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Trichobezoars in baboons

Diana C.P. Mejido^{1,2}, Edward J. Dick Jr.³, Priscilla C. Williams³, R. Mark Sharp³, Marcia C.R. Andrade², C.D. DiCarlo³, and Gene B. Hubbard³

¹ Federal Fluminense University, Rio de Janeiro, RJ, Brazil

² Primatology Service, Center for Laboratory Animal Breeding, Oswaldo Cruz Foundation, Rio de Janeiro, RJ, Brazil

³ Southwest National Primate Research Center at the Southwest Foundation for Biomedical Research, San Antonio, TX 78249, USA

Abstract

Background—There is little information available concerning trichobezoars in the nonhuman primate literature.

Methods—We evaluated 118 cases of trichobezoar in baboons over a 29 year period at the Southwest National Primate Research Center.

Results—The anatomic locations affected in decreasing order were the stomach, small intestine, cecum, esophagus, and colon. The most common clinical history was weight loss. The most frequent associated pathology included gastrointestinal inflammation and ulceration, emaciation, peritonitis, intussusception, pneumonia, and aspiration. Trichobezoars were the cause of death in 9 baboons and the reason for euthanasia in 12. Females were 2.14 times more likely than males to be affected. The greater the percentage of group housing time, the more likely the baboon was to develop trichobezoars.

Conclusions—The baboon may present a useful model to evaluate the etiology, genetic predisposition, physiopathology, neurobiology, and treatment response of trichobezoars.

Keywords

Stomach; hairball; trichophagia; trichotillomania; hair pulling; nonhuman primate; Papio

Introduction

Pulling and swallowing hair (trichophagia) has been described in humans and in dogs, cats, rabbits, mice, guinea pigs, sheep, musk ox, and nonhuman primates [7,9]. This uncommon behavior has been associated with confinement conditions in large groups of animals [11,12]. The Institute for Laboratory Animal Research considers hair pulling a "maladaptive behavior" that smoothes over the stress from chronic confinements [12]. Hair pulling in nonhuman primates has been classified as a pathological behavior that seems quite similar to trichotillomania in humans [11].

The clinical signs can include patches of alopecia (in self pickers or the cagemates of hair pullers). In extreme cases, animals can become completely bald. The ingested hair

Corresponding author: Edward J. Dick, Jr., D.V.M., DACVP, Southwest National Primate Research Center, Southwest Foundation for Biomedical Research, P.O. Box 760549, San Antonio, TX 76227-5301, Telephone: (210) 258-9894; Fax: (210) 670-3305; edick@sfbr.org.

accumulates in the gastrointestinal tract, resulting in a nondigestible mass called a trichobezoar [3]. Trichobezoars are conglomerates of hair, fur or wool, and have been reported in man, cats, dogs, pigs, sheep, rats, rabbits and nonhuman primates [1]. Trichobezoars in the digestive tract of nonhuman primates pose a clinical problem, causing anorexia, gradual weight loss and occasionally regurgitation and vomiting [13]. Severe cases may lead to complications such as obstruction, intussusception, or gastric perforation and hemorrhage [4,12]. Trichobezoars in humans and animals are resistant to treatment (mineral oils, laxatives) often necessitating surgical intervention [3,5,7].

We evaluated 118 cases of trichobezoar in baboons over a 29 year period at the Southwest National Primate Research Center at the Southwest Foundation for Biomedical Research.

Materials and methods

Animals

The baboons were housed in indoor-outdoor metal and concrete cages in groups, or singlyhoused in metal cages for a specified period if enrolled in research projects or for acute clinical care. Some baboons were group-housed in two six-acre corrals. They were fed commercial monkey diets supplemented with grains, vegetables and fruits. Water was supplied *ad libitum*. The baboons were usually members of the breeding colony. All animal care and procedures were approved by the Southwest Foundation for Biomedical Research Institutional Animal Care and the Use Committee.

A computer search was performed using an internal anatomic pathology database (apath) and identified 118 baboons necropsied over a 29 year period with a diagnosis of trichobezoar. We did not include animals in our search under the age of 182 days, which are still nursing and considered not to be at risk. An additional 4 animals were removed from statistical analyses due to incomplete housing location records, which were used to classify housing type and duration of stay. The final statistical data set included 4,456 baboons of which 114 were trichobezoar positive and 4,342 were trichobezoar negative.

