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Tracers to Monitor the Response to Chemotherapy: *In Vitro* Screening of Four Radiopharmaceuticals

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ABSTRACT

Objectives: It has been postulated that radiopharmaceuticals can be used to predict the therapeutic response to (chemo)therapy, which could lead to individualized treatment regimens. In this study, ¹⁸F-deoxyglucose, 99m Tc-tetrofosmin, 125 I-deoxyuridineribose, and 125 I-methyltyrosine were tested for this purpose. Methods: The uterine sarcoma cell line MES-SA (MDR-) and its multidrug resistant variant, MES-SA/Dx5 (MDR+), were used. The MDR+ cells express high levels of P-glycoprotein, which makes them relatively resistant to various chemotherapeutic agents. Cells were cultured in the presence of escalating concentrations of doxorubicin, and the cellular uptake of the radiopharmaceuticals was determined. **Results:** Decreasing ¹⁸F-deoxyglucose uptake at escalating doxorubicin concentrations reflected the chemosensitivity of the cells: ${}^{18}F$ -deoxyglucose uptake in the MDR- cells was reduced to 40% of the baseline level in the presence of 1 μ M of doxorubicin, compared to 74% in the MDR+ cells. The ¹²⁵Ideoxyuridineribose uptake in MDR- cells was reduced to 2% of the baseline level when cultured at a concentration of 1 μ M of doxorubicin, while this was 79% in the MDR+ cells. The same trend was observed with 125 I-methyltyrosine. The enhanced doxorubicin chemosensitivity of MDR+ cells in the presence of verapamil, a modulator of P-glycoprotein, was reflected by the reduced uptake of ¹⁸F-deoxyglucose, ¹²⁵I-deoxyuridineribose, and ¹²⁵I-methyltyrosine. Furthermore, baseline ^{99m}Tc-tetrofosmin uptake in MDR+ cells was more than six-fold lower than in MDR- cells. Conclusion: In the presence of doxorubicin, the uptake of ¹⁸F-deoxyglucose, ¹²⁵I-deoxyuridineribose and, to a lesser extent, ¹²⁵I-methyltyrosine is more pronouncedly reduced in MDR- cells than in MDR+ cells. The reversal of doxorubicin-resistance of MDR+ cells by verapamil was also reflected by the uptake of ¹⁸F-deoxyglucose, ¹²⁵I-deoxyuridineribose, and ¹²⁵I-methyltyrosine. ^{99m}Tc-tetrofosmin uptake reflected P-glycoprotein expression without exposure to doxorubicin.

Key words: multidrug resistance, ¹⁸fluorodeoxyglucose, ^{99m}Tc-tetrofosmin, ¹²⁵I-deoxyuridineribose, ¹²⁵I-methyltyrosine

INTRODUCTION

One of the major problems in the treatment of cancer with chemotherapeutics is the development of multidrug resistance (MDR) by tumor

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cells. It is of great clinical importance to identify those patients that will respond to particular anticancer agents and, therefore, to avoid unnecessary toxicity, (effective) therapy delay, and expense in nonresponsive patients. Particularly in the case of newer biological treatments involving cytostatic (in contrast to cytolytic) drugs, an extended period of observation is often required before significant changes in the patient's clinical status, or in the radiographic evaluations, are observed. Therefore, there is a need for a relevant measure of treatment response that could identify treatment "success" or "failure" much earlier than changes in tumor size or volume identified with computed tomography (CT) or magnetic resonance (MR). An early assessment of treatment response is critical in designing appropriate and individualized treatment regimens.¹

Various mechanisms are responsible for multidrug resistance, one of the most important being the overexpression of a plasma membrane phosphoglycoprotein, P-glycoprotein (P-gp), which is encoded by the MDR1 gene. P-gp is the transporter protein responsible for actively pumping cytotoxic agents out of the cell. Besides P-gp, alternative intracellular mechanisms of resistance have been reported, including intracellular entrapment, compartmentalization or redistribution by the multidrug resistance-associated protein (MRP) and the lungresistant protein (LRP), enhanced drug detoxification by glutathion-S transferase, changes in levels or activity of nuclear targets, such as topoisomerase II, and alterations in the control of apoptosis.² Because the overexpression of P-gp is the most important mechanism responsible for MDR, we focused on P-gp in this study.

