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Tirofiban as adjunctive therapy for acute coronary syndromes and percutaneous coronary intervention: a meta-analysis of randomized trials

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Aims	To perform a thorough and updated systematic review of randomized clinical trials comparing tirofiban vs. placebo or vs. abciximab.
Methods and results	We searched for randomized trials comparing tirofiban vs. placebo or any active control. Odds ratios (OR) were computed from individual studies and pooled with random-effect methods. Thirty-one studies were identified involving 20 006 patients (12 874 comparing tirofiban vs. heparin plus placebo or bivalirudin alone, and 7132 vs. abciximab). When compared with placebo, tirofiban was associated at 30 days with a significant reduction in mortality [OR = 0.68 (0.54–0.86); $P = 0.001$] and death or myocardial infarction (MI) [OR = 0.69 (0.58–0.81); $P < 0.001$]. The treatment benefit persisted at follow-up but came at an increased risk of minor bleedings [OR = 1.42 (1.13, 1.79), $P = 0.002$] or thrombocytopenia. When compared with abciximab, mortality at 30 days did not differ [OR = 0.90 (0.53, 1.54); $P = 0.70$], but in the overall group tirofiban trended to increase the composite of death or MI [OR = 1.18 (0.96, 1.45); $P = 0.11$]. No such trend persisted at medium-term follow-up or when appraising studies testing tirofiban at 25 µg/kg bolus regimen.
Conclusion	Tirofiban administration reduces mortality, the composite of death or MI and increases minor bleedings when com- pared with placebo. An early ischaemic hazard disfavouring tirofiban was noted when compared with abciximab in studies based on 10 but not 25 µg/kg tirofiban bolus regimen.
Keywords	Tirofiban • Abciximab • Glycoprotein IIb/IIIa inhibitors • Systematic review • Percutaneous coronary intervention

Introduction

Tirofiban is a small molecule, non-peptide tyrosine derivative which belongs to the class of glycoprotein (GP) IIb/IIIa inhibitors (GPI).^{1,2} By preventing the binding of fibrinogen and von

Willebrand factor to the GP IIb/IIIa receptor on the surface of the platelet, GPIs are currently regarded as the most potent inhibitors of platelet aggregation.^{1,2}

Though similar to abciximab in that it has a high affinity for the GP IIb/IIIa receptor, tirofiban dissociates from the GP IIb/IIIa $\ensuremath{\mathsf{CP}}$

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receptor more rapidly than abciximab.^{1,2} Its anti-aggretory effects reverse within hours after the completion of the infusion, whereas abciximab binds near irreversibly to the receptor resulting in a considerably longer effect.^{1,3} Additionally, tirofiban does not inhibit other β 3 integrins, such as the vitronectin receptor, at the surface of vascular cells or the activated MAC-1 receptor on leucocytes,⁴ which have been traditionally regarded as crucial targets to explain abciximab effects on microcirculation.⁵

Even more importantly, different dosing regimens of tirofiban have been developed over time based on the clinical setting and the timing of percutaneous coronary intervention (PCI) which has resulted in mixed results in clinical trials when compared with either placebo or abciximab.^{3,6–10} Thus, uncertainty on the role of tirofiban still largely persists in current clinical practice.

Systematic reviews employing meta-analytic techniques provide quantitative and objective means to pool and assess available clinical evidence, emphasizing internal validity and homogeneity, while affording increased statistical power for hypothesis testing. The aim of this study was thus to perform a thorough and updated systematic review of randomized clinical trials comparing tirofiban vs. placebo or vs. abciximab in patients undergoing treatment for various coronary artery disease (CAD) conditions, with specific emphasis on the role of front-loaded tirofiban regimen and timing of intervention.

Methods

Search strategy

Two expert cardiologists (M.V., M.T.) independently and systematically searched BioMedCentral, CENTRAL, Clinicaltrials.gov, EMBASE, and PubMed for randomized trials comparing tirofiban vs. placebo or any active control in patients with acute coronary syndromes and/or undergoing PCI (updated October 2008), with divergences resolved after consensus.¹¹ EMBASE and PubMed were searched with explode features according to the following strategy: '(abciximab[all] OR tirofiban[all] OR (glycoprotein[all] AND (iib/iiia OR iibiiia) AND inhibitor*[all])) AND coronary AND (clinical trial*[all] OR random*[all]).¹²

Articles published in languages other than English or Italian (the native languages of the authors) were systematically searched in multiple online databases, international conference proceedings, references (backward snowballing) or cross-quotations (forward snowballing) from included studies and pertinent available quantitative reviews, and queries to international experts. References were systematically scanned to retrieve additional studies. No language restriction was enforced.

Selection criteria

Shortlisted studies were retrieved as full articles and appraised by three unblinded reviewers independently (M.V., G.B.Z., M.T.), with divergences resolved after consensus, according to the following inclusion criteria: (i) randomized treatment allocation and (ii) comparison of tirofiban vs. placebo or active. Exclusion criteria were: (i) duplicate reports failing to report additional or extended clinical outcomes, (ii) lack of outcome data beyond hospitalization, and (iii) equivocal (i.e. no clear information on modalities for allocating patients to tirofiban vs. placebo or active treatment) or non-random treatment allocation.

Data abstraction and validity assessment

Three reviewers independently abstracted data, with divergences resolved after consensus. In case of incomplete or unclear data, authors were contacted where possible. The co-primary endpoints of the analysis were the 30 days and long-term mortality rates. The incidence of major adverse cardiovascular events (MACE), including the composite of death, myocardial infarction (MI), or urgent revascularization, death or MI, as well as major and minor bleeding [according to the Thrombolysis In Myocardial Infarction (TIMI) criteria¹³ and thrombocytopenia were also appraised. We pre hoc stratified studies according to the type of control, dosage/timing of tirofiban administration, and type of concomitant oral anti-platelet therapy. Thus, studies where more than one dosage or timing of intervention were tested vs. placebo or active control have been split up into the most suitable pre-specified study categories. Additional pertinent data for baseline and procedural characteristics were abstracted, including type of PCI. Study validity and risk of bias were appraised according to The Cochrane Collaboration methods, i.e. separately appraising means for generating the randomization sequence, allocation concealment, blinding, concurrent treatment, data completion, definitions, outcome reporting, other potential source of bias, and overall risk of bias.¹¹

Data analysis and synthesis

Odds ratios (OR) were computed from individual studies and pooled according to DerSimonian-Laird random-effect methods (with 95% confidence intervals) using RevMan 4.2 (The Cochrane Collaboration, Købehavn, Denmark). Inconsistency was appraised by means of l^2 . Specifically, $l^2 < 25\%$ suggests mild, statistical inconsistency, whereas I^2 values in the 25–50% range and in the 75–100% represent, respectively, moderate and extensive inconsistency. Statistical heterogeneity was appraised with χ^2 tests, with P-values less than 0.10 suggesting underlying heterogeneity. Small study bias and/or publication bias (i.e. the likelihood of small yet nominally significant studies being selectively published in the literature) were appraised by means of visual inspection of funnel plots and Peters test.¹⁴ Random-effect meta-regression was also performed to explore moderators and/or predictors of changes in log-transformed OR, by means of a weighted-least-square inverse-variance weighted method with SPSS 11.0 (SPSS, Chicago, IL, USA). Unadjusted P-values are reported throughout, with hypothesis testing set at the two-tailed 0.05 level.