The housing location data included 15,495,070 days of life divided into four categories: single housing, gang housing, corral housing and undefined housing. Single housing indicates that an animal was in an individual indoor cage so that physical contact with other baboons was prevented. Gang housing indicates that the animals were housed with other baboons, either indoor or outdoor. No effort was made to distinguish between gang cages that included animals of both sexes and those that did not. Corral housing indicates that the animal was located in one of two six acre outdoor corrals. Animals of both sexes are always present within either corral. Undefined housing consisted of locations that changed housing types (modifications from single to group housing or vice-versa) one or more times during the study period and records of when those changes occurred were not available.

Statistical evaluation

Generalized Linear Model analyses were used to estimate effects of a categorical predictor variable (sex) and continuous predictor variables (age, total days alive, days in single housing, days in gang housing, days in corral housing, and days in undefined housing). In addition to these continuous predictors, the predictive power of the following ratios was also estimated: single housing days/total days alive, gang housing days/total days alive, corral days/total days alive, undefined housing days/total days alive, and group housing days/total days alive. Group housing days was defined as gang housing days plus corral housing days. Fitted models included a binomial with five different link functions (logit, log, complementary log-log, probit, and cauchit) and a Poisson with a log link function. Models with and without interaction were evaluated.

In addition to using genearlized linear model regression, the effect of age was analyzed using a permutation test with Monte Carlo estimation.

The R statistical package was used for all calculations. Generalized linear model analyses were performed using the function "glm", which is part of the stats package that comes with R [10].

Results

The results are summarized in Table 1. One hundred forty six trichobezoars were identified in 118 baboons throughout the digestive tract: stomach (n=103), small intestine (n=14), cecum (14), esophagus (n=8), colon (6); one baboon had a large trichobezoar in the oral cavity resulting in asphyxiation (Figures 1A–D). Twenty two baboons had trichobezoars in more than one location. They ranged from small accumulations of densely matted hair to large accumulations that filled, distended and obstructed the affected organ. Trichobezoars were considered the cause of death in 9 baboons and the reason for euthanasia in another 12.

Thirty six baboons arrived at necropsy without any clinical history; another 35 were either found dead or moribund. Of the 47 baboons with clinical histories, findings included: weight loss (n=28); palpable or radiographic abdominal mass (n=6); anemia (n=6); diarrhea (n=3); painful abdomen (n=3); bloat (n=2); impaction (n=1); and obesity (n=1). Trichobezoars were diagnosed antemortem in 11 baboons. Behavioral data was only available for 3 baboons with an identified trichobezoar; there was a history of self-biting in one, trichophagia and regurgitation in one, and one with regurgitation only.

There were several trichobezoar associated findings. Twenty two baboons had gastric lesions, with three baboons each having two gastric lesions (gastritis, n=12; ulcerations, n=8; hyperplasia, n=3; necrosis, n=1; and extensive submucosal lipidosis, n=1). Emaciation was seen in 20 and peritonitis in 16 baboons. Eleven baboons had colonic lesions (colitis, n=9; and ulcerations, (n=2). Seven had esophageal lesions (esophagitis, n=5; necrosis, n=1; and ulcerations, n=1); Seven had small intestinal lesions (enteritis, n=4; ulcerations, n=2; and rupture, n=1). Intussusception or infarction was seen in 7 baboons; pneumonia, aspiration, or asphyxiation in 5; hepatic steatosis in 5; and amyloidosis in 4. Alopecia, foreign body, cholecystitis and fibrosis, and obesity were each observed in 2 baboons. One baboon each had lymphosarcoma, cecal adenocarcinoma, nematodiasis, and bloat. Forty two baboons lacked associated lesions.

One hundred fourteen of the trichobezoar positive baboons and 4342 of the trichobezoar negative baboons were evaluated statistically. Analyses of binomial and Poisson models resulted in identifying the binomial regression model with the probit link function to be the optimal model when the categorical variable, sex, and the continuous predictor variable, proportion of days in group housing, were included. This model was found to be a better predictor of trichobezoar status than the null model (log-likelihood test, p=2e-15). Both the categorical predictor (sex) and the continuous predictor (group housing) had significant effects (p=0.0018 and p=0.0000001 respectively) in this model.