The distribution of P-gp in many organs suggests that the expression of P-gp is actually a physiological protection mechanism of the human body. P-gp can provide protection by extruding toxins out of the cells into urine, bile, and the intestinal lumen. It appears to protect critical organs, such as the brain and the testes, against toxic compounds. The MDR1 gene expressed in several normal human tissues, is associated with secretory or barrier functions, and in some bone marrow and blood cells.³ Overexpression of P-gp may result in increased excretion and decreased retention of various MDR substrates, and thus decreased cytotoxic efficacy of anticancer agents.⁴

Chemotherapeutic agents such as anthracyclines (daunorubicin and doxorubicin), vinca alkaloids (vincristine and vinblastine), epipodophyllotoxins (etoposide), and taxanes (paclitaxel) are all substrates for P-gp and are extruded out of the cell by P-gp. Besides chemotherapeutic drugs, several other drugs are substrates for P-gp, such as cardiovascular drugs (verapamil and digoxin), and immunosuppressives (cyclosporin A, PSC833). It is not yet clearly understood by what mechanism P-gp is able to recognize such diverse compounds, and, most likely, more than one drug binding site is involved.^{5,6}

It is of great relevance to identify patients with MDR resulting from overexpression of P-gp. Detection of protein and RNA expression for the MDR1 pump can be performed in human tumor samples using a variety of techniques, such as immunohistochemistry, quantitative autoradiography, and reverse transcriptase polymerase chain reaction.^{7–10} However, detection of P-gp does not necessarily provide any information about the function of these pumps in the respective tissues. Furthermore, serial tumor biopsies are not generally performed. Radiotracers that can visualize the activity of cellular efflux pumps noninvasively are, therefore, of interest. In addition, various radiopharmaceuticals can potentially be used to predict the therapeutic response to chemotherapy. In our study, we studied 4 radiopharmaceuticals (¹⁸F-deoxyglucose (=FDG), ^{99m}Tc-tetrofosmin (=TF), ¹²⁵I-methyltyrosine (=IMT), and ¹²⁵I-deoxyuridineribose (=IUdR)) for their ability to monitor the response of cancer cells to doxorubicin treatment.

The experiments were performed in the presence and absence of the calcium channel blocker verapamil, a potent modulator of P-gp. To inhibit P-gp-mediated extrusion of chemotherapeutic agents, this modulator can be used beside other modulators, such as the immunosuppressive agent cyclosporin A and PSC833.11 Verapamil most likely acts by binding competitively to binding sites on the MDR transport proteins or by altering the affinities of the recognition domains in those proteins.¹² Being informed about the effect of a modulator on both tumor tissue and normal tissues in each individual patient before starting chemotherapy could be clinically useful. This may help to select patients who will eventually benefit most from the addition of a modulator to the chemotherapeutic regimen.¹³

MATERIALS AND METHODS

Cell Lines

The cell line MES-SA 1976 (ATCC, CRL-1976) and its multidrug resistant variant, MES-SA/Dx5

1977 (ATCC, CRL-1977) were used in these experiments. The development and characterization of the human uterine sarcoma cell line MES-SA and its multistep-selected MDR variant Dx5 cells have been described elsewhere.14,15 In brief, wild-type MES-SA 1976 (P-gp-negative) cells were derived from a human uterine sarcoma. MES-SA/Dx5 1977 (P-gp-positive) cells were derived from MES-SA 1976 cells grown in the presence of increasing doxorubicin concentrations. As a result of doxorubicin exposure, MES-SA/Dx5 1977 cells express high levels of MDR1 RNA and P-gp (but not MRP), and are relatively resistant to doxorubicin, as well as to various other chemotherapeutic agents. Doxorubicin resistance in this cell line is stable, despite long periods of growth in a drug-free medium.

Radiopharmaceuticals

¹⁸Fluoro-2-deoxy-D-glucose (FDG)

¹⁸Fluoro-2-deoxy-D-glucose was obtained commercially from Tyco Health B.V., Petten, The Netherlands.

^{99m}Tc-Tetrofosmin (TF)

Tetrofosmin kits were obtained commercially (Myoview[®], Amersham Healthcare, Bucking-hamshire, England UK). The labeling and quality control procedures were carried out according to the manufacturers instructions. The radio-chemical purity of TF used in this study was consistently higher than 95%.

