

$$
\begin{align*}
& R_{m} \circ J_{m}(x)=x, \quad \text { for } x \in \ell_{\infty}\left(\Gamma_{m}\right), \text { thus } J_{m} \text { is an extension operator, }  \tag{2.10}\\
& J_{n} \circ R_{n} \circ J_{m}(x)=J_{m}(x), \text { whenever } m \leq n \text { and } x \in \ell_{\infty}\left(\Gamma_{m}\right), \tag{2.11}
\end{align*}
$$

and by Proposition 2.4,

$$
\begin{equation*}
\left\|J_{m}\right\| \leq M \tag{2.12}
\end{equation*}
$$

Hence the spaces $Y_{m}=J_{m}\left(\ell_{\infty}\left(\Gamma_{m}\right)\right), m \in \mathbb{N}$, are finite-dimensional nested subspaces of $\ell_{\infty}(\Gamma)$ which (via $J_{m}$ ) are $M$-isomorphic images of $\ell_{\infty}\left(\Gamma_{m}\right)$. Therefore $Y=\bar{\bigcup}_{m \in \mathbb{N}} Y_{n} \ell_{\infty}$ is a $\mathcal{L}_{\infty, M}$ space. We call $Y$ the Bourgain-Delbaen space associated to $\left(\Delta_{n}\right)$. It follows from the definition of $Y$, and from 2.10, that for any $x \in \ell_{\infty}(\Gamma)$ we have

$$
\begin{equation*}
x \in Y \Longleftrightarrow x=\lim _{m \rightarrow \infty}\left\|x-J_{m} \circ R_{m}(x)\right\|=0 \tag{2.13}
\end{equation*}
$$

Define for $m \in \mathbb{N}$

$$
P_{[1, m]}: Y \rightarrow Y, \quad x \mapsto J_{m} \circ R_{m}(x) .
$$

We claim that $P_{[1, m]}$ coincides with the restriction of the adjoint $P_{[1, m]}^{* *}$ of $P_{[1, m]}^{*}$ to the space $Y$. Indeed, if $n \in \mathbb{N}$, with $n \geq m$, and $x=J_{n}(\tilde{x}) \in Y_{n}$, and $b^{*} \in \ell_{1}(\Gamma)$ we have that

$$
\begin{aligned}
& \left\langle P_{[1, m]}^{* *}(x), b^{*}\right\rangle \\
& \quad=\left\langle x, P_{[1, m]}^{*}\left(b^{*}\right)\right\rangle \\
& \quad=\left\langle R_{m}(x), R_{m} \circ P_{[1, m]}^{*}\left(b^{*}\right)\right\rangle\left(\text { since } P_{[1, m]}^{*}\left(b^{*}\right) \in \operatorname{span}\left(e_{\gamma}^{*}: \gamma \in \Gamma_{m}\right)\right) \\
& \quad=\left\langle P_{[1, m]}^{* *} \circ R_{m}^{*} \circ R_{m}(x), b^{*}\right\rangle=\left\langle P_{[1, m]}(x), b^{*}\right\rangle .
\end{aligned}
$$

Thus our claim follows since $\bigcup_{n} Y_{n}$ is dense in $Y$.
We therefore deduce that $Y$ has an FDD $\left(F_{m}\right)$, with $F_{m}=\left(P_{[1, m]}-P_{[1, m-1]}\right)(Y)$, and as we observed in (2.12), $Y_{m}=\oplus_{j=1}^{n} F_{j}$ is, via $J_{m}, M$-isomorphic to $\ell_{\infty}\left(\Gamma_{m}\right)$ for $m \in \mathbb{N}$. Moreover, denoting by $P_{A}$ the coordinate projections from $Y$ onto $\oplus_{j \in A} F_{j}$, for all finite or cofinite sets $A \subset \mathbb{N}$, it follows that $P_{A}$ is the adjoint of $P_{A}^{*}$ restricted to $Y$, and $P_{A}^{*}$ is the adjoint of $P_{A}$ restricted to the subspace of $Y^{*}$ generated by the $F_{n}^{*}$ 's.

As the next observation shows, $\left.J_{m}\right|_{\ell_{\infty}\left(\Delta_{m}\right)}$ is actually an isometry for $m \in \mathbb{N}$.
Proposition 2.6 For everym $\in \mathbb{N}$ the map $\left.J_{m}\right|_{\ell_{\infty}\left(\Delta_{m}\right)}$ is an isometry between $\ell_{\infty}\left(\Delta_{m}\right)$ (which we consider naturally embedded into $\ell_{\infty}\left(\Gamma_{m}\right)$ ) and $F_{m}$.

Proof Since $J_{m}\left(\ell_{\infty}\left(\Delta_{m}\right)\right)=\left(J_{m}-J_{m-1}\right)\left(\Delta_{m}\right)=F_{m}$, for $m \in \mathbb{N}$, $J_{m}$ is an isomorphism between $\ell_{\infty}\left(\Delta_{m}\right)$ and $F_{m}$. By 2.10 , for $x \in \ell_{\infty}\left(\Delta_{m}\right),\left\|J_{m}(x)\right\| \geq\|x\|$. In order to finish the proof we will show by induction on $n \in \mathbb{N}$ that $\left|e_{\gamma}^{*}\left(J_{m}(x)\right)\right| \leq 1$ for all $\gamma \in \Delta_{n}$ and $x \in \ell_{\infty}\left(\Delta_{m}\right),\|x\| \leq 1$.

If $n \leq m$ this is clear since $R_{m} \circ J_{m}(x)=x$. Let $n>m$ and assume our claim is true for all $\gamma \in \Gamma_{n}$. Let $\gamma \in \Delta_{n+1}$ and write $e_{\gamma}^{*}$ as $e_{\gamma}^{*}=\alpha e_{\xi}^{*}+\beta P_{(k, n]}^{*}\left(b^{*}\right)+d_{\gamma}^{*}$, with
$\alpha \in[0,1], k<n, e_{\xi}^{*} \in \Delta_{k}$, and $b^{*} \in B_{\ell_{1}\left(\Gamma_{n} \backslash \Gamma_{k}\right)}\left(\alpha=0, k=0\right.$, and replace $e_{\xi}^{*}$ by 0 if $\gamma$ is of type 0 ). We have for $x \in \ell_{\infty}\left(\Delta_{m}\right)$, with $\|x\| \leq 1$,

$$
\begin{aligned}
& \left\langle e_{\gamma}^{*}, J_{m}(x)\right\rangle=\left\langle P_{[1, m]}^{*}\left(e_{\gamma}^{*}\right), R_{m}^{*}(x)\right\rangle \\
& \quad= \begin{cases}\beta\left\langle P_{(k, m]}^{*}\left(b^{*}\right), R_{m}^{*}(x)\right\rangle=\beta\left\langle P_{[1, m]}^{*}\left(b^{*}\right), R_{m}^{*}(x)\right\rangle=\beta\left\langle b^{*}, J_{m}(x)\right\rangle & \text { if } k<m \\
\alpha\left\langle e_{\xi}^{*}, R_{m}^{*}(x)\right\rangle=\alpha\left\langle P_{[1, m]}^{*}\left(e_{\xi}^{*}\right), R_{m}^{*}(x)\right\rangle=\alpha\left\langle e_{\xi}^{*}, J_{m}(x)\right\rangle & \text { if } k \geq m .\end{cases}
\end{aligned}
$$

Where the first equality in the first case holds since $\left\langle P_{[1, k]}^{*}\left(b^{*}\right), R_{m}^{*}(x)\right\rangle=0$. Using our induction hypothesis, this implies our claim.

Denote by $\|\cdot\|_{*}$ the dual norm of $Y^{*}$.
Proposition 2.7 For all $y^{*} \in \ell_{1}(\Gamma)$

$$
\begin{equation*}
\left\|y^{*}\right\|_{*} \leq\left\|y^{*}\right\|_{\ell_{1}} \leq M\left\|y^{*}\right\|_{*} . \tag{2.14}
\end{equation*}
$$

and if $y^{*} \in \oplus_{j=m+1}^{n} F_{j}^{*}$, with $0<m<n$, then there is a family $\left(a_{\gamma}\right)_{\gamma \in \Gamma_{n} \backslash \Gamma_{m}}$ so that

$$
\begin{equation*}
y^{*}=P_{(m, n]}^{*}\left(\sum_{\gamma \in \Gamma_{n} \backslash \Gamma_{m}} a_{\gamma} e_{\gamma}^{*}\right) \text { and }\left\|\sum_{\gamma \in \Gamma_{n} \backslash \Gamma_{m}} a_{\gamma} e_{\gamma}^{*}\right\|_{\ell_{1}} \leq M\left\|y^{*}\right\|_{*} . \tag{2.15}
\end{equation*}
$$

Proof The first inequality in (2.14) is trivial. To show the second inequality we let $y^{*} \in \ell_{1}\left(\Gamma_{n}\right)$ for some $n \in \mathbb{N}$ and choose $x \in S_{\ell_{\infty}\left(\Gamma_{n}\right)}$ so that $\left\langle y^{*}, x\right\rangle=\left\|y^{*}\right\|_{\ell_{1}}$. Then, from (2.12) and (2.10),

$$
\left\|y^{*}\right\|_{*} \geq\left\langle y^{*}, \frac{1}{M} J_{n}(x)\right\rangle=\frac{1}{M}\left\|y^{*}\right\|_{\ell_{1}} .
$$

If $y^{*} \in \oplus_{j=m+1}^{n} F_{j}^{*}$, we can write $y^{*}$ as

$$
y^{*}=\sum_{\gamma \in \Gamma_{n}} \alpha_{\gamma} e_{\gamma}^{*} .
$$

Since $P_{(m, n]}^{*}\left(e_{\gamma}^{*}\right)=0$, for $\gamma \in \Gamma_{m}$, we obtain

$$
y^{*}=P_{(m, n]}^{*}\left(y^{*}\right)=P_{(m, n]}^{*}\left(\sum_{\gamma \in \Gamma_{n} \backslash \Gamma_{m}} a_{\gamma} e_{\gamma}^{*}\right) .
$$

Moreover we obtain, from (2.14), that

$$
\left\|\sum_{\gamma \in \Gamma_{n} \backslash \Gamma_{m}} a_{\gamma} e_{\gamma}^{*}\right\|_{\ell_{1}} \leq\left\|\sum_{\gamma \in \Gamma_{n}} a_{\gamma} e_{\gamma}^{*}\right\|_{\ell_{1}}=\left\|y^{*}\right\|_{\ell_{1}} \leq M\left\|y^{*}\right\|_{*},
$$

which yields (2.15).

We now recall some more notation introduced in [4]. Assume that we are given a Bourgain-Delbaen sequence $\left(\Delta_{n}\right)$ and associated Bourgain-Delbaen family of functionals $\left(c_{\gamma}^{*}: \gamma \in \Gamma\right)$, corresponding to the Bourgain-Delbaen space $Y$, which admits a decomposition constant $M<\infty$. As above we denote its FDD by $\left(F_{n}\right)$. For $n \in \mathbb{N}$ and $\gamma \in \Delta_{n}$, we have

$$
e_{\gamma}^{*}=d_{\gamma}^{*}+c_{\gamma}^{*}=d_{\gamma}^{*}+ \begin{cases}\beta b^{*} & \text { if } \gamma=\left(n, \beta, b^{*}, f\right) \in \Delta_{n}^{(0)}, \\ \alpha e_{\xi}^{*}+\beta P_{(k, n]}^{*}\left(b^{*}\right) & \text { if } \gamma=\left(n, \alpha, k, \xi, \beta, b^{*}, f\right) \in \Delta_{n}^{(1)} .\end{cases}
$$

By iterating we eventually arrive (after finitely many steps) to a functional of type 0 . By an easy induction argument we therefore obtain

Proposition 2.8 For all $n \in \mathbb{N}$ and $\gamma \in \Delta_{n}$, there are $a \in \mathbb{N}, \beta_{1}, \beta_{2}, \ldots \beta_{a} \in[0,1]$, $\alpha_{1}, \alpha_{2}, \ldots \alpha_{a} \in[0,1]$ and numbers $0=p_{0}<p_{1}<p_{2}-1<p_{2}<p_{3}<p_{3}-1, \ldots<$ $p_{a-1}<p_{a}-1<p_{a}=n$ in $\mathbb{N}_{0}$, vectors $b_{j}^{*}, j=1,2 \ldots a$, with $b_{j}^{*} \in B_{\ell_{1}\left(\Gamma_{p_{j}-1} \backslash \Gamma_{p_{j-1}}\right)}$, and $\left(\xi_{j}\right)_{j=1}^{a} \subset \Gamma_{n}$, with $\xi_{j} \in \Delta_{p_{j}}$, for $j=1,2 \ldots a$, and $\xi_{a}=\gamma$, so that

$$
\begin{equation*}
e_{\gamma}^{*}=\sum_{j=1}^{a} \alpha_{j} d_{\xi_{j}}^{*}+\beta_{j} P_{\left(p_{j-1}, p_{j}\right)}^{*}\left(b_{j}^{*}\right) \tag{2.16}
\end{equation*}
$$

Moreover for $1 \leq j_{0}<a$

$$
\begin{equation*}
e_{\gamma}^{*}=\alpha_{j_{0}} e_{\bar{\gamma}_{j_{0}}}^{*}+\sum_{j=j_{0}+1}^{a} \alpha_{j} d_{\xi_{j}}^{*}+\beta_{j} P_{\left(p_{j-1}, p_{j}\right)}^{*}\left(b_{j}^{*}\right) \tag{2.17}
\end{equation*}
$$

We call the representations in (2.16) and (2.17) the analysis of $\gamma$ and partial analysis of $\gamma$, respectively and let $\operatorname{cuts}(\gamma)=\left\{p_{1}, p_{2}, \ldots p_{a}\right\}$, which we call the set of cuts of $\gamma$.

## 3 Embedding background and other preliminaries

Our constructions will depend heavily on some known embedding theorems. We review these in this section and add a bit more to facilitate their use. Zippin [30] proved that if $X^{*}$ is separable, then $X$ embeds into a space with a shrinking basis. So, in proving Theorem A, we could begin with such a space. However, to make our construction work, we need a quantified version of this theorem which appears in [12]. For Theorem C, we need a quantified reflexive version [26]. We begin with some notation and terminology.

Let $\mathbf{E}=\left(E_{i}\right)_{i=1}^{\infty}$ be an FDD for a Banach space Z. $c_{00}\left(\oplus_{i=1}^{\infty} E_{i}\right)$ denotes the linear span of the $E_{i}$ 's and if $B \subseteq \mathbb{N}, c_{00}\left(\oplus_{i \in B} E_{i}\right)$ is the linear span of the $E_{i}$ 's for $i \in B$. $P_{n}=P_{n}^{\mathrm{E}}: Z \rightarrow E_{n}$ is the $n^{\text {th }}$ coordinate projection for the $F D D$, i.e., $P_{n}(z)=z_{n}$ if $z=\sum_{i=1}^{\infty} z_{i} \in Z$ with $z_{i} \in E_{i}$ for all $i$. For a finite set or interval $A \subseteq \mathbb{N}$,
$P_{A}=P_{A}^{\mathbf{E}} \equiv \sum_{n \in A} P_{n}^{\mathbf{E}}$. The projection constant of $\left(E_{n}\right)$ in $Z$ is

$$
K=K(\mathbf{E}, Z)=\sup \left\{\left\|P_{[m, n]}^{\mathbf{E}}\right\|: m \leq n\right\} .
$$

$\mathbf{E}$ is bimonotone if $K(\mathbf{E}, Z)=1$.
The vector space $c_{00}\left(\oplus_{i=1}^{\infty} E_{i}^{*}\right)$, where $E_{i}^{*}$ is the dual space of $E_{i}$, is naturally identified as a $\omega^{*}$-dense subspace of $Z^{*}$. Note that the embedding of $E_{i}^{*}$ into $Z^{*}$ is not, in general, an isometry unless $K(\mathbf{E}, Z)=1$. Now we will often be dealing with a bimonotone FDD (via renorming) but when not we will consider $E_{i}^{*}$ to have the norm it inherits as a subspace of $Z^{*}$. We write $Z^{(*)}=\left[c_{00}\left(\oplus_{i=1}^{\infty} E_{i}^{*}\right)\right]$. So $Z^{(*)}=Z^{*}$ if $\left(E_{i}\right)_{i=1}^{\infty}$ is shrinking, and then $\mathbf{E}^{*}=\left(E_{i}^{*}\right)_{i=1}^{\infty}$ is a boundedly complete FDD for $Z^{*}$.

For $z \in c_{00}\left(\oplus_{i=1}^{\infty} E_{i}\right)$ the support of $z, \operatorname{supp}_{\mathbf{E}}(z)$, is given by $\operatorname{supp}_{\mathbf{E}}(z)=\{n:$ $\left.P_{n}^{\mathbf{E}}(z) \neq 0\right\}$, and the range of $z, \operatorname{ran}_{\mathbf{E}}(z)$ is the smallest interval $[m, n]$ in $\mathbb{N}$ containing $\operatorname{supp}_{\mathbf{E}}(z)$.

A sequence $\left(z_{i}\right)_{i=1}^{\ell}$, where $\ell \in \mathbb{N}$ or $\ell=\infty$, in $c_{00}\left(\oplus_{i=1}^{\infty} E_{i}\right)$ is called a block sequence of $\left(E_{i}\right)$ if $\max \operatorname{supp}_{\mathbf{E}}\left(z_{n}\right)<\min \operatorname{supp}_{\mathbf{E}}\left(z_{n+1}\right)$ for all $n<\ell$. We write $z_{n}<m$ to denote $\max \operatorname{supp}_{\mathbf{E}}\left(z_{n}\right)<m$ and $z_{n}>m$ is defined by $\min \operatorname{supp}_{\mathbf{E}}\left(z_{n}\right)>m$.

Definition 3.1 [25] Let $Z$ be a Banach space with an FDD $\mathbf{E}=\left(E_{i}\right)_{i=1}^{\infty}$. Let $V$ be a Banach space with a normalized 1-unconditional basis $\left(v_{i}\right)_{i=1}^{\infty}$, and let $1 \leq C<\infty$. We say that $\left(E_{n}\right)_{n=1}^{\infty}$ satisfies subsequential $C$ - $V$-upper estimates if whenever $\left(z_{i}\right)_{i=1}^{\infty}$ is a normalized block sequence of $\mathbf{E}$ with $m_{i}=\min \operatorname{supp}_{\mathbf{E}}\left(z_{i}\right), i \in \mathbb{N}$, then $\left(z_{i}\right)_{i=1}^{\infty}$ is $C$-dominated by $\left(v_{m_{i}}\right)_{i=1}^{\infty}$. Precisely, for all $\left(a_{i}\right)_{i=1}^{\infty} \subseteq \mathbb{R}$,

$$
\left\|\sum_{i=1}^{\infty} a_{i} z_{i}\right\| \leq C\left\|\sum_{i=1}^{\infty} a_{i} v_{m_{i}}\right\| .
$$

Similarly, $\left(E_{n}\right)_{n=1}^{\infty}$ satisfies subsequential $C$ - $V$-lower estimates if every such $\left(z_{i}\right)_{i=1}^{\infty}$ $C$-dominates $\left(v_{m_{i}}\right)_{i=1}^{\infty}$.