According to absolute risk reduction or increment obtained with random-effect risk differences computed at 30-day follow-up, we calculated the number needed to treat (NNT) to prevent one event, whereas for the safety endpoints, we calculated the number needed to harm (NNH) to determine one adverse event.

Results

Search results and study selection

Database searches retrieved 1952 citations (*Figure 1*). Shortlisted citations were retrieved and checked at the title/abstract level excluding 1894 papers. Complete articles for the remaining 58 studies were checked for compliance to inclusion/exclusion criteria. Reasons for further exclusion included non-experimental design, use of historical controls, duplicate reporting, unconventional study drug regimen, early vs. late study drug administration design, or failure to report/provide upon request clinical data. We finally identified 31 eligible trials of which 22 were controlled

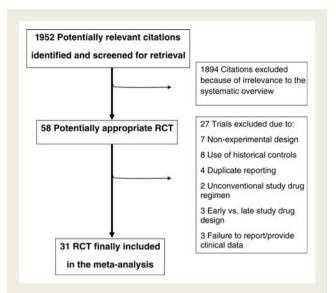


Figure I Flow diagram of the systematic literature search indicating the inclusion and exclusion process of studies.

with placebo^{6-8,15-35} (*Table 1*), eight with abciximab,^{9,10,36-41} and one with both agents⁴² (*Table 2*).

Study and patient characteristics

The 31 studies included in the final analysis 20 006 randomized patients (average follow-up 5 months), 12 874 vs. placebo and 7132 vs. abciximab. In seven placebo-controlled trials,^{7,8,21-23,26,28} mainly recruiting patients with confirmed or suspected non-ST-segment elevation acute coronary syndrome (NSTEACS) or ST-elevation myocardial infarction (STEMI), tirofiban was co-administered together with unfractioned heparin (UFH) upon presentation (upstream) as a 0.4 μ g/kg 30 min bolus regimen followed by 0.1 μ g/kg/min infusion apart from PRISM study,⁸ where tirofiban was given without UFH at a 0.6 μ g/kg 30 min bolus regimen followed by 0.15 μ g/kg/min infusion.

In five placebo-controlled studies,^{19,20,27,29,31,32} tirofiban was administered upstream in NSTEACS, STEMI, or stable CAD patients at 10 μ g/kg 3 min bolus regimen and 0.15 μ g/kg/min infusion, whereas 12 studies, eight placeboin controlled,^{6,15,17,18,24,30,32,34} two abciximab-controlled,^{9,39,40} one controlled with both agents,⁴² and one with bivalirudin,³⁴ tirofiban was given at 10 μ g/kg 3 min bolus regimen and 0.15 μ g/kg/min infusion prior PCI (downstream) in patients with stable or unstable CAD. Finally, in 4076 patients tirofiban was administered downstream at high bolus dose (25 µg/kg 3 min bolus regimen and 0.15 μ g/kg/min infusion) and controlled with placebo (n = $(n = 2213)^{25,33,35,42}$ or abciximab $(n = 2213)^{10,36-38,41-43}$ Study quality and risk of bias were variable, reflecting heterogeneity in setting, sample size, and study design (phase III vs. IV) and is detailed in Table 3.

Quantitative synthesis

Tirofiban vs. placebo or bivalirudin

Overall pooled effect estimate analysis showed a significant reduction in short-term (30 days) mortality [OR = 0.68 (0.54 - 0.68)]

0.86), P = 0.001, P for heterogeneity = 0.95, $I^2 = 0\%$] (Figure 2), mortality or MI [OR = 0.69 (0.58-0.81), P < 0.001, P for heterogeneity=0.33, $l^2 = 10\%$] (Figure 3), MI alone [OR = 0.71 (0.56-0.90), P = 0.004, P for heterogeneity=0.16, $l^2 = 24\%$], and the composite of death, MI, or target vessel revascularization [OR = 0.73 (0.60 - 0.89), P = 0.002, P for heterogeneity = 0.06, $I^2 = 37\%$] in patients randomly allocated to receive tirofiban at the different bolus and infusion regimens. According to an absolute risk reduction of 2.5%, the NNT is 40 to prevent one death or MI at 30 days, with an NNT of 100 to prevent one death. Comprehensive heterogeneity and inconsistency analyses showed that included trials led to apparently statistically heterogeneous results in terms of MACE rates (P for heterogeneity = 0.06, $l^2 = 37\%$), which is paralleled by the disparities in clinical setting, tirofiban bolus and infusion regimens, interventions, duration of treatment, and outcomes. However, there was no signal of heterogeneity across trials for the composite of death or MI, mortality, or MI alone.

To assess the effect of tirofiban when added to P2Y12 receptor blockers (i.e. ticlopidine or clopidogrel), studies where patients were adequately pretreated with clopidogrel (n = 13) or ticlopidine (n = 1) were selected, comprising 3424 patients.^{17,22,24,25,27–35,42} Consistent to previous analysis, tirofiban was associated with a significant decrease in mortality [OR = 0.56 (0.34, 0.93), P = 0.02, P for heterogeneity = 0.93, $l^2 = 0\%$] and the composite of death or MI [OR = 0.61 (0.48, 0.79), P < 0.001, P for heterogeneity = 0.62, $l^2 = 0\%$] at 30 days.

The use of tirofiban tended to increase the rate of major bleeding [1.5 vs. 1.8%; OR = 1.21 (0.88, 1.67), P = 0.24, P for heterogeneity = 0.97, $l^2 = 0\%$] with an estimated NNH of 286 for one major haemorrhagic event. Minor bleedings [OR = 1.42 (1.13, 1.79), P = 0.002, P for heterogeneity = 0.97, $l^2 = 0\%$, 3.8 vs. 2.7%; NNH: 91] and the incidence of any thrombocytopenia [OR = 1.51 (1.06, 2.16); P = 0.02, P for heterogeneity = 0.96, $l^2 = 0\%$] were both significantly increased by the use of tirofiban.

After an average of 5-month follow-up, tirofiban remained associated with a significant reduction in mortality [OR = 0.81 (0.66, 0.99), P = 0.04, P = 0.70 for heterogeneity, $l^2 = 0\%$] and death or MI [OR = 0.73 (0.62, 0.85), P < 0.001, P = 0.24 for heterogeneity, $l^2 = 16\%$].