¹²⁵I-Iodo-methyl-tyrosine (IMT)

Synthesis of IMT was carried out essentially as described by Krummeich et al.¹⁶ 133 μ L of Iodogen (0.75 mg/mL) was added in a glass reaction vial (Iodogen tube), and the chloroform was evaporated under a stream of nitrogen. 400 µL 0.11 M borate buffer, pH 8.0, and 90 µL of L-alphamethyl tyrosine (Sigma-Aldrich Chemie b.v., Zwiindrecht, The Netherlands) dissolved in 0.22 M borate buffer, pH 1.7, were added. Subsequently, 200–250 μ Ci of Na-¹²⁵I was added. The reaction was allowed to proceed for 10 minutes at room temperature. The reaction mixture was transferred into a 1.5-mL vial and 250 μ L of Na₂S₂O₅ (2) mg/mL) in 0.11 M borate buffer, pH 8.0, was added. A Sep-Pak C-18 cartridge (Waters Corporation, Milford, MA) was activated with 15 mL of ethanol and rinsed with 15 mL 5% ethanol in 0.9% NaCl. The reaction mixture was loaded onto the

conditioned Sep-Pak cartridge. The Sep-Pak cartridge was eluted with 13 mL 5% ethanol in 0.9% NaCl, and fractions of 1 mL were collected. The carrier-free IMT eluted in the fraction 4-6. The RCP of the IMT was analyzed using an HPLC system with C-18 column (Zorbax Rx-C18, 4.6 × 25 cm) equipped with a radiodetector. H₂O/ethanol/acetic acid (92.5/5/2.5) was used as eluens with a flow of 0.5 mL/min. Rf values were: L- α -methyl tyrosine precursor, 2.75 minutes (UV 280 nm), free ¹²⁵I 3.1 min and ¹²⁵I-IMT product, 10.1 min. Radiochemical yield was higher than 95%, with a specific activity of 3612 GBq/mol.

5-[¹²⁵I]Iodo-2'-deoxyuridine (IUdR)

Noncarrier-added sterile 5-[¹²⁵I]Iodo-2'-deoxyuridine (IUdR) (specific activity 74 TBq/mmol) was purchased from Amersham International (Buckinghamshire, England UK).

Drugs

Doxorubicin hydrochloride was obtained as Adriblastina RTU (2 mg/mL for injection) (Pharmacia and Upjohn, Woerden, The Netherlands). It was stored at 4°C and protected from light. Verapamil hydrochloride (2.5 mg/mL) was purchased from Knoll AG, BASF Pharma, Ludwigshafen, Germany.

In Vitro Assay

Cells were cultured at 37°C, 5% CO₂, in RPMI-1640 (Gibco, Life Technologies, Gaithersburg, MD) with 10% fetal calf serum (FCS) and 2 mM glutamine, using 162 cm² culture flasks. Cells (10^5 cells/mL) were seeded in 24-well plates. The aim of the first series of experiments was to determine the optimal doxorubicin incubation schedule. Doxorubicin (escalating concentrations $0-1000 \ \mu\text{M}$) was added starting at 72, 48, and 24 hours before the addition of the radiopharmaceuticals, as presented in Figure 1. Subsequently, the medium was removed from the wells, and cells were washed twice with saline. To each well, 10⁶ cpm/mL (1 mL/well) ¹²⁵I-deoxyuridineribose in RPMI-1640 + 0.5% BSA (Gibco, Invitrogen, Breda, The Netherlands), ¹²⁵I-methyltyrosine in RPMI-1640 + 0.5% BSA, ¹⁸F-deoxyglucose in glucose-free-DMEM + 0.5% BSA or ^{99m}Tc-tetrofosmin in RPMI-1640 + 0.5% BSA, respectively, was added. After 1 hour of incubation at 37°C, cells were washed, swabbed, and counted in a well-type gamma counter. The mean cell-associated activ-



ity of each of the radiopharmaceuticals following incubation in the absence of doxorubicin was set at 100%. The uptake at the various doxorubicin concentrations was expressed as the percentage of this activity.

