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The use of teledermoscopy in the accurate identification of cancerous skin lesions in the adult population: A systematic review

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Abstract

Background: The use of teledermoscopy in the diagnostic management of pre-cancerous and cancerous skin lesions involves digital dermoscopic images transmitted over telecommunication networks via email or web applications. Teledermoscopy may improve the accuracy in clinical diagnoses of melanoma skin cancer if integrated into electronic medical records and made available to rural communities, potentially leading to decreased morbidity and mortality.

Objective and method: The purpose of this paper is to present a systematic review of evidence on the use of teledermoscopy to improve the accuracy of skin lesion identification in adult populations. The PRISMA method guided the development of this systematic review. A total of seven scholarly databases were searched for articles published between the years of 2000 and 2015. All studies were critically appraised using the Rosswurm and Larrabee critique worksheet, placed in a matrix for comparison evaluating internal and external validity and inspected for homogeneity of findings.

Results: Sixteen articles met inclusion criteria for this review. A majority of the studies were cross-sectional and non-experimental. Ten of the 16 focused on interobserver concordance and diagnostic agreement between teledermoscopy and another comparator. Instrumentation in conducting the studies showed inconsistency with reported results.

Discussion: Higher level evidence is needed to support clinical application of teledermoscopy for accuracy of diagnostic measurement in the treatment of pre-cancerous and cancerous skin lesions in adults. Future research is needed to develop a standardized, reliable and valid measurement tool for implementation in clinical practice.

Keywords

Teledermatology; telehealth; teledermoscopy; melanoma

Declaration of Conflicting Interests

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Background

Melanoma, which is the most common and dangerous of all skin cancers,¹ is the most common cancer of young adults under the age of 24.² Melanoma rates have continued to rise over the past 30 years. It is estimated that approximately 76,380 new melanomas will be diagnosed in the United States by the end of 2016, with 10,130 cases expected to result in mortality.³ The Skin Cancer Foundation reports that one person dies of melanoma every hour.² Even though melanoma accounts for less than 1% of skin cancers, it remains the leading cause of skin cancer deaths. Melanoma care is expensive; total direct care cost concomitant for malignant melanoma treatment in 2010 was \$2.36 billion in the United States and total treatment costs have increased from an annual average of \$3.57 billion between 2002 and 2006 to \$8.075 billion between 2007 and 2011.⁴

Prevention is key for melanoma care. Early detection and treatment has the potential to decrease cost, population morbidity and mortality. The Surgeon General created a call to action to prevent skin cancer determining it to be a major public health problem;⁵ and the United States Preventive Services Task Force (USPSTF) recommends skin cancer screening. ⁶ Access to screening programmes can be limited for rural and underserved populations, creating a need for innovative methods to implement screening programmes.

Progress in the fight against melanoma includes multiple advances in technology for screening and follow-up assessments. Using technology to screen for melanoma in rural areas may be one potential resolution to the screening access issue. Teledermoscopy has been used for screening. Two main types of teledermatology exist for identification of cancerous skin lesions including: store-and-forward (SAF) technology; and videoconferencing (VC) or live interaction (LI). The difference between standard SAF versus teledermoscopy is the addition of the dermoscopic lens – these attachments can be used with standard digital cameras then images sent to a dermatologist (teledermoscopy) or a smartphone (mobile teledermoscopy). Without the dermoscopic lens, a consultation using macro images in considered a SAF teledermatology consultation. VC and LI are skin examinations performed in real-time communication using two-way audio, webcam or virtual conference rooms.⁷ Mobile teledermoscopy involves the use of high speed, wireless or broadband network connections to mobile devices such as smartphones, digital cameras or computers for follow-up of suspicious lesions to providers.⁸ This mobile factor can be added to both SAF and VC teleconsultation. Therefore, the following research question has been formulated: What is the evidence related to the use of teledermoscopy to improve the accuracy of skin lesion identification in the adult population?

Methods

The PRISMA method was used to develop this systematic review.⁹ A review of the literature was conducted between 1 September 2015 and 31 October 2015 using EBCSO host, The Cochrane Library, OVID, PubMed, CINAHL, Academic Search Complete and MEDLINE, with limits set for the years 2000 through 2015. Specific keywords and word combinations included: 'teledermoscopy', 'teledermoscopy and skin lesions', 'teledermoscopy and adults', 'mobile teledermoscopy', 'mobile teledermoscopy and skin lesions', 'teledermoscopy and

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patient-performed', 'mobile teledermoscopy and accuracy', 'teledermoscopy and clinical screening' and 'mobile teledermoscopy and clinical screening'. Both The Cochrane Library and CINAHL database searches yielded no search results.