Tirofiban vs. abciximab

The overall pooled effect estimate analysis showed that tirofiban at 30 days led to similar mortality rate [OR = 0.90 (0.53, 1.54), P =0.70, P for heterogeneity = 0.62, $l^2 = 0\%$] (Figure 4) but tended to increase the composite of death or MI [6.0 vs. 5.1%; OR =1.18 (0.96, 1.45), P = 0.11, P for heterogeneity = 0.58, $I^2 = 0\%$] (Figure 5) and MACE rate [6.3 vs. 5.5%; OR = 1.18 (0.97, 1.44), P = 0.10, P for heterogeneity = 0.43, $I^2 = 0\%$] when compared with abciximab. Although there was no formal signal of heterogeneity across included studies, likely due to limited statistical power, these results mainly mirrored the findings of the TARGET study (study weight 78.4%) which tested tirofiban at 10 μ g/kg 3 min bolus regimen and 0.15 µg/kg/min infusion. Indeed, mortality [OR = 0.73 (0.36, 1.47), P = 0.38, P for heterogeneity = 0.61, $I^2 = 0\%$], the composite of death or MI [OR = 0.87 (0.56, 1.35), P = 0.54, P for heterogeneity = 0.58, $I^2 = 0\%$] or MACE rate [OR = 0.87 (0.57, 1.32), P = 0.51, P for heterogeneity = 0.63,

Table I Main characteristics of the placebo-controlled trials

Study	Trial period	No. randomized	Patient population	Tirofiban dose	Setting	Concomitant anti-thrombotics	1° Endpoint	Follow-up
3T/2R ³⁵	2006–2008	263	ASA and/or clopidogrel poor responders	Bolus: 25 μg/kg; infusion: 0.15 μg/ kg/min	Downstream	ASA, UFH or bivalirudin, and clopidogrel	Periprocedural MI defined as troponin >3× ULN within 48 h	30 Days
ADVANCE ²⁵	2002-2003	202	High-risk PCI	Bolus: 25 μg/kg; infusion: 0.15 μg/ kg/min	Downstream	ASA, UFH, ticlopidine or clopidogrel	Death, MI, TVR, or bailout tirofiban	6 Months
ELISA 229	2002-2005	328	NSTEACS	Bolus: 10 μg/kg; infusion: 0.15 μg/ kg/min	Upstream	ASA, LWMH, clopdidogrel	Enzymatic infarct size (LDHQ 48)	30 Days
Ercan et al. ²²	Not reported	57	NSTEMI	Bolus: 0.4 μg/kg/min×30 min; infusion: 0.1 μg/kg/min	Upstream	ASA, UFH, clopidogrel	Levels of C-reactive protein at 48 h	30 Days
Ernst et al. ⁴²	2002-2003	60	STEMI	Bolus: 10 μg/kg; infusion: 0.15 μg/ kg/min	Downstream	ASA, UFH, clopidogrel	Platelet aggregation inhibition	Hospital stay
Fu et al. ³⁰	2005-2007	150	STEMI	Bolus: 10 μg/kg; infusion: 0.15 μg/ kg/min	Downstream	ASA, UFH, clopidogrel	Not reported	30 Days
lvandic et al. ³¹	2004-2006	100	NSTEMI	Bolus: 10 μg/kg; infusion: 0.15 μg/ kg/min	Upstream	ASA, UFH, clopidogrel	Infarct size based on troponin T elevation	6 Months
Juergens et al. ¹⁸	Not reported	894	Elective PCI	Bolus: 10 μg/kg; infusion: 0.15 μg/ kg/min	Downstream	ASA, UFH	TIMI bleedings	30 Days
Kereiakes et al. ¹⁵	Not reported	44	Elective PCI	Bolus: 10 μg/kg; infusion: 0.15 μg/ kg/min	Downstream	ASA, UFH	Platelet aggregation inhibition	Hospital stay
Kim et al. ²⁶	2001-2002	160	NSTEACS	Bolus: 0.4 μg/kg/min×30 min; infusion: 0.1 μg/kg/min	Upstream	ASA, UFH or dalteparin,	Not reported	6 Months
Kurowski et al. ²⁷	2000-2003	50	Stable or marker-negative unstable angina undergoing SVG stenting	Bolus: 10 μg/kg; infusion: 0.15 μg/ kg/min	Upstream	ASA, UFH, clopidogrel	Myocardial necrosis as evidenced by an increase in the cTnT above the ULN within 72 h	21 Months
NAPLES ³⁴	2005-2008	335	Elective PCI in diabetics	Bolus: 10 μg/kg; infusion: 0.15 μg/ kg/min	Downstream	ASA, UFH, clopidogrel	NACE	30 Days
Okmen et al. ²¹	Not reported	83	NSTEMI	Bolus: 0.4 μg/kg/min×30 min; infusion: 0.1 μg/kg/min	Upstream	ASA, UFH	Infarct size based on CK-MB $> 2 \times$ ULN	10 Months
Okmen et al. ²⁴	Not reported	119	Stable or unstable angina undergoing PCI	Bolus: 10 μg/kg; infusion: 0.15 μg/ kg/min	Downstream	ASA, ticlopidine, UFH	Infarct size based on CK-MB $> 2 \times$ ULN	21 Months
On-TIME 2 open-label study ³³	2004–2006	414	STEMI	Bolus: 25 μg/kg; infusion: 0.15 μg/ kg/min	Upstream	ASA, UFH, clopidogrel	None	30 Days
On-TIME 2 ³³	2006-2007	984	STEMI	Bolus: 25 μg/kg; infusion: 0.15 μg/ kg/min	Upstream	ASA, UFH, clopidogrel	Residual ST-segment deviation at ECG	30 Days
Ozkan et al. ²⁸	1999–2004	47	Stable or marker-negative unstable angina undergoing SVG stenting	Bolus: 0.4 μg/kg/min × 30 min; infusion: 0.1 μg/kg/min	Upstream	ASA, enoxaparin, and clopidogrel	Not reported	30 Days
PRISM ⁸	1994–1996	3232	NSTEACS	Bolus: 0.6 μg/kg/min×30 min; infusion: 0.15 μg/kg/min	Upstream	ASA, UFH in placebo group only	Death, MI, refractory ischemia at 48 h	30 Days