We say that $\left(E_{n}\right)_{n=1}^{\infty}$ satisfies subsequential $V$-upper estimates or subsequential $V$-lower estimates if there exists a $C \geq 1$ so that $\left(E_{n}\right)_{n=1}^{\infty}$ satisfies subsequential $C$ - $V$-upper estimates or subsequential $C$ - $V$-lower estimates, respectively.

These are dual properties. If $\left(v_{i}^{*}\right)_{i=1}^{\infty}$ are the biorthogonal functionals of $\left(v_{i}\right)_{i=1}^{\infty}$ we define subsequential $V^{*}$-upper/lower estimates to mean as above with respect to $\left(v_{i}^{*}\right)_{i=1}^{\infty}$.

Proposition 3.2 [25, Proposition 2.14] Let $Z$ have a bimonotone FDD $\left(E_{i}\right)_{i=1}^{\infty}$ and let $V$ be a Banach space with a normalized 1-unconditional basis $\left(v_{i}\right)_{i=1}^{\infty}$ with biorthogonal functionals $\left(v_{n}^{*}\right)_{n=1}^{\infty}$. Let $1 \leq C<\infty$. The following are equivalent.
a) $\left(E_{i}\right)_{i=1}^{\infty}$ satisfies subsequential $C$ - $V$-upper estimates in $Z$.
b) $\left(E_{i}^{*}\right)_{i=1}^{\infty}$ satisfies subsequential $C$ - $V^{*}$-lower estimates in $Z^{(*)}$.

Moreover, the equivalence holds if we interchange "upper" with "lower" in a) and b). If the $\mathrm{FDD}\left(E_{i}\right)_{i=1}^{\infty}$ is not bimonotone the proposition still holds but not with the same constants $C$. These changes depend upon $K(\mathbf{E}, Z)$.

Recall that $A \subseteq B_{Z^{*}}$ is $d$-norming for $Z(0<d \leq 1)$ if for all $z \in Z$,

$$
d\|z\| \leq \sup \left\{\left|z^{*}(z)\right|: z^{*} \in A\right\} .
$$

We will need a characterization of subsequential $V$-upper estimates obtained from norming sets.

Proposition 3.3 Let $Z$ have an $\operatorname{FDD} \mathbf{E}=\left(E_{i}\right)_{i=1}^{\infty}$ and let $V$ be a Banach space with a normalized 1-unconditional basis $\left(v_{i}\right)_{i=1}^{\infty}$. Let $0<d \leq 1$ and let $A \subseteq B_{Z^{*}}$ be $d$-norming for $Z$. The following are equivalent.
a) $\left(E_{i}\right)_{i=1}^{\infty}$ satisfies subsequential $V$-upper estimates.
b) There exists $C<\infty$ so that for all $z^{*} \in A$ and any choice of $k$ and $1 \leq n_{1}<$ $\cdots<n_{k+1}$ in $\mathbb{N}$,

$$
\left\|\sum_{i=1}^{k}\right\| z^{*} \circ P_{\left[n_{i}, n_{i+1}\right)}^{\mathbf{E}}\left\|v_{n_{i}}^{*}\right\| \leq C .
$$

Moreover, if $\left(E_{i}\right)_{i=1}^{\infty}$ is bimonotone, then $\left.\left.\left.\mathrm{a}^{\prime}\right) \Rightarrow \mathrm{b}^{\prime}\right) \Rightarrow \mathrm{b}^{\prime \prime}\right) \Rightarrow \mathrm{a}^{\prime \prime}$ ) where
a') $\left(E_{i}\right)_{i=1}^{\infty}$ satisfies subsequential $C$ - $V$-upper estimates.
$\left.\mathrm{b}^{\prime}\right) \quad$ For every $x^{*} \in S_{Z^{*}}$ and any choice of $k$ and $1 \leq n_{1}<n_{2}<\cdots<n_{k+1}$ in $\mathbb{N}$,

$$
\left\|\sum_{i=1}^{k}\right\| z^{*} \circ P_{\left[n_{i}, n_{i+1}\right)}^{\mathbf{E}}\left\|v_{n_{i}}^{*}\right\| \leq C .
$$

$\left.\mathrm{b}^{\prime \prime}\right) \quad$ For every $z^{*} \in A$ and any choice of $k$ and $1 \leq n_{1}<\cdots<n_{k+1}$ in $\mathbb{N}$,

$$
\left\|\sum_{i=1}^{k}\right\| z^{*} \circ P_{\left[n_{i}, n_{i+1}\right)}^{\mathbf{E}}\left\|v_{n_{i}}^{*}\right\| \leq C
$$

$\left.\mathrm{a}^{\prime \prime}\right)\left(E_{i}\right)_{i=1}^{\infty}$ satisfies subsequential $C d^{-1}-V$-upper estimates.
Proof By renorming, we can assume that $\left(E_{i}\right)_{i=1}^{\infty}$ is bimonotone and thus we need only prove the "moreover" statement.
$\left.\mathrm{a}^{\prime}\right) \Rightarrow \mathrm{b}^{\prime}$ ) follows from Proposition 3.2. Indeed, $\left(z^{*} \circ P_{\left[n_{i}, n_{i+1}\right)}^{\mathrm{E}}\right)_{i=1}^{k}$ is a block sequence of $\left(E_{i}^{*}\right)$, whose sum has norm at most 1 , and $\min \operatorname{supp}_{\mathbf{E}^{*}}\left(z^{*} \circ P_{\left[n_{i}, n_{i+1}\right)}^{\mathbf{E}}\right)$ can be assumed equal to $n_{i}$ by standard perturbation arguments.
$\left.\mathrm{b}^{\prime}\right) \Rightarrow \mathrm{b}^{\prime \prime}$ ) is trivial.
$\left.\left.\mathrm{b}^{\prime \prime}\right) \Rightarrow \mathrm{a}^{\prime \prime}\right)$. Let $\left(z_{i}\right)_{i=1}^{n}$ be a normalized block sequence of $\left(E_{i}\right)$ with $m_{i}=\min \operatorname{supp}_{\mathbf{E}}\left(z_{i}\right)$ for $i \leq n$. Let $m_{n+1}=\max \operatorname{supp}_{\mathbf{E}}\left(z_{n}\right)+1$. Let $\left(a_{i}\right)_{1}^{n} \subseteq \mathbb{R}$ and choose $z^{*} \in A$ with

$$
\left|z^{*}\left(\sum_{i=1}^{n} a_{i} z_{i}\right)\right| \geq d\left\|\sum_{i=1}^{n} a_{i} z_{i}\right\|
$$

Thus,

$$
\begin{aligned}
\left\|\sum_{i=1}^{n} a_{i} z_{i}\right\| & \leq d^{-1}\left|\sum_{i=1}^{n} a_{i} z^{*}\left(z_{i}\right)\right| \\
& =d^{-1}\left|\sum_{i=1}^{n} a_{i} z^{*} \circ P_{\left[m_{i}, m_{i+1}\right)}^{\mathbf{E}}\left(z_{i}\right)\right| \\
& \leq d^{-1} \sum_{i=1}^{n}\left|a_{i}\right|\left\|z^{*} \circ P_{\left[m_{i}, m_{i+1}\right)}^{\mathbf{E}}\right\| \\
& =d^{-1}\left(\sum_{i=1}^{n}\left\|z^{*} \circ P_{\left[m_{i}, m_{i+1}\right]}^{\mathbf{E}}\right\| v_{m_{i}}^{*}\right)\left(\sum_{i=1}^{n}\left|a_{i}\right| v_{m_{i}}\right) \\
& \leq C d^{-1}\left\|\sum_{i=1}^{n} a_{i} v_{m_{i}}\right\|, \text { by b"). }
\end{aligned}
$$

We recall some terminology concerning finite subsets of $\mathbb{N}$ which can be found for example in [27].
Definition 3.4 $[\mathbb{N}]^{<\omega}$ denotes the set of all finite subsets of $\mathbb{N}$ under the pointwise topology, i.e., the topology it inherits as a subset of $\{0,1\}^{\mathbb{N}}$ with the product topology. Let $\mathcal{A} \subseteq[\mathbb{N}]^{<\omega}$. We say $\mathcal{A}$ is
i) compact if it is compact in the pointwise topology,
ii) hereditary if for all $A \in \mathcal{A}$, if $B \subseteq A$ then $B \in \mathcal{A}$,
iii) spreading if for all $A=\left(a_{1}, \ldots, a_{n}\right) \in \mathcal{A}$ with $a_{1}<a_{2}<\cdots<a_{n}$ and all $B=\left(b_{1}, \ldots, b_{n}\right) \in[\mathbb{N}]^{<\omega}$ with $b_{1}<b_{2}<\cdots<b_{n}$ and $a_{i} \leq b_{i}$ for $i \leq n$, $B \in \mathcal{A}$, such a $B$ is called a spread of $A$,
iv) regular if $\{n\} \in \mathcal{A}$ for all $n \in \mathbb{N}$ and $\mathcal{A}$ is compact, hereditary and spreading.

We note that if $\mathcal{A} \subset[\mathbb{N}]^{<\omega}$ is relatively compact, or equivalently if $\mathcal{A}$ does not contain an infinite strictly increasing chain, then there is a regular family, $\mathcal{B} \subset[\mathbb{N}]^{<\omega}$, containing $\mathcal{A}$.
Definition 3.5 Let $\mathcal{A} \subseteq[\mathbb{N}]^{<\omega}$ be a regular family. A sequence of sets in $[\mathbb{N}]^{<\omega}$, $A_{1}<A_{2}<\cdots<A_{n}$ (i.e., $\max A_{i}<\min A_{i+1}$ for $i<n$ ) is called $\mathcal{A}$-admissible if $\left(\min A_{i}\right)_{i=1}^{n} \in \mathcal{A}$.
Tsirelson spaces 3.6 Let $\mathcal{A} \subseteq[\mathbb{N}]^{<\omega}$ be a regular family of sets and let $0<c<1$. The Tsirelson space $T_{\mathcal{A}, c}$ is the completion of $c_{00}$ under the norm $\|\cdot\|_{\mathcal{A}, c}$ which is given, implicitly, by the equation

$$
\begin{gathered}
\|x\|_{\mathcal{A}, c}=\|x\|_{\infty} \vee \sup \left\{\sum_{i=1}^{n} c\left\|A_{i} x\right\|_{\mathcal{A}, c}: n \in \mathbb{N},\right. \text { and } \\
\left.A_{1}<\cdots<A_{n} \text { is } \mathcal{A} \text {-admissible }\right\}
\end{gathered}
$$

Here $A_{i} x=\left.x\right|_{A_{i}}$. The unit vector basis $\left(t_{i}\right)$ of $c_{00}$ is always a shrinking and 1unconditional basis for $T_{\mathcal{A}, c}$. If the Cantor-Bendixson index of $\mathcal{A}$ (c.f. [27]) is at least $\omega$ then $T_{\mathcal{A}, c}$ does not contain any isomorphic copy of $\ell_{p}$ or $c_{0}$, and hence $T_{\mathcal{A}, c}$ must also be reflexive as every Banach space with an unconditional basis which does not contain an isomorphic copy of $c_{0}$ or $\ell_{1}$ is reflexive.

If $\mathcal{A}=S_{\alpha}$ is the $\alpha^{t h}$-Schreier family of sets, where $\alpha<\omega_{1}$, we denote $T_{\mathcal{A}, c}$ by $T_{c, \alpha}$. For more on these spaces (see e.g. [22,26] and the references therein). Let us recall that, for $n \in \mathbb{N}$, the spaces $T_{\alpha, c}$ and $T_{\alpha^{n}, c^{n}}$ are naturally isomorphic (via the identity).

Remark 3.7 We will later use the fact that if $X$ has an FDD $\left(E_{i}\right)_{i=1}^{\infty}$ satisfying subsequential $T_{\mathcal{A}, c}$-upper estimates for some regular family $\mathcal{A}$, then $\left(E_{i}\right)_{i=1}^{\infty}$ is shrinking. Indeed every normalized block sequence of $\left(E_{i}\right)_{i=1}^{\infty}$ must then be weakly null, since it is dominated by a weakly null sequence. This is equivalent to $\left(E_{i}\right)_{i=1}^{\infty}$ being shrinking.

Our embedding theorems, 3.8 and 3.9 below, refer to the Szlenk index, $S_{z}(X)$, [28]. If $X$ is separable then $S_{z}(X)$ is an ordinal with $S_{z}(X)<\omega_{1}$ if and only if $X^{*}$ is separable. Also $S_{z}\left(T_{c, \alpha}\right)=\omega^{\alpha \cdot \omega}$ [26, Proposition 7]. If $S_{z}(X)<\omega_{1}$ then $S_{z}(X)=\omega^{\beta}$ for some $\beta<\omega_{1}$. Much has been written on the Szlenk index (e.g., see $[3,6,12-14,20$, 21,26]).

Theorem 3.8 [12, Theorem 1.3] Let $\alpha<\omega_{1}$ and let $X$ be a Banach space with separable dual. The following are equivalent.
a) $\quad S_{z}(X) \leq \omega^{\alpha \cdot \omega}$.
b) $X$ embeds into a Banach space $Z$ having an FDD which satisfies subsequential $T_{c, \alpha}$-upper estimates, for some $0<c<1$.

Theorem 3.9 [26, Theorem A] Let $\alpha<\omega_{1}$ and let X be a separable reflexive Banach space. The following are equivalent.
a) $\quad S_{z}(X) \leq \omega^{\alpha \cdot \omega}$ and $S_{z}\left(X^{*}\right) \leq \omega^{\alpha \cdot \omega}$.
b) $X$ embeds into a Banach space $Z$ having an FDD which satisfies both subsequential $T_{c, \alpha}$-upper estimates and subsequential $T_{c, \alpha}^{*}$-lower estimates, for some $0<c<1$.

We note that the upper and lower estimates in both theorems are with respect to the unit vector basis $\left(t_{i}\right)$ of $T_{c, \alpha}$ and its biorthogonal sequence $\left(t_{i}^{*}\right)$, a basis for $T_{c, \alpha}^{*}$.

In order to use Theorem 3.8 in our proof of Theorem A, we need to reformulate what it means for an FDD for $X$ to satisfy subsequential $T_{c, \alpha}$-upper estimates in terms of the functionals in $X^{*}$. We first need some more terminology.

Definition 3.10 Let $\mathbf{E}=\left(E_{i}\right)_{i=1}^{\infty}$ be an FDD for a space $X$ and let $0<c<1$. Let $x \in c_{00}\left(\oplus_{i=1}^{\infty} E_{i}\right)$. A block sequence of $\mathbf{E},\left(x_{1}, \ldots, x_{\ell}\right)$, is called a $c$-decomposition of $x$ if

$$
x=\sum_{i=1}^{\ell} x_{i} \text { and, for every } i \leq \ell, \quad \begin{array}{ll}
\text { either } & \left|\operatorname{supp}_{\mathbf{E}}\left(x_{i}\right)\right|=1  \tag{3.1}\\
\text { or } & \left\|x_{i}\right\| \leq c
\end{array}
$$

Clearly every such $x$ has a $c$-decomposition. The optimal $c$-decomposition of $x$ is defined as follows. Set $n_{1}=\min \operatorname{supp}_{\mathbf{E}}(x)$ and assume $n_{1}<n_{2}<\cdots<n_{j}$ have been defined. Let

$$
n_{j+1}=\left\{\begin{array}{l}
n_{j}+1, \quad \text { if }\left\|P_{n_{j}}^{\mathbf{E}}(x)\right\|>c, \\
\min \left\{n:\left\|P_{\left[n_{j}, n\right]}^{\mathbf{E}}(x)\right\|>c\right\}, \quad \text { if }\left\|P_{n_{j}}^{\mathbf{E}}(x)\right\| \leq c \text { and the "min" exists, } \\
1+\max \operatorname{supp}_{\mathbf{E}}(x), \quad \text { otherwise. }
\end{array}\right.
$$

There will be a smallest $\ell$ so that $n_{\ell+1}=1+\max _{\operatorname{supp}_{\mathbf{E}}}(x)$. We then set for $i \leq \ell$, $x_{i}=P_{\left[n_{i}, n_{i+1}\right)}^{\mathbf{E}}(x)$. Clearly $\left(x_{i}\right)_{i=1}^{\ell}$ is a $c$-decomposition of $x$. Moreover, and this will be important later, if $\left(E_{i}\right)$ is bimonotone and $j \leq\lfloor\ell / 2\rfloor$, then $\left\|x_{2 j-1}+x_{2 j}\right\|>c$.

Let $\mathcal{A} \subseteq[\mathbb{N}]^{<\omega}$ be regular. We say that the $F D D\left(E_{i}\right)_{i=1}^{\infty}$ for $X$ is $(c, \mathcal{A})$-admissible in $X$ if every $x \in S_{X} \cap c_{00}\left(\oplus_{i=1}^{\infty} E_{i}\right)$ has an $\mathcal{A}$-admissible $c$-decomposition, $\left(x_{i}\right)_{i=1}^{k}$, where $\left(\operatorname{supp}_{\mathbf{E}}\left(x_{i}\right)\right)_{1}^{\ell}$ is $\mathcal{A}$-admissible, i.e., $\left(\min _{\operatorname{supp}}^{\mathbf{E}}\left(x_{i}\right)\right)_{i=1}^{\ell} \in \mathcal{A}$.
Theorem 3.11 Let $\mathbf{E}=\left(E_{i}\right)_{i=1}^{\infty}$ be a bimonotone FDD for a Banach space $X$. The following statements are equivalent.
a) $\left(E_{i}\right)$ is shrinking.
b) For all $0<c<1$ there exists a regular family $\mathcal{A} \subset[\mathbb{N}]^{<\omega}$ so that every $x^{*} \in B_{X^{*}} \cap c_{00}\left(\oplus_{i=1}^{\infty} E_{i}^{*}\right)$ has an optimal $\mathcal{A}$-admissible c-decomposition.
c) There exists $D \subset B_{X^{*}} \cap c_{00}\left(\oplus_{i=1}^{\infty} E_{i}^{*}\right), 0<c<d \leq 1$ and a regular family $\mathcal{A} \subset[\mathbb{N}]^{<\omega}$, so that $D$ is d-norming for $X$, and every $x^{*} \in D$ admits an $\mathcal{A}$-admissible c-decomposition.
d) There exists $\alpha<\omega_{1}, 0<c<1,1 \leq C$, and a subsequence $\left(t_{m_{i}}\right)_{i=1}^{\infty}$ of the unit vector basis for $T_{c, \alpha}$, so that $\left(E_{i}\right)_{i=1}^{\infty}$ satisfies subsequential $C-\left(t_{m_{i}}\right)_{i=1}^{\infty}$ upper estimates.

