
Nonlinear lattice dynamics as a basis for enhanced superconductivity in $\text{YBa}_2\text{Cu}_3\text{O}_{6.5}$

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THz-frequency optical pulses can resonantly drive selected vibrational modes in solids and deform their crystal structure^{1,2,3}. In complex oxides, this method has been used to melt electronic orders^{4,5,6}, drive insulator to metal transitions^{7,8} or induce superconductivity⁹. Strikingly, coherent interlayer transport strongly reminiscent of superconductivity can be transiently induced up to room temperature in $\text{YBa}_2\text{Cu}_3\text{O}_{6+x}$ ^{10,11}. By combining femtosecond X-ray diffraction and *ab initio* density functional theory calculations, we determine here the crystal structure of this exotic non-equilibrium state. We find that nonlinear lattice excitation in normal-state $\text{YBa}_2\text{Cu}_3\text{O}_{6+x}$ at 100 K causes a staggered dilation/contraction of the Cu-O₂ intra/inter-bilayer distances, accompanied by anisotropic changes in the in-plane O-Cu-O bond buckling. Density functional theory calculations indicate that these motions cause

dramatic changes in the electronic structure. Amongst these, the enhancement in the $d_{x^2-y^2}$ character of the in-plane electronic structure is likely to favor superconductivity.

The response of a crystal lattice to strong, resonant excitation of an infrared-active phonon mode can be described by separating the crystal Hamiltonian into its linear and nonlinear terms $H=H_{lin}+H_{NL}$. The linear term $H_{lin} = \frac{1}{2} \omega_{IR}^2 Q_{IR}^2$ describes harmonic oscillations about the equilibrium atomic positions, with ω_{IR} denoting the frequency and Q_{IR} the normal coordinate of the infrared-active mode. In the limit of lowest order (cubic) coupling to other modes with generic coordinate Q_R , the nonlinear term can be written as $H_{NL} = \frac{1}{2} \omega_R^2 Q_R^2 - a_{12} Q_{IR} Q_R^2 - a_{21} Q_{IR}^2 Q_R$. In this expression, a_{12} and a_{21} are anharmonic coupling constants. (See online Methods section and Extended Data Figures 1 and 2 for details on next order coupling). For a centrosymmetric crystal like $YBa_2Cu_3O_{6.5}$, $Q_{IR} Q_R^2$ is zero as Q_{IR} is odd in symmetry while Q_R^2 is even. Furthermore, as Q_{IR}^2 is of even symmetry $Q_{IR}^2 Q_R$ is nonzero only if Q_R is even and hence Raman active.

Thus, the total Hamiltonian reduces to $H = \frac{1}{2} \omega_{IR}^2 Q_{IR}^2 + \frac{1}{2} \omega_R^2 Q_R^2 - a_{21} Q_{IR}^2 Q_R$, which predicts a shift in the potential energy minimum along Q_R for any finite distortion Q_{IR}^* (see Figure 1a). Correspondingly, for a periodically driven Q_{IR} mode, the dynamics are described by the coupled equations of motion $\ddot{Q}_{IR} + 2\gamma_{IR}\dot{Q}_{IR} + \omega_{IR}^2 Q_{IR} = f(t) + 2a_{21} Q_{IR} Q_R$ and $\ddot{Q}_R + 2\gamma_R\dot{Q}_R + \omega_R^2 Q_R = a_{21} Q_{IR}^2$.

Figure 1b pictorially represents these dynamics. Upon resonant mid-infrared excitation of Q_{IR} , a *unidirectional* force is exerted along the normal coordinate Q_R , which is *displaced* by a magnitude proportional to Q_{IR}^2 . This effect remains sizeable only as long as Q_{IR} oscillates coherently, typically for several picoseconds.

We next discuss the specific case of $\text{YBa}_2\text{Cu}_3\text{O}_{6.5}$, which crystallizes in a centrosymmetric orthorhombic unit cell with D_{2h} symmetry, comprising bilayers of conducting CuO_2 planes separated by an insulating layer containing Yttrium atoms and Cu-O chains that control the doping of the planes (Fig. 2a). The $\text{YBa}_2\text{Cu}_3\text{O}_{6.5}$ sample contained both oxygen rich and oxygen deficient chains, and exhibited short-range Ortho-II ordering of the vacancies (Fig. 2b). Note also that the in-plane O-Cu-O bonds are buckled (Fig. 2c).

In our experiments, mid-infrared pump pulses of ~ 300 femtoseconds (fs) duration were focused to a maximum fluence of ~ 4 mJ/cm² and a peak electric field of ~ 3 MV/cm. These pulses were polarized along the c axis of $\text{YBa}_2\text{Cu}_3\text{O}_{6.5}$ and tuned to resonance with the same 670 cm⁻¹ frequency (~ 15 μm , 83 meV) B_{1u} infrared-active mode¹² (see Figure 2a) that was previously shown by means of time-resolved THz spectroscopy to enhance interlayer superconducting coupling^{10,11}.

In analyzing the nonlinear lattice dynamics caused by this excitation, we note that the nonlinear term $Q_{B_{1u}}^2 Q_R$ is non zero only if Q_R is of A_g symmetry, because the square of the irreducible representation of B_{1u} is A_g . Thus, only A_g modes can couple to the optically driven B_{1u} motion of Figure 2a. $\text{YBa}_2\text{Cu}_3\text{O}_{6.5}$ has 72 optical phonon modes, of which 33 are Raman active. These can be further divided into 22 B_g modes, which break in-plane symmetry, and 11 A_g modes, which preserve the symmetry of the unit cell (see Extended Data Figure 3). The geometries of these 11 A_g modes and their coupling strength to the driven B_{1u} mode were computed using first principles density functional theory calculations within the local density approximation. At 3 MV/cm field strength of the mid-infrared pump pulse, we expect a peak amplitude for the B_{1u} motion corresponding to 2.2pm increase in apical oxygen-Cu distance, which was used as a basis to calculate energy potentials of the A_g modes for a frozen distortion of this magnitude (see Figure 3a). Only four phonon modes $A_g(15, 21, 29,$

74) were found to strongly couple to the driven B_{1u} mode, all involving a concerted distortion of the apical oxygen atoms towards the CuO_2 plane and an increase in Cu-O buckling (Figure 3b). The calculations also predict weak coupling to three further modes $A_g(52, 53, 61)$, consisting of breathing motion of the oxygen atoms in the plane (Fig. 3c). The remaining four modes $A_g(14, 39, 53, 65)$ do not couple to the B_{1u} mode (see Extended Data Table 1 for details).

To experimentally determine the absolute amplitude of these distortions in the conditions relevant for enhanced superconductivity^{10,11}, we measured time resolved x-ray diffraction using 50 fs, 6.7 keV pulses from the LCLS free electron laser, which was synchronized to the optical laser that generated the mid-infrared pump pulses. Changes in diffraction intensity were recorded for four Bragg peaks at a base temperature of 100 K, above the equilibrium transition temperature $T_c = 52$ K. These peaks were observed to either increase or decrease promptly after excitation (see Figure 4) and to relax within the same timescale as the changes in the THz optical properties^{10,11}. For each Bragg reflection we calculated changes in diffraction as function of B_{1u} amplitude considering a displacement of only the four dominant Raman modes $A_g(15, 21, 29, 74)$ or all 11 modes of Figure 3, taking into account the relative coupling strengths. We simultaneously fitted the four experimental diffraction curves using only two free parameters: the amplitude of the directly driven B_{1u} motion and the relative contributions of two exponential relaxation components ($\tau_1 = 1$ ps, $\tau_2 = 7$ ps) extracted from the THz measurements^{10,11}. Very similar results were found when considering only the four dominant modes or all modes (see green and red fitting curves in Figure 4).