6 Months	6 Months	30 Days	6 Months	30 Days	9 Months	rdial infarction; PCI, percutaneous
Death, MI, refractory ischemia at 7 days	Death, MI, TVR, or bailout stenting	TIMI flow grade 3 in the IRA 30 Days at 90'	MACE at 30 days	Death, MI, recurrent angina	Troponin elevation within 48 h	myocardial infarction; MI, myoca tion; ULN, upper limit of normal; l
ASA, UFH	ASA, UFH	ASA, UFH, alteplase	ASA, UFH, clopidogrel MACE at 30 days	ASA, enoxaparin or UFH	ASA, UFH, clopidogrel	 non-ST-segment elevation ent elevation myocardial infarc
Upstream	Downstream	Upstream	Upstream	Upstream	Downstream	dromes; NSTEM TEMI, ST-segme
Bolus: 0.4 µg/kg/min×30 min; infusion: 0.1 µg/kg/min	Bolus: 10 μg/kg: infusion: 0.15 μg/ Downstream ASA, UFH kg/min	Bolus: 0.4 μg/kg/min×30 min; infusion: 0.1 μg/kg/min	Bolus: 10 μg/kg; infusion: 0.15 μg/ Upstream kg/min	Bolus: 10 μg/kg; infusion: 0.15 μg/ Upstream kg/min	Bolus: 10 μg/kg: infusion: 0.15 μg/ Downstream ASA, UFH, clopidogrel Troponin elevation within kg/min	sT-segment elevation acute coronary syn. DCA, directional coronary atherectomy; S
NSTEACS	NSTEACS or STEMI undergoing POBA or DCA	STEMI	STEMI	STEMI ineligible to lysis	Stable angina	ASA, aspirin; LWMH, low-weight molecular heparin; LDH, lactate dehydrogenase; NSTEACS, non-ST-segment elevation acute coronary syndromes; NSTEMI, non-ST-segment elevation myocardial infarction; MI, myocardial infarction; LDHQ48, area under the lactate dehydrogenase release over 48 h curve; POBA, balloon angioplasty; DCA, directional coronary atherectomy; STEMI, ST-segment elevation myocardial infarction; ULN, upper limit of normal; PCI, percutaneous
1570	2212	144	115	1224	96	cular heparin; l ogenase releas
1994–1996	1995	2000-2002	2005-2006	1999–2002	Not reported	H, low-weight molec r the lactate dehydr
PRISM-PLUS ⁷	restore ⁶	SASTRE ²³	Shen et al. ³²	TETAMI ^{19,20}	TOPSTAR ¹⁷	ASA, aspirin; LWM I LDHQ48, area unde

 $l^2 = 0\%$] were similar when tirofiban at high-dose bolus was compared with abciximab.

The rate of major bleedings did not differ in tirofiban- vs. abciximab-treated patients [OR = 1.24 (0.78, 1.98), P = 0.35, P for heterogeneity = 0.76, $l^2 = 0\%$], whereas minor bleedings [3.1 vs. 4.8%; OR = 0.64 (0.50, 0.82), P < 0.001, P for heterogeneity = 0.95, $l^2 = 0\%$] and any thrombocytopenia [0.3 vs. 2.4%; OR = 0.28 (0.08, 0.94), P = 0.04, P for heterogeneity=0.71, $l^2 = 0\%$] were both markedly reduced in the tirofiban group.

At the longest available follow-up, death or MI [OR = 1.09 (0.91, 1.31), P = 0.34, P for heterogeneity = 0.87, $I^2 = 0\%$], mortality [OR = 1.03 (0.75, 1.42), P = 0.86, P for heterogeneity = 0.71, $I^2 = 0\%$], and MACE [OR = 1.00 (0.87, 1.16), P = 0.95, P for heterogeneity = 0.68, $I^2 = 0\%$] rates also did not differ between groups (*Figure 6*).

Additional analyses

Meta-regression was performed to explore moderators of effect estimates for tirofiban vs. abciximab analysis, focusing on the 30 days rate of death or MI, and on the long-term rate of MACE, and appraising type of control, type of administration, concomitant medical treatment, adequate randomization method, adequate concealment of allocation, and adequate patient blinding (*Table 4*). The only potentially relevant finding beyond type of control treatment (i.e. placebo or anticoagulant vs. abciximab) was a trend for interaction between 30 days death or MI rates and the comparison between tirofiban and abciximab when focusing on the bolus regimen of tirofiban [$\beta = -0.646$ (-1.244, 0.103), P = 0.083], suggestive of more efficacy for the latter when employed at a high (25 µg/kg) dose.

Inspection of funnel plots for either tirofiban vs. control and tirofiban vs. abciximab and the 30 days rate of death or MI (*Figures 7* and 8) did not disclose evidence of small study bias, which was also confirmed by analytical testing with Peters test (P = 0.365 and P = 0.921, respectively).

Discussion

The main finding of this meta-analysis is that adjunctive tirofiban therapy, compared with placebo, is associated with a >30% reduction in all considered ischaemic endpoints including overall mortality, mortality or MI, and MACE rates within 30 days after treatment. In absolute terms, tirofiban administration in 40 patients would prevent one death or MI, whereas 100 treated patients would lead to one fatal event prevention. Importantly, the benefit observed soon after intervention persisted at longest available follow-up. Interestingly, the magnitude of benefit for mortality observed in our analysis for tirofiban was quite similar to the treatment benefit shown by abciximab in a recent meta-analysis.⁴⁴

As expected, the advantage in terms of ischaemic endpoints was counterbalanced by a significant increase in minor, but not major, bleeding and thrombocytopenia. Assuming that the observed insignificant 25% relative increase in major bleeding in the tirofiban group is real, we estimated a NNH of 286, 91, and 227 to lead to one major bleed, one minor haemorrhagic event, and one episode of thrombocytopenia, respectively. Thus, altogether the use of tirofiban at different tested regimens was associated with

Study	Trial period	No. randomized	Patient population	Tirofiban dose	Setting	Concomitant anti-thrombotics	1° Endpoint	Follow-up
Danzi et al. ³⁷	2002	100	STEMI	Bolus: 25 μg/kg; infusion: 0.15 μg/kg/min	Downstream	ASA, UFH	Infarct-zone wall motion score index at 30 days	30 Days
Ernst et al. ⁴²	2002-2003	60	STEMI	Bolus: 10 μg/kg; infusion: 0.15 μg/kg/min	Downstream	ASA, UFH, Clopidogrel	Platelet aggregation inhibition	Hospital stay
EVEREST ³⁶	2003-2004	61	NSTEMI	Bolus: 25 μg/kg; infusion: 0.15 μg/kg/min	Downstream	ASA, UFH, clopidogrel	TIMI myocardial perfusion rate	30 Days
FATA ³⁸	2004-2007	692	STEMI	Bolus: 25 μg/kg; infusion: 0.15 μg/kg/min	Downstream	ASA, UFH	≥70% STR at 90′	30 Days
MULTISTRATEGY ¹⁰	2004-2007	744	STEMI	Bolus: 25 μg/kg; infusion: 0.15 μg/kg/min	Downstream	ASA, UFH, clopidogrel	\geq 50% STR at 90′	8 Months
Neumann et al. ⁴⁰	Not reported	40	Stable or unstable angina	Bolus: 10 μg/kg; infusion: 0.15 μg/kg/min	Downstream	ASA, UFH, ticlopidine	Inhibition of platelet aggregation after 2 h of infusion	30 Days
STRATEGY ⁴¹	2003-2004	175	STEMI	Bolus: 25 μg/kg; infusion: 0.15 μg/kg/min	Downstream	ASA, UFH, clopidogrel	Death, MI, stroke, binary restenosis	36 Months
TARGET ⁹	1999-2000	5308	Urgent and elective PCI	Bolus: 10 μg/kg; infusion: 0.15 μg/kg/min	Downstream	ASA, UFH, clopidogrel	Death, MI, urgent TVR at 30 days	12 Months
TENACITY ⁴³	2004-2005	383	Medium to high-risk PCI	Bolus: 25 μg/kg; infusion: 0.15 μg/kg/min	Downstream	ASA, UFH, clopidogrel	Death, MI, urgent TVR	30 Days

 Table 2
 Main characteristics of the abciximab-controlled trials

ASA, aspirin; UFH, unfractionated heparin; NSTEMI, non-ST-segment elevation myocardial infarction; MI, myocardial infarction; PCI, percutaneous coronary intervention; MI, myocardial infarction; TVR, target vessel revascularization; STR, ST-segment resolution.