The completed search yielded 423 articles with 119 duplicates eliminated. Thus, 304 abstracts were reviewed for inclusion with the following inclusion criteria: (1) adults 18 years of age or older, (2) adults with skin lesions, (3) mobile teledermoscopy and (4) patientperformed or clinical screening teledermoscopy. One author independently extracted and reviewed the initial literature for inclusion, with accuracy confirmed by two additional authors for selection bias purposes. Thirty-seven abstracts met the inclusion criteria and the full-text articles were obtained. The Rosswurm and Larrabee critique worksheet was utilized to screen each article to reduce bias, determine validity, interpret results and evaluate applicability in clinic practice and future research.¹⁰ After critiquing the full-text articles, 21 articles were removed from this review due to failure in meeting inclusion criteria. Articles eliminated included the following: 13 articles focused specifically on teledermatology with no definition of teledermoscopy in the actual studies; 11-23 three letters to the editor; 24-26two purely informational articles without defined study groups or methodologies;^{27,28} one practice guideline from the American Telemedicine Association on the Practice Guidelines for Teledermatology;²⁹ one expert review which focused on distinguishing malignant tumours from benign utilizing dermoscopy;³⁰ and one article involving only text-messaging as a form of early detection.³¹ Figure 1 summarizes this literature screening process.

Results

A total of 16 articles remained for inclusion. Table 1 includes a description of each article (in alphabetical order by first author last name), year of publication, country, type of teledermoscopy used, type of measurement data and strengths and weaknesses of the study. Similarities and differences were noted in overall approach for the included studies. Ten of the 16 studies focused on some level of interobserver agreement or diagnostic concordance when evaluating the accuracy of the lesion diagnosis between teledermatologists, clinical dermatologists and general practitioners.^{32–41} Nine studies examined the comparison between teledermoscopy and biopsy and histopathology.^{32,34,35,37–40,42,43} Two of these stated that face-to-face evaluation was used to confirm lesion diagnosis,^{33,44} and one study specifically stated that both lesion histopathology and face-to-face comparison were used to confirm final diagnoses.³⁸ Eight studies focused on the use of a mobile device to perform teledermoscopy, 32, 36, 38, 41, 42, 44-46 yet only one included use of an actual mobile phone application or web-application.³²Three studies included the use of SAF teledermoscopy; ^{38,40,43} two studies relied on patient ability to perform skin self-examination when using teledermoscopy;^{44,46} two explored the use of teledermoscopy as a triage system;^{38,40} and two compared teledermoscopy to the asymmetry-colour rule.^{44,46} Piccolo et al. was the only study found to mention the use of multiple colleagues with varying levels of experience in dermoscopy in the evaluation of cancerous lesions.³⁹

Clinical diagnostic accuracy

Four studies reported on the clinical accuracy of diagnosis using teledermoscopy.^{35,44–46} Ishioka et al. conducted a 24-month case-controlled study of 64 cases to determine agreement between the clinical specialist making the diagnosis in person and the clinician's diagnosis by examining data and images via teledermoscopy with the same two dermatologists for pre-selection and post diagnosis.³⁵ Results of this study demonstrated agreement between in-person examinations and biopsy results, and between levels of teledermoscopy and biopsy results. Janda et al. compared teledermoscopy to skin selfexamination using a randomized controlled trial design with 22 participants.⁴⁶ The intervention group utilized smartphones with a dermoscope attachment plus the asymmetrycolour variation rule and the control group used only the asymmetry-colour variation rule. During skin self-examination, 107 lesions were identified and during clinical evaluation, 42 lesions were noted but there was no difference between groups. Börve et al. conducted a prospective study for one year to compare teledermoscopy referral via smartphone to paperbased referrals.⁴⁵ The sample of 772 patients referred with smartphone teledermoscopy, and 746 patients referred by a paper-based system were compared to face-to-face observations. The teledermoscopy group showed 22.6% more referrals than the paper-based group and 35 invasive melanocytic melanomas were prioritized correctly. Manahan et al. used a randomized controlled trial over a 3 month time frame (N=49, 309 lesions submitted) to compare skin self-examination with mobile teledermoscopy compared to clinical skin examination.⁴⁴ Skin self-examination plus mobile teledermoscopy showed high sensitivity and moderate specificity. The clinical skin evaluation submitted by mobile teledermoscopy was highly sensitive and highly specific, indicating concordance with the clinical diagnosis and telediagnosis.

