
Urban water consumption in water-stressed areas of the developed world: an examination of multiple interrelated variables

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Abstract: The developed world has witnessed significant land changes since the second half of the 20th century. These include a process of intensive urban development, which is also accompanied by the growth in the urban population and housing. One of the outcomes of this process has been an increase in the consumption of resources, including water. The aim of this paper is to identify and analyse the factors affecting water consumption and the areas studied in water-stressed regions of the developed world. A literature review of territorial studies examining the factors that affect urban water consumption in these areas was conducted methodologically. The results reveal that: a) a significant number of papers have been written on water consumption factors in areas where there is substantial urban growth; and b) North America and Australia, have been compared to the rest of the developed world (especially Southern Europe), recently (since 2000s) due to the expansion of the low-density urbanism in the last few years.

Keywords: water; urban; factors; consumption; water-stressed areas; developed world.

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1 Introduction

There have been significant territorial changes in the developed world since the second half of the twentieth century (Nazari et al., 2013). These include a process of intensive urban development, accompanied by a considerable increase in the urban population and housing (Membrado, 2015). In 2000, the United Nations Development Programme estimated that 55% of the world's population would be city dwellers by the year 2015, but more than half of the world population live in urban areas in 2017. These changes have been most obvious in the USA (Fernández and Barrado, 2011; House-Peters and Chang, 2011; Chen et al., 2015), Australia (Troy and sHolloway, 2004; Hurd, 2006) and the developed Mediterranean countries such as Italy (Salvati and Sabbi, 2011), France or Spain (Burriel, 2009; Morote and Hernández, 2016a).

It is estimated that by 2050, water consumption will have increased by 44% in order to meet the demands of industry and the population (Fundación Aquae, 2015). However, there is considerable empirical evidence that suggests that the demand for water has dropped in recent decades in most of the large urban agglomerations in developed countries (Deoreo and Mayer, 2012; Gil et al., 2015; Morote et al., 2016a).

It is therefore necessary to gain more insight into the factors affecting domestic water consumption and their interrelationships. Studies on water conservation and especially those on urban water conservation in the developed world (Inman and Jeffrey, 2006) have mostly focused on certain areas of North America (House-Peters and Chang, 2011) and Australia (Llausàs and Saurí, 2016). These studies assume that low-density urbanism and high outdoor water uses are prevalent realities of these cities. By examining other environmental settings, a wider variety of factors influencing water conservation practices can be assessed more comprehensively. Most notably, the important influence of different community models of water consumption and the potential of urban and regional planning for water conservation have to be put at the forefront of research and practices on this topic (Saurí, 2013). This is of vital importance in terms of planning future water demand scenarios, taking into account continued urban population growth, episodes of water stress, drought events and the impact of the climate change on the availability of water resources, among other issues (Intergovernmental Panel on Climate Change, 2014; Chang et al., 2014). Various aspects of the factors affecting levels of demand for water resources have become priority research topics in recent decades, especially in water-stressed areas that have experienced particularly intensive urban

development processes (Hernández et al., 2014). The relationships between these factors must be analysed along with the changes in them in recent decades.

As factors affecting levels of demand for water resources have become priority present-day research topics, the hypothesis of this research work is to determine whether those factors in space are related (that it is to say, if there are differences between Anglo-Saxon areas and Mediterranean Europe) in time, and why, focusing on evidence that suggests that the demand for water has dropped in the last few decades in the majority of the large urban agglomerations in developed countries. The factors that are considered are: social-demographic, household characteristics and the urban model, political-economic, psychological and climatic factors. These factors are chosen because they are associated with the categories identified by the scientific literature that analyses relationships between urbanisation and water consumption.

The general aim of this research work is to identify territorial studies exploring the factors that influence urban water consumption in the developed world and particularly in water-stressed areas where substantial urban development has been recorded. Developed countries are identified according to the International Monetary Fund (see <http://www.imf.org/external/country/index.htm>), that defines them as being 'advanced economies'. Although it analyses territorial papers related to water consumption factors in water-stressed areas of the developed world, urbanisation has been growing faster in some parts of the underdeveloped world (Africa or Asia) than in the developed world. This area of study is justified by the factors that explain why urbanisation processes are different in the developed and the underdeveloped world. Firstly it is related to the diffusion of urban sprawl and outdoor uses. Secondly there is an intense process of migration from the countryside to urban areas due to the structural crisis affecting the latter and the proliferation of unplanned informal urban settlements. These diverse processes determine different incidences in water consumption related to uneven distribution and access to clean drinking water, a distorted distribution network and sewage system, etc. in African, Asian or Latin American cities.

These different processes determine different incidences in water consumption. Moreover, 'water-stressed areas' such the regions where the demand for water is higher than the water resources available were identified and not only with regard to arid or semi-arid areas. A physical factor associated with the lack of rainfall through aridity must be understood. In view of this more physical concept (aridity), the water shortage term or that of water-stressed areas incorporated elements associated with the use of the water (anthropic factor). The shortage represents a deficit situation in relation to water demands in a resource system, which is characterised by an arid climate or by a fast growing water demand. The water shortage is a situation in which the water available is not enough to meet the demand. The specific objectives of this paper focus on identifying these potential differences and what factors actually produce them. These issues could be the new main contribution to this research work, especially the change in the water consumption trend over the last few years.

The paper is structured as follows. A brief introduction explaining the increase in the demand for urban water consumption in the developed world, the interest of this research work in water-stressed areas and the objectives, followed by a description of the methodology. Then, the results of a review of the literature on the various factors that influence water consumption are presented with particular attention being paid to the differences between land areas subjected to water stress and the factors that explain the

drop in consumption. These results are organised according to three key elements: the different lines of research, the authors and the study areas. This is followed by discussions and the conclusions of the results drawn from this study.

