The Use of Additives to Enhance Properties of Pre-Formed Foamed Concrete

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Abstract—This paper describes an experimental study of an enhancement of pre-formed foamed concrete, 1300-1900 kg/m^3, by utilising two types of additives, silica fume and fly ash, to partially replace Portland cement and fine sand. It focuses on consistency, mechanical and thermal properties as well as presenting a comparison with normal weight, lightweight and foamed concretes from the literature. In addition to conventional foamed concrete mixes (FC), foamed concrete mixes with high flowability and strength (FCa) were also manufactured in this study. The FC mixes had 28-day compressive strengths from 6 to 23 MPa and corresponding thermal conductivities in the dry state from 0.475 to 0.951 W/mK, whereas for the same density range, the FCa mixes gave 19-47 MPa and 0.498-0.962 W/mK, respectively. Compared to other studies on foamed concrete, the results from the mixes investigated in this study showed higher strengths (for a given density), higher tensile to compressive strength ratios and higher moduli of elasticity.

Index Terms—Foamed concrete, mineral admixture, mechanical properties, thermal conductivity.

I. INTRODUCTION

In construction projects, the main use of lightweight concrete is to reduce the dead load of concrete structures resulting in reduction in the size of columns, beams, foundations and other load bearing elements [1]. Cellular (aerated) concrete is a lightweight material composed of cementitious mortar surrounding disconnected bubbles which are a result of either physical or chemical processes during which either air is introduced into the mortar mixture or gas is formed within it [2]. Although aerated concrete is known as an insulation material, its structural features are also of considerable interest [3].

Indeed, the future need for construction materials which are light, durable, economic and environmentally sustainable has been identified by many groups around the world [4].

With the possibility of producing a wide range of densities (400-1600) kg/m^3 and also of achieving a strength of at least 25 MPa, foamed concrete has the potential to fulfil these requirements and it is now widely used in the construction industry [4], [5]. Furthermore, with foamed concrete, sustainability can be enhanced because no coarse aggregate is required in its manufacturing and there is also the possibility of partially or fully replacing fine aggregate with recycled or secondary materials [6].

The most available supplementary cementing materials are silica fume, a by-product of the reduction of high-purity quartz with coal in electric furnaces in the production of silicon and ferrosilicon alloys, and fly ash, a by-product of the burning of coal in thermal power stations [7]-[10]. Fly ash has the potential to enhance properties by reducing heat of hydration and giving the material good thermal insulation [4], while silica fume is usually added to improve cement paste/aggregate bonds [11]. However, in a study of the effect of mineral admixtures in lightweight concrete with high strength and workability, Reference [8] investigated both rheological (improving the workability) and strength (deceasing the early-age strength) properties, and recommended that fly ash (FA) should not be added to lightweight concrete on its own. In relation to silica fume (SF), he found that it significantly improved early-age strength and increased the bonding of the concrete mixtures, but that it caused rapid reduction in the workability. Bearing these conflicting finding in mind, both FA (as a fine aggregate replacement) and SF (as a cement replacement) were investigated in this study. The ultimate aim was to push back the limits of foamed concrete achieving strengths suitable for semi-structural or structural purposes but with enhanced strength/weight ratio and excellent thermal properties. For this purpose, properties of enhanced foamed concrete will be compared to normal weight, lightweight and foamed concretes produced in other studies.

II. EXPERIMENTAL DETAILS

A. Materials

Combinations of the following constituent materials were used to produce foamed concrete in this study.

- Portland cement CEM I-52,5 N (3.15 S.G.) conforming to BS EN 197-1:2011 [12].
- Natural fine aggregate (sand) (2.65 S.G.) conforming to BS 882:1992 [13] with additional sieving to remove particles greater than 2.36 mm, to help improve the flow characteristics and stability of the final product [4], [14].
- Fresh, clean and drinkable water
- Foam: the quality of foam is critical to the stability of foamed concrete and will affect the strength and stiffness of the final product; therefore, good quality foam (45 kg/m^3) was produced by blending the foaming agent, EABASSOC (1.05 S.G.), water and compressed air in predetermined proportions (45 g water to 0.8 ml foaming agent) in a foam generator, STONFOAMM-4.

- Superplasticizer: MIGHTY 21 EG made by Kao Chemical GmbH of density (1.1 g/cm³), was used as a water-reducing agent to maintain sufficient workability of the premixed mortar (without foam) and to produce a high strength foamed concrete with low water/binder ratio. In addition, this superplasticizer has been proved to be compatible with the EABASSOC foaming agent [15].
- Silica fume: Elkem Microsilica (2.2 S.G., 92% SiO2, mean particle size 0.15 μm and specific surface 20 m²/g) made by Elkem A Bluestar Company was used to fill the space between cement particles making the cement matrix denser and stronger, to gain early age strength and to improve cement/aggregate bonds.
- Fly Ash: to gain high strength and achieve more uniform distribution of air voids, CEMEX fly ash-class S (2.09 S.G.) conforming to BS EN 405-1:2005 [16], was used instead of part of the fine sand in the production of foamed concrete.

