# Treatment strategies for cryptococcal infection: challenges, advances and future outlook

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Abstract Cryptococcus spp., in particular Cryptococcus neoformans and Cryptococcus gattii, have an enormous impact on human health worldwide. The global burden of cryptococcal meningitis is almost a guarter of a million cases and 181,000 deaths annually, with mortality rates of 100% if infections remain untreated. Despite these alarming statistics, treatment options for cryptococcosis remain limited, with only three major classes of drugs approved for clinical use. Exacerbating the public health burden is the fact that the only new class of antifungal drugs developed in decades, the echinocandins, displays negligible antifungal activity against Cryptococcus spp., and the efficacy of the remaining therapeutics is hampered by host toxicity and pathogen resistance. Here, we describe the current arsenal of antifungal agents and the treatment strategies employed to manage cryptococcal disease. We further elaborate on the recent advances in our understanding of the intrinsic and adaptive resistance mechanisms that are utilized by Cryptococcus spp. to evade therapeutic treatments. Finally, we review potential therapeutic strategies, including combination therapy, the targeting of virulence traits, impairing stress response pathways and modulating host immunity, to effectively treat infections caused by Cryptococcus spp. Overall, understanding of the mechanisms that regulate anti-cryptococcal drug resistance, coupled with advances in genomics technologies and high-throughput screening methodologies, will catalyse innovation and accelerate antifungal drug discovery.

Fungal pathogens infect more than a billion people worldwide, with invasive fungal infections having a higher mortality rate and causing more annual deaths than tuberculosis or malaria<sup>1</sup>. Despite the alarming impact of these infectious agents on human health, current antifungal drug treatments for invasive fungal infections are limited to polyenes, azoles and echinocandins<sup>2</sup> (FIG. 1; TABLE 1). The polyenes target and deplete the essential membrane lipid ergosterol from the plasma membrane, whereas the azoles directly block ergosterol biosynthesis by inhibiting the function of lanosterol 14α-demethylase. The echinocandins disrupt fungal cell wall integrity by inhibiting production of the key cell wall component (1,3)- $\beta$ -D-glucan<sup>2</sup>. Finally, the pyrimidine analogue flucytosine (also known as 5-fluorocytosine) functions as an antimetabolite that ultimately blocks DNA synthesis; however, frequent resistance development precludes use as a monotherapy. Unfortunately, widespread antifungal use has fuelled the rapid emergence of drug resistance to all three classes of antifungal agents<sup>3</sup>. Among the predominant fungi impacting

human health, the basidiomycete *Cryptococcus neoformans* species complex is of particular concern (BOX 1). *C. neoformans* and *Cryptoccocus gattii* are the major species responsible for life-threatening cryptococcal meningitis; immunocompromised individuals are most vulnerable, but there are also reports of cryptococcal infections in immunocompetent hosts<sup>4,5</sup>. An estimated 223,100 cases of cryptococcal meningitis occur globally each year, leading to 181,100 deaths<sup>6</sup>. The majority of deaths are reported from resource-limited countries owing to a lack of access to drugs and the high cost of effective treatments, signifying the urgency in developing affordable therapeutics against these deadly fungal pathogens<sup>7</sup>.

In this Review, we focus on current treatment standards to combat cryptococcal disease, as well as the challenges and advances in addressing this global health threat. Specifically, we describe the intrinsic and adaptive mechanisms employed by *Cryptococcus* spp. that drive antifungal resistance and immune evasion, and we discuss progress in the development of novel antifungal drugs and treatments.

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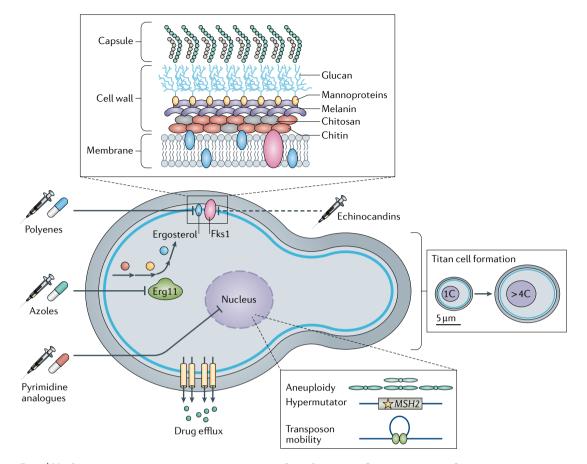


Fig. 1 | Mechanisms governing resistance to current antifungal agents in Cryptococcus spp. Cryptococcus spp. achieve resistance to therapeutics by several different mechanisms. Current antifungal agents and their cellular targets are depicted. The polyenes directly target ergosterol whereas the azoles target the ergosterol biosynthetic enzyme Erg11. The pyrimidine analogues block DNA and RNA synthesis. The echinocandins target the glucan synthase Fks1, which is crucial for cell wall synthesis and integrity, although *Cryptococcus* spp. display inherent resistance to this class of antifungal molecules (dotted line). Within the nucleus, genetic plasticity is generated by aneuploidy, formation of hypermutator strains and transposon movement, which can result in rapid and often transient adaptation to antifungal assault. These adaptations can lead to resistance by overexpression or alteration of the drug target, inactivation of proteins required for drug target engagement or increased expression of efflux pumps. Formation of the cell capsule and thickening and alterations to the cell wall (including melanin production) can also increase tolerance to antifungal treatment. Finally, *Cryptococcus* can form antifungal-resistant titan cells, which are defined by a large cell size (>10 µm), high ploidy (>4C), a thick cell wall and a highly crosslinked capsule.

## **Treatments for cryptococcal infections**

Treatment options for invasive cryptococcal infection are limited, given that Cryptococcus spp. are intrinsically resistant to echinocandins and that they employ an arsenal of defences that enable resistance to azoles<sup>2,8</sup>. As such, the polyene amphotericin B has been the primary treatment for cryptococcal infection for more than half a century, despite the fact that it causes substantial toxicity and that its availability is limited by economic and logistical constraints<sup>2,4</sup>. Liposome bilayer-coated amphotericin B (LAmB) has been developed to reduce toxicity while retaining antifungal activity, mitigating the dosage limitation of conventional amphotericin B deoxycholate (DAmB)9. These lipid formulations show great promise, such that a phase II trial demonstrated that a single high dose of LAmB is of equivalent efficacy to a 7-day course of DAmB10. A new form of encochleated oral amphotericin B (CAmB), where amphotericin B is encapsulated in a lipid-containing crystal nanoparticle, is effectively delivered to the central nervous system and displays antifungal efficacy in a mouse model<sup>11</sup>. CAmB is now being tested in clinical trials, and the results will be of particular importance as this formulation would mitigate the costly requirement for intravenous delivery of other forms of the drug<sup>12</sup>. An alternate approach to mitigate toxicity and improve efficacy involves combination treatment. Specifically, a clinical trial with patients who are HIV-positive and suffering from cryptococcal meningitis showed that the combination of amphotericin B with the fluorinated pyrimidine analogue flucytosine, followed by the triazole fluconazole, improved survival rates compared with amphotericin B alone and minimized toxic effects<sup>13</sup>.