The transient lattice structure determined from these fits involves the following elements. Firstly, we observe a *decrease* in the distance between the apical oxygen and the copper

atoms of the superconducting planes (Figure 5). This motion is far smaller and opposite in sign than the difference in the static apical oxygen positions between La- and Hg-based cuprates, for which T_c increases at equilibrium¹³. Therefore, the transient enhancement of superconducting transport cannot be explained by this analogy. More suggestively, the copper atoms are driven away from one another within the bilayers and toward one another between different bilayers. This staggered motion is of approximately 0.63% (see Figure 5a) and qualitatively follows the decrease in intra-bilayer tunneling and the enhancement of inter-bilayer tunneling^{10,11}. Finally, an anisotropic 0.32° increase in the in-plane O-Cu-O buckling (different along a and b axes) is observed (see Extended Data Table 2).

Although the Josephson coupling in layered cuprates involves many microscopic parameters that are not kept into account here^{14,15,16}, DFT calculations in the distorted crystal structure were used to assess the salient effects on the electronic properties (see Extended Data Figures 4 to 6). Our calculations predict an energy lowering of the oxygen deficient chain bands by few tens of meV. Because at equilibrium these bands are very close to the Fermi level, this small shift strongly reduces the hybridization of the chains with the plane Cu-orbital, leading to a DFT Fermi surface with a stronger Cu $d_{x^2-y^2}$ character and higher hole doping. This effect is likely to favor superconductivity. We also speculate that as the DFT Fermi surface changes shape and size, it is quite possible that that charge density wave order may also be destabilized^{17,18,19}, which would also aid superconductivity. The present calculations will serve as a starting point for a full many-body treatment, to be complemented by more exhaustive experimental characterizations of the transient electronic structure.

More generally, we see nonlinear phononics as a new tool for dynamical materials discovery, with optical lattice control providing a perturbation -- analogous to strain, fields or pressure

-- that can induce exotic collective electronic behaviors. Knowledge of the non-equilibrium atomic structure by ultrafast x-ray crystallography, which we provide for the first time in this work, is the essential next step towards engineering these induced behaviors at equilibrium.

References Main Text

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Author Contributions

A.C. conceived this project. R.M. and M.F. lead the diffraction experiment, supported by S.O.M., M.C., H.T.L., J.S.R., J.M.G., M.P.M., and A.F.. R.M. and A.S. analyzed the data. A.S. performed the DFT calculations, with support from A.G., M.F. and N.A.S.. The sample was grown by T.L. and B.K.. R.M. and A.C. wrote the manuscript, with feedback from all co-authors.

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Figures

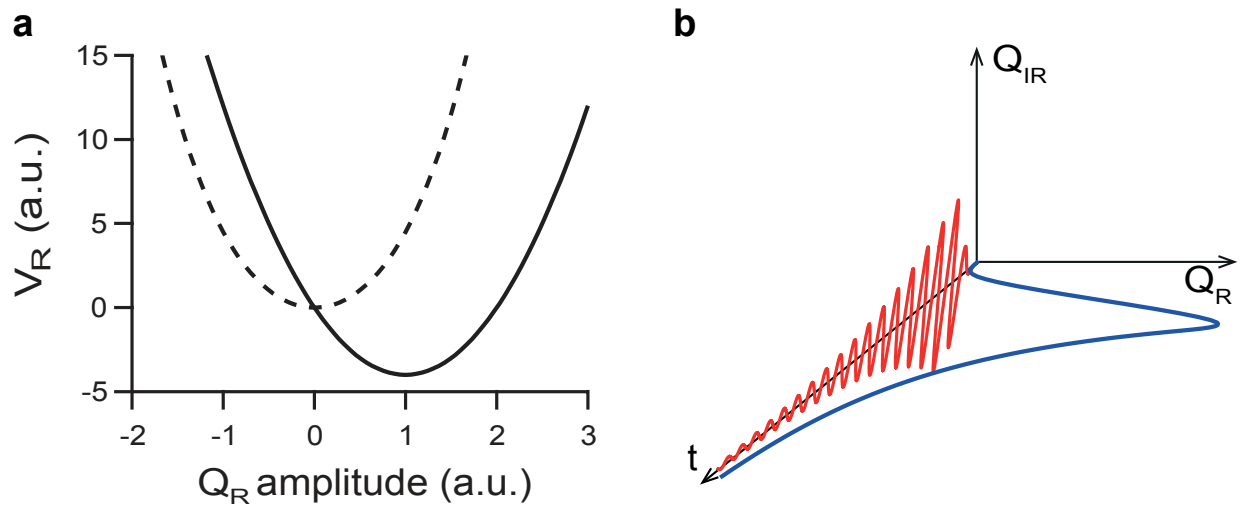


Figure 1 | Coherent nonlinear lattice dynamics in the limit of cubic coupling. a) A static distortion Q_{IR}^* shifts the equilibrium potential (dashed line) of all modes Q_R that are coupled through $Q_{IR}^2 Q_R$ coupling, displacing the equilibrium position towards a new minimum (solid line). **b)** The dynamical response of the two modes involves an oscillatory motion of the infrared mode (red line) and a *directional* displacement of Q_R (blue line). The displacement is proportional to Q_{IR}^2 and survives as long as Q_{IR} is coherent.

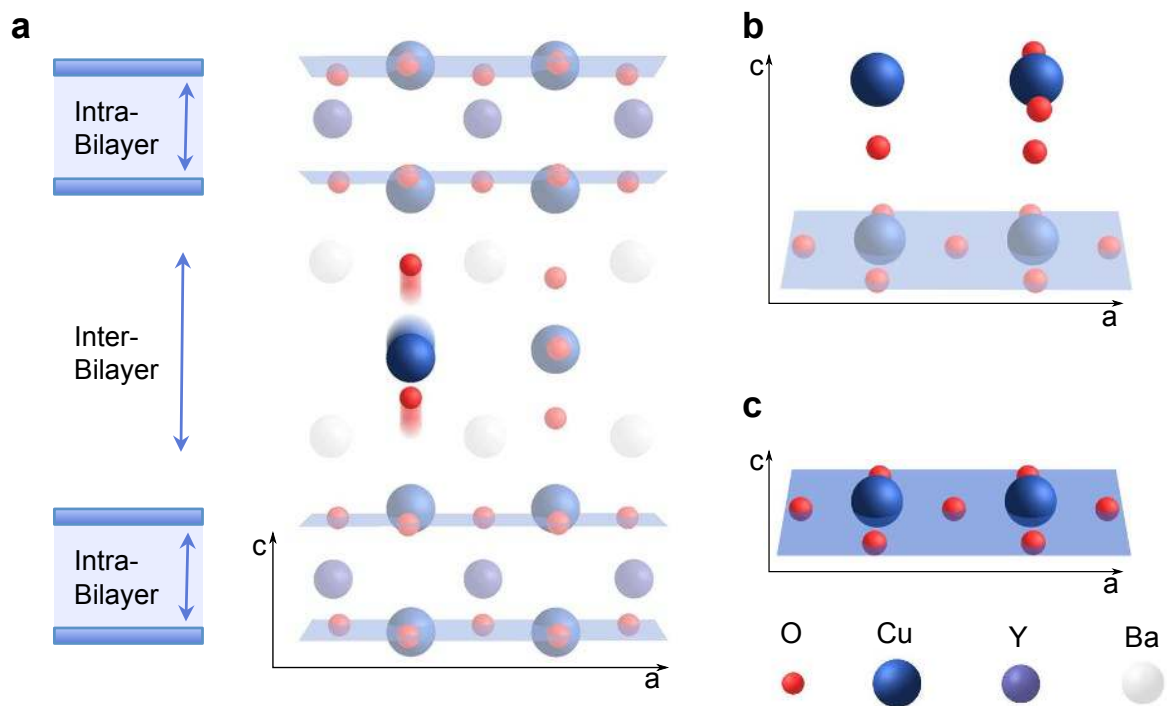


Figure 2 | Structure of $\text{YBa}_2\text{Cu}_3\text{O}_{6.5}$ (a) Structure of orthorhombic $\text{YBa}_2\text{Cu}_3\text{O}_{6.5}$ and motions of the optically excited B_{1u} mode. The schematic on the left shows the two tunneling regions within and between the bilayers. (b) Cu-O Chains, which are either filled (right Cu) or empty (left Cu) in the Ortho-II structure. (c) Superconducting CuO_2 planes (blue).

