

Wearable Flexible Sensors: A Review

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Abstract— The paper provides a review on some of the significant research work done on wearable flexible sensors (WFS). Sensors fabricated with flexible materials have been attached to a person along with the embedded system to monitor a parameter and transfer the significant data to the monitoring unit for further analyses. The use of wearable sensors has played a quite important role to monitor physiological parameters of a person to minimize any malfunctioning happening in the body. The paper categorizes the work according to the materials used for designing the system, the network protocols and different types of activities that were being monitored. The challenges faced by the current sensing systems and future opportunities for the wearable flexible sensors regarding its market values are also briefly explained in the paper.

Keywords- Wearable flexible sensors, physiological parameter, wireless sensor network, artificial skins, strain sensors.

I. INTRODUCTION

The advent of sensors in the application world has revolutionized the quality of human life. Earlier what it took hours to study or monitor an event can be addressed in minutes or seconds with the help of sensing systems. The dynamic use of sensors has led to the ever growing modification of the existing sensors. They have been used for different sectors like gas sensing [1, 2], environmental monitoring [3, 4], monitoring constituents in food products like meat [5], beverages [6, 7], etc. to name a few. But monitoring of physiological parameters is one of the most important applications of sensors as it helps to develop a model regarding human behavior. Each attribute can be studied individually to understand the anomalies faced by a patient and can be counteracted on.

Sensors can be broadly classified into two categories, flexible [8] and non-flexible [9]. The former one is fabricated of materials which are malleable to a certain extent without changing its properties, whereas the later one is rigid and made of brittle materials. The non-flexible sensors have been developed earlier among which the sensors with silicon substrates are the most common ones. Even though these sensors find a vast field of applications, there are certain disadvantages like stiffness, intransigency, etc.

These disadvantages are prominent especially when the sensing system is associated with monitoring physiological parameters of a person or any application which involves prominent stress on the sensor, thus damaging the sensor. These results in choosing an alternate approach where the sensor can be dynamically used thus negate any inconvenience for the person or protecting the sensor from damaging while using it on a bendable object. Apart from this, low fabrication cost, light weight, better mechanical and thermal properties are some of the advantages which make the use of flexible sensors a better approach.

Wearable sensors have revolutionized the way the activities of a person are being monitored [10]. They provide the information accurately and efficiently regarding the behavior and actions of a person. In today's world, wearable sensors are used in many sectors like medical, security, communication, etc. Figure 1 shows a schematic of a monitoring system to sensing the physiological parameters like heart rate and respiratory rate of a person and transmit the data wirelessly to the cloud via any information gateway [11]. This is a quick and efficient system because any abnormality in the transmitted data can generate a notification to the healthcare or family members.

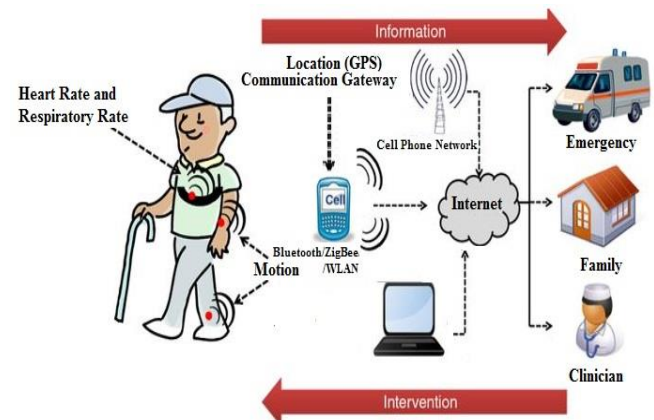


Fig. 1: Schematic representation of the use of wireless wearable sensors for physiological parameter monitoring [11].

The paper has been divided into seven sub-sections. Followed by the introduction given in section I, the materials used to fabrication wearable flexible sensors are briefly given in section II. Then, some of the standard classes of sensing types covered by wearable flexible sensors are described in section III. Then the sensor networks and the types of activities being monitored are given in section IV and V respectively. Finally, the challenges faced by the current systems and future opportunities of wearable flexible systems are given in

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section VI. Section VII provides the conclusion for the paper.

II. MATERIALS FOR WEARABLE FLEXIBLE SENSORS

The material used for fabrication of sensors is decided from some factors like the application of the sensor, its availability, total cost of manufacturing, etc. Organic electronics is one prime sector in the material side which has been substantially cultivated for the manufacture of flexible wearable devices [12]. Some of the prospects in the used of organic devices for flexible wearable devices is shown in figure 2. These types of sensors have been used in the manufacturing of thin film transistors, ionic pumps, polymer electrodes, etc. Organic and large area electronics (OLAE) [13] is a process to develop electronic devices printed in thin layers using functional inks. The substrates used for these operations are main PET and PEN due to their transparency and lower cost compared to other organic polymers. OLAE process is currently used to develop wearable health and medical devices. Use of PDMS [14, 15], PEN [16], PI [17], P(VDF-TrFE) [18], Parylene [19] and Polypyrrole [20] have been commonly done to develop flexible sensors [21] for different applications. The electrode part of the sensor has been developed from different conducting materials like carbon-based nanomaterials and metallic nanoparticles. The carbon compounds include graphene [22-24], carbon nanotubes (CNTs) [25, 26], carbon fibers [27], etc. Among the metallic nanoparticles, silver [28, 29], gold [30, 31] and nickel [32] are some of the most commonly used ones in flexible wearable sensors.