B. Mix Proportions

In this study, mix proportioning began with the selection of the unit weight (wet density), the cement content and the water to cement ratio. The mix was then proportioned by the method of absolute volumes.

It has been reported that mix proportions of concrete should be chosen according to particular requirements such as strength, shrinkage, thermal conductivity etc. For this reason and based on the best findings from the literature, the constituent materials selected for this project have been chosen to produce foamed concrete with relatively high strength and good thermal properties.

Reference [15] stated that based on previous studies, (Indian concrete Journal, 1989; ACI, 1993; Valore, 1954), cement content in conventional foamed concrete with or without sand should be between 250 and 500 kg/m³; in this project, to produce foamed concrete with high strength it was chosen to be 500 kg/m³.

The stability, the state of the mix at a density ratio (measured fresh density divided by design density) close to unity, and consistency, spreadability and flowability measurements, of foamed concrete are affected by the volume of foam and water-solid ratio [17], [18]. Therefore, in this study for each mix the water/binder ratio required to produce a stable mix (density ratio close to unity) was determined by trials while the required foam volume was determined from the mix design.

It is accepted that to achieve the target flow value, the proper dosage of superplasticizer should be determined by trial and error. Noting that in this study there is no target flow value but there is a target density which is affected by water content and foam volume, therefore a single dosage of superplasticizer (1.5%) was obtained from trials and adopted for all relevant mixes.

It has been well documented that the use of silica fume as a partial replacement of cement in combination with superplasticizer provides a significant increase in the strength and decrease in the permeability of concrete [19], and proportions up to 10% by mass of cement have been reported [18]. Moreover and according to Reference [20], when silica fume is used (usually no more than 10% of

cement weight), there is no reduction in the fracture energy. In addition, based on the Taguchi method, Reference [21] concluded that at 20°C the optimum for both compressive and flexural strength is 10% silica fume by mass; therefore, where used in this project, silica fume has been added to the mix at 10% of the cement weight.

TABLE I: MIX PROPORTIONS OF 1300 KG/M³ FOAMED CONCRETE MIXES

	Mixes					
	FC3	FC3s	FC3f	FC3p	FC3p+s	FCa3
Target density (kg/m³)	1300	1300	1300	1300	1300	1300
Cement content (kg/m³)	500	450	500	500	450	450
Silica Fume (kg/m³)	-	50	-	-	50	50
w/b ratio*	0.475	0.475	0.475	0.3	0.3	0.3
Superplasticizer (kg/m³)	-	-	-	7.5	7.5	7.5
Water content (kg/m³)	237.5	237.5	237.5	150	150	150
Sand content (kg/m³)	562	562	450	625	625	500
Fly Ash (kg/m³)	-	-	112	-	-	125
Foam (kg/m3)	19.1	19.1	19.1	19.1	19.1	19.1
Foam (m³)	0.424	0.424	0.424	0.424	0.424	0.424

TABLE II: MIX PROPORTIONS OF SELECTED FOAMED CONCRETE MIXES

	Mixes					
	FC3	FCa3	FC6	FCa6	FC9	FCa9
Target density (kg/m³)	1300	1300	1600	1600	1900	1900
Cement content (kg/m³)	500	450	500	450	500	450
Silica Fume (kg/m³)	-	50	-	50	-	50
w/b ratio*	0.475	0.3	0.5	0.325	0.525	0.35
Superplasticizer (kg/m³)	-	7.5	-	7.5	-	7.5
Water content (kg/m³)	237.5	150	249.9	162.5	262.5	175
Sand content (kg/m³)	562	514	850	744	1137.5	974
Fly Ash (kg/m³)	-	128.5	-	186	-	243.5
Foam (kg/m3)	19.1	19.1	13.3	13.3	7.5	7.5
Foaming agent (kg/m3)	0.35	0.35	0.24	0.24	0.14	0.14
Foam (m³)	0.424	0.424	0.295	0.295	0.166	0.166

*w/b ratios required to achieve a density ratio of unity for the selected mixes

Reference [22] stated that, in foamed concrete, because fly ash is a reactive material, replacement of sand with fly ash leads to increased strength. On the other hand, this will also lead to increased water absorption. In addition, according to [18], mixes with fly ash exhibit higher carbonation than those with sand. Furthermore, using sand may lead to improved shear capacity between its particles and the paste resulting in higher tensile strength. For these reasons and to make the lightest mix (1300 kg/m³) suitable for structural purposes, in addition to adding silica fume and superplasticizer, fly ash replacement was limited to 20% by weight of fine sand (Table I), giving a strength of over 17 MPa (see Section 3.1) and thereby bringing it into the range where it may be considered a structural concrete [23]. To

enable sensible comparisons, this ratio was also adopted for the 1600 and 1900 kg/m³ mixes with additives (FCa6 and FCa9), see Table II.