2 Methodology

The research methodology consisted in a literature review (since the 1980s) of the territorial studies that examine the factors affecting urban water consumption in the developed world and particularly in water-stressed areas. To this end, a literature search was organised using databases such as 'Scimago' and the 'Web of Science Core Collection'. The search terms selected were keywords related to the factors that influence water consumption, namely water, consumption, factors, urban development, demand, water supply, water footprint, tourism, gardens and swimming pools, water-stressed areas, Australia, USA and Mediterranean Europe. A filter was applied to the results obtained in this first phase (1,843 studies) to eliminate references that concerned water, but did not focus on an analysis of the factors influencing consumption. Consequently, studies that examined issues related to water quality or the consumption for agricultural purposes were excluded.

Secondly, the 'State of the art' publications written previously on factors affecting urban water consumption in the developed world were also identified (Hurlimann et al., 2009; House-Peters and Chang, 2011; Saurí, 2013; Llausàs and Saurí, 2016). This helped show how these factors and their interrelationships have been treated by the scientific community in former papers and also how to focus on our specific objectives (show differences between water-stressed areas). Thus, the aim of this research work is not to compile the largest possible number of studies on the subject matter of water demand and consumption, but rather to select the most representative work on factors affecting consumption that have had an impact on the subsequent research and to highlight the differences between different territorial areas and the factors that explain the changing trends in water consumption. The purpose (territorial effects on water demands) was one of the lenses used to filter references. Having identified these references, another lens was applied: innovation in theory and arguments in line with prevailing ideas when the factor analysed has been perceived by the scientific community as being predominant.

Finally, a total of 111 studies were analysed (including articles, books and book chapters). With the items obtained, they were then classified according to the factors analysed and locations studied. In a second phase, several features associated with these factors were identified and particular attention was paid to possible differences pinpointed by analysing these factors according to territorial areas. Thirdly, an attempt was made to identify:

- a the causes behind that different treatment
- b the relationships between lines of research
- c possible physical, ecological and socioeconomic characteristics that explain the interest in each factor.

Fourthly, the changes in the factors identified and their relationships with the empirical evidence suggest that the demand for water has dropped in recent decades in the majority of the large urban agglomerations in developed countries.

Once the information had been extracted, the results of the literature search about the main factors affecting urban water consumption were grouped together in five thematic areas:

- 1 social-demographic analysis
- 2 housing characteristics and the urban model
- 3 political-economic
- 4 psychological
- 5 climatic factors

Nonetheless, as a result of the subjects analysed, some studies and authors highlighted an overlap between thematic groups. In such cases, these were included in all relevant groups. Furthermore, not all the studies identified are examined in depth here seeing as this would have prolonged the research work considerably, as well as going outside the scope of this article.

3 Results

To present the results of this territorial literature review on the factors that influence urban water consumption, the information obtained has been divided into different thematic groups related to the factors that influence urban water consumption in the developed world and particularly in water-stressed areas (social-demographic factors, housing characteristics and urban models, political-economic factors, psychological and climatic factors) and specific features that explain the drop in consumption. These factors will be simply analysed consecutively, even though interrelationships between some of them are obvious.

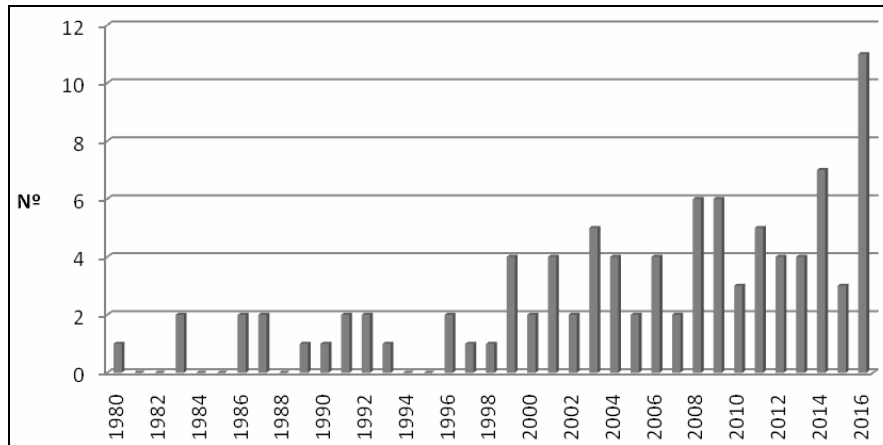
3.1 Water consumption and social-demographic factors

The impact of socio-demographic factors on water consumption has been the subject of extensive research in many areas of the world for a long time. The studies reviewed here focused on how the number of people per household, age and the origin of residents have had an influence. The main study areas were in the USA, more specifically in the states of Arizona (Tucson and Phoenix) and Texas (San Antonio), and Australia (cities of Adelaide and Sydney). The reason why these areas are prominent is that there has been significant population growth associated with economic dynamics, and because their urban population is very high in relation to the total state population. In turn, an analysis of this factor pinpointed a pronounced relationship with the climate and urban model, with a predominance of low-density urbanism (Figure 1).

Studies that established a link between water consumption and the number of people per household, for example the study carried out in the USA by Mitchell (2001), found that a decline in the number of household residents has not resulted in decreased water consumption. However, consumption has increased due to the rising number of single occupancy homes. The effect of this process is that some water uses, such as water for washing kitchenware or clothes, or for external elements of the house (gardens and

swimming pools), are no longer shared as they were formerly. For example, in homes occupied by families with 3 or more members as it was shown in Madrid, Spain (Cubillo et al., 2008).

Figure 1 Evolution of number of studies about water consumption factors



Source: Authors

A second socio-demographic factor associated with water consumption is the age of the residents. Nauges and Thomas (2000) and Troy et al., (2005) conducted studies in France and Australia, respectively, and found that average water consumption was higher in young people's homes than in pensioners' households. They attributed this to a higher frequency of daily personal hygiene (showers) and the increased consumption of water for external, recreational uses, usually associated with the presence of children. In the case of Spain, Albiol and Agulló (2014) and Morote et al., (2016b) observed that one of the reasons behind the reduction in domestic water consumption along the Mediterranean coast was the presence of an ageing population and the loss of younger population cohorts due to migration prompted by the economic crisis that erupted in 2007. They reported that a person aged 65 or more consumes 25% less water than the previous population segment (18 to 64 years). Numerous studies have reported the same findings (less water consumption in houses where seniors live), such as those conducted by Gregory and Di Leo (2003) in Shoalhaven (New South Wales, Australia).

