

REVIEW PAPER

Velocity and deformation imaging for the assessment of myocardial dysfunction

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Recent developments in echocardiographic imaging technology and processing enabled the quantification of myocardial motion and deformation in a clinical setting. Echocardiographic strain (-rate) imaging provides a relatively easy way to study myocardial deformation. However, although (local) deformation is clearly linked to cardiac (dys-) function, it is important to understand how this information can be used in clinical practice and how specific deformation patterns should be interpreted. This review paper first discusses which issues are important to address when assessing cardiac function and how (regional) deformation and myocardial contractility are related. The use and interpretation of deformation profiles is further illustrated for some typical cardiac pathologies. The observed deformation patterns are discussed in light of the changes in regional contractility (ischemia), timing of contractile force development (LBBB and heart failure), pressure/volume overload, and assessing diastolic function.

Introduction

Recent developments in echocardiographic imaging technology and processing enabled the quantification of myocardial motion and deformation in a clinical setting. Echocardiographic strain (-rate) imaging [either based on Doppler myocardial imaging (DMI)¹ or speckle tracking²] provides a relatively easy way to study myocardial deformation.

It has been shown, both in the early animal lab work based on microcrystal measurements, and more recently using the non-invasive image based methodologies, that analysing myocardial velocities and deformation, especially when combined with the response to a dobutamine challenge, enables the assessment of myocardial dysfunction in a wide range of cardiovascular pathologies (among which: coronary artery disease and stress echo;^{3–6} valvular diseases;^{7,8} hypertension;^{9,10} hypertrophic cardiomyopathy;¹¹ cardiac resynchronization therapy (CRT);¹² amyloidosis;¹³ heart transplantation;¹⁴ genetic cardiomyopathies^{15,16}). One of the major strengths of quantitative deformation analysis is the discrimination of different ischaemic substrates,

ranging from acute ischaemia, over stunning to chronic ischaemia with sub-endocardial fibrosis.¹⁷

For a proper interpretation of velocity and deformation data in a clinical setting, it is required to understand cardiac function/mechanics in normality and pathologies, combined with knowledge on how intrinsic cardiac function influences motion and deformation.

Assessing cardiac function

For the management of a broad range of heart diseases, a quantitative, reproducible approach for the assessment of cardiac (dys-) function is of great importance. However, cardiac (dys-) function is a very general and non-specific entity that is defined depending on the context. This makes it difficult to unambiguously define, and thus quantify, (dys-) function in a clinical context. Intrinsic cardiac function implies the assessment of true contractility of the myocardium. Using non-invasive approaches, this is currently not measurable and in clinical practice surrogates for true cardiac contractility are assessed and reported as reflecting cardiac function.

Figure 1 illustrates how the heart [simplified to the left ventricle (LV)] manages to fulfil its task: maintaining a

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Myocardial motion and deformation

Figure 2A shows the motion components that can be assessed based on echocardiographic imaging. From an apical view, the longitudinal motion [the base of the LV moving towards the (normally) fixed apex] can be assessed while from using a parasternal (short or long-axis) view, the inward radial motion can be measured.

Figure 2C shows a typical longitudinal velocity and displacement (the temporal integral of the velocity) from a normal individual (using high frame-rate DMI). Figure 2D represents the corresponding deformation (strain) and speed of deformation (strain-rate). Note that there is a clear gradient from base to apex in both velocity and displacement, which corresponds to the stationarity of the apex within the thorax while the base moves towards it. In contrast, deformation is more or less homogenous throughout the (normal) myocardial wall. These patterns will be altered in cardiac pathologies (see further). Using Doppler-based approaches, mainly longitudinal and radial motion/