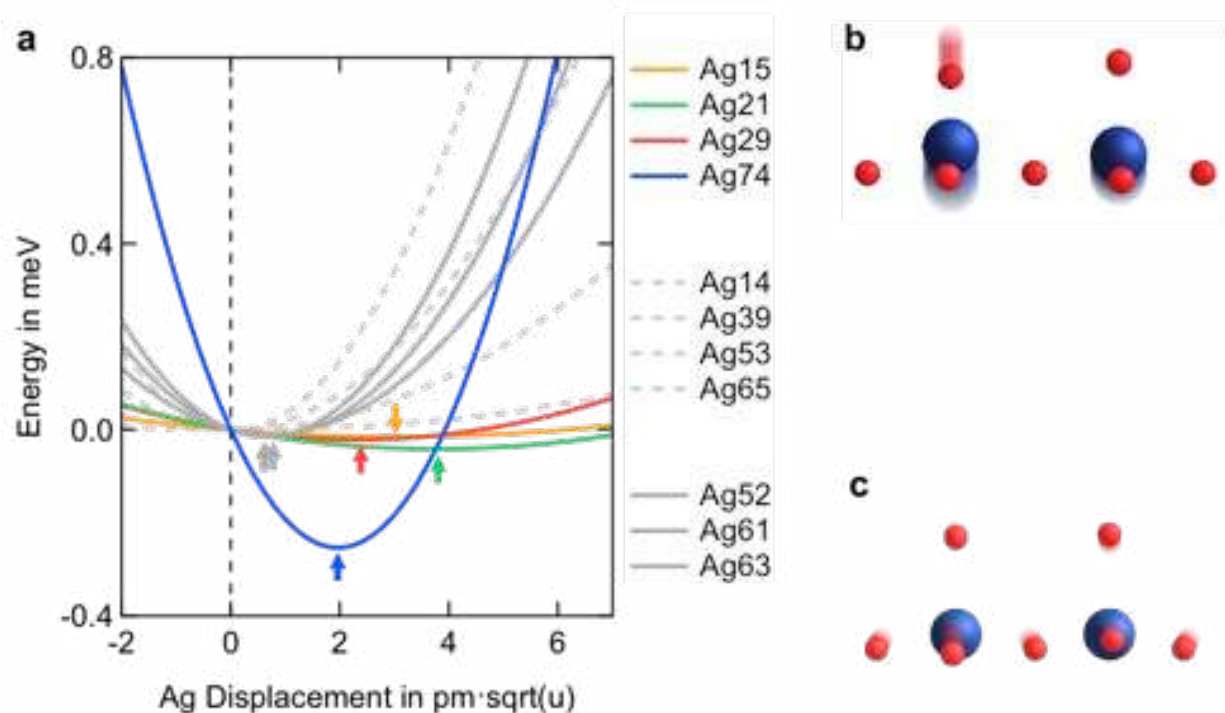


Figure 3 | First principle calculations of cubic coupling between 11 A_g modes and driven B_{1u} mode. (a) Energy potentials of all A_g modes for a frozen B_{1u} displacement of $0.14\text{\AA}\sqrt{u}$, corresponding to a change in apical oxygen–copper distance of 2.2pm. The x -axis is the amplitude of the A_g Eigenvector (u is the atomic mass unit). Arrows indicate the potential minima. **(b)** Strong coupling occurs to the $A_g(15, 21, 29, 74)$ modes, that comprise a decrease in apical oxygen-copper distance and an increase in in-plane buckling. **(c)** The $A_g(52, 61, 63)$ modes are weakly coupled and govern a breathing motion of the oxygen atoms in the CuO_2 plane.

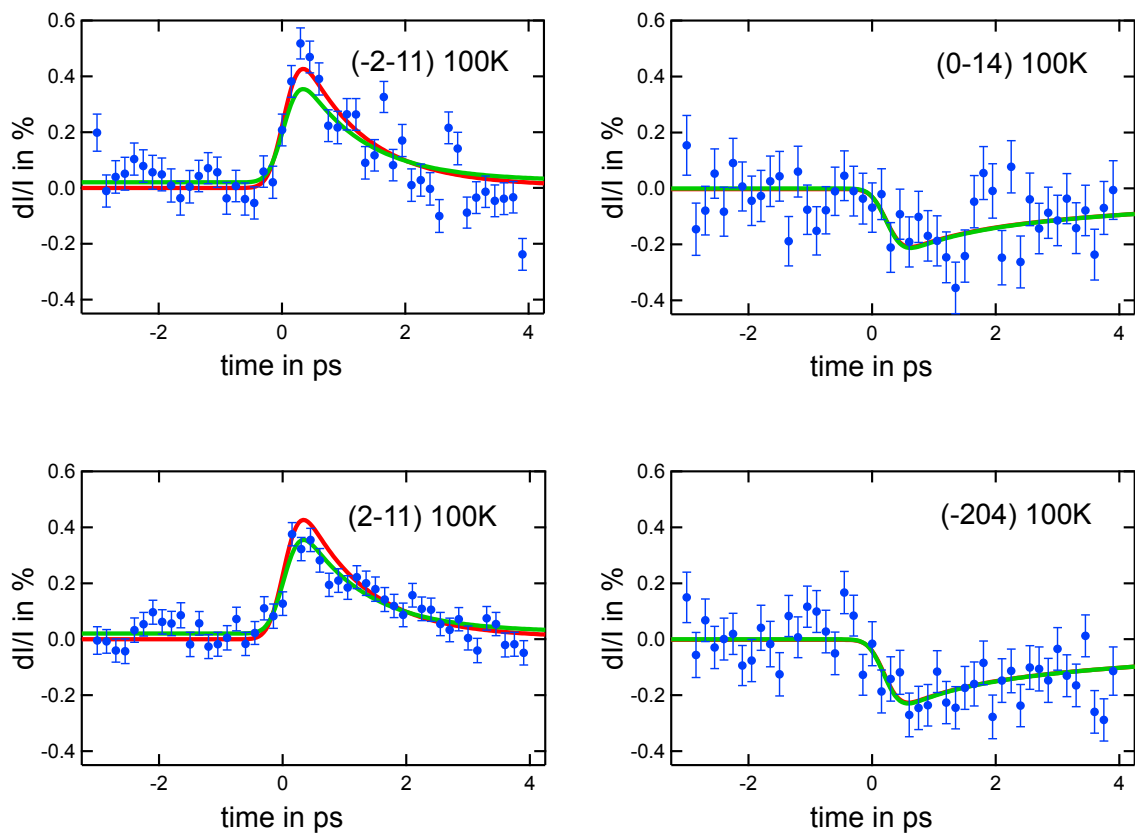


Figure 4 | Time dependent diffracted peak intensity for four Bragg reflections. A displacive lattice distortion is observed. The experimental data is fitted (solid curves) by adjusting the B_{1u} amplitude and the relative strength of the two relaxation channels ($\tau_1=1$ ps and $\tau_2=7$ ps) extracted from the optical experiments of Refs. 10 and 11. The relative amplitudes and signs of the curves are determined from the calculated structure using only the four strongest coupled modes (green) or all Ag modes (red). The error bars are extracted from the measurements as $1-\sigma$ (67%) confidence interval.