The third factor analysed is the relationship between domestic water consumption and the origin of residents. As with the previous variable, an analysis of the literature revealed a diversity of opinions due to the numerous factors that influence these criteria, including the type of emigration (i.e., economic or the so-called climate residents), the level of education, and water-related activities associated with cultural or religious practices. In their studies of the state of Texas (USA), Griffin and Chang (1990) and Gaudin et al., (2001) observed that water consumption is higher in households with Latin American residents because these homes have a higher number of occupants with a low level of studies and income and little environmental awareness. In contrast, Nauges and Reynaud (2001) conducted a study in the Departments of the Moselle and the Gironde (France) and concluded that immigrants from developing countries were characterised by more austere water consumption. March et al. (2012) showed similar results in the study

conducted in Barcelona (Spain) where water consumption is lower in neighbourhoods where economic immigrants live. Nevertheless, this behaviour and trend could change. A study conducted in the city of San Antonio (Texas, USA), De Oliver (1999) found that after a series of environmental awareness campaigns, the results obtained in terms of the acceptance and adoption of water saving measures differed from one ethnic group to another.

Table 1 Studies about water consumption and social-demographic factors

<i>Year</i>	<i>Country</i>	<i>Variables</i>	<i>Authors</i>
1990	USA	Origin of residents	Griffin and Chang
1992	USA	Age of residents	Lyman
2000	France	Age of residents	Nauges and Thomas
2001	USA	Origin of residents	Gaudin et al.
2001	USA	Number of people per household	Mitchell
2001	France	Origin of residents	Nauges and Reynaud
2003	Australia	Age of residents	Gregory and Di Leo
2005	Australia	Age of residents	Troy et al.
2006	Australia	Urban model	Hurd
2007	USA	Origin of residents	Wentz and Gober
2010	USA	Urban model	Chang et al.
2012	Spain	Level of household income	March et al.
2014	Spain	Age of residents	Albiol and Agulló
2014	Spain	Origin of residents	Morote and Hernández
		Place attachment of the residents	
2015	Spain	Age of residents	Gil et al.
2016b	Spain	Age of residents	Morote et al.
		Level of household income	
		Number of people per household	

Source: Authors

3.2 *Water consumption, household characteristics and the urban model*

The relationship between water consumption and urban development has been studied from many perspectives (e.g., geography, urban planning and economics) and numerous factors have also been analysed. Some studies have associated consumption with housing characteristics (e.g., age, number of rooms or bathrooms and plot size) whereas others have examined the influence of urban typologies and external elements of the houses (gardens and swimming pools) (Morote et al., 2016a).

The former analysed housing characteristics such as plot size, the location of the property in relation to the various districts consisting of a city or ownership (owner-occupied or rented). Numerous studies have reported that water consumption increases the bigger the housing plot size (Plint, 1999; Troy and Holloway, 2004) in owner-occupied property (Gardener and Stern, 1996) and in housing located in medium and high income areas (Troy and Holloway, 2004). Troy and Holloway (2004) analysed water consumption patterns for different types of housing in the city of Adelaide

(Australia) and found that this variation was related to different types of residential housing (single-family homes, terraced houses, apartments, etc.). They concluded that acquiring knowledge of these consumption patterns at a local level would enable planners and public administrators to promote the adoption of environmental policies and specific initiatives aimed at reducing water consumption.

Table 2 Studies about water consumption, household characteristics and urban model

<i>Year</i>	<i>Country</i>	<i>Variables</i>	<i>Authors</i>
1980	USA	Housing characteristics	Syme et al.
1986	USA	Housing characteristics	Chicoine and Ramamurthy
1989	USA	Housing characteristics	Nieswiadomy and Molina
1990–1991	Australia	Gardens and pools	Syme et al.,
1996	USA	Housing characteristics	Gardener and Stern
1996	Australia	Housing characteristics	Barkatullah
1997	Australia	Housing characteristics	Dandy et al.
1998	Australia	Gardens and pools	Renwick and Archibald
1999	USA	Gardens and pools	Mayer et al.
1999	USA	Housing characteristics	Plint
1999	UK	Gardens and pools	Swyngedouw
2000	USA	Domestic household uses Gardens and pools	Emrath
2000	France	Housing characteristics	Nauges and Thomas
2003	Spain	Gardens and pools	Domene and Saurí
2003	Australia	Gardens and pools	Loh and Coghlan
2004	Spain	Urban model	Domene et al.
2004	Australia	Gardens and pools	Syme et al.
2004	Australia	Housing characteristics	Troy and Holloway
2005	Spain	Gardens and pools	Domene et al.
2005	Australia	Gardens and pools	Troy et al.
2006	Spain	Urban model	Domene and Saurí
2006	Australia	Urban model	Hurd
2006	USA	Urban model	Larsen and Harlan
2007	Spain	Urban model	Rico
2007	USA	Gardens and pools	Wentz and Gober
2008	USA	Gardens and pools	Chestnutt et al.
2008	Australia	Urban model Environmental perception of the residents	Randolph and Troy
2009	USA	Urban model	Harlan et al.
2009	USA	Gardens and pools	Larson et al.