C. Production

To produce foamed concrete, the equipment used in this study comprised: an ordinary mixer for mixing the raw materials, a foam generator (STONEFOAM-4) running on a 12 Vdc (40-50 A) battery for generating stable foam by blending a foaming agent, EABASSOC (1.05 S.G.), water and compressed air of predetermined proportions (45 g water to 0.8 ml foaming agent) in it, and moulds for casting the specimens. In this study, six differently proportioned mixes were designed and divided into two groups, conventional mixes (FC) and mixes with additives (FCa), each one at three densities, 1300 (FC3 and FCa3), 1600 (FC6 and FCa6) and 1900 (FC9 and FCa9) kg/m³. In moulding the specimens [12 cubes (100×100×100 mm), 6 prisms (100×100×500mm), 2 cylinders (150×300mm) and 1 slab (305×305×50mm) for each mix], the foamed concrete mix was placed in two approximately equal layers. The sides of the moulds were lightly tapped after placing each layer until the surface of the layer had subsided approximately to level [24]. After filling the moulds, the surfaces of the specimens were levelled by using a trowel. All specimens were covered with thick nylon to prevent evaporation. All specimens were removed from moulds after 24 hours. After de-moulding, the specimens were sealed-cured (wrapped in cling film) and stored at 20°C until testing. Note that sealed-curing reflects a typical industry practice for foamed concrete [4].

III. RESULTS AND DISCUSSION

A. Effect of Additives

As explained above, to develop the selected foamed concrete mixes, comprising superplasticizer, silica fume and fly ash at specified ratios were added to a proportion of the mixes. To identify the effect of additives, individually or together, on the strength, a preliminary experimental programme was carried out at the lowest material density (1300 kg/m³), see Table I. The results are shown in Fig. 1, where it may be seen that adding silica fume (FC3s) or fly ash (FC3f) individually improved the 28-day compressive strength by about 10% and 60% respectively. In addition, the use of superplasticizer (FC3p) improved the compressive strength by 115% (at 28-day); this increased to 125% with combined of silica fume and superplasticizer (FC3s+p). However, the further addition of fly ash (FCa3), helped in achieving a great increase in strength (215%) making even this lightest mix potentially suitable for structural purposes.

B. Consistency

The consistency of both the base mix and foamed concrete was quantified by measuring the spread diameter of a cylinder of material of initial diameter 75 mm and 150 mm height (Fig. 2) [17], [25]. The spreadability variation with mix density before and after addition of foam is illustrated in Fig. 3. It seems that for the three densities adopted, the spreadability of base and foamed concrete

mixes was 200-250 mm and 140-180 mm, respectively, for the conventional mixes (FC) while it was 400-450 mm and 290-350 mm, respectively, for the mixes with additives (FCa). It is evident that for a given mix, the spreadability reduces when the foam is added and for the selected mixes it also reduces with a reduction in design density; similar behaviour has been reported in the literature [17], [26]. Reference [26] suggested that the reason for this may be that the adhesion between the bubbles and solid particles in the mixture increases the stability of the paste resulting in reduced spreadability, noting that there are more bubbles at the lower densities, see Fig. 4.
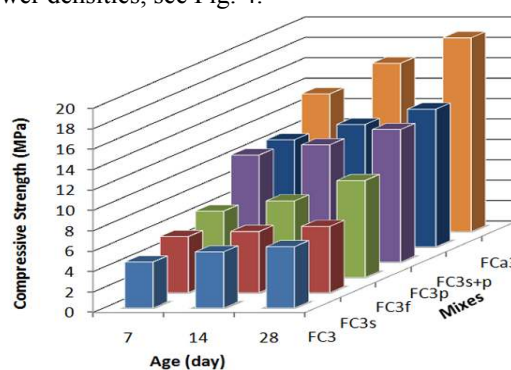

Fig. 1. Effect of used additives on the compressive strength of 1300 kg/m3 mix.
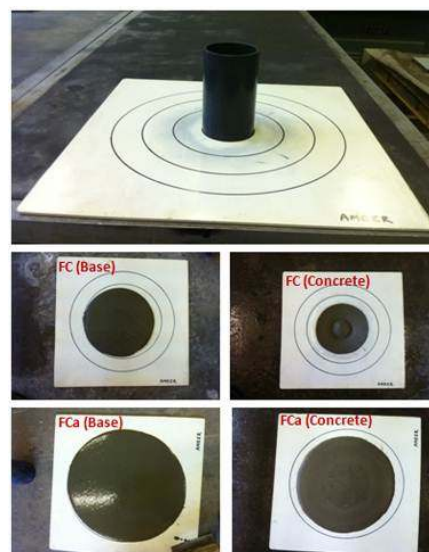

Fig. 2. Test of the spreadability of the base mix and foamed concrete.