Proof $a) \Rightarrow b$ ). Assume $b$ ) fails for some $0<c<1$. Then the set
$\left\{\left(\min \operatorname{supp}_{E^{*}}\left(x_{i}^{*}\right)\right)_{i=1}^{n}:\left(x_{i}^{*}\right)_{i=1}^{n}\right.$ is the optimal $c$-decomposition
of some $\left.x^{*} \in B_{X^{*}} \cap c_{00}\left(\oplus_{i=1}^{\infty} E_{i}^{*}\right)\right\}$
is not relatively compact in $[\mathbb{N}]^{<\omega}$. This yields a sequence $\left(n_{i}\right)_{i=1}^{\infty} \in[\mathbb{N}]^{\omega}$ so that for all $N \in \mathbb{N}$, there exists $x^{*}(N) \in B_{X^{*}} \cap c_{00}\left(\oplus_{i=1}^{\infty} E_{i}^{*}\right)$, with an optimal $c$-decomposition $\left(x_{i}^{*}(N)\right)_{i=1}^{\ell(N)}$ so that $\min \operatorname{supp}_{E^{*}}\left(x_{i}^{*}(N)\right)=n_{i}$ for all $i \leq N$. After passing to a subsequence, we may assume that $\lim _{N \rightarrow \infty} x_{i}^{*}(N)=x_{i}^{*}$ for some $x_{i}^{*} \in B_{X^{*}} \cap c_{00}\left(\oplus_{i=1}^{\infty} E_{i}^{*}\right)$ with $\operatorname{supp}\left(x_{i}^{*}\right) \subset\left[n_{i}, n_{i+1}\right)$ for all $i \in \mathbb{N}$. We have that $\left\|x_{i}^{*}(N)+x_{i+1}^{*}(N)\right\| \geq c$ for all $N \in \mathbb{N}$ and $1 \leq i<\ell(N)$, and hence $\left\|x_{i}^{*}+x_{i+1}^{*}\right\| \geq c$ for all $i \in \mathbb{N}$. Furthermore, $\left\|\sum_{i=1}^{N} x_{i}^{*}(N)\right\| \leq\left\|\sum_{i=1}^{\ell(N)} x_{i}^{*}(N)\right\| \leq 1$ for all $N \in \mathbb{N}$, and hence $\sup _{N \in \mathbb{N}}\left\|\sum_{i=1}^{N} x_{i}^{*}(N)\right\| \leq 1$. We conclude that $\left(x_{i}^{*}\right)$ is not boundedly complete, and hence $\left(E_{i}\right)_{i=1}^{\infty}$ is not shrinking.
$b) \Rightarrow c$ ) is trivial.
$c) \Rightarrow d$ ). Let $D, 0<c<d \leq 1$, and $\mathcal{A}$ be as in $c$ ). We define

$$
\mathcal{B}=\left\{n \cup B_{1} \cup B_{2}: n \in \mathbb{N}, B_{1}, B_{2} \in A\right\} \cup\{\emptyset\} .
$$

It is easily checked that $\mathcal{B}=\mathcal{B}_{\mathcal{A}}$ is regular. Let $\left(t_{i}\right)_{i=1}^{\infty}$ be the unit vector basis of $T_{c / d, \mathcal{B}}$. We will prove, by induction on $s \in \mathbb{N}$, that if $\left(x_{i}\right)_{i=1}^{k}$ is a normalized block sequence of $\mathbf{E}$ with finite length and $\left|\operatorname{supp}_{\mathbf{E}}\left(\sum_{i=1}^{k} x_{i}\right)\right| \leq s$, then for all $\left(a_{i}\right)_{1}^{k} \subseteq \mathbb{R}$,

$$
\begin{equation*}
\left\|\sum_{i=1}^{k} a_{i} x_{i}\right\| \leq c^{-1}\left\|\sum_{i=1}^{k} a_{i} t_{\min \operatorname{supp}_{\mathbf{E}}\left(x_{i}\right)}\right\|_{T_{c / d, \mathcal{B}}} \tag{3.2}
\end{equation*}
$$

This is trivial for $s=1$ and also clear for $k=1$, so we may assume $k>1$. Assume it holds for all $s^{\prime} \leq s$. Let $\left(x_{i}\right)_{i=1}^{k}$ be a normalized block sequence of $\mathbf{E}$ with $\left|\operatorname{supp}_{\mathbf{E}}\left(\sum_{i=1}^{k} x_{i}\right)\right|=s+1$. Let $m_{i}=\min \operatorname{supp}_{\mathbf{E}}\left(x_{i}\right)$ for $i \leq k$ and set $m_{k+1}=$ $1+\max _{\operatorname{supp}}^{\mathbf{E}}\left(x_{k}\right)$. Let $\left(a_{i}\right)_{i=1}^{k} \subseteq \mathbb{R}$ and $c / d<\rho<1$ be arbitrary. Since $D$ is $d$-norming for $X$, there exists $x^{*} \in D$ with

$$
\left|x^{*}\left(\sum_{i=1}^{k} a_{i} x_{i}\right)\right| \geq \rho d\left\|\sum_{i=1}^{k} a_{i} x_{i}\right\| .
$$

Let $\tilde{x}^{*}=P_{\left[m_{1}, m_{k+1}\right)}^{\mathbf{E}^{*}}\left(x^{*}\right)$ where $\mathbf{E}^{*}=\left(E_{j}^{*}\right)_{j=1}^{\infty}$ is the FDD for $X^{(*)}$. By the bimonotonicity of $\mathbf{E},\left\|\tilde{x}^{*}\right\| \leq 1$ and also $\left\|\tilde{x}^{*}\left(\sum_{i=1}^{k} a_{i} x_{i}\right)\right\| \geq \rho d\left\|\sum_{i=1}^{k} a_{k} x_{i}\right\|$. Furthermore, since $x^{*}$ admits an $\mathcal{A}$-admissible $c$-decomposition, so does $\tilde{x}^{*}$. Let $\left(x_{i}^{*}\right)_{i=1}^{\ell}$ be an $\mathcal{A}$-admissible $c$-decomposition of $\tilde{x}^{*}$ and let $n_{i}=\min \operatorname{supp}_{\mathbf{E}^{*}}\left(x_{i}^{*}\right)$ for $i \leq \ell$. Thus $\left(n_{i}\right)_{i=1}^{\ell} \in \mathcal{A}$.

If $\ell=1$, then $\tilde{x}^{*} \in E_{j}^{*}$ for some $j$ and so

$$
\begin{aligned}
\left\|\sum_{i=1}^{k} a_{i} x_{i}\right\| & \leq(\rho d)^{-1}\left|\tilde{x}^{*}\left(\sum_{i=1}^{k} a_{i} x_{i}\right)\right| \leq(\rho d)^{-1}\left|a_{j}\right| \\
& \leq(\rho d)^{-1}\left\|\sum_{i=1}^{k} a_{i} t_{m_{i}}\right\| \leq c^{-1}\left\|\sum_{i=1}^{k} a_{i} t_{m_{i}}\right\|, \text { so (3.2) holds. }
\end{aligned}
$$

If $\ell>1$, we proceed as follows. Define

$$
\begin{aligned}
& B_{1}=\left\{m_{i}: i \leq k \text { and there exists } j \leq \ell \text { with } m_{i} \leq n_{j}<m_{i+1}\right\}, \\
& B_{2}=\left\{m_{i+1}: i \leq k \text { and } m_{i} \in B_{1}\right\},
\end{aligned}
$$

and let $n=\min \left(B_{1}\right)$. Then $B \equiv B_{1} \cup B_{2}=\{n\} \cup\left(B_{1} \backslash\{n\}\right) \cup B_{2} \in \mathcal{B}_{\mathcal{A}}$. Indeed $B_{2} \in \mathcal{A}$ since it is a spread of a subset of $\left(n_{j}\right)_{j=1}^{\ell} \in \mathcal{A}$, by the definition of $B_{1}$. Similarly $B_{1} \backslash\{n\} \in \mathcal{A}$.

Write $B=\left\{m_{b_{j}}: j \leq \ell^{\prime}\right\}$ where $b_{1}<b_{2}<\cdots<b_{\ell^{\prime}}$. Set $m_{b_{\ell^{\prime}+1}}=m_{k+1}$. Since $k>1,\left|\operatorname{supp}_{\mathbf{E}}\left(\sum_{i=b_{j}}^{b_{j+1}-1} x_{i}\right)\right| \leq s$, for $j \leq \ell^{\prime}$, and our induction hypothesis applies to such blocks. Moreover, if $b_{j+1} \neq b_{j}+1$ for some $j \leq \ell^{\prime}$, then there is at most one $x_{t}^{*}$ whose support is not disjoint from $\oplus_{i=m_{b_{j}}}^{m_{b_{j+1}-1}} E_{i}^{*}$, since no $n_{i}$ can satisfy
$m_{b_{j}}<n_{i}<m_{b_{j+1}}$. In addition, $\left|\operatorname{supp}_{\mathbf{E}^{*}}\left(x_{t}^{*}\right)\right|>1$ in this case, and so $\left\|x_{t}^{*}\right\| \leq c$ which yields

$$
\left|\tilde{x}^{*}\left(\sum_{i=b_{j}}^{b_{j+1}-1} a_{i} x_{i}\right)\right| \leq c\left\|\sum_{i=b_{j}}^{b_{j+1}-1} a_{i} x_{i}\right\| .
$$

We obtain for $I=\left\{j \leq \ell^{\prime}: b_{j+1} \neq b_{j}+1\right\}$ and $J=\left\{1, \ldots, \ell^{\prime}\right\} \backslash I$,

$$
\begin{aligned}
\rho d\left\|\sum_{i=1}^{k} a_{i} x_{i}\right\| & \leq\left|\tilde{x}^{*}\left(\sum_{i=1}^{k} a_{i} x_{i}\right)\right| \\
& \leq\left|\sum_{j \in I} \tilde{x}^{*}\left(\sum_{i=b_{j}}^{b_{j+1}-1} a_{i} x_{i}\right)\right|+\left|\sum_{j \in J} \tilde{x}^{*}\left(a_{b_{j}} x_{b_{j}}\right)\right| \\
& \leq \sum_{j \in I} c\left\|\sum_{i=b_{j}}^{b_{j+1}-1} a_{i} x_{i}\right\|+\sum_{j \in J}\left|a_{b_{j}}\right| \\
& \leq \sum_{j \in I}\left\|\sum_{i=b_{j}}^{b_{j+1}-1} a_{i} t_{m_{i}}\right\|+\sum_{j \in J}\left\|a_{b_{j}} t_{m_{b_{j}}}\right\|
\end{aligned}
$$

by the induction hypothesis,

$$
=\frac{d}{c} \sum_{j=1}^{\ell^{\prime}} \frac{c}{d}\left\|\sum_{i=b_{j}}^{b_{j+1}-1} a_{i} t_{m_{i}}\right\| \leq \frac{d}{c}\left\|\sum_{i=1}^{k} a_{i} t_{m_{i}}\right\|,
$$

by definition of the norm for $T_{c / d, \mathcal{B}_{\mathcal{A}}}$. So

$$
\rho c\left\|\sum_{i=1}^{k} a_{i} x_{i}\right\| \leq\left\|\sum_{i=1}^{k} a_{i} t_{m_{i}}\right\| .
$$

Since $\rho<1$ was arbitrary this proves (3.2). Now the set $\mathcal{B}$ is regular, so its CantorBendixson index $C B(\mathcal{B})$ is less than $\omega_{1}$. By Proposition 3.10 in [27], if $\alpha<\omega_{1}$ is such that $C B(\mathcal{B}) \leq \omega^{\alpha}$ then there exists $\left(m_{i}\right)_{i=1}^{\infty} \in[\mathbb{N}]^{\omega}$ such that $\left\{\left(m_{i}\right)_{i \in F}: F \in \mathcal{B}\right\} \subset S_{\alpha}$. It follows, from (3.2) that $\left(E_{i}\right)$ satisfies subsequential $c^{-1}-\left(t_{m_{i}}\right)_{i=1}^{\infty}$ upper estimates, where $\left(t_{i}\right)_{i=1}^{\infty}$ is the unit vector basis of $T_{c / d, \alpha}$.
$d) \Rightarrow a)$ is immediate since $\left(t_{m_{i}}\right)$ is weakly null.
Remark 3.12 In Theorem 3.11, if the FDD $\left(E_{i}\right)$ for $X$ is not bimonotone, then the Proposition holds with slight modification. Let $K$ be the projection constant of $\left(E_{i}\right)$. The hypothesis " $0<c<d$ " in $c$ ) should be changed to " $0<c<d / K$ ". This is seen by renorming $X$, in the standard way, so that $\left(E_{i}\right)$ is bimonotone:

$$
\||x|\|=\sup _{m \leq n}\left\|P_{[m, n]}^{\mathbf{E}}\right\|
$$

Then $D$ becomes $d / K$-norming for ( $X,|\||\cdot|| \mid$ ). Furthermore, (3.2) becomes valid for $(X,\|\cdot\|)$ with $c^{-1}$ replaced by $K c^{-1}$.

It is worth noting that Proposition 3.11 yields, as a corollary, the following less exact version of Theorem 3.8. A similar version of Theorem 3.9 would also follow.

Corollary 3.13 Let $X$ be a Banach space with $X^{*}$ separable. Then there exists $\alpha<\omega_{1}$ and $0<c<1$ so that $X$ embeds into a space $Y$, with an $F D D\left(F_{i}\right)$ satisfying subsequential $T_{c, \alpha}$-upper estimates.

Proof By Zippin's theorem [30], we may embed $X$ into a space $Z$ with a shrinking FDD $\left(E_{i}\right)$. By Theorem $3.11 d$ ), we obtain the result, except that the estimates are with respect to $\left(t_{m_{i}}\right)$. We expand the FDD by inserting the basis vectors $\left(t_{j}\right)_{j \in\left(m_{i-1}, m_{i}\right)}$ between $E_{i-1}$ and $E_{i}$ to obtain the desired FDD in a subspace of $Z \oplus T_{c, \alpha}$.

Using Proposition 2.8 we can derive from Theorem 3.11 the following sufficient and necessary condition for the dual of a Bourgain-Delbaen space to be isomorphic to $\ell_{1}$.

Corollary 3.14 Let $Y$ be the Bourgain-Delbaen space associated to a BourgainDelbaen sequence ( $\Delta_{n}$ ) satisfying condition (2.9) for some $\theta<1 / 2$ (and thus the conclusion of Proposition 2.4 with $M \leq \max (1 /(1-2 \theta), 2)$ ) and let $\mathbf{F}=\left(F_{j}\right)$ be the $F D D$ of $Y$ as introduced in Sect. 2 and $\mathbf{F}^{*}=\left(F_{j}^{*}\right)$. Define

$$
\mathcal{C}=\left\{\operatorname{cuts}(\gamma): \gamma \in \bigcup_{n=1}^{\infty} \Delta_{n}\right\} .
$$

Then $\mathbf{F}$ is shrinking (and thus $Y^{*}$ is isomorphic to $\ell_{1}$ ) if $\mathcal{C}$ is compact, or equivalently, if $\mathcal{C}$ does not contain an infinite strictly increasing chain.

Proof Indeed, assuming (2.9), in the analysis of $\gamma \in \Gamma$

$$
e_{\gamma}^{*}=\sum_{j=1}^{a} \alpha_{j} d_{\xi_{j}}^{*}+\beta_{j} P_{\left(p_{j-1}, p_{j}\right)}^{*}\left(b_{j}^{*}\right)
$$

all the $\beta_{j}$ 's are at most $\theta$, except the ones for which the support of $P_{\left(p_{j-1}, p_{j}\right)}^{\mathbf{F}^{*}}\left(b_{j}^{*}\right)$ (with respect to $\mathbf{F}^{*}$ ) is at most a singleton. Therefore the analysis of $\gamma$ represents a $c$-decomposition of $e_{\gamma}^{*}$ and, thus, Theorem 3.11 yields that $\mathbf{F}$ is shrinking.

## 4 The proof of Theorem $A$

Let $X$ be a separable Banach space. We will follow the generalized BD construction in Sect. 2 to embed $X$ into a $\mathcal{L}_{\infty}$ space $Y$. Since $X$ can be embedded into a space with basis (for example $C[0,1]$ ), we can assume that $X$ has an FDD, which we denote by $\mathbf{E}=\left(E_{i}\right)$, and after a renorming, if necessary, we can assume that $\mathbf{E}$ is bimonotone. If $X^{*}$ is separable then we can assume that $\mathbf{E}$ is shrinking by [30].

The Bourgain-Delbaen space $Y$, which we construct to contain $X$, will have $Y^{*}$ isomorphic to $\ell_{1}$, in the case that $X^{*}$ is separable.

To begin we fix $0<c \leq 1 / 16$ and choose $0<\varepsilon<c$, and $\left(\varepsilon_{i}\right)_{i=1}^{\infty} \subset(0, \varepsilon)$ with $\varepsilon_{i} \downarrow 0$ so that

$$
\begin{equation*}
\sum_{i=1}^{\infty} \varepsilon_{i}<\frac{\varepsilon}{8} \text { and } \quad \sum_{i>n} \varepsilon_{i}<\frac{\varepsilon_{n}}{2} \quad \text { for all } n \in \mathbb{N} \tag{4.1}
\end{equation*}
$$

Next, for $i \in \mathbb{N}$, we choose $R_{i} \subset(0,1]$ and $\tilde{A}_{i}^{*} \subseteq S_{E_{i}^{*}}$ to be $\varepsilon_{i} / 8$, dense in their respective supersets, with $1 \in R_{i}$ for all $i \in \mathbb{N}$. We then choose an appropriate countable subset, $D \subset B_{X^{*}} \cap c_{00}\left(\oplus E_{i}^{*}\right)$, which norms $X$.

Lemma 4.1 There exists a set $D \subset\left(B_{X^{*}} \backslash \frac{1}{2} B_{X^{*}}\right) \cap c_{00}\left(\oplus E_{i}^{*}\right)$ with the following properties.
a) $A_{m}^{*}:=D \cap E_{m}^{*}=\frac{1}{1+\varepsilon / 4} \tilde{A}_{m}^{*}$, for $m \in \mathbb{N}$.
b) $D \cap\left(\oplus_{j=m}^{n} E_{j}^{*}\right)$ is finite, and $(1-\varepsilon)$-norms the elements of $\oplus_{j=m}^{n} E_{j}$, for all $m<n$ in $\mathbb{N}$.
c) Every $x^{*} \in D$ can be written as $x^{*}=\sum_{i=1}^{\ell} r_{i} x_{i}^{*}$, where $\left(r_{1} x_{1}^{*}, \ldots, r_{\ell} x_{\ell}^{*}\right)$, is a c-decomposition of $x^{*}$ and $x_{i}^{*} \in D$, and $r_{i} \in R_{\max \operatorname{supp}\left(x_{i}^{*}\right)}$, for $i=1, \ldots \ell$. Moreover

$$
\begin{aligned}
& \left(\operatorname{supp}\left(x_{i}^{*}\right)\right)_{i=1}^{\ell} \\
& \quad \in\left\{\left(\operatorname{supp}\left(z_{i}^{*}\right)\right)_{i=1}^{\ell}: \begin{array}{c}
\left(z_{i}^{*}\right)_{i=1}^{\ell} \text { is the optimal } \frac{c}{1+\varepsilon / 4}-\text { decomposition } \\
\text { of some } z^{*} \in B_{X^{*}} \cap c_{00}\left(\oplus_{j=1}^{\infty} E_{j}^{*}\right)
\end{array}\right\} .
\end{aligned}
$$

If $\left(E_{i}\right)$ is 1-uncondtional in $X$ then $(a)$ and $(b)$ can be replaced by
a') $\quad A_{m}^{*}:=D \cap E_{m}=\tilde{A}_{m}^{*}$, for $m \in \mathbb{N}$.
b') $D \cap\left(\oplus_{j \in B} E_{j}^{*}\right)$ is finite, and $(1-\varepsilon)$-norms the elements of $\oplus_{j \in B} E_{j}$, for all finite $B \subset \mathbb{N}$.