Source: Authors

Table 2 Studies about water consumption, household characteristics and urban model (continued)

Year	Country	Variables	Authors
2011	Spain	Gardens and pools	Fernández et al.
2011	Spain	Gardens and pools	Hof and Schmitt
2011	Italy	Urban model	Salvati and Sabbi
2011	Spain	Gardens and pools	Vidal et al.
2012	USA	Domestic household uses	Deoreo and Mayer
2013	Spain	Urban model	García Acosta
2013	Spain	Urban model	García et al.
2013	Spain	Gardens and pools	Wolf and Hof
2014	Spain	Domestic household uses	Albiol and Agulló
2014	Spain	Gardens and pools	García Acosta
2014	Spain	Urban model Gardens and pools	Hernández et al.
2015	Spain	Urban model Gardens and pools	Gil et al.
2015	Italy	Gardens and pools	Salvati et al.
2016a	Spain	Urban model	Morote and Hernández
2016c	Spain	Urban model Gardens and pools	Morote and Hernández
2016b	Spain	Urban model Gardens and pools	Morote and Hernández
2016a	Spain	Urban model Gardens and pools	Morote et al.
2016b	Spain	Urban model Gardens and pools	Morote et al.

Source: Authors

Studies on the age of housing include those conducted by Nieswiadomy and Molina (1989) in the USA and Nauges and Thomas (2000) in France. Their results showed that the older the housing, the higher the consumption of water, due to the increased obsolescence of plumbing systems and a higher incidence of leaks. Studies focusing on the number of rooms (Barkatullah, 1996; Dandy et al., 1997) in Australia and the number of bathrooms (Chicoine and Ramamurthy, 1986; Barkatullah, 1996) in the USA and Australia, respectively, indicate that water consumption increases the older the property and the higher the number of rooms and bathrooms. Similar results were obtained in a study conducted in Madrid, Spain (Cubillo et al., 2008).

Several studies have examined the water consumption generated by recent trends in internal uses. Emrath (2000) and Deoreo and Mayer (2012) analysed water consumption for internal uses in single-family homes in the USA. They found that domestic consumption had declined since 1995, and they predicted that this trend would continue as new water saving technologies were installed in increasingly more homes. They also highlighted the effect of the economic crisis, which has contributed to this drop in consumption since 2007.

The association between water consumption and the urban model, i.e., the impact of a given urban typology on water consumption, has attracted increasingly more attention since mid-2005. Studies carried out by Troy et al., (2005) and Randolph and Troy (2008), both conducted in Australia could be cited. The latter was carried out in Sydney and it examined trends in domestic water consumption. The authors analysed the data provided by owner occupants concerning the following aspects: urban typology, the owner's socio-cultural profile and the owner's behaviour in terms of water use and the measures taken to reduce water consumption. In Spain, similar studies have been carried out in the Metropolitan Area of Barcelona (Domene and Saurí, 2006), Girona (García, 2013; García et al., 2013) and in the province of Alicante (Rico, 2007; Gil et al., 2015; Morote et al., 2016b).

A fourth approach was to examine the influence of external elements of the house (gardens and swimming pools) on water consumption. Research on swimming pools includes studies by Mayer et al. (1999) and Went and Gober (2007) in the USA, Syme et al., (1990-1991) in Australia and Salvati et al. (2015) in Italy. In Spain, studies focus on the Mediterranean coast: Wolf and Hof (2013) in the Balearic Islands, Vidal et al. (2011) in the Metropolitan Area of Barcelona and Morote et al. (2016a) in Alicante. The remarkable residential expansion recorded since the mid-nineties and the increase in the urban sprawl explains why it has got so much attention from the scientific community. Wentz and Gober (2007), for example, studied factors influencing domestic water consumption in housing developments in Arizona (USA), paying special attention to outdoor uses (mainly swimming pools). In the case of Alicante (Spain), Morote et al. (2016a) counted a total of 22,407 pools in only nine towns and they estimated an average water consumption of 105 m³/year per pool and a percentage in some villages of 20% of the total local water consumption for these amenities.

However, the impact of gardens on domestic water consumption has got more research attention, largely due to the high volume of water consumed by these outdoor areas associated with the boom of suburban style housing and large lawns and yards in the post war period. A good example of this research is an Australian study by Hurd (2006) who analysed the role of the 'Atlantic gardens' (with a high presence of lawns) in increased water consumption. The research concluded that more than 50% of the total water consumed in a home was used to water the garden and that the typology of the garden was influenced by the price of water and the occupants' educational level. Emrath (2000) estimated the average consumption per house and day in various US and Canadian cities for the year 2000. The result was 1.548 l/house/day, of which 874.5 litres were for uses outside the home (56.45%). In Spain, several studies have been conducted in the Mediterranean region (Domene and Saurí, 2003; Domene et al., 2005; Fernández et al., 2011; García Acosta, 2014; Hof and Schmitt, 2011; Morote and Hernández, 2014).

Further research on the interrelationship between water consumption and gardens includes studies on the impact of vegetation on water consumption (Larsen and Harlan, 2006; Larson et al., 2009), focusing especially on grass (Renwick and Archibald, 1998; Swyngedouw, 1999; Morote and Hernández, 2016b) as the dominant feature in many types of gardens, not only in Atlantic-type gardens. Another sub-theme concerns supply sources (Loh and Coghlan, 2003) and irrigation systems (Syme et al., 2004; Chestnutt et al., 2008). The first studied the use of irrigation systems (leak detection and repair programmes, recycling water, etc.), it analyses their costs and benefits as well as the improvements over time.

Numerous studies have also related external water consumption to socio-demographic factors and more specifically age and area of origin. With regard to age, some studies have shown that more water is consumed in pensioner-occupied homes with gardens, due to the higher frequency of watering (Lyman, 1992). This was attributed to the deeply rooted love of gardening in the English-speaking world (which is expanded upon and imitated in the rest of the world) and an increase in free time spent on this activity after retirement (Padullés et al., 2016). This element shows the interrelationships between various factors and sometimes the contradictions. According to socio-demographic factors at an older age, water consumption is lower. However, this argument does not apply when a second factor is included as it is in the urban model.