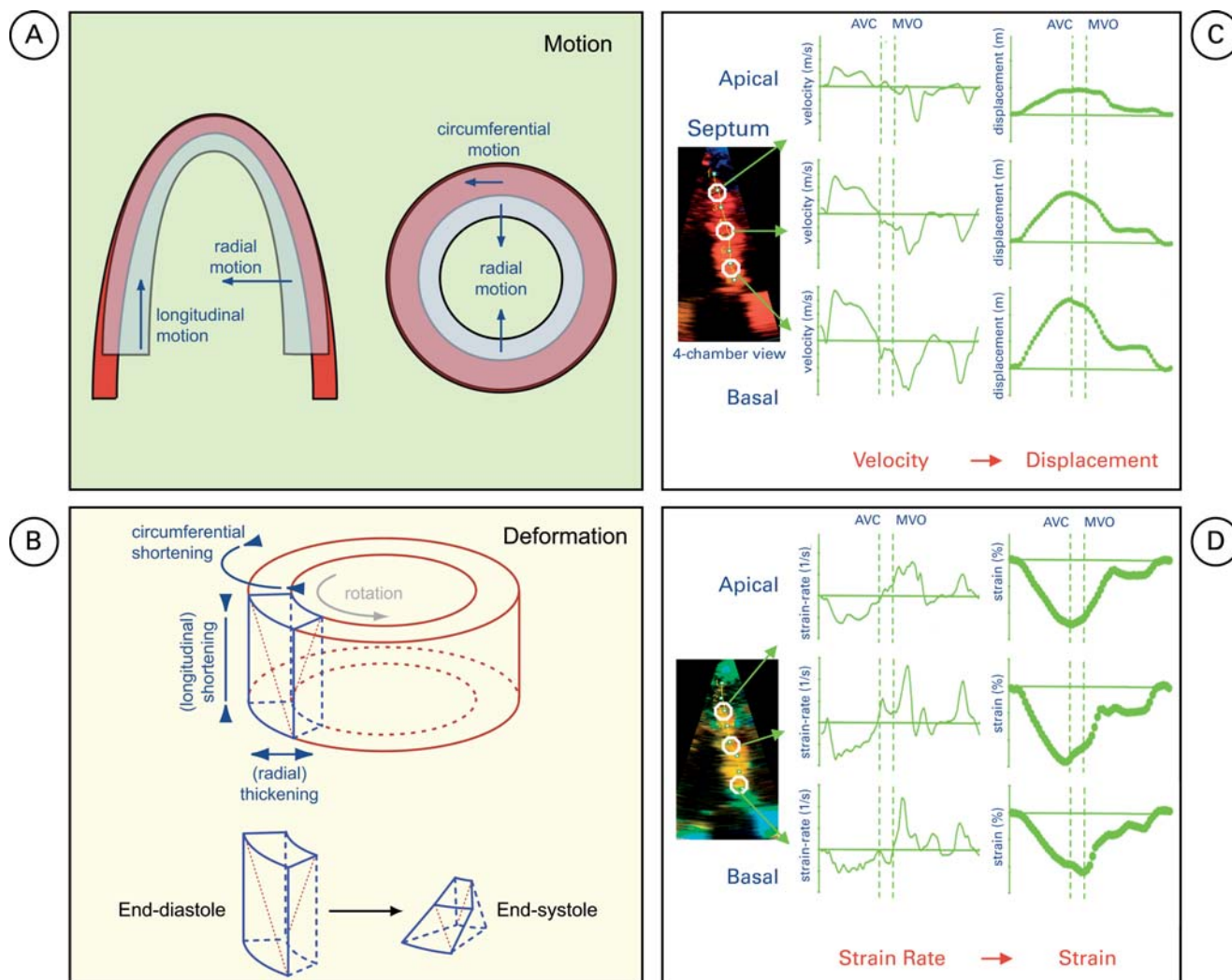


Figure 2 Myocardial motion and deformation consists of three major components: longitudinal, radial, and circumferential (*A* and *B*). The total deformation, from end-diastole to end-systole, of a myocardial segment is very complex and includes shortening, thickening, and shearing (*B*). Typical profiles for the velocity, displacement (*C*), and strain-rate, strain (*D*) traces during one cardiac cycle in normal myocardium. AVC, aortic valve closure; MVO, mitral valve opening.

deformation is studied, since it is difficult to align the circumferential motion with the ultrasound beam, as is required with this technique. With speckle tracking, longitudinal and circumferential motion/deformation is most commonly analysed, since the intrinsic spatial resolution of the images is limited, making it difficult to track the tissue within the (thin) wall. Moreover, the lateral resolution of ultrasound images is intrinsically less than in the axial direction, making it more difficult to assess radial deformation from an apical view.^{27,28} Additionally, speckle tracking allows the assessment of cardiac rotation and torsion (if measured at different levels).²⁹ When using either of the approaches, it is important to note the inherent differences in the results. DMI works at higher temporal resolution (> 150 Hz), making it more suited to assess that fast events, as are observed in velocities and strain-rates (especially in the iso-volumic periods), while for the quantification of displacements and strain, the inherent lower frame-rate used for speckle tracking (< 90 Hz) would be sufficient. Speckle tracking has shown to be more reproducible and requires less user expertise, but inherently uses more spatial and temporal averaging of the obtained profiles, resulting in significantly lower values when compared with DMI and a decreased ability in detecting smaller abnormal regions.^{27,28,30,31}

The relation between myocardial function (contractility) and regional deformation

When using myocardial motion or deformation to assess (dys-) function, it is important to understand the relation between intrinsic function (contractility) and the resulting motion/deformation.

In general, the relation between the forces acting up on an object and the resulting deformation of that object is described by Hooke's law. This law states that forces [mostly expressed as stress and with units pascal (Pa)] and deformation [mostly Lagrangian (relative) deformation and expressed as a percentage] are linked by the elasticity (with units Pa) of the object. The more elastic an object, the more it will be deformed by a certain force. This relation (which is also time-variant), when applied to myocardium, is illustrated in *Figure 3*.