MTT Assay

In order to investigate whether tracer uptake indeed reflected cell proliferation, the mitochondrial dehydrogenase activity and, hence, cell survival, was measured using the MTT assay (3-[4.5-dimethylthiazol-2-yl]-2.5-diphenyltetrazolium bromide, Thiazolyl blue [Sigma Chemical Co., St. Louis, MO). Dissolved MTT is converted to an insoluble purple formazan by cleavage of the tetrazolium ring by mitochondrial dehydrogenases of viable cells, and the absorbance of the solubilized formazan solution is proportional to the number of viable cells. Cell surivival of both cell lines (MES-SA 1976 and MES-SA/Dx5 1977) at doxorubicin concentrations of $0-1 \ \mu M$, was expressed relative to their controls in the absence of any treatment. Cells were seeded into 24-well plates (in triplicate) at a density of approximately 3×10^4 cells per well in RPMI-1640, with 10% FCS and 2 mM glutamine for 48 hours. At 48 hours, the medium was replaced by doxorubicin (concentrations 0-1 μ M) in RPMI-1640 for an exposure period of 48 hours. Then, cells were washed with saline, and the MTT stock solution (5 mg/mL in RPMI-1640 without phenol red with 10% FCS and 2 mM glutamine) was added to each well (320 μ L/well) and incubated for 5 hours at 37°C. At the end of the incubation period, the medium was removed, cells were washed twice with saline, and the converted dye was solubilized with 1 mL 0.01 N

HCl/10% SDS during 16 hours at 37 °C. Absorbance of converted dye was measured at a wavelength of 570 nm.

RESULTS

MTT Assay

MTT results provide evidence that 48 hours of exposure to doxorubicin could induce reproducible cell death at escalating doxorubicin concentrations (0–1 mM) to an increasing extent, with an obvious difference between the MDR– cells and MDR+ cells. Measurements of relative cell survival compared to untreated control cells showed that doxorubicin induced 80% cell death at 1 μ M in the MDR– cells, compared to only 5% at 1 μ M in the MDR+ cells.

Experiments to Determine the Most Optimal Incubation Scheme

The aim of the first series of experiments was to determine the schedule to expose cancer cells to doxorubicin that would lead to the most pronounced effect on the uptake of each of the radiopharmaceuticals. Figure 2 demonstrates the results of the 5 different doxorubicin incubation schemes measured with FDG. The most pronounced difference in reduction of FDG uptake between the MDR+ and MDR- cell line at low doxorubicin dose levels (0.1–1.0 (μ M) was seen with the incubation schemes 2, 3, and 4. This also applied for IMT and IUdR. Based on these observations, scheme number 4 (48 hours doxorubicin exposure, followed by 1 hour incubation with each of the radiopharmaceuticals) was chosen for future experiments. In this scheme, there is no delay between incubation with doxorubicin and addition of radiopharmaceuticals, avoiding tumor-cell recovery.

The FDG uptake at escalating doxorubicin doses (Fig. 2) correlated with the chemosensitivity of the cells: FDG uptake of the MDR- cells declined at lower doxorubicin concentrations, compared to that of MDR+ cells. To reach the same reduction of FDG uptake, a 10-fold higher doxorubicin concentration was needed in the MDR+ cells. Higher doxorubicin levels (>100 (μ M) were cytotoxic to both cell lines, regardless of their chemosensitivity.

The results from the IUdR and IMT experiments showed an even more pronounced effect (Fig. 3). In the chemosensitive cells, IUdR uptake was reduced to zero at a 100-fold lower dose



than the chemoresistant cells (1 μ M compared to 100 μ M). With IMT, this was almost a 1,000-fold (1 μ M, compared to 1,000 μ M).

^{99m}Tc-Tetrofosmin (TF) differed from the other three radiotracers in some aspects. Because the amount of uptake of this tracer reflects the Pgp activity, there is no need to expose the cells to doxorubicin in the assay. In order to measure P-gp activity, just the percentage of uptake of TF in the absence of doxorubicin are of interest. Baseline TF uptake of the MDR+ cells was more than sixfold lower compared to that in MDRcells, presumably resulting from enhanced P-gp activity of MDR+ cells.