In terms of the area of origin, a study conducted in the city of Phoenix (Arizona, USA), Wentz and Gober (2007) found that immigrants settling in a territory generally create the type of garden that is common in their home countries. They attributed this to acquired knowledge and the pleasure associated with a traditional garden model: evidently, this affects the water consumption generated by the garden. For instance, when immigrants from countries with mild humid climates, where Atlantic-type gardens predominate (deciduous plants and large lawns), settle in hotter areas, the consumption of water for irrigation increases because such plants require more water than the native vegetation. In the case of Spain, for example, Morote and Hernández (2014; 2016b) found that the immigrant population from northern and central Europe ('climate immigrant) who had settled along the coast of Alicante initially adopted landscaping patterns that are typical of an Atlantic climate, with large lawns, but subsequently modified these to reduce water consumption generated by the garden. The results obtained from interviews indicated that when these climate migrants acquired a house, they would create an Atlantic-type of garden where lawns were the dominant feature. However, over the years, an increase in water prices together with the costs associated with garden maintenance and water scarcity prompted them to transform their Atlantic gardens into Mediterranean-style gardens.

3.3 Water consumption and political-economic factors

The third subject matter identified concerns about the relationship between water consumption and the political-economic factors. In this area, studies have focused on factors such as the level of household income, water prices and policies adopted to regulate water consumption. There is a long history of these studies in the English-speaking world (from the 1980s) and especially in the USA, where several studies on the states of Arizona and Colorado have been carried out. Later (from the mid-1990s), the attention of research turned to Mediterranean areas as a result of the pressure arising from the demand for water due to the population growth and urban and residential dynamics.

With regards to the level of household income, many studies have reported that water consumption increases as income rises (Harlan et al., 2009); this relationship is attributed to the existence of various elements that favour consumption and also convey their owners' purchasing power. These include external elements of the house with high water demands, such as gardens and swimming pools, and some studies have in turn associated gardens with an increased property value (Syme et al., 1980) and the social status of their owners. The relationship between purchasing power and the urban model is obvious. For

example, Morote et al. (2016a) explain that in Alicante (Spain) the presence of a pool in the house is one element that shows the ‘economic power’ of people who live in it.

Table 3 Studies about water consumption and political-economic factors

<i>Year</i>	<i>Country</i>	<i>Variables</i>	<i>Authors</i>
1987	USA	Level of household income	Hines et al.
1993	USA	Level of household income	Berk et al.
1998	Australia	Level of household income	Renwick and Archibald
1999	USA	Level of household income	De Oliver
2003	Europe	Water policies	Dalhuisen et al.
2009	Europe	Water policies	Dalhuisen et al.
2004	Spain	Level of household income	Domene et al.
2008	USA	Water policies	Worthington and Hoffman
2009	Europe	Water policies	Dalhuisen et al.
2010	France	Level of household income	Millock and Nauges
2012	Spain	Water policies	Sánchez García and Blanco Jiménez
2014	Spain	Level of household income Water prices	Albiol and Agulló
2015	Spain	Level of household income Water prices	Gil et al.
2016	Spain	Level of household income Water prices	March and Saurí

Source: Authors

In Portland (Oregon, USA) Chang et al. (2010) highlight the fact that there is a threshold income to identify the relationship between income and water consumption. They assessed the role of urban development patterns on water demand using GIS and statistical models to analyse single-family residential water consumption. They found that the residential water consumption per household in the census block group scale is best explained by the average size of the building, followed by building density and the age of the building, with low water consumption areas clustering together and typically located in high-density and older neighbourhoods. Accounting for spatial dependence among residuals explanatory variables clarify up to 87% of the variations in water consumption.

Furthermore, increased domestic water consumption has been associated with a higher number of domestic appliances (washing machines, dishwashers, etc.); i.e., the higher the purchasing power, the higher the number of these items at home. However, this latter thesis has been corroborated to some extent in more recent studies, where it has been argued that domestic appliances have improved considerably in terms of water use efficiency over the last decade or more. In their studies of the Spanish Mediterranean coast, Gil et al. (2015) concluded that the use of new and more efficient appliances is one of the factors responsible for the recent drop in domestic water consumption, as new technologies can produce up to 40–60% savings compared to earlier versions. However, market penetration is linked to the homeowners’ level of income, whereby a higher purchasing power implies a greater likelihood of using these technologies.

In contrast to the aforementioned, other authors have claimed that higher income households consume less water as a result of greater environmental awareness (Morote et al., 2016b; March and Saurí, 2016) and, more recently, there are more water-efficient appliances, which is an argument that has already been discussed in the previous paragraph. The presence of these items and how they are associated with the drop in consumption has been analysed in studies such as those conducted by Hines et al. (1987) and Berk et al. (1993) in Los Angeles and the Bay of San Francisco (California), respectively. In France, Millock and Nauges (2010) concluded that environmental attitudes and the condition of the property in question were also factors that influenced the purchase of water-efficient appliances. They found that higher income households were more likely to invest in such devices than their lower income counterparts. However, in a study carried out in San Antonio (USA), De Oliver (1999) obtained results on water efficiency that contradicted those of the aforesaid studies; it was found that higher income population groups consumed more water. Inman and Jeffrey (2006) and Hurlimann et al. (2009) synthesised the social science perspective, focusing on the impact of personal characteristics and behaviour on the effectiveness of demand-related water management and conservation tools in the developed world.

A homeowner's purchasing power is an indicator that requires more research as it provides a better insight into the social differentiation of space. Thus, in their study on the Spanish Mediterranean coast, Gil et al. (2015) suggested that one of the possible causes for the drop in domestic water consumption was a decline in income levels, especially among the middle classes, as a result of the economic crisis that erupted in 2007. In turn, this crisis has prompted the adoption of strategies or measures to cut back on consumption or even, in some cases, to fraudulently reduce or evade water bills.

The price of water has also been addressed in numerous studies (Morote et al., 2016b). Renwick and Archibald (1998) conducted a study in California and explain that an increase in water prices resulted in a drop in water consumption, especially among lower income households. Since consumption was associated with the homeowner's level of income, it was also related to factors such as the type and the construction quality of housing, the elements within the home that consumed water and the existence of external uses (swimming pools and gardens). Arbués et al. (2003) examined the combination of time series and cross-section data to form panel data sets and specified functional form by estimating price and income elasticity for domestic water demand. They concluded that the price of water, income and household composition are crucial determinants of residential consumption. However, water demand is inelastic in terms of price (a change in price does not affect water demand significantly).

