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Thermoreversible Block Copolymer Worm Gels

Using Binary Mixtures of PEG Stabilizer Blocks

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Abstract. Two trithiocarbonate-based poly(ethylene glycol) (PEG) macromolecular chain transfer agents (macro-CTAs) with mean degrees of polymerization of 45 and 113 were prepared with $\geq 94\%$ chain-end functionality. Binary mixtures of these PEG-trithiocarbonate macro-CTAs were then chain-extended *via* reversible addition-fragmentation chain transfer (RAFT) aqueous dispersion polymerization of 2-hydroxypropyl methacrylate (HPMA). Systematic variation of the relative proportions of PEG₄₅ and PEG₁₁₃ macro-CTAs and the degree of polymerization of the PHPMA core-forming block resulted in the formation of $[x \text{ PEG}_{45} + z \text{ PEG}_{113}] - \text{PHPMA}_n$ block copolymer spheres, worms or vesicles, where x and z represent the mol fractions of PEG₄₅ and PEG₁₁₃, respectively. A phase diagram was constructed to establish the relationship between block copolymer composition and nanoparticle morphology. The thermoresponsive behavior of block copolymer worms was assessed by visual inspection, DLS, transmission electron microscopy (TEM) and temperature-dependent oscillatory rheology. Increasing the proportion of PEG₄₅ ($x = 0.00$ to 0.40) in the stabilizer block resulted in a moderate increase in worm gel strength, but cooling resulted in *irreversible* degelation owing to a worm-to-sphere morphology transition. However, the phase diagram enabled identification of a diblock copolymer composition that exhibited *reversible* degelation behavior in pure water. This formulation was then further optimized to exhibit the same rheological behavior in a commercial cell culture medium (*Nutristem*) by fixing the PEG mol fraction at $x = 0.70$ while lowering the PHPMA DP from 115 to 75. Importantly, the gel strength at physiological temperature can be readily tuned simply by variation of the copolymer concentration. In principle, this study has important implications for the preservation of human stem cells, which can enter stasis when immersed in certain worm gels (see I. Canton *et al.*, *ACS Central Science*, **2016**, *2*, 65-74).

Introduction

Polymerization-induced self-assembly (PISA) has become widely recognized as a powerful platform technology for the rational synthesis of bespoke block copolymer nano-objects.¹⁻¹² Much of the PISA literature involves reversible addition-fragmentation chain transfer (RAFT) polymerization,¹³⁻¹⁸ but atom transfer radical polymerization (ATRP),¹⁹⁻²² ring-opening metathesis polymerization (ROMP)²³⁻²⁵ and nitroxide-mediated polymerization (NMP) can also be utilized.²⁶⁻³⁰ PISA syntheses can be conducted at copolymer concentrations of up to 50% w/w in aqueous media,³¹ and final monomer conversions of more than 99% are typically achieved.³² For such formulations, a water-soluble polymer is chain-extended using either a water-immiscible monomer (aqueous emulsion polymerization)³³⁻³⁵ or a water-miscible monomer (aqueous dispersion polymerization).⁴ In each case the growing second block becomes water-insoluble at some critical degree of polymerization (DP), which drives the *in situ* block copolymer self-assembly. In principle, aqueous emulsion polymerization is applicable to a much wider range of vinyl monomers, but in practice such syntheses are often restricted to kinetically-trapped spheres.³⁶ In contrast, aqueous dispersion polymerization usually produces the full range of block copolymer nano-objects (i.e., spheres, worms or vesicles) if an appropriate PISA formulation is selected.^{4, 37} Moreover, such nano-objects are much more likely to be stimulus-responsive, because the structure-directing water-insoluble block is only weakly hydrophobic.¹¹ For example, poly(glycerol monomethacrylate)-poly(2-hydroxypropyl methacrylate) (PGMA-PHPMA) worms form free-standing hydrogels at 20 °C owing to multiple contacts between neighboring worms.³⁸ Such gels undergo degelation on cooling as a result of a worm-to-sphere transition induced by surface plasticization. This thermal transition is fully reversible, which enables convenient sterilization *via* cold ultrafiltration.³⁹ Moreover, such hydrogels can be used

as biocompatible scaffolds for the 3D culture of various cell lines.⁴⁰ Interestingly, human stem cell colonies immersed in such hydrogels undergo stasis: they become non-proliferative and can survive in their naïve undifferentiated state for up to two weeks without passaging at 37 °C.⁴¹ This suggests that such hydrogels may prove to be a useful storage medium for the global transport of human stem cells without cryopreservation.

Recently, we and others have explored the PISA synthesis of analogous diblock copolymer nano-objects in which the hydrophilic PGMA stabilizer block is replaced by poly(ethylene glycol) (PEG).⁴²⁻⁵¹ However, if the PEG block is relatively long (e.g. DP = 113), then PEG-PPMA worms exhibit thermoresponsive but not thermoreversible behavior. In other words, degelation occurs on cooling to 5 °C, but regelation does not occur on returning to ambient temperature. Presumably, this is because the steric stabilization conferred by the PEG₁₁₃ chains is sufficiently strong that multiple 1D sphere-sphere fusion does not occur on normal experimental time scales. This limitation prevents the evaluation of PEG-PPMA worm gels in the context of human stem cell preservation. This is unfortunate, because comparing PEG-PPMA and PGMA-PPMA worm gels should shed light on the stasis mechanism. More specifically, do human stem cells enter their dormant state simply because these worm gels are very soft (the bulk modulus, G' is typically 10-50 Pa) or are chemical cues also important?

It is well-known in the PISA literature that the judicious use of binary mixtures of steric stabilizer blocks in PISA formulations can provide some useful advantages.⁵²⁻⁵⁷ For example, using a binary mixture of short and long poly(methacrylic acid) stabilizers enables the rational synthesis of relatively small vesicles with narrow size distributions via RAFT dispersion polymerization of benzyl methacrylate in ethanol.⁵⁸ Similarly, combining a polyelectrolytic steric stabilizer with a non-ionic steric stabilizer is arguably the most convenient approach for the

preparation of either cationic or anionic block copolymer nanoparticles directly in aqueous media.

In the present study, we use a binary mixture of a relatively long PEG₁₁₃ chain transfer agent (CTA) and a relatively short PEG₄₅ CTA for the RAFT aqueous dispersion polymerization of HPMA. Our primary objective was to identify one or more PISA formulations that would enable PEG-HPMA worms to exhibit *thermoreversible* (de)gelation behavior. If successful, such worm gels could be utilized to probe the mechanism by which naïve human stem cells enter stasis.