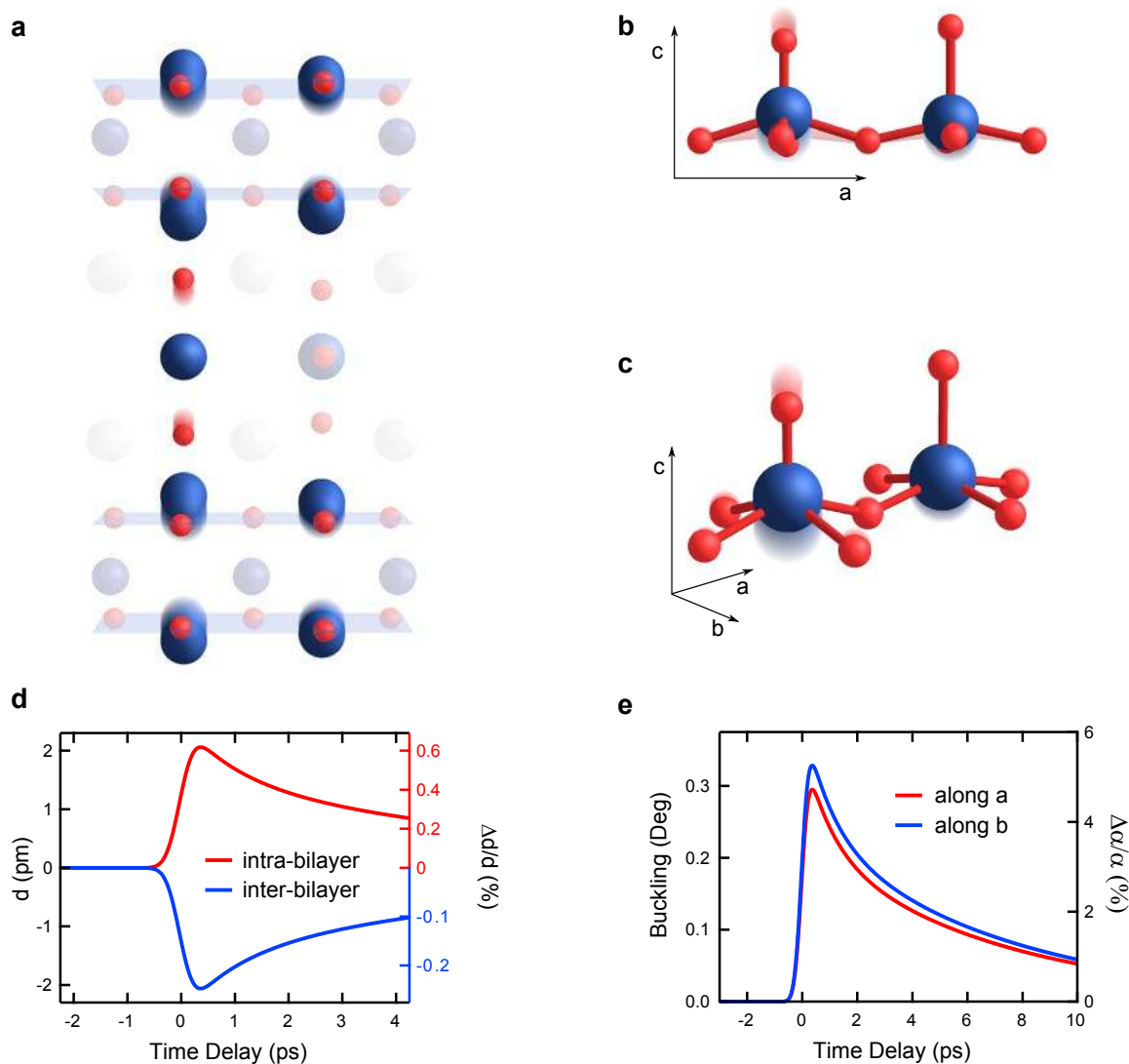


Figure 5 | Transient lattice structure. (a) We find a concerted displacive lattice distortion (b, c) with a decrease in the apical oxygen – Cu distances by 2.4pm at oxygen deficient sites and an increase in O-Cu-O buckling. (d) The intra-bilayer distance increases, while the inter-bilayer distance decreases. Here, the copper atoms of the planes at oxygen deficient chain sites (left hand side in (a)) are used to define the position of the planes. (e) The in plane O-Cu-O buckling increases by 5% both along *a* and *b* at oxygen deficient sites.

Online-Only Methods

Experimental Details

The x-ray diffraction measurements were carried out with 6.7 keV pulses at the X-ray Pump Probe (XPP) beamline of the Linac Coherent Light Source (LCLS). The energy of the x-rays was selected using a channel-cut Si (111) monochromator with a resolution of 1 eV. The diffraction from each pulse was recorded individually without averaging using a diode. Shot-to-shot normalization to the intensity monitor after the monochromator was used to correct the detected signals for intensity and wavelength fluctuations of the x-ray pulses. The experiment was carried out in grazing incidence geometry with an angle of 5° between the x-rays and the sample surface.

The $\text{YBa}_2\text{Cu}_3\text{O}_{6.5}$ sample was excited with mid-infrared pulses of ~ 300 fs duration, generated by optical parametric down-conversion and difference-frequency generation of near-infrared pulses from a Titanium-Sapphire laser. These pulses were tuned to $15\mu\text{m}$ wavelength with $2\mu\text{m}$ bandwidth, chosen to be in resonance with the B_{1u} phonon mode. The measurement was carried out at a repetition rate of 120 Hz, while the repetition rate of the mid-infrared pulses was set to 60 Hz. This allowed measuring the equilibrium and excited state for each time delay to correct for any drifts of the Free Electron Laser.

Structure Factor Calculations

To deduce the amplitudes Q_i of the atomic displacements along the eigenvectors ϵ_i of the A_g coordinates from the changes in scattered intensity $I \sim |F|^2$ we calculated the corresponding modulation of the structure factors F . Specifically, we quantified $F = \sum_j f_j \exp(-i\mathbf{G} \cdot \mathbf{r}_j)$, with \mathbf{G} being the reciprocal lattice vector of the corresponding diffraction peak, f_j the atomic scattering factor and \mathbf{r}_j the positions of the j -th atom in the unit cell. By calculating the structure factors for the equilibrium atomic positions $\mathbf{r}_j = \mathbf{r}_j^{(0)}$ and the transient structure $\mathbf{r}'_j = \mathbf{r}_j^{(0)} + \sum_i Q_i \epsilon_{ji}$, the relative change ΔI in diffracted intensity was evaluated as $\Delta I/I = (|F(\mathbf{r}'_j)|^2 - |F(\mathbf{r}_j)|^2) / |F(\mathbf{r}_j)|^2$.

The changes in signal amplitude are calculated for A_g amplitudes Q_i as predicted by density functional theory calculations for a certain infrared amplitude $Q_{B_{1u}}$ and compared with the experimental findings to determine the quantitative values.