Table 3 Risk of bias assessment

Study	Adequate sequence generation	Allocation concealment used	Blinding	Concurrent therapies similar	Incomplete outcome data addressed	Uniform and explicit outcome definitions	Free of selective outcome reporting	Free of other bias	Overall risk of bias
3T/2R ³⁵	Yes (computer generated)	Yes (sealed envelopes)	Yes (patients, caring physicians, and outcome assessors)	Yes	Yes	Yes	Yes	Yes	Low
ADVANCE ²⁵	Yes (computer generated)	Yes (external personnel)	Yes (patients, caring physicians, and outcome assessors)	Yes	No	Yes	Yes	Yes	Low
Danzi et al. ³⁷	Unclear	Unclear	No	Yes	Yes	No	No	Yes	Moderate
ELISA 229	Unclear	Unclear	Yes (outcome assessors)	No	Yes	Yes	Yes	Yes	Moderate
Ercan et al. ²²	Unclear	Unclear	No	No	Yes	Yes	Yes	Yes	Moderate
Ernst et al. ⁴²	Yes (computer generated)	Unclear	No	Yes	No	Yes	Yes	Yes	Moderate
EVEREST ³⁶	Unclear	Unclear	No	Yes	Yes	No	No	Yes	Moderate
FATA ³⁸	Unclear	Yes (sealed envelopes)	Yes (patients, caring physicians, and outcome assessors)	Yes	Yes	Yes	Yes	Yes	Low
Fu et al. ³⁰	Unclear	Unclear	No	Yes	No	No	Yes	Yes	Moderate
lvandic et al. ³¹	Unclear	Unclear	No	Yes	No	No	No	Yes	Moderate
Juergens et al. ¹⁸	Unclear	Unclear	Yes (patients and caring physicians)	No	Yes	Yes	Yes	Yes	Moderate
Kereiakes et al. ¹⁵	Unclear	Unclear	Yes (patients and caring physicians)	Yes	No	No	No	Yes	Moderate
Kim et al. ²⁶	Unclear	Unclear	No	Yes	No	No	Yes	Yes	Moderate
Kurowski et al. ²⁷	Unclear	Unclear	No	Yes	No	No	No	Yes	Moderate
MULTISTRATEGY ¹⁰	Yes (computer generated)	Yes (sealed envelopes)	Yes (outcome assessors)	Yes	Yes	Yes	Yes	Yes	Low
NAPLES ³⁴	Unclear	Unclear	No	Yes	No	No	No	Yes	Moderate
Neumann et al. ⁴⁰	Unclear	Unclear	No	Yes	No	No	No	Yes	Moderate
Okmen et al. ²¹	Unclear	Unclear	No	Unclear	No	No	Yes	Yes	Moderate
Okmen et al. ²⁴	Unclear	Unclear	No	Yes	No	No	No	Yes	Moderate
On-TIME 2 open-label study ³³	Yes (computer generated)	Yes (centralized system)	Yes (outcome assessors)	Yes	Yes	Yes	Yes	Yes	Low
On-TIME 2 ³³	Yes (computer generated)	Yes (centralized system)	Yes (outcome assessors)	Yes	Yes	Yes	Yes	Yes	Low
Ozkan et al. ²⁸	Unclear	Unclear	No	Yes	No	No	No	Yes	Moderate
									Continued

Study	Adequate sequence generation	Allocation concealment used	Blinding	Concurrent therapies similar	Incomplete outcome data addressed	Uniform and explicit outcome definitions	Free of selective outcome reporting	Free of other bias	Overall risk of bias
PRISM ⁸	Unclear	Yes (centralized system)	Yes (patients, caring physicians, and outcome assessors)	Yes	Yes	Yes	Yes	Yes	Low
PRISM-PLUS ⁷	Unclear	Yes (sealed envelopes)	Yes (patients, caring physicians, and outcome assessors)	Yes	Yes	Yes	Yes	Yes	Low
RESTORE ⁶	Unclear	Yes (centralized system)	Yes (patients, caring physicians, and outcome assessors)	Yes	Yes	Yes	Yes	Yes	Low
SASTRE ²³	Unclear	Yes	No	Yes	Yes	Yes	Yes	Yes	Moderate
Shen et al. ³²	Unclear	Yes	No	Yes	Yes	Yes	Yes	Yes	Moderate
STRATEGY ⁴¹	Yes (computer generated)	Yes (sealed envelopes)	Yes (outcome assessors)	Yes	Yes	Yes	Yes	Yes	Moderate
TARGET ⁹	Unclear	Yes (centralized system)	Yes (patients, caring physicians, and outcome assessors)	Yes	Yes	Yes	Yes	Yes	Low
TENACITY ⁴³	Unclear	Yes (centralized system)	Yes (patients, caring physicians, and outcome assessors)	Yes	Yes	Yes	Yes	Yes	Low
TETAMI ^{19,20}	Unclear	Unclear	Yes (patients, caring physicians, and outcome assessors)	Yes	Yes	Yes	Yes	Yes	Low
TOPSTAR ¹⁷	Unclear	Yes (external personnel)	Yes (patients and caring physicians)	Yes	Yes	No	No	Yes	Moderate

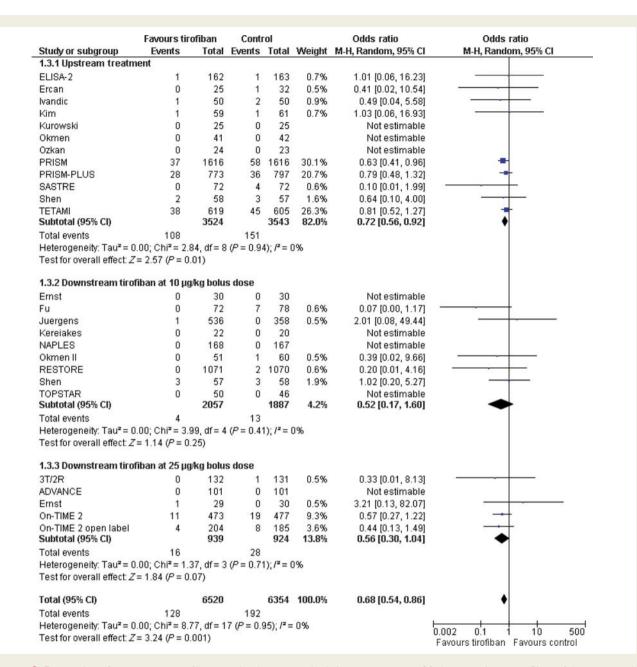


Figure 2 Forest plot of comparison: tirofiban vs. placebo or standard therapy, outcome: 30-day mortality rate. Cl, confidence interval; Weight, statistical weight (an indirect estimate of study precision and impact on overall pooled estimates of the single study result).

a favourable efficacy/safety profile in a broad patient population presenting with acute coronary syndromes and/or undergoing PCI.

