

Searched words	Conjunction	Disjunction	Examples of exact search terms
mHealth, physical, mental, mobile, health, internet, application, SMS, text, message, messaging, technology, smartphone, cessation, weight, smoking, medication, adherence	and	or	<ul style="list-style-type: none"> • Physical health AND mobile application OR mHealth • Physical health AND smartphone technology • Physical health AND mobile application OR SMS text messaging • Mental health AND mobile application • Mental health AND smartphone technology AND mHealth • Mental health AND mobile application OR SMS text messaging • Smoking cessation AND smartphone technology • Medication adherence AND mobile application OR internet technology OR SMS text message