There were 30 positive males and 84 positive females resulting in a frequency of 0.74 females in the trichobezoar positive animals and there were 1899 negative males and 2443 negative females resulting in frequency of 0.56 females in the trichobezoar negative animals. Females had a probability of 0.033 of being trichobezoar positive while males had a probability of 0.016 of being trichobezoar positive. Thus, females were 2.14 times more likely than males to be trichobezoar positive.

All continuous predictor variables had significant affects as individual predictors except for corral days and days alive. However, comparative analysis of alternate linear models demonstrated that the proportion of life in group housing (ratio of gang plus corral housing days/total days alive) had the highest predictive power and that other continuous predictor variables did not contribute to the predictive power of the model. The greater the percentage of group housing time, the more likely the animal was to be trichobezoar positive.

Age did not have a significant effect in the generalized binomial regression analysis. However, it should be noted that only 1 of 872 baboons (0.1%) under the age of 2.5 years was found to have a trichobezoar at necropsy while 113 of 3,584 baboons (3.15%) at or above 2.5 years was found to have a trichobezoar at necropsy. These proportions were found to be very highly significantly different (p<0.0000001) using a permutation test with Monte Carlo estimation (1,000,000 iterations).

Discussion

We evaluated 118 cases of trichobezoars in baboons over a 29 year period and describe significant associations with sex, and group housing. Although age did not appear to be significant, trichobezoars appear to be uncommon in baboons less than 2.5 years old. The stomach was the most common organ affected. The most frequent associated findings included gastric lesions, emaciation, peritonitis, colonic lesions, esophageal lesions, small intestinal lesions, intussusception, pneumonia, aspiration, and hepatic steatosis.

Nutritional deficiency and exposure to environmental stressors are considered the most common causes of hair pulling and trichophagia in laboratory animals [9,12,13]. However, since all baboons were fed a nutritionally balanced ration with supplemental grains, vegetables and fruits, a nutritional deficiency was unlikely to be responsible for these cases.

In primates, hair pulling and trichophagia are considered social behaviors [11]. Similar to trichotillomania disorder in humans, hair pulling in nonhuman primates is seen more often in females [5,12]. In this study females were 2.14 times more likely than males to be trichobezoar positive, compatible the literature on social behavior. Captive-bred baboons may develop excessive grooming more frequently than other primates species [3] and there is a predilection for group housed animals to have trichobezoars [11]. These data confirm that group housing, probably through increased grooming, increases the likelihood of a baboon developing trichobezoars. Behavioral data and observational studies will also be required for a better understanding of the causes of trichobezoars in baboons.

Spontaneously dysfunctional behaviors in animals have been proposed to validate new models for human psychiatric disorders. Animal models for trichotillomania include feather picking in birds, barbering in mice, feline psychogenic alopecia, and canine acral lick dermatitis [2,8]. The similarities of natural excessive grooming in animals and trichotillomania in humans are evident. Hence, it is reasonable to suggest that nonhuman primates should be considered as appropriate natural models for this maladaptive disorder in humans. The baboon may present a useful model to evaluate the etiology, genetic predisposition, physiopathology, neurobiology, and treatment response of trichobezoars.

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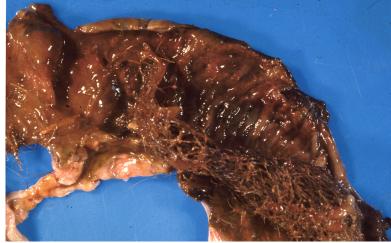


Figure 1.

Gross appearance of trichobezoars in the baboon. A. An obstructive trichobezoar occluding the lumen of the esophagus. B. A mature, compact, trichobezoar completely filling the stomach. C. A less compact trichobezoar partially filling and occluding the stomach with extension into the duodenum. D. A trichobezoar partially filling and occluding the small intestine.