The success of a phase III trial testing the combination regimen of amphotericin B and flucytosine prompted the WHO to update its guidelines for the treatment of cryptococcal disease in patients infected with HIV<sup>14,15</sup>. Specifically, the treatment includes an initial induction

phase consisting of 1 week of amphotericin B and flucytosine, followed by 1 week of fluconazole at a high dose, a consolidation phase of 8 weeks of fluconazole at an intermediate dose, and then a maintenance phase of fluconazole at a low dose until immune reconstitution<sup>15</sup>. These and other studies reinforce the importance of attaining early fungicidal activity to effectively clear Cryptococcus spp. from the cerebrospinal fluid and improve patient outcome<sup>16</sup>. The guidelines also recommend cryptococcal antigen screening among all individuals living with AIDS and fluconazole prophylaxis when antigen screening is not available<sup>15</sup>. The phase III trial reported 10-week mortality of 24%, which is a considerable improvement compared with the current ~70% mortality rate in many low- and middle-income countries in Africa<sup>6,14</sup>. In low- and middle-income countries, flucytosine is not available owing to market failure and lack of in-country registration, whereas access to amphotericin B and its liposomal form is limited due to the high cost and lack of safe intravenous administration7. Scarcity of these two drugs has resulted in the widespread use of the much less effective fluconazole monotherapy, which explains the dramatically high mortality rate in these low- and middle-income African countries4.7.

## Antifungal resistance mechanisms

Unlike other systemic fungal infections, cryptococcal infections are extremely challenging to treat owing to the unique characteristics of *Cryptococcus* spp. For example, *Cryptococcus* spp. display extraordinary genomic plasticity and physiological adaptability, which allows

resilience to antifungal assault (FIG. 1). These traits can be inherited, and are often transient, such that they are lost when the stress is removed<sup>17,18</sup>. Treatment options are potentially further undermined by environmental exposure to cellular stressors. Laboratory studies have shown that selection for resistance to environmental agrochemicals, primarily through the upregulation of the azole target gene *ERG11* and drug efflux pumps, can lead to cross-resistance to clinically deployed antifungals<sup>19,20</sup>. Thus, a better understanding of how resistance evolves is needed if more effective therapeutic strategies are to be developed.

Genomic plasticity. The ability of Cryptococcus to alter its genomic architecture in the face of antifungal stress primarily occurs through a phenomenon referred to as heteroresistance. This phenomenon was first described in 1999, when researchers observed that a subset of Cryptococcus cells were able to grow at azole concentrations well above the inhibitory concentration in vitro<sup>21</sup>. Heteroresistance has major clinical implications, as the proportion of resistant cells increases over the course of therapy, making this mechanism a major contributor to relapse during azole maintenance therapy<sup>22,23</sup>. Heteroresistance primarily occurs through the formation of aneuploid cells, both in vitro and in vivo17,22,24 (FIG. 1), most commonly involving disomy of chromosome 1, which contains ERG11 and the predominant efflux pump gene AFR1 (REF.<sup>17</sup>). Disomy of chromosome 4 is the second most common aneuploidy conferring azole heteroresistance, which is largely attributed

Table 1   Compounds that display efficacy against Cryptococcus spp.			
Compound	Mechanism of action	Stage of development	
APX001 (fosmanogepix)	Inhibits GPI-anchor biosynthetic enzyme Gwt1	Advanced to clinical trials	
APX879	Fungal-selective calcineurin inhibitor	Efficacy displayed in basic research	
Azoles (for example, fluconazole)	Inhibits ergosterol biosynthetic enzyme Erg11 to disrupt membrane integrity	Used in the clinic	
Benzothioureas	Inhibits the late post-Golgi secretory pathway, impeding cell wall integrity	Efficacy displayed in basic research	
Clofazimine	Targets fungal membranes	Efficacy displayed in basic research	
Hydrazycins (for example, BHBM and B0)	Inhibits synthesis of the sphingolipid glucosylceramide	Efficacy displayed in basic research	
Ibomycin	Targets fungal membranes and MVB function	Efficacy displayed in basic research	
Monoclonal antibody 18B7	Binds to the capsular component glucuronoxylomannan	Efficacy displayed in basic research	
Polyenes (for example, amphotericin B)	Binds to ergosterol to disrupt membrane integrity	Used in the clinic	
Pyrimidine analogues (for example, flucytosine)	Antimetabolites that cause RNA miscoding and the inhibition of DNA synthesis	Used in the clinic	
Resorcylate aminopyrazoles (for example, Compound 112)	Fungal-selective Hsp90 inhibitor	Efficacy displayed in basic research	
Sertraline	Repurposed antidepressant; serotonin reuptake inhibitor	Advanced to clinical trials	
Tamoxifen	Repurposed breast cancer therapeutic; selective oestrogen receptor modulator	Advanced to clinical trials	
VT-1598	Inhibits ergosterol biosynthetic enzyme Erg11	Advanced to clinical trials	

B0, 3-bromo-N'-(3-bromo-4-hydroxybenzylidene)benzohydrazide; BHBM, N'-(3-bromo-4-hydroxybenzylidene)-2-methylbenzohydrazide; GPI, glycophosphatidyl inositol; MVB, multivesicular body.