Results and Discussion

The use of linear PEG as a steric stabilizer block in PISA has received considerable interest over the past few years.^{42-51, 59-64} The majority of the literature focuses on PEG macro-CTAs with a mean DP of either 45 or 113, primarily owing to the commercial availability of the corresponding monomethoxy PEG precursors. For example, Warren *et al.*⁴⁶ prepared PEG₁₁₃-PHPMA_n diblock copolymer spheres, worms or vesicles at 50 °C, with oligolamellar vesicles being obtained at high copolymer concentrations for this formulation. Subsequently, PEG₁₁₃-PHPMA_n vesicles have been evaluated as nanoreactors⁴⁸ or used to encapsulate therapeutic enzymes to enhance their proteolytic stability and minimize antibody recognition.⁴⁹ Blackman *et al.* used the same PISA formulation as a model to examine the fidelity of trithiocarbonate (TTC) end-groups, where PEG₁₁₃-PHPMA_n nano-objects were prepared by either photoinitiation or thermal initiation.⁴⁷ Photoinitiation resulted in loss of the TTC end-groups, but also led to the formation of higher order morphologies. In related work, Tan *et al.*⁵⁰ demonstrated that PEG₁₁₃-PHPMA_n spheres, worms or vesicles could be conveniently prepared using photo-PISA at 25 °C. Such mild conditions facilitated the *in situ* encapsulation of bovine serum albumin within

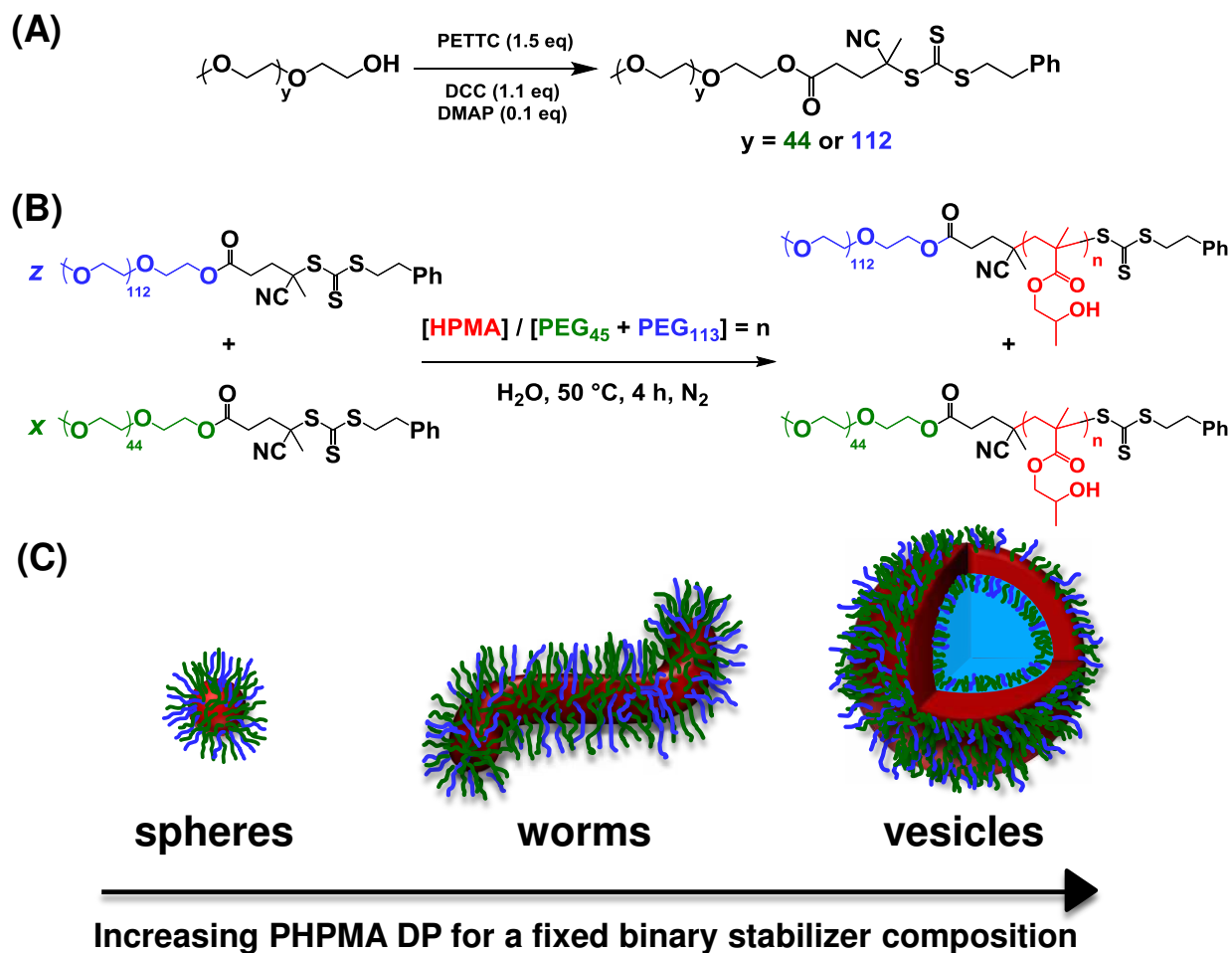
vesicles with retention of this cargo's catalytic activity. Furthermore, silica-loaded pH-responsive vesicles were synthesized by the same research group by statistically copolymerizing 2-(dimethylamino)ethyl methacrylate within the membrane-forming block.⁴³

Ren and Perez-Mercader⁴⁴ also exploited photo-PISA to prepare PEG₄₅-PHPMA_n diblock copolymer nano-objects in water at 25 °C. In this case, the PEG₄₅ macro-CTA contained a hydrophobic *n*-dodecyl group, which resulted in the formation of PEG₄₅-C₁₂H₂₅ micelles in the aqueous reaction solution prior to the HPMA polymerization. Interestingly, sterically-stabilized nanoparticles were obtained but only for target PHPMA DPs of between 60 and 80. PEG₄₅-PHPMA₈₀ spheres formed free-flowing fluids at 15 °C and strong, free-standing gels at 40 °C. This sol-gel transition was apparently induced by the formation of a “micelle-network” rather than a sphere-to-worm morphology transition. However, such gel strengths appear to be too high for such hydrogels to be used for the long-term storage of stem cells.⁴¹