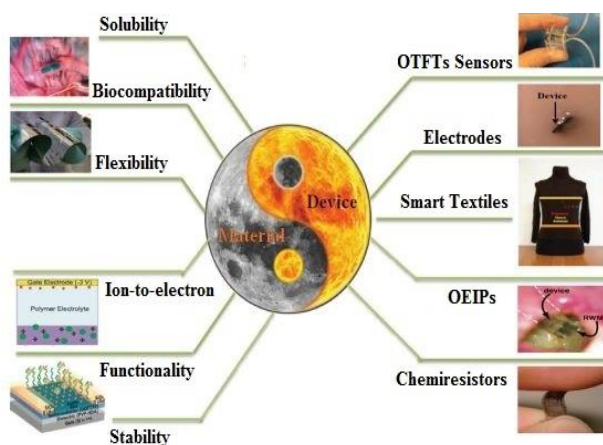


Fig. 2: Pictorial representation of the different prospects of wearable flexible devices using organic electronics [12].

There are different kinds of techniques with which the flexible sensors are developed. The dimensions of the final products dictate the procedure used to make the sensor prototype. Photolithography [33], screen-printing [34], inkjet printing [35], laser cutting [36] are some of the common ones. The raw materials used in developing these sensors depend on the applications for which the properties of the material vary. Polydimethylsiloxane (PDMS) [37],

Polyethylene terephthalate (PET) [38], Polyethylene naphthalate (PEN) [39], Polyimide (PI) [40] are some of the insulating substrates commonly used to develop flexible sensors. The difference in these polymeric materials lies in their Young's modulus, refractive index, etc. There are some conductive polymers like poly(3,4-ethylenedioxythiophene) polystyrene sulfonate (PEDOT: PSS), Polyacetylene, polyaniline are some of the examples of conducting polymers which conduct electricity due to their lower band gap compared to their insulating counterparts. These polymers are mainly used in developing solar cells, batteries; liquid crystal displays (LCDs), etc. Carbon nanotubes [41], silver [42], gold [43] and copper nanoparticles [44], are some of the materials used for fabricating the electrodes in flexible sensors. Among CNTs, different sensing devices were developed with Single-Walled Carbon Nanotubes (SWCNTs) and Multi-Walled Carbon Nanotubes (MWCNTs). These two types have been used accordingly in different based on their respective applications.

III. TYPES OF SENSING USING WEARABLE FLEXIBLE SENSORS

The wearable flexible sensors have been employed to various kinds of sensing in everyday life. These implementations vary with the structure and properties of the sensors. Some of the common types of sensing performed with the flexible sensors have been described in this section.

Electrochemical sensing [45] is one of the most common types of flexible sensing that has been performed over the years. The flexible sensors, with their unique chemical and electronic properties have been an excellent choice to carry out different types of biochemical sensing. Some of the common types of electrochemical sensing include monitoring of glucose [46-48], pH [49-52], cholesterol [53, 54], etc. The glucose and pH sensors have been developed from CNTs [55] due to their curvature sidewalls and hydrophobic nature which provides a strong interaction through π -bonding. Some of the sensors [56] have used a layer-by-layer (LBL) structure to give it a more sturdy structure. Two kinds of polymers, PDDA and PET, were used to develop the substrate. The SWCNTs, being used as electrodes, were functionalized with $-\text{COOH}$ group to increase the oxidative nature of the electrodes. Along with glucose sensing, these sensors provided high sensitivity towards monitoring of pH between the pH values of 5 to 9. Figures 3(a) and 3(b) represent the shows the flexibility and dimension of the sensor respectively.

Other type of electrochemical sensing represent the monitoring of cholesterol, which is a lipid formed in the cell membranes of animals. These types of sensors have been manufactured with both SWCNTs and MWCNTs integrated with sol-gels [57]. LBL method has also been employed with the structuring of these sensors to integrate assemble different materials in a compact way [58]. So, these types of sensors have been developed with techniques like screen-printing [59], spin-coating [60], where a separate membrane

of enzymes like cholesterol esterase [59], cholesterol oxidase [61] had been immobilized on the sensing surface.