C. Mechanical Properties

1) Compressive strength

Compressive strength testing was carried out on 100 mm cubes in accordance with BS EN 12390-3:2002 [27] and in each case the results quoted are the average of three specimens. As expected [4], [26], the compressive strength of foamed concrete decreases dramatically with a reduction in density, as shown in Fig. 5. As illustrated in Fig. 6, the use of additives (silica fume (SF), fly ash (FA) and superplasticizer) greatly improved compressive strength development at all test ages. This is because of the reduction in water content due to use of a superplasticizer and the pozzolanic characteristics of both SF and FA, leading to an improved aggregate-matrix bond associated with the formation of a less porous interfacial zone and a

better interlock between the paste and the aggregate [19], (see Fig. 7a, b). In addition, using FA as filler may help in achieving more uniform distribution of air-voids by providing uniform coating on each bubble thereby preventing merging of bubbles leading to an increase in strength [18], [28] (Fig. 7c, d).

TABLE III: FLEXURAL STRENGTH AND PRISM SPLITTING TENSILE STRENGTH RESULTS

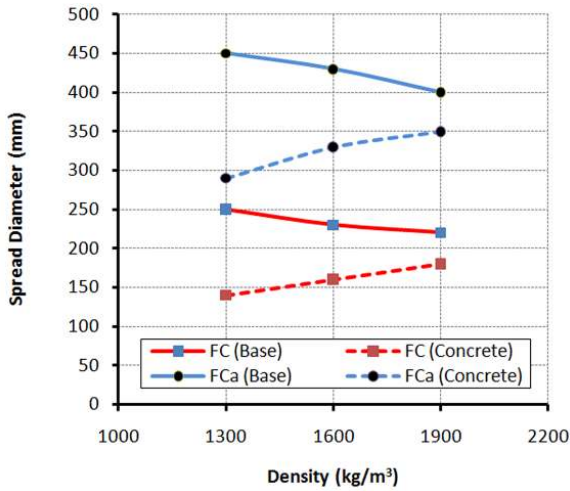| Mixes | Test Age (day) | | | | | | | | |
| | 7 | | | 14 | | | 28 | | |
	Density (kg/m³)	f_r (MPa)	f_{sp} (MPa)	Density (kg/m³)	f_r (MPa)	f_{sp} (MPa)	Density (kg/m³)	f_r (MPa)	f_{sp} (MPa)
FC3	1280	1.2	0.65	1295	1.3	0.75	1285	1.4	0.85
FCa3	1320	2.1	0.85	1323	2.6	1.35	1316	2.8	1.65
FC6	1615	2.3	0.9	1620	2.7	1.5	1625	2.9	1.8
FCa6	1605	3.4	1.7	1620	3.8	2.35	1630	4.1	2.65
FC9	1870	2.9	1.5	1880	3.2	2.15	1865	3.7	2.35
FCa9	1870	4.1	2.5	1875	4.5	3.1	1880	5.3	3.5

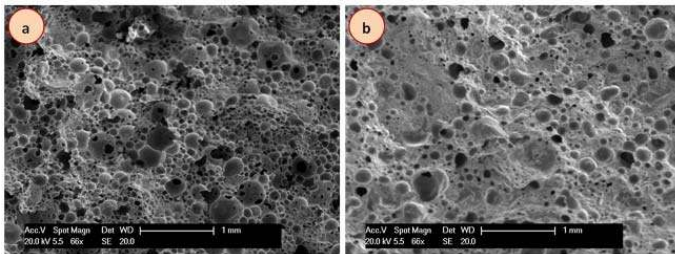Fig. 3. Variation of spreadability with density of the base and foamed concrete mixes.

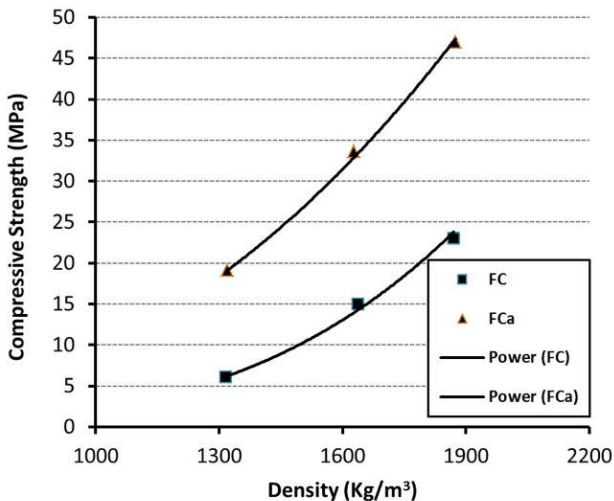Fig. 4. Air voids in foamed concrete: (a) 1300 kg/m³ density (b) 1900 kg/m³ density.