to disrupt membrane integrity

## Box 1 | Aetiological agents of cryptococcal infections

Cryptococcus neoformans and Cryptococcus gattii are the causal agents of cryptococcosis. Within each species complex, strains have been further categorized into different groups, varieties and species based on their antigen-binding specificity or molecular phylogenetic classifications<sup>5</sup>. Historically, five serotypes have been recognized using eight antigenic factors, with C. neoformans isolates comprising serotypes A, D and AD, and C. gattii isolates comprising serotypes B and C140. Serotype A and D strains were further recognized as different varieties within the C. neoformans species complex as C. neoformans var. neoformans (serotype D) and C. neoformans var. grubii (serotype A) based on sequence divergence of the URA5 gene<sup>141</sup>. Applying this molecular typing strategy to a collection of global cryptococcal isolates revealed eight molecular types, with serotype A isolates comprising var. neoformans (VN) lineages VNI and VNII, serotype D isolates comprising lineage VNIV, hybrids between serotypes A and D comprising lineage VNIII, and serotype B and C isolates comprising var. gattii (VG) lineages VGI–VGIV<sup>142</sup>. A phylogenetic study applied multilocus sequence typing to 115 global cryptococcal isolates to propose the presence of two species for C. neoformans (Cryptococcus deneoformans to replace C. neoformans var. neoformans and C. neoformans to replace C. neoformans var. grubii) and five species for C. gattii (C. gattii, Cryptococcus deuterogattii, Cryptococcus bacillisporus, Cryptococcus tetragattii and Cryptococcus decagattii)<sup>143</sup>. However, consensus is yet to be reached regarding adoption of this new nomenclature<sup>144,145</sup>. To avoid confusion, in this Review we refer to cryptococcal isolates as either C. neoformans or C. gattii.

to three genes: *SEY1*, which encodes a GTPase, and *GLO3* and *GCS2*, which encode ADP-ribosylation factor proteins<sup>25</sup>. Aneuploidy has been reported for other chromosomes, including chromosomes 6, 10, 11 and 14, although the specific genetic elements responsible for the selective advantage remain unclear<sup>17,22,25,26</sup>. Finally, although the mechanism of aneuploidy formation in *Cryptococcus* spp. remains enigmatic, research suggests that either mis-segregation of chromosomes or compromised nuclear division leads to the formation of aneuploid cells under azole stress<sup>27–29</sup>.

In contrast to the large-scale genome alterations underpinning heteroresistance, a subset of Cryptococcus isolates have been identified as hypermutator strains<sup>30,31</sup>, which contain mutations in core genes in the DNA mismatch repair pathway, most notably MSH2 (REFS<sup>30,32,33</sup>) (FIG. 1). However, hypermutator phenotypes can also result from mutations in other genes, such as MSL1 and PMS1 (REF.<sup>30</sup>). These mutations result in an ~200-fold higher mutation rate than in standard laboratory strains<sup>30</sup> and preferentially affect genes containing homopolymer runs<sup>33</sup>. In addition, a mutation in the proofreading domain of POL3 (encoding the catalytic subunit of DNA polymerase  $\delta$ ) was also shown to confer the hypermutator phenotype<sup>31</sup>. Whereas evolutionary theory predicts that hypermutator strains will be eliminated from populations<sup>34</sup>, evidence suggests that they persist in other pathogenic fungi35,36 and are not detrimental to survival in vivo<sup>30</sup>. Of concern is that hypermutator isolates derived from both the clinic and the laboratory lead to the rapid emergence of resistance to drugs such as rapamycin, FK506 (REF.<sup>33</sup>), flucytosine<sup>32</sup>, fluconazole and even amphotericin B<sup>30</sup>. Recent work exploring the mutations that confer resistance to flucytosine in C. gattii established that hypermutator strains have a 15% higher rate of resistance to this prodrug (the active drug is fluorouracil) when compared with isolates that do not possess a hypermutator mutation. This enhanced resistance was caused by loss-of-function

mutations in the genes encoding the purine-cytosine permease Fcy2 and the uracil phosphoribosyltransferase Fur1, which import and process the prodrug, respectively, as well as a mutation in the gene encoding Uxs1, which produces UDP-xylose, a precursor in capsule biosynthesis<sup>32</sup>.

A final mechanism through which genomic plasticity can enable resistance is the movement of transposable elements (FIG. 1). Transposons have been implicated in antibiotic resistance in bacteria<sup>37</sup> and a 2020 report linked transposons to drug resistance in *C. neoformans*<sup>38</sup>. Resistance was mediated by inactivation of the genes encoding the targets of 5-fluoroorotic acid, Ura3 and Ura5, by the movement of the DNA transposon T1 and the retrotransposon TCN12 within the fungal genome<sup>38</sup>. Furthermore, these transposable elements also mediated resistance to rapamycin, FK506 and flucytosine<sup>38</sup>. Finally, transposon-driven mutagenesis was enhanced in multiple strains at 37 °C compared with that at 30 °C, suggesting that the body temperature of a mammalian host may amplify this phenomenon<sup>38</sup>.

Morphological alterations. Cryptococcus spp. have a unique cell wall structure and composition, which is composed not only of glucans, chitin, chitosan, mannoproteins and GPI-anchored proteins (which are also present in the cell walls of other fungi) but also of an exopolysaccharide capsule and the pigment melanin (FIG. 1). Homeostasis of this crucial, dynamic cellular component is vital for cell integrity and survival<sup>39</sup>. Changes in the Cryptococcus capsule and cell wall contribute to resistance and virulence. For example, C. neoformans cells with thicker capsules exhibit amphotericin B resistance and enhanced virulence<sup>40,41</sup>, and the thicker cell walls of older C. neoformans cells have been implicated in their increased antifungal resistance<sup>42</sup>. Finally, the ability of fungi to undergo dramatic morphological transitions is exemplified by the formation of Cryptococcus titan cells, which exhibit numerous alterations that likely contribute to drug resistance<sup>43</sup> (BOX 2).

Intrinsic resistance to echinocandins. The inherent resistance of Cryptococcus spp. to echinocandins is a key limitation in the treatment of cryptococcosis8. This resistance is paradoxical, as  $\beta$ -1,3-glucan synthase, the enzymatic target of the echinocandins, is essential in Cryptococcus and has been demonstrated to be potently inhibited by echinocandins biochemically<sup>44,45</sup>. A genetic screen of more than 10,000 C. neoformans mutants provided insight into this inherent resistance<sup>46</sup>. This screen identified *CDC50* (encoding the  $\beta$ -subunit of a lipid flippase enzyme) as integral to echinocandin resistance and further demonstrated its involvement in maintaining lipid asymmetry of the phospholipid membrane<sup>46</sup>. In addition, caspofungin treatment of a  $cdc50\Delta$  mutant resulted in heightened intracellular calcium and hyperactivation of calcineurin-dependent stress responses<sup>47</sup>. A forward genetic screen to identify suppressor mutations that restore caspofungin resistance in a  $cdc50\Delta$  background revealed that inactivation of the calcium channel protein Crm1 reduced intracellular calcium, normalized calcineurin signalling and reinstated caspofungin

resistance<sup>47</sup>. Cdc50 directly interacts with Crm1 and negatively regulates its expression<sup>47</sup>. Therefore, it was postulated that echinocandin resistance in *Cryptococcus* is mediated by calcineurin signalling (via Crm1), which is overstimulated as a result of *CDC50* deletion, thereby triggering cell death<sup>47</sup>. These data highlight a pivotal role of stress responses in mediating echinocandin resistance, which is exemplified by the identification of 14 caspofungin-sensitive *C. neoformans* mutants that are defective in the activation of stress responses, including calcineurin-dependent responses<sup>48</sup>.