Diagnostic reliability

Eight studies reported on the reliability of teledermoscopy for diagnosing skin lesions. 32,34,36,39,40,42,43,47 Piccolo et al. determined that telediagnosis of melanomas was correct at rates of 95%, 77% and 52% at low, medium and high diagnostic difficulty and dependent on the experience of the observer.³⁹ Fabbrocini et al. studied 44 lesions and determined that irregular pigmentation and regression structures had a higher frequency for diagnosis in teledermoscopic observations³⁴ but in all other criteria, face-to face observations were better. Warshaw et al. reported no significant differences in accuracy rates between macro images alone and macro plus polarized light dermoscopy, primary diagnoses and management plans. ⁴³ Griffiths compared patients using images via teledermoscopy to assess diagnostic accuracy of 660 lesions in a crosssectional study and reported that no melanomas were misdiagnosed using a TeleDerm service;⁴⁷ net cost savings of 50% were projected due to decreased hospital admissions/routine referrals. Tan et al. reported concordance between face-to-face diagnosis and teledermoscopy at 74% (285/ 385 lesions),⁴⁰ and 74% (219/296 lesions) for two dermatologists performing both exams for each patient. Kroemer et al. demonstrated strong agreement between clinical image tele-evaluation and teledermoscopy with biopsy, 4^{42} differentiating benign from malignant (90%; k=0.84). Both methods were equally high on sensitivity for all diagnostic categories and specificity for benign nonmelanocytic (97%) and melanocytic lesions (99%). Lamel et al. reported overall diagnostic agreement between mobile phone images and TeleDerm consultation and high agreement

between dermatologists.³⁶ Börve et al. conducted a second study and concluded that there is high interobserver agreement between face-to-face consultation and teledermoscopy.³²

Feasibility

Five studies reported on feasibility of using teledermoscopy for assessing skin lesions in addition to clinical diagnostic accuracy. Di Stefani et al. demonstrated that it was feasible to achieve clinical diagnostic accuracy with agreement between face-to-face and two remote teledermatologists.³³ Massone et al. completed two studies, the first of which examined the feasibility to perform a melanoma screening using cell phone images versus dermoscope images.³⁷ They determined that the quality of cell phone images was poorer than the quality of dermoscopic images. The second study by Massone et al. investigated the feasibility of a SAF teledermoscopy triage system over a 24-month time frame.³⁸ The image quality was excellent and diagnostic accuracy among teleconsultants was excellent with malignant and benign lesions being correctly diagnosed by teleconsultants. Wu et al. evaluated the feasibility of mobile dermoscopy by patients, diagnostic concordance of teledermoscopy with conventional office-based visits and patient's receptiveness to teledermoscopy for short-term monitoring of nevi.⁴¹ On 30 image pairs evaluated by the teledermatologists, there was 97% agreement with the decision made by the clinical dermatologist and patients were receptive to teledermoscopy. Finally, Ishioka et al. reported that a web-based teledermoscopic diagnosis is feasible and could potentially meet the patient care access needs in rural areas.³⁵

Limitations

In this systematic review, there is some potential for selection bias due to the limited number of available abstracts found as a result of key term search criteria. Conclusions were interpreted with caution due to the lack of randomized controlled trials performed or accessible. Cost was not considered as part of this literature review due to lack of reporting. Finally, the variance of instrumentation could contribute to outcome bias due to identified lack of consistency with image capture and quality. Additional selection bias may exist due to individual selection of suspicious lesions for skin self-examinations, restriction of lesion selection, and only primary body areas selection (arms, legs, face, backs and shoulders) and lack of blinding was not possible in several studies due to face-to-face examinations. External validity is limited in some studies due to small sample sizes. In addition, lack of diversity in sample population (primarily male) is a consideration for generalizability. Finally, the potential for recall bias using the same dermatologists for teledermoscopic and face-to-face diagnosis exists as well as the reliability and reproducibility could be dependent upon the level of dermatological training and experience.