For $D$ as in Lemma 4.1 and each $x^{*} \in D$ we pick such a $c$-decomposition $\left(r_{1} x^{*}, r_{2} x_{2}^{*}, \ldots r_{\ell} x^{*}\right)$ and call it the special $c$-decomposition of $x^{*}$. If $x^{*} \in A_{j}^{*}=$ $D \cap E_{j}^{*}$, we let ( $x^{*}$ ) be its own special $c$-decomposition.

Proof We abbreviate $\operatorname{supp}_{\mathbf{E}^{*}}(\cdot)$ by $\operatorname{supp}(\cdot)$, and we abbreviate $\operatorname{ran}_{\mathbf{E}^{*}}(\cdot)$ by $\operatorname{ran}(\cdot)$. Define

$$
H=\frac{1}{1+\varepsilon / 4}\left\{\frac{\sum_{i=m}^{n} a_{i} x_{i}^{*}}{\left\|\sum_{i=m}^{n} a_{i} x_{i}^{*}\right\|}: m \leq n, a_{i} \in R_{i} \text { and } x_{i}^{*} \in \tilde{A}_{i}^{*} \text { for } i \in[m, n]\right\} .
$$

We note the following properties of $H$.

$$
\begin{equation*}
H \text { is countable. } \tag{4.2}
\end{equation*}
$$

$$
\begin{align*}
& H \cap \oplus_{i=1}^{n} E_{i}^{*} \text { is finite for all } n \in \mathbb{N} \text {. }  \tag{4.3}\\
& H \cap \oplus_{i=m}^{n} E_{i}^{*}(1-\varepsilon) \text {-norms } \oplus_{i=m}^{n} E_{i}, \text { for all } m \leq n \text { in } \mathbb{N} .  \tag{4.4}\\
& \text { If } x^{*} \in H \text { and } \operatorname{supp}\left(x^{*}\right) \cap[m, n] \neq \phi, m \leq n \text {, then } \\
& \quad \frac{P_{[m, n]}^{\mathbf{E}^{*}}\left(x^{*}\right)}{\left\|P_{[m, n]}^{\mathbf{E}^{*}}\left(x^{*}\right)\right\|} \in(1+\varepsilon / 4) H . \tag{4.5}
\end{align*}
$$

Set $H_{n}=\{h \in H:|\operatorname{ran}(h)|=n\}$ and thus $H=\bigcup_{n=1}^{\infty} H_{n}$. For each $n \in \mathbb{N}$ we will inductively define for $h \in H_{n}$, an element $\tilde{h} \in\left(B_{X^{*}} \backslash \frac{1}{2} B_{X^{*}}\right) \cap c_{00}\left(\oplus_{j=1}^{\infty} E_{i}^{*}\right)$. We then set $D_{n}=\left\{\tilde{h}: h \in H_{n}\right\}$ and $D=\cup_{n \in \mathbb{N}} D_{n}$.

If $h \in H_{1}$, let $\tilde{h}=h$. Let $n>1$ and assume that $D_{m}$ has been defined for all $m<n$. Let $h \in H_{n}$ and $\left(z_{1}^{*}, \ldots, z_{\ell}^{*}\right)$ be the optimal $c /(1+\varepsilon / 4)$-decomposition of $h$. Note that $\ell \geq 2$ since $n>1$ and $\|h\|=1 /(1+\varepsilon / 4)$. We write the decomposition as

$$
\left(s_{i} h_{i}\right)_{i=1}^{\ell}=\left(\left\|z_{i}^{*}\right\|(1+\varepsilon / 4) \frac{z_{i}^{*}}{(1+\varepsilon / 4)\left\|z_{i}^{*}\right\|}\right)_{i=1}^{\ell}
$$

By the definition of $H,\left\|z_{i}^{*}\right\| \leq 1 /(1+\varepsilon / 4)$ and so $0<s_{i}=\left\|z_{i}^{*}\right\|(1+\varepsilon / 4) \leq 1$ for $i \leq \ell$. If $h_{i} \notin H_{1}$, then $\left\|s_{i} h_{i}\right\|=\left\|z_{i}^{*}\right\| \leq c /(1+\varepsilon / 4)$ and so $s_{i} \leq c$.

For $i \leq \ell$, choose $r_{i} \in R_{\max \operatorname{supp}\left(h_{i}\right)}$ with $\left|r_{i}-s_{i}\right| \leq \varepsilon_{\max \operatorname{supp}\left(h_{i}\right)} / 4$ and $r_{i} \leq c$ if $h \notin H_{1}$. We define $\tilde{h}=\sum_{i=1}^{\ell} r_{i} \tilde{h}_{i}$. By induction, we will verify the following.

$$
\begin{align*}
& \operatorname{supp}(\tilde{h})=\operatorname{supp}(h)  \tag{4.6}\\
& \|\tilde{h}-h\| \leq \sum_{j \in \operatorname{supp}(\tilde{h})} \varepsilon_{j}  \tag{4.7}\\
& \left(r_{1} \tilde{h}_{1}, . ., r_{\ell} \tilde{h}_{\ell}\right) \text { is a } c-\operatorname{decomp} \text { of } \tilde{h}, \text { with } \\
& r_{i} \in R_{\max \operatorname{supp}\left(\tilde{h}_{i}\right)} \text { and } \tilde{h}_{i} \in \bigcup_{m<n} D_{m} \text {, if } n>1 . \tag{4.8}
\end{align*}
$$

The condition (4.6) is clear. To verify (4.7) we note that if $h_{i} \in H_{1}$, then

$$
\left\|r_{i} \tilde{h}_{i}-s_{i} h_{i}\right\| \leq\left|r_{i}-s_{i}\right|<\varepsilon_{\max \operatorname{supp}\left(\tilde{h}_{i}\right)} / 4
$$

If $h_{i} \notin H_{1}$, by the induction hypothesis,

$$
\begin{aligned}
\left\|r_{i} \tilde{h}_{i}-s_{i} h_{i}\right\| & \leq\left\|r_{i}\left(\tilde{h}_{i}-h_{i}\right)\right\|+\left\|\left(r_{i}-s_{i}\right) h_{i}\right\| \\
& \leq c \sum_{j \in \operatorname{supp}\left(\tilde{h}_{i}\right)} \varepsilon_{j}+\varepsilon_{\max \operatorname{supp}\left(h_{i}\right) / 4 \leq \sum_{j \in \operatorname{supp}\left(\tilde{h}_{i}\right)} \varepsilon_{j} .} .
\end{aligned}
$$

Thus $\|h-\tilde{h}\| \leq \sum_{i=1}^{\ell}\left\|r_{i} \tilde{h}_{i}-s_{i} h_{i}\right\|<\sum_{j \in \operatorname{supp}(\tilde{h})} \varepsilon_{j}$, which proves (4.7). (4.8) holds by construction. Equation (4.7) now yields,

$$
\begin{aligned}
1 / 2 & \leq 1 /(1+\varepsilon / 4)-\sum_{j \in \operatorname{supp}(\tilde{h})} \varepsilon_{j} \leq\|h\|-\|h-\tilde{h}\| \\
& \leq\|\tilde{h}\| \leq\|h\|+\|h-\tilde{h}\| \leq 1 /(1+\varepsilon / 4)+\sum_{j \in \operatorname{supp}(\tilde{h})} \varepsilon_{j} \leq 1 .
\end{aligned}
$$

Thus $D \subset B_{X^{*}} \backslash \frac{1}{2} B_{X^{*}}$. Properties $a$ ), b), and $c$ ) of $D$ follow from (4.6), (4.7), and (4.8).

If $\left(E_{i}\right)$ is 1-unconditional, as defined, we instead begin with

$$
H=\left\{\frac{\sum_{i \in B} a_{i} x_{i}^{*}}{\left\|\sum_{i \in B}^{n} a_{i} x_{i}^{*}\right\|}: \emptyset \neq B \subset \mathbb{N},|B|<\infty, a_{i} \in R_{i} \text { and } x_{i}^{*} \in \tilde{A}_{i}^{*} \text { for } i \in B\right\}
$$

We then follow the above construction, similarly without the $(1+\varepsilon / 4)$-factors. These were necessary to ensure that the $\tilde{h}_{j}$ 's were in $B_{X^{*}}$.

Next we define $\Gamma$ and a certain partial order on $\Gamma$ and use that to define the $\Delta_{n}$ 's.

From Theorem 3.11 and Lemma 4.1 we deduce for $\mathcal{G}=\left\{\left\{\min \operatorname{supp}\left(x_{j}^{*}\right): j \leq \ell\right\}\right.$ : $\left.\left(r_{1} x_{1}^{*}, \ldots r_{\ell} x_{\ell}^{*}\right) \in \Gamma\right\}$

$$
\begin{equation*}
\left(E_{i}\right) \text { is shrinking in } X \Longleftrightarrow \mathcal{G} \text { is compact. } \tag{4.9}
\end{equation*}
$$

We first define an order on the bounded intervals in $\mathbb{N}$ by $\left[n_{1}, n_{2}\right]<\left[m_{1}, m_{2}\right]$ if $n_{2}<m_{2}$ or $n_{2}=m_{2}$ and $n_{1}>m_{1}$. It is not hard to see that this is a well ordering. It is instructive to list the first few elements in increasing order (we let $[n, n]=n$ ):

$$
\left(I_{n}\right)_{n=1}^{\infty}=(1,2,[1,2], 3,[2,3],[1,3], 4,[3,4],[2,4],[1,4], 5 \ldots)
$$

If $\gamma=\left(x_{1}^{*}, \ldots, x_{\ell}^{*}\right) \in \Gamma$ we let

$$
\operatorname{ran}_{\mathbf{E}^{*}}\left(\sum_{i=1}^{\ell} x_{i}^{*}\right) \equiv \operatorname{ran}_{\mathbf{E}^{*}}(\gamma) \quad \text { and } \quad \operatorname{supp}_{\mathbf{E}^{*}}\left(\sum_{i=1}^{\ell} x_{i}^{*}\right) \equiv \operatorname{supp}_{\mathbf{E}^{*}}(\gamma)
$$

For $\gamma \in \Gamma$ we define the rank of $\gamma$ by $\operatorname{rk}(\gamma)=n$ if $\operatorname{ran} \operatorname{supp}_{\mathbf{E}^{*}}(\gamma)=I_{n}$. We then define a partial order " $\leq$ " on $\Gamma$ by $\gamma<\eta$ if $\operatorname{rk}(\gamma)<\operatorname{rk}_{\mathbf{E}^{*}}(\eta)$. If $\operatorname{rk}(\gamma)=\operatorname{rk}(\xi)$ and $\gamma \neq \eta$ we say that $\gamma$ and $\eta$ are incomparable. We next define an important subsequence $\left(m_{j}\right)_{j=1}^{\infty}$ of $\mathbb{N}$. For $j \in \mathbb{N}$ let $m_{j}=\operatorname{rk}\left(x^{*}\right)$ for $x^{*} \in A_{j}^{*}$. Thus $m_{1}=1, m_{2}=2$, $m_{3}=4$ and more generally $m_{j+1}=m_{j}+j$. Note that

$$
\begin{align*}
& \text { for } \gamma \in \Gamma, i_{0}=\max \operatorname{supp}_{\mathbf{E}^{*}}(\gamma) \\
& \text { if and only if } m_{i_{0}} \leq \operatorname{rk}(\gamma)<m_{i_{0}+1} \tag{4.10}
\end{align*}
$$

The following proposition is easily verified.

Proposition 4.2 " $\leq$ " is a partial order on $\Gamma$. Furthermore,
a) Every natural number is the rank of some element of $\Gamma$ and the set of all such elements is finite.
b) If $j \in \mathbb{N}$ and $\left(z^{*}\right) \in\left\{\gamma: \operatorname{rk}(\gamma)=m_{j}\right\}=\left\{\left(r x^{*}\right) \in \Gamma: r \in R_{j}, x^{*} \in A_{j}^{*}\right\}$, then

$$
\begin{aligned}
\left\{\gamma \in \Gamma: \gamma<z^{*}\right\} & =\left\{\gamma \in \Gamma: \max \operatorname{supp}_{\mathbf{E}^{*}}(\gamma)<j\right\} \text { and } \\
\left\{\gamma \in \Gamma: \gamma>\left(z^{*}\right)\right\} & =\left\{\gamma \in \Gamma: \max \operatorname{supp}_{\mathbf{E}^{*}}(\gamma) \geq j \text { and } \operatorname{supp}_{E^{*}}(\gamma) \neq\{j\}\right\} .
\end{aligned}
$$

Proof Lemma 4.1 (b) implies that for any $n$ there must be some $\gamma \in \Gamma$ of rank $n$, and if we let $s<t$, so that $I_{n}=(s, t]$, then

$$
\#\{\gamma \in \Gamma: \operatorname{rk}(\gamma)=n\} \leq \sum_{\ell=1}^{t-s} \sum_{s=t_{0}<t_{1}<\ldots t_{\ell}=t} \prod_{j=1}^{\ell} \# R_{t_{j}} \cdot \# D \cap\left(\oplus_{j=t_{j-1}}^{t_{j}} E_{j}^{*}\right),
$$

which yields (a). (b) follows easily from the definition of our partial order.
For $n \in \mathbb{N}$, set $\Delta_{n}=\{\gamma \in \Gamma: \operatorname{rk}(\gamma)=n\}$. We will next define $c_{\gamma}^{*}$ for $\gamma \in \Gamma$ (thus also defining $e_{\gamma}^{*}=c_{\gamma}^{*}+d_{\gamma}^{*}$ ). Following this we will show how the $\Delta_{n}$ 's can be recoded to fit into the framework of Sect. 2. To begin,
i) we let $c_{\gamma}^{*}=0$ if $\operatorname{rk}(\gamma) \in\left\{m_{j}: j \in \mathbb{N}\right\}$ (thus, in particular, $c_{\gamma}^{*}=0$ if $\gamma \in \Delta_{1}$ ).

We proceed by induction and assume that $c_{\gamma}^{*}$ has been defined for all $\gamma \in \Gamma_{n}=$ $\bigcup_{j=1}^{n} \Delta_{n}$. Assume that $\gamma \in \Delta_{n+1}$ with $n+1 \notin\left\{m_{j}: j \in \mathbb{N}\right\}$. Let $\gamma=\left(r_{1} x_{1}^{*}, r_{2} x_{2}^{*}\right.$, $\ldots, r_{\ell} x_{\ell}^{*}$ ). There are several cases.
ii) $\quad \ell=1$, so $\gamma=\left(r_{1} x_{1}^{*}\right)$, where $\left|\operatorname{supp}_{\mathbf{E}^{*}}\left(x_{1}^{*}\right)\right|>1$. Let $\left(s_{1} y_{1}^{*}, s_{2} y_{2}^{*}, \ldots, s_{m} y_{m}^{*}\right)$ be the special $c$-decomposition of $x_{1}^{*}$ and note that $m \geq 2$, since $\left\|x_{1}^{*}\right\| \geq 1 / 2>c$. Put $\xi=\left(s_{1} y_{1}^{*}, s_{2} y_{2}^{*}, \ldots, s_{m-1} y_{m-1}^{*}\right)$ and let $\eta$ be the special $c$-decomposition of $y_{m}^{*}$. Define $c_{\gamma}^{*}=r_{1} e_{\xi}^{*}+r_{1} s_{m} e_{\eta}^{*}$.
iii) $\quad \ell=2$ and $\left|\operatorname{supp}_{\mathbf{E}^{*}}\left(x_{1}^{*}\right)\right|=1$. Let $\xi=\left(x_{1}^{*}\right)$ and let $\eta$ be the special $c$-decomposition of $x_{2}^{*}$ and set $c_{\gamma}^{*}=r_{1} e_{\xi}^{*}+r_{2} e_{\eta}^{*}$.
iv) $\ell>2$ or $\ell=2$ and $\left|\operatorname{supp}_{\mathbf{E}^{*}}\left(x_{1}^{*}\right)\right|>1$. Let $\xi=\left(r_{1} x_{1}^{*}, r_{2} x_{2}^{*}, \ldots r_{\ell-1} x_{\ell-1}^{*}\right)$ and let $\eta$ be the special $c$-decomposition of $x_{\ell}^{*}$. Define $c_{\gamma}^{*}=e_{\xi}^{*}+r_{\ell} e_{\eta}^{*}$.

Note that in the cases (ii), (iii) and (iv) $k:=\operatorname{rk}(\xi)<\operatorname{rk}(\eta) \leq n$ and, furthermore, as can be shown inductively

$$
\begin{equation*}
\min \operatorname{supp}_{\mathbf{F}^{*}}\left(e_{\gamma}^{*}\right) \geq m_{\min \operatorname{ran}_{\mathbf{E}^{*}(\gamma)}} \quad \text { for all } \gamma \in \Delta_{n} \tag{4.11}
\end{equation*}
$$

For the recoding we proceed as follows. We will identify $\Delta_{n}$ with new sets $\tilde{\Delta}$ conforming to Definition 2.1. Set $\tilde{\Delta}_{1}=\Delta_{1}=\left\{\left(r x^{*}\right): r \in R_{1}, x^{*} \in A_{1}^{*}\right\}$. For $n \geq 2$ we will identify $\Delta_{n}$ with $\tilde{\Delta}_{n}=\tilde{\Delta}_{j}^{(0)} \cup \tilde{\Delta}_{j}^{(1)}$. Assume this has be done for $j \leq n$. We let $\gamma \in \Delta_{n+1}$ and define $\tilde{\gamma}$ in the four cases above.
i) If $\gamma=\left(r x^{*}\right)$ with $r \in R_{j}$ and $x^{*} \in A_{j}^{*}$ for some $j \in \mathbb{N}$, and thus $\operatorname{rk}(\gamma)=m_{j}$, we let $\tilde{\gamma}=\left(m_{j}, 0,0, r x^{*}\right)$, i.e. we choose $\beta=0, b^{*}=0$ and $\left(r x^{*}\right)$ to be the free variable.