## **Potential therapeutic targets**

Multiple approaches have been used to advance our understanding of *Cryptococcus* biology and to identify novel essential genes, virulence factors and stressresponse regulators that might serve as novel therapeutic targets to combat cryptococcal disease (BOX 3).

Essential genes. Elucidating fungal-specific essential genes that can serve as therapeutic targets has been the focus of research for many years. A study assessing more than 2,500 insertional haploid C. neoformans mutants identified 32 genes for which the sporulated haploid mutant was inviable in laboratory conditions<sup>49</sup>. These genes, together with previously established essential genes, define a shortlist of genes that are conserved across fungi but are not present in humans, including TRR1, FOL1, MGM101, FAS1, FAS2, HOM3, THR1 and IPC1 (REF.49). Comparative genomics identified the thioredoxin reductase Trr1 as a valuable fungal-specific drug target<sup>50</sup>. Furthermore, depletion of either FAS1 or FAS2, which encode the two subunits of the essential fatty acid synthase, reduces Cryptococcus spp. viability in vitro and in vivo<sup>51</sup>. Shifting the definition of essentiality to

## Box 2 | The Cryptococcus titan cell

Gigantic Cryptococcus cells were documented as early as 1973 (REF.<sup>146</sup>) and are defined by their large size (>10  $\mu$ m), high ploidy (>4C), thick cell wall and highly crosslinked capsule (FIG. 1). Titan cells were originally reported to mediate pathogenesis through reduced immune recognition, which promoted fungal survival<sup>29,147,148</sup>. During cryptococcal infection of mouse lungs, ~20% of fungal cells transform from haploid yeast into polyploid titan cells<sup>29,147</sup>, making up a substantial subset of the population. This transition can be triggered by the bacterial peptidoglycan subunit muramyl dipeptide in serum and is regulated by USV101 (REF.149) as well as STE3a and GPR5 (REF.<sup>150</sup>), which converge on the cAMP-PKA pathway<sup>149,150</sup>. On titan cell formation, the polysaccharide capsule surrounding Cryptococcus cells becomes condensed and highly crosslinked<sup>151</sup>; the cell wall can increase in thickness from 50–100 nm to 2–3 µm (REF.<sup>147</sup>), and the cell wall composition is altered through an increase in chitin content and a decrease in glucan<sup>152</sup>. This increase in chitin induces a Thelper 2-type allergic response and cytokine release, rather than a protective T helper 1-type response, which leads to increased mortality in infected mice<sup>152</sup>. The titan cell also plays a key part in stress adaptation and resistance to antifungal drugs<sup>26,150</sup>. An important contribution of the titan cell to drug resistance is that this attribute is retained in its progeny<sup>26</sup>. Although titan daughter cells can be haploid, under fluconazole-induced stress conditions they are more often aneuploid, specifically with a disomy of chromosomes 1 or 4, which results in improved growth in the presence of fluconazole<sup>26</sup>. Furthermore, this rapid genome alteration resulting in aneuploid cells has been proposed as an alternative mechanism of heteroresistance<sup>43</sup>. Enigmatically, titan cell populations also have an increased growth advantage compared with typical haploid cells on exposure to oxidative and nitrosative stress, which is not mediated through aneuploid formation<sup>26</sup>, suggesting that titan cells have additional unknown mechanisms of propagating stress resistance to their progeny.

include those genes that are required for growth in vivo (that is, infection), an assessment of transcription factors and kinases that are necessary for establishing meningitis in mice identified Pdr802, Hob1 and Sre1 as factors that are crucial for *Cryptococcus* adhesion to and crossing of the blood–brain barrier and survival in the brain parenchyma<sup>52,53</sup>. In particular, Hob1 is a master regulator of brain infectivity by controlling the expression of factors that are known to have a key role in this process<sup>53</sup>. Furthermore, core virulence factors were identified, including the transcription factor Gat201, which is implicated in inhibiting macrophage phagocytosis, and the kinase Cdc7, which is involved in melanization and drug resistance<sup>52–54</sup>.

Virulence factors. Targeting virulence factors, which are not required for the growth of the pathogen but, instead, are crucial for causing disease, opens up a plethora of new targets for drug development. Primary virulence factors in *Cryptococcus* spp. include the polysaccharide capsule, melanin production and cell wall integrity, thermotolerance and secreted extracellular enzymes. The *Cryptococcus* polysaccharide capsule modulates immune responses, enhances pathogenicity and confers protection against oxidative stress<sup>55,56</sup>. Therefore, the machinery responsible for capsule biosynthesis and structure, such as the xylosyltransferase Cxt1 (REF.57) and the lactonohydrolase Lhc1 (REF.41), represent ideal antivirulence targets. Deletion of the gene encoding either of these enzymes impairs capsule linkage and reduces the fungal burden in infections in mice<sup>41,57</sup>. Furthermore, Lhc1 modulates immune responses, blocking phagocytosis of C. neoformans by macrophage-like cell lines in vitro<sup>41</sup>. Given the importance of the capsule, mutant screens have focused on identifying acapsular strains. Deletion of CAP10, CAP60 and PXB1 not only blocks capsule production but also leads to attenuated virulence<sup>52,58</sup>. Finally, the macrolides clarithromycin and azithromycin, as well as thiazole derivatives, disrupt the integrity and reduce the thickness of the capsule, resulting in enhanced phagocytosis of Cryptococcus by murine macrophages<sup>59,60</sup>, thus demonstrating the therapeutic potential of using small molecules to impair Cryptococcus spp. capsule formation.