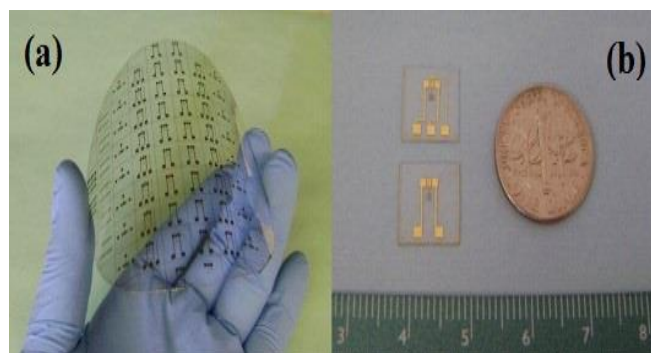


Fig. 3: Glucose/pH sensors developed from PET/PDDA and CNTs. (a) Sensors subjected to bending to show their flexibility. (b) Comparison of the size of an individual sensor to a coin to represent its dimension [56].

Pressure [62, 63] and strain [64, 65] sensors are one of the most standardized applications of flexible sensors. Different kinds of piezoresistive and piezoelectric sensors have been developed till date to monitor various physiological parameters by using them as bandages, gloves, etc. [66]. Figure 4 shows one such type formed from vertically aligned SWCNTs and PDMS as electrodes and substrate respectively. These types of sensors vary regarding gauge factor (GF) and % of the tensile and compressive strain they can sustain without reaching the breaking point. Some of the pressure sensors [67] had been manufactured as electronic bandages where the electrodes were developed by an agglomeration of two nanoparticles. The usage of more than of conductive material allowed the sensor to be used in different mediums.



Fig. 4: Flexible and stretchable strain sensors used for physiological parameter monitoring. The sensors are fixed on a (a) bandage (b) glove, and (c) knee to determine the movement of the respective organs in terms of the change in electrical resistance [66].

These pressure sensors are also used for tactile sensing [68, 69] and artificial intelligence [21, 70]. Some of the strain

sensors [71] developed and tested in the laboratory had provided a change in conductivity up to a strain of 300% having a GF of 50. These sensors were based on a nanocomposite of polyurethane (TPU) and MWCNTs with nano-fibrillated cellulose (NFC) as fillers.

Biomedical signal monitoring is another sector which has been worked up with wearable flexible electronic devices [72]. Monitoring of metabolites on the skin was done by sensors with ion-electron potentiometric transducers developed from SWCNTs [73]. Oppositely charged multi-layered films of MWCNTs were used to establish chemo-resistive sensors [74]. The detection of sodium (Na^+) and potassium (K^+) ions was detected using a sensor designed with Cu/PI flexible electronic layer attached to an antenna for wireless transmission of data to an Android smartphone [75]. Monitoring of saliva for bacterial infection on tooth enamel had been done using graphene nanosensors. These sensors were connected to inductive coil antenna patterned with interdigital electrodes [76]. Flexible Organic electrochemical transistors (OECTs) are another type of sensors used for testing of saliva by converting biochemical signals to electrical signals. They are developed with a PANI/Nafion – graphene bilayer film [77]. These transistors were also developed by the lamination of polypropylene films and amorphous silicon thin-film transistors on plasma-enhanced PI substrates. These sensors were used as pressure sensors and in large area sensor skins [78].

Magnetic field sensors [79] are one category developed using inorganic functional nano-membranes with polymeric foils. A linear array of 8 sensors was formed to work on the principle of Hall Effect to achieve high bulk sensitivity. A wearable electronic nose [80] was also developed with a sensor array prepared from a nanocomposite of CNTs and PEN. Hydrogel systems along with electrophysiological sensors [81] were prepared with a spin coated and a thermally cured layer of PI on top of a layer of Poly (methyl methacrylate) (PMMA). The electrodes were formed with a bilayer of electron beam evaporated Cr and Au. These fabricated devices were applied for ECG, stress-strain measurements along with other biomedical devices [82]. Interestingly, even alloys were used in WFS to develop biometric sensors [83]. Thin film thermocouples like Sb_2Te_3 and Bi_2Te_3 along with Kapton substrate were used to fabricate a low power, flexible micro-thermoelectric generator. The device is proposed to be used in Ambient Assistant Living (AAL) applications.

IV. SENSOR NETWORKS FOR WEARABLE FLEXIBLE SENSORS

Real-time applications of the monitoring of different physiological parameters are significantly dependent on the sensor network used to monitor and transfer the recorded data. After processing the received data in the analog and digital division of the signal conditioning circuit, the data is transferred from the sensor node to the monitoring unit via router for further analysis. A schematic diagram for the transmission of data from the sensor to the monitoring is shown in figure 5. The selection of a particular

communication network depends on the cost of set-up, power consumption, the number of sensor nodes, the range of trans-reception, etc. Table 1 shows the comparison of some network protocols standardized by IEEE [84]. Among them, Bluetooth has been the most reasonable one due to its cheaper installation cost, less hardware, and high compatibility. That's why; substantial research work has been done on developing Bluetooth integrated health care systems [85-87]. Apart from the mentioned protocols in Table 1, there are some other networks with which data transmission for different biomedical flexible systems takes place. SHIMMER uses a Chipcon radio transceiver and 2.4 GHz Rufa™ antenna [88]. Apart from this, there are other network remote technologies like Sun SPOT, IRIS, Mica2/MicaZ, Telos [89].