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Animal ID	Sex	Age (yr)	Clinical history	Trichobezoar Location(s)	Associated lesions
1	ц	0.75	Found dead	Stomach, colon	None
2	Ц	2	Found dead	Esophagus	Gastric dilatation, esophageal and gastric necrosis
3	ц	3	Found dead	Stomach	Gastric ulcer, emaciation
4	Ц	3	Found dead	Stomach	Gastritis
5	Ц	3	None	Stomach	None
9	Ц	ю	None	Stomach	Small intestine intussusception
٢	Ц	3	Weight loss	Stomach	Gastritis
8	Ц	4	Anemia	Stomach	Colitis
6	Ц	4	Found dead	Stomach	Gastritis
10	Ц	4	Found dead	Stomach	None
11	Ц	4	Found moribund, bloated abdomen	Stomach	Duodenal intussusception
12	Ц	4	Hairball	Stomach	None
13	Ц	4	None	Stomach	Emaciation
14	Ц	4	None	Stomach	Emaciation, enteritis, colitis
15	Ц	4	None	Stomach	Peritonitis
16	Ц	5	None	Stomach	None
17	Ц	5	Bloat	Stomach, small intestine	Peritonitis
18	Ц	5	Painful abdomen	Stomach, small intestine	Gastritis, enteritis, colitis, peritonitis, small intestine infarct
19	ц	5	None	Stomach, small intestine, cecum	Pneumonia
20	Ц	9	Found dead	Stomach	None
21	Ц	9	Found dead	Stomach	None
22	Ц	9	Found dead	Stomach	None
23	Ц	9	None	Stomach	Gastritis, gastric ulcer, emaciation
24*	ц	9	None	Stomach	Peritonitis
25	Ц	9	Weight loss, dehydration, impaction	Stomach	Emaciation, colonic atony
26	Ц	9	None	Stomach, cecum	Cecal ulcer, peritonitis
27	ц	9	None	Stomach, cecum	None
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Animal ID	Sex	Age (yr)	Clinical history	Trichobezoar Location(s)	Associated lesions
29	щ	7	Weight loss	Esophagus	Intussusception, jejunum
30	Ц	7	Found dead	Mouth	Asphyxiation
31	Ц	7	Anemia, possible hairball	Stomach	Emaciation
32	Ц	7	Found dead	Stomach	Emaciation
33	Ц	Ζ	Found dead	Stomach	Emaciation, peritonitis
34	Ц	Ζ	None	Stomach	None
35	Ц	7	Palpable abdominal mass, possible hairball	Stomach	None
36	Ц	L	Painful abdomen	Stomach, small intestine	Peritonitis
37	Ц	8	Found dead	Cecum, colon	None
38	ц	8	None	Esophagus, stomach	Gastric and esophageal ulcers, pneumonia, tracheitis
39	Ц	8	Found dead	Small intestine	Emaciation, colitis
40	Ц	8	Found dead	Stomach	Peritonitis
41	ц	8	Found dead	Stomach	Peritonitis, small intestinal ulcer
42	Ц	8	None	Stomach	None
43	Ц	8	None	Stomach	None
44	ц	8	Weight loss	Stomach	Gastric hyperplasia
45	Ц	8	Weight loss	Stomach	None
46	Ц	6	None	Esophagus, stomach, small intestine	Peritonitis
47	ц	6	Found dead	Stomach	Emaciation
48	Ц	6	Found moribund	Stomach	None
49	Ц	10	Found dead	Stomach	Gastritis, emaciation
50	ц	10	None	Stomach	Steatosis, liver
51^*	Ц	11	Weight loss, abdominal mass	Cecum	Amyloidosis
52	Ц	11	Found dead	Small intestine	Steatosis, liver
53	Ц	11	Hairball	Stomach	Gastric ulcer, gastric hyperplasia
54	ц	11	Obese	Stomach	Amyloidosis, stomach
55	Ц	11	Renal failure	Stomach	Esophagitis, gastritis
56	Ц	11	Weight loss	Stomach	Enteritis
57	ц	12	Renal failure, possible hairball	Cecum, colon	Colitis
58	Ц	12	Found moribund	Stomach	Gastritis, cholecystitis, gall bladder fibrosis
59	Ц	12	Weight loss	Stomach	None