Synthesis of PEG macro-CTAs

Two poly(ethylene glycol) trithiocarbonate (PEG) macro-CTAs with mean DPs of 45 and 113 were synthesized *via* Steglich esterification from their monomethoxy precursors using a carboxylic acid-functionalized RAFT agent PETTC (Scheme 1). After purification, mean degrees of esterification of 94% and 95% were calculated for PEG₄₅ and PEG₁₁₃ respectively, by comparison of the integrated oxyethylene protons assigned to PEG at 3.3-4.4 ppm to that of the aromatic end-group at 7.2-7.4 ppm (see Figures S1A and S2A). THF GPC analysis indicated $M_n = 2.5 \text{ kg mol}^{-1}$ and $M_w/M_n = 1.03$ for the PEG₄₅ macro-CTA and $M_n = 5.8 \text{ kg mol}^{-1}$ and $M_w/M_n = 1.03$ for the PEG₁₁₃ macro-CTA (see Figures S1B and S2B). Binary mixtures of these macro-

CTAs were used to prepare $[x \text{ PEG}_{45} + z \text{ PEG}_{113}] - \text{PHPMA}_n$ diblock copolymer nanoparticles *via* RAFT aqueous dispersion polymerization of HPMA at 50 °C.



Scheme 1. (A) Reaction scheme for the synthesis of two PEG macro-CTAs with mean DPs of 45 and 113 *via* Steglich esterification. (B) Reaction scheme for the RAFT aqueous dispersion polymerization of HPMA at 50 °C for the synthesis of $[x \text{ PEG}_{45} + z \text{ PEG}_{113}] - \text{PHPMA}_n$ diblock copolymer nano-objects. (C) Schematic cartoon of the block copolymer spheres, worms and vesicles that can be accessed using this PISA formulation. The green and blue stabilizer chains represent PEG_{45} and PEG_{113} , respectively.

Synthesis of $[z \text{ PEG}_{113} + x \text{ PEG}_{45}] - \text{PHPMA}_n$ diblock copolymers

A series of $[x \text{ PEG}_{45} + z \text{ PEG}_{113}] - \text{PHPMA}_n$ diblock copolymer nanoparticles were synthesized by systematically varying the PEG mol fractions (x and z) and the target PHPMA DP (n). Table S1 summarizes the targeted diblock copolymer compositions, HPMA monomer conversions, molecular weight data and morphological assignments. More than 99% HPMA conversion was obtained in all cases, as calculated by ^1H NMR spectroscopy. An assigned ^1H NMR spectrum for $[0.70 \text{ PEG}_{45} + 0.30 \text{ PEG}_{113}] - \text{PHPMA}_{115}$ dissolved in CD_3OD after lyophilization is shown in Figure 1. The block copolymer composition was confirmed by comparing the integrated signals for the oxyethylene protons assigned to the PEG chains at 3.50-3.70 ppm to that for the methacrylic backbone of the PHPMA block at 0-2.50 ppm. The molecular weight distribution of each block copolymer was assessed by THF GPC using a series of near-monodisperse poly(methyl methacrylate) calibration standards. Unimodal chromatograms were obtained for most block copolymer compositions (see Figure S3 for examples). For $0 \leq x \leq 0.90$, lower M_n values are observed as more PEG_{45} is incorporated into the nanoparticle corona when targeting a fixed PHPMA DP. This is expected, as a higher mol fraction of PEG_{45} reduces the mean molecular weight for the binary stabilizer block. However, a unimodal chromatogram was not observed when PEG_{45} was used as the sole macro-CTA (i.e. for $x = 1.0$). Instead, a bimodal molecular weight distribution was obtained with a broad high molecular weight feature and a relatively narrow low molecular weight component (see Figure S3B). In a successful PISA synthesis, the water-soluble PEG macro-CTA confers effective steric stabilization (Scheme S1A).⁴ However, sterically-stabilized nanoparticles were not obtained when using the PEG_{45} macro-CTA alone, even for the lowest targeted PHPMA DP of 100.

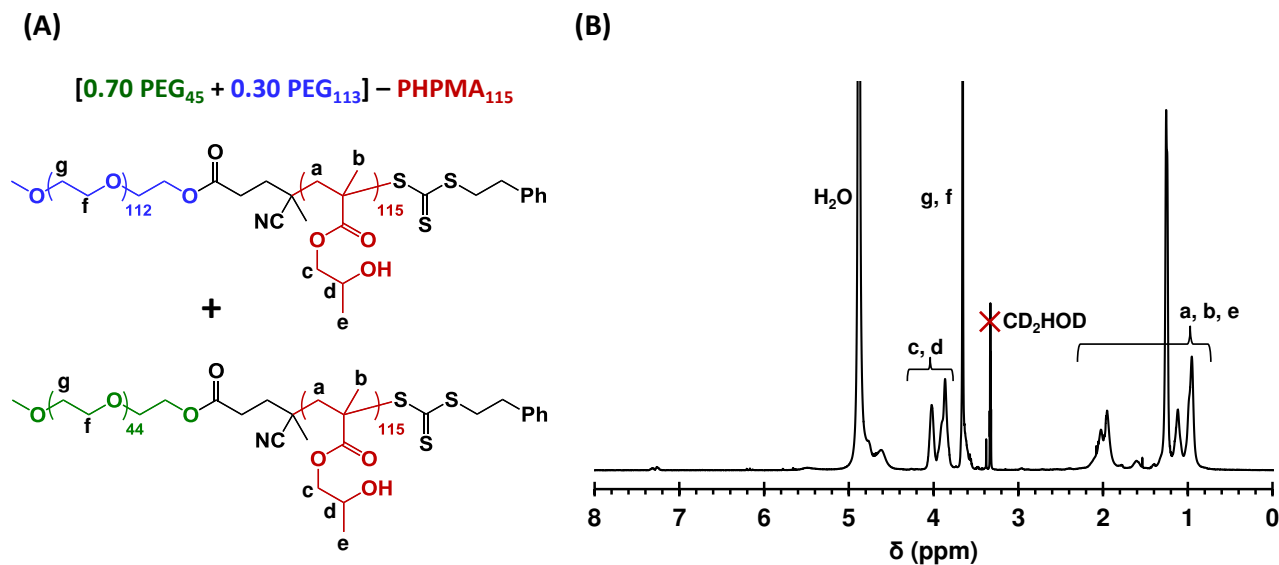


Figure 1. (A) Chemical structures and (B) assigned ^1H NMR spectrum (CD_3OD) for a $[0.70 \text{ PEG}_{45} + 0.30 \text{ PEG}_{113}] - \text{PHPMA}_{115}$ diblock copolymer.