The fungal cell wall is a dynamic structure that is important not only for cell integrity but also for modulating the host immune response<sup>39</sup>. Thus, many researchers have investigated the function of cell wall-related genes, finding that deletion of these genes has pleiotropic effects, including reduced virulence. This includes genes involved in the synthesis of  $\beta$ -1,6-glucan (such as KRE5, KRE6 and SKN1)61, the protective pigment melanin (such as the laccase gene LAC1)<sup>62</sup>, chitin in the cell wall (including the chitin synthase gene CHS3 and the regulator protein gene CSR2)63 and chitosan (exemplified by the chitin deacetylase genes CDA1, CDA2 and CDA3)<sup>64,65</sup>. In particular, melanin is a major virulence factor that protects fungal cells from oxidative damage, antifungal assault and high temperature, and also modulates host immune responses<sup>39</sup>. Melanin is produced by laccases, which are upregulated in C. neoformans clinical and environmental isolates<sup>66</sup>, and laccase-deficient

### Box 3 | Expansion of the Cryptococcus spp. genetic toolbox

Genetic and molecular biological analysis in Cryptococcus spp. traditionally presented a challenge for molecular mycologists, given that this fungus is notoriously difficult to manipulate genetically, usually requiring biolistic transformation owing to its capsulated cell wall and intron-rich, compact genome<sup>153,154</sup>. To address this issue, the scientific community worked hard over the past decade to generate genetic resources and develop novel methodologies to make genetic studies in Cryptococcus more amenable. Several deletion mutant libraries are now available for functional genomic screening. To date, the largest deletion library contains more than 1,900 genes, covering ~30% of the genes in the genome<sup>154,155</sup>. Furthermore, two signature-tagged gene-deletion libraries, one containing 155 putative transcription factors and one containing 129 putative kinases, have been constructed and a phenotypic compendium of these mutants in more than 30 distinct growth conditions has been generated<sup>54,156</sup>. In addition, a transient CRISPR-Cas9-mediated genome editing technique was developed to enable targeted gene replacement through electroporation, which requires minimal sequence homology<sup>157</sup>. This novel strategy has superior transformation efficiency and lower cost than traditional biolistic transformation. In addition to targeted gene replacement, random insertional mutagenesis screens using the plant pathogen Agrobacterium tumefaciens have been shown to be effective in identifying virulence and essential genes in Cryptococcus neoformans<sup>49,158</sup>. An efficient genomic sequencing and analysis method, Agrobacterium insertional mutagenesis sequencing (AIM-seq), has been developed to identify random insertions mediated by A. tumefaciens in Cryptococcus<sup>159</sup>. Finally, copper-repressible or galactose-inducible promoters have been developed in C. neoformans to study essential gene function, an important endeavour for the elucidation of potential anti-cryptococcal drug targets<sup>160,161</sup>. Collectively, these community-driven resources and technical advances represent a golden era for anti-cryptococcal drug discovery and development.

> mutants display attenuated pulmonary dissemination in vivo<sup>67</sup>. A screen of compounds that specifically inhibit melanization found a new role for the pyrimidine analogue flucytosine in inhibiting pigmentation in a DNA polymerase  $\beta$ -dependent manner<sup>68</sup>.

> During infection, extracellular enzymes (such as lipases, proteases and DNases) are secreted by Cryptococcus cells to damage host tissue, promote virulence and interfere with the immune response<sup>58</sup>. For example, phospholipase B1 (encoded by PLB1) facilitates Cryptococcus adherence to and invasion of the host cell, contributes to fungal cell wall integrity and degrades host cell membranes, thereby providing nutrients that support fungal survival<sup>69,70</sup>. PLB1 mutants display attenuated virulence in mice owing to impaired titan cell formation, proliferation and survival within macrophages<sup>71</sup>. Finally, the secreted peptide Qsp1 is an important virulence determinant that acts as an autoregulatory signalling molecule and is transported into the fungal cell through Opt1 to initiate a diverse transcriptional response, including the production of proteases and activation of cell wall integrity<sup>72,73</sup>.

> Comparative genomic studies have also provided new evolutionary insights into the genes involved in virulence. A genome-wide association study of *C. neoformans* isolates found sequence differences between clinical and environmental isolates in genes involved in virulence and stress responses, including *CCK2* (encoding a casein kinase)<sup>74</sup>. Additionally, comparative analysis of a series of isolates collected over the course of an infection revealed that later-stage isolates possessed enhanced thermotolerance, capsule production and stress adaptation compared with earlier-stage isolates<sup>75</sup>. Overall, these studies highlight how much remains to be learned about the genes required for *Cryptococcus* virulence in vivo.

Stress responses. Stress responses in fungal pathogens are instrumental in enabling these organisms to survive diverse environmental insults. Important advances have been made in targeting fungal stress response proteins using structure-guided design of compounds. For example, the protein phosphatase calcineurin is essential for diverse drug-resistance and virulence phenotypes in pathogenic fungi<sup>76</sup>. However, as current calcineurin inhibitors such as FK506 are immunosuppressive (through inhibition of host calcineurin), fungal-selective calcineurin inhibitors are needed76. Fortunately, the crystal structure of the two subunits of calcineurin in a complex with the inhibitor FK506 and the FK506-binding protein FKBP12 from four prominent fungal pathogens, including C. neoformans, has been solved. These structures identified a specific residue that is conserved in the fungal FKBP12 but not the human FKBP12 and is crucial for FK506-mediated inhibition of calcineurin77, enabling the design of APX879, an FK506 analogue with an acetohydrazine substitution of the C22 carbonyl, which has 70-fold lower immunosuppressive effects than FK506 while retaining antifungal activity<sup>77</sup> (FIG 2; TABLE 1). Other fungal-selective calcineurin inhibitors have been obtained by screening FK506 analogues to identify compounds that synergize with fluconazole to clear fungal infections in mice78.

Structure-guided design has also been performed to optimize fungal-selective inhibitors of Hsp90. Hsp90 is an essential molecular chaperone that stabilizes a myriad of cellular proteins. Hsp90 inhibition has been shown to impair *C. neoformans* virulence traits, such as capsule assembly, and increase susceptibility to antifungal agents<sup>79,80</sup>. An inhibitor of Hsp90 with 25-fold greater selectivity for *Candida albicans* Hsp90 than for human HSP90 (REF.<sup>81</sup>) and aminopyrazole-substituted resorcylate amides with more than 30-fold greater selectivity for *C. neoformans* Hsp90 than for human HSP90 (REF.<sup>82</sup>) have been identified (FIG. 2; TABLE 1). Although promising, further study is needed to improve the whole-cell activity of these molecules while maintaining fungal target specificity<sup>82</sup>.

Additional studies have explored the potential of inhibiting TOR signalling for antifungal drug development, as TOR is a highly conserved master regulator of various cellular processes, including ribosome biogenesis, metabolic pathways and stress responses<sup>83</sup>. The *C. neoformans* homologue of mTOR kinase, Tor1, is essential for *Cryptococcus* stress response signalling, virulence<sup>84,85</sup> and fluconazole tolerance (that is, the ability of a drug-susceptible organism to grow in the presence of an antifungal drug at concentrations above the minimum inhibitory concentration)<sup>86</sup>. However, evidence exists for divergence in regulation of TOR signalling in *C. neoformans* and other fungi<sup>85</sup>, which would have important implications for the development of a broad-spectrum antifungal therapeutic.