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Animal ID	Sex	Age (yr)	Clinical history	Trichobezoar Location(s)	Associated lesions
09	ц	12	Weight loss	Stomach	Peritonitis
61	ц	12	Weight loss, anemia. diarrhea	Stomach	Hyperplasia, gastric mucosa, foreign body (wire) in intestinal tract, emaciation
62	ц	14	Found moribund	Small intestine	Steatosis, liver
63	ц	14	Found dead	Stomach	Emaciation
64	ц	14	None	Stomach	Gastric ulcer, gastritis, candida albicans
65	ц	15	Weight loss	Cecum	Cecal adenocarcinoma
99	ц	15	Found dead	Esophagus	Esophagitis
67	ц	15	Found dead	Stomach	None
68*	Ц	15	Found dead	Stomach	None
69	Ц	16	None	Stomach	None
70	ц	16	Renal failure	Stomach	Amyloidosis, colitis
71	ц	16	Weight loss	Stomach	Small intestine, intussusception
72	ц	16	Hairball removal	Stomach, cecum, colon	None
73	ц	17	Weight loss, abdominal mass	Stomach	None
74	ц	17	Anemia	Stomach	Alopecia, emaciation, gastric ulcer
75	ц	17	None	Stomach	Obese
76	ц	17	Weight loss, anemia, bloody diarrhea	Stomach	Emaciation
77	Ц	18	Weight loss, abdominal mass	Stomach	Gastritis, emaciation
78	ц	19	Renal failure	Stomach	Alopecia
79	ц	20	Weight loss	Stomach	Gastritis
80	ц	20	Weight loss, possible hairball	Stomach	None
81	ц	20	Found dead	Stomach, small intestine	None
82	ц	22	Found dead	Colon	Steatosis, liver
83	ц	23	Weight loss	Cecum	None
84	ц	23	Weight loss	Stomach	None
85	ц	26	Weight loss	Cecum	Colitis, Campylobacter sp.
86	ц	26	None	Stomach	Obese, gastric lipidosis
87	ц	26	Weight loss, anemia	Stomach	Emaciation
88	М	2	None	Stomach	None
89	М	3	Weight loss	Small intestine	Peritonitis, small and large intestinal ulcers
90	Μ	3	Found dead	Stomach	None

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91	Μ	3	Found dead	Stomach, small intestine	Emaciation
92	М	4	None	Stomach	Aspiration
93	М	5	Hairball removal	Stomach	None
94	М	5	Weight loss	Stomach	Emaciation
95	М	5	Weight loss	Stomach	None
96	М	5	None	Stomach, small intestine	Gastritis, enteritis, duodenal intussusception, pneumonia
76	М	9	Found dead	Esophagus, stomach	Esophagitis, peritonitis
98	М	9	Weight loss	Esophagus, stomach, cecum	Gastric erosion, emaciation
66	М	9	Found dead	Stomach	Foreign body
100	М	9	None	Stomach	None
101	М	9	Possible hairball	Stomach	None
102	М	7	None	Stomach	None
103	М	8	Painful abdomen, hairball	Stomach, small intestine, cecum	Nematodiasis, colon
104	М	8	Found dead	Stomach	Esophagitis, cecal intussusception
105	М	8	None	Stomach	None
106	М	8	None	Stomach	None
107	М	8	None	Stomach	Peritonitis, duodenal rupture
108	М	6	Hairball removed from esophagus	Stomach	Esophagitis
109	М	6	None	Stomach	None
110	М	10	None	Esophagus, stomach, small intestine	None
111	М	10	Weight loss, diarrhea, abdominal mass	Stomach, cecum	Peritonitis, colitis, cholecystitis, gall bladder fibrosis
112	М	Π	None	Stomach	None
113^{*}	М	13	None	Stomach	None
114	М	15	Weight loss	Stomach	Colitis, gastric ulcer, steatosis, liver
115	М	16	None	Stomach	Lymphosarcoma
116	М	16	Weight loss, anemia, abdominal mass	Stomach	Amyloidosis
117	М	19	None	Stomach	None
118	М	24	None	Stomach	None