Fig. 5. 28 day compressive strength density variation for FC and FCa mixes.

In general, it is reported that foamed concrete with fly ash as filler has a higher strength to density ratio for all densities [26]. A comparison of strength to density ratios between FC and FCa mixes, at 28 days, with foamed concrete mixes from the literature [4], [26], [29] is shown in Fig. 8. Based on this comparison, it would appear that the FCa mixes showed higher strength to density ratios than any of the foamed concrete mixes in other studies produced by using sand and/or fly ash as a filler material. Overall, except for mixes FC3 and FC6, the results suggest that the remaining mixes are all potentially suitable for use as a lightweight concrete for semi-structural or structural purposes since their densities to not exceed 2000 kg/m³ and their 28-day compressive strengths are in excess of 17 MPa [1], [23].
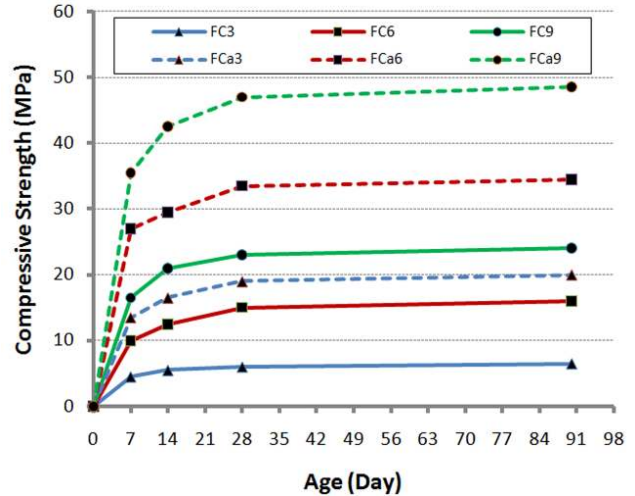

Fig. 6. Development of 100mm cube sealed-cured compressive strength.

The structural properties of concrete such as shear resistance, bond strength and resistance to cracking depend on the tensile strength; the higher the tensile strength the better the structural properties [30]. Flexural strength testing (two-point loading) was conducted on two 100×100×500 mm prisms at ages of 7,14 and 28 days to determine the modulus of rupture (f_r) in accordance with BS EN 12390-5: 2000 [31]. Splitting tensile strength (f_{sp}) testing was also undertaken, in accordance with BS1881-117: 1983 [32] and in each case the mean of three tested values at each test age was recorded. The averaged values of f_r and f_{sp} are summarized in Table III. Those at 28 days are compared with corresponding 28-day compressive strengths in Figures 9 and 10, respectively. Note that in Fig. 9 the FC, LWC and

NWC graphs were plotted from equations $f_r=0.31(f'_c)^{0.83}$, $f_r=0.46(f'_c)^{2/3}$ and $f_r=0.438(f'_c)^{2/3}$ respectively [30], [33], [34], and that in Fig. 10 the LWC and NWC graphs were plotted from equations $f_{sp}=0.28(f'_c)^{0.69}$ and $f_{sp}=0.2(f_c)^{0.7}$ respectively [30], [35]. It can be seen from the two figures that, for a given 28-day compressive strength, the conventional mixes (FC) produced higher indirect tensile strengths, flexural and splitting, than those with additives (FCa). The reason for this may be the improved shear capacity between the sand particles and the paste phase [4] noting that, for a given density, the sand content is lower in the mixes with additives (FCa). However, f_{sp}/f_{cu} ratios for both FC and FCa mixes were slightly higher than those reported in most other studies [4], [30], [35], while, the tensile (f_r or f_{sp})/compressive strength (f_{cu}) ratios of both FC and FCa mixes were slightly lower than those investigated by [30], likely to be because of the presence of lightweight aggregate in these mixes which may lead to improved its tensile strength. As illustrated in Fig. 11, at an age of 28 days, f_r values of about 16-23 % and 11-15 % of f_{cu} were observed for FC and FCa mixes respectively, while the ranges for f_{sp} were about 10-14 % and 7-9 % of f_{cu}.
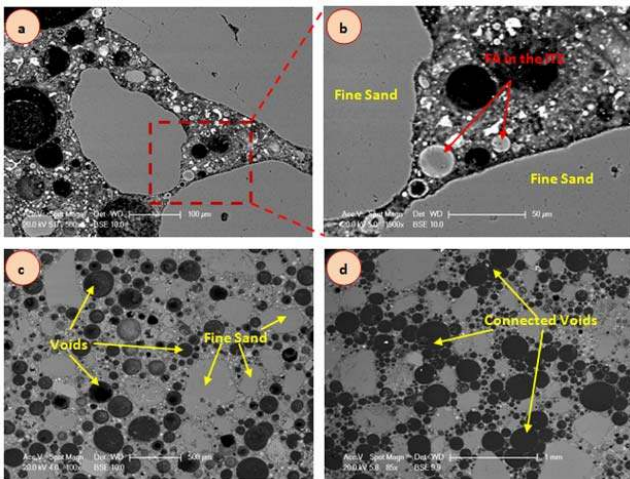

Fig. 7. Scanning Electron Microscopy images of 1300 kg/m3 foamed concrete (a, b and c) with additives (FCa3), (d) conventional.