In the next three cases let $\xi, \eta$ and $k=\operatorname{rk}(\xi), \ell, m, r_{j}, j \leq \ell$, and $s_{j}, j \leq m$, be as above in (ii), (iii) and (iv), and let $\tilde{\xi}$ and $\tilde{\eta}$ be the recodings of $\xi$ and $\eta$.
ii) If $\gamma=\left(r_{1} x_{1}^{*}\right)$, with $\left|\operatorname{supp}_{\mathbf{E}^{*}}\right|>1$, we let $\tilde{\gamma}=\left(n+1,2 r_{1}, \frac{1}{2}\left(e_{\tilde{\xi}}^{*}+s_{m} e_{\tilde{\eta}}^{*}\right)\right)$.
iii) If $\gamma=\left(r_{1} x_{1}^{*}, r_{2} x_{2}^{*}\right)$, with $\left|\operatorname{supp}_{\mathbf{E}^{*}}\left(x_{1}^{*}\right)\right|=1$, let $\tilde{\gamma}=\left(n+1, r_{1}, k, \tilde{\xi}, r_{2}, e_{\tilde{\eta}}^{*}\right)$.
iv) If $\gamma=\left(r_{1} x_{1}^{*}, r_{2} x_{2}^{*}, \ldots, r_{\ell} x_{\ell}^{*}\right)$, with $\ell>2$ or $\left|\operatorname{supp}_{\mathbf{E}^{*}}\left(x_{1}^{*}\right)\right|>1$, let $\tilde{\gamma}=(n+$ $\left.1,1, k, \tilde{\xi}, r_{\ell}, e_{\tilde{\eta}}^{*}\right)$.

In cases (i) and (ii), $\tilde{\gamma}$ is of type 0 , while in the other cases it is of type 1 . In cases (ii),(iii) and (iv) the set of free variables is a singleton and we have thus suppressed it. Definition 2.2 yields that the Bourgain-Delbaen space corresponding to the $\tilde{\Delta}_{n}$ 's is exactly the same as the one obtained from the $\Delta_{n}$ 's above. Indeed, in (ii), (iii) and (iv) the definition of $c_{\tilde{\gamma}}^{*}$ involves the projections $P_{(k, n]}^{\mathbf{F}^{*}}$. But $P_{(k, n]}^{\mathbf{F}^{*}}\left(e_{\eta}^{*}\right)=e_{\eta}^{*}$ by Propositions 4.2 and 4.11. Also, from our construction, we note that (2.9) is satisfied for the $\tilde{\Delta}_{n}$ 's since the factors $r$ involved are all at most $2 c \leq 1 / 8$, unless the relevant $b^{*}=e_{\eta}^{*}$ and $c_{\eta}^{*}=0$, for some $\eta \in \Gamma$. It follows as in Remark 2.5, that $\mathbf{F}^{*}=\left(F_{j}^{*}\right)$ is an FDD for $\ell_{1}$, whose decomposition constant $M$ does not exceed 2 .

Let $\gamma=\left(r_{1} x_{1}^{*}, \ldots, r_{\ell} x_{\ell}^{*}\right) \in \Gamma, \ell \geq 2$. Then by iterating case (iv) we can compute the analysis of $e_{\gamma}^{*}$. Namely $e_{\gamma}^{*}=\sum_{j=3}^{\ell}\left(d_{\gamma_{j}}^{*}+r_{j} e_{\eta_{j}}^{*}\right)+e_{\gamma_{2}}^{*}$, where $\gamma_{j}=$ $\left(r_{1} x_{1}^{*}, \ldots, r_{\ell} x_{\ell}^{*}\right)$, for $2 \leq j \leq \ell$, and $\eta_{j}$ is the special $c$-decomposition of $x_{j}^{*}$, for $3 \leq j \leq \ell$. By considering the different cases where $\left|\operatorname{supp}_{\mathbf{E}^{*}}\left(x_{1}^{*}\right)\right|$ has one or more elements we have

$$
e_{\gamma}^{*}= \begin{cases}\sum_{j=1}^{\ell} d_{\gamma_{j}}^{*}+r_{j} e_{\eta_{j}}^{*} & \text { if }\left|\operatorname{supp}_{\mathbf{E}^{*}}\left(x_{1}^{*}\right)\right|=1  \tag{4.12}\\ \sum_{j=2}^{\ell}\left(d_{\gamma_{j}}^{*}+r_{j} e_{\eta_{j}}^{*}\right)+d_{\gamma_{1}}^{*}+r_{1} e_{\xi^{\prime}}^{*}+r_{1} s_{m} e_{\eta^{\prime}}^{*} & \text { if }\left|\operatorname{supp}_{\mathbf{E}^{*}}\left(x_{1}^{*}\right)\right|>1,\end{cases}
$$

where in the bottom displayed formula, using case (ii), $\xi_{1}^{\prime}=\left(s_{1} y_{1}^{*}, \ldots, s_{m-1} y_{m-1}^{*}\right)$, where $\left(s_{1} y_{1}^{*}, \ldots, s_{m-1} y_{m-1}^{*}, s_{m} y_{m}^{*}\right)$ is the special $c$-decomposi-tion of $x_{1}^{*}$ ) and $\eta^{\prime}$ is the special $c$-decomposition of $y_{m}^{*}$.

From 4.12, Corollary 3.14 and our construction using special $c$-decom-positions of elements of $D$, it follows that $\left(F_{i}\right)$ is a shrinking FDD, if $\left(E_{i}\right)$ is a shrinking FDD. Indeed, then the set $\left\{\left(\min \operatorname{supp}_{\mathbf{E}^{*}} x_{i}^{*}\right)_{i=1}^{\ell}:\left(r_{1} x_{1}^{*}, \ldots, r_{\ell} x_{\ell}^{*}\right) \in \Gamma\right\}$ is compact. From the analysis (4.12) we see that $\mathcal{C}=\{\operatorname{cuts}(\gamma): \gamma \in \Gamma\}$ is also compact.

To complete the proof of Theorem A it remains only to show that $X$ embeds into $Y$, the Bourgain-Delbaen space associated to $\left(\Delta_{n}\right)$. As in Sect. 2 we let $J_{m}: \ell_{\infty}\left(\Gamma_{m}\right) \rightarrow$ $Y \subset \ell_{\infty}(\Gamma)$ be the extension operator, for $m \in \mathbb{N}$.

Definition 4.3 For $i \in \mathbb{N}$, define $\phi_{i}: E_{i} \rightarrow \ell_{\infty}\left(\Delta_{m_{i}}\right)$ by $\phi_{i}(x)\left(r x^{*}\right)=r x^{*}(x)$. Define $\phi: c_{00}\left(\bigoplus_{i=1}^{\infty} E_{i}\right) \rightarrow Y=\overline{\bigcup_{m} Y_{m}} \subseteq \ell_{\infty}(\Gamma)$ by $\phi(x)=\sum_{i} J_{m_{i}} \circ \phi_{i}\left(P_{i}^{\mathbf{E}} x\right) \in$ $c_{00}\left(\bigoplus_{i=1}^{\infty} F_{m_{i}}\right)$.

In proving that $X$ embeds into $Y$ we will use the following connection between the functionals $e_{\gamma}^{*}$ and the elements $\gamma \in \Gamma$ deriving from the elements of $D$.

$$
\begin{equation*}
\text { If } n \notin\left\{m_{j}: j \in \mathbb{N}\right\} \quad \text { and } \quad \gamma=\left(r_{1} x_{1}^{*}, \ldots, r_{\ell} x_{\ell}^{*}\right) \in \Delta_{n} \text {, then } c_{\gamma}^{*}=\alpha e_{\xi}^{*}+\beta e_{\eta}^{*} \tag{4.13}
\end{equation*}
$$

where $\xi=\left(s_{1} y_{1}^{*}, s_{2} y_{2}^{*}, \ldots, s_{k} y_{k}^{*}\right)$ and $\eta=\left(t_{1} z_{1}^{*}, \ldots, t_{m} z_{m}^{*}\right)$ are in $\Delta_{n-1}$,

$$
\text { such that } \sum_{i=1}^{\ell} r_{i} x_{i}^{*}=\alpha \sum_{i=1}^{\ell} s_{i} y_{i}^{*}+\beta \sum_{i=1}^{\ell} t_{i} z_{i}^{*}
$$

This is easily verified using (ii), (iii) and (iv). Note that, since $A_{i}^{*} \subset B_{E_{i}^{*}}$ is ( $1-\varepsilon / 4$ )norming $E_{i},(1-\varepsilon / 4)\|x\| \leq\left\|\phi_{i}(x)\right\| \leq\|x\|$ for all $x \in E_{i}$.

Proposition 4.4 The map $\phi$ extends to an isomorphism of $X$ into $Y$, and

$$
(1-\varepsilon)\|x\| \leq\|\phi(x)\| \leq\|x\| \text { for all } x \in X
$$

Proof Using (4.13) and the definition of $\phi_{j}, j \in \mathbb{N}$, we deduce, by induction on the rank of $\gamma \in \Gamma$, that for all $\gamma=\left(r_{1} x_{1}^{*}, \ldots, r_{\ell} x_{\ell}^{*}\right) \in \Gamma$ and all $x \in c_{00}\left(\oplus_{j=1}^{\infty} E_{j}\right)$,

$$
e_{\gamma}^{*}(\phi(x))=\sum_{j=1}^{\ell} r_{j} x_{j}^{*}(x)
$$

Using the bimonotonicity of $\mathbf{E}$ in $X$, and the properties of the set $D \subset B_{X^{*}}$ as listed in Lemma 4.1 we obtain for $x \in c_{00}\left(\oplus_{j=1}^{\infty} E_{j}\right)$

$$
\begin{aligned}
(1-\varepsilon)\|x\| \leq \sup _{x^{*} \in D}\left|x^{*}(x)\right| & =\sup _{\gamma=\left(r_{1} x_{1}^{*}, \ldots, r_{\ell} x_{\ell}^{*}\right) \in \Gamma}\left|\sum_{i=1}^{\ell} r_{j} x_{j}^{*}(x)\right| \\
& =\sup _{\gamma \in \Gamma}\left|e_{\gamma}^{*}(\phi(x))\right| \leq\|x\|
\end{aligned}
$$

which implies our claim.
We will be using the construction of $Y$ and all the terminology and notation of that construction in the next two sections. In the proof of Theorems B and C we will also be using the construction for $V$ replacing $X$ where $V$ has a normalized bimonotone basis $\left(v_{i}\right)_{i=1}^{\infty}$. In this case the $v_{i}$ 's play the role of the $E_{i}$ 's, more precisely $E_{i}$ is replaced by $\operatorname{span}\left(v_{i}\right)$. To help distinguish things we will write $B D_{X}$ and $B D_{V}$ for the respective $\mathcal{L}_{\infty}$ spaces containing isomorphs of $X$ and $V$.

Finally, it is perhaps worth noting that, in the $V$ case we could alter the proof slightly by allowing the scalars $R_{i}$ to be negative and $\varepsilon_{i} / 8$-dense in $[-1,1] \backslash\{0\}$ and take $A_{j}^{*}=\left\{\frac{1}{1+\varepsilon / 4} v_{j}^{*}\right\}$. In the case that $\left(v_{i}\right)$ is also 1 -unconditional we can use $A_{j}^{*}=\left\{v_{j}^{*}\right\}$ (see the second part of Lemma 4.1). We would then obtain

Corollary 4.5 Let $V$ be a Banach space with a normalized bimonotone shrinking basis $\left(v_{i}\right)_{i=1}^{\infty}$. Then $W$ embeds into a $\mathcal{L}_{\infty}$ space $Z$, with a shrinking basis $\left(z_{i}\right)_{i=1}^{\infty}$ so that $\left(v_{i}\right)_{i=1}^{\infty}$ is equivalent to some subsequence of $\left(z_{i}\right)_{i=1}^{\infty}$.

In case that $V$ is the Tsirelson space $T_{c, \alpha}$ the construction of a Bourgain-Delbaen space containing $V$ becomes simpler.

Remark 4.6 Let $X$ be the Tsirelson space $T_{c, \alpha}$, where $\alpha<\omega_{1}$ and $c \leq 1 / 16$. In $T_{c, \alpha}^{*}$ there is a natural choice for the set $D$ satisfying the conditions of Lemma 4.1 (1-unconditional case). Indeed, we let $D=\bigcup_{n=0}^{\infty} D_{n}$, where $D_{n}, n \geq 0$ is defined by induction

$$
\begin{align*}
& D_{0}=\left\{ \pm e_{j}^{*}: j \in \mathbb{N}\right\} \text { and assuming } D_{0}, D_{1} \ldots D_{n} \text { have been defined we let } \\
& D_{n+1}=\left\{\begin{array}{l}
k \geq 2, x_{i}^{*} \in \bigcup_{j=0}^{n} D_{j}, \text { for } i \leq k, \\
\left.c \sum_{i=1}^{k} x_{i}^{*}: \begin{array}{l}
\left\{\min \operatorname{supp}\left(x_{i}^{*}\right): i \leq k\right\} \in S_{\alpha}, \text { and } \\
\max \operatorname{supp}\left(x_{i}^{*}\right)<\min \operatorname{supp}\left(x_{i+1}^{*}\right), \text { if } i<k .
\end{array}\right\} .
\end{array}\right. \tag{4.14}
\end{align*}
$$

In that case $D$ 1-norms $T_{c, \alpha}$ and $\Gamma$ also has a simple form in this case:
$\Gamma_{\alpha, c}=\left\{\begin{array}{c}\ell \geq 2, x_{i}^{*} \in D, \text { for } i \leq \ell, \\ \left(c x_{1}^{*}, c x_{2}^{*}, \ldots, c x_{\ell}^{*}\right): \\ \\ \\ \\ \\ \left.m \max \operatorname{supp}\left(x_{i}^{*}\right): i \leq \ell\right\} \in S_{\alpha}, \text { and } \\ \operatorname{man} \operatorname{supp}\left(x_{i+1}^{*}\right), \text { if } i<\ell,\end{array}\right\} \cup D_{0}$.
Our construction in Theorem A leads then to a Bourgain-Delbaen space containing isometrically $T_{c, \alpha}$ and it is very similar (but simpler) than the construction in [4] where a mixed Tsirelson space was used instead of $T_{c, \alpha}$.

In summary, our proof of Theorem A, then yields the following theorem.
Theorem 4.7 Let $X$ be a Banach space with a bimonotone $F D D \mathbf{E}=\left(E_{j}\right)$ and let $\varepsilon>0$. Then $X$ embeds into a Bourgain-Delbaen space $Z$ having an $F D D \mathbf{F}=\left(F_{j}\right)$, such that
a) For $n \in \mathbb{N}$, there are embeddings $\phi_{n}: E_{n} \rightarrow F_{m_{n}}$, so that

$$
\phi: c_{00}\left(\oplus_{n=1}^{\infty} E_{n}\right) \rightarrow Z, \quad \sum x_{n} \mapsto \sum \phi_{n}\left(x_{n}\right)
$$

extends to an isomorphism from $X$ into $Z$ with $(1-\varepsilon)\|x\| \leq\|\phi(x)\| \leq\|x\|$ for $x \in X$.
b) $\mathbf{F}$ is shrinking (in $Z$ ) if $\mathbf{E}$ is shrinking (in $X$ ).

From Theorem 4.7 and [12, Corollary 3.5] we obtain

Corollary 4.8 There exists a collection $\left\{Y_{\alpha}: \alpha<\omega_{1}\right\}$ of $\mathcal{L}_{\infty, 2}$ spaces such that $Y_{\alpha}^{*}$ is 2-isomorphic to $\ell_{1}$, and $Y_{\alpha}$ is universal for the class $\mathcal{D}_{\alpha}=\{X: X$ separable and $\left.S_{z}(X) \leq \alpha\right\}$, for all $\alpha<\omega_{1}$.

## 5 The proof of Theorems B and C

The constructions which will be used to prove Theorems B and C are augmentations of sequences of Bourgain-Delbaen sets as introduced in Sect. 2.

Definition 5.1 Assume that ( $\Delta_{n}$ ) is a sequence of Bourgain-Delbaen sets, and assume that ( $\Delta_{n}$ ) satisfies the assumptions of Proposition 2.4 with $C<\infty$, and hence $M<\infty$. We denote the Bourgain-Delbaen space associated with $\left(\Delta_{n}\right)$ by $Y$ and its FDD by $\mathbf{F}=\left(F_{n}\right)$. Since we will deal with different Bourgain-Delbaen spaces we denote from now on the projections $P_{A}$ of $Y$ onto $\oplus_{j \in A} F_{j}, A \subset \mathbb{N}$ finite or cofinite, by $P_{A}^{\mathbf{F}}$.

An augmentation of $\left(\Delta_{n}\right)$, is then a sequence of finite, possibly empty, sets $\left(\Theta_{n}\right)$ having the property that $\left(\bar{\Delta}_{n}\right):=\left(\Delta_{n} \cup \Theta_{n}\right)$ is again a sequence of Bourgain-Delbaen sets. More concretely, this means the following. $\Theta_{1}$ is a finite set and assuming that for some $n \in \mathbb{N},\left(\Theta_{j}\right)_{j=1}^{n}$ have been chosen, we let $\bar{\Delta}_{j}=\Delta_{j} \cup \Theta_{j}, \Lambda_{j}=\bigcup_{i=1}^{j} \Theta_{i}$, and $\bar{\Gamma}_{j}=\bigcup_{i=1}^{j} \bar{\Delta}_{i}$, for $j \leq n$, where $\Theta_{n+1}$ is the union of two sets, $\Theta_{n+1}^{(0)}$ and $\Theta_{n+1}^{(1)}$, which satisfy the following conditions.
$\Theta_{n+1}^{(0)}$ is finite and

$$
\begin{equation*}
\Theta_{n+1}^{(0)} \subset\left\{\left(n+1, \beta, b^{*}, f\right): \beta \in[0,1], b^{*} \in B_{\ell_{1}\left(\bar{\Gamma}_{n}\right)}, \text { and } f \in W_{\left(n+1, \beta, b^{*}\right)}\right\} \tag{5.1}
\end{equation*}
$$

where $W_{\left(n+1, \beta, b^{*}\right)}$ is a finite set for $\beta \in[0,1]$ and $b^{*} \in B_{\ell_{1}\left(\bar{\Gamma}_{n}\right)}$.
$\Theta_{n+1}^{(1)}$ is finite and

$$
\Theta_{n+1}^{(1)} \subset\left\{\left(n+1, \alpha, k, \bar{\xi}, \beta, b^{*}, f\right): \begin{array}{c}
\alpha, \beta \in[0,1],  \tag{5.2}\\
\bar{\xi} \in\{1,2, \ldots n-1\}, \\
\\
\text { and } f \in b^{*} \in B_{\left(n+1, \alpha, k, \bar{\xi}, \beta, b^{*}\right)}
\end{array}\right\}
$$

where $W_{\left(n+1, \alpha, k, \bar{\xi}, \beta, b^{*}\right)}$ is a finite set for $\alpha \in[0,1], k \in\{1,2, \ldots, n-1\}, \bar{\xi} \in \bar{\Delta}_{k}$, $\beta \in[0,1]$, and $b^{*} \in B_{\ell_{1}\left(\bar{\Gamma}_{n} \backslash \bar{\Gamma}_{k}\right)}$.