While several included studies antedated the advent of clopidogrel pre-treatment strategy in patients undergoing PCI, our sensitivity analysis, which focused on patients receiving tirofiban on top of pretreatment with clopidogrel or ticlopidine,^{17,22,24,25,27–35,42} suggested the benefit of tirofiban to be additive to first or second generation P2Y12 receptor inhibitors. These findings are in keeping with previous evidence^{45,46} and reinforce the importance of the degree and consistency of platelet inhibition to prevent ischaemic complications in patients with acute coronary syndromes undergoing PCI. Our analysis failed to show heterogeneity of results across the different tested regimens of tirofiban for mortality or the composite of death or MI. However, for both MI rate alone and the composite of MACE rate, some degree of inconsistency was noted throughout. This might be due to various MI definitions, multiple clinical settings and/or different tirofiban tested regimens throughout studies. Interestingly, trials testing tirofiban downstream at high bolus dose, which results in a prompt and significantly greater inhibition of platelet activity compared with both standard 10 μ g/kg 3 min and 0.4 μ g/kg 30 min bolus regimens,^{3,47,48} resulted in overall numerically higher relative and absolute reduction of death or MI, MI alone, and MACE rates within the first 30 days.

~ .	Tirofib		Contr			Odds ratio	Odds ratio
						M-H, Random, 95% CI	M-H, Random, 95% Cl
1.5.1 Upstream tirofiban	i at 0.4/t		g × 30' b		egimen	Not optimable	
Subtotal (95% CI)		0		0		Not estimable	
Total events	0		0				
Heterogeneity: Not applic							
Test for overall effect: Not	applica	ble					
1.5.2 Upstream Tirofiban	at 10 µ	g/kg × 3)' bolus i	egime	n		
ELISA-2	74	162	92		10.7%	0.64 [0.41, 0.99]	
Ercan	1	25	3	32	0.5%	0.40 [0.04, 4.13]	
Ivandic	2	50	3	50	0.8%	0.65 [0.10, 4.09]	
Kim	1	59	2	61	0.4%	0.51 [0.04, 5.76]	
Kurowski	Ó	25	2	25	0.3%	0.18 [0.01, 4.04]	
Okmen	1	41	13	42	0.6%	0.06 [0.01, 0.45]	
Ozkan	O	24	0	23		Not estimable	-
PRISM	94	1616		1616	19.7%	0.81 [0.61, 1.07]	
PRISM-PLUS	67	773	95	797	16.2%	0.70 [0.50, 0.98]	
SASTRE	2	72	8	72	1.0%	0.23 [0.05, 1.12]	
Shen	2	58	7	57	1.0%	0.26 [0.05, 1.29]	
TETAMI	51	619	54	605	12.3%	0.92 [0.61, 1.37]	-
Subtotal (95% CI)	51	3524	34	3542	63.5%	0.69 [0.55, 0.87]	•
Total events	295	002.1	394	0012	001011	0.00 [0.00, 0.01]	
Heterogeneity: Tau ² = 0.0		12.02		P - 0 2	21.12 - 22	Q4.	
Test for overall effect: Z =				/ = 0.2	.5),7 = 22	~	
1.5.3 Downstream tirofib	an at 10) µg/kg	bolus do	ose			
Ernst	0	30	0	30		Not estimable	
Fu	3	72	10	78	1.4%	0.30 [0.08, 1.12]	
Juergens	19	536	13	358	4.6%	0.98 [0.48, 2.00]	
Kereiakes	0	22	0	20		Not estimable	
NAPLES	21	168	17	167	5.1%	1.26 [0.64, 2.48]	
Okmen II	1	51	2	60	0.4%	0.58 [0.05, 6.59]	
RESTORE	29	1071	47	1070	9.6%	0.61 [0.38, 0.97]	
Shen	3	57	7	58	1.3%	0.40 [0.10, 1.65]	
TOPSTAR	0	50	1	46	0.3%	0.30 [0.01, 7.56]	
Subtotal (95% CI)		2057		1887	22.8%	0.73 [0.51, 1.03]	•
Total events	76		97				
Heterogeneity: Tau ² = 0.0	2; Chi ² =	6.49, 0	if = 6 (P :	= 0.37)	/= 8%		
Test for overall effect: $Z =$	1.79 (P	= 0.07)		1. S. S. S. S.	Save BERESS		
1.5.4 Downstream tirofib	an at 24	5 ua/ka	bolus de	se			
3T/2R	5	132	14	131	2.3%	0.33 [0.11, 0.94]	
ADVANCE	4	101	14	101	1.8%	0.34 [0.10, 1.10]	
Ernst	4	29	0	30	0.3%		
	24	477	33			3.21 [0.13, 82.07]	
On-TIME 2				473	7.6%	0.71 [0.41, 1.21]	
On-TIME 2 open label Subtotal (95% CI)	4	204 943	8	185 920	1.7% 13.7%	0.44 [0.13, 1.49]	
	00	943		920	13.770	0.56 [0.37, 0.84]	•
Total events	38	0.00	66	0.40	17 00		
Heterogeneity: Tau ² = 0.0 Test for overall effect: Z =	A \$200 States		100 - 100 - 1 00 - 100	= 0.45)	/~= 0%		
restion overall ellect. Z =	2.17 (*	- 0.000	/				
Total (95% CI)		6524		6349	100.0%	0.69 [0.58, 0.81]	•
Total events Heterogeneity: Tau ² = 0.0	409		557				92 Agi 1 Cid21

Figure 3 Forest plot of comparison: tirofiban vs. placebo or standard therapy, outcome: 30-day death or myocardial infarction. Cl, confidence interval; Weight, statistical weight (an indirect estimate of study precision and impact on overall pooled estimates of the single study result).

In aggregate, ischaemic complications did not significantly differ in tirofiban vs. abciximab-treated patients at short- or mediumterm follow-up. However, tirofiban tested at 10 μ g/kg bolus regimen, which results in suboptimal platelet inhibition soon after administration,^{3,47} increased peri-procedural ischaemic events mainly in terms of MI, compared with abciximab. This was largely driven by the results of the TARGET study, which remains by far the biggest comparison between the two drugs.⁹ In contrast, the 25 μ g/kg tirofiban bolus regimen which has been developed to more closely mimic abciximab-driven platelet inhibition soon after treatment administration,⁴⁸ was not associated with an increase of early ischaemic hazard when contrasted to the latter. Indeed, a trend was noted suggesting an interaction between 30-day death or MI rates and the comparison between tirofiban and abciximab when focusing on dosage of tirofiban administration. While abciximab treatment effect vs. placebo was previously shown to be directly proportional to risk status of treated patients,⁴⁹ no such pattern was observed when abciximab was compared with tirofiban at metaregression analysis, suggesting that tirofiban may effectively replace abciximab across the whole spectrum of patients with CAD, particularly with a high-dose bolus regimen.