Effects of Verapamil

In the second series of experiments, the effect of the P-gp antagonist verapamil on the effect of doxorubicin on tracer uptake was investigated. In the first experiment, a suitable verapamil concentration was determined for these experiments. Both cell lines were incubated with escalating verapamil concentrations (1–125 μ g/mL) in the absence of doxorubicin (Fig. 4). At the two highest verapamil concentrations tested (25 and 125 μ g/mL), the FDG uptake of the cells was reduced and, therefore, 5 μ g/mL verapamil was used in further experiments.

Subsequently, the effect of verapamil (5 μ g/mL) on cell viability at various doxorubicin concentrations was tested in the MTT assay (Fig. 5). Verapamil had only a limited effect on the number of viable cells. In the presence of verapamil, the MDR+ cells were more susceptible to high concentrations of doxorubicin (10–100 μ M). Interestingly, the number of MDR- cells at low doxorubicin concentrations (0.1–1 μ M) was also reduced by verapamil. Verapamil only



slightly affected cell viability when cultured in the presence of doxorubicin.

In contrast, the reversal of the drug-resistance by verapamil was clearly reflected by the uptake of FDG, IUdR, and IMT. Fig 6A shows that FDG uptake in the MDR+ cells was markedly reduced because of the presence of verapamil. In fact, based on the FDG uptake the MDR+ cells became almost as sensitive to doxorubicin as the MDR – cells. The uptake of FDG was markedly reduced in the MDR+ cells when verapamil was coincubated: from 79% to 18% at 1.0 µM doxorubicin. Although less pronounced, this effect of verapamil was also observed with the MDRcells: from 48% to 3% at 1.0 µM doxorubicin. The same trend was observed with IUdR and IMT (Fig. 6B and 6C). The effects on TF uptake were less apparant (Fig. 7). In the absence of verapamil, the uptake of TF was 0.13% ID in the MDR+ cells, compared to 0.87% ID in the



MDR- cells, whereas in the presence of verapamil these values were 0.19% ID and 1.43% ID, respectively.

DISCUSSION

The results of this study show that ¹⁸Fluoro-2deoxy-D-glucose (=FDG), 5-[¹²⁵I]Iodo-2'-deoxyuridine (=IUdR), and ¹²⁵I-Iodo-methyl-tyrosine (=IMT) uptake is more pronouncedly reduced after exposure to doxorubicin in MES-SA cells that are drug-sensitive, as compared to MES-SA cells that are drug-resistant. The difference between the sensitive and resistant cell line was displayed most pronouncedly by IUdR. The results from the MTT assay showed that tracer uptake reflected cell viability. Exposure to doxorubicin induced a reduction in cell mitochondrial dehydrogenase activity, which was more pronounced in the MDR- cells. In these assays, the radiopharmaceuticals FDG, IMT, and IUdR had similar features. First, all showed a clear discrimination in uptake pattern between the sensitive and the resistant cell line. Second, the effect was reversed by the addition of a P-gp-modulator. The three radiopharmaceuticals also had various distinctive features, which makes each of them unique.

Radiopharmaceuticals originally developed for diagnosis of cardiac viability could be used as a sensitive tool for the detection of MDR. ^{99m}Tc-tetrofosmin (= TF) was the first radiotracer studied for this application. As compared to FDG, IMT, and IUdR, TF potentially has the advantage that it can be used before starting chemotherapy. The other three radiopharmaceuti-



cals reflect the change in cell metabolism or proliferating activity after exposure to doxorubicin, which is essentially different from TF-accumulation, which is based on functional imaging of P-gp. Our results show that a reduced intracellular accumulation of TF is seen in resistant cells, as compared to their drug-sensitive counterpart. Unexpectedly, the reduced uptake of TF in MDR+ cells was only minimally enhanced when verapamil was coincubated. Possibly because of the relatively high P-gp expression on these cells, verapamil could not effectively enhance intracellular TF accumulation. Interestingly, the MTT assay showed that coincubation of verapamil hardly affected the number of viable cells. In contrast, the cellular uptake of FDG, IMT, and IUdR was markedly reduced when verapamil was added, indicating that verapamil reduced the metabolic functions of the cells (glycolytic acitivity, aminoacid transport, and DNA synthesis, respecitively) rather than affecting the number of cells.