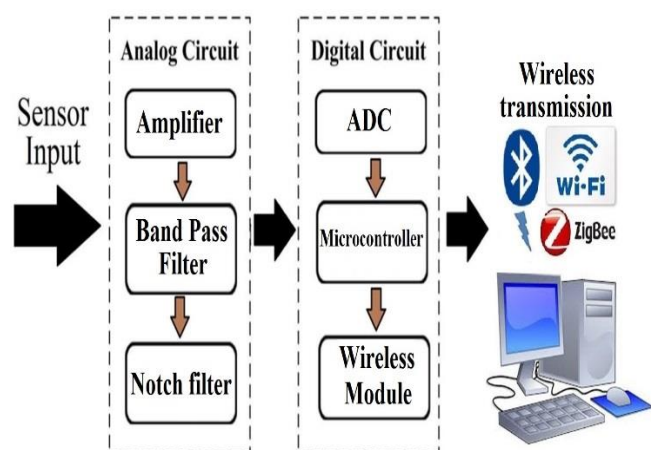


Fig. 5: Schematic diagram of the transmission of data from the sensor to the monitoring unit.

Table 1: Network protocols standardized by IEEE [84].

Standard	ZigBee (IEEE 802.15.4)	Bluetooth (IEEE 802.15.1 WPAN)	Wi-Fi (IEEE 802.11 WLAN)	Wi-Max (IEEE 802.11 WWAN)
Range (m)	100	10	5000	15000
Data rate (kbps)	250-500	1000-3000	1000-45000	75000
Band- width (GHz)	2.4	2.4	2.4,3.7 and 5	2.3, 3.5 and 3.5
Network Topology	Star, Mesh, and Cluster trees	Star	Star, Tree, P2P	Star, Tree, and P2P
Applicati ons	Wireless Sensors (Monitori ng and Control)	Wireless Sensors (Monitori ng and Control)	PC based Data acquisition, Mobile Internet	Mobile Internet

Among these, Telos was developed by UC, Barkley which used an IEEE 802.15.4 compliant radio claiming to use one-tenth of power compared to previous mote platforms [90]. Radio frequency (RF) is another network protocol which is used by different flexible acoustic resonators for data transmission [91]. For example, ECG monitoring systems have used Tmote Sky platform which has an 802.15.4 radio interface at 250 Kbps [92]. Wireless physiological management system (WPMS) was introduced [93] which defines carrying the real-time physiological measurement data wirelessly from the medical sensors to the processing unit. The probable applications for this technique are in drug delivery systems like chemotherapy, diabetic insulin therapy, AIDS therapy [94]. The schematic diagram of the hardware architecture of the wireless sensor node for WPMS is shown in figure 6 [93].

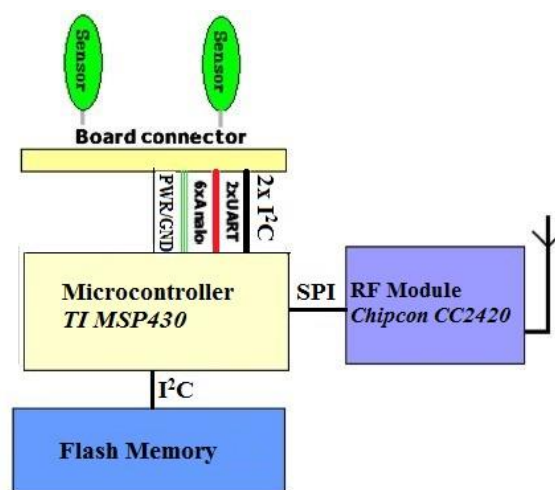


Fig. 6: Schematic diagram of the hardware architecture for the sensor node for WPMS [93].

Another network protocol called Wearable Based Sensor Networks (WBSNs), based on IEEE 802.15.4 was introduced that had different probable applications like the ECG-based system, a wearable platform for light, audio, motion and temperature sensing [95]. Toumaz Technologies, UK devised a wireless system-on-chip integrated system where the transceiver operates between 862-870 MHz and 902-928 MHz ISM bands in European and North American countries respectively [96]. Research projects with antennas and RF systems integrated into clothes have also been progressed working on Body Area Network (BAN) where the low powered devices would be surface mounted on the clothing in a fixed position [97]. BAN is categorized into three categories: off-body, on-body, and in-body [93, 98]. Battery operated systems was another option that was considered where the developed system would be powered by a battery integrated into the system [99, 100]. The advantage of using self-powered systems [101-103] is that the battery or the power unit of the wireless system does not have to be replaced every time the charging-discharging cycle gets over.