We denote the corresponding functionals (see Definition 2.2) by $c_{\bar{\gamma}}^{*}$ for $\bar{\gamma} \in \bar{\Gamma}$. We require also that $\left(\bar{\Delta}_{n}\right)$ satisfies the conditions of Proposition 2.4 , so that $\overline{\mathbf{F}}^{*}=\left(\bar{F}_{n}^{*}\right)$, with $\bar{F}_{n}^{*}=\operatorname{span}\left(e_{\bar{\gamma}}^{*}: \bar{\gamma} \in \bar{\Delta}_{n}\right)$ is an FDD of $\ell_{1}(\bar{\Gamma})$ whose decomposition constant $\bar{M}$ can be estimated as in Proposition 2.4. We denote then the associated BourgainDelbaen space by $Z$, and its FDD by $\overline{\mathbf{F}}=\left(\bar{F}_{n}\right)$. As in Sect. 2, we denote the projections from $Z$ onto $\oplus_{i=k}^{m} \bar{F}_{i}$, by $P_{[k, m]}^{\overline{\mathbf{F}}}$, if $k<m$, or by $P_{k}^{\overline{\mathbf{F}}}$, if $k=m$. The restriction operator from $\ell_{\infty}(\bar{\Gamma})$ onto $\ell_{\infty}\left(\bar{\Gamma}_{n}\right)$ or $\ell_{1}(\bar{\Gamma})$ onto $\ell_{1}\left(\bar{\Gamma}_{n}\right)$ is denoted by $\bar{R}_{n}$ and the extension operator from $\ell_{\infty}\left(\bar{\Gamma}_{n}\right)$ to $\oplus_{j=1}^{m} \bar{F}_{j} \subset Z \subset \ell_{\infty}(\bar{\Gamma})$ is denoted by $\bar{J}_{m}$.

Note that by Corollary 3.14, under assumption (2.9), $\overline{\mathbf{F}}$ is shrinking in $Z$ if $\{\operatorname{cuts}(\gamma)$ : $\gamma \in \Gamma\}$ is compact.

Remark 5.2 In general $Y$ is not a subspace of $Z$. Nevertheless it follows from Proposition 2.6 that $F_{m}$ is naturally isometrically embedded into $\bar{F}_{m}$ for $m \in \mathbb{N}$. Indeed, the map

$$
\psi_{m}: F_{m} \rightarrow \bar{F}_{m}, \quad x \mapsto \bar{J}_{m} J_{m}^{-1}(x)=\bar{J}_{m}\left(\left.x\right|_{\Delta_{m}}\right)
$$

is an isometric embedding (where we consider $\ell_{\infty}\left(\Delta_{m}\right)$ to be naturally embedded into $\ell_{\infty}\left(\bar{\Delta}_{m}\right)$ and $\ell_{\infty}\left(\bar{\Delta}_{m}\right)$ naturally embedded into $\left.\ell_{\infty}\left(\bar{\Gamma}_{m}\right)\right)$. We put

$$
\begin{equation*}
\psi: c_{00}\left(\oplus_{j=1}^{\infty} F_{j}\right) \mapsto c_{00}\left(\oplus_{j=1}^{\infty} \bar{F}_{j}\right), \quad\left(x_{j}\right) \mapsto\left(\psi_{j}\left(x_{j}\right)\right) \tag{5.3}
\end{equation*}
$$

We define $\psi$ on $\left(\oplus_{j=1}^{\infty} F_{j}\right)_{\ell_{\infty}}$ by $\psi\left(\left(x_{j}\right)_{j=1}^{\infty}\right)=\left(\psi_{j}\left(x_{j}\right)\right)_{j=1}^{\infty} \in \prod_{j=1}^{\infty} \bar{F}_{j}$, a sequence in $\left(\bar{F}_{j}\right)_{j=1}^{\infty}$. Note that if $\bar{\gamma} \in \Lambda_{n}$ then we can regard, for $x=\left(x_{j}\right) \in\left(\oplus F_{j}\right)_{\ell_{\infty}}$, $c_{\bar{\gamma}}^{*}(\psi(x))=c_{\gamma}^{*}\left(\sum_{j=1}^{n} \psi_{j}\left(x_{j}\right)\right)$. It is worth noting that for $y \in c_{00}\left(\oplus_{j=1}^{\infty} F_{j}\right),\left.\psi(y)\right|_{\Gamma}=$ $y$. Thus $\psi$ extends such elements to elements of $Z$. However this extension is not necessarily bounded on $Y$. In any event, if we define $\pi(z)=\left.z\right|_{\Gamma}$ for $z \in Z$ then $\pi: Z \rightarrow Y$.

The following provides a sufficient criterium for a subspace of $Y$ to also embed into the augmented space $Z$.

Proposition 5.3 Assume that $X$ is a subspace of the Bourgain-Delbaen space $Y$ with $F D D \mathbf{F}=\left(F_{j}\right)$ and which is associated to a Bourgain-Delbaen sequence $\left(\Delta_{n}\right)$. Assume moreover that $c_{00}\left(\oplus_{j=1}^{\infty} F_{j}\right) \cap X$ is dense in $X$.

Let $\left(\Theta_{n}\right)$ be an augmentation of $\left(\Delta_{n}\right)$ with an associated space $Z$, and assume that $\left|c_{\bar{\gamma}}^{*}(\psi(x))\right| \leq c_{X}\|x\|$ for all $\bar{\gamma} \in \Lambda=\bigcup_{j \in \mathbb{N}} \Lambda_{j}$ and all $x \in X$. Then $\psi$ embeds $X$ into $Z$ and $\|x\| \leq\|\psi(x)\| \leq \max \left(1, c_{X}\right)\|x\|$. Furthermore, for $x \in X, \pi(\psi(x))=x$. Thus $\pi: \psi(X) \rightarrow X$ is the inverse isomorphism of $\left.\psi\right|_{X}$.

Remark 5.4 In [17;24, Lemma 3.1] it was shown that every separable Banach space $X$ can be embedded into a Banach space $W$ with FDD $\mathbf{E}=\left(E_{j}\right)$, so that $X \cap c_{00}\left(\oplus_{j=1}^{\infty} E_{j}\right)$ is dense in $X$. Moreover, $\left(E_{j}\right)$ can be chosen to be shrinking if $X^{*}$ is separable. Using the construction of Theorem A, we can therefore embed $W$ into a Bourgain-Delbaen space $Y$ which has an FDD $\mathbf{F}=\left(F_{j}\right)$ so that $E_{j}$ embeds into $F_{m_{j}}$ for some increasing sequence $\left(m_{j}\right)$. It follows therefore that the image of $X$ under the embedding into $Y$ has the property needed in Proposition 5.3.

Proof of Proposition 5.3 For $x \in X$ and $\bar{\gamma} \in \bar{\Gamma}$ we first estimate $e_{\bar{\gamma}}^{*}(\psi(x))$. If $\gamma \in \Gamma$ then $e_{\gamma}^{*}(\psi(x))=e_{\gamma}^{*}(x)$, and thus it follows that $\|\psi(x)\| \geq\|x\|_{\ell_{\infty}(\Gamma)}=\|x\|$ for all $x \in X$ and $\pi(\psi(x))=x$. If $\bar{\gamma} \in \Lambda$ it follows that

$$
\left|e_{\bar{\gamma}}^{*}(\psi(x))\right|=\left|c_{\bar{\gamma}}^{*}(\psi(x))\right| \leq c_{X}\|x\|
$$

and therefore the restriction of $\psi$ to $X$ is a bounded operator, still denoted by $\psi$, from $X$ to $\ell_{\infty}(\bar{\Gamma})$, and $\|\psi\| \leq \max \left(c_{X}, 1\right)$.

We still need to show that the image of $X$ under $\psi$ is contained in $Z$. However $\psi\left(X \cap c_{00}\left(\oplus_{j=1}^{\infty} F_{j}\right)\right) \subset Z$ since $\psi\left(X \cap F_{j}\right) \subset \psi\left(F_{j}\right) \subset \bar{F}_{j} \subset Z$ for all $j \in \mathbb{N}$. Thus the image of $\psi$ on a dense subspace of $X$ is contained in $Z$, and hence $\psi(X) \subset Z$.

Theorem 5.5 Let Y be the Bourgain-Delbaen space associated to a sequence of sets $\left(\Delta_{n}\right)$ and let $\mathbf{F}=\left(F_{n}\right)$ be the FDD of $Y$. Let $X$ be a subspace of $Y$ and assume that $c_{00}\left(\oplus_{j=1}^{\infty} F_{j}\right) \cap X$ is dense in $X$ and let $V$ be a space with a 1-unconditional, and normalized basis ( $v_{n}$ ).

Then there is an augmentation $\left(\Theta_{n}\right)$ of $\left(\Delta_{n}\right)$ with an associated space $Z$ and with $F D D \overline{\mathbf{F}}=\left(\bar{F}_{n}\right)$ so that the following hold.
a) $X$ embeds isometrically into $Z$ via $\psi$.
b) If $\mathbf{F}$ and $\left(v_{i}\right)$ are shrinking, then $\overline{\mathbf{F}}$ is also shrinking and, thus, $Z^{*}$ is isomorphic to $\ell_{1}$. Furthermore, if $\left(z_{n}\right)$ is a normalized block basis in $Z$, with the property that

$$
\delta_{0}=\inf _{n \in N} \operatorname{dist}\left(z_{n}, \psi(X)\right)>0
$$

then $\left(z_{n}\right)$ has a subsequence $\left(z_{n}^{\prime}\right)$ which dominates $\left(v_{k_{n}}\right)$ where $k_{n}=\max \operatorname{supp}_{\overline{\mathbf{F}}}$ $\left(z_{n}^{\prime}\right)+1$, for $n \in \mathbb{N}$.
c) If $X$ has an $F D D \mathbf{E}=\left(E_{n}\right)$, with the property that $E_{n} \subset F_{n}$, for $n \in \mathbb{N}$, then in this case we can choose $\left(\Theta_{n}\right)$ so that

$$
c_{\bar{\gamma}}^{*}(\psi(x))=0, \quad \text { whenever, } \bar{\gamma} \in \Lambda=\bigcup_{j=1}^{\infty} \Theta_{j} \text { and } x \in X \text {. }
$$

Moreover every normalized block sequence $\left(z_{n}\right)$ satisfying

$$
\begin{align*}
& \max \operatorname{supp}_{\overline{\mathbf{F}}}\left(z_{n}\right)+n+2<\min \operatorname{supp}_{\overline{\mathbf{F}}}\left(z_{n+1}\right) \\
& \text { and } \delta_{0}=\inf _{n \in N} \operatorname{dist}\left(z_{n}, \psi(X)\right)>0, \tag{5.4}
\end{align*}
$$

dominates $\left(v_{k_{n}}\right)$, where $k_{n}=\max \operatorname{supp}_{\overline{\mathbf{F}}}\left(z_{n}\right)+1$.
Remark 5.6 In case (c) we allow some $E_{n}$ to be the nullspace $\{0\}$. As noted in the introduction, this will be convenient. In the case of Theorem A, we actually had $E_{j} \subset F_{m_{j}}$, but we choose to simplify the notation in the arguments below.

Proof of Theorem 5.5 The construction of ( $\Theta_{n}$ ) will differ slightly depending on whether $X$ has an FDD or not.

We use the construction of Sect. 4 for the space $V$ with $c \leq 1 / 16$ using as an FDD for $V$ the basis $\left(v_{i}\right)_{i=1}^{\infty}$ and $A_{j}^{*}=\left\{ \pm v_{j}^{*}\right\}$ for all $j \in \mathbb{N}$. We write $D^{V}, \Delta_{n}^{V}, \Gamma_{n}^{V}, \ldots$ to distinguish these sets from $\Delta_{n}, \Gamma_{n}, \ldots$ which came from the construction of $Y$. Thus we obtain a $\mathcal{L}_{\infty}$ space $Y^{V}$ and a $\frac{1}{1-\varepsilon}$-embedding (see Proposition 4.4) $\phi^{V}: V \rightarrow Y^{V}$. The numbers $\varepsilon<c$ and $\left(\varepsilon_{n}\right) \subset(0, c)$ satisfy, as in Sect. 4, the condition (4.1).

Now $D^{V}=D$ is as defined in the unconditional case of Lemma 4.1 for the space $V$. We also note that in the case that $V$ is the Tsirelson space, $T_{c, \alpha}$ with $\alpha<\omega_{1}$ and $c \leq 1 / 16$ we could use $D^{V}$ and $\Gamma^{V}=\Gamma_{c, \alpha}$ as defined in Remark 4.6.

We define by induction for all $n \in \mathbb{N}$ the sets $\Theta_{n}$ and the sets $\Theta_{n}^{(0)}$ and $\Theta_{n}^{(1)}$, if $n \geq 2$, satisfying (5.1) and (5.2). Moreover, we also define a map $\Theta_{n} \rightarrow \Gamma^{V}, \bar{\gamma} \mapsto \bar{\gamma}^{V}$ so that

$$
\begin{aligned}
& \operatorname{cuts}(\bar{\gamma}) \text { is a spread of } \\
& \left\{\min \operatorname{supp}_{V^{*}}\left(x_{1}^{*}\right), \min \operatorname{supp}_{V^{*}}\left(x_{2}^{*}\right), \ldots, \min \operatorname{supp}_{V^{*}}\left(x_{\ell}^{*}\right)\right\} \text {, } \\
& \text { where } \bar{\gamma}^{V}=\left(x_{1}^{*}, x_{2}^{*}, \ldots, x_{\ell}^{*}\right) \in \Gamma^{V}, \\
& \text { for } \bar{\gamma} \in \Theta_{n}, \text { and } \max \operatorname{supp}_{V^{*}}\left(\bar{\gamma}^{V}\right) \leq n .
\end{aligned}
$$

The set of free variables will be a singleton, and $\alpha$ will always be chosen to be 1 in (5.2), so we suppress the free variable and $\alpha$, in the definition of the elements of $\Theta_{n}$.

To start the recursive construction we put $\Theta_{1}=\emptyset$, and assuming $\Theta_{j}^{(0)}$ and $\Theta_{j}^{(1)}$ have been chosen for all $j \leq n$, we proceed as follows. $\Lambda_{j}$, and $\bar{\Gamma}_{j}, j \leq n, \bar{F}_{j}^{*}$ and $P_{(k, j]}^{\overline{\mathbf{F}}^{*}}, 0 \leq k<j \leq n$, are given as in Definition 5.1. Since $Y$ is a subspace of $\ell_{\infty}(\Gamma)$, and since $\Gamma_{n} \subset \bar{\Gamma}_{n}, e_{\bar{\gamma}}^{*}, \bar{\gamma} \in \bar{\Gamma}_{n}$, is a well defined functional on $Y$ (and thus on $X$ ). The map $\psi: X \rightarrow \prod_{j=1}^{\infty} \bar{F}_{j}$ will be defined ultimately as in (5.3). At this point for $x \in X,\left.\psi(x)\right|_{\bar{\Gamma}_{n}}$ is defined and so $e_{\bar{\gamma}}^{*}(\psi(x))=c_{\bar{\gamma}}^{*}(\psi(x))$ is defined for $\bar{\gamma} \in \bar{\Gamma}_{n}$. Thus we can choose for $0 \leq k<n$, finite sets

$$
B_{(k, n]} \subset \begin{cases}\left\{b^{*} \in B_{\ell_{1}\left(\bar{\Gamma}_{n} \backslash \bar{\Gamma}_{k}\right)}:\left.P_{(k, n]}^{\overline{\mathbf{F}} *}\left(b^{*}\right)\right|_{\psi(X)} \equiv 0\right\}, & \text { assuming } X \text { has an FDD } \\ B_{\ell_{1}\left(\bar{\Gamma}_{n} \backslash \bar{\Gamma}_{k}\right)}, & \text { no assumptions on } X\end{cases}
$$

which are symmetric and $\varepsilon_{n+1} /(2 M+4)$ dense in their respective supersets. Then we put

$$
\begin{aligned}
& \Theta_{n+1}^{(0)}=\Theta_{n+1}^{(0,1)} \cup \Theta_{n+1}^{(0,2)} \\
& \text { with } \\
& \Theta_{n+1}^{(0,1)}=\left\{\left(n+1, r c, b^{*}\right):\left(r v_{n+1}^{*}\right) \in \Gamma^{V} \text { and } b^{*} \in B_{(0, n]}\right\} \\
& \Theta_{n+1}^{(0,2)}=\left\{\begin{array}{ll}
\bar{\eta} \in \Lambda_{n}, \exists x^{*} \in D^{V} \text { so that } \\
\left(n+1, r, e_{\bar{\eta}}^{*}\right): & \left(r x^{*}\right) \in \Gamma^{V} \text { with }\left|\operatorname{supp}_{V^{*}}\left(x^{*}\right)\right|>1 \text { and } \\
\bar{\eta}^{V} \text { is the special c-decomposition of } x^{*}
\end{array}\right\},
\end{aligned}
$$

and

$$
\begin{aligned}
& \Theta_{n+1}^{(1)}=\Theta_{n+1}^{(1,1)} \cup \Theta_{n+1}^{(1,2)} \text { with } \\
& \Theta_{n+1}^{(1,1)}=\left\{\begin{array}{ll} 
& k<n, \bar{\xi} \in \Theta_{k}, b^{*} \in B_{(k, n]} \\
\bar{\gamma}=\left(n+1, k, \bar{\xi}, r c, b^{*}\right): & \left(\bar{\xi}^{V}, r v_{n+1}^{*}\right) \in \Gamma_{n+1}^{V} \\
\text { with }\left|c_{\bar{\gamma}}^{*}(\psi(x))\right| \leq\|x\| \\
\text { for all } x \in X
\end{array}\right\}
\end{aligned}
$$

$$
\Theta_{n+1}^{(1,2)}=\left\{\begin{aligned}
& k<n, \bar{\xi} \in \Theta_{k}, \eta \in \Lambda_{n}, \exists x^{*} \in D^{V} \\
& \text { with }\left|\operatorname{supp}\left(x^{*}\right)\right|>1, \text { so that } \\
& \bar{\gamma}=\left(n+1, k, \bar{\xi}, r, e_{\bar{\eta}}^{*}\right):\left(\bar{\xi}^{V}, r x^{*}\right) \in \Gamma_{n+1}^{V}, \text { and } \bar{\eta}^{V} \text { is the } \\
& \text { special } c \text {-decomposition of } x^{*} \\
& \text { with }\left|c_{\bar{\gamma}}^{*}(\psi(x))\right| \leq\|x\| \\
& \text { for all } x \in X
\end{aligned}\right\} .
$$

Note that for $\left(n+1, r, e_{\bar{\eta}}^{*}\right) \in \Theta_{n+1}^{(0,2)}$ or $\left(n+1, k, \bar{\xi}, r, e_{\bar{\eta}}^{*}\right) \in \Theta_{n+1}^{(1,2)}$ we have that $r \leq c$ since $\left|\operatorname{supp}\left(x^{*}\right)\right|>1$. We define for $\bar{\gamma} \in \Lambda_{n}, n \geq 2$,

$$
\bar{\gamma}^{V}= \begin{cases}\left(r v_{n+1}^{*}\right) & \text { if } \bar{\gamma}=\left(n+1, r c, b^{*}\right) \in \Theta_{n+1}^{(0,1)}, \\ \left(r x^{*}\right) & \text { if } \bar{\gamma}=\left(n+1, r, e_{\bar{\eta}}^{*}\right) \in \Theta_{n+1}^{(0,2)}, \\ \left(\bar{\xi}^{V}, r v_{n+1}^{*}\right) & \text { if } \bar{\gamma}=\left(n+1, k, \bar{\xi}, r c, b^{*}\right) \in \Theta_{n+1}^{(1,1)}, \\ \left(\bar{\xi}^{V}, r x^{*}\right) & \text { if } \bar{\gamma}=\left(n+1, k, \bar{\xi}, r, e_{\eta}^{*}\right) \in \Theta_{n+1}^{(1,1)}, \\ & \text { where } \bar{\eta}^{V} \text { is the special c-decomposition of } x^{*} .\end{cases}
$$

Then condition (5.5) follows immediately for the elements of $\Theta_{n+1}^{(0)}$, while an easy induction argument proves it also for the elements of $\Theta_{n+1}^{(1)}$. It is worth pointing out that $\left\{\bar{\gamma}^{V}: \bar{\gamma} \in \Lambda\right\}$ is a proper subset of $\Gamma^{V}$, but nevertheless is sufficiently large for our purposes.