Discussion

Teledermoscopy is an identified modality with both mobile patient skin self-examination and diagnosis or monitoring via teledermatologist. The American Telemedicine Association has recommendations for best practices that delineate appropriate image acquisition, storage retrieval and transmission and image display.²⁹ These include both technical and clinical

specifications. However, practice guidelines for teledermatology have no current recommendation for standard lesion comparison.²⁹

The results of this review revealed varying types of instrumentation used to capture skin lesion images. The majority of the studies focused on digital cameras with attachable dermoscopic devices, while others were built-in mobile phone applications. This difference between types of image capture and storage can alter the appearance of the lesion, emphasizing a need for consistent use of valid and reliable instrumentation that maximizes image quality and contributes to accuracy of image interpretation.

Future implications for research and practice

There are significant gaps remaining in the research methodological approaches that have been used to study teledermoscopy. There is a continued need for future comparative effectiveness studies aiming to identify the premier method for image capture, storage, and review so that evidence can be provided for clinical practice guidelines. A more immediate clinical practice change could include the integration of teledermoscopic images into the patient electronic medical record (EMR). Automatic inclusion of patient images in the patient's record would enhance efficiency of care and access to specialty care. Ensuring that image data is easily retrievable for patients and providers would be consistent with the most recent emphasis on meaningful use of electronic health records. This would require that both acute and chronic care facilities have access to picture archiving and communication systems (PACS), which are key to digital integration for diagnostic management. As EMRs continue to transform into meaningful use stage 3, image technology advancement is an essential focus for clinical practice.

Conclusion

With the escalation of malignant melanoma diagnoses on a national level, access to care is essential and should be placed as a high priority on legislative agendas. The ability to take mobile diagnostic preventive screening to the community has proved to be effective, and incorporating teledermoscopy for suspected cancerous lesions could improve access to care.

Teledermoscopic evaluation of potentially cancerous skin lesions can be useful in the prevention, diagnosis, and treatment of malignant melanoma. Higher level evidence such as randomized controlled trials, comparative effectiveness trials, and meta-analyses are needed to build evidence for clinical practice changes in both the acute care and community settings.

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Figure 1. The literature screening process.