In each case, phase separation occurred to produce a yellow solid phase and a turbid aqueous phase containing white precipitate. Subsequent ^1H NMR spectroscopy studies confirmed that the former component corresponded to $\text{PEG}_{45}\text{-PHPMA}_n$ diblock copolymer, whereas the latter component was simply PHPMA homopolymer. We propose the following mechanism (see Scheme S1B). Initially, the PEG_{45} macro-CTA is chain-extended with HPMA to yield water-soluble diblock copolymer chains. However, these growing $\text{PEG}_{45}\text{-PHPMA}_n$ chains then precipitate at the point of micellar nucleation, because the PEG_{45} block is not sufficiently long to act as an effective steric stabilizer at the reaction temperature of $50\text{ }^\circ\text{C}$. This accounts for the formation of the yellow precipitate. At this point, unreacted HPMA monomer remaining in the aqueous phase reacts with the water-soluble azo initiator, undergoing conventional free radical polymerization to produce highly polydisperse PHPMA homopolymer in the form of a white precipitate. In this context, it is noteworthy that photo-PISA formulations conducted at $25\text{ }^\circ\text{C}$

enable the synthesis of well-defined, colloiddally stable PEG₄₅-PHPMA_n diblock copolymer nano-objects.⁴⁴ This is because PEG exhibits inverse temperature solubility behavior:⁶⁵ it is a more effective steric stabilizer at lower temperature simply because it is more solvated under such conditions. However, we wished to target relatively soft PEG-based worm gels that (i) exhibit thermoreversible behavior and (ii) remain colloiddally stable at 37 °C in the presence of various cell culture media. The latter requirement means that PEG₄₅-PHPMA_n worms prepared via photo-PISA at 25 °C are unlikely to be suitable for the intended stem cell biology application. In principle, this technical problem can be addressed by using a judicious binary mixture of PEG₁₁₃ and PEG₄₅ macro-CTAs, as outlined in the present study.

Transmission electron microscopy (TEM) studies were performed on each diblock composition to assign the copolymer morphology. The resulting phase diagram constructed for [x PEG₄₅ + z PEG₁₁₃] - PHPMA_n is shown in Figure 2. When $x = 0$, PEG₁₁₃-PHPMA_n diblock copolymer chains self-assemble to form spheres, worms or vesicles, depending on the precise PHPMA DP and vesicles occupy relatively broad phase space.⁴⁶ For all target PHPMA DPs, such self-assembly behavior remained more or less unchanged up to $x = 0.30$. However, when targeting a PHPMA DP of 150, the copolymer morphology switched from spheres to worms as x is increased from 0.30 to 0.40. This morphology transition is not unexpected, because increasing the mol fraction of the relatively short PEG₄₅ macro-CTA reduces the effective volume fraction for the stabilizer chains in the corona.⁶⁶ Interestingly, a new ‘rose-like’ morphology was observed for PHPMA DPs of 150 – 250 but only for PEG₄₅-rich compositions ($x = 0.80$ or 0.90).

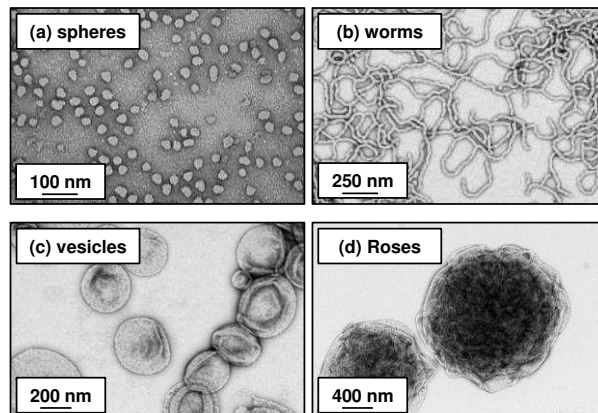
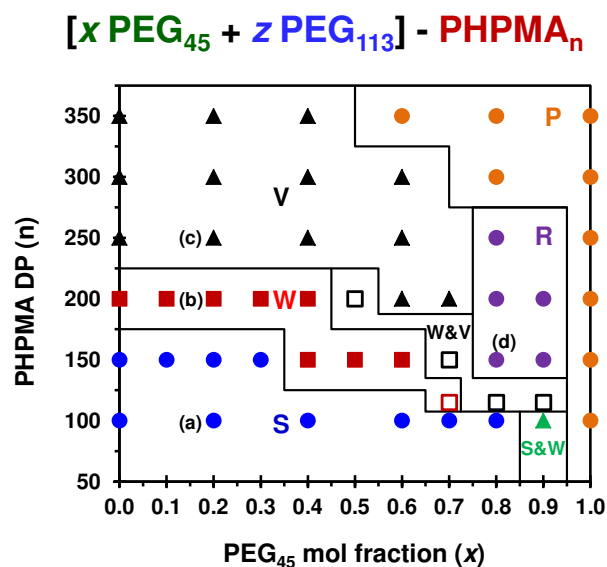


Figure 2. Phase diagram constructed for the RAFT aqueous dispersion polymerization of HPMA at 50 °C using a binary mixture of PEG₁₁₃ and PEG₄₅ macro-CTAs at 10% w/w solids [S = spheres, W = worms, R = roses V = vesicles, P = precipitate]. The general formula for this phase diagram is $[x \text{ PEG}_{45} + z \text{ PEG}_{113}] - \text{PHPMA}_n$, where n is the PHPMA DP and x and z are the mol fractions of PEG₁₁₃ and PEG₄₅ stabilizer chains, respectively. The filled red squares indicate diblock copolymer worms that undergo *irreversible* degelation on cooling to 4 °C. This thermal transition proved to be *reversible* for the single diblock composition indicated by the open red square. Four representative TEM images are shown for (a) spheres where $x = 0.20$ and $n = 150$,

(b) worms where $x = 0.20$ and $n = 200$ and (c) vesicles where $x = 0.20$ and $n = 250$ and (d) roses where $x = 0.80$ and $n = 150$.