Through a meta-regression analysis of the variation in price and income elasticity of residential water demand, Dalhuisen et al. (2003) highlighted the fact that the variation in estimated elasticity is most significantly associated with differences in the underlying tariff system. In an updated review, Worthington and Hoffman (2008) addressed the empirical problems that arise in the selection and specification of the econometric water demand models. The authors, who compared the price and income elasticity findings on the basis of tariff metering, price structure and billing, warned that a continuing fundamental limitation of the water demand modelling is due to the lack of data concerning households and their demands for water. Also Gil et al., (2015) identified the increasing price of water associated with the economic crisis as being one of the factors that explained the reduction in water consumption in the city of Alicante (Spain).

Lastly, some studies have focused on the economic policy instruments adopted to encourage sustainable water use. Dalhuisen et al. (2009) conducted a study on several European cities to analyse the water market for end users, focusing on the relevant characteristics of demand and supply, including market failures that warranted government intervention to regulate the market based on sustainability criteria. They analysed the potential of price instruments as well as the privatisation and liberalisation of the sector to encourage sustainable water consumption in urban areas. Their study was structured around a theoretical discussion of the principles of an optimal tariff system, consumer capacity to adapt to price changes, recouping social costs and the possibilities and desirability of changes in structural governance. In the case of Spain, Sánchez García and Blanco Jiménez (2012) have argued that water tariffs and prices are both used as tools to control consumption.

3.4 Water consumption and psychological factors

With regard to the psychological factors involved in water demand, studies in the USA (Arizona, New Mexico and Oregon) and Australia (cities of Sydney, Melbourne and Perth) predominated once again, in this case because of a long tradition in this line of research. Several aspects of this factor were considered, including studies that tried to associate water consumption with environmental psychology (environmental perception and awareness), social position and place attachment. Only very recently (from 2010) has research been regularly carried out on these factors by European researchers.

Among the noteworthy research work associating water consumption with the environmental perception is a study conducted by Jorgensen et al. (2009). These authors analysed the various factors that influence residents' perceptions, whereby particular attention is paid to the impact of neighbours' behaviour on their own water consumption. They argued that water consumption may increase when neighbours use water irresponsibly because the perception that others do not save water decreases motivation to adopt good water management practices. In turn, Aitken et al. (1991) studied the city of Melbourne (Australia) and found that household residents tended to consume the same volume of water as their neighbours. In another study of Australia, Askew and Mc Guirk (2004) tried to determine whether changes in individual attitudes or behaviours were the result of implementing practices in order to adapt to prevailing social norms in a particular area. Such changes can increase domestic water consumption, as they can affect the frequency and patterns of resource use, especially in gardens (García Acosta, 2012).

One of the main areas of research regarding environmental awareness concerns the various measures taken to save water. Flack and Greenberg (1987) organised interviews in seven communities in the northeast part of the state of Colorado (USA) to determine whether there was an association between environmental awareness and socioeconomic variables. Pro-environmental initiatives included water restrictions, limitations on the size of garden lawns and the installation of water saving elements and devices (Maddaus, 2001; Gaudin, 2006). In a study of the city of Sydney (Australia), Randolph and Troy (2008) found that water demand reduction strategies had been quite successful, but that domestic consumption remained high. These authors also analysed householders' attitudes to water consumption and observed that besides the psychological factors, water demand was also strongly linked to the type of housing and cultural and institutional aspects (March et al., 2015).

Table 4 Studies about water consumption and psychological factors

<i>Year</i>	<i>Country</i>	<i>Variables</i>	<i>Authors</i>
1983	USA	Social status of the residents	Geller et al.
1983	USA	Place attachment of the residents	Proshansky et al.
1987	USA	Environmental perception of the residents	Flack and Greenberg
1991	Australia	Environmental perception of the residents	Aitken et al.
2001	USA	Environmental perception of the residents	Maddaus
2004	Australia	Environmental perception of the residents	Askew and Mc Guirk
2004	Australia	Social status of the residents	Syme et al.
2006	USA	Environmental perception of the residents	Gaudin
1999	Italy	Place attachment of the residents	Bonaiuto et al.
2008	Australia	Environmental perception of the residents	Randolph and Troy
2009	Australia	Environmental perception of the residents	Jorgensen et al.
2012	Spain	Social status of the residents	García Acosta
2013	Spain	Social status of the residents	García et al.
2014	Spain	Environmental perception of the residents	March et al.
2014	Spain	Place attachment of the residents	Morote and Hernández
2015	Spain	Environmental perception of the residents	March et al.
2016	USA	Environmental perception of the residents	Straus et al.
2016	Spain	Environmental perception of the residents	March and Saurí

Source: Authors

In Portland (Oregon, USA), Straus et al. (2016) examined the underlying attitudinal and behavioural factors of summer water consumption by combining survey responses from households and the corresponding empirical water consumption data. They found that pro-conservation attitudes regarding water usage (even when monitoring property size and other demographic variables) were valuable predictors of the actual drop in summer water consumption. Furthermore, these self-reported attitudes appear to have a direct impact on specific water consumption behaviours identified in the survey, with a potentially significant impact in two of three key areas of water conservation strategies: landscaping, adapting conservation technology, but not habitual use.

The second sub-theme identified concerns the social status of residents, and more specifically, residents with a higher socioeconomic status. This factor determined the adoption of behaviours and practices that led to increased water consumption due to the existence of elements such as swimming pools, Jacuzzis and gardens with lush vegetation and number of domestic appliances. Syme et al. (2004) analysed water consumption for outdoor residential uses in the city of Perth (Australia). They concluded that a certain lifestyle can lead to an increase in water consumption, mainly for leisure and recreation elements located outside the house (gardens and swimming pools). As external elements, gardens are an easy way for owners to show off their social status, defined in terms of income level (García et al., 2013) to their neighbours. Furthermore, when it comes to socioeconomic status, other studies have argued that water can be saved by adopting practices and appliances that reduce consumption, associating the installation of these with their owners' purchasing power and with other homeowners copying this. However,

in one study conducted in the USA, Geller et al. (1983) reported that unlike the majority of findings and unlike what might be expected, the installation of these appliances resulted in an increase in water consumption. They found that the users' perceptions of conserving water led them to consume water more frequently for longer, a phenomenon referred to as 'offsetting behaviour' (García, 2012).