Summary of results.				
Author(s), year/purpose	Design	Sample	Instrument/device	Key findings
Börve et al., ⁴⁵ 2015 Smartphone TDS referrals vs. Paper-based referrals for faster skin cancer mgmt.	Prospective observational study, quasi- experimental	TDS: 772; Papet-based: 746 Patients referred via TDS (474 female; 61.4%).	PHC-iDoc24 PRO (iDoc24 AB) app, handheld DS compatible with smartphone	 Triage more reliable with TDS Waiting times receiving surgical treatment shorter in TDS group (<i>p</i> < 0.001) Smartphone TDS faster mgmt for skin cancer patients.
Börve et al., ³² 2013 1. Mobile TDS app accuracy 2. IO concordance b/n two TDs & FTF dermatologist.	Prospective observational study, quasi- experimental	N= 62 (24 females, 38 male); Total Lesions included = 69	Smartphone (iPhone 4, Apple); customized DS attachment (FotoFinder, Handyscope, FotoFinder Systems GmbH); web- based TD platform (Tele- Dermis, iDoc24, AB, & iPhone (iDoc24, AB)	 FTF diagnostic accuracy statistically higher than TD 1 (p < 0.04), similar to TD 2. IO concordance moderate agreement. Image quality rated excellent/suffi- cient by TDs in 94%/84% cases, respectively.
Di Stefani et al., ³³ 2007 Feasibility of TD for patients with multiple PSL	Cross-sectional design, no control groups	Patients (A= 18) with 465 PSLs (11 males,7 females)	Photo (Model 990, Nikon); JPEG images (resolution 2048 × 1536 pixels, 24-bit colour depth); stored dig VD (Videocap, DS Medica)	 FTF and two TDs moderate agree-ment (FTF 65 lesions clinically equivocal) TD 1 and TD2 requested DS evaluation (18.1%, 13.5%) Two-step clinical and TD approach recommended
Fabbrocini et al., ³⁴ 2008 Telediagnosis vs. FTF diagnosis for skin lesions.	Cross-sectional, non-experimental	N = 44 pigmented lesions Age and gender not reported	Photo (SAF) Nikon 4500 Coolpix camera post oil immersion or US gel.	 FTF diagnosis correct (66%, p < 0.05)and better observation detected. TDS did not show similar diagnostic accuracy as FTF in teleconsultation.
Griffiths, ⁴⁷ 2010 TeleDern service in providing GPs with rapid assessment in diagnosis & mgmt	Cross-sectional, non-experimental	<i>N</i> = 660 lesions, number and type of per-sons unspecified. Age and gender not reported	TeleDerm service; GP record patient history & images in EMR.	 Patients discharged by GP post TDS referral = 75% GPs identified 7 lesions with TDS referral confirmed melanomas. No melanomas misdiagnosed using TeleDerm service.
Janda et al., ⁴⁶ 2014 Mobile TDS + AC rule or AC rule alone in identifying lesions during SSE	Experimental randomized controlled trial	Male 60% ; female 40% SE: 107 10% SSE: 107 lesions identified Intervention ($N = 66$), control ($N = 41$)	Smartphones with DS attach-ment and the asymmetry- colour variation rule.	 Additional lesions noted by clinical skin exam (N= 42) Both intervention and control groups missed two lesions by SSE
Ishioka et al. ³⁵ 2009 FTF vs. web images in diagnostic analysis	Case control study; non- experimental	N= 64 (61 % female; 39% male)	Clinical photos (Nikon Coolpix 4300); DS photos (image resolution of 2272 × 1704 pixels) with DS attachment (Heine Delta 20), post 24 months SAF with JPEG images.	 72% agreement b/n in-person diagnosis and biopsy result 66% agreement b/n telediagnosis and biopsy results Web-based diagnostic service feasible; four false negatives
Kroemer et al., ⁴² 2011 Diagnostic accuracy of clinical and dermoscopic images using tele- evaluation for mobile skin screening	Quasi-experimental, non-randomized controlled trial	Patients (N = 80), tumours (N =113) (male 41; female 47)	Mobile phone (Nokia), camera lens 3.2 Mpix; Nokia), camera lens pocket DS device (DermLite II PRO HR; 3Gen LLC), storage JPEG format, saved USB,	 Tele-evaluation strong agreementdifferentiating benign from malignant Clinical image tele-evaluation superior to TDS with 16 vs. 22 opposing cases

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Table 1.