Furthermore, targeting longer PHPMA DPs (i.e. 300 or 350) for these higher x values always resulted in precipitation, as the PEG₄₅-rich stabilizer composition is incapable of conferring sufficient steric stabilization. Macroscopic phase separation was also observed in all cases when $x = 1.0$, for the same reason (as discussed above). Importantly, a pure worm phase was obtained when targeting a PHPMA DP of 200 for $0.00 \leq x \leq 0.40$. For $x = 0.50$ or 0.60 , worms could also be obtained by reducing the PHPMA DP to 150. However, for $x = 0.70$, worms could only be obtained at a PHPMA DP of 115. Thus, as the proportion of the relatively short PEG₄₅ macro-CTA is increased, the volume fraction of stabilizer chains in the coronal layer is gradually reduced, which means that the volume fraction of the hydrophobic PHPMA block required to access the worm phase is correspondingly lower.

Analysis of the thermoresponsive behavior of PEG-based diblock copolymer worm gels

As-synthesized 10% w/w aqueous dispersions of $[x \text{ PEG}_{45} + z \text{ PEG}_{113}] - \text{PHPMA}_n$ worms were subjected to a thermal cycle to assess their thermoresponsive behavior. Firstly, each dispersion was cooled to 4 °C overnight followed by incubation at 25 °C for 24 h. Visual inspection (plus DLS and TEM studies of the PEG₁₁₃-PHPMA₂₀₀ dispersion)⁴⁶ indicated that this thermal cycle led to *irreversible* loss of the original worm morphology for the eight worm dispersions denoted by the filled red squares within the phase diagram shown in Figure 2. To assess the change in storage (G') and loss (G'') moduli with temperature, oscillatory rheology experiments were conducted on three of these $[x \text{ PEG}_{45} + z \text{ PEG}_{113}] - \text{PHPMA}_{200}$ worm dispersions, where $x =$

0.00, 0.20 and 0.40 (Figure 3). Viscous liquids (rather than true gels) were observed at 25 °C for $x = 0.00$ and 0.20, since G'' exceeds G' at this temperature. Cooling to 14 °C resulted in higher viscosities and maximum G' values of 21 Pa ($x = 0.00$) and 34 Pa ($x = 0.20$) respectively, which is consistent with the rheological behavior of similar PEG₁₁₃-PHPMA₂₀₀ worms.⁴⁶

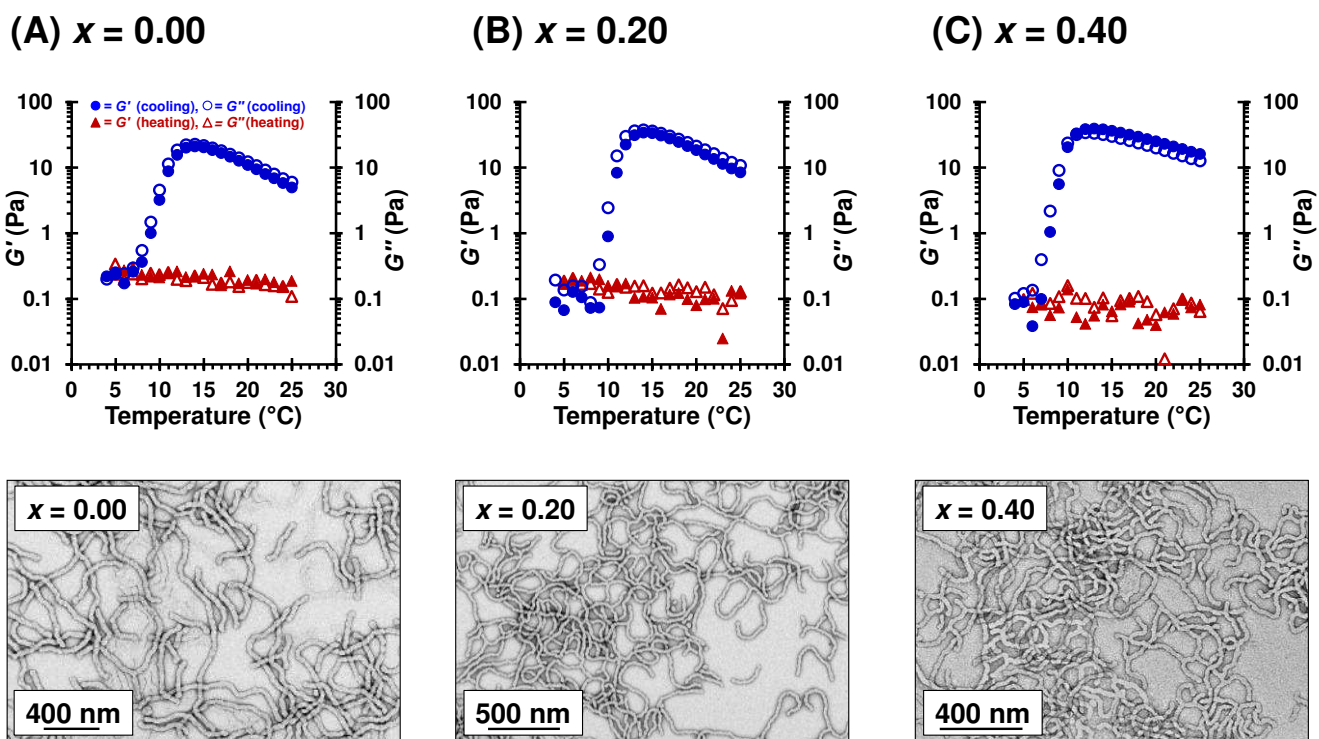


Figure 3. Variation in G' (filled symbols) and G'' (open symbols) with temperature for 10% w/w aqueous dispersions of $[x \text{ PEG}_{45} + z \text{ PEG}_{113}] - \text{PHPMA}_{200}$ worms where (A) $x = 0.00$, (B) $x = 0.20$ and (C) $x = 0.40$. The blue circles represent data acquired during cooling from 25 °C to 4 °C and the red triangles were obtained on heating from 4 °C to 25 °C. Measurements were conducted at an angular frequency of 1.0 rad s⁻¹ at an applied strain of 1.0%. An equilibration time of 10 min was allowed before acquiring each data point. Representative TEM images of the as-synthesized worms that were present prior to this thermal cycle are shown below the corresponding rheology data set.