## Promising chemical matter

The development of new antifungal molecules remains a considerable challenge, as most compound libraries have been designed to maximize their 'drug-like' properties with respect to mammalian targets and

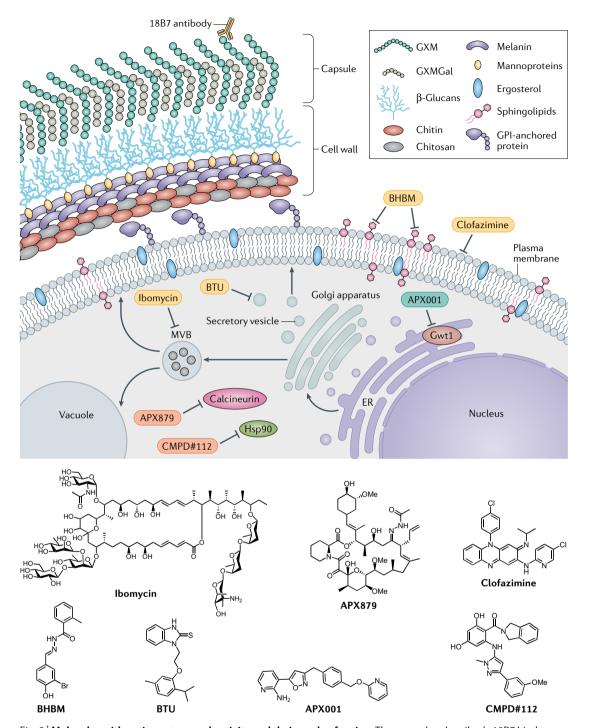


Fig. 2 | **Molecules with anti-cryptococcal activity and their mode of action.** The monoclonal antibody 18B7 binds to glucuronoxylomanna (GXM), a key capsular polysaccharide that modulates anti-cryptococcal immune responses<sup>129</sup>. Glucuronoxylomannogalactan (GXMGal) is another major capsular polysaccharide in *Cryptococcus* spp. Benzothioureas (BTUs) affect the integrity of the cell wall by inhibiting the late post-Golgi secretory pathway<sup>95</sup>. APX001 (also known as fosmanogepix) targets Gwt1, an inositol acyltransferase required for glycosylphosphatidylinositol (GPI)-anchor biosynthesis, and thereby blocks the cell wall localization of GPI-anchored mannoproteins<sup>97</sup>. Clofazimine is a broad-spectrum antifungal compound that induces cell membrane stress, potentiating the activity with clinically used antifungals<sup>115</sup>. The hydrazycin *N'*-(3-bromo-4-hydroxybenzylidene)-2-methylbenzohydrazide (BHBM) and its derivative 3-bromo-*N'*-(3-bromo-4-hydroxybenzylidene)benzohydrazide (B0) target the synthesis of the sphingolipid glucosylceramide (GlcCer)<sup>100</sup>. APX879 and Compound 112 (CMPD#112) are stress response inhibitors that target the phosphatase calcineurin and the chaperone protein Hsp90, respectively<sup>77,82</sup>. The natural product ibomycin perturbs the multivesicular body (MVB) pathway, and thereby disrupts membrane function<sup>90</sup>. The extent to which these compounds have been investigated varies: the mechanism of action has been predicted using an indirect assay (red), the proximal target has been verified using a direct assay (orange) or the molecule has been tested for safety and/or efficacy in clinical trials (green). The chemical structure of the highlighted molecules is depicted. ER, endoplasmic reticulum.

physiology, whereas antifungal drugs require unique physicochemical properties, owing in part to the need for these molecules to transverse the fungal cell wall. Dark chemical matter, which are molecules that show no biological activity when tested in numerous screening programmes, offer a potentially exciting source of novel antifungal therapeutics. Systematic analysis of these apparently inactive compounds revealed that they are not biologically inert, and even identified a potent inhibitor of C. neoformans growth in vitro<sup>87</sup>. Furthermore, because of the unique neurological features of cryptococcal disease, antifungal molecules are needed that have good central nervous system penetration, and they should be able to be administered orally to ensure widespread access within developing countries with limited resources. This realization has driven antifungal screening efforts towards the use of non-traditional compound libraries. For example, the Malaria Box and the Pathogen Box of Medicines for Malaria Venture, which are collections of diverse molecules that are active against malaria and neglected tropical diseases, have now been screened for molecules with activity against fungal pathogens, including C. neoformans<sup>88,89</sup>. Furthermore, screening a diverse collection of natural product-producing actinomycete strains led to identification of the glycosylated macrolactone ibomycin as an inhibitor of C. neoformans growth, owing to its ability to permeate the fungal cell wall and affect membrane function by disrupting endosomal trafficking<sup>90</sup> (FIG. 2; TABLE 1). In addition to employing non-traditional compound libraries for the discovery of novel antifungals, alternative high-throughput screening platforms that specifically identify fungicidal molecules have been developed<sup>91,92</sup>. These platforms, coupled with genetic and proteomic methods to unveil the targets of compounds<sup>93,94</sup>, have been instrumental in identifying novel drug targets and efficacious compounds.

The fungal cell wall is an essential and complex organelle that facilitates the interaction of the fungus with its environment and maintains cellular integrity. This structure is absent from mammalian cells, and therefore great efforts have been made to develop antifungal agents that target this unique structure directly or that impair its biosynthesis. A high-throughput screen of >300,000 compounds from the US National Institutes of Health (NIH) Molecular Libraries Program was undertaken to identify agents with fungicidal activity against C. neoformans, where secondary assays prioritized compounds that interfered with fungal cell wall integrity<sup>91</sup>. Through this endeavour, N-substituted benzothioureas (BTUs) were highlighted as a scaffold that is capable of inhibiting activation of the cell wall integrity pathway in Cryptococcus spp.<sup>91</sup> (FIG. 2; TABLE 1). Specifically, BTUs were implicated as direct inhibitors of the Sec4-class small GTPase Sav1, leading to impaired function of the late post-Golgi secretory pathway and highlighting a unique way to compromise cell wall integrity and inhibit fungal cell growth<sup>95</sup>. Gwt1, an important virulence factor and the enzyme responsible for catalysing an early step in glycosylphosphatidylinositol (GPI)-anchor biosynthesis%, has also emerged as a promising antifungal target. The Gwt1 inhibitor APX001 has demonstrated in vitro and in vivo