	Tirofib	an	Contr	ol		Odds ratio	Odds ratio
Study or subgroup	Events	Total	Events	Total	Weight	M-H, Random, 95% Cl	M-H, Random, 95% Cl
2.3.2 Tirofiban 10 µg	/kg bolus	dose					
Ernst	0	30	0	30		Not estimable	
Neumann	0	20	0	20		Not estimable	
TARGET	12	2398	10	2421	40.7%	1.21 [0.52, 2.81]	
Subtotal (95% CI)		2448		2471	40.7%	1.21 [0.52, 2.81]	+
Total events	12		10				
Heterogeneity: Not ap	oplicable						
Test for overall effect:	Z= 0.45	(P = 0.8	i5)				
2.3.3 Tirofiban 10 µg	/kg bolus	dose					
Danzi	0	50	0	50		Not estimable	
Ernst	1	29	0	30	2.7%	3.21 [0.13, 82.07]	· · · · · · · · · · · · · · · · · · ·
EVEREST	0	30	1	30	2.7%	0.32 [0.01, 8.24]	
FATA	7	351	5	341	21.5%	1.37 [0.43, 4.35]	
MULTISTRATEGY	4	372	9	372	20.5%	0.44 [0.13, 1.44]	
STRATEGY	2	87	3	88	8.7%	0.67 [0.11, 4.09]	
TENACITY	0	189	2	194	3.1%	0.20 [0.01, 4.26]	
Subtotal (95% CI)		1108		1105	59.3%	0.73 [0.36, 1.47]	•
Total events	14		20				
Heterogeneity: Tau ² =	= 0.00; Ch	i ² = 3.5	8, df = 5 (P = 0.6	1); / ² = 09	8	
Test for overall effect:	Z= 0.88	(P = 0.3	8)				
Total (95% CI)		3556		3576	100.0%	0.90 [0.53, 1.54]	•
Total events	26		30				
Heterogeneity: Tau ² =	0.00; Ch	i ² = 4.4	1, df = 6 (P = 0.6	2); $/^2 = 09$	6	
Test for overall effect:							0.002 0.1 1 10 500 Favours tirofiban Favours control

Figure 4 Forest plot of comparison: tirofiban vs. abciximab, outcome: 30-day death. Cl, confidence interval; Weight, statistical weight (an indirect estimate of study precision and impact on overall pooled estimates of the single study result).

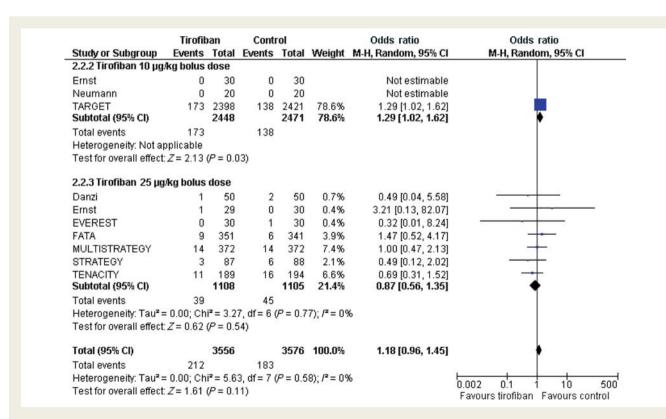


Figure 5 Forest plot of comparison: tirofiban vs. abciximab, outcome: 30-day death or myocardial infarction. Cl, confidence interval; Weight, statistical weight (an indirect estimate of study precision and impact on overall pooled estimates of the single study result).

	Tirofib		Contr			Odds ratio	Odds ratio
Study or subgroup			Events	Total	Weight	M-H, Random, 95% Cl	M-H, Random, 95% Cl
2.8.2 Tirofiban 10 µg	kg bolus	dose					
Ernst	0	30	0	30		Not estimable	
Neumann	0	20	0	20		Not estimable	
TARGET	208	2398	178	2411	74.8%	1.19 [0.97, 1.47]	
Subtotal (95% CI)		2448		2461	74.8%	1.19 [0.97, 1.47]	•
Total events	208		178				
Heterogeneity: Not a	oplicable						
Test for overall effect	Z=1.65	(P = 0.1	0)				
2.8.3 Tirofiban 25 µg	/kg bolus	dose					
Danzi	1	20	2	50	0.5%	1.26 [0.11, 14.76]	
Ernst	1	29	0	30	0.3%	3.21 [0.13, 82.07]	
EVEREST	0	30	1	30	0.3%	0.32 [0.01, 8.24]	• · · · · · · · · · · · · · · · · · · ·
FATA	9	351	6	341	3.0%	1.47 [0.52, 4.17]	
MULTISTRATEGY	22	372	28	372	9.7%	0.77 [0.43, 1.38]	
STRATEGY	17	87	20	88	6.2%	0.83 [0.40, 1.71]	
TENACITY	11	189	16	194	5.1%	0.69 [0.31, 1.52]	
Subtotal (95% CI)		1078		1105	25.2%	0.84 [0.59, 1.21]	•
Fotal events	61		73				
-leterogeneity: Tau ² =	= 0.00; Ch	i ² = 2.5	3, df = 6 (P = 0.8	7); /² = 0%	6	
Test for overall effect	Z= 0.94	(P = 0.3)	15)				
fotal (95% Cl)		3526		3566	100.0%	1.09 [0.91, 1.31]	•
Fotal events	269		251				
Heterogeneity: Tau ² =	0.00; Ch	² = 5.2	1, df = 7 (P = 0.6	3); / ² = 0%	6	
Fest for overall effect	7-0.05	P - 0 3	1				0.1 0.2 0.5 1 2 5 10 Favours tirofiban Favours control

Figure 6 Forest plot of comparison: tirofiban vs. abciximab, outcome: long-term death or myocardial infarction. CI, confidence interval. Weight, statistical weight (an indirect estimate of study precision and impact on overall pooled estimates of the single study result).

Variable	30 Days death or myocardial infa	Long-term major adverse cardiac	Long-term major adverse cardiac events			
	Beta (95% confidence interval)	P-value	Beta (95% confidence interval)	P-value		
Type of control	0.469 (0.127; 0.767)	0.008	0.350 (-0.005; 0.574)	0.054		
Type of administration	0.056 (-0.136; 0.183)	0.765	0.035 (-0.123; 0.149)	0.850		
Concomitant medical treatment	0.166 (-0.190; 0.494)	0.371	-0.052 (-0.336; 0.255)	0.782		
Adequate randomization method	-0.220 (-0.887; 0.226)	0.234	-0.203 (-0.639; 0.187)	0.273		
Adequate concealment of allocation	0.261 (-0.099; 0.587)	0.157	0.035 (-0.280; 0.337)	0.850		
Adequate patient blinding	0.362 (0.007; 0.654)	0.046	0.197 (-0.156; 0.507)	0.289		

Based on a univariate fixed-effect model with least-squares weights for sample size to explore moderators and/or predictors of changes in log-transformed odds ratios.