Further cooling to 4 °C resulted in a dramatic reduction in G' and G'' by approximately two orders of magnitude owing to a worm-to-sphere transition.⁴⁶ On increasing x to 0.40, the initial G' value exceeded that of G'' ; the resulting weak gel had a storage modulus of 16 Pa at 25 °C. Therefore, increasing the proportion of PEG₄₅ in the diblock composition for a fixed core DP resulted in an increase in G' . Previous work on PGMA-PHPMA worm gels⁶⁷ indicated that G' increases on approaching the worm/vesicle phase boundary, which is consistent with the rheological data observed here. Like the other two worm dispersions shown in Figure 3, initial cooling to 14 °C resulted in an increase in G' to 39 Pa. Further cooling to 4 °C resulted in a comparable dramatic reduction in both G' and G'' . The [0.40 PEG₄₅ + 0.60 PEG₁₁₃] – PHPMA₂₀₀ worms exhibited a critical gelation temperature (CGT) of 10 °C, which corresponds to the temperature at which G'' exceeds G' . All three worm dispersions displayed no significant change in G' and G'' on returning from 4 °C to 25 °C (Figure 3; see red triangles data sets).

Visual inspection (tube inversion test) confirmed that only a single worm dispersion exhibited regelation after being subjected a 25 °C – 4 °C – 25 °C thermal cycle; this [0.70 PEG₄₅ + 0.30 PEG₁₁₃] - PHPMA₁₁₅ diblock composition is denoted by the open red square data point shown in Figure 2. THF GPC analysis indicated an M_n of 21.9 kg mol⁻¹ and a M_w/M_n of 1.13 (these data are expressed relative to PMMA calibration standards; see Figure 4A). TEM studies revealed a pure worm phase at 25 °C (Figure 5). The thermoresponsive behavior of this worm gel was also assessed by oscillatory rheology (Figure 4B). An initial G' of 70 Pa was observed at 25 °C.

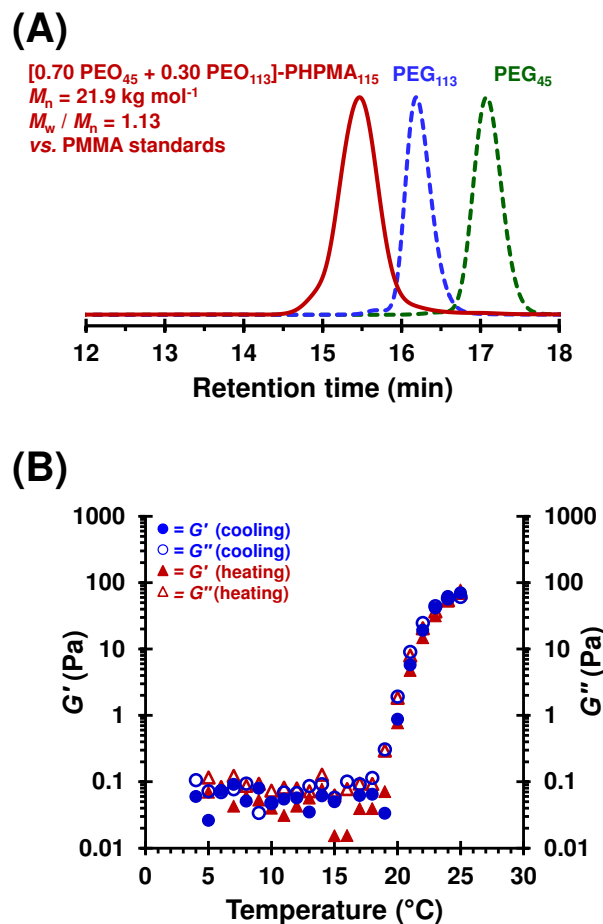


Figure 4. (A) THF GPC chromatogram recorded for a [0.70 PEG₄₅ + 0.30 PEG₁₁₃] - PHPMA₁₁₅ diblock copolymer, and its corresponding PEG₄₅ and PEG₁₁₃ macro-CTAs (molecular weight data are expressed relative to PMMA calibration standards). The copolymer molecular weight distribution is both narrow and monomodal and a high blocking efficiency is obtained. (B) Oscillatory rheology data showing the variation in storage (G' , filled symbols) and loss (G'' , open symbols) moduli with temperature as recorded for a 10% w/w aqueous dispersion of [0.70 PEG₄₅ + 0.30 PEG₁₁₃] - PHPMA₁₁₅ worms. Blue circles represent cooling from 25 $^{\circ}\text{C}$ to 4 $^{\circ}\text{C}$, while red triangles represent heating from 4 $^{\circ}\text{C}$ to 25 $^{\circ}\text{C}$. Measurements were conducted at an angular frequency of 1.0 rad s^{-1} at an applied strain of 1.0%. An equilibration time of 10 min was allowed before acquiring each data point.

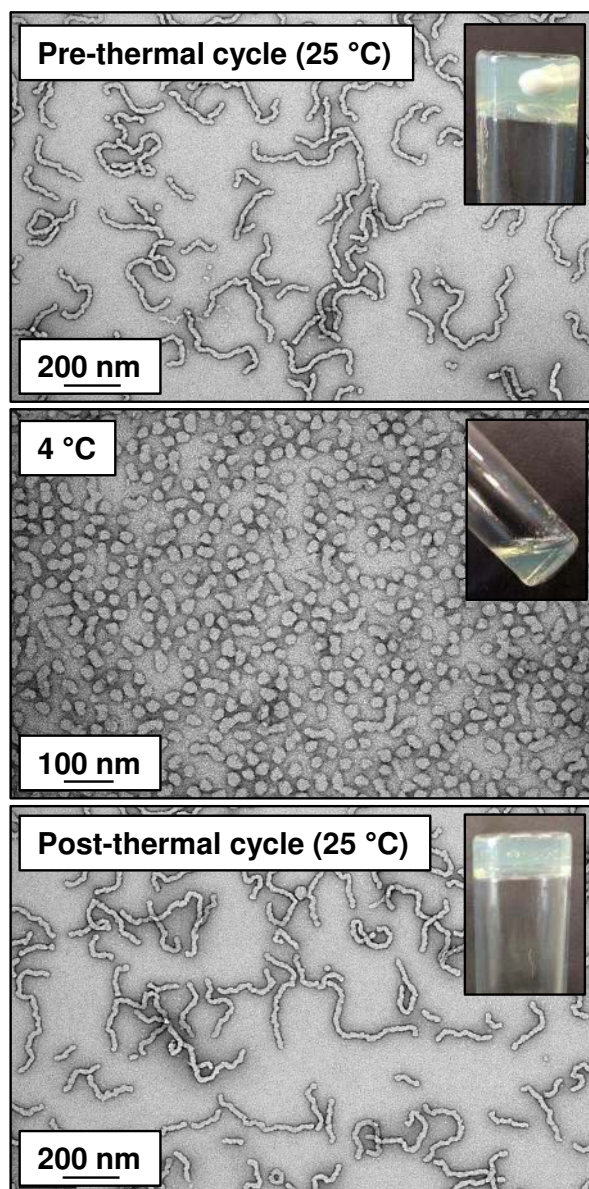
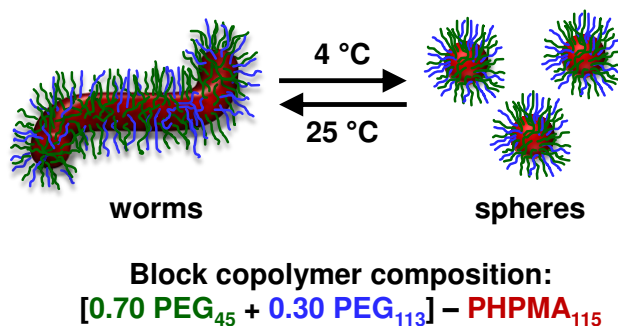