In a myocardial segment, both the force developed 'by' the segment, as well as all forces developed 'on' the segment have to be taken into account. Obviously, the 'internal' contractile force (the intrinsic 'contractility' of the myocardium, a force trying to shorten the myocytes, thus resulting in negative deformation) is the most

important. However, it has to be kept in mind that any piece of myocardium is always imbedded in a ventricle, resulting in external forces acting up on it (and mostly working in the opposite direction of the contractile force). These forces are described as the 'loading' of the tissue and consist of the local wall stress, caused by the intracavity pressure (whose influence is related to local geometry of the ventricle), and the interaction with neighbouring, contracting, segments (each contracting neighbouring segment will 'pull' the segment under investigation).

As for any object, the relation between all acting forces and the resultant deformation is ruled by the regional elasticity, which, for myocardium, translates in the fibre/matrix structure and the presence or absence of fibrosis and depositions. Also, it must be kept in mind that elasticity is not a constant, since, due to the matrix structure of the tissue, the more myocardium is stretched, the more difficult it becomes to stretch it even further.

In summary, the main factors influencing regional myocardial deformation are (*Figure 4*):

- Intrinsic contractility, i.e. the contractile force developed by the myocardium (influenced by tissue perfusion and electrical activation and being developed in the early part of the ejection phase, peaking around one-third of it).³²
- Cavity pressure (often referred to as afterload and influenced by preload), whose influence is related to the local ventricular geometry.³³
- Segment interaction (the influence of the contracting neighboring segment).²⁰
- Tissue elasticity (which is dependent on the local histology (fibrosis) and on the amount that the myocardium is already stretched).³⁴

Thus, these influencing factors consist of one active force (contractility), two passive forces (pressure and segment interaction), and the tissue properties. This is graphically presented in *Figure 4*, which shows a schematic short-axis cross-section of the left ventricle.

Clinical application

Coronary artery disease

Coronary artery disease and the underlying ischaemic substrates have been studied extensively using velocities and deformation [both based on invasive ultrasound crystal measurement and non-invasive imaging (echocardiography and magnetic resonance imaging)].^{21,35–37} It was shown

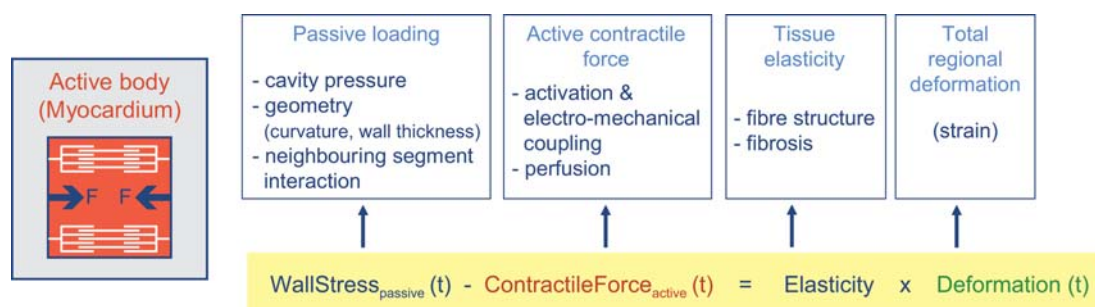


Figure 3 The relationship between local forces and deformation.



that myocardial motion and deformation react very predictably on changes in regional perfusion of the presence of infarction.¹⁷

Additionally, it was shown that full pressure reperfusion of an acute infarct influences deformation. If reperfusion is within a short period of time after the onset of symptoms, the myocardial deformation will normalize quickly (potentially after some period of stunning). However, when

Thus, deformation analysis at baseline and its response to a dobutamine challenge enables to uniquely distinguish the different ischaemic substrates (*Figure 5*).

This makes the combination of the measurement of baseline deformation (in a lesser extent: motion), combined with the response to a dobutamine stress echo, a potent clinical tool for the assessment of the ischaemic substrate in a clinical patient.

As discussed earlier, deformation is also related to ventricular geometry. Dilatation is an adaptive mechanism used by the ventricle to cope with the problem of generating sufficient cardiac output to fulfil the needs of the body. There is a clear relationship between ventricular size and the generated stroke volume for a certain available contractile force. An enlarged ventricle can more easily generate a larger stroke volume than a smaller one. This can be easily understood since in a spherical or ellipsoid object, the volume of the outermost part is always larger than the volume of the innermost part, which means that similar deformation



(determined by the contractile force) can generate a larger stroke volume in a dilated heart. Similarly, the same amount of stroke volume can be generated with less contractility in

a dilated heart. Thus, as the ventricle dilates, with a preservation of stroke volume, regional deformation reduces without any change in contractility. However, when stroke