Density functional theory calculations

The phonon modes and the nonlinear phonon couplings were obtained using density functional theory calculations with plane-wave basis sets and projector augmented wave pseudopotentials^{20,21} as implemented in the VASP software package²². The local density approximation was used for the exchange and correlations. We used a cut-off energy of 950 eV for plane-wave expansion and a $4 \cdot 8 \cdot 4$ k -point grid for the Brillouin zone integration during self-consistency. We used the experimental lattice parameters of the YBa₂Cu₃O_{6.5} Ortho-II structure, but relaxed the internal coordinates. The interatomic force constants were calculated using the frozen-phonon method²³, and the PHONOPY software package was used to calculate the phonon frequencies and normal modes²⁴. After the normal modes were identified, total energy calculations were performed as a function of infrared Q_{IR} and Raman phonon mode Q_R amplitudes to obtain the energy surfaces. The non-linear coupling between the IR and Raman modes were obtained by fitting the energy surfaces to the polynomial:

$$H = \frac{1}{2} \omega_{IR}^2 Q_{IR}^2 + \frac{1}{2} \omega_R^2 Q_R^2 - a_{21} Q_{IR}^2 Q_R$$

Coupling strengths of the A_g to the B_{1u} modes

The energy potential of an A_g Raman mode in the presence of a cubic non-linear coupling to an infrared mode is $V_R = \frac{1}{2} \omega_R^2 Q_R^2 - a_{21} Q_{IR}^2 Q_R$. At equilibrium, when the IR mode is not excited, the potential of the Raman mode has a minimum at $Q_R = 0$ because the structure is stable at equilibrium. However, when the IR mode is excited externally, the minimum of the Raman mode shifts by an amount $a_{21} Q_{IR}^2 / \omega_R^2$. The minima of the A_g modes energy potentials as obtained from DFT calculations for a frozen displacement of the B_{1u} mode of $0.14 \text{ \AA} \sqrt{u}$ are reported in Extended Data Table 1. The mode displacements are given in amplitudes Q_α of the dimensionless eigenvectors of the mode and have the unit $\text{Å} \sqrt{u}$, with u being the atomic mass unit. The atomic displacements due to an amplitude Q_α of a mode is given by $\vec{U}_j = \frac{Q_\alpha}{\sqrt{m_j}} \cdot \vec{\omega}_j^\alpha$, where \vec{U}_j is the displacement of the j -th atom, m_j is the mass of this atom, and $\vec{\omega}_j^\alpha$ is the corresponding component of the normal-mode vector. Note that $\vec{\omega}_j^\alpha$ is normalized and dimensionless.

Transient crystal structure

The static crystal structure of $\text{YBa}_2\text{Cu}_3\text{O}_{6.5}$ (Ortho-II) is given in Extended Data Table 2. The lattice constants are ($a = 7.6586 \text{ \AA}$, $b = 3.8722 \text{ \AA}$, $c = 11.725 \text{ \AA}$) as determined by single crystal x-ray diffraction at 100 K. The light induced displacements of the atomic positions at peak change in diffracted intensity are reported in Extended Data Table 2.

Changes to the electronic structure

The changes of the electronic structure due to the light-induced distortions were studied using the generalized full-potential method within the local density approximation as implemented in the WIEN2k package²⁵. The muffin-tin radii of 2.35, 2.5, 1.78, and 1.53 bohrs were used for Y, Ba, Cu, and O, respectively, and a $20 \cdot 40 \cdot 12$ k -point grid was used for the Brillouin zone integration. The plane wave cutoff was set at $RK_{max} = 7.0$, where K_{max} is the plane wave cutoff and R is the small muffin-tin radius, i.e. 1.53 bohrs. The density of states (DOS) was generated with a $32 \cdot 64 \cdot 32$ k -point grid. Calculations are presented for the equilibrium structure and the transient displaced structure for three B_{1u} amplitudes: the amplitude $0.3 \text{ \AA}\sqrt{u}$ as determined here, the amplitude $0.8 \text{ \AA}\sqrt{u}$ as estimated in the experiment of reference 10 and 11 as well as a larger amplitude of $1.2 \text{ \AA}\sqrt{u}$.

Our calculated electronic structure of the equilibrium $\text{YBa}_2\text{Cu}_3\text{O}_{6.5}$ (ortho-II), shown in Figure 2 of the main text, is similar to the one calculated previously^{26, 27}. The bands near the Fermi level are derived from the Cu $3d$ states from both the planes and chains. The four bands that disperse highly along the path $X - S - Y - \Gamma$ are due to the planar Cu $d_{x^2-y^2}$ states. The broad band that disperses very little along $S - Y$ is due to the Cu d_{z^2} states from the filled chain. The oxygen deficient chains that control the hole doping give rise to fairly flat electronic bands with dominant Cu d_{xz} and d_{yz} character that are very close to the Fermi level at the Y point. The electronic structure calculations predict some hybridization between these bands and the planar Cu bands that creates an anti-crossing near Y . In the equilibrium structure, this anti-crossing is close to the Fermi level, giving rise to pockets with unfilled chain Cu character in the Fermi surface. (see Extended Data Figures 4 and 5).

The displacements due to the nonlinear couplings cause noticeable changes to the electronic structure around the Fermi level. There are three main effects:

- (i) The light-induced displacements reduce the width of the planar Cu bands, which leads to an increase in the planar Cu contribution to the DOS at the Fermi level.
- (ii) The atomic displacements cause a charge transfer from the planes to the oxygen deficient chains. As the unfilled Cu chain bands lower in energy and move below the Fermi level with increasing light-induced displacements, the planar Cu states increase in energy, becoming more unoccupied. I.e., there is an effective hole doping of the planar Cu states due to the light-induced displacements (see Extended Data Figure 6).

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- (iii) The changes in the relative occupations of the bands also cause a topological change in the Fermi surface. The light-induced displacements increase the filling of the unfilled chain Cu bands, which decreases the size of the pockets in the Fermi surface. Above a threshold of $0.8 \text{ \AA}\sqrt{u}$, the oxygen deficient chain Cu bands become fully filled and the Fermi surface consists solely of two-dimensional planar Cu and one-dimensional filled chain Cu sheets.

Quartic order coupling

To verify that the nonlinear phonon coupling is dominated by third order, as discussed in the main text, we checked for signals from the next (fourth) order, described by the term $Q_{IR}^2 Q_j^2$ in the nonlinear Hamiltonian:

$$H_{NL} = \frac{1}{2} \omega_R^2 Q_j^2 - a_{21} Q_{IR}^2 Q_j - a_{22} Q_{IR}^2 Q_j^2$$

As noted in the text, when the directly driven infrared mode is of B_{1u} symmetry, third order coupling is nonzero only to modes of A_g symmetry. However, coupling to any mode Q_j is allowed through $Q^2 Q^2$ coupling, in particular to in-plane B_g modes.

Note first that small amplitude B_{1u} excitations would simply renormalize the frequency of a second mode Q_j . This can directly be deduced from the equation of motion, where the driving force is given by the coupling term $a_{22} Q_{IR}^2 Q_j$, which is linear in Q_j .

$$\ddot{Q}_j + 2\gamma_j Q_j \dot{Q}_j + \omega_j^2 Q_j = 2a_{22} Q_{IR}^2 Q_j$$

Upon Q_{IR} displacement, the anharmonically coupled mode experiences a renormalization of its frequency $\omega_j' = \omega_j \sqrt{1 - 2a_{22} Q_{IR}^2 / \mu_j}$.

However, above a threshold-amplitude Q_{IR}^* , the frequency of the second mode Q_j becomes imaginary³ and the lattice becomes unstable. Importantly, such instability can take place in two directions, depending on the *random* instantaneous state of the system (mode amplitude Q_j and its velocity dQ_j/dt). This manifests in a change from a parabolic to a double well energy potential as shown in the Extended Data Figure 1.

Hence, fourth order effects need to be identified by analyzing the diffraction of each individual x-ray pulse, whereas the unsorted average is expected to be zero even if quartic

coupling is sizeable. In the experiment, we sorted all positive and negative deviations from the average signal of all shots to obtain the Q^2Q^2 response at a specific time delay. Averaging them separately and subtracting negative from positive deviations then gives the intensity changes from Q^2Q^2 only.