V. APPLICATIONS OF WEARABLE FLEXIBLE SENSORS

Different types of flexible wearable sensors are used in the application world based on the parameter being monitored. These parameters, as a result, would decide the fabrication technique of the sensor prototypes. For example, monitoring of physiological parameters [104] of a person like limb movements [105], motions like walking, running, etc. [106], gait analysis [107] would require the sensor patches to be bigger and more flexible. But parameters like respiration [108], heart rate [109], cardiorespiratory signals [110] would require the sensors to be subtle and sensitive. Another application of WFS is as glucose sensors via different mediums like tear [111], immobilization of glucose oxidase [112, 113], etc. Electronic skins or e-skins [114, 115] are another categories which were developed to mimic the functions like that of a natural skin and determine the changes in temperature, pressure or even your health conditions. These sensors [116] are integrated with thermal actuators and organic displays. Figure 7 shows the schematic of one type of electronic skins developed with elastomeric substrates. One of the examples is the development of wearable-on-the-skin [117] sensing system that could be used as physiological sensors, non-volatile memory and for drug release [118-120] and therapeutic actuators [121, 122].

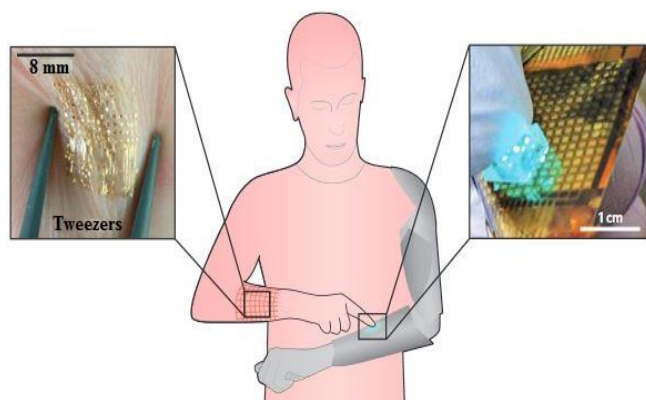


Fig. 7: Schematic diagram of the electronic skins with a sensor perception of a human arm [116].

Figure 8 shows schematic for the fabrication of the device and the finished product. Flexible sensors with high mechanical sensitivity, flexibility and durability were designed for speech recognition and physiological signals [123] in the geometry of a spider sensory system. Biomedical signal monitoring was done involving monitoring of hydration state and electrophysiological activity monitoring using Optical, electrical and radio-frequency sensors [124]. Spin-coated thin layers of PDMS and PI as substrates and bi-layers of sputtered Chromium (Cr) and Gold (Au) as electrodes. Monitoring of skin hydration through thermal conductivity, blood oxygenation, electrocardiogram (ECG), electromyogram (EMG), electrooculogram (EOG) are some of the suggested parameters that could be covered with these sensors. Figure

9 shows the schematic diagram of rugged and stretchable electronic sensor. Strain sensors [125-127] are the most important category of flexible sensors which have been used for multiple disciplinary applications.

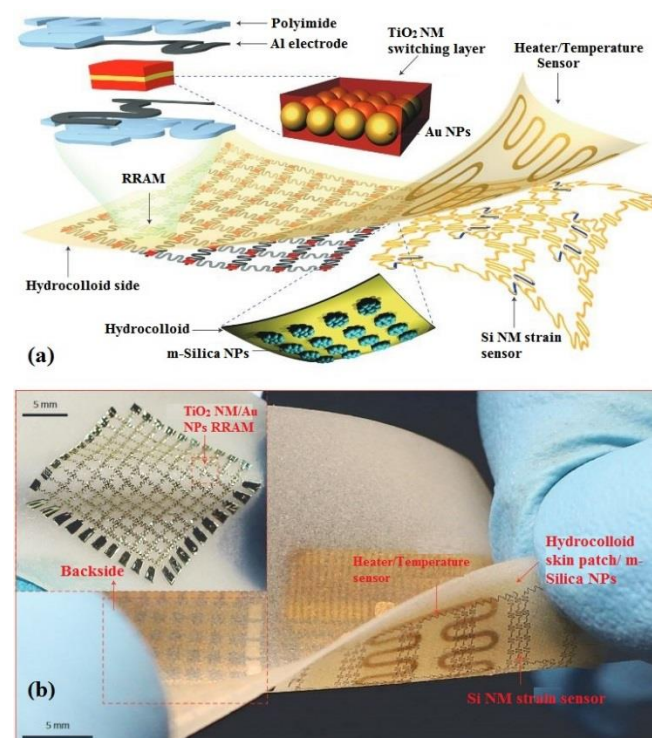


Fig. 8: (a) Schematic diagram for the materials used to develop the sensor. (b) Finished product [117].

Human motion detection [66, 128], forces and acoustic vibrations [31], artificial skins [129] are some of the other applications for those sensors. Flexible sensors have been widely used as pressure sensors [21, 31, 130] due to their high flexibility and bendability depending on the raw material used for its fabrication. They also have great potential in the field of robotics, aviation, etc.