¹⁸Fluoro-2-deoxy-D-glucose (=FDG) was chosen as an indicator for cell metabolic activity. FDG enters normal and malignant cells using the same transport mechanisms as glucose and is trapped intracellularly because of its low dephosphorylation rate. The increased rate of glycolysis in tumor cells enhances the uptake of FDG relative to normal cells. The therapeutic effectiveness of cancer treatment by radiotherapy and chemotherapy is usually evaluated by morphologic changes in tumor size examined by Xray studies, CT, ultrasound, or MRI. An advantage of FDG-PET over these anatomic-structure imaging modalities, is the ability to distinguish active or recurrent disease and residual scar tissue after therapy. The most important advantage of FDG is that metabolic alterations of tumor cells, indicative of tumor response to therapy,

may occur before alterations in tumor size. Our results show that FDG is able to differentiate between the MDR+ cells and MDR- cells, i.e.,





FDG uptake decreased more pronouncedly in the responding cells. Studies on small numbers of patients suggest that FDG uptake decreases in responding lesions, although a correlation between FDG uptake and the P-gp status of tumors has not yet been established.^{17–21}

Another relevant target for functional tumor imaging is the uptake of amino acid analogs in cancer cells for which radiolabeled amino acids, such as ¹²⁵I-Iodo-methyl-tyrosine (=IMT), can be applied. It is known that IMT shows a favorable normal distribution. Physiological low uptake is found in the brain, liver, and spleen, but intense uptake in the kidneys and urinary system, as it is renally excreted.²² The results of our *in vitro* experiments showed that the suppression of cell proliferation by doxorubicin can be measured using IMT.

The potential for obtaining functional images of DNA synthesis using PET and SPECT has been recognized for some time.²³ Halogenated thymidine analogs such as IUdR can be used as cell proliferation markers for in vitro studies because these compounds are rapidly incorporated into newly synthesized DNA. In vivo, the use of IUdR is limited as a result of the moderate image quality and the inaccurate calculation of proliferation rates, because of its rapid in vivo degradation. The C-N glycosidic bond of IUdR is not stable in vivo, which leads to metabolites with reduced tumor affinity.²⁴ The attractive aspect of IUdR is that the uptake of IUdR reflects DNA synthesis and, hence, the proliferative status of tumors and normal tissues. In our experiments, IUdR displayed the most marked relative reduction in MES-SA cells that respond to exposure to doxorubicin, as compared to FDG and IMT.

Clinically, it is also important to detect and evaluate multidrug resistance transporter activity in tumors, as this could also be utilized as a tool

in identifying patients who may benefit from combined therapy with P-gp or multidrug resistance-associated protein (MRP) modulators, as well as in the evaluation of the effectiveness of such treatment in vivo. It might also allow for the selection of the proper modulator for the individual patient. A number of drugs have been identified (e.g., calcium channel blockers, antiarrhythmics, antidepressants, and many others) that can reverse P-gp-mediated MDR. These drugs (e.g., verapamil, quinidine, and cyclosporin A) sensitize MDR tumor cells to coadministered cytotoxic agents. However, many of them are of limited clinical use because of side effects in the relevant doses.²⁵ Clinical trials of inhibitors have often been hampered by the inability to document multidrug resistance in solid tumors of individual patients.²⁶ It may be valuable to assess the effect of a modulator on both tumor tissue and normal tissues in each individual patient prior to treatment, not only to choose the most effective modulator or combination of modulators in clinical trails, but also to determine the most effective dose combined with the least toxicity of anticancer drugs. Response to doxorubicin was affected by the presence, or absence, of verapamil. This could clearly be measured with FDG and IMT, as well as with IUdR. However, in contrast to other studies,²⁷ in our study, verapamil did not dramatically increase the accumulation of TF in the MDR+ cells.

CONCLUSION

This study shows that FDG, IUdR, and IMT uptake is more pronouncedly reduced in MES-SA cells that respond to exposure to doxorubicin than in cells that do not. IUdR displayed the most markedly relative reduction. Unlike these three radiopharmaceuticals, TF shows these differences before exposure to doxorubicin, reflecting the expression of the MDR1 gene. The P-gp modulator, verapamil, is able to reverse the doxorubicin resistance, which could be measured with 3 out of 4 radiopharmaceuticals. These findings warrant comparative studies in *in vivo* tumor models.

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