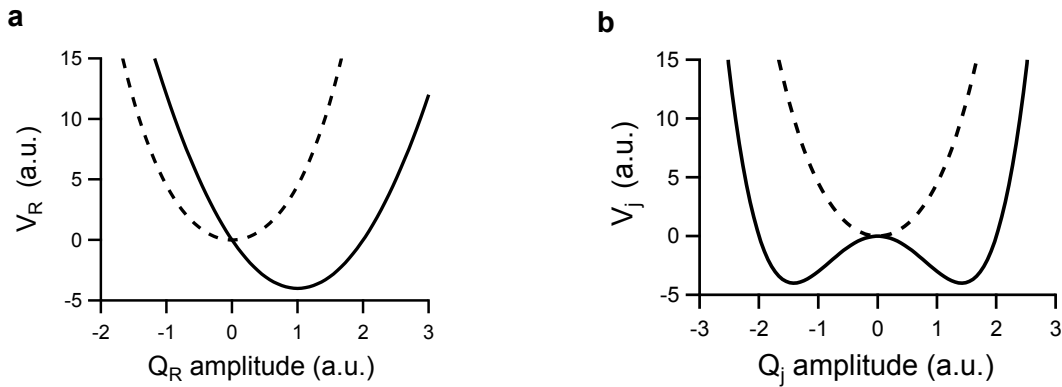
Time-resolved x-ray diffraction was measured for four Bragg reflections, sensitive to A_g and to B_{2g} displacements. The results of these experiments are shown in Extended Data Figure 2.

Within our resolution, we find no evidence of quartic contributions. The amplitude of the infrared motion is below the threshold beyond which fourth order coupling induces lattice displacements.

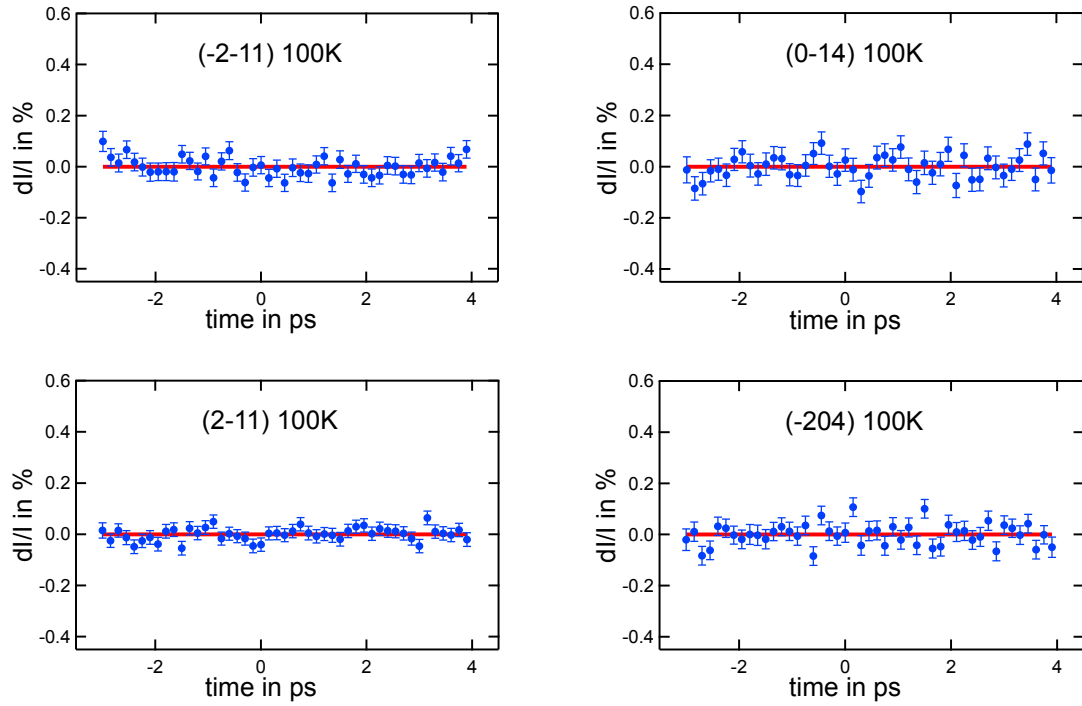
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Extended Data Figure and Table Legends

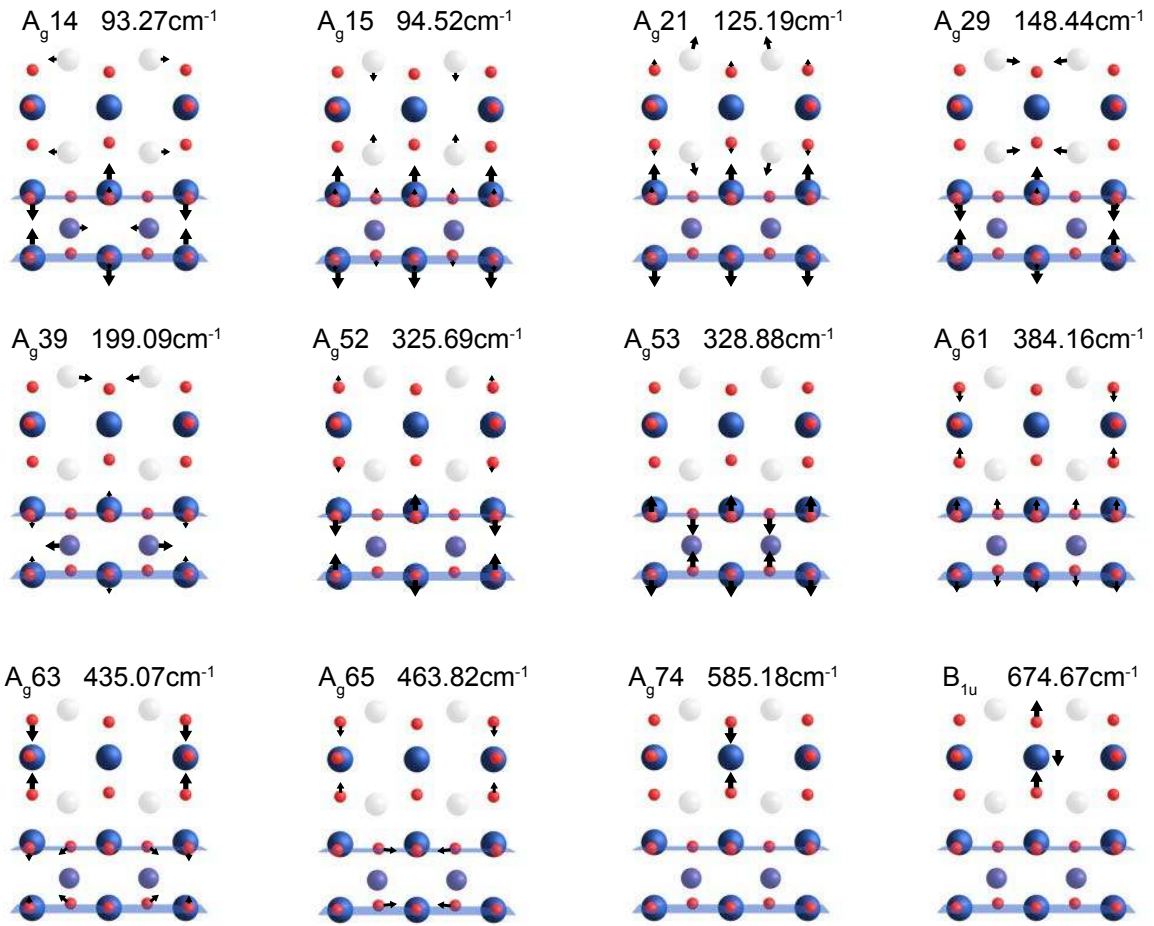


Extended Data Figure 1 | Nonlinear lattice dynamics in the limit of cubic and quartic coupling. Dashed lines: Potential energy of a mode Q as a function of mode amplitude. **a)** A static distortion Q_{IR}^* shifts the potential of all modes Q_R that are coupled through a $Q_{IR}^2 Q_R$ coupling, (solid line) displacing the equilibrium position towards a new minimum. **b)** Due to quartic $Q_{IR}^2 Q_j^2$ coupling, the energy potential of a coupled mode Q_j is deformed symmetrically upon static distortion Q_{IR}^* . The frequency of the mode first softens until it is destabilized, which manifests in a double well potential (solid line).