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Fig. 8. Strength to density ratios for different foamed concrete mixes.
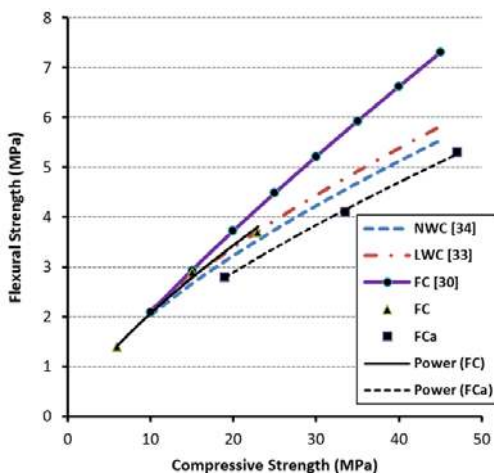
1) Tensile (flexural and splitting) strength

Fig. 9. Relationship between flexural strength and 28 day compressive strength of foamed, LW and NW concretes.

2) Modulus of elasticity

The static modulus of elasticity (E_s) of the mixtures was determined using 150×300 mm cylinder specimens. Two specimens were tested for each mix at an age of 28 days in accordance with BS 1881-121: 1983 [36]. Each specimen was fitted with four potentiometers at different quadrants to measure the axial deformation. E_s was determined from the slope of the stress-strain compression curves. The relationship with corresponding 28-day sealed-cured cube compressive strengths is given in Fig. 12.
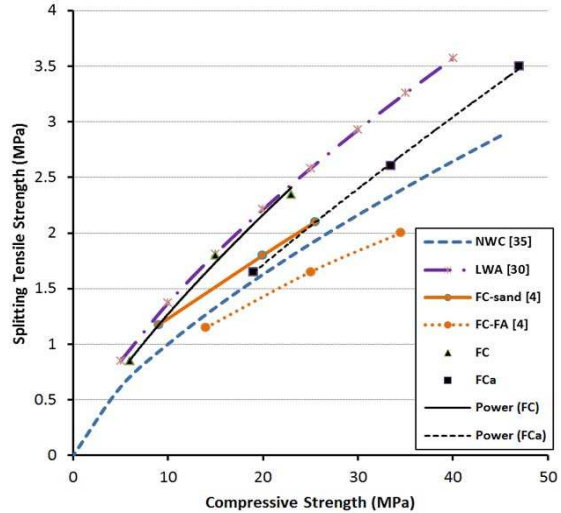

Fig. 10. Relationship between splitting tensile strength and 28 day compressive strength of foamed, LW and NW concretes.

Note that the FC-FA, FC-Sand, LWC and NWC graphs were plotted from equations $E_c=0.99(f_{cu})^{0.67}$, $E_c=0.42(f_{cu})^{1.18}$, $E_c=1.7\times10^{-6}(f'_c)^2(f_{cu})^{0.33}$ and $E_c=11.71(f'_c)^{0.33}-8.355$ respectively [4], [37], [38]. It can be seen that for a given compressive strength, the FCa mixes exhibited lower E-values than the FC mixes, while the E_s for NWC was higher than for both FC and FCa. The same behaviour was observed by Jones and McCarthy [4] leading then to conclude that a direct substitution of foamed concrete for the same compressive strength grade of normal concrete will not in reality give similar structural performance.

The dynamic modulus of elasticity (E_d) was measured according to BS 1881-203: 1986 [39] using a CNS Farnell PUNDIT, Portable Ultrasonic Non-destructive Digital Indicating Tester. The relationships between the static (E_s) and dynamic (E_d) moduli of elasticity for both FC and FCa mixes are shown in Fig. 13. In this study (as in many others), the E_d appears higher than the E_s (secant) in all selected mixes. The reason for this is usually ascribed to the use of a 100% non-destructive approach for determining E_d which provides very small applied stress and hence there is neither micro crack formation nor creep during the test [40].