efficacy against Cryptococcus spp.97 (FIG. 2; TABLE 1). APX001, alone or in combination with fluconazole, significantly decreased the fungal burden in both the lungs and the brain in a mouse model of cryptococcal infection<sup>98</sup>. Clinical trials with APX001 for the treatment of cryptococcosis are starting imminently, and phase II trials for the treatment of invasive infections caused by Aspergillus spp. and Candida spp. are currently underway (NCT02957929, NCT02956499 and NCT04240886), highlighting the potential broad-spectrum utility of this drug candidate. Finally, biosynthesis of sphingolipids is emerging as an attractive target given the function of these lipids in mediating signal transduction, cell regulation and virulence in fungal pathogens<sup>99</sup>. A screen of synthetic small molecules that specifically target the synthesis of the fungal sphingolipid glucosylceramide (GluCer) identified two compounds -N'-(3-bromo-4-hydroxybenzylidene)-2-methylbenzohydrazide (BHBM) and its derivative 3-bromo-N'-(3-bromo-4-hydroxybenzylidene)benzohydrazide (B0) — as highly effective antifungal agents in multiple mouse models of cryptococcosis<sup>100</sup> (FIG. 2; TABLE 1).

In addition to the development of drugs with novel targets, antifungal molecules with improved efficacy and fungal selectivity have been developed to take advantage of established targets, such as Erg11 (also known as Cyp51). The tetrazole VT-1598 is a rationally designed Erg11 inhibitor that has increased fungal selectivity compared with other approved Erg11 inhibitors, including fluconazole<sup>101</sup> (TABLE 1). Similar to other clinically approved azoles, VT-1598 displays broad-spectrum activity against diverse fungi, including a strong therapeutic potential in a mouse model of cryptococcal meningitis<sup>101</sup>.

## **Repurposing old drugs**

To expedite the development of novel antifungal agents, compounds developed for other therapeutic means can be repurposed if they are discovered to also possess antifungal properties. In this context, previously completed preclinical studies provide crucial information regarding the therapeutic potential of these molecules. For example, benzimidazoles are a class of anthelmintic compounds that have been in clinical use for decades<sup>102</sup>. Fenbendazole displays potent in vitro activity against C. neoformans and C. gattii, as well as in vivo activity in a mouse model of cryptococcosis<sup>103</sup>. The efficacy of fenbendazole was attributed to its growth-inhibitory properties, its inhibition of Cryptococcus virulence determinants and its inhibition of fungal proliferation inside macrophages<sup>103</sup>. Another example is the macrolides, commonly used antibiotics that target protein synthesis, which reduce capsule formation in C. gattii, impairing this key virulence trait and resulting in enhanced phagocytosis and inflammatory cytokine production by macrophages in culture<sup>59</sup>.

Drug repurposing can be further advanced by selective optimization of approved drugs to enhance the potency or selectivity of desired 'off-target' activities. For example, the antimalarial compound mefloquine has limited activity against *C. albicans* and *C. neoformans*<sup>104</sup> but mefloquine derivatives have been identified that have

improved in vitro antifungal activity and that impede *C. neoformans* capsule formation and melanization<sup>104</sup>. Unfortunately, these derivatives also displayed a marginal increase in their in vitro toxicity against human cells compared with mefloquine<sup>104</sup>.

Perhaps the most notable example of compounds being repurposed to combat cryptococcosis involves the drugs sertraline and tamoxifen, as both of these agents advanced to clinical trials (TABLE 1). Originally developed as an antidepressant, sertraline acts synergistically with fluconazole in a mouse model of systemic cryptococcosis, reducing the fungal burden<sup>105</sup>. Similarly, tamoxifen, an oestrogen receptor modulator that is used to treat and prevent breast cancer and osteoporosis, also displayed potent anti-cryptococcal activity in vitro<sup>106</sup> and in a mouse model of disseminated cryptococcosis<sup>107</sup>. Unfortunately, despite promising results in phase I/II clinical trials, sertraline treatment alone or in combination with amphotericin B and fluconazole did not improve patient outcomes in a phase III trial with individuals being treated for cryptococcal meningits<sup>108</sup>. A phase II clinical trial to assess the efficacy and safety of tamoxifen (300 mg daily) as an adjunct therapy to the standard therapy of amphotericin B and fluconazole for the treatment of cryptococcal meningitis (NCT03112031) has completed<sup>109</sup>; however, this trial found no therapeutic benefit of this combination compared with the standard therapy alone<sup>110</sup>.

Screening of clinically approved drugs not only identified promising lead compounds but also revealed trends in the classes of molecules that are active against Cryptococcus spp. For example, a screen with the Prestwick Chemical Library of 1,120 off-patent drugs and molecules identified 31 molecules with fungilytic activity<sup>111</sup>. Of these 31 molecules, the largest class of inhibitors identified were antipsychotic agents, with general antiseptic agents following close behind<sup>111</sup>. Subsequent studies to identify compounds that augment amphotericin B and fluconazole activity against Cryptococcus spp. also identified numerous antipsychotic drugs, including sertraline, trifluoperazine and thioridazine<sup>112,113</sup>. Analysis of the chemical structures of drugs with anti-cryptococcal activity revealed a general structure comprising a hydrophobic or lipophilic moiety linked to a cationic amine substituent<sup>111</sup>. The amphipathic nature of this motif permits the crossing of biological membranes, a property that is important for traversing the blood-brain barrier and accessing cryptococcal cells that reside within the lysosome or phagolysosome of host cells<sup>114</sup>.

## **Drug combination therapy**

Synergistic combination therapies are an increasingly important strategy to extend the efficacy of currently used drugs<sup>2</sup>. Combination therapy has the potential to confer enhanced efficacy and fungal selectivity while reducing vulnerability to the evolution of resistance<sup>2</sup>. This is illustrated by inhibitors of Hsp90, calcineurin and other stress response regulators, which show promise in combination with azoles for inhibiting *Cryptococcus* spp. growth<sup>76,79,80</sup>. To identify synergistic pairs on a larger scale, researchers employed high-throughput screening methods coupled with chemical–genetic profiling<sup>112,115-118</sup>. A study assessing the combination of known antifungals with ~3,600 bioactive compounds identified clofazimine as a broad-spectrum adjuvant therapy that is capable of acting synergistically with both caspofungin and fluconazole against *C. neoformans*, among other fungal species<sup>115</sup> (FIG. 2; TABLE 1).