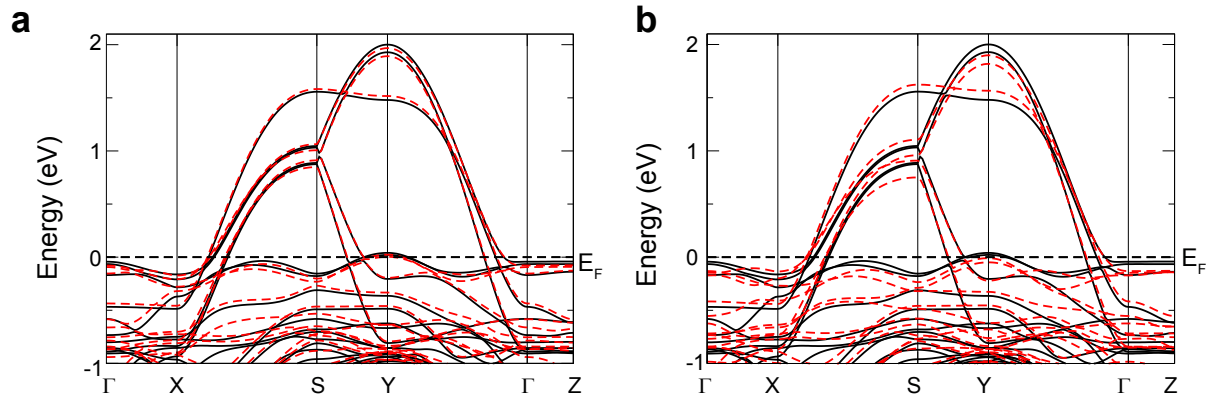


Extended Data Figure 2 | Changes in diffracted intensity of specific Bragg reflections from fourth order coupling for different time delays between pump and probe pulse.

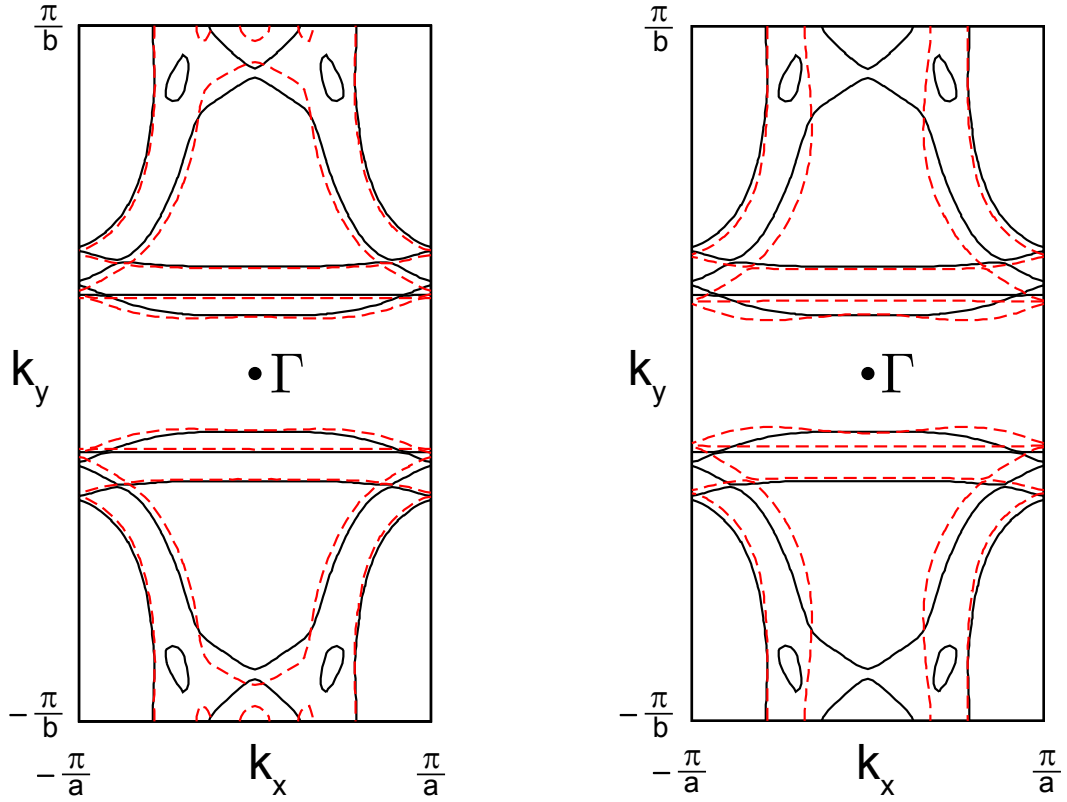
We find no evidence of lattice distortions originating from fourth order contributions to the phonon coupling. The amplitude of the infrared mode Q_{IR} is below the threshold beyond which fourth order effects destabilize coupled phonon modes. The error bars are extracted from the measurements as $1-\sigma$ (67%) confidence interval.



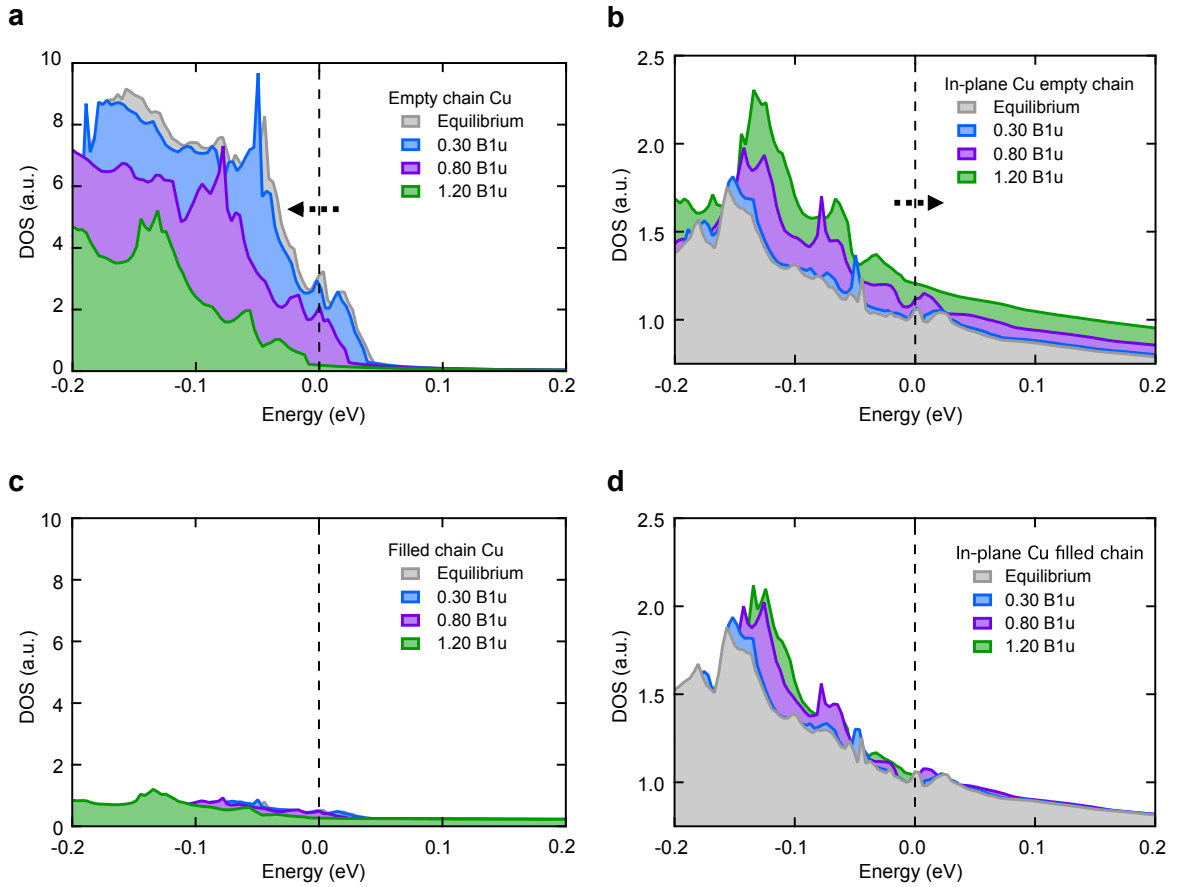
Extended Data Figure 3 | Phonon modes of Ortho-II $\text{YBa}_2\text{Cu}_3\text{O}_{6.5}$. Shown are sketches of the resonantly excited B_{1u} mode and all 11 A_g modes to which the coupling strengths (reported in Extended Data Table1) have been calculated.