3.5 *Water consumption and climatic factors*

The last thematic area identified concerns the relationship between water consumption and weather conditions, and more specifically, the possible impact of temperatures and rain (Cabral et al., 2016). The general hypothesis is that water consumption increases as temperatures rise, and decreases as rainfall increases; more recently however, water consumption has also been linked to climate change (March et al., 2014). Gober (2010) claimed that urban areas located in arid regions are among those that are the most vulnerable to future water shortages, because climate change threatens to reduce supply and increase demand (ESPON-Climate, 2015).

Table 5 Studies about water consumption and climatic factors (temperature and rain)

<i>Year</i>	<i>Country</i>	<i>Authors</i>
1986	USA	Maidment and Miaou
1992	USA	Nieswiadomy
2002	USA	Timmins
2003	Australia	Loh and Coghlan
2010	USA	Gober
2011	USA	Darrel et al.
2013	Spain	Saurí et al.
2014	Spain	Albiol and Agulló
2014	USA	Breyer and Chang
2014	USA	Chang et al.
2015	Spain	Gil et al.
2016	Portugal	Cabral et al.
2016	Australia	Hemati et al.
2016c	Spain	Morote and Hernández
2016	USA	Straus et al.
2016	USA	Parandvash and Chang

Source: Authors

In the case of Australia, Loh and Coghlan (2003) observed that consumption increases in the summer due to a higher frequency of showers, washing and water used for external elements of the house. Numerous studies have analysed the impact of rainfall on water consumption; it should be noted however that many of them have also considered the effect of temperature (Nieswiadomy, 1992; Timmins, 2002; Darrel et al., 2011; Chang et al., 2014). There is an important interrelationship between these two factors, especially in semiarid climates where water consumption increases due to external elements of the house (gardens and swimming pools) as a result of losses associated with

evapotranspiration in gardens and the evaporation of the water surface in pools. Maidment and Miaou (1986) studied data on daily water use in several cities in the states of Florida and Texas (USA), and concluded that the association between water use and air temperature was similar in cities located in the centre of each state and between cities in Texas and Florida. They also reported that water consumption increased slightly when maximum temperatures ranged between 4 and 21°C, but that between 29 and 32°C it increased three to five fold per degree of temperature.

Breyer and Chang (2014) analysed the evolving response of daily water use to weather fluctuations (1981–2009) for two Portland-area municipal water providers. They report that temperature sensitivity, the response of water use to a temperature increase, generally declined for both water providers. They argue that a confluence of historical factors, including the 1992 drought, an aggressive (though uneven) demand management, changes to the building code and the on-going densification of urban and suburban areas have reduced per-capita water use and minimised the connection between water use and temperature. Modifying/diminishing the seasonality of water use is a major but often-overlooked component of urban climate change adaptation.

In the same area, Parandvash and Chang (2016) investigated the impact of long-term climate variability and the change per capita on water demand in urban and suburban service areas that have different degrees of development density. They used historical daily weather and water production data, socioeconomic data such as the population and unemployment rate to estimate daily water demand per capita. Without climate adaptation, compared to the historical period 1983–2012, per capita water demand is expected to increase by 10.6% in the 2035–2064 period in suburban areas, while the per capita demand is expected to increase by 4.8% under the same scenario in urban areas with climate adaptation. Their findings will affect future urban water resource management and land use planning in the context of climate variability and change. They concluded that water resource management and urban planning has to be integrated to prepare for climate adaptation in municipal water planning and management.

In the study on the city of Alicante (southeast of Spain), which has similar temperatures and rainfall conditions to the semiarid regions of Australia or the USA, Gil et al. (2015) used weather conditions as one of the variables to analyse water consumption trends. Only 11.40 mm of rainfall was recorded in autumn of 2013. The autumn was extremely dry but temperatures were lower than in 2012, this was associated with the predominance of areas of low pressure, without rain, heavy cloud cover and less sun. In short, although the autumn was very dry, with lower temperatures and less solar radiation than average values; this resulted in a drop in the consumption of water. They concluded that these conditions partially explain the decrease in the total local water supply between 2012 and 2013. This decrease was included in a negative trend along with other factors such as the economic crisis, the increase in water prices or the spread of more efficient water appliances.

In Melbourne (Australia), Hemati et al. (2016) evaluate the relative importance of the climatic and anthropogenic drivers of urban water demand (using wavelet-based approaches) and the relative contribution of various water saving strategies to demand a reduction in water use during the millennium drought. They concluded that the main dominant driver was urban water savings (69%), followed by a 'non-revenue' water reduction (29%) and potable substitution with alternative sources such as rain or recycled water (3%). Per capita consumption highlighted both climatic and anthropogenic

signatures, with rainfall and temperature accounting for approximately 55% of the variance. Anthropogenic controls were also strong (up to 45% of the variance explained). These controls were non-stationary and frequency-specific, there were conservation measures like outdoor water restrictions effecting seasonal water use and technological innovation/changing social norms that had an impact on lower frequency (baseline) use.