Proposition 2.4 yields that $\left(\bar{\Delta}_{n}\right)$ admits an associated Bourgain-Delbaen space $Z$ with FDD $\overline{\mathbf{F}}=\left(\bar{F}_{j}\right)$ whose decomposition constant $\bar{M}$ is not larger than $\max (M, 1 /$ $(1-2 c)) \leq \max (M, 2)$, where $M$ is the decomposition constant of $\left(F_{j}\right)$. If $\left(F_{j}\right)$ and $\left(v_{n}\right)$ are both shrinking in $V$, and thus, the optimal $c$-decompositions of elements of $B_{V^{*}}$ are admissible with respect to some compact subset of $[\mathbb{N}]^{<\omega}$, our condition (5.5) together with Theorem 3.11 and Corollary 3.14 yield that the FDD $\overline{\mathbf{F}}=(\overline{\mathbf{F}})$ is shrinking in $Z$. The definition of $\Theta_{n}^{(1)}$ together with Proposition 5.3 imply that $\psi$ isomorphically embeds $X$ into $Z$.

To verify parts (b) and (c) of our Theorem and will need the following
Lemma 5.7 Let $\left(z_{j}^{*}\right)$ be a block basis in $Z^{*}$ with respect to $\overline{\mathbf{F}}^{*}$ and $\left(\delta_{j}\right) \subset[0,1]$ with $\sum_{j \in \mathbb{N}} \delta_{j} \leq 1$. Assume that $\left|z_{j}^{*}(\psi(x))\right| \leq \delta_{j}$ for all $j \in \mathbb{N}$ and $x \in B_{X}$. Defineforn $\in \mathbb{N}$ $p_{n}=\min \operatorname{supp}_{\overline{\mathbf{F}}^{*}}\left(z_{n}^{*}\right)-1$ and $q_{n}=\max \operatorname{supp}_{\overline{\mathbf{F}}^{*}}\left(z_{n}^{*}\right)+1\left(\right.$ thus $\left.\operatorname{supp}_{\overline{\mathbf{F}}^{*}}\left(z_{n}^{*}\right) \subset\left(p_{n}, q_{n}\right)\right)$ and assume that

$$
\begin{equation*}
z_{n}^{*}=P_{\left(p_{n}, q_{n}\right)}^{\overline{\mathbf{F}} *}\left(\tilde{z}_{n}^{*}\right) \text { for some } \tilde{z}_{n}^{*} \in B_{\left(q_{n}, p_{n}\right)}, \quad \text { and } \quad q_{n}+n<p_{n+1} \tag{5.6}
\end{equation*}
$$

Thenfor any sequence $\left(\beta_{j}\right)_{j=1}^{N}$ with $w^{*}=\sum_{j=1}^{N} \beta_{j} v_{q_{j}}^{*} \in D^{V}$ there exists $\bar{\gamma} \in \Lambda_{N+q_{N}}$ so that

$$
\begin{align*}
P_{\left(p_{n}, q_{n}\right)}^{\overline{\mathbf{F}}^{*}}\left(e_{\bar{\gamma}}^{*}\right) & =c \beta_{n} z_{n}^{*}, \quad \text { for all } n \leq N, \quad \text { and } \\
P^{\overline{\mathbf{F}}^{*}}\left(e_{\bar{\gamma}}^{*}\right)(\psi(x)) & =\sum_{n=1}^{N} c \beta_{n} z_{n}^{*}(\psi(x)) \quad \text { if } x \in X . \tag{5.7}
\end{align*}
$$

Proof We prove our claim by induction on $N \in \mathbb{N}$. If $N=1$ then $w^{*}= \pm v_{q_{1}}^{*}$, and we let $\bar{\gamma}=\left(q_{n}, c, \pm \tilde{z}_{1}^{*}\right) \in \Theta_{q_{1}}^{(0,1)}$. Then $e_{\bar{\gamma}}^{*}=d_{\bar{\gamma}}^{*} \pm c \tilde{z}_{1}^{*}$ and $P_{\left(p_{1}, q_{1}\right)}^{\overline{\mathbf{F}}^{*}}\left(e_{\bar{\gamma}}^{*}\right)= \pm c z_{1}^{*}$, depending on whether $\beta_{1}= \pm 1$. Since $d_{\gamma}^{*}(\psi(x))=0$ for $x \in X$ we also deduce the second part of (5.7).

Assume that our claim holds true for $N$ and let $w^{*}=\sum_{j=1}^{N+1} \beta_{j} v_{q_{j}}^{*} \in D^{V}$. Then, by our choice of $D^{V}$ (see Lemma 4.1), $w^{*}$ has a special $c$-decomposition $\left(r_{1} w_{1}^{*}, \ldots, r_{\ell} w_{\ell}^{*}\right)$, and we write $w_{j}^{*}$ as $w_{j}^{*}=\sum_{i=N_{j-1}+1}^{N_{j}} \beta_{i}^{(j)} v_{q_{i}}^{*}$ with $\beta_{i}^{(j)}=\beta_{i} / r_{j}$, for $j \leq \ell$ and $N_{j-1}+1 \leq i \leq N_{j}$ and $N_{0}=0<N_{1}<\ldots N_{\ell}=N+1$. Since $\ell \geq 2$, we can apply the induction hypothesis to each $w_{j}^{*}$ and obtain $\bar{\eta}_{j} \in \Lambda_{q_{N_{j}}}+N_{j}-N_{j-1}, j=1,2 \ldots \ell$, so that $P_{\left(p_{n}, q_{n}\right)}^{\overline{\mathbf{F}}^{*}}\left(e_{\bar{\eta}_{j}}^{*}\right)=c \beta_{n}^{(j)} z_{n}^{*}$ if $N_{j-1}<n \leq N_{j}$. Now let

$$
\bar{\gamma}_{1}= \begin{cases}\left.\left(q_{1}, c r_{1}, \operatorname{sign}\left(\beta_{1}\right) \tilde{z}_{1}^{*}\right)\right\} & \text { if }\left|\operatorname{supp}\left(w_{1}^{*}\right)\right|=1 \\ \left(p_{N_{1}+1}, r_{1}, e_{\bar{\eta}_{1}}^{*}\right) & \text { if }\left|\operatorname{supp}\left(w_{1}^{*}\right)\right|>1\end{cases}
$$

Note that, in the second case, by assumption (5.6) $q_{N_{1}}+N_{1}<p_{N_{1}+1}$ and thus $\bar{\eta}_{1} \in \Lambda_{p_{N_{1}+1}-1}$. Assuming we have chosen $\bar{\gamma}_{j-1}$, for $2 \leq j \leq \ell$ we let

$$
\bar{\gamma}_{j}= \begin{cases}\left(q_{N_{j}}, \bar{\gamma}_{j-1}, c r_{j}, \operatorname{sign}\left(\beta_{N_{j}}\right) \tilde{z}_{N_{j}}^{*}\right) & \text { if }\left|\operatorname{supp}\left(w_{1}^{*}\right)\right|=1 \\ \left(q_{N_{j}}+N_{j}-N_{j-1}+1, \bar{\gamma}_{j-1}, \operatorname{rk}\left(\gamma_{j-1}\right), r_{j}, e_{\bar{\eta}_{j}}^{*}\right) & \text { if }\left|\operatorname{supp}\left(w_{1}^{*}\right)\right|>1\end{cases}
$$

Using the induction hypothesis on the $\bar{\eta}_{j}$ 's, we deduce by induction on $j=1, \ldots \ell$ that for $x \in X$

$$
e_{\bar{\gamma}_{j}}^{*}(\psi(x))=c_{\bar{\gamma}_{j}}^{*}(\psi(x)) \leq \sum_{n=1}^{N_{j}}\left|c \beta_{n} z_{n}^{*}(\psi(x))\right| \leq \sum_{n=1}^{N_{j}} \delta_{n}\|x\| \leq\|x\|,
$$

and thus $\bar{\gamma}_{1} \in \Theta_{q_{1}}^{(0,1)}$, if $\left|\operatorname{supp}\left(w_{1}^{*}\right)\right|=1$, and $\bar{\gamma}_{1} \in \Theta_{p_{N_{1}+1}}^{(0,2)}$, if $\left|\operatorname{supp}\left(w_{1}^{*}\right)\right|>1$, and $\bar{\gamma}_{j} \in \Theta_{q_{N_{j}}}^{(1,1)}$, if $\left|\operatorname{supp}\left(w_{1}^{*}\right)\right|=1$, and $\bar{\gamma}_{j} \in \Theta_{q_{N_{j}}+N_{j}-N_{j-1}+1}^{(1,2)}$, if $\left|\operatorname{supp}\left(w_{1}^{*}\right)\right|>1$, if $j=2,3 \ldots \ell$

Finally we choose $\bar{\gamma}=\bar{\gamma}_{\ell}$ which in both cases is an element of $\Lambda_{q_{N+1}+N+1}$. It follows for $n \leq N$, and $1 \leq j \leq \ell$ such that $N_{j-1}<n \leq N_{j}$ that

$$
\begin{aligned}
P_{\left(p_{n}, q_{n}\right)}^{\overline{\mathbf{F}}^{*}}\left(e_{\bar{\gamma}}^{*}\right) & =P_{\left(p_{n}, q_{n}\right)}^{\overline{\mathbf{F}}^{*}}\left(e_{\gamma_{j}}^{*}\right) \\
& =\left\{\begin{array}{ll}
c r_{j} \operatorname{sign}\left(\beta_{j}\right) z_{n}^{*} & \text { if }\left|\operatorname{supp}\left(w_{j}^{*}\right)\right|=1 \\
r_{j} P_{\left(\overline{\mathbf{F}}_{n}^{*}, q_{n}\right)}\left(e_{\bar{\eta}_{j}}^{*}\right) & \text { if }\left|\operatorname{supp}\left(w_{j}^{*}\right)\right|>1
\end{array}\right\}=\beta_{n} c z_{n}^{*},
\end{aligned}
$$

which finishes the verification of the first part of (5.7), while the second part follows from the induction hypothesis applied to the $\bar{\eta}_{j}$ 's.

Continuation of the Proof of Theorem 5.5 To finish the proof we consider a normalized block basis $\left(z_{n}\right)$ in $Z$, with $\delta_{0}=\inf _{n} \operatorname{dist}\left(z_{n}, \psi(X)\right)>0$ and the additional property (5.4) in the case where $X$ has an FDD. Let $p_{n}=\min \operatorname{supp}_{\overline{\mathbf{F}}}\left(z_{n}\right)-1$ and $q_{n}=\max \operatorname{supp}_{\overline{\mathbf{F}}}\left(z_{n}\right)+1$. It follows that $q_{n}+n<p_{n+1}$, for $n \in \mathbb{N}$. In this case ( $X$ has an FDD) we choose $z_{n}^{*} \in \oplus_{j \in\left(p_{n}, q_{n}\right)} \bar{F}_{j}^{*}$, with $\left\|z_{n}^{*}\right\| \leq 1, z_{n}^{*}\left(z_{n}\right) \geq \frac{\delta_{0}}{2 \bar{M}}$ and $\left.z_{n}^{*}\right|_{\psi(X)}=0$.

In the case (b) we proceed as follows. We choose $y_{n}^{*} \in Z^{*},\left\|y_{n}^{*}\right\| \leq 1$, so that $y_{n}^{*}\left(z_{n}\right) \geq \delta_{0}$ and $\left.y_{n}^{*}\right|_{\psi(X)} \equiv 0$. After passing to subsequence and using the fact that $\left(z_{k}\right)$ is weakly null, we can assume that $y_{n}^{*}$ is $w^{*}$-converging, and after subtracting its $w^{*}$ limit and possibly replacing $\delta_{0}$ by a smaller number we can assume that $\left(y_{n}^{*}\right)$ is $w^{*}$ null.

After passing again to subsequences, we can assume that there exist $p_{n}$ 's and $q_{n}$ 's with

$$
\left\|P_{\left(p_{n}, q_{n}\right)}^{\overline{\mathbf{F}}_{n}^{*}}\left(y_{n}^{*}\right)-y_{n}^{*}\right\| \leq \varepsilon_{n}
$$

and $q_{n}+n<p_{n+1}$ for $n \in \mathbb{N}$. Then we let $z_{n}^{*}=P_{\left(p_{n}, q_{n}\right)}^{\overline{\mathbf{F}}^{*}}\left(y_{n}^{*}\right) /(1+\varepsilon)$, and deduce that $\left\|z_{n}^{*}\right\| \leq 1$ and $\left.z_{n}^{*}\left(z_{n}\right) \geq \delta_{0} /(1+\varepsilon)\right)=: \delta_{0}^{\prime}$.

In both cases we found $z_{n}^{*} \in \oplus_{p_{n}+1}^{q_{n}-1} F_{j}^{*}$, with $\left\|z_{n}^{*}\right\| \leq 1, z_{n}^{*}\left(z_{n}\right) \geq \delta_{0}^{\prime}$ and $\left.z_{n}^{*}\right|_{\psi(X)}=0$ in the first case and $\left\|\left.z_{n}^{*}\right|_{\psi(X)}\right\| \leq \varepsilon_{n}$ in the second.

By Proposition 2.7 we find $b_{n}^{*} \in \ell_{1}\left(\bar{\Gamma}_{q_{n}-1} \backslash \bar{\Gamma}_{p_{n}}\right)$, for $n \in \mathbb{N}$ so that $\left\|b_{n}^{*}\right\|_{\ell_{1}} \leq \bar{M}$ and $z_{n}^{*}=P_{\left(p_{n}, q_{n}\right)}^{\overline{\mathbf{F}}^{*}}\left(b_{n}^{*}\right)$.

Using now the density assumption of $B_{\left(p_{n}, q_{n}\right)}$ we can choose $\tilde{b}_{n}^{*} \in B_{\left(p, q_{n}\right)}$ with $\left\|\tilde{b}_{n}^{*}-\frac{1}{\bar{M}} b_{n}^{*}\right\| \leq \varepsilon_{q_{n}} /(2 M+4) \leq \varepsilon_{q_{n}} / 2 \bar{M}$, since $\bar{M} \leq M \vee 2$. So if we let $\tilde{z}_{n}^{*}=$ $P_{\left(p_{n}, q_{n}\right)}^{\overline{\mathbf{F}}^{*}}\left(\tilde{b}_{n}^{*}\right)$, we deduce that $\left\|z_{n}^{*} / \bar{M}-\tilde{z}_{n}^{*}\right\| \leq 2 \bar{M} \varepsilon_{q_{n}} / 2 \bar{M}=\varepsilon_{q_{n}}$ and hence $\tilde{z}_{n}^{*}\left(z_{n}\right) \geq$ $z_{n}^{*}\left(z_{n}\right) / \bar{M}-\left\|z_{n}^{*} / \bar{M}-\tilde{z}_{n}^{*}\right\| \geq \delta_{0}^{\prime} / \bar{M}-\varepsilon_{n}$, for all $n \in \mathbb{N}$.

Let $n_{0} \in \mathbb{N}$ be such that $\delta_{0}^{\prime} \geq 2 \varepsilon_{n_{0}} \bar{M}$. It is enough to show that $\left(z_{n}\right)_{n \geq n_{0}}$ has lower $\left(v_{q_{n}}\right)_{n \geq n_{0}}$ estimates. We can therefore assume without loss of generality that $n_{0}=1$. Let $\left(\alpha_{j}\right)_{j=1}^{N} \subset \mathbb{R}$ with $\left\|\sum_{j=1}^{N} \alpha_{j} v_{q_{j}}\right\|=1$ and using Lemma 4.1 (in the unconditional case) we can choose $\left(\beta_{j}\right)_{j=1}^{N} \subset \mathbb{R}$ with $\sum_{j=1}^{N} \beta_{j} v_{q_{j}}^{*} \in D^{V}$ so that

$$
\sum_{j=1}^{N} \beta_{j} v_{q_{j}}^{*}\left(\sum_{j=1}^{N} \alpha_{j} v_{q_{j}}\right)=\sum_{j=1}^{N} \alpha_{j} \beta_{j} \geq(1-\varepsilon) .
$$

Since $\left(p_{n}\right)$ and $\left(q_{n}\right)$ satisfy the assumptions of Lemma 5.7, we can choose $\bar{\gamma} \in \Lambda$ so that

$$
\begin{aligned}
e_{\bar{\gamma}}^{*}\left(\sum_{j=1}^{N} \alpha_{j} z_{j}\right) & =\sum_{j=1}^{N} \alpha_{j} \beta_{j} P_{\left(p_{j}, q_{j}\right)}^{\overline{\mathbf{F}}^{*}}\left(e_{\bar{\gamma}}^{*}\right)\left(z_{j}\right) \\
& =c \sum_{j=1}^{N} \alpha_{j} \beta_{j} z_{j}^{*}\left(z_{j}\right) \geq c(1-\varepsilon) \delta_{0}^{\prime} / 2 \bar{M}
\end{aligned}
$$

which finishes the proof of (b) and (c) and thus Theorem 5.5 in full.
We now prove Theorem B.
Proof of Theorem $B$ Let $X$ and $U$ be totally incomparable spaces with separable duals.
By Theorem 3.8 $U$ embeds into a space $W$ with an FDD which satisfies subsequential $T_{c, \alpha}$-upper estimates for some $\alpha<\omega_{1}$ and some $0<c<1$. As noted before we can assume that, after possibly replacing $\alpha$ by one of its powers, we can assume that $c \leq 1 / 16$. We also noted that Proposition 7 in [26] calculates the Szlenk index of $T_{\alpha, c}$ to be $S z\left(T_{\alpha, c}\right)=\omega^{\alpha \omega}$. We may thus choose $\beta>\alpha$ so that $S z\left(T_{\beta, c}\right)>S z\left(T_{\alpha, c}\right)$. Furthermore, any infinite dimensional subspace of $T_{\alpha, c}$ has the same Szlenk index as $T_{\alpha, c}$. We immediately have that $T_{\alpha, c}$ and $T_{\beta, c}$ are totally incomparable, that is no infinite dimensional subspace of $T_{\alpha, c}$ is isomorphic to a subspace of $T_{\beta, c}$. This idea can be refined further to give that no normalized block sequence in $T_{\alpha, c}$ dominates a normalized block sequence in $T_{\beta, c}$.