D. Thermal Conductivity

Two classes of method are normally used to measure the thermal conductivity of building materials; steady-state methods, in which the temperature across a sample does not change with time, and transient methods, in which a measurement is performed during the process of heating up [41].
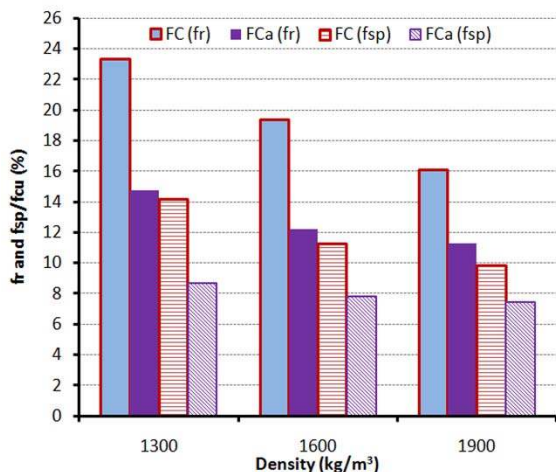
Fig. 11. The ratios of tensile strength (fr and fsp) to compressive strength of the selected mixes at 28 day.
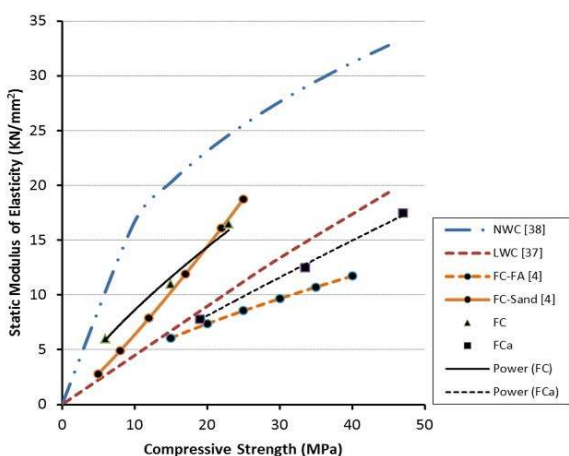

Fig. 12. Relationship between E-values and 28 day compressive strength of foamed, LWC and NWC concretes.

In this study the Heat Flow Meter (HFM) method, introduced in ISO 8301:1996 [42], was adopted to determine the thermal conductivity of all selected mixes. In the HFM technique, the specimen (305×305×50 mm) is placed between a hot plate and the HFM which is attached to a cold plate. A Thermal Conductivity of Building and Insulating Materials Unit (B480) was used for this test. The results of thermal conductivity for both dry (λ_d - oven-dried at 105°C until constant weight) and saturated (λ_s - immersed in water for 7 days) states are shown in Table IV.

As expected, for a given mix, it was found that the higher the density the higher the thermal conductivity, and that thermal conductivity increases with increased moisture ($\lambda_s > \lambda_d$), since air has lower thermal conductivity than water. However, despite the fact that adding fly ash instead of sand leads to an increase in the foam content compared with conventional mixes (FC), the thermal conductivity in the dry state of mixes with additives (FCa) is slightly higher than that for conventional mixes, **(Fig. 14)**. The reason for this is that in the case of foamed concrete, its thermal conductivity depends not only on the air volumetric fraction but also on the thermal conductivity of the solid materials (mortar or cement paste) which is made denser by the physical and chemical contribution of the additives (SF and FA) as well as having less porosity owing to reduced W/C

ratio with the addition of a superplasticizer, Fig. 15. In addition, the pore structure of a material plays a dominant role in controlling its thermal conductivity, and it is noted that adding fly ash may lead to a more uniform voids distribution resulting in reduced connectivity and consequent increase in thermal conductivity.
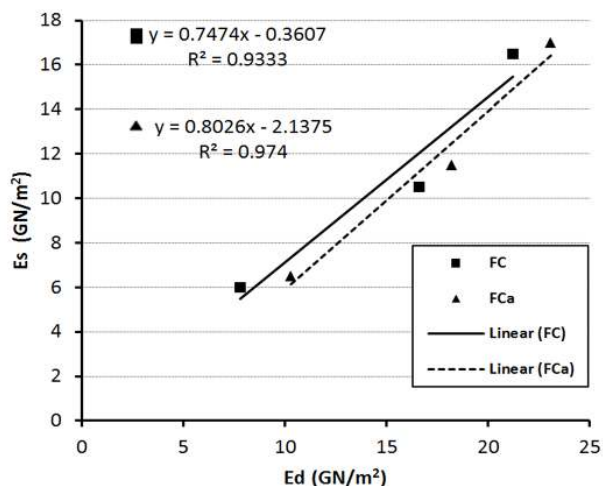

Fig. 13. Relationship between static and dynamic modulus of elasticity at 28 day of foamed concrete mixes.
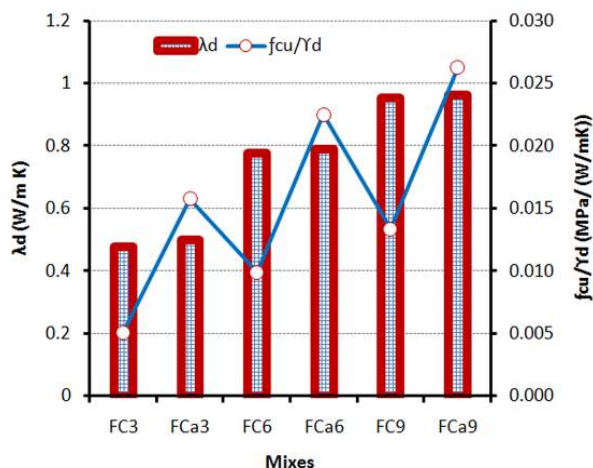

Fig. 14. The variation of (λ_d) and (f_{cu}/λ_d) for the selected mixes.