4 Discussions and conclusions

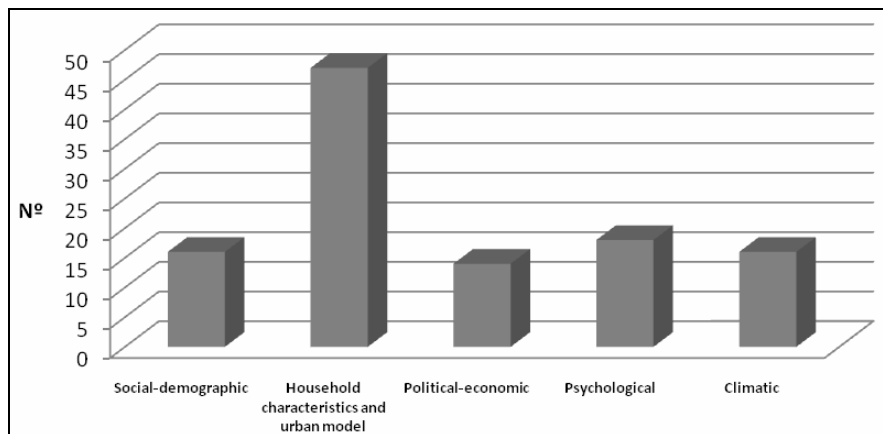
The developed world has been witness to significant land changes since the second half of the twentieth century. In general, these have affected urban conglomerations, which are also often characterised by a shortage of water resources. Examples of this include the USA (e.g., Arizona, Texas, California or Oregon), the semiarid regions of Australia and the European Mediterranean. These areas have experienced high urban growth and an increasing density of the urban population. Both processes have been associated with a rising demand for resources, including water. Consequently, water resources have become an extremely popular research topic in studies carried out since the 1980s from a variety of perspectives, including geography, sociology, economics and environmental studies.

These studies have found that domestic water consumption is primarily influenced by the urban model, and social-demographic, psychological and political-economic factors, as well as weather conditions. In some studies, these factors have been interrelated; for example, economic factors interact with social factors or with the urban model. Most of the studies identified focused on the English-speaking world, and especially on arid and semiarid regions of Australia or areas with a high water demand for domestic uses (USA). Not only are they areas with the largest number of studies, but this is also where they were carried out first (1980s). In these areas urban processes have been more intensive and extensive over the time, particularly with regards to the development of low density housing where gardens and swimming pools have become the main factors behind a higher water consumption. In this sense, the studies that are related to water consumption and the urban model are predominant at an early stage in Australia, USA and later on in Mediterranean Europe. These studies are focused on water consumption that is influenced by the type of housing. They analysed the percentage of total domestic water consumption that these outdoor areas represent. It is important to highlight the fact that these studies that are currently being carried out in Europe (since 2000s) are due to the low urban expansion in the last few years. In this respect, these outdoor elements are typical of this urban sprawl where gardens and pools stand for a high percentage of water consumption.

An analysis of the factors influencing water consumption has revealed that in recent decades distinct thematic areas have emerged, and above all, that various factors have to a greater or lesser degree influenced consumption trends. There is a clear predominance of studies that analyse the influence of household characteristics and the urban model (47/111) on the rest of the drivers (political-economic and social-demographic, physiological and climatic factors) (Figure 2). The results obtained in relation to the latest number of residents per household, age and origin of residents are of particular interest, where different studies have presented conflicting findings. These themes have been discussed since the beginning of the 1980s while household characteristics have been discussed mainly from the 1990s. These studies have mainly been carried out in the USA

and in secondly, in Australia. Some authors have argued that young people consume more water, while others have found that the water consumption level is higher among the retired population, especially if they have houses with gardens. Similar discrepancies are observed with economic variables (income level and the price of water), where authors report conflicting results and arguments. In general, these variables are analysed in the USA. Some studies have found that water consumption is lower in higher income households, and this has been attributed to the occupants having higher environmental awareness and there being a greater presence of water-efficient appliances. Others however have found that water consumption is higher in these households, due to the existence of more water-consuming elements (gardens with lawns and lush vegetation), and because a higher income can lead to more water resources being wasted.

Figure 2 Number of studies according water consumption factors



In the last few years studies have also been carried out in Europe that analyse the reasons why water consumption has decreased. Numerous studies associated with these results, have come up with possible reasons for this decrease that include:

- a Technological innovation associated with installing new water-efficient appliances as well as water saving devices at home (taps, bathroom fittings, etc.), which have become popular since the late 1990s (Albiol and Agulló, 2014).
- b Greater environmental awareness among the populace about saving water, thanks to more organised campaigns, especially in times of drought (March et al., 2015). Interesting results have been obtained in the studies about the reduction of water consumption in outdoor areas. It is important to explain that in recent years, the owners show greater environmental awareness and this is shown, for example, in the typology of their gardens, where native species that adapt better to the local environment are planted and require less water. This was confirmed in a study by Morote and Hernández (2014), who reported a change among immigrant garden owners from central and northern Europe to Mediterranean-type gardens that adapted better to the climate of the southeast Spanish coast.

- c The current economic crisis has led to a drastic fall in incomes and increased unemployment. One of the strategies used in response to this significant downturn has been to cut back on all domestic consumption, including water (Gil et al., 2015) especially among the middle classes.
- d Water rates and prices have increased at a time when family incomes have dwindled.
- e The efficiency of the water company supply networks has improved.
- f Drinking water has been replaced by non-conventional water sources (reclaimed water and rainwater) for water public and private gardens (in some residential areas) and street cleaning (Rico, 2007).
- g An ageing population. Albiol and Agulló (2014) observed that one of the reasons behind the drop in domestic water consumption along the Mediterranean coastline was the increase in the senior population and the loss of a younger population due to migration that was prompted by the economic crisis that erupted in 2007. They reported that a person aged 65 or more consumes 25% less water than the previous population segment (18 to 64 years).

Besides summarising research on the different factors influencing water consumption, the present literature review highlights the vital need to gain a better understanding of consumption patterns among the population and the factors that influence these practices in order to plan future water demand scenarios, especially in relation to drought events. This paper shows that more has been written on water consumption factors in areas where there is substantial urban growth. Besides, these areas are characterised by water scarcity. This is the reason why some authors focused their research work on studying the consequences of a growth in urban areas and to guarantee the supply of water for the population in developed countries. Thus, research in this area can contribute to the adoption of policies adapted to current social-economic and land realities, and as Chang et al. (2010) argue water resource planners and land-use planners should consider how to coordinate their respective efforts better to ensure the sustainability of urban water resources.

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