Chemical-genetic mapping of synergistic compound pairs has been explored in Saccharomyces cerevisiae, but pathogen-specific analyses have revealed that many compounds display species-specific chemical-genetic interactions<sup>118</sup>. A high-throughput approach has been developed to predict synergistic and antagonistic drug pairs using at least one known synergistic drug pair and chemical-genetic data sets<sup>118,119</sup>. This approach, termed the overlap<sup>2</sup> method, has been applied to both fungal and bacterial pathogens. For example, the overlap<sup>2</sup> method was applied to a compound library enriched for FDA-approved compounds against C. neoformans116-119 and successfully predicted that the anticholinergic drug dicyclomine HCl with fluconazole would serve as a potent anti-cryptococcal combination therapy. Indeed, the combination of these drugs displayed enhanced efficacy in a mouse model of cryptococcal meningitis<sup>119</sup>. Several β-lactam antibiotics were identified as antagonistic with fluconazole in C. neoformans, an important consideration given that susceptible patient populations often have comorbidities<sup>119</sup>. Overall, the continued pursuit of drug combinations that display efficacy against Cryptococcus spp. will be imperative for the development of effective treatment options that are recalcitrant to the development of resistance.

## Immunotherapy and vaccine development

It has become increasingly evident that interactions between Cryptococcus spp. and host immune responses dictate disease progression<sup>4</sup>, demanding a greater understanding of pathogen-host immune interactions. Studies in animal models have emphasized the importance of CD4+ T cell-mediated immunity (particularly T helper 1 cells) in protection against cryptococcosis<sup>120,121</sup>. This immune response is mediated by the production of cytokines, including interleukin-2 (IL-2), IL-12, tumour necrosis factor (TNF) and interferon-y (IFNy), which in turn recruit phagocytes that help to clear the infection<sup>120,122</sup>. A strong IFNy response is indicative of a good prognosis in patients with cryptococcosis<sup>123,124</sup>. Two phase II clinical trials investigated the safety and efficacy of administering exogenous, recombinant IFNy as a cryptococcal therapy and found that addition of adjuvant IFNy to the standard of care enhanced fungal clearance from the cerebrospinal fluid with no reported increase in adverse effects<sup>124,125</sup>.

In addition to cell-mediated immunity, pioneering work established that a monoclonal antibody specific for the *C. neoformans* polysaccharide capsule was protective against cryptococcal infection in mice<sup>126,127</sup>. Given this, antibodies against conserved structures on the crypto-coccal cell have been targeted as potential therapeutic strategies<sup>128,129</sup>. A well-characterized example is 18B7, a mouse-derived monoclonal antibody directed against glucuronoxylomannan, the primary component of the

*C. neoformans* polysaccharide capsule<sup>129</sup> (FIG. 2; TABLE 1). 18B7 is capable of modulating *C. neoformans* gene expression and metabolism, resulting in increased susceptibility to antifungal drugs<sup>130</sup>. Furthermore, 18B7 behaves as a catalytic antibody that is capable of hydrolysis of the *C. neoformans* capsule<sup>131</sup>. With promising anti-cryptococcal effects in rodent models, 18B7 was evaluated in a phase I/II trial in patients with AIDSrelated cryptococcal meningitis<sup>132</sup>. Administration of 18B7 was safe and transiently reduced serum antigen levels at high doses but exhibited poor cerebrospinal fluid penetration<sup>132</sup>. Further research is needed to devise strategies to target anti-cryptococcal antibodies to clinically relevant sites within the body.

A major challenge for vaccine development is that the vaccine needs to be effective in immunocompromised individuals, particularly those deficient in CD4<sup>+</sup> T cells. Interestingly, in a mouse model of cryptococcosis, immunization with a C. neoformans strain that was genetically engineered to produce IFNy (H99y) induced protective immunity in mice depleted of CD4+ T cells133,134. Furthermore, immunocompetent mice immunized with H99y that were subsequently depleted of both CD4<sup>+</sup> T cells and CD8<sup>+</sup> T cells were protected upon challenge with wild-type C. neoformans<sup>133</sup>. Similar protective effects were seen with an avirulent but live mutant strain of *C. neoformans* lacking sterylglucosidase  $(sgl\Delta)^{134,135}$ . Heat-killed mutant strains have also been reported to induce strong T helper 1 cell responses, resulting in full protection against C. neoformans challenge<sup>65,136</sup>. For example, immunization with a heat-killed C. neoformans mutant for the F-box protein Fbp1 (HK-fbp1) resulted in protection against Cryptococcus infection in mice depleted of CD4+ T cells137. Finally, there is evidence suggesting that a successful vaccine may require an appropriate adjuvant and antigen delivery systems to induce sufficient protective immunity. Glucan particles generated from acapsular mutant strains of C. neoformans and

C. gattii show great promise as a delivery system and adjuvant for cryptococcal vaccines<sup>138</sup>. Specifically, mice vaccinated with glucan particles containing cryptococcal antigens mounted antigen-specific T cell responses and sustained protection against cryptococcosis<sup>138</sup>. An important consideration in moving forward with these immunomodulatory therapies is the potential for the development of immune reconstitution inflammatory syndrome, a hyperactive inflammatory response that occurs during immune restoration in select individuals, particularly patients with AIDS who are undergoing antiretroviral therapy<sup>139</sup>. Given that co-infections with C. neoformans and other pathogens represent a significant risk factor for the development of immune reconstitution inflammatory syndrome, this adverse reaction needs to be carefully monitored when advancing novel immunotherapies.

#### Conclusions

With the continued threat that Cryptococcus infections pose to public health, the need to strengthen the antifungal drug development pipeline has never been greater. Fortunately, enhanced interest among the scientific community to investigate and develop new antifungal strategies, including the targeting of essential genes or cellular functions, impeding virulence factors, inhibiting stress-response signalling, employing compound combinations and developing immunomodulatory therapies, offers great hope for the future. These motivations, coupled with advances in genomics technologies, the application of structure-guided drug design and the expansion of screening efforts to include structurally diverse compound libraries, will undoubtedly result in key discoveries to help the hundreds of thousands of individuals suffering from Cryptococcus infections worldwide.

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#### Author contributions

K.R.I., N.M.R. and C.F. researched data for the article; K.R.I., N.M.R., C.F., N.R. and L.E.C. made substantial contributions to discussion of the content; K.R.I. and N.M.R wrote the article; and C.F., N.R. and L.E.C. reviewed/edited the manuscript before submission.

#### Competing interests

L.E.C. is a co-founder and shareholder in Bright Angel Therapeutics, a platform company for development of novel antifungal therapeutics, and is a consultant for Boragen, a small-molecule development company focused on leveraging the unique chemical properties of boron chemistry for crop protection and animal health. K.R.I., N.M.R., C.F. and N.R. declare no competing interests.

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