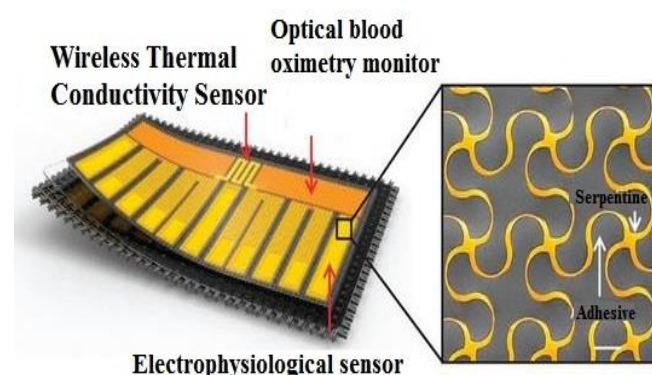


Fig. 9: Schematic diagram of the rugged and stretchable electronic sensor for electrophysiological activities [124].

Another prominent aspect of the application of WFS is the monitoring of biological fluids like sweat and saliva [131]

via skin tattooed Nanosensors connected on the wrist and within the mouth respectively. These sensors were also used to monitor glucose electrochemically from tears of a person by embedding the wireless sensor with a contact lens. Tattoo based sensors have been widely developed [132] and used for different applications like as a potentiometric [133] and amperometric [134] sensor based systems. These devices have significant applications for skin worn silver (Ag) – zinc (Zn) alkaline batteries [135] and monitoring of change in pH [136] and ions like sodium and ammonium [137, 138].

Chemical and biological sensing also involve pH measurements [139] by strapping the embedded system around the waist contained with the sensor connected with microcontrollers and LED. The schematic diagram of the system and its attachment to a subject is shown in figure 10. WFS have also been designed and experimented for detecting different kinds of gasses. Carbon monoxide (CO) and carbon dioxide (CO₂) [139] gas sensors were fitted in the garments or boots of the people like firefighters for safe measures. Oxygen (O₂) sensing systems [140, 141] were designed and mounted on the wrist of a person to determine the continuous change in oxygen level is happening in hemoglobin during respiration.

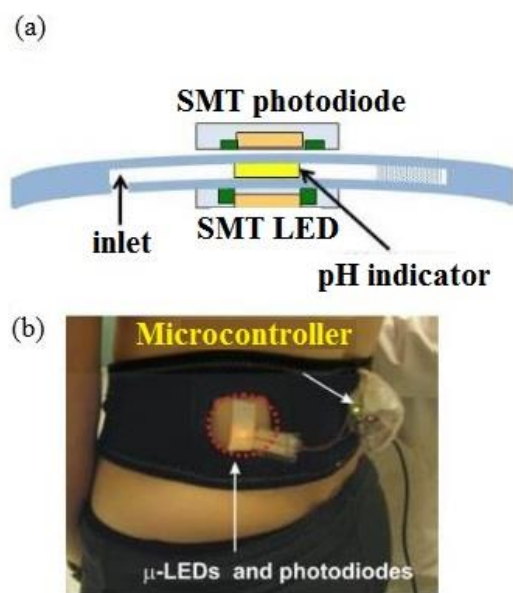


Fig. 10: (a) Schematic diagram showing the pH sensitive chip along with the LED and photodiode. (b) Place of the sensor on a person [139].

Microelectromechanical systems (MEMS) fabrication techniques have been primarily involved to fabrication WFS for biological applications. For example, blood cell counting sensor developed with micro silicon chips [142]. The method was also used to aid patients with hearing problems by developing microacoustic sensors for sound source localization [143] and hearing purposes [144]. It was also used to develop a wearable flexible biomedical sensor to monitor the change in temperature inside the brain during mental activities and study of circadian rhythms [145].

Textile based systems were also designed and developed for monitoring purposes. One major advantage of these systems is the comfortability of the patient being monitored without the hassle of wearing a separate wearable system. The contact of the textile with most of the skin makes it an attractive choice to attach sensors for monitoring purposes [30, 146]. Many projects like VTAMN (France), Life Shirt (USA) and Wearable Health Care Systems (WEALTHY) (Europe) are going on with different research groups with fiber based sensor systems for medicine, home health care and disease prevention [147]. Fiber based sensors were also developed primarily from piezo-resistive fibers, elastic and regular polyester fibers. These sensors were used for conducting experiments for different applications like respiration [148] and cardiovascular diseases [149].

Another category called, plastic optical fibers were used to pressure sensors [150]. Followed by the treatment with acetone to remove its stickiness, the raw flexible silicone fibers were weaved to form pressure sensors with a thickness of around 0.51 mm. The fiber based generator [151] is one of the applications where the electrostatic charge generated in the fiber during biomechanical vibrations can be converted into electricity. These Nano-generators work in a non-contact mode relying on air pressure [152] and thus can be used as ultrasensitive sensors for performing medical diagnostics and as measurement tools. The fiber was also integrated with computer [153], naming Planar Fashionable Circuit boards (P-FCB) for sweat monitoring using RFIP tag antennas. P-FCBs were also associated with ECG monitoring [154], physiological signal monitoring [155] and as a health monitoring system [156, 157]. Another application to the fiber based systems is a motion sensor [158], temperature sensor [159], etc. Flexible printed circuit boards (FPCBs) were also developed for the in situ perspiration analysis [160]. The design of one of the FPCBs is shown in figure 11.