Figure 5. (A) Representative TEM images recorded for dried 0.1% w/w aqueous copolymer dispersions and digital photographs (see insets) obtained for [0.70 PEG₄₅ + 0.30 PEG₁₁₃] - PHPMA₁₁₅: (a) original worms synthesized at 25 °C, (b) spheres formed at 4 °C and (c) reconstituted worms after returning to 25 °C.

Unlike the three worm dispersions described earlier, cooling this worm gel did *not* result in an initial increase in G' . Instead, cooling to 18 °C resulted in a rapid reduction in both G' and G'' , with a CGT of 23 °C being observed. Further cooling to 4 °C led to no significant further change

in either G' or G'' . TEM studies confirmed the anticipated morphological transition from pure worms at 25 °C to mainly spherical nanoparticles (plus minor populations dimers and trimers)³⁹ at 4 °C (Figure 5). Dynamic light scattering data obtained at 4 °C revealed an intensity-average particle diameter of 36 nm with a polydispersity index of 0.08, which is consistent with the TEM image in Figure 5b. This substantial reduction in particle anisotropy explains why degelation occurs: the percolation threshold concentration for sphere-sphere contact is much higher than that for worm-worm contact (and the former concentration is higher than the 10% w/w concentration at which these copolymer nanoparticles were synthesized).³⁸ Warming from 4 °C to 25 °C resulted in minimal hysteresis, and a comparable final G' value of 77 Pa at 25 °C was obtained, thus essentially the same worm gel is reconstituted. TEM analysis performed after this thermal cycle revealed that the original worm morphology was regained. Thus, using a judicious binary mixture of 0.70 PEG₄₅ and 0.30 PEG₁₁₃ macro-CTAs for the RAFT aqueous dispersion polymerization of HPMA provides convenient access to a diblock copolymer worm gel that undergoes *thermoreversible (de)gelation* (Scheme 2).



Scheme 2. Schematic cartoon for the *thermoreversible* worm-to-sphere transition observed for a 10% w/w aqueous dispersion of [0.70 PEG₄₅ + 0.30 PEG₁₁₃] – PHPMA₁₁₅ worms. This results in degelation at 4 °C and regelation at 25 °C.

More specifically, such thermoreversible behavior only occurs for a PEG₄₅-rich diblock composition. This is understandable, because this shorter macro-CTA confers weaker steric stabilization, which in turn enables the 1D fusion of multiple spheres to occur much more readily within a relatively short experimental time scale. On the other hand, 30 mol % PEG₁₁₃ macro-CTA is required to prevent the macroscopic precipitation that occurs if the PEG₄₅ macro-CTA is used as the sole stabilizer block. Unfortunately, heating a 10% w/w aqueous dispersion of [0.70 PEG₄₅ + 0.30 PEG₁₁₃] - PHPMA₁₁₅ worms from 25 °C to 37 °C resulted in a G' of ≈ 1200 Pa, which is most likely too high to induce stem cell stasis (Figure S4). Moreover, visual inspection indicated significant precipitation at 37 °C. This problem was addressed by lowering the target DP for the PHPMA block in order to reduce its weakly hydrophobic character⁶⁸ and hence raise its CGT.⁶⁷ Thus, a [0.70 PEG₄₅ + 0.30 PEG₁₁₃] - PHPMA₇₅ diblock copolymer was prepared at 10% w/w in deionized water. ¹H NMR spectroscopy studies confirmed more than 99% HPMMA conversion and THF GPC analysis indicated a unimodal molecular weight distribution, with an $M_n = 15.1$ kg mol⁻¹ and M_w/M_n of 1.12 relative to PMMA calibration standards (Figure 6A). Rheological studies indicated that this diblock composition afforded *thermoreversible* (de)gelation with a CGT of approximately 33 °C and a bulk modulus of 70 Pa at physiological temperature (see Figure S5).

So far, the rheological properties of these block copolymer nanoparticles have been assessed for aqueous dispersions prepared using deionized water. However, for the planned stem cell experiments it is essential to study their rheological behavior when dispersed in a commercial cell culture medium (*Nutristem*).