Extended Data Figure 4 | Band structure of the equilibrium (black line) and transient crystal structure. The band structure is plotted along $\Gamma(0,0,0) \rightarrow X(0.5,0,0) \rightarrow S(0.5,0.5,0) \rightarrow Y(0,0.5,0) \rightarrow \Gamma(0,0,0) \rightarrow Z(0,0,0.5)$ **a)** for $0.8 \text{ \AA}\sqrt{u}$, which is the amplitude estimated for the geometry of reference 10 and 11 and **b)** $1.2 \text{ \AA}\sqrt{u} B_{1u}$.



Extended Data Figure 5 | $k_z=0$ cut of the Fermi surface of the equilibrium (black line) and transient crystal structure (red dashed line). In the equilibrium structure, the bands of the unfilled chain Cu give rise to pockets in the Fermi surface. The light induced displacements shift the density of states of these bands to lower energies, increasing the filling and reducing the pockets. Above a threshold of $0.8 \text{ \AA}\sqrt{u}$, the oxygen deficient chain bands become fully filled, the pockets close and the Fermi surface consists solely of two-dimensional planar Cu and one-dimensional filled chain states. The Fermi surface is shown in the displaced state for **a)** $0.8 \text{ \AA}\sqrt{u}$ and **b)** $1.2 \text{ \AA}\sqrt{u}$ B_{1u} amplitude.



Extended Data Figure 6 | Changes in the density of states in the CuO_2 plane and the Cu-O chains. These are obtained from a projection of the density of states onto the copper muffin-tin spheres. **a, b**, In the light-induced state, the density of states of the O-deficient chain lowers in energy (**a**), whereas the opposite effect is observed for the Cu in the plane below (**b**). This corresponds to charge transfer from the planes to the chains. **c, d**, The density of states of the filled chain Cu is not strongly affected (**c**). The bands of the planar Cu atoms narrow, which leads to an increase in the density of states near the Fermi level both at sites with filled (**d**) and empty chains (**b**). The effect is already visible for a Q_{B1u} amplitude of $0.3 \text{ \AA}\sqrt{u}$ (blue) but becomes more prominent for larger displacements of $0.8 \text{ \AA}\sqrt{u}$ (purple) and $1.2 \text{ \AA}\sqrt{u}$ (green).

Mode	Displacement ($\text{\AA}\sqrt{u}$)
Ag14	-0.002
Ag15	0.031
Ag21	-0.038
Ag29	-0.023
Ag39	0.000
Ag52	0.007
Ag53	0.000
Ag61	-0.007
Ag63	0.007
Ag65	-0.001
Ag74	0.020

Extended Data Table 1 | Mode displacements ($\text{\AA}\sqrt{u}$) Energy potential minima of the A_g modes as obtained from DFT calculations for a frozen displacement of the B_{1u} mode of $0.14 \text{\AA}\sqrt{u}$, which corresponds to a change in apical oxygen–copper distance of 2.2pm.

Atom	Equilibrium Structure (Å)			Displacements (pm) 0.3Å \sqrt{u}			Displacements (pm) 0.8Å \sqrt{u}			Displacements (pm) 1.2Å \sqrt{u}		
	x	y	z	x	y	z	x	y	z	x	y	z
Y	1.922	1.936	5.863	0.111	0.000	0.000	0.769	0.000	0.000	1.835	0.000	0.000
Y	5.737	1.936	5.863	-0.111	0.000	0.000	-0.769	0.000	0.000	-1.835	0.000	0.000
Ba	1.861	1.936	2.224	0.159	0.000	0.027	0.142	0.000	0.040	0.167	0.000	0.227
Ba	5.797	1.936	9.501	-0.159	0.000	-0.027	-0.142	0.000	-0.040	-0.167	0.000	-0.227
Ba	1.861	1.936	9.501	0.159	0.000	-0.027	0.142	0.000	-0.040	0.167	0.000	-0.227
Ba	5.797	1.936	2.224	-0.159	0.000	0.027	-0.142	0.000	0.040	-0.167	0.000	0.227
Cu	0.000	0.000	0.000	0.000	0.000	0.000	0.000	0.000	0.000	0.000	0.000	0.000
Cu	3.829	0.000	0.000	0.000	0.000	0.000	0.000	0.000	0.000	0.000	0.000	0.000
Cu	0.000	0.000	4.227	0.000	0.000	-0.376	0.000	0.000	-0.799	0.000	0.000	-1.659
Cu	0.000	0.000	7.498	0.000	0.000	0.376	0.000	0.000	0.799	0.000	0.000	1.659
Cu	3.829	0.000	4.231	0.000	0.000	-1.032	0.000	0.000	-4.999	0.000	0.000	-11.451
Cu	3.829	0.000	7.494	0.000	0.000	1.032	0.000	0.000	4.999	0.000	0.000	11.451
O	0.000	1.936	0.000	0.000	0.000	0.000	0.000	0.000	0.000	0.000	0.000	0.000
O	1.915	0.000	4.443	-0.055	0.000	0.066	-0.233	0.000	0.293	-1.024	0.000	1.144
O	5.743	0.000	7.282	0.055	0.000	-0.066	0.233	0.000	-0.293	1.024	0.000	-1.144
O	1.915	0.000	7.282	-0.055	0.000	-0.066	-0.233	0.000	-0.293	-1.024	0.000	-1.144
O	5.743	0.000	4.443	0.055	0.000	0.066	0.233	0.000	0.293	1.024	0.000	1.144
O	0.000	1.936	4.431	0.000	0.000	-0.015	0.000	0.000	-0.076	0.000	0.000	0.215
O	0.000	1.936	7.294	0.000	0.000	0.015	0.000	0.000	0.076	0.000	0.000	-0.215
O	3.829	1.936	4.440	0.000	0.000	0.127	0.000	0.000	0.490	0.000	0.000	1.690
O	3.829	1.936	7.285	0.000	0.000	-0.127	0.000	0.000	-0.490	0.000	0.000	-1.690
O	0.000	0.000	1.857	0.000	0.000	-0.057	0.000	0.000	0.199	0.000	0.000	-0.382
O	0.000	0.000	9.868	0.000	0.000	0.057	0.000	0.000	-0.199	0.000	0.000	0.382
O	3.829	0.000	1.758	0.000	0.000	1.335	0.000	0.000	7.355	0.000	0.000	12.342
O	3.829	0.000	9.967	0.000	0.000	-1.335	0.000	0.000	-7.355	0.000	0.000	-12.342

Extended Data Table 2 | Equilibrium structure of YBa₂Cu₃O_{6.5} and light induced displacements. Atomic positions are given in Ångström (x,y,z), the light-induced atomic displacements in pm.