Fig. 11: Flexible Printed Circuit Board developed for in situ perspiration analysis [160].

The use of battery-operated wearable flexible sensors is another area where prominent work has been done in recent years [161, 162]. Because of the continuous need of the power for the monitoring device, flexible batteries have

been recently developed which can be attached to the connected sensor for ubiquitous monitoring [163, 164]. Different kinds of organic materials have been utilized [165, 166] to form the electrodes in flexible lithium-ion batteries (LIBs). Graphene, CNTs, carbon cloth and cellulose are some of the materials which are used as hybrids and nanocomposites to develop flexible LIBs. Figure 12 shows the overview of the different applications of carbon-based LIBs [167]. The substrates have also been altered where lithium has been agglomerated with other substances like Sulphur [168] to achieve high power density and recyclability. To increase the dynamicity of the sensing systems, nowadays, the wearable flexible sensors are attached to the self-charging unit connected with nano-generators which would help the monitoring unit to avoid the replacement of the batteries based on their charging lifecycle [100]. Flexible batteries other than LIBs, have also been developed with different alkaline cells like Zn-MnO₂ [162] which was used to power various printing devices.



Fig. 12: An overview of different applications of carbon-based Lithium-ion Batteries (LIBs) [167].

Drug delivery pump (DDP) [169] is another phenomenon the researchers have worked upon. This DDP was developed with PDMS and a negative photoresist by standard photolithographic technique. This sensor was used as a pressure sensor where the drug can be ejected based on the applied pressure. The concept of DDP can be employed as a smart bandage along with a temperature sensor which can detect the minute changes in body temperature while doing physical activities.

The above applications have led the researchers to consider the development of wearable flexible devices that would be considered for ubiquitous health monitoring [170] as well as point-of-care (POC) [171] applications. Flexible and stretchable electronics [172, 173] have been largely used in the developing these devices. Apart from the mechanical advantages served by these flexible substrates, these devices also consume considerably much lesser power [174], which makes them a preferable choice for ubiquitous monitoring

purposes. Apart from serving the dual purpose in terms of monitoring, these devices also cut shorts the problems faced due to the limited lifetime of the sensors and energy storage capabilities of the attached energy supplying devices [175]. Ubiquitous health monitoring using wearable flexible devices includes the monitoring of different physiological parameters like ECG, temperature [176] and cardiovascular problems [177]. These devices are integrated with various sensors specified for individual sensing application. One of the biggest advantages of using these wearable devices for POC applications includes rapid results which help the monitoring unit to take immediate actions. Figure 13 shows the schematic diagram of some of the wearable flexible sensors developed from different substrates, which are used for POC diagnostics [178]. These materials possess greater applications in wearable and implantable devices [179].

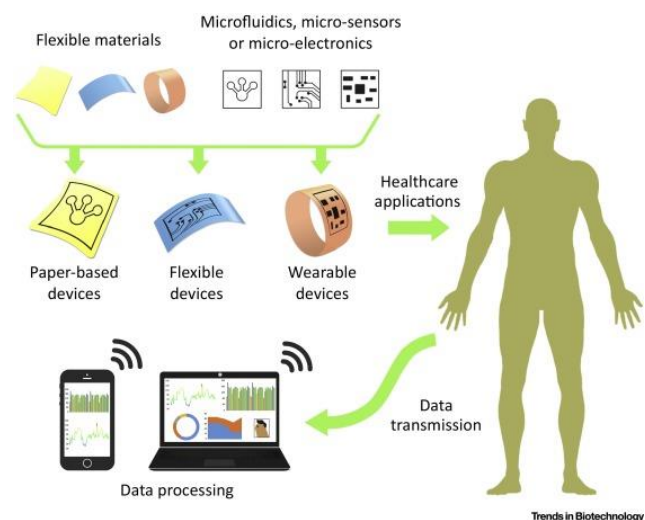


Fig. 13: Schematic diagram for the POC diagnostics using wearable flexible sensors based on different substrates [178].