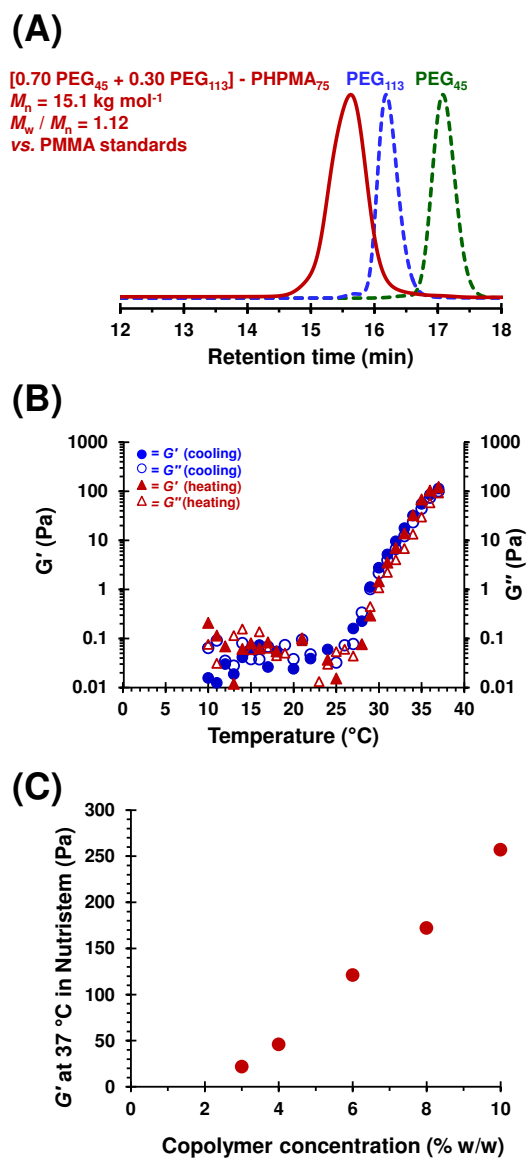


Figure 6. (A) THF GPC chromatogram recorded for a [0.70 PEG₄₅ + 0.30 PEG₁₁₃] - PHPMA₇₅ diblock copolymer and its corresponding PEG₄₅ and PEG₁₁₃ macro-CTAs (molecular weight data are expressed relative to PMMA calibration standards). The copolymer molecular weight distribution is both narrow and monomodal and a high blocking efficiency is obtained. (B) Oscillatory rheology data showing the variation in storage (G' , filled symbols) and loss (G'' , open symbols) moduli with temperature as recorded for a 6 % w/w aqueous dispersion of [0.70 PEG₄₅ + 0.30 PEG₁₁₃] - PHPMA₇₅ worms dispersed in *Nutristem*. Red triangles represent heating from

10 °C to 37 °C and blue circles represent cooling from 37 °C to 10 °C. Measurements were conducted at an angular frequency of 1.0 rad s⁻¹ at an applied strain of 1.0%. An equilibration time of 2 min was allowed before acquiring each data point and the first data point was recorded at 10 °C using a pre-chilled rheometer. (C) Variation of G' recorded at 37 °C vs. copolymer concentration for the same [0.70 PEG₄₅ + 0.30 PEG₁₁₃] - PHPMA₇₅ dispersed in *Nutristem*. This linear relationship allows convenient tuning of the gel strength.

Hence the protocol reported by Kocik *et al.*⁶⁹ was implemented to transfer the [0.70 PEG₄₅ + 0.30 PEG₁₁₃] – PHPMA₇₅ worms from an aqueous dispersion into *Nutristem*. Firstly, the original 10% w/w aqueous dispersion was freeze-dried to yield a pale yellow powder, which was then redispersed with the aid of magnetic stirring at copolymer concentrations ranging between 3% and 10% w/w in *Nutristem* at 4 °C for 3 h. The resulting free-flowing fluids were then allowed to warm up to room temperature. The rheological behavior for a 6% w/w [0.70 PEG₄₅ + 0.30 PEG₁₁₃] - PHPMA₇₅ dispersion in *Nutristem* is displayed in Figure 6B. It is perhaps worth noting that the 10 °C to 37 °C heating cycle was performed *before* the 37 °C to 10 °C cooling cycle in order to mimic the temperature profile to which this block copolymer would be exposed during stem cell experiments. Initially, a free-flowing liquid was obtained at 10 °C with a very low G' of 0.05 - 0.1 Pa, which remained approximately constant on heating up to 28 °C. Further heating led to a significant increase in gel strength, with a G' of 120 Pa being obtained at 37 °C. This temperature-dependent behavior is highly reversible, with little or no hysteresis being observed on cooling to 10 °C. Furthermore, the bulk modulus at 37 °C can be conveniently tuned from 20 Pa to 260 Pa simply by varying the copolymer concentration from 3% w/w to 10% w/w (see Figure 6C). In principle, this binary PEG formulation can be simplified by using a *single* PEG macro-CTA with an appropriate DP. The effective PEG molecular weight of the binary [0.70

PEG₄₅ + 0.30 PEG₁₁₃] stabilizer block is estimated to be 3200 g mol⁻¹, which corresponds to a single PEG block with a mean DP of 65. Therefore, it is hypothesized that a PEG₆₅-PHPMA_n diblock copolymer should also exhibit the desired thermoreversible (de)gelation behavior in *Nutristem*. We intend to examine this hypothesis in the near future.

CONCLUSIONS

Two PEG macro-CTAs with mean DPs of 45 and 113 were synthesized *via* Steglich esterification. This pair of macro-CTAs was employed in varying proportions for the synthesis of diblock copolymer nanoparticles *via* RAFT aqueous dispersion polymerization of HPMA at 50 °C. Such PISA syntheses afforded well-defined [*x* PEG₄₅ + *z* PEG₁₁₃] - PHPMA_n spheres, worms or vesicles, and a phase diagram was constructed to elucidate the relationship between diblock copolymer composition and copolymer morphology. In particular, diblock copolymer worms were targeted that would exhibit appropriate thermoresponsive behavior in aqueous solution. More specifically, when cooled to 4 °C these worms should undergo a thermoreversible morphology transition to form spheres owing to surface plasticization of the PHPMA cores. Unfortunately, this morphological transition proved to be *irreversible* for the majority of the diblock copolymer worms that were synthesized. However, the phase diagram facilitated identification of a *single* diblock copolymer composition that exhibited the desired thermoreversible behavior. Both TEM and rheology studies indicated that essentially the same worms (and gels) were reconstituted after a 25 °C - 4 °C - 25 °C thermal cycle. Moreover, further optimization of the diblock copolymer composition enabled thermoreversible gelation to be achieved in the presence of a commercial stem cell culture medium. Thus [0.70 PEG₄₅ + 0.30 PEG₁₁₃] - PHPMA₇₅ diblock copolymer worms formed soft free-standing gels at 37 °C on

redispersing the freeze-dried copolymer powder in *Nutristem*. Furthermore, simply adjusting the copolymer concentration enabled the gel strength to be conveniently tuned at 37 °C. In future work, this new PEG-based PISA formulation should enable the question of the importance of hydroxyl functionality in the induction of stem cell stasis to be addressed.

ASSOCIATED CONTENT

Supporting Information.

The Supporting Information is available free of charge at <http://pubs.acs.org/>. Full experimental and analytical details, supplementary schematics and figures.

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Author Contributions

The manuscript was written through contributions of NJWP and SPA authors. NJWP and SPA designed the experiments. NJWP and JW performed the experiments. All authors have given approval to the final version of the manuscript.

Notes

The authors declare no competing financial interest

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