Altogether, the pooled findings from both placebo and abciximab controlled studies suggest that the bolus regimen, especially for patients undergoing PCI and receiving treatment immediately before is of utmost importance to optimize outcomes. Tirofiban, given at a high-dose bolus, by providing a greater and more consistent level of platelet inhibition may be a preferable option than previously developed standard regimens which lead to desirable anti-platelet activity only with some delay after drug administration.⁴⁷

Importantly, confidence intervals around point of estimate for ischaemic events remains wide for the comparison between tirofiban and abciximab and entail the possibility that even at high bolus regimen, the former may lead to a relatively small yet distinct increase in adverse events after PCI. This uncertainty largely reflects the still limited number of patients who have been re-evaluated in head-to-head studies with tirofiban given at high bolus dose. Unfortunately, the planned large (n = 8800 patients) TENACITY study which aimed to definitively ascertain whether at proper dosing tirofiban would be non-inferior to abciximab was prematurely stopped for financial reasons after 383 patients were enrolled.⁴³ All subsequent investigator-driven head-to-head comparisons between these two agents were based on surrogate endpoints such as ST-segment elevation resolution,^{10,38,41} myocardial blush,³⁶ left ventricular ejection fraction,³⁷ or platelet inhibition⁴² which explains the relatively small study populations.

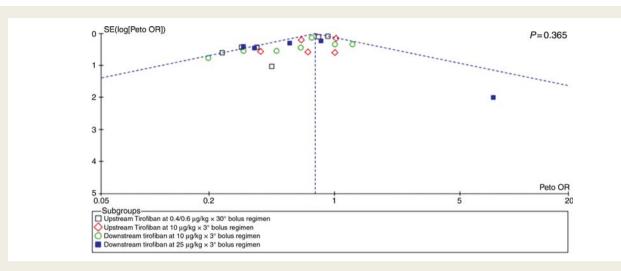


Figure 7 Funnel plot for the long-term risk of major adverse cardiac events (MACE) comparing tirofiban vs. control. This plot shows the association (or lack of) between study effect (*x*-axis) and study size/precision (*y*-axis), and can thus provide a graphical appraisal of the risk of small study bias in the overall systematic review. Specifically, small study bias, also known as publication bias, is due to the selective reporting and publication of small but significant studies and the selective under-reporting and lack of publication of small non-significant studies. If present, small study bias may unduly impact on pooled effect estimates and bias the overall results toward rejecting a null hypothesis which is actually valid. The vertical dashed line represents the summary pooled effect estimate, the oblique dashed lines represent the corresponding 95% confidence intervals, and the *P*-value provided by analytical testing with Peters test. OR, odds ratio; SE, standard error.

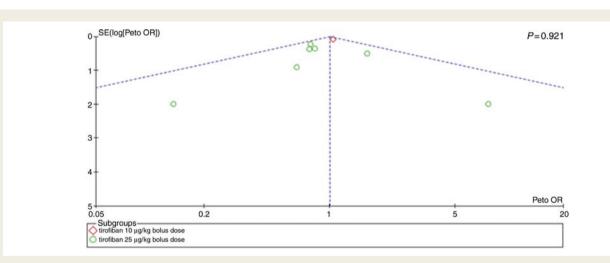


Figure 8 Funnel plot for the long-term risk of major adverse cardiac events (MACE) comparing tirofiban vs. abciximab. This plot shows the association (or lack of) between study effect (*x*-axis) and study size/precision (*y*-axis), and can thus provide a graphical appraisal of the risk of small study bias in the overall systematic review. Specifically, small study bias, also known as publication bias, is due to the selective reporting and publication of small but significant studies and the selective under-reporting and lack of publication of small non-significant studies. If present, small study bias may unduly impact on pooled effect estimates and bias the overall results toward rejecting a null hypothesis which is actually valid. The vertical dashed line represents the summary pooled effect estimate, the oblique dashed lines represent the corresponding 95% confidence intervals, and the *P*-value provided by analytical testing with Peters test. OR, odds ratio; SE, standard error.

An additional finding of potential clinical relevance was that the rate of minor, but not major, bleeding was significantly reduced by the use of tirofiban compared with abciximab. This was consistently noted in studies testing either 10 or 25 μ g/kg tirofiban bolus regimens. Since the degree of platelet inhibition provided by a high-dose tirofiban bolus is not inferior to that of abciximab, and indeed many previous studies have shown that tirofiban at this revised bolus

regimen might be associated with greater and more consistent antiplatelet activity than abciximab,^{41,42,50} this observation of lower minor bleeding rate in tirofiban-treated patients is intriguing and deserves further investigation. Similarly, the rate of thrombocytopenia, which like bleeding complications has been shown to independently predict worse outcomes,^{51,52} was reduced by almost 80% by the use of tirofiban. This likely reflects the lower propensity of tirofiban to elicit an antibody response. Thrombocytopenia has been shown to be associated with bleeding complications,^{51,52} and it is tempting to speculate that the lower propensity of tirofiban to trigger an immune response might at least partially explain the improved safety profile in terms of minor bleedings observed in the tirofiban group. Finally, we cannot rule out the possibility that the difference in minor bleedings noted between tirofiban and abciximab is a spurious finding or simply related to the shorter duration of anti-aggregatory effect.

Study limitations

Our results suffer from those limitations which are inherent to all meta-analytic techniques including particularly heterogeneity in patient populations, different study drug regimens, and variable endpoint definitions across studies. This mainly applies to the different criteria employed throughout trials for classifying bleeding and peri-procedural ischaemic endpoints. Importantly, however, a clear reduction of overall mortality in the tirofiban arm has been noted vs. placebo but not vs. abciximab studies which is in keeping with the differences observed between study groups for MI alone or the composite of death or MI.

Conclusions

In our pooled analysis based on over 20 000 patients, tirofiban administration was shown to significantly reduce mortality, the composite of death or MI along with MACE rate when compared with placebo. This benefit in ischaemic endpoints reduction remained significant and of consistent magnitude in studies where tirofiban was tested in addition to thienopyridines but came at an increase risk for minor bleeding and thrombocytopenia. An early ischaemic hazard disfavouring tirofiban was noted when compared with abciximab in studies based on 10 μ g/kg bolus regimen but not in those testing the 25 μ g/kg bolus regimen. Overall, the safety profile seems to favour the use of tirofiban over abciximab for lower incidence of minor bleeding and thrombocytopenia, likely reflecting different chemical structures more than a difference in anti-platelet potency between these two drugs.

Our findings suggest that the use of tirofiban is an efficacious treatment option to reduce ischaemic events in patients with acute coronary syndromes and/or those undergoing PCI. When employed at high-dose bolus just prior to PCI, tirofiban may provide similar efficacy yet an improved safety profile when compared with abciximab. This hypothesis would require prospective assessment in order to be validated.

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Conflicts of interest: M.V. has consulted for Iroko, Eli Lilly and the Medicines Company, has lectured for Iroko, Glaxo SmithKline and received grant support from Iroko and Eli Lilly. G.B.-Z. has consulted for Cordis and The Medicines Company, has lectured for Bristol-Myers Squibb and sanofi-aventis, and has received grant support from Glaxo SmithKline.

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