VI. CHALLENGES AND FUTURE OPPORTUNITIES

Even though a lot of work had been done with the WFS, there are still some issues that need to be dealt with. Researchers are trying 24/7 to develop sensors with better performance in terms of sensitivity and sustainability compared to the existing ones regarding fabrication and implementation for ubiquitous monitoring. The massive amount of data generated by the sensors wearable system causes a difficulty to handle and store them. Also, it becomes a tedious job for the system to filter out the significant data from the massive database for future analysis. Due to the enormous amount of monitored data, there needs to be a proper security system to curb the mishandling and misuse of the received data. Time-varying traffic is another issue caused during the data transmission from different sensor nodes in a real-time topological system. This causes a delay in data reception in the monitoring unit, thus decreasing the efficiency of the system. Also, some of the significant data might get lost due to the high traffic generated by AAL applications. The data

transmission for a central coordinator system in Wireless Sensor Networks (WSNs) should be handled properly to minimize traffic and the loss of data. The connectivity and interoperability of the embedded system should be significant to reduce the power and data loss. From a patient's point of view, the person should not face any discomfort to wear the WFS. There should not be any breach of privacy for the patient regarding the monitoring purposes. The embedded system attached to the sensor should not loosely attach to the body or clothes worn by the person who can alter the data depending on movements and the surrounding environment. There is also a risk of thermal effects of the attached sensors caused on the tissues of the patient. A lot of factors decides the thermal effects [180] caused on the person. The number of sensors used in the embedded system should be kept as minimal as possible. The location of the sensor is also important. The position of the sensor in the arm will have more thermal effects than its position in the chest. The operating frequency of the sensor and network protocol should be as low as possible. Power consumption by WFS is another significant issue that needs to be addressed. Sensors like SHIMMER, Telos with low power consumption should be considered for monitoring purposes to reduce the overall power consumed by the WFS. The continuous supply of power to the system is another challenge that needs to be addressed for the future systems. The system should be designed for on-node processing and reduce the effects of motion artifact and distributed interference.

Printed electronics [181] is another sector which can be realized for developing future wearable flexible devices [182]. It has always been a challenge to manufacture compatible printed devices with a high throughput. The reduction in the production cost of the sensor, being one of the main motives, the idea of using abundant cheap materials to develop intelligent, smart sensors by simple printing processes is always intriguing [183]. Some of the other factors that are considered while developing printed electronics include scalable, environmentally friendly and mechanically enhanced devices. The mass production of low-cost materials like plastics and organic substrates would also lead to a wider range of applications [184]. For example, the concept of quantum dots, where the semiconducting nanocrystals were tuned for the emission of light based on their resonating wavelength, had been exploited to develop three-dimensional (3D) printed light emitting diodes (LEDs) [185]. The use of printed electronics as wearable sensors has been conceptualized for a while now [186]. Because of their high malleability, these printed devices can be easily attached to skins or textiles for monitoring purposes. Figure 14 shows the schematic of possible applications of printed electronics in the near future [187]. It depicts the use of smart sensors in also every application in day to day living. Some of the other common applications of printed electronics is in RFID tags [188], tactile sensing [189], and smart sensing [190].

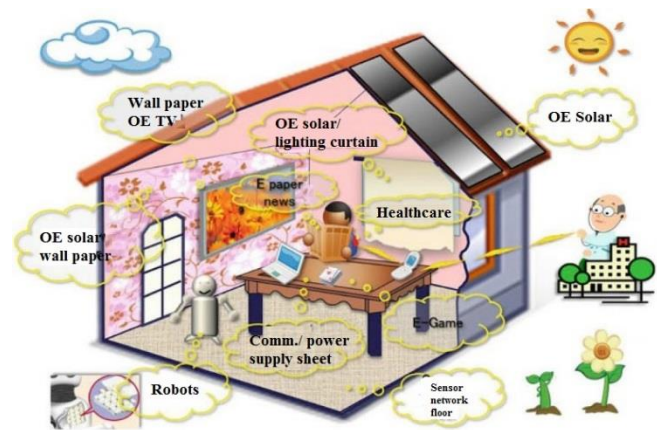


Fig. 14: Schematic of the use of printed electronics in day-to-day applications in the near future [187].

There is a prominent future of flexible electronics in wearable systems regarding its market values [191]. The market value of printed and flexible electronics is estimated to be over 75 billion USD by 2025 [192]. There is a substantial opportunity to use these flexible systems for monitoring health parameters. The estimated cost of WFS by 2020 is more than 3 billion USD [193] and over 40 billion USD with more than 240 million annual unit shipments by 2025 [194]. The challenge for the companies is to design the systems to decrease the overall fabrication cost of the systems. One way to achieve this is to consider cheap, safe and biocompatible materials for the design purposes. FlexEnable, one of the UK-based companies, has predicted the rise in organic electronics among the WFS [195]. With growing interest of the consumers, the companies should design their systems which would serve the people not only for the application purposes but also with their economic condition. The systems should be made cost-effective so that it can address the wider community in the society.

VII. CONCLUSION

A brief review on some of the prominent research works done on WFS had been depicted in the paper. The sensor types based on different materials along with the communication networks used for monitoring purposes are described in the article. The scope of research work on this topic is increasing every day with the growth in its market value. The estimated figures for the use for WFS for the next 10-15 years have been mentioned along with the challenges that the WFS is producing companies needs to address. The growth in MEMS along with Nanoelectromechanical (NEMS) technology is expected to reduce the cost of fabrication of the flexible sensing systems leading to a wider range of applications in recent future. The utilization of the existing manufacturing techniques along with upcoming ones will assist in developing new sensing systems should avail the people to have a better quality of life in near future.

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