Using Theorem A and Remark 5.4 we can embed $X$ into a Bourgain-Delbaen space $Y$ with shrinking FDD $\mathbf{F}=\left(F_{j}\right)$ so that $X \cap c_{00}\left(\oplus_{j=1}^{\infty} F_{j}\right)$ is dense in $X$. We apply now Theorem 5.5 to $Y$, with $\left(v_{j}\right)$ being the unit vector basis of $T_{c, \beta}$, to obtain a Bourgain-Delbaen space $Z$, and an embedding $\psi$ of $X$ into $Z$, so that every normalized block sequence, which has a positive distance to $\psi(X)$, has a subsequence $\left(z_{i}\right)$ which dominates some subsequence of $\left(v_{j}\right)$. If $\left(z_{i}\right)$ is equivalent to a basic sequence in $U$, then $\left(z_{i}\right)$ is dominated by a subsequence of the unit vector basis for $T_{c, \alpha}$. Thus a subsequence of the unit vector basis for $T_{\alpha, c}$ must dominate a subsequence of ( $v_{i}$ ) (the unit vector basis for $T_{\beta, c}$ ), which is a contradiction. Thus no normalized block sequence in $Z$, which has a positive distance to $\psi(X)$, is equivalent to a subsequence in $U$.

Now any normalized sequence in $Z$ has a subsequence which is equivalent to a sequence in $X$ or has a subsequence which has a positive distance to $\psi(X)$. In both cases it follows that the sequence is not equivalent to a sequence in $U$. Theorem B follows.

Proof of Theorem C Assume that $X$ is reflexive. Using Theorem 3.9 we can assume that $X$ has an FDD $\left(E_{i}\right)$ which satisfies for some $\alpha<\omega_{1}$ both subsequential $T_{\alpha, c^{-}}$ upper and subsequential $T_{\alpha, c}^{*}$-lower estimates. As noted before we can assume that $c \leq 1 / 16$.

By Theorem 4.7 we can embed $X$ into a Bourgain-Delbaen space $Y$ with a shrinking FDD $\mathbf{F}=\left(F_{j}\right)$, associated to a sequence of Bourgain-Delbaen sets $\left(\Delta_{n}\right)$, via the mapping $\psi$ given in (5.3).

Now we apply Theorem 5.5 (b) to the unit vector basis $\left(v_{j}\right)$ of $T_{\alpha, c}^{*}$ and obtain an augmentation $\left(\Theta_{n}\right)$ of $\left(\Delta_{n}\right)$ generating a Bourgain-Delbaen space $Z$ having an FDD
$\overline{\mathbf{F}}=\left(\bar{F}_{j}\right)$, so that every normalized block basis $\left(z_{n}\right)$ in $Z$ has a subsequence which is either equivalent to a block sequence in $X$, or which dominates a subsequence of $\left(v_{j}\right)$. Moreover, the later case holds for all normalized block bases of $\left(z_{n}\right)$. In both cases it follows that this subsequence is boundedly complete, and since it is shrinking it follows that it must span a reflexive space.

Similarly we can show the following result, whose proof we omit.
Theorem 5.8 Let X be a Banach space with separable dual and let ( $u_{j}$ ) be a shrinking basic sequence, none of whose subsequences is equivalent to a sequence in $X$. Then $X$ embeds into a Bourgain-Delbaen space $Z$ whose dual is isomorphic to $\ell_{1}$, and which does not contain any sequence which is equivalent to any subsequence of $\left(u_{j}\right)$.

Using a construction similar to one in the proof of Theorem 5.5 we can show the following embedding result for spaces with an FDD satisfying subsequential lower estimates.

Theorem 5.9 Let $V$ be a Banach space with a normalized unconditional basis $\left(v_{i}\right)$, having the following property.

$$
\begin{align*}
& \text { There is a constant } C>0 \text { so that for } \\
& \text { any two sequences }\left(p_{n}\right) \text { and }\left(q_{n}\right) \text { in } \mathbb{N} \text {, } \\
& \text { with } p_{1}<q_{1}<p_{2}<q_{2}<\ldots,\left(v_{p_{n}}\right)  \tag{5.8}\\
& C-\text { dominates }\left(v_{q_{n}}\right) \text {. }
\end{align*}
$$

Let $X$ be a Banach space with an FDD $\left(E_{i}\right)$ which satisfies subsequential $V$-lower estimates. Then $X$ embeds into a $\mathcal{L}_{\infty}$ space $Z$ with an $F D D\left(\bar{F}_{i}\right)$ which satisfies skipped subsequential $V^{\prime}$-lower estimates where $V^{\prime}$ is some subsequence of $V$. Furthermore, if $\left(E_{i}\right)$ and $\left(v_{i}\right)$ are both shrinking, then $\left(\bar{F}_{i}\right)$ can be chosen to be shrinking too.

Proof After renorming, we may assume that the FDD $\mathbf{E}=\left(E_{i}\right)$ is bimonotone and that the basis $\left(v_{i}\right)$ is 1-unconditional. We use the construction of Sect. 4 to define a $\mathcal{L}_{\infty}$ space $Y$ with an FDD $\mathbf{F}=\left(F_{i}\right)$ and an embedding $\phi: X \rightarrow Y$ such that $\phi\left(E_{i}\right) \subset F_{m_{i}}$ for some sequence $\left(m_{i}\right) \in[\mathbb{N}]^{\omega}$. For convenience, we will refer to the space $\phi(X)$ as $X$. As the FDD $\left(E_{i}\right)$ satisfies subsequential $V$-lower estimates, there exists $K \geq 1$, so that

$$
\begin{align*}
& \text { if }\left(x_{i}\right) \subset X \text { is a normalized block sequence such } \\
& \text { that } x_{i} \in \oplus_{j=m_{p_{i}}}^{m_{q_{i}}} F_{j} \text {, with } 1=p_{1}<q_{1}<p_{2}, \ldots,  \tag{5.9}\\
& \text { then }\left(x_{i}\right) K-\text { dominates }\left(v_{q_{i}}\right) .
\end{align*}
$$

We now define the Banach space $\tilde{V} \cong V \oplus c_{0}$ with basis $\left(\tilde{v}_{i}\right)$ given by $\tilde{v}_{m_{i}}=v_{i}$ and $\tilde{v}_{i}=e_{i}$ if $i \notin\left\{m_{j}\right\}$, where $\left(e_{i}\right)$ is the unit vector basis of $c_{0}$. It is clear that ( $\tilde{v}_{i}$ ) is a 1 -unconditional normalized basic sequence, and that $\left(\tilde{v}_{i}\right)$ is shrinking if $\left(v_{i}\right)$ is shrinking.

We denote the projection constant of $\left(F_{i}\right)$ by $M$. The sets $\left(\bar{\Delta}_{n}\right), \Theta^{(0,1)}, \Theta^{(0,2)}$, $\Theta^{(1,1)}$, and $\Theta^{(1,2)}$ are defined as in Theorem 5.5 for some constant $c<1 / K$, the basic sequence ( $\tilde{v}_{i}$ ), and some inductively chosen $\varepsilon_{n+1} /(2 M+4)$-dense sets $B_{(k, n]} \subset$ $B_{\ell_{1}\left(\bar{\Gamma}_{n} \backslash \bar{\Gamma}_{k}\right)}$ (i.e. we are using the case "no assumptions on $X$ "). This construction yields that $\left(\bar{\Delta}_{n}\right)$ admits an associated Bourgain-Delbaen space $Z$ with FDD $\overline{\mathbf{F}}=\left(\bar{F}_{j}\right)$ whose decomposition constant $\bar{M}$ is not larger than $\max (M, 1 /(1-2 c)) \leq \max (M, 2)$. If $\left(F_{j}\right)$ and $\left(v_{n}\right)$ are both shrinking in $V$, and thus, the optimal $c$-decompositions of elements of $B_{\tilde{V}^{*}}$ are admissible with respect to some compact subset of $[\mathbb{N}]^{<\omega}$, we have that the FDD $\overline{\mathbf{F}}=(\overline{\mathbf{F}})$ is shrinking in $Z$. Furthermore, we have an isometric embedding $\psi: X \rightarrow Z$.

Before continuing, we need the following lemma which is analogous to Lemma 5.7.

Lemma 5.10 Let $\left(z_{j}^{*}\right)$ be a block basis in $Z^{*}$ with respect to $\overline{\mathbf{F}}^{*}$ such that there exist integers $p_{1}<q_{1}<p_{2}<q_{2} \ldots$ with $\operatorname{supp}_{\overline{\mathbf{F}}^{*}}\left(z_{n}^{*}\right) \subset\left(m_{p_{n}}, m_{q_{n}}\right)$ for all $n \in \mathbb{N}$. Assume that

$$
z_{n}^{*}=P_{\left(m_{p_{n}}, m_{\left.q_{n}\right)}\right.}^{\overline{\mathbf{F}}}\left(\tilde{z}_{n}^{*}\right) \text { for some } \tilde{z}_{n}^{*} \in B_{\left(m_{p_{n}}, m_{q_{n}}\right)} \text {, for } n \in \mathbb{N} \text {. }
$$

Then for any sequence $\left(\beta_{j}\right)_{j=1}^{N}$ with $w^{*}=\sum_{j=1}^{N} \beta_{j} v_{q_{j}}^{*} \in D^{V}$, there exists $\bar{\gamma} \in \Lambda_{N+k_{N}}$ so that

$$
\begin{align*}
P_{\left(m_{p_{n}}, m_{q_{n}}\right)}\left(e_{\bar{\gamma}}^{*}\right) & =c \beta_{n} z_{n}^{*}, \text { if } n \leq N, \text { and } \\
P^{\overline{\mathbf{F}}^{*}}\left(e_{\bar{\gamma}}^{*}\right)(\psi(x)) & =\sum_{n=1}^{N} c \beta_{n} z_{n}^{*}(\psi(x)) \quad \text { if } x \in X . \tag{5.10}
\end{align*}
$$

Since parts of the proof are essentially the same as the proof of Lemma 5.7 we will only sketch it and point out where both proofs differ.

Proof We will prove our claim by induction on $N$ and the case $N=1$ is exactly like in the proof of Lemma 5.7 (with $p_{j}$ and $q_{j}$ being replaced by $m_{p_{j}}$ and $m_{q_{j}}$, respectively). To show the claim for $N+1$, assuming the claim to be true for $N$, we let $w^{*}=\sum_{j=1}^{N+1} \beta_{j} \tilde{v}_{m_{q_{j}}}=\sum_{j=1}^{N+1} \beta_{j} v_{q_{j}} \in D^{\tilde{V}}$, and define $\ell \in \mathbb{N}, \ell \geq 2$ and $\bar{\gamma}_{j}$ and $\bar{\eta}_{j}, j=1,2 \ldots, \ell$, as in Lemma 5.7. We need only to show by induction on $j=1,2 \ldots \ell$, that $\left|e_{\bar{\gamma}_{j}}^{*}(\psi(x))\right| \leq\|x\|$ for $x \in X$ (without the assumption of Lemma 5.7 that $\left|z_{j}^{*}(\psi(x))\right| \leq \delta_{j}\|x\|$, for $\left.j \leq \ell\right)$. Using the induction hypothesis on the $\bar{\eta}_{j}$ 's, we deduce by induction on $j=1, \ldots \ell$ that for $x \in X$

$$
\begin{aligned}
\left|e_{\bar{\gamma}_{j}}^{*}(\psi(x))\right| & =\left|c_{\bar{\gamma}_{j}}^{*}(\psi(x))\right| \\
& \leq \sum_{n=1}^{N_{j}}\left|c \beta_{n} z_{n}^{*}(\psi(x))\right|
\end{aligned}
$$

$$
\begin{aligned}
\leq & \sum_{n=1}^{N_{j}} c\left|\beta_{n}\right|\left\|P_{\left(m_{p_{n}}, m_{\left.q_{n}\right)}\right)}^{\overline{\mathbf{F}}}(\psi(x))\right\| \\
= & c\left(\sum_{n=1}^{N_{j}} \beta_{n} v_{q_{n}}^{*}\right)\left(\sum_{n=1}^{N_{j}}\left\|P_{\left(m_{p_{n}}, m_{\left.q_{n}\right)}\right.}^{\overline{\mathbf{F}}}(\psi(x))\right\| v_{q_{n}}\right) \\
\leq & c\left\|\sum_{n=1}^{N_{j}}\right\| P_{\left(m_{p_{n}}, m_{q_{n}}\right)}^{\overline{\mathbf{F}}}(\psi(x))\left\|\tilde{v}_{m_{q_{n}}}\right\| \\
\leq & c \| \sum_{n=1}^{N_{j}}\left(\left\|P_{\left(m_{p_{n}}, m_{\left.q_{n}\right)}\right)}^{\overline{\mathbf{F}}}(\psi(x))\right\| \tilde{v}_{m_{q_{n}}}\right. \\
& \left.+\left\|P_{\left[m_{q_{n}}, m_{\left.p_{n+1}\right]}\right.}(\psi(x))\right\| \tilde{v}_{m_{p_{n+1}}}\right) \| \\
\leq & c K\|x\| \leq\|x\|
\end{aligned}
$$

[in the penultimate line we use the 1 -unconditionality of $\left(\tilde{v}_{j}\right)$ and in the case of $j=\ell$ we put $p_{N_{\ell}+1}=m_{q_{N_{\ell}+1}}$, for the last line we use (5.9)] and thus $\bar{\gamma}_{1} \in \Theta_{m_{q_{1}}}^{(0,1)}$, if $\left|\operatorname{supp}\left(w_{1}^{*}\right)\right|=1$, and $\bar{\gamma}_{1} \in \Theta_{m_{p_{N_{1}+1}}}^{(0,2)}$, if $\left|\operatorname{supp}\left(w_{1}^{*}\right)\right|>1$, and $\bar{\gamma}_{j} \in \Theta_{m_{q_{N_{j}}}}^{(1,1)}$, if $\left|\operatorname{supp}\left(w_{1}^{*}\right)\right|=1$, and $\bar{\gamma}_{j} \in \Theta_{m_{q_{N_{j}}}+N_{j}-N_{j-1}+1}^{(1,2)}$, if $\left|\operatorname{supp}\left(w_{1}^{*}\right)\right|>1$, if $j=2,3 \ldots \ell$. We put then $\bar{\gamma}=\bar{\gamma}_{\ell}$, and the rest of the proof follows again like in Lemma 5.7.

Continuation of the Proof of Theorem 5.8 To finish the proof we consider a normalized block basis $\left(z_{n}\right)$ in $Z$ such that there exists sequences $p_{1}<q_{1}<p_{2}<q_{2} \ldots$ with $\operatorname{supp}_{\overline{\mathbf{F}}}\left(z_{n}\right) \subset\left(m_{p_{n}}, m_{q_{n}}\right)$ for all $n \in \mathbb{N}$. We choose $z_{n}^{*} \in \oplus_{j \in\left(p_{n}, q_{n}\right)} \bar{F}_{j}^{*}$, with $\left\|z_{n}^{*}\right\| \leq 1, z_{n}^{*}\left(z_{n}\right) \geq \frac{1}{2 \bar{M}}$.

By Proposition 2.7 there exists $b_{n}^{*} \in \ell_{1}\left(\bar{\Gamma}_{q_{n}-1} \backslash \bar{\Gamma}_{p_{n}}\right)$, for $n \in \mathbb{N}$ so that $\left\|b_{n}^{*}\right\|_{\ell_{1}} \leq \bar{M}$ and $z_{n}^{*}=P_{\left(p_{n}, q_{n}\right)}^{\overline{\mathbf{F}}^{*}}\left(b_{n}^{*}\right)$. Using the density assumption of $B_{\left(p_{n}, q_{n}\right)}$, we choose $\tilde{b}_{n}^{*} \in$ $B_{\left(p, q_{n}\right)}$ with $\left\|\tilde{b}_{n}^{*}-\frac{1}{\bar{M}} b_{n}^{*}\right\| \leq \varepsilon_{q_{n}} /(2 M+4) \leq \varepsilon_{q_{n}} / 2 \bar{M}$, since $\bar{M} \leq M \vee 2$. So if we let $\tilde{z}_{n}^{*}=P_{\left(p_{n}, q_{n}\right)}^{\overline{\mathbf{F}}^{*}}\left(\tilde{b}_{n}^{*}\right)$, we deduce that $\left\|z_{n}^{*} / \bar{M}-\tilde{z}_{n}^{*}\right\| \leq 2 \bar{M} \varepsilon_{q_{n}} / 2 \bar{M}=\varepsilon_{q_{n}}$ and hence $\tilde{z}_{n}^{*}\left(z_{n}\right) \geq z_{n}^{*}\left(z_{n}\right) / \bar{M}-\left\|z_{n}^{*} / \bar{M}-\tilde{z}_{n}^{*}\right\| \geq 1 / \bar{M}-\varepsilon_{n}$, for all $n \in \mathbb{N}$.

Let $\left(\alpha_{j}\right)_{j=1}^{N} \subset \mathbb{R}$ with $\left\|\sum_{j=1}^{N} \alpha_{j} v_{q_{j}}\right\|=1$ and using Lemma 4.1 (in the unconditional case) we can choose $\left(\beta_{j}\right)_{j=1}^{N} \subset \mathbb{R}$ with $\sum_{j=1}^{N} \beta_{j} v_{q_{j}}^{*} \in D^{V}$ so that

$$
\sum_{j=1}^{N} \beta_{j} v_{q_{j}}^{*}\left(\sum_{j=1}^{N} \alpha_{j} v_{q_{j}}\right)=\sum_{j=1}^{N} \alpha_{j} \beta_{j} \geq(1-\varepsilon) .
$$

Since $\left(p_{n}\right)$ and $\left(q_{n}\right)$ satisfy the assumptions of Lemma 5.7 (recall that $m_{j+1}=$ $j+m_{j}$ ), we can choose $\bar{\gamma} \in \Lambda$ so that

$$
\begin{aligned}
e_{\bar{\gamma}}^{*}\left(\sum_{j=1}^{N} \alpha_{j} z_{j}\right) & =\sum_{j=1}^{N} \alpha_{j} \beta_{j} P_{\left(p_{j}, q_{j}\right)}^{\overline{\mathbf{F}}^{*}}\left(e_{\bar{\gamma}}^{*}\right)\left(z_{j}\right) \\
& =c \sum_{j=1}^{N} \alpha_{j} \beta_{j} z_{j}^{*}\left(z_{j}\right) \geq c(1-\varepsilon)(1 / \bar{M}-\varepsilon),
\end{aligned}
$$

which gives that $\left(z_{n}\right)$ dominates $\left(v_{q_{n}}\right)$. Thus we may block the FDD $\left(\bar{F}_{i}\right)$ to achieve the theorem.

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