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Author(s), year/purpose	Design	Sample	Instrument/device	Key findings
			Transmitted VI via e-derm consult GmbH)	
Lamel et al., ³⁶ 2012 1. Mobile phone use for diagnoses and mgmt in skin cancer screening 2. Diagnosis/concordance b/n in- person & TD evaluations at screening event.	Cross-Sectional design, non-experimental	<i>N</i> = 86 (137 skin lesions); male 36; female 50	Mobile Google Android G1 (HTC Corporation); 3.2 Mpix autofocus cam; enabled with ClickDerm (Click Diagnostics).	 Mobile phone technology yielded high mgmt agreement b/n TD and in- person evaluation Mgmt agreement b/n dermatologists high ermatologists high
Manahan et al., ⁴⁴ 2015 1. Clinical accuracy of SSE +mobile TDS vs CSE. 2. SSE instructions improve accuracy.	Randomized controlled trial	N = 58 (309 lesions), age 50–60 years	iPhone, Handyscope FotoFinder DS attachment (FotoFinder Systems GmbH)	 SSE + Mobile TDS at 69% with one lesion requiring follow-up CSE found additional 40 lesions on 25 participants Overall concordance with clinical diagnosis and TDS show substantial agreement
Massone et al., ³⁷ 2007 Melanoma screening feasibility with clinical and dermoscopic images via cellular phone.	Cross-sectional; non-experi- mental, comparative	N= 18 (male 12, female 6)	Sony Ericsson K 750i (2 Mpix camera); pocket DS device with 25 mm 10 × lens (DermLite II PRO HR -3Gen, LLC); images 1632 × 1224 pixels JPEG format	 Two teleconsultants both agreed with FTF diagnosis in 89% of cases Clinical image alone insufficient to correctly diagnose skin lesions and determine value of DS contribution
Massone et al., ³⁸ 2014 Feasibility of a SAF TD triage system	Cross-sectional, Non-experi-mental comparative	<i>N</i> = 962 (lesions) <i>N</i> = 690 (patients); male 642; female 48	Clinical images taken with Canon Powershot dig cam (Canon); DS images (DermLite Photo; 3Gen LLC) adjusted from MoleMax System (Derma Medical Systems) used (SAF)	 Image quality TDS vs DS: 88% excellent Diagnostic accuracy among teleconsultants: 94% excellent TD determined as suitable in triage of skin cancer
Piccolo et al., ³⁹ 2000 Agreement b/n direct clinical diagnosis vs. telediagnosis	Cross-sectional; non-experi-mental, comparative	N = 40 (total patients); male 21; female 19 $N = 43$ (pigmented lesions)	FTF Dermoscope (Heine Delta 10, Heine Optotechnik), dig cam DCS 460, Kodak), with Nikon body (N90, Nikon). Storage (Digital ELM TeleDerm Workstation, Vanguard Imaging Ltd). Image size: Imaging Ltd). Image size: 2036 × 3060 pixels RGB colour mode (32 bit/pixel) PEG 511 × 768 pixels in RGB colour mode (24 bit/ pixel)	 Concordance of observers:Telediagnosis performed better than FTF. Melanomas diagnosed correctly (95%, 77% and 52%) at low, medium and high. TDS reliable technique for cancerous skin lesion diagnosis
Tan et al., ⁴⁰ 2010 TDS as triage tool for skin lesions	Cross-sectional; non-experi-mental, comparative	N = 200 (patients); male 74; female 126 $N = 491$ (lesions)	Nikon D50 digital SLR cam; HP Photosmart 912 or Canon Photoshot G6 1/1.8" 7 megapixel CCD dig cam, DS lighting unit (DemLite Foto; 3Gen LLC) with macro adapter for DS images (1600 × 1200 JPEG; 24-bit colour depth MoleMap point of diagnosis software (MoleMap).	 FTF and TD concordance 74% FTF and TD consultation concord-ance (k = 0.90 in all categories) TDS successful triage tool for patients referred to lesion diagnosis clinic
Warshaw et al.,43 2009 Accuracy of SAF TD vs. in-person clinical diagnosis	Cross-sectional, experimen-tal, repeated measures trial	N = 542 (pigmented lesions); male 96%; female 4%	Macro images (Nikon Coolpix 4500 SL-I ring flash, (Nikon); PLD images (Nikon Coolpix 4500 3Gen DermLite lens (3Gen), DS image	 No significant differences in accuracy b/n macro images alone and macro + PLD No significant differences in primary diagnosis or mgmt plan

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Author(s), year/purpose	Design	Sample	Instrument/device
			(35-mm Minolta × 370 with Heine dermphot lens attachment, (Heine); 35-mm kodachrome (Nikon Cool Scan LS-4000ED, Konica Minolta)
Wu et al., ⁴¹ 2015 Feasibility, efficacy and receptivity of TDS for atypical nevi monitoring	Prospective, cohort study	N = 29; male 16; female 18	Images (Nikon D90 SLR dig cam with 60-mm Macro Nikkor lens with derm attachment (Epilume; Canfield Imaging Systems, Inc.): 1 by patient with mobile DS (DermScope; Canfield Imaging Systems, Inc.) attached to mobile phone with 8- Mpix cam (iPhone 4S; Apple, Inc.) Standard & routing taken under contact, polarized light with $\times 10$
			magnification.

Abbreviations listed in alphabetical order: AC = asymmetry-colour; b/n = between; CSE = clinical skin examination; DS = demoscopic; EMR = electronic medical record; FTF = face-to-face; GP= General Practitioner, IO = interobserver, mgmt = management; PLD = polarized light demoscopy; PSL = pigmented skin lesions; SAF = store-and-forward; SSE = skin self-examination; TD = teledermatology; TDS = teledermoscopy; TDs = teledermoscopists).

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• Patient receptivity: TD significantly higher in agreement compared to negative attitude toward TD(p < 0.01)

Diagnostic accuracy of TDS inferior to clinical dermatology
 Patient receptivity: TD significantly

Key findings

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• Findings suggest TDS both feasible and effective for short-term monitoring of clinically atypical nevi