In contrast, in the saturated state and for a given density, the results illustrate that compared to conventional mixes (FC), the thermal conductivities were slightly lower for FCa mixes. This is because the water absorption of FCa mixes is less than that for FC mixes leading to the water content being lower, which results in reduced thermal conductivity. In other words, the water absorption in foamed concrete is mainly influenced by the paste phase which is denser in the case of FCa mixes, and not all artificial pores take part in water absorption since they are not interconnected [18], **(**Fig. 7c**)**. In concrete construction, it is not only beneficial to reduce the thermal conductivity of a material, but also to increase its structural efficiency (f_c/λ). Fig. 14 illustrates that, for all mixes, there is an increase in the (f_{cu}/λ_d) ratio with increase of density while, for the same density, this ratio increases with the presence of additives. These increases are gained as a result of improvements in the cementitious matrix due to reducing the foam, for the selected mixes, and/or reducing the W/C ratio by adding a water reducer and the incorporation of high quality pozzolana (SF and FA), for a given density. A comparison

of thermal conductivity and (f_{cu}/λ) for the selected mixes with other mixes (NWC, LWC and FC) from the literature [29], [41] is shown schematically in Fig. 16.
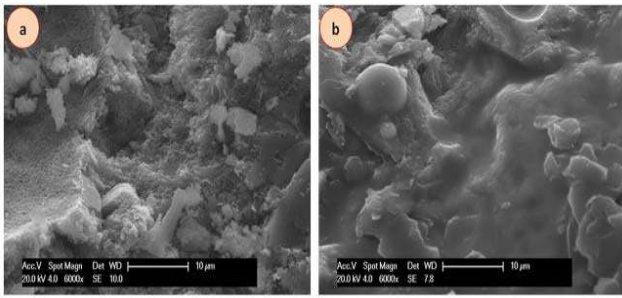

Fig. 15. Microstructure of two 1600 kg/m3 foamed concretes (a) Conventional, FC6 (b) with additives, FCa6.

TABLE IV: THE RESULTS OF THERMAL CONDUCTIVITY FOR BOTH OF DRY AND SATURATED STATES

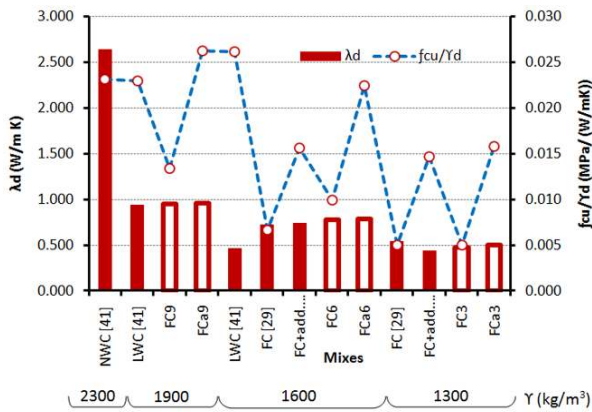| Mixes		FC3	FCa3	FC6	FCa6	FC9	FCa9
λ (W/mK)	Dry	0.475	0.498	0.775	0.789	0.951	0.962
	Saturated	0.635	0.599	1.08	0.986	1.185	1.112

Fig. 16. The comparison of (λd) and ($f_{cu}/\lambda d$) for the selected mixes with other mixes (NWC, LWC and FC) [29], [41].

IV. CONCLUSIONS

From the tests presented in this paper, the following conclusions can be drawn:

- The mineral admixtures (SF and FA) and superplasticizer combination provides improvement in both the workability and the strength properties of foamed concrete.

- The results for mixes investigated in this study showed higher compressive strength to density ratios compared to foamed concrete mixes from other studies produced by using sand and/or fly ash as a filler material.

- While indirect tensile, flexural and splitting strengths were significantly higher for FCa mixes than FC mixes, the tensile/compressive ratios were higher for FC mixes.

- Similarly, while FCa mixes gave higher Es than FC mixes for a given density, they exhibited lower E-values for a given compressive strength. Es for NWC was also higher than both at a given compressive strength.

- Due to their making the cement paste denser and less porous, addition of additives and superplasticizer leads to slightly increased thermal conductivity in the dry state. However, owing to reduced water absorption, the

thermal conductivity in the saturated state was slightly lower for FCa mixes than FC mixes.

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